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# Biomechanical and Hemodynamic Measures of Right Ventricular Diastolic Function: Translating Tissue Biomechanics to Clinical Relevance

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**Background**—Right ventricular (RV) diastolic function has been associated with outcomes for patients with pulmonary hypertension; however, the relationship between biomechanics and hemodynamics in the right ventricle has not been studied.

**Methods and Results**—Rat models of RV pressure overload were obtained via pulmonary artery banding (PAB; control, n=7; PAB, n=5). At 3 weeks after banding, RV hemodynamics were measured using a conductance catheter. Biaxial mechanical properties of the RV free wall myocardium were obtained to extrapolate longitudinal and circumferential elastic modulus in low and high strain regions ( $E_1$  and  $E_2$ , respectively). Hemodynamic analysis revealed significantly increased end-diastolic elastance ( $E_{ed}$ ) in PAB (control: 55.1 mm Hg/mL [interquartile range: 44.7–85.4 mm Hg/mL]; PAB: 146.6 mm Hg/mL [interquartile range: 105.8–155.0 mm Hg/mL];  $P=0.010$ ). Longitudinal  $E_1$  was increased in PAB (control: 7.2 kPa [interquartile range: 6.7–18.1 kPa]; PAB: 34.2 kPa [interquartile range: 18.1–44.6 kPa];  $P=0.018$ ), whereas there were no significant changes in longitudinal  $E_2$  or circumferential  $E_1$  and  $E_2$ . Last, wall stress was calculated from hemodynamic data by modeling the right ventricle as a sphere:  $\left(\text{stress} = \frac{\text{Pressure} \times \text{radius}}{2 \times \text{thickness}}\right)$ .

**Conclusions**—RV pressure overload in PAB rats resulted in an increase in diastolic myocardial stiffness reflected both hemodynamically, by an increase in  $E_{ed}$ , and biomechanically, by an increase in longitudinal  $E_1$ . Modest increases in tissue biomechanical stiffness are associated with large increases in  $E_{ed}$ . Hemodynamic measurements of RV diastolic function can be used to predict biomechanical changes in the myocardium. (*J Am Heart Assoc.* 2017;6:e006084. DOI: 10.1161/JAHA.117.006084.)

**Key Words:** diastolic dysfunction • pressure–volume relationship • pulmonary hypertension • right ventricle • stiffness

Right ventricular (RV) failure is a major cause of mortality in patients with pulmonary hypertension (PH).<sup>1–5</sup> Although measures of systolic RV function have been correlated with poor clinical outcomes, a growing body of literature is beginning to show that diastolic RV function is

also implicated and may even be a stronger predictor of outcomes. RV failure, for example, has been shown to have independent, incremental prognostic value in PH caused by left heart failure, the most prominent type of PH.<sup>6</sup> Other markers such as hemodynamic RV diastolic stiffness ( $\beta$ ) and end-diastolic elastance ( $E_{ed}$ ) have been shown to predict clinical prognosis in PH.<sup>7–9</sup>

Although RV failure has been linked to clinical prognosis, the mechanisms of RV failure in PH are unclear. Prior studies have examined the histological alterations of RV and pulmonary artery tissue in pulmonary arterial hypertension (PAH) patients, revealing increased cardiomyocyte cross-sectional area and collagen deposition.<sup>9,10</sup> On a cellular level, cardiomyocyte remodeling, as seen in explanted hearts of patients with severe PAH requiring heart or lung transplantation, has been studied biomechanically. An increase in intrinsic RV sarcomeric stiffness was found along with increased total and passive tension of myocytes, and no significant contribution of actin–myosin interaction to passive

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## Clinical Perspective

### What Is New?

- Right ventricular pressure overload in rats resulted in an increase in diastolic myocardial stiffness reflected both hemodynamically, by an increase in end-diastolic elastance, and biomechanically, by an increase in longitudinal elastic modulus.
- We relate, for the first time, right ventricular myocardial tissue biomechanics to clinically relevant hemodynamics.
- We present a new stress–pressure loop to relate hemodynamic data to calculated biomechanical properties throughout the cardiac cycle.

### What Are the Clinical Implications?

- Clinically measurable hemodynamics of the right ventricle can be used to predict biomechanical changes in the myocardium.
- The link between hemodynamics and biomechanics allows for clinical translation of physiologically relevant tissue biomechanical markers of cardiac modeling to assess disease severity and to guide development of novel therapies.
- The stress–pressure loop provides a new method to dynamically monitor biomechanical changes of the myocardium in various physiological states and through disease progression and treatment.
- Myofiber remodeling and myocardial stiffening in right ventricular diastolic dysfunction is a therapeutic target of interest.

tension.<sup>9</sup> These analyses elicited important information about the mechanism of stiffness at the myocardial cellular level and suggest new targets of therapy.

Translating cellular biomechanics insight to the tissue level has been more challenging and requires animal models. We previously studied the biomechanical stiffness of the RV myocardium at the tissue level and related this to tissue remodeling.<sup>11</sup> In this pulmonary artery banding (PAB) model of chronic pressure overload in the rat, we found RV dilatation and deterioration of diastolic function, as measured by increased end-diastolic pressure, along with increases in thickness and mass of the RV free wall myocardium, all of which were associated with myocyte hypertrophy but not with increased fibrosis, similar to what others have reported.<sup>12,13</sup> Myofiber orientation was significantly altered to align in 1 direction, and these changes were associated with increased tissue stiffness preferentially in the same direction. Tissue stiffening was found to occur only in the portion of the stress–strain curve dominated by myofibers, as opposed to collagen. In these biomechanical analyses of tissue stiffness, *stress* is defined as the amount of force applied over an area of an

object, and *strain* is the relative change in size of an object caused by external forces. The ratio of these 2 parameters together (stress divided by strain, or elastic modulus [represented as E]) represents stiffness, that is, the amount of force required to deform the tissue. Our prior study showed a significant difference in the stress–strain curvilinear relationship in which the low stress/low strain portion of the curve ( $E_1$ ) shifted upward (more stress required for any given strain), which is known to correspond to myocardial stretch, whereas there was no change in the slope of the high stress/high strain region ( $E_2$ ), which corresponds to collagen stretch.<sup>11,14,15</sup>

