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1 **Enriched East Asian oxygen isotope of precipitation indicates reduced**
2 **summer seasonality in regional climate and westerlies**

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11

12

13 **Classification**

14 Physical Sciences: Earth, Atmospheric and Planetary Sciences.

15

16 **Keywords**

17 Paleoclimate, Monsoon, Westerlies, East Asia.

18

19 **Author Contributions**

20 JCHC led the design of the study and manuscript writing; MJH led the analysis and
21 contributed to the design and writing; KY contributed the isoGSM2 dataset and provided
22 interpretation and analyses; IYF provided expert interpretation and contributed to writing.

23

24 **This PDF file includes:**

25 Main Text

26 Figures 1 to 4

27

28 **Abstract**

29 Speleothem oxygen isotope records over East Asia reveal apparently large and rapid
30 paleoclimate changes over the last several hundred thousand years. However, what the
31 isotopic variation actually represent in terms of the regional climate and circulation is
32 debated. We present an answer that emerges from an analysis of the interannual variation
33 in amount-weighted annual $\delta^{18}\text{O}$ of precipitation over East Asia as simulated by an
34 isotope-enabled model constrained by large-scale atmospheric reanalysis fields. ^{18}O -

35 enriched years have reduced summer seasonality both in terms of precipitation isotopes
36 and in the large-scale circulation. Changes occur between June and October, where the
37 $\delta^{18}\text{O}$ of precipitation ($\delta^{18}\text{O}_p$) transitions from the isotopically heavier winter to the lighter
38 summer regime. For ^{18}O -enriched years, this transition is less pronounced. Variations in
39 precipitation amount alone are insufficient to explain the amount-weighted annual $\delta^{18}\text{O}_p$
40 between ^{18}O -enriched and depleted years. Reduced summer seasonality is also expressed
41 in the low-level monsoonal southerlies and upper-level westerlies; for the latter, the
42 northward migration across the Tibetan Plateau in the summer is less pronounced. Our
43 result thus implicates the westerlies across the Plateau as the proximate cause of East
44 Asian paleomonsoon changes, and manifested as a modulation of its summer peak.

45

46 **Significance Statement**

47 Cave oxygen isotope records have revolutionized our understanding of East Asian
48 paleoclimate. However, the climate interpretation of these records has proven
49 controversial, some arguing for substantial swings in monsoon intensity while others
50 suggesting that they do not indicate climate changes over East Asia. A modern-day
51 analog provides an answer: namely, a modulation in the seasonal amplitude of East Asian
52 summer climate and circulation. A strong connection exists with the seasonal migration
53 of the westerlies across the Tibetan Plateau, consistent with dynamical arguments that
54 point to this migration to control East Asian summer monsoon seasonality. Our result
55 thus inserts paleoclimate evidence into the current debate on East Asian summer
56 monsoon dynamics, and in favor of a greater role for the westerlies.

57

58 **Introduction**

59 Speleothem oxygen isotope ($\delta^{18}\text{O}_c$) records over East Asia and other tropical regions
60 have revolutionized our understanding of the global paleomonsoon^{1, 2}. However, there
61 remains a basic question of what the calcite oxygen isotopic records represent in terms of
62 regional climate changes, specifically the large-scale circulation. This is particularly true
63 for the East Asian records, even though they are amongst the most studied³. Previous
64 interpretations proposed modulation of ‘monsoon intensity’ through changes to the ratio
65 of summer to winter precipitation⁴, variation to the isotopic depletion of moisture
66 advected by convection upstream of the speleothem sites^{5, 6, 7}, and selection among
67 different moisture source regions⁸.

68 From a dynamical perspective, there are two general approaches to analyzing East
69 Asian climate and its seasonality. Traditionally, East Asia is viewed as a monsoon
70 system - in the summer, differential warming between land and ocean creates pressure
71 differences that in turn drive low-level southerly flows that brings warm moist air from
72 the surrounding oceans into East Asia⁹. Atmospheric heating from convection, especially
73 in the southern reaches of the Tibetan Plateau, provides an important positive feedback¹⁰.
74 Seasonality is integral to monsoon systems: in the winter, the land-ocean thermal contrast
75 reverses, and northerlies sweep cold and dry air across East Asia.

76 An alternative viewpoint shifts the focus to tropospheric westerlies. East Asia is
77 sufficiently north to be within the westerly belt even in the early summer, and the Tibetan
78 Plateau provides both a mechanical and thermal obstacle that deflects the westerlies,
79 generating a stationary eddy circulation downstream; the interaction of this circulation
80 with the low-level monsoonal flow generates the rainfall climate over East Asia^{11, 12}. The
81 westerly core shifts from south of the Plateau in the winter and spring, to the north of the
82 Plateau in the height of summer, before transitioning back again¹³. Thus, the westerly
83 migration adds its own imprint onto the seasonality of East Asia, noted by Chinese
84 meteorologists since at least the 1950’s^{14, 15}. Molnar et al. (2010)¹² formalized this view
85 by hypothesizing a correspondence between the seasonal evolution of East Asian summer
86 rainfall with the meridional position of the westerlies.

