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THE MECHANISM OF THE RESPIRATORY AND
TRANSPORT EFFECT OF THYROID HORMONE

by

Uri Aharon Liberman
M.D., Hebrew University and Hadassah Medical School, 1963

DISSERTATION

Submitted in partial satisfaction of the requirements for the degree of

DOCTOR OF PHILOSOPHY

in

ENDOCRINOLOGY

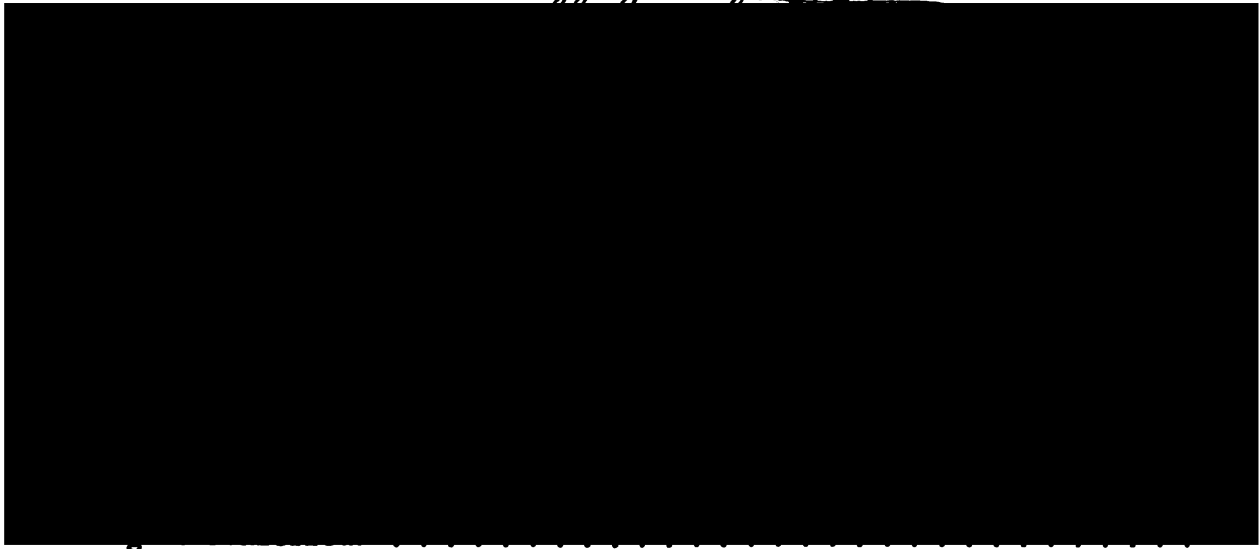
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To Ayala

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ABSTRACT

The hypothesis that the thermogenic action of thyroid hormone is mediated mainly through energy expenditure in active transmembrane sodium transport was examined in the rat small intestinal epithelium, a tissue in which net transepithelial Na^+ transport occurs. The underlying mechanism for this effect was investigated.

It was shown that the stripped jejunal mucosa which contained mainly epithelial cells, was a thermogenic target organ for thyroid hormone action. Administration of T_3 to thyroidectomized and euthyroid rats stimulated oxygen consumption (QO_2) and Na^+ -transport dependent respiration $\text{QO}_2(t)$. An appreciable fraction of the increment in QO_2 after thyroid hormone administration was due to increased energy utilization by the Na^+ -pump of jejunal mucosa. Activation of the Na^+ -pump accounted for 55% of the increment in QO_2 in the transition from the hypo- to euthyroid state and 30% in the transition from the euthyroid to the hyperthyroid state. T_3 treatment also increased the number of epithelial cells per unit length of small intestine. I postulated, therefore, that a part of the increment in the Na^+ -pump independent respiration, after T_3 administration, might be due to energy required for morphogenesis.

Administration of thyroid hormone to thyroidectomized and euthyroid rats increased the specific activity of the membrane bound $\text{Na}^+ + \text{K}^+$ activated Mg^{2+} dependent adenosine triphosphatase (NaK-ATPase) in jejunal crude plasma membrane fractions. No comparable change, after the administration of the hormone, was recorded in the activity of another membrane bound enzyme - Mg^{2+} activated adenosine triphosphatase (Mg-ATPase) in the same preparations. Moreover, there was a constant ratio of

$QO_2/NaK-ATPase$ and $QO_2(t)/NaK-ATPase$ in the various thyroid states, as well as a close correspondence between the increase in enzyme activity and the increase in $QO_2(t)$ after administration of T_3 . These results, namely the proportional increases in QO_2 and NaK-ATPase activity, supported the inference of a causal relationship between Na^+ -pump activity and the thermogenic response.

A filtration method for the measurement of specific binding of 3H -ouabain to plasma membrane fractions was developed. A linear correlation between NaK-ATPase activity of a jejunal crude plasma membrane fraction and specific binding of 3H -ouabain to this fraction was established. T_3 administration to thyroidectomized rats caused a significant increase in the number of specific 3H -ouabain binding sites in jejunal crude plasma membrane fractions. By utilizing a Lineweaver-Burk plot, the reciprocal values of 3H -ouabain bound to the plasma membrane fraction as a function of free 3H -ouabain in the incubation media, estimates of maximal number of 3H -ouabain binding sites (N_{max}) and dissociation constants (K_d) were obtained. I concluded that administration of T_3 to thyroidectomized rats increased the number of active Na^+ -pump sites in the plasma membrane but with no apparent change in the characteristic properties of these pump sites.

Administration of thyroid hormone to thyroidectomized rats did not elicit any measurable changes in transepithelial potential difference (PD) and short-circuit current (I_{sc}) of the stripped jejunal mucosa as measured in vitro.

The results presented in this thesis support the sodium pump hypothesis in thyroid thermogenesis. Thyroid hormone probably induces an increase in the number of active Na^+ -pump sites.

