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## **UC San Diego Previously Published Works**

### **Title**

CONTROL OF EATING ATTRIBUTES AND WEIGHT LOSS OUTCOMES OVER ONE YEAR AFTER SLEEVE GASTRECTOMY IN PEOPLE WITH SEVERE OBESITY

### **Permalink**

<https://escholarship.org/uc/item/5zd4x9rs>

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### **Publication Date**

2023

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**XXVI  
IFSO WORLD  
CONGRESS  
OF BARIATRIC & METABOLIC SURGERY**

**NAPLES, ITALY  
AUGUST 30-SEPTEMBER 1, 2023**

Congress President: Prof. Luigi Angrisani

**ABSTRACTS BOOK**

[www.ifso2023.org](http://www.ifso2023.org)



## WELCOME MESSAGE FROM



**Prof. Luigi Angrisani, *Congress President***



**Prof. Scott A. Shikora, *IFSO President***

*Dear Colleagues and Friends,*

It is a great honour and privilege for us to host the XXVI World Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) in Naples, Italy, twenty-three years after the congress held in Genova, chaired by our mentor, founder and Honorary President of IFSO, Prof. Nicola Scopinaro.

The scientific program is very comprehensive and focused on updating, investigating and better understanding the widest array of topics in the field of the growing adiposity based chronic diseases, through postgraduate courses; symposia, expert talks, discussion panels, hands on skill labs, video sessions, free papers and poster presentations, emerging, endoscopic and new technology sessions and much more.

The aim of the Congress is to educate health care professionals from different specialties, on all the bariatric and metabolic surgery topics as well as to unite across country borders in our fight against the adiposity epidemic.

The XXXI Annual Congress of the Italian Society of bariatric and metabolic surgery (SICOB), chaired by Prof. Mario Musella, will take place in conjunction with the XXVI IFSO World Congress, on August 29th and 30th.

Nine Postgraduate Courses will open the Congress on Tuesday August 29th, followed by three full days of sessions, corporate symposia and other activities until Friday September 1st.

I anticipate that the social program will be as exciting as the scientific program, starting from the Welcome Reception until the Farewell Dinner on Friday night that will close the Congress and will leave in all of us lots of unforgettable memories.

No doubt that you will be welcomed with the famous Italian warmth and with the art of hospitality that our city always offers to its guests.

We look forward to a great Congress in a magic atmosphere!

Luigi Angrisani

*Congress President*



Scott A. Shikora

*IFSO President*



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## DATES & VENUES

### POSTGRADUATE COURSE “Meet the top: all you wanted to know about OAGB”

**28/29 August 2023**

**Hotel Royal Continental**

Via Partenope, 38 - 80121 Naples, Italy

### POSTGRADUATE COURSES

**29 August 2023**

**Hotel Royal Continental**

Via Partenope, 38 - 80121 Naples, Italy

### HOW TO REACH THE COURSES VENUE

#### BY PLANE

From Napoli Capodichino airport take the Alibus busline and get off at Piazza Municipio. Continue on foot to via Acton and take bus 154; get off at the stop for Saint Lucia, and the hotel is just a few steps away.

#### BY TRAIN

From Napoli Centrale railway station, take Metro Line 1 (Garibaldi, just outside the station), going towards Dante, and get off at Toledo. From there, you can take a taxi or enjoy a pleasant walk along Via Toledo and through Piazza del Plebiscito.

#### BY CAR

From the motorway, drive towards Piazza Municipio/Porto, continue on Via Acton, cross the Tunnel della Vittoria and follow Via Morelli. After 100m turn left into Piazza Vittoria. Turn left to stay in the square and then turn left into via Arcoleo. Just before the entrance to the Tunnel della Vittoria, turn right into via Chiaramonte. At number 54, turn right into via Dumas and at the end of the road turn left into the garage of the hotel.

