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Inhibition of Amyloid β -Induced Lipid Membrane Permeation and Amyloid β Aggregation by K162

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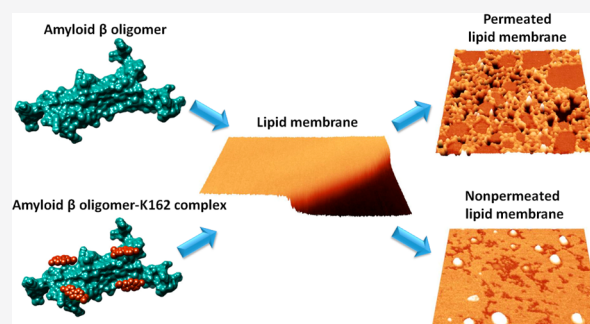
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ABSTRACT: Alzheimer's disease (AD) is characterized by progressive neurodegeneration associated with amyloid β ($A\beta$) peptide aggregation. The aggregation of $A\beta$ monomers ($A\beta$ Ms) leads to the formation of $A\beta$ oligomers ($A\beta$ Os), the neurotoxic $A\beta$ form, capable of permeating the cell membrane. Here, we investigated the effect of a fluorene-based active drug candidate, named K162, on both $A\beta$ aggregation and $A\beta$ O toxicity toward the bilayer lipid membrane (BLM). Electrochemical impedance spectroscopy (EIS), atomic force microscopy (AFM), and molecular dynamics (MD) were employed to show that K162 inhibits $A\beta$ Os-induced BLM permeation, thus preserving BLM integrity. In the presence of K162, only shallow defects on the BLM surface were formed. Apparently, K162 modifies $A\beta$ aggregation by bypassing the formation of toxic $A\beta$ Os, and only nontoxic $A\beta$ Ms, dimers ($A\beta$ Ds), and fibrils ($A\beta$ Fs) are produced. Unlike other $A\beta$ toxicity inhibitors, K162 preserves neurologically beneficial $A\beta$ Ms. This unique K162 inhibition mechanism provides an alternative AD therapeutic strategy that could be explored in the future.

KEYWORDS: Alzheimer's disease, amyloid β , membrane permeation, toxicity inhibition, amyloid β aggregation, atomic force microscopy



1. INTRODUCTION

Alzheimer's disease (AD), the most prevalent type of dementia,¹ is a fatal, neurodegenerative disorder that leads to a cognitive impairment such as memory loss, communication difficulties, and personality changes. Pathology of AD is associated with misfolding of amyloid β ($A\beta$) peptide and tau protein, and their aggregation into amyloid plaques and neurofibrillary tangles, respectively, the two hallmarks of AD.

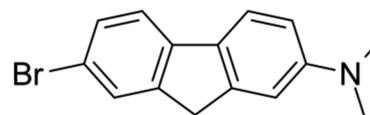
$A\beta$ aggregates via nucleation-dependent polymerization in which $A\beta$ monomers ($A\beta$ Ms) associate into $A\beta$ oligomers ($A\beta$ Os) and then $A\beta$ fibrils ($A\beta$ Fs).^{2–4} Recent studies consider $A\beta$ Os to be the most toxic form, while $A\beta$ Ms and $A\beta$ Fs are considered nontoxic.^{5–7} $A\beta$ Os can permeate the cell membrane,^{8–12} and once incorporated into the cell, $A\beta$ Os can cause learning and cognition deficiency,^{13,14} deterioration of synapses,^{15,16} leakage of lysosomal enzymes,¹⁷ inhibition of mitochondrial activity,¹⁸ increased production of reactive oxygen species,¹⁹ and neuroinflammation.^{20,21}

$A\beta$ inhibitors act either by (i) stimulating $A\beta$ Ms aggregation into nontoxic off-pathway oligomers with nonamyloidogenic conformation,^{22–24} (ii) binding to fibril surface, thus preventing $A\beta$ Os formation via secondary nucleation,^{25,26} or (iii) accelerating $A\beta$ aggregation, thus decreasing the lifetime of toxic $A\beta$ Os, preventing their growth, and stimulating the formation of nontoxic $A\beta$ Fs.^{27–29} In all these therapeutic strategies, $A\beta$ Ms are consumed. $A\beta$ Ms stimulate brain

development,³⁰ positively contribute to differentiation and proliferation of neural progenitor cells³¹ and human neural stem cells,³² enhance survival of neurons,³³ and protect neurons from excitotoxic cell death.³⁴ Therefore, the disadvantage of previously developed therapeutic strategies is that with the consumption of $A\beta$ Ms, many beneficial physiological abilities of $A\beta$ Ms are lost.

A fluorene-based compound known as K162 or K01–162 (Scheme 1) decreases $A\beta$ Os toxicity in vivo.³⁵ Evidently, K162 penetrates the blood-brain barrier, inhibits $A\beta$ Os binding to synapses, and decreases amyloid load inside MC65 cells and

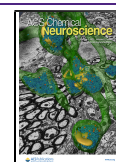
Scheme 1. Structural Formula of K162 ($C_{15}H_{14}BrN$)



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the hippocampus of 5xFAD mice brain. However, the mechanism of these K162 in vivo effects is not described.

Here, we reveal that K162 prevents A β O_s-induced bilayer lipid membrane (BLM) poration by altering the A β aggregation pathway. In the K162-modified A β aggregation, A β M_s dimerize. Then, these A β dimers (A β D_s) do not oligomerize but fibrillate. This way, the formation of membrane-permeating A β O_s is bypassed. Unlike other amyloid inhibitors, K162 preserves the neurologically beneficial A β M_s.

2. RESULTS AND DISCUSSION

K162 Inhibits BLM Permeation by A β O_s—EIS Studies.

Electrochemical impedance spectroscopy (EIS) measures the impedance of the electrode coated with BLM. This BLM is an insulating layer on the electrode surface. When the BLM integrity is compromised, the electrode impedance changes because of the ion transfer from the electrolyte solution bulk to the electrode surface. For highly capacitive systems, like a nonpermeated phospholipid bilayer, the impedance vs frequency curve slope does not change, while the phase angle vs frequency curve displays a plateau at a phase angle $\sim 90^\circ$ in a low-frequency region.^{36,37} These EIS features are observed for the BLM in the absence of A β O_s and K162 (Figures S1a and S1b). For the BLM in the presence of A β O_s (BLM-A β O_s), the impedance vs frequency curve displays the small “kink-like” feature below ~ 1 Hz (black curve in Figure 1a). The corresponding phase angle vs frequency curve