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ABBREVIATIONS

ADP - adenosine-5'-diphosphate

ATP - adenosine-5'-triphosphate

C^o - degrees Celsius

Ca²⁺ - calcium ion

Cl⁻ - chloride ion

cyclic AMP - cyclic 3',5'-adenosine monophosphate

cm - centimeters

cpm - counts per minute

EDTA - ethylenediaminetetraacetic acid

Eq - equivalents

g - gram

³H - tritium

hr. - hour

K⁺ - potassium ion

L - liter

M - molar

m - milli

Mg²⁺ - magnesium ion

mg - milligram

mM - millimolar

ml - milliliter

mV - millivolts

Na⁺ - sodium ion

O₂ - oxygen

O_{sm} - osmolal

^{32}P - radioactive phosphorus

T_3 - L-3,5,3'-triiodothyronine

T_4 - L-3,5,3',5'-tetraiodothyronine

TCA - Trichloroacetic acid

μ - micro

wt. - weight

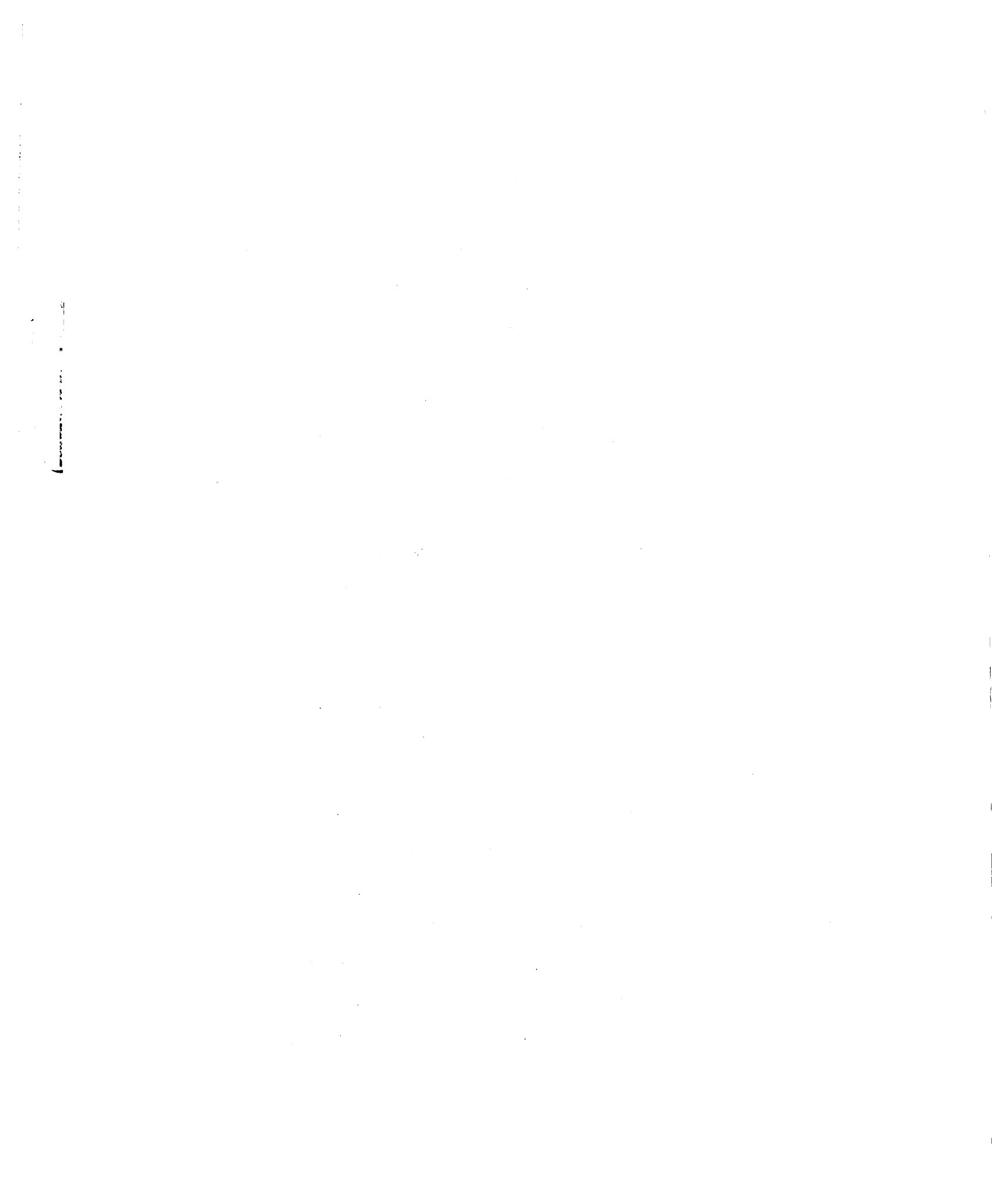
\sim - approximately

I. INTRODUCTION

A. Historical Background

The description of goitre dates back to the second and first millennium B.C. in accounts provided by Chinese, Hindu and Egyptian writers (90). The existence of endemic goitre and its association with endemic cretinism, was described in medieval Europe by many physicians living in or near the Alpine regions, e.g. Paracelsus and others (105). In 1850 Curling (35) reported the first necropsy findings of complete absence of the thyroid gland in two children with clinical cretinism; he used this term to describe a combination of idiocy and dwarfism. Thus, he provided the first evidence of the importance of the thyroid gland to growth and development in man. Gull's (60) in 1874 and Ord (122) four years later recorded that cretinoid changes could occur in adults, and suggested the term myxaedema to describe the condition. Kocher (86) and Reverdin (134) reported of myxodema in some of their patients who had been subjected to a complete surgical thyroidectomy. In 1884 Schiff (140) demonstrated that thyroidectomy in animals partially reproduced the clinical syndrome of myxoedema, and that the symptoms could be prevented by grafting the thyroid gland of the same animal elsewhere in the body. In 1891, Murray (114) demonstrated that the administration of a glycerol extract of sheep's thyroid corrected the clinical picture of hypothyroidism. Thus it was proved that the thyroid gland secretes a substance which is essential for health.

