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Targeting the Mucosal Barrier: How Pathogens Modulate the Cellular Polarity Network

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The mucosal barrier is composed of polarized epithelial cells with distinct apical and basolateral surfaces separated by tight junctions and serves as both a physical and immunological barrier to incoming pathogens. Specialized polarity proteins are critical for establishment and maintenance of polarity. Many human pathogens have evolved virulence mechanisms that target the polarity network to enhance binding, create replication niches, move through the barrier by transcytosis, or bypass the barrier by disrupting cell–cell junctions. This review summarizes recent advances and compares and contrasts how three important human pathogens that colonize mucosal surfaces, *Pseudomonas aeruginosa*, *Helicobacter pylori*, and *Neisseria meningitidis*, subvert the host cell polarization machinery during infection.

The mucosal barrier is composed of one or more layers of epithelial cells that have distinct apical and basolateral surfaces with specialized functions. These cells form a selective permeability barrier between biological compartments that serves as both a physical and immunological barrier to invading microbes (Wang and Margolis 2007; Martin-Belmonte and Mostov 2008). However, pathogens circumvent this barrier using a diverse array of strategies including transcytosis through epithelial cells, disrupting cell–cell contacts, or killing epithelial cells. In this review, we discuss three pathogens that specifically target the polarity signaling network and discuss the mechanisms they use.

The apical and basolateral membrane domains are distinguished by unique assemblies

of proteins and lipids, creating specific membrane domains with distinct roles in formation and maintenance of barrier function. The apical surface contains transporters and enzymes that are specialized to interact with the external environment. The basolateral plasma membrane is enriched in phosphatidylinositol 3,4,5-phosphate and contains many transporters and receptors that are involved in nutrient uptake from the blood (Shewan et al. 2011). Tight junctions sit just below the apical membrane on the lateral surface. They have a “gate” function that regulates paracellular transit of molecules and a “fence” function that regulates movement within the cell membrane. Several transmembrane proteins are localized to tight junctions, including claudins, occludin, tricellulin, and junctional adhesion molecules (JAMs), that

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play roles in tight junction adhesion, permeability, and signaling (Anderson and Van Itallie 2009; Shen et al. 2011). Cytoplasmic proteins, like those of the zonula occludins family (ZO-1, ZO-2, ZO-3), link the tight junction to the actin cytoskeleton. The adherens junction sits basal to the tight junction and physically connects neighboring cells to give the epithelial sheet mechanical resiliency. Cadherin, a type I single-pass transmembrane protein, forms homotypic bonds with cadherin molecules on neighboring cells in a calcium-dependent fashion. These cross-cell protein–protein connections generate the adhesive forces that hold epithelial cells together. The cadherin tail interacts with the cytoplasmic catenin proteins (β -catenin, α -catenin, p120-catenin) to control adhesive function, connection to the actin cytoskeleton, cadherin internalization, and other signaling functions (Capaldo et al. 2014). Like cadherin, the transmembrane protein nectin forms intramolecular bridges between cells. However, the cytoplasmic tail of nectin binds to the cytoplasmic protein afadin, which connects nectin to the actin cytoskeleton (Ogita et al. 2010).

Three polarity complexes play crucial roles in the establishment and maintenance of polarity, the partitioning defective (PAR) complex, the Crumbs (CRB) complex, and the Scribble (SCR) complex. The identity of these complexes is based on genetic screens performed in *Caenorhabditis elegans* and *Drosophila melanogaster* in the context of several different types of cell polarization (Kemphues et al. 1988; Tepass et al. 1990; Tepass and Knust 1993; Tabuse et al. 1998; Bhat et al. 1999; Bilder et al. 2000; Bilder and Perrimon 2000). The Par complex is composed of three core protein components, Par3, Par6, and atypical protein kinase C (aPKC) (Kemphues et al. 1988; Tabuse et al. 1998). Par3 and Par6 are both scaffolding proteins, and aPKC is a kinase that phosphorylates a number of polarity proteins (McCaffrey and Macara 2009). The mammalian CRB complex has four core protein members: Crumbs (Crb), Pals1, PatJ, and MUPP1. Crumbs is a transmembrane protein that localizes to the apical domain, whereas Pals1, PatJ, and MUPP1 are scaffolding proteins (Roh et al. 2002). The SCR complex consists of

three scaffolding proteins, Scribbled (Scrb), Discs large (Dlg), and Lethal giant larvae (Lgl) (Navarro et al. 2005; Su et al. 2012).

The PAR, CRB, and SCR complexes all play an important role in epithelial cell polarity; however, there are important differences in how the polarity complexes act in the context of mammalian cell polarity compared to other types of cell polarity operative during embryogenesis, cell division, or neuronal polarity. For example, in mammalian epithelial cells, the PAR unit does not form a stable complex. Rather, Par3 localizes to the tight junction, whereas aPKC and Par6, along with the Rho GTPase Cdc42, localize to the apical membrane (Bryant et al. 2010). In addition, the kinase Par1 functions as part of the basolateral SCR complex (Goehring 2014). The CRB complex along with aPKC, Par6, and Cdc42 define the apical membrane, Par3 defines the apical junction, and the SCR complex along with Par1 define the basolateral domain. A series of antagonistic signaling events maintains this asymmetric distribution by creating zones of mutual exclusion between the apical, junctional, and basolateral domains (Assemet et al. 2008). If Par3 moves into the apical space it can be phosphorylated by aPKC, disrupting its membrane localization (Moraes-de-Sa et al. 2010; Walther and Pichaud 2010). In a similar fashion, if Par3 migrates into the basolateral space it is phosphorylated by Par1 and diffuses away (Benton and St Johnston 2003; Wang et al. 2012). In addition, aPKC/Par6 and Par1/Lgl are mutually inhibitory (Rodriguez-Boulant and Macara 2014). These negative interactions set up the basis for apical basolateral polarity (Fig. 1) (Goehring 2014). The presence of multiple paralogs and splice isoforms of the polarity proteins adds to the complexity of polarity signaling. For example, the human genome encodes two paralogs of Par3 each with multiple splice isoforms (ten for *PARD3A*, and five for *PARD3B*). The role of so many potential isoforms is not fully understood, but may allow for signaling plasticity that allows the network to regulate cell polarity in a wide range of cell types (Assemet et al. 2008; McCaffrey and Macara 2009; Apodaca et al.

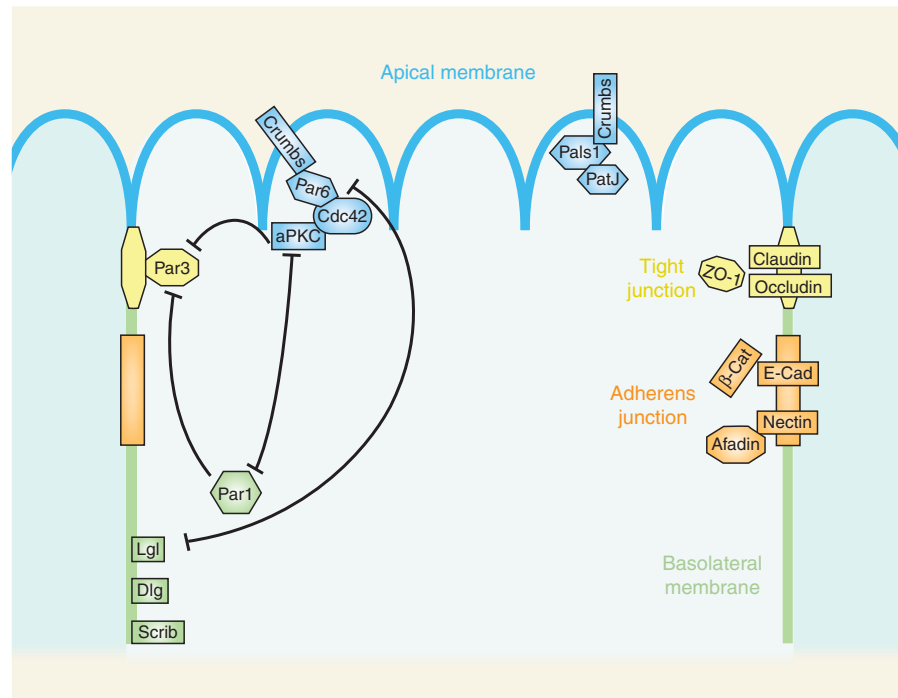


Figure 1. Antagonistic signaling events maintain epithelial cell polarity. The major inhibitory interactions between the apical, junctional, and basolateral domains are shown. Color coding shows apical domain (blue), basolateral domain (green), adherens junction (orange), and tight junction (yellow).



2012; Rodriguez-Boulan and Macara 2014; Flores-Benitez and Knust 2016).

Cell culture models have been critical for increasing our understanding how polarity signaling intersects with pathogens. To properly model the barrier, cell lines must be able to polarize in culture. Commonly used lines such as Madin–Darby canine kidney (MDCK), Calu-3 (human lung adenocarcinoma), 16-HBE (human bronchial epithelial) Caco-2 (colorectal adenocarcinoma), and hCMEC/D3 (human brain endothelial cell) form highly polarized and impermeable monolayers with distinct apical and basolateral membrane domains when grown on porous filter supports. In contrast, growth of these cells on plastic surfaces does not fully allow recapitulation of mucosal barrier polarity. Furthermore, these simplified systems facilitate the study of pathogen-polarized cell interactions without the confounding effects of the underlying stroma or immune

cells. In addition, microbes can be added directly to the apical and basolateral side of the cells without disrupting the monolayer allowing for the study of domain-specific responses to pathogens. This reductionist approach creates an experimental system to analyze host–pathogen interactions, which can then be translated into more complex cell culture models, including three-dimensional cultures, organoids, and animal models.

Pseudomonas aeruginosa

P. aeruginosa is a Gram-negative environmental bacterium that is a frequent and often fatal cause of opportunistic infections in humans. Its preference for injured tissue explains its ability to cause ventilator-associated pneumonia, skin and soft tissue infections in burn patients or at surgical incisions, and bacteremia in patients receiving cytotoxic chemotherapy.

P. aeruginosa is also a cause of chronic lung infections and ultimately death in patients with cystic fibrosis (Bennett et al. 2015). Multi-drug-resistant strains of *P. aeruginosa* are increasingly frequently seen in the clinical setting, and the Centers for Disease Control listed *P. aeruginosa* as a “serious” threat to public health.

Most *P. aeruginosa* infections, such as acute lung infections, are initiated by binding at the mucosal barrier through two major adhesins, flagella, and retractile type IV pili (Zanin et al. 2016). Once colonization is established, *P. aeruginosa* unleashes its virulence factors to cause disease. These include toxins directly injected into the host cell by the type III secretion system (TTSS), a needle like nanosyringe that is required for virulence in cell culture models, in animal models, and in human infections (Engel 2003; Hauser 2009). Polarized cell culture models have provided important insights into early events during infection that might have otherwise been missed when studying bacterial–host interactions in incompletely polarized cells. In polarized MDCK or human lung epithelial cells, *P. aeruginosa* binds to the apical surface at or near cell–cell junctions through its flagellum or its retractile type IV pili (Engel and Eran 2011). The binding of a few sentinel bacteria leads to recruitment of free swimming bacteria, with the resultant formation of an antibiotic-resistant biofilm-like bacterial aggregate composed of ten to hundreds of bacteria on the cell surface encased in a polysaccharide matrix (Lepanto et al. 2011; Tran et al. 2014b). Formation of the bacterial aggregate is associated with a dramatic remodeling of the apical membrane in MDCK cells within 30 min of infection. Initially, phosphatidylinositol 3-kinase (PI3K) is recruited to and activated underneath the aggregate, leading to the synthesis of the basolateral phosphoinositide PIP₃ at the apical membrane (Kierbel et al. 2005). Generation of apical PIP₃ then leads to activation of the kinase Akt and remodeling of the apical actin network into a protrusion through Rac1-mediated signaling (Kierbel et al. 2007; Tran et al. 2014a). The protrusion acquires basolateral proteins (such as p58) through a dynamin-specific pathway and loses apical markers (such as podocalyxin),

