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# Electron Exchange Along the Tercyclopentadienyltrimetallic Scaffold: Kinetics, Equilibria, and Bond Strengths** 

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___Electron transfer is fundamental to chemical reactivity. ${ }^{[1]}$ A prototype example in organometallic chemistry is the attack of an anionic metal center on a metal-metal bond, $\mathrm{M}^{-}+\mathrm{M}^{\prime}-\mathrm{M}^{\prime}$, which, by nucleophilic substitution, should lead to $\mathrm{M}-\mathrm{M}^{\prime}+\mathrm{M}^{{ }^{-}}$. Such is not cleanly found, however, the outcome of this mechanistically complex transformation usually being controlled by thermodynamic factors through electron redistribution to eventually provide $\mathrm{M}-\mathrm{M}+\mathrm{M}{ }^{\text {,- }}{ }^{[2]}$ We report the first direct observation of such equilibria for cyclopentadienyl $(\mathrm{Cp})$ metals by NMR, mechanistic studies, and the utilization of the data in the estimation of $\mathrm{CpM}-\mathrm{M}^{\prime} \mathrm{Cp}$ bond strengths. Key to these results is the employment of the tercyclopentadienyl ligand as a frame on which to render the desired transformations intramolecular and regiospecific (Scheme 1). ${ }^{[3]}$
__The required materials were made according to described protocols (Table 1), ${ }^{[3,4]}$ with a minor modification for the preparation of the anions $\mathbf{1 - 4}, \mathbf{7}, \mathbf{8}$, and 9 , which, to avoid (competing) reduction of the metal-metal bond, were generated using NaH or (for 9) tert-BuOK. Structural proof of all new compounds rested on spectral data, conversion to stable methyl derivatives (in the case of the anions), and X-ray analyses of $\mathbf{3}$ and $\mathbf{4}$. Particularly diagnostic were the ${ }^{1} \mathrm{H}$ NMR spectra, which could be assigned, as appropriate, by comparison with known systems or known substructures, ${ }^{[3]}$ by exploiting the effect of the anisotropy of a metal-metal bond on the $\delta$ values of the


$$
\begin{aligned}
& \text { 1, } \mathrm{M}=\mathrm{M}^{\prime}=\mathrm{Mo}(\mathrm{CO})_{3}, \mathrm{R}=- \\
& \text { 2, } \mathrm{M}=\mathrm{W}(\mathrm{CO})_{3}, \mathrm{M}^{\prime}=\mathrm{Mo}(\mathrm{CO})_{3}, \mathrm{R}=- \\
& \text { 3, } \mathrm{M}=\mathrm{Mo}(\mathrm{CO})_{3}, \mathrm{M}^{\prime}=\mathrm{W}(\mathrm{CO})_{3}, \mathrm{R}=- \\
& \text { 4, } \mathrm{M}=\mathrm{M}^{\prime}=\mathrm{W}(\mathrm{CO})_{3}, \mathrm{R}=- \\
& \text { 5, } \mathrm{M}=\mathrm{W}(\mathrm{CO})_{3}, \mathrm{M}^{\prime}=\mathrm{Mo}(\mathrm{CO})_{3}, \mathrm{R}=\mathrm{H} \\
& \text { 6, } \mathrm{M}=\mathrm{Mo}(\mathrm{CO})_{3}, \mathrm{M}^{\prime}=\mathrm{W}(\mathrm{CO})_{3}, \mathrm{R}=\mathrm{H} \\
& \text { 7, } \mathrm{M}=\mathrm{Cr}(\mathrm{CO})_{3}, \mathrm{M}^{\prime}=\mathrm{Mo}(\mathrm{CO})_{3}, \mathrm{R}=- \\
& \text { 8, } \mathrm{M}=\mathrm{Cr}(\mathrm{CO})_{3}, \mathrm{M}^{\prime}=\mathrm{W}(\mathrm{CO})_{3}, \mathrm{R}=- \\
& \text { 9, } \mathrm{M}=\mathrm{Mo}(\mathrm{CO})_{3}, \mathrm{M}^{\prime}=\operatorname{Ru}(\mathrm{CO})_{2}, \mathrm{R}=- \\
& \text { 10, } \mathrm{M}=\mathrm{Mo}(\mathrm{CO})_{3}, \mathrm{M}^{\prime}=\mathrm{Ru}(\mathrm{CO})_{2}, \mathrm{R}=\mathrm{H} \\
& \text { 11, } \mathrm{M}=\mathrm{W}(\mathrm{CO})_{3}, \mathrm{M}^{\prime}=\mathrm{Ru}(\mathrm{CO})_{2}, \mathrm{R}=\mathrm{H} \\
& \text { 12, } \mathrm{M}=\mathrm{Mo}(\mathrm{CO})_{3}, \mathrm{M}^{\prime}=\mathrm{Ru}(\mathrm{CO})_{2}, \mathrm{R}=\mathrm{CH}_{3}
\end{aligned}
$$

Scheme 1. Tercyclopentadienyl complexes investigated in this work.
attached fulvalene (Fv) nuclei, ${ }^{[5]}$ via the characteristic three- ( $\sim 3 \mathrm{~Hz}$ ) and four-bond ( $\sim$ 1.7 Hz) couplings in $\mathrm{CpMs},{ }^{[5 b, c]}$ by the occurrence of ${ }^{183} \mathrm{~W}$ satellite signals, by way of the distinctive hydride absorptions, and through 2D-NOESY, TOCSY, COSY, and (in the
case of rapid $\mathbf{A} / \mathbf{B}$ exchange) EXSY experiments (vide infra). Corroborating ${ }^{13} \mathrm{C}$ NMR data were particularly advantageous, especially in confirming the metal connectivity of the CO ligands. ${ }^{[6]}$ The IR absorptions for the pendant CO groups revealed the composite patterns reflective of the individual $\mathrm{FvM}-\mathrm{M}^{(,)}$and $\mathrm{CpM}^{(,)}$pieces, including ion association for the alkali salts of the anions, ${ }^{[7]}$ the local symmetry of which could be restored by conversion to their ammonium analogues. ${ }^{[8]}$

