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UNIVERSITY OF CALIFORNIA

Los Angeles

Understanding the Impact of Duchenne Muscular Dystrophy

Disease Severity on Human Skeletal Muscle Progenitor Cell Delivery

A dissertation submitted in partial satisfaction

of the requirements for the degree Doctor of Philosophy

in Molecular, Cellular and Integrative Physiology

by

Kholoud Khedr Saleh

2022

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ABSTRACT OF THE DISSERTATION

Understanding the Impact of Duchenne Muscular Dystrophy Disease Severity on Human Skeletal Muscle Progenitor Cell Delivery

by

Kholoud Khedr Saleh

Doctor of Philosophy in Molecular, Cellular and Integrative Physiology

University of California, Los Angeles, 2022

Professor April Dawn Pyle, Chair

Duchenne muscular dystrophy (DMD) is caused by an out-of-frame mutation in the DMD gene that results in the absence of a functional dystrophin protein, leading to a devastating progressive lethal muscle-wasting disease. Muscle stem cell-based therapy is a promising avenue for improving muscle regeneration. However, despite the efforts to deliver the optimal cell population to dystrophic muscles, little is understood on the role endothelial cells play during systemic delivery. Recent single cell RNA sequencing (scRNA-seq) advances has permitted the unraveling of cellular composition and phenotypes in multiple mouse tissues, including skeletal muscle. Here we describe the development of an optimized protocol for systemic delivery of skeletal muscle progenitor cells (SMPCs) which showed limited ability to escape the endothelial barrier in dystrophic and severely dystrophic muscle. To further understand the role of the microenvironment as a barrier to systemic cell delivery to skeletal muscle we explored skeletal muscle-resident cell populations in healthy, dystrophic and severely dystrophic mouse models utilizing scRNA-seq. We found an increased frequency of activated fibroblasts, activated fibro-adipogenic progenitor cells and proinflammatory macrophages in dystrophic and severely dystrophic gastrocnemius muscles. Moreover, employing a computational intercellular interaction method, we show an upregulation of extracellular matrix and platelet aggregation genes on endothelial cells in dystrophic and severely dystrophic muscles. We further show an increased risk of clotting especially in the severely dystrophic environment. This work extends our understanding of the severe nature of DMD, which should be taken into account when considering stem cell-based systemic delivery platforms.

The dissertation of Kholoud Khedr Saleh is approved.

Melissa J. Spencer

Rachelle Hope Crosbie

M. Luisa Iruela-Arispe

April Dawn Pyle, Committee Chair

University of California, Los Angeles

2022

DEDICATION

To my daughters Tala and Elia, you brighten my day, every day.

To my husband who I leaned on for support.

To my mentors who inspire me to be a better scientist.

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VITA

FELLOWSHIPS & AWARDS

PUBLICATIONS

- **Saleh K.K.**, Switzler C., Gane L., Pyle A.D. (2022) Development of Optimized Intra-arterial Cell Delivery Approach. *In preparation*
- **Saleh K.K.**, Xi H., Switzler C., Skuratovsky E., Romero M.A., Chien P., Gibbs D., Gane L., Hicks M.R., Spencer M.J., Pyle A.D. (2022) Single Cell Sequencing Map of Cellular Diversity as Disease Severity Increases in Dystrophic Mouse Models. iScience. *Under Review*
- Hicks M.R., **Saleh K.K.**, Gibbs D., Yang M., Younesi S., Gane L., Guiterez V., Xi H., Pyle A.D. (2022) In Vivo Satellite Cell Niche Emergence from Human Pluripotent Stem Cells. Nature Cell Biology. *In Revision*
- Skelton R.J., Brady B., Khoja S., Sahoo D., Engel J., Arasaratnam D., **Saleh K.K.**, Abilez OJ, Zhao P., Stanley E.G., Elefanty A.G., Kwon M., Elliott D.A., Ardehali R. (2016) CD13 and ROR2 Permit Isolation of Highly Enriched Cardiac Mesoderm from Differentiating Human Embryonic Stem Cells. Stem Cell Reports. DOI: 10.1016/J.Stemcr.2015.11.006

MENTORSHIP AND TEACHING

SELECTED ORAL PRESENTATIONS

- **Saleh K. K. "**The Severity of Muscular Dystrophy Impacts the Effectiveness of Human Skeletal Muscle Progenitor Cell Delivery to Muscles". Musculoskeletal Seminar Series. UCLA, Los Angeles. March 30th 2022
- **Saleh K. K. "**The Severity of Muscular Dystrophy Impacts the Effectiveness of Human Skeletal Muscle Progenitor Cell Delivery to Muscles". Molecular, Cellular and Integrative Physiology Retreat. UCLA, Los Angeles. March 16th 2022
- **Saleh K. K.** "Investigating migratory potential of skeletal muscle progenitor cells derived from human pluripotent stem cells". Working group of the Center for Duchenne Muscular Dystrophy. UCLA, Los Angeles. May 10^{th} 2018
- **Saleh K. K.** "Development of an *in vivo* systemic delivery strategy of CRISPR corrected iPSC-SMPC for DMD". Qatar Research Leadership Program Annual Gathering. Qatar Dec. 20th 2017

SELECTED POSTER PRESENTATIONS

- **Saleh K.,** Switzler C., Hicks M., Yang M., Pyle A. (2020, February). Investigating Extravasation Potential of Skeletal Muscle Progenitor Cells in DMD Mouse Models. Center for Duchenne Muscular Dystrophy Annual Retreat. UCLA, Los Angeles. February 18th 2020
- **Saleh K.,** Hicks M., Emami M., Young C., Liu X., Meng H., Spencer M., Pyle A. Development of Improved Systemic Delivery Approaches for Human Skeletal Muscle Progenitor Cells to Dystrophic Muscle. Molecular, Cellular and Integrative Physiology Interdepartmental PhD program Annual Retreat. Calamigos Ranch, Malibu. February 9th 2019
- **Saleh K.,** Hicks M., Emami M., Young C., Liu X., Meng H., Spencer M., Pyle A. (2018, June). Identification of Candidates Modulating Human Skeletal Muscle Progenitor Cell Migration. International Society for Stem Cell Research (ISSCR) Annual Meeting 2018. Melbourne, Australia. June 20th-23rd 2018

CHAPTER 1: Introduction

1.1 Skeletal muscle and muscle stem cells

Skeletal muscle is one of the most dynamic and regenerative tissues in the body that plays a vital role in movement and postural support. It constitutes about 40-45% of the human body and is composed multinucleated muscle fibers. The multinucleation of muscle fibers arises from the fusion of myoblasts. Muscle fibers are aligned in parallel to form muscle bundles, known as fasciculus, encompassed by extracellular matrix, which in turn bundle and align parallelly to form muscle tissue. The muscle tissue has a heterogeneous cellular makeup with multiple cell populations contributing to its architecture including endothelial cells, vascular smooth muscle cells, innervating neurons, stromal cells, fibroadipogenic progenitor (FAP) cells, macrophages, and muscle stem cells (Figure 1-1). The remarkable ability of muscle tissue to regenerate is a well-orchestrated process with multiple cell types participating in the regenerative cascade, including the contribution of FAPs that proliferate upon muscle injury and

send signals to muscle stem cells to activate, proliferate and differentiate¹. Muscle stem cells, also called satellite cells (SCs), are uniquely situated in a niche between the basal lamina and the sarcolemma of muscle fibers and are considered

quiescent, not mitotically active, marked by PAX7 expression^{$2-5$}. Upon injury SCs activate, divide, and turn on MYF5 and MYOD, indicating their commitment to a myoblast fate⁵⁻⁹. A fraction of SCs divide asymmetrically during the regeneration process to self-renew and return to the quiescent state $9-13$. The transplantation of a single SC has been shown to produce copies of itself and generate more specialized progenitors, the gold-standard test for stem cell potential and self-renewal¹⁴.

1.2 Single Cell RNA Sequencing to untangle cellular composition of skeletal muscle

RNA sequencing (RNA-seq) utilizes the use of next generation sequencing (NGS) to examine the quantity and average expression of genes in a biological sample. This technique has widened our understanding of the transcriptome of the total cellular content, which translates to protein expression. Allowing the gain of transcriptome dynamics and changes in different tissues and in different states such as in normal and diseased conditions. However, though a powerful tool, bulk RNA-sequencing does not depict the cellular gene expression diversity within the analyzed tissues. From there, new powerful technologies for investigating the gene expression profile at a single-cell level (scRNA-seq) has emerged. Since the first study of scRNA-seq has been published, multiple other scRNA-seq techniques has evolved including the Chromium single cell gene expression $15-19$.

The Chromium single cell gene expression employs the use of microfluidic partitioning to isolate single cells into droplets that contain barcoded oligonucleotides along with reverse transcription reagents and oil. In each droplet, also called a Gel Bead in Emulsion (GEM), the single cell is lysed, the Gel Bead is dissolved, freeing the barcoded oligonucleotide reverse transcription reagents in the solution. The

Sample	GEM	Library	Sequencing	Data	Data
prep	generation	construction		processing	visualization
Separate 19					Ω

Figure 1-2: 10X Genomics Chromium single cell gene expression workflow. Single cell suspension is used to generate GEMs, which are used to prepare libraries with multiple readouts that can be traced back to the same single cell for sequencing. Sequencing is then carried out and data are processed with analysis tools such as Cell Ranger and Seurat. The sample can then be visualized.

reverse transcription of the polyadenylated mRNA then occurs. Thereafter, all cDNA from a single cell will have the same barcode, allowing to trace back the sequencing reads to their single cell of origin. The NGS is then carried followed by sequencing, and then the data are processed and analyzed.

The first study that laid the groundwork for the use of scRNA-seq technology to understand muscle-resident cell population heterogeneity, with a focus on SCs, was published in 2017^{20} . Although only 21 SCs were analyzed, it was able to capture the SC transcriptomic heterogeneity within the uninjured mouse muscle. The characterization of cellular diversity of mouse skeletal muscle was then described by the release of the tabula Muris Consortium²¹. The group has described the main muscleresident cell types including endothelial cells, mesenchymal cells, satellite cells along with immune cells such as B cells, T cells and macrophages. A more complete analysis of the healthy muscle identified ten muscle-resident cell types, which in addition to previously described was able to identify FAPs, neutrophils, glial cells, tenocytes (Scx⁺ cells) and smooth muscle-mesenchymal cells (lin⁻VCAM⁻ $ITGA7^+$)²². To further understand the cellular dynamics of regenerating muscle after acute injury, which as previously described is mainly achieved by the SCs and orchestrated by other muscle-resident cell populations, other groups has utilized scRNA-seq to generate an atlas of the regenerating skeletal muscle^{23–25}. These studies collectively described a comprehensive scRNA-seq datasets where heterogenous muscle-resident populations arise, such as activated fibroblasts and committed SCs, during muscle regeneration. These studies provided insights into the complexity and diversity of muscle-resident cell populations in both healthy and regenerating muscle and further illustrated how the power of scRNAseq technology can be harnessed to identify previously understudied populations. Limited studies have used scRNA-seq to study the muscle in pathological conditions, for instance in inflammatory muscle diseases such as Duchenne muscular dystrophy $(DMD)^{26}$. In this dissertation the use of chromium single cell 3' expression profiling has been utilized to explore muscle cellular composition and to examine transcriptional changes within each muscle-resident cell population in healthy, wt-NSG, dystrophic, mdx-NSG, and severely dystrophic, mdxD2-NSG, mouse models (described in later section).

1.3 Duchenne muscular dystrophy and muscle stem cells

Duchenne muscular dystrophy (DMD) is an X-linked recessive, severe progressive muscle wasting disease affecting \sim 1-5000 male live births²⁷⁻²⁹. Both devastating and fatal, DMD patients are diagnosed typically before their fifth year of age, are wheelchair bound in their teens, and prematurely die in their mid-twenties. DMD is caused by a loss-of-function mutation in the *DMD* gene, the largest known gene in the human genome, that results in the absence of a functional dystrophin protein³⁰. Dystrophin acts as a linker protein which connects the cytoskeleton of the muscle fiber to the extracellular matrix through the dystrophin glycoprotein complex $(DGC)^{31-35}$. Dystrophin, moreover, helps anchors the DGC to the muscle sarcolemma. Without dystrophin, the DGC is mislocalized resulting in fragility and disruption of the sarcolemma. The muscle fibers go through progressive rounds of contraction-induced damage, and $Ca²⁺$ influx into the muscle fiber which results in cell death. In DMD, continuous cycles of contraction-induced damage elicit a constant need for regeneration that is mainly achieved by SCs. However, it has been suggested that there is impaired regeneration because either the SCs are rendered dysfunctional due to impaired polarity establishment or because of progressive exhaustion^{36–38}. Eventually, lack of proper regeneration leads to muscle fiber necrosis and generation of excess fibrotic tissue³⁹.

Treatments for DMD are available to help manage symptoms and improve the quality of life of patients, such as the use of Corticosteroids (Prednisone or Deflazacort) to maintain muscle strength, and Morpholino antisense oligomer (Eteplirsen, Golodirsen, or Casimersen) to increase dystrophin production⁴⁰. Currently, no cure exists for DMD, albeit multiple ongoing genetic interventions are in clinical trials including adeno-associated virus serotype 9 (AAV9) capsid delivery of microdystrophinand minidystrophin-encoding genes to muscle tissues for targeted production of shortened versions of dystrophin (NCT03368742, NCT03362502, NCT03769116).

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1.4 Mouse Models of Duchenne Muscular Dystrophy

The most common mouse model used to study DMD is the mdx mouse, which has a nonsense mutation in exon 23 in the X chromosome that arose spontaneously in a C57BL/10 colony $41,42$. Although this mouse model lacks dystrophin protein, mdx mice have elevated plasma levels of muscle creatine kinase (CK), and present histological muscle lesions like that of human disease, although adult mdx mice do not fully recapitulate the human disease in terms of pathogenic progression. The mdx mouse model lifespan is not significantly reduced, and regeneration of muscle fibers is not persistent. Mdx mice also lack extensive fibro-fatty replacement of muscle fibers thus the mdx model does not fully recapitulate human clinical disease progression⁴³⁻⁴⁵.

Since the discovery of the mdx mouse, several other DMD-mouse models have been generated in different genetic backgrounds. One of which is the DBA/2-mdx (hereafter referred to as mdxD2) mouse strain. MdxD2 mice exhibit lower muscle weight, fewer muscle fibers and increased fibro-fatty deposition in comparison with the mdx strain⁴⁶. Genetic modifiers on the DBA/2 genetic background, include osteopontin (Spp1), a synonymous variant in Annexin A6 (Anxa6) exon 1, and polymorphisms in the coding region of the latent TGF-β-binding protein 4 gene (Ltbp4), which generates a more severe muscular dystrophy 47–49 . Disease is exacerbated due to enhanced TGF-β signaling. Muscles of the mdxD2 model show increased inflammation, increased fibrosis and progressive weakness and atrophy, which better recapitulate the characteristics of human DMD $50-52$.

In this work, the mdx SCID mouse model was crossed with the severely immunocompromised mouse model NSG to generate mdx-NSG model. Moreover, the mdxD2 mouse was crossed with NSG to generate mdxD2-NSG mouse model. Mutations in the NSG mouse model renders B cells, T cells and natural killer cells deficient. These DMD severely immunocompromised mouse models are ideal for stem cell engraftment studies and cell delivery assessment as they permit evaluation of stem cell engraftment without the potential for immune-rejection of human cells.

1.5 Cell-based therapies for Duchenne Muscular Dystrophy

Since the early 1990s cell-based therapies were proposed for DMD by transplantation of myoblasts, an activated mononucleated cell that arises from SCs and can differentiate and fuse to form multinucleated muscle fibers. The enthusiasm of restoring dystrophin in the mdx mouse model by intramuscular (IM) myoblast transplantation, resulted in 4 clinical trials in humans, that ultimately all failed to restore sufficient dystrophin to provide functional benefit ^{53–59}. It is now the consensus that to have an effective long-term cell-based therapy, a transplanted cell needs to maintain its ability to self-renew, contribute to the regeneration of degenerating muscle, and reside in a niche. One of the main challenges that faced the myoblast transplantation is the lack of self-renewal ability of transplanted cells. Because of their regenerative capacity, the field has since focused on transplanting either skeletal muscle progenitor cells (SMPCs) or SCs 14,60–65. SMPCs arise prenatally during myogenesis and express the myogenic transcription factor PAX7, SCs on the other hand contribute to muscle homeostasis and regeneration postnatally 66,67. Though both SMPCs and SCs can contribute to muscle regeneration when transplanted intramuscularly in injured muscle, SCs are superior to SMPCs in repopulation of the stem cell niche and supporting long-term engraftment ^{61,68}.

In mouse models, the transplantation of SCs from single intact muscle fiber, into an irradiation treated muscle, resulted in the transplanted SCs to return to quiescence and contribute to repopulation of muscle fibers ⁶⁹. Isolation of SCs from mouse skeletal muscles using cell surface markers, integrin- α 7 and CD34 (and lineage depletion), utilizing fluorescence activated cell sorting (FACS) allowed the transplantation of a single SC into irradiated muscle which was capable of self-renewing itself by production of multiple copies of itself and generating muscle progenitors¹⁴. Moreover, skeletal muscle precursors, isolated by CXCR4 and \Box 1-integrin expression, were able to regenerate, re-engraft the SC niche and improve contractile force of mdx muscle, previously cardiotoxin injured⁷⁰.

Therefore, SCs can be considered as a therapeutic target for restoring muscle function in DMD patients. The transplantation of human fetal SMPCs into cryodamaged mouse muscle resulted in the

generation of low number of human SCs on the isolated muscle fibers, which when transplanted into a second host mouse could form a human muscle fiber⁶⁵. Additionally, the transplantation of human postnatal muscle myoblasts, isolated from healthy 13-month old muscle biopsies, has been shown to engraft and generate SCs residing in the periphery of muscle fibers and inside the basal lamina in irradiated mouse muscle⁷¹. It was not until recently that surface markers isolating adult human SCs and fetal SMPCs have been described. Adult human SCs were isolated from muscle tissue using the cell surface markers CD29 and CD56 and shown to achieve efficient engraftment and self-renewal ability after transplantation in irradiated mouse muscle⁶³. Another group provided evidence that MCAM and CD82 mark human fetal SMPCs, while NCAM and CD82 mark adult SCs, which were shown to engraft and restore dystrophin in immune-deficient mouse model of DMD^{72} . Despite the progress of human SMPCS and SCs engraftment in mouse models, the greatest challenge faced for human SCs to be used for meaningful therapeutic benefit is their inability to maintain their stemness *in vitro* when expanded. Moreover, transplanted SCs are typically only detected at or near the site of injection, suggesting their inability to migrate to multiple muscles.

1.6 Pluripotent stem cell derived skeletal muscle progenitor cells for DMD

Human pluripotent stem cells (hPSCs) provide a great tool for understanding human myogenesis, disease modeling, and generation of cells for cell-based therapies. hPSCs can self-renew indefinitely and be differentiated to any cell type in the body including the endoderm, ectoderm, and mesoderm germ layers. They could be derived from either the inner cell mass of a blastocyst, called human embryonic stem cells (hESCs), or by reprogramming somatic cells back into a pluripotent state, called human induced pluripotent stem cells (hiPSCs), using the Yamanaka transcription factors 73 . As such hPSCs provide a valuable tool for developing disease models in a dish and potentially cell-based therapies for DMD. For example, skin biopsies can be obtained from patients, fibroblasts reprogrammed to hiPSCs, then gene-corrected hiPSCs can be differentiated to SMPCs or SCs, and finally transplanted back into patients (Figure 1-1). However, up to date, myogenic differentiation protocols of hPSCs does not result in the formation of SCs *in vitro.* Rather, the differentiation of hPSCs give rise to SMPCs (hPSC-SMPCs) at an embryonic- to -fetal transitional developmental stage and have a different transcriptional signature than that of postnatal SCs^{74} .

Fibroblasts obtained from skin biopsies from DMD patients can be reprogrammed to hiPSCs, these cells can then be used to understand the pathology of the disease, develop correction approaches, and be differentiated into SMPCs or SCs for the ultimate goal to be transplanted back into the patient to restore dystrophin and provide functional benefit.

In 2007 the first use of hESCs to derive skeletal muscle progenitors was achieved by inducing hESCs to differentiate to mesenchymal precursors and further isolating CD73 and NCAM progenitor cells⁷⁵. These hESC-derived skeletal progenitors generated myotubes *in vitro* and survived long-term in immunocompromised, SCID/Beige, mouse muscle. Following this first use of hESCs to generate skeletal muscle, others have used overexpression to produce a more homogeneous myogenic culture. For example, by the overexpression of MYOD, a master myogenic regulator, using adenovirus infection of differentiated hESCs and hiPSC from a DMD patient, pure myogenic progenitors were obtained and transplanted into a Rag/mdx mouse muscle. These MYOD-hESCs and MYOD-hiPSCs progenitors were

shown to regenerate the muscle and restore dystrophin⁷⁶. Additionally, with viral overexpression of PAX7 (called iPAX7), the feasibility of generating SMPCs derived from hESCs and hiPSCs was demonstrated⁷⁷. When transplanted into injured dystrophic mouse muscle, NSG-mdx^{4Cv}, iPAX7 hESCand hiPSCs-derived myogenic progenitors were able to regenerate the muscle, provide functional improvement and restore dystrophin. Though promising, the previous studies relied on viral overexpression of myogenic markers which could be challenging to translate to the clinic and may not represent a true cell found in normal human development.

