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Coiling and maturation of a high performance fibre in hagfish slime gland thread cells

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Summary

The defensive slime of hagfishes contains thousands of intermediate filament protein threads¹ that are manufactured within specialized gland thread cells^{2–4}. The outstanding material properties of these threads, which rival spider dragline silks, make them an ideal model for biomimetic efforts to produce sustainable protein materials⁵. The gland thread cell is remarkable because of the strength of the thread it produces, but also because of the thread's impressive length (~150 mm)¹, its exquisite packaging within the cytoplasm^{3,4}, and its ability to deploy rapidly in seawater without tangling⁶. The thread bundle (or “skein”) is organized into staggered loops that spiral around the long axis of the cell. In mature cells, these highly organized loops fill most of the cell volume. Although the exact site of thread assembly is unknown, the thinnest regions of the thread are found adjacent to the nucleus^{7,8}. Intermediate filaments and microtubules are known to interact during early stages of thread assembly, but the mature thread is electron dense with no discernable ultrastructure^{7,8}. Until now, we have lacked information about gland thread cell development, including high power images of very young cells that could provide insight into how the thread is coiled and how it matures. Here we show (1) how changes in nuclear morphology, size, and position can explain the three-dimensional pattern of thread coiling in gland thread cells,

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Author contributions

TW designed and carried out experiments and wrote the manuscript, Julia Herr prepared drawings for figures, Carlos Mena carried out the 3D modeling and created figures, Betty Lee created figures, Ivo Dinov and Sam Sobel carried out 3D analysis, image processing, and created figures, Deborah Bird and Blaire Van Valkenburgh assisted with 3D masking of FIB-SEM data and figure preparation, Arthur Toga provided software and hardware for 3D modeling, and DF designed experiments and wrote the manuscript. Funding was provided by NSERC Discovery and Accelerator grants to DF, and an NSERC CGS-M scholarship to TW.

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and (2) how the ultrastructure of the thread changes from very young thread cells up to large cells with fully mature skeins^{7–9}. Our model provides an explanation for the complex process of thread assembly and organization that has fascinated and perplexed biologists for over a century¹⁰, and provides valuable insights for the quest to manufacture high-performance biomimetic protein materials.

We confirmed using light microscopy that gland thread cells (GTCs) originate in the slime gland epithelium and move toward the gland lumen as they mature² (Fig. 1a). Previous researchers have shown that GTCs polarize very early in development, with the nucleus migrating to one pole and maintaining this position throughout development^{2,7}. As the GTC matures, loops of thread are generated and organized by an unknown mechanism into what have been referred to as conical loop arrangements⁴. The continuous coiling of the thread into these conical loop arrangements results in a skein that is comprised of about 15–20 conical layers of thread loops⁴ (Fig. 1b). To gain deeper insight into thread organization, morphology, and maturation, we utilized transmission electron microscopy (TEM) to observe GTCs at various stages in development (Fig. 1c). While many aspects of GTC ultrastructure change as the cells mature, some of the most obvious are dramatic changes in nuclear morphology. The nucleus of an immature (i.e. recently differentiated) GTC, identifiable because of its large prominent nucleoli, is round and occupies the majority of the cell volume. As the number of mitochondria and ribosomes in the GTC increase and thread synthesis begins, the nucleus becomes longer and more conical, eventually adopting a spindle shape with a flared base. In fully mature cells, the nuclear spindle recedes, leaving only a hemispherical nuclear cap outside the coiled skein.

To better understand the precise patterning of staggered loops, we used focused ion beam scanning electron microscopy (FIB-SEM) to generate a three-dimensional (3D) model of thread coiling (Fig. 2a) (Video 1). By tracing the 3D structure of a dozen continuous loops using Mimics (v. 15.01) software, we were able to elucidate for the first time the morphology of thread loops within an immature GTC; this enabled us to define the precise spatial relationships between adjacent loops (Fig. 2b) (Video 2). With these data we constructed a 3D model using Maya 2013 software of thread coiling that is built around a repeating loop structure (Fig. 2c) (Video 3). This model reproduces many of the most salient features of natural thread skeins, specifically, the spiraling nature of the conical loop structures, the nesting of these structures within each other, as well as the cabled appearance of the skein where the thread runs circumferentially along the skein surface.

