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Resilience to autosomal dominant Alzheimer's disease in a Reelin-COLBOS heterozygous man

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We characterized the world's second case with ascertained extreme resilience to autosomal dominant Alzheimer's disease (ADAD). Side-by-side comparisons of this male case and the previously reported female case with ADAD homozygote for the *APOE3* Christchurch (*APOECh*) variant allowed us to discern common features. The male remained cognitively intact until 67 years of age despite carrying a *PSEN1*-E280A mutation. Like the *APOECh* carrier, he had extremely elevated amyloid plaque burden and limited entorhinal Tau tangle burden. He did not carry the *APOECh* variant but was heterozygous for a rare variant in *RELN* (H3447R, termed *COLBOS* after the Colombia–Boston biomarker research study), a ligand that like apolipoprotein E binds to the VLDLr and APOEr2 receptors. *RELN-COLBOS* is a gain-of-function variant showing stronger ability to activate its canonical protein target Dab1 and reduce human Tau phosphorylation in a knockin mouse. A genetic variant in a case protected from ADAD suggests a role for *RELN* signaling in resilience to dementia.

We have characterized about 1,200 individuals carrying the presenilin 1 (*PSEN1*) E280A mutation from the world's largest known kindred with autosomal dominant Alzheimer's disease (ADAD). Carriers of the *PSEN1*-E280A mutation develop mild cognitive impairment (MCI) by the median age of 44 years (95% confidence interval (CI) = 43–45) and dementia by 49 years (95% CI = 49–50)¹, with rare exceptions². We previously reported a female carrying the *PSENI*-E280A mutation with two copies of the *APOE3* Christchurch (*APOECh*) (R136S) gene variant

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Fig. 1 | **PET imaging of the** *RELN-COLBOS* (H3447R) **carrier. a**, Representative PiB PET amyloid and FTP Tau PET imaging of the male case with *RELN-COLBOS* (left) compared to a *PSENI*-E280A mutation carrier with MCI at a typical age (right). For both measurements, specific binding of the tracer is represented using a color-coded scale with blue being the lowest (DVR or SUVR = 0.8) and red being the highest (DVR or SUVR = 2.00) degree of binding. Right, representative FDG PET precuneus cerebral metabolic rate for glucose (CMRgI) of the male case with *RELN-COLBOS* (left) compared to a *PSENI*-E280A carrier with MCI at a typical age (right). Binding affinity of the dye is represented using a color-coded scale with blue being the lowest (SUVR = 0.5) and red being the highest (SUVR = 2.1) degree of binding. PHF, paired helical filament. **b**, Dot plot analysis of the imaging measurements shown in **a** for amyloid and Tau burden, glucose metabolism and hippocampal volume. Brain imaging measurements of the male case with *RELN-COLBOS* (red dot) compared to the previously published *APOECh* homozygote

female (blue dot), unimpaired *PSEN1*-E280A carriers (gray dots, n = 18 for the glucose metabolism panel, n = 13 for all other panels) and younger carriers of the MCI *PSEN1*-E280A mutation (black dots, n = 7 for the Tau burden plot, n = 8 for the amyloid burden and hippocampal volume plots, n = 11 for glucose metabolism)². Some previously published data points are included in the figures because they are the only available data for comparison². Data are expressed as individual values with the mean \pm s.e.m. **c**, Anatomical details of Tau burden in the temporal cortex. Flat map representations of the right hemisphere temporal lobe cortex for regions of interest (ROIs) (top left, ERC), with Tau PET (FTP) overlay for four cases. The asymptomatic *PSEN1*-E280A carrier was 38 years old; the *PSEN1*-E280A carrier with typical MCI was 44 years old. The male carrier of *RELN-COLBOS* was notable for having relatively lower Tau burden in the medial temporal regions (ERC and PPC), compared to typical *PSEN1*-E280A mutation carriers.

who remained cognitively unimpaired for nearly 30 years after the expected age at clinical onset².

In this article, we report the clinical, in vivo neuroimaging, genetic and neuropathological characteristics of a male case with the *PSEN1*-E280A mutation from the same population also presenting with an extreme phenotype of delayed age at clinical onset of ADAD.

Results

Case report

We identified a male carrier of the *PSEN1*-E280A mutation who remained cognitively intact until age 67. He completed 5 years of formal education in his home country (Colombia) and worked until he retired in his early 60s. He was married and had two children. First cognitive assessment at age 67 revealed limited verbal learning skills and language difficulties in the context of functional independence. The patient was diagnosed with MCI, characterized by short-term memory and verbal fluency decline at age 70.

At age 72, his language had deteriorated further, progressing to mild dementia (Supplementary Table 1). Cognitive decline was preceded by a urinary tract infection-related episode of septic shock. At age 73, he required assistance with basic and instrumental activities of daily living, and met criteria for moderate dementia. He died at the age of 74 years from aspiration pneumonia; his relatives agreed to a brain donation for neuropathological study.

His sister also carried the *PSEN1*-E280A mutation, had severe dementia when she was first evaluated at age 64 and progressed to

she was first evaluated at age 64 and progressed to cingulat

end-stage dementia at age 72 (see the pedigree in Supplementary Fig. 1). According to the family, she had hypothyroidism, hypertension, depression and cognitive decline at age 58 and developed dementia at age 61. Although less protected than her brother, her MCI began 14 years and her dementia 12 years later than expected for this population. Dementia was preceded by ocular trauma and tibial fracture after a fall, which required surgery under general anesthesia. She died at age 73 of sepsis of pulmonary origin. Additional clinical details about the cases can be found in the supplementary results section of the Supplementary Information.

The male patient was enrolled in the Colombia-Boston biomarker research study (COLBOS) and underwent neuroimaging examinations at the Massachusetts General Hospital (MGH) when he was 73 years old (see Supplementary Table 2 for the demographic information). Amyloid positron emission tomography (PET), measured using cortical-to-cerebellar Pittsburgh compound B (PiB), revealed that the individual's levels of cortical amyloid beta (AB) plaque burden were higher (distribution volume ratio (DVR) = 1.77) compared to that of younger impaired carriers from this kindred with a typical age at onset (mean DVR = 1.51 ± 0.13 ; Fig. 1a,b). Tau tangle burden in the inferior temporal lobe, measured by flortaucipir (FTP), was similar to that seen in younger PSEN1-E280A impaired carriers with typical age at onset (standardized uptake value ratio (SUVR) = 1.78). However, he had relatively limited Tau pathology in the entorhinal cortex (ERC) (SUVR = 1.34; Fig. 1a,c) and in other neocortical regions, such as the posterior cingulate cortex (PCC) and precuneus (SUVR PCC = 1.51; SUVR precuneus = 1.49; Fig. 1a), which usually show greater levels of Tau pathology in *PSENI*-E280A carriers who develop MCI and dementia at a typical age³ (Fig. 1, Supplementary Fig. 2 and Extended Data Figs. 1 and 2). Sparing of the ERC from Tau pathology is a salient feature in the case with *RELN-COLBOS* that could be critical for the protection phenotype.

Measurements of metabolic rate for glucose in the precuneus and whole brain region using ¹⁸F-fluorodeoxyglucose (FDG) PET showed a slightly higher level of glucose metabolism compared to the mean levels of typical MCI carriers from the kindred, who were much younger (Fig.1a,b). He had brain atrophy, measured by magnetic resonance imaging (MRI)-based hippocampal and whole brain volume typical of MCI carriers. These imaging findings suggest that in this patient and in the *APOECh* homozygote case², protection against ADAD dementia occurred even in the face of high amyloid burden (Fig. 1a,b). Additional imaging and biomarker analyses are reported in the supplementary results of the Supplementary Information.

Our genetic analyses confirmed that the individual was a heterozygote carrier of the PSEN1-E280A mutation (confirmed by single-cell RNA sequencing (scRNA-seq); Supplementary Tables 3 and 4), ruled out the presence of the APOECh mutation (the individual was APOE3/APOE3 and had a normal blood lipid profile; Supplementary Table 5) and identified a heterozygous variant in RELN (chromosome 7:g.103113302T>C, H3447R; Supplementary Fig. 1b), which we named 'RELN-COLBOS', as the most promising missense variant potentially contributing to the phenotype in the protected individual. The RELN-COLBOS variant was only found in the individual and his sister (Supplementary Fig. 1), who also had late-onset cognitive decline. Both were APOE3/APOE3. We focused on the RELN-COLBOS variant because it ranked in the top three candidate genes in the Genomizer priority score analysis and because the encoded protein RELN modulates Tau phosphorylation⁴ and is functionally closely related to APOE, the gene mutated in the other case with extreme protection against ADAD². A more detailed description of the genetic analysis is reported in the genetic analysis section of the Supplementary Information.

Our genetic analyses also identified other variants of potential interest in the male individual including: (1) a noncoding variant in the amyloid beta precursor protein (*APP*) gene (3'-untranslated region, chromosome 21:g.27253263T>C; and (2) a noncoding variant in the calmodulin2 (*CALM2*) gene (intronic, chromosome 2:g.47394764C>G). The levels of expression of *APP* in peripheral blood mononuclear cells from *RELN* H3447R carrier and noncarriers were very low and not substantially different. Therefore, the significance of the *APP* variant is uncertain, although it is unlikely to be implicated considering the robust amyloid pathology observed in the individual (Fig.1a,b). This *APP* variant (g.27253263T>C) was not seen in the *APOECh* case based on whole-genome sequencing (WGS). The *CALM2* variant is predicted as intronic for the canonical transcript encoding a protein with 149 amino acids (PODP24) and it would result in a Cys9Ser in a predicted

Fig. 2 | The RELN-H3448R variant enhances Dab1 signaling and the affinity of CTR-RELN to heparin. a, Representative western blotting of pDab1 levels (top) and total protein staining (bottom) levels in primary mouse cortical neurons treated with full-length WT RELN or RELN-H3448R, mouse ortholog of RELN-H3447R (mock, P < 0.0029 and WT RELN, P = 0.0246). Data are presented as the mean ± s.e.m. and were analyzed using a Kruskal-Wallis test with Dunn post hoc analysis for multiple comparisons of n = 4 independent biological experiments. b, Spectroscopic analysis of heparin chromatography fractions of WT CTR-RELN (blue plot) and the CTR-RELN-H3447R mutant (green plot) eluted at increasing gradients of NaCl (0.05 M NaCl step gradient). Data are expressed as the percentage of input over 0.4-5 M NaCl gradient fractions. Data show that 0.55 M NaCl can displace WT CTR-RELN binding from a heparin column. The affinity for heparin of CTR-RELN increases in the presence of the H3447R mutation, as suggested by the shift of the peak with maximum height of the eluted fraction from 0.55 to 0.7 M NaCl. n = 3 independent chromatography experiments. The error bars represent the s.e.m. c, Representative sensorgrams

longer transcript encoding for a protein with 196 amino acids (E7EMB3). This *CALM2* variant has not been reported in the ClinVar database and has low in silico pathogenicity scores. We also could not find a per-variant regulatory score in the Encode database for this variant[§]. The significance of this variant is uncertain, although it is unlikely to be implicated because there is no proteomic evidence of the region of the variant producing any detectable protein in the PeptideAtlas⁶. Further studies may be conducted to examine the extent to which these or other variants contribute to the observed phenotype.