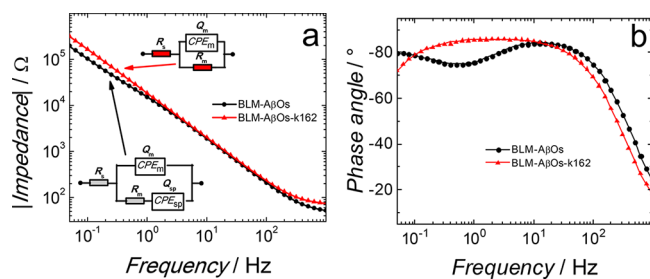


Figure 1. (a) Impedance and (b) phase angle as a function of frequency for (black curve) fBLM-A β O_s and (red curve) fBLM-A β O_s-K162 in the PBS (0.01 M phosphate buffer, 0.0027 M KCl, and 0.137 M NaCl, pH = 7.4) solution at 0 V vs SCE. Symbols and curves of the same colors represent experimental data and results of fitting of parameters of the equivalent electrical circuits, shown as insets in Panel (a), to the EIS data, respectively, for the same measurement at a single potential. R_s and R_m – solution and membrane resistance, respectively; CPE_m and CPE_{sp} – constant-phase element for the membrane and submembrane (spacer) region, respectively.

exhibits the minimum with the lowest phase angle value ($\sim 74^\circ$) at ~ 0.4 Hz (black curve in Figure 1b). These results indicate the BLM permeation by A β O_s, in agreement with our previous study.³⁸ To test whether K162 inhibits this permeation, the preincorporation method was used. That is, K162 was mixed with A β M_s and then allowed to interact with them for 24 h at 4 $^\circ$ C. Next, lipid vesicles were mixed with the A β -K162 solution at room temperature by 10-min sonication. Finally, the 1-thio- β -D-glucose (Tg)-modified Au(111) electrode was immersed in the K162-A β -lipid mixture to allow for sample depositing overnight (for details, see the Materials and Methods section).

For that sample, the impedance vs frequency curve does not display the “kinklike” feature (red curve in Figure 1a).

Moreover, there is no minimum in the phase angle vs frequency curve. Instead, there is a plateau with a phase angle of $\sim 85^\circ$ (red curve in Figure 1b). These EIS features indicate that BLM-A β O_s-K162 is not permeated, and A β O_s are inactive toward BLM in the presence of K162. Possibly, K162 either interacts with A β M_s, thus preventing them from forming toxic A β O_s, or K162 interacts with toxic A β O_s and converts them into a nontoxic form.

The external addition procedure was utilized to test the second possibility. That is, K162 was added to a solution of already formed A β O_s and then allowed to interact with A β O_s for 24 h at 4 $^\circ$ C. Next, lipid vesicles were mixed with the A β O_s-K162 solution at room temperature by 10-min sonication. Finally, the Tg-modified Au(111) electrode was immersed in the K162-A β -lipid mixture to allow for sample depositing overnight (for details, see the Materials and Methods section). In this case, both the “step-like” feature in the impedance vs frequency curve (Figure S1c) and the minimum in the phase angle vs frequency curve (Figure S1d) are absent. These EIS results indicate that K162 effectively inhibits the toxicity of preformed A β O_s.

Equivalent electric circuits, shown as insets in Figure 1a, were fitted to the EIS data to obtain information about membrane capacitance, Q_m , and resistance, R_m , and their changes in the presence of toxins.^{38,39} Results of the EIS fitting are shown in Table S1. As expected, Q_m is the lowest for BLM, i.e., $\sim 3.72 \mu\text{F cm}^{-2}$. The addition of A β O_s to BLM resulted in an increase of Q_m to $\sim 11.57 \mu\text{F cm}^{-2}$, in agreement with our previous study.³⁸ The preincorporation or external addition of K162 does not change Q_m , i.e., Q_m is $\sim 11.79 \mu\text{F cm}^{-2}$ and $\sim 10.19 \mu\text{F cm}^{-2}$, respectively. A decrease in R_m is an excellent indication of membrane permeation. As expected, R_m is the highest for BLM, equaling $\sim 7.25 \text{ M}\Omega \text{ cm}^2$. The addition of A β O_s to BLM (BLM-A β O_s) resulted in an ~ 100 -fold decrease in R_m , i.e., to $\sim 0.079 \text{ M}\Omega \text{ cm}^2$. This result supports the conclusion that BLM is permeated by A β O_s, in agreement with our previous study.³⁸ Moreover, when K162 is preincorporated or externally added, R_m is ~ 0.954 and $3.29 \text{ M}\Omega \text{ cm}^2$, respectively. That is, R_m is decreased much less than that for the nonpermeated BLM. The difference in the R_m change between the K162 added externally and preincorporated into A β solution is negligible ($\sim 2 \text{ M}\Omega \text{ cm}^2$) and can be considered comparable. Such experimental variations are demonstrated in Figure S2, which shows R_m for BLM in the absence of A β and K162 determined from two independent measurements. Overall, the EIS results indicate that K162 inhibits the BLM permeation by A β O_s.

K162 Inhibits the BLM Permeation by A β O_s—AFM Studies. EIS is a technique that provides average information about the sample. High-resolution atomic force microscopy (AFM) imaging was used to complement EIS results by providing molecular-level information about the A β interaction with BLM in the K162 absence and presence. In the absence of both A β O_s and K162, the BLM morphology is typical for lipid bilayers, i.e., it is an ~ 6 nm thick film with a smooth surface (Figures 2a and 2d). Interestingly, a higher resolution image (inset in Figure 2a) shows that even though BLM is in a gel phase only, it is not homogeneous; it consists of small domains. These domains, also known as lipid clusters, were observed in cholesterol-containing ternary⁴⁰ and quaternary⁴¹ lipid bilayer mixtures^{42,43} (detailed discussion on this part is provided in the SI).

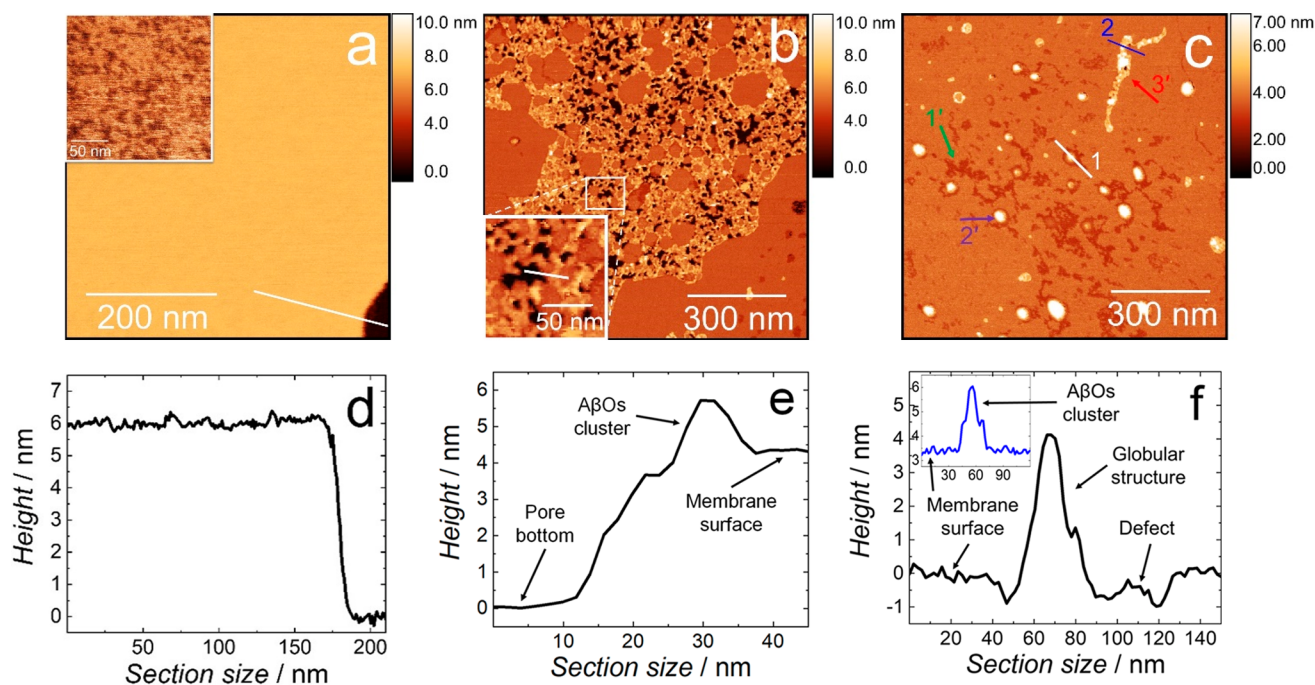


Figure 2. AFM topography images of (a) BLM, (b) BLM in the presence of $A\beta$ O, and (c) BLM in the presence of $A\beta$ O and K162 in the PBS (0.01 M phosphate buffer, 0.0027 M KCl, and 0.137 M NaCl, pH = 7.4) solution at room temperature. Insets in Panels (a) and (b) show higher-resolution AFM images of the BLM in the absence of $A\beta$ O, and the pores and $A\beta$ O clusters formed in the BLM- $A\beta$ O, respectively. (d) Cross-sectional profile across the line in Panel (a) showing the BLM thickness. (e) Cross-sectional profile across the line in the inset in Panel (b) showing the pore depth and the membrane-protruding $A\beta$ O cluster's height. (f) Cross-sectional profile across line 1 in Panel (c) displaying the depth of scratches and globular structures' height. The inset in Panel (f) shows the cross-sectional profile along line 2 in Panel (c), displaying the height of the $A\beta$ O cluster located on top of the BLM- $A\beta$ O-K162. The height in all AFM images is scaled using the lowest point of the image as a reference.

Figure 2b shows the BLM morphology in the presence of $A\beta$ O (BLM- $A\beta$ O), significantly different than that of BLM in the $A\beta$ O absence. In the presence of $A\beta$ O, a network of domains consisting of pores surrounded by $A\beta$ O clusters is formed. This network occupies $\sim 40\%$ of the total surface area of the membrane. The pore depth is in the range of 3 to 4.5 nm, with the most populated pore depth of ~ 3.9 nm (Figures 2e and S4a). Our previous study showed that $A\beta$ O induce conformational changes of lipid acyl chains by increasing the number of gauche conformers characteristic for melted lipid acyl chains.³⁸ The thickness of the BLM with melted acyl chains, i.e., in the liquid crystalline phase, is ~ 5 nm (Figure S3). Therefore, the pore depth distribution (Figure S4a) shows that $A\beta$ O entirely compromised the integrity of the ~ 5 nm thick BLM (Figure 2b). The $A\beta$ O clusters with an equivalent disk radius of ~ 5 nm (Figure S4b) protrude ~ 2 – 3 nm from the membrane surface (Figure 2e).

Figure 2c shows the morphology of BLM in the presence of both $A\beta$ O and K162 (BLM- $A\beta$ O-K162). The presence of K162 prevents $A\beta$ O from forming the network of domains with pores passing through the entire BLM. Instead, three distinctive features are visible on the BLM surface, i.e., (i) defects of irregular shapes (indicated with green arrow 1'), globular particles (purple arrow 2'), and $A\beta$ O clusters similar to those shown in Figure 2a (red arrow 3'). The defects are ~ 0.7 – 1.2 nm deep (Figures 2f and S4c), and they occupy $\sim 7\%$ of the BLM surface area. These defects are very shallow compared to the pores in BLM- $A\beta$ O (Figures 2e and S4a). The globular structures with a height of ~ 4 – 6 nm (Figure 2f) occupy $\sim 3\%$ of the BLM surface area. The (~ 2 – 3)-nm thick $A\beta$ O clusters (inset in Figure 2f), similar to those for BLM- $A\beta$ O in the absence of K162 (Figure 2b), also appear in the

K162 presence, indicating that K162 does not inhibit $A\beta$ O clustering on the BLM surface. The lack of pores in the presence of K162 clearly indicates that the resulting clusters do not permeate BLM, thus confirming the EIS results. In the presence of K162, there is no network of $A\beta$ O clusters (Figure 2c), seen in the absence of K162 (Figure 2b). Instead, only a few separate $A\beta$ O clusters and many large globular structures, mostly located in irregularly shaped, shallow defects, are visible (Figure 2c). This observation indicates that the K162 molecules break the $A\beta$ O cluster network and stimulate individual $A\beta$ O clusters to shrink into globular structures. During this shrinking, $A\beta$ O clusters leave defects on the BLM surface like imprints showing their location on the membrane surface before the shrinking. The formation of globular structures only in the K162 presence supports this explanation. Moreover, these structures are higher than $A\beta$ O clusters (Figure 2c and inset in Figure 2f), as expected, if the globular structure is formed by a mass accumulation of laterally long $A\beta$ O clusters. Furthermore, the shape and radius of the defects (Figure S4d) are very similar to those of $A\beta$ O clusters formed in the absence of K162 (Figure S4b), supporting the hypothesis that the defects are imprints of $A\beta$ O clusters that shrank and diffused away from the BLM surface. This hypothesis could also account for the K162-induced inhibition of $A\beta$ O binding to synapses.³⁵

K162 contains aromatic rings (Scheme 1), making the molecule very hydrophobic. Hence, K162 could potentially incorporate into the membrane and alter its structure. Therefore, the morphology of BLM exposed to K162 only (without $A\beta$) was studied by AFM. Both morphology and thickness of the membrane in the absence (Figure 2a) and presence of K162 (Figure S5) are similar, indicating that K162

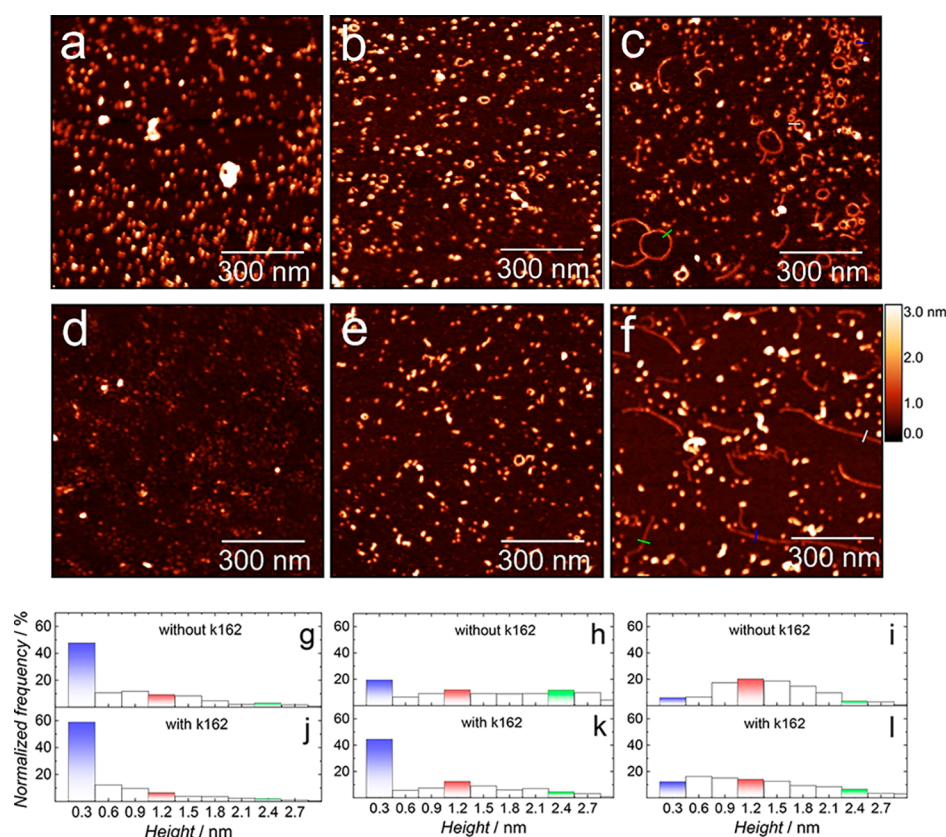


Figure 3. AFM topography images of $A\beta$ forms produced after (a, d) 0, (b, e) 24, and (c, f) 48 h of $A\beta$ aggregation in the (a–c) absence and (d–f) presence of K162 in the PBS (0.01 M phosphate buffer, 0.0027 M KCl, and 0.137 M NaCl, pH = 7.4) solution at 4 °C. The corresponding height distributions of $A\beta$ forms produced after (g, j) 0, (h, k) 24, and (i, l) 48 h of $A\beta$ aggregation in the (g, h, i) absence and (j, k, l) presence of K162. Histograms corresponding to monomers, tetramers, and octamers of $A\beta$ are colored in blue, red, and green, respectively.

does not affect the membrane structure at the concentration used in the present research. Moreover, no particles were adsorbed on the membrane or mica surface.

K162 Influence on the $A\beta$ Aggregation in Solution–AFM Studies. The EIS and AFM results show that K162 inhibits BLM permeation by $A\beta$ Os, formed after 24 h of $A\beta$ aggregation. To understand this inhibition mechanism, we examined the K162 influence on the $A\beta$ aggregation in the absence of lipids. Figure 3a shows the AFM image of $A\beta$ molecules deposited on mica from a freshly prepared $A\beta$ solution (0 h of aggregation) in the absence of K162. Globular structures are only visible. The most populated globules ($\sim 47\%$) with a height of ~ 0.3 nm correspond to $A\beta$ M, while the remaining globules constitute a minor population of small $A\beta$ Os (Figure 3g and Table S2). These results are in excellent agreement with the literature.⁴⁴ After 24 h of $A\beta$ aggregation in the absence of K162 (Figure 3b), the $A\beta$ M population significantly decreases from $\sim 47\%$ to $\sim 19\%$, and two types of globular $A\beta$ Os, with their respective heights of ~ 1.2 and ~ 2.4 nm, are formed (Figure 3h and Table S2). Considering the height of $A\beta$ M, one can infer that the two populations of $A\beta$ Os correspond to tetramers and octamers, respectively. The $A\beta$ aggregation occurs through the so-called nucleated conversion mechanism.^{45,46} This mechanism indicates the growth of $A\beta$ Os by their stacking on top of each other, i.e., two $A\beta$ M molecules stack to produce an $A\beta$ dimer ($A\beta$ D), then two $A\beta$ D molecules stack to produce a tetramer, etc. This mechanism explains why $A\beta$ M, $A\beta$ Ds, tetramers, and octamers dominate over trimers, pentamers, hexamers, etc.

In the presence of K162, a freshly prepared $A\beta$ solution contains a slightly higher population of $A\beta$ M ($\sim 58\%$) and a lower population of $A\beta$ Os (Figures 3d and 3j) in comparison to those found in the K162 absence (Figures 3a and 3g). After 24 h of the $A\beta$ aggregation in the presence of K162, only globular structures are formed (Figure 3e) at the expense of the $A\beta$ M population, which decreased from $\sim 58\%$ to $\sim 44\%$. This decrease is significantly lower than that in the absence of K162 (Figures 3k vs 3h). That is, after 24-h $A\beta$ aggregation, 60 and 25% of the monomers aggregated, forming oligomers in the absence and presence of K162, respectively (Figures 3h and 3k and Table S2). Consequently, the population of $A\beta$ Os formed in the presence of K162 is lower than that in the K162 absence. Moreover, the height distribution of $A\beta$ Os formed in the presence of K162 significantly differs from that observed in the K162 absence. That is, tetramers dominate over the other forms of $A\beta$ Os, and the number of octamers is negligible compared to $A\beta$ Os distribution in the K162 absence (Table S2). These results suggest that K162 substantially preserves $A\beta$ M and inhibits their aggregation into membrane-permeating $A\beta$ Os like tetramers, octamers, etc.

