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Zinc-binding structure of a catalytic amyloid from solid-state NMR

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Throughout biology, amyloids are key structures in both functional proteins and the end product of pathologic protein misfolding. Amyloids might also represent an early precursor in the evolution of life because of their small molecular size and their ability to self-purify and catalyze chemical reactions. They also provide attractive backbones for advanced materials. When β-strands of an amyloid are arranged parallel and in register, side chains from the same position of each chain align, facilitating metal chelation when the residues are good ligands such as histidine. High-resolution structures of metalloamyloids are needed to understand the molecular bases of metal–amyloid interactions. Here we combine solid-state NMR and structural bioinformatics to determine the structure of a zinc-bound metalloamyloid that catalyzes ester hydrolysis. The peptide forms amphiphilic parallel β-sheets that assemble into stacked bilayers with alternating hydrophobic and polar interfaces. The hydrophobic interface is stabilized by apolar side chains from adjacent sheets, whereas the hydrated polar interface houses the Zn^{2+}-binding histidines with binding geometries unusual in proteins. Each Zn^{2+} has two bis-coordinated histidine ligands, which bridge adjacent strands to form an infinite metal–ligand chain along the fibril axis. A third histidine completes the protein ligand environment, leaving a free site on the Zn^{2+} for water activation. This structure defines a class of materials, which we call metal–peptide frameworks. The structure reveals a delicate interplay through which metal ions stabilize the amyloid structure, which in turn shapes the ligand geometry and catalytic reactivity of Zn^{2+}.

magic angle spinning | metalloprotein | histidine | metal–peptide framework

Metals are essential in enzyme catalysis and protein folding (1). Naturally occurring metalloenzymes possess complex 3D folds to coordinate the metal center with the appropriate geometries for catalysis. A classical example is carbonic anhydrase, where a zinc ion is coordinated by three histidines from two β-strands and a hydroxide ion to catalyze the hydration of carbon dioxide to form bicarbonate (2). It has been hypothesized that such enzyme structure and function might have evolved from short peptides that self-assemble into repeat structures (3–7), in which the metal ions played a significant role by stabilizing the amyloid structure as well as catalyzing reactions. Cu^{2+} and Zn^{2+} ions also bind amyloid proteins involved in neurodegenerative disorders at physiological concentrations of these ions (8–14). Structure determination of metal-bound amyloids is thus important for a fundamental understanding of the structural principles of amyloid formation.

NMR spectroscopy has been used to investigate metalloprotein structures by exploiting distance-dependent paramagnetic relaxation enhancement, contact shifts, and pseudocontact shifts of paramagnetic ions such as Cu^{2+} and Co^{2+} (15–17). However, this approach cannot be applied to diamagnetic metals such as Zn^{2+}, and direct observation of these quadrupolar nuclei is limited by low sensitivity (18). Zinc, in particular, is abundant and essential in biology (19); thus, it is important to develop a systematic NMR approach for characterizing the inorganic cores of zinc metalloproteins. Solid-state NMR (SSNMR) is the method of choice for structure determination of amyloid fibrils, and high-resolution structures of a number of fibrils have been reported (20–27). However, the metal coordination geometries of amyloid fibrils have not been reported.

Here we present a solid-state NMR investigation of the structure of a designed zinc-binding amyloid fibril that catalyzes ester hydrolysis (5, 28). We have determined the zinc coordination geometry and oligomeric structure of this fibril, which is formed by an amphipathic heptapeptide containing a pair of histidines. Intermolecular distance restraints show that the peptides assemble into hydrogen-bonded parallel in-register β-sheets with alternating dry and wet interfaces between adjacent β-sheets. The hydrophobic interface is stabilized by apolar side chains, whereas the hydrated polar interface houses an array of Zn^{2+}-binding histidines. The ^{15}N and ^{13}C chemical shifts indicate that the two histidines in each peptide adopt singly Nδ1-coordinated and doubly Nδ1, Nε2-coordinated structures at equal populations, whereas measured side chain conformations reveal how the imidazole rings protrude from the β-sheet plane. Combining these solid-state NMR constraints with a structural bioinformatics search, we show that each zinc ion is coordinated by three histidine nitrogens from two adjacent strands, and half of all histidines bridge Zn^{2+} ions, forming a metal–imidazolate

Significance

Functional and pathological amyloid fibrils bind metal ions, but no metal-bound amyloid structures have been determined. Using solid-state NMR and structural bioinformatics, we have determined the oligomeric structure and coordination geometry of a Zn^{2+}-mediated amyloid fibril that catalyzes ester hydrolysis. The peptide assembles into parallel β-sheets in which histidines bridge zinc ions to promote β-strand association in a geometry that mediates water activation for catalysis. The study demonstrates an approach for determining the structures of metalloamyloids. The resulting structure defines how metal ions can stabilize amyloids, lends support to the hypothesis that amyloids can serve as well-structured intermediates between amino acids and proteins during the evolution of life, and provides a framework for potential applications in material science.

