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## Article

# Development of an Electrochemical Paper-Based Device Modified with Functionalized Biochar for the Screening of Paracetamol in Substandard Medicines

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**Abstract:** The global prevalence of counterfeit and low-quality pharmaceuticals poses significant health risks and challenges in medical treatments, creating a need for rapid and reliable drug screening technologies. This study introduces a cost-effective electrochemical paper-based device (ePAD) modified with functionalized bamboo-derived biochar (BCF) for the detection of paracetamol in substandard medicines. The sensor was fabricated using a custom 3D-printed stencil in PLA, designed for efficient production, and a 60:40 (m/m) graphite (GR) and glass varnish (GV) conductive ink, resulting in a robust and sensitive platform. The electroactive area of the ePAD/BCF sensor was determined as 0.37 cm<sup>2</sup>. Characterization via SEM and cyclic voltammetry (CV) verified its structural and electrochemical stability. The sensor demonstrated linear detection of paracetamol from 5.0 to 60.0 μmol L<sup>-1</sup> with a detection limit of 3.50 μmol L<sup>-1</sup>. Interference studies showed high selectivity, with recoveries of over 90%, and the sensor successfully quantified paracetamol in commercial analgesic and anti-flu samples. This sustainable, bamboo-based ePAD offers a promising solution for rapid on-site pharmaceutical quality control, with significant potential to enhance drug screening accuracy.

**Keywords:** electrochemical paper-based analytical devices (ePADs); 3D printing; conductive ink; substandard drugs; paracetamol



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## 1. Introduction

Substandard drugs are a serious worldwide issue that generates grave global health, economic and social consequences, requiring innovative and safe anti-counterfeiting solutions [1,2]. The World Health Organization (WHO) classifies these drugs as products that do not meet the quality standards established by regulatory authorities and that are incorrectly labeled regarding identity and/or origin [3–5]. Counterfeit drugs may contain the correct ingredients, the incorrect ingredients, the active pharmaceutical ingredient in the incorrect concentration, no active pharmaceutical ingredient or false labeling [3], and these drugs are the cause of approximately 100,000 deaths per year worldwide [6]. In a global context, researchers estimate that 1 in 10 pharmaceutical products are substandard [5–7], and this number could reach 3 in 10 in some regions of Africa, Asia and Latin America [6]. Among the most counterfeited pharmaceuticals, it is estimated that 12% are painkillers [1].

Acetaminophen, popularly known as paracetamol (PARA), is an analgesic, antipyretic and non-steroidal anti-inflammatory that can be purchased without a prescription [7,8]. Paracetamol is used to treat fever, headaches, muscle pain, body aches, toothaches, arthritis

and other problems [8,9], and its consumption is estimated at 30 million doses per day [9]. Paracetamol is among the most counterfeited medicines [10], and the high consumption associated with the counterfeiting rate can cause several problems, which necessitates the development of analytical tools to monitor medicines that contain this substance [8]. In doses above the permitted limit, this drug can cause various illnesses, from convulsions, nausea, insomnia and tremors to kidney failure, liver necrosis and death [7,9,11].

It can be difficult to discern substandard drugs from authentic products just on visual inspection, making their identification and analysis a complex and challenging task [1]. Since analytical techniques can offer a trustworthy and objective approach to identify and quantify the active ingredients, contaminants, and other components in a sample, they are consequently essential for the detection and analysis of these pharmaceutical products. There are many analytical techniques that can be used for the detection and analysis of substandard drugs, including high-performance liquid chromatography (HPLC) [5], mass spectrometry (MS) [1], benchtop NMR spectroscopy [12], near-infrared chemical imaging (NIR-CI) [13], thin layer chromatography (TLC) [1], Raman spectroscopy [10] and UV spectrophotometry [5].

The use of electrochemical sensors to identify substandard drugs has gained popularity in recent years [3,4]. They are able to detect a variety of substances, such as drugs [14,15], pesticides [16,17] and biomolecules [18,19], and are highly sensitive and selective. Due to their portability and simplicity of use, they can be especially useful in situations that require in situ analysis [20]. Additionally, real-time data can be obtained from electrochemical sensors [18,20], and detection in complicated matrices such as blood [21] or urine [3] samples can be carried out.

The efficacy of electrochemical sensors has been demonstrated through several scientific investigations. These studies have used a variety of materials to modify electrodes, such as graphene oxide [14] and carbon nanotubes [22], and, more recently, materials based on renewable carbon, such as biochar [23] and hydrochar [24], have gained considerable prominence. These materials are obtained from biomass pyrolysis and can be used to produce cheaper and more sustainable sensors [23,24]. Their effectiveness for determining compounds is also being proven, which makes them a great option for manufacturing analytical devices [23–26].

The emergence of electrochemical paper-based analytical devices (ePADs) presents an opportunity to develop cost-effective tools for identifying potential water contamination. This technology has been utilized in electroanalysis due to its favorable characteristics, such as high sensitivity, versatility in applications, the ability to produce different electrode configurations, and suitability for on-site monitoring [27,28]. Typically, an ePAD and a screen-printed electrode (SPE) consist of three electrodes printed with carbon paste or ink [29]. To enhance the durability of the printing process, the ink is primarily composed of conductive materials like graphite or carbon black, along with a binder or plasticizer [30]. On a laboratory scale, carbon-based inks can be created using graphite powder and traditional binders such as glass varnish [28].

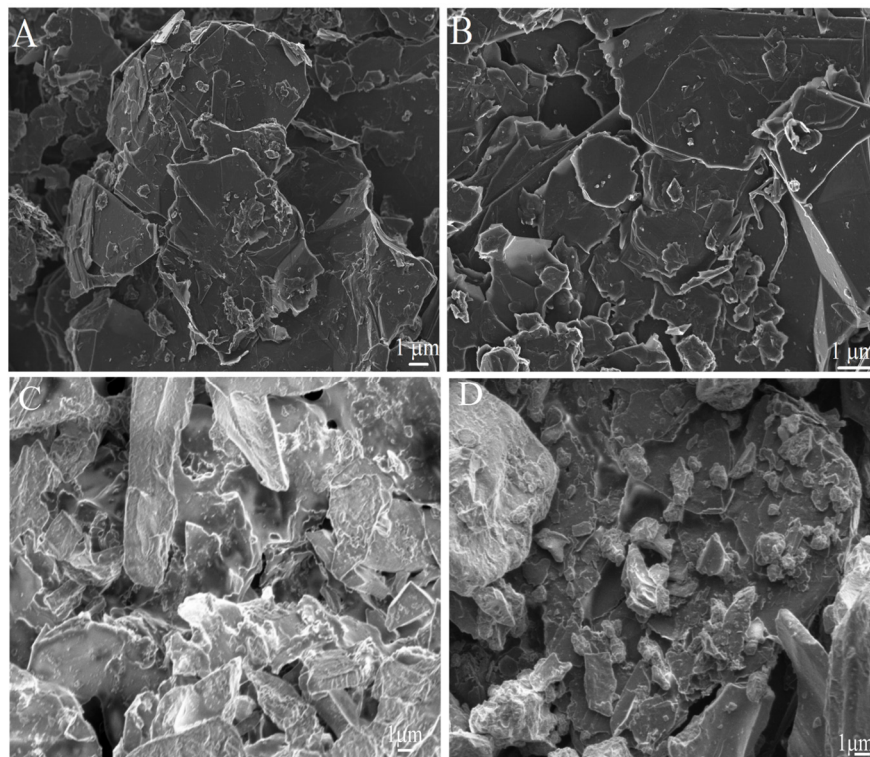
Therefore, this work aims to develop a paper-based analytical device (ePAD) using a 3D-printed Polylactic Acid (PLA) stencil with the creation of a hydrophobic barrier through solid wax printing. Furthermore, functionalized bamboo-based biochar (BCF) was used as a modifier to make a sustainable and affordable sensor for detecting paracetamol in low-quality or counterfeit medicines.

