UCLA UCLA Previously Published Works

Title

Dual antiplatelet management in the perioperative period: updated and expanded systematic review.

Permalink https://escholarship.org/uc/item/7pt5p8nw

Journal Systematic Reviews, 12(1)

Authors

Blegen, Mariah Corley, Alyssa Ulloa, Jesus <u>et al.</u>

Publication Date

2023-10-14

DOI

10.1186/s13643-023-02360-9

Peer reviewed

RESEARCH

Open Access

Check for updates

Dual antiplatelet management in the perioperative period: updated and expanded systematic review

Alykhan M. Premji^{1*}, Mariah B. Blegen^{1,2}, Alyssa M. Corley³, Jesus Ulloa^{1,4}, Marika S. Booth⁵, Meron Begashaw¹, Jody Larkin⁵, Paul Shekelle¹, Mark D. Girgis^{1,4} and Melinda Maggard-Gibbons^{1,4}

Abstract

Background Antiplatelet agents are central in the management of vascular disease. The use of dual antiplatelet therapy (DAPT) for the management of thromboembolic complications must be weighed against bleeding risk in the perioperative setting. This balance is critical in patients undergoing cardiac or non-cardiac surgery. The management of patients on DAPT for any indication (including stents) is not clear and there is limited evidence to guide decision-making. This review summarizes current evidence since 2015 regarding the occurrence of major adverse events associated with continuing, suspending, or varying DAPT in the perioperative period.

Methods A research librarian searched PubMed and Cochrane from November 30, 2015 to May 17, 2022, for relevant terms regarding adult patients on DAPT for any reason undergoing surgery, with a perioperative variation in DAPT strategy. Outcomes of interest included the occurrence of major adverse cardiac events, major adverse limb events, all-cause death, major bleeding, and reoperation. We considered withdrawal or discontinuation of DAPT as stopping either aspirin or a P2Y12 inhibitor or both agents; continuation of DAPT indicates that both drugs were given in the specified timeframe.

Results Eighteen observational studies met the inclusion criteria. No RCTs were identified, and no studies were judged to be at low risk of bias. Twelve studies reported on CABG. Withholding DAPT therapy for more than 2 days was associated with less blood loss and a slight trend favoring less transfusion and surgical re-exploration. Among five observational CABG studies, there were no statistically significant differences in patient death across DAPT management strategies. Few studies reported cardiac outcomes. The remaining studies, which were about procedures other than exclusively CABG, demonstrated mixed findings with respect to DAPT strategy, bleeding, and ischemic outcomes.

Conclusion The evidence base on the benefits and risks of different perioperative DAPT strategies for patients with stents is extremely limited. The strongest signal, which was still judged as low certainty evidence, is that suspension of DAPT for greater than 2 days prior to CABG surgery is associated with less bleeding, transfusions, and re-explorations. Different DAPT strategies' association with other outcomes of interest, such as MACE, remains uncertain.

Systematic review registration A preregistered protocol for this review can be found on the PROSPERO International Prospective Register of systematic reviews (http://www.crd.york.ac.uk/PROSPERO/; registration number: CRD42022371032).

*Correspondence: Alykhan M. Premji apremji@mednet.ucla.edu Full list of author information is available at the end of the article



This is a U.S. Government work and not under copyright protection in the US; foreign copyright protection may apply 2023. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons/jucenses/by/4.0/. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/ zero/1.0/) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

Background

Antiplatelet agents are central in the management of vascular disease. Dual antiplatelet therapy (DAPT) consisting of aspirin and a P2Y12 antagonist is used in multiple clinical contexts, for example after PCI to protect against recurrent myocardial infarction and stent thrombosis, for secondary stroke prevention after cerebrovascular ischemic events, and following certain peripheral endovascular interventions [1–7]. In patients undergoing both cardiac and non-cardiac surgery, the benefits of DAPT in terms of thromboembolic prevention must be weighed against bleeding risk. An estimated 5% of patients with coronary stents may need non-cardiac surgery within 1 year and up to 25% undergo surgery within 5 years [8, 9] A significant proportion of patients who are on DAPT for a non-cardiac indication may also require cardiac surgery [10-12].

Perioperative management of DAPT for any indication (including cardiac or peripheral stents) is not clear. Current international guidelines recommend delaying elective surgery for 1 to 6 months after coronary stent placement and continuing aspirin through the perioperative period if surgery cannot be delayed and when the procedure mandates discontinuation of a P2Y12 inhibitor [11, 12]. However, there is limited evidence to guide decision-making involving urgent surgical intervention for patients with significant ischemic or bleeding risk. These situations pose a particular challenge to clinicians who must balance the consequence of delaying surgery, the hazard of periprocedural bleeding, and the risk of thrombotic events in patients with known vascular disease.

In 2016 and 2017, we produced 2 reports and journal articles on antiplatelet therapy management for patients with stents undergoing elective surgery: 1 report focused on patients with cardiac stents [13-15] and the other on patients with peripheral vascular or cerebrovascular stents [16]. Both reports concluded that insufficient evidence was available at that time to offer clear guidance for clinical practice. In the intervening years, the use of DAPT has increased along with the need for evidence to guide clinical decisions, prompting Veterans Affairs to request an updated review. Thus, this review aims to assess the evidence regarding the occurrence of major adverse events associated with continuing, suspending, or varying DAPT in the perioperative period since 2015. The population of interest was broadened to include patients on DAPT for any reason (not just stents) and among patients undergoing any major surgery (including elective, urgent, and emergent).

Methods

This manuscript is a condensed version of a larger report prepared for the VA [17]. The aim was to perform a systematic review regarding the occurrence of major adverse events associated with continuing, suspending, or varying DAPT in the perioperative period.

