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# **Journal**

Frontiers in Endocrinology, 9(JUL)

#### **ISSN**

1664-2392

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#### **Publication Date**

2018

### DOI

10.3389/fendo.2018.00378

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# Interventional Potential of Recombinant Feline Hepatocyte Growth Factor in a Mouse Model of Non-alcoholic Steatohepatitis

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#### **OPEN ACCESS**

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#### Specialty section:

This article was submitted to Cellular Endocrinology, a section of the journal Frontiers in Endocrinology

Received: 27 March 2018 Accepted: 22 June 2018 Published: 23 July 2018

#### Citation

Yang YM, Fukui M, Wang Z, Miao F, Karriker MJ and Seki E (2018) Interventional Potential of Recombinant Feline Hepatocyte Growth Factor in a Mouse Model of Non-alcoholic Steatohepatitis. Front. Endocrinol. 9:378. **Background and Aims:** Hepatocyte growth factor (HGF) is a multifunctional pleiotropic protein involved in tissue regeneration, protection, angiogenesis, anti-inflammatory and anti-fibrotic responses, and tumorigenesis, through binding to its receptor MET. Recombinant HGF protein has been shown to mitigate various liver disease models, such as alcohol-induced liver injury, hepatic ischemia-reperfusion injury, and fibrosis. This study aimed to investigate the anti-inflammatory, anti-fibrotic, and anti-lipogenic effects of exogenous administration of feline HGF on a non-alcoholic steatohepatitis (NASH) mouse model.

**Methods:** Wild-type C57BL/6 mice were fed a choline-deficient amino acid defined (CDAA) diet for 3 weeks to create the mouse model of NASH, which displays hepatic steatosis, inflammation, injury, and very mild fibrosis. One mg/kg of recombinant feline HGF was administered intravenously daily in the last 7 days of the total 3 weeks of CDAA diet feeding. Then, hepatic steatosis, inflammation, injury, and fibrogenic gene expression was examined.

**Results:** After 3 weeks of a CDAA diet-feeding, the vehicle-treated mice exhibited evident deposition of lipid droplets in hepatocytes, inflammatory cell infiltration, and hepatocyte ballooning along with increased serum ALT levels whereas recombinant HGF-treated mice showed reduced hepatic steatosis, inflammation, and ballooned hepatocytes with a reduction of serum ALT levels. Recombinant HGF administration promoted hepatocyte proliferation. Increased hepatic lipid accumulation was accompanied by elevated expression of lipogenesis genes *Fasn* and *Dgat1* in vehicle-treated mice. In HGF-treated mice, these genes were reduced with a decrease of lipid accumulation in the liver. Consistent with the anti-inflammatory property of HGF, augmented macrophage infiltration and upregulation of chemokines, *Cxcl1*, *Ccl2*, and *Ccl5* in the CDAA diet fed mice, were suppressed by the addition of the HGF treatment. Finally, we examined the fibrotic response. The vehicle-treated mice had mild fibrosis with upregulation of *Col1a1*, *Acta2*,

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Recombinant HGF Prevents Mouse NAFLD

*Timp1*, *Tgfb1*, and *Serpine1* expression. Recombinant HGF treatment significantly suppressed fibrogenic gene expression and collagen deposition in the liver.

**Conclusion:** Recombinant feline HGF treatment suppressed the progression of NASH in a CDAA diet feeding mouse model. This suggests that recombinant HGF protein has therapeutic potential for NASH.

Keywords: HGF, NAFLD, NASH, recombinant, inflammation

#### INTRODUCTION

Non-alcoholic fatty liver disease (NAFLD) is a hepatic manifestation of metabolic syndrome, which is characterized by excessive accumulation of fat content in hepatocytes. The development of NAFLD is highly associated with obesity and type 2 diabetes. Currently, 25% of adults suffer from NAFLD in the United States. NAFLD encompasses two clinicopathological entities, simple steatosis and non-alcoholic steatohepatitis (NASH). NASH is histologically characterized by hepatic steatosis along with inflammatory cell infiltration, ballooned hepatocytes, and pericellular, "chicken wire," fibrosis (1-4). NASH-induced fibrosis may further progress to cirrhosis, and up to 13% of NASH patients with cirrhosis eventually develop hepatocellular carcinoma (HCC) (1-5). Currently, NASH-mediated cirrhosis is the second leading cause of liver transplantation, and it is predicted that this disease will be the leading cause of liver transplantation within the next 10 years (5). To date, lifestyle intervention, including weight loss and exercise, is the primary treatment for NAFLD, and there is no effective preventive or therapeutic drugs for NAFLD. Since there is a chronic shortage of liver donors, an unmet need for new and effective therapies for NAFLD is significant.

