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Tibetan dining etiquette: A sociolinguistic analysis of a normative discourse text in Stau

Jesse P. Gates

PSL Research University, Paris EHESS (CRLAO)

Thub.bstan Nyi.ma

Tshe.ring Rgyal.mtsan

Independent researchers

ABSTRACT

The primary objective of this article is to provide a transcription, glossing, and translation of a recent oral presentation called a survey of the standard of the can be translated as "Stau Tub.bstan.nyi.ma's Detailed Commentary on Dining Etiquette," made over social media in the Stau language. ZML provides an example of the role of social media in language use among a language with relatively few speakers in the Sichuan Ethnic Corridor of China and provides data for studying the influence of Tibetic languages on Stau from the standpoint of loanwords. ZML is also a source of anthropological and sociolinguistic data; giving insight into a prescriptive approach to behavior, normative discourse, and identity formation. In addition, a preliminary representation of Stau using the Tibetan (Sambhota) script is given in this paper.

KEYWORDS

Stau, Rgyalrongic, Tibetan, Tibetic languages, normative discourse, identity formation, loanwords

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Jesse P. Gates
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1 Introduction

The primary objective of this article is to provide a transcription, glossing, and translation of a recent oral presentation called চুত্ত প্রত্যবস্থা উত্তর অধ্যন্ত অধ্যন্ত ক্রেল্ড ক্রেল ক্রেল্ড ক্রেল ক্রেল্ড ক্রেল ক্রেল্ড ক্রেল্ড ক্রেল্ড ক্রেল্ড ক্রেল্ড ক্রেল্ড ক্রেল্ড

Stau is a Rgyalrongic language spoken by about 40,000 speakers primarily in Daofu County (কুল্লেক্স্), Ganzi Prefecture (ব্যাহ্মান্ত্রা), Sichuan Province, China; but Stau speakers can also be found in Luhuo (হ্রামান্ত্রা), Danba (হ্রাম্বা), and Jinchuan Counties (ক্রাক্তর্য). Some recent publications on the Stau language include Gates & Kim (2018), Gates (2017), Jacques et al. (2017), Sun & Tian (2013), Tian & Sun (2016), and Tunzhi (2017); also see Gates (Forthcoming) for a detailed description of the Mazur dialect of Stau. Note that both Sun and Tian use the term 'Central Horpa' for Stau, and Tunzhi uses the quasi-Wylie spelling 'rTa'u' for Stau, which he also uses in replacement of Sun's and Tian's 'Horpa'. ZML was written and presented by Thub.bstan Nyi.ma হ্বাম্বাহ্বাইন বিলোগ (posted on October 1, 2017 through the media outlet 美

拍 https://www.meipai.com) and is transcribed and glossed in its entirety in Section 2. Despite this text being only about one minute in length, it is interesting on several levels. Firstly, ZML provides an example of how social media is used among a language community with a relatively small population in the Sichuan Ethnic Corridor of China. In addition, the use of social media is a great resource for linguistic data, and this paper serves to encourage linguists to use social media from lesser known languages to do linguistic research. Although a specialized corpus collected first-hand by a linguist is still needed, social media provides an embarrassment of riches in terms of data that often is, but should not be, overlooked.

Secondly, ZML is an example of a prepared speech in Stau. Linguists emphasize natural and spontaneous speech in data collection, and this emphasis has been a good thing, especially as a balance to the philological tradition that focuses entirely on written texts. However, linguistics still has much to learn from philology: the study of a language should also include how a language community prepares and redacts a well-crafted text (if a language community has this practice). Granted, it may be difficult to find well-crafted texts; especially for a language without a written tradition.

Thirdly, as Section 3 demonstrates, ZML provides data for studying the influence of Tibetic languages on Stau from the standpoint of loanwords. Fourthly, as Section 4 discusses, ZML provides a source of anthropological and sociolinguistic data; particularly with insight into a prescriptive approach to behavior, normative discourse (see Section 4.1), and identity formation (see Section 4.2). We can see elements of identity formation and prescription, "If you are to be a good Tibetan, then you must not overly stuff your mouth with food and make excessive eating noises, especially in a formal setting with important guests."

