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## Metabolism of profenofos to 4-bromo-2-chlorophenol, a specific and sensitive exposure biomarker

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### ABSTRACT

Profenofos is a direct acting phosphorothioate organophosphorus (OP) pesticide capable of inhibiting  $\beta$ -esterases such as acetylcholinesterase, butyrylcholinesterase, and carboxylesterase. Profenofos is known to be detoxified to the biologically inactive metabolite, 4-bromo-2-chlorophenol (BCP); however, limited data are available regarding the use of urinary BCP as an exposure biomarker in humans. A pilot study conducted in Egyptian agriculture workers, demonstrated that urinary BCP levels prior to application (3.3–30.0  $\mu\text{g/g}$  creatinine) were elevated to 34.5–3566  $\mu\text{g/g}$  creatinine during the time workers were applying profenofos to cotton fields. Subsequently, the *in vitro* enzymatic formation of BCP was examined using pooled human liver microsomes and recombinant human cytochrome P-450s (CYPs) incubated with profenofos. Of the nine human CYPs studied, only CYPs 3A4, 2B6, and 2C19 were able to metabolize profenofos to BCP. Kinetic studies indicated that CYP 2C19 has the lowest  $K_m$ , 0.516  $\mu\text{M}$  followed by 2B6 ( $K_m = 1.02 \mu\text{M}$ ) and 3A4 ( $K_m = 18.9 \mu\text{M}$ ). The  $V_{max}$  for BCP formation was 47.9, 25.1, and 19.2 nmol/min/nmol CYP for CYP2B6, 2C19, and 3A4, respectively. Intrinsic clearance ( $V_{max}/K_m$ ) values of 48.8, 46.9, and 1.02 ml/min/nmol CYP 2C19, 2B6, and 3A4, respectively, indicate that CYP2C19 and CYP2B6 are primarily responsible for the detoxification of profenofos. These findings support the use of urinary BCP as a biomarker of exposure to profenofos in humans and suggest polymorphisms in CYP 2C19 and CYP 2B6 as potential biomarkers of susceptibility.

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### 1. Introduction

Organophosphorus (OP) pesticides are the most commonly used pesticides throughout the world (Sultatos, 1994). This together with their potential to produce acute and chronic neurotoxic responses, positions these compounds as environmental chemicals of concern to human health. It is generally accepted that inhibition of acetylcholinesterase (AChE) is the primary mechanism by which OPs cause acute neurotoxicity (Jamal and Julu, 2002; Farahat et al., 2003). OP inhibition of AChE, decreases the hydrolysis of acetylcholine in both central and peripheral cholinergic synapses, resulting initially in overstimulation of nicotinic and muscarinic receptors followed by receptor down-regulation on post-synaptic membranes (Costa, 2006). Acute OP poisoning is generally thought

to be mediated primarily by overstimulation of receptors secondary to AChE inhibition, whereas it has been hypothesized that chronic OP neurotoxicity is due to receptor down-regulation (Costa, 2006). Most OP pesticides require bioactivation by cytochrome P-450s (CYPs) to form the active oxon metabolite which are potent cholinesterase inhibitors (Ma and Chambers, 1994).

In contrast to most OP pesticides, the parent form of profenofos is active, and CYP-mediated metabolism results in oxidative bioactivation and detoxification reactions (Wing et al., 1984; Abass et al., 2007). Profenofos [O-(4-bromo-2-chlorophenyl) O-ethyl S-propyl phosphorothioate] is a thiophosphate OP pesticide (O=P-S-C) that was developed for pest strains resistant to chlorpyrifos and other OPs (Gotoh et al., 2001). On average, approximately 775,000 pounds of profenofos is applied to about 5% of the approximately 13,818,000 acres of cotton grown within the United States per year (U.S. EPA, 2006). It has been classified as a moderately hazardous (Toxicity Class II) pesticide by the World Health Organization (WHO) and it has a moderate level of acute toxicity following oral and dermal administration (Malghani et al., 2009; Abass et al., 2007). The use of OP pesticides, such as profenofos and chlorpyrifos,

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is common in the Nile River delta of Egypt, where agriculture is a vital component of its national identity and economy. Our group has previously investigated chlorpyrifos exposure and effects in Egyptian cotton field workers by determining the relationship between chlorpyrifos exposure, as determined by quantification of the chlorpyrifos specific urinary metabolite, trichloro-2-pyridinol (TCPy), and toxicity, as determined by blood cholinesterase activity and neurobehavioral performance (Farahat et al., 2003, 2010, 2011). However, biomarkers of profenofos exposure and effect have not been reported in these agriculture workers or any other occupational cohort.

