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The GAPs, GEFs, GDIs and…now, GEMs: New kids on the heterotrimeric G protein signaling block

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PERSPECTIVE

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ABSTRACT

The canonical process of activation of heterotrimeric G proteins by G protein coupled receptors (GPCRs) is well studied. Recently, a rapidly emerging paradigm has revealed the existence of a new, non-canonical set of cytosolic G protein modulators, guanine exchange modulators (GEMs). Among G proteins regulators, GEMs are uniquely capable of initiating pleiotropic signals: these bifunctional modulators can activate cAMP inhibitory (Gi) proteins and inhibit cAMP-stimulatory (Gs) proteins through a single short evolutionarily conserved module. A prototypical member of the GEM family, GIV/Girdin, integrates signals downstream of a myriad of cell surface receptors, e.g., growth factor RTKs, integrins, cytokine, GPCRs, etc., and translates these signals into G protein activation or inhibition. By their pleiotropic action, GIV and other GEMs modulate several key pathways within downstream signaling network. Unlike canonical G protein signaling that is finite and is triggered directly and exclusively by GPCRs, the temporal and spatial features of non-canonical activation of G protein via GIV-family of cytosolic GEMs are unusually relaxed. GIV uses this relaxed circuitry to integrate, reinforce and compartmentalize signals downstream of both growth factors and G proteins in a way that enables it to orchestrate cellular phenotypes in a sustained manner. Mounting evidence suggests the importance of GIV and other GEMs as disease modulators and their potential to serve as therapeutic targets; however, a lot remains unknown within the layers of the proverbial onion that must be systematically peeled. This perspective summarizes the key concepts of the GEM-dependent G protein signaling paradigm and discusses the multidisciplinary approaches that are likely to revolutionize our understanding of this paradigm from the atomic level to systems biology.

Canonical heterotrimeric G protein signaling; signals are initiated by GPCRs and 'adjusted' by accessory proteins

Heterotrimeric G proteins are major signaling hubs and essential components of the signal gating machinery in healthy eukaryotic cells. In the canonical scenario, activation of G proteins is triggered by agonist-bound GPCRs. By directly coupling to the G α -subunit of the $\alpha\beta\gamma$ heterotrimer,^{[1-4](#page-5-0)} GPCRs induce a conformational change leading to loss of bound GDP and dissociation of $G\beta\gamma$ subunits; in other words, GPCRs serve as guanine nucleotide exchange factors (GEFs; [\[Fig. 1](#page-2-0)]). The unparalleled importance of G protein signaling has been recognized for a long time and is reflected in the fact that \sim 40% of currently marketed drugs target GPCRs.^{[5](#page-5-1)}

In the past few decades, it has become clear that GPCRs represent only one of the multiple access points to the signaling hub of G proteins. G protein signaling that is initiated by GPCRs is further fine-tuned by the "GAPs, GEFs and GDIs of heterotrimeric G-protein α -subunits^{3[6](#page-5-2)} – a heterogeneous set of accessory
proteins Among them GTPase accelerating proteins (GAPs) proteins. Among them, GTPase accelerating proteins (GAPs) promote GTP hydrolysis to GDP by the G α subunit, and thereby, they terminate $G\alpha$ signaling, and guanine nucleotide dissociation inhibitors (GDIs) stabilize the inactive, GDP-bound state of the G α subunits, and thereby, they inhibit activation of $G\alpha$ -proteins. The members of the third group, non-receptor GEFs, are a heterogeneous group of cytosolic proteins that accelerate GDP to GTP exchange, and thereby, cause activation of $G\alpha$ subunits through a non-canonical mechanism, independently of GPCRs or $G\beta\gamma$ dimers.⁷⁻¹¹ These fundamentals have been described in-depth in a widely-cited review by Siderovski and Willard⁶ over a decade ago. In the years since, a growing body of work by us and others indicates that genetic or epigenetic factors that deregulate the intricate network of "accessory proteins" in a variety of disease states are just as significant as those that directly affect the G proteins and GPCRs, if not more so.^{[7,12-14](#page-5-3)}

Non-canonical G protein signaling by GEMs; The serendipitous discovery of a family of proteins based on homology to a synthetic peptide

The wide prevalence and broad significance of deregulated G protein regulatory network in diseases (e.g., multiple cancers, type II diabetes and organ fibrosis¹⁴) is perhaps best exemplified by the recently identified family of Guanine-nucleotide

