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Assessment of Recreational Cannabis Dispensaries' Compliance With Underage Access and Marketing Restrictions in California

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2	Assessing Recreational Cannabis
3	Dispensaries' Compliance to Underage
4	Access and Marketing Restrictions in
5	California
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The increasing availability of cannabis to adults through legalization of recreational cannabis dispensaries (RCDs) raises concerns regarding underage access and exposure to products and marketing. The American Academy of Pediatrics "strongly recommends strict enforcement of rules and regulations that limit access, marketing, and advertising to youth".¹ Currently all legalizing states prohibit sales to minors and require ID check, and most ban marketing activities appealing to children.² However, little is known about whether cannabis retailers comply. We assessed RCDs' compliance to underage access and marketing restrictions in California.

Methods

Between June and September 2019, a research team at University of California San Diego identified and audited all the RCDs in California statewide (N=700).

A validated approach was used to construct a comprehensive list of RCDs.³ We complemented the state licensing directory with online crowdsourcing platforms, given research showing that more than half of active dispensaries in Los Angeles operated without a state-issued license.⁴ Trained researchers called dispensaries to verify the location, operation status, and requirements about patient ID card and doctor's recommendation.

A validated instrument, Standardized Marijuana Dispensary Assessment – Children Focused (SMDA-CF), was adapted to audit the call-verified RCDs.² SMDA-CF includes items on underage access and point-of-sale marketing activities with particular attention to those appealing to children. SMDA-CF items have moderate to high reliability overall, with a median kappa score of 0.8.² Trained researchers

(aged 21-23 years) conducted the audits undercover in teams of two to improve data reliability. Observations on each dispensary were recorded right after the visit.

The institutional review board at University of California San Diego deemed this study non-human-subject research.

Results

Although California laws require age-limit signage, 67.9% of RCDs failed to comply. California laws further require ID check before any purchase, and overall compliance with this rule was high (96.8%). However, only 11.7% checked ID before entry. The majority (85.1%) checked ID after entry, where additional marketing items are displayed. Despite a low violation rate of children-appealing marketing restrictions on the exterior of the RCDs, 35.3% had children-appealing marketing items inside. Product promotions were common (85.7%), with 62.9% providing first time purchase discounts and 48.6% providing weekly or daily deals. Violations of free-sample ban were also common (21.6% for take-aways; 16.1% for on-site consumption). Moreover, 55.8% provided branded marketing materials and 38.9% promoted health benefits of cannabis.

Discussion

While RCDs in California were generally compliant with checking IDs, most RCDs did not check until customers entered the premises. Considering the low rate of compliance with age-limit signage, minors may unintentionally or even intentionally enter RCDs at which point they become exposed to marketing items hidden from casual outside observers, including advertisements, products, packages, and paraphernalia appealing to children, price promotions, free samples, brand awareness, and positive messaging. As more states liberalize cannabis, greater emphasis and resources need to be dedicated to enforcement of random

- 71 compliance checks to ensure that regulations intended to minimize access and
 72 exposure to minors have teeth.
- Study limitations include that we used California-specific, cross-sectional data with possibly limited generalizability, binary indicators of instruments without quantity information, and subjective evaluation of children-appealing items.

Disclosures

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77 Author Contribution: Dr. Shi had full access to all of the data in the study and 78 takes responsibility for the integrity of the data and the accuracy of the data 79 analysis. 80 Concept and design, funding obtainment, acquisition, analysis, and interpretation of 81 data, statistical analysis, drafting of the manuscript, critical revision of the 82 manuscript for important intellectual content, administrative, technical, and 83 material support, supervision: Dr. Shi 84 Interpretation of data, drafting of the manuscript, critical revision of the manuscript 85 for important intellectual content: Dr. Pacula 86 Conflict of Interest Disclosure: Drs. Shi and Pacula reported no conflict of 87 interest. 88 Funding/support: Dr. Shi reports grants from the Tobacco related Disease 89 Research Program (award number 27IR-0014) and grants from the National Institute on Drug Abuse (award number R01DA042290) during the conduct of the study. 90 91 Role of the Funder/Sponsor: The funding organizations had no role in the design 92 and conduct of the study; collection, management, analysis, and interpretation of 93 the data; preparation, review, or approval of the manuscript; and decision to submit 94 the manuscript for publication. 95 **Acknowledgement**: We thank Yiwen Cao, Angelina Carrillo, Grace Tran, Anh Van 96 Vo, Tina Le, Shelton Lo, and Longines Lee for data collection.

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Table 1. Compliance to Underage Access and Marketing Restrictions in Recreational Cannabis Dispensaries¹ in California, 2019 (N=700)

tecreational cannabis bispensaries in Co	Exterior (before entry) %	Interior (after entry) %	Exterior or Interior %		
Access					
Security personnel present^	25.1	61.4	77.4		
Surveillance camera present^	93.1	97.0	97.6		
License displayed^	3.3	66.1	67.3		
ID checked^	11.7	85.1	96.8		
Age-limit sign^	17.2	21.3	32.1		
On-site use restriction sign	NA	36.9	NA		
	Point-of-sale Marketing				
Children-appealing items ^{2#}					
Ads	1.1	10.7	11.4		
Products	0.1	19.6	19.7		
Packages	0	11.3	11.3		
Paraphernalia	0	13.3	13.3		
Sum: any children-appealing items	1.3	35.3	35.6		
Product promotions					
Loyalty programs	NA	NA	25.1		
Daily/weakly deals	NA	NA	48.6		
Early bird/happy hour specials	NA	NA	30.4		
Price discounts	NA	NA	41.0		
First-time purchase discounts	NA	NA	62.9		
Social media review discounts	NA	NA	15.7		
Free samples with purchase, donation, or gambling	NA	NA	17.1		
Sum: any product promotions	NA	NA	85.7		
Free samples to take away#	NA	NA	21.6		
Free samples to consume onsite#	NA	16.1	NA		
Branded marketing materials	3.6	53.8	55.8		
Signs, posters, ads that					
Promote health benefits	NA	38.9	NA		
Display health warnings	NA	19.3	NA		
Billboards related to cannabis	11.6	NA	NA		
Images or wording indicative of cannabis	57.4	NA	NA		
Biggest ads over 1,600 square inches	3.3	NA	NA		
Other Sources of Exposure to Cannabis					
Observed anyone consuming cannabis	2.1	5.4	7.3		
Smelled cannabis before entering outlet	11.7	NA	NA		

112 Notes.

^{113 ^}Required by California state laws. *Prohibited by California state laws.

^{114 &}lt;sup>1</sup> Recreational cannabis dispensaries in this study were defined as brick-and-mortar

retailers that primarily sell cannabis products to adults aged 21 or older without

¹¹⁶ requiring a patient ID card or a doctor's recommendation.

- 117 ² Children-appealing marketing activities in SMDA-CF were defined as
- 118 advertisements, products, packages, and paraphernalia that are "characterized by
- 119 promotional characters (e.g., cartoons, animals, toys, or children), shaped like
- 120 commercially sold products usually consumed by children (e.g., gummy bears,
- 121 lollipop, fruits), or using bright colors (in products, mostly edibles) or bubble-like
- 122 fonts (on packages, branding, advertisements, or signage)".