Despite the unique ability of profenofos to inhibit cholinesterase without biotransformation, few studies have investigated profenofos in animal or human models. Animal studies with profenofos are limited to the WHO Evaluation of Profenofos (WHO, 2007) and a study in rats by McDaniel and Moser (2004). Human studies are limited to cases of accidental poisoning (Eddleston et al., 2009; Gotoh et al., 2001), an agricultural worker study assessing cholinesterase inhibition with chlorpyrifos and profenofos (Lakew and Mekonnen, 1998), and an *in vitro* study of profenofos metabolism which measured the formation of the toxicologically active metabolite, desthiopropylprofenofos and hydroxyprofenofos (Abass et al., 2007).

The current study will focus on the metabolism of profenofos to its detoxified metabolite 4-bromo-2-chlorophenol (BCP) (Fig. 1). BCP is a metabolite unique to profenofos and therefore may represent a sensitive and specific biomarker of exposure for individuals exposed to profenofos.

## 2. Materials and methods

### 2.1. Chemicals

Profenofos (CAS 41198-08-7) and 4-bromo-2-chlorophenol (CAS 3964-56-5) were purchased from ChemService Inc (West Chester, PA). Tetraisopropyl pyrophosphoramide (iso-OMPA; CAS 513-00-8) was purchased from Sigma–Aldrich (St. Louis, MO) and Bis(trimethylsilyl)trifluoroacetamide (BSTFA) was obtained from SUPELCO (Bellefonte, PA). Pooled human liver microsomes (HLM, which contains liver microsomes pooled from 50 donors of mixed sex, 20 mg/ml stock) were obtained from Xenotech (Lenexa, KS). Recombinant human cytochrome P450s were purchased from BD Gentest (Woburn, MA).

### 2.2. Human exposure to profenofos

The human exposure study took place in the Menoufia governorate of Egypt, which is situated in the Nile River delta north of Cairo. Egypt's Ministry of Agriculture directs the use and application of pesticides in the cotton fields and employs workers in one of the following job categories (Farahat et al., 2003, 2010, 2011): (1) applicator, who applies pesticides with backpack sprayers; (2) technician, who walks each row with the applicator to direct the path of the applicator; and (3) engineer, who periodically walks the field but more often directs the application process from the edge of the field and oversees the mixing and loading of pesticides into backpack sprayers. Workers applied profenofos to cotton from July 30 to August 8, 2008. During the summer of 2008, spot urine samples were collected from workers prior to (July 24) and during the period of application (August 4). Samples were placed on wet ice in a cooler and transported to Menoufia University (Shebin El-Kom, Egypt) where they were stored at  $-20^{\circ}\text{C}$  until shipped on dry ice to the University at Buffalo (Buffalo, NY) for analyses.

A 1 ml aliquot of each urine sample was thawed and mixed prior to the addition of 50 ng of internal standard 2,4,5 trichlorophenol. Samples were then hydrolyzed to free sulfate or glucuronide conjugated BCP (Gotoh et al., 2001) at  $80^{\circ}\text{C}$  for 1 h with 100  $\mu\text{l}$  of 12 N HCl, and extracted with 1 ml of toluene. The toluene extract was then derivatized with BSTFA at  $70^{\circ}\text{C}$  for 1 h and analyzed by gas chromatography–micro electron capture detection (GC/ $\mu\text{ECD}$ ) as described in metabolite detection. Creatinine concentrations were measured for all workers using the Jaffe reaction (Fabiny and Ertingshausen, 1971) and urine BCP concentrations are expressed as  $\mu\text{g/g}$  creatinine.

### 2.3. In Vitro metabolism

Profenofos (5  $\mu\text{M}$ ) was incubated with pooled human liver microsomes (0.1 mg protein/ml) in buffer (100 mM Tris–HCl, 5 mM  $\text{MgCl}_2$ , 1 mM EDTA and 50  $\mu\text{M}$  iso-OMPA; pH 7.4) at  $37^{\circ}\text{C}$  in a final volume of 0.5 ml. EDTA was included to inhibit  $\alpha$ -esterases while iso-OMPA was used to inhibit  $\beta$ -esterases (Reiner et al., 1993).