As the next step in translating the RV tissue biomechanical findings to clinical relevance, we sought to relate myocardial tissue biomechanics to a hemodynamically derived measure of diastolic function. More specifically, we examined parameters representing myocardial stiffness to determine whether a biomechanical change in tissue stiffness is reflected by a hemodynamic measure of stiffness.

## Methods

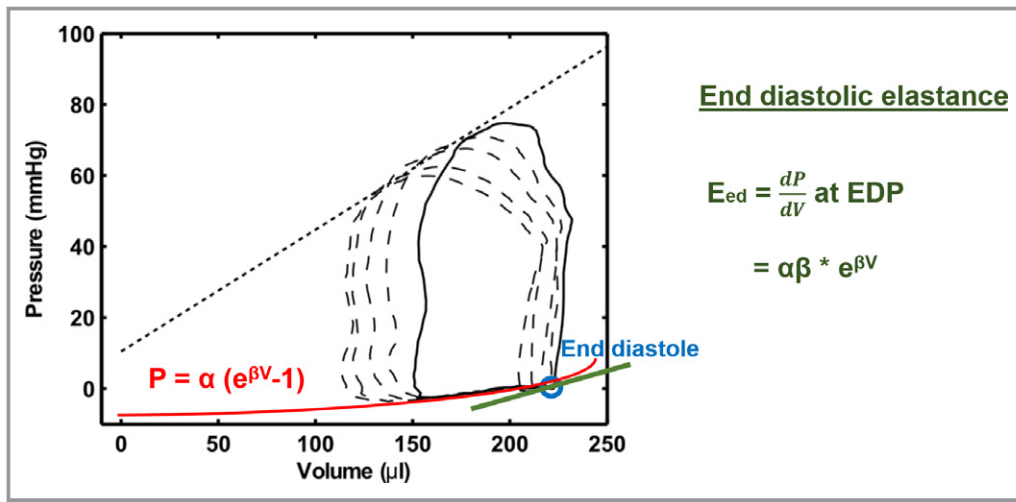
Progressive PH imposes a pressure overload on the right ventricle and can be represented by the PAB model. The experimental protocol was approved by the University of Pittsburgh institutional animal care and use committee (protocol 13021226) and conformed to the Guide for the Care and Use of Laboratory Animals (US National Institutes of Health).

### PAB Procedure

RV pressure overload was induced in 5 Sprague-Dawley rats by increasing the pulmonary artery resistance via a surgical clip, as we described previously.<sup>11,16</sup> Briefly, animals were anesthetized with 5% isoflurane and intubated to a mechanical ventilator. The midthoracic aorta was exposed via a lateral incision. A surgical clip was placed around the pulmonary artery, and the tightness was adjusted to reach RV maximum systolic pressure >50 mm Hg. The catheter was removed. The chest was closed and sutured. The animal was extubated and observed continuously for 2 hours after the procedure and daily afterward for the first week.

### In Vivo Hemodynamic Measurement

Hemodynamic analysis was performed in normal controls (n=7) and in PAB animals 3 weeks after banding. Animals were intubated, and the thorax was exposed again to access the right ventricle. A conductance pressure–volume catheter was inserted through the RV free wall into the right ventricle and positioned in the center of the ventricle where there were no



**Figure 1.** Diastolic function was determined by fitting the diastolic phase of a pressure–volume loop with an exponential function.  $E_{ed}$  (end-diastolic elastance) is the slope of this exponential curve at the end of diastole or at EDV.  $\beta$  indicates diastolic stiffness;  $dP/dV$ , change in pressure per change in volume; EDP, end-diastolic pressure; EDV, end-diastolic volume; P, pressure; V, volume.

artifacts in RV pressure–volume waveform. Pressure and volume were recorded at steady state and when the vena cava was occluded.<sup>11,16–19</sup> Rats were euthanized via inhalation of isoflurane. The hearts were removed and placed in cardioplegic solution.<sup>20</sup> The RV free wall was dissected from each heart and analyzed, as described in Biaxial Biomechanical Evaluation.

### Diastolic Function Pressure–Volume Analysis

Beginning diastole was defined by minimum pressure, and end diastole was defined by the maximum of the second derivative of pressure. To avoid measurement error caused by variance in positioning the RV catheter, minimum beginning diastolic pressure (shown as BDP) was normalized to 1 mm Hg, and maximum end-diastolic volume (shown as EDV) was normalized to 1.5 mL for each rat such that  $P_{normalized} = P_{measured} - (BDP_{min} - 1 \text{ mm Hg})$  and  $V_{normalized} = V_{measured} + (1.5 \text{ mL} - EDV_{max})$ .<sup>9</sup> Diastolic stiffness  $\beta$  was calculated by fitting a nonlinear exponential curve  $P = \alpha(e^{\beta V} - 1)$  through the diastolic portion of the pressure–volume loops using a custom MATLAB program.<sup>7</sup> Three points were used for the exponential fit: (1) origin (0,0), (2) beginning diastolic point, and (3) end-diastolic point (Figure 1).<sup>9</sup>  $E_{ed}$  was obtained from the relation  $\frac{dP}{dV} = \alpha\beta \cdot e^{\beta \times EDV}$  at calculated end-diastolic volumes.  $E_{ed}$  values were averaged for each animal.