Not only in the human healthcare field, but also in veterinary medicine field, liver disease is a significant health concern in canines and felines (6). Hepatic lipidosis, which shares similar histological morphologies with human NAFLD, developed in the elderly, overweight cats that lost weight after not eating for days to weeks (6). This condition often leads to unfavorable clinical outcomes. Similar to that of human NAFLD, there is also a significant unmet need for effective therapies for fatty liver disease in animals.

Hepatocyte growth factor (HGF) is a multifunctional pleiotropic cytokine. HGF is initially produced as a biologically inactive, single-chain precursor form (7). After proteolytic cleavage, pro-HGF converts to the active form consisting of heterodimeric 69 kDa  $\alpha\text{-chain}$  and 34 kDa  $\beta\text{-chain}$  (7). The active form of HGF promotes tissue regeneration, protection, wound healing, angiogenesis, tumorigenesis, and anti-inflammatory, anti-apoptotic, and anti-fibrotic responses

Abbreviations: ALT, alanine aminotransferase; CDAA, choline-deficient amino acid defined; CSAA, choline-supplemented amino acid defined diet; HCC, hepatocellular carcinoma; H&E, hematoxylin and eosin; HCC, hepatocellular carcinoma; HGF, hepatocyte growth factor; MMP, matrix metalloprotease; NAFLD, non-alcoholic fatty liver disease; NASH, non-alcoholic steatohepatitis; PCNA, proliferating cellular nuclear antigen; PCR, polymerase chain reaction; SMA, smooth muscle actin.

in a wide variety of organs, through binding to its receptor MET. In the liver, HGF plays a crucial role in liver regeneration after hepatectomy or massive liver damage, protection against hepatocyte apoptosis and necrosis, and suppression of liver fibrosis progression (7). Previous studies reported that administration of recombinant HGF mitigated alcohol-induced liver damage, ischemia-reperfusion liver injury, endotoxin-induced fulminant hepatitis, and liver fibrosis (8–12). The studies using transgenic mice overexpressing *Hgf* and hepatocyte-specific *c-met* knockout mice, indicate the protective role of the HGF-MET pathway in the development of NAFLD (13, 14). Although there is a report with the application using HGF gene therapy on a rat model of NAFLD-fibrosis (15), to the best of our knowledge, the therapeutic effect of recombinant HGF protein on the development of NASH has not been reported.

The high-fat diet-induced fatty liver model does not develop liver injury, inflammation, and fibrosis in a short period of feeding. The feeding of methionine-choline-deficient diet, commonly used for NASH preclinical studies, significantly reduces their body weight. These models do not well-recapitulate the pathophysiology of human NAFLD. Notably, rodents fed a choline-deficient amino acid-defined (CDAA) diet for 3 weeks develop hepatic steatosis, inflammation, and mild liver fibrosis without reducing body weight (16, 17). Therefore, we decided to use CDAA diet feeding to develop a mouse model of NASH in this study.

The primary purpose of this study is to investigate the therapeutic effect of recombinant HGF protein on the progression of NASH. Since the amino acid sequence of feline HGF shows 97.5, 93.3, and 93.2% homology with those of canine, mouse, and human (18, 19), the second aim of this study is that to examine whether feline-derived recombinant HGF can be used for the treatment of animals with liver diseases using a mouse model of NASH.

#### MATERIALS AND METHODS

### **Animal Experiments**

Animal experiments were performed in accordance with National Institutes of Health recommendations outlined in the Guide for the Care and Use of Laboratory Animals. All animal experiment protocols were approved by the University of California San Diego Institutional Animal Care and Use Committee. Male C57BL/6 mice were purchased from The Jackson Laboratory (Bar Harbor, MA) and were maintained in a 12 h light/dark cycle. Mice at 8 weeks of age were subjected to

feeding *ad libitum* either choline-supplemented L-amino acid-defined diet (CSAA; catalog #518754; Dyets Inc, Bethlehem, PA) or choline-deficient L-amino acid-defined diet (CDAA; catalog #518753; Dyets Inc) for 3 weeks. Vehicle or 1 mg/kg of recombinant feline HGF was intravenously injected daily during the last 7 days.

