

**UCLA**

**Contemporary Music Score Collection**

**Title**

Chi Kung-Baduanjin

**Permalink**

<https://escholarship.org/uc/item/7d63d783>

**Author**

Li, Bo

**Publication Date**

2020

# Chi Kung-Baduanjin

气功·八段锦

---

for saxophone quartet

BO LI

2018.12



# Chi Kung-Baduanjin

"Baduanjin" is one of the traditional Chi Kung exercises in ancient China. The body is strengthened by practicing eight sets of movements. Although each of these sets have their own merits, they all reflect the characteristics of an ancient Chinese Chi Kung method - "stillness among motion and movement within tranquility". In this work, the composer embodies the Chi Kung's "combination of static and dynamic" with the music score and the Saxophone Quartet. As the Saxophone is a wind instrument, the nature and characteristic of this instrument portrays breath changes in the movements of "Baduanjin".

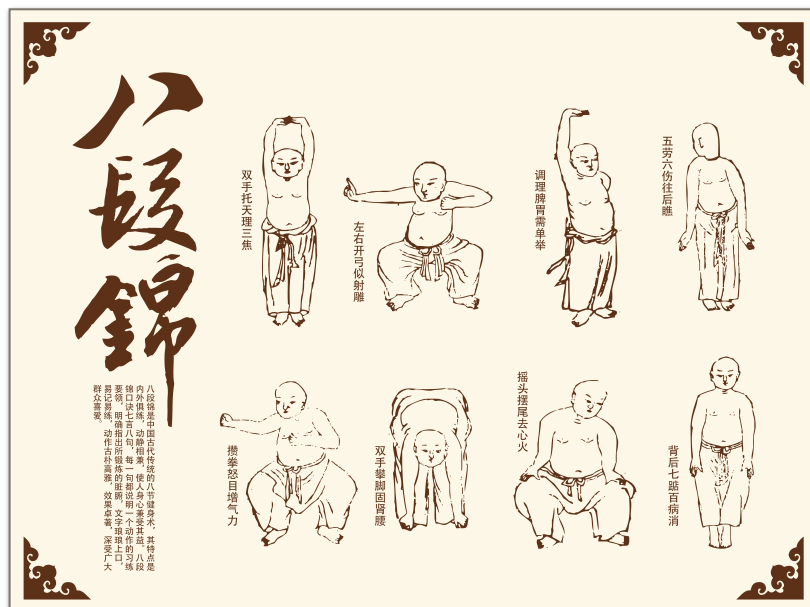
In his childhood, the composer often exercised in the morning with his family, and the practice of "Baduanjin" was also a part of the routine. In this work, the composer imitates the scene of an early morning run with the saxophone mimicking a chant counting 1 2 3 4. Microtones simulate the phone's receiver, fantasizing the scenario of the composer dialing his childhood telephone number, yet, there is nobody on the other end to pick up.

## 气功·八段锦

“八段锦”是中国古代传统的气功健身术之一，通过练习八套不同的动作，达到强身健体的效果。虽然这八套动作各有千秋，但都体现了中国古代气功功法中“动中有静，静中有动”的特点。在这首作品中，作曲家以萨克斯四重奏的分奏与齐奏来体现气功中的“动静结合”，以萨克斯本体的管乐乐器特点来体现“八段锦”动作中呼吸的变化。

作曲家在童年时期常随家人跑步晨练，练习“八段锦”也是晨练的内容之一。作品中作曲家以萨克斯打键声音加上口号（一二三四）来模仿儿时晨跑的场景，并以微分音高的方式来模拟电话的听筒声音——仿佛是在诉说，作曲家拨通了儿时自己的电话但无人应答的幻想情节。

### EIGHT SETS OF MOVEMENTS OF "BADUANJIN":





# Chi Kung-Baduanjin

气功·八段锦

BO LI  
2018.12

**A**

4/4  $\text{♩} = 72$

Soprano Saxophone

Alto Saxophone

Tenor Saxophone

Baritone Saxophone

3 4/4 3 2/4

Sop. Sax.