The changes in nuclear shape observed using TEM correspond with changes in the morphology of the conical loop arrangements observed using FIB-SEM, and suggest that the nucleus acts as a template on which the staggered loops form. Specifically, the loops making up the cones are short near the apical tip of the cell when the cell nucleus is round, and considerably longer toward the basal end as the nucleus becomes more spindle-shaped. In this way, the nucleus provides an obstruction that limits where the thread can be deposited as it elongates from its site of synthesis. Our data and model suggest that the ascending and descending portions of the conical loops are directly shaped by the nucleus, whereas the circumferential runs, which form the base of each conical loop, are laid down in the basal

groove where the nucleus and plasma membrane converge (Fig. 1c). In nearly mature GTCs, the nucleus has reduced to only a fraction of its former size, and its full retreat in a basal direction leads to very short circumferential runs and loops consisting of mostly back and forth axial runs, called “inner core loops” by Fernholm⁴ (Fig. 3). Although interactions between the intermediate filaments (IF) known as nuclear lamins and the inner nuclear membrane are well described^{11,12} less is known about how the outer nuclear membrane interacts with cytoplasmic elements^{13,14}. The patterning of slime thread coiling by the GTC nucleus may provide a new model for exploring these interactions in detail. Our data also raise questions about how such dramatic changes in nuclear size and shape are regulated.

Our TEM studies largely substantiate previous studies⁷⁻⁹ and we believe add to our understanding of the ultrastructural changes that take place during thread maturation (Figs. 4a,b). Others have shown that immature slime threads contain both IF and microtubules (MT), but it was not clear which of these elements appears first. Our results clearly demonstrate that thread production starts with a small bundle of IF in a paranuclear region rich in mitochondria and ribosomes. The thread increases in both length and width via the addition of more IF and eventually the incorporation of MT. The youngest threads are only 2–3 IFs in diameter (about 30 nm) and more mature ones are about 30 IFs in diameter (about 400 nm). During these stages, the thread is wrapped with a distinctive ~12-nm diameter filament that either spirals around the thread at a steep angle⁷ or exists as separate rings (Fig. 4c); we are not able to distinguish between these two possibilities from our data at this time. The most dramatic change in thread ultrastructure corresponds with the compaction of 12-nm diameter IF into a dense superstructure in which discrete IF are no longer visible and MT become surrounded by an electron lucent space presumably freed up by IF compaction. This shift in thread ultrastructure likely corresponds with the post-translational modification of IF proteins within mature GTCs^{9,15}; it also coincides with the appearance of a fluffy rind around the thread periphery^{7,8}, which may indicate growth of the thread via the direct addition of IF proteins or subunits rather than 12-nm IF. In fully mature threads, MT are absent^{7,8}, the spaces they occupy are completely filled in, the fluffy rind is gone, and adjacent threads conform to each other leaving only a narrow space (about 40 nm) between them (Figs. 4a,b).

Our model explains many aspects of how a single cell can produce a continuous 150 mm long protein thread that can unravel without tangling, yet several questions remain. Our data suggest that elongation occurs at a single site near the apical tip of the nucleus, but the mechanism of elongation remains elusive. The role of intra-thread MT is also unclear, although they may be involved in the delivery of IF and/or IF subunits¹⁶⁻¹⁷ to the interior of the growing thread. Indeed, TEM and FIB-SEM images both demonstrate MT within the thread and penetrating the thread from the side (Figs. 4c,d). The 12-nm filament that wraps around the thread (Fig. 4e) before the IF condense is also puzzling. Downing and colleagues⁷ propose that the filament is involved in the addition of IF to the growing thread, but how exactly this would work is difficult to imagine. We suggest that the wrapping filaments may prevent the merging of adjacent loops, which would have obvious negative effects on thread deployment and ultimately the function of the slime¹. Two other cell types, the hagfish epidermal thread cell and the lamprey skein cell, notably also produce thick helical IF bundles^{18,19}, in contrast to the branching networks of IF that are far more common

