Some recently discovered short-period Earth- to Neptune-sized exoplanets (super-Earths) have low observed mean densities that can only be explained by voluminous gaseous atmospheres. Here, we study the conditions allowing the accretion and retention of such atmospheres. We self-consistently couple the nebular gas accretion onto rocky cores and the subsequent evolution of gas envelopes following the dispersal of the protoplanetary disk. Specifically, we address mass-loss due to both photo-evaporation and cooling of the planet. We find that planets shed their outer layers (dozens of percent in mass) following the disk’s dispersal (even without photo-evaporation), and their atmospheres shrink in a few Myr to a thickness comparable to the radius of the underlying rocky core. At this stage, atmospheres containing less particles than the core (equivalently, lighter than a few percent of the planet’s mass) can be blown away by heat coming from the cooling core, while heavier atmospheres cool and contract on a timescale of Gyr at most. By relating the mass-loss timescale to the accretion time, we analytically identify a Goldilocks region in the mass-temperature plane in which low-density super-Earths can be found: planets have to be massive and cold enough to accrete and retain their atmospheres, but not too massive or cold, such that they do not enter runaway accretion and become gas giants (Jupiters). We compare our results to the observed super-Earth population and find that low-density planets are indeed concentrated in the theoretically allowed region. Our analytical and intuitive model can be used to investigate possible super-Earth formation scenarios. 

Key words: planets and satellites: formation -- planets and satellites: physical evolution

1. INTRODUCTION

In recent years, the Kepler mission has discovered many Earth- to Neptune-sized exoplanets (see, e.g., Weiss & Marcy 2014). Some of these “super-Earths,” or “mini Neptunes,” have low densities that rule out a purely rocky composition. The low density can be explained by either a gaseous hydrogen/helium envelope atop a rocky core or by a water-rich composition. However, at least some super-Earths have densities low enough that a gaseous atmosphere is essential to explain their inferred masses and radii (Lopez et al. 2012; Lissauer et al. 2013).

The existence of significant gaseous envelopes surrounding rocky cores fits in naturally in the context of core-nucleated accretion theory. According to this theory, gas giants such as Jupiter formed by gas accretion onto solid cores from the gas-rich nebula that surrounded the young Sun (Perri & Cameron 1974; Harris 1978; Mizuno et al. 1978; Mizuno 1980; Stevenson 1982). The rate by which a rocky core accumulates gas is determined by the atmosphere’s cooling rate (Kelvin–Helmholtz contraction) until the acquired atmosphere is comparable in mass to the core, at which stage a runaway accretion initiates and the planet explodes into a gas giant (Bodenheimer & Pollack 1986; Pollack et al. 1996; Lee et al. 2014; Piso & Youdin 2014; Lee & Chiang 2015; Piso et al. 2015). The amount of gas a rocky core embedded in the protoplanetary gas nebula acquires (and whether it will explode into a gas giant) is therefore determined by comparing the atmosphere’s cooling timescale to the gas disk lifetime (a few Myr; see, e.g., Mamajek 2009; Williams & Cieza 2011; Alexander et al. 2014). In some cases, however, the assembly of the rocky core cannot be decoupled from the accretion of gas, and the effects of planetesimal impacts (Pollack et al. 1996; Rafikov 2006, 2011), or even giant collisions of protoplanets (Inamdar & Schlichting 2015), have to be taken into account, depending on the orbital separation from the parent star.

In this work, we focus on super-Earths in close orbits of ~0.1 au, with the Kepler-11 system (Lissauer et al. 2011) as a well-studied example. At least some of these planets require hydrogen/helium envelopes that constitute ~1% to 10% of the planet’s mass to explain the observations (Lopez et al. 2012). While some works argue that such heavy atmospheres are difficult to accrete in situ during the gas disk’s lifetime (Inamdar & Schlichting 2015), other works (Lee et al. 2014) raise the opposite concern, that accretion is too efficient, making super-Earths vulnerable to runaway and becoming gas giants. Nonetheless, by examining the atmosphere mass growth with time in both Lee et al. (2014) and Inamdar & Schlichting (2015), we find that rocky cores of a few $M_{\oplus}$ acquire gas envelopes of a few percent during a disk lifetime of a few Myr, at least for some plausible nebula parameters, and disregarding the effects of giant impacts (perhaps due to inward migration of an assembled core during the disk lifetime or a solid-enhanced nebula). Therefore, low-density planets with such masses are a natural “missing link” between smaller rocky planets, which did not manage to accrete a substantial atmosphere, and more massive cores (a fiducial critical value of $\approx 10M_{\oplus}$ is often cited; see, e.g., Rafikov 2006, 2011; Lee et al. 2014), which gathered their own mass in gas and exploded into gas giants.

Although super-Earths with gas envelopes of a few percent are a plausible outcome of nebular gas accretion, their evolution continues after the disk dispersal. In particular, many studies have demonstrated that these gas envelopes are
susceptible to significant evaporation and mass loss due to high-energy stellar photons once the nebula has dispersed (Lopez et al. 2012; Owen & Jackson 2012; Owen & Wu 2013).

In this work we emphasize the role of the planet’s cooling luminosity as an additional energy source for driving mass loss (see also Ikoma & Hori 2012; Owen & Wu 2016), and relate the post-dispersal evolution to the preceding accretion in order to obtain constraints on the possible formation scenarios of these planets. By self-consistently coupling the nebular accretion to the subsequent mass-loss once the nebula has dispersed (see also Rogers et al. 2011), we find limiting conditions in which super-Earths can acquire and hold on to their atmospheres.

The outline of the paper is as follows. In Section 2 we discuss the accretion of gas from the nebula. In Section 3 we study the subsequent evolution once the gas nebula has dispersed. Section 4 is devoted to atmosphere evaporation by high-energy photons and to how it sculpts the super-Earth population. Section 5 discusses the accretion of gas from the nebula. In Section 6 we outline the subsequent evolution once the gas nebula has dispersed. For these atmospheres, our approximation is marginal.

The initial atmosphere a core of mass $M_c$ and radius $R_c$ accretes in a short (dynamical) timescale as given by an adiabatic profile, which did not have time to cool, and has the same entropy as the surrounding nebula. Hydrostatic equilibrium sets the following adiabatic temperature profile (see also Rafikov 2006; Piso & Youdin 2014; Inamdar & Schlichting 2015)

$$T(r) = 1 + \frac{R_b}{r} - \frac{R_b^2}{r_{\text{out}}} \approx \begin{cases} 1 & r = r_{\text{out}} \\ \left( R_b^2/r - r \right) & r < r_{\text{out}} \\ \end{cases}$$

(1)

where $T_{\text{eq}} \sim 10^3$ K is the temperature of the surrounding nebula, and $R_b = (1 - 1/\gamma) R_b \sim R_b$, with $R_b \approx GM_c/\mu k_B T_{\text{eq}}$ denoting the Bondi radius. $\gamma$ is the gravitation constant, $k_B$ is Boltzmann’s constant, $\mu$ the molecular mass, and $\gamma$ the adiabatic index, which we choose as $\gamma = 7/5$, suitable for diatomic gas. Lee et al. (2014) and Piso et al. (2015) incorporate more elaborate equations of state into their numerical calculations, in which $\gamma$ varies with temperature and pressure. Nonetheless, we approximate here $\gamma$ as a constant for simplicity and discuss the sensitivity of the results to this choice below. $r_{\text{out}} = \min(R_b, R_H)$ denotes the radius where the planet’s atmosphere blends in with the surrounding nebula, which is taken to be the minimum of the Bondi radius and the Hill radius $R_H \approx a (M_*/M_{\odot})^{1/3}$, with $a$ denoting the semimajor axis. For a few $M_*$ core at $\sim 0.1$ au, $R_H \approx R_H \sim 10^{10}$ cm, with less massive or more distant cores having $R_d < R_H$ (see, e.g., Rafikov 2006; Inamdar & Schlichting 2015). Note that the nebular scale height is $z_d = c_s/\gamma \gtrsim 10^{10}$ cm, with $c_s \approx (k_B T_{\text{eq}}/\mu)^{1/2}$ denoting the sound speed and $\Omega = (GM_*/a)^{1/2}$ the orbital period (see, e.g., Hayashi 1981).

Therefore, we may assume spherical accretion, although this assumption is marginal. The adiabatic density profile is

$$\rho(r) = \rho_d \left( 1 + \frac{R_b^2}{r} - \frac{R_b^2}{r_{\text{out}}} \right)^{1/(\gamma - 1)}$$

(2)

with $\rho_d = \sigma_d z_d \sim 10^{-6}$ g cm$^{-3}$ denoting the disk density, assuming a minimum mass solar nebula (MMSN) surface density $\sigma_d \approx 5 \cdot 10^3 (T_{\text{eq}}/10^3$ K)$^3$ g cm$^{-2}$ (Hayashi 1981), although the Kepler planets might have formed in a more massive or solid-enhanced nebula (Chiang & Laughlin 2013; Schlichting 2014).