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Figure 1. Mechanism of action of GEMs. Schematic comparing and contrasting key features of canonical (GPCR-triggered, left) and non-canonical (GEM-triggered, right) heterotrimeric G protein signaling. Left: Canonical activation of heterotrimeric G proteins is spatially and temporally restricted, i.e., triggered exclusively by agonist activated G-protein-coupled receptors (GPCRs) (signal input), may either lead to inhibition or stimulation of adenylate cyclase and cAMP production (signal output) depending on whether inhibitory G_iαβy or stimulatory G_sαβy heterotrimers are activated, respectively. Such activation is triggered primarily at the plasma membrane (PM) via a
finite process that is rapid and completes withi finite process that is rapid and completes within a few hundred milliseconds, and may continue on PM-contiguous endocytic compartments.^{[32-34](#page-6-6)} Right: Non-canonical G protein signaling that is triggered by GEMs are characterized by 4 key differences (from top to bottom) – (A) GEMs can coordinately modulate heterotrimeric G protein signaling downstream of diverse classes of receptors (signal input). (Β) GEMs can activate monomeric G_ια (as a GEF) or inhibit stimulatory G_sα (as a GDI) using the same
short motif thereby coordinately reducing cellul short motif, thereby coordinately reducing cellular cAMP. The monomeric G_{oc} substrate could either be a byproduct of GPCR signaling or actively released from G_{I/s} By trimers by displacement of G β y heterodimers or GoLoco/GPR motif containing GDIs. (C) Being cytosolic in localization, GEMs can act upon heterotrimeric G proteins on both PM and internal membranes that are non-contiguous with the PM, e.g., Golgi and autophagosomes. (D) Signaling that is triggered by GEMs appears to be delayed (initiated after several minutes) and prolonged, lasting several minutes to hours (reviewed in¹⁴). Note: The spatiotemporal features listed here exclusively refer to the nature of heterotrimeric G protein activation within each paradigm, and do not refer to other downstream signals initiated within each pathway (like MAPK or Akt), or downstream gene transcription/translation responses that are typically delayed, or effects on the cytoskeleton or organelles that are brought about directly or indirectly via downstream intermediates within the signaling cascades.

Exchange Modulators (GEMs).¹⁵ The members of this family share very little sequence homology and act within diverse signaling cascades; what unites them is the ability to couple activation of these cascades to G protein signaling [\(Fig. 1\)](#page-2-0) via an evolutionarily conserved motif of \sim 30 aa that directly binds to G proteins.

The prototypical member of the GEM family, a multidomain cytosolic protein GIV (a.k.a Girdin, HkRP1 and APE) was co-discovered independently by 4 groups in 2005–06. As it often happens in biology, the discovery process was reminis-cent of the ancient fable^{[16](#page-6-0)} in which several blind men provide seemingly conflicting descriptions of the same elephant, depending on the body part of the elephant each of them could reach. For example, in 2005, Le-Niculescu et al.^{[17](#page-6-1)} identified this protein as a binding partner for $G\alpha i$ and $G\alpha s$ via yeast 2-hybrid

display, and found that it localizes on vesicles at/near the Golgi, justifying the name of GIV (G α -interacting Vesicle-associated). Three other groups co-discovered GIV nearly simultaneously. Anai et al^{[18](#page-6-2)} described it as a binding partner and activator of Akt kinase and named it APE (Akt-Phosphorylation Enhancer). Simpson et al.^{[19](#page-6-3)} reported it as a Hook-domain containing microtubule-interacting protein which binds the large GTPase dynamin and modulates endocytic trafficking; they named it HkRP1 (Hook-Related Protein 1). Finally, Enomoto et al.[20](#page-6-4) described it as a cytoskeleton-binding protein that remodels actin during cell migration and named it Girdin, for "GIRDer of actIN." Of the multiple interesting functional modules in GIV, the one allowing it to bind to G proteins turned out to be pivotal for GIV's role in cell migration²¹; however, the molecular basis of this interaction remained unclear.