The second distinctive feature of the thyroid gland on bodily function, is its effect on metabolic rate. In 1895 Magnus-Levy (104) demonstrated that hypothyroid patients consumed oxygen (QO_2) at a lower rate and hyperthyroid patients at a higher rate than normal subjects. Rohrer (137) in 1924, observed increased rates of oxygen consumption in vitro,



by liver, kidney and skeletal muscle excised from mice made hyperthyroid by administration of desiccated thyroid. Three years later, Foster noted that oxygen consumption of diaphragm obtained from thyroidectomized animals was abnormally low. Many reports followed that established that QO_2 of skeletal muscle, heart, diaphragm liver, kidney, salivary gland, gastric mucosa and skin taken from hypothyroid, euthyroid or hyperthyroid animals parallel total body QO_2 of the host (17). In contrast, brain, gonades, spleen, thymus, gastrointestinal smooth muscle and lung were unresponsive to the metabolic action of thyroid hormone (16). From these observations it was concluded that the effect of thyroid on QO_2 of the whole body is exerted through control of the rate of energy turnover in hormone-responsive tissues. Since oxidative reactions account for almost all the heat production in animal cells, this effect is referred to as thyroid thermogenesis.

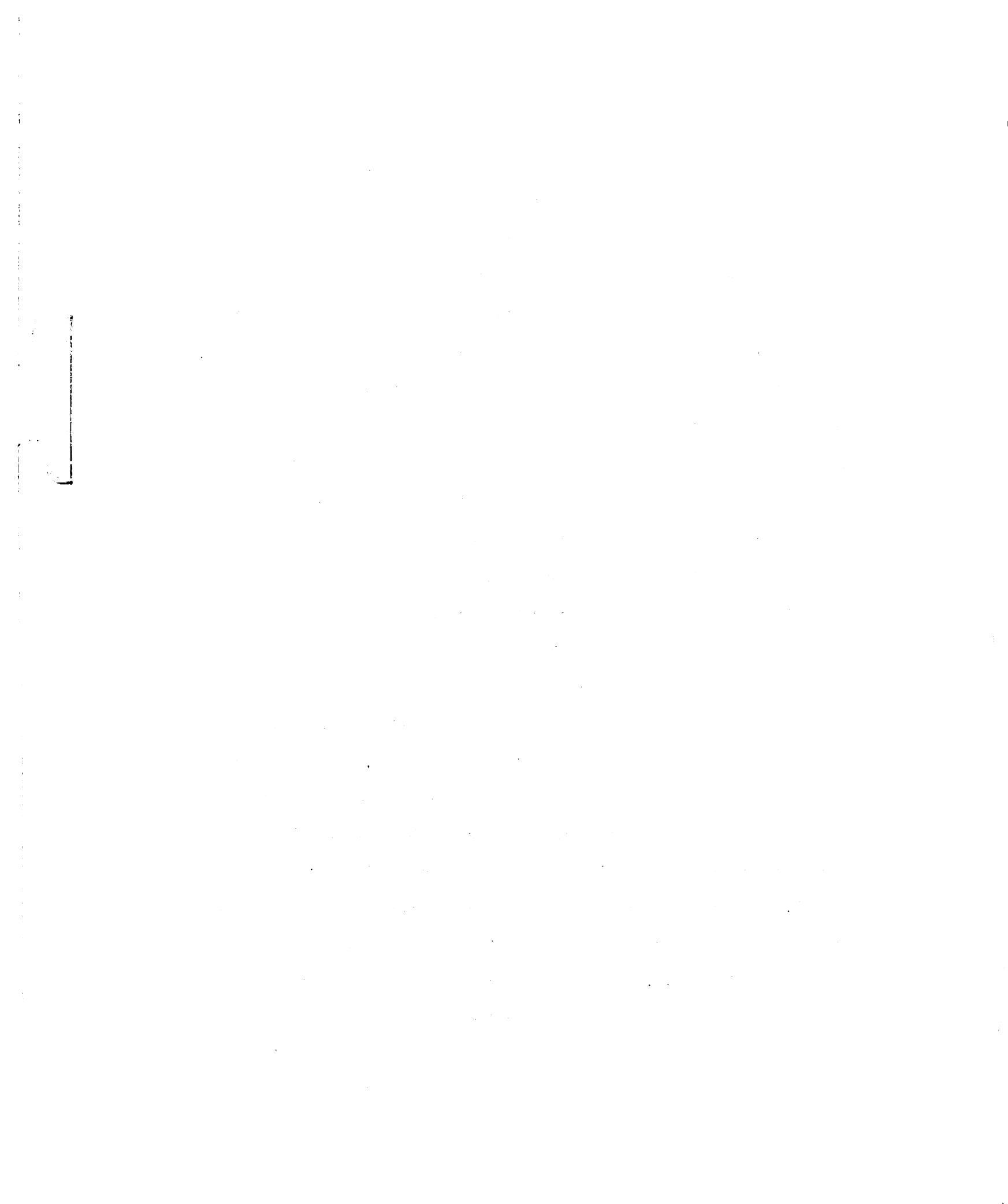
The observations that the thyroid gland secretes an essential substance for health, evoked a search for the active principal and led to the key discovery by Baumann (21) that the thyroid gland contains considerable amounts of iodine. He also demonstrated that most of the iodine was contained in a protein fraction, that could be hydrolyzed, and was effective in relieving the signs of hypothyroidism both in man and in experimental animals. Kendall (81) in 1914 separated and crystallized thyroxine (T_4). Thirteen years later Harrington and Barges (63) synthesized the hormone. In 1951 Gross and Pitt-Rivers (57,58) identified another thyroid substance, 3,5,3'-triiodothyronine (T_3) in the circulation, and in the thyroid gland (59). On a molar basis the new compound was 3-5 times more potent in biological activity than T_4 (59). Recently deiodination of T_4 to T_3 in peripheral tissues was observed (27,149) and raised the question of whether



T_4 is an active substance or a precursor to T_3 in target tissues.