By integrating Equation (2) we find that for $\gamma > 4/3$ the mass fraction of the atmosphere is given by

$$f \equiv M_{\text{atm}}/M_c \sim \rho_d r_{\text{out}}^3 \left( \frac{R_b^2}{r_{\text{out}}} \right)^{\gamma/(\gamma - 1)}$$

$$\sim 10^{-3} \left( \frac{M_c/M_\odot}{10} \right)^2 \left( \frac{T_{\text{eq}}}{10^3}$ K$ \right)^{\gamma/2} R_H < R_H$$

$$\sim 10^{-3} \left( \frac{M_c/M_\odot}{10} \right)^{\gamma/3} \left( \frac{T_{\text{eq}}}{10^3}$ K$ \right)^2 R_B > R_H$$

(3)

where we emphasize the transition between Bondi and Hill boundary conditions at a few $M_*$, and where the factor $(R_b^2/r_{\text{out}})^{\gamma/(\gamma - 1)}$ is a correction to similar expressions by Chiang & Laughlin (2013) and Inamdar & Schlichting (2015) for $r_{\text{out}} = R_H$, due to the density jump at $r \approx r_{\text{out}}$, evident in Equation (2). Equation (3) shows that adiabatic gas accretion is insufficient and cannot explain observed envelope mass fractions without invoking a massive nebula (by 1–2 orders of magnitude; see, e.g., Chiang 2013; Bodenheimer
& Lissauer 2014; Inamdar & Schlichting 2015). Equation (3) also indicates that the assembly of $N$ small envelopes (especially in the $r_{\text{out}} = R_\text{H}$ regime) into a large one during the giant-collisions phase is inefficient (as $N^{-2}$), even if we ignore mass loss due to collisions.

The gas fraction for $r_{\text{out}} = R_\text{H} \sim R_\text{G}$ (relevant for a few $M_\odot$ cores at $\sim 0.1$ au) can be written as (see Chiang & Laughlin 2013)

$$f \sim \frac{\rho_d g^3}{M_\odot} \sim \frac{G \sigma_d}{c_s^3 \Omega} \sim Q^{-1},$$

where $Q > 1$ is Toomre’s stability criterion for the gas disk. Chiang & Laughlin (2013) disregard the $(R_\text{H}/r_{\text{out}})^{3/(\gamma-1)}$ factor in Equation (3), leading to a constant $f$ as a function of $M_\odot$ in the $R_\text{H} > R_\text{H}$ regime, and to their claim that Equation (4) represents the maximal gas fraction, in contrast to Equation (3) which predicts a further increase in $f$ for larger core masses ($R_\text{H} > R_\text{G}$).

Equation (4) demonstrates that cores a few times the mass of Earth can accrete arbitrarily large (up to runaway) adiabatic atmospheres, if embedded in a massive enough nebula (as invoked by Chiang & Laughlin 2013; Schlichting 2014). Nonetheless, we assume a light (MMSN, or more precisely, its extrapolation beyond Mercury’s orbit) gas nebula, in which adiabatic atmospheres are small, as indicated by Equation (3), and further accretion by the cooling of the envelope has to be considered. In order to reconcile this gas-poor nebula with the Kepler observations (specifically, the high solid surface densities required to assemble large cores at close distances), it might be necessary to consider either a large solid/gas ratio or inward migration of rocky cores (Schlichting 2014).

### 2.2. Accretion by Cooling

As the gas envelope cools through radiation, an outer radiative layer develops, while the interior remains isentropic due to convection (see, e.g., Lee et al. 2014; Piso & Youdin 2014; Lee & Chiang 2015). The convective profile is similar to Equation (1)

$$\frac{T(r)}{T_{\text{eq}}} = 1 + \frac{R_\text{cb}}{r} - \frac{R_\text{H}}{R_{\text{cb}}},$$

with $T_{\text{cb}}$, $R_{\text{cb}}$ denoting the temperature and radius of the radiative-convective boundary (RCB), respectively, and with $R_\text{H}$ now denoting (we use the same notation, since $T_{\text{cb}} \sim T_{\text{eq}}$, up to an order of unity factor which we disregard, as we show below)

$$R_\text{H} \equiv \frac{\gamma - 1}{\gamma} \frac{G M c \mu}{k B T_{\text{eq}}}.$$

Similar to Equation (2), the density profile is given by

$$\frac{\rho(r)}{\rho_{\text{cb}}} = \left(1 + \frac{R_\text{H}}{r} - \frac{R_\text{H}}{R_{\text{cb}}}\right)^{1/(\gamma-1)},$$

with $\rho_{\text{cb}}$ marking the density at the RCB. Lee et al. (2014) find that the RCB is determined by $H_2$ dissociation at an almost fixed temperature of 2500 K. Here, we adopt a different approach and assume power-law opacities (similar to Rakić 2006; Piso & Youdin 2014), which are relevant for dust-free models (Lee & Chiang 2015), and lead to $T_{\text{cb}} \sim T_{\text{eq}}$, up to an order of unity coefficient, which we omit in our approximate analysis. For $r \ll R_{\text{cb}} \sim R_{\text{H}}$ (we make a further approximation and assume that the outer boundary condition is always dictated by $R_\text{H}$)

$$k_B T(r) \approx \frac{\gamma - 1}{\gamma} \frac{G M c \mu}{r},$$

or intuitively, the scale height is $h \sim r$ (leading to a power-law density profile), and specifically, the temperature at the atmosphere-core boundary $T(R_c)$ remains constant at $k_B T(R_c) \sim G M c \mu / R_c$, with $R_c \sim 10^9$ cm $\ll R_\text{H}$. At this temperature, the rocky core is molten, and is therefore convective. Since the core is convective (i.e., has a uniform entropy) and almost incompressible, we approximate it as isothermal. This simplification is in accordance with realistic adiabatic profiles, in which the temperature changes only by a factor of order unity, while the pressure varies by orders of magnitude (e.g., Katsura et al. 2010). Because $T(R_c)$ is constant, as explained above, core cooling plays no role in the energy budget as long as $R_c \ll R_{\text{cb}}$. The specific energy in the interior is therefore

$$e = -\frac{G M c}{r} + \frac{1}{\gamma - 1} \frac{k_B T}{r} = -\frac{\gamma - 1}{\gamma} \frac{G M c}{r},$$

implying that for $\gamma < 3/2$ the total energy is concentrated in the inside and is given by

$$E = -\frac{\gamma - 1}{\gamma} \frac{\gamma - 1}{3 - 2\gamma} 4 \pi R_c^2 G M c \rho(R_c).$$

Figure 1. Schematic temperature vs. density profiles (logarithmic scale) of a super-Earth atmosphere during the nebular accretion phase. The initial adiabatic atmosphere (solid black line) is isentropic, while at later stages (two successive profiles are plotted) the cooling (and accreting) envelope is characterized by a nearly isothermal radiative outer layer and a convective interior (dashed blue lines). Typical values of the density and temperature are provided.
According to Equation (10), as the envelope cools, its density increases, and therefore the radiative (and nearly isothermal) region thickens, as depicted schematically in Figure 1.

The total envelope mass, on the other hand, is concentrated in the outside of the convective region, \( r \approx R_{\text{rcb}} \), for \( \gamma > 4/3 \). By integrating Equation (7) we find

\[
M_{\text{atm}} = A(\gamma)4\pi R_{\text{rcb}}^3 \rho_{\text{rcb}} \left( \frac{R_{\text{rcb}}^3}{R_c^3} \right)^{1/(\gamma - 1)},
\]

where the numerical coefficient \( A(\gamma) = 7/5 \) is due to the temperature and density jump at \( r \approx R_{\text{rcb}} \) (where the scale height is \( R_{\text{rcb}}^2/R_c < R_{\text{rcb}} \)). The mass in the radiative (nearly isothermal) region is negligible due to the exponentially decreasing density (see also Piso & Youdin 2014). Lee & Chiang (2015) argue for \( \gamma < 4/3 \) due to \( \text{H}_2 \) dissociation (see also Piso et al. 2015) and based on numerical calculations in Lee et al. (2014). For such values of \( \gamma \), the mass is also concentrated in the inside (as the energy) and some of our results change. Nonetheless, we ignore hydrogen dissociation here for simplicity and present results for the diatomic \( \gamma = 7/5 \) (see Piso & Youdin 2014, for a similar model). Qualitative conclusions that are sensitive to our choice of \( \gamma > 4/3 \) are discussed below, and the alternative solution for \( \gamma < 4/3 \) is also provided. We relate \( \rho(R_c) \) to \( \rho_{\text{rcb}} \) adiabatically (see Figure 1) and combine Equations (10) and (11)

\[
E \sim - \frac{(\gamma - 1)^2}{A(\gamma) \gamma (3 - 2\gamma)} \frac{GM_M M_{\text{atm}}}{R_c} \left( \frac{R_{\text{rcb}}}{R_c} \right)^{(3\gamma - 4)/(\gamma - 1)}.
\]

Equation (12) demonstrates that cooling of the envelope corresponds either to mass increase (“to cool is to accrete,” as phrased by Lee & Chiang 2015) or to radius decrease. As we show below, up to logarithmic factors, cooling is indeed equivalent to gas accretion.