A representation of Stau using the Tibetan (Sambhota) script is given in this paper. This is primarily to open up the possibility to Stau speakers of using the Tibetan script to write in their own language, and is not a finalized orthography. In many ways, Stau does not need an orthography since by and large it can use the Tibetan script and spelling rules. There are, however, times when the spelling rules needed to be adjusted as there is no equivalent spelling in Tibetan to represent certain Stau consonant clusters and vowel sounds. It has been essentially Stau speakers who have developed the spelling choices in this paper. The philosophy of the speakers who have made spelling choices is to cause as little disruption to the traditional Tibetan spelling system as possible, and yet still provide as much of a consistent phonological representation as possible. Anyone who has tried to apply an old traditional orthography (with a history of grapholotry) to a modern language knows that this is a hard balance to strike. In addition, any word that can be recognized as a Tibetic language loanword is spelled according to the Tibetan spelling convention, even at the cost of phonological representation. This is primarily to respect the sociolinguistic and political situation. Of course this is not the best choice from a purely phonological perspective. Again, the purpose of the Tibetan orthographic representation of Stau in this paper is not to provide a canonical or finalized orthography, but to encourage a dialogue about orthographic issues for Stau.

2 The text: ZML

Below we present ZML in its entirety. The text has been divided into seven sentence groups. Each new sentence occurs after a final copula + sensory evidential suffix -rə, which marks the end of a complete thought that is based on the speaker's sensory experience. Readers are encouraged to watch the ZML video (found at https://www.youtube.com/watch?v=FiKdGRCy1xs) pausing where needed while reading the transcription and translation found below.

(1) टाप्पे चॅट्रां प्रहें जे.सं चार्या त्या क. याचा वार्या वार्

də-rə tə-jə ge zama ngə tçha ja = nə zama a-se rkhə-tçhu have-sens pfv-say lnk food eat time mouth=in food one-clf.full put.in-nmlz

ਕਗਾਗਾ ਹੈ ਘਟਾਰ ਤਾਲਾ ਕਗਾਲਾ ਘਾਹਾਘਾ ਨੂੰ ਯਾਕਕਾਗਾ ਹੈ ਹੈ ਜੋ ਹੈ ਗੁਰੂ-ਰੁਰ pi $j\tilde{\rho}na$ zama $ng \hat{\rho}$ tc^ha ja=ji zgra $yza-g\hat{\rho}$ pi t^hi pi eat-ipfv like or food eat time mouth=gen sound(n.) sound(v.)-ipfv like dem like

 \overrightarrow{A} 'सु'सु' \overrightarrow{G} वाक्ष्य \overrightarrow{A} वाक्ष्य \overrightarrow{A}

NEG.PFV-do-NMLZ:O DEM important.matter INTENS-big COP-SENS

Our Tibetan people, ask what to carefully do while eating. When eating, it is an important thing not to stuff your mouth full of food and make sounds with your mouth.

(2) ສະພິ ລັດເພົ່ ສີຖະຖຸດສະເສົ້າ ສີ້ຽະເຊຣຸຫຼື ໝໍສະເສົ້າ ໝໍໝໍ ສະຫຸລັດເສົ້າ ຫຼາຍ pu=ji $ruyz\tilde{o}=n\partial$ scom yu $tchenmo=n\partial$ a-tche $n\partial$ - $\chi s\tilde{o}-s\partial$ I PL.GEN Tibetan=GEN culture=in Spyod. jug great=in Q-DEM PFV-say-IFR

मुं-रु पुंजि प्राप्त प्राप्त

હ્યા હ્યું. ધ્યું. વર્ષે. કું a-tç^hə jə-g-o-rə Q-DEM say-IPFV-COP-SENS

In our Tibetan culture, in the great Spyod.'jug, if asked, "What is written?" It says, "Do not eat with your mouth full, with sound coming out of a widely opened mouth." What does this mean?

