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Tobacco industry use of flavourings to promote smokeless tobacco products

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Abstract

Background—While fruit, candy and alcohol characterising flavours are not allowed in cigarettes in the USA, other flavoured tobacco products such as smokeless tobacco (ST) continue to be sold. We investigated tobacco manufacturers' use of flavoured additives in ST products, the target audience(s) for flavoured products, and marketing strategies promoting products by emphasising their flavour.

Methods—Qualitative analysis of internal tobacco industry documents triangulated with data from national newspaper articles, trade press and internet.

Results—Internally, flavoured products have been consistently associated with young and inexperienced tobacco users. Internal studies confirmed that candy-like sweeter milder flavours (eg, mint, fruit) could increase appeal to starters by evoking a perception of mildness, blinding the strong tobacco taste and unpleasant mouth feel; or by modifying nicotine delivery by affecting product pH.

Discussion—Similar to cigarettes, flavoured ST is likely to encourage novices to start using tobacco, and regulations limiting or eliminating flavours in cigarettes should be extended to include flavoured ST products.

INTRODUCTION

Smokeless tobacco (ST) products include moist snuff (including portion pouch products such as snus), chewing tobacco, dry snuff, and loose leaf or scrap. As cigarette sales in the

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Competing interests None declared.

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Data sharing statement This study is an analysis of previously secret tobacco industry documents, all of which are freely available to the public at the Truth Tobacco Documents Library at https://www.industrydocumentslibrary.ucsf.edu/tobacco/.

Contributors GK collected the data and led the writing. PML supervised the study, obtained funding, and contributed to the data analysis and writing. Both authors conceptualised the paper, critically revised the manuscript and approved the final article and are responsible for the content.

USA continue to decline, sales of moist snuff (the most popular type of ST) increased by 65.6% between 2005 and 2011. The growth in ST sales may be due in part to flavoured products: sales of flavoured moist snuff products increased 72.1% between 2005 and 2011 and contributed to ~60% of the growth in the moist snuff category overall. Currently, Skoal, the most popular ST brand among youth, offers over 20 line extensions with flavourings. Flavoured products tend to contain lower levels of free nicotine and pH, features of 'starter' products. Therefore, the abundance of flavoured products raises concerns about youth initiation.

Research on the tobacco industry's use of flavours in ST to attract new users is limited. Prior studies used previously secret tobacco industry documents to determine whether tobacco manufacturers used flavours in cigarettes to promote initiation, how nicotine content in 'starter' smokeless brands was manipulated to appeal to novices, or developed ST products to encourage initiation of smokeless use among smokers. A recent study by Brown *et aP* found that the same flavour chemicals that are used in popular brands of candy, such as Jolly Rancher candies or Life Savers, are used to engineer fruit-flavoured tobacco products. An analysis of candy and tobacco products found some tobacco products contained higher levels of flavour chemicals than candy.

The 2009 US Family Smoking Prevention and Tobacco Control Act prohibited candy, fruit, alcohol and spice characterising flavours in cigarettes, as flavours make cigarettes easier to smoke and increase youth appeal. 10-13 ST was not included in this regulation. Additional research is needed to better understand the role of flavours in smokeless products. We analysed previously secret tobacco industry documents from RJ Reynolds (RJR), Brown & Williamson (B&W), Philip Morris (PM), British American Tobacco, Lorillard, US Smokeless Tobacco Company (USST, formerly US Tobacco Company) related to the development and marketing of flavoured smokeless products (including moist snuff, snus, loose leaf and chewing tobacco) in the USA to answer the following research questions: How and why did tobacco manufacturers use flavoured additives in ST products?; Who were the target audiences for flavoured ST products?; What was the function of flavours in ST, and how did the use of flavours affect ST patterns of use?; What marketing strategies were used to promote flavoured ST brands? Flavour may be defined as the blend of taste and smell sensations evoked by a substance in the mouth. ¹⁴ For this study, we included any natural or artificial candy, fruit, alcohol, herb (eg, menthol, wintergreen) and spice flavourings or substances added to tobacco to alter or enhance its taste, including 'sweet' or sugar flavouring.

METHODS

We searched tobacco industry document archives from the University of California, San Francisco Truth Tobacco Documents Library, between November 2010 and April 2011. The searches were repeated and extended between August 2011 and August 2014. Initial search terms included 'flavour', 'flavour*', 'other tobacco products', 'flavoured smokeless', 'new users', 'starters', 'youth', etc. These searches yielded thousands of documents; those related to flavoured ST use among youth and new users were selected. Searches were focused using standard techniques. ¹⁵ Further 'snowball' searches for contextual information were

conducted using product types, brand names, document locations, dates and reference (Bates) numbers. The analysis was based on a collection of 432 documents. We reviewed the documents, organised them chronologically and thematically, and identified common themes. Information from industry documents was triangulated with outside sources, including a review of brand websites between 2012 and 2013, materials archived at the Rutgers Trinkets and Trash website, and a convenience sample of 12 news stories in trade press and national newspapers.