We relate the radius \( R_{\text{rcb}} \) to the RCB density \( \rho_{\text{rcb}} \) using hydrostatic equilibrium of the radiative region between \( R_{\text{rcb}} \) and \( R_B \) (see also Piso & Youdin 2014)

\[
\frac{R_{\text{rcb}}}{R_B} = \frac{1}{1 + \ln(\rho_{\text{rcb}}/\rho_d)}.
\]

Equation (13) implies that the atmosphere can increase in density by orders of magnitude, while the radius shrinks only by a logarithmic factor. Therefore, the simplest approximation for the gas accretion phase is to assume that the radius remains roughly constant \( R_{\text{rcb}} \approx R_B \). The atmosphere mass in this approximation, using Equation (11), is given by \( M_{\text{atm}} \approx \rho_{\text{rcb}} R_{\text{rcb}}^3 \), and by comparison with Equation (3) we find that the gas fraction \( f \) increases by a ratio of \( \rho_{\text{rcb}}/\rho_d \) relative to the adiabatic atmosphere. Since we are interested in atmospheres of a few percent in mass, and adiabatic atmospheres have \( f \sim 10^{-3} \), we deduce that \( \rho_{\text{rcb}}/\rho_d \sim 10^{-10} - 10^{-2} \) and \( R_{\text{rcb}} \) decreases (from an initial \( R_B \)) by a factor of a few. With this approximation, Equation (12) can be written as

\[
E \sim - \frac{GM_M M_{\text{atm}}}{R_c} \left( \frac{R_B^3}{R_c^3} \right)^{(3\gamma - 4)/(\gamma - 1)},
\]

emphasizing that cooling is equivalent to gas accretion. This result differs from Lee & Chiang (2015) by a factor of a few, given by \( (R_B^3/R_c)^{1/2} \), due to their effective choice of \( \gamma < 4/3 \).

The cooling rate (luminosity) of the envelope is given by combining the diffusion equation and hydrostatic equilibrium at the RCB:

\[
L = \frac{64\pi \sigma T_{\text{rcb}}^4 R_B^4}{3 \kappa \rho_{\text{rcb}}},
\]

with \( \sigma \) denoting the Stephan–Boltzmann constant and \( \kappa \) the opacity at the RCB. This result can be intuitively understood by \( L \sim \sigma T_{\text{rcb}}^4 R_{\text{rcb}}^4/\tau \), with \( \tau \sim \kappa \rho_{\text{rcb}}^{-1} \) denoting the optical depth at the RCB, and \( h = R_{\text{rcb}}/R_B \) the scale height there. We write an evolution equation \( \dot{E} = -\dot{E} \), and combine Equations (11), (12), and (15) to obtain the time it takes the envelope to reach a mass \( M_{\text{atm}} \)

\[
t = B(\gamma) \frac{\kappa M_{\text{atm}}}{\sigma R_c(G M_M)^3} \left( \frac{k_B}{\mu} \right) \left( \frac{R_{\text{rcb}}^2}{R_B^2 R_c^2} \right)^{(3\gamma - 4)/(\gamma - 1)},
\]

where the \( \gamma \)-dependent numerical factor is given by

\[
B(\gamma) = \frac{3}{512\pi^2 (\gamma - 1)(3 - 2\gamma)} A^{-2}(\gamma) = 0.05,
\]

and evaluated for \( \gamma = 7/5 \). By substituting \( \kappa \approx 0.1 \text{ cm}^2 \text{ g}^{-1} \) (Allard et al. 2001; Freedman et al. 2008), and using the \( R_{\text{rcb}} \approx R_B \) approximation, we rewrite Equation (16) and find the gas mass fraction at the time of disk dispersal \( t_{\text{disk}} \)

\[
f \approx 0.02 \left( \frac{M_c}{M_\text{c}} \right)^{0.8} \left( \frac{T_{\text{eq}}}{10^7 \text{ K}} \right)^{-0.25} \left( \frac{t_{\text{disk}}}{1 \text{ Myr}} \right)^{0.5},
\]

where we have ignored, for simplicity, the weak dependence of the opacity on density and temperature in the relevant regime, although it enables the transition into a convective region (see Lee & Chiang 2015 for a more elaborate discussion of opacities). In the derivation of Equation (18), and throughout the paper, we used \( R_c \propto M_c^{1/3} \) rather than the constant-density relation \( R_c \propto M_c^{1/3} \) for the rocky core, in order to take into account the slight gravitational compression (see, e.g., Valencia et al. 2006), although both mass-radius relations yield a similar result due to the weak dependence on the core’s radius \( f \sim R_c^{1/4} \).

Equation (18) roughly reproduces the results of previous studies (Lee et al. 2014; Inamdar & Schlichting 2015; Lee & Chiang 2015). Specifically, we emphasize that the amount of accreted gas does not depend on the density of the nebula \( \rho_d \), except for logarithmic factors due to Equation (13), which we have neglected. Instead, the mass accretion is regulated by the envelope’s own cooling time, while the radiative layer decouples the bulk envelope from the surrounding nebula’s density boundary condition (see Figure 1). This logarithmic dependence on the nebular density allows Lee & Chiang (2016) to accrete substantial gas envelopes even in highly depleted transitional disks. The power law \( f \propto R_c^{1/2} \) (see also Piso & Youdin 2014; Lee & Chiang 2015) is intuitively understood by noticing that while the energy is proportional to \( M_{\text{atm}} \), so is the optical depth, and therefore the luminosity is proportional to \( M_{\text{atm}}^{-1} \). Quantitatively, Equation (18) predicts that super-Earths will acquire atmospheres of a few percent in mass during the...
gas disk’s lifetime, outweighing their initial adiabatic envelopes (which are proportional to $\rho_B$) in an MMSN (see Section 2.1).

Equation (18) predicts that cooler cores (lower $T_{eq}$) accrete more mass. Using Equation (11) we attribute this larger mass to the large Bondi radius $M_{\text{acc}} \sim \rho_{\text{acc}} R_B^2 \propto \rho(R_*) T_{eq}^{-1/2}$. The central density, on the other hand, increases with temperature $\rho(R_*) \propto T_{eq}^{3/4}$, as seen by combining Equations (10) and (15). This distinction (which is sensitive to the opacity power law, as discussed below) between dense and puffed-up atmospheres will be useful in interpreting the results of post-dispersal mass loss, which we discuss in Section 3.

3. EVOLUTION FOLLOWING DISK DISPERSAL

In Section 2 we affirmed that super-Earth atmospheres grow to a few percent in mass until the nebula disperses after a few Myr (Mamajek 2009; Williams & Cieza 2011; Alexander et al. 2014). Here we discuss the evolution of these atmospheres after (and during) disk dispersal.

The post dispersal evolution is characterized by two processes: cooling and mass loss. In this phase, cooling is equivalent to shrinking and it occurs on a timescale $t = (R_{\text{Rcb}}/R_N)^{-2(\gamma-4)/(\gamma-1)}$ according to Equation (16) if $M_{\text{acc}}$ is constant. We emphasize that the shrinking radius of the RCB $R_{\text{Rcb}}$ is a good approximation for the radius of the planet since the scale height of the radiative layer is much smaller, $h/R_{\text{Rcb}} \sim R_{\text{Rcb}}/R_N < 1$. The above cooling timescale estimate is valid until $R_{\text{Rcb}} \sim R_N$ and our approximation of $r \ll R_{\text{Rcb}}$ in the inner envelope (see Section 2) breaks down. However, as we show in Section 3.2, thick envelopes shed part of their mass and shrink to the thin regime on shorter timescales, so their cooling can be ignored. Before we discuss mass loss though, we analyze the structure of thin atmospheres.