## **Histologic Examination**

Mouse liver tissues were fixed in 10% neutral buffered formalin phosphate (Fisher Scientific, Pittsburgh, PA) and then embedded into paraffin blocks. 5-µm thick sections were cut on a microtome (Thermo Scientific, Waltham, MA). Tissues were stained with hematoxylin and eosin for the evaluation of NAFLD Activity Score (steatosis, lobular inflammation, hepatocyte ballooning) and fibrosis as described (20). Immunochemistry for proliferating cellular nuclear antigen (PCNA), F4/80 and Sirius Red staining were performed as previously reported (21, 22). In brief, liver sections were incubated with monoclonal antibody to PCNA (clone PC10; Biolegend, San Diego, CA) using the MOM kit (Vector Laboratories, Burlingame, CA). Sections were incubated with monoclonal antibody to F4/80 (clone BM8; eBioscience, San Diego, CA) for immunohistochemical analysis of F4/80 expression or incubated with a solution of saturated picric acid containing 0.1% Fast Green FCF (Sigma-Aldrich, St Louis, MO) and 0.1% Direct Red 80 (Sirius Red R3B; Sigma-Aldrich, St Louis, MO) for Sirius Red staining. For Oil Red O staining, mouse liver tissues were fixed in 4% neutral buffered formalin phosphate and then embedded into OCT compound. Frozen liver tissues were sliced into 5-µm sections and stained with Oil Red O. PCNA or F4/80 or Oil Red O-positive area was evaluated from randomly selected 10 fields of x200 magnification per slide and quantified with NIH Image J software.

# Serum Alanine Aminotransferase (ALT), Triglyceride, and Total Cholesterol Measurement

Blood was collected via cardiac puncture, centrifuged at 5,000 rpm for 15 min, and the serum was frozen immediately. Serum ALT levels were determined by Infinity ALT (GPT) liquid stable reagent (Thermo Scientific, Middletown, VA) according to manufacturer's protocol. Serum triglyceride and total cholesterol levels were determined by Triglycerides liquid reagent set (Pointe Scientific, Inc., Canton, MI) and Cholesterol E CHOD-DAOS method (Wako, Osaka, Japan), respectively.

# Quantitative Real-Time Polymerase Chain Reaction (qPCR)

The total RNAs were extracted from snap-frozen mouse liver tissues using NucleoSpin RNA kit (Macherey-Nagel, Düren, Germany). Reverse-transcribed with High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Foster City, CA) and iTaq Universal SYBR Green Supermix (Bio-rad, Hercules, CA) were used. The sequences of mouse PCR primers are listed in **Table 1**. Quantitative real-time PCR was performed using CFX96 real-time PCR system (Bio-rad, Hercules, CA).

TABLE 1 | Primer sequence used for qRT-PCR.

Gene	Forward	Reverse
18S	AGTCCCTGCCCTTTGTACACA	CGATCCGAGGGCCTCACTA
Fasn	GTTGGCCCAGAACTCCTGTA	GTCGTCTGCCTCCAGAGC
Dgat1	TCACCACACACCAATTCAGG	GACGGCTACTGGGATCTGA
Cxcl1	TGCACCCAAACCGAAGTC	GTCAGAAGCCAGCGTTCACC
Ccl2	ATTGGGATCATCTTGCTGGT	CCTGCTGTTCACAGTTGCC
Ccl5	CCACTTCTTCTCTGGGTTGG	GTGCCCACGTCAAGGAGTAT
Col1a1	TAGGCCATTGTGTATGCAGC	ACATGTTCAGCTTTGTGGACC
Acta2	GTTCAGTGGTGCCTCTGTCA	ACTGGGACGACATGGAAAAG
Timp1	AGGTGGTCTCGTTGATTTCT	GTAAGGCCTGTAGCTGTGCC
Tgfb1	GTGGAAATCAACGGGATCAG	ACTTCCAACCCAGGTCCTTC
Serpine1	TTCAGCCCTTGCTTGCCTC	ACACTTTTACTCCGAAGTCGGT

## **Statistical Analysis**

Differences between the two groups were compared using the Mann Whitney U-test or two-tailed unpaired student t-test. Differences between multiple groups were compared using one-way ANOVA. Statistical significance was assessed by using GraphPad Prism 5.01 software (GraphPad Software, Inc, La Jolla, Ca). P < 0.05 were considered significant.