B. The "Uncoupling" Hypothesis of Thyroid Thermogenesis.

In adult mammals and birds, thyroid hormones control oxygen consumption. Because most of the total QO_2 involves mitochondria, attention was focused on that organelle as the site of action of the hormone. 2,4 Dinitrophenol (DNP) is an agent known to increase metabolic rates in vivo and in vitro, and in this respect has a similar effect to thyroid hormones. Loomis and Lipman in 1948 (100) found that DNP dissociated oxidative phosphorylation from respiration. QO_2 of tissue suspensions may continue normally, or may even be stimulated, but no coupled phosphorylation of ADP to ATP takes place, causing a marked fall in the P/O ratio. These observations evoked a search for a similar uncoupling effect of thyroid hormones, as the possible mechanism of the thermogenic action of the hormones. In the early 1950's it was reported that the P/O ratio was low in mitochondria from thyroxine treated rats and that addition of the hormone to mitochondrial preparations caused uncoupling as well (66,91,115,119). Subsequent studies however, questioned the validity of the uncoupling hypothesis as the basic mechanism in thyroid thermogenesis. Decreased P/O ratios of mitochondria were observed only when very high concentrations of thyroxine, in the range of 10^{-5} to 10^{-4} were employed (66,91,115), at the same dosage of thyroxine, mitochondrial QO_2 was usually depressed (66,91,115). Thus the principal effect of the hormone was not expressed. No correlation between structure and activity was observed, concerning the uncoupling effect, i.e. stereo isomers and physiologically inactive compounds exert the same effect as L-thyroxine, (166) and no difference between the effect of T_4 and T_3 was documented, though the latter is about 5 times more potent in intact animals (59). It was found that T_4 in huge



Concentrations resulted in osmotic swelling and structural derangement of mitochondria and it was suggested that the uncoupling was secondary to these changes (165,166). When lower, more physiological concentrations of thyroid hormones were employed, a thermogenic action could be recorded only after a 12 hour lag period and the effect peaked at 48-72 hours (75,169), no changes in oxygen consumption were recorded when T_3 was added in vitro either to tissues or isolated mitochondria (12). Furthermore, it was observed that administration of lower dosages of thyroid hormones in vivo produced an increase in tissue QO_2 and of isolated mitochondria with normal mitochondrial P/O ratios and respiratory control (45,167,169,174).

C. Sodium Pump Hypothesis.

It was shown mainly by Tata and his group that thyroid hormones increase the rates of RNA and protein synthesis sequentially in adult mammalian target tissues. The increase in respiratory activity as well as the effect of thyroid hormones on growth and development were blocked by inhibitors of protein and RNA synthesis, e.g. puromycin, actinomycin-D and 5-fluorouracil, when injected together with the hormone (83,168,175). It was suggested, therefore, that the effect of the hormones on metabolic activity was best explained by preferential synthesis of respiratory and phosphorylative units. This assumption has been supported by electron microscopic studies, that showed an increase in size, number and amount of cristae in skeletal muscle mitochondria, following thyroid hormone administration (38,61).

In homeotherms, cell content of energy rich nucleotides is exceedingly small compared to the rate of energy consumption. The turnover time of total content of adenosine triphosphate is about a minute or less in most mammalian tissues. Thus, ATP production in the cell is tightly



coupled to ATP consumption or the availability of the phosphate acceptor-ADP. Furthermore, it was found that under conditions when the supply of substrate and oxygen are ample the respiratory rate of mitochondria as well as intact cells depends on ADP concentration (85,92). It may be concluded therefore, that any process that increases ATP production will be accompanied by an increase in utilization of the energy rich nucleotides, and vice versa, any primary increase in ATP consumption will be followed, under controlled conditions, by an appropriate change in the rate of ATP production.

The observations cited above and the evidence of normal coupling between respiration and phosphorylation in mitochondria at various levels of thyroid hormone administration led Edelman and Ismail-Beigi (41,42) to suggest that energy utilization as a primary or secondary process is involved in the action of the hormone. Such an endergonic process should meet two criteria: a) The process should be common to all target tissues for thyroid thermogenesis and b) The process should have the capacity to use energy at a rate that is sufficient to account for the increase in QO_2 encountered in various thyroid states. A process that meets these requirements is transmembrane active Na^+ transport. In all mammalian tissues, the extrusion of Na^+ from the cell is against an electrochemical gradient and requires an input of energy. It has been estimated that under resting conditions from 20 to 45% of the total QO_2 is devoted to active sodium transport (72,185,188).

