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Restricted difusion of the callosal splenium is highly specifc for seizures in neonates

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Abstract

Background: To determine whether restricted difusion of the callosal splenium is specifc for seizure activity in neonates.

Methods: We performed a retrospective chart review of 123 neonates who had a diagnosis of hypoxic ischemic encephalopathy (HIE) who underwent therapeutic cooling and had magnetic resonance imaging (MRI) within the first 10 days of life. The regions examined for injury include the callosal splenium, cortex, deep gray matter, and subcortical white matter. Neurodevelopmental outcomes were secondarily assessed using the Bayley Scales of Infant Development at 12 to 18months of age and>18months of age. APGAR scores and pH, two important markers of hypoxia/ischemia and encephalopathy, were also analyzed in relation to these outcomes.

Results: Approximately 41% of the neonates had at least one abnormal region on brain MRI, and 21% had abnormal signal in the splenium. Clinical and/or electrographic seizures were documented in 32%. Changes in the splenium had a sensitivity of 54%, specifcity of 94%, and positive predictive value of 81% for seizure presence. The presence of seizures and splenium lesion was associated poor developmental outcomes at 12 to 18months of age. APGAR scores at 10minutes, but not lowest pH was associated with splenial changes.

Conclusions: Restricted difusion of the callosal splenium is specifc for recent seizures in neonates with HIE. Seizures and splenial lesion represent risk factors for poor neurodevelopmental outcomes. Child neurologists and neonatologists should consider splenial signal abnormality in their assessment of neonates at risk for seizures and counsel families about likely outcomes accordingly.

Keywords: Neonatal, Neonatal seizure, Splenium, Corpus callosum, Hypoxic ischemic encephalopathy

Background

The corpus callosum (CC) is the largest white matter tract in the brain, composed of more than 200 million axons $[1]$ $[1]$. The thickest, most posterior aspect of the CC is the splenium. On magnetic resonance imaging (MRI), restricted difusion in the splenium has been shown to be associated with recent seizures in adults with certain types of epilepsy $[2-6]$ $[2-6]$. In neonates, this has been

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suggested in isolated case reports $[7-9]$ $[7-9]$, but no systematic study has been carried out to investigate the utility of this fnding. We conducted a retrospective chart review to evaluate whether MRI changes in the splenium were associated with the presence of recent seizure in neonates. In addition, we examined whether splenial signal changes and seizures were associated with poor outcomes. We studied a consecutive series of neonates who were diagnosed with hypoxic ischemic encephalopathy (HIE) and underwent therapeutic cooling. This was an ideal population to isolate the impact of seizures on MRI changes in the splenium because these neonates received a standard amount of video electroencephalogram (EEG)

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recording and obtained MRI in or around the frst week of life.

Methods

Patients

We retrospectively reviewed the medical charts of neonates admitted after birth to a level IV neonatal intensive care unit (NICU) at Rady Children's Hospital (RCH) between January 2015 and December 2018 who were diagnosed with HIE. Neonates qualifed for therapeutic cooling according to the most recent Cochrane Review [[10\]](#page-7-5): (1) newborns \geq 35 weeks gestation; (2) evidence of peripartum asphyxia (at least one of the following): APGAR \leq 5 at 10 minutes, mechanical ventilation or resuscitation at 10min, and/or cord pH<7.1 or an arterial pH <7.1 or base deficit \geq 12 within 60 min; (3) evidence of encephalopathy according to Sarnat staging; and (4) no major congenital abnormalities recognizable at birth. Neonates in our study were identifed by (a) searching RCH's entries into the Children's Hospital Neonatal Database and (b) reviewing neonatal neurology consultation service records. Data from all patients were de-identified. The need for informed consent was waived by the ethics committee/Institutional Review Board of the University of California, San Diego School of Medicine and Rady Children's Hospital because of the retrospective nature of the study.