To strengthen our understanding of the genetic implications of the *RELN-COLBOS* variant, we conducted both in vitro and in vivo molecular genetic studies. These studies aimed to provide further evidence to support our initial findings and increase confidence in our attribution of the variant's genetic effects. The binding of RELN results in the clustering and activation of VLDLr and APOEr2, initiating a signaling pathway that leads to the activation of Dab1 (refs. 4,7–9). Our studies found that RELN-COLBOS significantly increased Dab1 phosphorylation compared to wild-type (WT) RELN (Fig. 2a, P = 0.0246) in primary culture mouse cortical neurons (Supplementary Figs. 3 and 4). We also examined RELN-COLBOS binding to its receptors to better understand the potential mechanisms for the observed enhanced signaling. Our findings from cell-free binding assays suggest that RELN-COLBOS did not directly impact binding of RELN to VLDLr or APOEr2, suggesting that other mechanisms were involved (Supplementary Fig. 5).

The C-terminal region of RELN (CTR-RELN), where the H3447R variant is located, modulates signaling indirectly via interactions with previously unidentified coreceptors on cell membranes¹⁰. Recently, neuropilin 1 (NRP1) was identified as a coreceptor via binding to a fragment of CTR-RELN consisting of the last six amino acids. This fragment is removed by furin protease. The uncleaved 'long' CTR-RELN interacts with NRP1 and the cleaved 'short' CTR-RELN does not¹¹. CTR-RELN has many basic amino acids that are extremely well conserved across species¹⁰, which we hypothesized could also mediate interactions with glycosaminoglycans (GAGs) on cell membranes. Interactions with GAGs are a rate-limiting step in the interaction of the apolipoprotein E (APOE) protein with some receptors¹², whereas the role of GAGs in RELN activity has not been fully resolved^{10,13}. We used affinity chromatography to examine heparin (a type of GAG) binding of recombinant CTR-RELN peptides. WT CTR-RELN and H3447R CTR-RELN bound to heparin. H3447R CTR-RELN required higher NaCl concentrations to be released from the heparin column, suggesting increased binding affinity (Fig. 2b). Surface plasmon resonance (SPR) measures of kinetic constants showed that the affinity of CTR-RELN H3447R is about twice that observed in the WT CTR-RELN (Fig. 2c and Supplementary Fig. 6).

We confirmed enhanced interactions of H3447R CTR-RELN with heparin through the use of isothermal titration calorimetry (ITC) (Fig. 2d and Supplementary Table 6) and biolayer interferometry (BLI) (Fig. 2e). The association constant (K_a) was the main contributor to the

of the binding analysis between chip sensors coated with heparin and 0-25 nM increasing concentrations of *CTR-RELN* variants. Data are expressed as response units per second. The equilibrium disassociation constant (K_p) for each SPR analysis are shown inside the graph and support the difference in affinity binding between heparin and the *CTR-RELN* variants: H3447R (right plot, K_p = 3.75 × 10⁻⁹ M⁻¹s⁻¹) > H3347 (left plot, K_p = 6.53 × 10⁻⁹ M⁻¹s⁻¹). The sensorgrams of CTR-RELN with the H3447K and H3447D control variants are reported in Supplementary Fig. 6 for comparison. **d**, Isothermal calorimetry measurements of short-variant *WT CTR-RELN* (left) and *CTR-RELN*-H3447R (right) titrated with 5 µM heparin. Affinity calculations are reported above each plot. **e**, Binding analysis via BLI between Fc-fusion WT CTR-RELN and H3447R and a heparin-coated biosensor. Association (k_a) and dissociation constants (k_d) were used to calculate the K_p that is displayed in the plot. **f**, Docking of WT CTR-RELN (purple) with a representative heparin molecule (cyan). Amino acids in CTR-RELN that have polar contacts with heparin are highlighted in magenta. difference in equilibrium dissociation constant (K_D) values, and the mutant CTR-RELN had a more negative Gibbs free energy in comparison to WT, suggesting that the *COLBOS* mutation enables spontaneous CTR-RELN reactions with heparin (Supplementary Table 6). Our nuclear magnetic resonance (NMR) (Figs. 2f and 3a) study revealed that CTR-RELN may have an α -helix structure including a flexible region with a domain we named 'flexibility vertex' (Extended Data Fig. 3a) in the presence of trifluoroethanol, although it may be unstructured under native conditions as revealed by circular dichroism (Extended

Data Fig. 3b and Supplementary Table 7). Heparin-binding analyses of a library of mutant CTR-RELN peptides uncovered two binding sites for GAGs, which we named ' α -GAG binding site' and ' β -GAG binding site' (Fig. 3a). The α -GAG binding site is located in the last six amino acids and overlaps with a previously identified binding site for NRP1, which is released by furin. The β -GAG binding site is located upstream of the furin cleavage site and spans amino acids 3,446–3,451. Our research also found that CTR-RELN-COLBOS has a tenfold higher affinity for NRP1 compared to the WT version of CTR-RELN (Supplementary Table 8)





Fig. 3 | **Binding profiles of CTR-RELN variants with heparin. a**,**b**, Representative in silico models depicting the orientation of basic amino acids in the heparin-binding motif (highlighted with colors) using the WT CTR-RELN NMR structure (**a**). For the H3447R CTR-RELN variant (**b**) the model was determined by a homology-based model of WT CTR-RELN that was calculated by Swiss-Model. Position 3,447 orients in the same direction as most other arginines (magenta). Arginines in positions 3,446, 3,453 and 3,457 (cyan) may also interact with heparin as part of the heparin-binding motif but are oriented differently from most basic amino acids. **c**, RELN peptide variant sequences used for the HPLC analysis. **d**, Representative chromatographic profiles normalized to the maximum of each eluted peak of short or long CTR-RELN peptides with zero (R3446H, orange),

due to the optimization of the β -GAG binding site. We conducted extensive studies of mutant CTR-RELN interactions with heparin by high-performance liquid chromatography (HPLC) (Fig. 3c-f), BLI (Fig. 2e) and NMR structure (Figs. 2f and 3a,b, Extended Data Fig. 3a and Supplementary Videos 1–3) to support these assertions.

Furthermore, we generated a knockin mouse model carrying the equivalent of the *RELN-COLBOS* variant (H3448R, *mRELN-H3448R* or *mRELN-COLBOS*¹⁰; Supplementary Fig. 7 and Supplementary Table 9) to increase confidence in our imputation of genetic implication, a common practice to study rare variants. This mouse model is viable, fertile and lacks overt structural and phenotypic brain

one (WT, blue) or two (H3447R, green) arginines in positions 3,446–3,447, which are predicted to contribute to increased interaction with heparin and are indicated by later peak retention time in the isocratic 1 MKCl elution. **e**,**f**, Long (**e**) or short (**f**) CTR-RELN peptides with zero (R3446H, orange), one (WT, blue) or two (H3447R, green) arginines in positions 3,446–3,447 showing increased interaction with heparin for the long variants, as indicated by later peak retention time in the isocratic 1 MKCl elution. Conversely, short RELN variants have earlier peak retention times compared to long *RELN* variants (**e**). *n* = 2 independent chromatographic repeats within <0.5 min of representative peaks. Data are expressed as normalized to the maximum emission wavelength for each peak.

abnormalities of RELN loss-of-function mutants (for example, cortex lamination defects, abnormal neuronal migration and cerebellar hypotrophy; Extended Data Fig. 4a)^{14,15}. Our molecular analyses of cerebellum (CB) from mice with the *mRELN-COLBOS* confirmed our observation of a gain-of-function (GOF) in 6–12-month old mice for *RELN*-H3448R as determined by enhanced phosphorylation of Dab1 in males (Fig. 4a–c, P = 0.0284) and revealed a propensity for the formation of higher molecular protein oligomers for *RELN-COLBOS* (Supplementary Figs. 8 and 9), a feature that may be critical for enhanced activity¹⁶. Morphological analysis revealed a mild, yet statistically significant increase in the number of cerebellar neurons in male mice



Fig. 4 | RELN-H3448R homozygosity promotes pDab1 signaling, reduces Tau hyperphosphorylation and preserves motor functions in mice. a, Representative western blots of pDab1 (top) and GAPDH levels (bottom) detected in the CB of both female (left) and male (right) mice either WT (WT/WT RELN), heterozygous (WT RELN/H3448R) or homozygous (RELN-H3448R/H3448R) for the mRELN-H3448R mutation. Levels of pDab1 were detected in 6-12-month-old mice. b,c, Quantifications of pDab1 levels normalized to GAPDH and expressed as the fold change of WT RELN showing a genotype effect in pDab1 levels in male mice (**b**) but not female mice (**c**). *P = 0.0284 for WT/WT, n = 7 mice versus H3448R/H3448R, n = 6 mice, t = 1.001, d.f. = 17; **P = 0.0037 for WT/H3448R, n = 7 mice versus H3448R/H3448R, n = 6 mice, t = 3.356, d.f. = 17, one-way analysis of variance (ANOVA). Data are expressed as the average ± s.e.m. Analyses of pDab1 levels in male mice at 3 months of age and in other brain regions are shown in Extended Data Fig. 5. Validation of the anti-pDab1 antibody used in a and e is reported in Supplementary Figs. 5 and 6. d, Representative immunohistochemistry (IHC) images from the HIC

of WT/WT, WT/RELN-H3448R, hTau tg/WT and hTau tg/RELN-H3448R mice stained with hyperphosphorylated Tau (pTau) T205 antibody. hTau tg/WT mice showed neurofibrillary tangles and neuropil threads in the first region of the hippocampal circuit (CA1) and dentate gyrus, while hTau tg/RELN-H3448R showed Tau pathology to a lesser degree (soma of an affected neuron depicted with a dotted line). Bar scale, 100 µm. e, Bar graph for pTau T205 signal intensity values in hTau tg/WT (n = 3 mice) and hTau tg/RELN-H3448R mice (n = 3 mice). The latter showed significantly lower signal intensity. *P = 0.022, two-sided Student's t-test. The error bars represent the s.d. from the mean. f, Representative phenotype observed during the tail elevation test and relative score (0 = severely impaired, 1 = 50% impaired, 2 = normal). g, Tail elevation recorded on WT RELN/Tau-P301L (n = 13 male mice) and RELN-H3448R/Tau-P301L crossed male mice (n = 11 male mice) showed a significantly improved tail elevation score in the presence of the RELN-H3448R variant compared to Tau-P301L mice expressing WT RELN (*P = 0.0305, two-tailed unpaired t-test, t = 2.313, d.f. = 22). Box plots are expressed as minimum to maximum values around the average.

with the *RELN-COLBOS* variant. This supports the hypothesis of a GOF mechanism (Extended Data Fig. 4a,b), although the neuronal density phenotype was not observed in other brain regions (Supplementary Fig. 10).