### XXVI IFSO WORLD CONGRESS

**30 August - 1 September, 2023**

**Mostra d’Oltremare**

Via J.F. Kennedy, 40 - 80125 Naples, Italy

### HOW TO REACH THE CONGRESS VENUE

#### BY PLANE

From all major Italian and European cities. From Capodichino Airport by car about 15 minutes or by using buses to Piazza Municipio (from here buses in the direction of Fuorigrotta) or to Central Station (from here by Metro Line 2, Campi Flegrei station). The direction to the Congress Venue is “Fuorigrotta/Stadio/Mostra d’Oltremare”.

#### BY TRAIN

From Central Station (High Speed and Eurostar) connection with Metro Line 2 (Campi Flegrei station, p.le Tecchio), or directly to Campi Flegrei FS Station for regional and intercity Roma/Sicilia trains.

#### BY CAR

Upon arrival in Naples take the Tangenziale and take exit n.10: Fuorigrotta. Follow the signs for Mostra d’Oltremare. The Mostra d’Oltremare has parking spaces for the public with entrances from Viale Kennedy, 54 managed by QuickPark.

# CONGRESS VENUE

**MOSTRA D'OLTREMARE**



Viale Kennedy, 40 - 80125 Napoli (NA)

[www.mostradoltremare.it](http://www.mostradoltremare.it)



# FLOOR PLANS

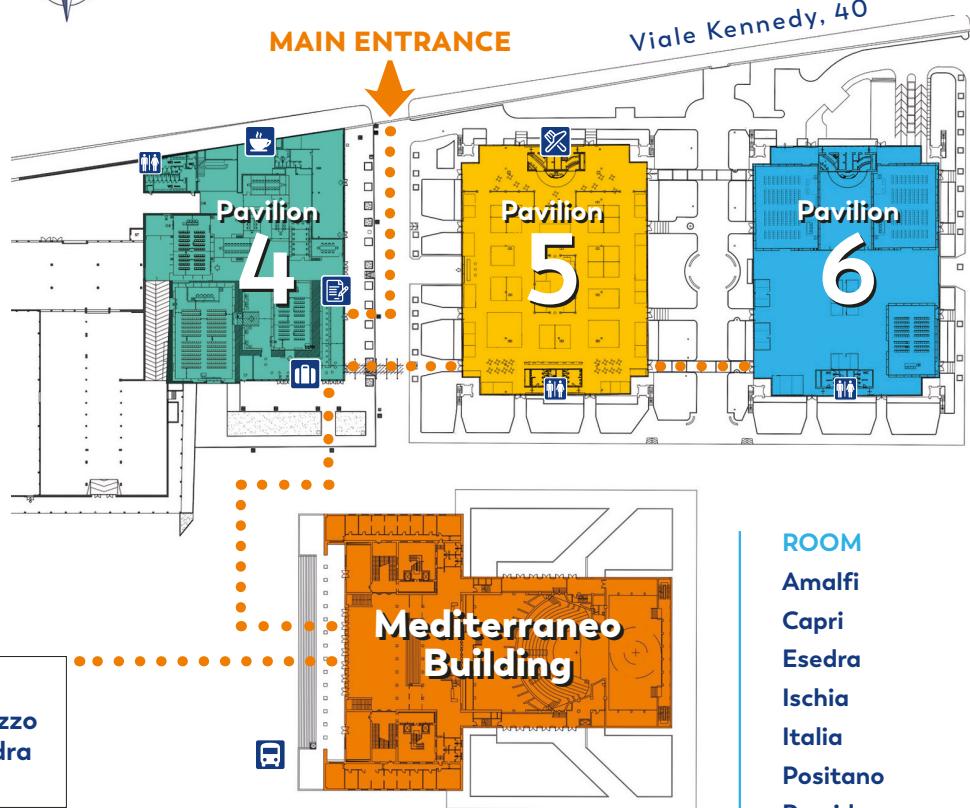
MOSTRA D'OLTREMARE



Viale Kennedy, 40 - 80125 Napoli (NA)  
[www.mostradoltremare.it](http://www.mostradoltremare.it)