Inclusion and exclusion criteria

Neonates with the diagnosis of HIE, therapeutic cooling performed, and MRI obtained within the frst 10days of life were included. Neonates whom MRI studies were obtained beyond 10days of life were excluded to prevent the phenomenon of "pseudo-normalization" to confound our fndings [\[11](#page-7-6)]. Neonates without MRI studies, lacking documentation of HIE, unqualifed for therapeutic cooling, or transferred to our facility later than day of life 1 were excluded as well.

Data collection

Data were extracted from the medical charts and included: gestational age, birth weight, method of delivery, acute events surrounding delivery (non-reassuring fetal heart tones, pre-eclampsia, placental abruption, uterine rupture, cord prolapse, nuchal cord, meconium stain, and chorioamnionitis), intubation, and chest compression. APGAR scores were taken at 1, 5, and 10minutes. Cord blood gases and the earliest venous and arterial blood gases were collected from the NICU admitting note or frst neurology consult note. Sarnat staging (mild, moderate, or severe) was collected from the frst neurology note because it usually had the frst and only documented Sarnat staging score.

Data on presence or absence of seizure, EEG report and anti-epileptic therapies given during NICU admission were collected. Neonates who underwent therapeutic cooling were standardly placed on video EEG on admission and continued for at least 24 hours after rewarming. A full neonatal montage recording was made with the following channels FP1-T3, T3-O1, FP1-C3, C3-O1, FP2-T4, T4-O2, FP2-C4, C4-O2, T3-C3, C3-Cz, Cz-C4, C4-T4, FP1-O1, FP2-O2, C3-C4, and EKG. Neonates with clinical, electrographic, and/or clinical with electrographic correlate seizures were included in the seizure group. Clinical seizure is defned as abnormal movements thought to be seizure and subsequent treated with an anti-epileptic prior to the neonate being hooked up to EEG. Seizure burden was categorized by seizure frequency (none, 1 seizure, 2 or more seizures, or status epilepticus, which is defned as > 30 min of seizure within any 1-hour epoch) and number of antiepileptics used (none, 1, 2 or more not including midazolam drip, or includes midazolam drip). The most abnormal EEG background was determine based on the EEG report in the frst 24 hours, categorized as normal, mild/moderately abnormal, or severely abnormal (markedly excessive discontinuity, burst suppression, gross interhemispheric asynchrony, or extreme low voltage).

For splenial changes, all the MRI images were blindly reviewed by a pediatric neuroradiologist (DNV) for the presence or absence of restricted difusion in the splenium. For the presence or absence of any abnormality in the cortical ribbon, deep gray matter, or subcortical white matter, data was obtained from the MRI report. The MRI brain (without contrast or with and without contrast) was obtained as early as 24 hours after rewarming. If a patient had undergone more than one MRI examination, the earliest scan was utilized for the analysis.

As part of our routine clinical care for neonates with HIE, neurodevelopmental testing using the Bayley Scales of Infant Development, Third Edition (BSID-III) was performed by trained medical providers upon follow up in the high-risk infant clinic. This specialty clinic evaluated the growth and development of infants at risk for neurologic problems or developmental delays after discharge from the NICU. Children are usually seen frst around 6months of age and then 1 to 2 times per year after until 3years of age. For further analysis, scores obtained at 12 to 18months of age and>18months of age were used. A moderate delay was defned as a BSID-III score 1 to 2 standard deviations below the norm, i.e. lowest composite score of 70 to 84 in any of three domains (cognitive, language, and motor). Severe delay was defned as a BSID-III score greater than 2 standard deviations below the norm, i.e. less than 70 on any of the three tested domains or a complete inability to assign a score due to severe mental deficiency.

Statistical analysis

Data were summarized with counts (percentages) for categorical variables and as the mean \pm standard deviation for continuous variables. Sample characteristics, including gestational age at birth, sex, and day of life at the time of MRI, were investigated using descriptive analyses. The value of MRI findings with respect to seizure presence was expressed as sensitivity, specifcity, positive predictive value (PPV), negative predictive value (NPV), positive likelihood ratio (LR) and negative LR. To determine if there was a relationship between seizure, pH level, APGAR score, MRI abnormality and neurodevelopmental outcome, the following groups were formed: (a) presence or absence of seizure, (b) pH < 7.1 or \geq 7.1, and (b) APGAR score \leq 5 or $>$ 5 at 5 and 10 minutes. Group diferences were examined using Chi-square analysis or unpaired t-test using SPSS Statistics. Significance was set at $P \leq 0.05$.