Alto Sax.

Ten. Sax.

Bari. Sax.

6 2/4 7 3/4 8 3/4 9

Sop. Sax.

Alto Sax.

Ten. Sax.

Bari. Sax.

10 11 12

Sop. Sax. *f* *pp* *f* *pp*

Alto Sax. *f* *pp*

Ten. Sax. *f* *pp* 6 5

Bari. Sax. *ppp* *pp*

13 14 15 16

Sop. Sax. *f* *pp* *f* *pp*

Alto Sax. *f* *pp* *f* *pp*

Ten. Sax. *f* *pp* *f* *pp*

Bari. Sax. *mf* *pp* *f*

17 18 19 20

Sop. Sax. *f* *pp* *f*

Alto Sax. *f*

Ten. Sax. *pp* *f* *pp* *f*

Bari. Sax. *pp* *f* *mf* *f*

4/8

21 22 23 24

Sop. Sax. *fff* *ff* *f*

Alto Sax. *fff* *ff* *f*

Ten. Sax. *fff* *ff* *f*

Bari. Sax. *fff* *ff* *f*

4/8 3/8 2/8 1/8 3/4

25  $\frac{3}{4}$  = 96 **B** 26 27

Sop. Sax. *pp* *fff* *pp*

Alto Sax. *pp* *fff* *pp*

Ten. Sax. *pp* *fff* *pp*

Bari. Sax. *pp* *fff* *pp* *fff*

28 29 30  $\frac{2}{4}$

Sop. Sax. *fff* *pp* *fff* *pp* *fff* *pp* *fff* *fp*

Alto Sax. *fff* *pp* *fff* *pp* *fff* *pp* *fff* *fp*

Ten. Sax. *fff* *pp* *fff* *pp* *fff* *pp* *fff* *fp*

Bari. Sax. *pp* *fff* *pp* *fff* *pp* *fff* *fp*

31  $\frac{2}{4}$  32 = 86 33  $\frac{3}{8}$  34  $\frac{3}{4}$   $\frac{3}{8}$

Sop. Sax. *fff* *sfz* *slap*

Alto Sax. *fff* *p* *sfz*

Ten. Sax. *fff* *f* *p*

Bari. Sax. *fff* *f*

35  $\frac{3}{8}$  36  $\frac{1}{4}$  37  $\frac{3}{8}$  38  $\frac{4}{4}$   $\frac{3}{8}$

Sop. Sax. *f* *p* *f* *p*

Alto Sax. *f* *p* *f* *p* *tr*

Ten. Sax. *f* *p* *f* *p*

Bari. Sax. *p* *f* *p* *f*



39 **3/8** **40** **2/4** **41** **3/8** Multiphonic (random) **44** **4/4**

Sop. Sax. *f* *p* *f* *p*

Alto Sax. *f* *p*

Ten. Sax. *f* *p* *f* *p*

Bari. Sax. *p* *f* *p* Multiphonic (random)

42 **4/4** **43**

Sop. Sax. *p* *ppp*

Alto Sax. *ppp*

Ten. Sax. *p* *ppp*

Bari. Sax. *f* *p* *ppp*

44 **45**

Sop. Sax. *ff* *pp*

Alto Sax. *ff* *pp*

Ten. Sax. *ff* *pp*

Bari. Sax. *ff* *pp*

46 **47**

Sop. Sax. *pp* *pp* *mp* *pp* *pp* *mp* *pp*

Alto Sax. *pp* *mp* *pp* *pp* *mp* *pp* *pp*

Ten. Sax. *pp* *mp* *pp* *pp* *mp* *pp* *pp*

Bari. Sax. *solo* *f* *fff* *p*

Multiphonic (random)