Piazzale Tecchio



## ROOMS AND LOCATIONS

Registration & Secretariat	Pavilion 4
Speaker Ready Room	Pavilion 4
Exhibition Area	Pavilion 5 & 6
Catering Area	Pavilion 5
Cash Bar	Pavilion 4
Luggage Storage	Pavilion 4

ROOM	LOCATION
Amalfi	Pavilion 6
Capri	Pavilion 4
Esedra	Palazzo Esedra
Ischia	Pavilion 4
Italia	Mediterraneo Building
Positano	Pavilion 6
Procida	Pavilion 4
Sorrento	Pavilion 6
Theatre	Mediterraneo Building
Meeting room 1	Pavilion 4
Meeting room 2	Pavilion 4
Meeting room 3	Pavilion 4
Meeting room 4	Pavilion 4
Meeting room 5	Pavilion 4

# REGISTRATION FEES



## REGISTRATION FEES

AUGUST 30 | SEPTEMBER 1, 2023



**MOSTRA D'OLTREMARE**  
Viale Kennedy, 54 | Naples, Italy

	<b>REGULAR FEE (FROM JUNE 1 TO AUGUST 28, 2023)</b>	<b>ONSITE FEE</b>
Delegate IFSO Member	€ 550,00	€ 650,00
Delegate IFSO Non Member	€ 650,00	€ 750,00
Integrated Health/Physicians/ WOF-WGO-ISPCOP-ESPCOP-SIAARTI- SOBA Member	€ 250,00	€ 300,00
Residents/Students*	€ 250,00	€ 300,00
Welcome reception ticket for Accompanying Person on August 30	€ 60,00	
Farewell Dinner on September 1	€ 120,00	

Registration fees include IT VAT 22%

\*Students and Residents Fees: undergraduate, postgraduate, PhD. A certification should be uploaded during the registration process.

For more info about registrations, please visit the official website: [www.ifso2023.org](http://www.ifso2023.org)

## INSTITUTIONAL SESSIONS

### **Opening Ceremony**

**Wednesday, 30 August**

h. 17:30

Theatre, Mediterraneo Building | Mostra d'Oltremare

### **Presidential Session**

**Friday, 1 September**

h. 11:00

Theatre, Mediterraneo Building | Mostra d'Oltremare

## NETWORKING OPPORTUNITIES

### **Welcome Reception**

**Wednesday, 30 August**

h. 18:30

Exhibition Area, Pavilion 5 | Mostra d'Oltremare

### **Farewell Dinner**

**Friday, 1 September**

h. 20:00

Bagno Elena Beach Club | Via Posillipo, 14

*This is a ticket event only. To purchase your ticket: [www.ifso2023.org](http://www.ifso2023.org)*

