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brain

Organ Transplant They Gave a Lifetime Kidney Donation Thoracic Organ Transplant Generic Immunosuppressants Quality Improvement: In Solid Organ Transplant Aggressive Bowel Preparation Peer Review Process Innovation in Transplant Care

stomach

large intestine

eari



Magnet Forces

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From the Nursing Shared Governance Council

Magnet committee membership is a great way to become personally involved in the Magnet journey and to help shape the future of nursing at UCSD. For more information go to our nursing website at http://medinfo.ucsd.edu/nursing/ committees/ to learn about committee membership opportunities.



Message from the The Chief Nursing Officer

Our third issue of the UCSD Journal of Nursing brings much celebration for our Transplant Team. UC San Diego Medical Center is proudly celebrating its 40th anniversary of the Kidney Transplant program and the 20th anniversary of the Heart and Lung Transplant program. Along with this celebration we recognize and honor the many transplant patients, donors and staff. In addition to having our transplant program running for 40 years we were also the first hospital in San Diego County to perform "Good Samaritan" donor transplants and even more recently we

completed a successful paired donation transplant, another first for our county.

I congratulate the entire Transplant Team for the continued improvement of the transplant process. I am grateful for the patients and donors who entrust their lives in the care of our staff. These patients are often here for an extended period of time and they rely on our team to be more than just their "caregiver" but more like a friend or family member. The quantity of drugs these patients have to take is overwhelming and daunting. Knowing that thousands of people die each year as a result of medication error our talented staff adapted the MedActionPlan. This is a great example of how multiple disciplines work together to make sure the patient is receiving the correct medication, the correct dosage, understanding when and why to take it, therefore making a more educated patient.

I continue to be amazed by the talented staff we have at UC San Diego Medical Center and by reading the following articles you will be too. Our Lifesharing department continuously pushes the envelope to find new ways to make donors available for our growing transplant list, the Transplant Nurse Coordinators work tirelessly making sure those transplants actually happen, transplant pharmacists handle the complicated medication regimen of these patients, and our physicians constantly make new strides. Looking back 50 years at the history of transplants it is obvious we are moving in the right direction and will continue to be a pioneer in this field.

The following articles include many touching stories and valuable information about what our Transplant nurses do on a day to day basis. I am privileged to be a part of this team and proud to share in the achievements of our nurses as they touch the lives of our patients.

Sincerely,

Margarita Baggett RN MSN CHIEF NURSING OFFICE



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From the CNO

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Thalisa Van Rensburg, Lifesharing Tissue Coordinator, graphically demonstrating options for organ donation. The photograph was taken in the UCSD operating room on "Bring Your Kids to Work Day.

On the front cover: