

UC Davis

Family and Community Medicine

Title

Medication Abortion and Miscarriage Management in Sacramento's Unhoused Community:Assessing Confidence in Support Kits

Permalink

<https://escholarship.org/uc/item/66c193gx>

Authors

Arzate, Marissa

Adams, Lindsay

Barnes, Kaili

et al.

Publication Date

2025-04-01

Data Availability

The data associated with this publication are not available for this reason: NA

Medication Abortion and Miscarriage Management in Sacramento's Unhoused Community:
Assessing Confidence in Support Kits

UCDAVIS
HEALTH

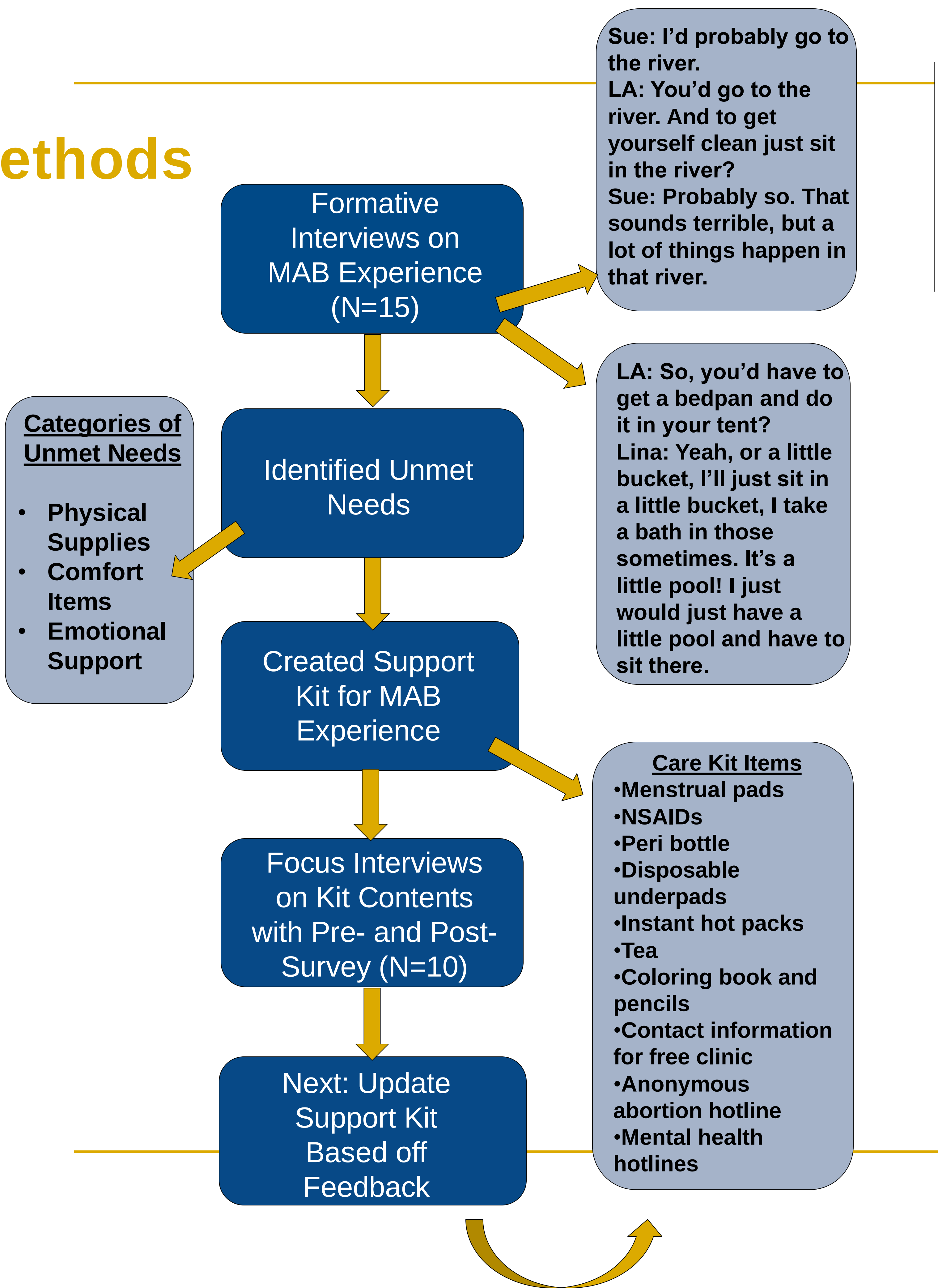
Department of Family and Community Medicine
University of California, Davis and San Francisco

Marissa Arzate, BS, Lindsay Adams, BS, Kaili Barnes, BS, Jennifer Karlin, MD PhD

Introduction

- We previously identified unmet needs by interviewing 15 pregnancy-capable people about their experiences completing medication abortions (MAB) and miscarriages while unhoused.
- Based on these foundational interviews, we created a MAB support kit and completed additional interviews with newly recruited participants about the MAB kits.