A major hurdle that is facing the stem cell-based therapy field is that the differentiation protocols of hPSCs to myogenic progenitors result in SMPCs (hPSC-SMPCs) at an embryonic- to -fetal transitional developmental stage and have a different transcriptional signature than that of postnatal SCs^{74} . Currently, there are no directed differentiation protocols that result in the generation of SCs in culture, and it is still unknown how to mature SMPCs into SCs. However, in recent years, great advancement has been achieved in the directed differentiation of hPSCs to SMPCs without the need for viral overexpression of myogenic transcription factors^{78–82}. The purification of SMPCs derived from directed differentiation of hPSC is a crucial step towards identifying the pristine engraftable cell that is capable of residing in the niche and regenerating muscle after injury. Recently, different surface markers have been described for the isolation of hPSC-SMPCs. hPSC-SMPC enriched for ERBB3 and NGFR have been shown to engraft robustly in mdx-NSG injured muscle, and equivalently to fetal SMPCs⁶⁴. Other markers that have been used for the purification of hPSC-SMPCs are CD54, α 9 \square 1 and SDC2; and CD10 with the depletion of CD2483,84. All the previous hPSC-SMPCs enrichment strategies resulted in dystrophin restoration when engrafted into injured DMD mouse muscle. However, although engrafted hPSC-SMPCs contribute to the regeneration of the injured DMD muscle, SMPCs reside in the SC niche inefficiently (data not shown and Gabsang Lee Cell stem cell recent paepr). Moreover, most of these studies has focused on intramuscular (IM) transplantation of SMPCs which result in a local engraftment of the cells and will not be able to

restore dystrophin to all effected muscles). Furthermore, the effect of the dystrophic microenvironment on transplanted cells is not understood.

1.7 Vasculature of the skeletal muscle and endothelial cells

To meet the metabolic demand required for muscle contraction, skeletal muscle is highly vascularized. Arteries which branch to arterioles, smaller-diameter blood vessels, feed the muscle tissue with blood traveling from the

Figure 1-4: Schematic representation of muscle vasculature. Arterioles branch off from primary arteries down to terminal arteries. These then branch off to capillaries which in turn connect to postcapillary venules, venules and eventually join into a vein. Bottom right is magnification of a capillary embedded into the muscle. Adapted from ¹⁹⁸ .

heart. The arterioles branch further to terminal arterioles, which in turn branch to an even smaller blood vessel unit called capillaries. Capillaries are the smallest blood vessels and the site where oxygen and nutrient exchange occurs. The capillary network then carries blood into postcapillary venules, then into venules which eventually join into veins (Figure 1-2). Skeletal muscle vasculature does not supply nutrients and oxygen only, but also plays a critical role in skeletal muscle regeneration⁸⁵. SCs have been found to be closely associated with capillaries in adult skeletal muscle and help maintain their quiescence^{86,87}.

 Endothelial cells (ECs) form a monolayer that lines the interior of blood vessels creating a barrier between circulating blood and tissues. ECs play key roles in vascular relaxation and constriction and extravasation of solutes and fluid, as well as regulation of leukocyte activation and extravasation, and platelet adhesion and aggregation ⁸⁸. ECs respond to environmental cues and can release different growth factors such vascular endothelial growth factor (VEGF) and insulin growth factor (IGF)-1 which are known to be mitogenic, providing evidence that they are crucial during myogenesis and regeneration^{86,89}. Recent scRNA-seq studies revealed that ECs are incredibly heterogenous in healthy muscle with arterial,

venous, and capillary ECs having unique transcriptional profiles $90-92$. In DMD patients, ECs have been shown to be impaired, with evidence of vascular injury^{93,94}. Moreover, the basal lamina of DMD muscle capillaries have been shown to have a thicker basal lamina, and a lumen that is larger than normal⁹⁵. In the mdx mouse model, it has been reported that the vascular changes are age-dependent, with impaired angiogenesis, migration, and proliferation of ECs in *vitro* and *in vivo* in older mdx mice ^{96–98}.

1.8 Systemic delivery of muscle progenitor cells for cell-based therapies

The route of delivery of SCs or SMPCs is a major hurdle for developing cell-based therapies for DMD. Previous reported studies have used primarily IM injections of myogenic cells which results in local cell engraftment at the injection site. Systemic delivery is advantageous since the cells can reach multiple muscles. While SCs were mainly used in direct IM transplantation studies, others have directed their efforts to find alternative sources of progenitor cells with myogenic capacity that can be used for systemic cell-based therapies. Human skeletal muscle-derived CD133 cells have been shown to have myogenic potential, regenerating the muscle and engrafting into the SC niche when transplanted in immunodeficient mouse muscle previously injured^{99,100}. Moreover, the intramuscular and intra-arterial (IA) delivery of genetically corrected CD133 progenitors isolated from the blood and muscle of DMD patients resulted in recovery of muscle morphology, function, and dystrophin expression in *scid/mdx* mice¹⁰¹. Mesoangioblasts, blood vessel associated progenitor cells, were first described in the early 2000s and were also shown to have myogenic potential^{102,103}. Mesoangioblasts were identified and characterized from mouse, dog, and human tissues¹⁰⁴. They were transplanted through IM injection and systemically through IA route into sarcoglycan null mouse model confirming dystrophin restoration^{105,106}. This lead to their delivery in a large animal model; the golden retriever dogs muscular dystrophy model, which resulted in recovery of dystrophin, normal muscle function and amelioration of dystrophy¹⁰⁷. Showing promising results in pre-clinical settings, both muscle-derived CD133 progenitors and mesoangioblasts were moved to human patient studies, but have not been shown to be effective at

restoring dystrophin when delivered to DMD patients, although CD133 treated patients had an increased ratio of capillaries per muscle fiber ^{108,109}.

hPSCs derived myogenic progenitors have been also suggested to home to skeletal muscle after their systemic delivery. For instance, iPAX7 cells delivered IA to immunodeficient mouse model of DMD was shown to restore dystrophin after 4 weeks of engraftment¹¹⁰. Genetically corrected hiPSCs derived mesoangioblasts were also shown to engraft and form muscle fibers when delivered to immunodeficient sgca-null mice, a model of limb girdle muscular dystrophy $2D^{111,112}$. This provides a proof-of-principal that hiPSCs can indeed be used for systemic cell-based therapies, however, the efficiency of cells homing to the dystrophic muscle is too low.

1.9 Nanoparticles for growth factor delivery to DMD muscle

Nanoparticles could be synthesized from polymer-based, lipid-based, nonpolymeric or nanocrystalline materials at a nano-scale¹¹³. Nanoparticles have been utilized in medicine to deliver smallmolecules and drugs to targeted sites, especially in cancer biology, and several nanoparticle drugs have been approved and authorized for use by the United States food and drug administration^{113,114}. Efforts for the delivery of nanoparticles for an efficient drug delivery for DMD, for exon skipping drugs for instance, have been demonstrated^{115–117}. Although these studies show promising drug delivery to the mdx skeletal muscle as a proof-of-concept, the efficiency of delivery is still to be optimized for a functional benefit after systemic delivery for DMD.

Chemoattractant, such as stromal cell derived factor-1 (SDF-1), have been previously shown to be overexpressed in the dystrophic muscle, enhancing the homing of muscle progenitor cell delivery after IA transplantation¹¹⁸. The use of nanoparticles for the delivery of growth factors to dystrophic muscle to facilitate the homing of human SMPCs has not been shown to date. Therefore, nanoparticle biodistribution to multiple skeletal muscle in DMD mouse model, delivering growth factors, to enhance

human SMPCs homing after their systemic delivery offers a potential source of stem-cell based therapeutics.

1.10 Significance

DMD is a devastating disorder with limited treatment options. Stem-cell based therapeutics can offer a relevant promising and potentially lifelong cure for patients with DMD. However, a considerable challenge for the use of stem-cell based therapies for DMD is 1) lack of efficient targeting of multiple muscles, and 2) lack of understanding of the potential of DMD muscle to allow for stem-cell based systemic delivery.

The aim of this research was to develop an enhanced method for systemic delivery of human SMPCs to multiple muscles of DMD mouse models. We optimized an IA delivery approach to enhance human SMPCs delivery to multiple muscles. However, we found cells to be entrapped inside the blood vessels after their systemic delivery in dystrophic and severely dystrophic muscles. We, thereafter, utilized nanoparticles to package and deliver growth factors to dystrophic muscles to enhance the homing of human SMPCs, which ultimately were found to be efficient in delivering growth factors but did not enhance human SMPCs homing to muscle. We directed our efforts to explore and understand DMD muscle microenvironment employing scRNA-seq, especially in the context of the severity of DMD mouse models, and its potential impact on systemically delivered cells. This work is essential because it offers the groundwork for understanding the DMD muscle microenvironment as disease severity increases for potential stem-cell based therapeutics for DMD.

CHAPTER 2: An Optimized Protocol for Intra-Arterial Cell Delivery Procedure Reveals the Impact of Disease Severity on Systemic Delivery

Introduction

Duchenne muscular dystrophy (DMD) is caused by out-of-frame mutations in the *DMD* gene that result in the absence of a functional dystrophin protein, leading to a devastating progressive lethal muscle wasting disease ³⁰. Without dystrophin, muscle fibers go through continuous contraction-induced damage, causing repeating cycles of degeneration and regeneration. The regenerative capacity of skeletal muscle is mainly achieved through the differentiation of satellite cells (SCs) ^{119–121}, a muscle stem cell population present between the basal lamina and sarcolemma of the muscle fibers³. In DMD, SCs become dysfunctional or exhaust due to continuous muscle damage, causing impaired muscle repair, and ultimately replacement by fat and fibrosis $122-125$.

Human pluripotent stem cells (hPSCs) hold great promise in modeling diseases and generating cells and tissues for regenerative medicine. We and others have reported the generation of human skeletal muscle progenitor cells (SMPCs) derived from hPSCs 78,79,81. hPSC-SMPCs generated *in vitro* have a similar developmental trajectory to embryonic-fetal SMPCs⁷⁴. The current delivery strategy of SMPCs requires the direct injection of the cells into individual muscles, which is inefficient for clinical use since the intramuscularly injected cells lack migratory potential to other muscles 64,77. Therefore, a more clinically relevant approach would be systemic delivery of SMPCs, to restore dystrophin across multiple muscles. Others have reported the delivery of different cell types systemically to DMD muscle including mesoangioblasts, DLL4 and PDGF-BB treated satellite cells, skeletal muscle-derived CD133+ cells, and induced *Pax3* embryonic stem cell derived cells among others 107,126–131. Some of the studies report dystrophin restoration after systemic delivery in animal models, but when taken to the clinic, such as in case of mesoangioblasts or muscle-derived CD133+ enriched cells, the cells were not effective at restoring dystrophin when delivered to DMD patients ^{108,109}.

An overlooked parameter in developing systemic cell therapeutics is the context of disease severity and the diseased microenvironment. Genetic modifiers that regulate disease severity in the mdx mouse model is affected by the genetic background. Once the mdx mouse model is crossed to the DBA/2 genetic background, creating the mdxD2 strain, the mice exhibit increased fat and fibrosis deposition, muscle weakness, reduced skeletal muscle function, and fewer central myonuclei indicating the increased severity of dystrophy phenotype 46,132. Thus, the mdxD2 mouse model better recapitulates the human disease and is useful in evaluating therapies for DMD.

Here we describe a detailed protocol to deliver human SMPCs from fetal week 18 muscles to multiple hindlimb muscles in immunocompromised healthy, wt-NSG, dystrophic, mdx-NSG, and severely dystrophic, mdxD2-NSG, mouse models using intra-arterial (IA) delivery. This protocol has been optimized from other published protocols in two ways, restoring blood flow into the artery after cell injection, and delivering the cells using a pump to maintain constant flow rate during cell delivery^{110,133}. We further investigated the detection and localization of SMPCs by quantifying the cells in at least 16 cross-sections taken across the length of the gastrocnemius muscles. We found overall that systemic delivery of SMPCs was inefficient in all models. However, significantly less human SMPCs were detected in wt-NSG gastrocnemius muscle cross-sections, compared to both mdx-NSG and mdxD2-NSG. Human SMPCs were found to be detected inside blood vessels distinctly in healthy, dystrophic and severely dystrophic muscles, with prominent clotting identified in mdxD2-NSG after IA systemic cell delivery. We propose that muscle microenvironment and the severity of muscular dystrophy to an extent impacts the systemic delivery of SMPCs.

Materials and Methods

Materials and Equipment

Table 2-1 Materials

Equipment

- Benchtop Centrifuge (Eppendorf 5810 R)
- Microcentrifuge (Eppendorf 5425 R)
- Columbus Instruments Animal Treadmill: Exer-3/6
- Carl Zeiss 305 Stemi Microscope (Stand K Lab)
- Kent Scientific GenieTouch Syringe Pump
- Isoflurane anesthesia system (Get the information for the animal room downstairs).

Alternatives

• BD FACS ARIA was used to sort SMPCs. However, any other sorter that allows the purification of SMPCs can be used.

• Kent Scientific Genie Touch Syringe Pump was used for the infusion of cells. However, any other pump that allows the infusion of about 100 µl solution volume in a 500 µl syringe can be used.

Media and Buffers

Prepare all necessary buffers for digestion the day of

5% FBS Buffer

Wash Buffer

Digestion Buffer

Skeletal Muscle Cell Growth Medium-2 kit

[This media can be aliquoted and stored in -20˚C for up to 6 months, when thawed add human bFGF (20

 μ g/ml) and then it can be stored at 4°C for up to a week]
Step-by-step method details

All digestion steps and surgeries were performed in Class II biosafety cabinet using standard sterile techniques. After their sorting skeletal muscle progenitor cells are incubated in a humidified 37˚ C incubator with 5% CO₂.

The following protocol describes:

- 1- Mechanical and enzymatic digestion of lower hindlimb skeletal muscle week 18. Buffers are to be prepared the day of the digestion ahead of time to allow smooth digestion process.
- 2- In this protocol we used FACS lineage depleted skeletal muscle progenitor cells (SMPCs), however, researchers can use their cell of interest. This protocol provides an optimized method for cell delivery. SKGM2 media needs to be prepared ahead of sorting because it will be used for cells collection from sorters. ARIA sorters were used for cell purification. A 6-well plate needs to be coated with Matrigel ahead of cell collection from sorters for cell seeding.
- 3- The IA cell delivery should be performed on the following day of cell collection.
	- a- In this protocol IA cell delivery was performed on NOD scid IL2R γ^{null} mdx mice housed in an immunocompromised core facility.
	- b- The number of cells seeded the day before the surgery is the limiting factor on how many mice can receive cells. Typically, 800K-1M cells are IA delivered/mouse. Researchers need to plan accordingly.
	- c- Cell dissociation needs to be performed ahead of start of surgery of each mouse, i.e. if IA cell delivery is to be performed on three mice, then cell dissociation should not be performed once, but three times ahead of the cell delivery of each mouse.

Institutional permissions

Human fetal muscle tissues were obtained from the University of California Los Angeles (UCLA) Center for AIDS Research (CFAR) Gene and Cellular Therapy Core and Advanced Bioscience Resources (ABR). Use of human tissues was institutional review board-approved by the UCLA Office of the Human Research Protection Program (IRB #15-000959). All animal work was conducted under protocols approved by the UCLA Animal Research Committee (ARC) (ARC-2006-119). Animals used in this study were housed in an immunocompromised core facility.

Researchers are reminded that permissions for the use of human tissues and for the use of laboratory animals must be obtained from their institutions and must be performed in accordance with relevant institutional and national guidelines and regulations.

Animals

Animals used in this study were housed in UCLA Humanized Mouse Core, an immunocompromised core facility. C57BL/6 mice were crossed with NSG mice to generate C57-NSG mice (referred to as wt-NSG). mdx-NSG mice: mdx/C57BL/10 mice were crossed to NSG mice to generate mdx-NSG mice. mdxDBA2 mice were a generous gift from Dr. Melissa Spencer, UCLA, and were crossed to NSG mice to generate mdxD2-NSG mice. Pax7-Zsgreen mice were purchased from The Jackson Laboratory (#029549) and bred in house. Pups were genotyped using TransnetYX to ensure allele mutations. All animals used in this study were backcrossed to the original C57Bl/6 and mdxC57Bl/10 backgrounds for at least five generations.

Skeletal muscle progenitor cells preparation

Timing: 10-12 hours

1- Once the tissue is received, skeletal muscle is separated from bones and skin and placed in wash buffer (in petri dishes on ice), the muscle is cut into small pieces, no fine cutting at this point. Leave on ice for 10 minutes.

Note: Leaving cut tissue in wash buffer will help with blood release from the muscle tissue.

2- Aspirate wash buffer carefully, wash the muscle tissue another time with wash buffer, and then aspirate.

Note: If using the vacuum to aspirate make sure that the cut muscle is moved to one side of the petri dish, and the vacuum at a low setting to avoid aspirating any muscle pieces.

3- Add digestion buffer, maximum 12 ml per petri dish, and mince muscle tissue finely with small scissors in the hood at room temperature.

Note: this step should take about 10-12 minutes of mincing. Finer cut muscle tissue will allow easier digestion and easier filtering at later steps.

- 4- Place petri dish with the finely minced muscle tissue into a 37˚C incubator on a shaker for 10 minutes
- 5- After 10 minutes of incubation, remove petri dishes from incubator and triturate the digestion buffer by pipetting up and down with 5ml serological pipette. Place the petri dish back in the incubator for another 10 minutes.

Note: at this step the clumps will be a little challenging to pass through the pipette, but it should relatively be viscous.

6- Take the sample out after 10 minutes triturate again, this time it should be easy to pass through the 5 ml serological pipette tip.

Note: pipette the digestion buffer with a 1 ml pipette, if the sample goes through (with minor resistance) then the digestion is done. If not, put the petri dishes back in the incubator for a maximum of another 7 minutes.

7- Once digestion is over, add about 10 ml of wash buffer to the petri dish, carefully transfer the solution to a 50 ml conical tube, top up with another 5 ml of wash buffer. Filter through a 100 µm into a second 50 ml conical tube.

Note: wash the filter with about 2-3 ml of wash buffer to maximize cell retention into the solution. For this step you may need a total of 2 or 3 filters per petri dish.

8- Filter the sample through a 70 micron filter.

- 9- Spin the cells at 2000 rpm for 4 minutes at 4˚C.
- 10- Aspirate the supernatant, by inverting the 50 ml tube over a biohazard liquid waste container and aspirating the remaining media at the edge.
- 11- The pellets are then resuspended in sorting buffer by adding around 5 ml per 50 ml conical tube. Filter the cells through a 40 μ m cell strainer. Top up the cell suspension to 20 ml of sorting buffer.
- 12- Spin the cells at 2000 rpm for 4 minutes at 4˚C.
- 13- Resuspend the pellet in 5 ml of sorting buffer and count the cells. **Note:** 20 µl of cell suspension is added to 20 µl of AOPI. The cells are then loaded on cellometer cell counting chambers and counted using Nexcelom cellometer K2.
- 14- Prepare and stain the sample for FACS. Make sure to take out about 500K cells for FACS unstained and FMO controls. Skeletal muscle progenitor cells to be sorted are incubated with the antibodies (CD73, CD31, CD235a, CD45, CD11b, and PDGFRα) for 30 minutes and then washed before their sorting with 5 ml of ice cold FACS buffer for main sample, and 1 ml for control samples.
	- a. 3 µl of human Fcx block for 10 million cells.
	- b. 1.5 µl/million cells for all antibodies.
	- c. 0.5 µl/million cells for viability dye.

15- Sort for SMPCs by collecting live lineage depleted cell fraction.

Note: of three hours of sort about 5-6 million SMPCs can be collected.

- 16- Spin collected cells at 1500 rpm for 5 minutes at room temperature, count the cells and seed at 1M cells/well of a 6 well plate.
- 17- Incubate SMPCs overnight in a cell culture incubator at 5% CO₂ and 37° C.

Cell dissociation preparation for intra-arterial delivery

Dissociate cells freshly before the surgery of each mouse. Eppendorf microcentriguge 5424 R should be turned on and set to 4 ˚C. Skeletal muscle progenitor cells should be transferred to animal room on ice.

Hank's Buffered Salt Solution (HBSS) and SkGM-2 need to be ready ahead of cell dissociation (less than 50 ml will be needed).