48 49

Sop. Sax. *pp* *mp* *pp* *pp* *pp* *pp*

Alto Sax. *mp* *pp* *pp* *mp* *pp* *pp* *mp*

Ten. Sax. *pp* *mp* *pp* *pp* *mp* *pp* *pp*

Bari. Sax. *ff* *fff*<sup>4</sup> 3 5 *f* *ff*

50 51

Sop. Sax. *mp* *pp* *pp* *mp* *pp* *pp*

Alto Sax. *pp* *pp* *mp* *pp* *pp* *mp* *pp*

Ten. Sax. *mp* *pp* *pp* *mp* *pp* *pp* *mp*

Bari. Sax. *fff* 3 5

Multiphonic (random)

52 53

Sop. Sax. *mp* *pp* *pp* *mp* *pp* *pp* *mp*

Alto Sax. *pp* *mp* *pp* *pp* *pp* *mp* *pp* *pp*

Ten. Sax. *pp* *pp* *mp* *pp* *pp* *mp* *pp*

Bari. Sax. *f* 3 *ff* *fp* *ff*

54 55

Sop. Sax. *pp* *pp* *mp* *pp* *p* *ff* *p*

Alto Sax. *mp* *pp* *pp* *mp* *pp* *p* *ff*

Ten. Sax. *pp* *mp* *pp* *pp* *mp* *pp* *p*

Bari. Sax. *fff* *p* *ff* *p* *ff*

56 57 58  $\frac{3}{8}$  = 102 59  $\frac{4}{8}$

Sop. Sax. *ff* *p* *ff* *p* *ff* *fff* *fff*

Alto Sax. *p* *ff* *p* *ff* *p* *ff* *fff* *fff*

Ten. Sax. *ff* *p* *ff* *p* *ff* *p* *ff* *ff* *fff* *fff*

Bari. Sax. *p* *ff* *p* *ff* *fff* *fff* *fff*

60 61 62 63 64 65 66 67 68 69 70  $\frac{4}{8}$   $\frac{1}{4}$   $\frac{3}{8}$   $\frac{1}{4}$   $\frac{3}{8}$   $\frac{2}{8}$   $\frac{3}{8}$   $\frac{1}{4}$   $\frac{3}{8}$   $\frac{4}{8}$

Sop. Sax. *pp* *pp* *p < ff* *pp* *p < ff* *pp* *p < ff* *pp*

Alto Sax. *pp* *pp* *p < ff* *pp* *p < ff* *pp* *p < ff* *pp*

Ten. Sax. *pp* *pp* *p < ff* *pp* *p < ff* *pp* *p < ff* *pp*

Bari. Sax. *pp* *p < ff* *pp* *p < ff* *pp*

71 72 73  $\frac{4}{8}$   $\frac{3}{8}$  = 62 74 75

Sop. Sax. *fff subito* *fff*

Alto Sax. *fff subito* *fff*

Ten. Sax. *fff subito* *fff* 3 3 3 3 3 3 3 3 3

Bari. Sax. *fff subito* *fff* *p*

76 77 78 79 80

Sop. Sax. *f* *pp* *f*

Alto Sax. *p*

Ten. Sax. *p* 3 3 3 3 3 3 3 3 3 3 3 3

Bari. Sax. *p*

81 82 83 84 85

Sop. Sax. *pp* *pp* *f* *pp* *f* *pp*

Alto Sax.

Ten. Sax. *f* *pp* *f* *pp*

Bari. Sax.

86 87 88 89 90

Sop. Sax. *f* *pp* *f* *pp* *f* *f*

Alto Sax.