### Biaxial Biomechanical Evaluation

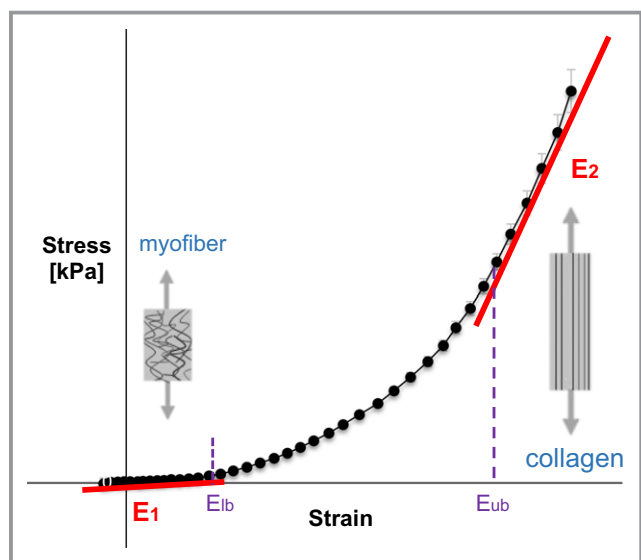
Square specimens were taken from the RV free wall myocardium and mounted on a biaxial testing device (Cell-Scale Biomaterials Testing BioTester 5000) in modified Kreb's

solution with 2,3-butanedione 2-monoxime and oxygen.<sup>11,16</sup> The Green-Lagrange strain tensor (R) and the second Piola-Kirchhoff stress tensor (S) were computed for each test protocol using standard methods,<sup>16,17</sup> with longitudinal and circumferential components given respectively by  $R_{LL}$ ,  $S_{LL}$ , and  $R_{CC}$ ,  $S_{CC}$ . Shear stresses  $S_{CL}$  were measured, but magnitudes were very small and were not used. Elastic modulus ( $\frac{\text{stress}}{\text{strain}}$ ) was extrapolated in both low- and high-strain regions ( $E_1$  and  $E_2$ , respectively) for both the longitudinal and circumferential biaxial data by fitting a 2-branch function to the stress–strain data<sup>14</sup> (Figure 2):

$$\text{Stress} = \begin{cases} A * (e^{BE} - 1), & E \leq E_{ub} \\ A * (e^{BE_{ub}} - 1) + AB * e^{BE_{ub}} (E - E_{ub}), & E \geq E_{ub} \end{cases},$$

where  $A = \frac{E_1}{B}$  and  $B = \frac{\log(\frac{E_2}{E_1})}{E_{ub}}$

The first branch is exponential accounting for the accumulative stiffening of the tissue caused by gradual recruitment of collagen fibers, whereas the second branch is linear and reflects the behavior of the tissue after full strengthening of all collagen fibers. The parameter  $E_{ub}$  denotes the upper bound strain at which the transition between the 2 branches takes place and marks the beginning of a linear behavior with the modulus  $E_2$ . A counterpart to  $E_{ub}$  is the variable  $E_{lb}$ , which does not explicitly appear in our stress model.  $E_{lb}$  identifies the lower bound-strain region within which no significant portion of collagen fibers were yet recruited, and the behavior of the tissue was nearly linear, characterized by stiffness  $E_1$ .  $E_{lb}$  was estimated by detecting where the exponential branch deviated from a linear behavior.



**Figure 2.** The  $E_1$  region represents the elastic modulus in the low-strain, linear portion of the stress–strain curve at which collagen fibers have not yet been recruited and the behavior of the tissue is predominantly determined by myofibers. The  $E_2$  region represents the elastic modulus in the high-strain, linear portion of the curve after all collagen fibers have straightened.  $E_{1b}$  indicates the lower boundary of the exponential transition region;  $E_{2b}$ , upper boundary of the exponential transition region.

### Modeling the RV Wall Stress

The right ventricle in the PAB model was previously shown to have a decrease in ratio of longitudinal to circumferential length, suggesting change toward a spherical shape.<sup>11</sup> Consequently, the right ventricle was modeled as a sphere and wall stress was derived from pressure–volume data using the Laplace law<sup>21</sup>:

$$\text{Wall stress} = \frac{\text{Pressure} \times \text{radius}}{2 \times \text{thickness}}$$

The radius values were calculated from the conductance catheter-measured RV volume by the following relation for the volume of a sphere:

$$V = \frac{4}{3} \pi \times r^3$$

Wall thickness measurements were obtained from RV free wall square specimens and were assumed to be constant throughout the cardiac cycle. The calculated wall stress was plotted against the measured pressure values over the cardiac cycle.

### Statistical Analyses

Results are reported as median and interquartile range (IQR; 25–75%). Control and PAB groups were compared using the

Mann–Whitney test.  $P < 0.05$  was considered significant. The relationship between  $E_{ed}$  and stress–strain response was analyzed by plotting  $E_{ed}$  against the elastic modulus.

### Results

A total of 7 control and 5 PAB rats were studied.

