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Original article Epigenetic therapies in heart failure

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ABSTRACT

Heart failure (HF) is a dominant cause of morbidity and mortality in the developed world, with available pharmacotherapies limited by high rates of residual mortality and a failure to directly target the changes in cell state that drive adverse cardiac remodeling. Pathologic cardiac remodeling is driven by stress-activated cardiac signaling cascades that converge on defined components of the chromatin regulatory apparatus in the nucleus, triggering broad shifts in transcription and cell state. Thus, studies focusing on how cytosolic signaling pathways couple to the nuclear gene control machinery has been an area of therapeutic interest in HF. In this review, we discuss current concepts pertaining to the role of chromatin regulators in HF pathogenesis, with a focus on specific proteins and RNA-containing macromolecular complexes that have shown promise as druggable targets in the experimental setting.

Heart failure (HF) is a global epidemic and represents a leading cause of morbidity and mortality in the developed world [\[1](#page-6-0)–5]. Lifetime risk for developing HF has been estimated to be as high as 20%, with the prevalence projected to increase over the next two decades. This increased prevalence is not only the result of our success in treating patients with myocardial infarction (MI) and our growing ability to stabilize acute cardiovascular events [5–[7](#page-6-1)], but is also caused by an aging populace and rising rates of comorbidities including obesity, hypertension, and diabetes [[8](#page-6-2)[,9\]](#page-6-3). Currently available therapeutic modalities to treat HF, which mostly focus on blockade of circulating neurohormone activity, are inadequate as reflected by high rates of residual mortality in patients adhering to guideline directed medical therapy. Furthermore, neurohormonal antagonism does not directly alter root-cause defects in cardiac tissue and often only slows disease progression rather than preventing or reversing it. The fact that nearly half of those who develop HF die within 5 years of diagnosis highlights the urgent need to identify completely new axes of disease pathogenesis and leverage this knowledge toward the development of novel therapies [[4](#page-6-4),[10\]](#page-6-5).

Abnormalities in cardiac gene regulation represent a new axis of HF pathogenesis and emerging research implicates the transcriptional apparatus as a novel therapeutic target. The last decades have seen major advances in our understanding of how stress- or injury-induced cardiac signaling cascades converge on the nucleus to trigger global shifts in

gene expression that contribute to adverse cardiac remodeling and impaired cardiac function [[11](#page-6-6)[,12](#page-6-7)]. Importantly, a host of studies using genetic gain- and loss-of-function approaches have highlighted the functions of a set of core transcription factors (TFs), such as NFAT, MEF2, NF-κB, GATA4 and C-MYC, in sustaining and amplifying the gene regulatory networks (GRNs) critical for pathological cardiac remodeling in vivo [[12\]](#page-6-7). These stress-induced gene programs drive pathologic processes including cardiomyocyte (CM) hypertrophy, altered substrate metabolism and energetics, myofibroblast (myoFB) activation, and innate inflammatory responses, all of which collectively fuel a vicious cycle that culminates in cardiac structural changes and progressive contractile dysfunction. Current pharmacological therapies generally target very proximal steps in stress-dependent cardiac signaling (e.g., antagonists of the ß1 adrenergic receptor and blockade of renin-angiotensin signaling) [\[5,](#page-6-1)[13\]](#page-6-8). These stress-induced pathways ultimately converge on TFs and the chromatin regulatory apparatus in the nucleus, which transduce these broad upstream signals into changes in gene expression and cell identity. For these reasons, the study of how cytosolic signaling pathways couple to the nuclear gene control machinery has been an area of intense scientific and therapeutic interest. In this review, we provide an overview of current concepts pertaining to the role of chromatin regulators in HF, with a particular focus on protein and RNA-containing macromolecular complexes that have been shown to have translational potential in proof-of-concept experimental

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studies.