Ten. Sax. *f* *pp* *f* *pp* *f* *f*

Bari. Sax. *f* *pp* *f*

91 92 93 94 95 96 97

Sop. Sax. *p* *sfz* *sfz*

Alto Sax. *p* *sfz* *sfz*

Ten. Sax. *p* *sfz* *p* *sfz*

Bari. Sax. *p* *sfz* *p* *sfz*

98 99 100 101 102 103

Sop. Sax. *p* *sfz* *sfz* *sfz* *sfz*

Alto Sax. *sfz* *sfz* *p* *sfz* *p*

Ten. Sax. *p* *sfz* *sfz*

Bari. Sax. *sfz* *p* *sfz* *sfz*

**5**  
**16**

104 **5** **16** **E** 105 **7** **16** 106 **10** **16** 107 **9** **16**

Sop. Sax. *sfz* *mf* *f* *cresc.*

Alto Sax. *sfz* *mf* *f* *cresc.*

Ten. Sax. *sfz* *mf* *f* *cresc.*

Bari. Sax. *mf* *f* *cresc.*

108 109 110 111 112

Sop. Sax. *f* *cresc.* *ff*

Alto Sax. *ff*

Ten. Sax. *ff*

Bari. Sax. *ff*

113 114 **3** **4** 115 **3** **4** vib. rhythm **4** **4** 116 **4** **4** 117 **3** **4**

Sop. Sax. *ff* *fff* *fp* *ff* *p*

Alto Sax. *ff* *fff* *fp* *ff* *p*

Ten. Sax. *ff* *fff* *fp* *ff* *p*

Bari. Sax. *ff* *fff* *fp* *ff* *p*

117 **3** **4** 118 **2** **4** 119 **4** **4** 120 121 **2** **4** 122 **1** **4** **4** **4**

Sop. Sax. *f* *p* *f* *ff* *pp* *p* *ff* *p* *mf* *mp*

Alto Sax. *f* *f* *ff* *pp* *p* *ff* *p* *mf* *mp*

Ten. Sax. *f* *f* *ff* *pp* *p* *ff* *p* *mf* *p*

Bari. Sax. *f* *f* *ff* *pp* *p* *ff* *p*

4/4 slow → fast

M.V. 123 124 125 126 127

Sop. Sax. *ppp* *fff* *p*

Alto Sax. *fff* *p*

Ten. Sax. *slap* *sfz* *p*

Bari. Sax. *fff* *p* *p* *sfz* *p*

5 9

3/8 F



128 129 130 131 132 133

Sop. Sax. *sfz* *sfz* *p* *sfz*

Alto Sax. *sfz* *sfz* *p*

Ten. Sax. *sfz* *p* *p*

Bari. Sax. *sfz* *sfz* *p* *p*



134 135 136 137 138 139

Sop. Sax.

Alto Sax.

Ten. Sax.

Bari. Sax.



140 141 142 143 144

Sop. Sax.

Alto Sax.

Ten. Sax.

Bari. Sax.

4/8

145 146 147 148 149

Sop. Sax.

Alto Sax.

Ten. Sax.

Bari. Sax.

Musical score for measures 145-149. The score is written for four saxophone parts: Soprano, Alto, Tenor, and Baritone. Each part has a staff with a treble clef. The music consists of eighth and sixteenth notes, often beamed together. Measure numbers 145, 146, 147, 148, and 149 are indicated above the staves. There are double bar lines between measures 145-146, 146-147, 147-148, and 148-149.



150 151 152 153 154

Sop. Sax.

Alto Sax.

Ten. Sax.

Bari. Sax.

Musical score for measures 150-154. The score is written for four saxophone parts: Soprano, Alto, Tenor, and Baritone. Each part has a staff with a treble clef. The music consists of eighth and sixteenth notes, often beamed together. Measure numbers 150, 151, 152, 153, and 154 are indicated above the staves. There are double bar lines between measures 150-151, 151-152, 152-153, and 153-154.



155 156 157 158 159

Sop. Sax.

Alto Sax.

Ten. Sax.

Bari. Sax.

