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## Structural differences between amyloid beta oligomers

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### Abstract

In Alzheimer's disease, soluble A $\beta$  oligomers are believed to play important roles in the disease pathogenesis, and their levels correlate with cognitive impairment. We have previously shown that A $\beta$  oligomers can be categorized into multiple structural classes based on their reactivity with conformation-dependent antibodies. In this study, we analyzed the structures of A $\beta$ 40 oligomers belonging to two of these classes: fibrillar and prefibrillar oligomers. We found that fibrillar oligomers were similar in structure to fibrils but were less stable towards denaturation while prefibrillar oligomers were found to be partially disordered. These results are consistent with previously proposed structures for both oligomer classes while providing additional structural information.

### Graphical Abstract

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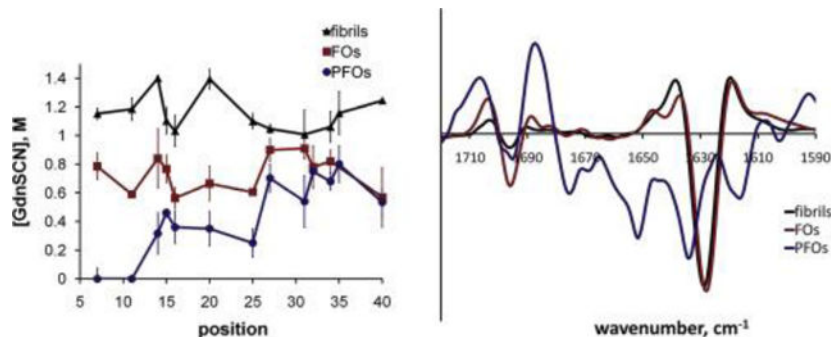
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## Keywords

Amyloid beta; Protein aggregation; Oligomers; Alzheimer's disease

## 1. Introduction

Misfolding and aggregation of polypeptides and proteins is a central pathological and biochemical event shared by many neurodegenerative maladies such as Alzheimer's, Parkinson's and other diseases [1,2]. Oligomeric forms of A $\beta$  peptides are highly neurotoxic, are believed to play an important causal role in the AD pathogenesis and their levels correlate strongly with AD progression [3,4]. Amyloid oligomers have also been shown to play an important role in the cell to cell transmission of AD pathology due to their ability to penetrate cellular membranes [5–7]. Structural information about amyloid oligomers is important for better understanding of their pathological roles in the disease and for development of therapeutic agents that block oligomers from propagating from cell to cell by preventing their entry into cells, dissociate their toxic secondary structures, or by inhibiting further polymerization with endogenous soluble A $\beta$  [8,9]. Such experimental studies have been difficult due to structural instability of oligomers. We have previously shown that reactivity with conformation-dependent antibodies can separate A $\beta$  into structural classes [10–12] that may play different pathological roles in AD.

Here we examined two of these classes: fibrillar oligomers (FOs) and prefibrillar oligomers (PFOs). A $\beta$ 40 FOs are small aggregates that have a high  $\beta$ -sheet content and are structurally similar to fibrils with some disruptions in the  $\beta$ -sheet stacking [13,14]. In a proposed structure of PFOs residues 1–25 were disordered while residues 26–40 formed an antiparallel  $\beta$ -barrel [15]. The tendency of the C-terminal half of A $\beta$  to form  $\beta$ -barrels was confirmed recently [16] using a combination of ion mobility mass spectrometry and molecular modeling. To gain further insight into the structural differences between PFOs, FOs and fibrils, we examined their secondary structures using Raman, FTIR and CD spectroscopy and monitored both their site-specific and global stability towards denaturation. We found that FOs are structurally similar to fibrils although less stable while PFOs are much less ordered. These results provide experimental data to support previously proposed structural models for FOs [14] and PFOs [15,16].

## 2. Experimental procedures

### Peptide synthesis-

Side chain protected Fmoc amino acids, Fmoc-PAL-PEG-polystyrene support and TBTU were obtained from Applied Biosystems. DIEA, DTT, thioanisole, ethanedithiol and anisole were obtained from Sigma and TFA from Advanced Chem Tech. Automatic synthesis was performed by the batch-wise method on a CS336X (CS Bio), employing Fmoc/*t*-Butyl tactics. These consisted of TBTU/DIEA as coupling reagent for 1 h and 2% piperidine, 2% DBU in DMF as deprotection reagent for 7 min. Cleavage of the peptide from the resin and deprotection of the amino acid side chains was achieved in TFA: thioanisole: ethanedithiol: anisole = 90:5:3:2 at 23 °C for 6 h. This was followed by removal of the exhausted resin by filtration and precipitation of the peptide in cold ether. The precipitate was allowed to settle overnight at -20 °C and then washed 3× with cold ether and dried under vacuum. Preparative RP HPLC was performed on a Waters system (Model 510) with a Vydac C4 (214TP1022) column and a flow rate of 8 ml/min. Crude peptide was loaded after treatment with DTT and eluted by gradient (5–95% B, 60 min) with 0.1% TFA/H<sub>2</sub>O and 0.1% TFA/acetonitrile. The center cut from the preparative run was frozen in liquid nitrogen immediately upon collection and lyophilized.