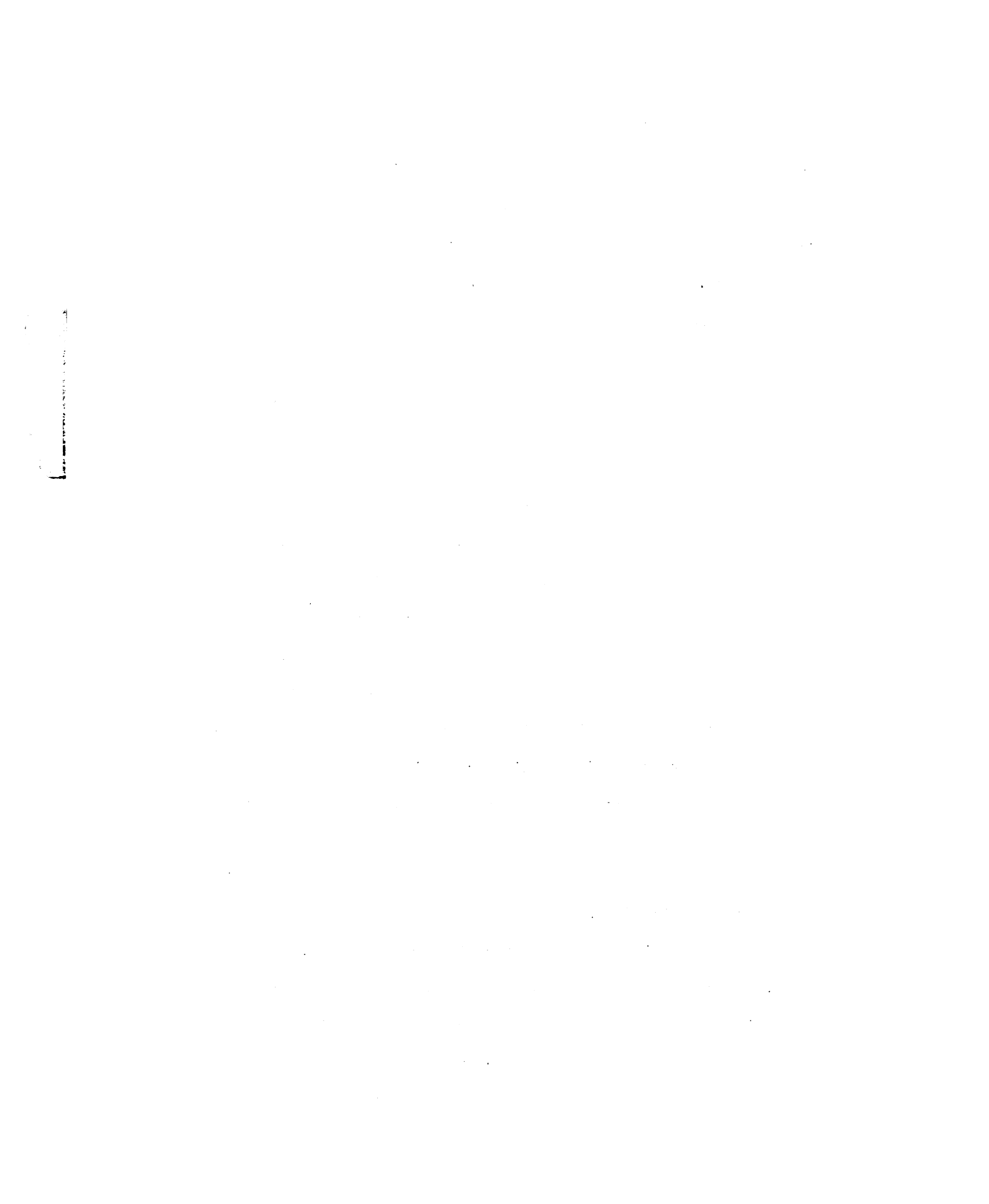
Experiments were conducted in three different tissues: liver, striated muscle and kidney and under three different thyroid conditions: hypothyroid, euthyroid and hyperthyroid states. It was observed that thyroid hormone administration to thyroidectomized or euthyroid rats caused an increase of

from 35 to more than 100% in QO_2 in these tissues and that 30 to 100% of these increments could be attributed to increased utilization of energy by the Na^+ pump (72,73). These observations supported the hypothesis that thyroid activation of Na^+ transport is an important mediator of the calorogenic response. Thyroidal stimulation of energy expenditure by the Na^+ pump could be a consequence of an action on one or more pathways.

A) An increase in the permeability of the cell membrane to Na^+ would increase intracellular Na^+ concentration and stimulate pump activity.

B) A decrease in the efficiency of the pump would obligate the use of more ATP per mole of Na^+ extruded. C) A primary effect on the mitochondria, leading to an increase in ATP synthesis could stimulate Na^+ transport by raising the ATP concentration at the pump site and D) A primary effect on the membrane-bound Na^+ -pump, either by enhancing the activity of pre-existing pump sites or by an increase in the number of transport units could result in higher rates of Na^+ extrusion from the cell. It is possible that thyroid hormone will activate more than one mechanism.

However, if one of these effects is dominant, a possible separation between two groups from the four proposed mechanisms could be achieved by determining changes in intracellular ion concentrations. It was found that administration of T_3 to either hypothyroid or euthyroid rats lowered the intracellular ratio of Na^+/K^+ by 20 - 40% in liver slices in vitro and in diaphragm and heart in vivo (74). These observations supported either mechanism c or d as the main pathway for thyroid hormone effect. Fletcher and Myant (48,49) previously found a fall in ATP content of liver cells from hyperthyroid rats. Recently, it was observed that administration of T_3 to euthyroid and thyroidectomized rats lowered the ATP/ADP ratio; though the effect was not statistically significant in the latter group