The review is reported using Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) standards [18] and the larger review was registered in PROSPERO: CRD42022371032. PROSPERO is an international database of prospectively registered systematic reviews in health and social care.

Data sources/study selection

We conducted broad searches using terms relating to *dual anti-platelet therapy* or *double anti-platelet* or *DAPT* and *general surgery* or *surgical procedures, opera-tive*. To identify articles relevant to the key questions, a research librarian searched PubMed and Cochrane from November 30, 2015 to May 16, 2021, and Embase from January 1 2016 to May 17, 2022. These dates were chosen so they overlapped the end date of the prior searches, which was October 2017. We limited the search to published and indexed articles involving human subjects available in the English language. Study selection was based on the eligibility criteria described above. See Additional file 1: Appendix 1 for a complete search strategy.

Four team members, working independently, screened the titles of retrieved citations. For titles deemed relevant by at least one person, abstracts were then screened independently by two team members, and subsequently a full-text review was conducted in duplicate. Any disagreements were resolved through discussion. Studies were included at the full-text level if they were original research studies of any design and had relevant outcome data presented for the patients that were on preoperative DAPT comparing at least two perioperative strategies.

We used the following PICOTs criteria to guide inclusion criteria. Studies included encompassed all original research studies of any design from 2015 to the present that included adults on DAPT for any reason undergoing major (defined as an operation requiring opening one of the major body cavities) elective, urgent, or emergent surgeries. They must have continued DAPT in the perioperative period and the DAPT strategy must have been varied (including suspension, i.e., drug or timing). Outcomes of interest were major adverse cardiac events (MACE and myocardial infarction [MI], stroke, cardiovascular death), major adverse limb events (MALE), all-cause death, and major bleeding (standardized bleeding according to Thrombolysis in Myocardial Infarction [TIMI] or Bleeding Academic Research Consortium [BARC] scores, or transfusions or blood loss) and reoperation.

Data abstraction

Data extraction was completed in duplicate. All discrepancies were resolved with full-group discussion. At the abstract stage, information on the eligibility (whether patients were on preoperative DAPT, whether there was a comparison of patients on preoperative DAPT with at least two alternative preoperative or postoperative management groups, and whether there were postoperative outcomes included), sample size, and study design were collected. Articles meeting inclusion criteria underwent a second screening, and additional information was abstracted including categorization of comparison groups for each DAPT management strategy, patient characteristics, DAPT indication, and outcomes.

Risk of bias assessment

To assess the risk of bias in observational studies, we used the Risk of Bias in Non-randomized Studies – of Interventions (ROBINS-I) [19]. This tool requires an assessment of whether a study is at critical, serious, moderate, or low risk of bias (or no information) in 7 domains: confounding, selection bias, bias in measurement classification of interventions, bias due to deviations from intended interventions, bias due to missing data, bias in measurement of outcomes, and bias in selection of the reported result (see Additional file 1: Appendix 2 for tool and Appendix 3 for table).

Synthesis of results

Because studies differed significantly in DAPT strategies and outcomes measured, no meta-analytic analysis was judged clinically sensible. Therefore, the synthesis is narrative, looking at different DAPT strategies, the types of surgical procedures (predominantly coronary artery bypass graft surgery [CABG]), and outcomes. In this report, we consider withdrawal or discontinuation of DAPT as stopping either aspirin or a P2Y12 inhibitor or both agents; continuation of DAPT indicates that both drugs were given in the specified timeframe. Continuous outcomes were analyzed by using the mean or median along with a measure of dispersion (standard deviation, interquartile range) to calculate the difference and 95% confidence intervals (CI) between arms, and used mean difference as the effect measure in the presentation of the results for blood loss, and transfusions. For binary outcomes, outcome counts were used to calculate risk differences and corresponding 95% CI. Risk differences were preferred as the effect measure for these presenting data because they allow for rare events and outcomes with zero events (re-exploration and perioperative death). When a study reported an eligible outcome only as an odds ratio, we converted outcome data from other studies to odds ratios (MACE). Given the variance in outcomes, studies that were not able to be compared with another were reported narratively, and in these cases, the effect measures reported in those individual studies are reported. We created figures for outcomes with 3 or more studies and included all outcomes in the Additional file 1: Appendix 4. Graphical representations of effect sizes (mean difference, risk difference, or odds ratio) and 95% CI were plotted when available or able to be estimated using counts and sample sizes using the metafor package in R version 4.0.2 (R Foundation for Statistical Computing, Vienna, Austria).

Certainty of evidence

We used the criteria of the Grading of Recommendations Assessment, Development and Evaluation (GRADE) working group [20]. GRADE assesses the certainty of the evidence based on the assessment of the following domains: risk of bias, imprecision, inconsistency, indirectness, and publication bias.

Results

Description of the evidence

The literature search identified 3565 potentially relevant citations, 509 of which were included at the abstract screening level. From these, a total of 443 abstracts were excluded, leaving 66 publications for full-text review. See Fig. 1 for the flow and online Additional file 1: Appendix 5 for a list of excluded studies from the full-text review. Details of included publications are available in the evidence table online Additional file 1: Appendix 4.