### Labeling of A $\beta$ 40 with Acrylodan-

A typical labeling reaction consisted of mixing the A $\beta$ 40 cysteine mutant (1 mg/ml in DMSO, 30  $\mu$ l) with 8 M GdnHCl (80  $\mu$ l), sodium phosphate buffer (0.5 M, pH 7.5, 10  $\mu$ l), and acrylodan (5 mM in DMSO, 25  $\mu$ l) and incubation for 4 h at 23 °C. The labeled peptide was purified by gel filtration using PD-10 column (GE, Piscataway, NJ) eluted with 10% formic acid. Peptide concentration was determined by the BCA assay.

### A $\beta$ Preparations-

FOs were prepared by first dissolving A $\beta$ 40 (0.3 mg) in HFIP at a concentration of 420  $\mu$ M for 25 min at room temperature. Then the peptide solution was diluted into ddH<sub>2</sub>O to a final concentration of 70  $\mu$ M. The solution was stirred at 500 rpm with a stir bar for 1–2 days at 23 °C in an Eppendorf tube with perforated cap. PFOs were prepared by dissolving A $\beta$ 40 (0.3 mg) in 0.1 M NaOH (30  $\mu$ l), incubating for 30 min at 25 °C, adding 10 mM sodium phosphate (pH 7.5, 750  $\mu$ l, 0.02% sodium azide) and incubated at 25 °C for 4 days and at 4 °C for additional 3–6 days [17]. Fibrils were prepared in a similar manner except 10 mM HEPES (pH 7.4, 750  $\mu$ l, 100 mM NaCl, 0.02% sodium azide) was used for dilution and the resulting solution was stirred with a stir bar for 9–10 days in the 1.6 ml Eppendorf tube at 23 °C at 500 rpm.

### Western Blot-

Samples containing ~4.5  $\mu$ g of A $\beta$ 40 were dissolved in SDS treatment buffer and subjected to electrophoresis using 4–20% Tris-HCl (Bio-Rad) gels. Proteins were electrophoretically transferred onto nitrocellulose membranes and developed with conformation-specific antibodies (A11: 1:2000, OC: 1:10,000) [14]. The blots were developed with the WestPico ECL chemiluminescence kit from Pierce and visualized using a digital camera [18].

### Electron Microscopy-

10  $\mu$ l aliquots of A $\beta$  monomers, PFOs, FOs, and fibrils were adsorbed onto 200 mesh formvar/carbon-coated nickel grids for 5 min. The grids were then stained with 2% uranyl acetate for 2 min and washed with water. The samples were analyzed with a Phillips CM-20 microscope operated at 80 kV.

### FTIR-

FTIR spectra were measured with a Bruker Equinox 55 FTIR instrument (Bruker Optics, Billerica, MA) equipped with a DTGS detector. Sample solutions were deposited on the calcium fluoride glass and allowed to dry. 512 scans at 2  $\text{cm}^{-1}$  resolution were collected for each sample under constant purging with nitrogen and corrected for water vapor and background.

### CD-

Far-UV CD spectra were measured using a JASCO J-815 spectropolarimeter at room temperature. A solution of protein aggregates (0.1 mg/ml) was placed into 0.1 cm pathlength cell, and the CD spectra were acquired with 20 nm/min scan speed at 0.2 nm step size under constant purging with nitrogen. Four spectra were accumulated and averaged for each sample.

### Raman spectroscopy-

197 nm laser beam was focused into a spinning Suprasil NMR tube containing 100  $\mu$ L of sample solution and a Teflon stirring bead [19]. Raman scattering was dispersed and recorded using a homebuilt double monochromator coupled with a liquid-nitrogen-cooled CCD camera (Roper Scientific). The acquired Raman spectra were analyzed using GRAMS/AI software (Thermo). Spectral contributions of water and quartz were quantitatively subtracted.

### Determination of the Site-specific Conformational Stability-

To determine the site-specific conformational stability, the fibrils or oligomers produced from mixtures of WT A $\beta$ 40 and acrylodan-labeled Cys-A $\beta$ 40 variants in 9:1 ratio were diluted to a final A $\beta$  concentration of 7  $\mu$ M and incubated for 1 h in solutions containing different concentrations of GdnSCN (0–3.5 M) in 10 mM sodium phosphate buffer, pH 7.5, at 23  $^{\circ}$ C. Three emission spectra from 400 to 560 nm were recorded and averaged for each sample in 0.3-cm rectangular cuvettes with excitation at 360 nm using a Fluoromax-4 fluorometer (Jobin Yvon) with excitation slit at 8 nm and emission slit at 4 nm. The measurements were performed at least in duplicate for each sample and repeated with at least one more independently prepared sample.