# PROGRAM AT A GLANCE



Please note:  
**This Program is preliminary and it is subject to changes**

MONDAY, 28 AUGUST		> UNIVERSITY FEDERICO II MEDICAL SCHOOL, BUILDING 6, MAIN HALL   VIA PANSINI 5, NAPOLI, ITALY							
17:00   19:30 POSTGRADUATE COURSE MEET THE TOP: ALL YOU WANTED TO KNOW ABOUT OAGB Director: M. Musella		> HOTEL ROYAL CONTINENTAL		>> MOSTRA D'OLTREMARE					
TUESDAY, 29 AUGUST		POSTGRADUATE COURSES		>> MOSTRA D'OLTREMARE					
09:00   16:30 MEET THE TOP: ALL YOU WANTED TO KNOW ABOUT OAGB Director: M. Musella Co-Directors: J.M. Chevallier, J. Himpens, R. Ribeiro, N. Sakran		PREVENTION AND MANAGEMENT OF COMPLICATIONS Director: G. Prager Co-Directors: M. Kurian, J.M. Chevallier, J. Himpens, R. Ribeiro, N. Sakran	REVISIONAL SURGERY HERNIA IN THE PATIENTS WITH OBESITY Director: K. Higa Co-Director: P. Salminen	THE IMPORTANCE OF MULTIDISCIPLINARY CARE IN OPTIMIZING METABOLIC BARIATRIC SURGERY OUTCOMES Director: R. Vilallonga Co-Directors: A. Carasquilla, G. Sileccchia	ENDOSCOPIC BARIATRIC SURGERY Director: S. Perretta Co-Director: N. Zundel	GETTING YOUR RESEARCH PUBLISHED: WHAT THE NEW INVESTIGATORS NEEDS TO LEARN Director: M. O'Kane Co-Director: A. Carasquilla, G. Sileccchia	BARIATRIC SURGERY REGISTRIES Director: W. Brown Co-Directors: R. Liem, G. Navarra	ROBOTIC BARIATRIC SURGERY Director: M. Raffaelli Co-Director: J. Teixeira	XXI ANNUAL CONGRESS OF THE ITALIAN SOCIETY OF BARIATRIC AND METABOLIC SURGERY (SICOB) Congress President: M. Musella
		> HOTEL MEDITERRANEO		MEDITERRANEO BUILDING ROOM ITALIA					

**WEDNESDAY, 30 AUGUST | MOSTRA D'OLTREMARE**

09:00   10:30	<b>ORAL ABSTRACT REVISIONAL BARIATRIC SURGERY PART I</b>	>> PAVILION 6 ROOM AMALFI	>> PAVILION 4 ROOM PROCIDA	>> PAVILION 4 ROOM ISCHIA	>> PAVILION 6 ROOM POSITANO	>> PAVILION 4 ROOM CAPRI	>> PAVILION 6 ROOM SORRENTO	>> PAVILION 6 THEATRE	>> MEDITERRANEO BUILDING ROOM ITALIA	>> PALAZZO ESEDRA ROOM SEDERA
10:30   11:00										
11:00   12:30	<b>ORAL ABSTRACT ERAMBS/MANAGEMENT AND INNOVATION</b>	ORAL ABSTRACT ENDOSCOPIC PROCEDURES/SPECIAL INDICATIONS FOR MBS	ORAL ABSTRACT REVISIONAL BARIATRIC SURGERY PART II	THE ROAD TO SATIETY "UNDERSTANDING INTERRELATIONSHIPS OF BIOLOGY AND BEHAVIOR IN APPETITE AND EATING REGULATION AFTER METABOLIC BARIATRIC SURGERY"	BEST VIDEO CASE REPORTS 2022/2023	CLASS I AND II OBESITY- NEW ASIMPS/IFSO GUIDELINES	ALL OTHER PRIMARY PROCEDURES VS SLEEVE	Chair: K. Higa Moderators: A. Nimeri, F. Pasanisi	Chair: A. Hadad Moderators: J.W. Greve, V. Piloni, A. Ramos, A. Saber	Chair: S. Shikora Moderators: A. Nimeri, F. Pasanisi
12:30   14:00	<b>ORAL ABSTRACT Bipartition/Pllication/ Robotic Surgery</b>	ORAL ABSTRACT NUTRITIONAL MANAGEMENT/NEW DRUGS	ORAL ABSTRACT SLEEVE GASTRECTOMY	PSYCHOSOCIAL ISSUES AND INTERVENTIONS IN PATIENTS UNDERGOING BARIATRIC SURGERY	NEW TECHNOLOGIES - ARTIFICIAL INTELLIGENCE	HIGH RISK PATIENTS: RECURRENT WEIGHT GAIN	CIRRHOSIS, CLASS V OBESITY (BMI >60), HEART/RENAL FAILURE; NEW ASIMPS/IFSO GUIDELINES	Chair: N. Di Lorenzo Moderators: L. Kov, A.M. Rogers	Chair: A. Wittgrove Moderators: M. Anselmino, M. Suter	Chair: G. Prager Moderators: A. Nimeri, P. Perrone Filardi
14:00   15:00										
15:00   16:30	<b>VIDEO ABSTRACT I</b>	ORAL ABSTRACT PERIOPERATIVE MANAGEMENT	ORAL ABSTRACT GERD AND HIATAL HERNIA SWALLOWABLE AND INTRAGASTRIC BALLOONS	ISPCOP Session ANESTHESIA FOR BARIATRIC SURGERY, ROBOTS, ERABS AND ALL YOU NEED TO KNOW TO UPDATE YOUR PRACTICE IN 2023	WCO SESSION OBESITY AND LIVER DISEASE TREATMENT IN 2023	WCO SESSION ADDED BENEFITS OF PHARMACOTHERAPY IN THE TREATMENT OF OBESITY	THE FAVORABLE IMPACT OF MBS ON CANCER	Chair: G. Macedo, S. Shikora Moderator: C. Parmar, Matteo Moto	Chair: R. Rosenthal Moderator: L. Cohen Moderator: L. Busetto, D. Pourmaras	Chair: R. Rosenthal Moderator: L. Cohen Moderator: L. Busetto, D. Pourmaras
16:30   17:00										
17:30   18:30										
18:30   20:00										