This mouse model allowed us to examine sexually dimorphic effects of the *RELN-COLBOS* variant, a feature that has been described for conditions linked to genetic variation in *RELN*, including

schizophrenia, bipolar disease, autism and Alzheimer's disease¹⁷⁻²². Increased Dab1 phosphorylation and enhanced oligomerization of RELN were observed only in male mice (Fig. 4a–c, Extended Data Fig. 5 and Supplementary Figs. 8 and 9). This finding was consistent with our observation of optimal association of *RELN-COLBOS* with protection against ADAD in a male versus a female case. Homozygosity was required to detect changes in Dab1 and in GSK3β activity



Fig. 5 | **Neuropathological characterization of the case with** *PSENI*-**E280A;***RELN*-**H3447R. a**, Aβ and pTau pathologies in the CA1 and ERC. Both pathologies present wide distribution and intensity. Aβ pathology shows diffuse plaques with varied distribution and size (panels and insets). pTau pathology shows varied density of neurofibrillary tangles and diffuse Tau pathology. Scale bar, 500 µm. **b**, Neurons stained with Klüver–Barrera stain in the CA1 and ERC of the case with *PSENI*-E280A/*RELN-COLBOS*, the case with *PSENI*-E280A/*APOECh*, a case with average-onset *PSENI*-E280A familial AD and a case with sporadic AD. Scale bar, 125 µm. **c**, Three-dimensional scatter plot for Aβ, pTau and neuronal density for ERC and CA1 from cases with *RELN-COLBOS*, *APOECh*, familial AD (*n* = 5) and sporadic AD (*n* = 4). The ERC in the case with *RELN-COLBOS* shows the highest neuronal density, with low Aβ and pTau pathologies. **d**, C-terminal RELN and APOE staining of the cases with *RELN-COLBOS*, *APOECh*, familial AD and sporadic AD in the ERC and CA1. The case with *RELN-COLBOS* shows a

(another downstream target of RELN signaling) associated with the *RELN-COLBOS* variant (Supplementary Figs. 11 and 12). Whether this homozygosity requirement is a species-specific effect or whether it depends on other factors such as age is to be examined. Altogether, these data indicate that *RELN*-H3447R is a GOF (hypermorph) variant.

To attempt to correlate the phenotypes of *RELN-COLBOS* in mice and humans, we used a crossbreeding strategy, using our knockin mouse model and a tauopathy mouse model, specifically the STOCK Tg(Prnp-MAPT*P301L)JNPL3HImc mouse from the Hutton's laboratory, distributed by Taconic Biosciences. This mouse model expresses a mutation in the Tau gene, leading to accumulation of Tau tangles



b

stronger background signal in both structures with lower intraneuronal signal for C-terminal RELN in the ERC. Similarly, the case with *APOECh* shows lower intraneuronal signal in ERC with the C-terminal RELN antibody and very low intraneuronal signal in both structures with the APOE antibody (magnified right). Finally, APOE staining shows noticeable plaque- and tangle-like signals in cases with familial and sporadic AD in both structures, the ERC and CA1. Scale bars, 100 µm and 25 µm in the magnified panel. **e**, Klüver–Barrera staining of whole hippocampal and parahippocampal sections (top), together with representative magnified images of parahippocampal subcortical white matter stained with C-terminal RELN antibody in the cases with *RELN-COLBOS*, *APOECh*, familial and sporadic AD (bottom). The case with *RELN-COLBOS* showed increased white matter Luxol Fast Blue signal intensity, while the cases with *RELN-COLBOS* and sporadic AD showed increased intracellular C-terminal RELN signal in white matter. Scale bars, 2.5 mm for the top panel and 25 µm for the bottom panel.

and neuronal loss in specific brain regions, commonly used to study tauopathies²³. The decision to use this mouse model was based on the known effects of RELN signaling on Tau phosphorylation²⁴ and our clinical observations of a relative reduction of tauopathy in certain brain regions from postmortem human brain samples of the protected case. Our study found that male P301L mice expressing the *RELN-COLBOS* allele had a significant reduction of human Tau phosphorylation (pTau205) in the hippocampus (HIC) (Fig. 4d,e) and medulla oblongata (MO) (Supplementary Fig. 13) compared to controls (Fig. 4d). We also observed that the abnormal limb-clasping response, which is a common consequence of tauopathy in mice, was significantly rescued



Fig. 6 | Brain distribution of AD hallmarks in the cases with *RELN-COLBOS* and *APOECh*. a, b, Graphic representation and representative images of the distribution and intensity of pTau (a) and $A\beta$ (b) pathology signals with normalized minimum and maximum values shown in red and blue, respectively in the cases with *RELN-COLBOS* and *APOECh*. The case with *APOECh* showed distinct decreased pTau pathological profiles in all cortices compared to the case

with *RELN-COLBOS*. Despite some distribution differences, the Aβ pathology profile was similarly severe in both cases. AMY, amygdala; CAU, caudate; CNG, cingulate cortex; IPC, inferior parietal cortex; ITC, inferior temporal cortex; MES, mesencephalon; MFC, medial frontal cortex; MTC, middle temporal cortex; OL, occipital lobe; PUT, putamen; STC, superior temporal cortex; THA, thalamus. Scale bars, 250 µm.

in *RELN-COLBOS* mice with the Tau transgene (Fig. 4f,g). Although additional studies of this model are necessary, our findings strongly support our hypothesis that *RELN-COLBOS* is a GOF mutation and it is probably genetically implicated in the resilience to tauopathy.

Postmortem examination of the case with *RELN-COLBOS* indicated neuropathological evidence of severe AD (brain weight = 745.4 g, classified as CERAD C, Braak VI stage and Thal phase 5) with extensive amyloid and Tau pathology, while showing some hippocampal formation-specific findings (Fig. 5, Extended Data Figs. 6 and 7, Supplementary Figs. 14–16 and extended description in the supplementary results). Recently, we reported the neuropathological profile of the *PSENI*-E280A carrier homozygous for the *APOECh* mutation. The Christchurch case showed a unique pathological phenotype among cases with *PSENI*-E280A, with remarkably low pTau pathology in most brain regions except in the visual primary cortex²⁵. In contrast, side-by-side comparisons showed that the case with *RELN-COLBOS* had more pTau pathology relative to the case with *APOECh* except in specific regions (Fig. 6a and Supplementary Fig. 17). Both cases showed extensive A β pathology in all evaluated areas, albeit with some individual differences (Fig. 6b and Supplementary Fig. 17). Microglial morphological assessment of the protected cases indicated that the *APOECh* microglia were significantly more active in the studied areas (Extended Data Fig. 8).

We focused our analysis on the HIC and associated cortices because these structures are known to be affected early in AD²⁶. Neurons in layer II of the ERC and ERC neurons in general are particularly vulnerable to aging and AD²⁷. We measured neuronal density in hippocampal and parahippocampal areas of the cases with *RELN-COLBOS*, the case with AD-resistant *APOECh*, cases with typical *PSENI*-E280A and cases with typical sporadic AD (Fig. 5b, Extended Data Figs. 9 and 10, Supplementary Figs. 18 and 19 and Supplementary Table 10). We found that lower AD pathology was associated with high neuronal density in the ERC of the case with *RELN-COLBOS* compared to the case with *APOECh* or the controls with familial and sporadic AD (Fig. 5c).

This association was not apparent in other subregions such as the CA1 (Fig. 5c and Supplementary Figs. 18 and 19). The cases with *RELN-COLBOS* and *APOECh* showed distinctively lower intraneuronal APOE signal than the controls with familial and sporadic AD (Fig. 5d and Supplementary Table 10) whereas the case with *RELN-COLBOS* showed higher Reelin intracellular signal in the white matter (Fig. 5e and Extended Data Fig. 10).

Neuropathological findings were consistent with our in vivo neuroimaging observations and confirmed a potential role for the ERC as a target of *RELN*-mediated mechanisms critical for the resilience to ADAD.

Discussion

We characterized a male heterozygous for the *RELN-COLBOS* variant who was resilient to the cognitive impairment associated with the *PSENI*-E280A mutation. The observation of low Tau pathology and increased neuronal density in the entorhinal cortex compared to other cases with AD implicates this brain region in *RELN*-mediated mechanisms relevant to protection against AD (Supplementary Table 1 and Figs. 1 and 5b,c). Because the comparative neuropathology was conducted in a relatively low number of cases, the results should not be considered definitive and they are only helpful as informative to generate hypotheses.

A female sibling carrier of the RELN-COLBOS and PSEN1-E280A variants also presented with delayed age at onset of cognitive decline, although with less optimal protection compared to her brother and prolonged end-stage disease. The female sibling had a history of a severe head injury, which required reconstructive surgery, as well as a history of depression and hypothyroidism. These factors may have had an impact on her clinical profile and should be taken into consideration when evaluating her phenotype². In addition, RELN-specific sexual dimorphism may have contributed to her distinct features. We cannot rule out the possibility that other factors, including additional variants, may have contributed to the AD resilience phenotype in RELN-COLBOS carriers. Notwithstanding these potential limitations, others identified RELN as a candidate gene associated with AD pathology in cognitively healthy individuals²⁸ and *DAB1* variants were linked to AD risk in APOE4 homozygotes, further linking the RELN/DAB1 pathway to Alzheimer's²⁹.

We previously reported a female case homozygous for *APOECh* who was resistant to ADAD-related dementia, had widespread amyloid pathology and low Tau pathology in the ERC². Tauopathy was more extensive in the case with *RELN-COLBOS* compared to the *APOECh* homozygote, except for the ERC, which was largely spared in both, suggesting resilience in the case with *RELN-COLBOS*.

The hypermorphic effect of *RELN* is mild. This is the first known report of a *RELN* hypermorph and a stronger effect may not support proper development in this critical signaling process. The experimental evidence of a GOF mechanism for the *RELN-COLBOS* variant, and the fact that a patient with extreme protection against ADAD has it, establish a rationale for genetic implication in the observed phenotypes. Our hypothesis is that *RELN-COLBOS* is not a neutral variant and probably contributes to the phenotype of the individual. It is possible that other genetic variants may also contribute; if so, these variants and their effects will have to be interpreted and compared to the effect of *RELN-COLBOS* using the data we have provided.