While delocalized renditions of anion $\mathbf{1}$ and its congeners are conceivable, the spectral data indicate largely localized arrays. Nevertheless, some of the negative charge on the isolated $\mathrm{CpM}^{-}$segment appears to spread to the formally neutral neighbor, as evidenced by comparison with the properties of methylated relatives, e.g. 1-4, $\mathrm{R}=\mathrm{CH}_{3}$, and 12. In particular, $\mathrm{H} 1,6-11$ in the anions resonate at higher field than in their methylated relatives by an average of 0.15 ppm , and the corresponding dinuclear metal carbonyl stretching frequencies are attenuated by an average of $\sim 6 \mathrm{~cm}^{-1}$. At the same time, charge depletion of the anionic center is indicated by more energetic CO bands $\left(\sim 11 \mathrm{~cm}^{-1}\right)$ than those measured for free $\mathrm{CpM}(\mathrm{CO})_{3}{ }^{-[7 \mathrm{~b}]}$ ___To define conclusively the relationship of the metals in the anions and to probe whether there are structural consequences of this charge delocalization, especially for the metal-metal bond, X-ray crystallographic analyses were performed on 3- and 4$\mathbf{N a}^{+} \cdot(\mathbf{T H F})_{5}$. Their gross topologies were found to be almost identical to each other and to the known methylated $\mathbf{4}\left(\mathrm{R}=\mathrm{CH}_{3}\right),{ }^{[3 b]}$ most notably marked by the anti-configuration of the terCp sequence. Indeed, both compounds crystallize in the same space group $P 2_{1}$ (no. 4) and are isomorphous. Because of problems with the data set for the structural solution of $\mathbf{4}$, only $\mathbf{3}$ is described (Figure 1). The compound exists as a cocrystallisate in
the thermodynamic (vide infra) ratio of the two isomers $\mathbf{A}$ and $\mathbf{B}$ and was successfully modeled as such. ${ }^{[9]}$ The structural details for the $\mathrm{FvM}-\mathrm{M}^{(,)}$fragment (e.g., the intermetallic distance) are, within experimental limits, very similar to those of the completely charge localized methyl derivative, ${ }^{[3 b]}$ whereas the anionic CpM part resembles (e.g. average $\mathrm{M}-\mathrm{CO}$ bond lengths) that of $\left[\mathrm{FvW}_{2}(\mathrm{CO})_{6}{ }^{2-}\right]^{[10 \mathrm{a}]}$ and other models. ${ }^{[10 b]}$ Thus, the effect of the charge on the remainder of the molecule seems minimal.


Figure 1. Averaged structure of $\mathbf{3 - N a}{ }^{+} \cdot(\mathbf{T H F})_{5}$ in the crystal (from THF-pentane by diffusion), modeled as a $65: 35$ mixture of $\mathbf{A}: \mathbf{B}$. The metal labeling is arbitrarily that of
the major form. The solvating THF molecules, of which four are ligating $\mathrm{Na}^{+}$, are omitted for clarity. Selected distances [Á] and angles [] (cf. reference 3b): W1-W2 3.268(2), C5-C6 1.37(5), C9-C11 1.42(3), W1-Cp (centroid) 2.003, W2-Cp 2.165, Mo1-Cp 2.065; C4-C5-C6-C10 152(2), C1-C5-C6-C7 175(2).
__ We find that the systems investigated are in equilibrium between the two forms $\mathbf{A}$ and B, directly observable as such for 1-6 and 11, and/or approachable from one or both sides for $\mathbf{9}, \mathbf{1 0}$, and $\mathbf{1 2}$ (Table 2). VT NMR experiments with the anions 1-4 revealed line broadening on warming, but, because of the onset of decomposition $>80^{\circ} \mathrm{C}$, the complexity of the spectra, and the required exacting kinetic modeling, only $\mathbf{2}$ was quantified in this manner (Table 2). In as much as it is representative of the structurally very similar anion series, the small $\Delta S^{\ddagger}$ value suggests little overall additional order in the transition state of the exchange. In conjunction with a clean first order rate law and concentration independent rate, these data point to a strictly intramolecular process. Kinetic data suitable for comparison within the series and with the rates reported for the intermolecular variants ${ }^{[2,11]}$ were readily accessible for 1-4 by EXSY spectroscopy (Table 2), showing chemical exchange between six pairs of hydrogens, e.g., $\mathrm{H} 2 / \mathrm{H} 11, \mathrm{H} 3 / \mathrm{H} 10$, etc. (Scheme 1). ${ }^{[12]}$ These rates for $\mathbf{1}$ and $\mathbf{2}$ are solvent polarity independent $\left(\mathrm{CH}_{3} \mathrm{CN}\right.$, $\mathrm{CH}_{2} \mathrm{Cl}_{2}$, THF) and are unchanged (1) on adding up to a tenfold excess of $\mathrm{NaBF}_{4}$ or using the pure $\mathrm{Na}^{+}$salt. The effective molarity $k_{\mathrm{intra}} / k_{\text {inter }}{ }^{[11,13]}$ for the exchanges in $\mathbf{1}$ and $\mathbf{4}$ is $\sim 10^{5}$ and $\sim 10^{4}$, respectively, consistent with their intramolecular nature. It also shows the absence of any unusual kinetic effects that might have been precipitated by the geometry of the systems. ${ }^{[14]}$
$\qquad$ The two extreme mechanistic possibilities for these electron transfer processes are nucleophilic substitution (either concerted or associative, perhaps with central Cp-ring slippage) and outer sphere single electron transfer. ${ }^{[1,2]}$ The latter would generate a dinuclear radical anion moiety, ${ }^{[15]}$ which could equilibrate via an all-non-metal-metalbonded diradical anion ${ }^{[15 c]}$ or by the direct $S_{\text {RN }}$ displacement shown in Scheme 2. A distinction between these options is often difficult. ${ }^{[1,2,16]}$ Table 2 reveals a progressive rate decrease on going from $\mathbf{1}$ to $\mathbf{4}$, incongruent with $\mathrm{S}_{\mathrm{N}} 2$, considering the greater nucleophilicity of $\left[\mathrm{CpW}(\mathrm{CO})_{3}{ }^{-}\right]$relative to $\left[\mathrm{CpMo}(\mathrm{CO})_{3}{ }^{-}\right]$in methylations. The latter also show measurable effects of solvent polarity and the nature of the counter ion, absent in our systems. ${ }^{[17]}$ Particularly relevant are cases in which the leaving group is the same, i.e.