Please note:  
**This Program is preliminary and it is subject to changes**



MEDITERRANEO BUILDING | THEATRE  
SICOB CLOSING CEREMONY | IFSO OPENING CEREMONY  
EXHIBITION AREA | WELCOME RECEPTION



14:00 | 15:00  
ETHICON SYMPOSIUM

16:30 | 17:15  
CARDINAL HEALTH SYMPOSIUM

**THURSDAY, 31 AUGUST | MOSTRA D'OLTREMARE**

	>> PAVILION 6 ROOM AMALFI	>> PAVILION 4 ROOM PROCIDA	>> PAVILION 4 ROOM ISCHIA	>> PAVILION 6 ROOM POSITANO	>> PAVILION 4 ROOM CAFFI	>> PAVILION 6 ROOM SORRENTO	>> PAVILION 6 THEATRE	>> MEDITERRANEO BUILDING ROOM ITALIA	>> MEDITERRANEO BUILDING ROOM ESEDRA
08:30   10:00	ORAL ABSTRACT SLEEVE GASTRECTOMY/RYGB/ OAGB	VIDEO ABSTRACT RYGB/OAGB/BIPARTITION	VIDEO ABSTRACT SLEEVE GASTROCTOMY/RYGB/OAGB	WHAT I LEARNED FROM PATIENTS THAT CHANGED OUR PRACTICE Chair: A. Schroeder Moderators: R. Jaiswal, M. Sharma, P. Shah	PRIMARY ENDOSCOPIC PROCEDURES Chair: C. Shier Moderators: M. Bhandari, G. De Palma	GERD AND HIATAL HERNIA - PREOPERATIVE ASSESSMENT Chair: R. Peterli Moderators: D. Birk, P. Iovino	LIVER, KIDNEY, HEART, LUNG, NEW ASMBS/IFSO GUIDELINES Chair: M. Kurian Moderators: M. Bueter, R. Troisi	ROOM ITALIA	ROOM ESEDRA
10:00   10:30	VIDEO ABSTRACT COMPLICATIONS MANAGEMENT/ROBOT IC SURGERY	ORAL ABSTRACT RYGB/OAGB	VIDEO ABSTRACT SURGICAL MANAGEMENT OF COMPLICATIONS I	PHYSICAL ACTIVITIES - THE WHOLE DAY MATTERS Chair: A. Ermolaio Moderators: D. Bond, A. Ermolaio, G. Iaccarino, R. Marcon	REVISONAL ENDOSCOPIC PROCEDURE Chair: M. Bhandari Moderators: M. Galvao Neto, R. Maselli	INTRAOPERATIVE DIAGNOSIS ABDOMINAL HERNIA: NEW ASMB/IFSO GUIDELINES Chair: S. Shikora, N. Di Lorenzo, M.A. Zappa, L. Angrisani	ASMB/IFSO GUIDELINES Chair: G. Campanelli Moderators: S. Weiner, M. Santangelo	THEATRE	THEATRE
10:30   12:00	VIDEO ABSTRACT ADVANCING RIGOR INTEGRATION OF BARIATRIC SURGERY RESEARCH Chair: S. Leita Feria Moderators: D. Bond, L. Busetto, M. O'Kane, D. Sawyer	VIDEO ABSTRACT REVISIONAL SURGERY IN WEIGHT REGAIN OR SUBOPTIMAL WEIGHT LOSS	VIDEO ABSTRACT SURGICAL MALPRACTICE Chair: S. Al-Sabah Moderators: N. Bassou, S. Shikora Chair: B. Abu Dayeh Moderator: I. Boskoski	ENDOSCOPIC SLEEVE GASTROPLasty (ESG): STATE OF THE ART Chair: J.W. Greve Moderators: M. Fobi, P. Gentiletti, J. Zehtener	BANDED PROCEDURES Chair: J.W. Greve Moderators: M. Fobi, P. Gentiletti, J. Zehtener	SLEEVE IN GERD: CURRENT OPTIONS Chair: L. Angrisani Moderators: P. Zhang	TRANSIT BIPARTITION SAGI, SASI, SADI Chair: A. Torres Moderators: T. Manhy, S. Santoro	THEATRE	THEATRE