87 Here, we present an analysis that describes East Asian climate and large-scale
88 circulation changes when the oxygen-18 isotope composition in precipitation ($^{18}\text{O}_p$)

89 becomes depleted or enriched, derived from an analysis of the latter's interannual
90 variability in an isotope-enabled model simulation (Isotope-incorporated Global Spectral
91 Model version 2 (hereafter isoGSM2)¹⁶) that simulates modern East Asian rainfall and
92 $\delta^{18}\text{O}_p$ with fidelity. The climatological monthly variation of East Asian $\delta^{18}\text{O}_p$ in
93 isoGSM2 compares favorably with direct measurements, and performs significantly
94 better than isotope-enabled model simulations used in previous studies of East Asia (SI
95 Appendix, section 1). Moreover, it is able to simulate the interannual variability of
96 warm-season $\delta^{18}\text{O}_p$ to the extent that this can be compared to the limited measurements
97 (SI Appendix, section 2). A clear interpretation emerges: years with enriched $^{18}\text{O}_p$ over
98 East Asia have reduced amplitudes of the annual cycle, both in $\delta^{18}\text{O}_p$ and in the regional
99 large-scale circulation, mainly due to reductions in the magnitudes of the excursions
100 during the summer seasons. We shall refer to this as “reduced summer seasonality”,
101 which could mean lower summer peaks (e.g. precipitation) or shallower summer troughs
102 (e.g. $\delta^{18}\text{O}_p$). Moreover, we demonstrate a strong link between East Asian $^{18}\text{O}_p$ and the
103 meridional position of the westerlies, with enriched values associated with a southward-
104 shifted jet during summer.

105

106 **Results**

107 **a) Interannual variability of amount-weighted annual $\delta^{18}\text{O}$ over East Asia**

108 The dominant interannual variation of isoGSM2 amount-weighted annual $\delta^{18}\text{O}_p$ over East
109 Asia, extracted through an empirical orthogonal function (EOF) analysis (see Materials
110 and Methods), possesses a mostly uniform sign across East Asia extending from the Bay
111 of Bengal to northeastern China and eastward to the Philippines (figure 1a). Over China,
112 it extends from Hebei province in the northeast to Yunnan province in the southwest (as
113 highlighted by the parallelogram in figure 1a). Interestingly, this region encompasses the
114 key speleothem locations of Hulu, Dongge, and Sanbao caves, as well as several others
115 with strong temporal coherence in the proxy record (filled black dots in figure 1a).
116 Extending this comparison, we reviewed existing speleothem studies over East Asia and
117 marked their location if a record exhibited temporal variations seen in Hulu-Dongge-
118 Sanbao record¹⁷ (SI Appendix, section 3); notably, the cave locations cluster within the
119 parallelogram region (other black dots in figure 1a).

120 We create an interannual index for $\delta^{18}\text{O}_p$ by averaging the amount-weighted
121 annual $\delta^{18}\text{O}$ over the parallelogram region (figure 1b, black line; hereafter the
122 *parallelogram $\delta^{18}\text{O}_p$ index*). This index allows us to identify years with enriched and
123 depleted $^{18}\text{O}_p$, upon which we form composites to examine their characteristics in terms
124 of seasonal behavior and large-scale circulation. The parallelogram $\delta^{18}\text{O}_p$ index is
125 strongly correlated with the principal component of EOF 1 (figure 1b, blue line) ($r = 0.87$,
126 $p < 0.01$), indicating that the interannual variation in amount-weighted annual $\delta^{18}\text{O}_p$
127 within the parallelogram region is coherent and tied to EOF1. Variations in the
128 parallelogram $\delta^{18}\text{O}_p$ index are $\sim 2\%$ (peak-to-peak), comparable in magnitude to
129 millennial variations of $\delta^{18}\text{O}$ in speleothem records⁴. We composite various climate
130 fields for years of higher and lower values of the parallelogram $\delta^{18}\text{O}_p$ index
131 (corresponding to ^{18}O -enriched and depleted years, respectively), using ± 0.5 standard
132 deviation as the threshold (figure 1b, dashed red lines).