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The authors declare no conflict of interest.

Data deposition: The zinc-binding amyloid structure has been deposited in the Protein Data Bank, www.pdb.org (PDB ID code 5UGK). The chemical shifts have been deposited in the Biological Magnetic Resonance Data Bank (BMRB ID code 30227).

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chain that is orthogonal to the direction of the β-strands. This study represents a structure determination of a metalloamyloid and demonstrates a systematic approach for solving the high-resolution structures of diamagnetic metalloproteins from SSNMR data.

Results and Discussion

We recently showed that an amphiphilic heptapeptide, Ac-IHIHIQI-$CONH_2$, assembles into micron-length fibrils with high esterase activity (28). The catalytic activity is strictly zinc-dependent, requires histidines at positions 2 and 4, and is enhanced by Gln at position 6 and by β-branched residues at odd-numbered positions. To simplify NMR assignments, we replaced the isoleucines in positions 3 and 5 with Val and Leu, respectively. These substitutions are expected to be well tolerated, given previous work on closely related peptides (5, 28). Indeed, the resulting peptide Ac-IHVHLQI-$CONH_2$ (termed HHQ here) chosen for the SSNMR study forms fibrils that are very similar morphologically and chemically to the ones produced by Ac-IHIHIQI-$CONH_2$. The peptides were fibrilized at pH 8 with varying Zn^{2+}:peptide molar ratios. Transmission electron microscopy (TEM) and thioflavin T fluorescence data confirm that HHQ forms homogeneous fibrils with widths of 20–30 nm, and the Zn^{2+}-bound fibrils catalyze *p*-nitrophenylacetate hydrolysis with an initial rate that fits to k_{cat} = 0.034 s^{-1} and K_M = 509 μM (Fig. 1*A* and *SI Appendix*, Fig. S1), similar to the activity of the parent peptide.

HHQ Assembles into a Class 1 Steric Zipper with a Parallel Orientation of Adjacent Hydrogen-Bonded Strands. The conformation and intermolecular packing of HHQ fibrils are determined from 2D ^{13}C–^{13}C correlation spectra (Fig. 1 *B–E* and *SI Appendix*, Fig. S2 *A–C*). With 50-ms ^{13}C spin diffusion based on dipolar-assisted rotational resonance (DARR) mixing (29), intraresidue cross peaks with characteristic β-strand ^{13}C chemical shifts are observed for all labeled residues. Zn^{2+} binding perturbed the chemical shifts of V3 and L5, suggesting this segment to be the center of the zinc-binding domain (Fig. 1*B*). With 300-ms combined $R2_n^{\nu}$-driven (CORD) mixing (30) under echo detection to simplify the spectrum, a mixed labeled fibril (sample 4, *SI Appendix*, Table S1) shows strong intermolecular cross peaks between V3 Cα and V3 C′ and between L5 Cα and L5 C′ (Fig. 1*C*), indicating parallel-in-register (PIR) packing of the β-strands. In addition, an intermolecular L5 Cα–V3 C′ cross peak is detected, but only a very weak V3 Cα–L5 C′ cross peak is present. These L5–V3 peaks account for ∼20% of the total intensity and may result from a small amount of parallel-out-of-register strands or antiparallel strands. Such minor structural polymorphism has been observed for various amyloids (31), and we consider only the predominant conformation of the PIR β-strands below. This interpretation is also consistent with the experimentally measured binding stoichiometry, which is 0.75 Zn^{2+} per peptide, somewhat less than 1.0 Zn^{2+} per peptide, suggesting the presence of a minor conformer with reduced affinity for Zn^{2+}.

Having established the parallel registry of adjacent strands in the predominant conformer, we examined mixtures of peptides with different ^{13}C, ^{15}N-labeled residues to determine whether interacting sheets were oriented in a parallel or antiparallel fashion across the non–hydrogen-bonded sheet interface. Using samples 9 and 10 (*SI Appendix*, Table S1), we observed exclusively intermolecular cross peaks between V3 and I7 side chains and between I1 and L5 side chains in 15-ms 2D ^{13}C–^{13}C proton-assisted recoupling (PAR) spectra (32) (Fig. 1*D*), whereas no L5–I7 side chain contacts were detected. Thus, two adjacent β-sheets stack with the hydrophobic side chains facing each other and with the strands in an antiparallel orientation (Fig. 1*E*). This cross-β structure, with parallel packing of β-strands within each sheet and antiparallel packing between sheets, has been termed class 1 steric zippers (33). We speculate that it is stabilized by the C2 symmetry along the fibril axis, which allows two adjacent sheets to slide relative to each other to optimize the side chain packing.