consistent with an inversion of membrane polarity underneath bacterial aggregates (Kierbel et al. 2007). Tight junction components, such as ZO-1 and occludin, are not recruited to the protrusion, and tight junction function is not disrupted during protrusion formation. However, adherens junction components accumulate, including E-cadherin, Nectin-1, and β -catenin, suggesting that the protrusion may resemble a nascent adherens junction (Kierbel et al. 2007; Tran et al. 2014a). In addition, the PAR complex (Par3/Par6/aPKC) is recruited to the apical membrane underneath aggregates and is required for polarity inversion (Fig. 2) (Tran et al. 2014a). Because both aPKC and Par6 are found at the apical membrane in polarized cells, relocalization of Par3 from the tight junction to the apical membrane may be the driver of polarity disruption. Indeed, forced apical relocalization of Par3 is sufficient to recapitulate apical membrane remodeling, with cell polarity inversion and formation of an apical bulge (TR Ruch et al., in prep.). At later time points postinfection *P. aeruginosa* is able to bypass the epithelial barrier in other ways, such as killing cells or causing a redistribution of junctional proteins using its repertoire of T3SS toxins (Soong et al. 2008; Hauser 2009).

Formation of the apical protrusion requires a bacterial aggregate, as protrusions are not observed underneath individual bacteria, but it remains unknown how formation of the aggregate is linked with changes to cell polarity (Tran et al. 2014a). Recent work suggests that aggregate formation requires the TTSS. Studies using a panel of isogenic TTSS mutants of *P. aeruginosa* showed that formation of the bacterial aggregate and subsequent polarity disruption required an intact TTSS needle complex, but did not require any of the known TTSS toxins. Indeed, addition of cell-free supernatants from MDCK cells infected with wild-type bacteria but not TTSS mutants was sufficient to induce bacterial aggregate formation on MDCK cells or on plastic surfaces. Together, these results suggest that membrane damage may be the inciting event (Tran et al. 2014b). However, other mechanisms, such as receptor clustering underneath aggregates, may still play a role.

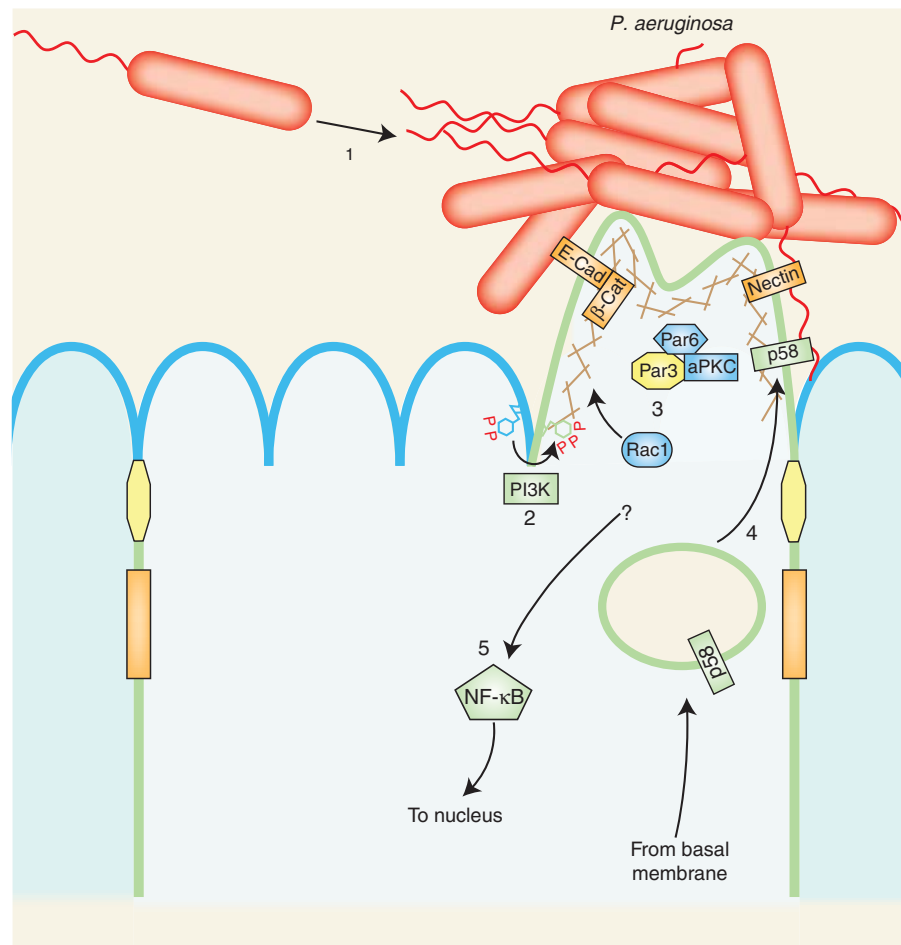


Figure 2. *Pseudomonas aeruginosa* aggregates drive apical membrane polarity inversion and NF- κ B activation. (1) *P. aeruginosa* forms aggregates on the apical surface by recruiting free swimming bacteria. (2) Phosphatidylinositol 3-kinase (PI3K) is recruited to sites of aggregate formation where it facilitates apical accumulation of PIP₃. (3) Rac1 recruitment drives actin rearrangement, and the partitioning defective (PAR) complex is recruited underneath the bacterial aggregate where it drives a change in apical polarity. (4) Polarity inversion involves the gain of basolateral markers via membrane trafficking and loss of apical markers without disruption of junctions. (5) NF- κ B is activated following polarity inversion through an undefined mechanism involving the PAR complex and the *P. aeruginosa* aggregate.

What is the purpose of protrusion formation and remodeling of the apical membrane? It may create a specialized replicative niche, and/or it may serve as a portal of entry for *P. aeruginosa* to be internalized into epithelial cells (Kierbel et al. 2005, 2007; Tran et al. 2014a; Wang et al. 2016). The latter event may lead to transcytosis (Hirakata et al. 2000), or it could represent a dead end for the endocytosed bac-

teria, which are trafficked to the autophagolysosome and killed (Heimer et al. 2013). Indeed, the change in cell polarity underneath *P. aeruginosa* aggregates may explain its preference for binding at sites of cell damage or extrusion (Engel and Eran 2011). Since *P. aeruginosa* uses distinct mechanisms to bind the apical and basolateral domain, it is possible that recruiting basolateral proteins to the apical membrane al-

lows more efficient colonization at the apical surface (Bucior et al. 2010, 2012).

Alternatively, protrusion formation may represent a host response. Indeed, *P. aeruginosa* aggregate formation and subsequent apical membrane remodeling is linked with activation of the innate immune response, as shown by localized nuclear translocation of NF- κ B underneath aggregates but not beneath single bacteria. NF- κ B activation is dependent on the presence of Par3, suggesting that a link exists between cell polarity and innate immunity (Tran et al. 2014a). However, in subsequent studies “forcing” Par3 to the apical membrane using chemically induced dimerization, while sufficient to cause polarity inversion, was not sufficient to activate NF- κ B (TR Ruch et al., in prep.). Thus, polarity alterations alone cannot drive innate immune activation on its own, and NF- κ B activation may require both alteration to polarity and the presence of a pathogen-associated molecular pattern (PAMP) such as flagellin or lipopolysaccharide.

In summary, the disruption of cell polarity may allow for *P. aeruginosa* to efficiently bind to the host cell, begin the early steps in biofilm formation, and shield the bacteria while it unleashes its virulence factors. This creates an interesting paradigm for the how mucosal pathogens must subvert the barrier. Modulation of host cell polarity may create a specialized niche for pathogens. However, host cells may monitor changes in apicobasolateral polarity as a danger signal that warns of an incoming threat. Thus, from the pathogen side, colonization must either be silent or rapidly toxic to bypass detection by the innate immune response.

Helicobacter pylori

H. pylori is human-adapted Gram-negative curved bacilli that is present in the gut of nearly 50% of the human population, with increasing frequency with age and with increasing prevalence, up to 97%, in underdeveloped nations (Marshall and Warren 1984; Blaser 2006). The majority of those infected carry the bacteria asymptotically for years; however, in up to 3% of the infected population *H. pylori* is

associated with gastritis, peptic ulcer disease, metaplasia, atrophic gastritis, and malignancy, including gastric adenocarcinoma and lymphoma (Bennett et al. 2015). Indeed, *H. pylori*-associated malignancies are the only cancer that can be cured with antibiotics (Calvet et al. 2013). The spectrum and severity of disease results from a complex and finely tuned interplay between host susceptibility, environmental determinants, and *H. pylori* strain differences, which reflect coevolution between the pathogen and host for >100,000 years (Amieva and Peek 2016).

H. pylori infection begins in the stomach where the bacteria use a urease to neutralize and survive in the low pH environment (Krulwich et al. 2011). *H. pylori* then moves into the gastric mucosa via flagellar-based motility, where the mucus layer shields the bacteria from the low pH of the stomach. Approximately 20% of bacteria attach directly to gastric epithelial cells with a preference for binding at cell–cell junctions, whereas the remainder remain within 25 μ m of the epithelial surface (Hessey et al. 1990; Amieva et al. 2003). More recent studies have suggested that in addition to binding to gastric epithelial cells, *H. pylori* also interacts selectively with stem or progenitor cells in the crypts (Amieva and Peek 2016). The major adhesins mediating *H. pylori* binding are blood–antigen binding protein A (*BabA*) and sialic acid binding adhesin (*SadA*) (Ilver et al. 1998; Mahdavi et al. 2002). The epithelial cell bound *H. pylori* locally changes cell polarity and trafficking to promote growth and establish a replicative niche using two secreted toxins: cytotoxin-associated gene A (*CagA*) and vacuolating toxin A (*VacA*). Much has been learned about these toxins by studying their effects on polarized cell lines, short-term ex vivo primary cell cultures, infected rodents, and, more recently, gastroids, three-dimensional cell cysts that model gastric glands (Barker et al. 2010).

VacA is a chromosomally encoded toxin that produces a 140-kD precursor protein, which is cleaved to generate an 88-kD protein that is secreted via the type V autotransporter secretion system (Cover and Blaser 1992; Telford et al. 1994). *VacA* forms a hexameric anion selective

pore that can insert into host cell membranes and change cellular permeability (Czajkowsky et al. 1999; Szabo et al. 1999; Tombola et al. 1999). For example, in HeLa and MDCK cells, VacA intoxication leads to the disruption of polarized trafficking, including the delivery of lysosomal and basolateral cargo to the apical membrane (Satin et al. 1997; Tan et al. 2011). VacA can also drive the breakdown of tight junctions, leading to an increase in paracellular permeability (Papini et al. 1998). However, the exact mechanism that drives these changes is not fully understood.

CagA is a polymorphic, multidomain scaffolding protein with multiple copies of a tyrosine phosphorylated E-P-I-Y-A motif (Hatakeyama 2014). It is encoded in the Cag pathogenicity island, a horizontally acquired locus that encodes the type IV secretion system (T4SS) (Tegtmeier et al. 2011). The tip components of the T4SS bind to the integrin $\alpha 5 \beta 1$ to trigger CagA delivery into the cytoplasm of gastric epithelial cells where it associates with the host cell plasma membrane (Odenbreit et al. 2000; Stein et al. 2000; Kwok et al. 2007; Tegtmeier et al. 2011). Bacterial binding and/or CagA injection may preferentially occur at junctions, because integrins are localized to the basolateral membrane. Once translocated, CagA undergoes tyrosine phosphorylation, serves as a signaling hub to recruit a diverse array of host cell proteins, including key components that regulate cell polarity, and is linked to a multitude of changes at the cellular level. These effects include a dramatic change in cellular shape (originally termed “the hummingbird effect”) along with an increase in cell motility, cellular proliferation, and modulation of host antimicrobial activities (Peek et al. 1997; Segal et al. 1999; Churin et al. 2001; Hatakeyama 2014). Microinjection of *H. pylori* into gastroids results in mislocalization of claudin-7, and increased proliferation, similar to what has been observed in *H. pylori*-infected gastric epithelial cells in vitro and in vivo (Wroblewski et al. 2015). Overexpression of CagA in MDCK cells recapitulates many of these phenotypes, including breakdown of junctions, loss of cell polarity, and induced cell migration (Bagnoli et al. 2005).