Methods



Results

Feedback on Kit Contents:

Most Helpful

- Menstrual Pads
- Acetaminophen
- Ibuprofen
- Peri Bottle

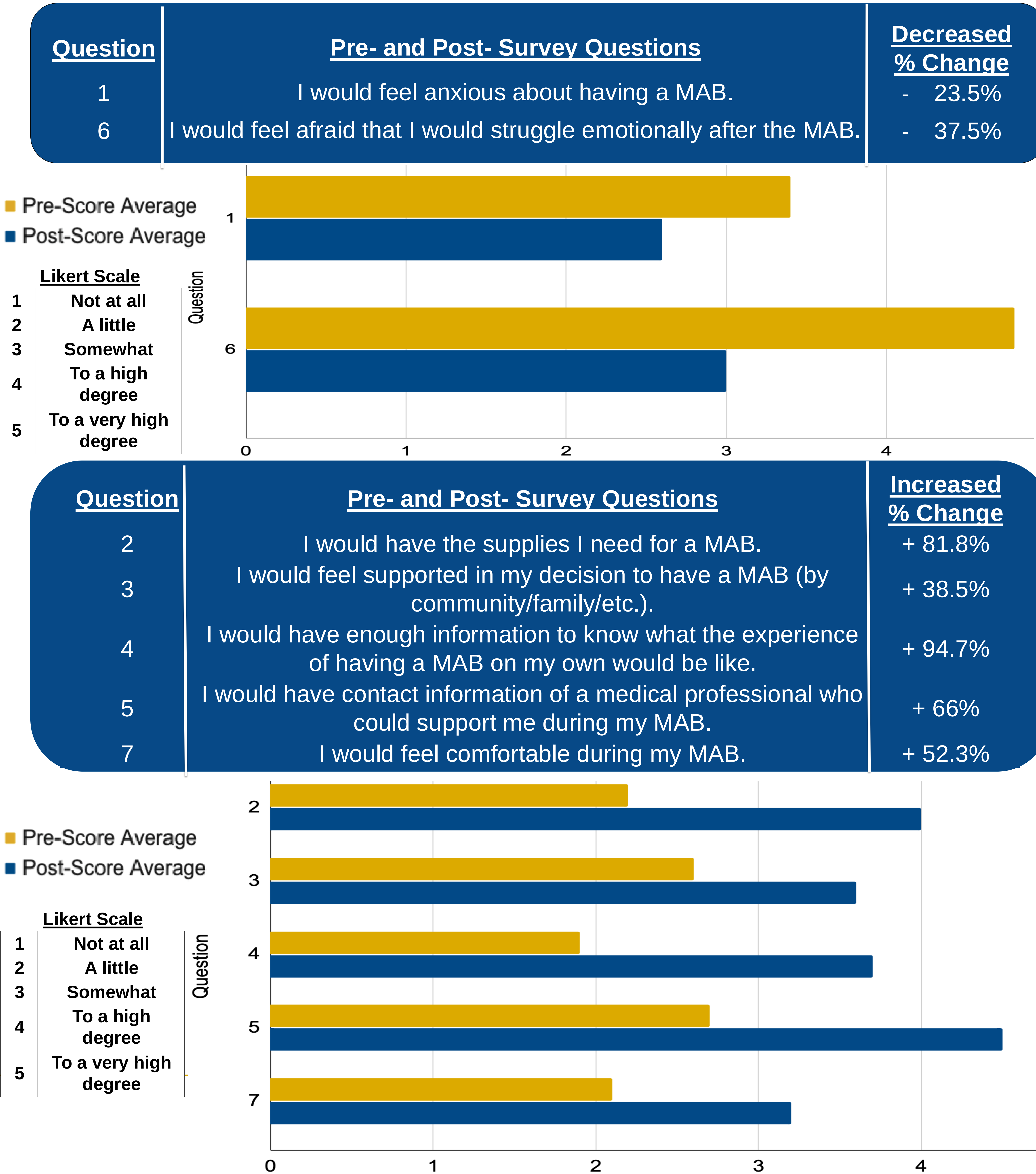
Least Helpful

- Loperamide
- Electrolyte Powder
- Coloring Book
- Calming Tea

"I think it would give them the confidence they would be able to do it successfully [...] You have it right there."

Results (cont.)

Impact of Support Kit on Perception of MAB Experience



Conclusions/Further Study:

- People who are houseless found the MAB kits to provide them supplies and support they need to feel more comfortable managing a MAB while unhoused.
- Providers can ensure patient centered care by connecting patients with the appropriate resources to help support their abortion experience outside of the clinic.
- Next steps: Resuming interviews with the updated kit and continue the integration cycle until conceptual saturation is met.

Acknowledgements & Previous Work Thank you to the UC Davis School of Medicine research fund and the I-RESTORE summer fellowship fund for supporting this project.