### Determination of Global Stability-

A $\beta$ 40 aggregates (5  $\mu$ l, 0.3 mg/ml) were suspended in sodium phosphate buffer (30  $\mu$ l, 10 mM, pH 7.5) containing different concentrations of GdnSCN. The solution was incubated for 1 h at 23  $^{\circ}$ C and then diluted to 150  $\mu$ l with 6 M GdnSCN and sodium phosphate buffer (10 mM, pH 7.5) to adjust the final concentration of GdnSCN to 0.25 M. Fluorescence

emission spectra were recorded in triplicate in the presence of 10  $\mu$ M ThT ( $\lambda_{\text{ex}}$  442 nm,  $\lambda_{\text{em}}$  420–520 nm) or Sypro Orange ( $\lambda_{\text{ex}}$  470 nm,  $\lambda_{\text{em}}$  540–640 nm). Excitation and emission slits were at 4 nm. The measurements were performed at least in duplicate for each sample and repeated with at least one more independently prepared sample.

### 3. Results

#### Formation of acrylodan-labeled A $\beta$ aggregates.

A $\beta$ 40 variants containing cysteine residues at thirteen different positions (D7C, E11C, H14C, Q15C, K16C, F20C, G25C, N27C, I31C, I32C, L34C, M35C, V40C) were synthesized and labeled with acrylodan [20]. Most of these cysteine variants have been used previously for EPR studies of A $\beta$  fibril structure and form fibrils like wild type A $\beta$  [21]. Fibrils and oligomers were formed from a mixture of labeled and wild type A $\beta$ 40 peptides in 1:9 ratio. Depending on the type of aggregate and the position of the label, incorporation of the labeled peptide into these aggregates was indicated by the shift in acrylodan fluorescence emission upon aggregation from 540 nm to 420–500 nm (Fig. 3). Furthermore, fibrils prepared from a mixture of unlabeled and labeled peptide (A $\beta$ 40-Acr20) and purified by centrifugation (1 h, 18,000 rpm) showed much higher fluorescence than the remaining supernatant indicating that at least 80% of fluorescent peptide has incorporated into fibrils (Fig. 1A). The identity of oligomers formed from a mixture of acrylodan-labeled and wild type A $\beta$ 40 peptides in 1:9 ratio was additionally confirmed by Western blots (Fig. 1B). Morphology of aggregates was confirmed by transmission electron microscopy (Fig. 1 C–E) and is similar to that reported earlier [14,22].

#### Denaturation of A $\beta$ 40 oligomers and fibrils with GdnSCN.

Acrylodan has often been used to characterize the polarity of protein environment due to its large Stokes shift [20,23,24]. We measured the guanidinium thiocyanate (GdnSCN)-induced denaturation curves of A $\beta$ 40 fibrils, FOs and PFOs formed from a mixture of acrylodan-labeled and wild type A $\beta$ 40 peptides in 1:9 ratio using acrylodan fluorescence (Fig. 3). Two parameters were obtained from these denaturation curves: acrylodan emission wavelength in the absence of denaturant (proportional to polarity of the environment) and  $C_{1/2}$  (concentration of the denaturant corresponding to the midpoint of the denaturation curve). We also examined the denaturation of unlabeled fibrils and FOs using fluorescence of thioflavin T and Sypro Orange as readouts. Thioflavin T (ThT) is a well-known amyloid-specific fluorescent dye [25]. Sypro Orange is a fluorescent dye that binds to exposed hydrophobic areas of proteins [26,27].

Denaturation curves for A $\beta$ 40 fibrils (Fig. 3A–C) were mostly sigmoidal indicating cooperative denaturation. Stokes shift of acrylodan fluorescence was typical for the protein interior (average  $\lambda_{\text{em}}$  461  $\pm$  7 nm) [20] decreasing somewhat towards the C-terminus of the peptide indicating a more hydrophobic environment there (Fig. 2A). Denaturation of fibrils occurred at the average  $C_{1/2}$  value of 1.2  $\pm$  0.1 M (Fig. 2B). Denaturation of unlabeled A $\beta$ 40 fibrils followed by ThT and Sypro Orange fluorescence resulted in  $C_{1/2}$  values of 1.3  $\pm$  0.03 M for ThT and 1.4  $\pm$  0.06 M for Sypro Orange (Fig. 2C). These values are similar to the one observed for denaturation of A $\beta$ 40-Acr20 fibrils followed by acrylodan fluorescence (Fig.

2C). This is a strong indication that site-specific denaturation at the most stable position of A $\beta$  fibrils occurs simultaneously with disaggregation of fibrils.