His2 and His4 Side Chains of HHQ Each Have Two Chemically Distinct Structures in a 1:1 Molar Ratio. To determine the Zn^{2+} coordination structure, we measured the chemical shifts and conformation of the two crucial histidines. Without Zn^{2+}, His2 and His4 show ^{13}C and ^{15}N chemical shifts that are diagnostic of a neutral τ-tautomer (34) (Figs. 2 and 3). Zn^{2+} binding caused pronounced spectral changes, where each His now exhibits two sets of chemical shifts (*SI Appendix*, Table S2). The 250-ppm ^{15}N peak of unprotonated nitrogen is replaced by two ^{15}N peaks at 207–211 ppm, which are characteristic of Zn^{2+} coordination (35, 36). One set of signals has a 174-ppm Nε2 chemical shift, indicating Nδ1-only coordination, whereas the other set shows both Nδ1 and Nε2 peaks at ∼210 ppm, indicating double coordination. The two coordination structures have equal intensities, but His2 retains ∼15% unbound signals, which is likely related to the minor conformation described above.

The equal presence of singly and doubly coordinated histidines is unexpected because naturally occurring Zn^{2+}–His complexes in proteins predominantly involve singly coordinated histidines. We determined the histidine rotamers by measuring Cα–Nδ1 and Cδ2–Nα distances using frequency-selective ^{13}C–^{15}N rotational

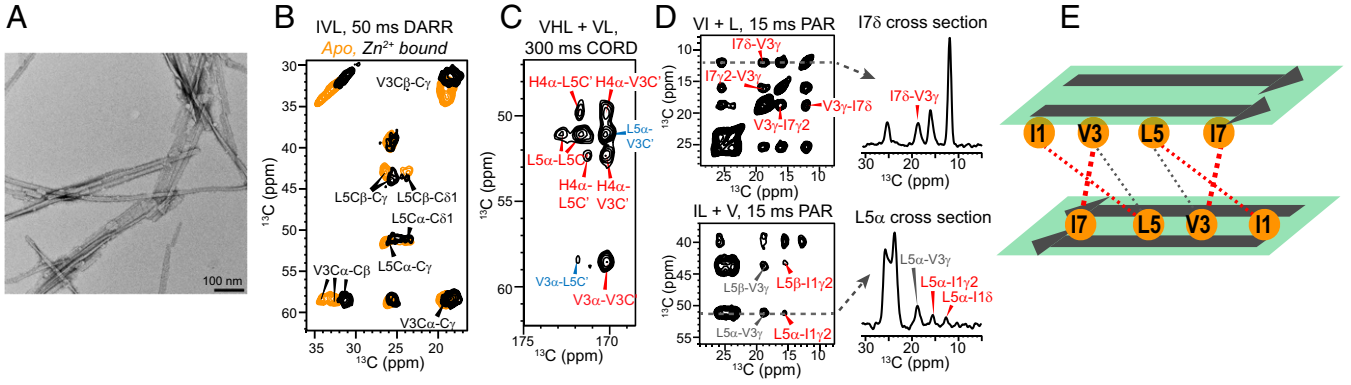

Fig. 1. Zn^{2+}-bound HHQ peptides form parallel β-strands that stack in antiparallel sheets. (*A*) TEM image of Zn^{2+}-bound fibrils. (*B–D*) The 2D ^{13}C–^{13}C correlation spectra of HHQ fibrils. (*B*) The 50-ms DARR spectra of IVL-labeled fibrils without (orange) and with (black) Zn^{2+}. (*C*) The 300-ms CORD spectrum of a Zn^{2+}-bound mixed fibril. Most intermolecular backbone cross peaks indicate parallel-in-register strands (red) with a minor component adopting other packing (blue). (*D*) The 15-ms PAR spectra of Zn^{2+}-bound mixed fibrils, showing V3-I7 and I1-L5 intermolecular cross peaks. (*E*) Schematic of parallel β-strands in each sheet and two neighboring sheets with opposite strand orientations. Dashed lines indicate intermolecular contacts that have been observed from the 2D correlation spectra, with thicker lines denoting stronger cross peaks or shorter distances.