## 2. Results

### 2.1. Morphological Characterization

Scanning electron microscopy (SEM) images of the fabricated ePADs are shown in Figure 1, providing insights into the morphological characteristics that contribute to the sensor's performance. In Figure 1A, cellulose fibers are visible, interspersed with graphite structures, indicative of the paper substrate's natural texture combined with the conductive

ink. This fiber–graphite interaction suggests good adhesion and integration of the ink with the paper substrate, which is essential for consistent electrochemical behavior.



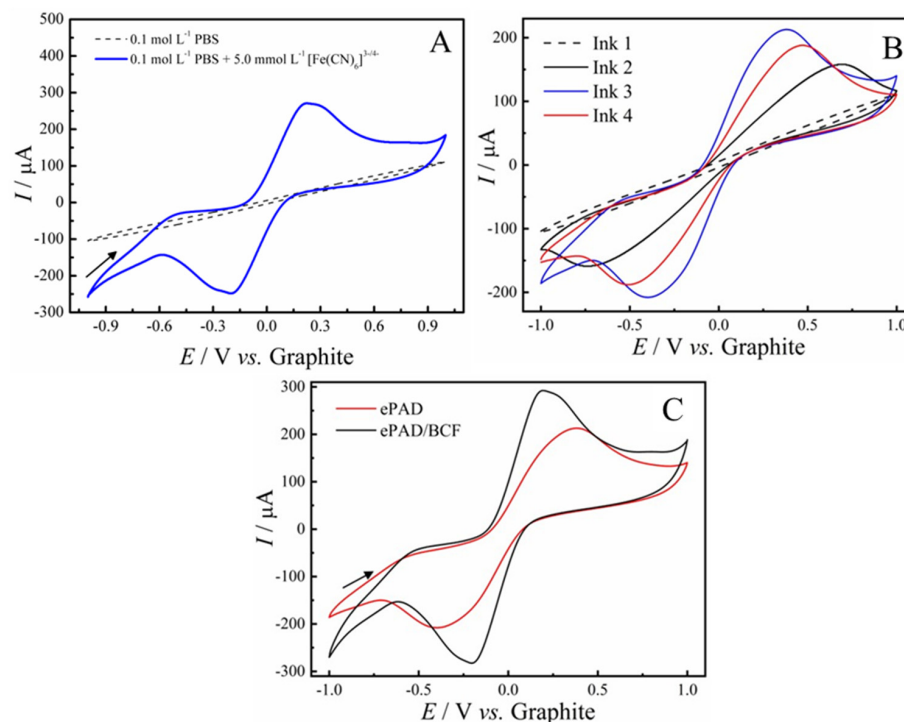
**Figure 1.** SEM images of carbon ink spread on a paper substrate at magnifications of (A) 5000 $\times$  and (B) 10,000 $\times$ ; (C,D) ePAD modified with BCF.

Figure 1B reveals the graphite structures as randomly arranged agglomerates, with particle sizes ranging from 0.5 to 50  $\mu\text{m}$ . This irregular surface profile likely results from the use of a brush in the manual printing technique developed in this study, which introduces a degree of heterogeneity in particle distribution. Such roughness can be advantageous, as it increases the effective surface area available for electrochemical reactions, potentially enhancing sensitivity.

Figure 1C,D display the morphology of the ePAD after modification with the BCF material. The presence of biochar is evident, with the particles forming a heterogeneous layer characterized by a variety of sizes and the presence of porous, honeycomb-like structures [31]. These pores are beneficial as they can facilitate electrolyte access, improving ion exchange and enhancing electron transfer kinetics on the sensor surface. The biochar's porous nature, combined with its irregular distribution, contributes to an increased surface area and additional active sites, which are crucial for improving the sensor's responsiveness to an analyte [32]. Overall, the SEM images suggest that the integration of BCF creates a more complex surface morphology, which can promote greater electrochemical activity and improve detection sensitivity.

## 2.2. Electrochemical Characterization of ePADs

To determine the optimal composition of the conductive ink for manufacturing ePAD sensors, the ratio between graphite (GR) and glass varnish (GV) was optimized. Figure 2A shows the voltammetric response of the ePAD sensor in 0.2 mol L<sup>-1</sup> PBS solution (dashed line) and in the presence of 5.0 mmol L<sup>-1</sup> of the redox couple [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> (solid line) at a scan rate of 50 mV s<sup>-1</sup>. The results showed no redox process in the absence of the probe, indicating that the observed oxidation and reduction processes are associated with the iron species in the solution.



**Figure 2.** Cyclic voltammograms in PBS 0.2 mol L<sup>-1</sup> containing 0.1 mol L<sup>-1</sup> of KCl and 5.0 mmol L<sup>-1</sup> of [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup>: (A) Comparison of ePAD performances with different formulations of GR-GV conductive ink. (B) Cyclic voltammograms of ePADs fabricated with different conductive ink compositions (Ink 1: 80:20, Ink 2: 70:30, Ink 3: 60:40, and Ink 4: 50:50 GR ratios, m/m) in 0.1 mol L<sup>-1</sup> PBS containing 5.0 mmol L<sup>-1</sup> [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> at 50 mV s<sup>-1</sup>. (C) Voltammetric response of the ePAD sensor without modification (red line) and after BCF modification (black line).