The *APOECh* mutation impairs APOE binding to GAG and the APOE receptors^{2,30}. Conversely, the *RELN-COLBOS* variant enhances RELN

binding to GAG and NRP1, possibly giving it a competitive advantage for binding to its receptors⁷. Interactions with GAG-containing proteins like heparan sulfate proteoglycans may enhance local concentration of RELN and amplify its signaling effect. Our analyses of the case with *RELN-COLBOS* revealed a mechanism potentially linking RELN interactions via GAG or other receptors to the protection against AD. Regulation of this RELN-protective pathway, particularly in the ERC, may have a profound therapeutic impact on the resistance to Tau pathology and neurodegeneration, and resilience against cognitive decline and dementia in AD.

Online content

Any methods, additional references, Nature Portfolio reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at https://doi.org/10.1038/s41591-023-02318-3.

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Methods

Clinical assessment

This research complies with all relevant ethical regulations. Written informed consent was obtained from all participants and the local institutional review boards for human research approved the study. This includes the institutional human research ethics committee of the University of Antioquia in Colombia and the Partners Human Research Committee in Boston.

In vivo neuroimaging

We used PiB and FTP PET to image cerebral A β and Tau burden, respectively. Structural MRI and both PET scans were conducted at MGH. The FDG PET was performed at the University of Antioquia and the procedures and data analyses were performed as described previously². Briefly, MRI images were processed with FreeSurfer (v.6.0) to identify surface boundaries and standard ROIs. PET data were acquired and processed according to previously published protocols^{31,32}, whereby PiB data were expressed as DVR (Logan, 0–60 min) and FTP as SUVR (80–100 min), both using cerebellar gray matter as the reference region. PET images were affine coregistered to each individual's T1 images and visualized using FreeSurfer surface projections (sampled at the gray matter midpoint, surface-smoothed 8 mm). No partial volume correction was applied to PET images for the purposes of this study.

Genetic and molecular studies

We conducted whole-exome (WES), WGS and Genomizer (v.10.10) analysis of the individual to obtain a ranking of AD-related potential risk factors as shown previously² and as described in detail in the additional genome sequencing section of the Supplementary Information.

Cell culture

Plasmid encoding for the full-length murine recombinant RELN was a gift from T. Curran via Addgene (plasmid no. 122444 (ref. 14)). The plasmid was subsequently mutagenized to obtain the H3448R mutation homologous of human RELN-H3447R as fee-for-service by Custom DNA Constructs. Primary CD1 brain cortex mouse neurons (catalog no. M-CX-400, Lonza) were cultured in neurobasal medium (Gibco) supplemented with B-27 (Thermo Fisher Scientific), glutaMAX (Gibco) and normocin (Invivogen). Cells were plated on poly-L-lysine-coated (Sigma-Aldrich) wells and treated on day 6 after liquid nitrogen recovery. Treatments with recombinant RELN (WT RELN or RELN-H3448R, 4 μg ml⁻¹, produced by Innovagen) were incubated for either 5 min or 1 h at 37 °C, 5% CO₂ in the presence of 10 µM MG-132 proteasome inhibitor (catalog no. ab141003, Abcam). Cells were washed in ice-cold PBS (Gibco) and lysed in radioimmunoprecipitation assay (RIPA) (catalog no. 9806, Cell Signaling Technology) supplemented with 10 µM Mg-132, Triton-X100 (Sigma-Aldrich), cOmplete, Mini, EDTA-free protease inhibitor cocktail (catalog no. 4693159001, Merck Millipore) and phosphatase inhibitors (catalog no. 4906837001, Sigma-Aldrich; catalog no. P0044, Merck Millipore). Protein concentration was determined by Pierce bicinchoninic acid (BCA) protein assay kit (catalog no. 23227, Thermo Fisher Scientific) according to the manufacturer's instructions. Samples were prepared containing 10 µl Laemmli buffer (Boston Bioproducts) and 4 µl of 1 M dithiothreitol (DTT) (Sigma-Aldrich) and diluted to a final volume of 40 µl with water and denatured 5 min at 90 °C.

Western blotting

A total of 20 μ g of cell lysates were prepared in 4 μ l of 1 M DTT and 10 μ l Laemmli buffer to a final volume of 40 μ l and denatured with heat for 5 min at 90 °C. Samples were separated electrophoretically for 1 h at 90 V using 4–20% precast gradient gels (Mini-PROTEAN TGX, Bio-Rad Laboratories) and Tris-Glycine-SDS buffer (Bio-Rad Laboratories). Proteins were transferred to 0.45- μ m nitrocellulose membranes for 1 h at 90 V in ice-cold 20% Tris-glycine-methanol buffer (Bio-Rad

Laboratories). To detect pDab1 levels, proteins were transferred onto polyvinylidene fluoride membranes using the iBlot 2 dry transfer system (catalog no. IB21002S, Thermo Fisher Scientific). Total protein levels were detected using LI-COR membranes were blocked for 1 h with Odyssey Blocking Buffer (LI-COR Biosciences) or for 2 h with 5% nonfat dry milk (catalog no. M17200-100.0, Research Products International); both protease and phosphatase inhibitor cocktails where blocked for anti-pDab1 western blotting. β-Tubulin (ms host; 1:2,000 dilution, catalog no. 86298S, Cell Signaling Technology), anti-pDab1 (recombinant; 1:7,500 dilution, catalog no. MBS8511213, MyBiorsorce), anti-pGSK3β-Ser9 (1:1,000 dilution, catalog no. D85E12, Cell Signaling Technology), anti-pGSK3β-Tyr216/279 (1:1,000 dilution, catalog no. 05-413, Merck Millipore), anti-GSK3B (1,1,000 dilution, catalog no. 5558. Cell Signaling Technology), anti-GAPDH (1:5.000 dilution, catalog no. ab8245, Abcam) and anti-RELN (ms host, 1:1,000 dilution, clone CR-50, catalog no. D223-3, MBL) were used as primary antibodies and incubated in blocking buffer for either 2 h at room temperature or 18 h at 4 °C. After washing the blots three times with Tris-buffered saline with Tween 20 buffer (Pierce, Thermo Fisher Scientific); secondary antibodies were incubated either 1 h or 45 min at room temperature (IRDye 800CW donkey anti-mouse, catalog no. 925-32212 or IRDye 680CW donkey anti-rabbit; 1:10,000 dilution, catalog no. 925-68073, LI-COR Biosciences). Immunoreactive bands were detected using the Odyssey Infrared Imaging System and visualized on the Image Studio Acquisition Software (v.2.1, LI-COR Biosciences). Detection of pDab1 was obtained with anti-rabbit-horseradish peroxidase-conjugated antibody (catalog no. HAF008, R&D Systems) followed by a 5-min incubation with SuperSignal West Pico PLUS Chemiluminescent Substrate and acquisition on the Syngene G:BOX digital ECL detection system using the Genesys (v.1.5.3.0) software. Validation of DAB1-positive bands was conducted via immunoprecipitation (Supplementary Fig. 3) and mass spectrometry (Supplementary Fig. 4). All other western blot images were acquired using the Odyssey Infrared Imaging System and visualized with Image Studio v.2.1 (LI-COR Biosciences), PowerPoint 365 for macOS (v.16.69.1), Prism 9 (v.9.4.1) (GraphPad Software) and ImageJ v.2.3.0/1.53q. The blots are presented in Figs. 3a and 4a. Supplementary Figs. 10 and 11 were acquired using Genesys v.1.5.3.0.

Heparin-sepharose affinity chromatography

We tested changes in binding to heparin of RELN variants chromatographically using an optimized version of a protocol previously published by our laboratory². Briefly, after equilibration of the heparin column (catalog no. 6554-1, BioVision) at room temperature, columns were washed with five volumes of degassed 20 mM Tris-HCl buffer (pH 7.5). Recombinant C-terminal RELN peptides were produced and purified as fee-for-service by Innovagen: WT RKQNYMMNFSRQHGL-RHFYNRRRSLRRYP and H3447R RKQNYMMNFSRQHGLRRFYNR-RRRSLRRYP. All synthetic peptides listed in Fig. 3 were also produced by Innovagen. One milliliter of 50 µg ml⁻¹ peptide (H3447 or WT and H3447R) was recycled through the column five times; the last flow through was collected for further analysis. The column was washed five times with the same buffer and the protein was eluted using a 0.05 M step gradient of NaCl in 20 mM Tris-HCl (0-1 M, 1 ml per fraction). To ensure the complete release of the protein, the column was washed with 5 M NaCl 20 mM Tris-HCl. Three independent experiments were conducted for C-terminal WT RELN and H3447R. All eluted fractions were analyzed spectroscopically by reading the absorbance at 280 nm with a NanoDrop 2000 Spectrophotometer. Blank-corrected fractions were subsequently analyzed with Prism 8.

HPLC

Fifty microliters of 0.3 μ g μ l⁻¹ Reelin peptides were injected at 0.3 ml min⁻¹into a POROS Heparin 50 μ m Column (4.6 × 50 mm, 0.8 ml; Thermo Fisher Scientific) using 10 mM PBS and 0.15 M KCl as the mobile phase using a Shimadzu SCL-40 instrument. Loading of the sample to

the column was performed for 5 min. Affinity of the samples to heparin was tested using the following gradient steps: 0-13.5 min: at 0.15 M KCl to load the sample; 13.5-14.5 min: at isocratic conditions at 0.5 M KCl; 14.5-24.5 min: at gradient of 0.5-1 M KCl (ramp); 24.5-45 min: at 1 M KCl (isocratic elution); 45-55 min: 1 M KCl at 0.6 ml min⁻¹ (wash); 55.0-56.0 min: ramp to 0.15 M KCl at 0.3 ml min⁻¹; 56.0-59.0 min: 0.15 M KCl (reset column). Fluorescence intensities were measured at an excitation wavelength of 260 nm and emission wavelength of 290 nm, based on the fluorescence properties of aromatic amino acids. Retention times were analyzed with LabSolutions v.5.106. Chromatogram intensities were normalized to the maximum peak intensity in Prism 9.

BLI

We used Fc-fusion Reelin CTR peptides because peptides alone would be smaller than the limit of detection in this experimental design. The fusion proteins were obtained by cloning DNA sequences encoding amino acids 3,429-3,460 of RELN-CTR into the pFUSEN-hG2Fc plasmid from InvivoGen. To assess the heparin-Fc-Reelin interaction, the Octet system was used to assess heparin-protein kinetics as a fee-for-service by Precision Antibody. A total of 50 µg ml⁻¹ biotinylated heparin (catalog no. 375054, Merck Millipore) was immobilized on the biosensor tip surface for 300 s on preconditioned biosensors. This was followed by quenching with biocytin at 50 μ g ml⁻¹, baseline buffer dilution for 120 s, 200 nM of analyte (Fc-fusion proteins) for 120 s and disassociation in assay buffer for 120 s. BLI was additionally used to assess NRP1 protein kinetics at 30 °C and 1,000 rpm agitation; 1 mg ml⁻¹ NRP1 (catalog no. 3870-N1-025, R&D Systems) was biotinylated at a 1:2 molar ratio, desalted and immobilized on the streptavidin biosensor tip (Pall Forte-Bio) surface. This was followed by (1) 180 s of baseline buffer dilution, (2) loading of the ligand (NRP1), (3) 240 s association (analyte) and (4) 300 s disassociation in assay buffer. The assay buffer consisted of an SD Buffer (PBS, 0.05% Tween 20, 0.01% BSA, pH 7.4). The experimental data were fitted with the 1:1 binding model and analyzed with global fitting using the Octet Data Analysis software (v.9) to calculate KD.