Acrylodan fluorophores in A $\beta$ 40 FOs were in a less hydrophobic environment as compared to fibrils (average  $\lambda_{em}$  468  $\pm$  9 nm) and denatured at much lower concentration of GdnSCN with average  $C_{1/2}$  value of 0.7  $\pm$  0.1 M (Figs. 2A–B). Stokes shift of acrylodan fluorescence decreased from N-terminus to C-terminus while  $C_{1/2}$  values for their GdnSCN-dependent denaturation remained essentially unchanged throughout the sequence (Fig. 2A). Denaturation of unlabeled FOs monitored by the fluorescence of Sypro Orange resulted in the  $C_{1/2}$  value of 0.7  $\pm$  0.1 M, similar to the values for most individual residues (Fig. 2D). This is an indication that site-specific denaturation of FOs occurs simultaneously with their disaggregation and global unfolding. Denaturation of FOs was a cooperative process judging from mostly sigmoidal denaturation curves (Fig. 3D–F).

Fluorescence spectra of acrylodan residues of PFOs at positions 7 and 11 remained unchanged after conversion to PFOs, indicating that N-terminus of A $\beta$  remains disordered in these oligomers. Acrylodan labels at positions 14–25 denatured at 0.3–0.5 M GdnSCN with steady increase in  $C_{1/2}$  values to 0.6–0.8 M towards the C-terminus of the peptide (Fig. 2B). Estimating  $C_{1/2}$  values for PFO denaturation proved unreliable as the shape of denaturation curves suggested that this process is non-cooperative (Fig. 3G–I). Environment of acrylodan in PFOs was very hydrophobic ( $\lambda_{em}$  around 420–450 nm) throughout most of A $\beta$  sequence except for residues 20 and 25 (Fig. 2A and 3G–I).

### Secondary structure of A $\beta$ oligomers and fibrils.

FOs and fibrils had very similar FTIR spectra that suggests similar  $\beta$ -sheet rich structures (Fig. 4A–B) [14]. FTIR spectra of PFOs, however, were significantly different. In addition to a maximum at 1634  $cm^{-1}$  corresponding to  $\beta$ -sheets, they contained additional peaks indicating the presence of random coils (1650  $cm^{-1}$ ) and  $\beta$ -turns (1675  $cm^{-1}$ ). Additionally, hydrogen bonding in  $\beta$ -sheets of PFOs appeared weaker than in fibrils or FOs as indicated by the position of the band at 1634  $cm^{-1}$  compared to 1628  $cm^{-1}$  for fibrils and FOs (Fig. 4A–B) [28]. CD spectroscopy confirmed these observations. While CD spectra of fibrillar oligomers were typical for  $\beta$ -sheet rich proteins with a minimum at 218 nm, CD spectra of PFOs had a minimum at 204 nm indicating a higher proportion of random coils (Fig. 4C).

Deep UV resonance Raman spectroscopy (DUVRR) is a powerful tool for structural characterization of aggregated proteins and peptides [29]. The sensitivity of the amide chromophore Raman signature to  $\Psi$  dihedral angle makes this technique uniquely capable of differentiating between globular and fibrillar  $\beta$ -sheet conformations and between parallel and antiparallel  $\beta$ -sheets [19,30]. The DUVRR spectrum of PFOs (Fig. 4D) had a broad amide I band with a peak centered at 1668  $cm^{-1}$  and relatively intense  $C_{\alpha}$ -H band, which indicates that PFOs have a predominantly disordered structure [31]. In contrast, amide I band in the spectrum of FOs was sharper and more intense with a maximum at 1673  $cm^{-1}$ . The intensity of  $C_{\alpha}$ -H band also increased significantly. These data indicate that FOs have a significant contribution of  $\beta$ -sheet to their structure. The intensities of amide III and  $C_{\alpha}$ -H bending bands as well as phenylalanine and tyrosine peaks increase gradually from

the spectra of PFOs, FOs to the spectrum of fibrils, most likely due to tighter packing of phenylalanine and tyrosine residues into hydrophobic core [32].

#### 4. Discussion

Despite the important role of amyloid oligomers in many neurodegenerative diseases, very limited structural information about them is available due to their high heterogeneity and low kinetic stability. However, several structural models of amyloid oligomers have been proposed, some of them based on high-resolution x-ray crystallography or NMR data [15,33,34]. We have previously proposed a classification of A $\beta$  and other amyloid oligomers into structural classes based on their reactivity with conformation dependent antibodies [12]. Here we examined in detail the secondary structure, hydrophobicity and conformational stability of A $\beta$ 40 FOs, PFOs and fibrils.

We found that both fibrils and FOs have an extensive stable core as indicated by their resistance to GdnSCN-mediated denaturation. This core is  $\beta$ -sheet rich as seen from FTIR, CD and Raman spectra. Its stability is significantly higher in fibrils as indicated by their higher C<sub>1/2</sub> values in GdnSCN-dependent denaturation. The results are fully consistent with known structures of A $\beta$ 40 fibrils [35,36] and an earlier hypothesis [13,14] that FOs are structurally similar to fibrils.