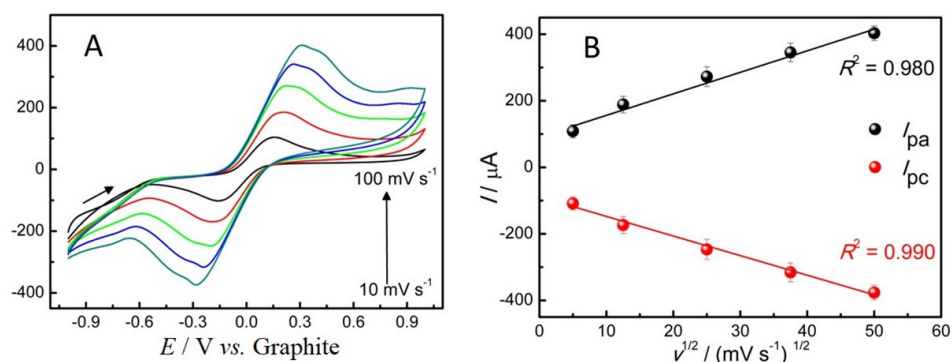
Figure 2B presents cyclic voltammograms obtained with ePADs manufactured with different GR-GV ink compositions, using a 150  $\mu$ L aliquot of a 0.2 mol L<sup>-1</sup> PBS solution (pH 7.4) containing 0.1 mol L<sup>-1</sup> KCl and 5.0 mmol L<sup>-1</sup> of the redox couple [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> at a scan rate of 50 mV s<sup>-1</sup>. The GR-GV (m/m) ratios were 80:20 (ink 1), 70:30 (ink 2), 60:40 (ink 3), and 50:50 (ink 4), based on a total mass of 150 mg. Table 1 presents the anodic ( $I_{pa}$ ) and cathodic ( $I_{pc}$ ) peak currents, as well as the separation of anodic and cathodic peak potentials ( $\Delta E_p$ ) for the probe's redox potentials across all sensors evaluated. As illustrated, the ePAD sensor manufactured with the GR-GV ink at a 60:40 ratio (ink 3) demonstrated the best voltammetric response, with an oxidation current of  $I_{pa} = 213 \mu A$ , a reduction current of  $I_{pc} = -208 \mu A$ , and a peak potential separation ( $\Delta E_p$ ) of 772 mV vs. graphite (pseudo-reference). Additionally, this ink showed superior handling properties during sensor fabrication, without cracking or leakage through the PLA stencil. Therefore, this ink was selected for further investigation. Although inks with higher conductive material content exist, excessive amounts can lead to the blockage of active sites, thereby reducing the material's sensitivity [33].

After the modification process with 10  $\mu$ L of BCF (1.0 mg/mL) on the working electrode, we can observe that the voltammogram showed a better reversibility of the redox process, with  $\Delta E_p = 387$  mV vs. graphite (Figure 2C), along with a significant increase in the anodic and cathodic current responses of the redox probe (Table 1). The increase in anodic and cathodic currents may be attributed to the acid treatment of biochar, which results in a reduction in both the H/C and O/C ratios. A lower H/C ratio suggests increased carbonization and the formation of more aromatic structures within the material. Additionally, the decrease in the O/C ratio indicates a reduction in hydrophilicity and polarity, altering the material's surface properties. Furthermore, biochar functionalization likely contributes to the formation of new active sites on the surface, enhancing the material's electrochemical reactivity [34,35].

**Table 1.** Optimization of the ePAD sensor manufacturing process using different conductive ink compositions and modification with BCF material. Comparison of anodic peak currents ( $I_{pa}$ ), cathodic peak currents ( $I_{pc}$ ), and redox peak separation ( $\Delta E_p$ ).

| Scheme   | GR-GV Ratio        | $I_{pa}$ ( $\mu\text{A}$ ) | $I_{pc}$ ( $\mu\text{A}$ ) | $\Delta E_p$ (mV) |
|----------|--------------------|----------------------------|----------------------------|-------------------|
| ePAD     | Ink 01—80:20 (m/m) | N/A                        | N/A                        | N/A               |
|          | Ink 02—70:30 (m/m) | 158                        | −159                       | 1420              |
|          | Ink 03—60:40 (m/m) | 213                        | −208                       | 772               |
|          | Ink 04—50:50 (m/m) | 187                        | −190                       | 980               |
| ePAD/BCF |                    | 294                        | −284                       | 387               |

Although the voltammetric performance of the ePAD/BCF sensor is lower compared to other disposable sensors reported in the literature [33,36,37], this sensor demonstrated a linear response when the cyclic voltammetry (CV) scan rate was varied from 10 to 100  $\text{mV s}^{-1}$  (Figure 3A). A progressive and linear increase in redox process currents as a function of scan rate is observed, as shown in the  $I_{pa}/I_{pc}$  vs.  $v^{1/2}$  plot (Figure 3B). The linear relationship between  $I$  and  $v^{1/2}$  (Figure 3B) indicates that the studied process is primarily diffusion-controlled, allowing the effects of capacitive charges to be neglected in this system [33].



**Figure 3.** (A) Cyclic voltammograms obtained with the ePAD/BCF sensor in a 0.2 mol  $\text{L}^{-1}$  PBS solution (pH 7.4) containing 0.1 mol  $\text{L}^{-1}$  of KCl and 5.0 mmol  $\text{L}^{-1}$  of the redox couple  $[\text{Fe}(\text{CN})_6]^{3-/4-}$  for scanning speeds of 10, 25, 50, 75 and 100  $\text{mV s}^{-1}$ . (B) Graph of  $I$  vs.  $v^{1/2}$ .

The electroactive area of the ePAD/BCF sensor was calculated using the Randles–Sevcik equation (Equation (1)):

$$I_p = 2.69 \times 10^5 n^{\frac{3}{2}} A D^{\frac{1}{2}} C v^{\frac{1}{2}} \quad (1)$$

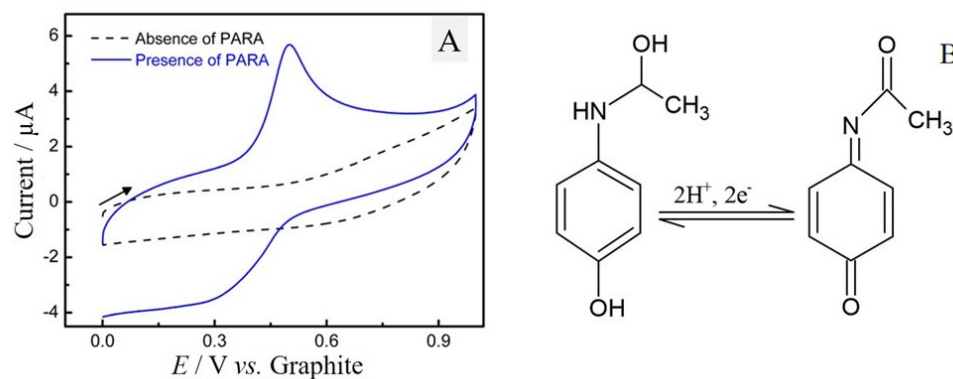
where  $I_p$  refers to the peak current (anodic or cathodic),  $A$  corresponds to the electroactive area ( $\text{cm}^2$ ),  $C$  is the concentration of the probe used ( $\text{mol cm}^{-3}$ ),  $D$  is the diffusion coefficient of the species in solution  $[\text{Fe}(\text{CN})_6]^{3-/4-}$  ( $7.6 \times 10^{-6} \text{ cm}^2 \text{ s}^{-1}$ ) and  $n$  refers to the number of electrons transferred in the redox reaction and  $v$  is the scanning speed [38,39]. Rearranging Equation (1) in terms of the electroactive area of the electrode, we can compare it with the curve equation in the graph in Figure 3B ( $I_{pa}$  vs.  $v^{1/2}$ ). Therefore, the first term of Equation (2) corresponds to the slope of the graph ( $I_{pa}$  vs.  $v^{1/2}$ ):

