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## ORIGINAL ARTICLE

# Lubiprostone Stimulates Duodenal Bicarbonate Secretion in Rats

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#### **Abstract**

Background Lubiprostone, a bicyclic fatty acid, is used for the treatment of chronic constipation. No published study has addressed the effect of lubiprostone on intestinal ion secretion in vivo.

Aim The aim of this study was to test the hypothesis that lubiprostone augments duodenal  $HCO_3^-$  secretion (DBS). Methods Rat proximal duodenal loops were perfused with pH 7.0 Krebs, control vehicle (medium-chain triglycerides), or lubiprostone (0.1–10  $\mu$ M). We measured DBS with flow-through pH and  $CO_2$  electrodes, perfusate [Cl<sup>-</sup>] with a Cl<sup>-</sup> electrode, and water flux using a non-absorbable ferrocyanide marker. Some rats were pretreated with a potent, selective CFTR antagonist, CFTR<sub>inh</sub>-172 (1 mg/kg, ip), 1 h before experiments.

Results Perfusion of lubiprostone concentration dependently increased DBS, whereas net Cl<sup>-</sup> output and net water output were only increased at 0.1 μM, compared with vehicle. CFTR<sub>inh</sub>-172 reduced lubiprostone (10 μM)-induced DBS increase, whereas net Cl<sup>-</sup> output was also unchanged. Nevertheless, CFTR<sub>inh</sub>-172 reduced basal net water output, which was reversed by lubiprostone. Furthermore, lubiprostone-induced DBS was inhibited by EP4

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Y. Akiba · J. D. Kaunitz Brentwood Biomedical Research Institute, Los Angeles, CA 90073, USA receptor antagonist, not by an EP1/2 receptor antagonist or by indomethacin pretreatment.

Conclusions In this first study of the effect of lubiprostone on intestinal ion secretion in vivo, lubiprostone stimulated CFTR-dependent DBS without changing net Cl<sup>-</sup> secretion. This effect supports the hypothesis that Cl<sup>-</sup> secreted by CFTR is recycled across the apical membrane by anion exchangers. Recovery of water output during CFTR inhibition suggests that lubiprostone may improve the intestinal phenotype in CF patients. Furthermore, increased DBS suggests that lubiprostone may protect the duodenum from acid-induced injury via EP4 receptor activation.

**Keywords** ClC-2 · EP receptor · Water secretion · CFTR · Prostaglandin

## Introduction

Chronic constipation is a common clinical problem. Although most cases do not reach medical attention due to the plethora of over-the-counter remedies available, severe constipation can be intractable to most remedies and, in its severe form, can be debilitating.

Recently, lubiprostone, a bicyclic fatty acid was approved by the FDA for the treatment of chronic constipation in adults. This compound appears to be in a new therapeutic class and works by a mechanism that has been described in only a few publications. In a detailed investigation of the effect of lubiprostone, Cuppoletti et al. tested the hypothesis that lubiprostone increased the activity of the chloride channel ClC-2. To test the hypothesis, they demonstrated that ClC-2 was expressed in the stomach and in the epithelial cells of the small and large intestine by PCR



and in situ hybridization, and demonstrated that CIC-2 was apically expressed in transfected intestinal T84 cells. Electrophysiological measurements in T84 and in CIC-2 transfected human epithelial kidney (HEK) cell monolayers and in patch-clamped individual cells revealed that lubiprostone increased transepithelial and transmembrane currents in T84 only in CIC-2 transfected cells [1]. These data suggest that lubiprostone increases Cl<sup>-</sup> secretion by activation of the intestinal epithelial cell CIC-2 channel.

Even given these compelling data, the role of ClC-2 channels in epithelial ion secretion is by no means established. First described in 1992 [2], ClC-2 channels are expressed in the stomach, intestine, colon, brain, heart, and muscle. They are part of a family of channels and transporters [3], four of which are plasma membrane expressed, with ClC-2 being the only member to which epithelial transport function is attributed. Its enterocyte expression is thought to be mostly basolateral in situ, based on studies which report localization below the junctional protein ZO-1 [4–6].