3.1. Thin Atmosphere

We now define $R_{\text{Rcb}}$ more generally as $R_{\text{Rcb}} \equiv R - R_N$, where $R$ is the radius of the planet (or the RCB). This definition coincides with the previous one for the thick atmosphere regime, $R_{\text{Rcb}} \gg R_N$, and allows us to study thin envelopes with $R \sim R_N$, or equivalently $R_{\text{Rcb}} \lesssim R_N$, which are observationally interesting (Lopez et al. 2012). For a thin atmosphere, Equation (5) can be approximated as

$$T(r') \approx 1 + \frac{R_B}{R_N} \frac{r'}{R_{\text{Rcb}}} \propto \frac{R_B}{R_N} r',$$  

(19)

with $r'$ measuring the distance from the RCB ($0 < r' < R_{\text{Rcb}}$) and where we can ignore the thin isothermal layer of width $r' \sim R_B^2/R_{\text{Rcb}}$ if the atmosphere is not ultra thin, $R_{\text{Rcb}}/R_N > R_B/R_{\text{Rcb}}$ (ultra thin atmospheres of exoplanets are currently observationally irrelevant). Equation (19) immediately demonstrates a fundamental difference between the thin and thick regimes. A rocky core surrounded by a thick atmosphere does not cool and stays at a constant temperature, $T/T_{\text{Rcb}} = R_B/R_*$ (see Section 2.2). A thin envelope, on the other hand, allows the rocky core beneath it to cool, and the core’s temperature decreases as the atmosphere shrinks $T/T_{\text{Rcb}} = R_B/R_{\text{Rcb}}/R_N^2$. Therefore, in contrast to the thick regime, we expect the rocky core in the thin case to play a role in the energy budget of the cooling envelope, as we show below.

The density in the convective region is given by $\rho(r')/\rho_{\text{Rcb}} = (T(r')/T_{\text{Rcb}})^{3/(\gamma-1)}$. By integrating the density profile and using Equation (19), we obtain the atmospheric mass,

$$M_{\text{atm}} = \frac{\gamma - 1}{\gamma} 4\pi R_C^2 \rho_{\text{Rcb}} R_{\text{Rcb}} \left(\frac{R_B}{R_N} R_{\text{Rcb}}^2 \right)^{1/(\gamma-1)}. \quad (20)$$

Similar to Equation (9), and using the temperature and density profiles given by Equation (19), we calculate the total (gravitational and thermal) energy available for cooling

$$E = g R_{\text{Rcb}} \left(\frac{\gamma - 1}{\gamma} M_{\text{atm}} + \frac{1}{\gamma - 1 - \mu B} \right). \quad (21)$$

with $g \equiv GM_*/R_N^2$ denoting the surface gravity. The first term in Equation (21) represents the energy of the gaseous envelope, while the second term accounts for the cooling of the rocky core, as discussed above. $\mu$ and $\gamma$ mark the rocky core’s molecular weight and adiabatic index, respectively. For simplicity, we take $\gamma = 4/3$, in accordance with the Dulong-Petit law. We see from Equation (21) that although the core is more massive than the envelope, it may contain fewer particles due to its larger molecular weight, and therefore may have a lower energy capacity. We note that Equation (21) assumes that the core remains molten and therefore roughly isothermal. However, if the atmosphere is thin enough, the temperature at the atmosphere–core boundary decreases, and an insulating solid crust forms. Nonetheless, in this work we focus on sufficiently massive planets and atmospheres, for which the formation of a solid crust can be ignored up to late times.

By combining Equations (15), (20), and (21) we write an evolution equation ($L = -\dot{E}$) for the thin regime and obtain the time it takes the atmosphere to shrink to a width $R_{\text{Rcb}}$, assuming $M_{\text{atm}}$ remains constant

$$t = \frac{1}{256\pi^2} \frac{3\gamma^2}{\gamma - 1} \frac{\rho_{\text{atm}}}{\sigma T_{\text{Rcb}}^4 R_N^4} \frac{k_B}{\mu} \left(\frac{R_B}{R_{\text{Rcb}}} R_{\text{Rcb}}^2 \right)^{-1/(\gamma-1)} \times \left(\frac{\gamma - 1}{\gamma - 1 - \mu B} \right). \quad (22)$$

Equation (22) coincides with the thick regime Equation (16) for $R_{\text{Rcb}} \sim R_N$, up to numerical coefficients and the heat capacity of the core. According to Equation (22) envelopes shrink with time in the thin regime as $t \propto R_{\text{Rcb}}^{-1/(\gamma-1)}$.

3.2. Spontaneous Mass Loss

In previous sections we calculated the radius evolution of the planet after disk dispersal, assuming that the envelope mass remains constant. In particular, we found that the cooling time to envelope thickness $R_{\text{Rcb}}$ is $t \propto R_{\text{Rcb}}^{-1}$ for $R_{\text{Rcb}} > R_c$ (thick regime) and $t \propto R_{\text{Rcb}}^{-5/2}$ for $R_{\text{Rcb}} < R_c$ (thin regime), assuming $\gamma = 7/5$. However, as we show below, mass loss is inherent to post-dispersal evolution. By comparing the mass-loss timescale and the cooling time, we find below that thick atmospheres are always governed by mass loss, while thin envelopes can be either mass-loss- or cooling-dominated, depending on their mass.

When the disk disperses, the gas density $\rho_B \to 0$. If the dispersal process is faster than the time it takes the envelope to
cool, then according to Equation (13), we expect \( R_{\text{rcb}} \) to decrease, while \( \rho_{\text{rcb}} \) remains constant since the energy does not change and the energy of thick atmospheres is determined only by \( \rho_{\text{rcb}} \) not \( R_{\text{rcb}} \), as seen in Equation (10). Consequently, we expect the atmosphere to decrease in mass according to Equation (11) at least until the thin regime is reached. However, even if the loss of pressure support from the ambient disk (causing the mass loss) is immediate (see Section 3.3), the atmosphere adjusts itself to the changing boundary condition on a finite timescale.

A commonly used criterion to determine the mass-loss rate is the energy-limited argument. The basic picture is that while the gas at the Bondi radius can escape to vacuum (the molecule escape rate at the Bondi radius is discussed below), in order for mass loss to continue, gas from deeper in the planet’s potential well has to reach the Bondi radius and replenish the escaping gas. However, as gas expands adiabatically to reach the Bondi radius, its temperature drops to zero after expanding only a scale height \( h = R_{\text{rcb}}^2/R_b \ll R_{\text{rcb}} \) (simple adiabatic atmosphere solution). Therefore, in order to elevate the atmosphere out of the planet’s potential well, a constant supply of energy is required. While most studies focus on ionizing stellar photons, which we consider in Section 4, as the energy source (Murray-Clay et al. 2009; Lopez et al. 2012; Owen & Jackson 2012; Owen & Wu 2013), we first examine the envelope’s own cooling luminosity (see also Owen & Wu 2016) as an energy source driving mass loss (see also Ikoma & Hori 2012, who consider the core’s luminosity, which we also discuss below).

As we explain in Section 2, for \( \gamma = 7/5 \) the mass of the atmosphere is concentrated at the inside, at \( r \approx R_{\text{rcb}} \) (see discussion below for different values of \( \gamma \)). Therefore, the amount of energy needed to blow most of the atmosphere away is \( E_{\text{evap}} \approx GM_{\text{atm}}/R_{\text{rcb}} \), where we approximate \( R_{\text{rcb}} \ll \min(R_b, R_t) \) for the shrinking phase after disk dispersal. The energy that the envelope loses by cooling, on the other hand, is concentrated in the inside, and is given by Equation (12). By comparing the two results, we find that the cooling inner envelope can blow off the outer atmosphere (which contains most of the mass) without changing its energy by much. Consequently, the planet loses mass while its energy, and therefore \( \rho(R_c) \) and \( \rho_{\text{rcb}} \), remain constant due to Equation (10). The planet’s radius, according to Equation (11), shrinks as it loses mass. Explicitly, the ratio of evaporation to cooling timescales is given by

\[
\frac{t_{\text{evap}}}{t_{\text{cool}}} = \frac{E_{\text{evap}}}{E_{\text{cool}}} \approx \left( \frac{R_{\text{rcb}}}{R_c} \right)^{\frac{3}{2}(\gamma-1)/\gamma},
\]

where the first equality \( (t_{\text{cool}} = t_{\text{disk}}) \) is trivial at disk dispersal (when \( R_{\text{rcb}} = R_{\text{rcb}}^2 \lesssim R_b \)) since the planet has cooled for \( t_{\text{disk}} \). This equality continues to be true at later times (when \( R_{\text{rcb}} < R_{\text{rcb}}^0 \)) since both the energy and the luminosity given by Equation (15) depend only on \( \rho_{\text{rcb}} \) (and not \( R_{\text{rcb}} \)), which remains constant during the mass-loss phase. Consequently, \( t_{\text{cool}} \) is constant during the mass loss. Equation (23) shows that envelopes shed mass until they enter the thin regime \( R_{\text{rcb}} \approx R_c \) at a time comparable to \( t_{\text{disk}} \). Since, according to Equation (11), \( M_{\text{atm}} \propto R_{\text{rcb}}^{-11/2} \) for \( \gamma = 7/5 \) and \( R_t/R_b \approx 0.1 \), atmospheres retain roughly 30% of their initial mass when they enter the thin regime.

