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Highlights

- Preinspiratory preBötC Dbx1⁺ neurons are respiratory rhythmogenic
- Inspiratory preBötC Dbx1⁺ and SST⁺ neurons shape motor output pattern
- SST⁺-neuron-mediated inhibitory pathways modulate respiratory activity
- Postsynaptic inhibition broadens dynamic range and stabilizes breathing pattern

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In Brief

Cui et al. combine in vivo optogenetic and pharmacological perturbations to dissect the neural microcircuits controlling breathing and to elucidate the functional role of preBötinger Complex Dbx1⁺ and SST⁺ neurons that underlie a microcircuit model for respiratory rhythm and pattern generation.



Defining preBötzinger Complex Rhythm- and Pattern-Generating Neural Microcircuits In Vivo

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SUMMARY

Normal breathing in rodents requires activity of glutamatergic Dbx1-derived (Dbx1+) preBötzinger Complex (preBötC) neurons expressing somatostatin (SST). We combined in vivo optogenetic and pharmacological perturbations to elucidate the functional roles of these neurons in breathing. In transgenic adult mice expressing channelrhodopsin (ChR2) in Dbx1⁺ neurons, photoresponsive preBötC neurons had preinspiratory or inspiratory firing patterns associated with excitatory effects on burst timing and pattern. In transgenic adult mice expressing ChR2 in SST⁺ neurons, photoresponsive preBötC neurons had inspiratory or postinspiratory firing patterns associated with excitatory responses on pattern or inhibitory responses that were largely eliminated by blocking synaptic inhibition within preBötC or by local viral infection limiting ChR2 expression to preBötC SST⁺ neurons. We conclude that: (1) preinspiratory preBötC Dbx1⁺ neurons are rhythmogenic, (2) inspiratory preBötC Dbx1⁺ and SST⁺ neurons primarily act to pattern respiratory motor output, and (3) SST⁺-neuron-mediated pathways and postsynaptic inhibition within preBötC modulate breathing pattern.

INTRODUCTION

The preBötzinger Complex (preBötC) is a heterogeneous medullary population of ~1,000–3,000 neurons/side that is the presumptive kernel for respiratory rhythm generation in rodents (Feldman et al., 2013; Gray et al., 2001; Tan et al., 2008) and presumably in humans (Benarroch et al., 2003; Schwarzacher et al., 2011). preBötC heterogeneity is reflected in various molecularly defined subpopulations that may underlie different functions during breathing (Feldman and Kam, 2015; Stornetta et al., 2003; Tan et al., 2012; Winter et al., 2009).

The transcription factor Dbx1 gives rise to neurons throughout the brain, including glutamatergic preBötC neurons necessary for respiratory rhythm generation (Bouvier et al., 2010; Funk et al., 1993; Gray et al., 2010; Wallén-Mackenzie et al., 2006). preBötC Dbx1⁺ neurons are strong candidates as generators of inspiratory rhythm (Wang et al., 2014). In rhythmically active slice preparations from neonatal rodents, preBötC Dbx1⁺ neurons have a preinspiratory firing pattern, initiating spike activity before the onset of each inspiratory hypoglossal nerve burst, and continue to fire throughout inspiration (Picardo et al., 2013). In vitro, a subset of Dbx1⁺ neurons are premotoneurons, projecting directly to motoneurons and transmitting bursts of inspiratory activity that ultimately pattern inspiratory muscle contraction (Kam et al., 2013a; Revill et al., 2015; Wang et al., 2014). Somatostatin (SST) is expressed in a subset of preBötC Dbx1⁺ neurons that partially overlaps with neurokinin 1 receptor-positive (NK1R⁺) neurons (Gray et al., 2010; Stornetta et al., 2003). In unanesthetized adult rats, targeted, slow (4-5 days) ablation of NK1R⁺ preBötC neurons (Gray et al., 2001) results in ataxic breathing patterns during wakefulness and apnea during sleep (McKay et al., 2005), whereas acute (~4 min) silencing of SST⁺ preBötC neurons results in persistent apnea (Tan et al., 2008). Together these data indicate that, in rodents (in vitro and in vivo), preBötC Dbx1⁺ and SST⁺ neurons are critical for generating and patterning rhythmic inspiratory motor nerve bursts that drive breathing movements.

Photostimulation of preBötC neurons expressing Channelrhodopsin-2 (ChR2) driven by the synapsin promoter potently drives inspiratory activity in vivo (Alsahafi et al., 2015). However, synapsin is a pan-neuronal promoter that cannot distinguish among different populations of excitatory and inhibitory neurons. Consequently, the preBötC subpopulations responsible for excitation-mediated rhythm and pattern generation (Greer et al., 1991) and for the roles of GABA- and glycine-mediated postsynaptic inhibition in the Breuer-Hering inflation reflex (BHIR) (Janczewski et al., 2013), in modulating breathing frequency, in shaping the pattern of respiratory motor output, and in producing apneas essential for such behaviors as swallowing, phonation, and breath holding (Sherman et al., 2015) must still be specified.

The functional role of various preBötC subpopulations can be elucidated by differentially perturbing their excitability, e.g., for



inhibitory neurons (Sherman et al., 2015). To determine the in vivo roles of preBötC Dbx1⁺ and SST⁺ neurons in rhythm and pattern generation and to deconstruct the related neural microcircuits, we employed Cre/loxP transgenic strategies to express ChR2tdTomato in Dbx1⁺ neurons (Dbx1-ChR2) or SST⁺ neurons (SST-ChR2). We also expressed ChR2 in preBötC SST⁺ neurons by targeted injection of a Cre-dependent ChR2 virus into the preBötC of transgenic mice expressing Cre recombinase in SST⁺ neurons. We then examined the effects of photostimulation on breathing. We conclude that the preBötC is composed of partially overlapping subpopulations that form functionally distinct rhythm- and pattern-generating microcircuits. We suggest that: (1) the onset of activity in preinspiratory Dbx1⁺ neurons initiates each inspiration (Kam et al., 2013a); (2) Dbx1⁺ and SST⁺ inspiratory neurons primarily act in a patterning role to transmit activity from rhythmogenic preBötC neurons (Revill et al., 2015; Tan et al., 2010) and ultimately shape inspiratory motoneuronal activity; (3) SST⁺-neuron-mediated inhibitory pathways modulate respiratory activity; and (4) postsynaptic inhibition within the preBötC induces apneas, broadens the dynamic range of inspiratory burst amplitude, and stabilizes the rhythm in the presence of significant perturbations but is not obligatory for rhythmogenesis (Janczewski et al., 2013; Sherman et al., 2015).

RESULTS

Selective Expression of Opsins in Dbx1⁺ and SST⁺ Neurons

We crossed mice expressing Cre recombinase under either the Dbx1 promoter (Dbx1-Cre; Bielle et al., 2005) or SST promoter (Sst-IRES-Cre, abbreviated as SST-Cre; The Jackson Laboratory, Stock Number: 013044) with floxed-ChR2-tdTomato mice (Ai27; ChR2(H134R)-tdTomato; The Jackson Laboratory, Stock Number: 012567). These crosses resulted in mice expressing ChR2 in Dbx1⁺ neurons (Dbx1-Cre;ChR2(H134R)-tdTomato, abbreviated as Dbx1-ChR2) or SST⁺ neurons (Sst-IRES-Cre;ChR2(H134R)-tdTomato, abbreviated as SST-ChR2), with tdTomato as a fluorescent reporter. The expression patterns of ChR2 in Dbx1-ChR2 and SST-ChR2 mice were analyzed via SST immunostaining and tdTomato fluorescence.

In brainstems of adult Dbx1-ChR2 mice at the rostrocaudal level of the preBötC, tdTomato fluorescence extended from the area directly lateral to the hypoglossal (XII) motor nucleus to the ventral medullary surface encompassing the intermediate reticular formation (IRt) and the ventral respiratory column (VRC) (Figure 1A), consistent with previous data in newborn mice (Gray, 2013; Ruangkittisakul et al., 2014). tdTomato fluorescence was also present within the spinal trigeminal nucleus, interpolar part (Sp5I) region lateral to IRt (Figure 1A). The nucleus ambiguus (NA) and XII motor nucleus were devoid of tdTomato fluorescence (Figure 1A), as in newborn mice (Gray, 2013; Ruangkittisa-kul et al., 2014).

Ventral to NA (Figure 1A, square segment) was a subset of Dbx1⁺ glutamatergic preBötC SST-expressing respiratory neurons (Figures 1B and 1C), essential for breathing movements in adult rats (Tan et al., 2008). In the ventrolateral medulla of adult Dbx1-ChR2 (Figures 1A–1C) and SST-ChR2 (Figures 1D and 1F) mice, tdTomato predominately overlapped with the distribu-

tion of SST-expressing neurons that demark the preBötC (Stornetta et al., 2003).

Firing Patterns of Photoresponsive preBötC Neurons in Dbx1-ChR2 and SST-ChR2 Mice

We recorded the extracellular firing patterns of respiratorymodulated preBötC neurons in Dbx1-ChR2 and SST-ChR2 adult mice that responded to preBötC photostimulation, which would include neurons directly excited by light and those receiving input from these neurons. We observed three types of neuronal firing patterns: preinspiratory (pre-I), inspiratory (I), and postinspiratory (post-I) (Figure 2). In Dbx1-ChR2 mice (Figure 2, middle column), in response to bilateral preBötC short-pulse photostimulation (SPP; 100-300 ms pulse; 473 nm) at any point in the respiratory cycle, we observed increased firing in all preinspiratory (n = 12/12 units in 3 mice) and most inspiratory (n = 4/7 units in 3 mice) preBötC neurons, with no responsive postinspiratory (n = 0/9 units in 3 mice) preBötC neurons; these results are consistent with the firing patterns of identified preBötC Dbx1⁺ neurons in vitro (Picardo et al., 2013). In SST-ChR2 mice (Figure 2, right column), all recorded inspiratory (n = 5/5 units in 2 mice) and all postinspiratory (n = 5/5 units in 2 mice) preBötC neurons, but no preinspiratory (n = 0/15 units in 2 mice) preBötC neurons, were responsive to bilateral preBötC SPP at any point in the respiratory cycle.