RESULTS

Early interest in flavoured smokeless tobacco products

Smokeless products with flavours such as peach, apple, honeydew, strawberry, pineapple, honeysuckle, champagne and prune date back to the 1870s. ¹⁶ In 1934, the first wintergreen-flavoured chewing tobacco product (Skoal moist snuff) was introduced by USST. ¹⁷¹⁸ In the 1960s, flavours became more important as USST recognised that 58% of ST users were 55 years of age or older, and aimed to revive the declining smokeless market by targeting young males. ¹⁹ An article entitled *The Puzzling, Irksome, Exciting Youth Market* (1973) published in a USST internal/external magazine stated, "...youth is such a big market that no business, geared to continuous growth—and what business isn't?—can ignore it...How can you afford to ignore a consumer segment, when it is multiplying two-and-a-half times as fast as the rest of the population?"²⁰

Louis F Bantle, then vice president for marketing at USST, said in a 1968 marketing meeting: "We must sell the use of tobacco in the mouth and appeal to young people...we hope to start a fad". ²¹ One strategy for attracting new customers was to conduct experimental studies to test new flavours—'a vital sales factor', ²¹²² and research conducted for USST found that communications stressing taste, flavour and freshness were 'most successful in inviting trial' of ST. ²³

In addition, researchers at USST and at RJR tobacco company (which produced smokeless products at the time) recognised that flavours could increase appeal to initiates by helping decrease strong tobacco taste (or 'bite'), unpleasant mouth feel (burning or irritation of the lip and gum) and decreasing saliva flow resulting in the need to expectorate, nausea, and floating or dispersion in the mouth. ^{2124–28} In 1966, FJ Triest, President of the Fries & Brother Flavour Specialists Company also recognised that sugar additives and flavourings could increase palatability to novices, and stated in tobacco trade press that flavourings, such as vanilla, peach, apricot, licorice and cocoa, could act as blinding agents against 'objectionable off-flavours'. ²⁹³⁰

USST research indicated that new users preferred flavours that were milder or mellow, minty, sweet, ^{31–36} and other tobacco companies confirmed these findings. ²⁷³⁷³⁸ For example, a B&W focus group study demonstrated linkage between flavours and initiation:

Using flavoured brands or "candy dips" was likened to sucking on a candy or a Lifesaver by experienced users; and was considered to be characteristic of

beginners; such "candy" flavours were "okay for little kids" but inappropriate for those who wanted a "full, strong taste" of tobacco. ²⁷

Similarly, qualitative research conducted for RJR tobacco company found many users started with highly flavoured 'candy dips'. 3739

Flavoured smokeless tobacco products

Table 1 summarises major flavoured ST products developed, starting with USST's 1967 introduction of raspberry flavoured Happy Days⁴⁰⁴⁵⁸⁵ which was launched with "outstanding initial success…especially among younger men".⁴⁰ USST added mintflavoured Happy Days followed in 1970–1971, and this product showed consistent growth through the 1970s, with greatest acceptance among 18–30 years old.⁸⁶⁸⁷ The advertising stated it was "for you, fellows, just starting out"; and "mild and flavourful…just right for new users", "a great way to start going smokeless".⁴⁴⁴⁶⁴⁸⁸⁸ In addition to youth appeal, the key strategic functions of flavourings in ST are summarised in table 2.

USST subsequently collaborated with Swedish Tobacco Company in the early 1970s using a joint company, United Scandia International, 50518990 to develop a new mildly flavoured product for 'new users, mainly cigarette smokers, age group 15–35'. 51 The product was also packaged in 'paper bags'/portions for easier use. 51 The targeted groups for this product included male and female smokers and "new users…mainly young consumers who have not made their choice between different ways of using nicotine…"91 In 1973–1974, USST launched this mint-flavoured product branded as 'Good Luck'. 52 The marketing campaign strategy emphasised innovation, convenience and promoted a sense of social belonging to address psychological factors important to young consumers. 2491 Advertisements explained: "the pouch works like a tea bag; the flavour seeps out, but the tobacco stays in place in the mouth". 42 Free samples of Good Luck were distributed to encourage trial and conversion, 92 and intended to serve as a 'gradual introduction' to USST's 'more traditional moist ST products'. 93

In 1979, Conwood tobacco company introduced, wintergreen-flavoured Hawken, which reached more new users than Happy Days, including some as young as 9 years old. ⁵⁴ In response, USST re-evaluated Happy Days and Good Luck flavour, packaging and even the brand names, which the company felt failed to project a masculine exciting image appealing to younger users. ²⁵ In 1983, USST launched 'Skoal Bandits' targeted towards new users, mainly cigarette smokers. ⁸⁹ Skoal Bandits was mint-flavoured and packed in single-portion pouches, and flavour was 'one of the key concepts in this new product' to ease initiation and appeal to young adults seeking novelty. ⁵⁵⁵⁶⁵⁹⁶⁰⁹⁴