Profenofos was dissolved in dimethylsulfoxide (DMSO) at a final concentration in the reaction medium of 1%. Incubation conditions were optimized to assure that the reaction was linear with time and protein concentration. All incubations were initiated by adding 1 mM NADPH and quenched with 50  $\mu\text{l}$  of 12 N HCl. Preliminary studies showed that the hydrolysis step was not necessary *in vitro*. For kinetic studies, pooled human liver microsomes (0.1 mg protein/ml) were incubated with profenofos (0.1, 0.5, 1, 2.5, 5, 10, 20, 40, and 80  $\mu\text{M}$ ) for 2 min. Recombinant human CYPs 3A4, 2C19, 2B6, 1A1, 1A2, 2C9, 2A6, 2D6, and 2E1 were incubated with profenofos at a low (1  $\mu\text{M}$ ) and high concentration (10  $\mu\text{M}$ ) to identify CYPs capable of metabolizing profenofos. Profenofos was then incubated at concentrations of 0.5, 1, 5, 10, 20, 40 and 80  $\mu\text{M}$  with the active CYPs (1 nmol/ml) in buffer (100 mM Tris–HCl, 5 mM  $\text{MgCl}_2$ , 1 mM EDTA and 50  $\mu\text{M}$  iso-OMPA; pH 7.4) at  $37^{\circ}\text{C}$  with a final volume of 0.5 ml for 2 min. 25 ng of 2,4,5 trichlorophenol was added to the mixture followed by 0.5 ml of toluene. The final mixture was centrifuged followed by extraction of the supernatant. The samples were then derivatized with BSTFA at  $70^{\circ}\text{C}$  for 1 h and then analyzed by the GC/ $\mu\text{ECD}$ .

### 2.4. Metabolite detection

BCP was analyzed using a modification of the method described by Farahat et al. (2010). The method described in Farahat et al. (2010) was transferred and modified to allow for increased sensitivity of BCP measurement on the GC/ $\mu\text{ECD}$ . A change in the detector from GC/MS to GC/ $\mu\text{ECD}$  required modifications in the internal standard as well as derivatizing agent. BCP was identified using a relative retention time with internal standard and measured through the use of known concentrations of BCP standards. The amount of BCP measured using the GC/ $\mu\text{ECD}$  was comparable to the amount measured when using GC/MS. The optimized method was used for both urine and *in vitro* analyses and described as follows:

Samples were analyzed on an Agilent gas chromatograph model 6890 equipped with a micro-electron capture detector ( $\mu\text{ECD}$ ) and a capillary column (Rtx-5 with integra-guard, 65 m  $\times$  250  $\mu\text{m}$   $\times$  0.25  $\mu\text{m}$  nominal) (Restek; Bellefonte, PA). Ultra pure helium (He) carrier gas was used at a flow rate of 1.2 ml/min. The detector temperature was set at  $325^{\circ}\text{C}$  with ultra-pure nitrogen ( $\text{N}_2$ ) as its make-up gas and a flow rate of 60 ml/min. The starting oven temperature of  $100^{\circ}\text{C}$  was held for 1 min and increased at  $10^{\circ}\text{C}/\text{min}$  up to  $300^{\circ}\text{C}$  and then held for 4 min. The injection port temperature was set at  $250^{\circ}\text{C}$  with a split ratio of 1:10 and an injection volume of 1  $\mu\text{l}$ . Under these conditions, the BCP limit of detection and limit of quantification were 0.16 ng/ml and 0.54 ng/ml respectively (U.S. EPA MDL).

### 2.5. Data analysis

The kinetic values  $V_{\text{max}}$  and  $K_m$  were determined by non-linear regression analyses (enzyme kinetics module of Sigma Plot, SyStat Software Inc., V11) of hyperbolic plots obeying Michaelis–Menten kinetics. Profenofos concentration ( $\mu\text{M}$ ) was set as the independent variable while the rate of formation of BCP (nmol/min/mg protein or nmol/min/nmol CYP) was the dependent variable. Urinary BCP levels during the profenofos application period were compared with the levels prior to application using a Wilcoxon Signed Rank Test, with significance set at  $p < 0.05$ .  $K_m$ ,  $V_{\text{max}}$ , and intrinsic clearance values for all three recombinant CYPs were compared using one-way ANOVA with Tukey's *post hoc* analysis.