All light-induced increases in firing rate were proportional to laser intensity (Figure S1). Typically, 3–6 mW laser power initiated a burst of action potentials, but no motor output, whereas >6 mW could trigger motor output in Dbx1-ChR2 mice (Figure S1). Unless otherwise specified, laser power was set at 7 mW.

Role of preBötC Dbx1⁺ Neurons in Burst Timing and Motor Output Pattern

In Dbx1-ChR2 mice, we examined the role of preBötC Dbx1⁺ neurons by photostimulation at different phases of expiration (phase: 0.0-0.8) or inspiration (phase: 0.9-1.0). For stimulation during each phase, we measured genioglossus electromyographic activity (GG_{EMG}) and calculated the resultant phase shift (phase shift = perturbed cycle duration/control cycle duration). If a stimulus had no effect, the perturbed cycle duration would equal the control cycle duration, and the phase shift would be 1.0 (see Supplemental Experimental Procedures). No ectopic inspiratory burst could be generated by bilateral preBötC SPP during early expiration or postinspiration (phase: 0.0–0.1; phase shift: 1.0 ± 0.03 ; p = 0.7, n = 5). Bilateral pre-BötC SPP during mid- (phase: 0.2-0.7) or late- (phase: 0.8) expiration elicited an ectopic inspiratory burst and shifted the respiratory phase (n = 5; Figure 3A) without affecting GG_{EMG} burst amplitude (p = 0.9, n = 5), inspiratory duration (T_1 ; p = 0.1, n = 5), or expiratory duration (T_E) of the following cycle (p = 1.0, n = 5). Bilateral preBötC SPP in early inspiration (phase: 0.9) increased GG_{EMG} burst amplitude to 315% \pm 32% of control (p = 3×10^{-5} , n = 6; Figure 3B) in the stimulus cycle and decreased GG_{EMG} burst amplitude in the following poststimulus cycle to 79% ± 14% of control (p = 0.004, n = 6; Figure 3B). The strongest phase resetting was at phase 0.3 (phase shift: 0.6 \pm 0.03; p < 10⁻¹⁶, n = 5; Figure 3J, red



Figure 1. ChR2 Expression in preBötC Neurons in Transgenic Mice

(A) Distribution of Dbx1⁺ neurons in coronal brainstem sections from adult Dbx1-ChR2 transgenic mice at the level of preBötC. The square segment showing preBötC area is expanded in (B). Scale bar, 1 mm. NTS, nucleus of the solitary tract; XII, hypoglossal motor nucleus; NA, nucleus ambiguus; IRt, intermediate reticular nucleus; and Sp5I, spinal trigeminal nucleus, interpolar part.

(B) tdTomato (red) in preBötC SST⁺ neurons (green) of Dbx1-ChR2 transgenic mice. Scale bar, 100 μm.

(C) High-magnification micrographs from the square segment in the circled area in (B) show single-channel and overlay confocal micrographs of preBötC SST⁺ neurons (green) with tdTomato fluorescence (red). White arrows point to neuron cell bodies. Blue arrows point to neuron fibers. Scale bar, 20 μm.

(D) Coronal section from adult SST-ChR2 transgenic mice at the level of preBötC showing tdTomato (red) overlaps with SST⁺ neurons (blue) in the preBötC. Scale bar, 100 μm.

(E) Schematic (top) and coronal section stained for SST (green, bottom) depicting bilateral placement of optical cannulae targeting preBötC. Scale bar, 1 mm.

(F) High-magnification micrographs from the square segment in the circled area in (D) show single-channel and overlay confocal micrographs of preBötC SST⁺ neurons (blue) with tdTomato fluorescence (red). White arrows point to neuron cell bodies. Blue arrows point to neuron fibers. Scale bar, 50 μ m.

be broken by bilateral preBötC SPP. Apnea induced by a 10 s lung inflation using constant positive air pressure (CPAP; 8 cm H₂O) in control ranged from 8.8 to 10.1 s (9.6 \pm 0.5 s, n = 5; Figure 3C, top traces). Bilateral preBötC SPP at 3.0 \pm 0.8 s after onset of CPAP induced an inspiratory burst within 145 \pm 37 ms of laser onset (Figure 3C, bottom traces; n = 5), indicating that acute activation

curve). For SPP during expiration in Dbx1-ChR2 mice, the latency between photostimulation onset and ectopic inspiratory burst onset was inversely related to the phase of stimulation, with stimulation at later expiratory phases requiring less time to evoke a response. Bilateral preBötC SPP produced ectopic bursts with delays of 235 ± 28 ms early in mid-expiration (phase: 0.2–0.3; n = 5), 131 ± 35 ms in the middle of mid-expiration (phase: 0.4–0.6; p = 8 × 10⁻⁴, n = 5), and 59 ± 29 ms late in mid-expiration (phase 0.7; p = 0.007, n = 5).

The Breuer-Hering inflation reflex (BHIR) is a powerful lung inflation-induced, vagus nerve-mediated reflex that results in a sustained apnea mediated by fast synaptic inhibition within the preBötC (Janczewski et al., 2013; Sherman et al., 2015). In Dbx1-ChR2 mice, apnea caused by a prolonged BHIR could

of this neuronal subpopulation can trigger inspiration despite inhibitory effects of vagal pulmonary afferents.

Bilateral preBötC long-pulse photostimulation (LPP; 4–10 s pulse; 473 nm) increased GG_{EMG} burst amplitude to 402% ± 58% of control in the stimulus cycle (p = 4 × 10⁻⁷, n = 5; Figure 3D) but did not significantly change the amplitude in post-stimulus cycles (p = 0.07, n = 5). Breathing frequency (*f*) increased to 120% ± 6% of control when baseline *f* < 100 breaths per minute (bpm; 83 ± 9 bpm, p = 0.003, n = 7) due to a decrease in *T*_E to 83% ± 7% of control (p = 0.01, n = 7) with no significant change in *T*₁ (p = 0.3, n = 7). At higher baseline *f* > 100 bpm (112 ± 5 bpm, n = 5), *f* did not change (p = 0.5, n = 5). In no cases were apneas induced (n = 5). During bilateral preBötC LPP (5 mW) in Dbx1-ChR2 mice, preinspiratory neurons



Figure 2. preBötC Respiratory-Modulated Neuron Firing Patterns at Baseline and in Response to preBötC Photostimulation in Dbx1-ChR2 and SST-ChR2 Mice

Left column (black): representative traces of $\int GG_{EMG}$ and preBötC respiratorymodulated neurons with various firing patterns (pre-I, top, scale bar, 0.4 s; I, middle, scale bar, 0.2 s; and post-I, bottom, scale bar, 0.2 s) recorded in mice in vivo. Middle (red) and right (blue) columns: representative traces of $\int GG_{EMG}$ and preBötC respiratory-modulated neuron (pre-I, top, scale bars, 0.4 s; I, middle, scale bars, 0.2 s; and post-I, bottom, scale bars, 0.2 s) firing patterns at baseline and in response to 7 mW light illumination (gray box) targeted to continued their firing except for a refractory period of \sim 0.3 s that followed endogenous bursts (n = 4 units in 3 mice; Figure 3E, top traces). Postinspiratory neurons were not responsive to photostimulation (n = 4 units in 3 mice; Figure 3E, bottom traces).

Thus, preBötC photostimulation in Dbx1-ChR2 mice can evoke ectopic inspiratory bursts during the expiratory phase or during the apnea induced by the BHIR, as well as increase GG_{EMG} when delivered during an ongoing inspiratory cycle. We suggest that the effects on burst timing and output pattern in response to preBötC photostimulation in Dbx1-ChR2 mice result from photostimulation-induced firing of Dbx1⁺ preinspiratory and inspiratory neurons.

Role of preBötC SST⁺ Neurons and SST⁺-Neuron-Mediated Pathways in Pattern Generation Effects of preBötC Photostimulation in SST-ChR2 Mice on Burst Timing and Motor Output Pattern

In SST-ChR2 mice, bilateral preBötC SPP during early inspiration had presumptively excitatory effects on inspiratory motor output pattern, increasing GG_{EMG} burst amplitude to 275% ± 43% compared to control (p = 4 × 10⁻⁵, n = 6; Figure 3G) in the stimulus cycle and decreasing GG_{EMG} burst amplitude in the following cycle to 83% ± 13% of control (p = 0.007, n = 6). In contrast to these effects, bilateral preBötC SPP during mid- (phase: 0.3–0.7) or late- (phase: 0.8) expiration significantly delayed the onset of the next inspiration and did not trigger ectopic inspiratory bursts, unlike in Dbx1-ChR2 mice (Figure 3F, compare to Figure 3A). The longest delay was at phase 0.7 (phase shift: 1.4 ± 0.03 ; p < 10^{-16} , n = 6; Figure 3J, blue curve); *T*_E of the next cycle was not lengthened (p = 0.4, n = 6).