Explicitly, by combining the accreted atmosphere mass at disk dispersal, given by Equation (18), with the factor of \( \sim (R_t/R_b)^{1/2} \) due to the outer envelope shedding, we derive the mass fraction of the atmosphere when it reaches the thick–thin transition:

\[
\frac{M_{\text{atm}}}{M_c} \approx 0.01 \left( \frac{M_c}{M_\odot} \right)^{0.44} \left( \frac{T_{\text{eq}}}{10^3 \text{K}} \right)^{0.25} \left( \frac{t_{\text{disk}}}{1 \text{ Myr}} \right)^{0.5}.
\]

Equation (24) demonstrates that although it is easier to acquire a heavy atmosphere at larger orbital separations (see, e.g., Section 2, or Lee & Chiang 2015), hotter cores (in close orbits) retain a heavier atmosphere after the disk dispersal and the shedding of the bloated (and weakly bound) outer envelope since they reach higher densities, as explained in Section 2, and \( M_{\text{atm}} \sim \rho(R_c) R_c^2 \sim T_{\text{eq}}^{-2/3} \) at this stage (a strong increase of the opacity with temperature can change this conclusion, as discussed below).

For \( \gamma < 4/3 \), as effectively chosen by Lee & Chiang (2015), the mass and the energy are both concentrated in the inside, so \( E_{\text{evap}} \approx E_{\text{cool}} \sim GM_{\text{atm}}/R_c \), and the atmosphere mass is simply \( M_{\text{atm}} \sim \rho(R_c) R_c^2 \). In this case, it is obvious that the loosely bound outer envelope is shed before the inner layers cool significantly, on a timescale \( \lesssim t_{\text{disk}} \). Therefore, regardless of \( \gamma \) atmospheres shed their outer layers and shrink to \( R_{\text{rcb}} \approx R_c \) after the nebula vanishes. However, if \( \gamma < 4/3 \), these outer layers do not contain significant mass, and atmospheres retain most of their initial mass when they reach the thin regime. Quantitatively, atmospheres retain \( 1 - 2(4-3\gamma)/(\gamma-1) \approx 75\% \) of their mass in this case (for \( \gamma = 1.2 \) chosen by Lee & Chiang 2015). The subsequent thin-regime evolution does not depend qualitatively on \( \gamma \), as discussed below.

Once an envelope sheds its outer layers and enters the thin regime, the energy required to blow away its atmosphere is given by \( E_{\text{evap}} \approx GM_{\text{atm}}/R_t = GM_{\text{atm}}gR_c \). In order to check if the atmosphere continues to shed mass in the thin regime, we distinguish between two cases, according to Equation (21). Heavy atmospheres, with \( M_{\text{atm}}/M_c \gtrsim \mu/M_\mu \), regulate their own cooling, while the heat capacity of light atmospheres, with \( M_{\text{atm}}/M_c \lesssim \mu/M_\mu \), is negligible, and they are controlled by the cooling rocky core underneath (which can cool only once the atmosphere is thin; see Section 3.1). Here \( M_{\text{atm}} \) is the remaining mass of the semi-thin atmosphere, not the initial mass. Assuming an Earth-like composition for the rocky core, the critical gas-to-solid ratio, which distinguishes between heavy and light atmospheres, is \( f \approx 5\% \).

### 3.2.1. Heavy Atmospheres

For heavy atmospheres, initially (when \( R_{\text{rcb}} = R_c \)) the cooling rate and mass-loss rate are equal, since \( E_{\text{cool}} \approx E_{\text{evap}} = GM_{\text{atm}}gR_c \). However, as \( R_{\text{rcb}} \) decreases (due to cooling) the cooling timescale becomes shorter by a factor \( R_{\text{rcb}}/R_c < 1 \) in comparison with the mass-loss time, according to Equation (21), so we can consider cooling at a constant envelope mass, as in Section 3.1.

The envelope contracts with time as \( t \approx R_{\text{rcb}}^{-3/2} \). However, gas envelopes cannot compress indefinitely, and they reach a maximum density of \( \rho_{\text{max}} \approx \mu/a_0^2 \), with \( a_0 \) the Bohr radius. When heavy envelopes reach the thin regime, their density is

\[
\rho \sim \frac{3}{4\pi} \frac{M_{\text{atm}}}{7 R_c^3} \gtrsim \frac{3}{4\pi} \frac{\mu}{M_\mu} \frac{M_c}{7 R_c^3} \sim \frac{\mu}{M_\mu} \frac{\rho_{\text{rcb}}}{7} \sim \rho_{\text{max}}/7,
\]

(25)
with $\rho_c$ marking the rocky core’s density (not to be confused with $\rho(R_c)$, which is the gas density at $r = R_c$), and assuming that $\rho_c \sim \mu_c / a_0^3$ (a crude approximation of roughly the same radius for all atoms due to electron screening of the nuclear charge). We conclude that heavy envelopes shrink by a maximal factor $\approx 7$ before reaching their maximum gas density. This contraction lasts for $7^{5/2} \cdot t_{\text{disk}} \approx 10^5 \cdot t_{\text{disk}} \sim 1$ Gyr at most, since $t_{\text{disk}}$ is the cooling time for $R_{\text{еч}} \sim R_c$. Thus, atmospheres of Gyr old planets are no longer contracting, and their density is $\approx \rho_{\max}$ (we ignore here possible inflation mechanisms similar to those invoked for inflated hot Jupiters; see, e.g., Valencia & Pu 2015).

### 3.2. Light Atmospheres

Light atmospheres, on the other hand, enter the thin regime ($R_{\text{еч}} = R_c$) with mass-loss timescales that are shorter than their cooling times, according to Equation (21). As these envelopes lose mass, $R_{\text{еч}}$ remains constant (since the energy does not decrease), while $\rho_{\text{gas}}$ decreases, according to Equation (20). As a result, the energy required for evaporation only decreases (since it is $\propto M_{\text{с}}$), while the cooling energy, which is dominated by the rocky core, remains constant. In this way, light atmospheres are lost completely.

An additional timescale limiting the atmospheric loss is due to the finite escape rate of molecules from the Bondi radius (see also Owen & Wu 2016) $M = 4\pi R_\text{cb}^2 \rho(R_b) c_s$, which limits the atmosphere loss time to $t \sim M_{\text{атм}} / M$, explicitly

$$t \sim \frac{R_b}{c_s} \left( \frac{R_{\text{еч}}}{R_b} \right)^{(3/4) \gamma^{-1}} \exp \left( \frac{R_b}{R_{\text{еч}}} - 1 \right),$$  

where we use Equation (11) and find $\rho(R_b)$ using Equation (13). This timescale is longer than the planet’s age, $t \sim t_{\text{age}}$, when the planet reaches the thin regime, if

$$\frac{R_b}{2R_c} \gtrsim 1 + \ln \left[ \frac{t_{\text{trans}} R_b}{R_{\text{еч}} R_c} \left( \frac{3}{4} \gamma^{-1} \right) \right] \approx 30.$$

We rewrite Equation (27) as a condition on the mass and equilibrium temperature of the planet:

$$M_{\text{с}} / M_{\oplus} \gtrsim 6.3 \left( \frac{T_{\text{eq}}}{10^3 \text{K}} \right)^{4/3}.$$

In summary, gaseous envelopes shed their outer layers and reach a radius $\sim R_c$ on a timescale of the disk lifetime. At this stage, the cooling of the rocky core evaporates envelopes lighter than $M_{\text{атм}} / M_{\oplus} \approx 5\%$, though this evaporation may take longer than the current age of the planet if it is massive or cold enough (see Figure 3). A similar escape-rate constraint can stop the mass loss at a radius somewhat larger than $2R_c$, according to Equation (26). We note that photo-evaporation due to high-energy stellar photons does not obey the above escape rate limit at the Bondi radius, as explained in Section 4.

### 3.3. Transitional Disks

We have assumed above that the depletion of the disk is faster than the time it takes the atmosphere to adjust to the vanishing boundary condition $\rho_{\text{b}} \to 0$. Quantitatively, we assumed that $t_{\text{trans}} < t_{\text{evap}}$, with $t_{\text{trans}}$ denoting the transition timescale for the disk to disperse. This assumption is justified by noticing that, considering Equation (23), $1/3 \lesssim t_{\text{trans}} / t_{\text{disk}} \lesssim 1$, while, by definition, $t_{\text{trans}} / t_{\text{disk}}$ and observations suggest that $t_{\text{trans}} / t_{\text{disk}} \approx 0.1$ (Alexander et al. 2014). We therefore conclude that the finite disk dispersal time is irrelevant for our above analysis since the mass-loss bottleneck is the energy release anyway.