So far, we showed that K162 suppressed the formation of $A\beta$ Os during the first 24 h of $A\beta$ aggregation. However, it is unclear whether K162 only delays or effectively inhibits the formation of toxic $A\beta$ Os. In the former case, the BLM damage would be delayed but unavoidable, making K162 an ineffective therapeutic. Therefore, the $A\beta$ aggregation in the absence and presence of K162 was monitored by AFM for 48 h. After 48 h of $A\beta$ aggregation in the absence of K162, both globular and

elongated structures are formed (Figures 3c and S6a). The $A\beta$ M population decreased significantly (Figure 3i) compared to that observed after 24 h of $A\beta$ aggregation (Figure 3h). Moreover, the most dominant $A\beta$ O are tetramers, while the octamer population decreased (Table S2). It might be surprising that globular $A\beta$ aggregates formed after 48 h of aggregation (Figure 3i) are smaller than those formed after 24 h of aggregation (Figure 3h). However, a recent study showed that $A\beta$ O rather dissociate than grow into larger forms,⁴⁷ even though $A\beta$ Fs are formed later along the aggregation pathway. In the K162 absence, most elongated structures assume a ringlike shape, while a minor population has an elongated shape typical for $A\beta$ Fs (Figure 3c). The mechanism of the ringlike shape formation is not elucidated yet. Presumably, only $A\beta$ O of a certain molecular weight can adopt the ringlike shape. Because all $A\beta$ O are transiently stable, some will assemble into the ringlike shape, while others will aggregate into higher-order $A\beta$ O. The K162 occupies hydrophobic residues of ring-forming $A\beta$ oligomers, thus preventing their assembling into the ringlike shape. The elongated structures' cross-sectional profile showed that their height is ~ 1.2 nm (Figure S6c), identical to the $A\beta$ tetramers' height, indicating that these structures are formed lateral assembly of $A\beta$ tetramers.

In the presence of K162, both globules and $A\beta$ Fs are formed after 48 h of aggregates (Figures 3f and S6b), similarly as in the K162 absence (Figures 3c and S6a). However, the height distribution differs significantly between the two cases. In the K162 presence, $A\beta$ M and $A\beta$ Ds represent a substantial part of the $A\beta$ aggregates (Figure 3l and Table S2). Interestingly, in the presence of K162, there are no ringlike structures. The cross-sectional profiles show that $A\beta$ Fs, formed in the presence of K162 (Figures 3f and S6d), are much longer and by $\sim 50\%$ thinner than the $A\beta$ Fs formed in the K162 absence (Figures 3c and S6c). The height of the $A\beta$ Fs formed in the presence of K162 indicates that they are composed of $A\beta$ dimers ($A\beta$ Ds), not tetramers, as it is observed in the K162 absence.

K162 Influence on the $A\beta$ Aggregation in Solution—MD Simulations. Molecular dynamics (MD) simulations were performed to gain further insight into the K162 interaction with $A\beta$. Two different $A\beta$ structures were used for the MD calculations. $A\beta$ M and $A\beta$ Ds are represented by the $A\beta$ 42 that assumes a so-called β -hairpin structure with an antiparallel β -sheet arrangement.⁴⁸ This structure is typical for the prefibrillar $A\beta$ forms, i.e., misfolded $A\beta$ M and toxic $A\beta$ O.^{49,50} For $A\beta$ Fs, the structure of $A\beta$ 42 fibrils with in-register parallel β -sheet architecture, composed of $A\beta$ Ds, was used.⁵¹ The in-register parallel β -sheet is typical for $A\beta$ Fs.^{51–54} Interactions of these structures with K162 are shown in Figure 4.

MD identifies the binding sites and energies of the K162- $A\beta$ interactions, thus providing information about the K162 affinity toward $A\beta$ M, $A\beta$ Ds, and $A\beta$ Fs and its influence on $A\beta$ aggregation. MD simulations show that K162 binds to all $A\beta$ forms, i.e., $A\beta$ M, $A\beta$ Ds, and $A\beta$ Fs, but it also aggregates itself (Figure 4). The dispersive and hydrophobic interactions, mostly π - π stacking of aromatic rings, are responsible for the favorable attractive interactions between K162 molecule. Moreover, they allow for partial K162 dehydration and contact-pair formation. In the K162- $A\beta$ M complex (Figure 4a), K162 interacts with hydrophilic residues, i.e., 13–16, of $A\beta$ M⁵⁵ via its Br terminal. In contrast to $A\beta$ M, K162 binds to hydrophobic residues of $A\beta$ Ds and $A\beta$ Fs (Figure 4b and 4c,

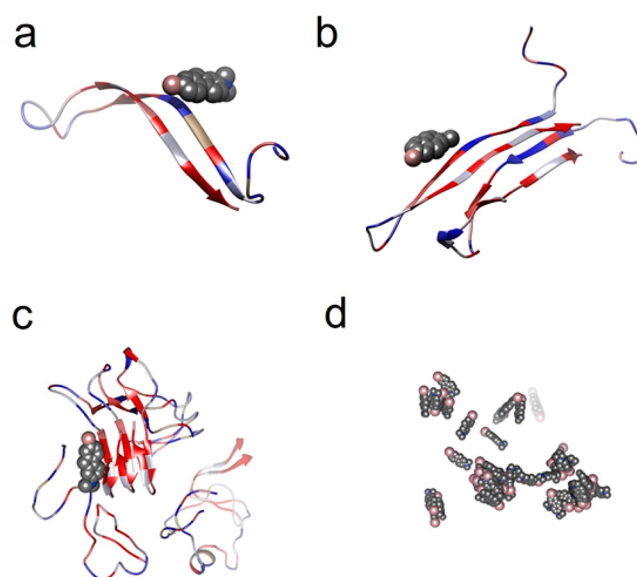


Figure 4. Molecular dynamics modeled examples of configurations of the K162 complexes with (a) $A\beta$ M, (b) $A\beta$ D, (c) $A\beta$ F, and (d) K162. K162 molecules are represented as spheres and colored by the type of element, i.e., carbon is gray, bromine is pink, and nitrogen is blue. All $A\beta$ forms are shown as ribbon structures, and their residues are colored by lipophilicity, i.e., hydrophilic residues are blue, neutral residues are white, and hydrophobic residues are red.

respectively) via its hydrophobic aromatic ring. The difference between K162- $A\beta$ D and K162- $A\beta$ F interactions is that K162 interacts with both the middle part (residues 16–18) and the C-terminal side (residues 31–35) of $A\beta$ Ds, while it binds only to the C-terminal part (residues 30–42) of $A\beta$ Fs.

The binding energy values for all $A\beta$ - $A\beta$ interactions in the K162 absence are negative, indicating a high affinity of $A\beta$ to aggregate (Table S3). On the other hand, the positive binding energies of all $A\beta$ - $A\beta$ interactions in the K162 presence suggest that once the K162 binds to any $A\beta$ form, its further aggregation is energetically unfavorable. However, AFM imaging shows that despite the K162 presence, the $A\beta$ aggregates are formed even at a K162 concentration 10-fold higher than that of $A\beta$ (the K162: $A\beta$ ratio is 10:1). K162 self-aggregates (Figure 4d), thus suggesting that not all K162 molecules bind to $A\beta$. Therefore, $A\beta$ aggregation is not entirely prevented because the K162 self-aggregation competes with the K162- $A\beta$ interaction.