1. Epigenetic regulation of gene expression

How cells within the human body, all of which share the same DNA sequence, differentiate into the myriad of distinct cell types with highly specialized functions remains one of the most fascinating questions in biology. This remarkable process is achieved, in a large part, through epigenetic control of gene expression, which orchestrates strict spatiotemporal control of cell state-defining gene programs. The term epigenetics [[14\]](#page-6-9) refers to the layer of chemical modifications that exists above ('epi') the DNA sequence ('genetic') and allows the genome to function distinctively in different cell types. The epigenome comprises all of the processes that dynamically shape chromatin to modulate cellstate specific gene expression, including methylation of DNA and posttranslational modification of histone tails [[15,](#page-6-10) [16](#page-6-11)]. Active transcription of genes is influenced by the activity of DNA regulatory elements called enhancers, defined as cis-acting DNA modules that are needed to activate and sustain transcription at their target promoters. Enhancer activity is dynamic and can be restricted to a particular tissue or cell type, specific time point, or a precise physiologic, pathologic, or environmental condition [\[17](#page-6-12)]. Collectively, these features allow for the temporal, spatial, and quantitative control of gene expression. Enhancers are the key information processing units that regulate the expression of cell-state defining gene regulatory networks (GRNs) and are characterized by enrichment of regulatory transcription factor (TF) binding sites, active chromatin marks (e.g., acetylation of histone H3 lysine 27, H3K27ac), and binding of co-activator proteins (e.g., BRD4, MED1) [[18\]](#page-6-13). Cell state is dictated and maintained by the binding of core TFs to their cognate DNA motifs on target enhancers, which ultimately results in remodeling of regional chromatin and assembly of the transcriptional machinery. Several studies have defined how changes in the enhancer landscape dictates cardiac cell fate specification and differentiation [19–[21\]](#page-6-14). In an analogous manner, the activation of pathologic transcriptional programs in the stressed heart (e.g., transformation of a healthy CM into one that is hypertrophic and dysfunctional) is triggered by pathologic rewiring of the enhancer and transcriptional landscape [[22](#page-6-15)[,23](#page-6-16)]. In mouse models of pressure overload cardiac hypertrophy, chromatin immunoprecipitation coupled with massively parallel sequencing (ChIP-seq) has been used to map global deposition of several histone modifications associated with the activation of a defined epigenomic landscape [[24\]](#page-6-17). In particular, the regulation of histone methylation has been shown to play a key role in the maintenance of cardiac homeostasis and hypertrophy [\[24](#page-6-17)–26]. Recently, the laboratory of Gianluigi Condorelli has characterized the dual function of the histone methyl-transferase G9a in maintaining correct gene expression programs in normal CMs as well as in driving the gene expression changes underlying cardiac hypertrophy [\[27](#page-6-18)]. G9a exerts this double function by its ability to repress, via dimethylation of lysine 9 at histone 3 (H3K9me2), different sets of genes depending upon the functional status of the heart. Interestingly, G9a interacts with MEF2C in CMs, suggesting that broadly expressed histone methyltransferase might achieve cell- and locus-specific activity by interacting with cardiac TFs [[27\]](#page-6-18).

Previous studies have highlighted the dynamic interplay between histone modification and CpG site methylation (mCpG) during cardiac development and CM maturation. Interestingly, mCpG of coding and cis-regulatory regions is remarkably stable in the setting of HF [\[28](#page-6-19)]. While bisulfite sequencing can resolve DNA methylation patterns at the single nucleotide level, it does not discriminate between 5-methylcytosine (5mC) and 5-hydroxymethylcytosine (5hmC) [\[29](#page-6-20)]. Recent evidence suggests that the dynamic modulation of hydroxymethylation at gene bodies is indeed an epigenetic feature that accompanies pathologic transcriptional changes in CMs during hypertrophy [[30\]](#page-6-21). Genomewide distribution of 5hmC positively correlates with gene expression and, following pathological hypertrophy, the 5hmC landscape of CMs is shifted toward a neonatal-like pattern. 5hmC also seems to define a small subset of enhancer regions that dynamically respond to pro-hypertrophic cardiac stress [[30\]](#page-6-21). 5hmC at these enhancer regions correlates with gene expression pattern following cardiac hypertrophy, suggesting the possibility that this subset of hydroxymethylated cisregulatory elements may play a role in sustaining the pathological response in CMs. Mechanistically, depletion of 5hmC via downregulation of Tet methylcytosine dioxygenase 2 (Tet2) affects enrichment of the active chromatin mark H3K27ac within enhancer regions, with consequent decreased expression of local genes [\[30](#page-6-21)]. Recent studies have also shown that DNA hydroxymethylation is positively correlated with enhancer activity and chromatin accessibility, and is enriched at the boundaries of low methylated regions (LMRs) [\[31](#page-6-22)]. Importantly, LMRs with enhancer signatures in CMs are enriched for single nucleotide polymorphisms (SNPs) linked to coronary heart disease and cardiac arrhythmias [\[28](#page-6-19)]. The pathologic relevance of cardiac cis-acting regulatory elements is further supported by the observation that cardiac disease-associated SNPs are enriched in heart-specific super-enhancers (SEs), regions of the mammalian genome comprising of multiple enhancer clusters that are disproportionately enriched with regulatory TF binding sites, active chromatin marks (e.g., H3K27ac), and coactivator protein binding [\[32](#page-6-23)[,33](#page-6-24)]. These data support the contention that aberrant enhancer-mediated signaling plays a critical role in pathogenesis of human heart disease.