Nonetheless, it is interesting to consider the gradual decrease of the nebula’s density $\rho_{\text{b}}$ over time. Because the gas accretion depends on $\rho_{\text{b}}$ logarithmically (see Section 2), cores can accumulate gas envelopes even in a depleted nebula, as suggested by Inamdar & Schlichting (2015) and Lee & Chiang (2016). Accretion from a gas-poor disk might be important if collisions of isolation masses (which occur only once the gas density is low enough that it cannot damp eccentricity excitations) remove their initial atmospheres (Inamdar & Schlichting 2015). The atmosphere growth in this case is determined by a competition between the cooling of the envelope and the dispersal of the disk.

Quantitatively, we parameterize the disk dispersal over time as $\rho_{\text{b}}(t) = \rho_{\text{b}}(0) \exp \left[-(t / t_{\text{trans}})^{\gamma} \right]$, allowing for an exponential depletion as modeled by Ikoma & Hori (2012), as well as more or less gradual processes (see, e.g., Rogers et al. 2011). By combining Equations (10) and (15) we find that the atmosphere’s density increases as $\rho_{\text{еч}} \propto t^{1/2}$, while its radius decreases approximately as $R_{\text{еч}} \propto t^{-1/2}$, using Equation (13), and assuming that the nebula has already depleted significantly. Consequently, using Equation (11), the mass of the atmosphere grows as $M_{\text{атм}} \propto R_{\text{еч}}^{1/2} \rho_{\text{еч}} \propto t^{(1-\alpha)/2}$. We conclude that if the dispersal is gradual enough ($\alpha < 1$) then an atmosphere can grow while the disk is being depleted. This analysis is valid only as long as $R_{\text{еч}} > R_c$. In the thin regime, Equation (13) implies that $\rho_{\text{еч}}(t) \propto t$, preventing further atmosphere growth.

### 4. Mass Loss by Photo-Evaporation

In Section 3.2 we examined mass loss that is powered by the heat from the inner envelope or the rocky core. In this section we address another energy source—ionizing stellar photons. Mass loss by photo-ionization has been studied extensively, in the context of both hot Jupiters and super-Earths (Baraffe et al. 2004, 2005, 2006; Hubbard et al. 2007a, 2007b; Murray-Clay et al. 2009; Jackson et al. 2010; Valencia et al. 2010; Lopez et al. 2012; Owen & Jackson 2012; Owen & Wu 2013). The basic picture is that ionizing photons release energetic electrons which in turn heat the gas to high temperatures above the escape velocity. If the cooling of the gas is slow enough, the high-temperature gas escapes the planet’s potential well. We emphasize that the stellar continuum radiation cannot heat the gas above the equilibrium temperature, which is lower than the escape velocity (below the Bondi radius). Therefore, the continuum radiation can only provide energy to elevate the gas to the Bondi radius, in a similar manner to the cooling luminosity, as described in Section 3.2 (see also Owen & Wu 2016). In fact, the stellar continuum radiation, which heats the gas, has the same magnitude as the cooling luminosity, $\approx \sigma T_{\text{eq}}^4 R_{\text{еч}}^2 / \pi$.

Here, we adopt the popular simplified energy-limited model for the photo-evaporation (see, e.g., Lopez et al. 2012; Owen & Wu 2013 and references within), which linearly connects the high-energy flux to the gravitational energy of the escaping mass. Explicitly, we assume that the photo-evaporating flux can be written as $L = 4\pi R_{\text{еч}}^2 \sigma T_{\text{eq}}^4 / \pi$, with $\epsilon \sim 10^{-4}$, taking into account both the evaporation efficiency $\approx 0.1$ (see, e.g., Owen...
& Wu 2013) and the small fraction of ionizing radiation output of the total bolometric stellar flux, which is taken to be a constant \( \sim 10^{-3} \) for the first \( t_{UV} \sim 100 \) Myr, and then decreases with time as \( t^{-1.25} \) (see, e.g., Jackson et al. 2012; Lopez et al. 2012; Owen & Jackson 2012 and references within). The UV evaporation timescale can therefore be written as

\[
 t_{evap} = \frac{M_{\text{atm}} g R_c}{4 \pi R_c^2 \sigma T_{\text{rcb}}^4},
\]

where we focus on the thin atmosphere regime since thick atmospheres shed mass even without UV radiation.

We emphasize that even if the condition \( t_{evap} > t_{cool} \) is satisfied for \( R_{\text{rcb}} = R_c \), since the cooling time increases as \( t_{cool} \propto R_{\text{rcb}}^{-1/(\gamma-1)} \) for a constant mass while \( t_{evap} \) remains constant (does not depend on \( R_{\text{rcb}} \) or time for \( t < t_{UV} \)), planets will lose their mass at some point. The only way to retain the atmosphere is to ensure that \( t_{evap} > t_{UV} \). After \( t_{UV} \), the ratio of evaporation timescale to age scales as \( t_{evap}/t \propto t^{0.25} \), so if an atmosphere survived to \( t_{UV} \), it will retain most of its mass afterward.

Although Equation (29) shows that massive envelopes may survive photo-evaporation, since \( t_{evap} \propto M_{\text{atm}} \), it is important to check whether such massive envelopes could have formed during the disk’s lifetime \( t_{\text{disk}} \). A similar concern was raised by Lopez et al. (2012), who find that some of the Kepler-11 planets had to start with tens of percents of their mass in gas in order for some of the atmosphere to survive photo-evaporation. Such massive atmospheres are problematic for two reasons—planets might have lacked the time to accrete them (see Section 2), and the self-gravity of these envelopes brings them close to the runaway accretion regime. We address the problem of nebular gas accretion followed by photo-evaporation self-consistently, by writing the evaporation timescale in terms of the disk’s lifetime

\[
 \frac{1}{\tau} \sim \frac{t_{evap}}{t_{cool}(R_c)} \geq \frac{t_{UV}}{t_{\text{disk}}} \approx 10,
\]

where \( \tau \sim \kappa \rho_{\text{rcb}} h \sim \kappa \rho_{\text{rcb}} R_c^2/R_B \) is the optical depth at the RCB. Equation (30) simply states that since the evaporation and cooling energies are the same at \( R_{\text{rcb}} = R_c \) (assuming the heavy regime), the ratio between the timescales is given by the ratio between the evaporation flux \( \sigma T_{\text{rcb}}^4 \) and the cooling flux \( \sigma T_{\text{rcb}}^4/\tau \cdot t_{cool}(R_c) \) is also equal to \( t_{\text{disk}} \) (see Section 3.2). By substituting the density from Equation (11) or (20), we obtain the condition

\[
 \frac{\epsilon \kappa M_{\text{atm}}}{R_c R_B} \left( \frac{R_c}{R_B} \right)^{1/(\gamma-1)} \lesssim \frac{t_{\text{disk}}}{t_{UV}} \approx 0.1.
\]

It is initially counterintuitive that a small envelope mass is required to survive evaporation, since \( t_{evap} \propto M_{\text{atm}} \). The reason is that \( t_{\text{disk}} \propto M_{\text{atm}} \), as explained in Section 2, so for given disk and UV activity times, lighter envelopes survive evaporation because \( t_{evap}/t_{\text{disk}} \propto M_{\text{atm}}^{-1} \). We substitute the atmosphere mass from Equation (24), which takes into account self-consistently both the accretion and the spontaneous shedding of the outer gas envelope, and rewrite Equation (31) as

\[
 \frac{M_e}{M_{\oplus}} \gtrsim 7.7 \left( \frac{T_{eq}}{10^3 \text{ K}} \right)^{2.22},
\]

showing that cores have to be massive or “cold” (low equilibrium temperature) to keep an atmosphere. However, as discussed in Section 2 (see also Lee & Chiang 2015), cores that are too massive or cold are at the risk of runaway gas accretion. The overlap between the two conditions is discussed in Section 5.

It is worthwhile to repeat the derivation of Equation (32), which is one of our main results, for the case of \( \gamma < 4/3 \) due to hydrogen dissociation, as suggested by Lee & Chiang (2015) and Piso et al. (2015). The calculation in this case takes a simpler form since the mass of the atmosphere is concentrated in the inside, so \( E \sim GM_{\text{atm}}/R_c \), and there is no significant spontaneous mass loss following the disk’s dispersal (see Section 3.2). By repeating the calculation of \( M_{\text{atm}} \) with \( \gamma = 1.2 \) (Lee & Chiang 2015) and substituting in Equation (31), we find that the qualitative shape of the critical curve for mass retention, described by Equation (32), does not change significantly. Specifically, we find that \( M_e \propto T_{eq}^{1.9} \) in this case.