Timing: About 30 minutes

- 1- In a Class II biosafety cabinet aspirate media from three wells of a 6 well plate. Wash the wells with DPBS and aspirate.
- 2- Add 0.5 ml per well TrypLE express.
- 3- Incubate for about 6-7 minutes in 37 ˚C incubator.
- 4- Take the plate out of the incubator and pipette gently with a P1000 pipette (to dissociate all the cells).
- 5- Add 0.5 ml/well of SkGM-2 to neutralize the TrypLE.
- 6- Transfer the cells from each well into a separate 1.5 Eppendorf tube.
- 7- Spin at 1500 rpm for 5 minutes in microcentrifuge.
- 8- **Note**: meanwhile prepare an Eppendorf tube for counting, and Eppendorf tube with 1 ml of HBSS.
- 9- When the spin is over, aspirate the supernatant from the Eppendorf tubes, resuspend the pellets from the three tubes with 0.5 ml of HBSS, pipette up and down to homogenize the pellets. Add the 0.5 ml cell suspension from the three tubes into one Eppendorf tube and centrifuge at 1600 rpm for 4 minutes in the microcentrifuge at 4 ˚C.
- 10- **Note:** Add 20 µl of cell suspension to the counting Eppendorf tube and add 20 µl AO/PI. Count as the cells are spinning.
- 11- Once centrifuged, aspirate the supernatant, and resuspended the cells in 120 µl of HBSS.
- 12- Transfer the cells along with 1 ml of HBSS on ice to the animal surgery room.

Intra-arterial delivery surgery

Before cell delivery we included a 45-minute downhill exercise regimen similar to described ¹³⁴ to induce muscle injury in the lower hindlimbs of mice before systemic skeletal muscle progenitor cell delivery. Skeletal muscle progenitor cells will be delivered through the femoral artery of either the left or right leg

of the mouse. Cells are detected in the muscles of the hindlimb where cells are injected, but not in the contralateral hindlimb muscles. In this protocol cells were delivered to the right leg femoral artery, therefore, right hindlimb muscles were collected for analysis. During the surgery, the mouse needs to be kept on a heating pad. Make sure that all equipment used are sterilized by wiping with 70% ethanol. Surgical tools need to be autoclaved the day before the surgery. A hot bead sterilizer is to be used to sterilize the surgical tools between mice. With an experienced hand, the surgery may take between 45 minutes to one hour. Help is needed for cell dissociation; one researcher can dissociate the cells while the other researcher is performing the surgery. The surgery is done under the microscope in a biohazard BSL class II cabinet, to ensure the maintenance of sterility. It is important to prepare a cage with a heating pad under it to warm up the bedding for the recovering mouse after the surgery.

Prepare the microscope under the hood, the warming pad, syringe pump, gas anesthesia system, and the surgical space. Make sure that all surgical tools are available in the hood. Ensure that all equipment are sterilized.

After surgery, researchers should optimize the optimal euthanization time of the mice for cell detection for their research needs. In this protocol we euthanized the mice after 48 hours of cell delivery to confirm cell homing to the muscle. Muscles are frozen using isopentane cooled in liquid nitrogen.

Timing: 1-1.5 hours/mouse

In this step

1- Place the mouse under anesthesia with isoflurane. About 3% isoflurane v/v induction with 1.5-2% v/v maintenance. Always test the anesthesia of the mouse by a toe pinch.

Critical: For the gas anesthesia system make sure that the system is connected to oxygen gas cylinder, isoflurane is filled to indicated level, the anesthetic gas scavenging system is up to date and finally the anesthesia masks can tightly fit the mouse nose to minimize anesthesia gas escape.

- 2- Use eye lubricant to prevent eye damage during the procedure once the mouse is under. Remove hair from the incision site preferably with a hair removal cream by placing a small amount and removing it with cotton swab in 30 seconds. With cotton swabs dipped into PBS, clean the area multiple times to remove any residual hair removal cream to avoid skin irritation. Scrub the incision area by doing at least three rounds of ethanol and betadine scrub wiping of the incision area (**Figure 2-2A**).
- 3- Transfer the mouse onto the microscope stage, with a heating pad under it (with an autoclaved procedure underpad on top).

Note: Secure the mouse hands and feet by taping them down with skin tape. Secure the nose cone in place once the mouse is positioned for the surgeon to access the inguinal region of the leg (**Figure 2- 2A**).

- 4- Make an incision of about 1-1.5 cm in the inguinal region of the hindlimb with iris scissors. This step will expose the inguinal fat tissue. Carefully dissect through the inguinal fat tissue with forceps. Place two retractors to keep the incision open (**Figure 2-2, C1)**.
- 5- The femoral bundle, consisting of the femoral nerve, artery and vein should be seen/located at this step. Carefully dissect through the fascia layer to be able to access the femoral bundle (**Figure 2-2B**). **Critical:** Use fine tip forceps, like the curved tapered forceps, to dissect through the fascia layer. It is critical to be cautious of getting too close to the femoral bundle to avoid piercing the femoral artery or vein.

Note: After the removal of the fascia layer, the incision region will dry out with time. Use small amount of saline to moisturize the region while operating when needed.

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- 6- Alternating between the curved fine forceps, Dumont straight, curved and angled forceps dissect away the femoral nerve, then the femoral artery from the femoral vein. Start with small strokes parallel to the femoral nerve, then small strokes separating the femoral artery from the femoral vein. **Critical**: Proceed with caution and delicately at this step as this part of the surgery is the most important and most sensitive. Any damage made to the femoral artery or vein will result in excessive uncontrollable bleeding. Any damage to the femoral nerve will result in hindlimb paralysis.
- 7- Gently pass the curved fine forceps underneath the femoral artery to dissect away from muscle. **Critical:** Use blunt fine forceps at this step to avoid piercing the femoral artery.
- 8- Pass two 6-0 size silk sutures, about 3.5 inches in length, underneath the femoral artery (**Figure 2-2, C2-4**).

Note: one suture will be used to occlude the femoral artery upstream of the injection site, and one suture will be used to secure the catheter once inserted into the femoral artery around the injection site.

- 9- Use a hemostat to pull the silk suture upstream of the injection site to stop blood flow to the area. **Note:** ensure that the hemostat is secured in its position, gentle pulling is only required. After occluding the blood flow in the femoral artery, the following steps should proceed fast to prevent any muscle damage. Do not occlude the femoral artery if the other lab member responsible for cell dissociation has not arrived with the cells.
- 10- Using a 30 G needle make a small puncture in the femoral artery downstream of the blood occlusion site (**Figure 2-2, C5-6)**.
- 11- Gently insert the 32G catheter, connected to the butterfly needle, into the femoral artery. Using the second suture downstream of the injection site, secure the catheter in place by tying it around the catheter (**Figure 2-2, C7**).

Critical: the 32G catheter and butterfly needle need to be flushed with saline before insertion into the artery to avoid the introduction of any air bubbles into the mouse blood stream.

- 12- Resuspend the cells in about 120 µl of HBSS by pipetting four-five times and then transfer the cell suspension into a 0.33×12.7 mm insulin syringe. Attach the needle to the calibrated pump and connect the tube of the butterfly needle to the insulin syringe.
- 13- Start cell infusion at 50 µl/min.

Critical: make sure that the tubing is completely free of air at the time of cell delivery.

- 14- Prepare another insulin syringe with 50-100 µl of saline to flush the tubing after cell delivery. Attach to the pump and start saline infusion.
- 15- Untie the suture securing the catheter and slowly retrieve the catheter from the femoral artery.
- 16- With the cauterizer, seal the needle opening in the femoral artery (**Figure 2-2, C8**). **Critical**: be cautious and gentle with the use of the cauterizer as too much heat may occlude the femoral artery shut or may result in excessive bleeding.
- 17- Remove the suture occluding the blood flow to the femoral artery, blood flow should be seen restored into the femoral artery.
- 18- Wait for 2 minutes to observe that there is no bleeding occurring.
- 19- Fill the incision site with saline, restore the inguinal fat tissue to its location as permitted, and suture the incision with 5-0 absorbable Vicryl suture.
- 20- Turn off isoflurane and flush the anesthesia system with oxygen. Leave the mouse on the heating pad to recover for at least 30 minutes. Administer carprofen 5 mg/kg of body weight.

Critical: it is extremely important to monitor the recovering mouse. Mice usually become active, roaming in a cage, within 15 minutes. In a successful surgery the mouse will be moving its legs with a limp, but not paralysis.

Note: Depending on the researchers decision on euthnization time, the mice need to keep receiving carprofen for (5mg/kg) for at least four days after surgery.

Immunofluorescence staining

Mouse muscles were frozen in isopentane cooled in liquid nitrogen. Frozen muscles were serially sectioned at 10 μ m thick cryosections. A Hydrophobic barrier was drawn around sections, then washed with 0.1% Tween in PBS (PBST). The sections were then fixed with 4% PFA for 10 minutes. A permeabilization step, if necessary, followed with 0.3% Triton X-100 in PBS at room temperature for 10 minutes. Sections were then blocked with 0.25% Gelatin, 0.1% Tween, 3% bovine serum albumin (BSA) and 10% goat serum (GS) in distilled water for 60 minutes at room temperature. Sections were then incubated in humidified chambers with primary antibodies overnight at 4°C in 0.25% gelatin, 0.1% Tween, 3% BSA and 1% GS. Sections were next incubated for 60 minutes with fluorophore-conjugated secondary antibodies diluted in PBS and 1% goat serum. DAPI vecatshield mounting media was then used to counterstain nuclei, coverslips were applied and nail polish was used to seal the coverslips. Images were captured using a Zeiss Axio Observer.Z1 microscope equipped with an AxioCamMR3 camera.

Imaris Quantification

At least 16-18 cross-sectional areas along the depth of the gastrocnemius muscle were used for human cells (LaminA/C+ nuclei) quantification in each mouse (n=3 mdx-NSG and n=3 mdxD2-NSG) after IA cell delivery. Tile images (at 20X) of each cross-section were captured by Zeiss Axio Observer.Z1 microscope equipped with an AxioCamMR3 with Zen (2.6) blue edition. Zen files with Czi extension were converted and stitched in Imaris File Converter and Imaris Stitcher to an ims format. Images were then analyzed in Imaris software version 9.6 where each image included an endothelial cell marker (CD31-488), human cell marker (LaminA/C-568) and DAPI. Spots feature was used to quantify human cells on the 568 channel, surface feature was used to quantify blood vessels with areas $> 100 \mu m^2$ on the 488 channel, and then the object-object statistics was used to count the number of human cells inside specified blood vessels. Quantification is shown as mean+SD, student t-test was used to compare the means of cells detected inside large vessels between mdx-NSG and mdxD2-NSG.

Statistical analysis

Prism Graphpad was utilized for statistical analysis (https://www.graphpad.com). One Way ANOVA with Tukey's multiple comparisons test was used for all data unless otherwise specified. Graphs show mean±SD, unless otherwise specified.

Results

Optimized intra-arterial cell delivery protocol to lower hindlimb

We have recently shown that hPSC-SMPCs generated in vitro have a similar developmental trajectory to embryonic-fetal SMPCs and that FW 17-18 SMPCs engraft similarly to enriched hPSC-SMPCs if $TGF \Box$ inhibitor treatment is applied to the muscle^{64,74}. To evaluate whether SMPCs derived from FW 18 muscle tissue could be delivered systemically to multiple lower hindlimb muscles, we developed an IA delivery approach where SMPCs are injected into the femoral artery of 8-11 week-old-mice (**Figure 2-1**). In intramuscular (IM) cell engraftment experiments, muscles are typically injured 24 hours before cell delivery using cardiotoxin, barium chloride, or cryoinjury, to induce muscle damage and assist in cell engraftment 14,64,68,77,128,135,136. As this is not feasible for systemic delivery, we included a 45-minute downhill exercise regimen similar to described to induce muscle injury in the lower hindlimbs of mice before systemic SMPC delivery ¹³⁴. Approximately 800K-1M SMPC were delivered to male wt-NSG, mdx-NSG or mdxD2-NSG mice (**Figure 2-2**). Matthias et al., described a detailed method for IA cell delivery through the femoral artery with successful detection of human cells in the muscle¹³⁷. However, in their protocol after cell delivery the femoral artery is ligated, which in our hands caused a prominent ischemia injury in the gastrocnemius muscle (**Figure 2-3B**). Femoral artery ligation has been demonstrated to cause ischemic gastrocnemius muscle injury with a decreased blood flow to the limb below the ligation site^{138–140}. Gerli et al. described a protocol for IA cell delivery re-establishing blood flow in the femoral artery after cell delivery, thus preventing muscle ischemia. However, the cells are not delivered at a constant flow rate, but rather with direct injection of cells using a 30 G needle¹¹¹. Our approach is optimized from other IA delivery strategies by combining both delivery of the cells at a constant flow rate of 50 µl/min of cell suspension using a catheter, and by restoring blood flow after cell delivery, to prevent muscle ischemic injury (**Figure 2-3C**) 111,137 .

The severity of DMD mouse model impacts systemic human skeletal muscle progenitor cells delivery into lower hindlimb muscles

Despite our efforts to prevent muscle injury after optimization of IA systemic delivery procedure, severe injury was detected in the lower limb muscles in mdxD2-NSG mouse model, but not in wt-NSG or mdx-NSG. To further investigate this finding, we performed histological analysis using hematoxylin and eosin staining on gastrocnemius muscle cross-sections of wt-NSG, mdx-NSG and mdxD2-NSG after SMPCs IA delivery. We observed prominent clotting occurring in large blood vessels in mdxD2-NSG, but not in wt-NSG and mdx-NSG (Figure 2-4). These findings indicate a pronounced difference in SMPC IA cell delivery in severely dystrophic mouse model compared to healthy and dystrophic mouse models.

Human skeletal muscle progenitor cells do not home efficiently to gastrocnemius muscle in all mouse models

To evaluate SMPC localization after their IA systemic delivery and whether the cells home to the muscle, right gastrocnemius muscles of the injected hindlimb, cross-sections were analyzed from all mouse models. In a successful cell delivery procedure, the human cells are expected to be detected outside the blood vessels and homing to the muscle (**Figure 2-5A**). Using both Zen 2.6 and Imaris Cell Imaging software we quantified human LaminA/C cells, a human cell perinuclear marker, in at least 16 crosssections taken across the length of the muscle. Interestingly, we found significantly more human cells detected in gastrocnemius muscles per total cross-sectional area quantified in mdx-NSG and mdxD2-NSG compared to wt-NSG (**Figure 2-5B**). Of the total counted cells, significantly higher number of SMPCs, about 40%, quantified in wt-NSG gastrocnemius muscle cross-sections were detected outside the blood vessels, while only about an average of 20% and 18% were detected outside blood vessels in mdx-NSG and mdxD2-NSG, respectively (**Figure 2-5C**). Nonetheless, a significant number of human SMPCs were quantified inside blood vessels with about 60%, 80% and 85% on average in wt-NSG, mdx-NSG and mdxD2-NSG gastrocnemius muscle cross-sections (not shown). These findings suggest that SMPCs do not home efficiently to the muscle in all the mouse models.

Significantly more human skeletal muscle progenitor cells are detected in large blood vessels in severely dystrophic gastrocnemius muscles

Because of the high frequency of detecting human SMPCs inside blood vessels, we then focused on evaluating the localization of SMPCs within blood vessels (**Figure 2-6A**). On average of the total SMPCs quantified in all gastrocnemius muscle cross-sections, 60%, 84% and 62% of cells were observed inside the smallest blood vessel unit, the capillaries, in wt-NSG, mdx-NSG and mdxD2-NSG, respectively (not shown). To verify that this finding was not influenced by cell size of human SMPCs, we IA delivered SCs to mdx-NSG mice (n=2). For easier detection of the mouse SCs after delivery, we used a Pax7-ZsGreen transgenic mouse model that express enhanced green fluorescent protein for SCs isolation. Because SCs are fewer in adult mouse muscle tissue, only about 50K Zsgreen+ SCs were delivered after their sort. The Zsgreen SCs were still detected inside capillaries in the mdx-NSG model, suggesting that the size of human SMPCs is not a major factor for their detection in capillaries (**Figure 2-5B**). This finding also suggests that human SMPC and mouse SCs are equally not equipped with the machinery that would enable them to home to the muscle. We next sought to determine the differences in cell localization in large blood vessels between wt-NSG, mdx-NSG and mdxD2-NSG gastrocnemius muscles. Using Imaris Cell Imaging software we measured the area of larger vessels (veins/venules and arteries/arterioles) with human cells inside them and found that in mdx-NSG gastrocnemius muscles an average of 74 blood vessels with cross-sectional areas greater than $100 \mu m^2$ had SMPCs detected in them, compared to an average of 154 blood vessels in mdxD2-NSG (Figure 2-6B). SMPCs detected inside 100 μ m² blood vessel or greater in wt-NSG was negligible. Taken together we found that human SMPCs engraft inefficiently to lower hindlimb healthy and dystrophic muscles and are mainly detected inside blood vessels. We observed that human SMPCs localize in blood vessels distinctly in wt-NSG and mdx-NSG and mdxD2- NSG, with prominent clotting identified in mdxD2-NSG after human SMPCs IA systemic delivery. These findings suggest that the severity of DMD has impacted human SMPCs systemic delivery.

Discussion

Cell based therapies for muscle diseases including DMD offer enormous potential for personalized therapies especially in combination with gene correction 64,141. The challenge faced is the lack of the ability to efficiently deliver cells to multiple muscles, which will be needed for neuromuscular diseases where multiple muscles are affected. Previously published reports for systemic delivery targeting multiple muscles did not deliver cells at a constant flow rate or were not able to re-establish blood flow back into the artery after cell delivery. Therefore, it was imperative to optimize an IA cell delivery protocol that provides delivered cells with the optimal conditions for muscle homing. Here we developed an optimized protocol for IA cell delivery by delivering the cells at a constant flow rate using a pump and catheter, and by establishing blood flow back into the femoral artery after cell delivery. This protocol confirmed its versatility with SMPCs delivered in three different mouse models, immunocompromised healthy and two dystrophic mouse models. Although this protocol has been developed for the delivery of SMPCs, it can be adapted for the delivery of other cell types, which we demonstrated by the delivery of mouse SCs, or for the delivery of gene therapy.

The optimization of the IA protocol led us to focus on evaluating the systemic delivery potential of SMPCs in healthy and DMD mouse models. We found that although SMPCs can reach multiple lower limb muscles after IA systemic delivery, the efficiency is too low to lead to robust long-term engraftment. Moreover, cells are detected in the tibialis anterior, gastrocnemius, hamstring and lateral thigh muscles of the injected leg (right or left) where the procedure is performed, but not in the contralateral hindlimb muscle (data not shown). Evaluation of gastrocnemius muscle structure after IA delivery showed severe clotting evident in mdxD2-NSG, but not in wt-NSG or mdx-NSG muscles. Despite the fact that about the same number of cells were delivered to all mice across the mouse models, significantly fewer human SMPCs were detected in the wt-NSG gastrocnemius muscles in overall quantified cross-sectional areas. Interestingly, of the total human SMPCs quantified in the wt-NSG gastrocnemius muscle cross-sections, significantly higher number of cells were detected outside blood vessels compared to mdx-NSG and

mdxD2-NSG. We therefore propose that less human SMPCs adhered to blood vessels in wt-NSG muscles compared to both DMD mouse models, which indicates a role the diseased microenvironment plays in the efficiency of systemic cell delivery.

Nonetheless, the previous findings do not suggest that human SMPCs are homing efficiently to healthy muscle, as the majority of human SMPCs quantified were still detected inside blood vessels in all mouse models. However, interestingly, the localization of human SMPCs was distinct between the mouse models, with cells in the mdxD2-NSG observed in large blood vessels forming clots, not observed in mdx-NSG and wt-NSG muscles. These findings suggest that hSMPCs are not endowed with the machinery to escape blood vessels to the surrounding muscle. This challenge could perhaps be overcome by overexpressing the components needed to enable cells to extravasate utilizing the machinery used by leukocytes ¹⁴².

In summary, here we optimized an IA cell delivery protocol that can be utilized for both cell delivery and gene therapy applications. We have shown that IA systemic based cell delivery can be performed using human SMPCs, but the efficiency is too low to be considered for use in therapeutic applications. We have shown differences in human SMPCs delivery in healthy, dystrophic and severely dystrophic muscles. These findings highlight the need to further understand the differences in skeletal muscle microenvironment between healthy, dystrophic and severely dystrophic mouse models, namely endothelial cells that line the interior surface of blood vessels. Future studies will likely need to develop combination therapies targeting both the diseased microenvironment as well as generating a better SC in parallel prior to use in regenerative medicine approaches for muscular dystrophy

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Figures

Figure 2-1: Schematic diagram illustrating the experimental workflow for Intra-arterial cell delivery protocol

Fetal week 13 (FW13) muscles are first digested then lineage depleted and cultured overnight. The next day cells are dissociated, and IA delivered at a 50 µl/min flow rate, and lower hindlimb muscles are collected 48 hours after surgery

Figure 2-2: Step by step method of optimized intra-arterial cell delivery protocol to lower hindlimb

- A) Schematic of the incision site.
- B) The femoral bundle consisting of the femoral artery, femoral nerve and femoral vein are exposed once retractors are used to open the incision site.
- C) Step by step images of the intra-arterial cell delivery procedure.

Figure 2-3: Optimized intra-arterial cell delivery prevents muscle ischemia

Histological analysis, hematoxylin and eosin staining of mdx-NSG gastrocnemius muscle 48 hours after intra-arterial cells delivery in the right femoral artery

- A) control left gastrocnemius muscle.
- B) mdx-NSG right gastrocnemius muscle with femoral artery ligation
-

R. Gastrocnemius muscle

mdx-NSG R. Gastrocnemius muscle

mdxD2-NSG R. Gastrocnemius muscle

Figure 2-4: The Severity of DMD mouse model impacts cell delivery into lower hindlimb muscles

Histological analysis of right gastrocnemius muscle after IA cell delivery in wt-NSG, mdx-NSG and mdxD2-NSG muscles.