in metazoan cells²⁰. In hagfish GTCs, this ability to produce a single, unbranched IF bundle has been taken to the extreme and may be one of the key adaptations that allowed hagfishes to evolve their remarkable fibrous defensive slime. While our model explains many aspects of slime thread morphology, it does not explain how the precise staggering of loops arises. The fact that each successive loop is translocated in a clockwise direction relative to its younger neighboring loop is suggestive of a wheel-like mechanism at work. Although wheels are extremely rare in biology²¹, thread coiling may involve just such a mechanism.

Recent efforts to make fibres from solubilized hagfish slime thread proteins yielded threads with promising material properties, but they were clearly inferior to native slime threads²². The changes in thread ultrastructure documented here suggest that the outstanding mechanics of native slime threads likely arise via careful control of protein structure from IF subunits to mature IF to dense IF superstructure. Unraveling the biochemical and biophysical mechanisms underlying these transitions may lead us to new methodologies for the production of sustainable high-performance protein materials.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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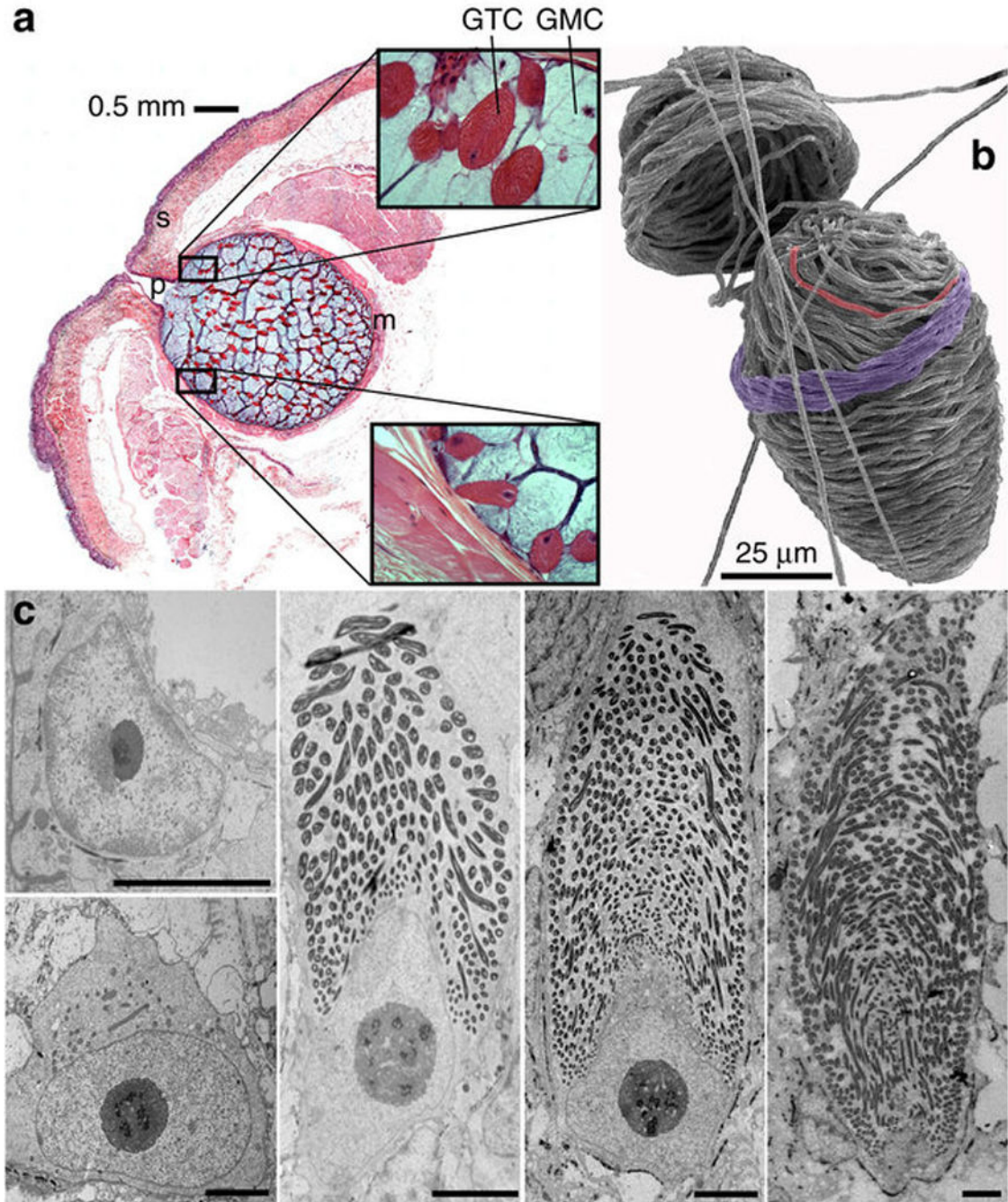