The discovery that the mutations of the cystic fibrosis transmembrane regulator (CFTR), an epithelial Cl channel, are responsible for the disease phenotype has increased interest in the function of all epithelial Cl<sup>-</sup> channels. With the discovery of ClC-2 channels, investigators hypothesized that ClC-2 function might compensate for CFTR loss-of-function, which might explain the lack of overt pulmonary or pancreatic phenotype in CFTR knockout (KO) transgenic mice. Studies of ClC-2 KO transgenic mice revealed that ClC-2 dysfunction actually increased Cl secretion, and that double transgenic mice had a survival advantage over CFTR mutant mice, data most compatible with ClC-2 serving to recycle Cl<sup>-</sup> across the basolateral membrane [7]. Others have implicated ClC-4 in intestinal Cl<sup>-</sup> secretion [8]. Although apical Cl<sup>-</sup> channels are hypothesized to facilitate gastric HCl secretion in parietal cells, ClC-2 could not be immunolocalized in the stomach by one group [9], although gastric expression was documented by another [1].

In one of the few published clinical studies addressing the intestinal effects of lubiprostone, Camilleri et al. [10] found that lubiprostone inhibited gastric emptying, but accelerated small and large intestinal transit, which is associated with postprandial fullness. Subsequently, investigators have reported a beneficial effect of lubiprostone in subjects with chronic constipation and functional bowel disease on the basis of clinical trials [11, 12].

To date, one full-length published study has addressed the effects of lubiprostone on gut fluid secretion. Fei et al. reported that lubiprostone increased  $I_{\rm sc}$  in Ussing-chambered guinea pig distal ileum and colon [13]. Although the response was unaffected by the neurotoxin tetrodotoxin, or by EP receptor antagonists, consistent with a non-neurally

and non-prostaglandin mediated mechanism, serosal application also produced a robust response, calling into question the role of ClC-2 if it was indeed apically expressed. Furthermore, the response was also inhibited by mucosal application of anion channel blockers such as glibenclamide and DIDS.

Given the aforementioned Ussing chamber studies, functional confirmation in situ in vivo would help further understand the effect of the compound on intestinal fluid secretion. We thus propose to examine the effect of lubiprostone on fluid and electrolyte secretion in the duodenum, a locus of enterocyte anion secretion, with a focus on HCO<sub>3</sub><sup>-</sup> secretion, which protects the mucosa from injury due to luminal acid [14]. Furthermore, given the possible confounding effect of CFTR-mediated secretion, we intend to examine the effect of acute CFTR inhibition on duodenal fluid and electrolyte secretion with a systemic, pharmacologic highly selective CFTR inhibitor.

#### Methods

## Chemicals and Animals

Lubiprostone (10 mg/ml in 0.04% medium-chain triglycerides (MCT) diluent Miglyol 812 N) and vehicle (MCT diluent alone) was provided from Takeda Pharmaceuticals North America, Inc. (Deerfield, IL). CFTR<sub>inh</sub>-172 was synthesized by Dr. Samedy Ouk in the Department of Chemistry, UCLA [15]. AH6809, AH23848, indomethacin, sodium ferrocyanide ([Fe(CN)<sub>6</sub>]<sup>4-</sup>), HEPES and other chemicals were obtained from Sigma Chemical (St. Louis, MO, USA). Krebs solution contained (in mM) 136 NaCl, 2.6 KCl, 1.8 CaCl<sub>2</sub>, and 10 HEPES at pH 7.0. All studies were performed with approval of the Veterans Affairs Institutional Animal Care and Use Committee (VA IACUC). Male Sprague-Dawley rats weighing 200–250 g (Harlan, San Diego, CA, USA) were fasted overnight, but had free access to water.