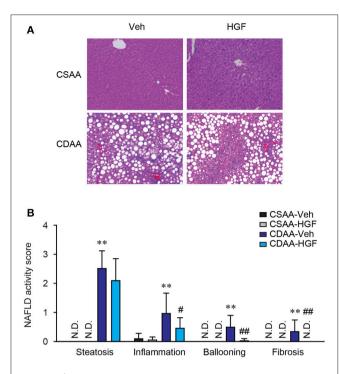
#### **RESULTS**

# The Therapeutic Effect of Recombinant HGF Protein in a Mouse Model of NASH Induced by CDAA Diet Feeding

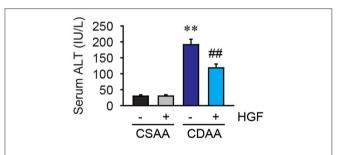
To investigate the therapeutic effect of recombinant HGF protein on a CDAA diet-induced mouse NASH model, wildtype C57BL/6 mice were treated with vehicle or 1 mg/kg of recombinant feline HGF protein intravenously in the last 7 days of a total of 3 weeks of CDAA diet feeding. Based on NAFLD activity scoring system, we assessed the effect of recombinant HGF on CDAA diet-induced NASH. Three weeks of CDAA diet feeding showed an evident accumulation of lipid droplets in hepatocytes, inflammatory cell infiltration, ballooned hepatocytes, and mild fibrosis in the vehicle-treated mice compared to CSAA diet feeding. The recombinant HGF treatment significantly suppressed the development of inflammation, hepatocyte ballooning, and fibrosis induced by CDAA diet feeding (Figures 1A,B). Our results indicate that recombinant HGF treatment administered on the last 7 days of CDAA diet, improved NAFLD activity score.

# Recombinant HGF Administration Inhibits CDAA Diet-Induced Liver Damage and Increases Hepatocyte Proliferation

To examine the protective effect of recombinant HGF on NASH-mediated hepatocyte damage, serum ALT levels were measured. Three weeks of CDAA diet feeding dramatically elevated serum ALT levels in vehicle-treated mice, whereas increased serum ALT levels by CDAA diet feeding were significantly reduced by the administration of recombinant HGF protein (Figure 2). This



**FIGURE 1** | Recombinant HGF administration inhibited CDAA diet-induced NASH. Male C57BL/6 mice were fed a CSAA or CDAA diet for 3 weeks. In the last 7 days, vehicle (Veh) or 1 mg/kg of recombinant feline HGF were given intravenously daily (CSAA-Veh, n=8; CSAA-HGF, n=10; CDAA-Veh, n=13; CDAA-HGF, n=11). **(A)** H&E staining. Original magnification, x200. **(B)** NAFLD activity score. Hepatic steatosis, inflammation, hepatocyte ballooning, and fibrosis were evaluated through H&E stains. Data are presented as mean  $\pm$  S.D. (\*\*P < 0.01, significantly different from CSAA-Veh; #P < 0.05, #P < 0.01, significantly different from CDAA-Veh).



**FIGURE 2** | CDAA diet-mediated liver damage was suppressed by recombinant HGF treatment. Serum ALT level. Data are presented as mean  $\pm$  SEM. (\*\*P < 0.01, significantly different from CSAA-Veh; ##P < 0.01, significantly different from CDAA-Veh).

result indicates that the 7 days of recombinant HGF treatment suppressed hepatocyte damage induced by the 3 weeks of CDAA diet feeding in mice.

Since HGF is a potent mitogen, we next evaluated the effect of exogenous HGF on hepatocyte proliferation. The increases in PCNA labeling were observed in both HGF-treated CSAA diet-fed and CDAA diet-fed mice (Figures 3A,B).