Results

During the study period, 188 neonates with HIE were identifed. Twenty-one were excluded for missing MRI scans, 18 for late MRI scans, 3 for absence of HIE diagnosis in the neurology consult notes, 18 for not undergoing cooling, 4 for being transferred from an outside facility later than day of life 1, and 1 for being under 35weeks gestation. The demographic and clinical variables collected for 123 neonates from the chart review are detailed in Table [1](#page-3-0) and seizure characteristics detailed in Table [2](#page-4-0). Seizures were present in 39 (31.7%) neonates. All but three

Table 1 Demographic and clinical characteristics of neonates diagnosed with HIE and underwent cooling

Data presented as mean ±standard deviation or counts (and percentages within each row). *P*-value for unpaired t-test for continuous variables or Chi-square analysis for categorical variables

a One patient with no prenatal care, unknown gestational age, and delivery at home; *N*=122 for total neonates, *N*=96 for no splenium change group

b Twelve neonates did not have APGAR obtained at 10min; *N*=111 for total neonates, *N*=23 for yes splenium change group, *N*=88 for no splenium change group

Table 2 Seizure characteristics in relation to splenial changes on MRI

Data presented as mean ±standard deviation or counts (and percentages within each row). *P*-value for unpaired t-test for continuous variables or Chi-square analysis for categorical variables

a One patient had unclear duration of clinical seizures at outside hospital prior to transfer to Rady's Children's Hospital; *N*=122 for total neonates, *N*=25 for yes splenium change group

b One patient had video EEG done but information on EEG background in the frst 24hours was not available; *N*=122 for total neonates, *N*=96 for no splenium change group

c Eighty-four neonates had no seizures; *N*=39 for total neonates, *N*=21 for yes splenium change group, *N*=18 for no splenium change group

Areas	Number (%) of positive MRIs	Sensitivity	Specificity	PPV	NPV	Positive LR	Negative LR
Splenium	26 (21.1%)	53.85%	94.05%	80.77%	81.44%	9.05	0.49
Cortex	34 (27.6%)	58.97%	86.90%	67.65%	82.02%	4.50	0.47
Deep gray matter	22 (17.9%)	41.03%	92.86%	72.73%	77.23%	5.74	0.64
Subcortical white matter	27 (22.0%)	43.59%	88.10%	62.96%	77.08%	3.66	0.64
Any change	50 (40.7%)	69.23%	72.62%	54.00%	83.56%	2.53	0.42

Table 3 Performance of various MRI areas on screening for recent seizure in neonates with HIE

PPV Positive predictive value, *NPV* Negative predictive value, *LR* Likelihood ratio

had confrmed electrographic seizures once placed on an EEG. Neonates with MRI changes in the splenium had higher rate of seizure present, higher seizure burden, mortality during hospitalization, proportion requiring intubations and proportion with low APGAR score at 10min.

MRI imaging was abnormal in 50 neonates (40.7%), with the involved brain areas summarized in Table [3](#page-4-1). A total of 26 (21.1%) neonates had splenium signal abnormality. Abnormal signal in the splenium had the highest specifcity and PPV for seizure compared to other brain areas. Examining whether pH or APGAR score contributed to MRI abnormality showed a signifcant association between APGAR score at 10min and multiple MRI areas (splenium, cortex, and deep gray matter), and pH

Seizure	Lowest $pH < 7.1$	$APGAR < 5$ at 5 min	APGAR <5 at 10 min
36.649 , $P < 0.001$	0.238, N.S.	1.678, N.S.	6.543, P < 0.05
28.029 , $P < 0.001$	0.493, N.S.	1.497, N.S.	8.585, P < 0.01
26.819, P < 0.001	0.005. N.S.	3.251, N.S.	7.652, P < 0.01
15.607. P < 0.001	5.117, P < 0.05	0.885, N.S.	0.832. N.S.
19.335. $P < 0.001$	0.027. N.S.	1.962, N.S.	6.458. $P < 0.05$