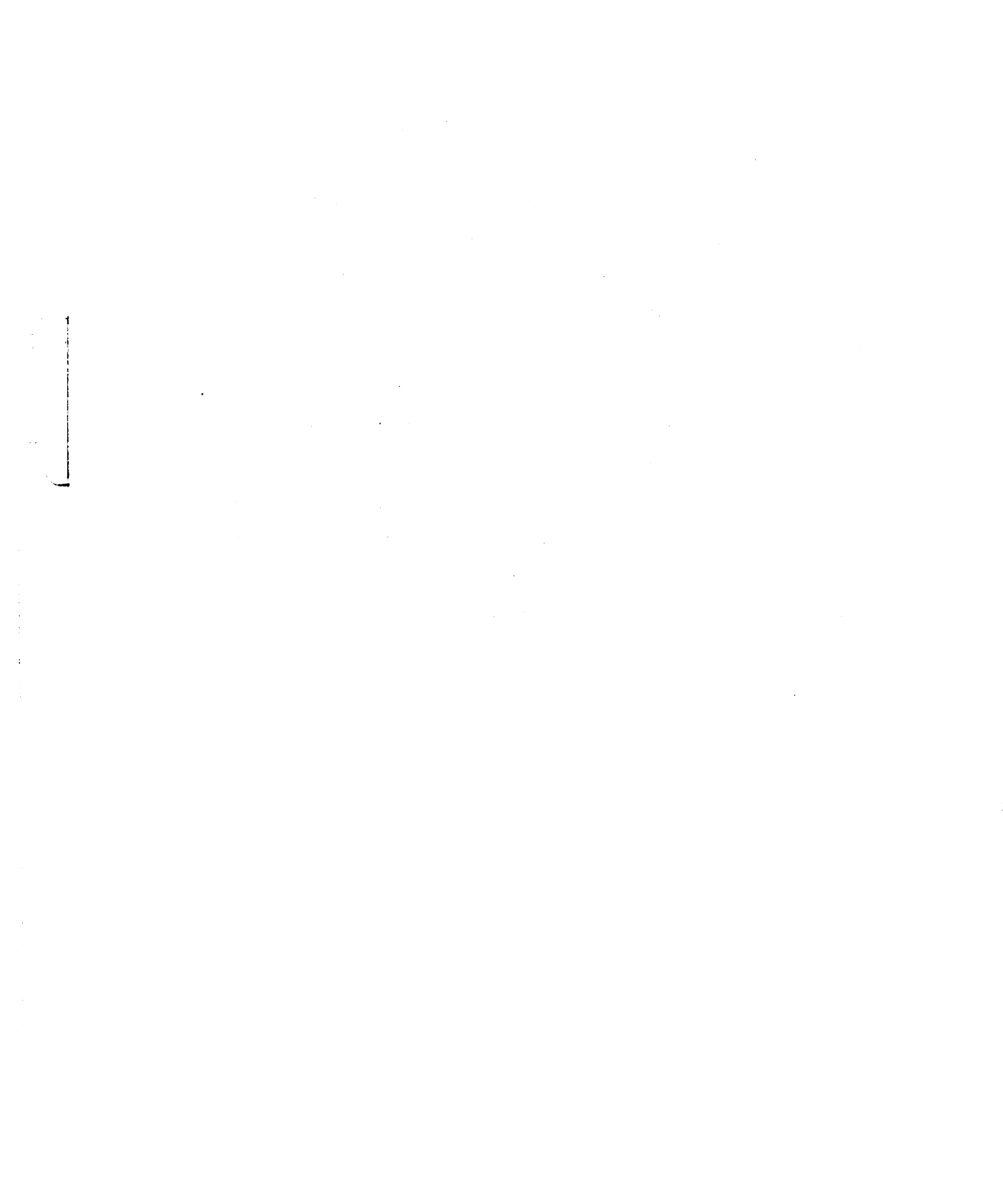
(76). These measurements of the adenine nucleotides were done on whole tissue and do not exclude the possibility of hormonal effects on ATP/ADP distribution or changes in the ATP/ADP ratio at the local pump site. These findings are, however, consistent with the hypothesis that thyroid hormone primarily acts on the Na^+ pump (as described under d above). The work of Skou (156) and others has established that the membrane bound Na^+ and K^+ activated Mg^{2+} dependent adenosine triphosphatase (NaK-ATPase) is the biochemical expression of the Na^+ pump. The effect of thyroid hormone on NaK-ATPase activity in crude homogenates and partially purified cell membrane fractions from liver and kidney was assessed in the different thyroid states. It was found that the specific activity of NaK-ATPase varied in thyroid states and in the same direction as the changes in oxygen consumption coupled to active Na^+ transport ($\text{QO}_2(t)$) (73). These observations provided additional support to the hypothesis of primary effects of thyroid hormone on Na^+ - pump activity.

NaK-ATPase determination in these experiments were performed under V_{max} conditions. The increase in specific activity of the enzyme following administration of T_3 could reflect therefore, either a qualitative or quantitative change in Na^+ - pumps. In order to differentiate between these possibilities, and to elucidate the mechanism of thyroid hormone regulation of the enzyme activity, a direct measurement of the number of active Na^+ - pumps in each of the different thyroid states is needed.

The experiments described above were performed on nonpolar cells; no net transport of ions occurred under the steady state conditions. The amount of energy expended on active Na^+ transport was assessed indirectly by blocking Na^+ pump activity. Further information is needed on the effect of thyroid hormone on QO_2 and $\text{QO}_2(t)$ in tissues in which net Na^+

transport occurs and is measurable. Thus the existence of a quantitative relationship between active Na^+ transport and respiration could be evaluated. A tissue that seems to be suitable for these experiments is the small intestine. Active transmural Na^+ transport, from the lumen to the serosal capillary network is known to occur in the small intestine. An important role of thyroid hormones in the physiology of the gastrointestinal tract has long been indicated by the frequent and major clinical symptoms of diarrhea in hyperthyroidism and constipation in hypothyroidism. The known effects of thyroid hormones on some physiological parameters will be discussed in the appropriate chapters.

The research project to be described was designed to provide information on: a) the effect of thyroid hormone on QO_2 and NaK-ATPase activity of small intestine, b) the effect of the hormone on the number of Na^+ pump sites in the plasma membrane of intestinal epithelium, and c) the effects of thyroid hormones on the quantitative relationships between QO_2 , $\text{QO}_2(t)$, NaK-ATPase activity, and net transepithelial Na^+ transport.