We identified 18 publications that met the inclusion criteria, all of which were observational. Two of these [21, 22] were propensity-matched for patient characteristics such as age, sex, comorbidities, severity of surgical disease, and surgical approach. The majority of the studies were single-institution designs (N=14). Most studies evaluated DAPT management at the time of CABG (N=12), 3 studies evaluated surgeries categories as non-cardiac, and 1 study combined cardiac and noncardiac surgery. Lastly, there was 1 study each evaluating hip fracture surgery and renal transplant outcomes. The strategies for perioperative management of DAPT varied: the most common approach compared different durations of time between stopping an antiplatelet agent prior to surgery (N=11). Other comparisons included discontinuing 1 or both antiplatelet agents compared to

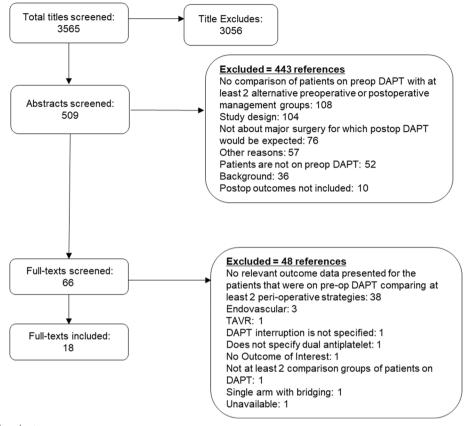


Fig. 1 Literature flowchart

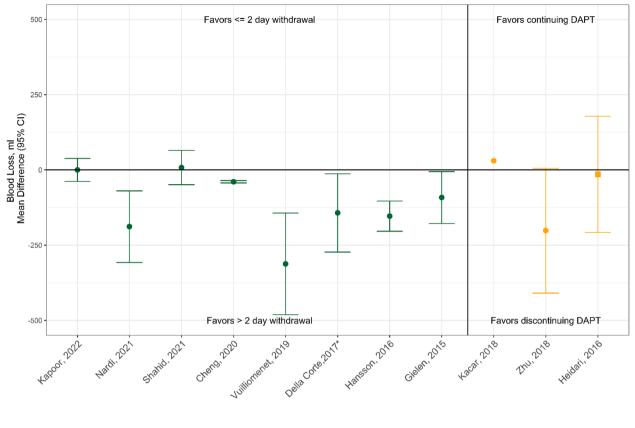
continuing. One study compared a P2Y12 inhibitor discontinuation with IV tirofiban infusion (N=1).

Risk of bias

For the 18 observational studies, the quality of the studies was variable. Only 1 study was at low risk of confounding and the remainder were at medium or high risk. See online Additional file 1: Appendix 3 for the ROBINS-I assessment of studies. The studies that did not include consecutive, random, or a full sample of patients were considered at moderate risk for selection bias (N=10). There was an overall low risk of bias in the classification of the interventions and deviation from these intended interventions (we judged retrospective chart review of drugs a patient received and the surgical procedure to be accurate). Missing data was not considered a significant source of bias given the use of retrospective chart reviews as the data source and the short-term (perioperative) outcomes of most studies. Finally, several studies were at moderate or high risk of measurement bias, usually due to using unvalidated or non-standard measures of bleeding(N=8), such as varied methods of measuring intraoperative or postoperative blood loss. Several studies did not report cardiovascular outcomes and did provide a rationale for why clinically useful outcomes were not included. We felt that these may be at risk for reporting biases (N=7).

Patients on preoperative DAPT and undergoing CABG Blood loss

Eleven observational CABG studies contained sufficient data on postoperative blood loss to be presented collectively in Fig. 2. Of these, 8 compared suspending DAPT (defined as holding P2Y12 inhibition with continuation of acetylsalicylic acid [ASA]) at various preoperative timepoints, which we dichotomized as ≤ 2 days withdrawal or >2 days withdrawal. Of note, 1 study that grouped 48-72 h was placed in the >2 days withdrawal group [23]. A second study had comparison groups of 0-3 days and >4 days, which were reassigned to ≤ 2 and >2 withdrawal days, respectively [24]. The remaining 3 studies compared discontinuation DAPT, defined as stopping one or both ASA and a P2Y12 inhibitor, to continuing DAPT until surgery. In 6 of the 11 studies shown in Fig. 2, mean blood loss was statistically lower in patients that either experienced withdrawal of DAPT > 2 days preop or discontinuation of DAPT. The other 5 studies showed no significant differences in



Blood loss ■ Intra-op blood loss ● Post-op blood loss Comparative Arms → <=2 days vs > 2 days → continue vs discontinue *0-3 days grouped as < 2 days

Fig. 2 Blood loss outcomes

mean blood loss between DAPT management groups. Only 2 studies [25, 26] reported higher blood loss in the DAPT-withheld or discontinued groups; however, these differences were minimal (\leq 30 mL) and nonsignificant. Longer duration of suspension of DAPT therapy (i.e., for more than 2 days) favored less blood loss; however, the differences amounted to < 300 mL on average.

Transfusions

Differences in red blood cell transfusion requirements across DAPT strategies from the 9 observational CABG articles that reported transfusion outcomes are shown in Fig. 3. Of the 9 available studies, 4 showed less transfusion requirements for > 2 days DAPT withdrawal or discontinuing DAPT, 4 reported nonsignificant results (3 of which favored > 2 days DAPT withdrawal or discontinuation), and only 1 study [27] reported statistically more transfusions in the DAPT discontinuation group.

Re-explorations

Surgical re-exploration data showed a similar pattern, with all the point estimates favoring less re-exploration in

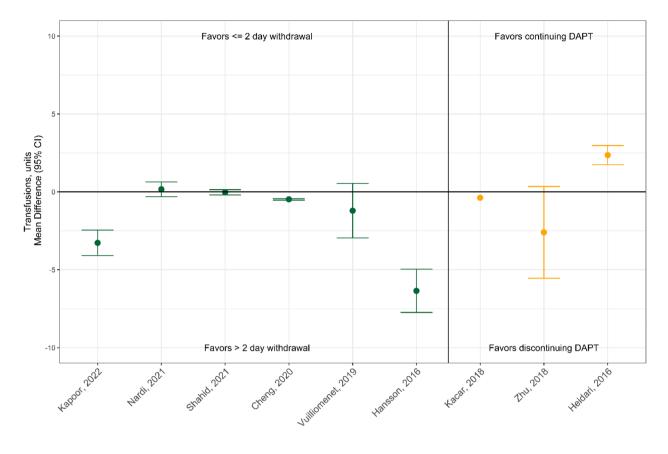
patients with > 2 days DAPT withdrawal (in 2 of 5 studies this difference was not statistically significant). In contrast, the 2 studies comparing DAPT discontinuation to continuation found no difference in re-exploration (Fig. 4).

Perioperative death

There were 4 observational CABG studies that reported mortality risk differences across comparison arms (shown in Fig. 5) and 1 additional study [23] that reported mortality as odds ratios. None of these reported significant differences in patient death across DAPT management strategies.

Cardiac outcomes

There were too few CABG studies that reported similar cardiac outcomes to the graph. Nardi and colleagues [23] observed no incidences of myocardial infarction for all DAPT management strategies, which included holding P2Y12 inhibition for 0 to 4 days prior to CABG. In a multicenter observational study of patients undergoing isolated CABG, Gielen et al. found no significant association



Comparative Arms - <=2 days vs > 2 days - continue vs discontinue

Fig. 3 Transfusions outcomes

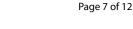
between the last use of DAPT and MACE (odds ratio [OR] = 0.85, 95% CI [0.64, 1.14], P = 0.27).

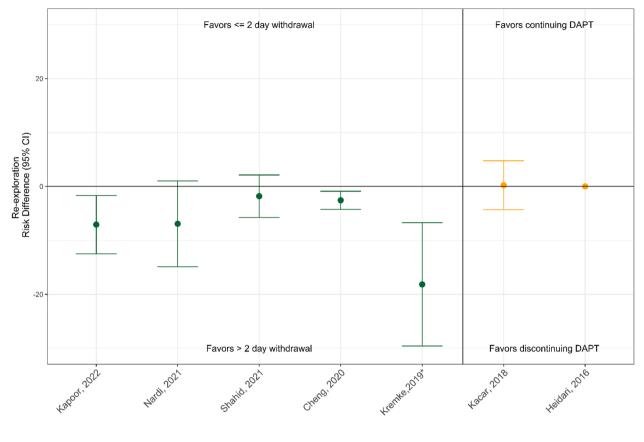
Patients on preoperative DAPT and undergoing non-cardiac surgery

Three studies reported outcomes after non-cardiac surgery [28-30]. Due to the variance in reported outcomes, it was not possible to create graphs as was done for the CABG studies, and we discuss each study narratively below.

Irie and colleagues identified 133 patients on DAPT post-cardiac stenting who underwent emergency noncardiac surgery (57.9% abdominal, 9% vascular) and determined predictors of life-threatening and major bleeding within 180 days of surgery (N=18 patients who experienced a major bleeding event) [28]. There was no significant association between the type of P2Y12 inhibitor and the risk of bleeding (unadjusted). In addition, of those who had major or life-threatening bleeding, 61% had restarted antiplatelet therapy less than 2 days after surgery compared to patients who did not develop these bleeding complications (61.1% vs 26.1%; unadjusted P=0.005). After adjusting for potential confounders, overall mortality was higher in the bleeding group compared to patients without bleeding; however, the difference did not reach statistical significance (180-day mortality: 4 (22.2%) in the bleeding group vs 9 (7.8%) in no bleeding group; P=0.06).

Cao and colleagues evaluated 747 patients who underwent non-cardiac surgery (33% vascular, 23% gastrointestinal surgery) within 1 year of cardiac stenting and compared outcomes among those who interrupted antiplatelet therapy and those who did not [29]. There was no association between antiplatelet therapy management and MACE after adjusting for patient factors and procedure urgency (adjusted odds ratio [aOR] = 1.23, 95% CI [0.55, 2.74], P=0.62) or death within 30 days (aOR=1.21, 95% CI [0.49, 2.98]). However, there were 83% increased odds of bleeding (defined as > 2 units transfused) among patients with no interruption of antiplatelet agent (aOR=1.83, 95% CI [1.11, 3.01], P=0.018), which the authors note tended to occur sooner after cardiac stenting.





Comparative Arms → <=2 days vs > 2 days → continue vs discontinue

Fig. 4 Re-exploration outcomes

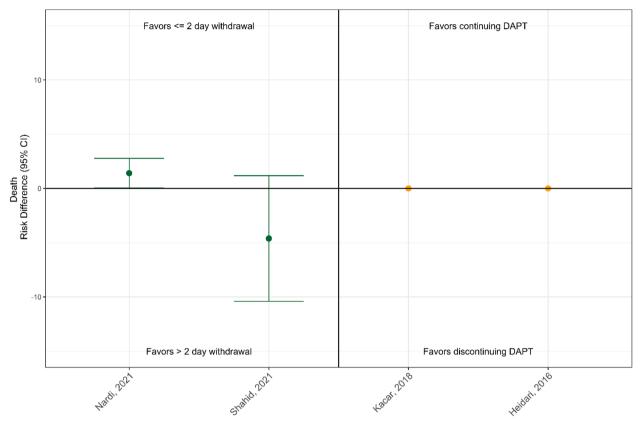
The third study of antiplatelet management after cardiac stenting by Kim and colleagues compared discontinuing (N=1750) versus continuing 1 or both antiplatelet agents (N=1832) for at least 1 day prior to non-cardiac surgery across 9 institutions [30]. Here, the most common types of surgeries that antiplatelet therapy was discontinued included gynecologic, breast, head and neck, and intraabdominal surgeries, while other types such as vascular and ophthalmologic surgeries more often continued antiplatelet therapy. When comparing continuation versus discontinuation of antiplatelet therapy across all surgeries, the authors found no effect of antiplatelet discontinuation on MACE in a risk-adjusted Cox proportional hazards model (adjusted hazard ratio [HR] = 1.13, 95% CI [0.57, 2.24], P = 0.721) or in major bleeding when antiplatelet agents were discontinued (adjusted HR = 1.22, 95% CI [0.80, 1.87], P = 0.349). The authors also conclude that an optimal duration for discontinuing antiplatelet therapy is 4–8 days, as this was associated with the lowest risk of MACE (unadjusted HR=0.12; 95% CI [0.03, 0.52], P = 0.019).