USST continued to introduce new flavoured pouched smokeless products to appeal to novices, including wintergreen-flavoured Skoal Long Cut moist snuff in 184⁹⁵ and Skoal Flavour Packs in 1995,⁵⁹ which added mint flavouring and flavour enhancers to the pouch material itself (in addition to the flavoured tobacco).⁶¹

To help attract new tobacco users, USST developed a 'graduation strategy' that has been described elsewhere, increasing nicotine levels from low 'starter' brands to high nicotine brands for experienced users.⁵ In addition to controlling nicotine levels, USST used flavours

in the graduation strategy, describing two parallel tracks: one using mint-flavoured and wintergreen-flavoured brands, and one with sweeter, 'fruity' and milder 'natural' brands. USST's starter products generally fit in one of the two flavour categories: mint/wintergreen and natural/sweet flavour (eg, Skoal Bandits Mint and Skoal Bandits Natural). ⁹⁶

Cigarette companies

In early 1980s, after the success of Skoal Bandits and other ST products among younger users, cigarette companies considered entering the moist snuff category, recognising high rate among young males. ⁹⁷ RJR marketing research suggested that 'candy' brands were more highly flavoured and milder than Skoal, and were 'generally designed for the new/ novice category user':

Profile data shows these "candy" brands as being less developed than Skoal/Copenhagen among 18–24 users: The reason for this may be that many 18–24 year olds enter the category via the candy brands, but switch/graduate rapidly (i.e. within months) to Skoal/Copenhagen to obtain greater product delivery and more masculine reinforcement. Skoal/Copenhagen users do speak con-descendingly toward those who use "candy" brands, so there is real motivation and peer pressure for new/novice users to graduate to Skoal or Copenhagen as quickly as possible. 97

To compete with Skoal and Copenhagen in reaching young users, in 1983, RJR launched projects Wet Snuff Skoal (WSS) and Wet Snuff Copenhagen (WSC) to develop competitor products. RJR also considered developing a mint-flavoured product to compete with Hawken. However, RJR failed to develop an acceptable competitor moist snuff product, and its Specialty Tobacco Products Brands Division was dissolved in February 1985. In 2001, RJR conducted focus groups to understand smokers increasing use of ST (table 1), and RJR acquired Conwood ST company in 2006. In

A 1971 *B&W* memo noted USST's initial success with flavoured moist snuff among younger users. ⁷¹ B&W subsequently attempted to develop a bourbon-flavoured snuff product aimed at younger inexperienced snuff users, ⁷¹⁷² but the company had difficulty with development and the product was not introduced. However, B&W continued to conduct research on smokeless use, ³⁸ and found links between flavours and initiation similar to other companies. In 1985, B&W launched Project Rainbow to develop an entry product for the moist snuff category. ⁷⁴¹⁰² The wintergreen-flavoured product was intended to project a strong masculine brand image and not to taste too much like 'candy'. ¹⁰³ The name DiamondBack was selected to project a strong masculine image that could potentially appeal to young men to compete with wintergreen Skoal. ²⁶ However, the product failed, and internally the company concluded that younger males were more likely to show the 'Marlboro phenomenon', a preference for established high-profile brands. ⁷⁶

PM USA also considered developing a moist snuff product to benefit from the growing trend of cigarette smokers switching to smokeless products, and noted the young demographics of moist snuff users. ¹⁰⁴ PM planning documents discussed interest in identifying product features that would induce consumer trial, and determining if they should pursue a 'sweet or mature taste?' ¹⁰⁵ PM marketing analysts also noted in 1989 that USST and Pinkerton were developing ST with 'more of a *cigarette* flavour, aimed at

switching consumers from smokers to chewers' particularly when in smoke-free environments. 106

Other functions of flavours

Starting in the mid-1980s USST began to add increasing numbers of flavoured line extensions to its popular brands, ⁸² and in a 1995 trade press article, USST President Robert D Rothenberg said flavoured line extensions 'continue to experience phenomenal growth since their 1993 introduction' and contributed to the popularity of moist snuff over loose leaf tobacco. ⁸³

In addition to flavouring, tobacco product flavour constituents such as sugars, acetaldehyde, menthol and methyl salicylate can exhibit sensory or pharmacological properties. ¹⁰⁷

Sugars impact nicotine delivery and perception of strength

One of the most common tobacco additives is sugar. Sugar has been added to tobacco in cigarette manufacturing to decrease the pH of the smoke to make it easier to inhale. ¹⁰⁸

Similarly, with ST, internal tobacco industry research con-firmed that sweeter milder flavours could increase appeal to starters by potentially lowering the pH of tobacco. According to an internal USST memo, some sugars could have an impact on the amount of free nicotine. According to a 1994 *Wall Street Journal* article, USST routinely added 'chemicals to its snuff to deliver the free nicotine faster and to make the product stronger' to increase the impact for more experienced users. 110

The fermentation process involves adding chemicals which increase pH too... without increasing the pH, you couldn't get nicotine release. [Copenhagen] was brought up to a pH of 7.8 by adding more sodium carbonate and ammonium carbonate. 110

