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SHORT REPORT

Cerebral perfusion and amyloidosis in the oldest-old

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Abstract

INTRODUCTION: In a nested case–control study, we examined how cerebral perfusion relates to cognitive status and amyloid in the oldest-old (i.e., 90 years of age and older).

METHODS: Study participants included 113 dementia-free older adults (76 cognitively normal [CN]; 37 cognitively impaired, no dementia [CIND]) from the 90+ Study (mean age = 92.9, SD = 2.4). We quantified regional perfusion from arterial spin labeling-MRI (magnetic resonance imaging) and amyloid deposition from florbetapir-positron emission tomography (PET) in a region comprising the posterior cingulate and precuneus (PCC+PCu), and additionally quantified perfusion in other regions important for cognitive decline (medial temporal lobe, inferior parietal lobe, and orbitofrontal cortex).

RESULTS: Participants with CIND displayed lower perfusion in the PCC+PCu relative to participants who were CN, but there was no statistically significant difference between the groups in amyloid burden in this region. In addition, participants with CIND exhibited lower inferior parietal and higher orbitofrontal perfusion.

DISCUSSION: Cerebral perfusion is related to cognitive status in the oldest-old independent of amyloidosis.

KEYWORDS

aging, amyloid PET, arterial spin labeling, cerebral perfusion, cerebrovascular function, oldest-old

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Highlights

- Cerebral perfusion and amyloid positron emission tomography (PET) were measured in older adults: 90 years of age and older.
- Perfusion but not amyloid differed between cognitively impaired and normal groups.
- Frontal and parietal regions linked to cognitive decline had altered perfusion.
- Perfusion is related to cognitive status in the oldest-old independent of amyloid.

1 | INTRODUCTION

Cerebrovascular contributions to cognitive aging processes and dementia risk represent a rapidly growing field in aging research. Vascular dysregulation, as represented by altered brain perfusion or cerebral blood flow (CBF), can predict future cognitive decline and dementia risk in cognitively normal individuals,^{1–3} with some studies suggesting that early cerebrovascular abnormalities may trigger and exacerbate links between amyloid and tau in disease progression.^{4,5} The “vascular hypothesis” positing neurodegeneration in Alzheimer’s disease (AD) dementia as a downstream consequence of early neurovascular alterations implicates hypoperfusion as an early important event in neurodegenerative diseases.^{6,7} This has been supported by larger population studies suggesting that cerebral hypoperfusion may precede abnormality of other well-established biomarkers of AD.⁸ However, most of these studies focus on participants in midlife or earlier stages of aging (i.e., young-old), and less is known about how cerebrovascular function is impacted in the oldest-old (i.e., individuals 90 years of age and older), who represent the fastest growing portion of the population and are at the greatest risk for dementia.^{9,10}

Neuroimaging studies among the oldest-old are relatively scarce, with very few studies examining perfusion changes specifically in this population.¹¹ The few perfusion studies in the oldest-old have focused on a younger age band (i.e., mean age of 85 years) and examined the relationship between perfusion and white matter disease, but did not more broadly characterize patterns of cerebral perfusion.^{12,13} Prior studies of the oldest-old in *The 90+ Study* have reported unique vascular factors in this population, including a lower risk for dementia in those with hypertension.¹⁴ In contrast, randomized trials in the young-old have shown that treatment of hypertension may improve brain perfusion, but this is understudied in the oldest-old.¹⁵ Thus, a significant gap exists in concurrently studying cerebral perfusion and positron emission tomography (PET) –quantified amyloid deposition among the oldest-old.

We characterized patterns of cerebral perfusion in regions that experience age-related changes in CBF among dementia-free participants with and without cognitive impairment from *The 90+ Study*. We then compared, in the same anatomic region, cerebral perfusion and amyloid beta (A β) load as measured by florbetapir-PET between cognitively unimpaired and impaired individuals to better understand whether cognitive status is more closely associated with amyloid burden or cerebrovascular dysfunction.