12:00   13:30	VIDEO ABSTRACT MULTIDISCIPLINARY AND MALNUTRITION	ORAL ABSTRACT MULTIDISCIPLINARY I	VIDEO ABSTRACT COMPLICATIONS MANAGEMENT Chair: C. Le Roux Moderators: A. Colao, D. Pournaras	T2 DIABETES: SURGERY VS MEDICINE OR SURGERY WITH MEDICINE? Chair: C. Le Roux Moderators: A. Colao, D. Pournaras	MANAGEMENT OF COMPLICATIONS: ENDOSCOPY INCLUDED Chair: N. Khidir Moderators: M. Khoursheed, G. Donatelli	JOINT ARTHROPLASTY: NEW ASMBS/IFSO GUIDELINES Chair: H. Frydenberg Moderators: K. Loi, J. Pujol	GERD AND/OR INTRATORACIC SUBOPTIMAL RESPONSE TO MBS OR RECURRENT WEIGHT GAIN: NEW ASMBS/IFSO GUIDELINES Chair: J. Ponce Moderators: N. Nguyen, A. Genco	THEATRE	THEATRE
13:30   14:30								Lunch	
14:30   16:00	VIDEO ABSTRACT REVISIONAL SURGERY FOR REFLUX/GERD AND MALNUTRITION	ORAL ABSTRACT MULTIDISCIPLINARY II	VIDEO ABSTRACT COMPLICATIONS MANAGEMENT Chair: C. Le Roux Moderators: A. Colao, D. Pournaras	T2 DIABETES: SURGERY VS MEDICINE OR SURGERY WITH MEDICINE? Chair: C. Le Roux Moderators: A. Colao, D. Pournaras	MANAGEMENT OF COMPLICATIONS: ENDOSCOPY INCLUDED Chair: N. Khidir Moderators: M. Khoursheed, G. Donatelli	JOINT ARTHROPLASTY: NEW ASMBS/IFSO GUIDELINES Chair: H. Frydenberg Moderators: K. Loi, J. Pujol	GERD AND/OR INTRATORACIC SUBOPTIMAL RESPONSE TO MBS OR RECURRENT WEIGHT GAIN: NEW ASMBS/IFSO GUIDELINES Chair: J. Ponce Moderators: N. Nguyen, A. Genco	THEATRE	THEATRE
16:00   16:30	VIDEO ABSTRACT POST-OPERATIVE COMPLICATIONS	VIDEO ABSTRACT GASTRIC BYPASS PROCEDURES INCLUDING RYGB AND OAGB II	VIDEO ABSTRACT GASTRIC BYPASS PROCEDURES INCLUDING RYGB AND OAGB II	JEOPARDY Chair: O. Hamed Judges: C. Boza, M. Lakdawala, M. Kurian, H. A. Momani, R. Palma	ORAL ABSTRACT GASTRIC BYPASS PROCEDURES INCLUDING RYGB AND OAGB II	SPECIAL CASES REPORTS Chair: C. Wang Moderators: W.J. Lee, J. Liu	RECURRENT WEIGHT GAIN AFTER SLEEVE Chair: L. Kov Moderators: A. Ramos, L. Piazza	THEATRE	THEATRE
16:30   18:00	ORAL ABSTRACT POST-OPERATIVE COMPLICATIONS								