$$A = \frac{I_p}{v^{\frac{1}{2}}} \times \frac{1}{2.69 \times 10^5 n^{\frac{3}{2}} D^{\frac{1}{2}} C} \quad (2)$$

Considering the angular coefficient as  $1.36 \times 10^{-3}$  (after converting  $\mu\text{A}$  to  $A$ ), we conclude that the electroactive area of the ePAD/BCF sensor is  $0.37 \text{ cm}^2$ .

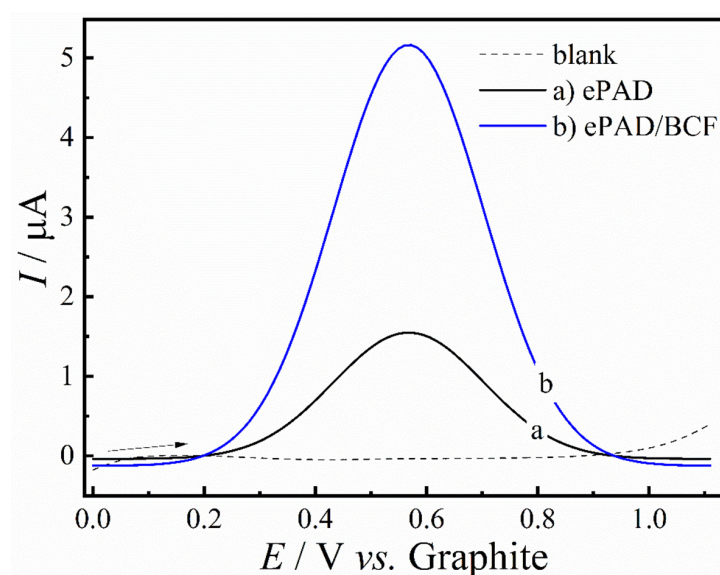
### 2.3. Electrochemical Behavior of Paracetamol

The electrochemical behavior of PARA in the ePAD/BCF sensor was evaluated by cyclic voltammetry (CV) ( $v = 50 \text{ mV s}^{-1}$ ) with a volume of  $150 \mu\text{L}$  of PBS  $0.2 \text{ mol L}^{-1}$  pH 7.0, containing  $200 \mu\text{mol L}^{-1}$  of PARA. The results presented in Figure 4A show that no oxidation or reduction peak was observed for the voltammetric response in the absence of PARA (dashed line). However, in the presence of PARA (solid line), a reversible process is observed with an oxidation process at  $E_{\text{pa}} = 500 \text{ mV vs. graphite}$ , and a reduction process at  $E_{\text{pc}} = 300 \text{ mV vs. graphite}$ . Figure 4B shows the redox mechanism involved in this process, where PARA is oxidized to N-acetyl-p-benzoquinonimine and consequently reduced back to the original molecule [40].



**Figure 4.** (A) Cyclic voltammograms of the ePAD/BCF sensor in the absence (dashed line) and presence of  $200 \mu\text{mol L}^{-1}$  of PARA in  $0.1 \text{ mol L}^{-1}$  of PBS (pH 7.0),  $v = 50 \text{ mV s}^{-1}$ . (B) Paracetamol oxidation mechanism to N-acetyl-p-benzoquinonimine on the ePAD/BCF sensor.

Figure 5 presents linear sweep voltammetry (LSV) voltammograms obtained for different sensors. The measurements were carried out in the potential range between 0 and 1.1 V, in  $0.1 \text{ mol L}^{-1}$  PBS pH 7.0 in the absence (dashed line) and presence of  $50 \mu\text{mol L}^{-1}$  of PARA, for the ePAD sensor (curve a) and for the ePAD/BCF sensor (curve b). As illustrated in the figure, there was a significant increase in the anode peak current for the sensor modified with the BCF material, which was, therefore, selected for the construction of the calibration curve.

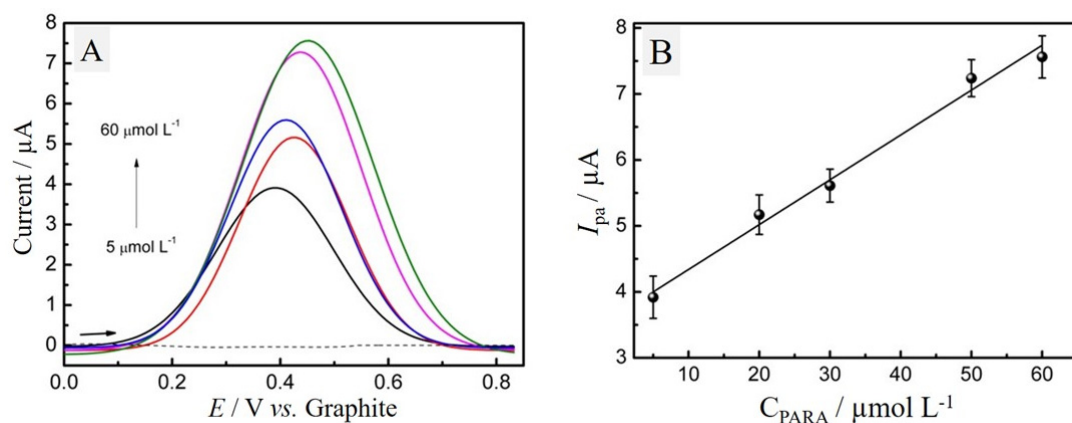


**Figure 5.** LSV voltammograms obtained with the ePAD sensor in the absence (dashed line) and in the presence (curve b) of  $50 \mu\text{mol L}^{-1}$  of PARA, as well as the ePAD/BCF sensor in the presence of  $50 \mu\text{mol L}^{-1}$  of PARA (curve c) ( $v = 25 \text{ mV s}^{-1}$ ).