2 | METHODS

2.1 | Participants

The present nested case–control study draws from participants in *The 90+ Study*, an ongoing longitudinal study of community-dwelling oldest-old adults designed to examine cognitive aging and dementia in the oldest-old.¹⁶ Our study included individuals who completed (1) a pseudo-continuous arterial spin labeling (pCASL) magnetic resonance imaging (MRI) brain scan and (2) an amyloid PET scan. Study participants underwent comprehensive neurological examination and neuropsychological testing and were classified as cognitively normal (CN), cognitively impaired, no dementia (CIND), or dementia, only participants with a diagnosis of CN or CIND were included in the present study in order to highlight findings before dementia onset (see Section 2.2). After exclusion of eight participants with dementia and pCASL quality control exclusions (see Section 2.3), a total of 113 participants were included in primary analyses (see Figure 1 for a flow chart of inclusion/exclusion). An additional analysis was performed in a subset of 97 participants who had available apolipoprotein E (APOE) ϵ 4 genotyping (See Section 2.5). In addition, we used demographic and medical history variables such as participant age at MRI scan, sex, education, and presence or absence of vascular risk factors (hypertension, stroke, heart disease, transient ischemic attack, and diabetes). All participants or their designated informants granted written informed consent for participation, and the research study was approved by the University of California Irvine Institutional Review Board.

2.2 | Cognitive status and medical history

Cognitive status was assessed by formal structured neurological, cognitive, and functional exams (Clinical Dementia Rating [CDR] scale, Functional Activities Questionnaire [FAQ], Mini-Mental State Examination [MMSE], and modified MMSE [3MS]).^{17,18} Participants were diagnosed with dementia if they met the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV) criteria for major neurocognitive disorder; eight participants were diagnosed with dementia and excluded from the study. Participants were diagnosed with CIND if they had some cognitive impairment or functional loss but did not meet DSM-IV criteria for dementia. Participants were classified as CN if they had no cognitive or functional impairment.

History of vascular risk factors was self-reported by participants by responding “yes” or “no” to whether they had ever been diagnosed with hypertension, stroke, heart disease, transient ischemic attack, and diabetes.

2.3 | MRI acquisition and processing

All individuals were scanned on the same GE Discovery 750 W 3T scanner (General Electric Healthcare, Waukesha, WI). We acquired a pCASL scan, which implemented background suppression and a fast-spin echo with spiral readout that produced a volumetric three-dimensional (3D) acquisition.¹⁹ The 3D slab was positioned at the base of the cerebellum. Scan parameters were as follows: post-labeling delay (PLD) of 2025 ms, a repetition time (TR) of 4852 ms, an echo time (TE) of 11 ms, a flip angle (FA) of 111°, a voxel size of 2 mm × 2 mm × 4 mm, number of excitations (NEX) of 3, and 40 label-control pairs. The PLD was selected as more appropriate for this age group because of increased arterial transit times²⁰ and is the same as that used for the equivalent GE protocol in the Alzheimer's Disease Neuroimaging Initiative (ADNI) 3 protocol.²¹ The scanner produced CBF images in mL/100 g/min, which were then used for further processing and analysis.²² The protocol also included a high-resolution (1 mm isotropic) 3D T1-weighted inversion recovery fast-spoiled gradient recalled echo (3D T1w IR-FSPGR) sequence based on the ADNI3 protocol,²¹ which was also used for processing of the CBF maps.

Scanner-derived CBF maps ($n = 184$) for each participant were first visually inspected by two independent raters for gross artifacts or distortions, resulting in 113 scans being included. CBF maps were warped to Montreal Neurological Institute (MNI) space and thresholded to a biologically plausible range of 10–150 mL/100 g/min.^{23–26} A group-averaged whole brain gray matter (GM) mask derived from segmented T1 images (via Statistical Parametric Mapping 12 [SPM12]) was used to quantify whole brain GM CBF values.²⁷ GM masks from the automated anatomical atlas 3 (AAL3) atlas and Wake Forest University PickAtlas (WFUPickAtlas) were applied to extract CBF values for individual regions of interest (ROIs).^{28,29} We selected ROIs a priori from observed perfusion changes in younger-old populations including the precuneus, posterior cingulate, medial temporal lobe, orbitofrontal cortex, and inferior parietal lobe.^{30–33} A combined posterior cingulate + precuneus region was calculated to mirror the ROI used in amyloid PET quantification (see Section 2.4). CBF in individual ROIs were normalized to whole brain GM CBF via division to correct for global perfusion.^{31,34}