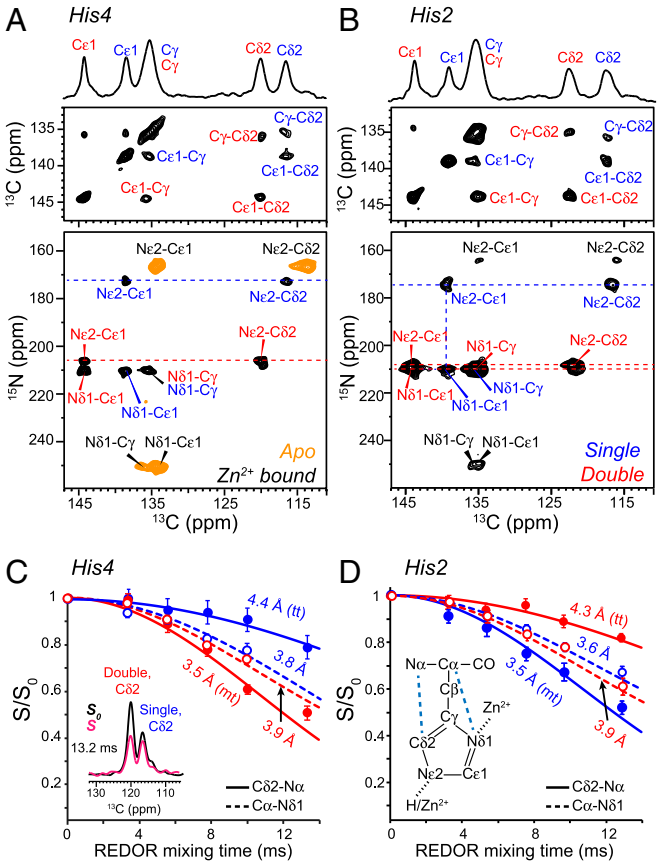

Fig. 2. (*A* and *B*) Histidine structures in HHQ fibrils from chemical shifts and (*C* and *D*) distance restraints. (*A* and *B*) The 2D ^{13}C–^{13}C and ^{15}N–^{13}C correlation spectra of His4-labeled and His2-labeled HHQ fibrils. The orange spectrum in *A* is that of the apo sample, whereas the rest correspond to Zn^{2+}-bound fibrils. Singly and doubly coordinated histidine peaks are assigned in blue and red, respectively. (*C* and *D*) Cδ2-Nα (solid line) and Cα-Nδ1 (dashed line) REDOR dephasing curves of His4 and His2 to determine the side chain conformation. Representative REDOR spectra and the histidine chemical structure are shown.

echo double resonance (REDOR) (37). The normalized REDOR intensities (S/S_0) as a function of mixing time (Fig. 2 *C* and *D*) indicate a Cα–Nδ1 distance of 3.6–3.9 Å for both histidines, which constrains the χ_2 angle to *trans*. However, the Cδ2–Nα distances differ. For His2, the Cδ2–Nα distance is shorter in the singly coordinated form (His_2^S) than the doubly coordinated form (His_2^D), indicating an *mt* rotamer for His_2^S and a *tt* rotamer for His_2^D (*SI Appendix*, Figs. S3 and S4), whereas the opposite rotamer combination is found for His4.

Determination of the Structure of the Zn^{2+}-Binding Site. The above NMR data reveal the following structural features of the Zn-bound HHQ fibrils: (*i*) PIR packing of β-strands in each sheet; (*ii*) all His residues are coordinated to Zn^{2+} via Nδ1, and in addition, half of the His residues are also coordinated to Zn^{2+} via Nε2 (these singly and doubly Zn-coordinated His residues are equally populated); (*iii*) distinct His rotamers exist at positions 2 and 4 and depend on the coordination number; and (*iv*) Zn^{2+} binds in a 1:1 metal ion/peptide ratio. Thus, on average, each Zn^{2+} is coordinated by three His N ligands (two Nδ1 and one Nε2).

These features allow for two possible Zn coordination structures of the amyloid, with a peptide dimer as the asymmetric unit (Fig. 4). For any two adjacent PIR β-strands *j* and *j* + 1, feature *ii* dictates that His2 of strand *j* be singly coordinated if His2 of strand *j* + 1 is doubly coordinated. Likewise, His4 of strand *j* must be singly coordinated if His4 of strand *j* + 1 is doubly coordinated. Two possible Zn coordination configurations can arise from the combinatorics: S for His2 and S for His4 in strand *j* would lead to an SS/DD (*j*/*j* + 1) configuration, whereas S for His2 and D for His4 in strand *j* would lead to an SD/DS (*j*/*j* + 1) configuration. We devised a structural bioinformatics approach to eliminate the possibility of one of these two models (SS/DD), as well as to determine the plausibility of the remaining model (SD/DS). Although structural bioinformatics is widely used in protein structure determination and verification (38, 39), it has been much less used for determining metal–protein coordination structure.