Patients on preoperative DAPT and undergoing surgery for hip fracture

We identified 1 retrospective study of 122 patients taking DAPT who required fixation or hip arthroplasty for hip fracture that assessed whether the duration of DAPT discontinuation was associated with relevant clinical outcomes [21]. This study design could not isolate the effects of DAPT washout periods from confounding due to other reasons for medical delay of surgery. They found a small increased adjusted odds of 30-day mortality for each day of operative delay (OR=1.32, 95% CI [1.03, 1.68], P=0.030) but no association with units transfused among 11 patients requiring transfusion (incidence rate ratio=1.00, 95% CI [0.87, 1.15], P=0.968). The authors concluded that there was no benefit to surgical delay after hip fracture for older adults on DAPT.

Patients on preoperative DAPT and undergoing renal transplant surgery

Our search identified 1 study that compared antiplatelet interruption before renal transplantation in 106 patients with prior coronary stent placement [31]. There were



Comparative Arms → <= 2 days vs > 2 days → continue vs discontinue

Fig. 5 Perioperative death outcomes

no significant differences in cardiovascular clinical outcomes, including stent thrombosis (P=0.465), myocardial infarction (P=0.840), MACE (P=0.840), and death (P=0.411), for early versus late DAPT interruption after second-generation DES or BMS placement. The authors conclude that early interruption of DAPT after stent placement in preparation for renal transplant surgery was a safe strategy and did not lead to increased ischemic complications.

Certainty of evidence

The certainty of evidence for each of the outcomes and DAPT management strategies is shown in Table 1 below. In general, all outcomes were judged to have serious limitations due to study design and execution issues, and there were no RCTs available. All outcomes were judged to have no limitations due to directness, as the outcomes measured were judged to be both sufficiently accurately assessed and the outcomes that matter to patients. All outcomes were judged to have limitations due to imprecision, even if the directionality of results was consistent. Some outcomes were judged to have inconsistent results across studies (bleeding, transfusions, re-explorations, etc.), while some other outcomes were judged to be consistent, in part because there were so few studies (re-explorations, MACE outcomes), these latter all being judged as very low certainty evidence. In sum, there were no outcomes/DAPT strategy choices that were judged to be high or even moderate certainty of evidence. A few outcomes associated with bleeding (i.e., blood loss, transfusions) were judged to be low certainty evidence, and all other outcomes, including other possible interventions (bridging, other potential antiplatelet therapy [APT] variations) and all other outcomes (including limb outcomes), were judged to be very low certainty evidence since there was either a single observational study or no studies informing the decision.

Discussion

Perhaps the most important finding from this review is how little evidence is available to guide dual antiplatelet therapy management before surgery, despite this consequential decision being made many times, daily around the world. The studies were entirely observational in

Outcome	Study limitations	Consistency	Directness	Precision	Certainty of evidence
Holding DAPT for more than 2 days vs less than < 2	2 days				
CABG surgery					
Bleeding is less	Serious limitations	Inconsistent	Direct	Imprecise	Low
Transfusion is less	Serious limitations	Inconsistent	Direct	Imprecise	Low
Re-exploration is less	Serious limitations	Inconsistent	Direct	Imprecise	Low
Holding DAPT vs continuing DAPT					
CABG surgery					
No difference in bleeding	Serious limitations	Inconsistent	Direct	Imprecise	Very low
No difference in transfusions	Serious limitations	Inconsistent	Direct	Imprecise	Very low
No difference in re-exploration	Serious limitations	Consistent	Direct	Imprecise	Very low
Non-cardiac surgery					
Bleeding is less	Serious limitations	Inconsistent	Direct	Imprecise	Very low
No difference in MACE/cardiac outcomes	Serious limitations	Consistent	Direct	Imprecise	Very low

Table 1 GRADE for the certainty of evidence

nature, with major concerns about confounding bias in patient selection amongst various DAPT strategies. The majority of included observational studies were singlecenter experiences, and the attempts to control for confounding were limited. Thus, our report includes no studies at low risk of bias. Furthermore, nearly all the available data are about patients with stents (mostly cardiac stents) on preoperative DAPT who are undergoing CABG. This accounted for about 75% of included studies. No studies reported limb outcomes, such as MALE. The strongest signal, in studies limited to CABG with low certainty evidence, was that the suspension of DAPT greater than 2 days was associated with less bleeding, transfusions, and re-explorations. Data about other surgical procedures, other DAPT strategies, patients with non-cardiac stents, and other outcomes were either so limited that no conclusions could be drawn or absent entirely. Although suspension of DAPT therapy for 3 days or greater was associated with less bleeding in CABG surgery, the clinical significance of this blood loss is uncertain, as the quantity of average blood loss across DAPT strategies amounted to < 300 mL of blood. We were unable to find any conclusive evidence about that strategy's association with cardiac outcomes. Without this information, it is difficult to determine whether the risks of suspending DAPT therapy outweigh its benefits, thus practice recommendations from this evidence are limited.