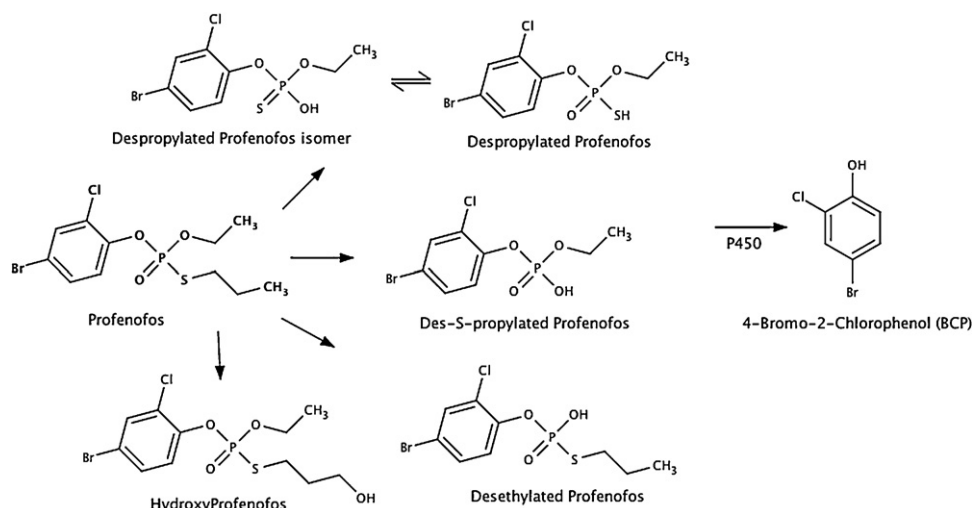
## 3. Results

### 3.1. Urinary BCP analysis

The urinary BCP concentrations were quantified in Egyptian agriculture workers for each job category prior to (July 24, 2008) and during the period of profenofos application (August 4, 2008). Table 1 shows that all workers, regardless of job category, had detectable amounts of urinary BCP prior to the spray period for profenofos, indicating that the workers were exposed to low background levels of profenofos and/or BCP prior to the beginning of the spray period. The urinary concentrations of BCP increased markedly during the period of profenofos application. The applicators had the highest levels of BCP, both prior to and during profenofos application, followed by the technicians and engineers (Table 1).

### 3.2. In Vitro metabolism

Pooled human liver microsomes and recombinant human CYPs were used to determine kinetic values ( $K_m$  and  $V_{\text{max}}$ ) for metabolism of profenofos to BCP. A 2 min incubation time was determined to be within the linear range of metabolite formation and BCP was the major metabolite formed when profenofos was



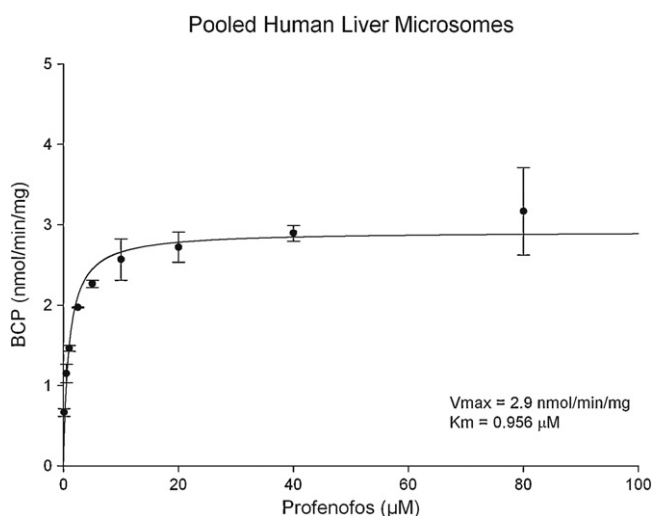
**Fig. 1.** Metabolism of profenofos to its metabolites hydroxyprofenofos, desethylated profenofos, des-S-propylated profenofos, despropylated profenofos, despropylated profenofos isomer, and BCP. Figure is an adaptation from figures presented in Gotoh et al. (2001) and Abass et al. (2007).