Equation (30) demonstrates that the RCB density \( \rho_{\text{rcb}} \) has to be low for the optical depth \( \tau \sim \kappa \rho_{\text{rcb}} h \) to be low, enabling accretion to be efficient in comparison with evaporation. However, as explained in Section 2, \( \rho_{\text{rcb}} \) has a lower limit dictated by the surrounding nebula \( \rho_{\text{ncb}} > \rho_0 \) (note that \( \rho_{\text{ncb}} \) does not change during the thick atmosphere mass-loss phase, since the energy, which is determined solely by \( \rho_{\text{ncb}} \), remains constant, as explained in Section 3.2). Close enough to the star, the gas densities are high

\[
 \rho_d = 10^{-6} \text{ g cm}^{-3} \left( \frac{T_{eq}}{10^3 \text{ K}} \right)^{5.5},
\]

assuming the MMSN model (see Section 2.1 and Hayashi 1981). By substituting this minimal density into Equation (30) we obtain an additional condition relating the mass and temperature of planets with atmospheres

\[
 \epsilon \kappa \rho_0 \frac{R_e^2}{R_B} \lesssim \frac{t_{\text{disk}}}{t_{UV}},
\]

or quantitatively

\[
 \frac{M_e}{M_{\oplus}} \gtrsim 10^{-4} \left( \frac{T_{eq}}{10^3 \text{ K}} \right)^{13}.
\]

Equation (35) also requires low temperatures (for low disk densities) and high masses (for a small scale height \( h = k_B T/\mu g \), due to the strong gravity). However, by comparing Equations (32) and (35), we find that the disk density constraint, given by Equation (35), is relevant only for \( T_{eq} \gtrsim 3000 \text{ K} \), rendering it irrelevant for the set of observations (see Section 5). This result remains true even for denser nebulae (up to a factor of \( 10^5 \)), as seen in Equation (34).

### 4.1. Migration

We have so far assumed that gas accretion and UV evaporation occur at the same distance from the star, which allowed us to relate the evaporation time to the nebular accretion time, and to constrain the formation location and planet mass. Can separating the accretion from evaporation, due to migration during the nebula’s presence, relax the constraints on the formation scenario? According to Equation (24), hotter cores (on closer orbits) retain a more massive atmosphere after the nebula disperses. Therefore, we
intuitively expect, due to Equation (29), that these heavy atmospheres will survive the UV evaporation at later times.

We now consider gas accretion at an initial distance from the star characterized by an equilibrium temperature $T_i$ for a time $\sim t_{\text{disk}}$, followed by migration on a similar timescale (while gas is still present), and UV irradiation at a different orbit, characterized by $T_f$. In this case, using Equations (15) and (29), Equation (30) changes to

$$\left(\frac{T_i}{T_f}\right)^4 \frac{1}{\epsilon_i} \gtrsim \frac{t_{\text{UV}}}{t_{\text{disk}}},$$

(36)

with $\epsilon_i$ denoting the optical depth (which is relevant for accretion) at $T_i$. Correspondingly, the condition for a rocky core to retain its atmosphere, given by Equation (32), changes to

$$\frac{M_c}{M_\oplus} \gtrsim 7.7 \left(\frac{T_i}{10^3 \text{ K}}\right)^{2.22} \left(\frac{T_f}{T_i}\right)^{2.37}.$$  

(37)

Equation (37) demonstrates that migration relaxes the critical mass constraint for atmosphere retention. Specifically, as expected, cores that migrated outward to a given $T_f \approx 10^3 \text{ K}$ (the planet’s current location) can have low critical masses $M_c \propto T_i^{-0.15}$ and still survive evaporation. The effect of migration takes a more general form, $M_c \propto T_i^{-(0.5 - b)/3.37}$, if we incorporate a temperature-dependent opacity $\kappa \propto T^b$ into Equation (36). Consequently, if there is a strong increase of the opacity with temperature, inward migration during the gas disk’s lifetime may relax the core mass constraint. The reason is that in this case colder cores accrete and retain more mass after the disk disperses, as seen by plugging the temperature-dependent opacity in Section 2. Specifically, using Equations (16) and (24) we find $f_{\text{semi-thin}} \propto T_{\text{eq}}^{(0.5 - b)/2}$.

5. COMPARISON WITH OBSERVATIONS

In previous sections we explained how accretion and evaporation histories limit the population of planets that can evolve in situ into low-density super-Earths. Specifically, in Section 2 and Equation (18), we show that planets that are too massive or too cold explode into Jupiters (see also Lee & Chiang 2015), while in Sections 3.2.2 and 4 we show that planets that are too light or too hot lose their atmosphere due to UV evaporation or cooling of the rocky core. In this section we compare the observed super-Earth population to this theoretically allowed “Goldilocks” regime.

In Figures 2 and 3 we present scatter plots of the observed planets with $R < 4R_\oplus$, orbital periods shorter than 100 days, and an error of less than 50% in mass from Weiss & Marcy (2014). We estimate the equilibrium temperature by $T/T_\oplus = (F/F_\oplus)^{1/4}$, with the flux (relative to Earth’s) $F/F_\oplus$ estimated by Weiss & Marcy (2014), and with the Earth’s equilibrium temperature $T_\oplus \approx 260 \text{ K}$. The observed atmospheric mass fraction is estimated by

$$f = \frac{\rho_{\text{max}}}{\rho_c} \left[\left(\frac{R}{R_c}\right)^3 - 1\right],$$

(38)

since Gyr old atmospheres are close to the maximum gas density (see Section 3.2.1), which we evaluate using the equation of state of Nettelmann et al. (2008) as

$$\rho_{\text{max}} \approx 0.5 \text{ g cm}^{-3} \left(\frac{P}{\text{Mbar}}\right)^{0.4},$$

(39)

Figure 2. Observed super-Earth population (see text for details) from Weiss & Marcy (2014). The planets are grouped according to their gas mass fraction $f$, estimated by Equation (38), with low-density planets marked by triangles $5\% < f < 10\%$ or squares ($f > 10\%$). The planet markers are also color-coded according to $f$. The two dashed black lines mark the radii of the rocky cores $R_c(M_c)$ and $2R_c(M_c)$. Planets with substantial atmospheres are expected to be found roughly between the two lines.

Figure 3. Observed super-Earth population (see text for details) from Weiss & Marcy (2014). The planets are grouped according to their gas mass fraction $f$, estimated by Equation (38), with low-density planets marked by triangles $5\% < f < 10\%$ or squares ($f > 10\%$). The planet markers are also color-coded according to $f$. The top solid line (“Jupiter”) is according to Equation (18) with $t_{\text{disk}} = 10 \text{ Myr}$ and $f = 0.5$, while the dashed “core” line is according to Equation (24) with $f = 5\%$. The bottom solid line (“Bondi”) follows Equation (28), and the dashed “UV” line follows Equation (32). Inside the shaded area, planets manage to accrete and maintain gas envelopes without exploding into gas giants due to runaway accretion (see text for details).
with the typical atmosphere pressure given by

\[ P = \frac{M_{\text{atm}} g}{4\pi R^2} \approx M \left( \frac{R}{M} \right)^2 \left( \frac{f}{R_c} \right)^{-4}. \]  

We take into account the mild compression of the rocky core (see, e.g., Valencia et al. 2006), and estimate the rocky core’s density and radius by \( \rho_{c} \rho_{c} \approx (M_{c}/M) \times 1/4 \) and \( R_{c}/R_{c} \approx (M_{c}/M) \times 1/4 \), with \( \rho_{c} = 5.5 \text{ g cm}^{-3} \). Equation (38) with the approximation \( M \approx M_{c} \) (the observed mass) is a valid estimate for \( f \ll 1 \), and indeed all planets in our sample have estimated \( f \leq 20\% \). Our crude estimate of the gas fraction is in agreement (approximately) with more elaborate estimates, e.g., Lopez et al. (2012). We emphasize that an approximate estimate of \( f \) suffices since we are mainly interested in distinguishing between purely rocky worlds and planets with substantial atmospheres (above a few percent in mass) which have a significant volume. We plot in Figure 2 the limits of the thin envelope regime \( R_{c} < R < 2R_{c} \), which according to our model, confines super-Earths older than \( \sim 10 \text{ Myr} \).

In Figure 3 we present the allowed Goldilocks region in which super-Earths can hold on to substantial atmospheres, taking into account all the mass-loss processes mentioned in previous sections. Specifically, planets below the “core” line in the figure are left with \( f < 5\% \) after disk-dispersal, and therefore lose their atmospheres in less than \( \sim \text{Gyr} \) due to the cooling of the core, if they are also below the “Bondi” line (see Section 3.2.2). Planets below the “UV” line, on the other hand, lose their atmospheres due to UV irradiation, regardless of the “Bondi” line (see Section 4). Planets above the “Jupiter” line explode into gas giants during the disk’s lifetime (see Section 2).