Bilateral preBötC LPP in SST-ChR2 mice initiated in early inspiration triggered a single augmented burst that in GG_{EMG} was 257% \pm 31% larger than control (p = 8 × 10⁻⁶, n = 4; Figure 3H), followed by apnea for the remaining stimulation (Figure 3H). With 4 s LPP, the length of stimulation-induced appea was 3.8 ± 0.1 s (n = 4; Figure 3H), and poststimulation f was not significantly different from prestimulus f (p = 1.0, n = 4). Preinspiratory neurons were silenced (n = 12 units in 2 mice; Figure 3I), while postinspiratory neurons (n = 5 units in 2 mice; Figure 3I) fired throughout the photostimulation-induced apnea. We suggest that the excitatory effect on motor output pattern in response to preBötC photostimulation in SST-ChR2 mice results from the photostimulation-induced firing of SST⁺ inspiratory neurons, while an inhibitory pathway may be activated by photostimulation-induced firing of preBötC SST⁺ postinspiratory neurons or by activation of postinspiratory neurons postsynaptic to preBötC excitatory SST⁺ neurons.

SST Antagonism Does Not Eliminate Apnea Induced by Bilateral preBötC LPP in SST-ChR2 Mice

In SST-ChR2 mice, preinspiratory neurons were silenced during photostimulation-induced apnea, suggesting strong activation

preBötC in Dbx1-ChR2 (red) and SST-ChR2 (blue) mice. Below traces are raster plots and cumulative histograms representing action potentials of preBötC respiratory-modulated neurons (scale bars, 0.25 s) during baseline (left, black) and light-evoked (7 mW, gray box) bursts in Dbx1-ChR2 (middle, red) and SST-ChR2 (right, blue) mice.



Figure 3. Effects of Bilateral preBötC Photostimulation on Burst Timing and Motor Output Pattern in Dbx1-ChR2 and SST-ChR2 Mice

(A–E) In Dbx1-ChR2 mice, bilateral preBötC photostimulation is excitatory.

(A) Ectopic inspiratory burst induced by bilateral preBötC SPP during mid-expiration. Black arrowhead indicates expected onset of inspiratory burst following photostimulation. Scale bar, 1 s.

(B) Left: augmented inspiratory bursts induced by bilateral preBötC SPP in early inspiration. Scale bar, 1 s. Right: bilateral preBötC SPP effects on normalized (norm) $\int GG_{EMG}$ prestimulation (Pre), during stimulation (Stim), and poststimulation (Post) (*p < 0.05; n = 6).

(C) During an inflation-induced apnea (top), bilateral preBötC SPP broke apnea for pulse duration (bottom). Dotted line represents CPAP (8 cm H_2O). Scale bar, 5 s.

(D) Left: bilateral preBötC LPP produced augmented inspiratory bursts. Scale bar, 2 s. Right: bilateral preBötC LPP effects on norm $\int GG_{EMG}$ Pre, during Stim, and Post (*p < 0.05; n = 5).

(E) Firing patterns of preinspiratory (pre-l; top) and postinspiratory (post-l; bottom) preBötC neurons in response to bilateral preBötC LPP in Dbx1-ChR2 mice. Scale bar, 1 s.

(F–I) In SST-ChR2 mice, bilateral preBötC photostimulation evoked phase-dependent excitatory or inhibitory responses.

(F) Bilateral preBötC SPP during mid-expiration depressed inspiratory motor output or lengthened expiratory duration. Black arrowhead indicates the expected onset of inspiratory burst following photostimulation. Scale bar, 1 s.

(G) Left: augmented inspiratory bursts induced by bilateral preBötC SPP in early inspiration. Scale bar, 1 s. Right: bilateral preBötC SPP effects on norm $\int GG_{EMG}$ Pre, during Stim, and Post (*p < 0.05; n = 6).

(H) Top: apneas produced by bilateral preBötC LPP. Scale bar, 2 s. Bottom left: duration of bilateral preBötC LPP-induced apnea compared to $T_{\rm E}$ of the previous cycle (*p < 0.05; n = 4). Bottom right: amplitude of the GG_{EMG} burst induced by bilateral preBötC LPP compared to [GG_{EMG} of previous cycle (*p < 0.05; n = 4).

(I) Firing patterns of preinspiratory (pre-I; top) and postinspiratory (post-I; bottom) preBötC neurons in response to bilateral preBötC LPP in SST-ChR2 mice. Scale bar, 1 s.

(J) Phase response curves show that bilateral pre-BötC SPP in SST-ChR2 mice (blue; n = 6) led to phase delays and bilateral preBötC SPP in Dbx1-ChR2 mice (red; n = 5) led to phase advances. * and ** comparisons versus control phase shift (Ctrl), p < 0.05. Error bars represent mean \pm SD.

of an inhibitory pathway affecting rhythmogenic neurons. We first investigated whether this response was due to the release of SST within the preBötC (Martel et al., 2012).

In SST-ChR2 mice, bilateral injection into preBötC of the broad-spectrum SST receptor antagonist cyclosomatostatin (CSST) increased GG_{EMG} burst amplitude to 374% \pm 56% of

control (p = 0.007, n = 4), decreased *f* to 54% \pm 10% of control (p = 0.0004, n = 4; Figure 4A1), increased *T*_E to 226% \pm 52% of control (p = 0.01, n = 4; Figure 4A1), and did not change *T*₁ significantly (p = 0.2, n = 4; Figure 4A1). With 4 s LPP, the length of photostimulation-induced apnea was 4.0 \pm 0.04 s (n = 4; Figure 4A3), i.e., there was no significant effect of





Figure 4. Effects of Bilateral preBötC Photostimulation in SST-ChR2 Mice after Injection of SST Receptor Antagonist CSST or Bicuculline and Strychnine

(A) In SST-ChR2 mice, SST antagonism did not eliminate apnea induced by bilateral preBötC LPP. (A1) *f*, *T*_I, and *T*_E measured before (Ctrl) and after (CSST) administration of CSST (*p < 0.05; n = 4). (A2) bilateral preBötC injection of CSST did not eliminate apnea induced by bilateral preBötC LPP. Scale bar, 2 s. (A3) duration of bilateral preBötC LPP-induced apnea after administration of CSST compared to *T*_E of previous cycle (*p < 0.05; n = 4).

(B) In SST-ChR2 mice, bicuculline and strychnine (B+S) eliminated the bilateral preBötC LPP-induced apnea and SPP-induced prolongation in expiratory duration. (B1) bilateral preBötC SPP during mid-expiration in B+S in SST-ChR2 mice triggered an ectopic inspiratory burst. Scale bar, 2 s. (B2) bilateral preBötC LPP in B+S in SST-ChR2 mice no longer produced apnea. Scale bar, 2 s. (B3) bilateral preBötC LPP in B+S in SST-ChR2 mice did not change $T_{\rm L}$ or $T_{\rm E}$.

(C) Phase response curves show bilateral preBötC SPP in SST-ChR2 mice before block of inhibition (SST-ChR2: Ctrl, dark blue) led to phase delays that became phase advances after block of inhibition (SST-ChR2: B+S, light blue). * and ** comparisons versus control phase shift (Ctrl), p < 0.05; +, comparisons of the phase shift before and after B+S injection, p < 0.05. Error bars represent mean \pm SD.

CSST administration on the apnea elicited by bilateral preBötC LPP (Figure 4A2). Poststimulation *f* did not change significantly (p = 0.8, n = 4). We confirmed that CSST effectively blocked SST receptors, as respiratory responses induced by SST administration into the preBötC (where *f* decreased to 29% ± 1% of control) were fully antagonized by CSST (n = 4; Figure S2).

GABA and/or Glycine Mediate the Inhibitory Effect of preBötC Photostimulation in SST-ChR2 Mice

As the apnea induced by bilateral preBötC LPP in SST-ChR2 mice was not mediated by the local release of SST, we investigated the involvement of inhibition mediated by local release within preBötC of GABA and/or glycine from the terminals of GABAergic SST⁺ neurons with somas either inside or outside the preBötC (Wei et al., 2012) and/or GABAergic/glycinergic neurons postsynaptic to glutamatergic SST⁺ neurons.

In SST-ChR2 mice, after bilateral injection of the GABAA and glycine receptor antagonists bicuculline and strychnine (B+S) into preBötC, bilateral preBötC LPP no longer produced apnea or prolongation of T_E (p = 0.4, n = 4; Figure 4B2 and 4B3, compare with Figures 3H and 4A2) and did not change GG_{EMG} burst amplitude (p = 0.4, n = 4), f(p = 0.2, n = 4), or $T_1(p = 0.8, n = 4)$ compared to controls (Figure 4B3), suggesting that the photostimulationinduced apnea was mediated by local release within preBötC of GABA and/or glycine. In SST-ChR2 mice after B+S injection, bilateral preBötC SPP during mid- (phase: 0.2-0.7) or late-(phase: 0.8) expiration produced ectopic inspiratory bursts, altered the respiratory phase (n = 6; Figure 4B1), but did not change the subsequent T_E (p = 0.9, n = 6). The strongest phase resetting was at phase 0.2 (shift to 0.4 ± 0.02 : p < 10^{-16} , n = 6; Figure 4C, light blue curve), while no ectopic inspiratory burst could be generated in early expiration (phase 0.0-0.1, shift to 1.0 ± 0.03 ; p = 0.3, n = 6). These data are similar to the effects produced by bilateral preBötC SPP during mid- or late-expiration in Dbx1-ChR2 mice (Figure 3A), indicating that local inhibition is not involved in the initiation of ectopic inspiratory bursts following preBötC photostimulation in SST-ChR2 mice.

Excitatory Role for SST⁺ Glutamatergic preBötC Neurons in Pattern Generation and Illumination of an SST⁺-Neuron-Mediated Inhibitory Pathway within preBötC

To determine whether separate SST⁺ subpopulations mediate the differential excitatory and inhibitory effects of photostimulation in SST-ChR2 mice, we bilaterally injected SST-Cre mice with Cre-dependent ChR2-eYFP virus into preBötC, restricting ChR2 expression to preBötC SST⁺ neurons. ChR2-eYFP expression was detectable in preBötC neurons 4 weeks after viral injection. The peak density of transfected neurons was caudal to the facial nucleus (VII) by 300–450 μ m and ventral to the compact NA (Figures 5A and 5B). Within the preBötC, SST-positive cells and small fusiform NK1R⁺ cells were immunoreactive for eYFP (Figures 5C and 5D).