2. Interdicting signaling from enhancers to RNA Pol II-dependent transcription as a therapeutic strategy for HF

In response to cardiac stress, a defined set of coordinately activated TFs bind specific enhancers in a combinatorial manner. These enhancer-bound TFs then recruit diverse cofactors that alter local chromatin structure and/or signal to the transcription machinery. Two major classes of cofactors are those that mobilize the nucleosomes (e.g. the ATP-dependent chromatin remodeling complexes) and those that add or remove post-translational modifications (PTMs) to histone proteins. Of the PTMs, reversible acetylation of histone tail lysine residues has been the most studied in the context of HF pathogenesis [[16,](#page-6-11)[34,](#page-6-25)[35](#page-6-26)]. Dynamic lysine acetylation is coordinately regulated by histone acetyltransferases (HATs) and histone deacetylases (HDACs), also known as epigenetic "writers" and "erasers", respectively. These marks are recognized and "read" by proteins that specifically bind these posttranslational marks. Emerging studies have highlighted the importance of epigenetic "readers" as important new players in cardiac biology [[16\]](#page-6-11). These proteins harbor recognition motifs for histone modifications and also contain domains that scaffold the formation of protein and RNA complexes that mediate downstream transcriptional signaling.

Given the known importance of lysine acetylation in cardiac biology, a class of epigenetic readers that contain an evolutionary conserved acetyl-lysine recognition module, or bromodomain (BD), have drawn particular attention [[36](#page-7-0)[,37](#page-7-1)]. Of these BD-containing reader proteins, the BET (Bromodomain and Extra-Terminal) family, which comprise the ubiquitously expressed BRD2, BRD3, BRD4 and testisspecific BRDT, has become the subject of intense study given their role in a variety of cancers and the advent of potent and specific small molecule inhibitors against this family [[38\]](#page-7-2). BET proteins are characterized by two tandem N-terminal BDs which are each 110 amino acids in length [[36,](#page-7-0)[37\]](#page-7-1). These BDs are comprised of four alpha-helices (Z, A, B, C) and two α -helix-connecting loops (ZA, BC) that provide a deep hydrophobic pocket for the specific recognition of acetylated lysine. Of the BET family, BRD4 is the most extensively characterized given its known role in transcriptional elongation [[39,](#page-7-3)[40\]](#page-7-4) and its active development as a drug target in cancer. BRD4 was originally identified as a mitotic chromosome-binding protein that binds acetylated chromatin throughout the cell cycle, thus providing "epigenetic memory" for post-mitotic transcription [[41\]](#page-7-5). BRD4 is localized genome-wide to both actively transcribed promoters and enhancers, with a disproportionate enrichment at SEs [[32,](#page-6-23)42–[46\]](#page-7-6). A direct role of BRD4 in co-activating transcription is evidenced by its ability to associate with and allosterically activate CDK9, the core kinase in the positive transcription elongation factor b (P-TEFb) complex [[39,](#page-7-3)[40\]](#page-7-4). P-TEFb is a critical effector of Pol II transcriptional elongation via its ability to phosphorylate and inhibit pausing factors such as the DSIF/NELF complex as well as its ability to phosphorylate key serine residues on Cterminal heptapeptide repeats of Pol II [[47\]](#page-7-7).