In addition to the lack of studies at low risk of bias, there also was a lack of standardization in the DAPT strategies employed. There was a wide range of observed antiplatelet strategies that included holding 1 or both agents for variable amounts of time preoperatively, bridging with intravenous antiplatelet medications, or using an entirely different medication or technique to prevent excess bleeding. Additionally, there was heterogeneity in the definitions of the bleeding-related outcomes measured, with few standardized definitions, such as BARC, that were utilized. Finally, there are significant differences in the pharmacokinetic and pharmacodynamic profiles of available P2Y12 inhibitors, and any analysis may oversimplify conclusions by grouping them together.

Acknowledging these limitations, our findings pertaining to the possible benefits of holding DAPT greater than 2 days prior to CABG in terms of reduced bleeding risk are consistent with the 2021 ACC/AHA/SCAI guidelines for coronary artery revascularization and the 2017 European guidelines for dual antiplatelet therapy that recommend continuing aspirin perioperatively but holding clopidogrel for 5 days, ticagrelor for 3 days, and prasugrel for 7 days prior to elective CABG [10, 11]. In our review, we considered DAPT discontinuation or withholding as stopping 1 or both antiplatelet agents, which most often entailed holding the P2Y12 agent. Similar information is provided for non-cardiac surgery in the 2022 Chest guidelines, and the same preoperative P2Y12 withholding periods are also endorsed in current prescribing information from the major P2Y12 drug companies [32].

The best way to provide high-quality evidence on this topic would be with 1 or more well-designed RCTs. The prevalence of DAPT use among patients suggests that a study would be feasible, even in a select group of urgent general surgery patients where determining the effect of holding DAPT of varying durations would add considerable knowledge to the field. Observational studies are appealing because they are cheaper and faster to conduct than RCTs, but it is clear from the studies we found that to be more informative, observational studies will need to be more rigorous. Future observational studies should (1) include data on potential confounders to facilitate risk adjustment; (2) use large sample sizes to power subgroup analyses and multi-institutional data to reduce the impact of site and surgical team effects; (3) periodically audit the accuracy of data to ensure confidence in the dataset's variables and values; (4) report outcomes using standardized composite endpoints such as BARC defined bleeding events and MACE. To accomplish these goals, national surgical outcome registries may consider including more granular data on the type of antiplatelets used and timing of discontinuation, as well as components of these standardized endpoints, to allow for more robust observational studies. Policymakers may also consider.

Conclusions

The evidence base on the benefits and risks of different perioperative DAPT strategies for patients with stents is extremely limited. The strongest signal, which was still based on low certainty evidence, is that suspension of DAPT for greater than 2 days prior to CABG surgery is associated with less bleeding, transfusions, and re-explorations. Different DAPT strategies' association with other outcomes of interest, such as MACE, remains uncertain.

Abbreviations

APT	Antiplatelet therapy		
ASA	Acetylsalicylic acid		
BARC	Bleeding Academic Research Consortium		
BMS	Bare metal stent		
CABG	Coronary artery bypass graft surgery		
DAPT	Dual antiplatelet therapy		
DES	Drug-eluting stent		
GRADE	Grading of Recommendations Assessment, Development and		
	Evaluation		
MACE	Major adverse cardiac events		
MALE	Major adverse limb events		
MI	Myocardial infarction		
PCI	Percutaneous coronary intervention		
PRISMA	Preferred Reporting Items for Systematic Reviews and		
	Meta-Analyses		
ROBINS-I	Risk of Bias in Non-randomized Studies–of Interventions		
TIMI	Thrombolysis in myocardial infarction		

Supplementary Information

The online version contains supplementary material available at https://doi. org/10.1186/s13643-023-02360-9.

Additional file 1: Appendix 1. Search Strategies. Appendix 2. Risk of Bias in Non-randomised Studies – of Interventions (ROBINS-I). Appendix 3. Quality Assessment for Included Observational Studies. Appendix 4. Evidence Table. Appendix 5. Excluded Studies.

Acknowledgements Operational Partners

Operational partners are VA system-level stakeholders who help ensure the relevance of the review topic to the VA, contribute to the development of and approve the final project scope and timeframe for completion, provide feedback on the draft report, and provide consultation on strategies for dissemination of the report to the field and relevant groups.

Jason M. Johanning, MD, MS

Medical Director

Surgical Quality Improvement Program, National Surgery Office

Technical Expert Panel (TEP)

To ensure robust, scientifically relevant work, the TEP guides topic refinement; provides input on key questions and eligibility criteria, advising on substantive issues or possibly overlooked areas of research; assures VA relevance; and provides feedback on work in progress. Participation as a technical expert does not imply endorsement of the findings or interpretation of the study, which remains the responsibility of the authors. TEP members are listed below:

Benjamin Brooke, MD, PhD, FACS, DFSVS

Chief, Division of Vascular Surgery Associate Professor of Surgery Adjunct Associate Professor of Bioinformatics & Population Health Sciences Section Chief, Health Services Research University of Utah

Augustus (Rob) Hough, PharmD, BCPS, BCCP

Clinical Pharmacy Specialist–Cardiology PGY2 Cardiology Pharmacy Residency Director VA Medical Center, West Palm Beach, FL

Sunil Rao, MD

Professor of Medicine and Director of Interventional Cardiology New York University Langone Health

Peer Reviewers

The VA Coordinating Center sought input from external peer reviewers to review the draft report and provide feedback on the objectives, scope, methods used, perception of bias, and omitted evidence. Peer reviewers must disclose any relevant financial or non-financial conflicts of interest. Because of their unique clinical or content expertise, individuals with potential conflicts may be retained. The VA Coordinating Center works to balance, manage, or mitigate any potential nonfinancial conflicts of interest identified.