Once inside of host cells, CagA is phosphorylated on its E-P-I-Y-A motifs by members of the Src and Abl tyrosine kinase families (Asahi et al. 2000; Stein et al. 2002; Tammer et al. 2007). These events allow it to interact with the SH2 domains of a number of proteins and may correlate with its oncogenic potential (Ohnishi et al. 2008; Hatakeyama 2014). The tight junction proteins ZO-1 and JAM relocate to sites of bound bacteria in a CagA-dependent manner (Noach et al. 1994; Amieva et al. 2003; Lai et al. 2006). CagA also interacts with E-cadherin and disrupts β -catenin signaling, leading to impaired cell–cell adhesion (Suzuki et al. 2005; Murata-Kamiya et al. 2007). Finally, CagA binds directly to and recruits the basolateral polarity determinant Par1b to the apical domain (Saadat et al. 2007; Zeaiter et al. 2008). Par1b localization is tightly regulated and is normally restricted from accessing the apical space by phosphorylation by aPKC ζ , which forces Par1b to relocate to the basolateral domain (Goehring 2014). CagA forms a complex with Par1b and aPKC ζ through binding to the substrate binding cleft of Par1. By serving as a substrate mimic for Par1b, CagA sterically blocks Par1b from accessing its normal targets, thereby inhibiting PAR1 kinase activity and disrupting both Par1b and aPKC ζ function (Saadat et al. 2007; Nestic et al. 2010). Disruption of Par1b function is likely the main mechanism by which *H. pylori* disrupts cell polarity, as expression of a dominant-negative Par1b phenocopies CagA expression, and overexpression of Par1b can inhibit the polarity changes elicited by CagA (Saadat et al. 2007; Zeaiter et al. 2008). As Par1 is required for the development and maintenance of tight junctions, inhibition of Par1 activity by CagA leads to the disruption of tight junctions, loss of epithelial apicobasolateral polarity, extrusion of cells from the surrounding polarized epithelial monolayer, initiation of multiple rounds of cell division, and epithelial-to-mesenchymal transition (EMT). However, CagA may use other mechanisms to disrupt mucosal barrier polarity. For example, CagA directly interacts and inhibits the function of protein kinase C–related kinase 2 (PRK2), a protein that signals downstream of Rho GTPases and plays in role cell

polarity and cytoskeleton remodeling, in a gastric adenocarcinoma (AGS) cell line (Mishra et al. 2015). Thus, *H. pylori* mediates polarity disruption through secreted toxins that target key polarity proteins and disrupt their function (Fig. 3).

What are the consequences of *H. pylori*-mediated disruption of epithelial cell polarity, and how does this relate to its ability to cause ulcer disease and malignancy? Disruption of cell polarity and cell-cell junctions may allow

for bacteria in the lumen of the gut to access nutrients present on the basal side of the epithelium. However, *H. pylori* bound to polarized epithelial cells are able to replicate and survive in conditions, whereas free swimming bacteria are killed, suggesting that the apical membrane serves as a protective replicative niche (Tan et al. 2009). Loss of cell polarity may also reroute membrane traffic to acquire intracellular cargo. For example, in MDCK cells CagA- and VacA-mediated polarity disruption drives the delivery

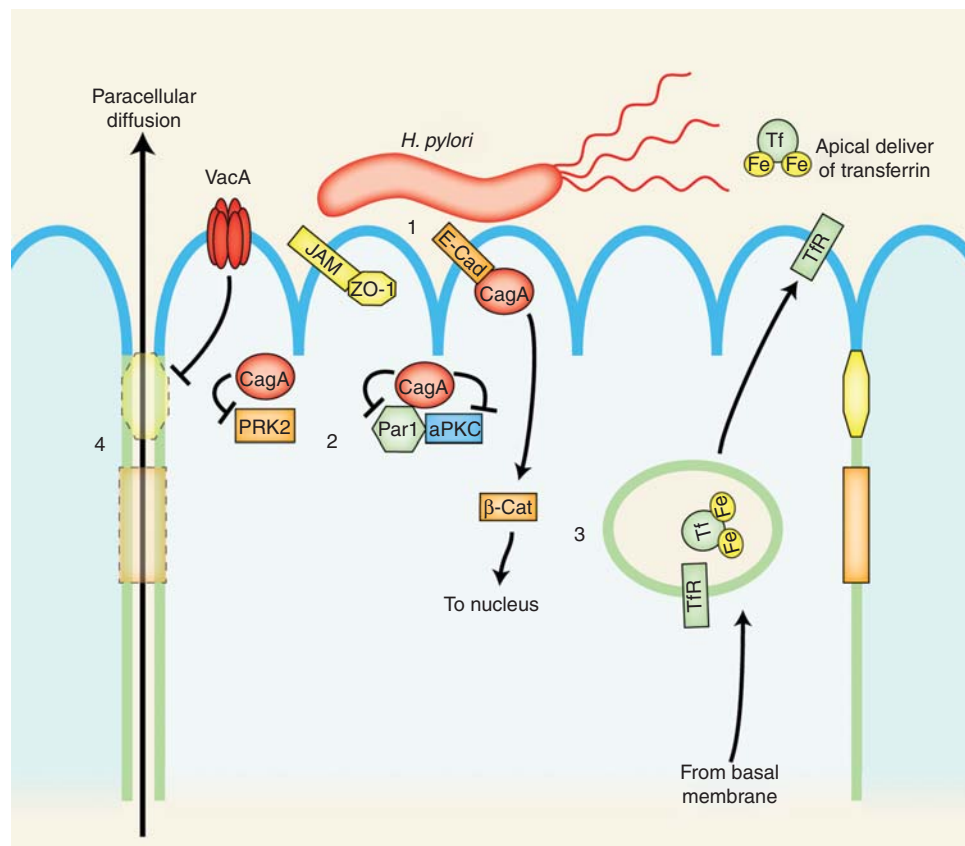


Figure 3. *Helicobacter pylori* alters cell polarity via the secreted bacterial toxins VacA and CagA. (1) *H. pylori* binding recruits components of tight junctions (ZO-1, junctional adhesion molecules [JAMs]) and adherens junctions (E-cadherin) to the apical membrane and activates β -catenin signaling. (2) CagA is translocated into the host cell via type IV secretion, where it directly interacts with the polarity proteins Par1 and atypical protein kinase C (aPKC) and inhibits their kinase activity, leading to polarity disruption. CagA also independently interacts and inhibits the kinase activity of PRK2. (3) As a consequence of polarity disruption, basolateral cargo, such as the transferrin receptor (TfR), are delivered to the apical membrane via transcytosis, allowing *H. pylori* direct access to intracellular micronutrients. (4) Both CagA and VacA drive the breakdown of junctional complexes and weakening of junction function, which drives paracellular diffusion of macromolecules, such as sugars and iron, to move into the apical space.