ITC

Heparin and peptides were dissolved in Dulbecco's PBS buffer (pH 7.22) and spun for 5 min at 10,000 rpm. Then, 2 μ l of the 500 μ M peptide was successively injected into the cell containing 5 μ M heparin at 25 °C with 180 s between injections and at 1,000 rpm stirring speed (MicroCal iTC200). Data were evaluated using the MicroCal iTC200 Evaluation software (Malvern).

Mouse model and in vivo analyses

We generated the RELN-H3448R-Tg knockin mouse model carrying the RELN-COLBOS variant via homologous recombination as fee-for-service (Taconic-Cyagen) by introducing the H3448R (CAC>CGT) mutation into exon 64 in the 3' homology arm of the RELN gene. Mouse and human RELN have very high homology with 95.2% identity. Human RELN is missing a valine residue at position 15 resulting in it having 3,460 instead of 3,461 amino acids like its mouse counterpart. Structurally, the two proteins have similar domain structure consisting of a signal peptide, an F-spondin-like domain, eight Reelin repeats (RR1-8) and a positively charged sequence at the C terminus. The last 105 amino acids including the region impacted by RELN-COLBOS are identical between mice and human. Gene targeting was obtained using C57BL/6 embryonic stem (ES) cells. Knockin mice were generated by injecting targeted ES cells into blastocysts that were introduced into the foster mothers used to generate the mouse crossings (Supplementary Fig. 7). Mice were killed by placing them in chambers saturated with CO₂. HICs, midbrains, frontal cortices, parieto-occipital regions and CBs were dissected and stored at -80 °C upon cervical dislocation, ensuring a postmortem interval of less than 3 min. Brain homogenates were obtained in modified RIPA buffer (Cell Signaling Technology) supplemented with protease (Roche) and phosphatase (Sigma-Aldrich) inhibitors, using a

tissue homogenizer (two times, 15 s pulses). Homogenized tissue was then vortexed for 20 s every 10 min for 1 h and centrifuged for 10 min at 10,000 rpm and 4 °C. The soluble protein fraction was then analyzed using a BCA assay (Pierce). Using western blotting, we measured the levels of RELN (clone CR-50), Dab1 (clone G-5, catalog no. sc-271136, Santa Cruz Biotechnology), pDab1 (Tyr232) in the CB of adult male and female mice (6-12 months, n = 3 mice for 6 -month-old (m.o.) and 12-m.o. homozygous, *n* = 4 mice for 12-m.o. WT and heterozygous) either WT, heterozygous or homozygous for the RELN-H3448R mutation. This knockin model was crossed with the Tau P301L model from Taconic Biosciences. Littermates were included for analyses throughout. Additional details about mouse model design and clone selection are reported in Supplementary Table 9 and Supplementary Fig. 7. Eighteen-month-old WT and RELN-COLBOS knockin mice, human Tau P301L transgenic mice and crossbred Tau P301L/RELN-COLBOS mice were tested for the behavioral analyses and their brains were collected and prepared for morphological and immunohistochemical studies (Cresyl violet, Klüver-Barrera and pTau T205 IHC, 1:10,000; catalog no. EPR23505-13, Abcam). Animal study protocols were approved by the Schepens Eye Research Institute and the Institutional Animal Care and Use Committee.

Behavioral studies

We used limb-clasping scoring to assess motor deficits in mice according to a previously published protocol²³. Briefly, we habituated the animals to the user for 3 days and assessed the escape response when we elevated each mouse by the tail to promote the limb-clasping reflex while standing on a metal grid. We scored from 0 (observed legs in crossed position) to 2 (observed complete opening of the hind limbs).

Neuropathology characterization

The postmortem interval was 210 min after death. The brain presented frontal lobe-predominant atrophy; the weight of the brain and associated structures was 745.4 g and the interuncal distance was 2.3 cm. After 5 days of fixation in 4% paraformaldehyde and sample preparation in paraffin, 3-µm-thick sections from the medial frontal gyrus, superior temporal gyrus, medial temporal gyrus, inferior temporal gyrus, HIC/collateral sulcus, HIC/uncus, AMY, insula, inferior parietal lobe, OL, cingulate gyrus, lentiform nucleus, caudate nucleus, thalamus/hypothalamus, CB, midbrain/pons and MO were cut, deparaffinized and stained with H&E or processed for IHC staining for AB (1:100: BAM-10. catalog no. Mob410, DBS Emergo Europe), pTau (1:100; AT8, catalog no. MN1020, Thermo Fisher Scientific), ionized calcium binding adapter molecule 1 (Iba1) (1:500; catalog no. 019-19741, Wako), glial fibrillary acidic protein (1:200; catalog no. M0761, DAKO), C-terminal Reelin (1:200; clone E-5, catalog no. sc-25346, Santa Cruz Biotechnology) and APOE (1:100; goat polyclonal, catalog no. AB947, Merck Millipore) and specific secondary antibodies: anti-mouse and anti-rabbit (P0260 and P0447, respectively, DAKO); and anti-neuronal nuclei antibody (clone A60; ms host, 1:100; catalog no. MAB377, Merck Millipore). Visualization was achieved with 3,3'-diaminobenzidine (DAB) (Ventana, Roche) and the Ultraview Universal Detection Kit (Roche) according to the manufacturer's instructions. Automatic immunostaining was performed with a Ventana BenchMark XT system (Roche) according to the manufacturer's instructions. Selected brain areas were also stained with Luxol Fast Blue (for myelin staining) and Klüver-Barrera staining. Cresyl violet staining was used for neuronal perikarya. The neuropathological workup was performed by experienced morphologists blinded to the origin of the sample (M.G. and D.S-F.). Sections were scanned using a Hamamatsu NanoZoomer automatic digital slide scanner (Hamamatsu Photonics) and obtained images and ROIs (cortex for cortical areas, whole stained sections for non-cortical areas) at a resolution of at least 1 px µm⁻¹. Signal intensity, together with particles and total area, were assessed after performing color deconvolution and thresholding in the brown (DAB) color channel using ImageJ (v.1.52p,

NIH)³³. Neuronal counting was performed manually and normalized by area in selected ROIs in the hippocampal and parahippocampal structures. Information on the statistical analysis is reported in the dedicated section.

Statistical analysis

All data presented are expressed as averaged values and errors are expressed either as s.e.m. or s.d. Statistical analyses were performed using Prism 8 or 9. P < 0.05 and an α of 0.05 were considered statistically significant. We used a Kruskal-Wallis test with Dunn post hoc analysis for multiple comparisons of four independent experiments to compare changes between primary cortical neurons treated with either mock, WT RELN or *RELN*-H3448R and presented data as the mean \pm s.e.m. For the SPR data (Fig. 3c and Supplementary Fig. 4), we verified the accuracy of the results with a chi-squared test and compared the sensorgrams obtained experimentally with the sensorgrams generated mathematically by the BIAnalysis software (black line). Values ranging from 1 to 2 were interpreted as significant (accurate), and those below 1 as highly significant (highly accurate). Western blot analyses or neuronal counting of Cresyl violet-stained slides were done using a one-way ANOVA followed by Fisher's least significant difference test for multiple comparisons using Prism 9 (v.9.4.1) as reported in the figure legends. The neuropathological data (Fig. 2) were analyzed and graphs were generated with Prism 8 (v.8.1.1) and the R (v.3.6.3) statistical software (R Foundation for Statistical Computing). Distribution and correlation analyses were performed using a Spearman correlation test. The brain color maps were created with the cerebroViz package for R. The statistical significance of all analyses was determined with * $P \le 0.05$, ** $P \le 0.01$ and *** $P \le 0.001$. Statistical comparisons of two groups were performed using a two-sided Student's t-test.

Inclusion and ethics in global research

The study received institutional review board approval from the MGH, the Mass Eye and Ear and the local ethics committee at the School of Medicine at the Universidad the Antioquia, Medellín, Colombia. This work involved a collaboration between scientists in multiple countries including Colombia, the United States of America and Germany. Contributors from all sites are included as coauthors or in acknowledgements according to their contributions. Researchers residing in Colombia have been involved in study design, study implementation, data ownership and intellectual property as appropriate. The research is locally relevant due to the high prevalence of ADAD. Roles and responsibilities were agreed among collaborators ahead of the research. Local ethics committees approved all research involving human participants. To prevent any stigmatization, any and all identifying information has been removed to preserve the privacy of individuals. The Colombian team has retained ownership of any and all human biological material shared for research purposes.

Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

Data availability

Anonymized clinical, genetic and imaging data are available upon request during working hours, subject to an internal review by F.L., J.F.A.-V. and Y.T.Q. to ensure that participant confidentiality and *PSEN1*-E280A carrier or noncarrier status are protected, completion of a data sharing agreement and in accordance with the University of Antioquia's and MGH's institutional review board and institutional guidelines. Experimental data are available upon request, subject to the MGH and Schepens Eye Research Institute of Mass, Eye and Ear institutional guidelines. Material and data requests will be considered based on a proposal review, completion of a material transfer agreement or a data use agreement (or both) and in accordance with the MGH and Schepens Eve Research Institute of Mass, Eve and Ear institutional guidelines. Please submit requests for participant-related clinical and imaging data and samples to Y.T.Q. (yquiroz@mgh.harvard.edu); requests for experimental data and materials, genetic and scRNA-seq data should be sent to I.F.A.-V. (joseph arboleda@meei.harvard.edu): and requests for neuropathology specimens should be forwarded to F.L. (francisco. lopera@gna.org.co). The RELN-COLBOS mouse model will be made freely available to the community via the Mutant Mouse Resource and Research Centers repository. The CTR-RELN NMR structure is available via the Protein Data Bank (PDB) platform (https://doi.org/10.2210/ pdb8g21/pdb). WES and WGS data were analyzed with the following resources: hs37d5genome (ftp://ftp.1000genomes.ebi.ac.uk/vol1/ftp/ technical/reference/phase2 reference assembly sequence/hs37d5. fa.gz): SW Edico Genome DRAGEN Pipeline v.01.011.231.02.05.01.40152: HW Edico Genome DRAGEN Pipeline v.01.011.231; BCFtools v.1.9 (http:// samtools.github.io/bcftools/); Ensembl Variant Eeffector Predictor v.94 (https://uswest.ensembl.org/info/docs/tools/vep/index.html); gnomAD v.2.0.1 (http://gnomad.broadinstitute.org/downloads); bcbio-nextgen suite v.1.1.2 (https://github.com/bcbio/bcbio-nextgen); Exomiser v.10.1.0; Cartagenia v.5.0 (https://www.genomeweb.com/ resources/new-product/cartagenia-bench-lab-50); QIAGEN HGMD Professional Database v.2018.2; OMIM latest version at the time of the data analysis; ExAC release 0.3 and gnomAD latest online version http:// gnomad.broadinstitute.org/.Source data are provided with this paper.