133 Figure 2a shows the month-to-month variation in rain amount multiplied by $\delta^{18}\text{O}_p$
134 averaged over the parallelogram region, and for $^{18}\text{O}_p$ -enriched and depleted years.
135 Differences between enriched and depleted years occur exclusively in the warm season,
136 from June through October (JJASO). A similar conclusion is reached if solely $\delta^{18}\text{O}_p$ is
137 considered (figure 2b), with $\delta^{18}\text{O}_p$ higher across JJASO for enriched years relative to
138 depleted years. Rainfall during enriched years are also somewhat less than for depleted
139 years (figure 2c), and while the differences for each month are not significant (apart from
140 October), rainfall reduction summed over JJASO is significant at $p < 0.01$. The reduced
141 summer precipitation seasonality during enriched years is more clearly shown if month-
142 to-month fluctuations - tied to strong weather variations over East Asia - are filtered out
143 prior to compositing (SI Appendix, section 4 and figure S7c), as is the case for rain
144 amount $\times \delta^{18}\text{O}_p$ and $\delta^{18}\text{O}_p$ (SI Appendix, figure S7a and S7b respectively). Overall,
145 enriched years are so because there is reduced summer seasonality in $\delta^{18}\text{O}_p$ - it does not
146 become as isotopically light in the summer as compared to depleted years. Additional
147 analyses of $\delta^{18}\text{O}_p$ over the parallelogram region (SI Appendix, section 5) confirm this
148 interpretation.

149

150 **b) Large-scale circulation changes associated with $\delta^{18}\text{O}_p$ variation**

151 Changes to the surface circulation are consistent with the interpretation of reduced
152 summer seasonality for enriched years (figure 3). Warm season east-west pressure
153 contrast between the Asian continent and Western North Pacific is reduced, largely as a
154 result of a weaker and/or eastward-shifted Western Pacific subtropical high (figure 3a,
155 shaded). The vertically-integrated moisture flux into East Asia from the South China Sea
156 is also reduced (figure 3a, vectors). Seasonally, the northward moisture flux over
157 southeastern China is weaker during July-September (figure 3b), a consequence of
158 weaker lower tropospheric meridional winds (figure 3c). Changes in the upper level
159 circulation are also consistent with reduced summer seasonality for enriched years.
160 Enriched years show decreased warm season westerlies to the north of the Plateau and
161 increased to the south of it (figure 3d), indicating a reduced northward migration of the
162 westerlies. We track the latitudinal position of westerlies across Asia centered on the
163 Tibetan Plateau (see Materials and Methods) for enriched years and depleted years
164 (figure 3e); the analysis shows a systematic southward shift of the westerlies across all
165 months from March through December during enriched years, though the difference is
166 significant only for July through October ($p < 0.05$).

167 There is a robust link between the latitude position of the warm season westerlies
168 and $\delta^{18}\text{O}_p$ over the parallelogram region. Correlation of the latitude of the 200mb zonal
169 wind maximum across Asia centered on the Tibetan Plateau (40-140°E) with $\delta^{18}\text{O}_p$
170 averaged over the parallelogram region shows significant correlation for June, July,
171 October and November (SI Appendix, figure S10a). $\delta^{18}\text{O}_p$ is generally not associated
172 with the strength of the jet, however (SI Appendix, figure S10b). Furthermore, an
173 objective spatiotemporal analysis method designed to find coupled behavior between
174 fields shows that the leading summertime mode is a pattern with reduced westerlies north
175 of the Plateau and increased westerlies to the south of the Plateau associated with
176 enriched $^{18}\text{O}_p$ over the parallelogram region (SI Appendix, section 6(ii) and figure S11).
177 The temporal behavior of this mode is correlated to principal component 1 of the EOF of
178 amount-weighted annual $\delta^{18}\text{O}_p$ (figure 1) at $r = 0.92$ ($p < 0.01$), meaning that both
179 analysis methods extracted essentially the same interannual behavior for $\delta^{18}\text{O}_p$ over East
180 Asia. The evidence thus suggests robust physical relationships between the large-scale
181 westerly wind and the summertime East Asian $\delta^{18}\text{O}_p$.

182

183

c) Implications for interpretation of East Asian speleothem records

184

Wang et al. (2001)⁴ proposed “monsoon intensity” (the ratio of winter-to-summer rainfall amounts) as an explanation for speleothem $\delta^{18}\text{O}_c$ variations at Hulu cave, observing that wintertime rainfall was isotopically heavy compared to the summer. An alternative hypothesis proposed that East Asian $\delta^{18}\text{O}_c$ reflects the isotopic composition of moisture advected from the Indian and Pacific source regions, depleted by Rayleigh fractionation from convection upstream^{5, 6, 7}. Recent proxy and modeling evidence lend support to both hypotheses: in particular, Pausata et al. (2011)⁶ showed that a Heinrich-like simulation leads to increased $\delta^{18}\text{O}_p$ over East Asia because of a decrease in rainfall upstream; and Orland et al. (2015)¹⁸ showed evidence for both monsoon intensity and source changes from a remarkable set of seasonally-resolved speleothem measurements over Northeastern China. Liu et al. (2014)¹⁹ merged the two interpretations by arguing that $\delta^{18}\text{O}_c$ variations reflected monsoon intensity through the strength of the low-level monsoonal southerlies and magnitude of rainfall over northeastern China, while also reflecting the continental-scale Asian monsoon rainfall response and its effect on upstream depletion. Finally, differing moisture source regions has also been proposed as an explanation⁸.