#### In Vivo Diastolic Hemodynamic Analysis

Pressure overload on the right ventricle significantly altered the pressure–volume relationship in the PAB rats compared with control (Figure 3A). PAB increased RV systolic pressure from 34.1 mm Hg (IQR: 31.1–36.6 mm Hg) in controls to 86.6 mm Hg (IQR: 74.7–101.5 mm Hg) in PAB models ( $P = 0.003$ ; Table). End-diastolic pressure was found to be significantly greater in PAB than control (10.3 mm Hg [IQR: 7.2–13.4 mm Hg] versus 5.5 mm Hg [IQR: 4.7–6.5 mm Hg];  $P = 0.005$ ).  $E_{ed}$  was found to be significantly greater in PAB than control (146.6 mm Hg/mL [IQR: 105.8–155.0 mm Hg/mL] versus 55.1 mm Hg/mL [IQR: 44.7–85.4 mm Hg/mL];  $P = 0.010$ ; Figure 3B).  $\beta$  was not found to be significantly different between PAB animals and control animals but had a positive correlation to  $E_{ed}$  ( $R = 0.5954$ ,  $P = 0.04$ ; Figure 4).

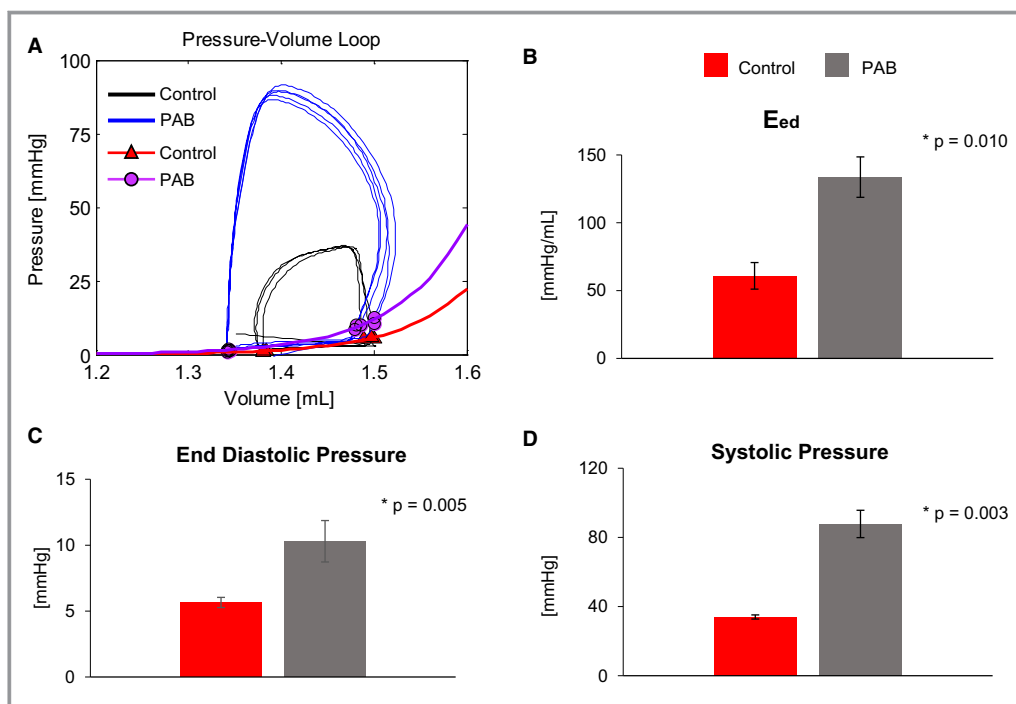
#### Biaxial Biomechanical Analysis

Biaxial mechanical analyses confirmed findings from prior studies (Table).<sup>11</sup> RV free wall thickness was significantly increased in PAB compared with control (1.29 mm [IQR: 1.26–1.46 mm] versus 0.66 mm [IQR: 0.63–0.71 mm];  $P = 0.003$ ). The longitudinal stress–strain curve of the pressure-overloaded PAB model significantly shifted to the left, reflecting the increase in tissue stiffness in that direction (Figure 5A). Circumferential stress–strain curves showed no differences (Figure 5B), thus tissue anisotropy increased with PAB. Longitudinal  $E_1$  was significantly increased in PAB compared with control (34.2 kPa [IQR: 18.1–44.6 kPa] versus 7.2 kPa [IQR: 6.7–18.1 kPa];  $P = 0.018$ ; Figure 5C), whereas there was no significant change in  $E_2$  (Figure 5D). There were no significant differences in  $E_1$  or  $E_2$  in the circumferential direction.

To illustrate the relationship between hemodynamic and biomechanical changes in diastolic stiffness,  $E_{ed}$  was plotted against longitudinal  $E_1$  (Figure 6). An increase in  $E_{ed}$  was associated with an increase in longitudinal  $E_1$  ( $R = 0.3756$ ).

#### Estimating Diastolic Wall Stress From Hemodynamic Data and Relating It to Biomechanical Data

Wall stress was calculated from the hemodynamic data via the Laplace law and then related to tissue stress derived from



**Figure 3.** A, Representative pressure–volume loops for control and PAB demonstrate the significantly different diastolic pressure–volume relationship after 3 weeks of PAB. Triangular and circular points were representative diastolic points to fit the exponential curve to  $P=\alpha(e^{\beta V}-1)$ . B, Pressure overload on the right ventricle significantly increased end-diastolic elastance. C, PAB significantly increased end-diastolic pressure and (D) RV systolic pressure. Bar graphs represent mean values with error bars representing standard error.  $\beta$  indicates diastolic stiffness;  $E_{ed}$ , end diastolic elastance; P, pressure; PAB, pulmonary artery banding; RV, right ventricular; V, volume.

biomechanical testing. Plotting hemodynamically derived wall stress against RV pressure yielded stress–pressure loops in which the cardiac cycle can be viewed clockwise (Figures 7 and 8). Diastolic filling occurs at higher wall stress than isovolumetric relaxation. The calculated stress values were correlated to the ex vivo biomechanical stress–strain curves for each animal (Figure 7B). In both control and PAB animals, wall stress ranges estimated using the diastolic phase of the pressure–volume loop fell within both the  $E_1$  zone and the transition zone (between  $E_1$  and  $E_2$ ), indicating that physiologically diastolic wall stiffness is composed of both a myofiber-predominant portion (early diastolic filling) and a combined myofiber and collagen portion (late diastolic filling). The biomechanical range of  $E_2$  (collagen-only stiffness) was not reached in any part of physiological diastole.