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Author contributions

F.L., J.F.A.-V. and Y.T.Q. initiated this work and directed and supervised the study. F.L., C.M., A.S.C., D.S.-F., J.F.A.-V. and Y.T.Q. drafted the manuscript. F.L., Y.T.Q., A.B., J.S.S., C.V.-C., L.R.G., K.S.K., Y.B., D.Aguillon, L.A.K., S.D.-T., Y.S., Y.C., A.S., R.A.S., K.J., E.M.R. and L.G.-B. collected and analyzed the biomarker and imaging data. D.S.-F., J.L.L., N.D.V.-M., K.H., K.P., S.K., A.V. and M.G. conducted and analyzed the neuropathology work. J.F.A.-V., K.L.S.-T., X.G., M.B., J.J. and L.S. collected and analyzed the genetic data. J.F.A.-V., C.M., A.S.C., M.O.H., N.C., G.M.O., D.S., A.S.C., K.L.S.-T., R.C.M., H.G., S.J.A.-A. and D.Amarnani conducted and analyzed the laboratory, cell culture and biochemistry work. C.M. and A.S.C. analyzed the data and contributed to finalizing the manuscript. F.L., J.F.A.-V., Y.T.Q. and D.S.-F. had direct access to and verified the data reported in the manuscript. F.L., C.M., A.S.C., M.O.H. and N.D.V.-M. are equal contributors listed as first coauthors. J.F.A.-V., Y.T.Q. and D.S.-F. are senior and corresponding authors.

Competing interests

None of the authors were precluded from accessing data in the study; they accept responsibility to submit the manuscript for publication. J.F.A.-V. and L.A.K. are cofounders of Epoch Biotech, a company developing resilient case-inspired therapeutics. Y.T.Q., J.F.A.-V. and F.L. serve as consultants for Biogen. K.S.K. consults with Expansion Therapeutics, ADRx Pharma and Herophilus, and serves on the board of directors of the Tau Consortium. E.M.R. is a compensated scientific advisor to Alzheon, Aural Analytics, Denali, Retromer Therapeutics and Vaxxinity, and a cofounder and advisor to ALZpath, which was not involved in this study. The other authors declare no competing interests.

Additional information

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Correspondence and requests for materials should be addressed to Diego Sepulveda-Falla, Joseph F. Arboleda-Velasquez or Yakeel T. Quiroz.

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Extended Data Fig. 1 | Whole-cortex (vertex-wise) comparison of *RELN-COLBOS* carrier to typical MCI *PSENI* E280A carriers' tau PET. This analysis confirmed that compared to other *PSENI* E280A carriers who developed MCI at younger ages, the *RELN-COLBOS* carrier had relatively spared tau PET signal in the medial temporal lobe (entorhinal cortex / parahippocampal gyrus), but not in other areas including temporal neocortex. **a**, Cortical surface projection of vertex-wise tau PET (Flortaucipir, FTP) standardized uptake value ratio (SUVr) in the *RELN-COLBOS* carrier. **b**, Mean tau PET image of typical MCI*PSENI* E280A

carriers (n = 7). **c**, difference analysis between images (**b**) and (**a**): negative values indicate areas where *RELN-COLBOS* carrier had higher tau PET signal compared to other carriers, and vice-versa. **d**, T-value for one-sample 2-sided t-tests comparing other *PSENI* E280A carriers to the *RELN-COLBOS* patient. Directionality of effect size is the same as (**c**). Panel **e** shows T-values as in (**d**) masked by p value < 0.05 (uncorrected). **f**, Inferior / close-up view of surfaces shown in (**e**).



Extended Data Fig. 2 | **Regional comparison of tau PET burden in** *RELN-COLBOS* carrier versus other *PSENI* **E280A** carriers. This analysis confirmed that compared to other *PSENI* **E280A** carriers who developed MCI at younger ages, the *RELN-COLBOS* carrier had relatively spared tau pathology in the medial temporal lobe (entorhinal cortex / parahippocampal gyrus), but not in other areas including temporal neocortex (inferior temporal). **a-c**, Regional tau PET signal (Flortaucipir, FTP) standardized uptake value ratio (SUVr) in three regions of interest: entorhinal (EC, **a**), inferior temporal (IT, **b**), and precuneus (PC, **C**). **d-f**, Ratios of tau PET uptake in medial temporal (EC) and neocortical (IT, PC) regions. **d**, EC:IT ratio, **e**, EC:PC ratio, **f**, ratio of EC to average of IT and PC (neocortical average). The tau pattern of the *RELN-COLBOS* patient was notable for the relative involvement of medial temporal versus temporal neocortex, particularly given the older age of the *RELN-COLBOS* patient compared to other carriers.



Extended Data Fig. 3 | RELN CTR structural determination. a, *In silico* models for the 20 lowest energy structures of CTR-RELN produced by 2D NMR. b, Representative CD spectra of CTR-RELN without heating showing that the CTR-RELN has primarily an alpha helical structure while the peptide without 50%

2, 2, 2-Trifluoroethanol has a spectrum closest to a random coil. Data is presented as the average of four spectra. Secondary structure analysis is reported in Supplementary Table 7.



Extended Data Fig. 4 | Increased neuronal density in the cerebellum's granular layer in the presence of the H3448R *RELN* **mice. presence of the H3448R** *RELN* **mice. a**, Representative Cresyl violet staining of n = 3 midsagittal sections from male *RELN* mice (WT/WT, WT/H3448R, H3448R/ H3448R; 5–6-month-old mice). Data is showing that the H3448R variant does not affect qualitatively the gross anatomy, nor neuronal distribution in the whole brain. Scale bar, 2.5 mm. **b**, Cresyl violet staining of the granular region of the cerebellum, indicating an increased neuronal density in the homozygotes (H3448R/H3448R) as compared to wild type (WT/WT) and heterozygote (WT/H3448R) mice. Scale bar, 500 μ m. **c**, Neuron density analysis of the granular layer of the *RELN*-H3448R cerebellum in comparisons to wild type. Data indicates a significantly increased neuron counting (*p = 0.0470, n1 = n2 = 4, t = 2.300, DF = 9) in homozygotes (H3448R/H3448R) as compared with wild type (WT/WT). One-way ANOVA, followed by Fisher's LSD test post-hoc analysis for multiple comparison of n = 4 specimens for each genotype. Data is presented as mean ± S.D. At least 2 sections and 5 fields per section were analyzed for each specimen.



Extended Data Fig. 5 | **pDab1 levels in different brain regions of the novel H3448R-***RELN* **transgenic mouse model. a**, Representative blots of pDab1 and GAPDH levels in hippocampus, frontal cortex and parietal-occipital cortex of total homogenate obtained from *RELN* WT/WT, *RELN* WT/H3448R and *RELN* H3448R/H3448R brains (n = 3). **b-c**, Quantification of normalized to GAPDH levels of pDab1 positive bands detected in the hippocampus (b), frontal cortex (c), and parietal-occipital cortex (d) from RELN WT/WT, *RELN* WT/H3448R and *RELN* H3448R/H3448R male mice at 16 weeks of age, n = 3 mice. Data is

showing that there are significantly increased pDab1 levels in the presence of the homozygous H3448R mutation compared to heterozygous and WT hippocampus (**b**, *p = 0.03866, WT/WT vs. WT/H3448R, n1 = n2 = 3, t = 3.32, DF = 6; *p = 0.01596, WT/WT vs. H3448R/H3448R, n1 = n2 = 3, t = 2.63773, DF = 6). For all quantification, we used one-way ANOVA, followed by Fisher's Least Significant difference (LSD) test for multiple comparisons. All data is presented as average \pm s. e.m.



Extended Data Fig. 6 | **IHC staining for Amyloid β.** MFG = Medial frontal gyrus, STG = Superior temporal gyrus, MTG = Medial temporal gyrus, ITG = Inferior temporal gyrus, HP-C = Hippocampus/collateral sulcus, HPUncus = Hippocampus/uncus, Amy = Amygdala, Ins = Insula, IPL = Inferior

parietal lobe, OL = Occipital lobe, GC = Gyrus cinguli, LN = Lentiform nucleus, CN = Caudate nucleus, T-H = Thalamus/Hypothalamus, CB = Cerebellum, MP = Midbrain/pons, MO = Medulla oblongata. Scale bar = $100 \ \mu m$.



Extended Data Fig. 7 | **IHC staining for ptau.** MFG = Medial frontal gyrus, STG = Superior temporal gyrus, MTG = Medial temporal gyrus, ITG = Inferior temporal gyrus, HP-C = Hippocampus / collateral sulcus, HP-Uncus = Hippocampus/uncus, Amy = Amygdala, Ins = Insula, IPL = Inferior parietal lobe, OL = Occipital lobe, GC = Gyrus cinguli, L = Lentiform nucleus, CN = Caudate nucleus, T-H = Thalamus/Hypothalamus, CB = Cerebellum, MP = Midbrain/pons, MO = Medulla oblongata. Scale bar = 100 μ m.



Extended Data Fig. 8 | Morphological assessment of microglia in *RELN-COLBOS* and *APOECh* protected cases. a, Representative pictures of ionized calcium binding adaptor molecule1 (IBA1) stained microglia in frontal cortex, hippocampus, and occipital cortex from both, *PSENI* E280A *RELN-COLBOS* case and the *PSENI* E280A *APOECh* homozygous case. Bar, 50 µm. **b**, **c**, Violin plots for size and circularity assessment in *RELN-COLBOS* and *APOECh* cases. The *RELN-*

COLBOS showed significantly larger microglia in frontal cortex (FC, number of particles, np = 45679) and hippocampus (Hip, np = 21407), and smaller microglia in the occipital cortex (OC, np = 22365). Microglial circularity was higher in the *APOECh* case in all areas (np values for *APOECh*: FC = 18537, Hip = 14265, OC = 23845). P \leq 0.001 ****. Two-sided Student's test was used for analysis.



Extended Data Fig. 9 | Klüver Barrera staining of the *RELN-COLBOS* case, the *APOECh* case, a representative *PSEN1* E280A FAD case and a representative SAD case. Klüver-Barrera staining using luxol fast blue staining for myelin and cresyl violet staining for neuronal perikaryal in selected brain regions.

Code-colored lines, regions of interest for neuronal density measurements in *Cornu Ammonis* (CA) structures CA1, CA2, and CA3, together with the Dentate Gyrus, *Subiculum, Presubiculum* and Entorhinal cortex. Scale bar, 3 mm.