Figure 1. Hagfish slime gland, gland thread cells, and thread skeins

a, H&E stained cross-section of slime gland showing: gland thread cells (GTC), gland mucus cells (GMC), gland pore (p), striated muscle around gland (m), and skin (s). Insets show an immature GTC near the gland epithelium, and a mature GTC within the gland lumen. **b**, SEM of coiled thread from a mature GTC that has broken open, revealing the organization of staggered loops (partially highlighted in red), which form layers of conical loop arrangements that spiral around the skein (one layer highlighted in purple). **c**, Developmental progression of *M. glutinosa* GTCs revealed with TEM illustrating dramatic

changes in nuclear size and shape. Immature GTCs lacking a slime thread can be identified by their prominent nuclei and nucleoli. As the slime thread increases in length and diameter, the nucleus becomes more spindle like, eventually receding to the basal end of the cell in mature cells. Scale bars are 5 μm .

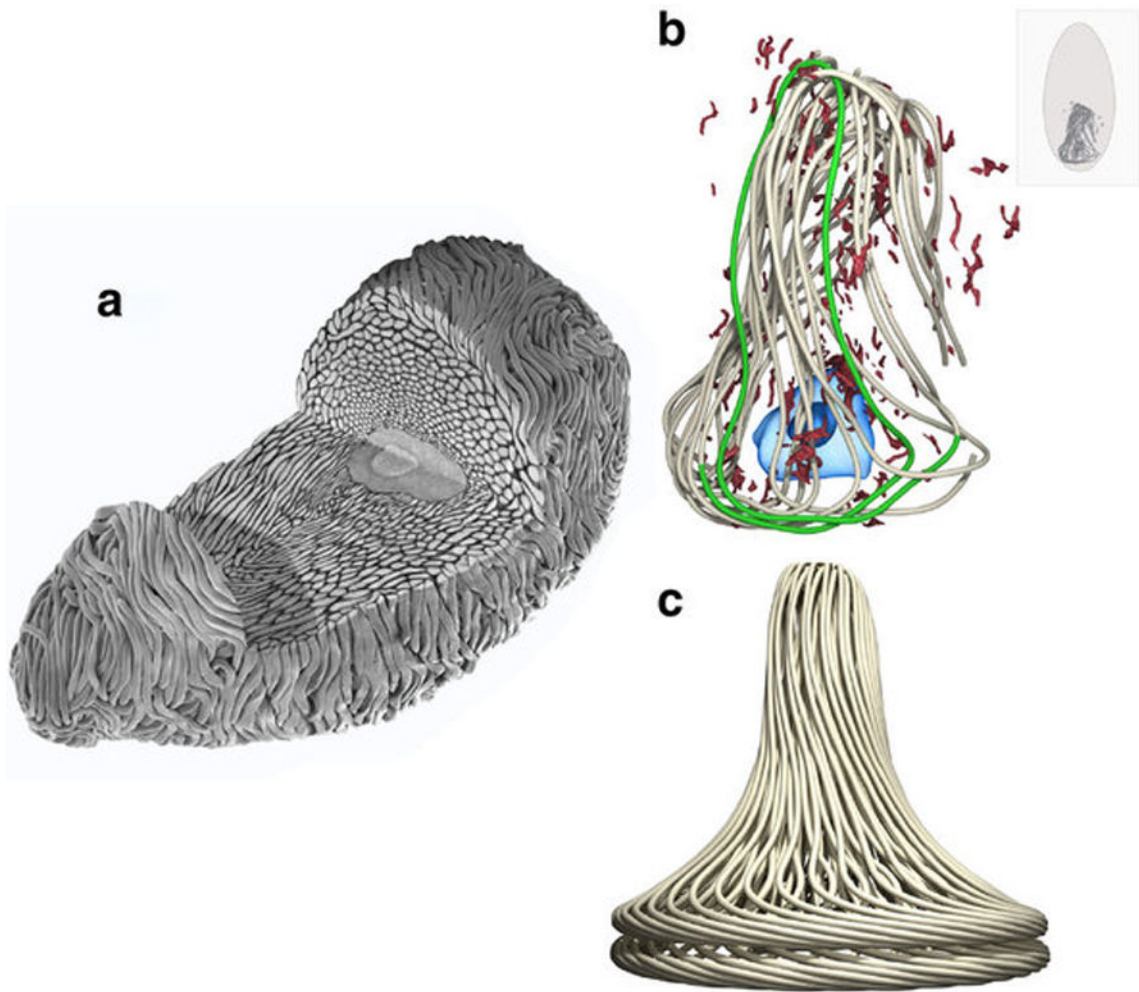


Figure 2. 3D reconstruction of thread coiling within an immature GTC from FIB-SEM data
a, Stacks of images from FIB-SEM were assembled into a 3D volume using Mimics software. This image was created by combining axial and transverse sections of the rendered volume with an SEM image of a separate complete thread skein. **b**, Segmentation of a dozen continuous loops within a developing GTC revealed the precise 3D pattern of thread coiling (single loop in green). Segmentation of the nucleus (light blue), nucleolus (dark blue), and mitochondria (maroon) shows the relative position of these structures to the developing thread. The loops shown are not the most recent ones laid down on the nucleus (these were too small to follow), but they do reflect nuclear shape at the time of synthesis. Inset shows the position of the rendered structures within the cell. **c**, Based on the 3D structure of a single loop and its relationship to adjacent loops, our model (built in Maya 2013) reproduces the spiraling nature of the conical loops, the nesting of these conical structures, as well as the cabled appearance of the skein where the thread runs circumferentially along the skein surface.