In virally transfected SST-Cre mice, bilateral preBötC SPP in early inspiration increased GG_{EMG} burst amplitude to 212% \pm 33% of control (p = 0.003, n = 4; Figure 5E), consistent with the effect of bilateral preBötC SPP in SST-ChR2 mice (Figure 3G). Interestingly, bilateral preBötC SPP during mid-expiration (phase: 0.2–0.7) was now able to generate ectopic inspiratory bursts, similar to the effects produced by bilateral preBötC SPP in Dbx1-ChR2 mice or in SST-ChR2 mice after B+S injection (Figure 5F, compare with Figures 3A and 4B1), with the strongest phase resetting at phase 0.3 (phase shift: 0.6 ± 0.03 ; p < 10^{-16} , n = 4; Figure 5G). No ectopic inspiratory bursts could be generated by bilateral preBötC SPP during early expiration (phase: 0.0–0.1, shift to 1.0 \pm 0.02; p = 1, n = 4). In addition, the apnea caused by BHIR could



Figure 5. Excitatory Role for SST⁺ Glutamatergic preBötC Neurons and an SST⁺-Neuron-Mediated Inhibitory Pathway within preBötC

(A–D) Cre-dependent ChR2 expression targeted to preBötC SST⁺ neurons.

(A) Representative confocal mosaic micrograph of sagittal brainstem section of SST-Cre mouse showing the extent of eYFP⁺, SST⁺, and NK1R⁺ neurons 4 weeks after injection of AAV2/1-Ef1 α -DIO-ChR2-eYFP into preBötC. Scale bar, 500 μ m. VII, facial nucleus; BötC, Bötzinger Complex; NA, nucleus ambiguus; LRN, lateral reticular nucleus; and LSO, lateral superior olive.

(B) Rostrocaudal distribution of eYFP (green), marking location of neurons expressing ChR2 (n = 4) and SST⁺ (red) neurons relative to caudal boundary of facial nucleus.

(C) High-magnification single-channel and overlay confocal micrographs of square in circled area demarking the preBötC in (A) show small fusiform NK1R⁺ neurons (red, white arrows) were immunoreactive for eYFP (green). Large NK1R⁺ neurons (red, purple arrows) were not colocalized with eYFP immunoreactivity. Section also labeled for NeuN (blue) immunoreactivity. Scale bar, 50 μm. (D) High-magnification micrograph showing colocalization (yellow) of ChR2-eYFP (green) and preBötC SST⁺ neurons (red) in ChR2-transfected SST-Cre mice. Section also labeled for NeuN (blue) immunoreactivity. Scale bar, 50 μm.

(E–H) Excitatory effect elicited by bilateral preBötC SPP in ChR2-transfected SST-Cre mice.

(E) Left: augmented inspiratory bursts induced by bilateral preBötC SPP in early inspiration. Scale bar, 1 s. Right: bilateral preBötC SPP in early inspiration effects on normalized (norm) $\int GG_{EMG}$ prestimulation (Pre), during stimulation (Stim), and poststimulation (Post) (*p < 0.05; n = 4).

(F) Ectopic inspiratory burst elicited by bilateral preBötC SPP during mid-expiration in ChR2-transfected SST-Cre mice. Scale bar, 1 s.

(G) Phase response curve shows bilateral preBötC SPP in ChR2-transfected SST-Cre mice led to phase advances. * comparisons versus control phase shift (Ctrl), p < 0.05.

(H) Each of three bilateral preBötC SPPs in ChR2transfected SST-Cre mice induced a breath during an inflation-induced apnea. Dotted line represents CPAP (8 cm H_2O). Scale bar, 5 s.

(I and J) The remaining inhibitory effect in virus-transfected SST-Cre mice was mediated by GABA and/or glycine.

(I) Left: bilateral preBötC LPP in ChR2-transfected SST-Cre mice did not induce apnea but slowed down breathing frequency. Scale bar, 2 s. Right: T_{I} (top) and T_{E} (bottom) measured before (Pre) and during bilateral preBötC LPP (Stim) (*p < 0.05; n = 4).

(J) Left: bilateral preBötC LPP no longer produced prolongation in T_E after blocking inhibition within preBötC in ChR2-transfected SST-Cre mice. Scale bar, 5 s. Right: T_1 (top) and T_E (bottom) measured Pre and during Stim in B+S. Error bars represent mean ± SD.

be broken by bilateral preBötC SPP. While apneas induced by 10 s lung inflation in control in virally transfected SST-Cre mice ranged from 8.4 to 10.0 s (9.2 ± 0.8 s, n = 3; Figure 5H, top traces), multiple bilateral preBötC SPPs with delay times of 2.1 ± 0.5 s between pulses induced a breath with each individual pulse at a 91 \pm 18 ms delay from photostimulation onset (n = 3; Figure 5H, bottom traces). Thus, when afferent inhibitory inputs arising from SST⁺ neurons outside the preBötC are eliminated, stimulating preBötC SST⁺ neurons can generate ectopic inspiratory bursts.

Bilateral preBötC LPP in virally transfected SST-Cre mice did not produce apnea but decreased *f* to $61\% \pm 12\%$ of control (p = 0.0003, n = 4), increased *T*_E to $189\% \pm 48\%$ of control (p = 0.004, n = 4), and did not change *T*₁ (p = 0.7, n = 4; Figure 5I). This response differed from bilateral preBötC LPP after B+S injection in transgenic SST-ChR2 mice, where there was no change in *f* (Figure 4B2 and 4B3); this suggests that photostimulation activated an SST⁺-neuronmediated inhibitory pathway within the preBötC to increase



Figure 6. Effects of GABA and Glycine Antagonism in preBötC on Rhythmogenesis

(A–C) In anesthetized wild-type mice, bilateral B+S injection in preBötC modulates and does not eliminate respiratory rhythmogenesis.

(A) Representative V_T and $\int GG_{EMG}$ (top; scale bar, 2 min) and expanded (bottom; scale bar, 2 s) traces show the effects of bilateral preBötC B+S injection on $\int GG_{EMG}$ and V_T.

 $T_{\rm E}$. To test whether the remaining inhibitory effect was mediated by GABA and/or glycine, we repeated the photostimulation in the presence of B+S. After B+S injection, bilateral pre-BötC LPP no longer decreased *f* (p = 0.8, n = 4; Figure 5J) and did not induce significant changes in $T_{\rm E}$ (p = 0.5, n = 4) or $T_{\rm I}$ (p = 0.9, n = 4).

Role of Fast Inhibitory Synaptic Transmission in the preBötC in Rhythm and Pattern Generation

The excitatory effects of SST⁺ photostimulation were largely masked by the release of GABA and/or glycine until we blocked the inhibition pharmacologically, suggesting that inhibition from SST⁺ and other sources normally plays a powerful role in modulating rhythm and pattern generation. To further explore the endogenous tonic and phasic role of inhibitory inputs into the preBötC, we characterized the effects of B+S in preBötC on breathing in adult mice under control (baseline) conditions and with preBötC photostimulation.

Effects of Blockade of Fast Inhibitory Synaptic Transmission in Wild-Type Mice

Consistent with previous data in rats (Janczewski et al., 2013), breathing persisted when B+S were injected bilaterally into the preBötC of adult mice with intact vagus nerves. Relative to control values, f decreased to $38\% \pm 1\%$ (p = 0.0001, n = 5), $T_{\rm I}$ increased to 142% ± 15% (p = 0.03, n = 5), and $T_{\rm F}$ increased to 305% \pm 17% (p = 0.0001, n = 5; Figures 6A and 6B). B+S also affected GG_{EMG} burst shape (Figure 6A). GG_{EMG} burst amplitude increased to $490\% \pm 26\%$ (p = 10^{-5} , n = 5; Figure 6B), and tidal volume (V_T) increased to $309\% \pm 44\%$ $(p = 10^{-5}, n = 5;$ Figure 6B) of control. Apnea induced by a 10 s lung inflation (T_{E-INF}) before B+S injection, i.e., control, ranged from 8.8 to 10.1 s (9.8 \pm 0.5 s, n = 5), and the strength of the BHIR (SBHIR; (T_{E-INF}/T_{E-CON}) -1, T_{E-INF} : duration of the resultant inflation-induced apnea, T_{E-CON}: expiratory duration during the control period; see Supplemental Experimental Procedures) (Janczewski et al., 2013) ranged from 14.6 to 16.7 (15.8 ± 0.7, n = 5; Figure 6C). After bilateral B+S injection, the BHIR was nearly eliminated: $T_{\text{E-INF}}$ was reduced to 2.4 ± 0.6 s (range: 1.5 to 3.0 s), which was 24.3% ± 5.4% of its control value (p = 5 × 10⁻⁸, n = 5), and SBHIR was 0.05 ± 0.07 (range: -0.05 to 0.13), which was only 0.3% ± 0.5%

(B) f, T_I, T_E, normalized (norm) $\int GG_{EMG}$, and V_T measured in control (vagus intact) (Ctrl) and after administration of B+S (B+S) (*p < 0.05; n = 5).

(C) Left: lung inflation induced apnea in control (top) but was suppressed by B+S (bottom). Dotted line represents CPAP (8 cm H₂O). Scale bar, 5 s. Right: T_{E-INF} and the SBHIR measured in control (vagus intact) (Ctrl) and after B+S injection (B+S) (*p < 0.05; n = 5).