A USST memo prepared by Erik Lindqvist discusses the optimal level of pH for a proposed brand (Red Seal Menthol) suggesting knowledge of a relationship between flavour and pH. ⁴⁵ A memo between USST Vice Presidents of Research and Development and Corporate Technology also mentioned that independent of nicotine content, sweet ST is 'often perceived as weaker because it tastes more like candy'. ¹⁰⁹

Acetaldehyde is produced by the burning of sugars in cigarettes. It has been one of the ingredients added to tobacco by companies including USST, B&W, Conwood Company, House of Windsor and Pinkerton Tobacco Company. ¹¹¹¹¹² Industry researchers suspected that acetaldehyde could enhance the addictive effects of nicotine. For example, senior PM scientist Victor J DeNoble studied behavioural effects of nicotine and acetaldehyde in rats, ¹¹³ and discovered that the two drugs worked synergistically to enhance the addictive nature of nicotine. ¹⁰⁸¹¹³ According to DeNoble's testimony, once PM had discovered the optimal 'addiction' ratio of the two compounds, they increased the levels of sugar in Marlboro cigarettes to achieve the required acetaldehyde increase. ¹¹³ Acetaldehyde is added to ST, but the manufacturers argue that acetaldehyde naturally occurs in food and is a component of flavours used in the smokeless industry. ¹¹¹

Mint and wintergreen flavours (methyl salicylate)

Mint (peppermint and spearmint) and wintergreen smokeless products are the most widely marketed frequently used for product sampling. Menthol is a major component of mint flavour. Peppermint oil contains up to 50% of menthol. Peppending on the amount used in cigarettes, menthol can reduce the perceived impact from nicotine or can provide its own stimulation. The sensory characteristics of methyl salicylate to a large degree replicate those of menthol. Methyl salicylate is a volatile essential oil also found to trigger trigeminal response. It is a counterirritant with local anaesthetic effect. USST documents suggest that wintergreen flavour was associated with the perception of strength, and a decrease in wintergreen flavour level was associated with Skoal products being perceived as 'weaker'. It

Antibacterial properties

Methyl salicylate also has bacteriostatic properties. Tobacco company researchers recognised that due to the fermentation processes in manufacturing, moist snuffs have limited shelf-lives. 120 "After processing, moist snuffs generally contain 105 to 108 organisms per gram. These residual organisms destroy the flavour and reduce product acceptability by generating off flavours." Research performed for USST in 1975 found the quantity of nitrosonornicotine (a powerful carcinogen) in smokeless products increased with age as well. 121 Tobacco companies determined that methyl salicylate was 'a potent antimicrobial that presumably serve(d) to control microbial metabolism in ageing Skoal products, thereby preventing nitrate/nitrite evolution'. 120122 B&W researchers investigated the inhibitory effects of methyl salicylate in microorganism formation in snuff products in 1989, 123 and conducted experimental studies comparing the impact of various formulations of wintergreen flavour and 'straight' flavour on bacterial count, pH level and nitrite concentration in moist snuff over time. 122

DISCUSSION

Our findings suggest a longstanding awareness among tobacco companies that sweeter milder flavours increase appeal to non-users and the young by evoking a perception of mildness and blinding the strong tobacco taste and unpleasant mouth feel. Some flavours may also modify nicotine delivery by affecting product pH. In addition, tobacco companies have used flavours to appeal to experienced users to help maintain nicotine addiction, and to cigarette smokers as early as in the 1970s, perhaps in anticipation of the growing concerns among the public regarding the health risks of tobacco smoke and the advent of clean indoor air policies. It is notable that sweet and flavoured products encompass a substantial market share of all ST sold, 1124 and promotion of flavoured smokeless and other tobacco products is becoming increasingly aggressive (figures 1 and 2). While print advertising plans were not explicitly discussed in the internal documents we reviewed, Curry *et al* 125 found that there was a sharp increase in promotion of flavoured products in magazine advertisements from 17% in 1998 to 71% in 2005.

Among flavoured products, wintergreen was the most popular flavour (39%), followed by spearmint/mint (12%), fruit flavours (5%) and other characterising flavours (0.2%).

Proliferation of flavoured products can be traced to strategic flavoured product development by the tobacco companies in the early years as evidenced by our study and elsewhere. The product marketing also emphasises the flavour, using descriptors, such as 'bold wintergreen', 'crisp apple' or 'refreshing citrus' (figure 2). In their study of flavoured alternative product use among middle and high school students, King *et al* ¹²⁶ argue that flavours in tobacco increase appeal to adolescents, and that the associated advertising is aimed at youth.