Extended Data Fig. 10 | See next page for caption.

Extended Data Fig. 10 | Analysis of the white matter signal in the RELN-COLBOS in comparisons to other AD cases. a, Representative images for luxol fast blue (LFB) staining (large panel and small left panels) and RELN-CT (small right panel) of the sub hippocampal white matter of the *RELN-COLBOS* case, the *APOECh* case, a representative *PSENI* E280A FAD case and a representative SAD case. Scale bars, 50 µm. **b**, Bar graph for normalized measurement of white matter relative to total LFB signal of the *RELN-COLBOS* case, the *APOECh* case, *PSENI* E280A FAD cases (n = 5) and SAD cases (n = 4). Both the *RELN-COLBOS* case and the *APOECh* case show relative higher white matter signal than the other FAD cases. **c**, Bar graph for the quantification of RELN-CT signal in round particles in the sub-hippocampal white matter of the *RELN-COLBOS* case, the *APOECh* case, *PSENI* E280A FAD cases (n = 5) and SAD cases (n = 4). The *RELN-COLBOS* case shows higher RELN-CT signal intensity than all FAD cases, including the *APOECh* one. **d**, Line graph for RELN-CT positive round particles signal intensity distribution in the *RELN-COLBOS* case, the *APOECh* case, *PSENI* E280A FAD cases (n = 5) and SAD cases (n = 4). The *RELN-COLBOS* case showed a larger percentage of particles with higher RELN-CT signal intensity when compared with the other AD cases. **e**, Scatter plot of Spearman's Rho correlation analysis for LFB signal intensity and RELN-CT round particles signal intensity in all analyzed AD cases. A statistically significant positive correlation was identified (p = 0.003, R = 0.818).

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	\square	A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly		
		The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.		
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\boxtimes		A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)		
		For null hypothesis testing, the test statistic (e.g. F, t, r) with confidence intervals, effect sizes, degrees of freedom and P value noted Give P values as exact values whenever suitable.		
\boxtimes		For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings		
\boxtimes		For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes		
\boxtimes		Estimates of effect sizes (e.g. Cohen's <i>d</i> , Pearson's <i>r</i>), indicating how they were calculated		
		Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.		

Software and code

Policy information about availability of computer code

Data collection	 High performance liquid chromatography (HPLC) data was collected on Shimadzu LabSolutions Version 5.101.; Whole exome and genome sequence data was collected at the Broad Institute, Cambridge, Massachusetts. Single cell RNA sequencing data was collected at Boston University Microarray Facility, Boston, Massachusetts. Western blotting data was collected the Odyssey Infrared imaging system connected to Image Studio Version 2.1 (LI-COR Biosciences),or GeneSys V1.5.3.0. softwares (blot probed with anti Dab1). ELISA data acquisition and analysis: Gen 5 1.11 .Ink (Version 1.11.5). Mass Spectrometry Data was collected as a fee-for-service at the Taplin Biological Mass Spectrometry Facility (Harvard Medical School, Boston, MA) using nano-scale reverse-phase HPLC capillary column upon gradient elution using acetonitrile and formic acid via an electrospray ionization-LTQ Orbitrap Velos Pro ion-trap mass spectrometer (Thermo Fisher Scientific, Waltham, MA). Surface plasmon resonance data was collected using Biacore 3000 Control Software v4.1. Bio-layer interferometry data was collected using Octet Data Acquisition Software v9.0.
Data analysis	 Whole exome and genome sequence data was analyzed using the following tools: Reference Genome – hs37d5 (ftp://ftp.1000genomes.ebi.ac.uk/vol1/ftp/technical/reference/phase2_reference_assembly_sequence/hs37d5.fa.gz) Edico Genome Dragen Pipeline Version - SW: 01.011.231.02.05.01.40152, HW: 01.011.231 bcftools 1.9 (http://samtools.github.io/bcftools/) Ensembl VEP v94 (https://uswest.ensembl.org/info/docs/tools/vep/index.html) Gnomad r2.0.1 (http://gnomad.broadinstitute.org/downloads) bcbio nextgen tool suite v1.1.2 (https://github.com/bcbio/bcbio-nextgen) Exomiser v 10.1.0 Cartagenia version 5.0 (https://www.genomeweb.com/resources/new-product/cartagenia-bench-lab-50)

- HGMD: Qiagen HGMD[®] Professional Database 2018.2

- OMIM: OMIM latest version at the time of analysis

- ExAC: ExAC release 0.3

- GnomAD: latest online version http://gnomad.broadinstitute.org/

The Genomizer, available as part of the Java application Exomiser (version 11.0.1), was used for the interpretation of non-coding variants including the splicing or regulatory variants, along with the Exomiser's variant prioritization on the coding variants. Inheritance mode: Genes filtered for compatibility with AUTOSOMAL_DOMINANT,AUTOSOMAL_RECESSIVE,X_RECESSIVE,X_DOMINANT,MITOCHONDRIAL inheritance. Explicitly removed variants with variant effects of type: [NON_CODING_TRANSCRIPT_INTRON_VARIANT, FIVE_PRIME_UTR_INTRON_VARIANT, THREE_PRIME_UTR_INTRON_VARIANT, INTERGENIC_VARIANT]

Single-cell RNA sequencing analysis:

- Raw sequencing data: Cell Ranger software suite v3.0.2 (demultiplexing, barcode processing, transcript counting and clustering analysis).

- Downstream analysis, feature-barcoding: Seurat R-package V3

- Clustering: Cell Ranger and viewed using Loupe Cell Browser.

- The gene-cell count: SCTransform algorithm V3

- Non-linear dimensional reduction: RunUMAP with the UMAP algorithm.

Precuneus to whole-brain cerebral metabolic rate for glucose (CMRgI) ratio analysis: F-fludeoxyglucose PET image using an automated brain mapping algorithm (SPM8; http://www.fil.ion.ucl.ac.uk/spm/software/spm8).

Hippocampal to total intracranial volume ratio analysis: FreeSurfer (http://surfer.nmr.mgh.harvard.edu)

Western Blotting data processing: Images were visualized using Image Studio Version 2.1 (LI-COR Biosciences), Microsoft PowerPoint for MacOS(Version 16.69.1), GraphPad Prism 9 (Version 9.4.1, La Jolla California), Image J 2.3.0/1.53q. (Blots presented in figure 2A, 3A Supplementary Figure 7, 8, 10, 11, and extended data Fig. 5)

ELISA data analysis: Gen 5 1.11 .Ink (Version 1.11.5); GraphPad Prism 8 (Version 8.1.1)

Circular dichroism (CD) data was deconvoluted using the online deconvolution software BeStSel (https://bestsel.elte.hu/).

Nuclear magnetic resonance (NMR) data Data was analyzed with NMRPipe and CCPNmr 2.4.2; structures were calculated with Cns 1.2.1 and aria 2.3.2.

NMR data were assessed in PyMol Version 2.3.3 (https://pymol.org/).

Bio-layer interferometry (BLI) experimental data were fit with the 1:1 binding model and analyzed with global fitting using Octet Data Analysis software to calculate KD.

Isothermal titration calorimetry (ITC) data was collected and evaluated using the MicroCal iTC200 Evaluation software (GE).

Surface plasmon resonance data was collected using BIAevaluation software v4.2.

Bio-layer interferometry data was collected using Octet Data Analysis Software v9.0

Raw data was collected in GraphPad Prism 8 or 9 (8.1.1, or Version 9.4.1, La Jolla California). The same software was also used to generate figures.

Mass Spectrometry data was analyzed using Sequest (Thermo Fisher Scientific, Waltham, MA). Histopathology data analysis was performed using GraphPad 8 (8.1.1) and R Software (ver. 3.6.3).

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio guidelines for submitting code & software for further information.

Data

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- For clinical datasets or third party data, please ensure that the statement adheres to our policy

Anonymized clinical, genetic, and imaging data are available upon request during working hours, subject to an internal review by F.L., J.F.A.-V., and Y.T.Q. to ensure that the participants' confidentiality, and PSEN1 E280A carrier or non-carrier status are protected, completion of a data sharing agreement, and in accordance with University of Antioquia's and Massachusetts General Hospital's IRB and institutional guidelines. Experimental data is available upon request, subject to Massachusetts General Hospital and Schepens Eye Research Institute of Mass Eye and Ear institutional guidelines. Material requests and data requests will be considered based on a proposal review, completion of a material transfer agreement and/or a data use agreement, and in accordance with the Massachusetts General Hospital and Schepens Eye Research Institute of Mass Eye and Ear institutional guidelines. Please submit requests for participant-related clinical and imaging data and samples to Y.T.Q. (yquiroz@mgh.harvard.edu); and, requests for experimental data and materials, genetic and single- cell RNA sequencing data to J.F.A.-V. (joseph_arboleda@meei.harvard.edu); and, requests for neuropathology specimens to F.L. (francisco.lopera@gna.org.co). The RELN COLBOS mouse model will be made freely available to the community via the Mutant Mouse Resource and Research Centers repository (MMRRC). NMR structure is available via PDB.org platform (DOI). Whole exome and genome sequence data was analyzed using the following tools and databases: Genome Dragen Pipeline Version - SW: 01.011.231.02.05.01.40152, HW: 01.011.231; bcftools 1.9 (http://samtools.github.io/bcftools/); Ensembl VEP v94 (https://uswest.ensembl.org/info/docs/tools/vep/

index.html); Gnomad r2.0.1 (http://gnomad.broadinstitute.org/downloads); bcbio nextgen tool suite v1.1.2 (https://github.com/bcbio/bcbio-nextgen); Exomiser v 10.1.0; Cartagenia version 5.0: https://chla.ngs.cartagenia.com/; HGMD: Qiagen HGMD® Professional Database 2018.2; OMIM: OMIM latest version at the time of analysis; ExAC: ExAC release 0.3 http://exac.broadinstitute.org/; GnomAD: latest online version http://gnomad.broadinstitute.org/

Human research participants

Reporting on sex and gender	We reported data for men and women according to their reported sex. We reported potential sexual dimorphism for the protective phenotype.
Population characteristics	All research participants belonged to an extended family with autosomal dominant Alzheimer's disease from Colombia. Only individuals older than 28 years old were invited to participate, given previous findings of evidence of amyloid pathology in their brains starting at that age. Both women and men were invited to participate.
Recruitment	All participants were recruited from the Colombia Alzheimer's Prevention Registry, which currently has more than 6,000 members. This registry is maintained by the Group of Neurosciences of the University of Antioquia (PI: Francisco Lopera). Recruited participants were compensated. Informed consent from subjects include their agreement to not know their genetic status while asymptomatic. Local researchers minimize the possibility of self-selection bias by facilitating access to participation by traveling to the locations where the subjects reside.
Ethics oversight	Inclusion & ethics in global research The study has IRB approval from Massachusetts general hospital, the Mass Eye and Ear of Boston, MA, and the local Ethics Committee at the Universidad the Antioquia. This work involves a collaboration between scientist in multiple countries including Colombia, USA, and Germany. Contributors from all sites are included as co-authors or in acknowledgments according to their contributions. Researchers residing in Colombia have been involved in study design, study implementation, data ownership and intellectual property as appropriate. The research is locally relevant due to high prevalence of ADAD. Roles and responsibilities were agreed amongst collaborators ahead of the research. Local ethics committees approved all research involving human subjects. To prevent any stigmatization any and all identifying information has been removed to preserve subjects privacy. The Colombian team has retained ownership of any and all human biological materials shared for research purposes

Policy information about studies involving human research participants and Sex and Gender in Research.