200

We estimate the contributions of precipitation anomalies and $\delta^{18}\text{O}_p$ variation to the parallelogram $\delta^{18}\text{O}_p$ index. Enriched years have a mean amount-weighted annual $\delta^{18}\text{O}_p$ anomaly of +0.66 per mil relative to the climatological value, and depleted years -0.71 per mil, a difference of 1.37 per mil. Local precipitation differences (i.e. monsoon intensity) alone contribute only +0.11 per mil to this difference, whereas differences in the $\delta^{18}\text{O}_p$ contribute +1.07 per mil; contribution from the covariance between precipitation and $\delta^{18}\text{O}_p$ adds the remaining +0.18 per mil. Thus, summertime changes to $\delta^{18}\text{O}_p$ contributes to the majority of the difference in amount-weighted annual $\delta^{18}\text{O}_p$ between enriched and depleted years. This conclusion mirrors the results of Orland et al. (2015)¹⁸ for their seasonally-resolved speleothem records over northeastern China, who also found that summertime changes to $\delta^{18}\text{O}_p$ contribute more to the differences in the $\delta^{18}\text{O}_c$ between the early Holocene and Younger Dryas.

211

212 To check whether changes to fractionation effects from rainfall processes in the
213 parallelogram region can account for the $\delta^{18}\text{O}_p$ change, we plot the $\delta^{18}\text{O}$ of precipitable
214 water (hereafter $\delta^{18}\text{O}_{pw}$) averaged over the parallelogram region, for enriched and
215 depleted years (figure 2d). The monthly difference between enriched and depleted years
216 for the $\delta^{18}\text{O}_{pw}$ quantitatively mirror that for $\delta^{18}\text{O}_p$ (SI Appendix, figure S12), indicating
217 that differences between $\delta^{18}\text{O}_p$ between enriched and depleted years arise mainly from
218 differences in the $\delta^{18}\text{O}$ of moisture advected into the region, and not from fractionation
219 effects of local rainfall. This conclusion is further supported by the lesser significance of
220 rainfall differences (figure 2c) between enriched and depleted years in the parallelogram
221 region.

222 Thus, understanding the origins of water vapor $\delta^{18}\text{O}$ changes over the
223 parallelogram region is key to understanding $\delta^{18}\text{O}_p$. Air parcel trajectories into the
224 parallelogram region at 700mb shows that both the origin of the trajectory, and source
225 vapor from the neighboring oceans, exhibit reduced summer seasonality during enriched
226 years relative to depleted years. In climatology, air parcel trajectories originate from
227 southwest of the parallelogram region during June and July, south of the parallelogram
228 region in August, and east of the parallelogram region in September and October (SI
229 Appendix, figure S13); in other words, the origin shifts counterclockwise from the Bay of
230 Bengal in the early summer, to the South China Sea in midsummer, and to the western
231 North Pacific in late summer. The origin point of enriched year trajectories ‘sweeps’
232 through these regions faster than for depleted years (figure 4a-c), consistent with our
233 interpretation of reduced summer seasonality. Less water vapor will be sourced from the
234 South China Sea in this case, and precipitable water over the parallelogram region will be
235 isotopically heavier. In addition, the $\delta^{18}\text{O}$ of precipitable water over the neighboring
236 ocean regions - Bay of Bengal, South China Sea, and northwestern Pacific - do not
237 become as isotopically light over the summer months for enriched years relative to
238 depleted years (figure 4d-f), again consistent with the interpretation of reduced summer
239 seasonality. A more detailed analysis of air parcel trajectories into the parallelogram
240 region also suggests a role for upstream depletion (SI Appendix, section 8 and figure
241 S14).

242 The $\delta^{18}\text{O}_{\text{pw}}$ change is part of a larger pattern of changes with positive anomalies
243 extending from central eastern Asia to the Maritime continent; in the central Pacific, the
244 $^{18}\text{O}_{\text{pw}}$ is isotopically lighter (figure 4g). This pattern is reminiscent of changes associated
245 with the El Niño Southern Oscillation²⁰, and indeed there is a significant association
246 between the parallelogram $\delta^{18}\text{O}_{\text{p}}$ index and boreal summer El Niño conditions (the
247 parallelogram $\delta^{18}\text{O}_{\text{p}}$ index is correlated at $r = 0.6$ with Niño3.4 averaged over June-
248 October, with enriched $^{18}\text{O}_{\text{p}}$ associated with warmer equatorial Pacific conditions).
249 Rainfall decreases over the Maritime continent and South China Sea are consistent with
250 enriched $^{18}\text{O}_{\text{pw}}$, since with less moist convection the water vapor is more enriched.