2.4 | Amyloid PET acquisition and processing

Participants underwent florbetapir-PET scanning (two 5-min frames after a 50-min delay following florbetapir F18 tracer injection) to quantify A β deposition.³⁵ Native PET images underwent quality control, realignment of frames, and alignment to standardized template space, followed by quantification of standard uptake value ratio (SUVR)

RESEARCH IN CONTEXT

- 1. Systematic review:** We reviewed the literature using traditional methods (e.g., PubMed) for studies on functional neuroimaging of cerebral blood flow across the lifespan and specifically within the oldest-old (i.e., 90 years of age and older) segment of the population. There are numerous studies on cerebral blood flow in the young-old but very few have studied perfusion in the oldest-old, and none have compared perfusion to amyloidosis in this age range.
- 2. Interpretation:** We found that, among the oldest-old, cognitively impaired individuals had lower magnetic resonance imaging (MRI)-quantified cerebral perfusion than unimpaired individuals in an Alzheimer's disease (AD) risk region, but groups did not significantly differ in positron emission tomography (PET)-quantified amyloid deposition in the same region. Groups also differed in frontal and parietal perfusion.
- 3. Future directions:** Future studies will further characterize cerebral perfusion in comparison to other biomarkers of aging and disease (e.g., tau) to better understand the protective factors against cognitive impairment in advanced age.

values normalized to an eroded cerebral white matter mask. SUVR quantified in a statistically derived ROI comprising the posterior cingulate and precuneus (PCC+PCu) were most closely associated with cognitive status and provided robust separation of amyloid status at autopsy.^{36–38} A threshold of 0.76 was used to denote A β -PET positivity also based on correspondence analysis in autopsy-confirmed cases.^{36,37}

2.5 | APOE genotyping

DNA samples for APOE genotyping were acquired from either a cheek swab or a blood draw. Participants were classified as APOE $\epsilon 4$ carriers if they possessed at least one $\epsilon 4$ allele (i.e., $\epsilon 2/\epsilon 4$, $\epsilon 3/\epsilon 4$, $\epsilon 4/\epsilon 4$) and were noncarriers if they did not possess an $\epsilon 4$ allele.

2.6 | Statistical analyses

Analysis of variance (ANOVA) and chi-square tests examined group differences in continuous and categorical variables, respectively. Analysis of covariance (ANCOVA) models with age, sex, and vascular risk factors as covariates were used to test group differences in amyloid SUVR and regional CBF. All aforementioned models were then run with an additional covariate for the APOE $\epsilon 4$ genotype (i.e., presence or absence