Scheme 2. Electron transfer mechanism of anions 1-4.
$k_{1} / k_{2 \mathrm{f}}=1.25$ and $k_{3 \mathrm{f}} / k_{4}=1.57$, data that speak against direct nucleophilic displacement. An associative mechanism with concurrent ring slippage ${ }^{[18]}$ remains an option, however. ${ }^{[2 a, ~ c]}$ SET appears most attractive, in particular because the trends in Table 2 follow those expected on the basis of redox potentials. ${ }^{[15 b]}$ Subsequent metal-metal bond homolysis to an intermediate diradical anion (equivalent to metal-metal bond homolysis in the starting anion) seems energetically unattractive, considering our activation parameters (Table 2), hence, we suggest the mechanism depicted in Scheme 2.
___The equilibrium data highlight the advantages of intramolecular exchange in 1-4 in the estimation of (relative) bond strengths, because structural, solvation, and entropy effects, and the imponderables of electrochemical measurements ${ }^{[19]}$ should effectively cancel. For this purpose, we relate thermochemically the anions to their corresponding radicals. Specifically, the difference $\Delta H^{\circ}$ in metal-metal bond dissociation energies (BDE) in solution in going from $\mathbf{A}$ to $\mathbf{B}$ can be estimated from $K$ (hence $\Delta G^{0}$ ) of the anion equilibrium and the difference in the known oxidation potentials of the anionic fragments by Eq. (1). ${ }^{[19]}$

$$
\begin{equation*}
\Delta H^{0}=-1.36 \log K-23.1\left[E_{\mathrm{ox}}\left(\mathrm{M}^{-}\right)-E_{\mathrm{ox}}\left(\mathrm{M}^{{ }^{-}}\right)\right] \mathrm{kcal} \mathrm{~mol}^{-1}\left(\text { all in } \mathrm{CH}_{3} \mathrm{CN}, 300 \mathrm{~K}\right) \tag{1}
\end{equation*}
$$

The results (Table 2 ) indicate a $\mathrm{W}-\mathrm{W}$ bond that is only $\sim 2 \mathrm{kcal} \mathrm{mol}^{-1}$ stronger than MoMo, the mixed metal bond energy lying in between, as expected. ${ }^{[20]}$ Turning to the literature on $\left[\mathrm{CpM}(\mathrm{CO})_{3}\right]_{2}$, the measured $\mathrm{Mo}-\mathrm{Mo} \operatorname{BDE}\left(32.5 \mathrm{kcal} \mathrm{mol}^{-1}\right)^{[21 \mathrm{a}]}$ appears reliable, ${ }^{[15 a]}$ however, that for $\mathrm{W}-\mathrm{W}\left(56.0 \mathrm{kcal} \mathrm{mol}^{-1}\right)^{[21 \mathrm{~b}]}$ has been queried repeatedly as being too high. ${ }^{[3 \mathrm{c}, 19 \mathrm{c}, 21 \mathrm{c}]}$ Adopting the reasonable assumption that Fv intermetallic bonds are enthalpically equivalent to those in Cp dimers, certainly for lower triad metals, ${ }^{[22]}$ we suggest $34.5 \mathrm{kcal} \mathrm{mol}^{-1}$. Several control experiments support the validity of this approach. Thus, the $\Delta H^{0}$ values for 5 and $\mathbf{6}$ [Eq.(2)] are exactly as expected, therefore negating the significance of any untoward anion effects (vide supra).

$$
\begin{equation*}
\Delta H^{\circ}=-1.36 \log K-\left(\mathrm{BDE}_{\mathrm{MH}}-\mathrm{BDE}_{\mathrm{M}^{\prime} \mathrm{H}}\right) \tag{2}
\end{equation*}
$$