Table 4 Chi-square statistics for seizure, blood pH, and APGAR score in relation to various MRI areas

N.S. Not signifcant

Table 5 Efect of splenial signal abnormality, seizure, APGAR score, or pH on developmental delay using BSID scale at 12 to 18months of age

Table 6 Efect of splenial signal abnormality, seizure, APGAR score, or pH on developmental delay using BSID scale at >18months to 36months of age

Data presented as counts (and percentages within each row). *P*-value for Chisquare analysis

and subcortical white matter (Table 4). The presence of seizure was signifcantly related to brain injury in all the areas studied. A total of 36 neonates (31.0%) followed up with the high-risk infant clinic between 12 to 18months old and only 24 neonates (19.5%) followed up at >18months. Seizure and splenium signal abnormality were signifcantly associated with developmental delay at 12 to 18months old (Table [5](#page-5-1)), but not at > 18 months old (Table [6](#page-5-2)). In contrast, APGAR score and pH were not signifcantly related to developmental outcome.

Discussion

To the best of our knowledge, the present study is the largest series to date on splenium signal abnormality. Our data indicates that decreased difusivity in the callosal splenium has high specifcity and PPV for recent seizures. This may impact the degree of developmental monitoring needed and the need for further testing.

Data presented as counts (and percentages within each row). *P*-value for Chi-

square analysis

In addition to seizures, our fndings are in agreement with previous reports that splenium signal abnormality is associated with more severe clinical presentations and adverse outcomes [[12](#page-7-7)[–15](#page-7-8)]. Perlman and colleagues reported 10 (29%) of their neonates with HIE had restricted difusion in the splenium [[14\]](#page-7-9). All these patients had clinical or electrographic seizures. They found that those with splenial signal abnormality had a signifcantly higher incidence of death or severe developmental delay, lower birth weight, lower cord arterial base defcit, and severe encephalopathy during initiation of hypothermia. We similarly found a higher incidence of mortality and a higher proportion with severe developmental delay at 12 to 18 months of age. Moreover, difusion abnormality was associated with lower APGAR score at 10 min, higher mortality, higher

proportion requiring intubation during the frst few minutes of life, and greater seizure burden. Kelkar and colleagues reported on 16 (40%) neonates with diferent patterns of corpus callosum involvement, of which 15 had splenium changes [[13\]](#page-7-10). Kumar et al. found 11 (40%) of their patients had restricted difusion within the corpus callosum, all of whom had splenium changes [[15](#page-7-8)]. Both of these studies found that corpus callosum injury was associated with more extensive brain injury [[13](#page-7-10), [15\]](#page-7-8). We similarly found 69.2% of our neonates with restricted difusion in the splenium had at least 2 or more other brain regions afected (data not shown). Notably, 100% (18/18) of the neonates with 2 or more brain regions plus splenium change had seizures, whereas only 16.7% (1/6) of the neonates with 2 or more brain regions afected and no splenium change had seizures $(X^2 = 18.947, P < 0.001)$, reiterating that splenium change, not difuse brain injury per se, is signifcantly associated with recent seizures.

Several possible causes of transient splenium signal abnormality have been reported in the literature. These include acute seizures, anticonvulsant drug withdrawal or toxicity, viral encephalitis, hypoglycemic encephalopathy, malnutrition, traumatic axonal injury, and early Wallerian degeneration $[2, 3, 16-19]$ $[2, 3, 16-19]$ $[2, 3, 16-19]$ $[2, 3, 16-19]$ $[2, 3, 16-19]$ $[2, 3, 16-19]$ $[2, 3, 16-19]$. Specific to neonates with seizures, there have been isolated case reports, including neonates without HIE [[7\]](#page-7-3), mild HIE [[9\]](#page-7-4), and hypoglycemia [\[8\]](#page-7-14). It is unclear in our cohort whether the splenium changes are transient or permanent. It also remains unknown if this is associated with an increased risk for future seizures. Five neonates had abnormal signal in the splenium without a history of clinical or subclinical seizures. It is possible subclinical seizures occurred between birth and the time EEG was started in these patients, or the neonates had one of the other possible causes of transient splenium signal abnormality. Longer follow-up period and inclusion of all neonates with splenial lesions might clarify these fndings in the future.