Our approach begins with identifying structural elements in the Protein Data Bank (PDB) that simultaneously satisfied features *i*–*iv* of the HHQ fibril above. Within a nonredundant database of the PDB, we searched for His residues with Nδ1 or Nε2 atoms within 2.5 Å of Zn. To satisfy feature *i*, we restricted these hits to His residues with β-sheet (ϕ, ψ) angles. To satisfy feature *ii*, we only considered His–Zn fragments with Nδ1 coordination because all His residues in HHQ coordinate Zn with their Nδ1 nitrogen. From this set of fragments, we only considered His–Zn fragments that satisfy the NMR-derived His rotamer constraints, thus satisfying feature *iii*. This search process resulted in distinct sets of His–Zn geometries from natural proteins that agree with all NMR constraints for $His2^S$, $His2^D$, $His4^S$, and $His4^D$ (four sets total). These His–Zn fragments were superimposed via backbone atoms onto a PIR β-strand amyloid structure from the PDB at positions *i* and *i* + 2. This backbone superposition places the accompanying Zn atoms of the His–Zn fragments in space relative to the four His side chains of the dimer asymmetric unit. From this distribution, we sought a Zn coordination structure that is consistent not only with the experimental SSNMR data but also with the observed His–Zn coordination geometries from the PDB (*SI Appendix*, Figs. S5 and S6). We found that the SD/DS solution yielded excellent overlap between Zn distributions of Nδ1-coordinated His residues that were cross-strand (strands *j*, *j* + 1 as well as *j*, *j* − 1) and at the same

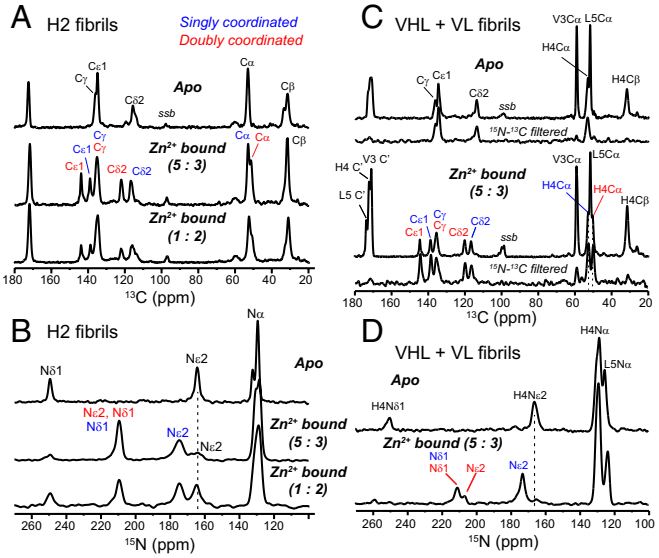

Fig. 3. The 1D ^{13}C and ^{15}N spectra of the HHQ fibrils. (*A*) The 1D ^{13}C spectra of His2-labeled fibrils without and with zinc. ssb denotes spinning sidebands. Apo, singly coordinated, and doubly coordinated histidine signals are assigned in black, blue, and red, respectively. (*B*) The 1D ^{15}N spectra of His2-labeled fibrils without and with zinc. (*C*) The 1D ^{13}C spectra of VHL–VL mixed labeled sample without and with zinc. An ^{15}N–^{13}C dipolar filter was used to select the His4 signals. (*D*) The 1D ^{15}N spectra of VHL–VL mixed labeled fibrils without and with zinc. Peak assignments are obtained from 2D correlation spectra. Zn^{2+} binding caused two sets of chemical shifts for His2 and His4.