## Discussion

The objective of this study was to determine whether RV tissue biomechanical changes in the pressure-overloaded model would correlate with hemodynamic changes. More broadly, we wanted to answer the question of whether less invasive hemodynamic data could be used to predict

biomechanical changes. We found that RV pressure overload in PAB rats resulted in an increase in diastolic myocardial stiffness reflected both hemodynamically, by an increase in  $E_{ed}$ , and biomechanically, by an increase in longitudinal  $E_1$ . These data, along with biomechanical analyses from prior studies, suggest that the PAB model preferentially induces RV myocardial tissue stiffening in the longitudinal direction<sup>11</sup> and that hemodynamic measurements could be used to predict biomechanical changes in the right ventricle. These results have translatable implications in studying disease pathology and monitoring treatment processes in patients with PH, as hemodynamic measurements are frequently obtained in patients, whereas myocardial tissue biopsies for biomechanical analysis are risky and not feasible.

Hemodynamically, the pressure overload in the PAB rat models was reflected in the significantly increased RV systolic pressure and resulted in significantly increased end-diastolic pressure and stiffness, measured by significantly increased  $E_{ed}$ .  $E_{ed}$  is a parameter that has been clinically linked to disease severity and linearly correlated to  $\beta$  in PAH patients.<sup>8</sup> The corresponding increases of  $E_{ed}$  in both patients and the PAB model suggest that this animal model has translational relevance in studying hemodynamic effects of RV remodeling

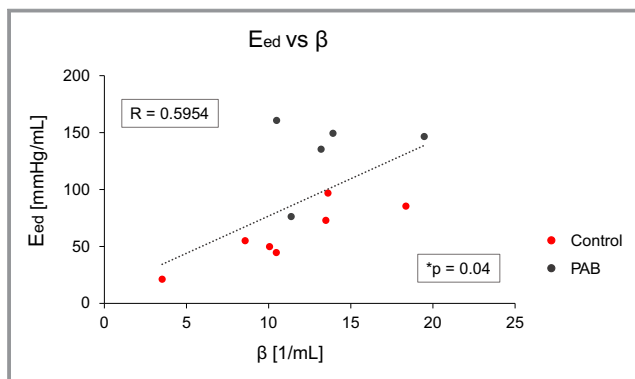
**Table.** Hemodynamic and Biomechanical Parameters

Parameter, Units	Control	PAB	P Value
<b>Hemodynamic</b>			
End-diastolic pressure, mm Hg	5.5 (4.7–6.5)	10.3 (7.2–13.4)	0.005*
Maximal systolic pressure, mm Hg	34.1 (31.1–36.6)	86.6 (74.7–101.5)	0.003*
End-diastolic elastance, mm Hg/mL	55.1 (44.7–85.4)	146.6 (105.8–155.0)	0.010*
$\beta$ , mL <sup>-1</sup>	10.5 (8.6–13.6)	13.2 (10.9–16.7)	0.429
<b>Biomechanical</b>			
RV free wall thickness, mm	0.66 (0.63–0.71)	1.29 (1.26–1.46)	0.003*
Longitudinal $E_1$ , kPa	7.2 (6.7–18.1)	34.2 (18.1–44.6)	0.018*
Longitudinal $E_2$ , kPa	653.7 (463.8–1054)	855.1 (702.3–1157.4)	0.343
Circumferential $E_1$ , kPa	11.8 (7.1–16.5)	6.3 (5.4–8.6)	0.106
Circumferential $E_2$ , kPa	713.9 (420.6–964.9)	514.1 (497.1–808)	1

Data reported as median (interquartile range; 25–75%).  $\beta$  indicates diastolic stiffness;  $E_1$ , elastic modulus in low-strain region;  $E_2$ , elastic modulus in high-strain region; PAB, pulmonary artery banding; RV, right ventricular.

\*Denotes statistical significance of  $P < 0.05$ .