Our data shows significant structural similarities between fibrils and FOs although not with PFOs. Hydrophobicity and denaturation profiles suggest that in PFOs, at least the first eleven N-terminal residues are exposed to solvent and unstructured. Acrylodan environment in the rest of the peptide was highly hydrophobic ( $\lambda_{em}$  420–450 nm). CD, FTIR and Raman spectra show that PFOs do not contain a high proportion of  $\beta$ -sheets and appear to be disordered to a significant extent. Denaturation of PFOs proceeded at low concentrations of GdnSCN with low cooperativity indicating weak intermolecular interactions. All these observations are consistent with the proposed structure of PFOs where N-terminal half of the peptide is disordered while the C-terminal half forms an antiparallel  $\beta$ -barrel [15,16]. The structural differences between the oligomer classes observed here may provide insight to their differential pathological roles in AD and may be applicable to other amyloidogenic peptides and proteins.

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#### Abbreviations:

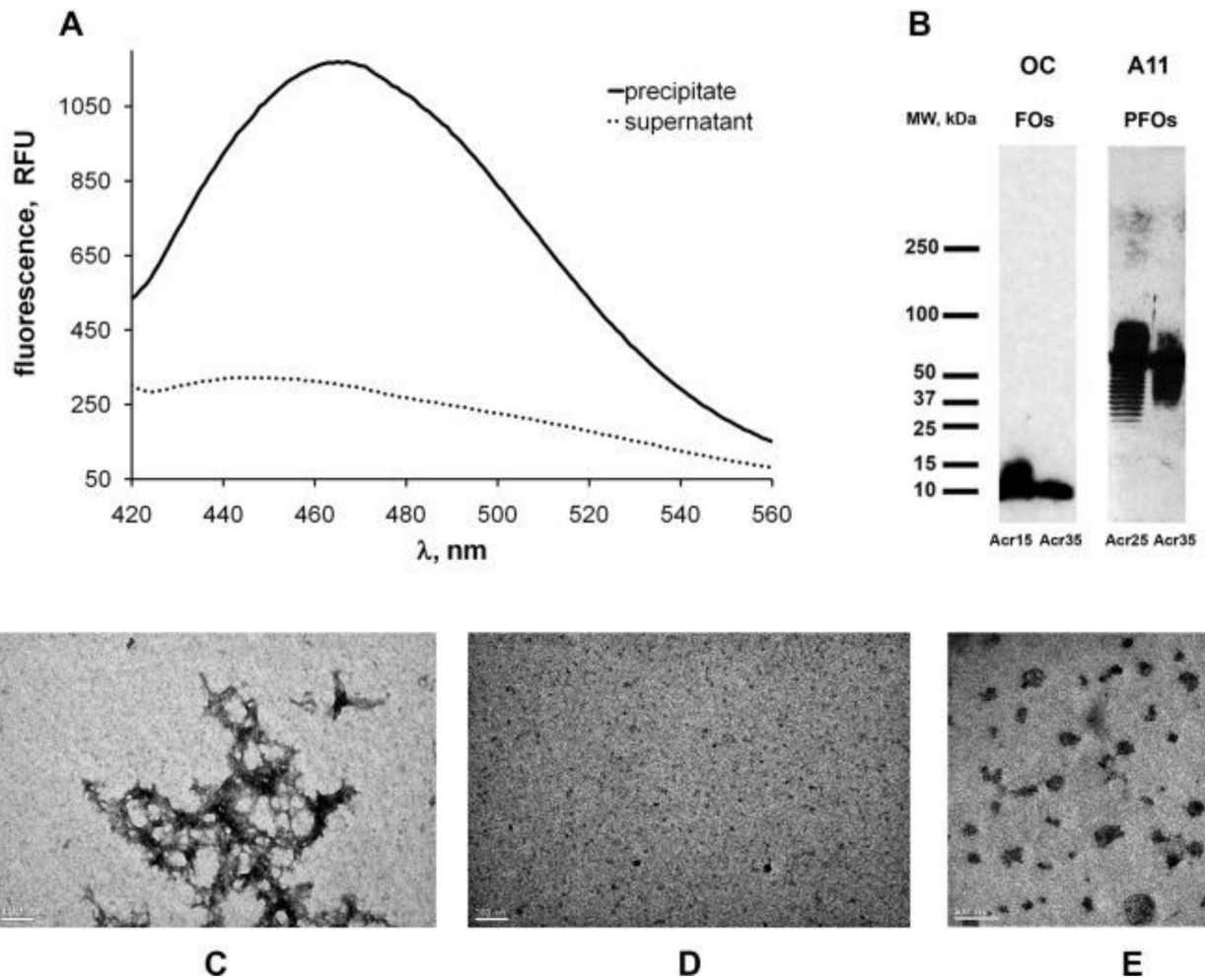
<b>ThT</b>	thioflavin T
<b>FOs</b>	fibrillar oligomers
<b>PFOs</b>	prefibrillar oligomers