Important roles for BRD4 have recently been described in a host of cell state transitions, including oncogenesis, where BRD4's function is associated with epithelial-to-mesenchymal transition (EMT), stem celllike conversion, and other broad transcriptional rewiring events that characterize tumor evolution [[44](#page-7-8)[,48](#page-7-9)–53]. Murine loss-of-function alleles for Brd2 and Brd4 in the germline demonstrate critical developmental roles for these proteins with homozygous mutant animals demonstrating early embryonic lethality [\[54](#page-7-10)[,55](#page-7-11)]. The recent development of potent, specific, and reversible BET bromodomain inhibitors, such as the first-in-class tri-azolo-thienodiazepine small-molecule JQ1, has significantly accelerated the therapeutic interest in the BET family [[52](#page-7-12)[,56](#page-7-13)]. JQ1 binds the acetyl-lysine binding pocket of BRD2, 3, and 4 with exquisite shape complementarity, high specificity, and nanomolar affinity, competitively displacing BET proteins from their endogenous acetylated interaction partners [[52,](#page-7-12)[56\]](#page-7-13). Pharmacological inhibition of BET proteins with JQ1 is therefore a reversible and dose-titratable tool for understanding the gene regulatory function of BRD4 as molecular amplifier of enhancer-to-promoter signaling. Importantly, drug derivatives of the tool compound JQ1 are now progressing in early phase cancer trials, providing a runway for considering BET inhibition in other disease settings [[57\]](#page-7-14). Mice harboring conditionally targeted Brd4 alleles have recently been developed, allowing for the study of allelespecific and cell-restricted gene deletion in vivo [\[58](#page-7-15)]. While JQ1 binds all BET proteins and widely distributes to many tissues in vivo, it should be emphasized that these tool compounds allow functional probing of BET proteins in a manner that is wholly different from that which can be achieved by gene deletion/knockdown or bulk protein depletion (as occurs with heterobifunctional molecules that target BET protein degradation by bringing them into proximity with cellular E3 ubiquitin ligases) [\[59](#page-7-16)]. Importantly, pharmacological inhibition of BET proteins by pulsatile exposure of the small molecule JQ1 is reversible and therefore may overcome the potential toxicity associated with Brd4 gene silencing [\[60](#page-7-17)].

Two independent and contemporaneous publications from our groups were the first to establish proof of principle that BET reader proteins are essential co-activators of stress-dependent gene expression programs during HF pathogenesis [\[42](#page-7-6)[,61](#page-7-18)] (for review, see Haldar and McKinsey 2014 [[62\]](#page-7-19)). BET inhibition using either JQ1 or siRNAmediated Brd4 knockdown in isolated neonatal rat ventricular myocytes (NRVM) inhibited hallmark features of agonist-induced hypertrophy and suppressed stress-mediated gene induction, supporting a cell-autonomous role of BRD4 in controlling CM cell state during pathological stimulation [\[42](#page-7-6)]. To provide human relevance, we subsequently demonstrated that JQ1 could suppress endothelin-1 induced hypertrophy and global stress-gene transactivation in cultured human iPSC-derived CMs [[63\]](#page-7-20). Importantly, early administration of JQ1 in the murine transverse aortic constriction (TAC) model of LV pressure overload potently prevented LV systolic dysfunction, adverse cardiac remodeling, and cardiomyocyte hypertrophy/fibrosis [[42\]](#page-7-6). In line with its active chromatin-binding activity, BRD4 ChIP-seq in adult mouse heart tissue demonstrated that BRD4 enriched at active cardiac enhancers and promoters. During TAC-mediated stress, Pol II ChIP-seq revealed widespread pause-release of Pol II at stress activated genes, a mechanism attenuated by JQ1 [[42\]](#page-7-6). These data are consistent with the ability of enhancer-bound BRD4 to interact with the P-TEFb complex and promote productive Pol II elongation at stress activated genes. In addition, these findings corroborate previous work from the laboratory of Michael Schneider demonstrating that P-TEFb inhibition attenuates