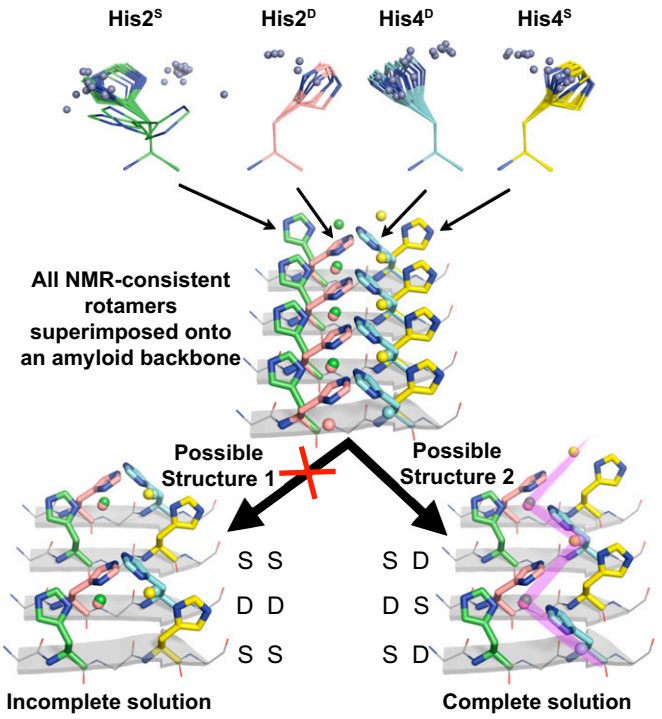

Fig. 4. Determination of the HHQ metalloamyloid structure by structural bioinformatics. His Nδ1-Zn fragments from natural proteins (*Top*) that are consistent with the SSNMR data of HHQ were docked onto a β-sheet backbone (PDB code: 1YJP). A complete solution to the SSNMR constraints of HHQ is found and produces an infinite zigzag of Zn^{2+} (purple shade). S (single) and D (double) refer to the coordination number of the His. Zn^{2+} atoms are shown as spheres.

residue position. Furthermore, although Nε2 ligation was not included as an explicit restraint, a single set of rotamers positioned the Nε2 of the third His in an optimal geometry for double coordination. The alternative configuration of SS/DD was eliminated as a possibility because it resulted in a Zn-binding geometry of doubly coordinated His residues that is far from those observed in a large set of nonredundant X-ray crystal structures and that is inconsistent with chemical principles known to determine Zn coordination geometries (40, 41).

The resulting structure (Fig. 5*A* and *SI Appendix*, Fig. S7) shows a singly and doubly coordinated histidine in each strand, with the side chains alternately pointing to the N terminus in the SD strand (*mt* rotamers) and the C terminus (*tt* rotamers) in the adjacent DS strand. Two β-strands constitute the basic repeat unit, and two different triple-His coordination spheres exist. Zn^{2+}–A is bound to His_2^S and His_4^D from one strand and His_2^D from the neighboring strand, whereas Zn^{2+}–B is chelated by His_2^D and His_4^S from one strand and His_4^D from the adjacent strand. The doubly coordinated histidines bridge the Zn^{2+} ions in an infinite zigzag along the fibril axis. Although we do not directly measure Zn–N contacts, the computed structure shows N–Zn–N angles near that of a tetrahedron, leaving one free coordination site at each Zn^{2+} to interact with water or substrates.

Hydration of the Zn^{2+}-Binding Site of HHQ. Direct evidence that water hydrates the His side chains and thus lies in the vicinity of Zn^{2+} is obtained from 2D ^1H–^{15}N correlation spectra of the hydrated fibrils (Fig. 6*A*) (42). The spectra show clear water cross peaks to the 174-ppm Nε2 of His_2^S and His_4^S, and the water line widths are narrower than the aromatic ^1H line widths (*SI Appendix*, Fig. S8), indicating that the histidine-associated water exchanges rapidly with bulk water. Under frozen conditions, ^{15}Nε2–^{1}H dipolar couplings are 8.4 kHz for His_2^S and 7.9 kHz for His_4^S (Fig. 6*B*) (43), indicating that the nearest water proton is 1.13 and 1.15 Å away, respectively. In comparison, the 211-ppm nitrogens show much weaker couplings of 2.1 and 2.6 kHz, consistent with the absence of nearby protons for these Zn^{2+}-coordinating nitrogens.

The Zn^{2+}-coordinated and hydrated histidine structures, together with the intermolecular Ile, Val, and Leu side chain contacts, indicate that the PIR β-strands assemble into bilayers whose interior consists of the hydrophobic Ile, Val, and Leu side chains from two apposing sheets, whereas the exterior is decorated by the polar His2, His4, and water, coordinating Zn^{2+} (Fig. 5*B*). Atomic force microscopy data (not shown) indicate that multiple bilayers can stack, stabilized by the hydrated polar interfaces (Fig. 5*C*). The relative orientation of the strands bracketing the polar interface is not known and may be either parallel or antiparallel. In either case, the hydrated Zn^{2+} ligand would appear well oriented to interact with substrates diffusing to sites on the surface of the fibril or hydrated sheets within the fibril.