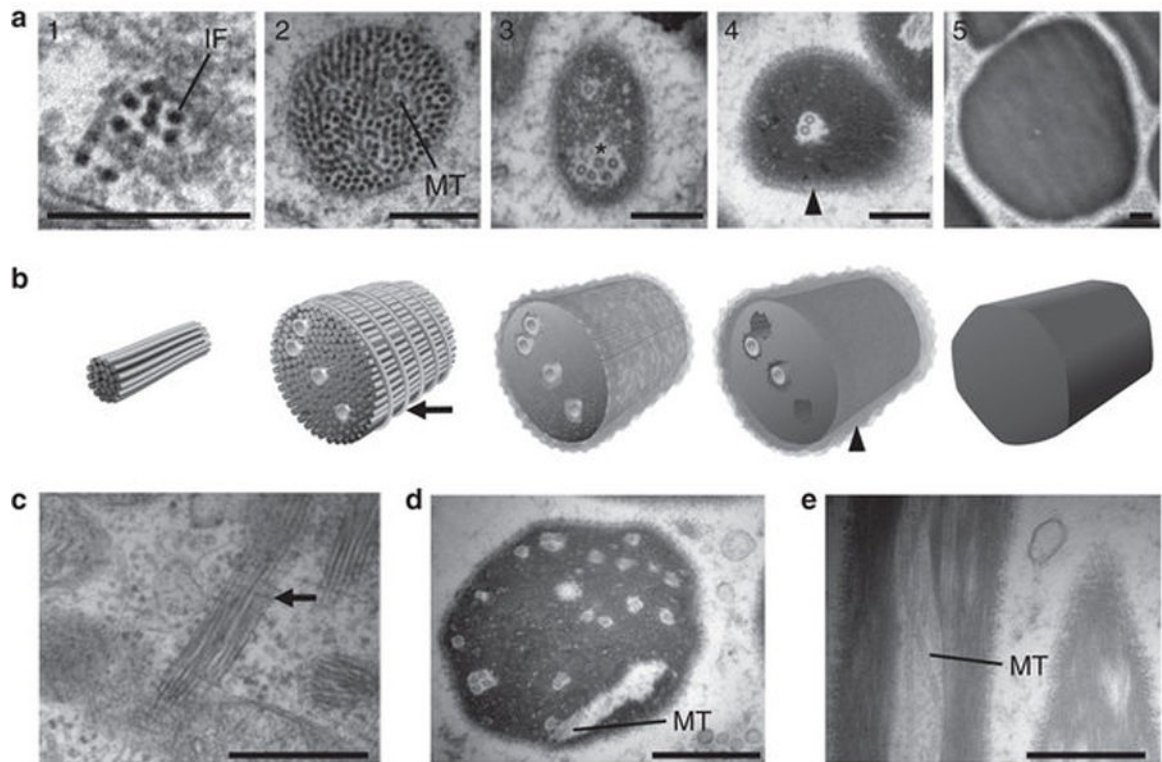


Figure 3. Temporal and spatial models of thread assembly and coiling in GTCs

GTC growth and maturation is characterized by dramatic changes in nuclear size and morphology (left), which correspond with the shape of conical loop arrangements laid down during successive stages of thread production (right). Regular staggered loops are laid down in the space defined by previous loops and the apical surface of the nucleus, and their morphology changes as the nucleus becomes more spindle-shaped and retreats toward the basal end of the cell. The result of manufacturing the skein in the manner depicted is a mature, ovoid skein that can be ejected through the gland pore and unravel to its full extended length of ~150 mm without tangling.