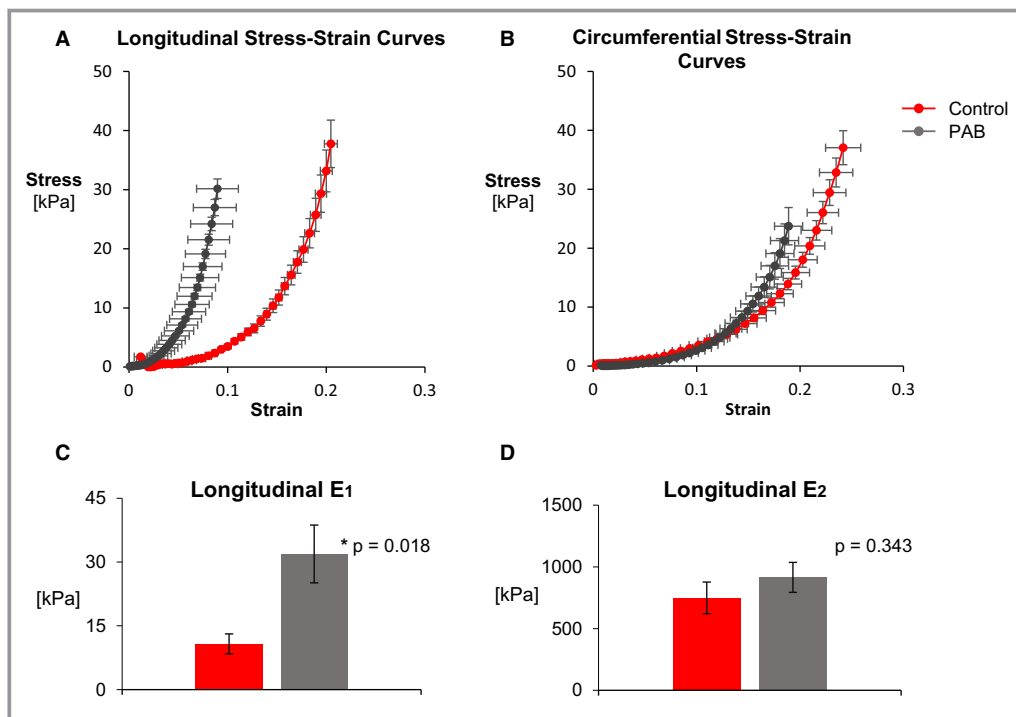
in chronic pressure overload.<sup>7,8</sup> Interestingly, although we found  $\beta$  and  $E_{ed}$  to have a significant linear correlation, similar to prior reports, we did not find  $\beta$  to be significantly different between control and PAB animals. This disparity is likely due to a much wider range of calculated  $\beta$ , particularly in control animals. This may be caused by the method of volume normalization preferentially affecting the  $\beta$  analysis. Both  $\beta$  and  $E_{ed}$ , theoretically, are dependent volume measurements, given the expressions  $P = \alpha (e^{\beta V} - 1)$  and  $E_{ed} = dP/dV = \alpha \beta e^{\beta \times EDV}$ . However,  $E_{ed}$  is the slope of the change in pressure per change in volume (shown as  $dP/dV$ ) and thus relies less on the relative volume and more on the shape of the pressure–volume loop. The shape of the pressure–volume loop itself is not altered in our volume-normalization protocol. For these reasons,  $E_{ed}$  may be a more practical parameter to report in animal studies.



**Figure 4.** Plot of  $E_{ed}$  vs  $\beta$  showing a positive linear correlation with  $R = 0.5954$ ,  $P = 0.04$ .  $E_{ed}$  indicates end-diastolic elastance; PAB, pulmonary artery banding;  $\beta$ , diastolic stiffness.

Biomechanically, the right ventricle had evidence of hypertrophy, as measured by significantly increased RV free wall thickness, and increased tissue stiffness in the longitudinal direction, as suggested by significantly greater longitudinal  $E_1$ . These results confirm our prior PAB studies that showed anisotropy (differential tissue stiffness in different directions of deformation) of the right ventricle under pressure overload.<sup>11</sup> The  $E_1$  region of the stress–strain curve has been previously shown to represent myofiber stiffness (because the collagen fibers are not fully stretched and load bearing)<sup>11,14</sup> and suggests that tissue stiffness in the passive myocardium has contributions from the myofiber realignment and orientation. The lack of significant difference in the  $E_2$  region of the stress–strain curve is also consistent with prior findings that this PAB rat model does not have significant histological changes in fibrosis.<sup>11,12</sup> These data also agree with single-cell tension studies of RV cardiomyocytes from PAH patients that showed increased passive tension and stiffness of the myofibers.<sup>9</sup> These corresponding results further suggest relevance of the PAB model for translational studies of the RV remodeling process in PAH and point to myofiber remodeling and biomechanics as a target of interest.

The stress–pressure loops provide a basis for dynamically studying biomechanical properties of the right ventricle. Relating RV wall stress modeling from in vivo hemodynamic data to ex vivo biomechanical testing of the RV myocardium suggests that diastolic filling occurs in 2 distinct biomechanical stress–strain ranges. Early diastolic filling (low pressure/stress) occurs at the myofiber predominant stress–strain region ( $E_1$ ), and late diastolic filling (higher pressure/stress) occurs in the biomechanical transition zone involving both myofiber and collagen stiffness. The biomechanical stress–

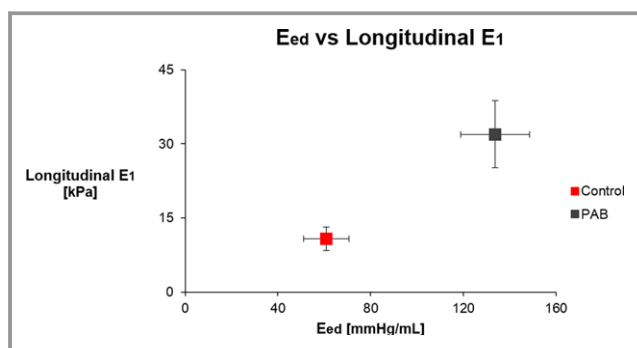


**Figure 5.** A, Average stress–strain curves in the PAB rats are shifted up and to the left in the longitudinal direction. Error bars represent standard error. B, There are no differences in the stress–strain curves in the circumferential direction. C, Longitudinal low-strain elastic modulus ( $E_1$ ) was significantly increased in PAB rats. D, There was no significant difference in longitudinal high-strain elastic modulus ( $E_2$ ). Bar graphs represent mean values with error bars representing standard error. PAB indicates pulmonary artery banding.

strain range dominated by complete collagen stretching is not seen physiologically in diastole. The calculated diastolic wall stresses fell consistently below the  $E_{ub}$ —or before the  $E_2$  region—in both control and PAB. Because the  $E_2$  region is thought to represent primarily collagen in the extracellular matrix, this suggests that collagen fibers in the RV myocardium do not fully stretch during diastole. This further