II. THE EFFECT OF T₃ ON QO₂ OF JEJUNAL EPITHELIUM

A. Introduction.

Conflicting reports on the effect of thyroid hormones on respiration of small intestine have appeared previously - Althausen in 1949 (9) reported that injections of T₄ stimulated glucose absorption and QO₂ of intestinal slices in vitro by 30 - 35%. Bronk and Parsons (29) found that jejunal rings taken from hypothyroid rats respired normally, but one injection of T₃ (30 µg subcutaneously) increased QO₂ by 26%. Seshardi (150), on the other hand, observed that injection of T₄ into euthyroid rats for 3 days (100 µg/100g body wt) decreased QO₂ of the upper part of the intestine in vitro.

The studies to be described were designed to assess the effect of thyroid hormone on QO₂ and QO₂(t) of the upper part of the small intestine.

There is no practical method to measure directly the part of the respiration that is devoted to active sodium transport QO₂(t). Thus, I used a "difference" method: The rate of oxygen consumption per unit weight (QO₂) was determined simultaneously with tissue respiration after the sodium pump activity was inhibited [sodium-transport independent respiration (QO₂')]. The calculated difference between QO₂ and QO₂' was taken as the sodium transport - dependent respiration QO₂(t) .

B. Materials and Methods

1. Animals and tissue preparation.

Male, Sprague-Dawley rats, from a local supplier (Simonsen Labs Inc. Gilroy, Calif.) body weight 130-180 grams, were maintained on Purina chow ad libitum. A hypothyroid state was achieved by surgical thyroidectomy, a special effort was made to leave at least two parathyroid glands intact.



The animals were used 3-4 weeks post surgery. Three criteria were used as measures of thyroid status 1) growth rate; all rats were weighed twice a week 2) serum thyroxine-iodine; blood samples were taken by percutaneous or open cardiac puncture and T_4 levels measured by the competitive binding method of Murphy and Patee (112,113) (Lazaroni Medical Laboratories, San Francisco, California) and 3) heart rate, measured by electrocardiogram. The last two tests were performed on selected groups rather than as a routine. The animals were anesthetized with an intra-peritoneal injection, 8 mg/100g body wt., of Inactin Na^+ ethyl-(1-methyl-propyl)-malonyl-thio-urea (Promonta, Hamburg, Germany). $Na-L-3,5,3$ - tri iodothyronine (Cal biochem, San Diego Calif.) was dissolved and diluted in 5×10^{-4} M NaOH at a final concentration of 150 μ g/ml and frozen until used. A control solution of 5×10^{-4} M NaOH was prepared at the same time. Rats of about equal body weights and age were randomly assigned to hormone or control groups. Euthyroid or thyroidectomized rats were injected subcutaneously with T_3 50 μ g/100 g body weight, or an equivalent volume of the diluent on alternate days, for a total of three injections. The dosage and number of injections were chosen on the basis of the work of Tata (169) and recent work from our laboratory (72). The animals were sacrificed 16-24 hours after the last injection (the reason for this time schedule will be discussed later). The rats were killed by decapitation, and the abdomen opened by a midline incision. A segment of small intestine about 60 cm. length, starting from the pylorus, was taken out and placed in ice cold, oxygenated, modified Na^+ - Ringers solution. The composition of the Na^+ Ringers solution was as follows: Na^+ -135, K^+ -5.0, Mg^{++} -0.5, Ca^{++} -1.0, Cl^- -138, $H_2PO_4^-$ -5.0, Tris base-5.0, glucose - 10 (all in mM), pH -7.4 and osmolality 290 mOsm/kg water. The first 10-12 cm. of

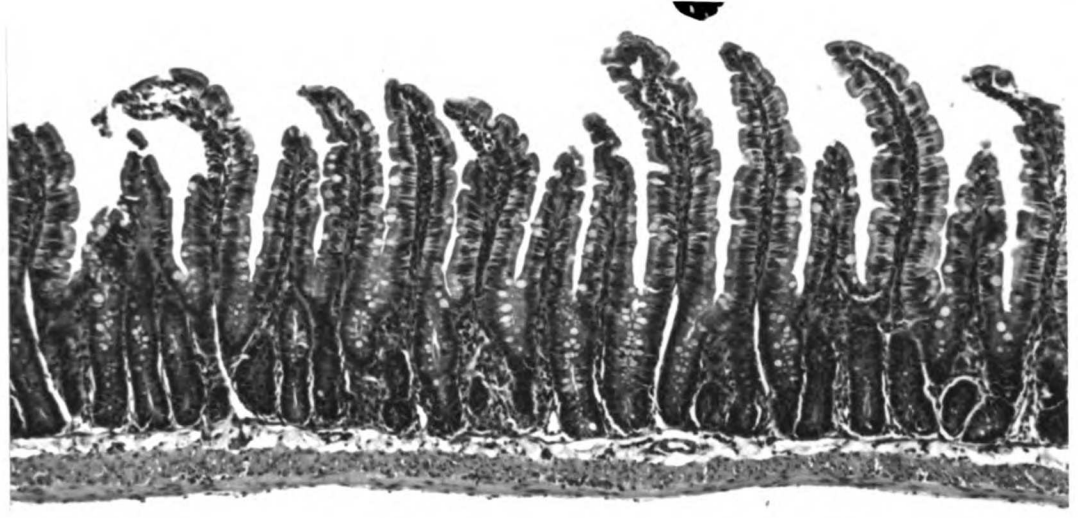
gut distal to the pylorus were discarded, the next section of about 10 cm length from the ligament of Treitz was cut out of the proximal end of the small intestinal segment and the lumen rinsed with ice cold Na^+ -Ringers solution 20 ml x 3, through a blunt needle with a 20 ml syringe. The intestinal section was then slid onto a glass rod with a tapered point that had been prewetted in the ice cold physiological solution, and the intestine and rod were placed in Na^+ -Ringer solution chilled on ice (3-4°C). Under a magnifying glass, the fat and mesentery were pulled along the mesentery reflection with a pair of fine curved forceps. The serosa and longitudinal and transverse layers of muscularis externa were loosened, starting at the point of the mesentery reflection and working around the intestine in both directions. This was done until about 2-3 cm. of the intestine was free of these layers at the mesentery reflection, and the reverse side had about 0.5 cm free. The remaining length of intestine was stripped by loosening the layers of the mesentery reflection and progressively moving the stripped front down the length of the section.