## Measurement of Duodenal HCO<sub>3</sub><sup>-</sup> Secretion

Duodenal loops were prepared and perfused as previously described [16, 17]. Under isoflurane anaesthesia (2.0%), the proximal duodenal loop (perfused length 2 cm) was perfused with pH 7.0 Krebs buffer by using a peristaltic pump (Fisher Scientific, Pittsburgh, PA, USA) at 1 ml/min. The perfusate was bubbled with 100% O<sub>2</sub>, and stirred and warmed at 37°C with a heating stirrer (Barnstead Int., Dubuque, IA, USA). To eliminate the buffer action of perfusing chemicals, which would over- or under-estimate the titration volume using pH-stat, two sets of flow-through pH and CO<sub>2</sub> electrodes (Lazar Lab, Los Angeles, CA) were



connected in the perfusion loop where pH and CO<sub>2</sub> concentration ([CO<sub>2</sub>]) were simultaneously and continuously measured. Since the input (perfusate) [CO<sub>2</sub>] is approximately zero, the effluent [CO<sub>2</sub>] and pH were used to calculate the total CO2 output equivalent to the secreted HCO<sub>3</sub><sup>-</sup> as previously described [16, 17]. HCO<sub>3</sub><sup>-</sup> secretion was expressed as total CO<sub>2</sub> output (µmol/min/cm). The effluent was collected every 5 min in a sterilized tube on ice for water output measurement as described below. After stabilization with continuous perfusion of pH 7.0 Krebs for about 30 min, the time was set as t = 0. The duodenal loop was perfused with pH 7.0 Krebs from t = 0 min until t = 10 min (basal period). The perfusate was then changed to pH 7.0 Krebs buffer containing lubiprostone (0.1-10  $\mu$ M) or vehicle from t = 10 min until t = 35 min (challenge period), with or without antagonists.

### Measurement of Duodenal Cl - Secretion

Cl $^-$  concentration ([Cl $^-$ ]) in the duodenal effluent was measured using a flow-through Cl $^-$ -selective electrode (Lazar Lab), connected in series with the flow-through effluent unit of CO $_2$  electrode. A standard curve for Cl $^-$  solution (2.8, 28, 280 mM) was used to calculate the effluent [Cl $^-$ ]. Since perfusate [Cl $^-$ ] is stable, the perfusate (input) [Cl $^-$ ] was measured separately using the same electrode. Net Cl $^-$  secretion was calculated by subtracting the perfusate [Cl $^-$ ] from the effluent [Cl $^-$ ] with adjustment for water output, and expressed as net Cl $^-$  output (µmol/min/cm).

#### Measurement of Duodenal Water Flux

Water flux from the duodenal loop was measured with a non-absorbable, minimally bioreactive marker [18],  $[Fe(CN)_6]^{4-}$  (10 mM), contained in the perfusate.  $[Fe(CN)_6]^{4-}$  concentration was measured by a spectrophotometer at 320 nm absorbance. Water flux was expressed as net water output ( $\mu$ l/min/cm). Cl $^-$  output was adjusted according to the calculated water output.

Effect of Lubiprostone With or Without CFTR Inhibition on HCO<sub>3</sub><sup>-</sup>, Cl<sup>-</sup>, and Water Output

In order to examine the effect of lubiprostone on duodenal  $HCO_3^-$  secretion,  $Cl^-$  secretion and water flux, we first perfused lubiprostone (0.1, 1, or 10  $\mu$ M) or vehicle in pH 7.0 Krebs buffer containing  $[Fe(CN)_6]^{4-}$  (10 mM).

Some animals were pre-treated with the potent selective CFTR inhibitor CFTR<sub>inh</sub>-172 (1 mg/kg, ip) 1 h prior to the experiments. Pre-treatment with CFTR<sub>inh</sub>-172 at this concentration eliminates acid-induced  $HCO_3^-$  secretion in rat duodenum [15].