Authors' contributions

AP, MB, AC, and JU were involved in the conceptualization, investigation, validation, writing—draft, writing—review, and editing. MB was involved in statistical analysis and figures, MB was involved in data curation, project administration, software, validation, visualization, writing—original draft, writing—review, and editing, JL was involved in data curation, PS was involved in conceptualization, data curation, formal analysis, funding acquisition, investigation, methodology, resources, supervision, validation, visualization, writing—original draft, writing—review, and editing, MG was involved in conceptualization, methodology, supervision, and validation. MG was involved in conceptualization, visualization, formal analysis, methodology, resources, supervision, validation, visualization, writing—original draft, writing—review, and editing. All authors read and approved the final manuscript.

Funding

This project was funded by the Veterans Health Administration Quality Enhancement Research Initiative (Project ESP #05–226). Dr. Blegen was supported by the VA Office of Academic Affiliations through the National Clinician Scholars Program. The contents do not represent the views of the U.S. Department of Veterans Affairs or the United States Government.

Availability of data and materials

The datasets used and/or analyzed during the current study are included in this published article and available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no conflicts of interest.

Author details

¹Veterans Health Administration, Greater Los Angeles Healthcare System, 11301 Wilshire Blvd., Los Angeles, CA 90073, USA. ²National Clinician Scholars Program, University of California, Los Angeles, 1100 Glendon Ave., Suite 900, Los Angeles, CA 90024, USA. ³Duke University School of Medicine, DUMC Box 104002, Durham, NC 27710, USA. ⁴David Geffen School of Medicine at University of California, Los Angeles, 885 Tiverton Dr., Los Angeles, CA 90095, USA. ⁵Southern California Evidence-Based Practice Center, RAND Corporation, 1776 Main Street, Santa Monica, CA 90401, USA.

Received: 24 April 2023 Accepted: 25 September 2023 Published online: 14 October 2023

References

- 1. Desai NR, Bhatt DL. The state of periprocedural antiplatelet therapy after recent trials. JACC Cardiovasc Interv. 2010;3(6):571–83.
- Yousuf O, Bhatt DL. The evolution of antiplatelet therapy in cardiovascular disease. Nat Rev Cardiol. 2011;8(10):547–59.
- Steinhubl SR, Berger PB, Mann JT 3rd, Fry ET, DeLago A, Wilmer C, et al. Early and sustained dual oral antiplatelet therapy following percutaneous coronary intervention: a randomized controlled trial. JAMA. 2002;288(19):2411–20.
- Yusuf S, Zhao F, Mehta SR, Chrolavicius S, Tognoni G, Fox KK, et al. Effects of clopidogrel in addition to aspirin in patients with acute coronary syndromes without ST-segment elevation. N Engl J Med. 2001;345(7):494–502.
- Bhatia K, Jain V, Aggarwal D, Vaduganathan M, Arora S, Hussain Z, et al. Dual antiplatelet therapy versus aspirin in patients with stroke or transient ischemic attack: meta-analysis of randomized controlled trials. Stroke. 2021;52(6):e217–23.
- Soden PA, Zettervall SL, Ultee KH, Landon BE, O'Malley AJ, Goodney PP, et al. Dual antiplatelet therapy is associated with prolonged survival after lower extremity revascularization. J Vasc Surg. 2016;64(6):1633-44.e1.
- PeetersWeem SM, van Haelst ST, den Ruijter HM, Moll FL, de Borst GJ. Lack of evidence for dual antiplatelet therapy after endovascular arterial procedures: a meta-analysis. Eur J Vasc Endovasc Surg. 2016;52(2):253–62.
- Savonitto S, Caracciolo M, Cattaneo M, S DES. Management of patients with recently implanted coronary stents on dual antiplatelet therapy who need to undergo major surgery. J Thromb Haemost. 2011;9(11):2133–42.
- Tokushige A, Shiomi H, Morimoto T, Furukawa Y, Nakagawa Y, Kadota K, et al. Incidence and outcome of surgical procedures after coronary bare-metal and drug-eluting stent implantation: a report from the CREDO-Kyoto PCI/CABG registry cohort-2. Circ Cardiovasc Interv. 2012;5(2):237–46.
- Lawton JS, Tamis-Holland JE, Bangalore S, Bates ER, Beckie TM, Bischoff JM, et al. 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. Circulation. 2022;145(3):E18–114.
- 11. Valgimigli M, Bueno H, Byrne RA, Collet JP, Costa F, Jeppsson A, et al. 2017 ESC focused update on dual antiplatelet therapy in coronary artery disease developed in collaboration with EACTS: The Task Force for dual antiplatelet therapy in coronary artery disease of the European Society of Cardiology (ESC) and of the European Association for Cardio-Thoracic Surgery (EACTS). Eur Heart J. 2018;39(3):213–60.
- 12. Levine GN, Bates ER, Bittl JA, Brindis RG, Fihn SD, Fleisher LA, et al. 2016 ACC/AHA Guideline Focused Update on Duration of Dual Antiplatelet

Therapy in Patients With Coronary Artery Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines: An Update of the 2011 ACCF/AHA/SCAI Guideline for Percutaneous Coronary Intervention, 2011 ACCF/AHA Guideline for Coronary Artery Bypass Graft Surgery, 2012 ACC/AHA/ACP/ AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease, 2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction, 2014 AHA/ ACC Guideline for the Management of Patients With Non-ST-Elevation Acute Coronary Syndromes, and 2014 ACC/AHA Guideline on Perioperative Cardiovascular Evaluation and Management of Patients Undergoing Noncardiac Surgery. Circulation, 2016;134(10):e123–55.