Moreover, K162 does not inhibit the aggregation of all $A\beta$ forms equally because it does not bind to all of them with the same preference. The binding energy values for all K162- $A\beta$ interactions indicate that the affinity of K162 increases in the order of K162 < $A\beta$ Fs < $A\beta$ M < $A\beta$ Ds (Table S3). This different affinity can be explained by considering the structural changes of all $A\beta$ forms during $A\beta$ aggregation. The $A\beta$ aggregates in the following order: (i) aggregation of misfolded $A\beta$ M to $A\beta$ O rich in antiparallel β -sheets,^{48–50,56} (ii) conversion of $A\beta$ O to fibrillar seeds with in-register parallel β -sheets, and (iii) lateral assembly of fibril seeds to $A\beta$ Fs with in-register parallel β -sheets.^{51–54} During $A\beta$ aggregation, the hydrophobic residues of $A\beta$ adopt β -sheets conformation and thus are the primary residues driving the $A\beta$ aggregation.⁵⁵ As $A\beta$ aggregation proceeds, hydrophobic residues get buried more efficiently in the $A\beta$ aggregates interior and thus are less exposed and less accessible for K162.

An AFM study shows that a high amount of $A\beta$ M is preserved after 24 h of $A\beta$ aggregation (Figure 3k and Table S2). However, both $A\beta$ Ds and $A\beta$ Fs are formed after 48 h of $A\beta$ aggregation (Figure 3l and Table S2). That is because K162 binds to the hydrophilic residues but not to aggregation-relevant hydrophobic residues of the $A\beta$ M (Figure 4a). Therefore, K162 inhibits but does not entirely prevent $A\beta$ M aggregation.

After 24 h of $A\beta$ aggregation in the K162 presence, a population of globular $A\beta$ O, larger than $A\beta$ D, is minor (Figure 3k and Table S2). Hence, K162 inhibits $A\beta$ D oligomerization. After 48 h of $A\beta$ aggregation in the K162 presence, $A\beta$ Ds and $A\beta$ Fs, composed of $A\beta$ Ds, dominate (Figures 3f, 3l, and S6b). Apparently, some $A\beta$ Ds manage to convert to fibril seeds and fibrillate in the presence of K162. Although K162 binds to aggregation-relevant hydrophobic residues of both $A\beta$ Ds and fibril seeds/ $A\beta$ Fs (Figures 4b and 4c), the hydrophobic residues of $A\beta$ Fs are more deeply buried, thus remaining less accessible to K162. Therefore, the K162- $A\beta$ D interaction is energetically more favorable than the K162- $A\beta$ F interaction (Table S3). Hence, K162 more effectively prevents $A\beta$ D oligomerization than fibrillation of $A\beta$ D converted to fibril seeds.

Long $A\beta$ Fs are observed in the K162 presence (Figures 3f and S6b), indicating that K162 cannot compromise them. The in-register parallel β -sheet arrangement in fibril seeds/ $A\beta$ Fs makes them very robust and stable, giving them a strength comparable to steel and mechanical stiffness comparable to that of silk⁵⁷ that is significantly higher than that of $A\beta$ O.⁵⁸

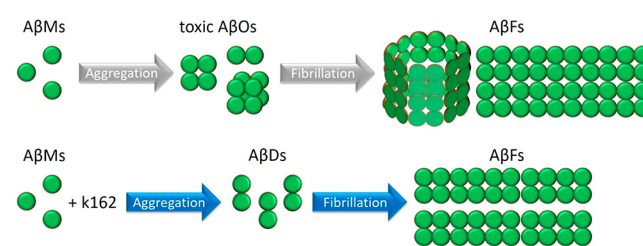
Our results explain why only $A\beta$ M and $A\beta$ D were observed inside neurons.³⁵ The only remaining kind of $A\beta$ aggregates formed in the K162 presence is nontoxic $A\beta$ F, which adsorb on the BLM surface without destroying it,^{10,11} and thus they cannot insert into neurons.³⁵ Importantly, $A\beta$ Fs are widely known as nontoxic because they are inactive toward various biosystems like lipid vesicles,⁵ PC12 cells,⁶ glial cells in CGC cultures and macrophage J774 cells,⁷ MC65 cells, U18666A-treated neurons, and Tg6799 5x FAD mice.³⁵ Moreover, our findings explain the influence of K162 on the formation of nontoxic $A\beta$ Ds. In general, hydrophobic residues of $A\beta$ O are essential for their toxicity. The higher the surface hydrophobicity of $A\beta$ O, the higher their toxicity.^{59–62} The interaction of $A\beta$ O hydrophobic residues with BLM's hydrophobic core leads to the BLM permeabilization.^{11,38} Our results show that K162 occupies the toxicity-relevant hydrophobic residues of $A\beta$ Ds, thus inhibiting the BLM permeation by these $A\beta$ O.

3. CONCLUSIONS

We have demonstrated that K162 inhibits BLM poration by $A\beta$ O. The EIS results showed that BLM integrity was preserved in the presence of $A\beta$ O and K162. This observation was confirmed by AFM imaging, showing no pores in the membrane typically formed by $A\beta$ O. The BLM protection from $A\beta$ O by K162 results from K162 binding to hydrophobic residues of $A\beta$ aggregates. These residues are relevant not only for $A\beta$ O toxicity but also for $A\beta$ aggregation. Once K162 binds to $A\beta$, its further aggregation is unfavorable. However, under the conditions used in the present study, K162 cannot entirely prevent aggregation of all $A\beta$ forms present in the solution because of competitive K162 self-aggregation. Therefore, K162 inhibits $A\beta$ M aggregation, prevents $A\beta$ D oligomerization, but allows partial $A\beta$ Ds

fibrillation (Scheme 2). As a result, nontoxic $A\beta$ forms, i.e., $A\beta$ M, $A\beta$ Ds, and $A\beta$ Fs, are only formed in the presence of

Scheme 2. $A\beta$ Aggregation Pathways in the Absence (Grey Arrows) and Presence (Blue Arrows) of K162



K162. This behavior is not observed for $A\beta$ alone, where $A\beta$ aggregation leads to the formation of high-molecular-weight toxic oligomers. These results show that K162 affects the $A\beta$ aggregation pathways. This way, the production of BLM-permeating $A\beta$ O is bypassed. Unlike other $A\beta$ toxicity inhibitors, K162 preserves neurologically beneficial $A\beta$ M. However, it remains to be elucidated whether K162-bound $A\beta$ M retain their beneficial neurological abilities. Even if they do not, the present findings describe a unique $A\beta$ toxicity inhibition mechanism that may inspire the production of a novel type of AD therapeutics.