That same year (i.e., 2005), in a seemingly unrelated work, Johnston et al.^{[22](#page-6-7)} searched for guanine nucleotide-selective G α binding peptides using the technique of phage display, and found a short (16 aa) synthetic peptide, KB-752, that not only exclusively associated with the GDP-bound Gai but also enhanced spontaneous nucleotide exchange, i.e., possessed GEF functionality on G α i. Later that year, the same group demonstrated that KB-752 also binds $G\alpha s \bullet GDP^{23}$; however, for this G protein, the peptide acted as a GDI, i.e., it slowed the rate of nucleotide exchange. In other words, KB-752 demonstrated unique bifunctional behavior with opposing action on $G\alpha i$ and ^Gas. Unfortunately, at the time of publication, proteome-wide sequence searches failed to detect significant homology of KB-752 to any naturally-occurring sequence.

Within the decade that followed, GIV and a few other $G\alpha$ -binding proteins (identified through the same yeast-2-hybrid assay as GIV^{17} GIV^{17} GIV^{17}) were shown to contain a sequence motif with distant homology to KB-752. For GIV, such homology was reported in 2009. Calnuc/Nucleobindin 1 and 2 (NUCB1 and NUCB2) followed in 2011, 24 and Daple in 2015. 25 All these proteins were shown to specifically bind the GDP-bound G α i-subunit and enhance nucleotide exchange using the same KB-752-like evolutionarily conserved motif. Consequently, they all serve as nonreceptor GEFs for G α i. In the case of GIV, Gupta V., et al¹⁵ recently demonstrated that as KB-752, GIV is a GDI for G αs^{15} αs^{15} αs^{15} : it inhibits
the $G^{NS} \rightarrow c^{AM}P \rightarrow PKA \rightarrow nCRFR$ signaling nathway in cells the $G\alpha s \rightarrow cAMP \rightarrow PKA \rightarrow pCREB$ signaling pathway in cells using the same KB-752-like motif. These findings exposed the need for a new nomenclature, i.e., "GEM," primarily to distinguish the KB-752-like family of proteins from the other non-receptor GEFs (like Ric8A/B or AGS1) that have no propensity for pleiotropy or dual (G α i activating/G α s inhibitory) function.

As summarized above, GIV is the first and the most rigor-ously investigated member of the GEM family.^{[26](#page-6-11)} Several stud-ies^{[26-28](#page-6-11)} have provided structural insights into the assembly of the GIV-Gai complex via a combination of homology modeling (using the structure of G α i-bound KB-752 peptide as tem- $plate^{22}$ $plate^{22}$ $plate^{22}$) and site-directed mutagenesis. These studies revealed that the KB-752-like GEM motif of GIV engages a hydrophobic cleft between the switch II and the α 3 helix of G α i, a mechanism distinct from how $G\alpha$ -subunits engage with GPCRs.^{[2](#page-5-6)} Such a mode of binding explains why GIV-GEM cannot bind active GTP-associated Gai (the conformation of Gai switch II is nucleotide-dependent and sterically incompatible with GIV binding in the GTP-associated state²⁹), and provides clues as to how GIV activates monomeric Gai, either directly or after competitively displacing from Gai both GoLoco/GPR motif containing GDIs²⁷ as well as the canonical GDI G $\beta\gamma^{26}$ $\beta\gamma^{26}$ $\beta\gamma^{26}$ [\(Fig. 1](#page-2-0)). These key structural insights led to identification of a selective GEF/GDI-deficient GIV mutant (F1685A) that proved to be a powerful and precise tool for dissecting the biologic roles and unraveling the spatiotemporal features of G protein signaling that is triggered by GIV. Using this mutant, multiple studies (summarized in 30) have demonstrated that the signaling network triggered in cells with wild-type GIV is a mirror image of the network in cells lacking GIV's GEF/GDI functionality: signals that are enhanced in cells that are GEF/GDI-proficient are suppressed in cells that are GEF/GDI-deficient, and vice versa. Our understanding of the spatiotemporal aspects and the impact of all known GEMs is still incomplete; however, studies