The underlying pathophysiological mechanism of splenium changes in seizures remains obscure. There have been several hypotheses have been put forward, including cytotoxic, vasogenic, and/or intramyelinic edema [\[5](#page-7-15), [6](#page-7-2), [18,](#page-7-16) [20\]](#page-7-17). While cytotoxic or vasogenic edema may be relevant in neonates, intramyelinic edema is unlikely a contributing mechanism as the splenium does not begin myelination until 3 months of age.

Our study has several limitations. First, it follows a retrospective design. Second, previous studies have described pseudo-normalization of difusion weighted imaging and apparent diffusion coefficient maps in neonates with HIE as early as 4 days after the insult and suggested that neonates who are scanned after the frst week of life may exhibit false-negative results [[21\]](#page-7-18). We included MRIs obtained up to 10 days of life, which is on the later end of the optimal time window [[11\]](#page-7-6). However, this is unlikely to change our outcome because our MRIs were obtained on an average of 6 days of life, and the splenial abnormality group had scans done on average at a higher day of life than the no splenial abnormality group. Using MRIs obtained up to 10 days of life also improves ecological validity. A third limitation is that only about a third of our patients followed up in the high-risk infant clinic at 12 to 18 months old and even less followed up at > 18 months old, creating a possible selection bias. We however found no signifcant association between any of the demographic or clinical variables and follow up (data not shown). Only 7 (26.9%) and 3 (11.5%) of the patients with splenium abnormalities had developmental testing at 12 to 18 months old and $>$ 18 months old, respectively, making it difficult to draw any frm correlations based on this reduced sample size. This reduced sample size may also explain why there was a signifcant association between splenial lesion/seizure and poor developmental outcome at 12 to 18 months old but not at > 18 months old. Fourth, most of our infants studied are relatively young, and long-term neurodevelopmental outcome may not be apparent at the 12 to 18 months visit. For those who had repeat BSID-III testing at > 18 to 36 months old, 10 (62.5%) remained in the same severity classifcation and 6 (37.5%) had either an improvement or worsening. Finally, we selected neonates with HIE who underwent therapeutic cooling to remove etiology as a confounder for splenium change. Further studies will need to be carried out to determine whether our fndings are generalizable to neonates with seizures due to other causes, such as infection, hypoglycemia, cerebral hemorrhage, metabolic disorders, or genetic epilepsies.

Conclusion

Restricted difusion of the callosal splenium is specifc for recent seizures in neonates with HIE who underwent therapeutic cooling. Splenium lesions are associated with more severe clinical presentations and worst developmental outcomes at 12 to 18 months old. Future studies would be benefcial to determine the relationship between changes in the splenium and long-term seizure and neurodevelopment outcomes.

Abbreviations

CC: Corpus callosum; MRI: Magnetic resonance imaging; HIE: Hypoxic ischemic encephalopathy; EEG: Electroencephalogram; NICU: Neonatal intensive care unit; RCH: Rady Children's Hospital; BSID: Bayley Scales of Infant Development.

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None.

Authors' contributions

LN analyzed and interpreted the patient data and drafted the manuscript. DYC was a major contributor in study design and revising the manuscript. DNV reviewed all the MRI for splenial changes. JJG oversaw the study and revised the manuscript. All authors read and approved the fnal manuscript.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate

The Institutional Review Board of the University of California, San Diego School of Medicine and RCH approved the study. Informed consent was exempted/ waived because of the retrospective nature of the study. All methods were carried out in accordance with relevant guidelines and regulations.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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