(3) খাস্ত্র' ∃.প্র. প্র.৶৶. rkə-tchu jõna rdzõ-t¢^hu ja=nə zama a-se a-se iõna zama mouth=in food one-clf.full put.in-NMLZ or one-clf.full stuff-NMLZ or food ये धातु મૃ'ધુ'ભ' प्या. क. वावयःवी. বাৰ্ব ngə tç^ha zgra tə-jə-la γ**z**a-gə pi $ja=n\partial$ zgra γza eat time sound(n.) sound(v.)-IPFV like mouth=in sound(n.) sound(v.) PFV-say-TOP ⊒'का. पंथीं. क. zama ngə tçha *....* $t^h i$ рі ngə-rə-ка pi rtsavane ngə rge food eat time *eating.sound* DEM like eat-SENS-IND DEM like never eat basically

5'T' & 'S' | də-gə mja-rə have-ipfv neg.cop-sens

Food stuffed full in the mouth, or making sounds when eating like this; if one is making sound in the mouth while eating *smacking sound* like this, one must not eat like this.

- (4) ब्रु' प्र'ख्रु'ञ ६' अ'गु' हे'गु'६'३।

 the ka-qhema ne ma-ge rtsi-g-o-re

 DEM INTENS-bad COP NEG-CLF count-IPFV-COP-SENS

 This is considered very bad.
- বা.টিপ্র.প্রধ্য. $k\varepsilon$ - $c^h\varepsilon$ - $m\varepsilon$ çejotçen rege vdzi especially person intellectual and person INTENS-big-INTENS DEM like PL=COM *দ*েই্থ্যথ্য कॅम्पायात्र केव यें वे ये वे वे व वी.पर्धि.स्.क्र्. $ts^h ondi$ $tc^h \varepsilon npo t^h i - pi - pi = n = n$ kə-nk^hərva-tç^hu zama ngə tç^ha kati tə-ŋu-la PFV-COP-SUBJ meeting great DEM-like=PL=in PFV-turn-NMLZ food eat time if क्.वी. ध्रे.प. शर्चूट.क्ट. घटा.वी.टे.दी ५.८८ अ.थ. थ.पंग्राजा ni thi $t c^h \partial g \partial n i = \kappa a m t^h \tilde{o} t c^h \tilde{o} t^h \varepsilon v - g - o - r \partial$ tava zama nə-ngi-la 2 DEM like food PFV-eat.2-SUBJ then 2=ALL contempt receive-IPFV-COP-SENS Especially if you are with educated people and great people; in a grand meeting around a table while eating; if you eat like this then you will be disdained.

พลัก ซู ละเกต wide not.have-nmlz:A=Gen person dem kind recognize

ब्रु.बी.टि.सि

t¢e-g-o-rə

become-IPFV-COP-SENS

You will be thought of as an ignorant, backwards [lit: rural], narrow-minded kind of person.

(7) कु ने कें पाषा प्राप्त प्

 $\sqrt{\sqrt{2}}$ $\sqrt{\sqrt{$

Therefore, for all of us to be careful while we are eating is a very important matter.

3 Tibetic loanwords

Stau is not a Tibetic language, but like all Rgyalrongic languages Stau has had contact with Tibetic languages for many centuries. Despite the fact that Stau is not a Tibetic language, Stau speakers are no less a part of the Tibetan nationality than speakers of Tibetic languages, from their own perception, from the perception of other Tibetans, and from the political views and enacted policies of the Chinese government. The amount of Tibetic loanwords in Stau is quite large. Although a large number of Tibetic loanwords are in the religious domain, as Stau speakers are largely adherents of Tibetan Buddhism, there are also many Tibetic loanwords for other domains in daily life (including food, clothing, general adjectives, etc.). This high number of loanwords in multiple domains, increasing especially in recent years, is indicative of the high level of contact between Stau speakers and speakers of Tibetic languages. As has been mentioned, Stau speakers are primarily followers of Tibetan Buddhism and Tibetan is the language by which Tibetan Buddhism has spread to Stau speakers. Thus, Tibetan Buddhism has also been a vehicle for language change with the introduction of loan words in the domain of religious vocabulary.

In ZML, we identify no less than twenty-six Tibetic loanwords, not including a sentence long quotation from Classical Tibetan literature. In this section, we divide loanwords into common loanwords (Section 3.1) and higher register loanwords (Section 3.2). This way of dividing loanwords is based primarily on the perception of Stau speakers as well as the researchers' familiarity with Stau texts and conversations. At this stage these divisions could be useful as a hypothesis, but in order to move beyond the hypothetical a statistical analysis should be conducted, which is beyond the scope of this paper.