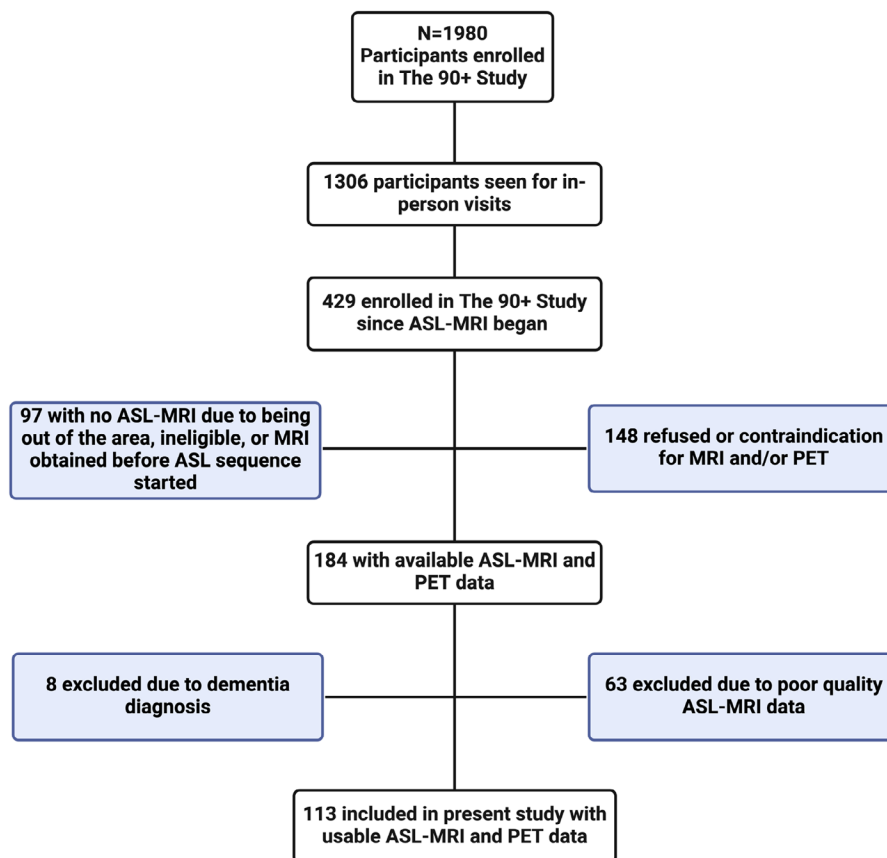


FIGURE 1 Flow chart of participant inclusion/exclusion. Flow chart displaying how study $n = 113$ was determined after participant inclusion/exclusion.

TABLE 1 Clinical, demographic, and neuroimaging characteristics for CN and CIND groups.

	CN	CIND	F or χ^2	p-value
N	76	37		
Age (mean [SD])	92.7 (2.3)	93.1 (2.4)	0.58	0.449
Females, n (%)	46 (61%)	26 (70%)	1.02	0.312
A β -PET positivity, n (%)	33 (43%)	22 (59%)	0.89	0.344
APOE $\epsilon 4+$, n (%) ^a	10 (14%)	6 (22%)	0.89	0.345
1+ vascular risk factors, n (%) ^b	59 (78%)	28 (76%)	0.05	0.817

Note: F-statistic indicates results of ANOVA (age), with mean (SD) displayed. χ^2 -statistic indicates the results of the chi-square test (sex, A β -PET positivity, APOE $\epsilon 4$, vascular risk factors), with n (% of group) displayed.

Abbreviations: A β , amyloid beta; ANOVA, analysis of variance; APOE $\epsilon 4$, apolipoprotein $\epsilon 4$; CBF, cerebral blood flow; CIND, cognitively impaired, no dementia; CN, cognitively normal; GM, gray matter; MRI, magnetic resonance imaging; pCASL, pseudo-continuous arterial spin labeling; PCC, posterior cingulate cortex; PCu, precuneus; PET, positron emission tomography; ROI, region of interest; SD, standard deviation; SUVR, standardized uptake value ratio.

^aTotal $N = 97$; 6 CN and 10 CIND participants did not have available APOE $\epsilon 4$ data.

^bVascular risk factors included history of hypertension, stroke, heart disease, transient ischemic attack, and diabetes.

of one or more $\epsilon 4$ alleles) in the subset with genetic data available. Univariate and multiple linear regression models (controlling for age, sex, vascular risk factors, and APOE $\epsilon 4$ status) examined relationships between PCC+PCu amyloid SUVR and PCC+PCu regional CBF. All statistical analyses were performed in R project 4.2.1, RStudio, IBM SPSS Statistics version 27, and Graphpad Prism.

3 | RESULTS

Descriptive statistics for the entire sample ($N = 113$) are presented in Table 1. Participants who were CN ($n = 76$) were on average 92.7 years of age (range: 90–101), 61% female, 43% A β -PET positive, 14% APOE $\epsilon 4$ carriers (10/70 with available data), and 78% had one or more vascular

TABLE 2 Group differences by cognitive diagnosis in amyloid beta and cerebral perfusion (raw values and controlling for age, sex, and vascular risk factors).