**Table 1**  
Urinary BCP concentration ( $\mu\text{g/g}$  creatinine) in Egyptian agriculture workers prior to and during application of profenofos to cotton fields.

| Worker       | Before spray<br>24-July | During spray*<br>4-August |
|--------------|-------------------------|---------------------------|
| Applicator 1 | 29.6                    | 1027                      |
| Applicator 2 | 30.0                    | 3566                      |
| Applicator 3 | 16.5                    | 974                       |
| Technician 1 | 13.4                    | 62.1                      |
| Technician 2 | 3.27                    | 41.2                      |
| Technician 3 | 3.79                    | 172                       |
| Engineer 1   | 3.56                    | 80.8                      |
| Engineer 2   | 4.24                    | 42.8                      |
| Engineer 3   | 11.2                    | 34.5                      |

\* BCP levels during spray period were significantly different from levels prior to spraying period using a Wilcoxon signed rank test ( $p$ -value = 0.008).

incubated with pooled HLM or recombinant human CYPs. A plot of the rate of BCP formation at various profenofos concentrations utilizing pooled HLM was used to derive Michaelis–Menten kinetic parameters (Fig. 2). The  $K_m$  and  $V_{max}$  values were  $0.956 \mu\text{M}$  and



**Fig. 2.** Michaelis–Menten kinetic parameters were derived from the plot illustrating the relationship between BCP formation and profenofos (substrate) concentration using pooled human liver microsomes. Data are presented as the mean  $\pm$  SEM ( $n = 3$  different experiments).

**Table 2**  
Kinetics of profenofos metabolism.

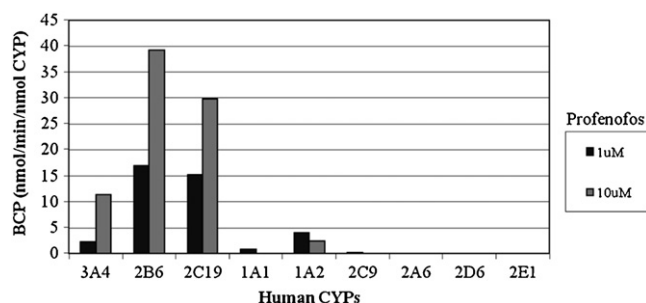
| Enzyme     | $K_m$ ( $\mu\text{M}$ ) | $V_{max}$ (nmol BCP/min/mg protein) | Intrinsic clearance (ml/min/mg protein) |
|------------|-------------------------|-------------------------------------|---|
| Pooled HLM | $0.96 \pm 0.21$         | $2.92 \pm 0.12$                     | $3.11 \pm 0.56$                         |
| Enzyme     | $K_m$ ( $\mu\text{M}$ ) | $V_{max}$ (nmol BCP/min/nmol CYP)   | Intrinsic clearance (ml/min/nmol CYP)   |
| Pooled HLM | $0.96 \pm 0.21$         | $6.21 \pm 0.12$                     | $8.74 \pm 0.56$                         |
| CYP 3A4    | $18.9 \pm 3.48^*$       | $19.2 \pm 1.32$                     | $1.02 \pm 0.11^*$                       |
| CYP 2B6    | $1.02 \pm 0.13$         | $47.9 \pm 1.20^*$                   | $46.9 \pm 1.93$                         |
| CYP 2C19   | $0.52 \pm 0.09$         | $25.1 \pm 0.76$                     | $48.8 \pm 2.99$                         |

$K_m$ ,  $V_{max}$ , and the intrinsic clearance of profenofos metabolism were determined using pooled human liver microsomes (HLM) and recombinant human CYPs 3A4, 2B6, and 2C19. Data are presented as the mean  $\pm$  SEM ( $n = 3$  separate experiments).