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Figure 2-5: Optimal outcome of IA cell delivery

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A) Gastrocnemius muscle cross-sections stained for human skeletal muscle progenitors (marked by human nuclei marker LaminA/C, red) and blood vessels (marked by endothelial cells marker CD31, green) with human cells detected outside the blood vessels. Scale bars at 10µm

- B) Plot of the total human cells quantified/cross-sectional area of the gastrocnemius muscles of wt-NSG, mdx-NSG and mdxD2-NSG mouse models. One Way ANOVA with Tukey's multiple comparisons, errors bars show mean±SD,, **P≤0.01, *P<0.01*
- C) Plot of the percentage of the total cells quantified outside blood vessels/cross-sectional area in wt-NSG, mdx-NSG and mdxD2-NSG muscles. One Way ANOVA with Tukey's multiple comparisons, errors bars show mean±SD, **P≤0.05*

Figure 2-6: Significantly more human skeletal muscle progenitor cells are detected in large blood vessels in severely dystrophic gastrocnemius muscles

A) Cross sections of right gastrocnemius muscles of wt-NSG, mdx-NSG, and mdxD2-NSG showing human nuclei (H-laminA/C, red) 48 hours post IA cell delivery. SMPCs are detected inside blood vessels. Scale bars at 50 μ m.

B) 50K of healthy mouse Zsgreen satellite cells (green) were IA delivered to mdx-NSG mice (n=2) and they were detected in capillaries. Scale bar 20 µm.

C) Comparison of the average number of blood vessels with a cross-sectional area $> 100 \mu m^2$ with hSMPCs detected inside in wt-NSG, mdx-NSG and mdxD2-NSG gastrocnemius muscles. One was ANOVA with Tukey's multiple comparisons, error bars represent mean \pm SD, $*P<0.05$ $*P<0.01$.

CHAPTER 3: Single Cell Sequencing Maps Cellular Diversity in Increasing Disease Severity in Dystrophic Mouse Models

Introduction

Duchenne muscular dystrophy (DMD) is an X-linked recessive, severe progressive muscle wasting disease affecting \sim 1-5000 male live births $^{27-29}$. Both devastating and fatal, DMD patients are diagnosed typically before their fifth year of age, are wheelchair bound in their teens, and prematurely die in their thirties. DMD is caused by a loss-of-function mutation in the *DMD* gene, the largest known gene in the human genome, that results in the absence of a functional dystrophin protein ³⁰. The regenerative capacity of skeletal muscle is mainly achieved through the differentiation of satellite cells, a muscle stem cell (MuSC) population present between the basal lamina and sarcolemma of the muscle fibers 3,119–121. In DMD, impaired regeneration arises because either MuSCs are rendered dysfunctional due to impaired polarity establishment or because of progressive exhaustion 36–38. Eventually, lack of proper regeneration leads to muscle fiber necrosis and generation of excess fibrotic tissue ³⁹.

The most common mouse model used to study DMD is the mdx mouse, which has a nonsense mutation in exon 23 in the X chromosome that arose spontaneously in a C57BL/10 colony ^{41,42}. The mdx mouse model lacks dystrophin protein, has elevated plasma levels of muscle creatine kinase, and present histological muscle lesions like that of human disease. However, adult mdx mice do not fully recapitulate the human disease in terms of pathogenic progression. The mdx mouse model lifespan is not significantly reduced, regeneration of muscle fibers is not persistent, and lacks extensive fibro-fatty replacement of muscle fibers, thus the mdx model does not fully recapitulate human clinical disease progression ^{43–45}. Since the discovery of mdx mice, several other mouse models have been generated for DMD in different genetic backgrounds. One of which is the DBA/2-mdx (hereafter referred to as mdxD2) mouse strain. MdxD2 mice exhibit lower muscle weight, fewer muscle fibers and increased fibro-fatty deposition in comparison with the mdx strain ⁴⁶. Genetic modifiers on the DBA/2 genetic background, including osteopontin (Spp1), synonymous variant in Annexin A6 (Anxa6) exon 1, and polymorphisms in the

coding region of the latent TGF-β-binding protein 4 gene (Ltbp4), generates a more severe muscular dystrophy mouse model 47–49. The exacerbated TGF-β signaling, increased inflammation, increased fibrosis and progressive weakness and atrophy in the mdxD2 mouse model better recapitulates the characteristics of DMD human disease $50-52$.

Recently, Single-Cell RNA Sequencing (scRNA-seq) has improved our understanding of skeletal muscle and the cellular dynamics and myogenic continuum of homeostatic and regenerating muscle ^{20,22–25}. Recent studies have shown that endothelial cells (ECs) are incredibly heterogenous in healthy muscle ^{90–} 92 . Additionally, the cross-talk between ECs and MuSCs has been established $86,87,143$. However, a thorough characterization of skeletal muscle-resident cellular composition and dynamics in pathological conditions, such as in DMD mouse models, has not been described at the single-cell transcriptomic level. Moreover, in DMD mouse models there is little understanding of the cellular interaction between supportive cells in the muscle, such as stromal cells and macrophages, and ECs or how these interactions contribute to disease progression.

Here we evaluated the cellular composition of skeletal muscle-resident cell populations between healthy (wt-NSG), dystrophic (mdx-NSG), and severely dystrophic (mdxD2-NSG) mouse models, which are used routinely to evaluate cell-based therapeutics. We found that as the disease severity increases, the dynamics of cellular subpopulations of stromal cells, macrophages, and ECs changes. We show an increased prevalence of macrophages, both pro-inflammatory and anti-inflammatory macrophages, activated fibro-adipogenic progenitor (FAP) cells and, activated fibroblasts in the dystrophic and severely dystrophic muscles. Moreover, we identify a capillary EC subpopulation with an increased occurrence in severely dystrophic muscle. To further our understanding of EC differences between healthy and DMD conditions, and the role that the microenvironment plays in such differences, we investigated interactions between predicted released ligands from stromal cells and macrophages, and their potential differentially expressed target genes on EC, utilizing NicheNet analysis ¹⁴⁴. To the best of our knowledge, for the first time we have identified upregulation of extracellular matrix (ECM) genes in severely dystrophic ECs. We

have further identified the upregulation of plasminogen activator inhibitor-1 (PAI-1), a serine protease inhibitor that functions as procoagulant, in severely dystrophic ECs, indicating further functional impairment of ECs ¹⁴⁵. Overall, this work provides a resource for understanding how the cellular dynamics and skeletal muscle microenvironment changes as disease severity progresses and could provide potential avenues for considering when developing combination stem cell or single therapeutics for DMD.

MATERIALS AND METHODS

Experimental Model and Subject Details

Mice

All animal work was conducted under protocols approved by the UCLA Animal Research Committee (ARC) (ARC-2006-119). Animals used in this study were housed in an immunocompromised core facility. C57BL/6 mice were crossed with NSG mice to generate C57-NSG mice (referred to as wt-NSG). mdx-NSG mice: mdx/C57BL/10 mice were crossed to NSG mice to generate mdx-NSG mice. mdxDBA2 mice were a generous gift from Dr. Melissa Spencer, UCLA, and were crossed to NSG mice to generate mdxD2-NSG mice. Pups were genotyped using TransnetYX to ensure allele mutations. wt-NSG mice were genotyped for *Scid* and *Il2rg* alleles, mdx-NSG were genotyped for *Scid*, *Il2rg* and *mdx* alleles, mdxD2-NSG were genotyped for *Anxa6*, *Ltbp4*, *Scid*, *Il2rg* and *mdx* alleles. All animals used in this study were homogenous for *Il2rg* knockout and *Scid*. All animals used in this study were backcrossed to the original C57Bl/6 and mdxC57Bl/10 backgrounds for at least five generations. Western blot studies were performed on 11-week gastrocnemius muscle lysates.

Method Details

Muscle Digestion and Single-Cell suspension preparation

Gastrocnemius muscles were harvested from the right hindlimb of 8 weeks old wt-NSG, mdx-NSG, and mdxD2-NSG each separately. The muscles were first washed with wash buffer consisting of DMEM/F12, 10% FBS, 0.5% P/S and 0.1% Ampho. The muscles were then finely chopped in digestion buffer at room temperature (RT) in digestion buffer consisting of DMEM/F12, 0.5% P/S, 5% FBS and 500 u/ml Collagenase II. The chopped muscles were then placed in 37 ˚C incubator on a shaker for 20 minutes, pipetting with a serological pipette after 10 minutes for trituration. The digested muscles were then mashed with a 5 ml syringe plunger one for each sample. Digestion was stopped by adding ice cold wash buffer to each sample and the tissue slurry was then transferred to 50 ml conical tube. The tubes were then filled with wash buffer and centrifuged at 600 g for 5 minutes. The pellets were resuspended in second digestion buffer consisting of DMEM/F12, 0.5% P/S, 5% FBS, 1.5 u/ml Collagenase D, and 2.4 u/ml Dispase. The tissue was then placed in a 37 °C incubator on a shaker for 15 minutes with intermittent trituration. Ice cold FACS buffer consisting of 2% FBS, 0.5% P/S in PBS was added to the tubes to stop digestion. The solution was filtered through a 70 um filter and then a 40 um filter. The cell suspension was then centrifuged at 400 g for 5 minutes at 4 ˚C, the pellet was resuspended with FACS buffer and centrifuged at 600 g for 5 minutes at 4 ˚C. Cell number was counted, resuspended in FACS buffer, stained with 1 μ g/ml DAPI and kept on ice until sorted.

10X Genomics library preparation and sequencing

Single-cell suspension prepared as described above was sorted by BD FACSAria sorter for live cells at UCLA Broad Stem Cell Research Center Flow Cytometry Core. Standard gating strategies were applied to exclude debris, doublets and dead cells. The cells were pelleted and washed twice with BSA buffer, consisting of $1 \times PBS$ with 0.04% UltraPure BSA, with 300 g centrifugation between washes for 2 minutes. Cells were then counted and resuspended in a 1200 cells/µl BSA buffer ratio. Chromium™ Single Cell 3' Library Construction was performed by the Technology Center for Genomics and Bioinformatics (TCGB) at UCLA. The samples were then sequenced using the llumina NovaSeq S2 (2×50) .

Immunofluorescence staining

Mouse muscles were frozen in isopentane cooled in liquid nitrogen. Frozen muscles were serially sectioned at 10 µm thick cryosections. A hydrophobic barrier was drawn around sections, then washed with 0.1% Tween in PBS (PBST). The sections were then fixed with 4% PFA for 10 minutes. A permeabilization step, if necessary, followed with 0.3% Triton X-100 in PBS at room temperature for 10 minutes. Sections were then blocked with 0.25% Gelatin, 0.1% Tween, 3% bovine serum albumin (BSA) and 10% goat serum (GS) in distilled water for 60 minutes at room temperature. Sections were

then incubated in humidified chambers with primary antibodies overnight at 4°C in 0.25% gelatin, 0.1% Tween, 3% BSA and 1% GS. Sections were next incubated for 60 minutes with fluorophore-conjugated secondary antibodies diluted in PBS and 1% goat serum. DAPI vecatshield mounting media was then used to counterstain nuclei, coverslips were applied, and nail polish was used to seal the coverslips. Images were captured using a Zeiss Axio Observer.Z1 microscope equipped with an AxioCamMR3 camera.

Western blot

Muscle lysates and western blotting was carried using Western Blotting Application Solutions Kit from Cell Signaling Technology, following manufacturer protocol. In brief, gastrocnemius muscles were harvested from 11 weeks wt-NSG, mdx-NSG and mdxD2-NSG after euthanization, and immediately frozen in liquid nitrogen. Muscle samples were homogenized using Qiagen TissueRuptor in ice cold 2X cell lysis buffer supplemented with 1mM PMSF (100 mg of tissue to 1 ml of 2X buffer) and sonicated for 10-15 seconds. Samples were kept on ice at all times. Total proteins were quantified using Pierce BCA Protein Assay Kit. Samples were prepared with 1X SDS sample buffer, diluted from 3X SDS buffer consisting of 187.5 mM Tis-HCl (pH 6.8 at 25 °C), 6% (w/v) SDS, 30% glycerol and 0.03% (w/v) bromophenol blue, supplemented with 1/10 volume of 30X DTT reducing agent, consisting of 1.25 M dithiothreitol. Samples were heated to 95-100 ˚C for 5 minutes, and then cooled on ice for 5 minutes. Lysates, with a total protein of 30 µg, were resolved by SDS-PAGE using 1X running buffer carried out using Criterion Vertical Electrophoresis Cell (Bio-Rad) on 4-20% Gels (Bio-Rad) for 70-80 minutes at 120 V (depending on protein size). Gels were then transferred in wet conditions to nitrocellulose membrane using 1X transfer buffer for 120 minutes at 200 mA in cold room. Membranes were then blocked in TBST with 5% nonfat dry milk for 60 minutes at room temperature. Next, the membranes were incubated overnight at 4 °C with primary antibodies diluted in 3% BSA in TBST (1:1000). Membranes were then incubated in species appropriate HRP conjugated secondary antibodies (1:2000)

for 60 minutes at room temperature and developed with Pierce ECL Western Blotting substrate using ChemiDoc MP Imaging system.

Sirius Red histological stain

Picrosirius red stain solution was prepared by adding 0.1% direct red 80 and 0.1% fast green FCF to aqueous saturated Picric acid. Slides were then washed in Xylene for 5 minutes (2X), 100% EtOH for 2 minutes $(2X)$, 90% EtOH for 2 minutes $(2X)$, 80% EtOH for 2 minutes $(2X)$, 70% EtOH for 2 minutes (2X), and dH2O for 2 minutes (2X). Tissue sections on the slides were then outlined with a pap pen. Picrosirius red solution was applied to the sections and left to incubate for 60 minutes. Slides were then washed in H₂O (10 dips), 70% EtOH (10 dips), 100% EtOH (2X 10 dips), and Xylene (2X 10 dips). Finally, slides were mounted with Permount mounting medium and imaged.

Quantification and Statistical Analysis

Quantification of immunofluorescence imaging

For capillary density: gastrocnemius muscle cross-sections were stained with CD31 and DAPI. Quantification was performed on $n=3$ of each mouse model for all the stainings. A total of 3-20X IF images were taken for 10 gastrocnemius muscle cross-sections per mouse, resulting in about 30-35 images for quantification per mouse. Using ImageJ quantified number of capillaries was then normalized to the total area of images counted. For PAI-1 colocalization with CD31 (5/6-20X IF images/mouse) and COLI, COLIV and COLVI (5/6-40X images/mouse), the Zen 2.6 blue edition was used for quantification. Quantified staining was divided by the area of the quantified images (mm^2) .

Statistical analysis

Prism Graphpad was utilized for statistical analysis (https://www.graphpad.com). The *P* values for IF images quantification such as in COLI, COLIV, COLVI, CD31 and PAI-1,and western blot densitometric analysis were calculated using One Way ANOVA with Tukey's multiple comparison test. Graphs show mean±SEM, unless otherwise specified.

Computational analysis: Seurat

Read alignment and gene-expression quantification of mouse scRNA-seq data was performed using the CellRanger Count pipeline (version 3.1.0, 10X Genomics). The CellRanger pre-built mouse reference package was used for read alignment (mm10 Ensembl 93). The filtered feature bc matrices output was then used to create Seurat object using Seurat package version 3.1.5. Quality Control (QC), data normalization and scaling, and detection of highly variable features were then carried out for each sample individually, with minimal alterations from the published workflow ¹⁴⁶. Briefly, quality control was performed by removing cells with fewer genes than 500, 800 and 800 and higher genes than 5000, 6000 and 6000 genes from the analysis in wt-NSG, mdx-NSG and mdxD2-NSG samples, respectively. Moreover, cells with more than 15% of UMIs mapped to mitochondrial genes were removed. Next, the data were normalized, highly variable genes identified and scaled using "SCTransform" with regression of cell cycle scores and percent mitochondrial genes. Next, dimensionality reduction by principal components (PCs) was calculated using "RunPCA" and to estimate the significant number of PCs to be used "ElbowPlot" function was used. Next, the uniform manifold approximation and projection (UMAP) embedding were calculated and visualized using "RunUMAP" and "UMAPPlot". Unsupervised clustering was carried using "FindNeighbors" and "FindClusters". Differentially expressed genes were then defined with "FindallMarkers" with Wilcox test, return.thresh set to 0.01, logfc.threshold set to 0.41, and with "min.pct" set to 0.25. Muscle clusters of each replicate from each mouse model were then defined (data not shown). The normalized Seurat objects were then merged using "merge". We found that for the merged Seurat object normalizing and scaling the data with the following functions "NormalizeData", "FindVariableFeatures" and "ScaleDATA", with regression of cell cycle score, resulted in a more conserved and better clustering of the datasets. Integration was then performed as below.

Computational analysis: Harmony integration

The merged Seurat object was used to integrate all cells from the different mouse models using Harmony¹⁴⁷. Briefly, after running dimensionality reduction with "RunPCA", Harmony integration follows with "RunHarmony". In downstream analysis, Harmony embeddings were used for UMAP embeddings and clustering with "RunUMAP", "FindNeighbors" and "FindClusters". Differentially expressed genes between clusters were identified with "FindAllMarkers" using following parameters: test used "Wilcox", "return.thresh" set to 0.01, minimum expression fold change "logfc.threshold" set to 0.41, and minimum percent of cells expressing a certain gene "min.pct" set to 0.25 and minimum gene difference "min.diff.pct" set to 0.15 . Clusters were then identified from the integrated data based on gene expression (table S2) and visualized. A total of 20,920 cells were integrated after carrying Harmony integration from wt-NSG (4180) , mdx-NSG (5723) , and mdxD2-NSG (11017) (n=2/mouse model).

Computational analysis: Subset data

To obtain a Seurat object containing only desired cell type of the integrated data, endothelial cells for example, the "subset" function was used. The subset Seurat object goes through Seurat filtering and normalization, and Harmony integration workflows as described above.

Computational analysis: NicheNet Analysis

NicheNet analysis was performed as published code (nichenetr/seurat_wrapper_circos.md at master · saeyslab/nichenetr · GitHub)¹⁴⁴. Briefly, the expression data of interacting cells was extracted from Seurat object of the integrated data. Then, the receiver cell population (EC) and sender cell populations (FAP and Mphage) were defined. The analysis was set as such the gene set of interest are the genes differentially expressed in ECs in dystrophic inflammatory environment compared to healthy state. Therefore, the condition of interest was set to mdx-NSG and mdxD2-NSG (each analyzed separately), and the reference condition was set to wt-NSG. Utilizing a model of already published ligand-target, ligand-receptor network and weighted integrated networks, NicheNet analysis is performed according to the published workflow. The predicted ligand activity inferred active ligand-target links and average expression of inferred ligand activity between conditions are shown in **Figure 3-10**. Circos plots were then used to visualize groups the top predicted active ligands according to the strongest expressing cell type.

Gene Ontology Enrichment Analysis

Gene Ontology (GO) enrichment was performed using Metascape (Meta

http://metascape.org/gp/index.html#/main/step1scape)¹⁴⁸. In short, all statistically GO/KEGG terms were

calculated and used for filtering. Significant terms were then hierarchically clustered into a tree based on

statistical similarities. P<0.01

Results **scRNA-seq Reveals Skeletal Muscle Cellular Heterogeneity Between Healthy and DMD Immunodeficient Mouse Models**

Using scRNA-seq we evaluated changes in cellular composition of 8-week-old healthy (wt-NSG), dystrophic (mdx-NSG) and severely dystrophic (mdxD2-NSG) gastrocnemius muscles. In brief, singlecell suspensions from gastrocnemius muscles were prepared, live cells were collected using fluorescence activated cell sorting (FACS), the single cell libraries were generated using the 10X Genomics Chromium platform and samples were sequenced on Illumina NovaSeq platform (n=2 muscles per mouse model, individually sorted and sequenced) (**Figure 3-1A**). Samples were first individually analyzed using Seurat by performing filtering, normalizing, scaling, and dimensionality reduction analysis (**Figure 3-2A-C**). After the initial analysis we were able to obtain and integrate a total of 4180, 5723 and 11017 cells from wt-NSG, mdx-NSG and mdxD2-NSG, respectively, using the Harmony package (**Figure 3-2 D,E, Table 3-1**). We used uniform manifold approximation and projection (UMAP) to visualize our scRNA-seq data set (Figure 3-1B,C)¹⁴⁷. Unsupervised clustering resulted in a total of 46 different clusters in our integrated data which we merged based on gene expression into established identified cell types in skeletal muscle.