	CN	CIND	F	p-value
N	76	37		
A β -PET				
PCC+PCu SUVR (raw)	0.752 (0.066)	0.775 (0.073)	2.936	0.089
PCC+PCu SUVR (adjusted)	0.752 (0.008)	0.774 (0.011)	2.592	0.110
pCASL-MRI				
Whole brain GM CBF (raw)	40.382 (7.186)	38.428 (8.724)	1.595	0.209
Whole brain GM CBF (adjusted)	40.373 (0.899)	38.446 (1.291)	1.489	0.225
Normalized ROI ^a				
PCC+PCu (raw)	1.063 (0.075)	1.024 (0.114)	4.657	0.033
PCC+PCu (adjusted)	1.064 (0.010)	1.022 (0.015)	5.463	0.021
PCC (raw)	1.106 (0.129)	1.067 (0.188)	1.695	0.196
PCC (adjusted)	1.108 (0.017)	1.063 (0.025)	2.250	0.136
PCu (raw)	1.019 (0.088)	0.981 (0.099)	4.351	0.039
PCu (adjusted)	1.019 (0.010)	0.981 (0.015)	4.387	0.039
Medial temporal (raw)	0.912 (0.097)	0.946 (0.104)	3.023	0.085
Medial temporal (adjusted)	0.912 (0.012)	0.946 (0.017)	2.875	0.093
Orbitofrontal (raw)	0.838 (0.126)	0.931 (0.148)	12.109	0.0007
Orbitofrontal (adjusted)	0.837 (0.015)	0.934 (0.022)	13.082	0.0005
Inferior parietal (raw)	0.923 (0.082)	0.889 (0.084)	4.284	0.041
Inferior parietal (adjusted)	0.923 (0.009)	0.888 (0.014)	4.392	0.038

Note: F-statistic indicates results of ANOVA with a raw mean (SD) displayed, or ANCOVA controlling for age, sex, and presence/absence of one or more vascular risk factors with an estimated marginal mean (SE) displayed.

Abbreviations: A β , amyloid-beta; ANCOVA, analysis of covariance; ANOVA, analysis of variance; CBF, cerebral blood flow; CIND, cognitively impaired, no dementia; CN, cognitively normal; GM, gray matter; MRI, magnetic resonance imaging; pCASL, pseudo-continuous arterial spin labeling; PCC, posterior cingulate cortex; PCu, precuneus; RO, region of interest; SD, standard deviation; SE, standard error; SUVR, standardized uptake value ratio.

^aROIs were normalized to whole brain GM CBF via division.

risk factors. Participants diagnosed with CIND ($n = 37$) were on average 93.1 years of age (range: 90–101), 70% female, 59% A β -PET positive, 22% APOE $\epsilon 4$ carriers (6/27 with available data), and 76% had one or more vascular risk factors. CN and CIND participants did not differ in any of these demographic or vascular risk factor variables.

Participants diagnosed with CIND had lower perfusion in the PCC+PCu ROI than CN [$F(1,111) = 4.66, p = 0.033$; Table 2], but groups did not differ significantly in amyloid burden in the same PCC+PCu ROI [$F(1,111) = 2.94, p = 0.089$; Table 2]. When controlling for age, sex, and vascular risk factors, participants diagnosed with CIND had a similarly lower PCC+PCu perfusion to that of CN [$F(1,108) = 5.46, p = 0.021$; Figure 2A; Table 2; Figure S1] but groups did not differ significantly in amyloid burden [$F(1,108) = 2.59, p = 0.110$; Figure 2B; Table 2; Figure S1]. Findings were unchanged when including a continuous versus binary covariate for number of vascular risk factors or when controlling for physical activity (Tables S1–S3). When performing analyses in the subset of 97 participants with APOE information, similar group differences in PCC+PCu perfusion (CIND < CN) [$F(1,91) = 8.47, p = 0.005$] but not amyloid [$F(1,91) = 2.53, p = 0.115$] were observed after additional adjustment for APOE $\epsilon 4+$ status. PCC+PCu amyloid

was not related to PCC+PCu perfusion in univariate and multiple linear regression models controlling for covariates (Table S4).