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

Life sciences

Behavioural & social sciences

Ecological, evolutionary & environmental sciences

For a reference copy of the document with all sections, see <u>nature.com/documents/nr-reporting-summary-flat.pdf</u>

Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

For clinical data: Sample size of subjects for comparison studies was defined solely by the availability of subjects with relevant information studied under similar conditions. For data presented in Figure 1: According to IRB regulation, PET imaging could not involve repeated measurements. For all other data: sample size was stated in both methods and figure legends for each biological experiments. Sample size calculations are not applicable for the functional assays and structural determination we used. For western blotting analyses we conducted a power analysis to determine the minimum statistically significant sample size.
No data was excluded.
For Clinical data, 11 impaired and 18 unimpaired carriers were analyzed as reported in Supplementary Table 2. Brain imaging for the male subject was only conducted once because of feasibility and availability of the patient. Data on amyloid and tau pathology was validated postmortem via immunohistology. Accordingly, all attempts for replication were confirmed. We thoroughly explored independent experimental designs to determine RELN biology and functional interactions with heparin. Data presented in Fig. 2A is expressed as mean ± s. e. m of n = 4 independent biological experiments tested on individual blots. For SPR and BLI data, a range of untagged (SPR) or Fc-fusion peptides (BLI) were used to determine the KD. The determined rate constants are independent of sample concentration. Data presented in Fig. 4A, Supplementary Fig. 8, 9, 11, 12, and extended data Fig. 5 is expressed as the average of brain homogenates obtained from different mice as showed in the blots. N = 3 mice were use for 3 m.o., 6 m.o., 12 m.o. (H3448R/H3448R only) mice. n = 4 mice were used for 12 m.o. WT or WT/H3448R as indicated in the figure legend. When available both male and females were used.

sample preparation, HPLC data (Fig 3) was replicated with an n = 2 independent sample runs from the same sample preparation.

CD data (Extended Data Fig. 3) was not replicated, but the data was confirmed with NMR (Fig 2F, 3A, Extended Data Fig. 3). For NMR, in total 200 structures were calculated, and the 20 lowest energy structures were selected.

Calorimetry data (ITC, Fig. 2) data was plotted as the average of four spectra.

ELISA data presented in Supplementary Figure 5 is replicated by n = 2 independent experiments of n = 3 technical replicates.

Data presented in Extended Data Fig. 4 was replicated by analyzing at least n = 5 image field from n = 4 (WT) of n = 3 (WT/H3448R, H3448R/H3448R) specimens obtained from different mice.

Data presented in Figure 4 D, Supplementary Figures 10 and 13 were replicated by analyzing images from n = 3 specimens per genotype. Data was replicated twice.

Data presented in Figure 4G was replicated by scoring behavior on n = 13 RELNWT/Tau-P301L mice and n = 11 RLN-H3448R H3448R/Tau-P301L crossed male mice.

Randomization	Subjects are randomized to ensure inclusion of mutation carriers. Mice were also randomized by giving a masked numerical ID to perform unbiased behavioral paradigms and postmortem analyses. Biophysical and in vitro analyses were randomized using alphanumerical coding that was decoded post analysis. Cell culture experiments were randomized by masking treatments using alphanumerical coding.
Blinding	Clinicians were blinded regarding the mutation status of the carriers. Investigators were blinded for data collection and analysis of circular dichroism, NMR structural determination, isothermal titration calorimetry, bio-layer interfermetry, histological analyses, western blotting and behavioral studies.

Reporting for specific materials, systems and methods

Methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems

n/a	Involved in the study	n/a	Involved in the study
	Antibodies	\boxtimes	ChIP-seq
	Eukaryotic cell lines	\boxtimes	Flow cytometry
\boxtimes	Palaeontology and archaeology		MRI-based neuroimaging
	Animals and other organisms		
\boxtimes	Clinical data		
\boxtimes	Dual use research of concern		

Antibodies

Primary antibodies for western blotting: β-Tubulin (ms; 1:2,000; 86298S, Cell Signaling, lot. 3), anti-phospho-Dab1 (Rb; 1:7,500; Antibodies used MBS8511213, MyBiorsorce, lot. B14D06), anti-phospho-GSK3β-Ser9 (1:1,000, D85E12, Cell Signaling, lot. 55585), anti-phospho-GSK3β-Tyr216/279 (1:1,000, 05-413, Millipore, lot. 8337766), anti-GSK3β (1,1000, 5558, Cell Signaling, lot.8), anti-GAPDH (1:5,000, ab8245, Abcam, lot GR3428701-1), anti RELN antibody (ms, 1:1,000, clone CR-50, D223-3, MBL, lot. 017). Secondary antibodies for WB: IRDye 800CW donkey anti-mouse IgG secondary antibody (1:10,000, cat. 925-32212, Licor); IRDye 680CW donkey anti-rabbit IgG secondary antibody(1:10,000, cat. 925-68073, Li-COR). Rabbit IgG-HRP conjugated antibody (1:2000, HAF008, R&D Systems) and Super Signal™ West Pico PLUS Chemiluminescent Substrate (undiluted. cat.34580. Thermo Fisher). Antibodies used for staining of fixed tissue: for amyloid beta (BAM-10, 1:100; Mob410, lot. Q319; DBS Emergo Europe, The Hague, The Netherlands), hyperphosphorylated tau (AT8, 1:100; MN1020, lot. PA198065; Thermo Fisher, Dreieich, DE), phosphorylated tau (T205, 1:10000; EPR23505-13, lot. GR3355978-1; Abcam, Hilversum, Netherlands), ionized calcium-binding adaptor molecule 1 (Iba1, 1:500; 019-19741, lot. WTF4691; Wako, Neuss, Germany), glial fibrillary acidic protein (GFAP, 1:200; M0761, lot. 41327882; DAKO GmbH, Jena, DE), anti-neuronal nuclei antibody (NeuN Clone A60, 1:100; MAB377, lot. 3604693, Merck/Millipore, Darmstadt, Germany), and specific secondary antibodies anti-mouse and anti- rabbit (P0260, lot. H2211 and P0447, lot. H221U respectively, DAKO GmbH, Jena, DE), Histofine Simple Stain MAX PO ® Anti-Goat, Immuno-peroxidase Polymer (414161F, lot. H2204A Nichirei Bioscience Inc., Tokyo, Japan,). Visualization was achieved with 3,3'-Diaminobenzidine (DAB, Ventana, 92 760-500, lot. 10 J19566 Roche AG, Basel, Switzerland) and the Ultraview Universal Detection Kit (92 760-500, lot. 10 J19566, Roche AG, Basel, Switzerland) according to manufacturer instruction. Validation We only used commercially available antibodies that were previously validated by the relative companies. For validation, on supplier websites are shown either ELISA or WB data using positive and or negative controls to validate each target.

Eukaryotic cell lines

'olicy information about <u>cell lines and Sex and Gender in Research</u>		
Cell line source(s)	The Fc-fusion peptides were produced in HEK293 cells as a fee-for-service by Innovagen AB (Lund, Sweden). HEK293 cells were purchased by Innovagen from Invitrogen (cat. 51-0029). Primary CD1 brain cortex mouse neurons obtained from day 14/15 embryos of mixed sex (M-CX-400, Lonza) and Flp-In T Rex 293 mammalian cells (R78007, Thermo Fisher Scientific) cell line.	
Authentication	All cell lines were authenticated by resistance/susceptibility to the antibodies listed by the providers Innovagen AB (HEK293) and Lonza (M-CX-400, cell type further confirmed via IHC and ELISA using GFAP, MAP2, and Tuj, IHC only) and Thermo Fischer (R78007)	
Mycoplasma contamination	Reported by the providers to be negative via PCR	
Commonly misidentified lines (See <u>ICLAC</u> register)	The cell line we used is not listed as misidentified lines according to the "ICLAC Register of misidentified cell lines V11".	

Animals and other research organisms

Policy information about studies involving animals; ARRIVE guidelines recommended for reporting animal research, and Sex and Gender in Research

Laboratory animals	RELNH3448R-Tg knock in (KI) mouse generated at Taconic, Tg(Prnp-MAPT*P301L)JNPL3Hlmc mouse model from Taconic. Both stains were crossed and different offspring genotypes analyzed as indicated. For all experiments, animals were housed at the Animal Care Facility of the Schepens Eye Research Institute, Boston, MA according to IACUC approved protocols. Animals were housed with regular light/dark cycle, controlled air flow and regular diet with ad libitum access. When specified, both males and females were tested. For post mortem analyses 3 m.o., 6 m.o. 12 m.o. and 18 m.o. mice were tested.
Wild animals	No wild animals were used in the study.
Reporting on sex	When possible we reported data for both, male and female sex. Findings were statistically significant in males when indicated by the statistical analysis.
Field-collected samples	No field collected samples were used in the study.
Ethics oversight	Animal studies were approved by The Schepens Eye Research Institute and the Institutional Animal Care and Use Committee (IACUC).

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Not used

Magnetic resonance imaging

Used

Experimental design

Design type	Structural MRI.	
Design specifications	none	
Behavioral performance measures	none	
Acquisition		
Imaging type(s)	Structural MRI, T1 images.	
Field strength	3 Tesla MRI scanner.	
Sequence & imaging parameters	T1 3-D images.	
Area of acquisition	Whole brain was acquired. Volumetric analysis focused on the hippocampi.	

Diffusion MRI

Preprocessing		
Preprocessing software	Freesurfer (http://surfer.nmr.mgh.harvard.edu).	
Normalization	n/a	
Normalization template	n/a	

Noise and artifact removal	n/a	
Volume censoring	n/a	
Statistical modeling & inference		

Model type and settings	Volumetric analyses.	
Effect(s) tested	n/a	
Specify type of analysis: 🗌 Whole brain 🛛 ROI-based 📄 Both		
Anatomical location(s) Hippocampal volume		
Statistic type for inference (See <u>Eklund et al. 2016</u>)	n/a	
Correction	n/a	

Models & analysis

n/a Involved in the study

Functional and/or effective connectivity

Graph analysis

 \ge

Multivariate modeling or predictive analysis