**A $\beta$ 40** amyloid beta peptide 1–40**References**

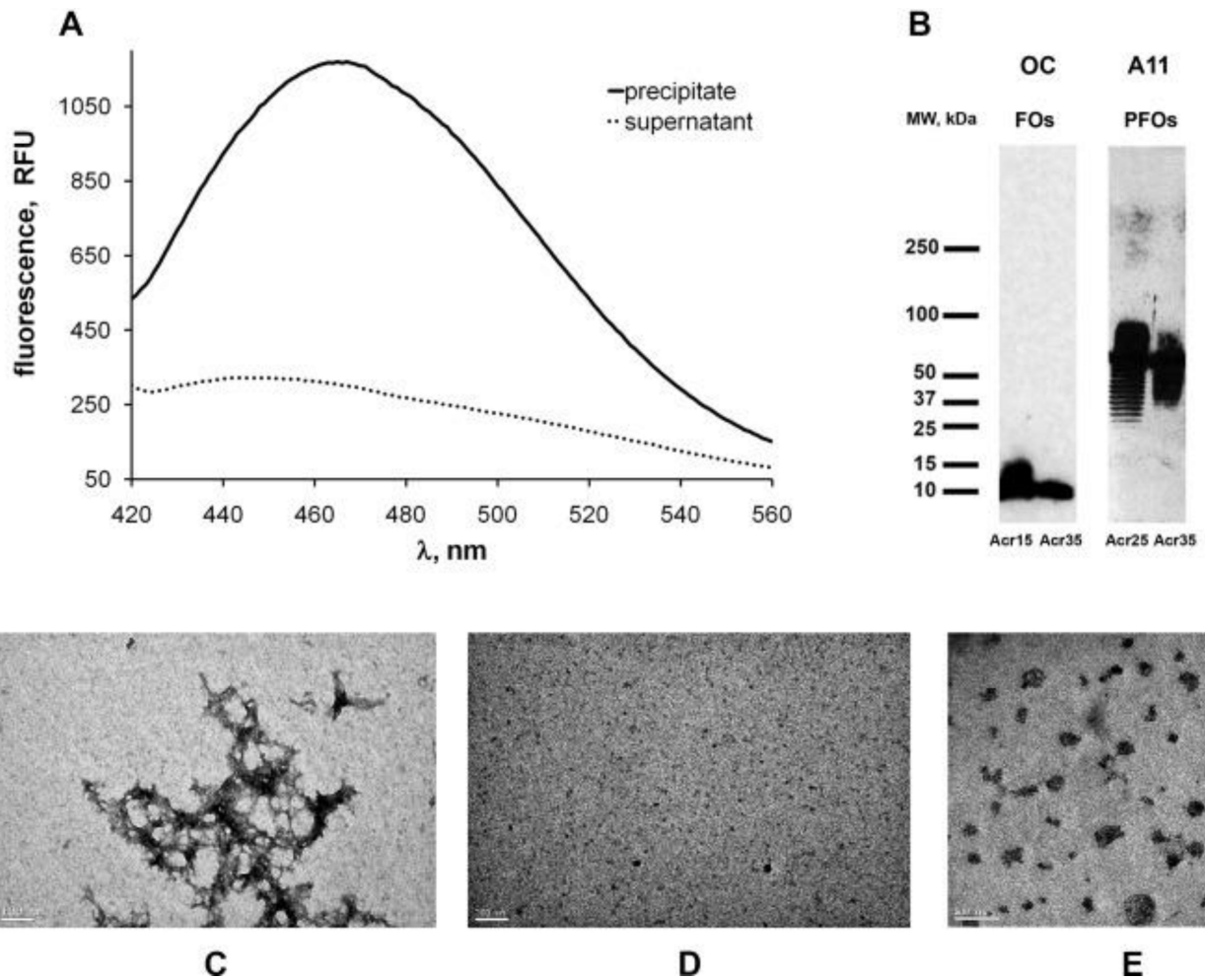
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