#### 2.4. Calibration Curve

After electrochemical characterization by CV, the ePAD/BCF sensor was used to detect PARA using LSV. These experiments were conducted within the potential range of 0 to 1.1 V, with  $v = 25 \text{ mV s}^{-1}$ . Aliquots of the supporting electrolyte containing PARA concentrations of 5, 20, 30, 50 and 60  $\mu\text{mol L}^{-1}$  were used, as shown in the voltammograms in Figure 6A. We observe a linear increase in the anodic peak current ( $I_{pa}$ ) as the concentration of PARA increases, ranging from 5.0 to 60  $\mu\text{mol L}^{-1}$  with an  $R^2$  of 0.9834 (Figure 6B). The limit of detection (LOD) is 3.50  $\mu\text{mol L}^{-1}$ , calculated using the calibration curve method with the equation  $\text{LOD} = 3\sigma/S$ , where  $\sigma$  is the standard deviation of the blank and  $S$  is the slope of the calibration curve.

$$I_{pa} (\mu\text{A}) = 3.70 + 0.07 \times C_{\text{PARA}} (\mu\text{mol L}^{-1}) \quad (3)$$



**Figure 6.** (A) LSV voltammograms obtained with 150  $\mu\text{L}$  of 0.1  $\text{mol L}^{-1}$  PBS solution, pH 7.0 with different concentrations of PARA ranging from 5.0 to 60  $\mu\text{mol L}^{-1}$  and (B) linear relationship between anodic peak current and PARA concentration.

The slight peak potential shift observed in Figure 6A likely results from interactions between the analyte and electrode surface, as well as increased analyte concentration in the diffusion layer, which can alter electrochemical conditions and the energy required for the redox reaction [41]. Additionally, factors like double-layer capacitance and changes in the ionic strength of the supporting electrolyte may contribute to this shift.

In this study, the peak potential shift was approximately 5 mV across the concentration range tested, which is within acceptable limits for electrochemical measurements and is considered minor. Theyagarajan et al. [9] have also reported similar shifts due to analyte–electrode surface interactions at higher concentrations.

The ePAD/BCF sensor exhibited detection limits comparable to those of sensors using graphite-based inks or cost-effective binders [26,33]. Additionally, incorporating other carbon materials into the ink, such as multi-walled carbon nanotubes (MWCNTs) [36], reduced graphene nanoribbons (rGNRs) [42], and commercially available carbon inks [43], could further reduce detection limits. The ePADs also demonstrated analytical performance on par with literature-reported values for the detection of various molecules, including drugs, endocrine disruptors, and neurotransmitters, as shown in Table 2.

The stability of the ePAD/BCF sensor was evaluated using a standard solution of 25  $\mu\text{M}$  acetaminophen in a three-electrode setup. The initial current response for the 25  $\mu\text{M}$  standard was 5.5  $\mu\text{A}$ , and the final current was 5.32  $\mu\text{A}$ , with these values representing the average response from three separate ePAD/BCF sensors. The stability of the sensor was calculated using the following formula:

$$\text{Stability}(\%) = 1 - \frac{I_0 - I_1}{I_0} \quad (4)$$



**Table 2.** Characteristics of paper-based electrochemical analytical devices.

| Manufacturing Method | Conductive Ink  | Analyte                          | LOD ( $\mu\text{mol L}^{-1}$ ) | Ref. |
|----------------------|---|----------------------------------|--------------------------------|------|
| Spread with brush    | Graphite/nail polish 80:20% (m/m)   | Dopamine                         | 5.2                            | [37] |
| Adhesive mask        | Graphite/glass varnish 80:20% (m:m)   | Dopamine                         | 4.1                            | [33] |
|                      |   | Catechol                         | 9.0                            |      |
|                      |   | Hydroquinone                     | 5.3                            |      |
|                      |   | Estriol                          | 0.08                           |      |
| Screen-printed       | Graphite/nail polish 52:48% (m/m) + 20 $\mu\text{L}$ of MWCNT suspension<br>Ag/AgCl ink<br>Carbon powder (10% m/m) with 9.0 g of graphite ink<br>Carbon ink and rGNRs | Caffeic acid                     | 0.2                            | [36] |
|                      |   | Bisphenol-A                      | 0.03                           | [44] |
|                      |   | Capsaicin                        | 0.085                          | [43] |
|                      |   | Sulfamethoxazole<br>Trimethoprim | 0.09<br>0.04                   | [42] |
| 3D-printed stencil   | GR-GV 60:40% (m/m) + 400 $\mu\text{L}$ acetone/ethanol (1:1)  | PARA                             | 3.50                           | *    |

\* this work.

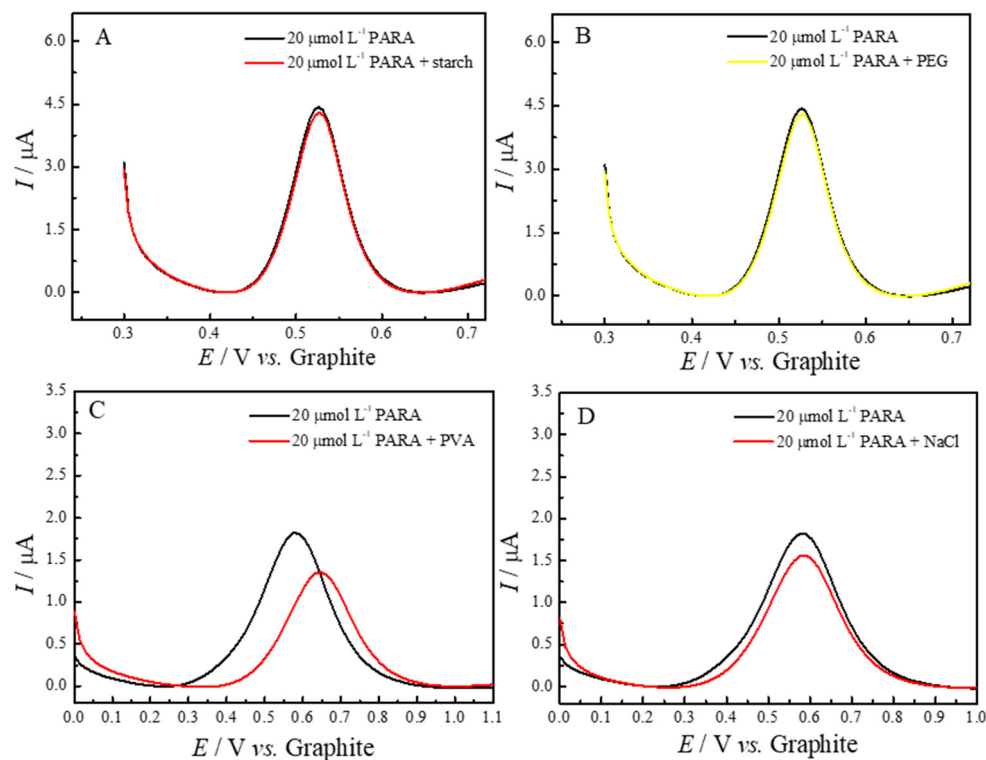
Substituting the measured values into this equation, the stability was found to be approximately 96.7%, indicating minimal signal degradation. This high stability suggests that the sensor retains a consistent and reliable response over repeated measurements, which is crucial for accurate quantification in practical applications. The stable current response also reflects the durability of the biochar modification, as it ensures that the sensor can withstand multiple analyses without significant loss of performance.