on GIV made it clear that GEM-triggered G protein signaling is governed by a new set of rules as compared with canonical GPCR-dependent signaling^{[30](#page-6-14)} [\(Fig. 1\)](#page-2-0). First, the rules of receptor engagement are different. Unlike the canonical pathway, where heterotrimeric G proteins engage exclusively with ligand-activated receptor GPCRs, the non-receptor GIV-GEF engages with a diverse array of receptors, including GPCRs, Integrins and RTKs.[26,30,31](#page-6-11) and, thereby, enables transactivation of G proteins in response to a wide variety of stimuli ([Fig. 1\)](#page-2-0). Second, the temporal aspects of G protein signaling are distinct; canonical GPCR-dependent G protein signaling is short-lived (lasts seconds), whereas signaling via GIV-GEM is delayed and prolonged (lasts several min) ([Fig. 1\)](#page-2-0). Third, the spatial pattern of heterotrimeric G protein activation by GIV also poses a stark contrast to canonical heterotrimeric G protein signaling. Canonical G protein activation by ligand-activated GPCRs is initiated exclusively at the PM and may continue on PM-contiguous endocytic compartments $32-34$ By contrast, non-canonical heterotrimeric G protein activation by GIV-GEM can be triggered at multiple intracellular compartments, including centrosomes, focal adhesions, cell-cell junctions, early endosomes, exocytic vesicles, autophagosomes, and more recently, on Golgi membranes (summarized in³⁰) ([Fig. 1\)](#page-2-0). These unique characteristics make the entire paradigm of non-canonical heterotrimeric G protein signaling via GEMs fundamentally different and novel.

Gupta V., et al., 15 15 15 also revealed how the pleiotropic GEF/ GDI functions of GEMs may be controlled by post-translational modifications. They showed that in the case of the prototypical GEM GIV, sequential phosphorylation of 2 Ser residues that flank the bifunctional GEF/GDI motif on GIV by 2 kinases, $CDKS^{35}$ $CDKS^{35}$ $CDKS^{35}$ and $PKC\theta$, 36 ensures that GIV exerts
its GEE and GDI activities on Goi and Gos respectively in its GEF and GDI activities on Gai and Gas, respectively, in a temporally and spatially segregated manner ([Fig. 2\)](#page-4-0). Such temporal-spatial regulation appears to integrate, reinforce and compartmentalize signals downstream of both growth factors and G proteins and dictate whether cells migrate or divide. Whether or not the other known members of the GEM family also function as GDIs for G α s, and if so, what post-translational modifications may regulate such function remains to be determined.

Last, but not least, using an unbiased bioinformatics search in Caenorhabditis elegans Coleman et al. 37 have recently identified GBAS-1 (GBA and SPK domain containing-1) as a KB-752-like motif-containing protein with homologs only in closely related worm species and demonstrates that GBAS-1 has GEF activity for the cognate $G\alpha$ in C. elegans, i.e., $GOA-1$. Their findings underscore the possibility that GEMs, and the paradigm of non-canonical G protein signaling they trigger, may mediate receptor-independent G protein activation also in metazoans.

Pleiotropic heterotrimeric G protein signaling triggered by GEMs coordinate suppression of a key universal second messenger, cyclic AMP

 $Ca²⁺$ and cAMP are recognized as universal regulators of cell function. Between them, these 2 second messengers impact nearly every aspect of cellular life in diverse organisms ranging

Figure 2. Key phosphoevents regulate the spatiotemporally separated GEF and GDI functions of GIV. Schematic showing the spatially separated GEF and GDI actions of
GIV-GEM on Gαi and Gαs, respectively. Upon EGF stimulation, Subsequently, GIV is phosphorylated also at S1689 by PKC θ^{36} ; this phosphoevent turns 'off' GIV's GEF function, but turns 'on' its GDI function toward Gas. Such coordinated activation of Gai first at the PM within 5 min after EGF stimulation and subsequent inhibition of Gas on endosomes at \sim 15–30 min after EGF stimulation ensures that cAMP levels are suppressed both early and late in cells responding to EGF.

from single-cell organisms to humans. Confinement of Ca^{2+} or cAMP to precise subcellular domains (e.g., plasma membrane, organelles) allows these molecules to selectively activate a subset of targets, thereby expanding the repertoire and range of the signal. Although the effect of GEMs on Ca^{2+} is still under investigation, the effect of GEMs on cAMP is clear. GEMs suppress cellular cAMP by exerting opposing effects on 2 classes of heterotrimeric G proteins that have antagonistic effects on adenylyl cyclase (AC); they activate the inhibitor of AC, i.e., Gi and inhibit the stimulator of AC, i.e., Gs. Because activation of Gi and inhibition of Gs by GIV occurs in spatially and temporally segregated manner, such segregation may enable compartmentalization of cAMP pulses. These insights provide new clues into how GIV and other GEMs may achieve sustained and coordinated cAMP signals within various cellular compartments. Because tight regulation of the second messenger cAMP is of crucial importance in both health and disease, 38 it is not surprising that GIV's GEM function has been found to be essential for a variety of cellular processes in physiology and its

dysregulation (expression or function) a contributing factor in a variety of disease states (reviewed in 14).

