

Association between mental health aftercare telephone calls and post-discharge mental health visits for patients on a C-L psychiatry service

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	No call (n=362)	Received call (n=24)
MH visit within 1 month post-discharge	33% (n=122)	54% (n=13)
MH visit within 6 months post-discharge	51% (n=187)	75% (n=18)

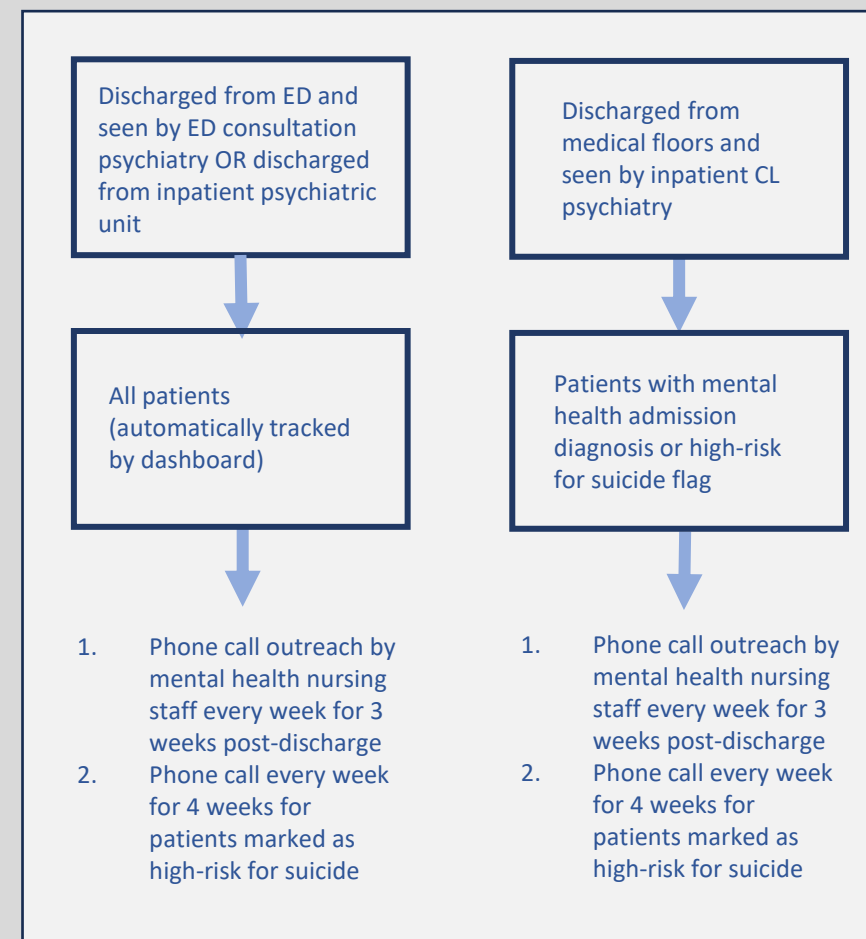
Mental health aftercare calls for patients who are discharged from the medical floors may be associated with increased post-discharge engagement compared with patients who did not receive calls.

- Findings were not statistically significant, likely due to low power
- Trained mental health nursing staff are a highly limited resource
- We plan to develop a systematic protocol for identifying patients on med/surg floors who may benefit from a mental health aftercare call
- Such a protocol should account for patient characteristics, number of recent admissions, MH diagnoses, treatment complexity, among other factors.



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Background



Methods

- Retrospective review based on encounter dose in CPRS
- Dates studied: January – December 2022
- Cox regression used to evaluate the relationship between aftercare calls and likelihood of post-discharge mental health visit