- 13. Maggard Gibbons M, Ulloa JG, Macqueen IT, Childers CP, Miake-Lye IM, Shanman R, et al. Management of antiplatelet therapy among patients on antiplatelet therapy for coronary or cerebrovascular disease or with prior percutaneous cardiac interventions undergoing elective surgery: a systematic review. Washington (DC): VA Evidence-based Synthesis Program Reports; 2017.
- Childers CP, Maggard-Gibbons M, Ulloa JG, MacQueen IT, Miake-Lye IM, Shanman R, et al. Perioperative management of antiplatelet therapy in patients undergoing non-cardiac surgery following coronary stent placement: a systematic review. Syst Rev. 2018;7(1):4.
- Childers CP, Maggard-Gibbons M, Shekelle PG. Antiplatelet Therapy in Patients With Coronary Stents Undergoing Elective Noncardiac Surgery: Continue, Stop, or Something in Between? JAMA. 2017;318(2):120–1.
- Childers CP, Mak S, Miake-Lye IM, O'Neill SM, Shanman R, Beroes JM, et al. Management of antiplatelet therapy among patients on antiplatelet therapy for cerebrovascular or peripheral vascular diseases undergoing elective non-cardiac surgery. Washington (DC): VA Evidence-based Synthesis Program Reports; 2017.
- Shekelle P M-GM, Girgis MD, et al. Dual antiplatelet management in the perioperative period: a systematic review. In press. Washington, DC: Evidence Synthesis Program: Health Services Research and Development Service, Office of Research and Development, Department of Veterans Affairs;2023.
- 18 Page MJMJ, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ. 2021;2021(372):n71.
- Sterne JA, Hernan MA, Reeves BC, Savovic J, Berkman ND, Viswanathan M, et al. ROBINS-I: a tool for assessing risk of bias in non-randomised studies of interventions. BMJ. 2016;355:i4919.
- 20. The GRADE Working Group. 2022. Available from: https://www.grade workinggroup.org/.
- Tarrant SM, Kim RG, McGregor KL, Palazzi K, Attia J, Balogh ZJ. Dual Antiplatelet Therapy and Surgical Timing in Geriatric Hip Fracture. J Orthop Trauma. 2020;34(10):559–65.
- Kremke M, Gissel MS, Jensen MJ, Thomassen SA, Jakobsen CJ. The association between a three-day ticagrelor discontinuation and perioperative bleeding complications. Eur J Cardiothorac Surg. 2019;55(4):714–20.
- Nardi P, Pisano C, Turturici M, Bertoldo F, Maggio VR, Bassano C, et al. The impact of dual antiplatelet therapy administration on the risk of bleeding complications during coronary artery bypass surgery. Kardiochir Torakochirurgia Pol. 2021;18(3):145–51.
- 24. Della Corte A, Bancone C, Spadafora A, Borrelli M, Galdieri N, Quintiliano SN, et al. Postoperative bleeding in coronary artery bypass patients on double antiplatelet therapy: predictive value of preoperative aggregometry. Eur J Cardiothorac Surg. 2017;52(5):901–8.
- Kacar SM, Mikic A, Kačar MB. Postoperative Bleeding Following Preoperative Clopidogrel Administration in Patients with Haemoglobin Level Above 110 g/L Undergoing Urgent CABG. Braz J Cardiovasc Surg. 2018;33(1):59–63.
- Shahid M, Islam MU, Ahmad I, Khan B, Ali FA, Ahmed N, et al. Post operative complications associated with preoperative use of clopidogrel in patients undergoning coronary artery bypass surgery. Pakistan J Med Health Sci. 2021;15(10):3154–6.
- 27. Heidari A, Dezfouli FG, Tabatabi K, Mali S, Ahang R, Latifi SM, et al. Combined clopidogrel and aspirin treatment up to surgery dosen't increase the risk of postoperative blood loss and reoperation for bleeding in patients undergoing coronary artery bypass grafting. Int J Pharm Res Allied Sci. 2016;5(3):164–7.

- Irie H, Kawai K, Otake T, Shinjo Y, Kuriyama A, Yamashita S. Outcomes of patients on dual antiplatelet therapy post-coronary stenting following emergency noncardiac surgery. Acta Anaesthesiol Scand. 2019;63(8):982–92.
- 29. Cao D, Levin MA, Sartori S, Claessen B, Roumeliotis A, Zhang Z, et al. Perioperative risk and antiplatelet management in patients undergoing non-cardiac surgery within 1 year of PCI. J Thromb Thrombolysis. 2022;53(2):380–9.
- 30 Kim C, Kim JS, Kim H, Ahn SG, Cho S, Lee OH, et al. Patterns of antiplatelet therapy during noncardiac surgery in patients with second-generation drug-eluting stents. J Am Heart Assoc. 2020;9(11):e016218.
- Doğan A, Özdemir E, Kahraman S, Açıl T, Saltan Y, Kurtoğlu N. Impact of early (3 months) dual antiplatelet treatment interruption prior to renal transplantation in patients with second-generation DES on perioperative stent thrombosis and MACEs. Anatol J Cardiol. 2017;18(6):391–6.
- Cirillo P, Taglialatela V, Pellegrino G, Morello A, Conte S, Di Serafino L, et al. Effects of colchicine on platelet aggregation in patients on dual antiplatelet therapy with aspirin and clopidogrel. J Thromb Thrombolysis. 2020;50(2):468–72.

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