cardiomyocyte hypertrophy in vitro, while transgenic overexpression of cyclin-T1 (the key regulatory cyclin in the P-TEFb complex) in murine cardiomyocytes in vivo is sufficient to drive pathological cardiac remodeling [\[64](#page-7-21)]. Together, these findings support a model in which stress-activated signaling pathways deploy a defined set of DNAbinding transcription factors, which then bind specific enhancer elements in the stressed myocardium. In turn, BRD4 is recruited to these enhancer elements, possibly via interactions with acetylated histones and acetylated transcription factors, where it scaffolds transcription complexes such as CDK9/P-TEFb and triggers pause-release of genes that have actively poised Pol II at the transcription start site and are primed for activation [\[42](#page-7-6)]. Along this line, recent work in NRVMs has shown that during agonist mediated stress, BRD4 bound at basal enhancers robustly redistributes genome-wide, and becomes asymmetrically reallocated to a defined set of cardiomyocyte SEs [\[65](#page-7-22)]. Importantly, activity of these SEs and their target genes appear to be preferentially sensitive to local depletion of BRD4 via small molecule BET inhibition. Furthermore, the gain vs. loss of BRD4 at enhancers tends to correlate with concordant changes in transcriptional activity at the respective target genes, suggesting that reallocation of rate-limiting quantities of BRD4 directly affects gene transactivation. These findings are consistent with previous work in cultured endothelial cells during innate-inflammatory activation [[46\]](#page-7-23). In addition to the BRD4/PTEFb complex, recent studies have also demonstrated that the general transcription factor TFIIB may also play a role in aberrant cardiac gene regulation during HF pathogenesis, raising the possibility that stressdependent regulation of Pol II initiation at a subset of transcription start sites may also promote adverse cardiac remodeling [[66](#page-7-24)[,67](#page-7-25)].

While these index studies provided the initial insights into the role of BET protein function in the heart, they relied on early administration of JQ1 in the prevention of adverse cardiac remodeling and HF pathogenesis. More recently, our group has provided proof of principle for the therapeutic efficacy of BET inhibition in both the murine pressure overload and myocardial infarction (MI) models [[63\]](#page-7-20). In the setting of prolonged pressure overload or a large anterior wall MI, late administration of JQ1 was able to treat pre-established HF, attenuating multiple hallmark features of HF progression in vivo, including LV dysfunction, LV cavity dilation, cardiomegaly, CM hypertrophy and left ventricle (LV) fibrosis [[63\]](#page-7-20). Using RNA-seq from whole LV tissue across both the murine TAC and MI treatment models, we defined a shared set of JQ1 suppressed genes that represent a common program mediating the observed therapeutic effects. This common gene signature was strongly enriched for transcripts involved in pro-fibrotic and innate inflammatory processes, with representation of genes that were expressed in several cell types that populate the stressed myocardium. Gene set enrichment and ingenuity pathway analyses revealed that JQ1 had a strong preference for suppressing TGFβ- and NFκΒ-driven transcriptional programs [[63\]](#page-7-20). We found that the effect of JQ1 on differential gene expression was much more prominent in the stressed heart than in the baseline state (i.e. sham-treated), in line with our observation that JQ1 does not profoundly alter baseline cardiac structure or function at the doses used in our study. This is consistent with the observation that stress-dependent gene transactivation requires massive flux of BRD4 to new SE loci, an event likely to be preferentially sensitive to JQ1 [[42](#page-7-6)[,46](#page-7-23)]. Consistent with the lack of a striking effect on the unstressed heart, JQ1 treatment at the same doses used in our disease models did not attenuate exercise-induced cardiac growth in mice, a remodeling process that does not feature robust activation of fibrosis and inflammation [[63,](#page-7-20)[68,](#page-7-26)[69](#page-7-27)]. These observations are consistent with a strong predilection for inhibiting pro-fibrotic and pro-inflammatory cell states during cardiac stress/injury.

While it is clear that JQ1 exerts potent on-target bioactivity in the heart and strongly attenuates TGFβ- and NFκΒ-dependent transcriptional programs, the precise identity of cell-types that mediate these therapeutic effects remains a major unanswered question with important therapeutic implications. Pro-fibrotic and inflammatory gene transactivation can emanate from multiple cell types in the adult heart. As our initial transcriptional analyses were performed on whole heart tissue, further dissections of cell-intrinsic effects are an important area of ongoing investigation. We postulate that the therapeutic efficacy of JQ1 in these models may be via effects on several cell types including cardiomyocytes, fibroblasts, endothelial cells, and immune cell subsets. The bulk left ventricular (LV) tissue transcriptomic analyses indicate that the activated cardiac myoFBs, a key player in wound healing responses, may serve as a particularly important therapeutic target of BET inhibitors in vivo [[63\]](#page-7-20). During cardiac stress, resident cardiac fibroblasts transition to the activated myoFB cell state, a process that features massive transcriptional rewiring allowing the capacity to proliferate, migrate, secrete cytokines, elaborate extracellular matrix, contract, and recruit immune cells [[70\]](#page-7-28). Similar to observations in hepatic stellate cells [\[71](#page-7-29)], our data suggest that the cell state transition from a resident/quiescent cardiac fibroblast to an activated myoFB is highly sensitive to BET inhibition. Finally, we note that there are numerous other co-regulatory molecules that signal from enhancers to the transcription machinery, raising the possibility that other proteins may also serve as novel epigenetic targets in HF.