For example, and to illustrate our procedure, for 5: $\mathrm{BDE}_{\mathrm{WH}}=72.4 \mathrm{kcal} \mathrm{mol}^{-1},{ }^{[19 \mathrm{a}, \mathrm{c}]}$ $\mathrm{BDE}_{\mathrm{MoH}}=69.3 \mathrm{kcal} \mathrm{mol}^{-1[19 \mathrm{a}, \mathrm{c}]}, \mathrm{BDE}_{\mathrm{MoMo}}=32.5 \mathrm{kcal} \mathrm{mol}^{-1},{ }^{[21 \mathrm{a}]} \mathrm{BDE}_{\mathrm{WMo}}=33.5 \mathrm{kcal}$ $\operatorname{mol}^{-1}$ (vide supra); hence, the isomerization $\mathbf{5 a}$ to $\mathbf{5 b}$ should be endothermic by +2.1 kcal $\mathrm{mol}^{-1}$, providing a $K=0.03$, as observed. Similarly, the topological intermolecular equivalents of the equilibrations of $\mathbf{2}$ and $\mathbf{3}$, namely $\left[\mathrm{FvMoW}(\mathrm{CO})_{6}{ }^{2-}\right]+\left[\mathrm{FvMo}_{2}(\mathrm{CO})_{6}\right]$ $(K=2.3)$ or $+\left[\mathrm{FvW}_{2}(\mathrm{CO})_{6}\right](K=0.3)$ conform with the values in Table 2 for $\mathbf{2}$ and $\mathbf{3}$. They are also internally consistent $\left(\left[\mathrm{FvW}_{2}(\mathrm{CO})_{6}{ }^{2-}\right]+\left[\mathrm{FvMo}_{2}(\mathrm{CO})_{6}\right], K=4\right.$; expected: 2.3 $x(1 / 0.3)=7.6)$. The other entries in Table 2 serve to highlight the utility of the framework in confirming or questioning literature data. For example, for the equilibrium of 7, the measured $K \leq 0.01$ provides $\Delta G^{0} \geq+2.7 \mathrm{kcal} \mathrm{mol}^{-1}$. With $\left[E_{\mathrm{ox}}\left(\mathrm{Cr}^{-}\right)-E_{\mathrm{ox}}\left(\mathrm{Mo}^{-}\right)\right]$ $=-0.688-(-0.385) \mathrm{V}=-0.303 \mathrm{~V},{ }^{[19 \mathrm{a}, \mathrm{c}]}$ one can derive a minimum estimate of how much weaker $\mathrm{Mo}-\mathrm{Cr}$ is relative to $\mathrm{Mo}-\mathrm{Mo}: \geq 9.7 \mathrm{kcal} \mathrm{mol}^{-1}$. This appears reasonable, since, using $\operatorname{BDE}(\mathrm{Mo}-\mathrm{Mo})=32.5 \mathrm{kcal} \mathrm{mol}^{-1}{ }^{[21 \mathrm{a}]}$ and $\operatorname{BDE}(\mathrm{Cr}-\mathrm{Cr}) 14.7 \mathrm{kcal} \mathrm{mol}^{-1},{ }^{[22]}$ one would expect $\mathrm{BDE}\left(\mathrm{Cr}-\mathrm{Mo}\right.$ ) to be about $23.6 \mathrm{kcal} \mathrm{mol}^{-1}$ (the mean), i.e. a $\Delta H^{\circ}$ (Table 2) of $8.9 \mathrm{kcal} \mathrm{mol}^{-1}$. A similar estimate for $\mathbf{8}$, applying the new $\mathrm{W}-\mathrm{W}$ number from above, furnishes 9.9 (found: $\geq 9.8$ ) $\mathrm{kcal} \mathrm{mol}^{-1}$. Lesser agreement is evident in the Ru complexes. Because the equilibria of $\mathbf{9}$ and $\mathbf{1 2}$ lie in the direction dictated by the difference in $E_{\mathrm{ox}}$ values ${ }^{[19 \mathrm{a}, \mathrm{c}]}$ and metal- $\mathrm{CH}_{3}$ energies ${ }^{[23 \mathrm{~b}, \mathrm{c}]}$, respectively, a meaningful estimation of their associated $\Delta H^{\circ}$ values is not possible. However, those of $\mathbf{1 0}$ and, even better, 11, imply a Ru-Mo BDE of more than $7 \mathrm{kcal} \mathrm{mol}^{-1}$ less than that of Mo-Mo and, correspondingly, a $\mathrm{Ru}-\mathrm{W}$ bond $7.8 \mathrm{kcal} \mathrm{mol}^{-1}$ weaker than that in $\mathrm{W}-\mathrm{W}$. These numbers would suggest $\mathrm{Ru}-\mathrm{Ru}$ BDEs of $<20 \mathrm{kcal} \mathrm{mol}^{-1}$, incompatibly low with other estimates and qualitative observations. ${ }^{[5 b]}$ The culprit may be a deficiently low Ru-H BDE (or,
rather, a too negative $E_{\mathrm{ox}}\left(\mathrm{Ru}^{-}\right) .{ }^{[19]}$ Such is indeed indicated by gas phase trends $[\mathrm{BDE}(\mathrm{Ru}-\mathrm{H})]>(\mathrm{Mo}-\mathrm{H})],{ }^{[23 \mathrm{a}]} \mathrm{M}-$ alkyl BDEs as they pertain to analog 12 (i.e. $\left.\mathrm{BDE}\left[\mathrm{CpMo}(\mathrm{CO})_{3}-\mathrm{CH}_{3}\right]<\mathrm{BDE}\left[\mathrm{CpRu}(\mathrm{CO})_{3}-\mathrm{CH}_{3}\right]\right),{ }^{[23 \mathrm{~b}, \mathrm{c}]}$ and the correspondence between hydride and alkylmetal bond strengths. ${ }^{[23 a, e]}$ ___To close, we have demonstrated the unique utility of the terCp ligand as a platform on which to carry out otherwise intractable kinetic and thermodynamic measurements of intramolecular electron (and ligand) exchange reactions along a trimetallic array. Future work is directed toward manipulation of the ligand (e.g. a central indenyl fragment, to further probe potential ring slippage) and the trimetallic array (e.g. rendition of an $\mathrm{M}-$ M'-M sequence for consonance with Marcus theory) for mechanistic purposes, and the juxtaposition of metal pairs judiciously chosen (e.g. $0<K<1$ ) to allow for the determination of their relative intermetallic bond strengths, a task of general importance in catalysis and mechanistic investigations.
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[9] Confirmed by dissolution of the crystals at $-78{ }^{\circ} \mathrm{C}$ and NMR analysis. Crystal size $0.13 \times 0.11 \times 0.04 \mathrm{~mm}^{3}$, space group $P 2_{1}$ (no. 4), scan range $3.00<2 \theta<46.2^{\circ}, a=$ $10.7286(9), b=14.910(1), c=14.922(1), \beta=102.659(2) \AA \AA, V=2328.9(3) \AA^{3}, Z=2$, $\rho_{\text {calcd }}=1.84 \mathrm{~g} \mathrm{~cm}^{-3}, \mu\left(\mathrm{Mo}_{\mathrm{K} \alpha}\right)=52.70 \mathrm{~cm}^{-1}, 6944$ unique reflections at $-97^{\circ} \mathrm{C}$, of which 3207 were taken as observed $\left[F_{\mathrm{o}}>3.00 \sigma\left(F_{\mathrm{o}}\right)\right], R=0.064, R_{\mathrm{w}}=0.058 . \mathrm{CCDC}-215769$ contains the supplementary crystallographic data for this paper. These data can be obtained free of charge via www.ccdc.cam.ac.uk/conts/retrieving.html (or from the Cambridge Crystallographic Data Centre, 12, Union Road, Cambridge CB2 1EZ, UK; fax: (+44) 1223-336-033; or deposit@ccdc.cam.ac.uk).
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$<$ TAB $>$ Table 1. Complete or representative physical data of 1-12. ${ }^{[4]}$
1-Na ${ }^{+}$: red needles (from THF/hexanes); m.p. 107-110 ${ }^{\circ} \mathrm{C}$ (decomp); ${ }^{1} \mathrm{H}$ NMR (400 $\mathrm{MHz}, \mathrm{CD}_{3} \mathrm{CN}$; numbering as in A in Scheme 1): $\delta=5.71(\mathrm{~m}, 2 \mathrm{H}, \mathrm{H} 5, \mathrm{H} 6), 5.41(\mathrm{~m}, 1 \mathrm{H}$, $\mathrm{H} 10), 5.38(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 9), 5.30(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 2), 5.08(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 4), 5.02(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 3), 4.80(\mathrm{t}, J$ $=1.8 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 1), 4.44(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 8), 4.39(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 7), 4.37(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 11) .{ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR ( $100 \mathrm{MHz}, \mathrm{CD}_{3} \mathrm{CN}$ ): $\delta=235.7$ (Mo-CO), 110.2, 96.3, 95.6, 93.2, 87.7, 87.66, 87.60 (2C), 86.7, 86.6, 85.0 (2C), 84.6, 83.7, 80.2; IR (THF): $\tilde{v}=2011$ ( s ), 1960 ( s br), 1926 (s br), 1902 ( s br), 1804 (m br), 1756 ( m br ) cm ${ }^{-1}$; MS (electrospray): $m / z(\%): 731$ ([M], 100), 703 (50), 673 (48).