¹ Tibetic' includes languages e.g., Lhasa, Kham, Amdo, etc. Based on speaker perceptions, Lhasa, Kham, and Amdo are closer to each other than they are to Stau, but Stau speakers generally consider Stau as part of the sociolinguistic macro-language 'Tibetan'.

Common loanwords are loanwords that show up regularly in texts and daily conversations and are often perceived as Stau words. Many Stau speakers who are bilingual in a Tibetic language easily divide words as rõske 'farmer language' and mbroske 'herder language', roughly corresponding to the Stau language and a Tibetic language (typically Northeastern Amdo; Tournadre 2013: 106, 122), respectively. Many common loanwords will be identified as rõske 'farmer language', although some more highly educated Stau speakers will identify some common loanwords as mbroske 'herder language'. Higher register loanwords are not used as regularly as common loanwords. These words usually have a more restricted domain usage, e.g., the religious context. Higher register loanwords are also partially identifiable by the way they are used to replace a more typical native Stau term. Some potential reasons for using higher register loanwords may be to display erudition, a sense of formality, and solidarity with the Tibetan nationality.

3.1 Common loanwords

This section will simply list common Tibetic loanwords used in ZML accompanied by a common Tibetan spelling.

- 1. pupa 'Tibetan person' བོད་ང།, from (1)
- 2. zama 'food' ສ'ສາj, from (1), (3), and (5)
- 3. *yze* 'careful' ग्राच्यां, from (1)
- 4. nanga 'important.matter' ব্যুষ্ট্রেব্যুষ্, from (1)
- 5. *pu* 'Tibet' 芍芍, from (2)
- 6. zgra 'sound' [5], from (1) and (3)
- 7. rtsi 'consider' 👼, from (4)
- 8. tshondi 'meeting' স্ক্র্যান্ত্র, from (5)
- 9. nkʰərva 'turn' 內內支i, from (5)
- 10. $t^hot c^h\tilde{o}$ 'contempt' অর্থিন স্কুন্দু, from (5)
- 11. royne 'cultured.person' ইবাম'বার্মা, from (6)
- 12. dakpo 'kind' བདག་བོ།, from (6). In Tibetan this word isn't used to mean 'a kind of person' but is used to mean 'lord, master' (among a few other meanings, including 'self' and 'essence'), thus this semantic shift seems to be a Stau innovation.

3.2 Higher register loanwords

This section will simply list higher register Tibetic loanwords used in ZML accompanied by a common Tibetan spelling.

- 1. jə̃na 'or' പ്രപ്പു, from (1) and (3). The common word to express 'or' is jəməna.
- 2. ruyzõ 'texts of Tibetan culture/philosophy' देवायावदा; , from (1)

- 4. tc^henmo 'great' $\overrightarrow{\varpi}$ $\overrightarrow{\varpi}$ $\overrightarrow{\varpi}$, from (2). Typically the native Stau term c^he is used for the concept 'great' or 'big'. In ZML, tc^henmo is used as an adjective to modify $scen_{JU}$ 'Spyod.'jug'. Also see higher register loanword number 9.
- 5. χεο 'speak.ноn' प्राप्त, from (2). This is an honorific verb for 'speak', reserved for the domain of speaking done by lamas, great teachers, gods, and other higher beings.
- 7. *rdzõ* 'stuff' 蒼仁;, from (3)
- 8. rtsavane 'never' স্থান্ত্ৰা, from (3)
- 9. łaperdə 'especially' শুবাবেন্দ্ৰা, from (5). Typically the native Stau term thinoji is used for the concept 'especially'.
- 10. çejotçen 'intellectual' প্রথার তর্ণা, from (5)
- 11. tchenpo 'great' के क्र 'र्बा, from (5). As mention for higher register loanword number 4, che is more commonly used as an adjective for 'great' or 'big'.
- 12. tṣõsɛv 'rural' শ্র্রান্বার্না, from (6)
- 13. rta rja mthõ rja 'see wide perceive wide' ឌូ គ្នាស្រ័ក គ្នា, from (6).
- 14. ŋundzən 'recognize' দ্বাবাদির from (6)

3.3 Sound changes in Tibetic loanwords

Below is a list of some interesting sound changes that have occured in Tibetic loanwords as seen in ZML.