The alternating dry and wet sheet–sheet interfaces resemble the steric zipper structures of crystalline peptide fibrils (44), but the

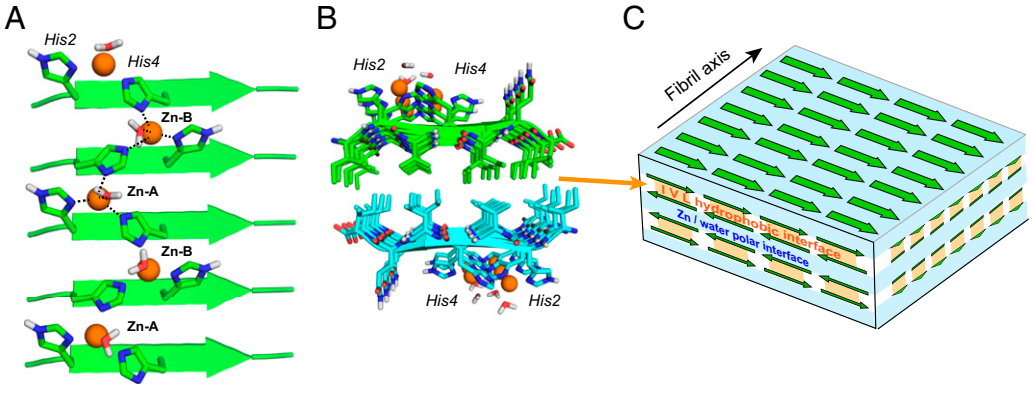

Fig. 5. Coordination structure of Zn^{2+}-bound HHQ fibrils. (*A*) Energy-minimized structure of one β-sheet. Each Zn^{2+} (orange) is coordinated by three His nitrogens from two neighboring strands. Half of the histidines bridge two Zn^{2+} ions. Water molecules are present in the coordination sphere, but their exact positions relative to Zn^{2+} are unknown. (*B*) Two β-sheets stack with the hydrophobic residues facing each other and with the strands in the two sheets having antiparallel orientations. (*C*) Schematic of the 3D assembly of the HHQ fibril. The parallel hydrogen-bonded β-sheets stack into bilayers with alternating hydrophobic and polar interfaces that contain hydrated Zn^{2+}-coordinating histidines.

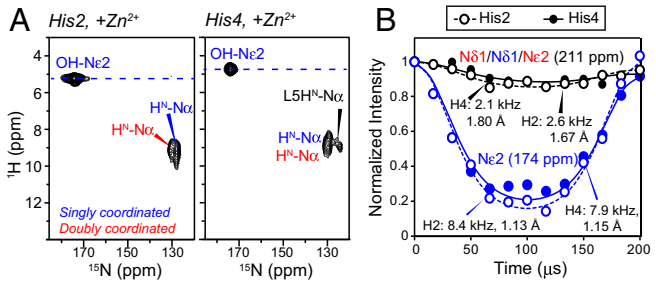

Fig. 6. Water–histidine interactions in HHQ fibrils. (*A*) The 2D ^{1}H–^{15}N correlation spectra of His2 and His4 in Zn^{2+}-bound HHQ. Nε2 of singly coordinated His exhibits a narrow water cross peak. (*B*) The ^{15}N–^{1}H dipolar couplings of His2 and His4 at 243 K where peptide motion is frozen. The couplings correspond to Nε2–H distances of 1.13 Å and 1.15 Å for singly coordinated His2 and His4. The Zn^{2+}-ligating nitrogens show much weaker dipolar couplings, as expected.

inclusion of an infinite chain of metal–ligand complexes establishes a different class of structures, which we name metal–peptide frameworks by analogy to metal–organic frameworks. This 3D assembly is held together by multiple interactions: hydrogen-bonding and metal–ligand interactions between β-strands, the hydrophobic effect, and polar water-mediated interactions. A similar topology of Cu^{2+} bridging His residues on adjacent parallel β-strands has been inferred from scanning tunneling microscopy of a Cu^{2+}-bound N-terminal 16-residue peptide of the Alzheimer's β-amyloid peptide (45).

This bridging-histidine stabilized amyloid fibril structure, heretofore unseen in naturally occurring proteins, may be important in prebiotic molecules for templating enzymatic functions and may also exist in neurodegenerative amyloids (46) to select for pathologically significant 3D folds, conduct redox functions, and regulate metal homeostasis. Determining the metal coordination structures should thus be useful for designing artificial catalysts and materials and might also have implications for the structural stabilities of neurodegenerative amyloids. Although metalloproteins harboring paramagnetic ions such as Cu^{2+} have been studied with NMR (17), paramagnetic broadening makes the metal center difficult to detect. Thus, diamagnetic Zn^{2+}-containing proteins represent advantageous alternative targets for structure determination of metalloamyloids and metalloproteins. The SSNMR approach of measuring backbone and side chain distances and chemical shifts that are indicative of coordination structures is generally applicable and can be used, as shown here, for the structure determination of other metal–peptide frameworks.

Methods

Peptide Synthesis. Ac-IHVHLQI-$CONH_2$ was synthesized on a 0.1-mmol scale using Fmoc solid-phase synthesis as described recently (47) and was purified by reverse-phase HPLC to >98% purity. Peptide mass was verified by MALDI-TOF mass spectrometry. A peptide stock solution in 10 mM HCl was prepared for subsequent biochemical and SSNMR experiments.

Transmission Electron Microscopy. HHQ peptide (3 mg) was dissolved in 8 M urea (450 μL) and incubated at room temperature for 15 min. Fibrilization was initiated by adding 4.43 mL Tris buffer (25 mM Tris, pH 8) containing 1 mM or 0.3 mM Zn^{2+}. After 5 min of incubation, the sample (545 μM peptide) was diluted to 25 μM using the same buffer without Zn. Sample aliquots were adsorbed onto 200-mesh copper grids and then stained with uranyl acetate as previously reported (28). An FEI Tecnai F20 electron microscope at an acceleration voltage of 80 kV was used to obtain the micrographs.

Fibril Preparation for Solid-State NMR. Ten ^{13}C, ^{15}N-labeled fibril samples with Zn^{2+}:peptide ratios of 0–4:1 were prepared for SSNMR experiments (*SI Appendix*, Table S1). Unless explicitly stated otherwise, most fibril samples were prepared using excess of zinc (~1.5-fold) to ensure complete binding of the metal ions to HHQ. From the pH 2 peptide stock, fibrilization was initiated by diluting the stock in pH 8 Tris buffer with or without $ZnCl_2$. The precipitates were collected by centrifugation. Additional fibrilization details are given in *SI Appendix, Materials and Methods*.

Solid-State NMR Experiments. The 2D PAR, CORD, and ^{15}N–^{1}H and ^{13}C–^{1}H correlation experiments were measured on a Bruker 800-MHz (18.8-T) spectrometer using a 3.2-mm HCN triple-resonance magic angle spinning (MAS) probe. The ^{13}C–^{15}N REDOR and 2D ^{15}N–^{1}H dipolar-chemical shift correlation (DIPSHIFT) experiments were measured on a 400-MHz (9.4-T) spectrometer using a 4-mm MAS probe. The 2D ^{15}N–^{13}C correlation and 2D DARR experiments were measured on both 400- and 800-MHz spectrometers. Most spectra were measured at 268–298 K, except for the ^{15}N–^{1}H DIPSHIFT data, which were collected at 243 K. Further experimental details and ^{13}C–^{15}N REDOR fitting procedures are given in *SI Appendix, Materials and Methods*.

Bioinformatics Search and Structural Modeling. We downloaded a representative single-chain PDB database from Dunbrack's PISCES server (48), updated on November 11, 2016: cullpdb_pc50_res2.5_R1.0_d161111_chains21454. The database contains 21,454 single chains from proteins with X-ray diffraction resolution of ≤2.5 Å and sequence identity ≤50%. We loaded this database into the Python-based bioinformatics program ProDy (49). Within ProDy, we retrieved all histidines (along with $i-1$ and $i+1$ residues) that coordinate with Zn (His Nδ1 or Nε2 within 2.5 Å of Zn) (Fig. 4). We filtered these by Nδ1–Zn coordination, motivated by the SSNMR data that showed that all His residues within HHQ have their Nδ1 atoms coordinated to Zn. We then filtered these three-residue + Zn fragments by His (ϕ, ψ) angles to select those fragments in β-sheets, as defined by $-180° < \varphi < -45°$ and $45° < \psi < 225°$ (50). These fragments were further filtered and binned by the NMR-derived distance constraints (*SI Appendix*, Fig. S4). The number of fragments found for the singly coordinated His rotamer at position 2 was 35, and the number found for doubly coordinated was 6; the number found for the singly coordinated His rotamer at position 4 was 15, and the number found for doubly coordinated was 18. The His residues along with the coordinating Zn from these fragments were aligned by Cα, C′, N, and O backbone atoms onto positions i and $i+2$ of a β-sheet amyloid structure (PDB code: 1YJP) and analyzed for overlapping Zn distributions and simultaneous satisfaction of doubly coordinated His (i.e., His Nε2 is also positioned in a geometry that coordinates Zn). The final model obeys all NMR constraints and yields a Zn:peptide ratio of 1:1. The bioinformatics search results were used to confirm the SSNMR-restrained structure, which was calculated in the CYANA software (51) and refined in Xplor-NIH (52). Further details on the structural modeling are given in *SI Appendix, Materials and Methods*.

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