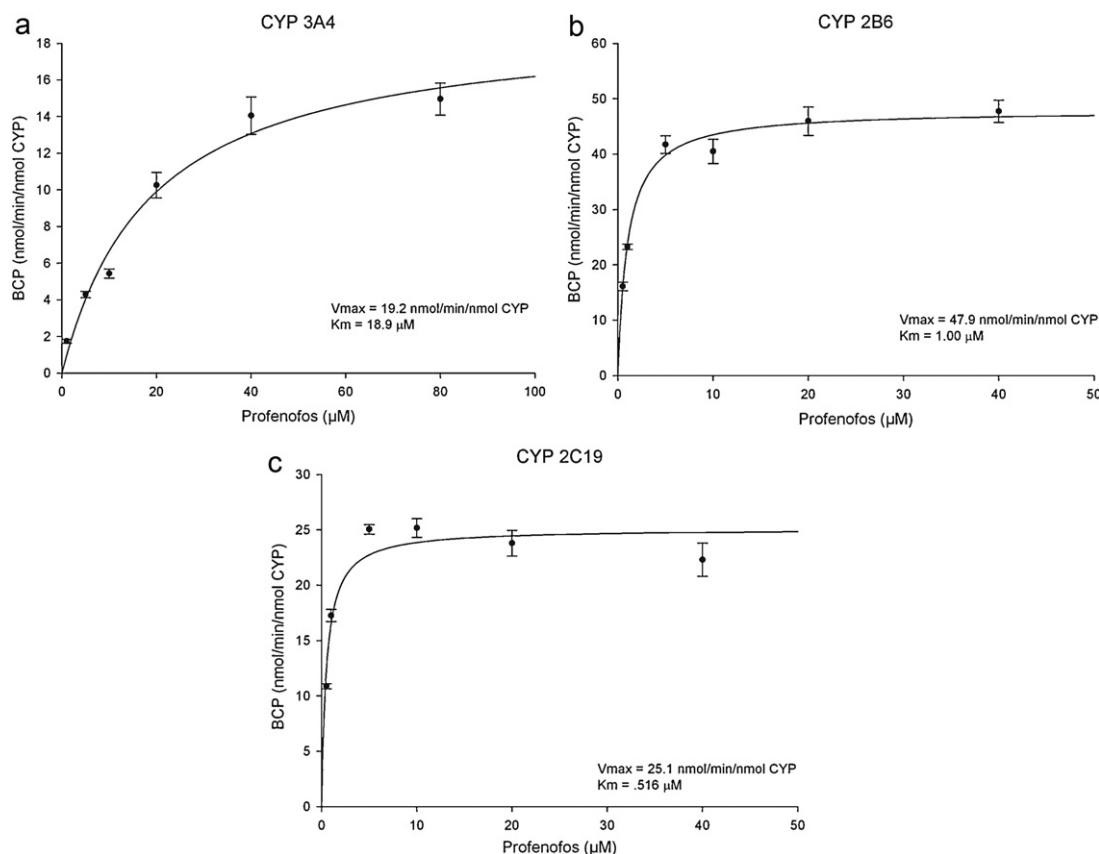
\*  $p < 0.0005$  compared with the other two CYPs determined by one-way ANOVA with Tukey's *post hoc* analysis.

$2.92 \text{ nmol/min/mg}$  respectively, with an intrinsic clearance ( $CL_{int}$ ) of  $3.11 \text{ ml/min/mg}$  (Table 2).

Individual human recombinant cytochrome P450 enzymes were used to screen the specific CYPs which were capable of metabolizing profenofos to BCP. CYPs 3A4, 2B6, and 2C19 were the most active in metabolizing profenofos at either  $1 \mu\text{M}$  or  $10 \mu\text{M}$  to BCP (Fig. 3). Kinetic parameters for profenofos metabolism were obtained from Michaelis–Menten plots illustrating the formation



**Fig. 3.** Differential activity of specific recombinant human CYPs for biotransformation of profenofos at 1 (black) or 10 (gray)  $\mu\text{M}$  to BCP. CYPs 3A4, 2B6, and 2C19 produced the most BCP per minute per nmole of CYP.



**Fig. 4.** Michaelis–Menten kinetic parameters were derived from the plot illustrating the relationship between BCP formation and profenofos (substrate) concentration using recombinant human CYP 3A4, 2B6, and 2C19 (panel a, b, and c respectively). Data are presented as the mean  $\pm$  SEM ( $n = 3$  three different experiments).

of BCP by CYPs 3A4, 2B6, and 2C19 (Fig. 4a–c) and are shown in Table 2. The rank order of  $K_m$  was CYP 2C19 (0.52  $\mu\text{M}$ ) > CYP 2B6 (1.02  $\mu\text{M}$ ) > CYP 3A4 (18.9  $\mu\text{M}$ ). The rank order of  $V_{\text{max}}$  was CYP 2B6 (47.9  $\text{nmol BCP/min/nmol CYP}$ ) > CYP 2C19 (25.1  $\text{nmol BCP/min/nmol CYP}$ ) > CYP 3A4 (19.2  $\text{nmol BCP/min/nmol CYP}$ ). From these two kinetic parameters, the rank order of  $CL_{\text{int}}$  was CYP 2C19 (48.8  $\text{ml/min/nmol CYP}$ )  $\geq$  CYP 2B6 (46.9  $\text{ml/min/nmol CYP}$ ) > CYP 3A4 (1.02  $\text{ml/min/nmol CYP}$ ) (Table 2).