251

252 **Discussion**

253 Our analysis shows that $\delta^{18}\text{O}_{\text{p}}$ -enriched years are associated with reduced summer
254 seasonality over East Asia. This finding connects with previous interpretations of the
255 East Asian speleothem $\delta^{18}\text{O}_{\text{c}}$ in that monsoon intensity, upstream depletion and source
256 change effects all have a role to play. Monsoon intensity however plays a relatively
257 minor role, with the latter nonlocal mechanisms being more important. However, the
258 interpretation we advance is that the change to each process reflects the reduced summer
259 seasonality of all processes that contribute to the climatological seasonal cycle of $\delta^{18}\text{O}_{\text{p}}$
260 over East Asia. A closer examination of what sets the East Asian $\delta^{18}\text{O}_{\text{p}}$ seasonal cycle
261 will likely prove insightful.

262 Our analysis also connects East Asia $\delta^{18}\text{O}_{\text{p}}$ to the large-scale westerlies across the
263 Tibetan Plateau. Chiang et al. (2015)²¹ hypothesized that changes to the seasonal
264 migration of the westerlies across the Plateau is responsible for East Asian paleoclimate
265 changes. A reduced northward migration alters the timing and duration of the various
266 rainfall intraseasonal stages - namely Spring, pre-Meiyu, Meiyu, and Midsummer -
267 resulting in spatially complex changes to East Asian rainfall. This hypothesis has now
268 been tested in a number of contexts spanning paleoclimate, modern, and future climates²²,
269 ^{23, 24, 25}. Our result now explicitly links this hypothesis to East Asian speleothem $\delta^{18}\text{O}_{\text{c}}$,
270 and adds to the growing evidence for the westerlies to play a pivotal role in East Asian
271 summer monsoon change. Furthermore, the fact that isoGSM2 simulates the seasonal
272 cycle of $\delta^{18}\text{O}_{\text{p}}$ well (compared to the other isotope-enabled models, see SI Appendix,

273 [section 1](#)) suggests that realistic large-scale circulation fields are needed for accurate
274 simulation of $\delta^{18}\text{O}_p$ over East Asia.

275 Our result ties together two seemingly unrelated lines of current research on the
276 East Asian monsoon: the study of East Asian paleoclimate changes as informed by the
277 speleothem oxygen isotope records, and the dynamics of the East Asian summer
278 monsoon seasonality and the role of the jet stream. The former has revealed sizable and
279 abrupt changes to the East Asian monsoon on centennial^{26, 27}, millennial^{4, 28, 29, 30, 31} and
280 orbital timescales^{18, 28, 31, 32}, highlighting the sensitivity of the East Asian monsoon system
281 to climate forcings. The latter reveals a substantial and perhaps dominant role of the
282 westerlies impinging on the Tibetan Plateau on the maintenance and change of the East
283 Asian summer monsoon and its seasonality^{12, 23, 25, 33, 34}. Our result implicates changes to
284 the seasonal migration of westerlies across the Plateau as the dominant cause of East
285 Asian paleomonsoon changes²¹.

286

287 **Materials and Methods**

288 *Isotope-incorporated Global Spectral Model version 2 (IsoGSM2)*: We use output from
289 the isoGSM version 2³⁵ dataset over the historical period from 1979-2017. This model is
290 an isotope-enabled (HDO and H₂¹⁸O are included) version of the Scripps Experimental
291 Climate Prediction Center's global spectral model, that has been nudged to the National
292 Centers for Environmental Prediction (NCEP) Reanalysis 2³⁶. The nudging is done at
293 every timestep and for all 28 sigma levels to the 6-hourly NCEP2 data, but only for
294 temperature, zonal and meridional winds, and over large spatial scales (>1000km); in this
295 respect it is like NCEP2 reanalysis, but with simulated isotopes. The nudging to NCEP2
296 allows the isoGSM2 output to be directly comparable with observations, and the
297 simulated isotopes compare well against available observations¹⁶. A complete
298 description can be found in Yoshimura et al. (2008)¹⁶. IsoGSM2 reproduces the seasonal
299 cycle of precipitation and $\delta^{18}\text{O}_p$ over East Asia with fidelity when compared to
300 observations, and is superior to isotope-enabled model simulations used in past studies of
301 East Asia ([SI Appendix, section 1](#)). An accurate simulation of the seasonal cycle in $\delta^{18}\text{O}_p$
302 is crucial, as many previous interpretations relate in some way to a modulation of
303 seasonality.

304 The amount-weighted annual $\delta^{18}\text{O}_p$ is the $\delta^{18}\text{O}_p$ for rainfall averaged over a
305 calendar year (January 1 through December 31). In our analysis, we calculate the
306 amount-weighted annual $\delta^{18}\text{O}_p$ using 6-hourly output from IsoGSM2, and assume that
307 this value reflects the quantity chemically recorded in the cave speleothems. This
308 assumption requires equilibrium fractionation between dripwater and precipitated
309 calcium carbonates; we also assume that temperature-dependent fractionation effects are
310 small. Both are commonly assumed in the climate interpretation of speleothem $\delta^{18}\text{O}_c$
311 (e.g. Wang et al. 2001⁴). In most cases cave dripwater $\delta^{18}\text{O}$ approaches the annual
312 amount-weighted value of rainwater, and the seasonal signal is damped. There is also a
313 small seasonal effect from evaporation, that elevates the $\delta^{18}\text{O}$ in particular over the
314 summer.

