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# New Outpatient Surgery Center Journal Club for Perioperative Staff

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The Outpatient Surgery Center has begun a monthly Journal Club with the goal of integrating research into our delivery of nursing care. We believe that our Journal Club provides an excellent and unique opportunity to develop staff professionalism, skills and clinical excellence.

First, we wanted to determine if there was an interest by our staff to refresh our knowledge base in this way. We found an overwhelming interest and felt that Evidence-Based Practice improves the quality of patient care.

Our OSC Journal Club was created to inspire and empower our nurses and staff to participate in improved patient outcomes through collaboration with one another on practice issues and topics. We chose clinical topics to begin our Journal Club and this seems to be the key to our success. Present at our first meeting were: Jean Constantino RN, BSN, Nurse

Manager of OSC, Rudy Leonardo RN, BSN, Elvie Porcadas RN, BSN and Pat Madamba RN, BSN, CNOR. We covered topics on continuously monitoring an open unused sterile field, skin status documentation after tourniquet use and blanket warmer settings. Eye protection comparing different protective eyewear, was the subject of our second meeting. This article reinforced our practice that all perioperative personnel wear protective eyewear, including circulating nurses. We began with discussing articles from our professional journal, AORN. Because we all subscribe to it, the articles were easily accessible. We do not limit our discussions to this one source. We integrate other evidence-based articles.

Clearly we grow professionally through integration of evidence-based decision making, shared governance and clinical experience to optimize patients care and develop our



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clinical practice. The initiation and implementation of our club has been a rewarding staff development initiative, allowing institutional promotion of professionalism and effective change in the Outpatient Surgery Center. The meetings are very informative and pertinent to our work place. All staff are encouraged to be involved which makes discussions interesting as they involve all of us. Our ongoing vision is to empower and promote the growth and development of our professional practice through participation in our new OSC Journal Club.