of intracellular fully saturated transferrin to *H. pylori* on the apical membrane (Tan et al. 2011). Acquisition of external iron is essential for growth of extracellular pathogens; thus, this mechanism allows *H. pylori*, which does not encode siderophores, to use host-derived transferrin as an iron source. Since partially saturated transferrin can be toxic to *H. pylori*, it seems that *H. pylori* uses epithelial cells as a filter to acquire micronutrients (Tan et al. 2011).

In cultured cells, ectopic expression of CagA can drive EMT that resembles the early stages of carcinogenesis, likely through targeting Par1 (Stein et al. 2013). CagA-mediated dedifferentiation may lead to acquisition of cancer stem-cell-like traits (Hatakeyama 2014). In vivo, however, these surface mucous cells turn over every few days, whereas evolution of *H. pylori*-induced cancer takes decades. It has been suggested that the ability of *H. pylori* to bind to and interact with gastric stem cells may also play an important role in gastric metaplasia and cancer (Amieva and Peek 2016).

Neisseria meningitidis

N. meningitidis is a Gram-negative diplococcus that is an obligate human pathogen. *N. meningitidis* colonizes the nasopharynx of ~10% of the human population (Caugant and Maiden 2009). Spread occurs by nasal droplets or person to person spread. Individuals are typically colonized with a single clone, which clears within several months, and some clones are more invasive than others (Coureuil et al. 2014; Dwi-low and Fanella 2015). In a very small percent of colonized individuals, *N. meningitidis* is able to cross the nasopharyngeal epithelial barrier and enter the bloodstream. Bacteremia can lead to sepsis (meningococemia), with severe vascular leakage and bacterial proliferation within the capillaries (purpura fulminans). In up to 50% of bacteremic individuals, blood-borne *N. meningitidis* is able to cross a specialized endothelial barrier, the blood–brain barrier, to infect the meninges and cause a severe and often fatal meningitis (Bernard et al. 2014). Below we discuss how *N. meningitidis* uses barrier-specific strategies that differ between epithelial and en-

dothelial surfaces, such as the nasopharyngeal epithelium and the blood–brain endothelial barrier.

During the course of infection, *N. meningitidis* encounters polarized epithelial and endothelial cells. In both settings, it initially attaches to the apical surface via direct binding of the bacterial type IV pili to the host receptor CD147 (Carbannelle et al. 2006; Bernard et al. 2014). However, other bacterial surface proteins may play a role in attachment, including the opacity proteins Opa and Opc, the auto-transporter NhhA, the adhesion protein App, and the trimeric autotransporter NadA (Virji 2000; Hadi et al. 2001; Comanducci et al. 2002; Serruto et al. 2003; Capecchi et al. 2005; Scarselli et al. 2006; Sjolinder et al. 2008). Once bound to apical surface, *N. meningitidis* replicates and forms microcolonies, which, similar to *P. aeruginosa*, elicit a dramatic change in the apical membrane of the underlying cell (Pron et al. 1997; Pujol et al. 1997). The host cell forms a honeycomb-shaped “cortical plaque” that surrounds the bacteria. These plaques are enriched in components of the actin cytoskeleton and provide a link between the bound bacteria and the actin network (Merz and So 1997; Merz et al. 1999).

The morphological changes, including cortical plaque formation at the apical membrane, are driven by several polarity signaling molecules. Initially, the host proteins ezrin and moesin, ERM proteins that cross-link actin filaments at the plasma membrane, localize around the bound bacteria leading to clustering and enrichment of receptors, such as CD44, ICAM-1,-2, and E-selectin at the site of *N. meningitidis* binding (Merz et al. 1999). Subsequently, cortactin is recruited to and phosphorylated at the cortical plaque where it acts as a nucleation-promoting factor for the Arp2/3 complex and drives actin remodeling (Ammer and Weed 2008). In addition, the activity of Rho and Cdc42 are required for actin remodeling downstream of ezrin recruitment (Eugene et al. 2002). The formation of cortical plaques allows the bacteria to solidly anchor at the apical membrane and may allow acquisition of iron by recruiting the transferrin receptor to the cortical

plaque (Fig. 4A) (Barrile et al. 2015). During asymptomatic colonization of the nasopharynx, this may be the extent of the interaction of *N. meningitidis* with polarized cells. However, as described in more detail below, it can also cross the barrier, enter the bloodstream, and access the endothelial barrier, leading to severe disease.

N. meningitidis uses a different mechanism to cross the endothelial and epithelial barrier. At the endothelial barrier, *N. meningitidis* disrupts junctional components and is able to efficiently cross the blood–brain barrier by movement of bacteria through a paracellular route (Fig. 4B). *N. meningitidis* binding to the human brain endothelial cell line hCMEC/D3 leads to the activation of the G-protein-coupled receptor (GPCR) β 2-adrenergic receptor (β 2AR) independent of G_{α_s} , a process known as biased agonism (Coureuil et al. 2009, 2010). Following β 2AR activation, there is recruitment of β -arrestins, which are molecular scaffolds that modulate GPCR function (Smith and Rajagopal 2016). The β -arrestins then recruit ezrin, radixin, and moesin (ERM) proteins and Src kinase, and cluster receptors to initiate signaling at cortical plaques (Coureuil et al. 2012). In addition, the growth factor receptor ErbB2 clusters underneath *N. meningitidis* aggregates where it activates Src kinase signaling (Hoffmann et al. 2001). Sustained GPCR activation and arrestin recruitment is accompanied by relocalization of the PAR signaling complex (Par3/Par6/aPKC/Cdc42), along with components of tight junctions and adherens junctions, including p120-catenin, β -catenin, vascular endothelial (VE)-cadherin, ZO-1, ZO-2, and claudin-5, away from apical junctions to the site of *N. meningitidis* binding (Coureuil et al. 2009). Cortactin is recruited away from the nucleus and is phosphorylated by Src kinase, leading to actin reorganization, which stabilizes microcolony adhesion. By building what is essentially an ectopic junction, *N. meningitidis* disrupts cell polarity and weakens junctions by titrating away components necessary for their function. This process, combined with the fact that the tight junction protein occludin is cleaved, allows *N. meningitidis* to access the paracellular

space and efficiently cross endothelial barriers (Schubert-Unkmeir et al. 2010).

