

## **UC San Diego**

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Message from the Chief Clinical Officer

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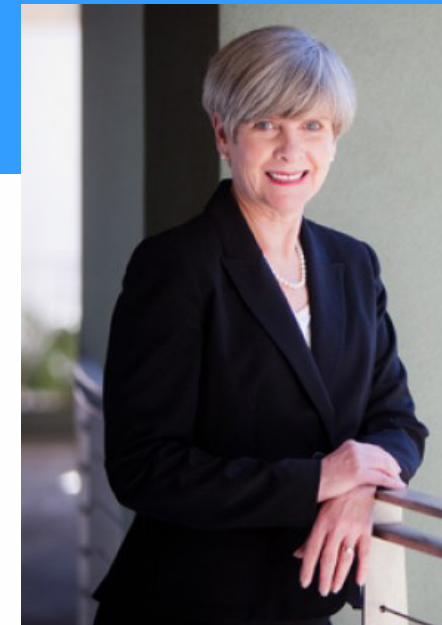
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## Five Magnet Componets

- Transformational Leadership
- Structural Empowerment
- Exemplary Professional Practice
- New Knowledge and Innovation
- Empirical Outcomes

Shared Governance committee membership is a great way to become personally involved in the Magnet journey and to help shape the future of nursing at UCSD. For more information go to our nursing website at [http:// medinfo.ucsd.edu/ nursing/ committees/](http://medinfo.ucsd.edu/nursing/committees/) to learn about committee membership opportunities.



## Message from the Chief Clinical Officer

Welcome to the 15th issue of the UC San Diego Health Nursing Journal. This issue will focus on Oncology Nursing: Transforming Care and Improving Outcomes across the Continuum. Did you know that there are over 600 nurses working in Oncology services? RN's, LVN's, and Advanced Practice Providers practice in various settings including the Moores Cancer Center, the Ambulatory Clinics, the Jacobs Medical Center, the Hillcrest Medical Center, and the Outpatient Pavillion. And, over 50% of the APP's and RN's have earned their advanced certifications! These nurses are providing exceptional care to our patients in both the inpatient and outpatient settings.

With the addition of the recently opened Koman Outpatient Pavilion (KOP), UC San Diego Health can now offer a “one stop shop” for patients diagnosed with Breast Cancer in our new Comprehensive Breast Health Center (CBHC). This truly enables our nurses to embrace the essence of our Nursing Professional Practice Model, where “our focus on developing caring relationships with patients, families, each other and ourselves allows us to create an environment where feeling cared for is an everyday experience”.

I was so pleased to see the themes of patient and family centered care along with having an interprofessional approach being reflected and valued by our teams. In the article “An Extraordinary Outcome due to Family Presence in an ICU,” we learn about a gentleman in Thornton ICU that rapidly decline due to a superbug. It was a family member who suggested trying a type of therapy which the nurses, doctors, and therapists from the Pulmonary, Critical Care and Infectious Disease departments agreed would be worth pursuing. It was the first application in the United States of this type of therapy (bacteriophage) and was credited to saving his life along with the staff from Thornton ICU. What a wonderful outcome showing a truly collaborative environment! You can read even more articles about teamwork in both, “Changing the Care Delivery Model using Clinical Nurse Leaders and Licensed Vocational Nurses in the Oncology Setting” and “Nurses and Radiation Therapists as Superheroes”.

Innovation is another theme that is prevalent in many articles. “Implementing Proactive Code RN Unit Rounds to Decrease Mortality and Provide Peer support for Nursing Staff”, “the Implementation of an ICU Dairy Program to Prevent Post-Intensive Care Syndrome”, and “CAR-T Therapy: A Novel Treatment for Patients with Relapsed Lymphoma or Leukemia” are great examples of our nurses creating new processes and using cutting-edge therapies to help our patients achieve better outcomes. I applaud all of you for being so creative in finding new and improved ways to care for our patients.

Nurses Week is a wonderful time to celebrate the dedication and commitment of our entire nursing team and to recognize how hard these team members work each day. Reading “Strategies Promote Staff Wellbeing and Prevent Burnout in Inpatient Oncology Units” I am reminded how important it is to take the time to care for ourselves as well as our patients. I encourage all of you to take some time and enjoy the activities we have planned during the week of May 7-10 to celebrate Nurses Week! Activities include Gourmet Food Truck events with free chair massages and a photo booth, Gratitude Table, Nursing Podcast, Bannister House Fiesta, and the MAGNET focused 2018 Nursing Excellence Awards

Wishing you a wonderful Nurses Week.

In Gratitude,

**MARGARITA BAGGETT, MSN, RN**  
CHIEF CLINICAL OFFICER