(D) Enhanced excitatory effects on burst timing elicited by bilateral preBötC photostimulation in Dbx1-ChR2 mice after block of fast synaptic inhibition. (D1) ectopic inspiratory burst elicited by bilateral preBötC SPP in Dbx1-ChR2 mice during mid-expiration after B+S injection. Scale bar, 2 s. (D2) bilateral preBötC LPP in Dbx1-ChR2 mice in B+S shows enhanced excitatory effect on *f*. Scale bar, 2 s. (D3) bilateral preBötC LPP in Dbx1-ChR2 mice after block of inhibition (B+S) produced a greater increase in *f* (*p < 0.05; n = 5).

(E) Phase response curves show bilateral preBötC SPP in Dbx1-ChR2 mice during mid- or late-expiration after block of inhibition produced a stronger phase resetting (pink). * and ** comparisons versus control phase shift, p < 0.05; +, comparisons of the phase shift before and after B+S injection, p < 0.05. Error bars represent mean \pm SD.

(p = 1 × 10^{-6} , n = 5) of its control value (Figure 6C). This result was comparable to the effect of blocking pulmonary stretch receptors (Davies et al., 1978; Janczewski et al., 2013). Loss of the BHIR serves as a positive control for the effectiveness of B+S in blocking postsynaptic inhibition in preBötC (q.v., Janczewski et al., 2013).

Effects of Blockade of Fast Inhibitory Synaptic Transmission in the preBötC on Rhythmogenesis

In Dbx1-ChR2 mice, B+S enhanced the effects of bilateral pre-BötC photostimulation. After B+S injection, bilateral preBötC SPP during mid- (phase: 0.2–0.7) or late- (phase: 0.8) expiration elicited an ectopic inspiratory burst and shifted respiratory phase (n = 5, Figure 6D1), with the strongest shift at phase 0.2 (shift to 0.4 ± 0.03 : p < 10^{-16} , n = 5; Figure 6E, pink curve). These phaseadvance effects were always stronger in B+S (Figure 6E, pink curve) compared to control conditions (Figure 6E, dark red curve; p = 3 × 10^{-5} , n = 5).

In B+S, bilateral preBötC LPP in Dbx1-ChR2 mice increased *f* to 200% \pm 27% of control (p = 0.0002, n = 6; Figure 6D2). *T_I* did not change significantly (p = 0.2, n = 6), and *T*_E decreased to 49% \pm 9% of control (p = 5 × 10⁻⁵, n = 6). The increase in *f* caused by bilateral preBötC LPP was significantly greater after B+S injection (p = 0.0007, n = 6; Figure 6D3) and produced irregular bursts, i.e., doublets, which could be manifestations of sigh behavior (n = 6, Figure S3; Kam et al., 2013a; Li et al., 2016).

Thus, after blockade of fast inhibitory synaptic transmission, the excitatory effects of photostimulation of preBötC Dbx1⁺ neurons on rhythm were enhanced. We suggest that the responsiveness of preBötC rhythmogenic neurons to excitatory inputs is constrained by tonic and/or phasic postsynaptic inhibition at rest.

Effects of Blockade of Fast Inhibitory Synaptic Transmission in the preBötC on Pattern Generation

In Dbx1-ChR2 (p = 0.9, n = 6) or SST-ChR2 (p = 0.4, n = 6) mice after B+S injection, bilateral preBötC SPP in early inspiration had no further effect on GG_{EMG} burst amplitude (Figure 7A). As B+S effectively eliminate the influence of inhibitory vagal pulmonary afferents, we tested the effect of photostimulation on GGEMG burst amplitude in vagotomized ChR2 mice. In Dbx1-ChR2 (p = 0.7, n = 4) or SST-ChR2 (p = 0.8, n = 4) vagotomized mice, bilateral preBötC SPP in early inspiration also had no further effect on GG_{EMG} burst amplitude (Figure 7B). In the presence of B+S in Dbx1-ChR2 mice, bilateral preBötC LPP slightly decreased GG_{EMG} burst amplitude to 87% \pm 3% of control (p = 0.003, n = 5; Figure 7C). In Dbx1-ChR2 vagotomized mice, bilateral preBötC LPP also did not increase GG_{EMG} burst amplitude (p = 0.8, n = 4; Figure 7C). Thus, in Dbx1-ChR2 or SST-ChR2 mice, after either B+S injection or vagotomy, bilateral preBötC photostimulation (SPP or LPP) of preBötC neurons was unable to further increase GG_{EMG} burst amplitude.

We hypothesized that the inability to increase GG_{EMG} burst amplitude following B+S injection or vagotomy was due to these manipulations maximally activating GG_{EMG} . We therefore tested whether GG_{EMG} burst amplitude in B+S could increase further in response to increased chemical drive induced by hypercapnia (Figure 7D) or hypoxia (Figure 7E) in adult mice with intact vagus nerves. Before B+S injection, relative to control, increasing CO₂ with an inspired gas mixture of 5% CO₂ in air (5% CO₂, 21% O₂, and 74% $N_2\!)$ increased GG_{EMG} burst amplitude to 196% \pm 23% (p = 0.005, n = 4), increased f to $127\% \pm 4\%$ (p = 0.005, n = 4), decreased T_E to 75% ± 2% (p = 0.001, n = 4), and did not significantly change T_1 (p = 0.2, n = 4; Figure 7D). In B+S, adding 5% CO₂ to the inspired gas mixture did not change GG_{EMG} burst amplitude (p = 0.8, n = 4; Figure 7D) but increased f to 144% ± 25% of control (p = 0.008, n = 4) due to shortening of T_E to 66% ± 13% of control (p = 0.01, n = 4). Reducing O₂ to 8% of the inspired gas mixture (8% O₂ and 92% N₂) relative to control, increased GG_{EMG} burst amplitude to $168\% \pm 34\%$ (p = 0.002, n = 4; Figure 7E), increased f to 139% \pm 20% (p = 0.009, n = 4), decreased T_E to 62% \pm 16% (p = 0.007, n = 4) but did not significantly change T_1 (p = 0.4, n = 4). However, with B+S, 8% O₂ also had no significant effect on the GG_{EMG} burst amplitude (p = 0.9, n = 4; Figure 7E), though f increased to $161\% \pm 21\%$ of control (p = 0.002, n = 4) due to a decrease in T_E to 60% ± 12% of control (p = 0.02, n = 4); T_I did not change significantly (p = 1.0, n = 4). Thus, upon B+S injection in the preBötC, GG_{EMG} burst amplitude cannot be further increased with hypercapnia or hypoxia.

Thus, inhibitory inputs onto preBötC pattern-generating neurons decreased GG_{EMG} burst amplitude below maximum value when breathing room air at rest; when inhibition was blocked, burst amplitude was maximized, so that photostimulation of excitatory preBötC neurons was unable to further increase peak GG_{EMG} amplitude.

DISCUSSION

The preBötC is a heterogeneous neuronal population critical for respiratory rhythm and pattern generation, and much remains unknown about the role of different molecularly defined subclasses of preBötC neurons and the related neural microcircuits. The homeobox gene Dbx1 controls the fate of glutamatergic interneurons required for preBötC development that likely include respiratory rhythmogenic neurons (Bouvier et al., 2010; Gray et al., 2010; Picardo et al., 2013). ~15% of preBötC Dbx1⁺ neurons are preBötC SST⁺ neurons, necessary for normal breathing in anesthetized or awake adult rats (Gray et al., 2010; Tan et al., 2008). We combined an optogenetic approach with pharmacological perturbation to deconstruct the preBötC neural microcircuit in vivo and demonstrated anatomically overlapping, but functionally distinct, rhythm- and pattern-generating preBötC microcircuits.

preBötC Rhythmogenic Microcircuit

We postulated that preBötC burst generation is a sequential process initiated by a low-amplitude rhythmogenic preinspiratory component that triggers a high-amplitude (pattern-generating) inspiratory burst (Feldman and Kam, 2015; Kam et al., 2013a). Here, we propose that preinspiratory Dbx1⁺ neurons (Figure 8, Pre-I Dbx1⁺Glu⁺) are an essential element of the rhythmogenic microcircuit that determines timing, i.e., onset of each inspiratory phase. In Dbx1-ChR2 mice, bilateral preBötC SPP during expiration excited all (recorded) preBötC preinspiratory neurons. Although in vivo extracellular recording cannot distinguish between neurons directly expressing ChR2 and those postsynaptic to ChR2-expressing neurons, these photoresponsive preinspiratory preBötC neurons in vivo likely correspond to



Figure 7. GABA and Glycine Antagonism in preBötC Maximized Inspiratory Burst Amplitude

(A) Bilateral preBötC SPP in Dbx1-ChR2 and SST-ChR2 mice were unable to increase GG_{EMG} burst amplitude further after B+S injection. Left: bilateral preBötC SPP in early inspiration in vagus intact Dbx1-ChR2 (pink) and SST-ChR2 (light blue) mice after B+S injection did not increase GG_{EMG} burst amplitude. Scale bar, 2 s. Right: in SST-ChR2 (light blue) and Dbx1-ChR2 (pink) mice after B+S injection, bilateral preBötC SPP effects on normalized (norm) $\int GG_{EMG}$ prestimulation (Pre), during stimulation (Stim), and poststimulation (Post) (n = 5).

(B) Bilateral preBötC SPP in Dbx1-ChR2 and SST-ChR2 mice were unable to increase GG_{EMG} burst amplitude further after vagotomy. Left: after vagotomy, bilateral preBötC SPP in early inspiration in SST-ChR2 (dark blue) and Dbx1-ChR2 (red) mice did not increase GG_{EMG} burst amplitude. Scale bar, 2 s. Right: in SST-ChR2 (dark blue) and Dbx1-ChR2 (red) mice after vagotomy, bilateral preBötC SPP effects on norm $\int GG_{EMG}$ Pre, during Stim, and Post (n = 4).