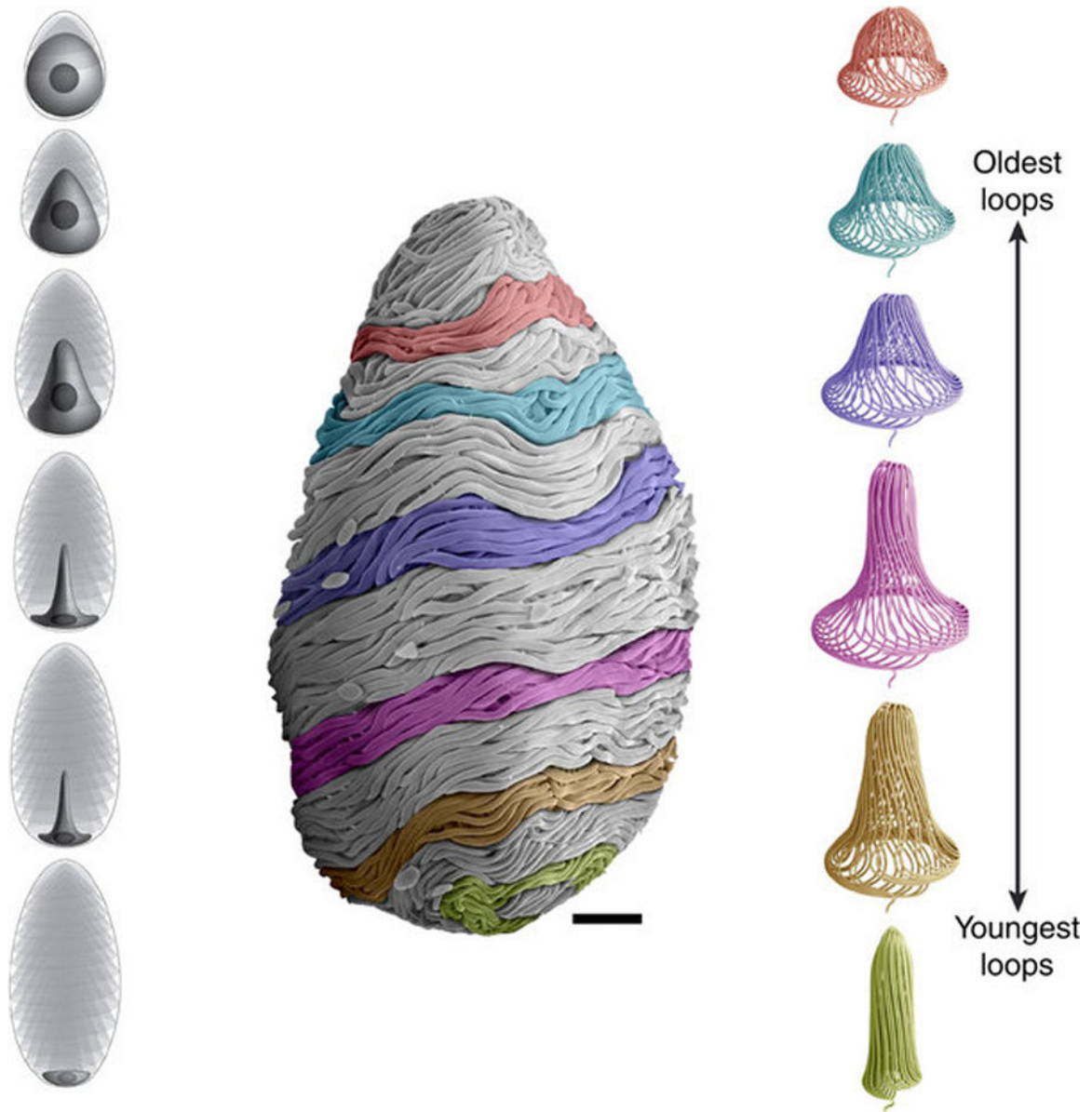


Figure 4. Developmental series of thread ultrastructure

a, TEM sections of slime threads from very immature to fully mature GTCs. The thread depicted in (1) consists of a bundle of about ten, 12-nm IF. Threads increase in girth by the addition of more IF, and eventually by the addition of MT (2). In the next stage (3), 12-nm IF become packed more tightly, which creates electron lucent halos (asterisk) around the MT. Further IF compaction is accompanied by the appearance of a fluffier rind (arrowheads) on the thread surface (4), which likely corresponds to the direct addition of IF subunits or proteins to the thread rather than the bundling of mature IF. In the final stage, IF proteins compact further, MT are lost, the spaces they occupied are filled in, and the fluffier rind disappears. In fully mature GTCs, the thread takes up the vast majority of the cell volume and adjacent threads are packed so tightly that they conform to each other (5). Scale bars are all 200 nm. **b**, Models of thread development corresponding to each of the stages depicted in

(a). The second panel illustrates the 12-nm diameter filament (arrows) that wraps around the thread at this stage in development **c**, TEM of thread longitudinal section depicting MT within a developing thread. **d**, Cross-section of a thread from stage (4) showing a MT penetrating from the side (3). **e**, Young thread from stage (2) showing the wrapping filament, which is evident as regularly spaced circular sections and corresponding lines that cross the thread at an average angle of about 86° . Scale bars in **c**, **d**, and **e** are 500 nm.