As aforementioned, these flavours, in combination with colourful and stylised packaging, mask the harsh and toxic properties of tobacco. Recent studies on nutrition confirm that children and adolescents prefer products that are sweeter and have more intense flavour than those preferred by adults. ¹²⁷¹²⁸ In fact, flavour is a major factor in promoting products for the youth market. ¹²⁹ Children prefer higher intensities of sweet taste than adults do and there is evidence that sweet taste preferences are innate in humans. ¹³⁰¹³¹ The blinding effects of sugar may be due not only to its impact on the pH of tobacco but also to its analgesic and opiate-like properties. ¹³² The brain circuitry activated from tasting sweet substances overlaps with the circuitry mediating the addictive nature of drugs, such as opiates. ¹³²¹³³ Thus, children's liking of the sweetness intensity is positively associated with pain tolerance. ¹³⁴

Our findings confirm that mint-flavoured and wintergreen-flavoured products may be especially effective in making tobacco more palatable to novices, possibly contributing to the initiation and maintenance of ST use. 135 We found that mint flavouring plays a particularly important role in initiation of smokeless use and subsequent dependence; in a recent study of adult ST users, a majority of participants' first and current choice of product was flavoured, specifically mint or wintergreen, and a significant number of smokeless users switched to a flavoured brand after already initiating ST use with a regular 'natural' product. 135136 One analysis found the average level of mint in the top five ST products was 50% higher than that of the top five brands of candy, and levels of wintergreen additive were eight times higher. ¹³⁶ Our study adds to this literature by demonstrating that mint and wintergreen flavour (methyl salicylate) appeal to starters as well as among experienced ST users. This suggests that the mint and wintergreen flavours may also reinforce use and potentially enhance addiction. Furthermore, methyl salicylate may serve other functions unrelated to flavouring, due to its antibacterial properties and thus potential effect on nitrosamines, pH and levels of free nicotine. As an analgesic, it may facilitate continued use of ST despite adverse effects on oral health by reducing pain sensations and masking irritation from oral tobacco.

Methyl salicylate, similarly to menthol, stimulates trigeminal nerve endings that exist in oral and nasal cavities. ¹¹⁴¹³⁷ Its function in ST may be analogous to the function of menthol in cigarettes documented by Kreslake and Yerger, ¹¹⁵ showing industry-funded scientists found that stimulation of nociceptors in the trigeminal nerve could increase perceived sensory impact and act as enhancement or potential substitute for nicotine in cigarette smoking or produce 'anaesthetic' effects to mask harsh tobacco flavour. ¹¹⁵

The present study has limitations. Archives of previously secret industry documents are incomplete and some relevant documents may not have been found or were not available. However, the consistency of these findings over time and across multiple tobacco companies, and the parallels of these strategies in with marketing campaigns for cigarettes and other tobacco products increase our confidence in the findings.

Flavoured products marketing adversely affects public health by appealing to youth and novices, and the anaesthetic and sensory qualities of mint and menthol flavours may also promote continued use or addiction; therefore, the Food and Drug Administration (FDA) should extend the ban on flavoured cigarettes to include flavoured ST products. The FDA has the authority under sections 906(d) and 907 of the Family Smoking Prevention Tobacco Control Act to issue regulations requiring restrictions on the sale and distribution of tobacco products that would be appropriate for the protection of the public health, including adopting tobacco product standards. Menthol is not currently included in the ban on characterising flavours in cigarettes. With the US109 FDA's decision in 2016 extending regulatory authority to all tobacco products, 139 the FDA should establish a product standard prohibiting flavours including menthol, wintergreen and mint in all tobacco products. Public health and tobacco control professionals can contribute to the effort to reduce youth tobacco use by educating parents and children about the tobacco industry's role developing flavoured tobacco to lure new users. Elimination of all flavoured tobacco products would benefit public health by helping reduce youth tobacco initiation and encouraging tobacco cessation.

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What this paper adds

 While cigarettes with characterising flavours are prohibited, flavoured smokeless tobacco products are still available. While it is known that flavoured smokeless tobacco products comprise an increasing share of the US smokeless tobacco market, the role that flavours have played in smokeless tobacco market expansion is less well understood.

- No prior study has focused on what tobacco companies' internal research reveals about the role of flavourings in the development and marketing of smokeless tobacco products and its effects on smokeless tobacco use.
- We found that flavoured smokeless tobacco products were first developed in
 the 1960s to appeal to youth and novices, and tobacco companies performed
 extensive research on how different types of flavours ease smokeless tobacco
 initiation. In addition, flavoured additives to smokeless tobacco serve a
 variety of other potential functions, including effects on product pH, nicotine
 delivery, sensory perceptions and potentially nitrosamine content.
- These findings suggest that to decrease youth initiation, similar to flavoured cigarettes, flavoured smokeless tobacco products should be prohibited, including mint and wintergreen flavours.



Figure 1. Proliferation of smokeless tobacco flavours: 75 years of Skoal advertisement. Source: http://www.trinketsandtrash.org. Reviewer video still shot. Smokeless tobacco reviews are frequently posted on Youtube.com and other websites by young males; this video was shot with a large array of flavoured smokeless tobacco cans in the background. Source: https://http://www.youtube.com/channel/UCVnqt5_KShHtBhpxhs6Xe1A.