Role of the Prostaglandin Pathway in Lubiprostone-Induced HCO<sub>3</sub><sup>-</sup> Secretion

We investigated the contribution of the prostaglandin (PG) pathway involving cyclooxygenase (COX) and E-type PG receptors (EP) towards lubiprostone-induced  $HCO_3^-$  secretion. Lubiprostone (10  $\mu$ M) was co-perfused with an  $EP_1/EP_2$  receptor antagonist AH6809 (0.1 mM) or a potent  $EP_4$  receptor antagonist AH23848 (0.1 mM). Some animals were pre-treated with the non-selective COX inhibitor indomethacin (5 mg/kg, ip) 1 h prior to the experiments as previously described [19].

#### **Statistics**

All data are expressed as means  $\pm$  SEM. Data were derived from six rats in each group. Comparisons between groups were made by one-way ANOVA followed by Fischer's least significant difference test. P values of 0.05 were taken as significant.

#### Results

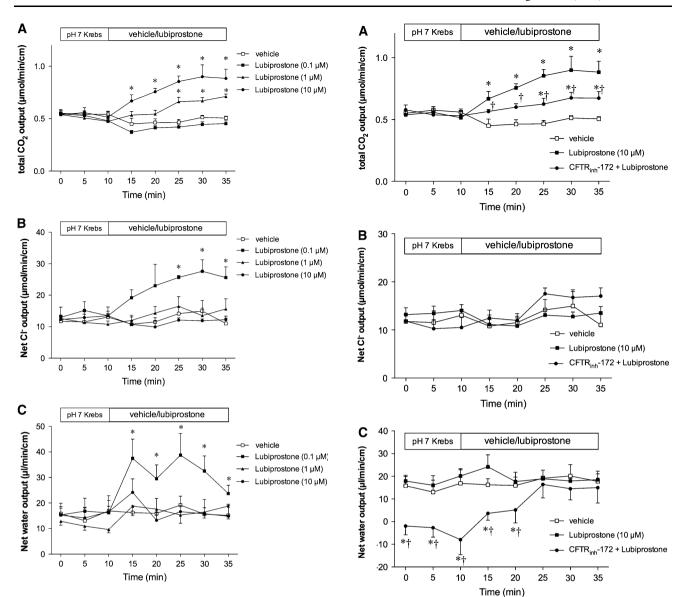
Effect of Lubiprostone on Duodenal Ion Secretion

Lubiprostone  $(0.1-10~\mu M)$  concentration-dependently increased duodenal  $HCO_3^-$  secretion in comparison with the vehicle group (Fig. 1a). In contrast, net  $Cl^-$  output was increased only by a low concentration  $(0.1~\mu M)$  of lubiprostone (Fig. 1b), accompanied by increased net water output (Fig. 1c). This result demonstrated that a low concentration  $(0.1~\mu M)$  of lubiprostone affects  $Cl^-$  secretion, whereas a high concentration  $(10~\mu M)$  stimulates  $HCO_3^-$  secretion. Lubiprostone may thus either reciprocally activate  $HCO_3^-$  and  $Cl^-$  secretion, or augmented  $HCO_3^-$  secretion may mask stimulated  $Cl^-$  secretion.

Effect of CFTR Inhibition on Lubiprostone-Induced Ion Secretion

We pretreated rats with CFTR<sub>inh</sub>-172 in order to examine the function of CFTR in  $HCO_3^-$  secretion in response to perfusion of high concentration lubiprostone (10  $\mu$ M). CFTR inhibition reduced lubiprostone-induced  $HCO_3^-$  secretion (Fig. 2a), suggesting that lubiprostone-induced  $HCO_3^-$  secretion is partially CFTR-dependent. CFTR inhibition had no effect on net Cl $^-$  output (Fig. 2b). Interestingly, CFTR inhibition decreased net water output during the basal period, with lubiprostone perfusion increasing net water output to the same level as measured in the vehicle group (Fig. 2c). This result suggests that