'Free' G $\beta\gamma$ -Heterodimers are major intermediates in pleiotropic G protein signaling triggered by GEMs

By triggering activation of Gi and inhibition of Gs, GIV-GEM accomplishes another final common goal, i.e., release of 'free' $G\beta\gamma$ and activation of PI3K-Akt signals, thereby integrating and reinforcing the strength of the final signaling response.^{[15,26](#page-5-5)} Using Gallein,^{[26](#page-6-11)} a compound that blocks $G\beta\gamma$ -interactions with PI3K γ by binding to a protein-protein interaction "hot spot" on the G β subunit,^{[39](#page-6-19)} it was demonstrated that the mechanism of PI3K-Akt enhancement brought about by GIV's GEM motif involves the release of 'free' $G\beta\gamma$ -heterodimers from both Gi and Gs trimers. Because $G\beta\gamma$ subunits interact with other components of canonical G protein signaling complexes (sum-marized in^{[40](#page-6-20)}), e.g., receptors, $G\alpha$ subunits, effectors (including GAPs and GEFs for small GTPases), and regulatory enzymes

such as G protein–coupled receptor kinases (GRKs), it is clear that GEMs may influence several aspects of signaling that are fine-tuned by $G\beta\gamma$ subunits. Finally, it should be noted that because all $G\beta\gamma$ dimer combinations are not equal, those displaced from Gi at the PM may have distinct functions from those displaced from Gs on endosomes. Different cellular pools of $G\beta\gamma$ released at different locations are likely to control a great deal of the architecture of cellular signaling that is triggered by GEMs.

Future directions

Among a long list of unanswered questions in this rapidly evolving paradigm, 2 fields/disciplines hold the greatest promise to deliver the most insights in the immediate future. First, crystallographic elucidation of the structural basis for the pleiotropic GEF/GDI action of a single short functional motif in GEMs on G α and G α s, respectively, will go a long way in legitimizing this new family of modulators. As crystal structures and biophysical studies have revolutionized our understanding of canonical, GPCR-triggered G protein signaling ([Fig. 1](#page-2-0)), crystal structures of Ga:GEM complexes may do the same for noncanonical signaling. Together with the existing structures documenting the GDI and GAP action of well-defined signature motifs/domains like GoLoco or RGS-box, the future Ga:GEM structures will resolve the picture of heterotrimeric G protein regulation at an atomic level and will undoubtedly guide the development of therapeutics targeting specific interactions and steps within this completed picture. Efforts are underway to gain atomic level insights into the mechanism of action of GEMs, a need that is both unmet and urgent. Structural insights are also expected to define the essential/invariable requirements of a GEF/GDI bifunctional motif and thereby, enable the discovery of other GEMs in the human genome.

Second, although growth factor-dependent G protein signaling may appear to be a linear connection between input (the growth factor receptors) and output (G-proteins) elements, experimental data shows that GEMs like GIV are rather an integral part of a network that links many receptors to many signaling pathways, and links multiple cellular organelles to events at the PM.¹⁴ The behavior of such complex systems is hard to grasp by intuition. Systems biology approaches, particularly mathematical and computational modeling, have emerged as an important toolkit for studying these signaling pathways. $41,42$ Because multiple feedforward/feedback cycles modulate GIV-dependent signaling and orchestrate it in separate time and space [\(Fig. 2\)](#page-4-0), mathematical modeling, constrained by experimental data, is expected to be more reliable. Such an approach will help generate more comprehensive models to illuminate how GIV drives diverse cellular pro- $cesses¹⁴$ $cesses¹⁴$ $cesses¹⁴$ in a spatio-temporal manner and lead to a mechanistic and predictive framework for experimental design. Ongoing efforts are underway to build such a framework that will integrate experimental knowledge into a coherent picture so we can test, support, or falsify our hypotheses of mechanism of action of GEMs.

Disclosure of potential conflicts of interest

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