# Recombinant HGF Protein Has Anti-lipogenesis Effect in CDAA Diet-Induced Hepatic Steatosis

In addition to the assessment of steatosis by NAFLD activity scoring system, using hematoxylin and eosin staining, hepatic steatosis was examined by oil red O staining. A previous report showed that H&E steatosis assessment poorly correlated with triglyceride concentration in the tissue, whereas Oil Red O staining showed much higher sensitivity and specificity for steatosis (23).

Three weeks of CDAA diet feeding induced accumulation of large lipid droplets in hepatocytes in vehicle-treated mice but, CSAA diet feeding did not (**Figures 4A,B**). Serum triglyceride and total cholesterol levels were unchanged (**Table 2**). Seven days of daily administration of recombinant HGF protein significantly suppressed accumulation of lipid droplets in hepatocytes (**Figures 4A,B**). The study then assessed lipogenesis-related gene expression. Quantitative real-time PCR analysis shows that increased *Fasn* and *Dgat1* genes by CDAA diet feeding were significantly suppressed in mice treated with recombinant HGF protein (**Figure 4C**). These results suggest that HGF treatment inhibits hepatic lipid accumulation through inhibiting expression of lipogenesis-related genes, such as *Fasn* and *Dgat1*.

# CDAA Diet-Induced Hepatic Inflammation Is Suppressed by Recombinant HGF Treatment

Inflammatory cell infiltration is a prominent feature of NASH. Among inflammatory cells, hepatic macrophages comprising liver resident Kupffer cells, and bone marrow-derived monocytes are the significant contributor to NASH development. Liver macrophages were examined by immunohistochemical staining for F4/80, a mouse macrophage marker. While basal amounts of liver macrophages were seen in mice fed with CSAA diet, the number of liver macrophages and the foci containing macrophages were significantly augmented in mice fed with 3 weeks of CDAA diet. Interestingly, the recombinant HGF treatment reduced the amounts of liver macrophages in mice fed CDAA diet compared to vehicle treatment (Figures 5A,B). Inflammatory cell infiltration is mainly regulated by the small size (8-10 kDa) of inflammatory cytokines, called chemokines. Increased hepatic levels of Cxcl1, Ccl2, and Ccl5 induced by CDAA diet feeding were significantly reduced by the treatment of recombinant HGF (Figure 5C). Our results suggest that recombinant HGF protein has antiinflammatory effects on NASH livers that inhibit macrophage infiltration and production of chemokines which play a role in the recruitment of inflammatory cells to injured

# Fibrogenic Response Induced by CDAA Diet Was Suppressed by Recombinant HGF Treatment

While 3 weeks of CDAA diet feeding does not induce strong fibrillar collagen deposition, very mild collagen expression was

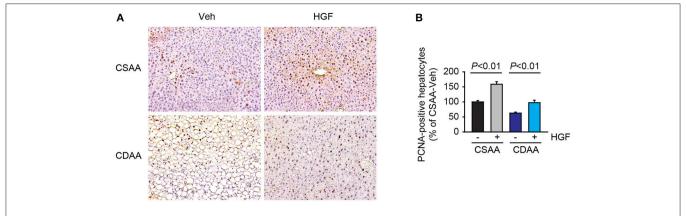
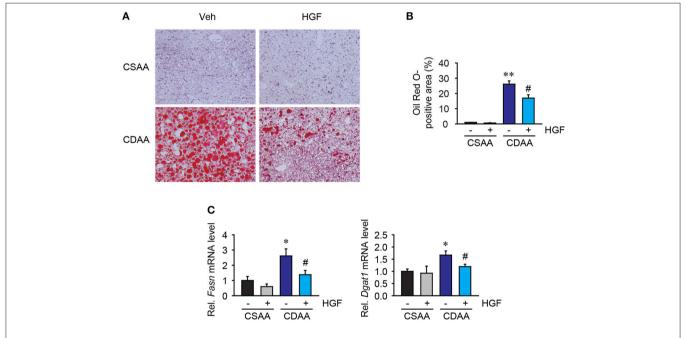


FIGURE 3 | Administration of recombinant HGF promoted hepatocyte proliferation. (A) Representative images of PCNA staining. Original magnification, x200. (B) Quantification of PCNA staining. Data are presented as mean ± SEM.