Musical score for measures 155-159. The score is written for four saxophone parts: Soprano, Alto, Tenor, and Baritone. Each part has a staff with a treble clef. The music consists of eighth and sixteenth notes, often beamed together. Measure numbers 155, 156, 157, 158, and 159 are indicated above the staves. There are double bar lines between measures 155-156, 156-157, 157-158, and 158-159.



160 161 162 163 164

Sop. Sax.

Alto Sax.

Ten. Sax.

Bari. Sax.

*ff*

*ff*

*ff*

*ff*

7  
16

Musical score for measures 160-164. The score is written for four saxophone parts: Soprano, Alto, Tenor, and Baritone. Each part has a staff with a treble clef. The music consists of eighth and sixteenth notes, often beamed together. Measure numbers 160, 161, 162, 163, and 164 are indicated above the staves. The dynamic marking *ff* (fortissimo) is present at the beginning of each staff. There are double bar lines between measures 160-161, 161-162, 162-163, and 163-164. In the top right corner, the number 7 is written above the number 16.

7  
165 166 167 168 169 170

Sop. Sax. *fff*

Alto Sax. *fff*

Ten. Sax. *fff*

Bari. Sax. *fff*

Without Tempo (around 10")

171

Sop. Sax. *fff-ffff* slap

Alto Sax. *fff-ffff* slap

Ten. Sax. *fff-ffff* slap

Bari. Sax. *fff-ffff* slap

172 173 174 175 176 177 178

4/4 = 76, 3/4, 4/4 H = 68

Sop. Sax. *fff* *fp* *fff* *mf* sempre

Alto Sax. *fff* *fp* *fff* *mf*

Ten. Sax. *fff* *fp* *fff* *mf*

Bari. Sax. *fff* *fp* *fff* *mf*

"the sound of phone call"

179 180 181 182 183

Sop. Sax. *fp-ff* *mp* *mf* *mp* *mf* *pp*

Alto Sax. *p dolce* *f* *pp* *p*

Ten. Sax. *p dolce* *f* *pp* *p*

Bari. Sax. *p dolce* *f* *pp* *p*



184 Multiphonic (random) 185 186 187 188

Sop. Sax. *ff sempre* *f* *pp* *p* *fp* *f* *mf* *mf* *pp* *p* *pp*

Alto Sax. *mf* *pp* *mp*

Ten. Sax. *mf* *pp* *p*

Bari. Sax. *mf* *pp* *p*

189 190 191 192 Multiphonic (random)

Sop. Sax. *ppp* *f* *mf* *mp* *f* *sfz* *mp* *pp*

Alto Sax. *pp* *mp*

Ten. Sax. *pp* *p*

Bari. Sax. *pp* *p*

193 Multiphonic (random) 194 195 Multiphonic I 196 197 198 Multiphonic II

Sop. Sax. *ff* *mf* *p* *ff* *p* *p*

Alto Sax. *p* *noly key noise* *air sound* *p* *f*

Ten. Sax. *p* *noly key noise* *air sound* *p* *f*

Bari. Sax. *p* *noly key noise* *air sound* *p* *f*

199 200 201 202  $\frac{5}{4}$   $\frac{4}{4}$

Sop. Sax. *ff* *pp*

Alto Sax. *p* *p* *ff* *ppp*

Ten. Sax. *p* *p* *ff* *ppp*

Bari. Sax. *p* *p* *ff* *ppp*

203 **4/4** 204 205 206

Sop. Sax. *p* *mp* yi! er!

Alto Sax. *p* *p < f* *p < f* *p < f* *p < f*

Ten. Sax. *p* *p < f* *p < f* *p < f* *p < f*

Bari. Sax. *p* *p < f* *p < f* *p < f* *p < f*

207 208 209 210

Sop. Sax. san! si!