3. lncRNAs: gene regulatory switches that may be therapeutically manipulated in HF

In addition to proteins, several species of non-coding RNAs have been shown to play critical roles in chromatin regulation and broad control of gene expression programs. In this section, we turn attention to a subset of long noncoding RNAs (lncRNAs) that have emerged as potentially druggable epigenetic targets in preclinical models of HF.

The mammalian genome is predominantly composed of non-protein coding sequence, raising the possibility for diverse regulatory functions of these regions. Deep RNA-sequencing approaches have revealed that the majority of the non-coding genome is actively transcribed, generating thousands of non-coding RNAs (ncRNAs) [\[72](#page-7-30)–75]. While GRN activity has been long known to be controlled by TF proteins binding to their cognate DNA regulatory elements, emerging evidence strongly supports a similarly critical role for networks of ncRNAs [[76,](#page-7-31)[77\]](#page-7-32). The best characterized ncRNAs are microRNAs (miRNAs), small singlestranded ribonucleotides that lead to post-transcriptional silencing by targeting messenger RNAs for degradation or via translational suppression. Deep genome-wide transcriptomic profiling has identified other functional classes of transcripts with potentially important regulatory functions. Long non-coding RNAs (lncRNAs) are operationally defined as ncRNAs that are longer than 200 nucleotides in length and exhibit minimal protein coding potential. Currently, the best characterized lncRNAs are processed transcripts that are Pol II transcribed, multi-exonic, alternatively spliced, and poly-adenylated [\[78](#page-7-33)]. While lncRNAs are typically expressed at a lower level than mRNAs, they often feature much greater tissue and cell-type specificity [[19,](#page-6-14)[73](#page-7-34)]. LncRNAs have been shown to regulate diverse biological processes and are emerging as critical regulators of nearly every aspect of GRN activity, including transcriptional control, post-transcriptional processing, and chromatin remodeling [\[79](#page-7-35)]. LncRNAs are unique in their ability to spatially amplify regulatory information encoded by their underlying DNA where they can act in both *cis* and *trans*. Recently, lncRNAs have been shown to fine-tune GRNs controlling cardiac lineage specification [[19](#page-6-14)[,80](#page-7-36)[,81](#page-8-0)]. Progress in transcription sequencing technologies have revealed that many functional enhancers are themselves transcription units that generate ncRNAs [\[18](#page-6-13),[82](#page-8-1),[83\]](#page-8-2). These exist as two distinct classes: bidirectional non-poly-adenylated transcripts (enhancer RNAs or eRNAs); and unidirectional, multi-exonic, spliced, poly-adenylated processed transcripts (enhancer-associated lncRNAs or elncRNAs). elncRNAs are important for concentrating TFs to specific DNA regions and modifying the local chromatin environment and have emerged as potential regulators of nuclear three-dimensional topologies [\[84](#page-8-3)–86]. Notably, elncRNAs expression is more cell and tissue specific than

ncRNAs transcribed from non-enhancer regions [[19\]](#page-6-14). Furthermore, SEs tend to produce more eRNAs than typical enhancers [[18,](#page-6-13)[84](#page-8-3)[,87](#page-8-4)] with several lncRNAs associated with SEs now emerging as important modulators of cell fate determination and maintenance of cell identity in the heart [\[88](#page-8-5),[89\]](#page-8-6).