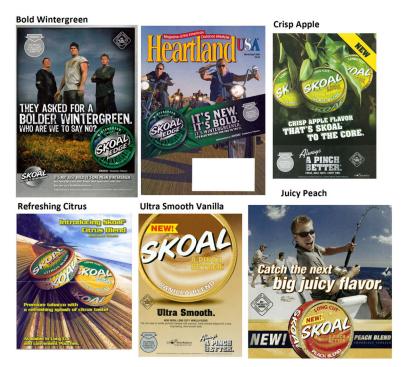


Figure 2.Use of flavour descriptors to promote Skoal smokeless products. Source: http://www.trinketsandtrash.org.

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Table 1

Flavoured smokeless tobacco projects and products

Project or product name	Tobacco company	Date	Notable findings
Happy Days (raspberry)	USST	1967	Happy Days was launched with "outstanding initial successespecially among younger men"; with a 'thorough-going product sampling campaign' promoting product trial. ⁴⁰ Successful launch "with young men in particular expressing a liking for the raspberry flavoured chew". ⁴¹
Happy Days (mint)	USST	1970–1971	According to an internal USST memo, the product was made to provide 'mint and mildness for the younger starter'. ⁴² Initially, Happy Days Mint was peppermint flavoured, ⁴² by early 1980s, the flavour was changed to spearmint: 'spearmint flavour that freshens the mouth'. ⁴⁴⁵ Instructions, free sample sand sports star endorsements were used to sell the product, with former football player and rodeo star Walt Garrison, soccer player Shep Messing, football player Steve Towie and baseball star Carlton Fisk being the spokespeople for the product, in addition to the other USST brands, like Skoal and Copenhagen. ^{44–48}
The 'Lotus Project', leading to Good Luck (mint, cherry)	USST and Swedish Tobacco Company via joint company. United Scandia International	1972	Three flavours selected: mint, cherry and regular. ⁴⁹ Four targets were described: current snuff consumers, non-snuffing male smokers, non-snuffing female smokers and consumers not yet using tobacco products. ⁵⁰ USST explained in an internal memo "It is at present "with it' to snuff among young people". ⁵⁰ USST president Louis A Bantle 'wanted a Lous product for the US market as soon as possible'. ⁵¹ An internal memo described Good Luck as 'a derivative of the Happy Days Mint blend in a small paper sack', and 'moist smokeless tobacco in a bag, a technological innovation brought forth by the Swedish Tobacco Company'. ⁵² The product had to be hand-packed as USST did not have the technology to use machinery for packaging the product, which limited production. ⁵³
Hawken (wintergreen)	Conwood	1979	Hawken only comes in wintergreen flavour. The product is drier than other moist snuff brands and therefore has lower nicotine content. According to a 1994 Wall Street Journal article by Freedman, ⁵⁴ in a memo dated 21 January 1980, AH Cameron, one of USST's regional sales managers, reported to the firm's national sales manager that: "Retailers all agree that the majority of Hawken is being used by young adults and youth 'from 9 years old and up', which was 'four or 5 years earlier than we have reached them in the past". The article went on to report that USST feared that, once initiated to Conwood's starter product, young Hawken users might graduate to Conwood's stronger Kodiak brand, rather than to Skoal.
Skoal Bandits (mint)	USST	1983	"Indeed, it appears mint flavoured products have an especially strong appeal to new consumers, who are young adults, always looking for something novel."55 USST aimed to establish Skoal Bandits Mint as the first step in the graduation process and a primary sampling vehicle for USST ⁵⁶⁵⁷ ."To our knowledge, the Skoal Bandits portion pack in the mint represents the easiest oral product to learn how to handle"57
Skoal Long Cut	USST	1984	Before introducing the Skoal Long Cut product on the market, USST conducted several studies with users of competitive wintergreen brands, such as Hawken, as well as with Skoal users, to determine the flavour formulation. 3658 The purpose of the research was to determine users' preference towards a wintergreen-flavoured test products compared with mild sweet 'natural'-flavoured product and preference towards a test product with higher wintergreen flavour compared with one with lower amount of wintergreen. The research compared a wintergreen flavoured test product to a mild sweet 'natural' flavoured one and a test product with a higher wintergreen flavoured test product on a mild sweet Participants rated the test products on several attributes, including sweetness, strength of taste, satisfaction, long lasting taste, aroma, as well as purchase intent. The results showed that users preferred wintergreen-flavoured long cut product to sweet straight-flavoured one on all sensory dimensions. 36 Two-thirds of the Skoal users stated that they liked the new, long-cut product better than regular Skoal, with a perceived higher level of sweetness and longer lasting taste emerging as product benefits for those who liked the wintergreen-flavoured product. 36
Skoal Flavour Packs	USST	1995	USST aimed to replicate the success of Skoal Bandits by introducing a new flavoured pouched easy-to-use product. ⁵⁹ The product was primarily intended to appeal to smokers and was 'designed to overcome the obstacles' experienced by novices with trial and usage of traditional smokeless tobacco products. ⁶⁰ Flavour Packs were mint-flavoured and the flavour innovation had to do with the fact that the pouch material was flavoured (ie, there were flavour enhancers along