**FIGURE 4** | Recombinant HGF protein attenuated CDAA diet-induced lipogenesis. **(A)** Oil red O staining of lipid droplets. Original magnification, x200. **(B)** Quantification of Oil Red O staining. **(C)** Hepatic mRNA expression of *Fasn* and *Dgat1*. Data are presented as mean  $\pm$  SEM. (\*P < 0.05, \*\*P < 0.01, significantly different from CSAA-Veh; #P < 0.05, significantly different from CDAA-Veh).

seen in liver parenchyma (**Figure 6A**), which was diminished by recombinant HGF treatment. Notably, there was evidence of upregulation of fibrogenic gene expression in mice with 3 weeks feeding of CDAA. In the vehicle group, CDAA diet feeding significantly upregulated *Col1a1*, *Acta2*, *Timp1*, *Tgfb1*, and *Serpine1* expression in the liver (**Figure 6B**). On the contrary, in the recombinant HGF treatment group, upregulation of hepatic expression of fibrogenic genes *Col1a1*, *Acta2*, *Timp1*, *Tgfb1*, and *Serpine1* was significantly inhibited (**Figure 6B**). These results suggest that recombinant HGF treatment can inhibit hepatic stellate cell activation and liver fibrosis progression in NASH.

# **DISCUSSION**

The present study investigated the therapeutic potential of recombinant HGF protein in the development of NASH in mice. Our data demonstrated that 7 days of intravenous administration of recombinant feline HGF protein is sufficient to suppress the progression of a mouse model of NASH induced by 3 weeks of CDAA diet feeding. The HGF protein treatment significantly suppressed major pathological features of NASH, including the accumulation of lipid droplets in hepatocytes, lipogenesis gene expression, hepatocyte ballooning, elevation of serum ALT

TABLE 2 | The serum triglyceride and cholesterol profiles.

	CSAA		CDAA	
	Vehicle (n = 4)	HGF (n = 3)	Vehicle (n = 16)	HGF (n = 12)
Triglycerides (mg/dl)	60.3 ± 21.6	68.3 ± 26.8	58.1 ± 14.4	60.2 ± 14.9
Total cholesterol (mg/dl)	$94.9 \pm 10.0$	$141.2 \pm 45.5$	$96.8 \pm 32.2$	$95.8 \pm 44.0$

Data are presented as mean  $\pm$  S.D.

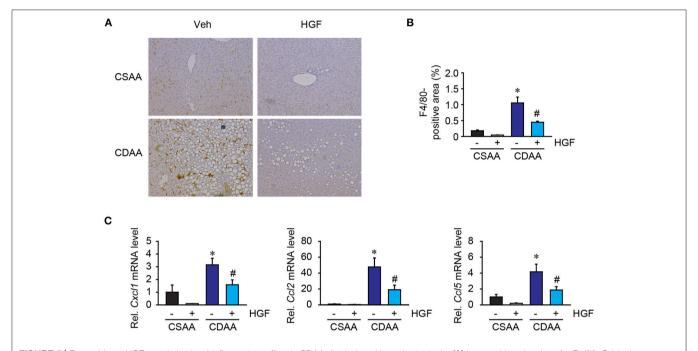


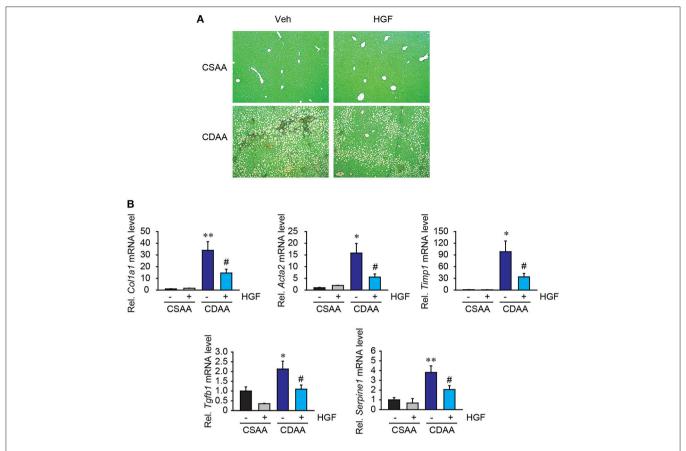
FIGURE 5 | Recombinant HGF protein had anti-inflammatory effect in CDAA diet-induced hepatic steatosis. (A) Immunohistochemistry for F4/80. Original magnification, x200. (B) Quantification of F4/80 staining. (C) Hepatic mRNA expression of Cxc11, Cc12, and Cc15. Data are presented as mean  $\pm$  SEM. (\*P < 0.05, significantly different from CSAA-Veh; #P < 0.05, significantly different from CDAA-Veh).

levels, inflammatory cell infiltration, chemokine expression, and fibrogenic gene expression. Our study strongly suggests that administration of recombinant HGF protein can be a therapeutic option for NASH.