4. MATERIALS AND METHODS

$A\beta$ Peptide Preparation. Lyophilized amyloid β (1–42) peptide was purchased from rPeptide (Watkinsville, USA) and Bachem (Bubendorf, Switzerland). Its purity was high, as evidenced by MS analysis, reported in our previous work,³⁸ showing molecular mass identical to that expected for the $A\beta$ monomer. The peptide solution was prepared by following the previously developed protocol⁶³ with slight modifications introduced in our previous studies.^{11,38} Briefly, $A\beta$ was first dissolved to reach the 0.5-mg mL⁻¹ concentration in trifluoroacetic acid (TFA) from Sigma-Aldrich by 5-min vortexing to remove pre-existing $A\beta$ aggregates. Then, TFA was removed under an Ar stream, leaving the peptide film on the glass vial wall. Next, the peptide film was dissolved at the 0.5 mg mL⁻¹ concentration in 1,1,1,3,3,3-hexafluoro-2-propanol (HFIP) from Sigma-Aldrich by 5-min vortexing. Subsequently, HFIP was evaporated under an Ar stream, leaving the $A\beta$ film on the glass vial wall. The dissolution of this $A\beta$ film in HFIP and subsequent removal of HFIP were repeated once more. Next, the $A\beta$ film was dissolved at the 0.25 mg mL⁻¹ concentration in HFIP by 5-min vortexing. The $A\beta$ solution was divided into 20 aliquots, each containing 50 μ g of the peptide per centrifuge tube. The tubes were covered with Kimtech wipes to protect them from contamination and then left under the fume hood overnight to allow for HFIP evaporation. Next, residual HFIP was removed under decreased pressure in a desiccator for 1 h, and the resulting transparent peptide films were stored in the freezer at -20 °C. A single aliquot was used for each experiment. The peptide film was resuspended in 20 μ L of dimethyl sulfoxide (DMSO) from Sigma-Aldrich. The $A\beta$ aggregation was initiated by diluting the $A\beta$ /DMSO solution to 50 μ g mL⁻¹ $A\beta$ concentration with the 0.01 M phosphate buffer saline (PBS) solution. The PBS solution was prepared by dissolving PBS tablets from Sigma-Aldrich in 200 mL of Milli Q water, 18.2 M Ω cm, thus obtaining the 0.01 M phosphate buffer, 0.0027 M KCl, and 0.137 M NaCl (pH = 7.4) solution. Initially, the 50 μ g mL⁻¹ $A\beta$ solution contained $A\beta$ M. The $A\beta$ M solution was then immediately stored in the fridge at 4 °C to aggregate for 24 h. The $A\beta$ aggregation rate is lower at low temperatures.⁶⁴ Therefore, storing $A\beta$ M solution at 4 °C for 24 h allowed us to obtain a solution of small, BLM-permeating $A\beta$ O, as we have previously shown.^{11,38}

Incorporation of K162 into A β Solution. A powder of K162 (Scheme 1) from Sigma-Aldrich (No. 200487) was dissolved at 5 mM concentration in DMSO to make a K162 stock solution. Then, K162 was incorporated into A β solutions in two ways. In one, named the preincorporation protocol, the 20 μ L of K162/DMSO stock solution was used to resuspend the 50- μ g A β aliquot, thus obtaining the A β M/K162/DMSO solution. This solution was then diluted to the 50- μ g mL⁻¹ A β concentration and subsequently allowed to aggregate in the fridge at 4 °C for 24 h, thus providing the same aggregation conditions as those in the drug absence. In the other way, named the external addition protocol, first, 50 μ g of A β M, subsequently dissolved in 20 μ L of DMSO and 980 μ L of PBS, was allowed to aggregate for 24 h at 4 °C. Next, the A β O solution was mixed with the 20 μ L of K162/DMSO stock solution. The final A β O/K162 solution was stored again at 4 °C for 24 h. In this way, conditions of the K162 interaction with both A β M and A β O were identical. The concentration of K162 and A β in the A β -K162 mixture was 100 and 10 μ M, respectively, resulting in the drug-to-peptide ratio, in all samples, of 10:1 (*v:v*).

Lipid Vesicle Preparation. 1,2-Distearoyl-*sn*-glycero-3-phosphoethanolamine (DSPE), 1,2-dipalmitoyl-*sn*-glycero-3-phosphocholine (DPPC), cholesterol (Chol), porcine brain sphingomyelin (SM), and ovine brain monosialoganglioside (GM1), purchased from Sigma-Aldrich, were used without further purification. Structural formulas of the lipids used are shown elsewhere.³⁸ DSPE was dissolved in the chloroform:methanol (9:1, *v:v*) mixed solvent solution at 50 °C. Other lipids were dissolved in chloroform at room temperature. The lipid stock solutions were stored in the freezer at -20 °C. An aliquot of each lipid stock solution was transferred to a glass vial, and the final solution contained 1 mg of lipids. This mixed lipid solution contained 50% DSPE, 15% DPPC, 25% Chol, 8% SM, and 2% GM1 by weight. This lipid composition was used in our previous study³⁸ to mimic aged lipid rafts formed in the cells' membrane from the human frontal cortex found in AD patients' brains.⁶⁵ The solvents were evaporated under an Ar stream accompanied by vortexing to produce a lipid film on the glass vial's bottom. Then, this film was resuspended in the PBS solution to reach the 1 mg mL⁻¹ lipid concentration. Finally, lipid vesicles were formed after a 20-min sonication of the lipid solution at 45 °C using ultrasonic cleaner Sonorex Digiplus DL 102 H from Bandelin (Berlin, Germany).

In all experiments, the lipid vesicle and A β O solutions (either without or with K162) were mixed to reach the peptide-to-lipid mass ratio of 1:20. Then, the mixture was sonicated for 10 min at room temperature and used immediately afterward.

Electrochemical Impedance Spectroscopy (EIS) Measurements. The vesicle fusion method was used to prepare a BLM.⁶⁶ A single-crystal Au(111) electrode (surface area of 0.7854 cm²) was used as the working electrode for electrochemical measurements. Before use, this electrode was pretreated according to the previously developed procedure.⁶⁷ Briefly, the electrode was rinsed with Milli-Q water and then flame annealed using a Bunsen burner. After cooling down to room temperature, the electrode was immersed in a 0.4 mg mL⁻¹ 1-thio- β -D-glucose (Tg) solution from Sigma-Aldrich for 5 h. That way, a self-assembled monolayer of Tg (SAM-Tg) was formed on the gold surface. The SAM-Tg provides a hydrophilic cushion layer that enhances vesicle fusion and relieves stress imposed by the gold substrate on the BLM.⁶⁸ Moreover, it provides a water-rich layer underneath the lipid bilayer, thus mimicking the natural cell membrane environment. After SAM-Tg formation, the electrode was rinsed with Milli-Q water and then immersed in the lipid vesicle solution (either containing or not containing A β O and K162) overnight. Finally, the electrodes were withdrawn from the solutions, and then the excess of the solution was gently removed with a Kimtech wipe.