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Project or product name	Tobacco company	Date	Notable findings
			the outside of the pouch), in addition to the flavouring of added to tobacco itself. ⁶¹ Furthermore, the pouches were white, had cleaner, neater appearance than Skoal Bandits; the product was drier, which helped decrease nicotine release and allowed for a longer shelf life. ⁶⁰ The product was not successful; by 1997 it accounted for only 1% of USST sales and was eventually discontinued. ⁶²
'New and improved' Skoal Bandits (mint, wintergreen)	USST	2006	The new Bandits featured USST's 'advanced Flavour Flow pouch paper' and were described as 'more flavourful, moist and comfortable in the mouth, providing a more satisfying experience than the original'. ⁶³ Senior brand manager at USST Eric Fuller was quoted saying that "If]or years, adult MST [moist snuff tobacco] consumers have enjoyed Skoal Bandits as a more convenient, discreet and easy-to-use MST option. Now, with pouch products enjoying increased popularity among adult MST consumers, and with millions of adult smokers looking for a smoke-free tobacco alternative, the time is right to introduce new and improved Skoal Bandits as a better MST option that fits a variety of lifestyles". ⁶⁴ The launch of the new and improved Skoal Bandits was supported by a comprehensive advertising campaign in national magazines, a new website, sampling programs, direct mail, point-of-sale materials and 10-can prepacked promotional displays. ⁶⁴
High Country (Project WSS/Wet Snuff Skoal) (wintergreen)	RJR	1983	This project has been described elsewhere. 65
Project WSH (Wet Snuff—Hawken-like) Work Horse	RJR	1981–1982	In 1981 RJR planned to test market a mint-flavoured product similar to Taylor Brothers' wintergreen-flavouredHawken. 6667 The project title was WSH and the similar RJR product was called Work Horse. Focus groups of consumers were given prototypes for Work Horse in several flavours: 'these prototypes had several different flavour variations (peach, mint, spearmint, wintergreen) with the mint flavour having very high acceptance. 66 RJR further refined two versions of the mint flavour to test with Copenhagen and Skoal (USST competitive brand) users. "This product test is part of a two-part research program to evaluate the WSH opportunity. Concurrently, concept testing is being done on both the Hawken and mint idea."66
Project MS (Moist Snuff)	RJR	2001	Market research to 'understand tobacco users attitudes and behaviour in order to assess the most appropriate business strategy, if any, to pursue in addressing' the dynamic of increasing number of smokers moving to smokeless tobacco category. ⁶⁸ Focus group interviews conducted with male chewers aged 21–59 (skewing 21–35) identified four characteristics as critical to product choice: flavour duration; product texture (cut); 'packing' quality (ie, whether tobacco floats in the mouth or stays in place). ⁶⁹⁷⁰ Similar to prior findings, interviews showed that 'beginners' wanted 'a less challenging', milder, less messy product and were more likely to use flavoured brands like Skoal Bandits. ⁶⁹
Bourbon-flavoured smokeless tobacco product	Β&W	1971	Several flavours including bourbon, coffee and spearmint/peppermint were considered; bourbon flavouring was found to be 'the most distinctive and had the greatest merit for further development'. ⁷¹ B&W then evaluated several bourbon and whiskey flavours and the best candidate was selected and tested using the Winston-Salem sensory panel. Panel members showed acceptance for the bourbon-flavoured snuff, however, they found that the level of bourbon flavouring was too high. The resulting decision was to develop a sweeter, milder product, which had 'potential for attracting new franchise users, such as a younger market'. ⁷¹⁷² However, on further testing of the product, it was determined that bourbon-liquor flavoured snuff product would not be a viable market entry for B&W due to the strong negative reaction to the idea of bourbon-flavoured snuff from the participants of the flavoured product/concept test studies. ⁷³ The product was rated as having unpleasant aftertaste, strong, gritty, bitter taste that lacked freshness, had too much 'bite' and the flavour did not last long. ⁷³
Diamondback (Project Rainbow)	B&W	1991	A product position that was chosen was a full-strength, powerful, masculine product for the experienced user in wintergreen and regular flavours. In addition to the position, four names were selected as potentials for the products, including Thor, Legend, DiamondBack and Rowdy, ⁷⁴ On conducting qualitative research to determine the potential brand name, DiamondBack was selected as it projected a strong masculine image that could potentially appeal to young men. ²⁶ A Marketing/Sales Support plan was developed; consumer preference model was drafted through target audience definition and perceptual mapping (including a map for some preference model was drafted through target audience definition and perceptual mapping (including a map for wintergreen products). B&W also planned to develop long cut wintergreen and straight-flavoured DiamondBack line extensions. ⁷⁵ Initial product testing and 'conversion' study'6–78 showed that "younger dippers [were] not as positive towards the DiamondBack product as older users. ⁷⁶ A 1991 internal report entitled 'DiamondBack Conversion Study. Summary Report' prepared by Kapuler Marketing Research stated that the fact that younger users were not as enthusiastic about the product was 'somewhat disappointing' and