The physiological role of HGF and its receptor MET in the liver is well-described. HGF is initially produced and released as an inactive precursor form and is normally found in extracellular space. The major producer of HGF in the liver is hepatic stellate cell which is a precursor of myofibroblasts in the liver and contributes to the production of extracellular matrix, progressing to liver fibrosis. During massive liver damage induced by trauma, infection, toxin exposure, and inflammation, pro-HGF is proteolytically cleaved by HGF activator, urokinase-type plasminogen activator, matriptase, and so on, and becomes the biologically active form of HGF (7). The active form of HGF binds to its receptor MET, encoded by proto-oncogene *c-met*, and induces its biological actions, including hepatocyte proliferation, anti-apoptosis, wound healing, and liver tissue homeostasis. Serum HGF levels were elevated in patients

with NASH compared to control group (24), proposing a compensatory mechanism responsible for hepatic regeneration. Because of the ability of HGF to induce hepatocyte proliferation and liver regeneration, HGF has been suggested to be a potential therapeutic agent for liver cirrhosis (25).

Hepatocyte damage and liver fibrosis are the key pathological features in NASH. Even though serum HGF levels were increased in NASH patients, it is unclear whether the active form of HGF was also increased in NASH patients. In addition, HGF receptor, MET was underexpressed in human NAFLD livers compared to control livers (26). Our data demonstrated that exogenous HGF treatment suppressed CDAA diet-induced hepatocyte damage and fibrogenic response. Previous studies also demonstrated the protective role of the HGF-MET pathway in liver injury and fibrosis. Exogenous administration of recombinant HGF protein suppresses lipopolysaccharide-induced or Fas-mediated mouse models of fulminant hepatitis (12, 27, 28). In Fas-mediated liver injury model, HGF induces Mcl-1 expression and activation of Akt pathway, resulting in inhibition of hepatocyte apoptosis



**FIGURE 6** | Recombinant HGF ameliorated CDAA diet-induced fibrogenic response. **(A)** Sirius Red staining. Original magnification, x100. **(B)** Hepatic mRNA expression of *Col1a1*, *Acta2*, *Timp1*, *Tgfb1*, and *Serpine1*. Data are presented as mean  $\pm$  SEM. (\*P < 0.05, \*\*P < 0.01, significantly different from CDAA-Veh).

(28). In addition, HGF stimulates hepatocyte proliferation (**Figure 3**), which is favorable to the liver repair process. Since one of the major functions of HGF is the induction of matrix metalloproteases (MMPs), such as membrane type 1-MMP and MMP9 to degrade the extracellular matrix, a number of reports demonstrated the therapeutic effect of HGF in liver fibrosis (10, 11, 25, 29). HGF is also known to have an anti-inflammatory property. HGF treatment reduced expression of TNF- $\alpha$ , CCL2, and IL-6 in mouse culture macrophages, in which induction of anti-inflammatory heme oxygenase-1 and IL-10 are partly involved (30, 31). These reports are consistent with our data showing that recombinant HGF treatment inhibited NASH-mediated macrophage infiltration and chemokine expression in the liver.

The protective effect of HGF against lipids in hepatocytes has previously been reported. Recombinant HGF treatment reduced intracellular lipid content, likely by accelerating lipid secretion in hepatocytes through activation of microsomal triglyceride transfer protein and apolipoprotein B (32). Moreover, recombinant HGF treatment inhibited cholesterol overload-mediated hepatocyte lipotoxicity by suppressing production of reactive oxygen species (33). An animal

study using hepatocyte-specific *c-met*-deleted mice showed exacerbation of a mouse model of NASH induced by methionine-choline deficient diet (13). All of these reports suggest both exogenous and endogenous HGF-MET system play a critical role in the protection of NAFLD development. Blockade of mineralocorticoid receptor signaling attenuates hepatic steatosis and insulin resistance in a mouse model of obesity. Interestingly, the underlying mechanism of attenuated hepatic steatosis by blocking mineralocorticoid receptor is mediated through the HGF-MET pathway (34). Our data demonstrated that exogenous HGF treatment reduced hepatic steatosis along with reduction of lipogenesis genes, but it appears that the protective mechanism of HGF is not mediated through modulation of lipid degradation pathway as our data did not show any changes in the expression of β-oxidation-related genes (data not shown).