The all-glass three-electrode cell was used for all electrochemical measurements. An Au(111), Au wire, and saturated calomel electrode (SCE) were used as the working, counter, and reference electrode, respectively. Before each measurement, the solution was purged for 30 min with an Ar stream for deaeration. During the experiments, an Ar cushion was flowing over the solution. The Au(111) electrode coated

with the BLM was assembled in the electrochemical cell in the hanging meniscus configuration. That is, the electrode was slowly pushed down vertically toward the electrolyte solution until it touched it. Then, it was raised until a meniscus between the electrode surface and the electrolyte was formed.

Electrochemical impedance spectroscopy (EIS) measurements were conducted using VSP electrochemical interface (Biologic). The EIS spectra were acquired in the potential range of 0.3 to -0.4 V vs SCE. During EIS measurements, an excitation sinusoidal voltage signal of the amplitude of 10 mV was applied, and the spectra were recorded in the frequency range of 10³ to 0.05 Hz. Equivalent electric circuits were fitted to the EIS data using ZView software (Scribner Associates Inc.).

Atomic Force Microscopy (AFM) Imaging. The BLM samples were imaged with AFM in the PeakForce quantitative nano-mechanical mapping (PF-QNM) mode using a MultiMode 8 system (Bruker) equipped with an E scanner. The system was turned on and allowed to equilibrate for at least 30 min before each experiment. The BL-AC40TS (Olympus) and RTESPA300 (Bruker) cantilevers with a spring constant of 0.1 and 40 N m⁻¹, and the resonance frequency of 50 and 300 kHz, respectively, were used for sample imaging in liquid and air, respectively. The AFM cantilevers were cleaned by consecutive immersing in a detergent bath, 2-propanol, and Milli-Q water for 10 min. Next, the cantilevers were ozonized in the UVC-1014 UV ozone cleaner (Nanobioanalytics, Berlin, Germany) for 10 min. The cantilevers were calibrated using the thermal tune method. The tip radius was determined by imaging the Ti roughness sample (Bruker) routinely used for tip radius determination.^{69,70} The V1 grade mica disks (Ted Pella, Inc.) were mounted on metallic disks using an adhesive tape. Next, mica was cleaned in ethanol and then in Milli-Q water. After drying with an Ar stream, its top layer was piled off using an adhesive tape, resulting in a clean and atomically flat surface. The samples were immediately deposited on the freshly cleaned mica surface.

The PF-QNM in a fluid mode was used to study the morphology of BLM, BLM-A β O, and BLM-A β O-K162 in the PBS solution (pH = 7.4) at 21 °C. Before the imaging, the fluid cell and AFM accessories were cleaned in a detergent bath, followed by sequential rinsing with ethanol and then Milli-Q water. A 30- μ L aliquot of the lipid vesicle solution (either without or with A β O and K162) was deposited on a freshly cleaved mica substrate and then left for 45 min to form BLM on the substrate surface. Finally, the sample was rinsed with Milli-Q water filtered through a Whatman syringe filter (GE Healthcare Life Sciences) of 0.02 μ m porosity and then mounted for AFM imaging.

The PF-QNM in air mode was used for monitoring A β aggregation in the absence and presence of K162. A freshly prepared A β M solution (either without or with K162) was deposited on a freshly cleaved mica substrate. After 5 min of deposition, the sample was rinsed with filtered Milli-Q water, dried with a gentle stream of Ar, and subsequently mounted for AFM imaging. The imaging was performed at 21 °C.

All AFM images were processed and analyzed using Gwyddion software.⁷¹

Molecular Dynamics (MD) Simulations. To gain molecular-level insight into the energetics of the A β interaction with K162, we carried out molecular dynamics simulations and postprocessed obtained trajectories using the Molecular Mechanics Poisson-Boltzmann Surface Area (MMPBSA)⁷² method. The A β M and A β D were constructed using the PDB:6RHY structure.⁴⁸ The A β F structure was prepared using the PDB:2NAO structure.⁵¹ First, we simulated mixtures of A β M, A β D, or A β F with K162 in the molar ratio of A β :K162 equal 1:10. We modeled solvent explicitly using the OPC3 water model,⁷³ which provides a realistic description of solution dielectric properties and responses.⁷⁴ The MD simulation protocol consisted of a sequence of the following steps: (i) steepest descent optimization of initial configuration, (ii) heating to room temperature, (iii) density optimization, and (iv) 50 ns production run within the isothermal-isobaric ensemble. The simulations were carried out under ambient conditions with the temperature controlled by stochastic Langevin thermostat (collision frequency $\gamma = 2$ ps⁻¹)

and pressure controlled by Berendsen barostat (coupling constant $\tau = 1$ ps). Second, we extracted the bounded complexes of K162 with A β M, A β D, or A β F from the last configuration in the mixture production runs. These complexes were immersed in bulk water and then simulated for another 50 ns. Finally, the single-complex trajectories were postprocessed using the MMPBSA⁷² method to estimate the K162-A β binding energies. The interaction parameters for A β were assigned based on the residue-partitioning and connectivity using the Amber ff14SB⁷⁵ force field. The interaction model for K162 was developed using the Density Function Theory (theory level B3LYP/6-311++G**). This procedure included three steps: i.e., (i) geometry optimization, (ii) Merz–Singh–Kollman⁷⁶ electrostatic potential partitioning into partial charges, and (iii) assignment of short-range interaction parameters and bonding terms from the GAFF⁷⁷ force-field library. The first-principle calculations were carried out using NWChem⁷⁸ and Gaussian⁷⁹ packages; the MD simulations were carried out using both Amber⁸⁰ and Gromacs⁸¹ packages.

■ ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acscchemneuro.0c00754>.

Figure S1, impedance and phase angle as function of frequency for BLM and BLM-A β Os-K162; Figure S2, two independent measurements of membrane resistance as function of applied potential in PBS; Figure S3, AFM image and corresponding cross-sectional profile of BLM; Figure S4, depth of pores and equivalent disk radius of A β O clusters surrounding pores in BLM-A β Os; Figure S5, AFM topography image and corresponding cross-sectional profile of BLM in presence of K162 in PBS; Figure S6, AFM imaged topography of elongated A β aggregates formed in absence and presence of K162 after 48 h of A β aggregation; Table S1, numerical results of equivalent electric circuits fittings to the EIS data; Table S2, population of different A β forms during A β aggregation; and Table S3, binding energies of interactions of A β with K162 (PDF)

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Author Contributions

P.P. designed the study and managed the project. D.M. conducted the electrochemical and AFM measurements. P.Z. performed molecular dynamics simulations. D.M. and M.M. prepared the samples. D.M. conducted the data processing. D.M., I.S.P., R.N., and P.P. analyzed the data. D.M. and P.P. drafted the main text of the manuscript. D.M., W.K., J.L., and P.P. wrote the manuscript. All authors have given their final approval for the manuscript.

Notes

The authors declare no competing financial interest.

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