Muscle satellite cells (MuSC) were marked by *Pax7* and *Myf5* expression, myocytes (MC) were marked by *Myl1* and *Tnni2*, tenocytes (Teno) were marked by *Scx* and *Tnmd*, Schwann cells (Schwann) were marked by *Ptprz1* and *Sox10*, ECs were marked by *Pecam1* and *Cdh5* and pericyte (Peri) expressed *Rgs5, Abcc9*, and *Kcnj8* 22,23,74,149,150. Because these mice are immunodeficient, they lack mature T-, B- and natural killer cells which are absent in our scRNA-seq set. However, we were able to detect clusters of immune cells namely neutrophils (Neutro), which are marked by *Cxcr2* and *S100a9*, mast cells (Mast), marked by *Cma1* and *Cma2*, and dendritic cells (DC), marked by *Ly6d* and *Flt3*, which are not ablated in NSG immunodeficient mouse models (**Figure 3-1E**). Additionally, we were able to capture macrophages, marked by *Ptprc* and *Cd68*, which constituted one of the largest clusters in mdx-NSG and mdxD2-NSG

muscles (**Figure 3-1D**). Stromal cells (Stromal), marked by *Pdgfrα* and *Ly6a,* constituted the largest cluster in wt-NSG muscles, and second largest clusters in mdx-NSG and mdxD2-NSG muscles. A list of the top 20 marker genes in each cell type cluster is provided in **Table 3-2**.

Muscle Satellite Cell Sub-Clustering Reveals Differences in Stem Cell States and a Subpopulation with Immune Gene profile in mdxD2-NSG mouse model

To explore the transcriptional changes between healthy, dystrophic and severely dystrophic MuSC, we subclustered a total of 269 MuSCs, performing further normalization and integration of MuSCs to identify cellular subtypes. Unsupervised clustering resulted in a total of 6 subpopulations in which we merged to 5 MuSC subtypes or derivatives based on their gene expression profile (**Figure 3-3**). We identified a cluster of differentiated or committed MuSC was marked by *Myog* (Myog+), and a cluster of quiescent satellite cells that was marked by *Pax7*, *Myf5*, *Chodl* and *Spry1* (Pax7+Myf5+Myod1-). Moreover, we identified two clusters of activated MuSC with *Pax7*, *Myf5* and *Myod1* expression, however one of these clusters only was enriched for Cxcr4 (Pax7+Myf5+Cxcr4+, and Pax7+Myf5+Myod+) (**Figure 3-3A,C**)**.** Interestingly, we have identified a MuSC cluster that had an immune signature expressing *C1qa/b*, *Lyz2* and *Cd53* (**Figure 3-3A**). This immune cluster compromised about 25% of MuSCs subtypes in mdxD2-NSG model (**Figure 3-3B,D**). A cluster of immune signature was identified recently in regenerating muscle where 21 days post injury about 50% of MuSC were identified as immuno-myoblast 24 . Collectively, our findings show differences in the MuSC cellular subtype compositions and states between healthy and dystrophic muscles, where it is clearly evident that the quiescent MuSCs compromise a smaller proportion of the total MuSCs in dystrophic environments, whereas a higher proportion of committed and differentiated MuSCs are evident as disease severity increases. We further identified a MuSC subpopulation with an immune signature that is highly expressed/present in severely dystrophic muscle.

Stromal Cell Sub-Clustering Reveals Stromal Subtypes arising in Dystrophic and Severely Dystrophic Muscle

One of the most striking differences that we observed in cellular composition between healthy, dystrophic and severely dystrophic skeletal muscles was the shift of the stromal cell population percentages, from being the most abundant cell type in healthy gastrocnemius muscle of wt-NSG mice, accounting for 62% of all cells, to lower proportions in dystrophic muscles at 42% in mdx-NSG and only 25% of all cells in mdxD2-NSG (**Figure 3-1D**). To discriminate the different stromal cell subtypes present, we subclustered a total of 7526 cells and performed differential gene expression within the cluster, performing further normalization and integration of the subset data (**Figure 3-4**). We were able to identify seven stromal cell subtypes and one subtype with immune identity (**Figure 3-4A**). Two subtypes, labeled *Dpp4+* Stromal and *Cxcl14+* Stromal*,* resembled fibro-adipogenic precursors (FAPS) which were similarly identified in non-injured tibialis anterior muscle ²⁴. The *Dpp4+* stromal cell subtype has a similar gene expression signature to Tie2highVcam1low identified in C57Bl/10 WT model ¹⁵¹. Interestingly, the proportion of these stromal cell subtypes decreases significantly in severely dystrophic environment falling from a total of 72% in healthy muscle, to 56% in dystrophic muscle, to only 31% in severely dystrophic muscle (**Figure 3-4B**). *Adam12+* Stromal cell subtype, which appear to be activated fibroblast, expressed high levels of *Postn* ¹⁵² (**Figure 3-5A**). In mdxD2-NSG muscle, *Adam12+* stromal cell subpopulation constituted about 33% of the total stromal cell composition making it the dominant stromal cell subpopulation, while only 15% and 3% of stromal cell composition in mdx-NSG and wt-NSG muscles, respectively. Additionally, *Cxcl5+* stromal cell subtype, which appear to be activated FAPS, has been also described in an acute injury model 23,24, and in our dataset its proportion increases from about 2% in healthy wt-NSG muscle, to about 10% in dystrophic mdx-NSG, and 16% in severely dystrophic mdxD2-NSG environments (**Figure 3-4A,B**). Both *Adam12+* and *Cxcl5+* stromal subtypes have a Tie2lowVcam1+ signature similar to published work in the mdx model, which emphasizes the power of scRNA-seq in further deconvoluting the cellular composition of skeletal muscle cell types ¹⁵¹.

In addition, we were able to identify a stromal cell subtype of traditional fibroblasts, labeled *Gdf10*+ Stromal, that has been described to inhibit adipogenesis and were shown to decrease in dystrophic muscles of Sarcoglycan-null mouse model ²⁶. In our dataset, the proportion of *Gdf10+* Stromal subtype decreased from 20% in healthy wt-NSG muscle, to about 17% in dystrophic, to about 16% in severely dystrophic mdxD2-NSG muscle (**Figure 3-4B**). We have, moreover, identified three small clusters of stromal cells, labeled as *Thrsp+,Tenm2+* Stromal, and *Cd53+* Immune, that clustered separately from other stromal cells and had a distinct gene expression profile. Although the *Cd53+* Immune cell subtype expresses *Ly6a* and *Pdgfra*, it also has an immune profile including expression of *Cd68* and *Cd53* (**Figure 3-4C**). Overall, we observed stromal cell subtype shifts with a reduction in FAPS, a reduction in traditional fibroblasts and an increase in activated fibroblasts in mdxD2-NSG compared to both wt-NSG and mdx-NSG (**Figure 3-4B**).

We further examined the differentially expressed genes (DEGs) upregulated in the total stromal cell cluster in mdxD2-NSG versus wt-NSG and mdx-NSG, followed by Gene Ontology (GO) enrichment analysis to identify enriched biological processes and signaling pathways (**Figure 3-4D,E**) ¹⁴⁸. The main GO enriched term was extracellular matrix (ECM) organization, with an enrichment of genes such as *Fn1*, *Fbn2*, *Fbln1,* and collagen genes such as *Col8a1*, *Col14a1* and *Col16a1* between mdxD2-NSG and wt-NSG, and *Adam12*, *Col12a1*, *Col14a1*, *Col8a1* and *Plod2* enriched in mdxD2-NSG compared to mdx-NSG. Of interest, the GO enriched term for regulation of chemokine production was observed in mdxD2- NSG compared to mdx-NSG (**Figure 3-4E**), with enriched genes such as *Il1r1*, *Postn, Ccl2*, *Ccl6*, *Cxcl12*, and *Cxcl5.* Overall, our findings helped identify stromal cell dynamics in healthy and muscular dystrophy states. Our scRNA-seq dataset provide a powerful tool that could further untangle stromal cells contribution to the severity of muscular dystrophy.

Macrophage Heterogeneity between Healthy, Dystrophic and Severely Dystrophic Skeletal Muscle

Next, we explored macrophage heterogeneity since it is well known that macrophages play pivotal roles in exacerbating muscle pathology in dystrophic muscles ^{50,153–156}. In our scRNA-seq dataset the frequency of macrophage cluster increases from 15% in wt-NSG, 639 cells, to 44%, 2560 cells, and 67%, 7426 cells, in mdx-NSG and mdxD2-NSG, respectively (**Figure 3-1D**). To further our understanding of macrophage population heterogeneity, we subclustered the macrophages (Mphage) and performed further normalization and integration of the subset data (**Figure 3-6**). Unsupervised clustering resulted in a total of ten different macrophage subtypes, which we merged into classically and alternatively activated macrophage clusters depending on their gene expression profile (**Figure 3-6A**)**.** Compared to dystrophic muscles, macrophage heterogeneity was less evident in healthy muscle with M2a-like Mphage and M2clike Mphage subpopulations arising in mdx-NSG and mdxD2-NSG muscles (**Figure 3-6B**). Resident and *Lyve1*+ M2-like macrophages were the dominant subtypes of macrophage cellular composition in wt-NSG, accounting for a total of about 88%, while it accounted for a total of 52% of macrophages cellular composition in dystrophic mdx-NSG muscle, and only 40% in severely dystrophic mdxD2-NSG muscle (**Figure 3-6B**). M1-like macrophage cluster was mainly evident in dystrophic mdx-NSG muscle, constituting a proportion of about 20%, and severely dystrophic muscle with about 21% macrophage composition, while it accounted for only 4% of healthy muscle macrophage subtypes. We identified this cluster by the expression of *Ly6c2, Ccr2, Arg1, Vcan* and low expression of *Cx3cr1* (**Figure 3-6C**). This cluster has been described previously in the mdx muscle to exert profibrotic functions toward fibroblasts ¹⁵⁷. M2c-like macrophages is another predominant macrophage subtype in mdx-NSG muscle, constituting about 17%, and mdxD2-NSG muscle, at about 23% of total macrophage cellular composition, while it constituted less than 1% in healthy muscle macrophage subtype composition. M2a-like macrophage, although a small cluster, but it was detected comprising about 3% and 2% in mdx-NSG and mdxD2-NSG macrophages compared to about 1% in wt-NSG muscle. Other small macrophage subpopulations that clustered separately from other clusters were identified as Cd248 M2-like, Itgae resident macrophages and proliferative macrophages. These findings indicate the complexity of macrophage subpopulations in

both dystrophic and severely dystrophic environments and the involvement of dynamic macrophage phenotypes in the pathological process of muscular dystrophy ¹⁵⁸. GO analysis of DEGs in mdxD2-NSG macrophages showed enriched terms for degradation of the ECM*,* positive regulation of lipid localization, *Abcg1, Plin2, Lpl, Trem2, Spp1* and *Mif1,* regulation of cytokine production, with upregulated genes such as *Acp5, Arg1, Stat1, Mmp12* and *Pld3,* among others (**Figure 3-6D,E**).

Overall, our findings provide a tool to explore the dynamic existence of pro-inflammatory, M1 , and antiinflammatory, M2, macrophages in the dystrophic and severely dystrophic muscle. Moreover, it provides insights on the involvement of immune cells in the severity of muscular dystrophy with their increased relative proportion compared to dystrophic and healthy skeletal muscles. Our scRNA-seq macrophage dataset and our integration method detected small populations of macrophages that need to be further studied to elucidate their pathological contribution to muscular dystrophy disease severity.

Characterization of Endothelial Cell subpopulations in Healthy, Dystrophic and Severely Dystrophic Skeletal Muscle

Endothelial cells are often underexplored in published scRNA-seq datasets, although their critical role in maintaining skeletal muscle homeostasis and in regeneration has been demonstrated by multiple groups 86,87,159,160. To examine EC differences between healthy and dystrophic muscles, a total of 1150 ECs and pericytes were analyzed by performing differential gene expression within these clusters (**Figure 3- 7A,B**). We used genes enriched in each EC subtype to annotate the clusters based on published literature 90,91(**Figure 3-7C, Table 3-3**). We were able to identify two large vessel EC clusters; arterial ECs (Arterial.EC) enriched for *Hey1*, *Gja4*, *Alpl* and *Sema3g* and venous ECs (Venous.EC) enriched for *Selp*, *Plvap* and *Vcam1*. Interestingly, in mdxD2-NSG we observed an increase in Venous.EC, compromising about 14% of total EC subpopulations, compared to about 11% and 5% in mdx-NSG and wt-NSG, respectively. We have also noticed a slight decrease in Arterial.EC proportion, at about 10%, compared to 12% and 14% in mdx-NSG and wt-NSG, respectively (**Figure 3-7D**).

Recently published scRNA-seq datasets in gastrocnemius muscle from C57BL/6n mouse 8 weeks of age, identified two capillary EC subtypes with one capillary EC population enriched in glycolytic muscle area, enriched with glycolytic fibers expressing myosin heavy-chain IIx or IIb isoforms⁹⁰. We were similarly able to identify two distinct capillary EC populations, however, with a different gene signature.

Capillary.EC.1 expressed *Aqp1*, *Pltp*, and *Aqp7* and Capillary.EC.2 expressed *Mme*, *Fbln1* and *Scara5*

(**Figure 3-7A,C**)*.* Interestingly, the proportion of these capillary EC subtypes changes drastically between healthy, dystrophic, and severely dystrophic muscles (**Figure 3-7D**). While Capillary.EC.1 contribute the highest proportion of EC in all the muscles, Capillary.EC.2 constitute 2% of total proportion in wt-NSG compared to 4% and 10% in mdx-NSG and mdxD2-NSG, respectively. We observed a pronounced decrease of both capillary EC subtypes in our dataset from 412 cells in wt-NSG, to 155 and 150 cells in mdx-NSG and mdxD2-NSG, respectively. We subsequently wondered if the decrease in capillary ECs in the dystrophic and severely dystrophic models reflected an increased frequency of stromal cells and macrophages or if there was a true decrease of capillary ECs in the dystrophic and severely dystrophic models. In cross-sections of the gastrocnemius muscle we quantified increased capillary density in mdxD2-NSG compared to both mdx-NSG and wt-NSG, while the capillary density of mdx-NSG was not significantly increased compared to wt-NSG (**Figure 3-8A**). Our observed result of normal capillary density in the mdx-NSG muscle, is similar to previous findings in 3-month-old mdx gastrocnemius muscle ⁹⁶. To infer differences between the two capillary EC subtypes we performed GO enrichment analysis on DEGs in each cluster (**Figure 3-8B,C**). Capillary.EC.1 top biological processes enriched terms were regulation of angiogenesis and regulation of vasculature development. Unexpectedly, Capillary.EC.2 enriched for ECM organization terms.

In addition, we identified a small EC subtype that expresses an immune profile such as *Ptprc* (CD45), *Cd44*, and *Spp1* in addition to the main EC markers *Pecam1* (CD31) and *Cdh5* (VE-Cadherin) (**Figure 3- 7C**). Human umbilical cord ECs (HUVECs) have been shown to express CD45 in response to interleukin-1 (IL-1) *in vitro* ¹⁶¹. Furthermore, in response to TGF- \Box it has been shown that mitral valve ECs in the

heart express CD45 both *in vitro* and *in vivo* ¹⁶². Therefore, we identified this subtype as an activated subtype of ECs (Activated.EC) (**Figure 3-7A**). It is noteworthy that the Activated.EC subtype constitutes 13% of the total ECs in mdxD2-NSG, 6% in mdx-NSG and only 2% in wt-NSG.

When exploring the DEGs upregulated in mdxD2-NSG EC, we found an enrichment for neutrophil degranulation and neutrophil chemotaxis GO terms, with genes enriched such as *Cd63, Fcer1g, Gsn, Ctss* and *Alad,* and enriched GO terms for positive regulation of cell migration, *Calr, Col18a1, Col1a1, Fn1, Plvap* and *Thbs4* (**Figure 3-7E,F**)*.* Interestingly, one of the enriched GO terms in mdxD2-NSG versus mdx-NSG was platelet activation, signaling and aggregation, with genes enriched such as *Cd63*, *Col1a1*, *Fn1*, *Plek*, and *Col3a1* (**Figure 3-7E**). Although not shown on the top enriched terms, we also found that the platelet activation, signaling and aggregation enriched GO term, with genes expressed such as *Cd63*, *Clu*, *Col1a1*, *Fcer1g*, *Fn1*, *Plek*, and *Pf4* were upregulated in mdxD2-NSG EC DEGs vs. wt-NSG. Taken together, ECs in the severely dystrophic mouse model showed an increased ECM gene upregulation, especially genes involved in collagen formation, regulation of cell adhesion and platelet activation and aggregation. When comparing DEGs upregulated in mdx-NSG ECs vs. wt-NSG, enriched terms for ECM organization or degradation was lacking and not evident (not shown). Because of these prominent differences especially in ECM upregulation in the severely dystrophic ECs, which has not been previously shown in pathological muscular dystrophy conditions, we focused our attention into validating these findings.

Ligand-Gene Interaction Model Identifies Intercellular Communication Influencing Endothelial Cells in Dystrophic Muscles

The skeletal muscle microenvironment and intercellular network interactions is critical in maintaining muscle homeostasis in healthy and diseased conditions. Released ligands from cell populations, stromal cells and macrophages for instance, can govern and drive cellular gene expression changes. Therefore, to address our question of whether the dystrophic microenvironment led to changes and upregulation of

ECM gene expression, among others, between healthy, dystrophic and severely dystrophic muscles, we investigated the possible interaction between released ligands from stromal cells and macrophages and their target genes on EC. We carried out NicheNet analysis, a computational tool that uses gene expression data of interacting cells and combines it with existing knowledge to infer ligand-to-target interactions ¹⁴⁴ (**Figure 3-9**). In our NicheNet analysis, we prioritized ligands released from stromal cells and macrophages driving the differential expression observed in dystrophic and severely dystrophic ECs. Because the prioritization of ligands in NicheNet analysis is not directly related to their expression level, we confirmed the upregulation of the prioritized ligand in diseased conditions. We indeed found some ligands lowly expressed in mdx-NSG and mdxD2-NSG stromal cells and macrophages, therefore when performing further analysis and validation experiments, we only considered target genes affected by upregulated ligands in the diseased conditions (data not shown). The top five predicted ligands upregulated in stromal cells and macrophages most likely influencing gene expression differences in mdx-NSG EC are *Tgfb1*, disintegrin and metalloprotease 17 (*Adam17*), selectin P ligand (*Selplg),* apolipoprotein E (*Apoe*), and interleukin $1 \square$ (*Il1b*). The top five predicted ligands released in mdxD2-NSG were *Tgfb1*, *Apoe, Tnf*, colony stimulating factor 1 (*Csf1*), *Il1b* (**Figure 3-10A, B**). We further explored predicted ligands differentially expressed in mdxD2-NSG compared to mdx-NSG stromal cells and macrophages most likely regulating target genes in ECs, and the identified ligands were *Tgfb1*, *Adam17*, bone morphogenetic protein 2 (*Bmp2*), midkine (*Mdk*) and osteopontin (*Spp1*) (**Figure 3-10C**). These results come in agreement with extensively studied cytokine and chemokine signaling in dystrophic muscles and are further validated by our scRNA-seq dataset and NicheNet analysis 163,164. The heatmap of predicted ligand target genes and their regulatory potential in ECs for mdx-NSG and mdxD2-NSG is shown in **Figure 3-10D-F**. To confirm target gene differential expression on ECs we plotted the average expression of target genes between diseased and healthy conditions (**Figure 3-10G-I)**. The main intercellular interactions of stromal cell-specific, macrophage-specific, and common ligands and their potential target genes were mapped on circle plots to simplify cell-cell interaction visualization (**Figure 3-** **9 A-C)**. We found that the main ligands driving ECM expression in mdxD2-NSG ECs were TGF- \Box , ostepontin, TNF α and IL- \Box . While in mdx-NSG EC Hgf and TGF \Box were the main ligands upregulating ECM expression. Because ECM genes were notably upregulated in mdx-NSG and mdxD2-NSG EC, we simplified their expression visualization, along with other genes of interest, in **Figure 3-9 D,E**. Collectively, NicheNet analysis highlighted top predicted ligand interactions released from stromal cells and macrophages with their potential target genes on ECs in dystrophic and severely dystrophic muscles identifying TGF- \Box pathway as the main upstream signal driving EC gene expression changes.

Dystrophic and Severely Dystrophic Endothelial Cells have Increased ECM Deposition

To validate our findings of increased ECM expression of vascular ECs, especially in severely dystrophic muscles, we examined collagen IV, collagen I, and collagen VI deposition around capillaries in cross sections of wt-NSG, mdx-NSG and mdxD2-NSG muscles (**Figure 3-11A-C and Figure 3-12**). We found significantly higher deposition of collagen IV, collagen I and collagen VI in mdxD2-NSG compared to both mdx-NSG and wt-NSG, while higher deposition of collagen I and collagen VI were evident in mdx-NSG compared to wt-NSG (**Figure 3-11A-C**). In addition, one of the major ECM genes that was upregulated in dystrophic and severely dystrophic muscle EC was fibronectin (FN) encoded by *Fn1* (**Figure 3-9E**). ECs from murine models are difficult to isolate in large numbers, therefore, to examine the protein expression of fibronectin in the different mouse models we performed western blots (WB) using whole gastrocnemius muscle lysates. We detected significantly increased protein abundance of fibronectin in mdx-NSG and mdxD2-NSG muscles compared to wt-NSG (**Figure 3-12A)**. When muscle cross-sections were examined, fibronectin had increased deposition around mdx-NSG and mdxD2-NSG ECs compared to wt-NSS (**Figure 3-11D**). We further confirmed these findings with Sirius red staining in muscle cross-sections (**Figure 3-12B**). Collectively, we confirmed that the upregulation of ECM genes in ECs, regulated mainly by $TGF - \Box$ signaling predicted by NicheNet analysis, translates to protein expression in muscle cross-sections of healthy, dystrophic and severely dystrophic muscles.