(C) Bilateral preBötC LPP in Dbx1-ChR2 mice was unable to increase GG_{EMG} burst amplitude further in B+S or after vagotomy. Left: in Dbx1-ChR2 mice in B+S (pink) or after vagotomy (red), bilateral preBötC LPP did not increase burst amplitude. Scale bar, 2 s. Right: in Dbx1-ChR2 mice in B+S (pink) (*p < 0.05; n = 5) or after vagotomy (red) (n = 4), bilateral preBötC LPP effects on norm $[GG_{EMG}$ Pre, during Stim, and Post.

(D and E) Responses to increased chemical drive in wild-type mice before and after block of inhibition within the preBötC.

(D) Left: representative GG_{EMG} (top) and expanded (bottom) trace of the responses to hypercapnia before (light gray) and in (dark gray) B+S show that hypercapnic challenges after block of inhibition did not further increase GG_{EMG} burst amplitude. Scale bar, 10 s. Right: increase in GG_{EMG} burst amplitude (GG_{EMG}) and *f* before (light gray) and after B+S injection (dark gray) in response to hypercapnia (*p < 0.05; n = 4).

(E) Left: representative GG_{EMG} (top) and expanded trace (bottom) of the responses to hypoxia before (light gray) and after (dark gray) B+S show that hypoxic challenges after block of inhibition did not further increase GG_{EMG} burst amplitude. Scale bar, 10 s. Right: increase in GG_{EMG} and *f* before (light gray) and after B+S injection (dark gray) in response to hypoxia (*p < 0.05; n = 4). Error bars represent mean \pm SD.

photoresponsive preinspiratory preBötC Dbx1⁺ neurons that were directly excited in vitro (Kottick and Del Negro, 2015). Additionally, in Dbx1-ChR2 mice, preBötC photostimulation had excitatory effects on inspiratory burst timing as: (1) bilateral pre-BötC SPP during mid- or late-expiration generated ectopic bursts that were phase-shifted inspiratory bursts and (2) bilateral preBötC LPP increased *f*. Although preinspiratory neurons started firing with the onset of photostimulation, the onset of evoked ectopic inspiratory motor nerve bursts was delayed ~100 ms, equivalent to the duration of their control period preinspiratory activity and similar to the delay to onset of evoked ectopic inspiratory motor nerve bursts in vitro when four to nine inspiratory-modulated preBötC neurons are photostimulated during the expiratory phase (Kam et al., 2013b).

preBötC Pattern-Generating Microcircuit

In Dbx1-ChR2 mice, preBötC photostimulation excited preBötC inspiratory neurons (Figure 8, I Dbx1⁺Glu⁺) and had excitatory effects on motor output pattern, as an augmented inspiratory burst was triggered by bilateral preBötC SPP in early inspiration or by bilateral preBötC LPP. Indeed, a subpopulation of Dbx1⁺ neurons has intrinsic membrane properties and premotoneuronal axonal projections consistent with a patterning function (Picardo et al., 2013; Revill et al., 2015; Wang et al., 2014). In SST-ChR2 mice, bilateral preBötC SPP excited inspiratory preBötC neurons (Figure 8, I SST⁺Glu⁺). Bilateral preBötC SPP in SST-ChR2 or in virus-transfected SST-Cre mice elicited an augmented inspiratory burst in early inspiration, suggesting a pattern-generating role of preBötC SST⁺ inspiratory neurons. Bilateral preBötC



Figure 8. Functional Roles of preBötC Subpopulations in Respiratory Rhythm and Pattern Generation

Model shows map of interconnections of respiratory-related neuronal subpopulations in control (left) or after administration of B+S into preBötC (right). Data supporting this scheme are summarized in Figure S4. We postulate that preBötC burst (pattern) generation is a two-stage process consisting of a low-amplitude rhythmogenic preinspiratory component (Pre-I) and a high-amplitude pattern-generating inspiratory burst (I) (Kam et al., 2013a; Feldman and Kam, 2015), Preinspiratory Dbx1⁺ neurons (Pre-I Dbx1⁺Glu⁺) serve as the rhythmogenic preinspiratory component that determines onset of inspiratory bursts. Inspiratory SST⁺ neurons (I SST⁺Glu⁺) and inspiratory Dbx1⁺ neurons (I Dbx1⁺Glu⁺) are triggered by Pre-I Dbx1⁺ neurons to generate the inspiratory burst that is transmitted to inspiratory premotoneurons that in turn project to motoneurons innervating inspiratory muscles, e.g., diaphragm; this serves as part of the pattern-generating process. Left: rhythmogenic and pattern-generating neurons receive inhibitory inputs from various GABAergic and/or glycinergic neurons that could stabilize the rhythm and increase dynamic range of inspiratory output. Beside SST⁺ afferents from nucleus of the solitary tract (NTS) and parabrachial nuclei (PB), both outside the preBötC (SST+GAD+/GlyT2+, P1), inhibitory effects induced by SST⁺ neuron photo-

activation could result from unidentified GABAergic and/or glycinergic preBötC SST⁺ neurons (Post-I SST⁺GAD⁺/GlyT2⁺, P2) or non-SST⁺ GABAergic and/or glycinergic post-I neurons (Post-I GAD⁺/GlyT2⁺, P3) downstream of glutamatergic SST⁺ neurons (I SST⁺GIu⁺) within preBötC. Right: after inhibitory blockade with administration of B+S into the preBötC, only excitatory preBötC neurons remain, with consequential effects on the responses to photostimulation of SST⁺ neurons.

SPP could elicit ectopic inspiratory bursts in SST-ChR2 mice after B+S injection or in virus-transfected SST-Cre mice before B+S injection or during BHIR. We propose that, when sufficiently stimulated, preBötC SST⁺ inspiratory neurons can initiate ectopic inspiratory bursts by rapidly triggering high-amplitude bursts that in turn activate their projections to downstream ventral respiratory group (VRG) premotor neurons (Kam et al., 2013a; Tan et al., 2010). We suggest that preBötC SST⁺ and Dbx1⁺ inspiratory neurons, along with preinspiratory Dbx1⁺ neurons firing during inspiration, contribute to a pattern-generating microcircuit, where SST⁺ inspiratory neurons are Dbx1⁺ and are a subset of the Dbx1 population; at this point, we cannot exclude the possibility that SST⁺ postinspiratory neurons are a separate non-Dbx1 population (see below) (Gray et al., 2010; Revill et al., 2015).

These results are consistent with our current models of preBötC rhythm generation in which (a subset of) recurrently connected, preinspiratory, glutamatergic preBötC Dbx1⁺ neurons generate low-level burstlets that (normally) trigger, within this preinspiratory Dbx1⁺ subpopulation as well as in inspiratory Dbx1⁺/SST⁺ subpopulations, the collective, high-amplitude bursts that drive premotoneuronal and, ultimately, motoneuronal activity (Feldman and Kam, 2015; Kam et al., 2013a, 2013b).

SST⁺ Neuron-Mediated Inhibition

In SST-ChR2 mice, bilateral preBötC LPP-induced apnea silenced all preinspiratory neurons and activated postinspira-

tory neurons; this apnea was eliminated by preBötC inhibitory blockade (via bilateral preBötC injection of B+S) or in virustransfected SST-Cre mice (where ChR2 expression outside the preBötC was greatly reduced or eliminated. Note: the differences between transgenic SST-ChR2 mice and virustransfected SST-Cre mice suggest caution in interpretation of optogenetic data obtained solely from transgenic SST mice, q.v., Koizumi et al., 2016). These predominantly inhibitory responses affecting preBötC preinspiratory neurons in SST-ChR2 mice thus appear mediated by GABA and/or glycine and could largely be due to activation of GABAergic SST⁺ terminals (Figure 8, SST+GAD+/GlyT2+) from sources outside the preBötC (Figure 8, P1), such as the nucleus of the solitary tract (NTS) or the parabrachial nuclei (PB) that contain SST⁺ neurons with inhibitory inputs onto preBötC neurons (Figure 8, PB/NTS) (Epelbaum et al., 1994; Johansson et al., 1984; Wei et al., 2012). Besides GABAergic SST⁺ afferents outside the preBötC (Figure 8, SST+GAD+/GlyT2+, P1), a weaker inhibitory pathway within preBötC, revealed by the decreased f following photostimulation in virus-transfected SST-Cre mice, may also exist, consisting of previously unidentified GABAergic and/or glycinergic preBötC postinspiratory SST⁺ neurons (Figure 8, Post-I SST+GAD+/GlyT2+, P2) or non-SST+ glycinergic and/or GABAergic postinspiratory neurons (Figure 8, Post-I GAD+/ GlyT2⁺, P3) that are postsynaptic to glutamatergic SST⁺ neurons (Figure 8, I SST+Glu+). Since effective doses of the SST

antagonist CSST did not abolish these effects, SST release did not mediate this inhibition. However, SST released within pre-BötC (from indeterminate sources) may play an inhibitory role under certain physiological or pathophysiological conditions (Llona and Eugenín, 2005).