2-Na ${ }^{+}:{ }^{1} \mathrm{H}$ NMR $\left(300 \mathrm{MHz}, \mathrm{CD}_{3} \mathrm{CN}\right)$ : (isomer $\left.\mathbf{A}\right) \delta=5.65(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 6), 5.63(\mathrm{~m}, 1 \mathrm{H}$, H5), 5.38 (m, 2H, H9, H10), $5.26(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 2), 5.03(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 4), 4.98(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 3), 4.88$ (t, $J=1.6 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 1), 4.49(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 7), 4.46(\mathrm{~m}, 2 \mathrm{H}, \mathrm{H} 8, \mathrm{H} 11)$; (isomer B; numbering as in topology A of Scheme 1) $\delta 5.63$ (m, 2H, H5, H6), 5.38 (m, 2H, H9, H10), 5.31 (m, 1H, H2), $5.03(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 4), 4.98(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 3), 4.97(\mathrm{t}, J=1.6 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 1), 4.68(\mathrm{~m}, 1 \mathrm{H}$, H8), 4.65 (m, 1H, H11), 4.55 (dd, $J=1.6,1.1 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 7)$; IR (THF): $\tilde{v}=2010(\mathrm{~s})$, 1959 (s br), 1925 (s br), 1901 (s), 1802 (w), 1755 (w) cm ${ }^{-1}$.

3-Na ${ }^{+} \cdot(\mathbf{T H F})_{5}:$ dark red needles (from THF/pentane); m.p. $97-99{ }^{\circ} \mathrm{C}$ (decomp); ${ }^{1} \mathrm{H}$ NMR (300 MHz, $\left.\mathrm{CD}_{3} \mathrm{CN}\right)$ : (isomer A) $\delta=5.66(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 6), 5.63(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 5), 5.40(\mathrm{~m}$, 1H, H10), 5.36 (m, 1H, H9), 5.33 (m, 1H, H2), 5.08 (m, 1H, H4), 5.07 (m, 1H, H1), 5.03 $(\mathrm{m}, 1 \mathrm{H}, \mathrm{H} 3), 4.74(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 8), 4.66(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 11), 4.65(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 7)$; (isomer B) $\delta=5.69$ (m, 1H, H6), 5.64 (m, 1H, H5), 5.40 (m, 1H, H10), 5.36 (m, 1H, H9), 5.28 (m, 1H, H2),
$5.08(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 4), 5.03(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 3), 4.97(\mathrm{t}, J=1.9 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 1), 4.58(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 7), 4.53$ (m, 1H, H8), 4.48 (m, 1H, H11); IR (THF): $\tilde{v}=2008(\mathrm{~s}), 2009(\mathrm{~s}), 1958(\mathrm{vs}), 1922(\mathrm{~s}$ br), 1900 (m), 1799 (w), 1758 (w) $\mathrm{cm}^{-1}$; MS (electrospray): $m / z(\%): 907(M)$.