315 ***Empirical Orthogonal Function of amount-weighted annual $\delta^{18}\text{O}_p$:*** The dominant
316 interannual variation of amount-weighted annual $\delta^{18}\text{O}_p$ over East Asia as simulated by
317 isoGSM2 is extracted through an empirical orthogonal function³⁷ (EOF) analysis of
318 amount-weighted annual $\delta^{18}\text{O}_p$ over East Asia [60-130°E; EQ-50°N], and standardized
319 by subtracting the mean and dividing by the standard deviation at each location in order
320 to isolate the effects of spatial correlation from the influence of regions of greater
321 variance. The standardized data are then area-weighted by multiplying by the square root
322 of the cosine of latitude prior to forming the covariance matrix. The first mode explains
323 14% of the total variance, and it is well separated from the other EOF modes using the
324 criterion of North et al. (1982)³⁸ (SI Appendix, figure S15).

325 ***Jet position:*** the position of the maximum westerlies are estimated by finding, for each
326 longitude and month, the latitude of the maximum 200mb zonal wind between 5°N and
327 55°N. These latitude positions are then averaged across Asia centered on the Plateau (40-
328 140°E) to obtain the mean position for that month. The latitude of maximum wind speed
329 is found by first interpolating the wind profile with latitude using spline interpolation (the
330 ‘spline’ function in MATLAB), and then locating the maximum. If there is no peak
331 within the 5°N-55°N range, the value is set to missing.

332 ***Data Availability:*** Data used in the analysis, including the monthly mean isoGSM2 data,
333 and enriched and depleted year climatologies of isoGSM2 fields, are published and
334 archived in Chiang et al. (2019)³⁹. The Candis library⁴⁰ of analysis tools used to estimate

335 trajectory fields for figure 4a-c, and SI Appendix, figures S13 and S14, can be found at
336 <http://kestrel.nmt.edu/~raymond/software/candis/candis.html>.