In covariate-adjusted models for other brain regions, perfusion was lower in CIND compared to CN in posterior brain regions, including the PCu [$F(1,108) = 4.39, p = 0.039$] and inferior parietal lobe [$F(1,108) = 3.49, p = 0.038$] (Figure 2D,E; Table 2). Orbitofrontal perfusion was higher in CIND compared to CN [$F(1,108) = 13.08, p = 0.0005$] (Figure 2G; Table 2). Groups did not differ significantly but showed trends for differences in PCC [$F(1,108) = 2.25, p = 0.136$], medial temporal [$F(1,108) = 2.88, p = 0.093$], and global GM perfusion [$F(1,108) = 1.49, p = 0.225$] (Figure 2C,F,H; Table 2).

4 | DISCUSSION

In the present study we characterized cerebral perfusion and amyloid patterns in a cohort of 113 participants 90 years of age and older. We found that those participants with cognitive impairment had lower regional perfusion in a combined AD risk region (PCC+PCu) than unimpaired individuals, but that groups did not differ significantly

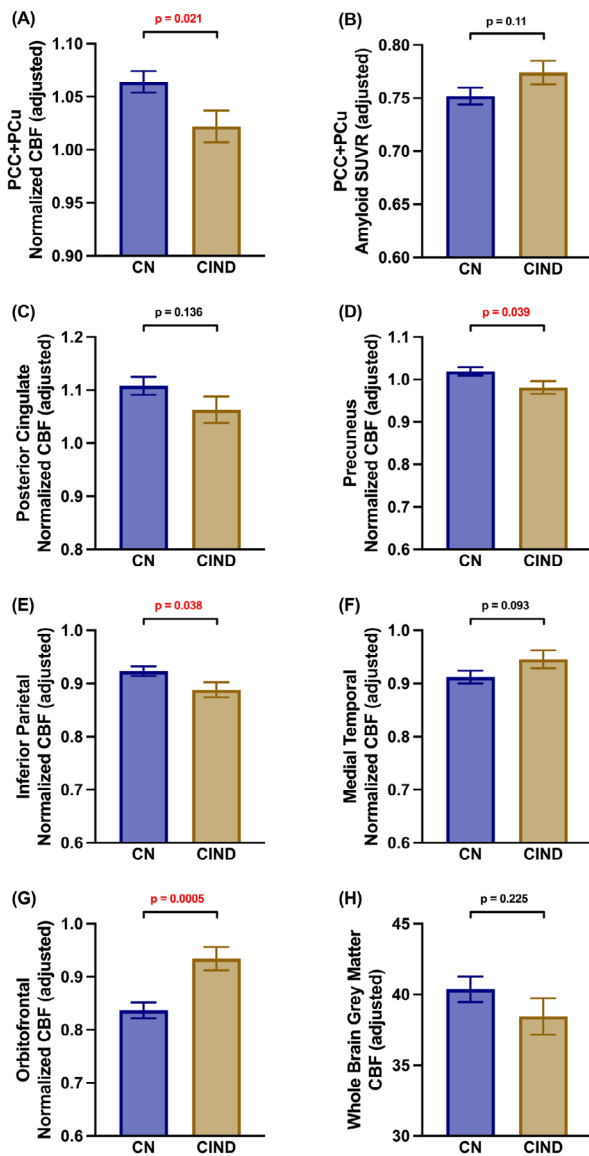


FIGURE 2 $A\beta$ and cerebral perfusion across regions of interest by cognitive diagnosis. (A) Cerebral perfusion and (B) $A\beta$ SUVR in a combined PCC+PCu region compared between CN and CIND groups. Across other regions, cerebral perfusion in (C) posterior cingulate, (D) precuneus, (E) inferior parietal lobe, (F) medial temporal lobe, (G) orbitofrontal cortex, and (H) global GM perfusion compared between CN and CIND groups. Regional cerebral perfusion is normalized to whole brain perfusion. Bar graphs show adjusted mean values, standard errors, and p-values corresponding to the results of ANCOVA models testing difference of means while controlling for age, sex, and vascular risk factors. $A\beta$, amyloid beta; CIND, cognitively impaired, no dementia; CN, cognitively normal; GM, gray matter; PCC, posterior cingulate cortex; PCu, precuneus; SUVR, standard uptake value ratio.

in amyloid burden in the same region. Additional regional perfusion analyses indicated lower posterior cingulate and inferior parietal perfusion in participants diagnosed with CIND relative to CN. Anteriorly, orbitofrontal perfusion was higher in participants diagnosed with CIND relative to CN. Observed effects were robust to sensi-

tivity analyses controlling for age, sex, and vascular risk factors, as well as in a subset of participants with available $APOE \epsilon 4$ data. This represents, to our knowledge, the first study to characterize regional perfusion patterns among individuals 90 years of age and older and demonstrates CBF differences in the absence of statistically significant amyloid differences.