Serpine1, which encodes PAI-1, was one of the genes detected to be upregulated in severely dystrophic ECs in NicheNet analysis (**Figure 3-9B**). It was predicted by NicheNet analysis that *Serpine1* is regulated by TGF-β, IL-1ꞵ and TNF signaling (**Figure 3-10E**). To further explore this finding, we assessed *Serpine1* expression in ECs and verified its enrichment in mdxD2-NSG EC (**Figure 3-9E**). In order to confirm if our gene expression data corresponds to protein expression, we performed immunostaining of PAI-1 on muscle cross-sections and we found that it colocalizes with some, but not all, ECs (CD31+) in mdxD2-NSG (**Figure 3-11E, 3-12C**). Overall, we show the upregulation of ECM genes by dystrophic and severely dystrophic ECs, and the upregulation of PAI-1 especially in the severely dystrophic ECs.

Discussion

Recent advances in scRNA-seq technology have allowed for the evaluation and dissection of skeletal muscle-resident cell populations in homeostatic and regenerating states 22–25,151. These studies collectively described a comprehensive scRNA-seq datasets and provided insights into the complexity and diversity of normal muscle-resident populations, and how cell populations change during muscle regeneration. However, limited studies have examined cellular heterogeneity of skeletal muscle at single cell resolution in pathological conditions, for instance in inflammatory muscle diseases such as in DMD mouse models ¹⁶⁵. Many studies have demonstrated that the diseased environment plays an enormous role in the effectiveness of therapies 166,167. Therefore, utilizing scRNA-seq, here we focused on evaluating the changes in the cellular composition and microenvironment as disease severity increases in mouse models of DMD. We explored the transcriptional differences and heterogeneity within different muscle-resident populations including MuSCs, stromal cells, macrophages, and EC populations between healthy, dystrophic, and severely dystrophic muscles.

MuSC has been demonstrated to be a heterogenous population influenced by microenvironment signaling 168,169. The first scRNA-seq study that focused on MuSC heterogeneity in homeostatic muscle constituted of only 21 FACS isolated MuSCs ²⁰. Since then, multiple groups examined the temporal dynamics of MuSCs during regeneration where quiescent MuSCs, activated MuSCs ²⁵, progenitors, committed progenitors, mature skeletal muscle 23,25, and immunomyoblasts ²⁴ have been described. We described a MuSC subpopulation that expressed an immune profile that constitutes about 25% of MuSC in the mdxD2-NSG muscle, similar to described in the regenerating muscle ²⁴. The functional validation of this subpopulation is necessary in the severely dystrophic muscle to understand its implications in the disease context. We further described four MuSC subpopulations that are transcriptionally distinct in healthy, dystrophic and severely dystrophic scRNA-seq integrated dataset, with an increased proportion of committed (*Myod1*+) and differentiated (*Myog*+) MuSC in the dystrophic and severely dystrophic muscle. Furthermore, we were able to identify, in dystrophic and severely dystrophic skeletal muscles, cell

populations that have been otherwise described in healthy regenerating muscle after acute injury, such as *Cxcl5*+ stromal cell subpopulation $23,24$. We were able to further describe the dynamic changes of macrophages with the co-existence of both pro-inflammatory, M1-like macrophage, and antiinflammatory, M2-like macrophage, signatures in the dystrophic and severely dystrophic skeletal muscles.

The EC skeletal muscle-resident population is an understudied cell population although its implications for cell-based therapeutics are critical. In the mdx mouse model, it has been reported that the vascular changes are age-dependent, with impaired angiogenesis, migration, and proliferation of ECs in *vitro* and *in vivo* in older mdx mice ^{96–98}. To understand the role of the microenvironment in EC transcriptional changes in dystrophic and severely dystrophic muscles, we were interrogated intercellular communication with predicted ligands released from stromal cells and macrophages and their targets in dystrophic ECs utilizing NicheNet analysis 144 . Our analysis identified the TGF- \Box pathway, with expression of *Spp1* and *Tgfb1,* as one of the main upstream signals driving EC changes in both dystrophic and severely dystrophic muscles. Recent work has provided evidence that osteopontin promotes fibrosis and upregulates collagen expression in mdx fibroblasts by enhancing TGF- \Box signaling 164 . To the best of our knowledge, we are showing here for the first time that in severely dystrophic environment a subset of capillary ECs upregulates ECM genes including *Col1a1*, *Col3a1*, *Col4a1, Col6a1* and *Fn1*. We further confirm the significant increase of Collagen IV, I, VI and fibronectin deposition around capillaries in severely dystrophic environment compared to both dystrophic and healthy environment. Our findings are in line with reported thickened connective tissue around capillaries of DMD patients ⁹³. Nichenet analysis moreover identified PAI-1, encoded by *Serpine1*, as an upregulated gene in ECs. We have also seen a similar upregulation of *Serpine1* in stromal cells and macrophages (data not shown). PAI-1 is a procoagulant and inhibits degradation of clots when they arise ¹⁷⁰. We confirmed upregulation of PAI-1 protein expression with immunofluorescence imaging in muscle cross-sections, further indicating EC impairment in severely dystrophic muscles.

In summary, we have used scRNA-seq of gastrocnemius skeletal muscle to investigate differences in the microenvironment and cellular constitution as disease severity increases in mouse models of DMD. We have identified critical changes in transcriptional profiles of MuSC, stromal cells, macrophages and ECs regulated by DMD disease progression. Our scRNA-seq data provides the community with a tool to further explore muscle-resident cell type changes and differences in muscle make up between healthy, dystrophic and severely dystrophic phenotypes. Our work further highlights that future studies will likely need to develop combination therapies targeting both the diseased microenvironment in addition to delivering new cell, genetic or other novel therapeutics to DMD patients.

LIMITATION OF THE STUDY

The confirmation of muscle-resident subpopulations identified in this study will require the use of combination approaches of *in vivo* and *in vitro* studies to validate and determine their role in driving disease progression in dystrophic and severely dystrophic mouse models. Moreover, future studies will require investigating ECs in DMD disease model to evaluate their functional role and potential for targeting to restore a healthy phenotype.

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Figures

Figure 3-1: Single-Cell RNA Sequencing reveals cellular heterogeneity between healthy and dystrophic muscle states

(A) Schematic illustrating the experimental workflow for scRNA-seq with 10X genomics platform. A single cell suspension from right gastrocnemius muscles are prepared by mechanical and enzymatic dissociation followed by live cell sorting. Following library preparation, sequencing was performed on Illumina Novaseq S2 platform, and the raw data were processed by Cell Ranger (10X Genomics) to generate a gene-cell expression matrix. Metrices were then analyzed individually using Seurat and integrated using Harmony packages (n=2 replicates for each mouse model).

(B) UMAP embedding of integrated scRNA-seq data with a total of 20920 cells analyzed from wt-NSG, mdx-NSG and mdxD2-NSG gastrocnemius muscles.

(C) UMAP embedding of integrated scRNA-seq data grouped by mouse model.

(D) Relative proportion of cell populations in healthy, dystrophic and severely dystrophic gastrocnemius skeletal muscles.

(E) Violin Plot showing the main gene expression markers used to identify gastrocnemius skeletal muscle cellular composition.

MuSC: muscle satellite cells, MC: myocytes, EC: endothelial cells, Stromal: stromal cells, Peri: pericytes, Teno: tenocytes, Schwann: schwann cells, Mphage: macrophages, Neutro: neutrophils, Mast: Mast cells, DC: dendritic cells

Figure 3-2: Quality control for scRNA-seq

Violin plots of analyzed samples showing the distribution of the number of genes (nFeature_RNA), number of RNA counts (nCount_RNA) and percent mitochondrial RNA (percent.mt) in (A) replicate 1 and 2 of wt-NSG gastrocnemius muscles. (B) replicate 1 and 2 of mdx-NSG gastrocnemius muscles. (C) Replicate 1 and 2 of gastrocnemius mdxD2-NSG muscles. (D) The integration of all sample replicates. (E) UMAP embedding of all muscles integrated grouped by replicates.

Figure 3-3: Muscle satellite cell sub-clustering reveals differences in stem cell dtates and a subpopulation with immune gene profile in mdxD2-NSG mouse model

- (A) UMAP embedding of integrated muscle stem cell subpopulations in all mouse models.
- (B) UMAP embedding representing mouse model contribution to integrated muscle stem cell subpopulations.
- (C) Gene expression of markers used to identify the muscle stem cell subpopulations.
- (D) Relative proportion of muscle stem cell subpopulations in each mouse model.

Figure 3-4: Stromal cell sub-clustering reveals stromal subtypes arising in severely dystrophic muscle

(A) UMAP of stromal cell subpopulations split by mouse model.

(B) Relative proportion of stromal cell subpopulations in healthy, dystrophic and severely dystrophic muscles.

- (C) Marker gene expression used to identify stromal cell subpopulations.
- (D) GO enrichment analysis of DEGs in mdxD2-NSG stromal cells versus mdx-NSG.
- (E) GO enrichment analysis of DEGs in mdxD2-NSG stromal cells versus wt-NSG.

Figure 3-5: Extended gene expression profile of stromal cell subtypes

- (A) Heatmap of top 10 genes expressed in each stromal cell subtype.
- (B) Violin plot of an expanded panel gene expression used to identify stromal cells subtypes.

Figure 3-6: Macrophage heterogeneity between healthy, dystrophic and severely dystrophic skeletal muscle

- (A) UMAP embedding of macrophage subpopulations gastrocnemius skeletal muscle split by mouse model.
- (B) Relative proportion of macrophage subpopulations cellular composition between mouse models.
- (C) Gene expression panel of markers used to distinguish the different macrophage subpopulations.
- (D) GO enrichment analysis of DEGs in all mdxD2-NSG macrophages versus mdx-NSG.
- (E) GO enrichment analysis of DEGs in all mdxD2-NSG macrophages versus wt-NSG.

Resid Mphage = Resident macrophages

Figure 3-7: Characterization of endothelial cell subpopulations in healthy, dystrophic and severely dystrophic skeletal muscle

(A) UMAP embedding of integrated pericytes and endothelial cell subpopulations.

- (B) UMAP embedding representing mouse model contribution to endothelial cell subpopulations.
- (C) Dot plot of chosen genes used to identify subtypes of endothelial cells.
- (D) Relative proportion of endothelial cell subpopulations identified in healthy and dystrophic muscles.
- (E) GO enrichment analysis of DEGs in mdxD2-NSG endothelial cells versus mdx-NSG.
- (F) GO enrichment analysis of DEGs in mdxD2-NSG endothelial cells versus wt-NSG.

Figure 3-8: Capillary endothelial cell differences

(A) Left: capillary Density of 8 weeks gastrocnemius muscles in each mouse model. Right: IF images of representative gastrocnemius muscle cross-sections of the mouse models used for quantification, only

capillaries were counted per cross-section. Scale bar on IF images are at 20 µm. Quantification was performed using ImageJ on at least 30 images for each mouse, n=3 per mouse model. One Way-ANOVA with Tukey's multiple comparison test, error bars+SD, **P*<0.05, ***P*<0.01

(B) GO enriched terms of DEGs in Capillary EC.1.

(C) GO enriched terms of DEGS in Capillary EC.2.

Figure 3-9: Stromal cells and macrophages released ligands and their regulated target genes on endothelial cells in dystrophic and severely dystrophic environment

Circos plot of NicheNet analysis showing links of cell-cell interactions between predicted ligands from stromal cells and macrophages with most likely regulated target genes that are differentially expressed on (A) mdx-NSG endothelial cells, wt-NSG as a reference (B) mdxD2-NSG endothelial cells, wt-NSG as a reference, and (C) mdxD2-NSG endothelial cells, wt-NSG as a reference. Degree of transparency is determined by the regulatory potential value of a ligand-target interaction (Blue: macrophage-specific ligands, Green: stromal cell-specific ligands, Lawn green = common ligands released from both stromal cells and macrophages). (D) Violin plots of some genes of interest that were differentially expressed in the dystrophic endothelial cells identified by NicheNet analysis. (E) Dot plot of average expression between the mouse models of some genes of interest that were differentially expressed in the dystrophic endothelial cells identified by NicheNet analysis.

Figure 3-10: Outcome of NicheNet's ligand activity prediction released from stromal cells and macrophages in dystrophic muscle and their target gene expression regulated on EC

Outcome of NicheNet's ligand activity prediction of stromal cells and macrophages in (A) mdx-NSG (wt-NSG as reference). (B) mdxD2-NSG (wt-NSG as reference) and (C) mdxD2-NSG (mdx-NSG as reference). Pearson correlation coefficient was used between prior regulatory potential scores and endothelial cell gene set assignments. Pearson correlation indicates the ability of each ligand to predict the endothelial cell (EC) target gene, therefore better predictive ligands are ranked higher.

NicheNet's ligand-target matrix denoting the regulatory potential between predicted released ligands and target gene from EC in (D) mdx-NSG ECs and (E) mdxD2-NSG ECs (F) mdxD2-NSG ECs (mdx-NSG as reference).

(G) Dot plot showing the average expression of NicheNet's predicted target genes on ECs in wt-NSG and mdx-NSG. (H) Dot plot showing the average expression of NicheNet's predicted target genes on ECs in wt-NSG and mdxD2-NSG. (I) Dot plot showing the average expression of NicheNet's predicted target genes on ECs in mdxD2- NSG and mdx-NSG

Figure 3-11: Dystrophic and severely dystrophic endothelial cells have increased ECM deposition

Quantification of (A) Collagen type IV (COLIV), (B) Collagen I (COLI), (C) Collagen VI (COL VI) deposition around capillary endothelial cells in healthy and DMD muscles. One Way ANOVA with

Tukey's multiple comparison test (error bars show mean+SEM $*P < 0.05$, $***P \le 0.0001$, $****P <$ 0.0001). (D) Immunofluorescence staining of gastrocnemius muscle cross-sections for endothelial cell (CD31, green), and fibronectin (FN, red) and nuclear markers (DAPI, blue). Left column scale bar at 50 μ m, right column are magnified images of boxed, scale bar at 10 μ m. (E) Quantification of PAI-1 and CD31 colocalization in gastrocnemius muscle cross-sections across the mouse models. One way-ANOVA with Tukey's multiple comparisons test (error bars show mean±SEM ****P≤* 0.001, *****P*<0.0001).

Figure 3-12: ECM protein staining in wt-NSG, mdx-NSG and mdxD2-NSG of gastrocnemius muscle cross sections

Immunofluorescence staining of gastrocnemius muscle cross-sections for vasculature (CD31, green), and nuclear marker (DAPI, blue) and column (A) collagen type IV (COLIV, red), (B) collagen type I (COLI, red), (C) Collagen type VI (COLVI, red) (Scale bar at $20 \mu m$).

Figure 3-13: Validation of fibronectin and plasminogen activator inhibotr-1 upregulation in severely dystrophic gastrocnemius muscle

(A) Fibronectin (FN) expression analysis by Western Blotting in whole muscle lysates of healthy, dystrophic and severely dystrophic muscles (graph show individual data points of fold change to αActinin, One way ANOVA with Tukey's multiple comparisons, mean±SD. ****P*≤0.001, *****P*<0.001)

- (B) Sirius red stained gastrocnemius skeletal muscle cross-sections of healthy, dystrophic and severely dystrophic mouse models (Scale bar at 50 µm).
- (C) Immunofluorescence staining for plasminogen activator inhibitor-1 (PAI-1) and CD31 colocalization of gastrocnemius skeletal muscles across the mouse models.

Sample	Cell subpopulation	Cell Number	Proportion
wtNSG	MuSC	97	2.320574
wtNSG	MC	$\overline{62}$	1.483254
wtNSG	EC	519	12.41627
wtNSG	Stromal	2604	62.29665
wtNSG	Peri	78	1.866029
wtNSG	Teno	$\overline{130}$	3.110048
wtNSG	Schwann	$\overline{10}$	0.239234
wtNSG	Mphage	639	15.28708
wtNSG	Neutro	30	0.717703
wtNSG	Mast	11	0.263158
mdxNSG	MuSC	$\overline{123}$	2.149222
mdxNSG	MC	57	0.995981
mdxNSG	EC	222	3.879084
mdxNSG	Stromal	2446	42.73982
$mdx\overline{NSG}$	Peri	33	0.576621
mdxNSG	Teno	216	3.774244
mdxNSG	Schwann	5	0.087367
mdxNSG	Mphage	2560	44.73178
mdxNSG	Neutro	38	0.663987
mdxNSG	Mast	10	0.174734
mdxNSG	DC	13	0.227154
mdxD2NSG	MuSC	49	0.444767
mdxD2NSG	MC	16	0.14523
mdxD2NSG	\overline{EC}	249	2.260143
mdxD2NSG	Stromal	2738	24.8525
mdxD2NSG	Peri	49	0.444767
mdxD2NSG	Teno	$\overline{330}$	2.995371
mdxD2NSG	Schwann	10	0.090769
mdxD2NSG	Mphage	7426	67.40492
mdxD2NSG	Neutro	64	0.58092
mdxD2NSG	Mast	6	0.054461
mdxD2NSG	\overline{DC}	$\overline{80}$	0.72615

Table 3-2: Cell counts per mouse model

p_val	p_val_adj	avg_logF	pct.1	pct.2	pct.diff	cluster	gene
		C					
$\boldsymbol{0}$	$\boldsymbol{0}$	2.087254	0.569	0.006	0.563	MuSC	Gal
$\boldsymbol{0}$	$\boldsymbol{0}$	1.994018	0.807	0.024	0.783	MuSC	Chodl
$\boldsymbol{0}$	$\boldsymbol{0}$	1.837388	0.944	0.096	0.848	MuSC	Des
$\boldsymbol{0}$	$\boldsymbol{0}$	1.778041	0.862	0.002	0.86	MuSC	Pax7
$\boldsymbol{0}$	$\boldsymbol{0}$	1.632942	0.48	0.027	0.453	MuSC	Nppc
$\boldsymbol{0}$	$\boldsymbol{0}$	1.413237	0.747	0.001	0.746	MuSC	Myf5
$\boldsymbol{0}$	$\boldsymbol{0}$	1.35393	0.803	0.002	0.801	MuSC	Fgfr4
$\boldsymbol{0}$	$\boldsymbol{0}$	1.336328	0.866	0.11	0.756	MuSC	Ncam1
$\boldsymbol{0}$	$\boldsymbol{0}$	1.247071	0.803	0.003	0.8	MuSC	Cdh15
$\boldsymbol{0}$	$\boldsymbol{0}$	1.227649	0.621	0.007	0.614	MuSC	Asb5
$\boldsymbol{0}$	$\boldsymbol{0}$	1.182947	0.654	0.03	0.624	MuSC	Heyl
$\boldsymbol{0}$	$\boldsymbol{0}$	1.113891	0.621	0.041	0.58	MuSC	Clmn
$\boldsymbol{0}$	$\boldsymbol{0}$	1.112344	0.725	0.029	0.696	MuSC	Notch3
$\boldsymbol{0}$	$\boldsymbol{0}$	1.106231	0.461	0.002	0.459	MuSC	Erfe
$\boldsymbol{0}$	$\boldsymbol{0}$	1.10508	0.524	0.001	0.523	MuSC	Chrdl2
$\boldsymbol{0}$	$\boldsymbol{0}$	1.093793	0.717	0.08	0.637	MuSC	Sytl2
$\boldsymbol{0}$	$\boldsymbol{0}$	1.009846	0.424	0.004	0.42	MuSC	Ankrd1
$\boldsymbol{0}$	$\boldsymbol{0}$	0.925271	0.349	0.003	0.346	MuSC	Myod1
$\boldsymbol{0}$	$\boldsymbol{0}$	0.8987	0.58	0.003	0.577	MuSC	Chrna1
$\boldsymbol{0}$	$\boldsymbol{0}$	0.863802	0.528	0.009	0.519	MuSC	Prox1
$\boldsymbol{0}$	$\boldsymbol{0}$	4.004987	0.807	0.032	0.775	MC	Pvalb
$\boldsymbol{0}$	$\boldsymbol{0}$	3.835723	0.933	0.074	0.859	MC	Eno3
$\boldsymbol{0}$	$\boldsymbol{0}$	3.535134	0.926	0.022	0.904	MC	Pgam2
$\boldsymbol{0}$	$\boldsymbol{0}$	3.494085	0.933	0.024	0.909	MC	Tcap
$\boldsymbol{0}$	$\boldsymbol{0}$	3.445538	0.911	0.025	0.886	MC	Myoz1
$\boldsymbol{0}$	$\boldsymbol{0}$	3.14889	0.793	0.039	0.754	MC	Actn3
$\boldsymbol{0}$	$\boldsymbol{0}$	3.13944	0.933	0.043	0.89	MC	Atp2a1
$\boldsymbol{0}$	$\boldsymbol{0}$	3.087627	0.659	0.02	0.639	MC	Mb
$\boldsymbol{0}$	$\boldsymbol{0}$	3.072949	0.911	0.041	0.87	MC	Cox6a2
$\boldsymbol{0}$	$\boldsymbol{0}$	3.066165	0.911	0.032	0.879	MC	Cox8b
$\boldsymbol{0}$	$\boldsymbol{0}$	2.981615	0.822	0.015	0.807	MC	Car3
$\boldsymbol{0}$	$\boldsymbol{0}$	2.747432	0.681	0.032	0.649	MC	Myh4
$\boldsymbol{0}$	$\boldsymbol{0}$	2.257539	0.541	0.01	0.531	MC	Actc ₁
$\boldsymbol{0}$	$\boldsymbol{0}$	2.2402	0.719	0.013	0.706	MC	Mybpc2
$\boldsymbol{0}$	$\boldsymbol{0}$	2.160849	0.815	0.046	0.769	MC	Pygm
$\boldsymbol{0}$	$\boldsymbol{0}$	2.123959	0.859	0.014	0.845	MC	Sh3bgr
$\boldsymbol{0}$	$\boldsymbol{0}$	2.035805	0.852	0.005	0.847	MC	Smpx
$\boldsymbol{0}$	$\boldsymbol{0}$	2.017449	0.815	0.005	0.81	MC	Apobec2
$\boldsymbol{0}$	$\boldsymbol{0}$	1.955044	0.844	0.017	0.827	MC	Rpl3l
$\boldsymbol{0}$	$\boldsymbol{0}$	$\overline{1.918742}$	0.852	0.01	0.842	MC	Eef1a2