Please note:  
This Program is preliminary and it is subject to changes



**Please note:**  
**This Program is preliminary and it is subject to changes**

# ORAL ABSTRACTS

O-58

## CONTROL OF EATING ATTRIBUTES AND WEIGHT LOSS OUTCOMES OVER ONE YEAR AFTER SLEEVE GASTRECTOMY IN PEOPLE WITH SEVERE OBESITY

Ellina Lytvyyak <sup>(1)</sup> - Amir Zarrinpar <sup>(2)</sup> - Cecilia Dalle Ore <sup>(3)</sup> - Euyhyun Lee <sup>(4)</sup> - Keila Yazdani-Boset <sup>(5)</sup> - Santiago Horgan <sup>(6)</sup> - Eduardo Grunvald <sup>(7)</sup>

*Division of Preventive Medicine, Dept. of Medicine, Edmonton, Canada* <sup>(1)</sup> - *University of California San Diego, Division of Gastroenterology, La Jolla, United States* <sup>(2)</sup> - *University of California San Diego, School of Medicine, La Jolla, United States* <sup>(3)</sup> - *University of California San Diego, Altman Clinical and Translational Research Institute, La Jolla, United States* <sup>(4)</sup> - *University of California San Diego, La Jolla, United States* <sup>(5)</sup> - *University of California San Diego, Bariatric and Metabolic Institute, Division of Minimally Invasive Surgery, La Jolla, United States* <sup>(6)</sup> - *University of California San Diego, Division of General Internal Medicine, Bariatric and Metabolic Institute, Division of Minimally Invasive Surgery, La Jolla, United States* <sup>(7)</sup>

### Background

Sleeve gastrectomy (SG) is one of the most common bariatric metabolic surgeries performed worldwide with its frequency increasing. However, a complex interplay of different factors results in a great degree of variability in weight loss response to SG and prevents an accurate approximation of its effectiveness.

### Objectives

Our study aimed to compare various control of eating attributes before and after SG depending on the achievement of optimal weight loss target at one-year post-SG.

### Methods

We designed a prospective longitudinal pre-post cohort study using the Control of Eating Questionnaire (CoEQ), a validated visual analogue scale, pre-SG (baseline), and then at 3, 6, and 12 months post-SG. Total weight loss (TWL) of  $\geq 25\%$  12 months post-SG was set as an optimal weight loss target. We assessed differences in sex, age, baseline weight, BMI, smoking status and selected CoEQ scores between those who achieved the target and those who did not.