In contrast, at the epithelial surface *N. meningitidis* is internalized through the binding of Opa to the CEACAM1 receptor (Griffiths et al. 2007). Formation of *N. meningitidis* microcolonies on a polarized human bronchial epithelial cell line (Calu3) did not result in activation of β 2AR, recruitment of the PAR complex, or in breakdown of junctional structures (Lecuyer et al. 2012). Instead, *N. meningitidis* subsequently crossed the epithelial barrier by transcytosis in a taxol and nocodazole-sensitive manner, suggesting that a microtubule-dependent mechanism is required for either moving through the cell, or for efficient exit at the basolateral surface (Fig. 4A) (Sutherland et al. 2010). The mechanisms underlying these differences are incompletely understood. The β 2AR/PAR pathway is present in both epithelial and endothelial cells, but is only activated following binding at the endothelial surface. This may reflect variations in bacterial adhesins, host cell receptors, and/or endothelial versus epithelial specific tight junctional proteins, such as E-cadherin/VE-cadherin or different claudin isoforms (Lecuyer et al. 2012).

The cortical plaques formed at endothelial cell surfaces differ in some respects from those formed at epithelial surfaces. At the endothelial surface, *N. meningitidis* induced cortical plaque formation allows the bacteria to resist shear flow in vitro, which may serve as a protective mechanism to prevent blood-flow-mediated dislodgement of bacteria in vivo at the endothelial surface (Mikaty et al. 2009). The large size of the microcolony on the endothelial cells may interfere with receptor-mediated endocytosis and prevent transcytosis across the endothelial barrier (Coureuil et al. 2014). In contrast, microcolony and cortical plaque formation at the epithelial surface does not resist shear stress, and the flatter microcolonies may be more susceptible to internalization (Lecuyer et al. 2012).

The related human-specific species *Neisseria gonorrhoeae*, is a primary pathogen of the genital tract and, even if asymptomatic, is almost always associated with disease at the tissue level and with inflammation (Bennett et al. 2015). Rarely,