- 1. $\langle ung \rangle \rightarrow \tilde{o}$, both $\langle ong \rangle$ and $\langle ung \rangle$ have merged as \tilde{o}
- 2. $\langle ag \rangle \rightarrow a$
- 3. $\langle aC \rangle \rightarrow \varepsilon C$

4 Anthropological and sociolinguistic observations

4.1 Normative discourse

Normative discourse is discourse about how things should be or how things are when everything is normal from the viewpoint of a particular culture (Taylor 1961). ZML is a quintessential example of normative discourse.

From observation and interviews, I have found that most Stau, and Tibetans in general, do not pay particular attention to the amount of noise that one makes with one's mouth while eating food in most everyday, informal settings. ZML is especially addressing formal situations, as can be understood from (5). However, in (1-4) the focus could be understood as developing normative dining etiquette habits for any context, informal or formal.

The warning of why one should conform to the dining etiquette habits outlined in ZML is quite interesting. In (6), the feared result of eating with your mouth stuffed with food and making excessive noises while eating is that others dining with you will consider you royne mankho 'ignorant' ইবাবের অব্যান সেইবাবের 'ক্রিডে 'rural' ক্রিবের মান্ট্রির মান্ট্র মান্ট্রির মান্ট্র মান্ট্রির মান্ট্র মান্ট্রির মান্ট্র মান্ট্র মান্ট্রির মান্ট্রির মান্ট্রির মান্ট্রির মান্ট্র ম

ম্বান্ত্রা মার্লি মার্

4.2 Identity formation

Notice the quotation from Classical Tibetan literature in (2) as a means of evoking a sense of 'traditional Tibetan identity', repeated in (8).

(8) kha fkõwa dã dza.ft¢he dã kha.dõ.nə ne za mə-fça mouth full and sound.com and mouth.widely.open.ela as.for eat Neg-do Do not eat with your mouth full, with sound coming out of a widely opened mouth.

The quotation in (2) and repeated in (8) is the Tibetan phrase বিষয়ে বিষয় ব

In (6), a proverb from Tibetan is quoted: rta rja mtho rja see wide perceive wide कु कु क्रिक्ट कुं. The use of a Tibetan proverb is also a sign of identifying with the larger Tibetan nationality and a means of displaying education and gentrification.

There is also an evocation of 'modern Tibetan identity' by the visual context in the ZML video. In the video, Thub.bstan Nyi.ma is wearing a western suite and necktie, sitting behind a desk, holding a red espresso cup. Located behind Thub.bstan Nyi.ma are various brands of wine and liqueur in a liqueur cabinet. Modern Tibetan music (using Tibetan lyrics) is dubbed into the background soundtrack of the video.

5 A few remarks on spelling choices

In the orthographic representation using the Tibetan script, the vowel a is inconsistently represented as an unmarked vowel and with the consonant final \P . This is because Tibetic loanwords without a vowel marking can be pronounced either as a or a in Thub.bstan Nyi.ma's dialect of Stau. If it is a native word with a we always use the consonant final \P , but if it is a Tibetic loanword with a we stay faithful to the Tibetan spelling, even if the word is spelled without the consonant final \P ; e.g., zama 'food' $\exists \forall \emptyset$.

The vowel a is typically represented without any vowel marking for native words and Tibetic loanwords. However, if there is a preinitial in the native morpheme, Stau speakers typically prefer to use the α_j final, e.g., γ_{za} sound γ_{α_j} , but do not use the α_j final for morphemes without a preinitial, e.g., γ_{za} time γ_{zj} . This use of the γ_{zj} final follows the rules of Tibetan.

6 Conclusion

Although brief, ZML is quite insightful in providing a window on Tibetic loanword usage, normative discourse, and identity formation in Stau over social media. This paper has helped sort out Tibetic loanwords in Stau used in ZML and has given some anthropological and sociolinguistic commentary, paying particular attention to the normative discourse and identity formation discourse of ZML. It is hoped that this paper will inspire linguists and antropologists to use social media better in the analysis of languages with smaller populations, low-resourced languages, and under-researched languages in the Sichuan Ethnic Corridor and around the globe.

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Jesse P. Gates stauskad@gmail.com