Alto Sax. *p < f* *p < f* *ff*

Ten. Sax. *p < f* *p < f* *ff*

Bari. Sax. *p < f* *p < f* *ff*

211 212 213 Mul. I **3/4** 214 Mul. II **2/4**

Sop. Sax. yi! er! san! si! *fff* *ff* *ff*

Alto Sax. *sfz* *sfz* *sfz* *sfz* *fff* yi yi yi yi yi yi yi er san yi yi yi er san

Ten. Sax. *sfz* *sfz* *sfz* *sfz* *fff* yi yi yi yi yi yi yi er san yi yi yi er san

Bari. Sax. *sfz* *sfz* *sfz* *sfz* *fff* yi yi yi yi yi yi yi er san yi yi yi er san

215 **2/4** Mul. III **1/4** 216 **4/4** 217 **4/4** 218 **3/4** 12 12 12

Sop. Sax. *ff* stop! *fffz* ha... *ff* *p* *p* *mp*

Alto Sax. yi er san yi er *ff* ha... *p* *p* *p*

Ten. Sax. yi er san yi er *ff* ha... *p* *p* *p*

Bari. Sax. yi er san yi er *ff* ha... *p* *p* *p*

\* "yi"=one, "er"=two, "san"=three, "si"=four  
these numbers are used for physical training

219 220

Sop. Sax. *mp*

Alto Sax. *mp* *p* *mf*

Ten. Sax. *mp* *p* *mf*

Bari. Sax. *fp* *fp* *fp*

221 222

Sop. Sax. *f* *mf* *ff*

Alto Sax. *mp* *f* *mf*

Ten. Sax. *mp* *f* *mf*

Bari. Sax. *fp* *fp* *f*

223 224

Sop. Sax. *ff* *fff*

Alto Sax. *ff* *fff*

Ten. Sax. *ff* *fff*

Bari. Sax. *ff* *fff*

225 226 227 228

Sop. Sax. *ff* *ff* *ff* *ff* *accel.*

Alto Sax. *ff* *ff* *ff* *ff*

Ten. Sax. *ff* *ff* *ff* *ff*

Bari. Sax. *ff* *ff* *ff* *ff*

**4/4**

229  $\frac{4}{4}$  = 88 **K**

Sop. Sax. *f*

Alto Sax. *f*

Ten. Sax. *f*

Bari. Sax. *f*

230

231

Sop. Sax. *pp*

Alto Sax.

Ten. Sax.

Bari. Sax. *ff* *fff*

232

233

Sop. Sax. *fff*

Alto Sax. *pp* *fff*

Ten. Sax. *pp* *fff*

Bari. Sax. *pp* *fff*

234

*pp* *fff* *pp* *fff*

235

Sop. Sax. *pp* *fff*

Alto Sax. *fff* *pp* *fff*

Ten. Sax. *pp* *fff*

Bari. Sax. *f* *fff*

236  $\frac{5}{8}$   $\frac{4}{4}$

237  $\frac{4}{4}$  half note and half air

Sop. Sax. *p subito*

Alto Sax. *p subito*

Ten. Sax. *p subito*

Bari. Sax. *p subito*

238

239

Sop. Sax. *sfz*

Alto Sax. *sfz*

Ten. Sax. *sfz*

Bari. Sax. *ff* *fff* *p subito* half note and half air

240

241

Sop. Sax. *sfz*

Alto Sax. *sfz* *sfz*

Ten. Sax. *sfz* *sfz*

Bari. Sax. *sfz* *sfz* *sfz*

242

243

Sop. Sax. *sfz* *sfz* *sfz*

Alto Sax. *sfz* *sfz* *sfz* *sfz* *sfz*

Ten. Sax. *sfz* *sfz* *sfz*

Bari. Sax. *sfz* *sfz* *sfz* *sfz* *sfz*

244  $\frac{5}{4}$

Sop. Sax. *fff*

Alto Sax. *fff* *gliss.* *fp* *si!* *fff*

Ten. Sax. *fff* *gliss.* *fp* *er!* *fff*

Bari. Sax. *fff* *gliss.* *fp* *san!* *fff*

245  $\frac{4}{4}$