Table 3-2: Top 20 genes expressed in each muscle cell population Cluster

p_val	p val adj	avg_logF	pct.1	pct.2	pct.diff	cluster	gene
1.70E-98	3.37E-94	C 1.062243	0.99	0.733	0.257	Capillary.EC.1	
9.88E-82		1.131859					Gpihbp1
	1.95E-77	0.865167	0.947	0.574 0.727	0.373 0.235	Capillary.EC.1	Rgcc Kdr
2.24E-68	4.43E-64		0.962			Capillary.EC.1	
2.98E-68	5.90E-64	0.865231	0.96	0.746	0.214	Capillary.EC.1	Tspan13
1.72E-66	3.39E-62	0.863168	0.916	0.61	0.306	Capillary.EC.1	Cd300lg
1.56E-64	3.08E-60	0.626818	0.999	0.824	0.175	Capillary.EC.1	Cdh5
3.70E-64	7.31E-60	1.065456	0.948	0.636	0.312	Capillary.EC.1	Aqp1
4.18E-58	8.27E-54	0.758685	0.94	0.778	0.162	Capillary.EC.1	Cd200
7.53E-56	1.49E-51	0.891523	0.938	0.763	0.175	Capillary.EC.1	TcfI5
4.85E-55	9.60E-51	1.204337	0.789	0.445	0.344	Capillary.EC.1	Timp4
1.86E-54	3.68E-50	0.80661	0.913	0.737	0.176	Capillary.EC.1	Cav2
6.22E-53	1.23E-48	0.831158	0.808	0.487	0.321	Capillary.EC.1	Clic5
7.30E-53	1.44E-48	0.66859	0.996	0.841	0.155	Capillary.EC.1	Ly6c1
1.03E-52	2.04E-48	0.682497	0.872	0.659	0.213	Capillary.EC.1	Ctnnbip1
2.54E-51	5.02E-47	0.738827	0.914	0.646	0.268	Capillary.EC.1	Clqtnf9
1.17E-49	2.31E-45	0.718219	0.841	0.57	0.271	Capillary.EC.1	Jup
1.31E-49	2.58E-45	0.779908	0.866	0.646	0.22	Capillary.EC.1	Lims2
1.22E-48	2.41E-44	0.685654	0.942	0.767	0.175	Capillary.EC.1	Afdn
6.95E-47	1.38E-42	0.811243	0.897	0.676	0.221	Capillary.EC.1	Tcim
1.07E-44	$2.11E-40$	0.966124	0.58	0.208	0.372	Capillary.EC.1	Car4
1.62E-44	3.20E-40	0.547063	0.944	0.75	0.194	Capillary.EC.1	Emcn
1.29E-90	2.56E-86	1.137749	0.59	0.013	0.577	Capillary.EC.2	Scara5
4.09E-77	8.10E-73	0.536022	0.41	0.005	0.405	Capillary.EC.2	Mme
6.00E-75	1.19E-70	1.300116	0.692	0.032	0.66	Capillary.EC.2	Abi3bp
1.34E-69	2.65E-65	0.750619	0.538	0.016	0.522	Capillary.EC.2	Svep1
4.34E-66	8.59E-62	0.585115	0.538	0.018	0.52	Capillary.EC.2	Zfhx4
2.94E-64	5.81E-60	0.487362	0.385	0.006	0.379	Capillary.EC.2	Sox9
3.96E-64	7.84E-60	0.964631	0.538	0.02	0.518	Capillary.EC.2	Fbln1
3.81E-62	7.54E-58	0.960262	0.513	0.018		0.495 Capillary.EC.2 Gfpt2	
2.43E-58	4.80E-54	1.075102	0.513	0.021	0.492	Capillary.EC.2	Dpep1
1.09E-55	2.15E-51	1.194491	0.667	0.045	0.622	Capillary.EC.2	Fndcl
1.27E-55	2.50E-51	0.655964	0.487	0.019	0.468	Capillary.EC.2	Podn
2.30E-55	4.55E-51	1.001715	0.641	0.041	0.6	Capillary.EC.2	Pdgfra
7.12E-51	1.41E-46	1.281911	0.487	0.023	0.464	Capillary.EC.2	Angptl1
2.36E-49	4.68E-45	0.644649	0.436	0.017	0.419	Capillary.EC.2	Arhgap20
6.31E-49	1.25E-44	1.099917	0.615	0.044	0.571	Capillary.EC.2	Loxll
6.74E-49	1.33E-44	1.238539	0.59	0.04	0.55	Capillary.EC.2	Htra3
2.29E-48	4.54E-44	0.757599	0.538	0.031	0.507	Capillary.EC.2	Scn7a
7.91E-48	1.57E-43	0.677453	0.487	0.024	0.463	Capillary.EC.2	Lpar1
4.74E-46	9.38E-42	0.564926	0.564	0.036	0.528	Capillary.EC.2	Egfr

Table 3-4: Top 20 genes expressed in each endothelial cell subpopulation cluster

CHAPTER 4: Mesoporous Silica Nanoparticles Bio-distribute and Release Payload but Does Not Enhance Skeletal Muscle Progenitor Cell Homing to Dystrophic Skeletal Muscles

Introduction

Duchenne muscular dystrophy (DMD) is an X-linked recessive, muscle wasting disease affecting 1 in every 5000 male live births. By their teens, most DMD patients are wheelchair-bound and die prematurely in their early twenties. DMD is caused by an out-of-frame mutation in the dystrophin gene that leads to absence of a functional dystrophin protein. Without dystrophin, muscle fibers go through continuous cycles of contraction-induced damage, causing continuous degeneration and regeneration of the muscle. Currently, no cure exists for DMD. Human induced pluripotent stem cells (hiPSCs), reprogrammed from patients somatic cells, can be used to model diseases and generate cells and tissues for regenerative medicine. Becker muscular dystrophy (BMD) is an allelic disease with a milder clinical phenotype than DMD. BMD mutations retain the dystrophin reading frame and produce an internally deleted but functional protein. Using the clustered regularly interspaced short palindromic repeats (CRISPR) and CRISPR-associated nuclease (Cas) 9 system, we have created a DMD-focused personalized therapy¹⁴¹. The CRISPR/Cas9 platform, designed to restore dystrophin gene reading frame created the largest deletion in DMD to date. After successful non homologues end joining (NHEJ), the generated protein product is highly stable, similar to that which has been observed in patients with very mild BMD.

Delivering skeletal muscle progenitor cells (SMPCs) with restored dystrophin and function differentiated from *ex vivo* corrected hiPSCs provides a therapeutically relevant and potentially lifelong cure for patients with DMD. Our lab has identified two cell surface markers, ERBB3 and NGFR, that enrich for myogenic populations from both fetal SMPCs and hiPSCs-SMPCs⁶⁴. IM injections of these cells has demonstrated the best dystrophin restoration to date in dystrophin deficient mice from directly differentiated hiPSCs. However, a considerable challenge for the use of hiPSC-SMPCs as a therapeutic strategy is the lack of efficient targeting of multiple muscles, as IM injection results in local engraftment, and lack of

understanding of the ability of human SMPCs to home to muscle. It has been previously demonstrated that the chemoattractant SDF-1 is overexpressed in dystrophic muscle, and can enhance the extravasation of mouse side population stem cells into skeletal muscle after intra-arterial transplantation¹¹⁸. This study provides a proof of principle that release of chemoattractants in muscle can result in stem cell homing and contribution to dystrophin restoration after cell systemic delivery. Because growth factors are only transiently expressed after delivery, nanoparticles can be used to deliver chemoattractants to the muscle for their sustained release to enhance hiPSC-SMPC homing after systemic delivery.

 Mesoporous silica nanoparticles (MSNP) are a multifunctional delivery system that has been shown *in vitro* and in intact animal levels to be capable of delivering multiple APIs (*e.g*. chemotherapeutic agents, small molecule inhibitors, nuclear acid and their combinations) to a broad range of diseases including cancer and infectious diseases ¹¹⁴. The multi-functionality of MSNPs provide the possibility of efficient payload encapsulation composed of various chemical structures with the additional power to image the delivery site of interest $171-174$. In this investigation, we explored the use of a mesoporous silica nanoparticle (MSNP) platform for systemic delivery of chemoattractant to enhance ERBB3 and NGFR enriched hiPSC-SMPC migration both *in vitro* and *in vivo* in immunocompromised DMD mouse model. We found that MSNP can biodistributed to dystrophic muscle more efficiently than healthy muscle. To optimize their biodistribution to skeletal muscle, we developed and characterized MSNP carriers that were systematically manipulated to vary in size, ranging from 50~300 nm. We coated the silica surface with a uniform and intact lipid bilayer (LB) coating, which sustains long circulatory half-life, improves colloidal stability, and has high biological compatibility^{171,172,175}. We show that MSNPs have the ability to package proteins and ability to maintain payloads longer in dystrophic muscle than without MSNPs. We further show that hiPSC-SMPCs can migrate *in vitro* to lipid-coated MSNP loaded with different chemoaatractans in an incucyte assay. However, the homing of enriched hiPSC-SMPCs after their IA systemic delivery was not enhanced after 24 hours of MSNP-HGF delivery, indicating that MSNPs did not enhance hiPSC-SMPC migration *in vivo*. Overall, this MSNP platform provides a potential new tool

for enhanced protein or small molecule delivery to dystrophic muscles, but further investigation needs to

be conducted for their use as a combination therapy for cell-based therapeutics.

Materials and Methods

Table 4-1 Materials

Animals

All animal work was conducted under protocols approved by the UCLA Animal Research Committee (ARC) in the Office of Animal Research Oversight (OARO). C57BL/10J (C57, #000665) C57BL/10ScSn-Dmd^{mdx}/J (Mdx, #001801). To generate immunocompromised strains, Mdx mice were crossed to NOD.CgPrkdc^{scid} Il2rg^{tm1Wjl}/SzJ (NSG, 005557) mice. Mice containing the severe combined immune deficiency (scid) and a complete null allele of the IL2 receptor common gamma chain (IL2rgnull) were then back crossed to Mdx for at least 5 generations to create congenic strains. All the animals were housed in the Biomedical Sciences Research Building's Humanized Mouse Core at UCLA, an immunocompromised core facility. All mice experiments were conducted between 2 and 4 months of age, and all experiments were performed on age and sex matched controls.

Compare the biodistribution of MSNPs between DMD and wildtype mouse models

To compare the biodistribution of MSNPs between the dystrophic and wildtype mice, NIR labeled LB coated MSNPs with an optimized size $(\sim 70 \text{ nm})$ were used. In this experiment, C57BL/6 and mdx mice $(n=3, \sim3$ months) received an identical dose of NIR-labeled particles (50 mg/kg MSNPs) by intravenous (IV) injection. After 24 h, animals were sacrificed and followed by *ex vivo* imaging of the excised different muscles and major organs. MSNPs signal intensity was quantified by IVIS Lumina Living Image software. Muscles were immediately cryo-embedded in OCT reagent to prepare sections for confocal microscopy study of MSNPs intramuscular distribution as described above.

Size dependent biodistribution of nanoparticles in mdx-NSG mice

To study the size effect of MSNPs on biodistribution in DMD mouse model, monodisperse spherical MSNPs with different primary size range from \sim 50 to \sim 300 nm but with the same lipids surface coating were synthesized. In order to detect the particles via *in situ* fluorescence imaging, the MSNP core was labeled by a near-infrared (NIR) dye. First, the different sized MSNPs were synthesized by a sol-gel chemistry using a seed-growth procedure. MSNPs (pore size \sim 3 nm) \sim 50 nm in diameter was synthesized with minor modifications as described in our previous reports^{171,172}. Briefly, 5 mL of CTAC (25 wt% in water) was added to 15 mL of DI H₂O, followed by stirring at 500 rpm for 10 min at 85 °C. This was followed by the addition of 0.8 mL of 10% (w/v) TEA-ol for 10 min at the same temperature. Then, 1 mL of the silica precursor, TEOS, was added. The solution was stirred at 500 rpm at 85 °C for 1 h, leading to the formation particles with a primary size of ∼50 nm. The as-synthesized 50 nm particles were further

used as seed to grow into large size MSNPs. Synthesis of larger MSNPs was performed in the same manner as making the 50 nm particles but add 1 mL of above 50 nm seed particles to the mixture of CTAC and TEA-ol solution before adding the TEOS. The final particle size of the MSNPs was controlled by adjusting the amount of TEOS in the growth step, which led to other three MSNPs of different particle sizes $(\sim 100,$ 200, and 300 nm). The particles were extensively washed by in acidic ethanol (HCl/ethanol, 4:100 v/v) through a repeated centrifugation and resuspension process (3 rounds) to remove the surfactant CTAC as before. Second, the purified MSNPs were labeled by the NIR dye as described previously^{171,176}, which were first surface functionalized with NH2 groups using APTES and then were conjugated with the NHS ester of NIR fluorescent dye, DyLight 680 NHS ester (0.1 wt% to MSNPs). Last, the NIR labeled MSNPs in different sizes were coated with a lipid bilayer $(LB)^{171,177}$. Briefly, a mixture of lipids (32 mg DSPC, 10.8) mg, cholesterol (Chol) and 5.4 mg DSPE-PEG₂₀₀₀, yielding a DSPC/Chol/DSPE-PEG₂₀₀₀ molar ratio of 3:2:0.15) was dissolved in 100 µL pure ethanol at ~65 $^{\circ}$ C. One mL of a preheated (~65 $^{\circ}$ C) solution, containing a 20 mg/mL NIR labeled MSNP suspension into was added into the lipid solution and mixed by pipetting. The mixture was treated by probe sonication (power = 52 W) using a 10s/5s on/off cycle for 10 min. The particle suspension was purified by centrifugation and washing with PBS for 3 times. The particle morphology is characterized using a transmission electron microscope (JEOL 1200-EX) and the coated lipid bilayer on MSNPs was visualized by cryoEM (TF20 FEI Tecnai-G2). The fluorescence spectra of labeled particles were measured by a Microplate Reader (M5e, Molecular Device, USA). Particle hydrodynamic size and zeta potential were measured by a ZETAPALS instrument (Brookhaven Instruments Corporation).

For the animal study, IVIS (Xenogen) imaging was used to evaluate the size effect on biodistribution of NIR-labeled NPs in mdx-NSG mice (n=3). Animals (2-4 months) received same dose of different size NIRlabeled particles (50 mg/kg MSNPs) by intravenous (IV) injection (100 μL). After 24 h, animals were sacrificed and all tissues immediately dissected. This was followed by *ex vivo* imaging of the excised

different muscles and major organs. MSNPs signal intensity was quantified by IVIS Lumina Living Image software.

Immediately following IVIS imaging, gastrocnemius, quadriceps, triceps, and tibialis anterior muscles were embedded in tissue plus optimal cutting temperature (O.C.T.) compound and flash frozen in isopentane chilled by liquid nitrogen (LN2) and then stored in isopentane filled scintillation vials at -80C. Liver and spleen were fixed in 4% PFA and stored in 70% EtOH for toxicity analysis.

Ultrastructural analysis of the intramuscular delivery of MSNPs through TEM viewing

The lipid coated MSNPs with an ~10 nm gold core was synthesized by a three-steps procedure as shown in our previous report¹⁷⁶, i.e., first make gold nanoparticles, then grow the mesoporous silica shell on the gold core to achieve the final size \sim 70 nm, finally coat the MSNP with LB coating. Mdx mice (\sim 3 months) received an IV injection of 50 mg/kg of the Au-core marked MSNPs. After 24 h, animals were sacrificed and muscle biopsies were collected, washed in PBS, and immediately fixed with 2.5% glutaraldehyde. Further sample preparation and sectioning were performed by the Electron Microscopy Services Center at UCLA. After fixation in 1% OsO4, the samples were dehydrated in propylene oxide and embedded in resin. Tissue slices of 60-80 nm thick were placed on copper grids, and viewed under a JEOL 1200-EX electron microscope.

Systemic delivery of NIR-Cytochrome-C loaded MSNP in mdx-NSG

MSNPs with different pore sizes larger than 3 nm were synthesized by applying a heterogeneous oil−water biphase stratification reaction system according to the literature with modification^{114,178}. Generally, 0.18 g of TEA-ol was dissolved in 1 ml of H₂O, and then added to a mixture of 35 ml H₂O and 24 mL CTAC (25 w% solution) in a 100 ml flask at 60 °C under stirring at 350 rpm using a magnetic stir bar of 2.5 cm in length. After 0.5 h, 20 mL of TEOS cyclohexane solution were gently added to the top of aqueous solution for reaction overnight. Twenty percent v/v, 10 v/v% and 5 v/v % of TEOS was used to make MSNPs with

pore size \sim 7 nm, \sim 13 nm and \sim 19 nm, respectively. The big pore size MSNPs were purified by washing with acidic ethanol similar as the MSNPs with 3 nm pore size shown above.

Tanswell Incucyte Assay

Transwell migration assay was used to study the motility of hiPSC-SMPCs from top chamber (the insert wells) to the bottom chamber (the reservoir plate). hiPSC-SMPCs were dissociated from 6 well plate, counted and cultured in the top chamber of Incucyte® Clearview 96-well Plate for Chemotaxis at 1000 cells/ insert well. The following concentration of free chemoattractant or MSNP-chemoattractant were added to the bottom wells in n=3: 100, 250 and 500 ng/ml of NRG1; 400, 1000, and 1500 ng/ml of HGF; 500, 1000 and 1500 ng/ml FGF2; 100, 500, 2500 and 5000 ng/ml of MSNP-NRG1; 500,1500, 10000, and 15000 ng/ml of MSNP-HGF, and 500, 1500, 10000 and 15000 of MSNP-FGF2. The concentration of loaded MSNP-chemoattractant doses depended on a 10% release dose to media. 20%, 10%, 1% FBS as well as free media were used as controls for cell migration. The migration of cells was followed using an incucyte live-cell analysis system over 48-hour time period.

Immunofluorescence staining

Mouse muscles were frozen in isopentane cooled in liquid nitrogen. Frozen muscles were serially sectioned at 10 µm thick cryosections. A Hydrophobic barrier was drawn around sections, then washed with 0.1% Tween in PBS (PBST). Immunofluorescence staining included TrueBlack® Lipofuscin Autofluorescence Quencher (Biotium) and blocking buffer (0.2% gelatin, 3% BSA, 10% goat serum, 0.1% tween-20 in PBS) to improve signal to noise ratio in identifying MSNPs by epi-fluorescent (Zeiss Observer-1) and confocal (Zeiss LSM-780 and Leica SP8) microscopy. When needed, CD31 and Laminin were used for staining and were incubated in humidified chamber overnight at 4 ˚C.

Intra-arterial Cell Delivery

The surgery was performed by making an incision at the inguinal region on the right hindlimb parallel to the femoral vascular bundle, and the femoral vascular bundle is exposed. The femoral artery is then isolated, two 6-0 sutures are passed under it, and one suture is used to obstruct blood flow, upstream of the injection site. In a proximal location to the body, a small cut is made in the femoral artery using a 32 G needle. A 32 G catheter is then inserted (cannulation site) into the femoral artery. Using a pump 500K dissociated ERBB3 and NGFR enriched hiPSC-SMPCs were delivered at a flow rate of 50 ul/min in a volume of 150 ul of HBSS. After the cell injection, saline was flushed through the catheter to deliver any remaining cells in the catheter. The catheter then is retracted slowly, and while obstructing blood flow upstream of the injection site, a cautery is used to seal the femoral artery at the cannulation site. After sealing the femoral artery and removing the suture obstructing the blood flow, blood should be seen flushing again through the femoral artery. The opened incision area is filled with saline and the incision is sutured using a 5-0 absorbable suture. Mice are monitored after the surgery and kept in cages over a heating pad for recovery. Mice are provided with Carprofen 5 mg/kg of body weight. After 48 hours mice were sacrificed and their lungs and muscles were collected by freezing them in isopentane cooled in liquid nitrogen.