#### 4. Discussion

This is among the first studies to assess the occupational exposure of agriculture workers to profenofos using urinary BCP levels as a sensitive and specific biomarker of profenofos exposure. Egyptian cotton field workers had a wide range of urinary BCP concentrations during the period of profenofos application to cotton fields, with the applicators exhibiting the highest concentrations. This is consistent with their greater potential for exposure to profenofos, and the general lack of personal protective equipment use amongst these workers, which allows for direct contact of the skin with spray residue containing profenofos (Fenske et al., 2012). Similar findings were previously reported in the same workers exposed to chlorpyrifos, with applicators exhibiting the highest level of urinary TCPy, followed by technicians and engineers (Farahat et al., 2010, 2011). Since BCP is a metabolite specific to profenofos, it was somewhat surprising to find low levels of urinary BCP prior to the period of profenofos application. The occasional, non-occupational use of pesticides at home and pesticide residues on food crops may account for the elevated levels of BCP in workers prior to the start of profenofos spray periods on cotton fields. Nonetheless, workers in all three job categories, but especially the applicators, had a

marked increase in urinary BCP levels associated with the period of profenofos application. This observation supports BCP as a sensitive and specific biomarker of profenofos exposure.

Prior studies of profenofos metabolism reported the bioactivation of profenofos to the toxic metabolites desthiopropylprofenofos, and hydroxyprofenofos in rat, mouse, and human liver fractions (Abass et al., 2007). Our study is the first to assess the *in vitro* metabolism of profenofos to the detoxified metabolite BCP by human liver microsomes and purified human recombinant CYPs.

Our screen of nine recombinant human CYPs identified CYPs 3A4, 2B6, and 2C19 as three enzymes capable of detoxifying profenofos to BCP. Michaelis–Menten kinetic parameters for each enzyme provided an estimate of  $K_m$ ,  $V_{\text{max}}$ , and the metabolic efficiency of each enzyme expressed as the intrinsic clearance ( $V_{\text{max}}/K_m$ ). While all three CYPs were capable of catalyzing the formation of BCP, CYPs 2C19 and 2B6 had the highest affinity with  $K_m$  values of 0.52 and 1.02  $\mu\text{M}$ , respectively, in contrast to CYP3A4, which exhibited a  $K_m$  of 18.9  $\mu\text{M}$ . The relative efficiency of each enzyme for profenofos metabolism, as measured by intrinsic clearance, indicates that CYP 2B6 and 2C19 are the primary enzymes responsible for the detoxification of profenofos.

Knowledge of the *in vitro* metabolism of profenofos to BCP has significant potential to inform *in vivo* studies that use urinary BCP as a biomarker of exposure to profenofos. Individual variability in urinary BCP excretion may not only be due to differences in exposure to profenofos, but may also be influenced by genetic differences in CYP2B6 and CYP2C19, which are highly polymorphic (Hodgson and Rose, 2007; Zanger et al., 2007; Goldstein et al., 1997; Crane et al., 2012). Furthermore, serial and/or combined exposures to multiple pesticides have potential to alter enzyme activities and



the resulting excretion of BCP. Cho et al., 2007, suggest that chlorpyrifos and profenofos have the potential to inhibit the catalytic activity of CYP2B6 and CYP2C19, which also metabolizes chlorpyrifos (Foxenberg et al., 2007). Essentially no CYP 2B6 activity remained after *in vitro* chlorpyrifos or profenofos treatment, while 49 and 43 percent of the respective CYP2C19 activity remained after chlorpyrifos and profenofos pretreatment of HLMs (Abass et al., 2009). Chlorpyrifos was also sprayed in the Egyptian cotton fields approximately 2 weeks prior to the beginning of the profenofos application period (Farahat et al., 2010, 2011). Therefore, prior exposure to chlorpyrifos could inhibit CYPs 2B6 and 2C19 mediated metabolism of profenofos. This in turn might increase inhibition of cholinesterase resulting in increased risk of neurotoxicity. Examining the interactive effects of serial exposures to chlorpyrifos and profenofos experienced by Egyptian agricultural workers will be critical to predicting the neurotoxic risks associated with these real-world occupational exposures.

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### Conflict of interest statement

The authors declare no conflict of interest.

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