Roles of Inhibition in Respiratory Rhythm and Pattern Generation

Our observations of the effects of blocking inhibition within the preBötC confirmed that the preBötC can generate rhythmic inspiratory bursts in the absence of postsynaptic inhibition (Janczewski et al., 2013; Sherman et al., 2015). However, inhibition modulates both respiratory rhythm and pattern in several ways. (1) Inhibition within preBötC can play an important role in control of airway muscles, including the genioglossus, as upper airway muscle activity is suppressed by the BHIR (Kuna, 1986). After blocking inhibition within preBötC, we observed strong activation of GG_{EMG} activity. (2) Inhibition can powerfully interrupt inspiratory rhythmogenesis. Bilateral preBötC SPP and LPP of presumptive SST⁺ inhibitory inputs increased $T_{\rm F}$ and induced a prolonged apnea, respectively, akin to apneas induced by the BHIR or prolonged photostimulation of ChR2-expressing preBötC GlyT2⁺ neurons (Janczewski et al., 2013; Sherman et al., 2015). (3) Inspiratory rhythm is more labile to perturbations after blocking inhibition. In Dbx1-ChR2 mice after blocking inhibition, preBötC SPP during mid- or late-expiration produced a stronger phase resetting, and preBötC LPP produced a greater increase in f and irregular bursts, i.e., doublets that we postulate are sighs (Kam et al., 2013a; Li et al., 2016). Tonic or phasic postsynaptic inhibitory inputs may stabilize pre-BötC neuron membrane potential and thereby reduce or prevent rhythmic fluctuations induced by spurious excitatory input. (4) Inhibition may increase the dynamic range of peak inspiratory burst amplitude by keeping it well below maximum value. Thus, when preBötC inhibition is greatly reduced, motor burst amplitude appears maximal and cannot increase further to compensate for increased demand, restricting the dynamic range of inspiratory output. We suggest this effect is due to tonic or phasic inhibition at rest of preBötC pattern-generating neurons. Therefore, inhibition, while not necessary for inspiratory rhythmogenesis, appears critical for shaping breathing movements and behavior by mediating apneas, increasing temporal stability, and permitting patterning lability.

In summary, we combined an optogenetic approach with pharmacological perturbation to dissect the neural microcircuits controlling breathing and to elucidate the functional role of preBötC Dbx1⁺ and SST⁺ neurons in vivo. We suggest a concatenated preBötC microcircuit (Figures 8 and S4) in which preinspiratory Dbx1⁺ neurons are essential elements of the inspiratory rhythmogenic kernel that activates inspiratory Dbx1⁺ and SST⁺ neurons that primarily serve a non-rhythmogenic role by shaping the respiratory output pattern. Convolved with the rhythm- and pattern-generating functions of these excitatory neurons is post-synaptic inhibition within the preBötC that mediates apneas, broadens the dynamic range of inspiratory burst amplitude, and stabilizes the rhythm in the presence of perturbations. These findings have significant implications for our understanding of the functional roles of distinct preBötC neuronal phenotypes in

generation of respiratory rhythm and provide the foundation for highly constrained and testable models with the potential to provide a clear understanding of breathing.

EXPERIMENTAL PROCEDURES

Animal use and experimental protocols were approved by the University of California, Los Angeles, Animal Research Committee.

Transgenic Mice and Viral Vector

ChR2(H134R)-tdTomato mice were crossed to Dbx1-Cre and SST-Cre mice. For viral transfection of ChR2, SST-Cre mice were infected with AAV2/1- $Ef1\alpha$ -DIO-ChR2-eYFP. See detailed Supplemental Experimental Procedures.

Photostimulation and Reset Analysis

Once the ventral brainstem surface was exposed (see Supplemental Experimental Procedures), a 473 nm laser connected to a branching fiber patch cord with two 200- μ m-diameter fibers was placed in soft contact with the ventral surface, 0.15 mm caudal to the hypoglossal canal, 1.20 mm lateral to the midline (Figure 1E), and ~250 μ m ventral to the preBötC. Photostimulation parameters and reset analysis are provided in the Supplemental Experimental Procedures.

Unit Recording and Pharmacological Injection

Unit recordings were done in Dbx1-ChR2 and SST-ChR2 mice. Bicuculline methiodide and strychnine hydrochloride were injected together (Figure S5; B+S, 250 μ M each, 50–60 nL/side) to block fast inhibitory synaptic transmission. Cyclosomatostatin (125 μ M, 50–60 nL/side) was used as a broad-spectrum somatostatin receptor antagonist. The protocols for unit recording, pharmacological injection, and histology are provided in the Supplemental Experimental Procedures.

Data Analysis and Statistics

Unpaired t tests were used to determine statistical significance of changes before and after photostimulation or pharmacological injections. For statistical comparisons of more than two groups, repeated-measures (RM) ANOVAs were performed. For one-way and two-way RM ANOVAs, post hoc significance for pairwise comparisons was analyzed using Holm-Sidak method. Significance was set at p < 0.05. Data are shown as mean \pm SD. See detailed Supplemental Experimental Procedures.

SUPPLEMENTAL INFORMATION

Supplemental Information includes Supplemental Experimental Procedures and five figures and can be found with this article online at http://dx.doi.org/ 10.1016/j.neuron.2016.07.003.

AUTHOR CONTRIBUTIONS

Y.C., W.A.J., and J.L.F. designed the research; Y.C. and D.S. performed the research with help from W.A.J.; Y.C. and K.K. analyzed the data with help from D.S.; Y.C., K.K., and J.L.F. wrote the paper. Y.Z. and W.A.J. commented on an early draft of the paper.

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Supplemental Information

Defining preBötzinger Complex

Rhythm- and Pattern-Generating

Neural Microcircuits In Vivo

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Supplemental Information includes:

- Supplemental Figures and Legends S1 to S5
- Supplemental Experimental Procedures
- Supplemental References



Figure S1, Related to Figure 2, Photostimulation of preB äC respiratory-modulated light responsive units in Dbx1-ChR2 (gray) and SST-ChR2 (blue) mice at 4 different laser intensities (red, 1 mW; green, 3 mW; yellow, 5 mW; purple, 7 mW). Scale bar, 1 s.



Figure S2, Related to Figure 4A, SST receptors in preB α C effectively blocked by CSST microinjections. Left: GG_{EMG} and \int GG_{EMG} traces show the changes in *f* under the following conditions in anesthetized mice: control; SST: after bilateral injection of SST into preB α C; CSST: after bilateral injection of CSST into preB α C; SST after CSST: after the second bilateral injection of SST, i.e., same dose of SST that resulted in the lower frequency before CSST did not suppress breathing after CSST. Scale bar, 10 s. Right: Breathing frequency (n=4) under the above-described conditions. Error bars represent mean ±SD.



Figure S3, Related to Figure 6D, Doublets elicited by bilateral preB &C LPP after block of postsynaptic inhibition in Dbx1-ChR2 mice. Scale bar, 2 s.



Figure S4, Related to Figure 8, Parceling effects of photoactivating preB äC respiratory-related neuronal subpopulations in mice on breathing. The core excitatory circuit of rhythmogenic preinspiratory neurons exciting pattern generating inspiratory neurons (red circles) is modulated by various inhibitory subpopulations (blue circles). The gray lines represent our interpretation of the site(s) of various effects of photostimulation (in rounded rectangles) in different mouse models, i.e., directly on rhythm or pattern generating preB äC circuits (red) or via inhibitory neurons (blue), either within or outside preB äC.



Figure S5, Related to the Experimental Procedures, Example of injection site in preB äC for bicuculline/strychnine or CSST demarked by coinjection of fluorescent beads. A, Representative confocal mosaic micrograph of sagittal brainstem section shows the location of preB äC injection of bicuculline and strychnine (purple arrow). Scale bar, 500 µm. VII, facial nucleus; B äC, B äzinger Complex; LRN, lateral reticular nucleus. B, High-magnification micrograph showing fluorescent beads (purple arrows) intermingled with SST⁺ neurons (white arrows). Scale bar, 50 µm.

Supplemental Experimental Procedures

Animals

Transgenic mice were generated by crossing mice expressing Cre recombinase either in Dbx1-derived neurons (Dbx1-Cre mice: Dbx1-Cre animals were a gift from J. Corbin, Bielle et al., 2005), or SST⁺ neurons (Sst-IRES-Cre, abbreviated as SST-Cre: *Sst^{im2.1(cre)Zjh*/J, Stock Number: 013044, obtained from Jackson labs), with *floxed-ChR2-tdTomato* mice (Ai27; ChR2(H134R)-tdTomato; Jackson labs, Stock Number: 012567). These crosses generated mice expressing ChR2 in either Dbx1-derived neurons (Dbx1-Cre;ChR2(H134R)-tdTomato, abbreviated as Dbx1-ChR2) or SST⁺ neurons (Sst-IRES-Cre;ChR2(H134R)-tdTomato, abbreviated as SST-ChR2). Viral injections were performed on adult male SST-Cre mice (Jackson labs, Stock Number: 013044). All experiments in this study were performed on adult male mice, either wild type (24-28 g) or SST-Cre (26-30 g; average post-surgery duration of ~30 days), Dbx1-ChR2 (28-36 g), or SST-ChR2 (24-30 g). Unless otherwise specified, mice were vagus intact.}

Viral vector design

We used an adeno-associated viruses (AAV2) encoding ChR2-eYFP driven by the constitutive promoter Efl α in a double floxed inverted open reading frame configuration (DIO-ChR2). The viral construct *AAV2/1-Efl\alpha-DIO-ChR2-eYFP* (Addgene plasmid 20298; provided by K. Deisseroth, Stanford University, Palo Alto, CA; Cardin et al., 2009) was produced by the University of Pennsylvania Gene Therapy Program Vector Core. We used a ChR2 variant with the H134R mutation, which produces a twofold increase in the steady-state current as compared to the wild type variant of ChR2 (Adamantidis et al., 2007; Gradinaru et al., 2007).

Viral injections

Mice were anesthetized with isoflurane (4% for induction and 2% for maintenance) and placed in a stereotaxic apparatus (David Kopf Instruments) with Bregma and Lambda skull landmarks level. Two holes were drilled in the skull 6.80 mm caudal to Bregma and 1.20 mm lateral to the midline (Paxinos and Franklin, 2003). 100-200 nl of virus solution (ChR2: 5-10x10¹² GC/ml) per side was then injected 4.65 mm ventral from the dorsal surface of the brain into the preB äC through a glass pipette connected to a pressure ejection system (Picospritzer II; Parker Hannafin). The pipette was left in place for 5 min after injection to minimize backflow. The wound was closed with 5-0 non-absorbable sutures. The mice were returned to their home cage and given 2-3 weeks to recover to allow for sufficient levels of protein to express.