### Results

We included 41 patients (80.5% females, mean age  $41.7 \pm 10.6$ ) with the completed CoEQs at all four timepoints. Baseline characteristics were all comparable, outside of a “Desire for sweet foods” score that at baseline was significantly lower among those with  $\geq 25\%$  TWL ( $44[0-90]$  vs.  $75[9-100]$ , $p=0.026$ ). At 3 months post-SG “Difficulty to control eating” score became significantly different between the  $\geq 25\%$  TWL and  $<25\%$  TWL groups ( $7[0-50]$  vs.  $17[5-63]$ , $p=0.042$ ), at 6 months – “Feeling of fullness” and “Frequency of food cravings” ( $79[42-95]$  vs.  $62[14-93]$ , $p=0.026$  and  $29[2-100]$  vs.  $56[7-85]$ , $p=0.01$ ), respectively), and at 12 months – “Feeling hungry” ( $31[1-70]$  vs.  $55[11-90]$ , $p=0.014$ ), “Difficulty to resist food cravings” ( $15[0-65]$  vs.  $47[8-100]$ , $p=0.002$ ), “Eating in response to food cravings” ( $20[0-89]$  vs.  $41[12-96]$ , $p=0.004$ ), and “Difficulty to control eating” ( $23[0-53]$  vs.  $46[13-95]$ , $p=0.006$ ) (Fig. 1).

### Conclusion

Individuals with severe obesity who achieved a target of  $\geq 25\%$  total weight loss at one year post-SG have an early occurring improvement in overall eating control at 3 months that steadily persists at 6 and 12 months. Improvements in other aspects of eating control tend to follow later, at 6 and 12 months post-SG. These findings may assist in identifying individuals with inadequate response and choosing tailored behavioural, biofeedback-based techniques, and pharmaceutical interventions to help attain optimal weight loss targets.

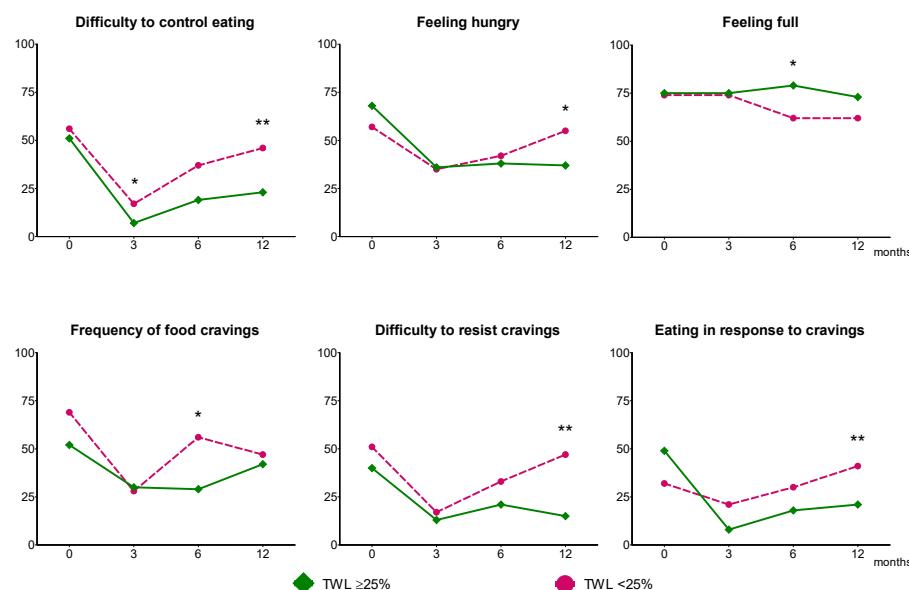


Fig. 1. Changes in selected Control of Eating Questionnaire scores between individuals with severe obesity who achieved a total weight loss  $\geq 25\%$  target at one year after sleeve gastrectomy (solid green line) and those who did not (dotted pink line).

Differences in scores between groups analyzed using a two-tailed Mann-Whitney test. Statistical significance denoted as \* ( $p \leq 0.05$ ) and \*\* ( $p \leq 0.01$ ).



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