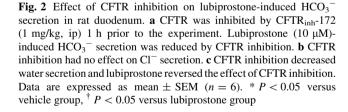




**Fig. 1** Effect of lubiprostone on ion secretion in rat duodenum. **a** Duodenal HCO<sub>3</sub><sup>-</sup> secretion was measured as total CO<sub>2</sub> output using pH and CO<sub>2</sub> electrodes. **b** Cl<sup>-</sup> secretion was measured with a Cl<sup>-</sup>-selective electrode and expressed as net Cl<sup>-</sup> output. **c** Water secretion was measured using  $[Fe(CN)_6]^{4-}$  as a non-absorbable marker and expressed as net water output. Perfusion of lubiprostone (0.1–10 μM) concentration dependently increased total CO<sub>2</sub> output (**a**), whereas only low concentration of lubiprostone (0.1 μM) increased net Cl<sup>-</sup> and water output (**b**, **c**). Data are expressed as mean  $\pm$  SEM (n = 6). \* P < 0.05 versus vehicle group

lubiprostone reverses the effect of CFTR inhibition on water output.

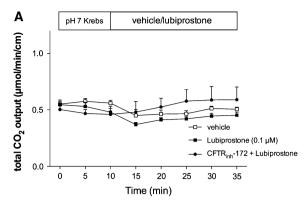
In contrast, CFTR inhibition partially suppressed low concentration lubiprostone (0.1  $\mu$ M)-induced Cl<sup>-</sup> output (Fig. 3b), but had no effect on HCO<sub>3</sub><sup>-</sup> secretion (Fig. 3a). Again, CFTR inhibition decreased net water output during the basal period, and inhibited low concentration lubiprostone-induced water output (Fig. 3c), suggesting that lubiprostone-induced Cl<sup>-</sup> secretion is partially CFTR-dependent.

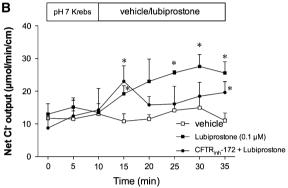


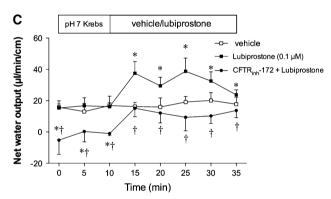
Effect of EP Receptor Antagonist or COX Inhibition on Lubiprostone-Induced HCO<sub>3</sub><sup>-</sup> Secretion

We next examined whether lubiprostone has  $PGE_2$  agonist-like effects. Lubiprostone (10  $\mu$ M)-induced  $HCO_3^-$  secretion was abolished by the co-perfusion of the potent  $EP_4$  receptor antagonist AH23848 (0.1 mM), whereas an  $EP_1/EP_2$  receptor antagonist AH6809 (0.1 mM) had no effect (Fig. 4a). Furthermore, indomethacin pretreatment (5 mg/kg, ip) had no effect on lubiprostone (10  $\mu$ M)-induced







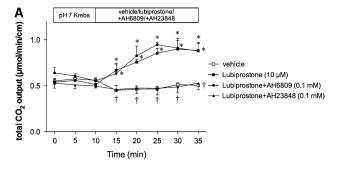


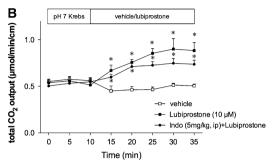
**Fig. 3** Effect of CFTR inhibition on lubiprostone-induced Cl<sup>-</sup> secretion in rat duodenum. CFTR inhibition tended to decrease lubiprostone (0.1  $\mu$ M)-induced Cl<sup>-</sup> secretion (**b**), but had no effect on HCO<sub>3</sub><sup>-</sup> secretion (**a**). Lubiprostone reversed CFTR inhibition-induced decrease of water output (**c**). Data are expressed as mean  $\pm$  SEM (n=6). \* P<0.05 versus vehicle group, † P<0.05 versus lubiprostone group

 ${\rm HCO_3}^-$  secretion (Fig. 4b). These results suggest that lubiprostone may directly stimulate EP<sub>4</sub> receptors, increasing  ${\rm HCO_3}^-$  secretion, rather than activating COX.