4-Na ${ }^{+}:{ }^{1} \mathrm{H}$ NMR ( $300 \mathrm{MHz}, \mathrm{CD}_{3} \mathrm{CN}$ ): $\delta=5.66(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 6), 5.61(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 5), 5.40(\mathrm{~m}$, 1H, 10), 5.38 (m, 1H, H9), 5.30 (m, 1H, H2), 5.09 (m, 2H, H1, H4), 5.05 (m, 1H, H3), $4.74(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 8), 4.68(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 11), 4.65(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 7)$; IR (THF): $\tilde{v}=2008(\mathrm{~s}), 1956$ (s), 1921 (m), 1897 (m), 1799 (w), 1750 (w) $\mathrm{cm}^{-1}$.
$\mathbf{5 A}, \mathbf{B}:{ }^{1} \mathrm{H}$ NMR $\left(300 \mathrm{MHz}, \mathrm{CD}_{3} \mathrm{CN}\right.$, hydride signals): $\delta=-2.4(\mathrm{~s}, 0.03 \mathrm{H}),-6.97[\mathrm{~s}, 1 \mathrm{H}$, $\left.J\left({ }^{183} \mathrm{~W}-{ }^{1} \mathrm{H}\right)=38 \mathrm{~Hz}\right]$.

6A, B: ${ }^{1} \mathrm{H}$ NMR $\left(300 \mathrm{MHz}, \mathrm{CD}_{3} \mathrm{CN}\right.$, hydride signals): $\delta=-2.2(\mathrm{~s}, 0.03 \mathrm{H}),-6.90[\mathrm{~s}, 1 \mathrm{H}$, $\left.J\left({ }^{183} \mathrm{~W}-{ }^{1} \mathrm{H}\right)=38 \mathrm{~Hz}\right]$.

7: ${ }^{1} \mathrm{H}$ NMR ( $300 \mathrm{MHz}, \mathrm{CD}_{3} \mathrm{CN}$ ): $\delta=5.63(\mathrm{dd}, J=1.8,2.6 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 6), 5.38(\mathrm{~m}, 2 \mathrm{H}$, H9, H10), $5.00(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 5), 4.75(\mathrm{t}, J=1.6 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 1), 4.60(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 2), 4.43(\mathrm{~m}, 4 \mathrm{H}$, H3, H4, H8, H11), 4.39 (m, 1H, H7); IR (THF): $\tilde{v}=2010$ (s), 1962 (s), 1925 (s), 1899 (sh), 1794 (w), 1754 (w) $\mathrm{cm}^{-1}$.
$\mathbf{8 - N a}{ }^{+}$(isomer A): dark red needles (from THF/pentane); m.p. 103-105 ${ }^{\circ} \mathrm{C}$ (decomp); ${ }^{1} \mathrm{H}$ NMR ( $300 \mathrm{MHz}, \mathrm{CD}_{3} \mathrm{CN}$ ): $\delta=5.62(\mathrm{dd}, 1 \mathrm{H}, J=3.0,1.8 \mathrm{~Hz}, \mathrm{H} 6), 5.40(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 10)$, 5.36 (m, 1H, H9), 5.03 (t, $J=1.8 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 1), 4.97$ (m, 1H, H5), 4.74 (m, 1H, H8), 4.66
(m, 3H, H2, H7, H11), $4.47(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 4), 4.43(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 3) ;{ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR (100 MHz, $\mathrm{CD}_{3} \mathrm{CN}$, quaternary and $\mathrm{W}-\mathrm{CO}$ carbons not observed): $\delta=245(\mathrm{Cr}-\mathrm{CO}), 89.8,85.5$, 85.5, 83.5, 83.5, 83.4, 82.7, 82.2, 82.0, 81.9, 78.9; IR (THF): $\tilde{v}=2008(\mathrm{~s}), 1955(\mathrm{vs})$, 1920 (vs br), 1898 (m), 1803 (w), 1756 (w) cm ${ }^{-1}$; MS (electrospray): $m / z(\%): 859$ ([M], 5), 727 (100).
$\mathbf{9 - E t} \mathbf{4}^{\mathbf{N}}{ }^{+}$(isomer A): yellow powder (from hexane-acetone); m.p. $>300{ }^{\circ} \mathrm{C}$ (decomp); ${ }^{1} \mathrm{H}$ NMR (500 MHz, $\mathrm{CD}_{3} \mathrm{CN}$ ): $\delta=6.03$ (dd, $\left.J=2.8,1.7 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 6\right), 5.79$ (ddd, $J=2.8$, $2.8,1.6 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 9$ or H10), 5.74 (ddd, $J=2.8,2.8,1.6 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 9$ or H10), 5.70 (ddd, $J$ $=3.1,1.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 5), 5.31(\mathrm{ddd}, J=3.0,1.9,1.9 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 2), 5.06(\mathrm{ddd}, J=2.9$, $2.9,1.8 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 3$ or H4), $5.03(\mathrm{ddd}, J=2.9,2.9,1.8 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 3$ or H4), $4.53(\mathrm{dd}, J=$ $1.9,1.9 \mathrm{~Hz}, 1 \mathrm{H}, \mathrm{H} 1), 4.21(\mathrm{~m}, 1 \mathrm{H}, \mathrm{H} 8), 4.00(\mathrm{~m}, 2 \mathrm{H}, \mathrm{H} 7, \mathrm{H} 11), 3.15(\mathrm{q}, J=7.2 \mathrm{~Hz}, 8 \mathrm{H})$, $1.19(\mathrm{tt}, J=7.2,1.8 \mathrm{~Hz}, 12 \mathrm{H}) ;{ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR $\left(125 \mathrm{MHz}, \mathrm{CD}_{3} \mathrm{CN}\right): \delta=235.9$, 208.4, 207.4, 207.3, 206.8, 111.8, 97.3, 94.8, 92.5, 89.6, 89.5, 87.8, 87.4, 87.2, 87.0, 85.5, 79.9, 79.6, 78.2, 76.1, $53.0(\mathrm{t}, J=3.9 \mathrm{~Hz}), 7.60$; IR $\left(\mathrm{CH}_{3} \mathrm{CN}\right): \tilde{v}=2008,1947,1902,1786$, $1738 \mathrm{~cm}^{-1}$; FAB-MS (18-crown-6): m/z: $685\left(M^{-}\right)$; (isomer B): ${ }^{1} \mathrm{H}$ NMR (300 MHz, $\left.\mathrm{CD}_{3} \mathrm{CN},-70{ }^{\circ} \mathrm{C}\right): \delta=6.06(\mathrm{~s}, 1 \mathrm{H}), 5.46(\mathrm{~s}, 1 \mathrm{H}), 5.38(\mathrm{~s}, 1 \mathrm{H}), 5.00(\mathrm{~m}, 3 \mathrm{H}), 4.76(\mathrm{~s}, 2 \mathrm{H})$, 4.59 (s, 2H), 4.22 ( $\mathrm{s}, 1 \mathrm{H})$.