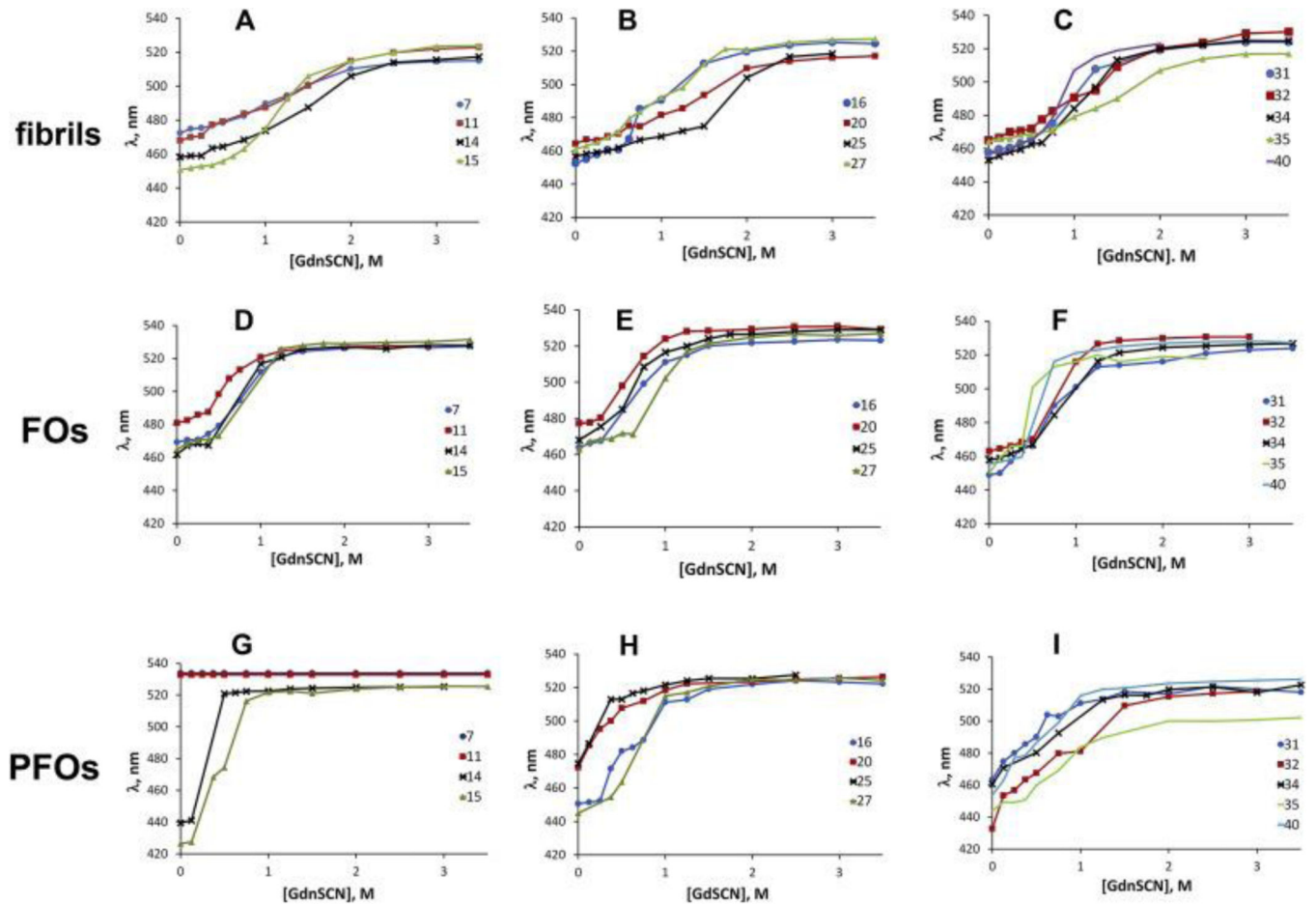
**Fig. 1. A $\beta$ 40 aggregates and incorporation of acrylodan-labeled peptide.**