Surgical procedures for ventral approach

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Adult mice were anesthetized with ketamine and xylazine (100 and 10 mg/kg, respectively, i.p.). Atropine (0.5 mg/kg, i.p.) was given to prevent bradycardia and excessive airway secretion. Isoflurane (1-2% volume in air) was administered throughout an experiment. The level of anesthesia was assessed by the suppression of the withdrawal reflex. A tracheostomy tube was placed in the trachea through the larynx, and respiratory flow was detected with a flow head connected to a transducer to measure airflow (GM Instruments) that was integrated for tidal volume (V_T). Coupled EMG wire electrodes (Cooner Wire) were inserted into the genioglossus (GG) muscles. Wires were connected to amplifiers (Grass Model P511; Grass Instruments) and activity was sampled at 2-4 kHz (Powerlab 16SP; AD Instruments). The mice were placed in a supine position in a stereotaxic instrument (David Kopf Instruments). The larynx was denervated, separated from the pharynx, and moved aside. The basal aspect of the occipital bone was removed to expose the ventral aspect of the medulla. The canal of the hypoglossal nerve (XII) served as a suitable landmark. The preB äC were 0.15 mm caudal to the hypoglossal canal, 1.20 mm lateral to the midline, and 0.24 mm dorsal to the ventral medullary surface.

Photostimulation

Once the ventral brainstem surface was exposed, a 473 nm laser (OptoDuet Laser; IkeCool) connected to a branching fiber patch cord with two 200 µm diameter fibers (Doric Lenses) was placed in soft contact with the ventral surface, 0.15 mm caudal to the hypoglossal canal and 1.20 mm lateral to the midline (Figure 1E), ~250 µm ventral to the preB äC. Laser power was set at 7 mW. Short Pulse Photostimulation (SPP; 100-300 ms) and Long Pulse Photostimulation (LPP; 4-10 s) were delivered under the command of a pulse generator (Pulsemaster A300 Generator; WPI) connected to the laser power supply. Stimulating ventral neuronal axons in the midline, or 600 µm rostral/caudal to preB äC in Dbx1-ChR2 or SST-ChR2 mice served as a control and did not produce significant effects. No effects were produced by preB äC photostimulation 10 s after bilateral preB äC lesion in Dbx1-ChR2 mice.

Pharmacological injection experiments

Bicuculline methiodide (Tocris Bioscience), a GABA_A receptor antagonist, and strychnine hydrochloride (Sigma-Aldrich), a glycine receptor antagonist, were injected together (B+S, 250 μ M each, 50-60 nl/side) to block fast inhibitory synaptic transmission. Cyclosomatostatin (125 μ M, 50-60 nl/side; Sigma-Aldrich) was used as a broad spectrum somatostatin receptor antagonist. Fluorescent polystyrene beads (0.2% solution; Invitrogen) diluted in saline were injected for post hoc confirmation of injection sites (Figure S5, purple arrow), and somatostatin (SST) immunoreactivity was used as a marker of the preB α C. Injections were made using micropipettes (~40 μ m tip), placed bilaterally into the preB α C. Injections targeted to the center of the preB α C were placed 0.15 mm caudal to the hypoglossal canal, 1.20 mm lateral to the midline, and 0.24

mm dorsal to the ventral medullary surface. Small corrections were made to avoid puncturing of blood vessels on the surface of the medulla. All injections were made using a series of pressure pulses (Picospritzer; Parker-Hannifin).

Analysis of the strength of the Breuer-Hering inflation reflex

The Breuer-Hering inflation reflex (BHIR) was triggered by inflating the lungs using constant positive air pressure (CPAP; 8 cm H₂O). The strength of the BHIR (SBHIR) was evaluated by measuring the duration of the resultant inflationinduced apnea (T_{E-INF}). CPAP was terminated after the reflex was "broken", i.e., when inspirations reappeared despite CPAP. SBHIR was calculated as [(T_{E-INF}/T_{E-CON})-1], where T_{E-CON} is the expiratory duration during the control period immediately preceding CPAP (Janczewski et al., 2013).

Unit recordings

To record neuronal activity from the preB α C, mice were anesthetized and positioned supine on a stereotaxic frame. The ventral surface of the brainstem was exposed as described above, and the meninges ruptured. Melted 5-10% agar was placed on the medullary surface to prevent the movement of the brainstem. A glass electrode (~3 µm inner tip diameter) was connected to a headstage (HZP; Grass Instruments), and spike activity was recorded 0.15 mm caudal to the hypoglossal canal, 1.20 mm lateral to the midline, and 0.15-0.35 mm dorsal to the ventral medullary surface. The signal was amplified and sampled at 10 kHz (PowerLab 16SP; ADInstruments). The optic fiber was positioned adjacent to the glass electrode, in soft contact with the ventral surface 0.13-0.15 mm caudal to the hypoglossal canal and 1.20 mm lateral to the midline, ~250 µm ventral to the center of preB α C. Timed photostimulation was applied to identify neurons and determine their response to laser stimulation.

Histology

At the end of each experiment, mice were transcardially perfused with saline followed by 4% paraformaldehyde in phosphate buffer. The brains were collected, postfixed overnight at 4 °C and cryoprotected in 30% sucrose in PBS for 24-48 h before sectioning. 40 µm brainstem transverse sections were then cut using a cryostat (CryoStar NX70, Leica Microsystems). Serial sections were immunostained for detection of specific neuronal markers.

Immunohistochemistry was performed according to the following protocol. Free-floating sections were rinsed in PBS and incubated with 10% normal donkey antiserum (NDS) and 0.2% Triton X-100 in PBS for 60 min to reduce nonspecific staining and increase antibody penetration. Sections were incubated overnight with primary antibodies diluted in PBS containing 1% NDS and 0.2% Triton X-100. The following day, sections were washed in PBS, incubated with the

specific secondary antibodies conjugated to the fluorescent probes diluted in PBS for 2 h. Sections were further washed in PBS, mounted, and coverslipped with Fluorsave mounting medium (Millipore). The primary antibodies used for this study were as follows: rabbit polyclonal anti-somatostatin-14 (1:500; Peninsula Laboratories), mouse monoclonal anti-NeuN (1:500; Millipore; MAB377), rabbit anti-NK1R (1:500, Chemicon) and chicken polyclonal anti-GFP (1:500; Aves Labs). DyLight488 or Cy2 donkey anti-chicken, Rhodamine Red-X donkey anti-rabbit, DyLight488 donkey anti-rabbit, Cy5 donkey anti-rabbit, DyLight488 donkey anti-mouse and Cy5 donkey anti-mouse conjugated secondary antibodies (1:250; Jackson ImmunoResearch) were used to detect primary antibodies. Slides were observed under an AxioCam2 Zeiss fluorescent microscope connected with AxioVision acquisition software or under a LSM510 Zeiss confocal microscope with Zen software (Carl Zeiss). Images were acquired, exported in TIFF files, and arranged to prepare final figures in Zen software (Carl Zeiss) and Adobe Photoshop (Adobe).

Data analysis and statistics

Traces were recorded on a computer using LabChart 7 Pro (AD Instruments) and analyzed using LabChart 7 Pro (ADInstruments), Excel, and Igor Pro (Wavemetrics, Inc.) software. The absolute value of GG_{EMG} signals was digitally integrated with a time constant of 0.05 s to calculate peak amplitude. The flow signal was high-pass filtered (>0.1 Hz) to eliminate DC shifts and slow drifts, and used to calculate respiratory rate, period, inspiratory (T_I) and expiratory (T_E) durations. After filtering, the flow signal was digitally integrated to obtain tidal volume (V_T).

In photostimulation experiments, an average of 3-5 identical stimuli were applied in each mouse for each experiment. For mice using for phase resetting analysis, at least one stimulus was given in each time bin (see below). Unpaired t-tests were used to determine statistical significance of changes before and after photostimulation or pharmacological injections. For statistical comparisons of more than two groups, repeated-measures (RM) ANOVAs were performed. For one-way and two-way RM ANOVAs, post hoc significance for pairwise-comparisons was analyzed using Holm-Sidak method. The n value indicates the number of mice used for statistic analysis. Significance was set at p<0.05. Data are shown as mean±SD.

Reset analysis

The photostimulation-evoked reset of the respiratory pattern was studied by applying bilateral preB $\ddot{\alpha}$ C SPP at different times throughout the respiratory cycle. The respiratory cycle duration was defined as the time between peaks of successive integrated flow. Perturbed cycle duration is the respiratory period during the light-affected cycle. The cycle immediately preceding the perturbed cycle is defined as control cycle. The times at which stimulation was delivered were translated into phases (stimulus phase), which were calculated based on the time from the peak of the previous integrated

flow to the onset of stimulus delivery, divided by the control cycle duration (Lewis et al., 1990). The stimulus phase was binned into 10 equally sized (36 $^{\circ}$) phase bins (Witt et al., 2013). The shift in respiratory phase resulting from bilateral preB α C SPP (phase shift) was calculated as the perturbed cycle duration divided by the control cycle duration. If the stimulation had no effect, the perturbed cycle duration would equal the control cycle duration, and the phase shift value would be 1.0. If the photostimulation leads to a phase advance, the value is <1.0, and, if the photostimulation leads to a phase delay, the value is >1.0. The observed phase shifts were averaged over each bin. Phase response curves (PRCs) were then generated by plotting the phase shift versus the stimulus phase using software written in Igor Pro (Wavemetrics, Inc.).

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