10 (isomer A): ${ }^{1} \mathrm{H}$ NMR ( $400 \mathrm{MHz}, \mathrm{THF}-d_{8}$ ): $\delta=6.22(\mathrm{~m}, 2 \mathrm{H}), 5.84(\mathrm{~m}, 1 \mathrm{H}), 5.82(\mathrm{~m}$, $2 \mathrm{H}), 5.59(\mathrm{~m}, 1 \mathrm{H}), 5.53(\mathrm{~m}, 1 \mathrm{H}), 4.74(\mathrm{dd}, J=1.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 4.25(\mathrm{~m}, 3 \mathrm{H}),-5.25(\mathrm{~s}$, 1 H ); (isomer B): yellow orange crystals (from hexane-acetone); m.p. 188-189 ${ }^{\circ} \mathrm{C}$ (decomp); ${ }^{1} \mathrm{H}$ NMR ( $400 \mathrm{MHz}, \mathrm{THF}-d_{8}$ ): $\delta=6.22(\mathrm{dd}, J=2.9,1.7 \mathrm{~Hz}, 1 \mathrm{H}), 6.10(\mathrm{ddd}, J$
$=2.9,1.7,1.7 \mathrm{~Hz}, 1 \mathrm{H}), 5.72(\mathrm{ddd}, J=2.9,1.7,1.7 \mathrm{~Hz}, 1 \mathrm{H}), 5.47(\mathrm{ddd}, J=2.8,2.8,1.7$ $\mathrm{Hz}, 1 \mathrm{H}), 5.45(\mathrm{~m}, 2 \mathrm{H}), 5.42$ (ddd, $J=2.8,2.8,1.7 \mathrm{~Hz}, 1 \mathrm{H}), 4.77(\mathrm{dd}, J=1.8,1.8 \mathrm{~Hz}$, $1 \mathrm{H}), 4.65(\mathrm{ddd}, J=3.2,1.6,1.6 \mathrm{~Hz}, 1 \mathrm{H}), 4.64(\mathrm{ddd}, J=3.2,1.6,1.6 \mathrm{~Hz}, 1 \mathrm{H}), 4.25(\mathrm{dd}, J$ $=2.9,1.9 \mathrm{~Hz}, 1 \mathrm{H}),-10.89(\mathrm{~s}, 1 \mathrm{H}) ;{ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR $\left(100 \mathrm{MHz}\right.$, THF- $\left.d_{8},-65{ }^{\circ} \mathrm{C}\right): \delta=$ 236.2, 224.0, 223.6, 206.2, 205.5, 202.03, 202.00, 103.1, 99.3, 98.3, 90.9, 88.1, 88.0, 86.9, 86.4, 86.3, 86.2 (2C), 85.3, 85.1, 76.6, 74.3; IR (THF): $\tilde{v}=2025,1969,1907$, $1891 \mathrm{~cm}^{-1}$; FAB-MS (sulfolane): $m / z: 685\left(M^{+}\right)$.

11 (isomer A): ${ }^{1} \mathrm{H}$ NMR ( $400 \mathrm{MHz}, \mathrm{THF}-d_{8}$ ): $\delta=6.29(\mathrm{ddd}, J=2.9,1.8,1.8 \mathrm{~Hz}, 1 \mathrm{H})$, $6.25(\mathrm{dd}, J=2.9,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 5.87(\mathrm{~m}, 1 \mathrm{H}), 5.84(\mathrm{~m}, 1 \mathrm{H}), 5.81(\mathrm{~m}, 1 \mathrm{H}), 5.67(\mathrm{ddd}, J=$ $2.9,2.9,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 5.61(\mathrm{ddd}, J=2.9,2.9,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 4.75(\mathrm{dd}, J=1.8,1.8 \mathrm{~Hz}, 1 \mathrm{H})$, $4.29(\mathrm{~m}, 3 \mathrm{H}),-6.92\left(\mathrm{~s}, J\left({ }^{183} \mathrm{~W}-\mathrm{H}\right)=37.4 \mathrm{~Hz}, 1 \mathrm{H}\right)$; (isomer B): $\delta=6.24(\mathrm{dd}, J=2.8,1.7$ $\mathrm{Hz}, 1 \mathrm{H}), 6.09(\mathrm{~m}, 1 \mathrm{H}), 5.72(\mathrm{~m}, 1 \mathrm{H}), 5.47(\mathrm{ddd}, J=2.8,2.8,1.7 \mathrm{~Hz}, 1 \mathrm{H}), 5.43(\mathrm{~m}, 3 \mathrm{H})$, $4.86(\mathrm{dd}, J=1.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 4.82(\mathrm{~m}, 2 \mathrm{H}), 4.34(\mathrm{dd}, J=2.9,2.0 \mathrm{~Hz}, 1 \mathrm{H}),-10.88(\mathrm{~s}$, $1 \mathrm{H})$.