Western blot analysis

MSNP-HGF was intramuscularly injected in the quadricep muscles of mdx-NSG mice at different concentrations MSNP-HGF high at 450 ng, and MSNP-HGF low at 16 ng. Muscles were collected 24 hours after injection and flash frozen, then they were homogenized on ice in Mito-buffer (0.25 M sucrose, 20 mM Tris-HCl (pH 7.4), 0.2mM EDTA, protease/phosphatase inhibitor cocktail). The Lysates were centrifuged for 10 minutes at 13000 g to fractionate the lysates to a pellet with myofibrillar fraction which includes myofibrils, nuclei, mitochondria and MSNPs, and supernatant with cytosolic and membrane fractions. The Supernatant fraction was further centrifuged at 13000 g for 45 minutes to fractionate to a cytosol fraction (supernatant and pellet fraction (membrane fraction). The different fractions were used for western blot analysis.

Statistical analysis

Comparative analysis of differences between groups was performed using the 2-tailed Student's *t*-test (Excel software, Microsoft) for two-group comparison. A One-way ANOVA followed by a Tukey's test (Origin software, OriginLab) was performed for multiple group comparisons. Data were expressed as mean \pm SD or SEM, as stated in the figure legends. A statistically significant difference was considered at p < 0.05.

Results

Systemic administration MSNP-based nanocarriers leads to abundant distribution in dystrophic skeletal muscles, but not the healthy muscles

As nanoparticles historically do not biodistribute to skeletal muscle ^{179,180}, we set out to determine whether biodistribution to skeletal muscles would be enhanced in the dystrophic environment. We selected MSNP size of 70 nm for comparative analysis on age-matched healthy C57BL/6 vs mdx mice (**Figure 4-1A**). NIRlabeled MSNPs were IV administered (10mg/ml) via tail vein, followed by sacrifice at 24 hours, immediate muscle harvest, and imaging using the IVIS system. We found preferential and significant MSNP retention in all limb skeletal muscles of dystrophic mice, and this profile was completely changed in wildtype muscles in which little NIR signal was detected (**Figure 4-1B, top panel**). Quantitative analysis of signal intensity found MSNP distribution is muscle type-dependent, i.e. gastrocnemius and quadriceps exhibited 6-10-fold greater MSNP abundance than wildtype mice, while signal was 2-fold greater in tibialis anterior muscles. The NIR signal in the heart was weak suggesting MSNP retention in cardiac and skeletal muscles occur through separate mechanisms. In addition to muscles, we also harvested the major organs from the same mice including reticuloendothelial systems (RES), such as liver and spleen (**Figure 4-1B, bottom panel**). While IV injection of 70 nm MSNPs led to significant RES organ uptake in normal mice, we found a significant reduction in RES uptake in mdx mice. Most notably, MSNP signal was reduced in the spleen and liver by 3-fold and 1.5-fold in mdx mice, respectively. This is the first demonstration of a nanocarrier

to selectively target skeletal muscles as compared to off-targeted RES organs, presumably due to the competitive MSNP retention within dystrophic mdx muscles.

Size-controlled lipid-coated mesoporous silica nanoparticle for chemoattractant encapsulation

To optimize MSNP delivery to dystrophic skeletal muscle, we investigated whether MSNP homing was size-dependent. Four size-controlled MSNP diameter candidates were selected for synthesis at 50 nm, 100 nm, 200 nm, and 300 nm and fully characterized. Size control was achieved through a simple seed-growth process by first making 50 nm bare MSNPs using a sol-gel chemistry^{171,172}, and then using them as cores to further grow the larger particles^{181,182}. The primary size of purified bare MSNPs were characterized using transmission electron microscopy (TEM), and four uniform MSNP sizes with incremental primary diameters of 47.5 \pm 6.6 nm \sim 301.6 \pm 11.2 nm were obtained (**Figure 4-2A**). To track the biodistribution of MSNPs at the tissue and cellular levels in dystrophic muscles, purified MSNPs were surface functionalized which enabled conjugation of near-infrared (NIR) dye. Characterization of LB coated MSNPs demonstrated uniform coatings, colloidal stability, and negative zeta potential which can minimize non-specific adsorption of serum proteins by NPs in blood and prolong the NP's circulation time 177,183,184 (**Figure 4- 2A**).

To evaluate MSNP biodistribution, mdx-NSG mice received a single IV injection of 10 mg/mL NIR dyelabeled MSNPs with different size ranges at 50 mg silica dose *per* kg through the tail vein. All mice survived IV injections and were sacrificed 24 hours post injection. Skeletal and cardiac muscles were dissected and immediately imaged *ex vivo* using the IVIS imaging system (**Figure 4-2B, top panel**). Contrary to previous reports on the impenetrable anatomy of skeletal muscle to nanoparticles, we measured several significant differences using our MSNP library. Both 50 nm and 100 nm MSNPs showed strong NIR fluorescence intensity in upper and lower limb skeletal muscles including gastrocnemius, quadriceps, and triceps. 50 nm NPs were also significantly increased in diaphragm and heart muscles relative to other sizes, *p<0.05*. Conversely, mice receiving 200 and 300 nm sized NPs showed less abundance in skeletal limb muscles and

limited signal in diaphragm and heart muscles. In addition to muscles, we also harvested the major organs from the same mice including reticuloendothelial systems (RES) organs (liver and spleen), kidneys, and lungs (**Figure 4-2C, bottom panel**). We observed a contrasting trend in that 200-300 nm MSNPs were sequestered in RES organs. This was especially true of the spleen which showed a significant sizedependent accumulation, which was 20-fold and 50-fold greater than 100 nm and 50 nm MSNPs (data not shown). We concluded that 50 - 100 nm is an optimal diameter for systemic administration of LB coated MSNPs. We therefore found that our initial analysis with an intermediate MSNP size of \sim 70 nm to be the optimal size for growth factor delivery. We further evaluated the localization of MSNP by performing ultrastructural analysis to confirm MSNP muscle access using transmission electron microscopy (TEM). In order to provide the best resolution via TEM, we synthesized MSNPs containing $a \sim 10$ nm gold core (**Figure 4-2C**), which could be readily visualized due to the unique core/shell NP structure and the high electron density of Au element¹⁷⁶. Gastrocnemius muscle containing gold core laded MSNP was harvested after 24 hours IV injection and used for TEM visualization. We were able to show gold-labeled MSNP in the gastrocnemius muscle tissue both in a blood vessel lumen and in the interstitial space.

MSNP payload extravasates from skeletal muscle vasculature and is retained for up to 48 hours

To determine whether MSNPs can deliver payload, proteins or growth factors, to the muscle, and optimal time of the payload release, we first delivered MSNP packaged NIR-labeled Cytochrome-C via intravenously injection through the tail vein, and visualized biodistibution by IVIS 1, 4, 24 and 48 hours (**Figure 4-3A**). We found that Cytochrome-C was able to biodistribute to skeletal muscle at all time points. Injection of free NIR-labeled Cytochrome-C not packaged in MSNPs was not visible in skeletal muscle by IVIS imaging. To confirm Cytochrome-C biodistribution, we sectioned and stained skeletal muscle, and identified a high abundance of Cytochrome-C in quadriceps at all time points. Cytochrome-C was primarily localized within blood vessels (CD31+) at 1 and 4 hours, and by 24 hours had exited from circulation into the interstitial space of skeletal muscles (**Figure 4-3B**). We therefore determined that the best time point of hiPSC-SMPC delivery to skeletal muscles would be 24 hours after MSNP-chemoattractant delivery.

In-vitro transwell assay identifies HGF as the best chemoattractant for skeletal muscle progenitor cells migration.

To explore hiPSC-SMPC migration to chemoattractants *in vitro* we utilized the IncuCyte™ chemotaxis imaging system. In brief we plated ERBB3 and NGFR enriched hiPSC-SMPCs into the top chamber of the IncuCyte™ ClearView 96- Well Cell Migration Plate at a density of 1000 cells/well and chemoattractant loaded MSNPs were seeded in the bottom chamber (**Figure 4-4A**). Automated image processing was utilized to image cells migrating to the bottom chamber through the pores, and the number of migrated cells were plotted in real time (**Figure 4-4B**). Fold change of cell migration to the bottom chamber from control MSNPs is shown in **Figure 4-4C.** The best migration of hiPSC-SMPCs was to MSNP-HGF (500 ng/ml) and MSNP-FGF2 (500 ng/ml). We further found that higher concentrations of MSNPs loaded with chemoattractant are not effective at enhancing the migration of hiPSC-SMPCs. Hereafter, we decided to proceed with MSNP-HGF delivery *in vivo* given its important role in cell migration in different contexts including during development¹⁸⁵⁻¹⁸⁹.

MSNP-HGF is retained in the muscle interstitial space but does not enhance hiPSC-SMPC homing to muscle

Initial characterization of protein release from MSNPs was performed *in vivo* using intramuscular (IM) injection MSNPs containing HGF. We measured protein release and retention by western blot MSNP-HGF or free HGF and found that only MSNPs containing HGF was present in skeletal muscle after 24 hours of mdx-NSG mice (**Figure 4-5A**). We sub-fractionated HGF measurements by cytosol, membrane and myofibrillar fractions, and detected HGF in both the membrane and myofibrillar fractions at 24 hours time point, but not free injected HGF. The detected HGF was at a high MSNP-HGF dose of 450 ng. This indicates that HGF was not uptaken by the muscle fiber and retained for 24but rather present in the muscle interstitial space.

NIR labeled MSNP-HGF was then delivered systemically at expected high protein dose release to mdx-NSG mouse (~ 400 µg), and ERBB3 and NGFR hiPSC-SMPCs were intra-arterially systemically delivered at 24 hours time point after MSNP-HGF injection. About 500K cells were injected into the femoral artery of the mouse. Muscles were then collected 48 hours after the systemic delivery of the cells and gastrocnemius muscle was analyzed for cell localization. hiPSC-SMPC were detected in the blood vessels, not homing to the muscles, although MSNPs can be detected in the interstitial space. Because intramuscular hiPSC-SMPCs result in local engraftment of the cells, we wondered if MSNP-HGF would further enhance the migration of the injected cells throughout the length of the muscle. Therefore, we injected tibialis anterior muscles of mdx-NSG with MSNP-HGF and enriched hiPSC-SMPCs. We found that human cells were still found at their local injection site without migrating throughout the length of the muscle (not shown). Overall, these findings indicate that MSNP is a great tool for drug, protein or growth factor delivery, but it does not enhance the homing of hiPSC-SMPC to the muscle after their systemic delivery.

Discussion

In this communication, we developed a versatile nanoparticle platform that biodistributes to dystrophic skeletal muscle and can be engineered for therapeutic delivery to the muscle interstitial space. One key discovery was the contrasting MSNP retention in dystrophic muscles versus normal muscle, accompanied by up to 1-2 log fold reduced particle content in liver and spleen. Combined use of IVIS imaging and NIRconjugated MSNPs enabled high photon penetration *in vivo* and this suggests MSNPs could serve as a noninvasive tool for whole-body tracking of labelled drugs to skeletal muscle, in a similar manner to nanoparticle-mediated identification of tumors in cancer diagnostics¹⁹⁰. We demonstrated the best MSNPs size for skeletal muscle detection to be between 50-100 nm. In this work we showed for the first time, the use of porous MSNPs for protein delivery, including the demonstration of payload release at dystrophic muscle sites of Cytochrome C and HGF. MSNPs were shown to releasee their payload 24 hours after their delivery both systemically (Cytochrome C delivery) and intramuscularly (MSNP-HGF delivery). We have, moreover, demonstrated that MSNP-chemoattractant enhances the migration of hiSMPC-SMPCs *in vitro* similar to free chemoattractant. We found MSNP-HGF to be the best chemoattractant for *in vivo* delivery at about 500 ng dose. The *in vivo* delivery of free HGF to the quadriceps of mdx-NSG mouse was not retained after 24 hours, while HGF delivered using MSNP was detected. Overall, this provides evidence that MSNP is a promising tool for protein delivery and holds potential for delivering proteins to modulate disease progression in DMD. However, as a combination therapy with cell-based therapy it proved challenging. The systemic delivery of hiPSC-SMPCs was not shown to be enhanced after MSNP-HGF delivery and mainly cells were found in the blood vessels rather than homing to the muscle. Multiple reasons could contribute to this finding including that the release of HGF after its systemic delivery was not abundant enough to enhance the homing of hiPSC-SMPCs, or that hiPSC-SMPCs were too large to leave blood vessels to the interstitial space, or the cells are not endowed with the machinery to home to muscle. Therefore, we propose that MSNPs could particularly be used as a combination therapy for drug delivery where proteins or small molecules can be delivered or for gene therapy to enhance their delivery efficiency.

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Figures

Figure 4-1: Systemic administration MSNP-based nanocarriers leads to abundant distribution in dystrophic skeletal muscles, but not the normal muscles

A) Schematic representation of the Lipid-coated mesoporous silica nanoparticles.

B) 24 h after animals received IV injection of NIR-labeled lipids coated MSNPs (50 mg/kg). NIR fluorescence intensity at region-of-interest (ROI) was used to quantify the nanoparticle content in different muscles and organs. Data represent mean ± SEM (n=3). **P* < 0.05, 2-tailed Student's t test.

Figure 4-2: Size-controlled lipid-coated mesoporous silica nanoparticle for chemoattractant encapsulation

A) TEM visualization of bare MSNP with different sizes (upper panel). cryoEM images (lower panel) of size-controlled chemoattractant laden mesoporous nanoparticle coated with lipid bilayer (yellow arrow). Bar is 100 nm.

B) IV injection of 50 mg/kg NIR-dye labeled, size-controlled lipid-coated mesoporous silica nanoparticles in mdx NSG mice. NIR imaging of skeletal muscles, heart, lung, spleen, liver and kidney from mice 24 hrs after one IV injection. Size-dependent particle uptake was observed in mdx muscles, and correspondingly reduced in RES. Image J and ICP-OES was used to quantify the NIR intensity and silica abundance, respectively (n=3/group) (Q: Quadriceps; G, Gastrocnemius; T, Triceps; D, Diaphragm, HA: Heart).

C) Gastrocnemius muscle tissue TEM analysis after 50 nm lipid-coated with gold core delivery. Gold core serves as a "marker" due to its high electron density, stability and bioinert property. Based on the unique core/shell particle morphology (pink arrow), we confirmed the presence of particle in muscle blood vessel as well as muscle interstitial space. R: Red blood cell; L: muscle blood vessel lumen.

Figure 4-3: MSNP payload extravagates from skeletal muscle vasculature and is retained for up to 48 hours

A) NIR imaging of gastrocnemius (G) muscles at different time points after 2 mg lipid-coated MSNP cytochrome C delivery to mice.

B) Staining gastrocnemius muscle cross-sections with blood vessel marker (CD31, green), extracellular matrix (Laminin, red), and fluorescently labeled MSNP-Cytochrome C (CytC, white) at different time points after 2 mg MSNP, 100 ug cytrochrmoe C delivery to mice. Cytochrome C can be detected up to 24 hours in the interstitial muscle space.

Figure 4-4: In-vitro transwell assay identifies HGF as the best chemoattractant for skeletal muscle progenitor cells migration

A) Transwell migration assay was used to study the motility of hiPSC-SMPCs from top chamber (the insert wells) to the bottom chamber (the reservoir plate). The migration of cells was followed using an incucyte live-cell analysis system over 48-hour time period. Different lipid-coated MSNPs loaded with cheomattractants were added to the reservoir plate wells.

B) Real time plot of the hiPSC-SMPC count at the bottom chamber at a 72-hour time point. Automated image processing masks the cells that have migrated to the bottom chamber and are plotted in real time.

C) Transwell migration assay used to study the migration of hiPSC-SMPCs towards lipid-coated MSNPs loaded with different chemoattractants. The migration was followed over a period of 72 hours using incucyte live-cell analysis system. Heat map shows the fold change from control nanoparticles (free) with respective concentrations.

Figure 4-5: MSNP-HGF is retained in the muscle interstitium but does not enhance hiPSC-SMPC homing to muscle

A) Western blot analysis of fractionated quadriceps lysates at 24 hours after MSNP-HGF intramuscular injection; 1 – MSNP only, 2 – MSNP+Low HGF, 3 – MSNP+High HGF, 4 – free HGF, BM – BenchMark Protein Ladder.

B) hiPSC-SMPCs (LaminA/C, red) are detected inside blood vessels (CD31, green) delivered 24 hours after MSNP-HGF delivery.

CHAPTER 5: Conclusions

Stem cell based-therapeutic delivery to injured muscle offers great promise and potentially a life-long cure for degenerative diseases such as DMD, especially with work showing that a single SC is capable of self-renewal and repopulation of irradiated muscle after injury¹⁴. However, finding a cell able to selfrenew derived from hPSCs is yet to be accomplished. Although progress has been made on directed differentiations of hPSCs to myogenic cultures, recent work has shown that hPSC derived myogenic cells give rise to SMPCs with a similar transcriptional profile of an embryonic to fetal SMPCs at developmental trajectory and is not equivalent to and adult $SC^{74,78}$. Therefore, there are many challenges prior to moving cell-based therapies forward for muscle diseases including cellular immaturity⁷⁴, lack of ability to support self-renewal¹⁴, lack of ability to reach multiple muscles and lack of ability to remain in the quiescence state needed for long-term repair in humans. However, this work and work from many others have shown that even when the gold-standard engraftable cell is generated and can be expanded to numbers needed to restore damaged muscle, the muscle microenvironment in degenerative diseases will still need to be taken into account^{61,151,191,192}.

We set out to understand two of the challenges mentioned above in greater detail in this work: the potential to reach multiple muscles after systemic delivery and the role that the diseased microenvironment might play in this context. Here we have demonstrated that SMPCs do not home efficiently to skeletal muscle upon their systemic delivery and were particularly inefficient in disease settings. We found that of the quantified systemically delivered cells, more SMPCs were detected inside in blood vessels in dystrophic and severely dystrophic gastrocnemius muscle cross-sections compared to healthy muscle. We speculate that the diseased states resulted in SMPCs adhering at higher frequency to blood vessel endothelial cells, particularly capillaries, in dystrophic and severely dystrophic muscles compared to healthy muscles. We further observed prominent clotting occurring in the severely dystrophic muscle upon systemic cell delivery that was not detectable in healthy or dystrophic muscles.

To further assess the disease states effect on SMPCs, future work would interrogate potential SMPC adhesion or interaction with the mouse ECs *in silico.*

At the single-cell level, we described differences in cellular composition between healthy, dystrophic and severely dystrophic gastrocnemius skeletal muscles. We showed that as the disease severity of DMD increases the prevalence of stromal cells and macrophages increases. These results are not surprising given the exacerbated TGF- \Box activity in severely dystrophic environments^{46–48,52}, which prompted us to interrogate the intercellular communication between stromal cells and macrophages, and endothelial cells utilizing a computational method. ECs play a pivotal role in maintaining healthy muscle and we showed they become progressively more impaired as disease severity increases. ECs in DMD patients have been shown to be defective with EC swelling, increase in basement membrane of capillary ECs, and induction of platelet aggregation^{93–95,193}. Therefore, it was imperative to investigate the differences between healthy, dystrophic and severely dystrophic ECs that may have caused systemic cell delivery differences. We have found that in a severely dystrophic environment, ECs upregulate the expression of several ECM genes including collagen I, IV and fibronectin. We further found an increased colocalization of the EC marker CD31 and the procoagulant protein PAI1, further confirming EC impairment. We found thickened collagen IV around capillaries and increased PAI1 expression on human DMD muscle cross-sections (n=1, data not shown). This is important because even if cells can be engineered to extravasate, the disease state will still need to be considered for therapeutic applications.

Collectively, our results indicate clear EC impairment in severely dystrophic muscles. Consequently, for future systemic cell-based therapeutics, EC impairment needs to be considered in the context of DMD disease severity. Perhaps overexpressing components needed to enable cells to escape ECs into the surrounding muscle as is done routinely in leukocytes will be a valuable avenue for future exploration, however, the disease severity and diseased muscle microenvironment needs to be taken into consideration to prevent cell fate change or cell death after entry into the dystrophic muscle microenvironments. Perhaps clinical trials delivering different muscle progenitor cells, such as mesoangioblasts and muscle

derived CD133+, ultimately failed because careful consideration of the muscle microenvironment and EC impairment in DMD patients were not considered 108,109. Furthermore, future intramuscular cell engraftment studies need to be guided by the finding that stromal cells and macrophages heterogeneity increases as the severity of the DMD disease increase, which indicate that other players in the muscle will likely affect the engrafted cells. Potentially, a combination approach for cell-based therapeutics is to be considered for future investigations. For example, cells can be transplanted with pharmacological drugs proven to either reduce fibrosis, or inflammation, or TGF- \Box signaling^{194–196}. In summary, this body of work provides insights on cell population differences, transcriptional changes in dystrophic disease states, and increases the understanding of cross talk between endothelial cells and other muscle-resident cell populations which can be utilized for future interventions and manipulations of the muscle microenvironment for cell-based therapeutic applications for DMD.
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