337

338 **Acknowledgments**

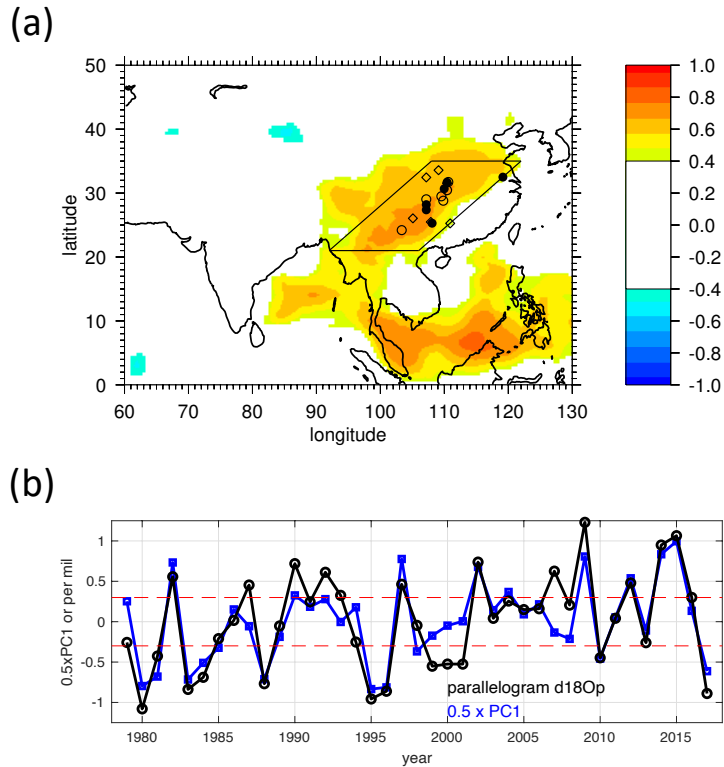
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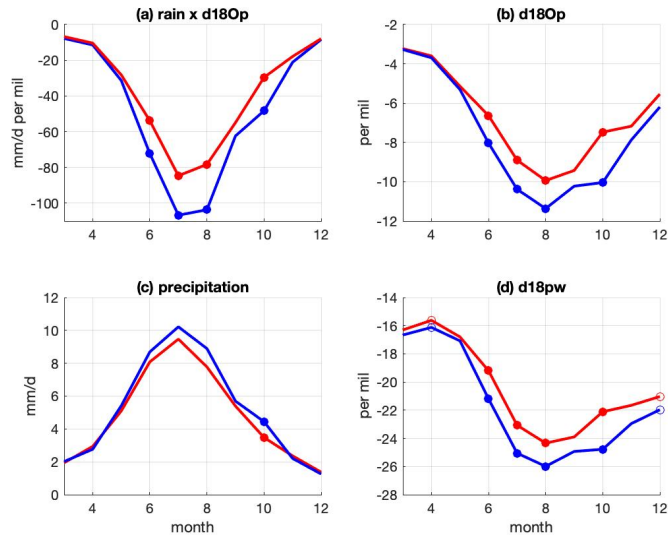
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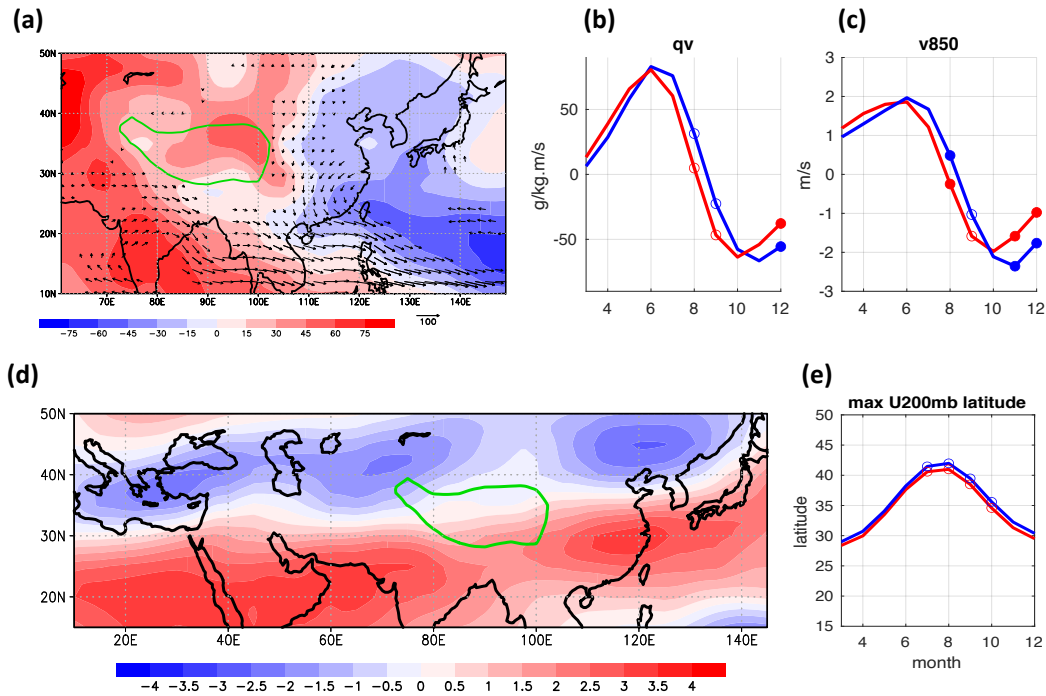
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Figure 1. (a) First EOF of normalized amount-weighted annual $\delta^{18}\text{O}_p$, taken over 60-130°E and 0-50°N. The dots reference locations of speleothem records; the black filled dots are the key speleothem records of Hulu-Dongge-Sanbao, and sites with excellent coherence to these records (110.43°E, 31.67°N Sanbao; 110.42°E, 30.45°N Heshang; 119.17°E, 32.5°N Hulu; 108.08°E, 25.28°N Dongge; 109.98°E, 30.68°N Haozhu; 107.17°E, 28.18°N Shigao; 107.18°E, 27.37°N Sanxing). Caves sites with good and fair coherence with the Hulu-Dongge-Sanbao record are shown as open circles and open diamonds, respectively. See [SI Appendix, section 3](#) for a list of these records, method of comparison, and references. The parallelogram marks the region used to generate an interannual index of amount-weighted annual $\delta^{18}\text{O}_p$, and encompasses the region with large EOF1 loading and location of caves sites. The vertices of the parallelogram are at (anticlockwise from the bottom left point) 92°E 21°N, 106°E 21°N, 122°E 35°N, 108°E 35°N **(b)** Principal component time series of the first EOF scaled by 1/2 (blue) and average of amount-weighted annual $\delta^{18}\text{O}_p$ (units: per mil) across the parallelogram region with the mean removed (black). Dashed red lines indicate ± 0.5 standard deviation. Black dots beyond these limits represent years comprising the enriched (N=13; above) and depleted (N=12; below) composites. The correlation coefficient between the two timeseries is $r = 0.87$ ($p < 0.01$).