### 2.5. Application of the ePAD/BCF Sensor in the Quantification of Paracetamol

The respective voltammograms are shown in Figure 7, where each panel (A–D) illustrates the response of the ePAD/BCF sensor in the presence of 20.0  $\mu\text{mol L}^{-1}$  PARA and one of the potential interferents: starch (A), PEG (B), PVA (C) and NaCl (D). As observed, the voltammetric profiles demonstrate minimal interference from these substances, with no significant changes in peak current or shifts in oxidation potential for most interferents. As shown in Figure 7A, the addition of starch did not produce any noticeable alteration in the peak shape or current, indicating that this common excipient does not interact significantly with the electrochemical response of paracetamol. Similarly, in Figure 7B, PEG showed no substantial effect on the peak potential or intensity, suggesting good compatibility with the sensor. For NaCl, as shown in Figure 7D, a slight decrease in peak current is observed, likely due to minor ionic interactions, but this does not affect the overall selectivity or accuracy of the sensor. The only noticeable effect is seen in Figure 7C, where the presence of PVA leads to minor variations in peak shape and intensity. Both peaks in this voltammogram are attributed to paracetamol, and this behavior is likely due to the interaction of PVA with the electrode surface, affecting the analyte's diffusion and altering the electrochemical interface slightly. Despite these minor variations, the overall recovery of the paracetamol signal remains above 90% for all tested interferents, indicating that the ePAD/BCF sensor maintains high selectivity and reliability in detecting paracetamol even in complex sample matrices.

Table 3 summarizes the effect of potential interferents on the linear sweep voltammetry (LSV) determination of 20  $\mu\text{mol L}^{-1}$  of paracetamol (PARA) at a 1:1 ratio of [PARA]/[interferent]. The results indicate minimal interference, with all tested substances causing less than a 10% change in the current response. Specifically, starch and PEG exhibited very low interference levels, at  $-3.20\%$  and  $-5.00\%$ , respectively, suggesting minimal interaction with the electrochemical detection of paracetamol. PVA and sodium chloride showed

slightly higher interference, at  $-9.20\%$  and  $-8.50\%$ , respectively, which may be due to minor effects on the electrode surface or analyte diffusion. However, these variations are still within acceptable limits, as the sensor maintained over 90% of the original paracetamol signal in all cases. This demonstrates the robustness and selectivity of the ePAD/BCF sensor, confirming its suitability for accurate paracetamol quantification even in the presence of common pharmaceutical excipients and potential adulterants.



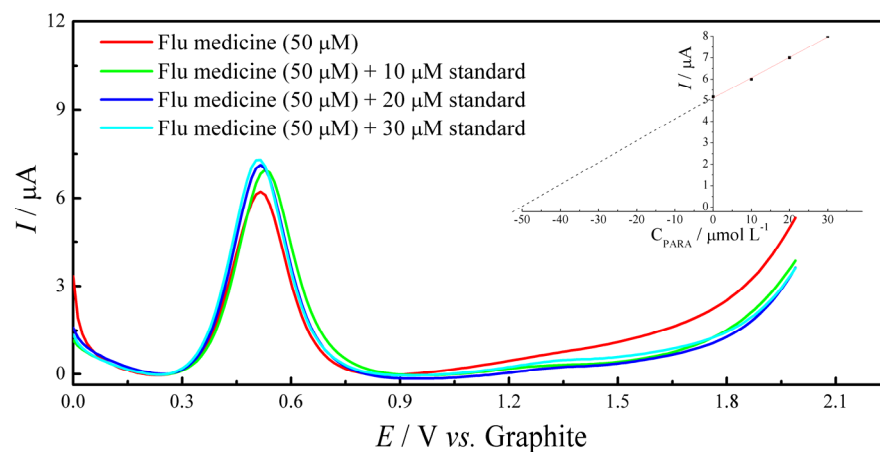
**Figure 7.** LSV voltammograms with  $20 \mu\text{mol L}^{-1}$  of PARA, showing the electrochemical response before and after the addition of (A) starch, (B) PEG, (C) PVA and (D) sodium chloride (1:1 ratio). These additions assess the impact of common matrix components on PARA detection.

**Table 3.** Effect of potential interferences on the LSV determination of  $20 \mu\text{mol L}^{-1}$  paracetamol (PARA) at a 1:1 [PARA]/[interferent] ratio.

| Interferents    | Interference (%) |
|-----------------|------------------|
| Starch          | $-3.20$          |
| PEG             | $-5.00$          |
| PVA             | $-9.20$          |
| Sodium Chloride | $-8.50$          |

To assess the practical applicability of the ePAD/BCF sensor, we conducted quantification of paracetamol (PARA) in commercial analgesic and anti-flu pharmaceutical formulations. According to the manufacturers, each analgesic tablet contains 500 mg of paracetamol, while each anti-flu capsule contains a combination of 400 mg of paracetamol, 4 mg of chlorpheniramine maleate, and 4 mg of phenylephrine hydrochloride. Following sample preparation and appropriate dilution, paracetamol concentrations were determined using standard addition and recovery protocols with the ePAD/BCF sensor. Figure 8 shows linear sweep voltammetry (LSV) responses for a flu medicine sample containing an initial concentration of  $50 \mu\text{M}$  of paracetamol, recorded using a graphite-based ePAD sensor. The red curve represents the original flu medicine sample ( $50 \mu\text{M}$ ). Standard additions of paracetamol at concentrations of  $10 \mu\text{M}$  (green),  $20 \mu\text{M}$  (blue) and  $30 \mu\text{M}$  (cyan) were subsequently added to the sample, resulting in a progressive increase in peak current for

the redox process. This increase in current with each addition of standard confirms the sensor's sensitivity and response to paracetamol concentration. The inset graph shows a linear calibration plot of peak current ( $I$ ) versus paracetamol concentration ( $C_{\text{PARA}}$ ), demonstrating the linearity and quantitative capability of the standard addition method for accurate paracetamol determination in complex matrices.