12 (isomer A): $:{ }^{[\text {a] }}{ }^{1} \mathrm{H}$ NMR ( $300 \mathrm{MHz}, \mathrm{THF}-d_{8}$ ): $\delta=6.21(\mathrm{dd}, J=2.9,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 5.97$ (ddd, $J=2.8,1.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 5.85(\mathrm{~m}, 2 \mathrm{H}), 5.55(\mathrm{ddd}, J=2.8,1.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 5.48$ (ddd, $J=2.8,2.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 5.39(\mathrm{ddd}, J=2.8,2.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 4.71(\mathrm{dd}, J=1.8,1.8$ $\mathrm{Hz}, 1 \mathrm{H}), 4.31(\mathrm{~m}, 3 \mathrm{H}), 0.35(\mathrm{~s}, 3 \mathrm{H})$; (isomer B): ${ }^{1} \mathrm{H}$ NMR ( $400 \mathrm{MHz}, \mathrm{THF}-d_{8}$ ): $\delta=6.16$ $(\mathrm{dd}, J=2.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 5.88(\mathrm{~m}, 1 \mathrm{H}), 5.51(\mathrm{~m}, 1 \mathrm{H}), 5.49(\mathrm{~m}, 1 \mathrm{H}), 5.45(\mathrm{~m}, 3 \mathrm{H}), 4.71$ $(\mathrm{dd}, J=1.8,1.8 \mathrm{~Hz}, 1 \mathrm{H}), 4.64(\mathrm{~m}, 2 \mathrm{H}), 4.28(\mathrm{~m}, 1 \mathrm{H}), 0.36(\mathrm{~s}, 3 \mathrm{H})$.
$<$ TAB $>$ Table 2. Kinetic and/or equilibrium data for $\mathbf{1 - 1 2}, \mathbf{A} \rightarrow \mathbf{B}$, at 300 K in $\mathrm{CH}_{3} \mathrm{CN}$.

| Compound <br> ${ }^{1}$ ) | $k(\mathrm{~Hz})$ | $K_{\text {eq }}$ | $\begin{aligned} & \Delta H_{\mathrm{o}[\mathrm{a}]} \\ & \left(\mathrm{kcal} \mathrm{~mol}^{-1}\right) \end{aligned}$ | Compound | $K_{\text {eq }}$ | $\Delta H^{\mathrm{o}[\mathrm{a}]}$ <br> (kcal mol ${ }^{-}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $1^{[b]}$ | 3.0 | 1.0 |  | $6^{[c]}$ | 30 | 1.0 |
| $2^{[b]}$ | $2.4\left(k_{\text {f }}\right)$ | $2.26{ }^{[d]}$ | -0.62 | 7 | $\leq 0.01^{\text {[e] }}$ | $\geq 9.7$ |
|  | $1.1\left(k_{\mathrm{r}}\right)$ |  |  | 8 | $\leq 0.01{ }^{\text {[e] }}$ | $\geq 9.8$ |
| $3^{[b]}$ | $0.11\left(k_{\mathrm{f}}\right)^{[\mathrm{f}]}$ | 0.32 | 0.81 | $9^{\text {[g] }}$ | $\leq 0.01$ | [h] |
|  | $0.36\left(k_{\mathrm{r}}\right)^{[f]}$ |  |  | $10^{[\mathrm{c}, \mathrm{i}]}$ | $\geq 100^{\text {[e] }}$ | $\leq-7.0$ |
| $4^{[b]}$ | $0.07{ }^{[f]}$ | 1.0 |  | $11^{[\mathrm{c}, \mathrm{j}]}$ | 2 | -7.8 |
| $5^{[\mathrm{cc]}}$ |  | 0.03 | -1.0 | $12^{[\mathrm{k}]}$ | $\geq 100^{[\mathrm{e}]}$ | [h] |

[a] Estimate of $\Delta \mathrm{BDE}_{\left(\mathrm{M}^{\prime}-\mathrm{M}^{\prime}\right)-\left(\mathrm{M}-\mathrm{M}^{\prime}\right)}$; see text. We use the (corrected) $E_{\mathrm{ox}}$ values (V) from Table I, ref.[19c], $\mathrm{Cr}-0.688$, $\mathrm{Mo}-0.385, \mathrm{~W}-0.379, \mathrm{Ru}-0.941$, and metal hydride BDEs (kcal mol ${ }^{-1}$ ) from ref. [19a], Mo-H 69.3, W-H 72.4, $\mathrm{Ru}-\mathrm{H} 65.0$. [b] $\mathrm{Bu}_{4} \mathrm{~N}^{+}$salts. NMR data and $K$ values are unchanged from those of the $\mathrm{Na}^{+}$salts. [c] Equilibration is accelerated by added pyridine, retarded by added acetic acid. [d] In addition, complementary VT NMR analysis and theoretical fit of the coalescence of the signals for H1 ( $\delta=4.88, \mathbf{A}$, and $4.97 \mathrm{ppm}, \mathbf{B}$, furnishes $\Delta H^{\ddagger}=16.2( \pm 2.4) \mathrm{kcal} \mathrm{mol}^{-1}$ and $\Delta S^{\ddagger}=-3.5$ ( $\pm 7$ ) e.u. [e] $\Delta G^{0} \leq-2.7 \mathrm{kcal} \mathrm{mol}^{-1}\left(\right.$ for $K_{\text {eq }} \leq 0.01$ ) or $\geq+2.7 \mathrm{kcal} \mathrm{mol}^{-1}$ (for $K_{\text {eq }} \geq 100$ ). [f] Extrapolated from measurements at 313 (3) and 323 K (4). [g] Equilibrium established by deprotonation of either of the two hydrides 10A and B. [h] Bracketing not meaningful. [i] Established by conversion of 10A to B in THF. [j] Established by conversion of 11A to 11B. [k] Established by very slow (weeks), but clean, complete conversion of 12A to B (see ref. [23d]).
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## Short Text

Keywords: electron transfer nucleophilic substitution• cyclopentadienyl ligands. bond energy kinetics metal-metal interactions

The metallomeric equilibrium between $\mathbf{A}$ and $\mathbf{B}$ can be observed and quantified kinetically and thermodynamically by direct NMR techniques, providing insights into the mechanism of a fundamental organometallic displacement reaction and allowing for the estimation of relative metal-metal bond strengths in cyclopentadienylmetals.