As demonstrated in Figure 3, our model defines a relatively narrow mass/temperature range in which planets are massive and cold enough to acquire and retain an atmosphere, while not too massive and cold to go runaway and explode into gas giants. While it is not perfect, it is seen in Figure 3 that observed low-density super-Earths seem to be restricted to the range predicted by our model. Some planets, on the other hand, seem to remain rocky, although they are in the Goldilocks region for acquiring and maintaining an atmosphere. A possible explanation for this diversity inside the Goldilocks region is giant impacts that remove gas (Inamdar & Schlichting 2016).

An interesting outcome of the spontaneous shedding of the outer gas envelope after the nebula disperses is that atmospheres of planets just below the top line in Figure 3 (which are on the verge of runaway accretion) are far from self-gravitating. For our choice of \( \gamma \), marginally self-gravitating atmospheres retain only \( \approx 30\% \) of their mass after the nebula vanishes, as discussed in Section 3.2. However, this result is sensitive to our choice of \( \gamma > 4/3 \), and for \( \gamma < 4/3 \) we expect marginally self-gravitating atmospheres to retain most of their mass. Quantitatively, for \( \gamma = 1.2 \) (as chosen by Lee & Chiang 2015), atmospheres lose only \( \approx 25\% \) of their mass (see Section 3.2) following disk dispersal.

Although Lopez & Fortney (2013) define a mass-flux curve qualitatively similar to our bottom line of Figure 3, with hot or small planets losing their atmosphere due to UV evaporation, the considerations leading to their curve are different from ours. In our model, we account for the cooling of the rocky core, and self-consistently couple the evolution prior to disk dispersal to the subsequent mass-loss.

6. CONCLUSIONS AND DISCUSSION

In this work we analyzed the conditions in which rocky cores of a few \( M_{\odot} \) in mass acquire and retain voluminous atmospheres. Such atmospheres are necessary in order to explain some of the recently discovered Kepler low-density super-Earths (see, e.g., Lopez et al. 2012; Lissauer et al. 2013).

We studied a scenario in which a pre-assembled rocky core accretes gas from the protoplanetary nebula. This scenario is relevant for the inner disk, where the assembly time for rocky cores is much shorter than the disk’s lifetime (Goldreich et al. 2004; Lee et al. 2014). We also assumed that the gas density of the nebula is relatively low (MMSN), implying that atmosphere masses are determined by comparing their Kelvin–Helmholtz cooling time to the disk’s dispersal time (the initial atmospheres that form adiabatically without cooling are negligible in mass). We found that in this scenario super-Earths at \( \sim 0.1 \text{ au} \) orbits acquire atmospheres of a few percent in mass, in agreement with previous studies (Lee et al. 2014; Inamdar & Schlichting 2015; Lee & Chiang 2015). Despite the apparent consistency of this result with observations (see, e.g., Lopez et al. 2012), subsequent evolution of the planets, following the nebula’s dispersal, has to be considered as well.

We found that once the gas disk disperses, at time \( t_{\text{disk}} \approx 10 \text{ Myr} \) (Mamajek 2009; Williams & Cieza 2011; Alexander et al. 2014), atmospheres shed their outer layers due to loss of pressure support from the disk and due to their own cooling luminosity (see also Owen & Wu 2016). Consequently, super-Earth atmospheres shrink to a thickness comparable to the radius of the rocky core \( R_{c} \approx R_{c} \), on a timescale \( \sim t_{\text{disk}} \) (equivalently, the planets shrink to a radius \( \approx 2R_{c} \)). When this thin regime is reached, we distinguish between two types of atmospheres.

1. Heavy envelopes, with atmospheric masses (as a fraction of the core mass) \( f = M_{\text{atm}}/M_{c} \approx 5\% \), retain their masses and contract until they reach the maximum gas density after \( \sim 1 \text{ Gyr} \) at most.

2. Light envelopes, on the other hand, with \( f \leq 5\% \), are lost entirely due to the cooling of the underlying rocky core, which dominates the heat capacity (but can cool only once the atmosphere is thin). In this case, the mass-loss timescale is determined by the finite escape rate of molecules traveling at the speed of sound through the Bondi radius.

In addition to this spontaneous mass shedding, gas envelopes are also vulnerable to evaporation by high-energy stellar photons (see, e.g., Lopez et al. 2012; Owen & Wu 2013). In this work we examined both mass-loss possibilities and coupled them with the preceding nebular accretion phase.

Our consistent treatment of accretion and evaporation allows us to relate the mass-loss timescale to the accretion time, and therefore to the disk’s lifetime. Using these relations, we derived theoretical constraints on the planet’s mass and equilibrium temperature (or equivalently, distance from the star) which enable the accretion and preservation of a significant atmosphere. Explicitly, we analytically identified a rather limited Goldilocks region in the temperature–mass plane, in which planets are massive and cold enough to obtain and retain an atmosphere, while not so massive or cold that
runaway gas accretion occurs, and the planets do not become Jupiters. Observed low-density super-Earths (see, e.g., Weiss & Marcy 2014) are indeed concentrated in this theoretically allowed region, though some features of the observed super-Earth population are not explained by our model and may be due to giant impacts (Inamdar & Schlichting 2016).

It is noteworthy to mention Rogers et al. (2011), who also coupled self-consistently core-nucleated accretion with the subsequent post-dispersal evolution, including mass loss. Despite the similar approach of both studies, we also point out the main differences. First, Rogers et al. (2011) focus on the scenario of formation beyond the snow line, at \( T_{\text{eq}} \approx 100 \text{ K} \), followed by migration to the current planet position of \( T_{\text{eq}} \sim 500–1000 \text{ K} \). We, on the other hand, focus on in situ formation at the current planet location. This difference affects both the accretion history and the composition of the rocky core, which is ice-rich in Rogers et al. (2011). In addition, although UV-driven evaporation is treated similarly in both studies, this work also incorporates spontaneous mass loss, which is absent from Rogers et al. (2011). Finally, we compare our model to planets that have reasonable constraints on their masses from transit time variations or radial velocity measurements, while Rogers et al. (2011) take a more general approach and use only the measured planet radius from Kepler to derive constraints on the possible mass and atmosphere fraction.

Our analytical model is simple and intuitive and provides a consistent picture of gas accretion and evaporation, which seems to agree, at least approximately, with the observations. Nonetheless, there are several aspects of the model that deserve further attention:

1. Although we coupled gas accretion and evaporation, we decoupled these processes from the assembly of rocky cores. At close orbits, planetesimal impacts may be ignored, as explained above, but giant impacts of protoplanets (or alternatively, inward migration of rocky cores) may be relevant, since isolation masses are small (see, e.g., Goldreich et al. 2004; Inamdar & Schlichting 2015).

2. We assumed a sharp decrease in the nebula’s gas density, after which gas accretion terminates. The disk dispersal is more gradual, and planets may accrete gas from a depleted nebula (Lee & Chiang 2016). This caveat is briefly discussed in Section 3.3.

3. This work focused on low-density gas nebulae (MMSN), while other works (Chiang & Laughlin 2013; Lee et al. 2014; Inamdar & Schlichting 2015) argue for higher gas densities (near the Toomre stability limit), based on high solid disk masses which were invoked to explain the Kepler observations. A better estimate of the initial gas density is thus required in order to constrain super-Earth formation scenarios (if the density is low enough though, it does not affect the results, as explained above). Interestingly, our model can be used to test the presence (or absence) of high-density gas nebulae. In a dense nebula, the atmosphere mass is determined adiabatically, with cooling playing a minor role. By setting the runaway accretion condition \( f \sim 1 \) in Equation (3), we find that the maximal stable core mass scales approximately as \( M_{\text{c}} \propto T_{\text{eq}}^{-1} \) in such nebulae (since cooling is unimportant, this result is robust and does not depend on the opacity or other details of our cooling model). In light nebulae, on the other hand, the atmosphere mass is determined by cooling, and the maximal stable core mass increases with temperature, as seen in Figure 3 (top line). An improved set of observations, with accurate masses and sampling a broad range of equilibrium temperatures (separations), can distinguish between the two models and constrain the typical nebula density.

4. The multi-dimensional flow around an accreting planet may alter the one-dimensional results presented here (D’Angelo & Bodenheimer 2013; Fung et al. 2015; Ormel et al. 2015a, 2015b). Specifically, Ormel et al. (2015b) and Fung et al. (2015) find that in 3D simulations the atmosphere gas is replenished from the nebula on timescales shorter than the Kelvin–Helmholtz cooling time, resulting in lighter (i.e., higher entropy) envelopes.

D’Angelo & Bodenheimer (2013), however, find that the envelope mass decreases only by a factor of roughly two.

Addressing these points, together with a more realistic treatment of UV photo-evaporation (see, e.g., Owen & Wu 2013), may improve our theoretical constraints on low-density super-Earth formation scenarios. In addition, a few extremely low-density “super-puffs” (see, e.g., Lee & Chiang 2016 and references within) might require a different formation scenario.

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