## Discussion

We demonstrated that luminally-perfused lubiprostone increased ion secretion with a concentration-related





**Fig. 4** Effect of prostaglandin receptor antagonist and cyclooxygenase inhibitor on lubiprostone-induced  $HCO_3^-$  secretion in rat duodenum. **a** AH6809 (0.1 mM) had no effect on lubiprostone (10  $\mu$ M)-induced  $HCO_3^-$  secretion, whereas AH23848 (0.1 mM) abolished the effect of lubiprostone. Data are expressed as mean  $\pm$  SEM (n=6). \* P<0.05 versus vehicle group, † P<0.05 versus lubiprostone group. **b** Indomethacin (Indo, 5 mg/kg, sc) was given 1 h prior to the experiment. Indomethacin pretreatment had no effect on lubiprostone (10  $\mu$ M)-induced  $HCO_3^-$  secretion. Data are expressed as mean  $\pm$  SEM (n=6). \* P<0.05 versus vehicle group

manner; a high concentration (10  $\mu$ M) increased HCO $_3^-$  secretion, whereas a low concentration (0.1  $\mu$ M) increased Cl $^-$  and water secretion. Lubiprostone-induced HCO $_3^-$  secretion was partially CFTR-dependent, whereas Cl $^-$  secretion was not apparently CFTR-dependent, presumably involving non-CFTR mediated Cl $^-$  secretion. High concentration lubiprostone may directly stimulate EP $_4$  receptors, increasing duodenal HCO $_3^-$  secretion. CFTR inhibition decreased net water output, reversed by a high or low concentration of lubiprostone, consistent with CFTR-independent Cl $^-$  secretion. This is the first study demonstrating that lubiprostone stimulates duodenal ion secretion in vivo. Furthermore, lubiprostone may act as a dual activator of CFTR-independent Cl $^-$  secretion and as a PG receptor agonist.

The mechanism by which lubiprostone stimulates intestinal Cl<sup>-</sup> secretion selectively via ClC-2 is controversial. Lubiprostone activates ClC-2 via a CFTR-independent mechanism in T84 cells [1]. In Ussing-chambered ileum and colon, lubiprostone increases Cl<sup>-</sup> secretion by a CFTR-independent mechanism [13]. Furthermore, the localization of ClC-2 in the intestinal epithelial cells is also controversial. Transfected T84 and MDCK cells express



CIC-2 on the apical membrane [1], whereas immunohistochemistry on intact intestinal sections reveals the expression of CIC-2 on the enterocyte basolateral membrane [6, 20] or in the region of the intercellular tight junctions [4]. Since the duodenum secretes Cl<sup>-</sup> and HCO<sub>3</sub><sup>-</sup> via a CFTR-dependent mechanism, whereas CIC-2 is localized on the basolateral membrane of duodenocytes [6], we assessed the involvement of CFTR in duodenal lubiprostone-induced ion secretion. Our results demonstrated that at high concentration, lubiprostone stimulated HCO<sub>3</sub><sup>-</sup> secretion via a CFTR-dependent mechanism, whereas a low concentration increased Cl<sup>-</sup> secretion via a CFTR-independent mechanism.

Furthermore, the site of lubiprostone action is still controversial. Since lubiprostone is derived from PGE<sub>1</sub> [21], it may activate EP receptors. Indeed, EP receptor antagonists diminished lubiprostone-induced contraction of rat gastric and colonic smooth muscle with an apparent pK<sub>B</sub> of 6.7–7.6 [22]. In contrast, the lubiprostone-induced *I<sub>sc</sub>* increase in guinea pig colon was not affected by EP receptor antagonists [13]. Our results show that high concentration lubiprostone-induced HCO<sub>3</sub><sup>-</sup> secretion is mediated via the EP<sub>4</sub> receptor, but not via EP<sub>1</sub>/EP<sub>2</sub> or endogenous PGs by COX activation. Since EP<sub>4</sub> activation increases intracellular cAMP [23], and elevated cAMP activates CFTR [24], CFTR-dependent HCO<sub>3</sub><sup>-</sup> secretion by lubiprostone is consistent with EP<sub>4</sub> receptor activation by lubiprostone.