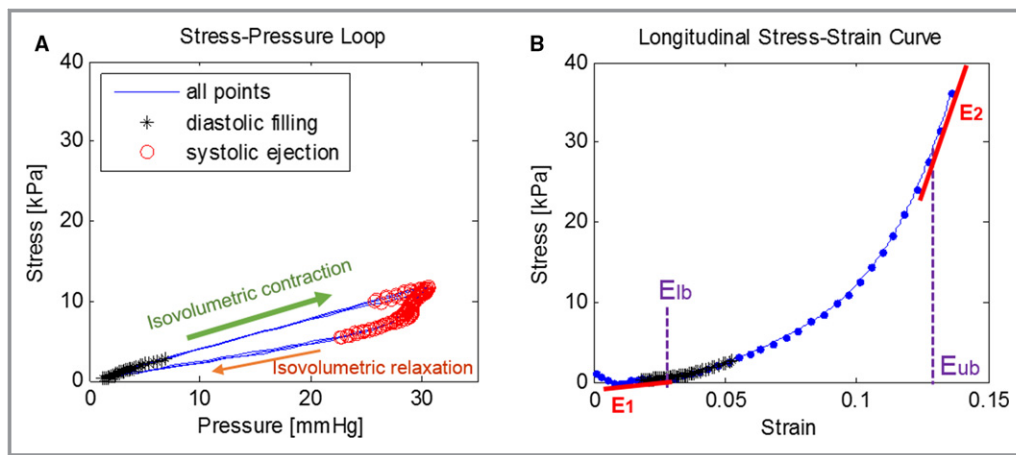
implies that myofiber stiffness may be an important therapeutic target for PH.

Current available treatments for RV failure are targeted at reducing RV wall stress by lowering RV afterload. This can be accomplished by targeting extracardiac components using pulmonary arterial vasodilators such as endothelin receptor antagonists, prostanoids, and phosphodiesterase type 5 inhibitors. Targeting myocardial tissue stiffness and RV diastolic function may provide a unique treatment goal with few studies to date, mostly studying existing therapies not developed specifically for this purpose. In the PAB rat model, losartan and eplerenone lowered arterial pressures but did not have a significant effect on RV function or remodeling.<sup>22</sup> In contrast, sildenafil was found to have beneficial effects on systolic function and improved end-diastolic pressure without any effect on fibrosis.<sup>23,24</sup> Other studies have linked clinical presentation of the PAB model to other molecular targets of RV remodeling, such as overexpression of titin, heme oxygenase 1, and N2Ba; decreased fatty acid oxidation; capillary rarefaction; and altered troponin phosphorylation and calcium handling.<sup>25</sup> The biomechanical–hemodynamic relationship may be a unique method to assess and guide therapeutic development of such novel myocardial targets.



**Figure 6.** Integrating the hemodynamic changes in diastolic function with biomechanical changes in diastolic stiffness shows that PAB rats have both increased  $E_1$  and  $E_{ed}$  with  $R=0.3856$ . Box represents mean  $E_{ed}$  and longitudinal  $E_1$ . Error bars represent standard error.  $E_1$  indicates low-strain elastic modulus;  $E_{ed}$ , end-diastolic elastance; PAB, pulmonary artery banding.

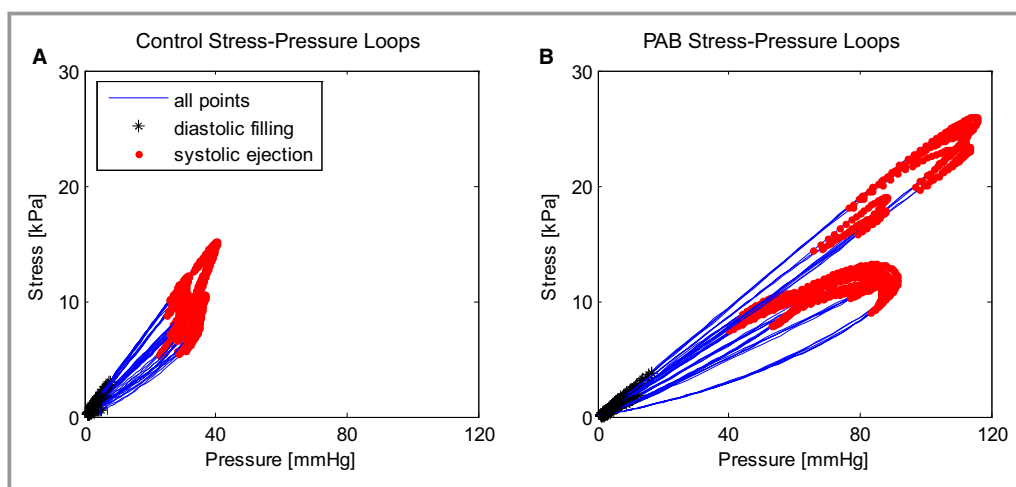




**Figure 7.** A, Plot of the measured pressure values against the calculated estimated wall stress using the Laplace model of a representative control animal. The black asterisks represent diastolic filling points, and the red circles represent the systolic ejection points. The rest of the cardiac cycle is labeled and progresses in a clockwise direction. B, Corresponding stress–strain curve of a representative control animal with black asterisks representing diastolic filling points. The purple dashed line indicates the  $E_{lb}$  and  $E_{ub}$  boundaries.  $E_1$  and  $E_2$  are represented by red lines in low- and high-strain regions, respectively. In this control animal, diastolic filling points overlap in both the  $E_1$  and the exponential transitional area, suggesting predominant myofiber stretch involved in early diastolic filling followed by combined myofiber and collagen strengthening in late diastolic filling.  $E_1$  indicates low-strain elastic modulus;  $E_2$ , high-strain elastic modulus;  $E_{lb}$ , lower boundary of the exponential transition region;  $E_{ub}$ , upper boundary of the exponential transition region.