Obesity and fatty liver disease have been often observed in cats and dogs (35, 36). Like in humans, obesity is closely associated with metabolic syndrome. High-fat diet feeding altered the composition of fatty acid in liver tissue and serum (37). The stearic acid-rich high fat diet promoted hepatic lipogenesis in the feline liver (37). Feline hepatic lipidosis, also known as feline fatty liver syndrome, is the most diagnosed liver disease in cats

(38). This disease is life-threatening without treatment, but the prognosis would be favored in cases of intensive treatment and adequate therapy. The causes and pathogenic mechanisms are scarcely known. Since our data clearly showed that exogenous HGF treatment efficiently reduced the fat content in the liver and inhibited CDAA diet-induced lipogenesis in mice, further evaluation in large animals may be needed to determine the efficacy and safety of HGF in fatty liver disease.

The MET overexpression and activation play a crucial role in cancer cell proliferation, migration, invasion, and metastasis. This signaling also contributes to drug resistance in tumor microenvironment (39). In HCC, MET is overexpressed (40), but some reports showed HGF is underexpressed (41-45). The effect of HGF on hepatocarcinogenesis is controversial. HGF treatment suppressed HCC cell growth in vitro in some reports (46, 47). Exogenous HGF administration or HGF transgenic mouse model showed both pro- and anti-tumorigenic effects of HGF (48-56). Nakanishi et al. tested the long-term effect of exogenous HGF to the NASH mouse model on the occurrence of HCC (56). According to their results, treatment with recombinant human HGF did not increase the overall frequency of HCC. We suggest that NAFLD patients or animals with cancer or individuals with the potential to have cancer are not appropriate for HGF treatment.

Besides the beneficial role of HGF in the liver, HGF is also involved in tissue regeneration, protection, and homeostasis in the kidney and neurons (57). Moreover, HGF is a potent inducer of angiogenesis and has a protective role in the development of cardiovascular diseases through modulation of atherosclerosis (58). Given that the leading cause of death by NASH is cardiovascular diseases (59), targeting of the HGF-MET pathway should have beneficial effects on both liver and heart. Therefore, it is worth considering HGF therapy for NAFLD, but the careful

selection of patients or animals may have to be considered due to the capacity of HGF to promote cancer progression.

In summary, the present study demonstrated that exogenous administration of recombinant feline HGF protein has potential to mitigate the development of NASH. Although there is a concern about the role of HGF played in cancer progression, it should be considered for those individuals with low risk of developing HCC (e.g., early stage of NASH fibrosis without cirrhosis). Given that HGF can suppress the risk of cardiovascular disease which is the leading cause of death in NASH patients, exogenous HGF administration may be a favorable option for the treatment of NAFLD.

#### **AUTHOR CONTRIBUTIONS**

YMY, MF, MK, and ES contributed conception and design of the study. YMY, MF, ZW, and FM performed experiments, analysis and interpretation of the data, and statistical analysis. YMY and ES wrote the first draft of the manuscript. All authors contributed to manuscript revision, read and approved the submitted version.

#### **FUNDING**

This study was supported by the research grant from Nippon Zenyaku Kogyo Co Ltd. The funder provided support for author MF to participate in UCD postdoctoral fellowship program and research support to UCSD. This study was also supported by NIH grant R01DK085252 (ES), R21AA025841 (ES), T32HL134637 (YMY). American Liver Foundation Irwin M. Arias, MD Postdoctoral Research Fellowship (YMY). AASLD The Leonard B. Seeff Award for Outstanding Research by Young Investigator (YMY) and Winnick Research award from Cedars-Sinai Medical Center (ES).

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**Conflict of Interest Statement:** The authors have the following interests. The study was supported by Nippon Zenyaku Kogyo Co Ltd, the employer of MF.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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