Studies in the young-old have frequently reported overall lower CBF in cognitively impaired individuals relative to controls,^{32,39,40} with specific reduction in the posterior cingulate, parietal lobes, and temporal lobes in cognitively impaired individuals who later went on to develop AD dementia.^{30–32,41} One previous study noted the specific utility of CBF in a combined PCC+PCu region in differentiating healthy controls from those with mild cognitive impairment,⁴² which we similarly found in our oldest-old cohort. Although CIND participants had overall lower perfusion in the PCC+PCu, some showed perfusion levels comparable to CN. The present study found no correlation between amyloid burden and CBF. Further studies should explore whether heterogeneity in hypoperfusion may be related to other pathophysiological factors. We also observed hyperperfusion specifically within the orbitofrontal cortex in CIND relative to CN. This is consistent with prior studies reporting frontal hyperperfusion in MCI relative to CN.^{43,44,41} Frontal hyperperfusion may represent an early pathologic or compensatory change, but the literature is mixed⁴⁶ and more studies are needed. Our findings add to the growing cerebral perfusion literature by characterizing, for the first time, patterns of altered perfusion in the precuneus, posterior cingulate, parietal, and frontal regions in oldest-old participants with and without cognitive impairment. The $APOE \epsilon 4$ allele confers specific risk for altered perfusion patterns among cognitively intact and impaired young-old individuals,^{46–49} but our findings remained consistent even when controlling for $APOE \epsilon 4$ carrier status, suggesting that the group perfusion differences we observed are robust.

We observed no difference in amyloid burden between CN and CIND, consistent with prior studies.³⁸ Some studies in the oldest-old find that amyloid burden predicts future dementia,^{11,35,50,51} but others suggest that amyloidosis does not always lead to dementia in this population.^{52,11} Studies examining CBF in the oldest-old are lacking, with the few existing studies in slightly younger (i.e., mean age of 85) participants finding that regional CBF predicted the development of white matter hyperintensities and a broader loss of white matter integrity.^{11–13} Our characterization of regional perfusion points to the importance of characterizing cerebrovascular health in the oldest-old, especially in those earlier in disease processes with only mild levels of impairment. Cerebral perfusion may ultimately be more robust in detecting early changes in cognition, whereas amyloidosis may relate more to dementia onset, which we aim to characterize in future studies.

Limitations to the present study include the cross-sectional study design, potential selection bias (i.e., only inclusion of those with available perfusion and amyloid-PET data), homogenous sample (i.e., highly educated and majority White identifying), lack of characterization of tau, and sample size limiting detection of small effects. Our study offers significant novelty in that it represents the first effort to characterize regional perfusion profiles in this population and compare perfusion

to amyloid. Perfusion, but not amyloid, differences were statistically significant when controlling for numerous other factors, including age, sex, presence of vascular risk factors, and APOE ϵ 4 in a subset of participants.

Overall, in a cohort of dementia-free participants in the oldest-old segment of the population, cerebral perfusion, but not amyloid, differed significantly between groups with and without cognitive impairment, and we found perfusion differences in regions vulnerable to age-related processes (e.g., posterior cingulate, precuneus, inferior parietal lobe, and orbitofrontal cortex). Future efforts may aim to compare perfusion and amyloid to levels of tau aggregation (e.g., via tau-PET), as characterizing cerebrovascular/amyloid/tau profiles in the oldest-old may offer unique insights into factors that buffer against the deleterious effects of aging leading to cognitive decline.

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CONFLICT OF INTEREST STATEMENT

The authors have no disclosures and no competing interests. Author disclosures are available in the [supporting information](#).

CONSENT STATEMENT

All human subjects provided written informed consent.

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SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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