A possible next step for translation for the biomechanical–hemodynamic link is to explore translation to noninvasive assessment by echocardiography. Echocardiography in combination with right heart catheterization has been used in prior clinical studies to calculate RV end-diastolic wall stress via the Laplace law.<sup>26</sup> In this method, the thickness of the RV free wall at end diastole can be obtained dynamically in patients via the subcostal view to provide real-time dimensional

information for modeling throughout the cardiac cycle. Peak pressure can be estimated from Doppler velocity and the Bernoulli equation, which in turn can be used to estimate wall stress via the Laplace law with the RV spherical shape assumption.<sup>27</sup> Echocardiographic strain imaging by speckle tracking has also been compared with biomechanical strain for concomitant use in determining biomechanical properties and fiber orientation.<sup>28</sup> Limitations of echocardiography



**Figure 8.** A, Plot of stress–pressure loops of all control animals. B, Plot of stress–pressure loops of all PAB animals. Black asterisks represent data points during diastolic filling, whereas red dots represent data points during systolic ejection. The cardiac cycle progresses in a clockwise direction. PAB indicates pulmonary artery banding.

potentially include the degree of error for velocity measurements with misalignment, incomplete RV imaging given its complex shape and proximity to the chest wall, and difficulty obtaining pressure values through the entire cardiac cycle.

Another topic of interest is the link between systolic and diastolic function. Both  $E_{ed}$  and end-systolic elastance have been shown to be elevated in patients with PAH, as well as in the PAB rat model.<sup>8,11,25</sup> RV diastolic dysfunction may be present in PAH despite compensated systolic function and is strongly linked to clinical outcomes.<sup>7,8</sup> The stress–pressure loops we present offer the ability to study biomechanical properties dynamically in both diastole and systole by pinpointing corresponding hemodynamic data and calculated stress to a specific portion of cardiac cycle. This information could be used to further elicit impact of myofiber or collagenous change on systolic, diastolic, or transitional function, as well as the relative contributions of the myofibers and extracellular matrix throughout the cardiac cycle. Recently, strain–area loops constructed from clinical echocardiographic data have been used to evaluate biomechanical properties dynamically throughout the cardiac cycle.<sup>29,30</sup> Similarly, our stress–pressure loops derived from hemodynamic data can be used to dynamically study the biomechanics under various physiologic states, for example, with exercise or vasodilatation. This is another path of translating our findings to the bedside to elicit more information about the relationship between the clinically relevant hemodynamic parameters and biomechanical properties of the myocardium at various disease stages.

This study has several limitations. We chose a PAB model specifically to evaluate changes in the right ventricle caused by pressure overload. This model is predominately one of myocyte hypertrophy and not fibrosis.<sup>11,13</sup> However, we show that diastolic filling occurs during the myocyte-dominated portion of the myocardial biomechanical function, making the PAB model particularly relevant to studying diastole. Other models of PAH, such as monocrotaline and Sugen-Hypoxia may provide additional insights but also have limitations regarding their applicability to clinical PAH. The monocrotaline model causes PH via metabolites of monocrotaline that injure the pulmonary vasculature and is predominantly a model of pulmonary arterial medial hypertrophy that is known to reverse quite easily with interventions.<sup>31,32</sup> The Sugen-Hypoxia model results in plexiform lesions in pulmonary arteries; however, development of RV failure is not consistent.<sup>33,34</sup>

Our hemodynamic analyses included normalization of end-diastolic volume to 1.5 mL of both control and PAB rats. This method is adapted from previous PAB rat model hemodynamic analyses<sup>9</sup> but has limitations of masking possible changes in volume to compensate for cardiac output and may have preferentially affected the calculation of  $\beta$ . Another

limitation was that biomechanical studies were performed in 2 dimensions, not 3, which may limit interpretation; however, 3-dimensional biomechanical testing is not readily available currently. We previously studied stress–strain relationships across varying relative stress in the longitudinal and circumferential directions (ranging from ratios of 1:5 to 1:1 to 5:1), which allowed for calculation of tissue stiffness throughout the full 2-dimensional range and found the longitudinal direction to be stiffest.<sup>16</sup> The biomechanical studies are also limited in that they were conducted on passive and not actively contracting myocardium. Finally, wall stress modeling was performed with the assumption that the RV is spherical, which is consistent with histomorphologic studies of the PAB model that show changes from a high ellipsoidal to a more spherical morphology,<sup>11</sup> but does not account for regional differences. Further modeling may be possible to obtain estimated wall stress values that are more consistent with those of our animal model.

## Conclusions

We examined the previously studied PAB rat model, which responds to pressure overload with myofiber hypertrophy. We found that a longitudinal elastic modulus calculated from biomechanical stress–strain studies of the RV free wall increased significantly, suggesting stiffer myofibers in the longitudinal direction. Functionally, this change was reflected in increased diastolic stiffness, as measured by hemodynamically derived elastance at the end diastole. Last, we modeled the right ventricle as a sphere and created a novel stress–pressure curve. The calculated diastolic wall stress range fell within the myofiber stretch and transitional portion of each animal's stress–strain curves, suggesting that collagen fibers were not fully stretched during diastole. Linking biomechanical findings with less invasive hemodynamics allowed us to study RV diastolic dysfunction at the tissue level. Similarly, the wall-stress loops modeled from hemodynamic data provided a way to dynamically study the right ventricle without requiring a myocardial tissue sample or biopsy.

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