Taken together, our results support the hypothesis that high concentration lubiprostone directly stimulates EP<sub>4</sub> receptors, activating CFTR and increasing HCO<sub>3</sub><sup>-</sup> secretion in rat duodenum. Existing controversies regarding the CFTR dependence of lubiprostone action might reflect species, intestinal segment, and concentration differences. Our results also support the hypothesis that low concentration lubiprostone activates Cl<sup>-</sup> secretion via non-CFTR channels. Unfortunately, the lack of selective ClC-2 inhibitors impedes further characterization of the mechanism by which low concentration lubiprostone augments Clsecretion. Very recent data generated from mucosal biopsies obtained from normal mice and humans and those homozygous for CFTR loss-of-function mutations, and CFTR null mice strongly implicated the CFTR in lubiprostone-stimulated anion secretion. Furthermore, this secretion was significantly reduced by EP<sub>4</sub> receptor antagonists, as is consistent with our data [25].

Increased duodenal  $HCO_3^-$  secretion induced by a high concentration of lubiprostone (10  $\mu$ M) may protect the mucosa from acid-induced injury. Although the exact luminal concentration of lubiprostone in humans is not available, the recommended dose (24  $\mu$ g;  $\sim$ 60 nmol) may produce duodenal luminal concentrations to the dose we tested (10 nmol/min). Since duodenal luminal concentrations are no doubt higher than in the distal gut, the 24  $\mu$ g

dose may protect the gastroduodenal mucosa. In the distal gut, the lower lubiprostone concentrations may increase Cl<sup>-</sup> secretion.

CFTR inhibition decreased water output, presumably explained by the reciprocal activation of Na<sup>+</sup>/H<sup>+</sup> exchanger-3 (NHE3) on the apical membrane [26] mediating Na<sup>+</sup> absorption followed by water absorption. Recovery of water output by low concentration lubiprostone during CFTR inhibition is consistent with CFTR-independent Cl<sup>-</sup> secretion. CIC-2 channels, due to their basolateral location in the duodenum, may increase duodenal Cl<sup>-</sup> absorption during HCO<sub>3</sub><sup>-</sup> secretion as an alternative to CFTR-mediated Cl<sup>-</sup> recycling across the apical membrane. Furthermore, lubiprostone stimulates CFTR-dependent HCO<sub>3</sub> secretion without changing net Cl secretion. This effect supports the hypothesis that Cl<sup>-</sup> secreted by CFTR is recycled across the apical membrane by anion exchangers. Interestingly, the non-specific anion exchange inhibitor DIDS inhibits lubiprostone-induced  $I_{sc}$  increase in guinea pig ileum [13], also supporting this hypothesis.

CFTR-dependent and -independent actions of lubiprostone may be beneficial for other organs, which manifest the CF phenotype. Recently, lubiprostone was reported to increase  $I_{\rm sc}$  and mucus secretion via CFTR-dependent and -independent pathways in airway submucosal glands, suggesting it might be of benefit outside of the gastrointestinal tract [27].

In conclusion, lubiprostone stimulates duodenal HCO<sub>3</sub><sup>-</sup> and Cl<sup>-</sup> secretion via different pathways, dependent on its concentration. Increased duodenal HCO<sub>3</sub><sup>-</sup> secretion suggests that lubiprostone may protect the duodenum from acid-induced injury. Restoration of impaired water output during CFTR inhibition suggests that lubiprostone may improve the intestinal phenotype in CF patients.

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