**Figure 8.** Linear sweep voltammetry (LSV) responses for a flu medicine sample with an initial concentration of 50  $\mu\text{M}$  paracetamol, recorded using a graphite-based ePAD sensor. The red curve represents the LSV response of the original sample (50  $\mu\text{M}$ ), while subsequent standard additions of paracetamol at concentrations of 10  $\mu\text{M}$  (green), 20  $\mu\text{M}$  (blue) and 30  $\mu\text{M}$  (cyan) show progressive increases in peak current. The inset displays a linear calibration plot of peak current ( $I_{\text{pa}}$ ) vs.  $C_{\text{PARA}}$ , validating the linearity and accuracy of the standard addition method for quantifying paracetamol in complex matrices.

Table 4 presents the labeled concentration of paracetamol, the concentration added ( $\mu\text{mol L}^{-1}$ ), the concentration quantified by the sensor ( $\mu\text{mol L}^{-1}$ ) and the relative error. All determinations were performed in triplicate to ensure the reproducibility and reliability of the results.

**Table 4.** Determination of paracetamol (PARA) in real samples of commercial paracetamol tablets and anti-flu capsules. The table presents the labeled values in mg for each drug, the added concentration ( $\mu\text{mol L}^{-1}$ ), the concentration quantified by the ePAD/BCF sensor, the recovery percentage (%) and the standard error of recovery (%).

| Samples<br>Primary<br>Ingredients | Labeled (mg)  | Added<br>( $\mu\text{mol L}^{-1}$ ) | Quantified<br>( $\mu\text{mol L}^{-1}$ ) | Error<br>( $\mu\text{mol L}^{-1}$ ) | Error<br>(%) | Recovery<br>(%) | Standard<br>Error of<br>Recovery (%) |
|-----------------------------------|---|-------------------------------------|--|-------------------------------------|--------------|-----------------|--------------------------------------|
| Paracetamol<br>Tablet             | 500 mg/tablet   | 20.00                               | $18.70 \pm 0.03$                         | 0.03                                | −6.50%       | 93.50           | 0.15                                 |
| Flu medicine<br>capsule           | Paracetamol 400 mg<br>Chlorpheniramine<br>Maleate 4 mg<br>Phenylephrine<br>Hydrochloride 4 mg | 20.00                               | $18.50 \pm 0.05$                         | 0.05                                | −7.50%       | 92.50           | 0.25                                 |

The ePAD/BCF sensor demonstrated satisfactory performance in quantifying paracetamol in both pharmaceutical matrices, with relative errors of −6.50% for the analgesic tablet and −7.50% for the anti-flu capsule. These deviations fall within acceptable limits for analytical applications, indicating that the sensor provides accurate and reliable measurements of paracetamol, even in the presence of additional active ingredients and excipients. The observed accuracy and selectivity underscore the ePAD/BCF sensor's potential as a practical tool for the quality control of paracetamol in complex drug formulations.

### 3. Materials and Methods

#### 3.1. Material and Reagents

Paracetamol (acetaminophen), Potassium Chloride (KCl), Potassium phosphate monobasic ( $\text{KH}_2\text{PO}_4$ ), Sodium phosphate dibasic ( $\text{Na}_2\text{HPO}_4$ ), Potassium ferricyanide (III) ( $\text{K}_3[\text{Fe}(\text{CN})_6]$ ), Potassium ferrocyanide (II) ( $\text{K}_4[\text{Fe}(\text{CN})_6]$ ), starch ( $\text{C}_6\text{H}_{10}\text{O}_5$ )<sub>n</sub>, sodium chloride (NaCl), graphite powder, Poly(ethylene glycol) (PEG), and Poly(vinyl alcohol) were purchased from Sigma Aldrich (St. Louis, MO, USA) and were of analytical grade. Glass varnish (Acrilex<sup>®</sup>, São Bernardo do Campo, SP, Brazil) was obtained from a local stationery store.

Mohini Sain of the University of Toronto generously donated the bamboo-based biochar (BC) used in this work, which was produced by pyrolyzing bamboo biomass. For functionalization, 1 g of BC was kept for 14 h in 500 mL of a mixture of  $\text{H}_2\text{SO}_4/\text{HNO}_3$  in a 3:1 ratio. Then, the mixture with BC was filtered by a 0.45  $\mu\text{m}$  GVS nylon membrane. The material that remained on the membrane was dried in an oven set to 60 °C after being cleaned with ultrapure water until the pH reached neutral. The resulting material was the BCF, and a stock solution of 1.0 mg/mL was prepared in ultrapure water and kept under refrigeration.

#### 3.2. Instruments

Cyclic voltammetry (CV) and linear sweep voltammetry (LSV) were carried out using a 6005E electrochemical workstation (CH Instruments Inc., Austin, TX, USA) equipped with Chi6005e software (CHI version 16.08). The morphological characterization was performed by scanning electron microscopy using FEI NovaNanoSEM 450 (Thermo Fisher Scientific, Waltham, MA, USA).