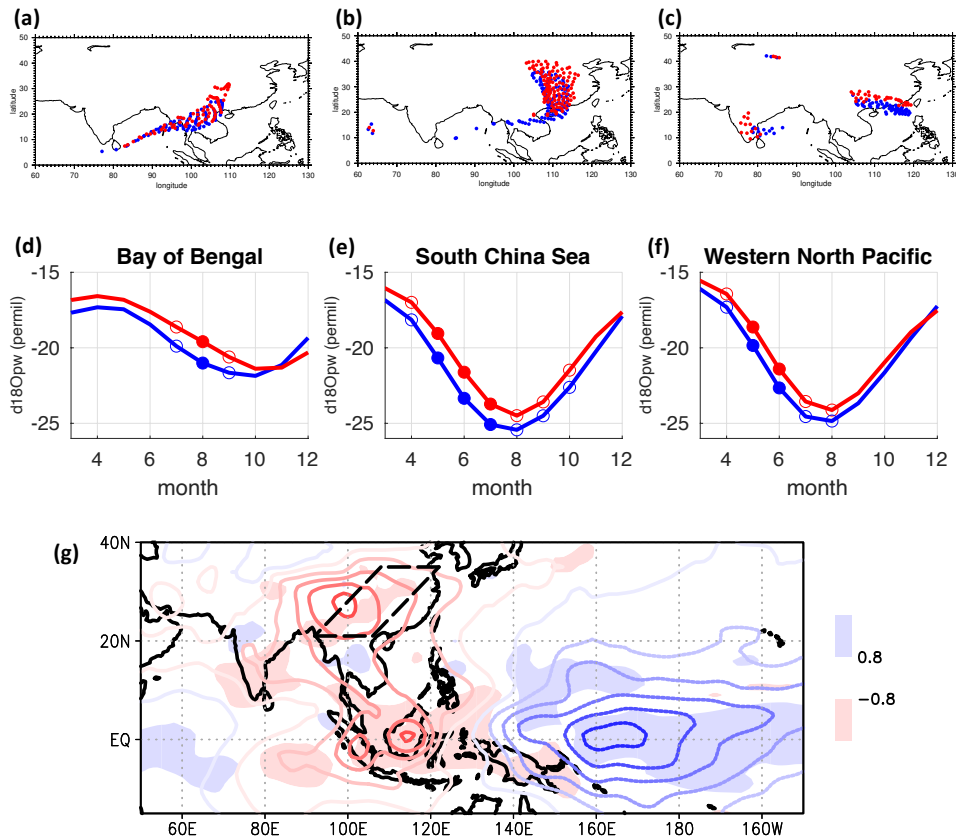
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Figure 2. (a) Rain amount multiplied by $\delta^{18}\text{O}_p$ for each month of enriched (red) and depleted (blue) years. (b) Same as (a), but for $\delta^{18}\text{O}_p$. (c) Same as (a), but for rainfall. (d) Same as (a), but for $\delta^{18}\text{O}$ of precipitable water. Months where the differences in the means that are significant at $p < 0.01$ (using a 2-sided t-test) are indicated with filled circles, and those at $p < 0.05$ by open circles. While only the difference for October is significant at $p < 0.01$, the June-Oct averaged precipitation difference between enriched and depleted years is also significant at $p < 0.01$.



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491 **Figure 3.** Seasonal changes in the atmospheric circulation. (a) shows the enriched
 492 minus depleted difference in JJASO vertically-integrated moisture flux (vectors) and
 493 mean sea level pressure (shaded, units in Pa). The green contour is the climatological
 494 700mb surface pressure contour, to denote the location of the Tibetan Plateau. Only
 495 vectors for which either the zonal or meridional component is significant at $p < 0.1$ are
 496 plotted. (b) Vertically-integrated meridional moisture flux averaged over 105-120°E, 20-
 497 30°N for enriched (red) and depleted (blue) years. Units are kg/(m.s) (c) same as (b) but
 498 for meridional wind at 850mb; units m/s. (d) JJASO 200mb zonal wind, enriched minus
 499 depleted years. Units are m/s. (e) latitude of maximum jet speed across Asia centered
 500 on the Plateau (40-140°E) for enriched (red) and depleted (blue) years. Note that the y-
 501 axis latitude range matches that for panel (d). For (b), (c), and (e), timeseries was filtered
 502 to remove month-to-month noise prior to compositing (SI Appendix, section 4). Open
 503 circles means difference between enriched and depleted years are significant at $p < 0.05$,
 504 and filled circles at $p < 0.01$.



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 506 **Figure 4.** (a) July origins of trajectories that terminate in the parallelogram region at the
 507 700mb level, as calculated using a 7-day back trajectory, for enriched years (red) and
 508 depleted years (blue). (b-c) same as (a), but for August and September respectively. (d)
 509 $\delta^{18}O_{pw}$ values averaged over the Bay of Bengal (85-95°E, 10-20°N) for enriched (red) and
 510 depleted (blue) years. Open circles means difference between enriched and depleted years
 511 are significant at $p < 0.05$, and filled circles at $p < 0.01$. (e-f) same as (d), but for the
 512 South China Sea (108-118°E, 12-22°N) and western North Pacific (118-128°E, 18-
 513 28°N), respectively. For (d), (e), and (f), timeseries was denoised to remove month-to-
 514 month noise prior to compositing (SI Appendix, section 4). (g) JJASO rainfall changes
 515 (shaded), enriched minus depleted, and JJASO $\delta^{18}O_{pw}$ enriched minus depleted
 516 (contours). The contour interval is 0.5 per mil, and negative values are dashed. The
 517 parallelogram region is marked in black dashed line for reference.