4. Targeting lncRNAs in HF

Mhrt, the first lncRNA implicated in pathological hypertrophy, is located in the intergenic region between *Myh6* and *Myh7* in mice, and transcribed in an antisense orientation to Myh7 [[90\]](#page-8-7). In the setting of pressure overload, Mhrt expression is reduced, an event which appears to be permissive for adverse cardiac remodeling. Transgenic overexpression of Mhrt in mice using a cardiomyocyte-specific promoter is sufficient to protect the heart from stress-induced cardiomyocyte hypertrophy and HF progression. Mechanistic studies demonstrate that Mhrt antagonizes the activity of BRG1, a chromatin remodeling factor previously implicated in the control of pathological cardiovascular GRNs. Mhrt acts as a molecular decoy, binding to the helicase domain of BRG1 and titrating it away from its DNA targets, thus suppressing expression of pathological gene programs. Importantly, the human MHRT ortholog is depleted in failing human hearts, suggesting a conserved regulatory role of potential translational significance.

In 2016, two other lncRNAs named Chast and Chaer were discovered upon screening for CM-enriched lncRNA species differentially expressed with cardiac stress [\[91](#page-8-8)[,92](#page-8-9)]. Like Mhrt, both of these lncRNAs have been shown to have important roles in controlling cardiac remodeling and HF pathogenesis. The group led by Thomas Thum characterized Chast, demonstrating its upregulation in murine CMs following TAC, but noted its concomitant expression in non-cardiac tissues [[91\]](#page-8-8). Consistent with these findings, the human ortholog of Chast was found to be significantly up-regulated in the hypertrophic hearts of patients with aortic stenosis. Viral overexpression of Chast was sufficient to trigger CM hypertrophy in both in vitro and in vivo systems. Although targeting of lncRNA transcripts can be challenging due to their generally low expression and subcellular localization (where they are enriched in defined chromatin compartments of the nucleus), modified antisense oligonucleotides (ASOs) have shown efficacy in robust and stable depletion of these species in vitro and in vivo. Indeed, ASO-mediated silencing of Chast attenuated TAC-induced pathological remodeling in adult mice in vivo. The lncRNA Chaer (cardiac-hypertrophy-associated epigenetic regulator) was discovered and characterized by Yibin Wang's group, who showed that it interacts with the polycomb repressor complex 2 (PRC2) via a bi-tetra-loop motif within the 5′-end of Chaer that is both necessary and sufficient for PRC2 binding [\[92](#page-8-9)]. Through this interaction, Chaer interferes with PRC2 genomic localization, thereby potentiating pathological gene transactivation by reducing the repressive H3K27 histone methylation mark at the promoters of these genes. Indeed, germline inactivation of Chaer attenuated TAC-induced hypertrophy in mice in vivo. The translational potential of these findings will require future studies to demonstrate that silencing of Chaer at later stages of established HF is associated with improved indices of cardiac remodeling in preclinical models.

The strategy used to discover the aforementioned lncRNAs all selected for CM-enriched transcripts. Recently, there has been growing interest in understanding the role of non-CM cell types in HF pathogenesis with a particular focus on cardiac fibroblasts, given their highly plastic nature [[70,](#page-7-28)[93](#page-8-10)[,94](#page-8-11)]. Upon cardiac stress, these cells undergo a dramatic epigenetically-regulated shift in their cellular identity. While fibrotic responses may acutely serve to stabilize a focal area of myocardial damage, clinical and experimental studies support the contention that excessive, diffuse, or chronic activation of these processes can be deleterious to long-term cardiac function and patient survival. Recent work from Jeff Molkentin's group has implicated myoFBs (a subpopulation of stress-activated fibroblasts that induce the marker gene Periostin) as a cell type that can fuel the vicious cycle of adverse cardiac

Fig. 1. Stress-activated cardiac signaling cascades converge on defined components of the chromatin regulatory apparatus. These events trigger activation of stressassociated gene programs, Pol II pause release, cardiomegaly, fibrosis, and ultimately heart failure (HF). Chromatin regulators in HF that can be pharmacologically targeted with demonstration of translational potential include the histone methyltransferase G9a, members of the Bromo- and Extra- Terminal (BET) domain family, and certain long non-coding RNA (lncRNA) molecules. In unstressed CMs, G9a binds to and represses the transcriptional activity of MEF2C. Following stress, BET bromodomain inhibition with JQ1 suppresses stress-dependent transcriptional elongation in the heart and potently blocks pathological remodeling in vivo. CMenriched lncRNAs such as Mhrt, Chast and Chaer play important roles during maladaptive cardiac remodeling. In contrast, the lncRNA Wisper is a cardiac fibroblast–enriched lncRNA that regulates cardiac fibrosis after injury. FB=Fibroblast. myoFB = Myofibroblast. CM = Cardiomyocyte. ASOs = Antisense Oligonucleotides.