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Project or product name	Tobacco company	Date	Notable findings
			could be 'a function of the fact that image is perhaps more important to this group than to older dippers, much like the "Marlboro phenomenon" among cigarette smokers. The established, high-profile brand is a safe choice over a new, unknown product. '76 By 1992, a series of product test studies for various modifications in pH (strength/impact); sweetness; amount of wintergreen-flavour (methyl salicylate) were conducted for the wintergreen-flavoured product to achieve parity with competitive brands; repeatable, reproducible fermentations; flavour stability; lower TSNA '75'9 As DiamondBack was packaged in metal pucks, additional tests were carried out to assure that snulf was protected from metal and metal did not rust. '75 DiamondBack was introduced on the market in 1991; however, the product was not very successful and was discontinued by B&W in 1993.*
Skoal Bandits and Long Cut Flavoured Line Extensions	USST	1983 1984 1990s 2011–2012	"Instead of introducing new names, smokeless manufactures [were] adding line extensions to popular brands to increase flavour selectionUST introduced Skoal Bandits in 1983 and Skoal Long Cut in 1984." Skoal was 'strictly a wintergreen product', however, with Skoal Bandits and Long Cut USST introduced varieties such as wintergreen, mint and straight to appeal to a wider trange of consumers." Tobacco companies recognised that a "key strategy [was] to determine what the consumer want[ed] and to develop the appropriate products and services to meet those wants and needs". The success of the flavoured Skoal line extensions in Regular, Long Cut and Bandits versions. ²² USST President Robert D Rothenberg said the company is becoming 'very proficient' in identifying adult consumer preferences and responsing consumer ratsles, which has pjayed a major part in its overall success: "For instance, in response to our extensive consumer research, we added to the Skoal family of products two new flavours of Long Cut-cherry and spearmint. Based on our research, we expected cherry and spearmint to appeal to adult consumers of other smokeless tobacco products as well as to existing moist snuff consumers. Today, these line extensions continue to experience phenomenal growth since their 1993 introduction." ³⁸ In 2011, USST launched Skoal X-tra Long Cut Crisp Blend, Wintergreen Blend, Mintergreen Blend, Mintergreen flavours and SkoalReadyCut snuff is conveniently packaged in precut cubes so users do not need to form a pinch of the product.
Silver Creek Fine Cut (wintergreen)	Swisher International	1990s	In the 1990s, Swisher International introduced wintergreen-flavoured Silver Creek Fine Cut moist snuff brand: "At Swisher, we have built a reputation for researching, developing, and successfully launching new smokeless products or line extensions that create or fill a market need. Our popular Silver Creek moist snuff line, for instance, has been expanded to include Silver Creek Fine Cut and Silver Creek Cherry. And, in 1997, we are rolling out our latest addition to the line, Silver Creek Straight".
Cougar	Conwood	1995	According to J Cothren, a Senior Vice President Sales and Marketing at Conwood Sales Company, the company planned to launch a new brand called Cougar, a value-priced product that would be available in natural and wintergreen flavours. In addition, Conwood was developing other new moist snuff flavours and planned to test market some of these items. Thus, in 1995, J Cothren stated: "We haven't come out with as many different flavours as our competitors have, but we certainly see some of those types of products to be very effective and performing well…But you also have to look at what is the 'real deal' as far as the consumer base. You have to find out what products they really want and constantly test products of those types"."

B&W, Brown & Williamson; NNK, nicotine-derived nitrosamine ketone; RJR, RJ Reynolds; TSNA, Tobacco-specific nitrosamines; USST, US Smokeless Tobacco Company; WSH, Wet Snuff Hawken.

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Table 2
Functions of flavours in smokeless tobacco products

Strategic functions of flavours in ST products	Flavours and flavoured product examples
Appeal to youth	Mint/Happy Days Cherry/Good Luck
Attract new users	Mint/Happy Days Mint/Skoal Bandits
Appeal to cigarette smokers	Mint/Good Luck Menthol/Red Seal
Mask tobacco taste/'bite'	Cherry, mint/Good Luck
Create anaesthetic effect/reduce pain	Sugars, mint/Good Luck Menthol/Red Seal
Modify nicotine delivery/affect pH	Sugar, menthol/Red Seal
Influence bacterial content (affecting shelf life, NNN/NNK levels)	Wintergreen/DiamondBack
Stimulate nervous system/increase perception of impact	Wintergreen/DiamondBack Coffee/Revved Up
Appeal to experienced users	Wintergreen/DiamondBack
Appeal to men/masculinity	Bourbon, Wintergreen/Diamondback
Create perception of novelty or innovation/extend product lines	Crisp Blend/Skoal X-tra Long Cut

NNK, nicotine-derived nitrosamine ketone; NNN, nitrosonornicotine.