(A) Acrylodan-labeled A $\beta$ 40 incorporates into amyloid fibrils. Amyloid fibrils prepared from 90% unlabeled A $\beta$ 40 and 10% A $\beta$ 40-Acr20 were collected by centrifugation (18,000 rpm, 1 h). Fluorescence spectroscopy of acrylodan indicated that A $\beta$ 40-Acr20 was present primarily in the fibril fraction. (B) Incorporation of 10% of acrylodan-labeled A $\beta$ 40 does not disrupt the structure of A $\beta$ 40 oligomers as indicated by Western blots. FOs labeled at positions 15 and 35 were detected with OC antibody and PFOs labeled in positions 25 and 35 were detected with A11 antibody. (C–E) Morphology of A $\beta$ 40 fibrils (C), FOs (D) and PFOs (E) determined by electron microscopy.

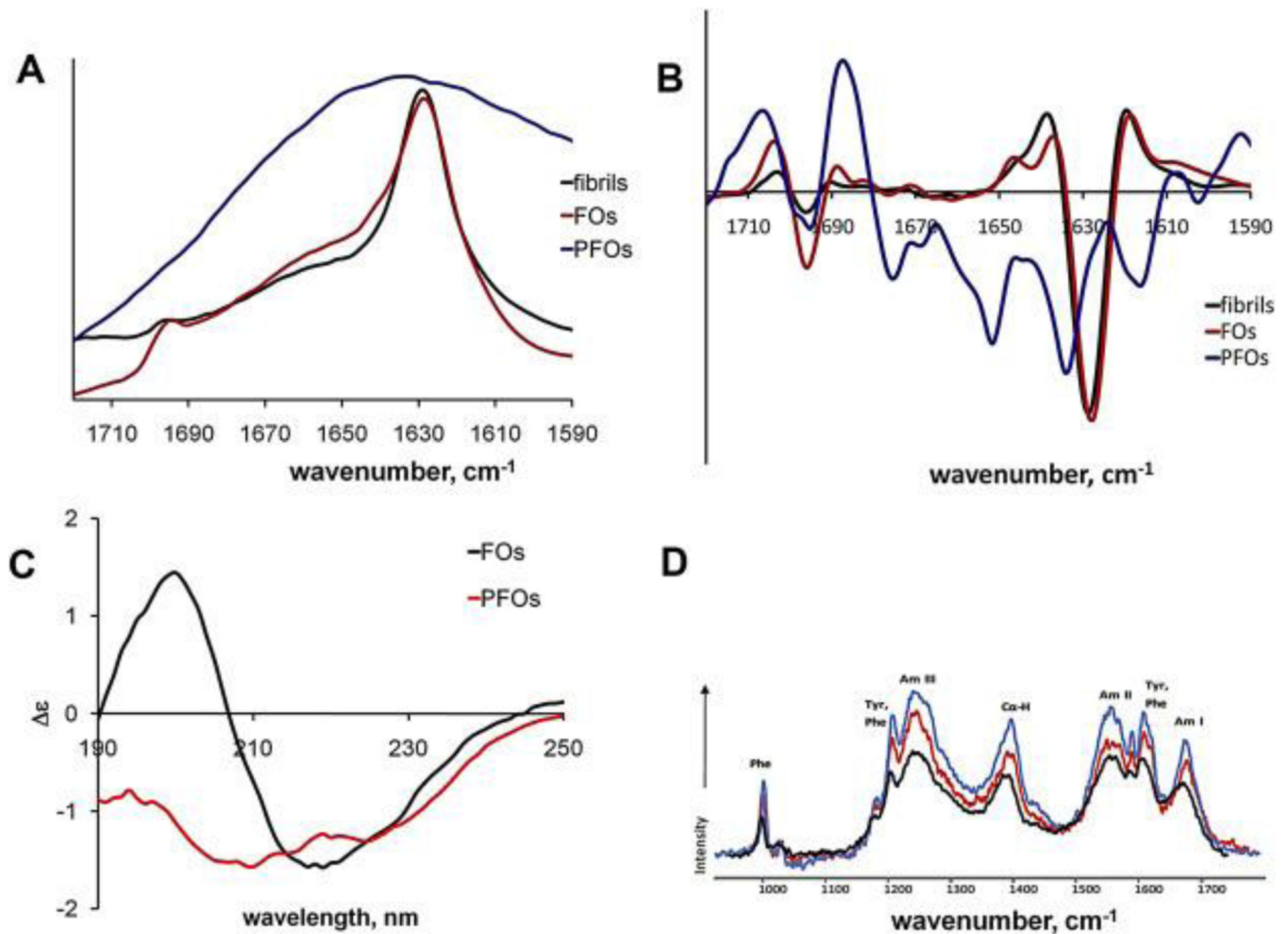


**Fig. 2. Hydrophobicity and conformational stability of A $\beta$ 40 fibrils and oligomers.**

(A) Hydrophobicity of the environment of A $\beta$ 40 fibrils (red), FOs (black) and PFOs (blue) was determined by monitoring the emission wavelength of acrylodan labels introduced at 13 positions along the A $\beta$  sequence. (B) Conformational stability of A $\beta$ 40 fibrils (red), FOs (black) and PFOs (blue) was determined by following the  $C_{1/2}$  values for GdnSCN-mediated denaturation of acrylodan labels introduced at 13 positions along the A $\beta$  sequence. (C) Denaturation of A $\beta$ 40 fibrils detected by fluorescence of thioflavin T (green), Sypro Orange (black) and acrylodan labels at positions 14 (blue) and 20 (red). (D) Denaturation of A $\beta$ 40 FOs detected by fluorescence of Sypro Orange (blue) and acrylodan labels at positions 14 (red) and 32 (black). (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)



**Fig. 3. Guanidine-dependent denaturation of A $\beta$ 40 fibrils and oligomers.**  
GdnSCN-dependent denaturation of A $\beta$ 40 fibrils (A–C), FOs (D–F) and PFOs (G–I) monitored by fluorescence of acrylodan labels.



**Fig. 4. Secondary structure of A $\beta$ 40 fibrils and oligomers was determined by FTIR, CD and Raman spectroscopy.**

(A) FTIR spectra of A $\beta$ 40 fibrils (black), FOs (red) and PFOs (blue). (B) Second derivatives of FTIR spectra. (C) CD spectra of A $\beta$ 40 FOs (black) and PFOs (red). (D) DUVRR spectra of A $\beta$ 40 fibrils (blue), FOs (red) and PFOs (black). (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)