remodeling in HF [\[93](#page-8-10)[,94](#page-8-11)]. As such, understanding the fundamental mechanisms driving cardiac fibroblast cell state transitions during stress and uncovering novel approaches to target this process are of significant scientific and therapeutic interest. Thierry Pedrazzini's group discovered Wisper (Wisp2 super-enhancer-associated RNA), a cardiac fibroblast-enriched lncRNA that regulates fibrosis in HF [\[88](#page-8-5)]. They identified Wisper using an existing database of annotated cardiac-enriched lncRNAs in HF samples [[22\]](#page-6-15), followed by iterative filtering for those that were transcribed from cardiac SEs, had human orthologues, were induced in the setting of an MI, and were enriched in cardiac fibroblasts. In vitro loss-of-function studies demonstrated that Wisper positively regulated myoFB gene expression and function, including proliferation, migration, survival, and ECM deposition. ASO-mediated depletion of Wisper in adult mice post-MI inhibited cardiac fibrosis and significantly improved LV function. Mechanistically, Wisper was shown to bind the RNA splicing factor TIA1 cytotoxic granule associated RNA binding protein-like 1 (TIAR), preventing its nuclear translocation and subsequent processing of pro-fibrotic transcripts. Indeed, TIAR has been previously shown to control the post-transcriptional processing of PLOD2, a profibrotic enzyme. Importantly, Wisper expression is not detected in lung or kidney fibroblasts at baseline and is not induced in models of kidney fibrosis, supporting the notion that Wisper may have relative specificity for controlling cardiac fibrosis. Furthermore, expression levels of the human Wisper ortholog correlate with the degree of cardiac fibrosis in heart tissue isolated from patients with aortic stenosis, underscoring the translational relevance of these findings. We note that the Wisper locus contains both a SE DNA element as well as an encoded enhancer-associated lncRNA, such that transcription at the locus and/or the RNA itself may be involved in remodeling the local

chromatin topology and stabilizing chromatin loops between the SE and its target promoters. Taken together, these findings demonstrate that Wisper is a cardiac fibroblast-enriched lncRNA that is conserved in humans, promotes transcriptional activation of the myoFB cell state, and functions as a potentially druggable target in human HF.

Ultimately, targeting lncRNAs for therapeutic purposes will require a deep mechanistic understanding of how these species regulate gene expression at the molecular level as well as determination of the specific cell types in which they function. While systemic delivery of nucleic acid-based therapies to extrahepatic tissues remains in its early days, this foundational knowledge will help improve the efficacy of this therapeutic strategy and increase our understanding of the toxicities that may arise from manipulating these powerful regulators of cell state.

5. Conclusions

The advent of novel sequencing technologies to dissect transcriptomic and epigenomic landscapes has fundamentally advanced our understanding of the gene control mechanisms that govern cell state. The concept that aberrant cell state contributes to disease and can be manipulated to exert therapeutic benefit is well-established in cancer biology, where novel therapies targeting these pathways are in active clinical development. In contrast, our understanding of the epigenetic mechanisms that contribute to HF pathogenesis is still in its infancy. Here, we have provided examples of three classes of chromatin regulatory macromolecules (chromatin modifying enzymes such as G9a, co-activator proteins such as BRD4, and chromatin regulatory lncRNAs) that have been shown in proof-of-concept preclinical models to be druggable epigenetic targets in HF ([Fig. 1](#page-5-0)). In order to advance the translational potential of these classes of molecules, future efforts must be directed at understanding the relevant cell types in which they are acting and the mechanisms by which they function. Conditional genetic approaches (where possible), single-cell based transcriptomic and epigenomic interrogations, and definition of the interaction partners for these chromatin regulators (including not only proteins but also RNA species) will be critical. Such studies may ultimately inform novel therapeutic strategies that may be directed in a more cell-type restricted manner, allowing for a greatly expanded therapeutic index of approaches that pharmacologically manipulate epigenetic signaling in human HF.

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S.M. Haldar is an executive and shareholder of Amgen, Inc. and is a shareholder of Tenaya Therapeutics. The other authors report no conflicts.

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