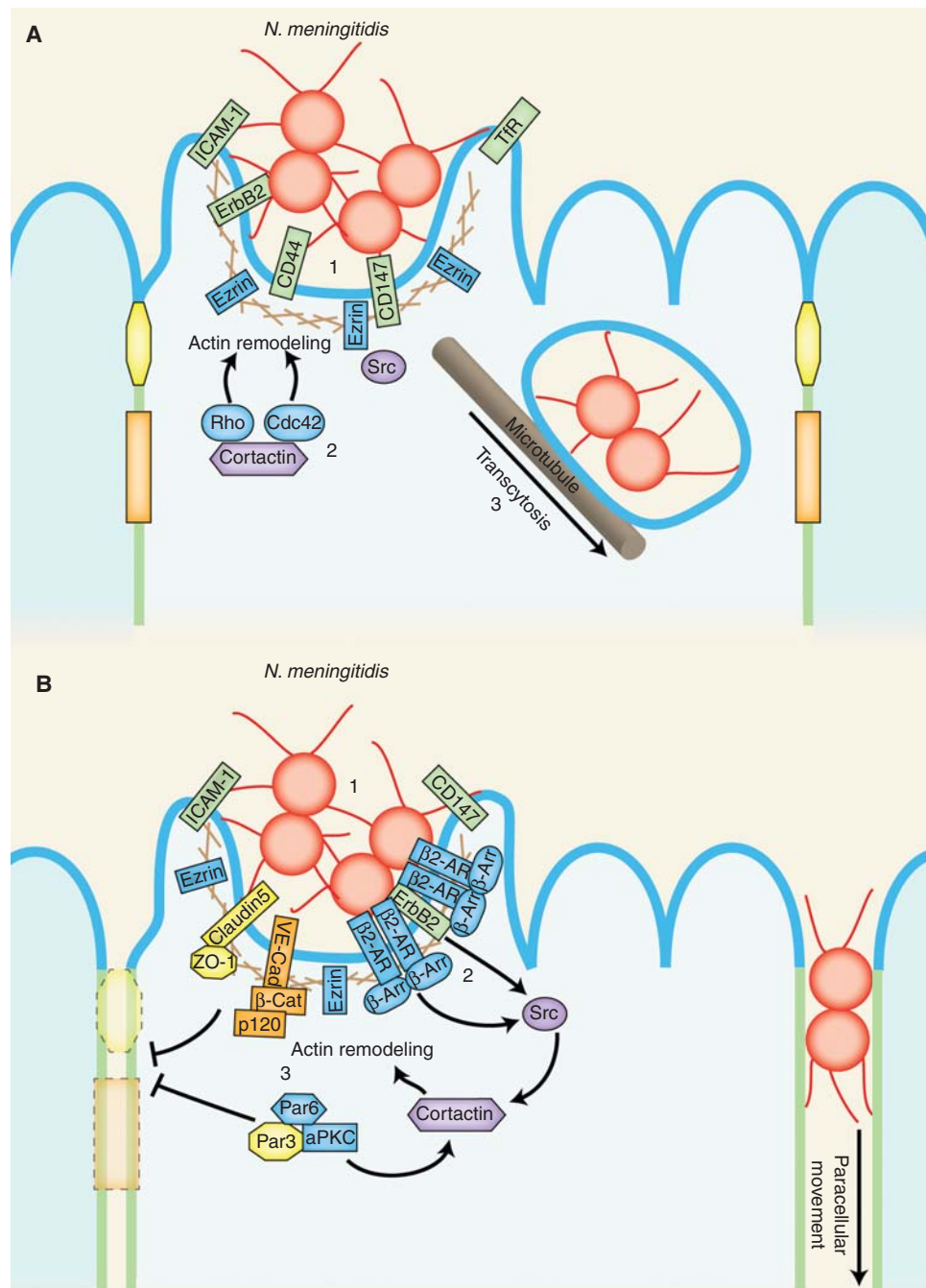


Figure 4. *Neisseria meningitidis* crosses polarized barriers using transcytosis (epithelial barrier) or paracellular movement (endothelial barrier). (A) Interaction of *N. meningitidis* with epithelial cells. (1) *N. meningitidis* type IV pilus-mediated binding to the apical surface leads to recruitment of ERM proteins and basolateral membrane proteins. (2) The actin network is remodeled to form a cortical plaque through the action of Rho, Cdc42, and Cortactin. (3) *N. meningitidis* is internalized and transcytoses through cells in a microtubule-dependent manner. (B) Interaction of *N. meningitidis* with endothelial cells. (1) Binding of *N. meningitidis* leads to formation of a cortical plaque, similar to what occurs on epithelial cells. (2) *N. meningitidis* binds and activates β2AR leading to β-arrestin recruitment and Src activation. (3) Recruitment of the PAR complex and junctional proteins leads to the breakdown of cell–cell contacts and opens up the paracellular route. The PAR complex, along with Src, also recruits and activates Cortactin.



N. gonorrhoeae can cross the mucosal barrier into the bloodstream and disseminate to joints to cause infectious arthritis (Bennett et al. 2015). During initial colonization, both *N. meningitidis* and *N. gonorrhoeae* interface with the apical surface of polarized epithelial cells in their respective niches, the nasopharynx and the genital tract mucosa, respectively. However, *N. gonorrhoeae* is always associated with disease, whereas *N. meningitidis* is most commonly an asymptomatic colonizer of the nasopharynx. Interestingly, *N. gonorrhoeae* can also asymptotically colonize the oropharynx, which serves as a reservoir for person-to-person spread, but little is known about host–pathogen interactions in this specific niche. Through the careful histological studies of diseased human tissue, the use of polarized epithelial and endothelial cell tissue culture models, a humanized mouse model in which human skin is engrafted onto severe combined immunodeficiency (SCID) mice and human brain sections (Bernard et al. 2014), we have learned that although *N. meningitidis* and *N. gonorrhoeae* use common strategies of microcolony formation, binding via type IV pili, and cortical plaque formation infection leads to very different outcomes. *N. gonorrhoeae* dissemination/bacteremia occurs <3% individuals, and gonococcal meningitis, which would involve the bacteria crossing the blood–brain barrier, is extraordinarily rare

(Martin et al. 2008). Together, these observations highlight differences in the ability of *N. meningitidis* and *N. gonorrhoeae* to surmount the epithelial/endothelial barrier and suggests that the ability to subvert the polarity signaling network via hijacking of the PAR complex is important for crossing the blood–brain barrier.

CONCLUDING REMARKS

An emerging theme in microbial pathogenesis is the recognition that pathogens exploit or disrupt components of the mucosal barrier to facilitate colonization, to create a specialized niche for replication where they remain shielded from the host immune response, and/or to disseminate to distant tissues or to new hosts. This property is not unique to bacteria; several viruses, including adenovirus, α -herpes viruses, reoviruses, coronaviruses, and hepatitis C target junctional complexes and polarity regulators (Bergelson 2009). Host cell polarity determinants are logical targets for pathogens, as control of epithelial cell polarity requires constant sensing of external cues. In addition, the signaling polarity signaling network may interface with the host innate immune response, although this connection has just begun to be explored.

In this review, we have summarized recent developments in our understanding of how

Table 1. Summary of interactions of *Pseudomonas aeruginosa*, *Helicobacter pylori*, and *Neisseria meningitidis* with polarized cells

Events	<i>P. aeruginosa</i>	<i>H. pylori</i>	<i>N. meningitidis</i>
Polarized cells encountered during infection	Lung epithelia	Gastric epithelia	Nasopharynx epithelia, microvascular epithelia
Type of pathogen	Opportunistic, free living	Commensal, obligate human pathogen	Commensal, obligate human pathogen
Virulence factors that target cell polarity	Flagella, type IV pillus, TTSS, toxins	Flagella, type IV secretion system, Cag A, VacA	Type IV pillus
Polarity proteins directly targeted	PAR complex	Par1, PRK2, cadherin	PAR complex
Effect	Polarity inversion (early), activation of NF- κ B, barrier breakdown (late)	Leaky junctions, acquisition of basal and intracellular micronutrients	Leaky junctions, acquisition of basal nutrients, transcytosis (epithelial), paracellular movement (endothelial)



three important human bacterial pathogens, *P. aeruginosa*, *H. pylori*, and *N. meningitidis*, that target polarity complex components to successfully colonize the apical surface of polarized barriers. Despite these commonalities, these bacteria colonize different niches within the human host and cause vastly different diseases (Table 1). Both *P. aeruginosa* and *N. meningitidis* use retractile type IV pili to bind to apical surfaces, where they form microcolonies and recruit the PAR complex, but the functional consequences are distinct. During *P. aeruginosa* infection, junctional components are not lost and the epithelial barrier remains intact at early stages. In contrast, *N. meningitidis* recruits junctional components to the site of microcolony binding, depleting and disrupting barrier function. From a disease point of view, the consequences are enormous. These cell biological processes may explain the why blood-borne *N. meningitidis* is able to cross the blood–brain barrier and cause meningitis, whereas *P. aeruginosa*, even during bacteremic episodes, is rarely reported to cause meningitis (Bennett et al. 2015). In contrast, *H. pylori* uses CagA and VacA to establish a very long-lived privileged niche. It disrupts polarity signaling partly through molecular mimicry, where CagA serves as a Par1B substrate mimic that disrupts Par1B/aPKC signaling. In addition, CagA-mediated polarity disruption is associated with EMT and the development of cancer, showing that reprogramming of the cellular polarity network cannot only disruption junctional function, but can lead to loss of cell identity.

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