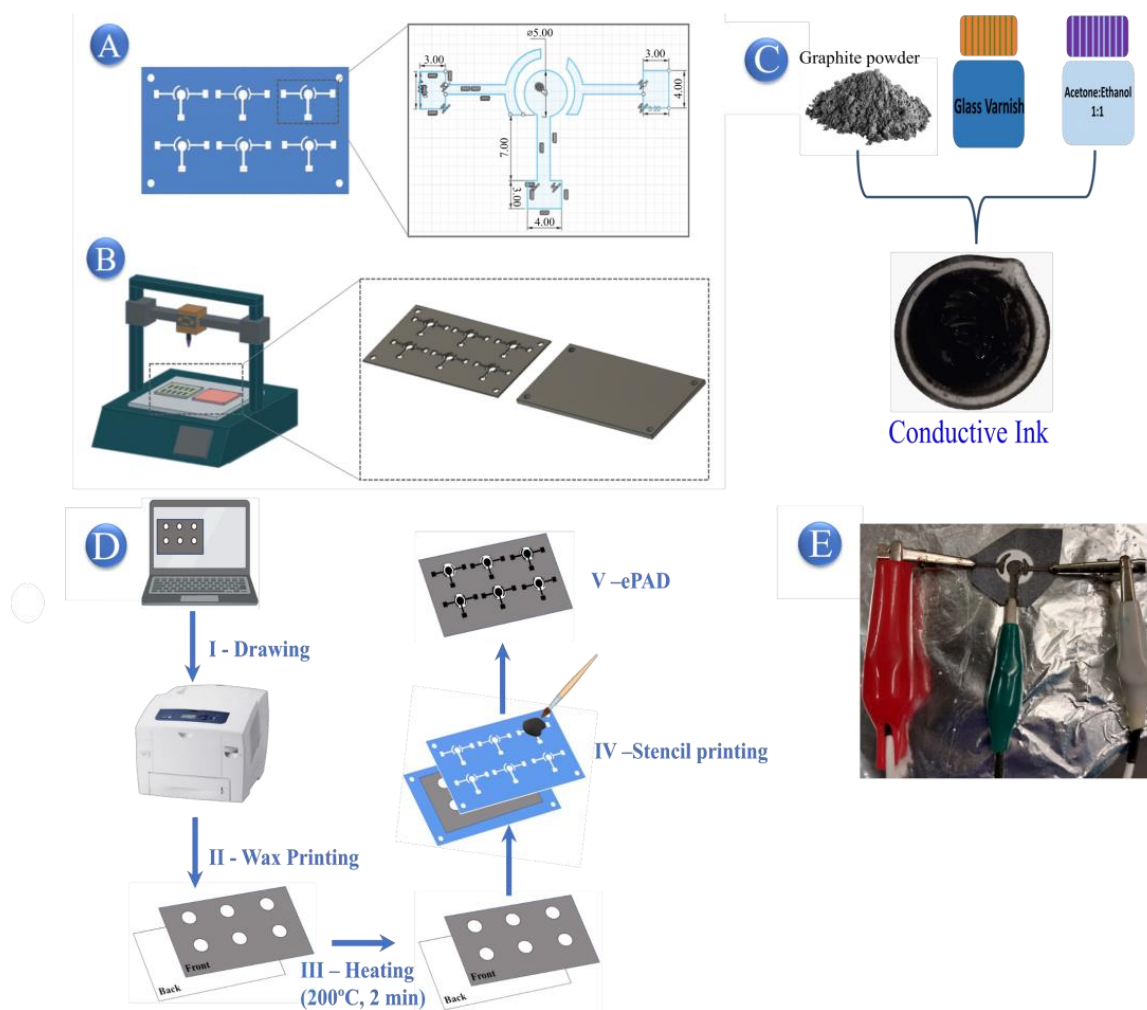
#### 3.3. Fabrication and Modification of ePADs

The stencil was specifically designed to facilitate the printing of six sensors in each batch. It is composed of two main components: a 3D plate featuring two rows of three electrodes (working, reference and auxiliary) and a support plate for the printing process. These two components are connected using butterfly screws, as illustrated in Figure 9A,B. The stencil was manufactured utilizing fused deposition modeling technology, employing Cherry (Edison, NJ, USA) EasyFill 1.75mm Polylactic Acid (PLA) filament. The printing process was carried out using an ANET ET4-PRO printer (Shenzhen, China), adhering to precise conditions such as a nozzle temperature of 200 °C, a bed temperature of 65 °C and a layer thickness of 0.1 mm. The G-CODE was generated using Ultimaker Cura 4.8.0 software.

Based on the study by Pradela-Filho et al. [37], the conductive ink was formulated by mixing graphite powder and Glass varnish in a ratio of 60% to 40%, along with 400  $\mu\text{L}$  of an ethanol/acetone mix to achieve the desired viscosity (Figure 9C).

The fabrication process of ePAD sensors is illustrated in Figure 9D. To begin, a hydrophobic pattern was created to establish an electrolyte reservoir for voltammetry analysis. Using Inkscape software (version 1.3.2), black dots on a white background were designed and printed onto paper using a Xerox ColorQube 8580 printer (Norwalk, CT, USA). Subsequently, the wax paper was heated in an oven at 100 °C for 2 min to generate a hydrophobic barrier surrounding the hydrophilic region. Lastly, the three-electrode system was printed onto this setup utilizing the PLA stencil, and conductive ink was applied with a brush.

Finally, the ePADs were prepared for voltammetric experiments. The sensors were dried at room temperature for 12 h before use. Each ePAD measured approximately 2.5 cm in height and width, with a working electrode (WE) diameter of 5 mm. Approximately 150 mg of conductive ink was used per manufacturing batch. Prior to the voltammetric experiments, the ePAD working electrode was modified with 10  $\mu\text{L}$  of a BCF suspension at a concentration of 1.0 mg/mL. Figure 9E illustrates the setup adaptations for analysis, using metallic clips to secure the ePAD.



**Figure 9.** Sequential fabrication of ePADs: (A) Stencil design conceptualized in PLA for sensor creation. (B) Stencil produced using PLA filament via 3D printing. (C) Preparation of conductive ink. (D) Definition of the electrolyte area, including the following steps: (I) digital design, (II) wax printing, (III) wax melting to create a hydrophobic barrier within the paper, (IV) sensor fabrication using the stencil and conductive ink and (V) final assembly of the ePAD. (E) Setup adjustment for electrochemical measurements with metallic clips.

### 3.4. Sample Preparation

A stock solution of standard PARA at a concentration of  $1 \text{ mmol L}^{-1}$  was prepared for the purpose of characterization and comparison analysis. To quantify PARA, tablets containing 500 mg of paracetamol and anti-flu capsules containing 400 mg of paracetamol, 4 mg of chlorpheniramine maleate and 4 mg of phenylephrine hydrochloride were obtained from a local pharmacy. The samples underwent maceration and weighing procedures. Subsequently, two theoretical standard solutions were created with a concentration of  $20.0 \mu\text{mol L}^{-1}$  of PARA, utilizing a  $0.1 \text{ mol L}^{-1}$  PBS solution at pH 7. The quantification of PARA in the samples was determined by experiments of addition and recovery.

### 4. Conclusions

This study introduces a novel approach for fabricating electrochemical paper-based analytical devices (ePADs) using a 60:40 (m/m) graphite-to-glass varnish (GR-GV) conductive ink and a sustainable functionalized bamboo-derived biochar (BCF) modification. The integration of BCF significantly enhanced the sensor's voltammetric response, particularly with the redox probe  $[\text{Fe}(\text{CN})_6]^{3-/4-}$ , demonstrating improved electron transfer and an electroactive area of  $0.37 \text{ cm}^2$ , which contributes to its high sensitivity. The ePAD/BCF

sensor exhibited a linear detection range for paracetamol (PARA) from 5 to 60  $\mu\text{mol L}^{-1}$ , with a detection limit of 3.50  $\mu\text{mol L}^{-1}$ , enabling low-concentration detection.

Practical applicability was confirmed through successful quantification of PARA in commercial tablets and anti-flu capsules, achieving recoveries of 92.50% and 93.50%, respectively, even in complex matrices. Additionally, the sensor showed strong selectivity against common interferents, underscoring its potential for identifying counterfeit or substandard drugs. These results position the ePAD/BCF sensor as a promising, accessible and cost-effective tool for electrochemical analysis in pharmaceutical quality control and public health applications, offering an innovative and sustainable approach for accurate substance detection.

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