To ascertain which anatomical portions of the intestine had been removed by the surgical procedure and to make sure that the structural integrity of the mucosal border had been maintained, histological sections of stripped rat gut preparation were prepared. The tissues were fixed in formalin solution and stained with hematoxylin-eosin. Three photomicrographs, representative of the observations made, were taken of the intestine of a single rat. Figure 1a-II is a cross section of rat jejunum on which no mechanical manipulations had been performed. Figure 1b-II shows a section of rat jejunum that had undergone the stripping procedure and Figure 1c-II the stripped portion. As can be seen, the stripping procedure yields an intact mucosal preparation from which the serosa, and the

Figure 1 - II

- a. Cross section of rat jejunum on which no mechanical manipulation have been performed. X 110.
- b. Cross section of a stripped rat jejunum. X 136.
- c. Serosa and muscularis externa layers from the preparation in Figure 1b - II. X 100.

a



b



c



longitudinal and transverse layers of muscularis externa had been removed.

The stripped intestine was cut longitudinally with a sharp scalpel blade, the mucosal sheet was transferred to a large Petri dish, and cut into pieces transversally. The relatively uniform and undamaged pieces were selected for measurements of $\dot{V}O_2$. Tissue from two animals, T_3 injected and control, were prepared for each experiment. The time of tissue preparation, in the cold, for each experiment was approximately 20 minutes.

2. Oxygen consumption measurements.

One piece of tissue (2.5-4.0 mg dry weight) was placed in a Warburg flask containing 2.0 ml of oxygenated Na^+ -Ringers solution with or without ouabain. To trap the CO_2 produced during the experiment, a small filter paper disc (Whatman #1) with 0.1 ml of 12% KOH was placed in the side arm. Respiratory rates were measured with a Warburg respirometer (Aminco, Silver Springs Md.). During the first 5 minutes the flasks were gassed with 100% O_2 , the connectors to the oxygen tank were then closed and equilibration continued for an additional 20 minutes. Respiratory rates were determined at 37°C (182). Manometer readings were taken at 15 or 30 minutes intervals for 90 minutes. $\dot{V}O_2$ of each specimen was determined in triplicates and the results were averaged.

There is good evidence that ouabain (Strophanthin-G) is a specific inhibitor of Na^+ transport (185,188). It was shown recently, by comparing $\dot{V}O_2$ in Na^+ -free media to that obtained in the presence of a maximally effective concentration of ouabain ($10^{-3}M$) and to a combination of ouabain and Na^+ -free media, that ouabain inhibits selectively and completely Na^+ -pump activity in several tissues (11,42,72,73). I decided therefore to use ouabain in a final concentration of $10^{-3}M$ to inhibit Na^+ transport

in this series of experiments. After about 60 minutes in the respirometer the QO_2 of the jejunal mucosa consistently declined: If oxygen consumption during the first 30 minutes (25 to 55 minutes in the respirometer) is taken as 100% QO_2 for euthyroid segments was 96.5% in the second 30 minutes period and 91.5% in the third period. Expressed in the same way QO_2 for segments of intestine from euthyroid rats injected with T_3 , were 86.4% of the initial rate in the second period and 79.6% in the third period. It is of interest to note that the readings were stable for two periods (total 60 minutes) in the hypothyroid $\pm T_3$ segments. For calculations however, only the initial respiratory rates were used (i.e. QO_2 measured during the first 30 min). At the termination of the experiment, the tissues were removed from the flasks and heated in preweighed aluminum cups for 24 hours at 91-95°C to obtain the dry weight. The pH of the bathing solutions were measured. In the few instances in which the pH was above 7.4, indicating a spill of KOH from the side arm into the flask, these results were eliminated. pH values followed usually, oxygen consumption measurements, ranging between 6.9-7.1 (after about 120 minutes of respiration in the closed system) for the flasks in which QO_2 was determined and were about 0.1-0.2 pH units higher in the flasks containing ouabain (QO_2' measurements).

3. Protein and DNA measurements.

I noted that there were visible changes in the thickness of intestinal segments obtained from rats in various thyroid states. A series of experiments were designed in order to measure wet and dry weights of jejunal segments from hypothyroid, euthyroid and hyperthyroid rats, and to determine the effect of T_3 on protein and DNA content of gut mucosa from hypothyroid rats. Segments of 1 cm length of the upper small intestine

were cut and the wet and dry weights measured as mentioned before. Dry segments of stripped jejunum were homogenized in 4 ml of 2.5 mM Tris-EDTA (pH-7.4), using 20 full strokes in teflon-glass Elvehjem-Potter homogenizer, at 2-3^oc. An equal volume of ice cold 20% TCA was added to the homogenate and the samples were left overnight in the refrigerator. Twelve hours later the tubes were spun in an angle rotor, at 13.000xg for 10 minutes (Sorvall superspeed refrigerated centrifuge model RC2-B). The supernatant was discarded carefully, the pellet resuspended in 2 ml ethanol-ether (3:1) and centrifuged as above. The supernatant was discarded again and the pellet dried at room temperature. Nucleic acids were extracted with 2 ml of 5% TCA in a water bath, 90-95^oc for 20 minutes. The extraction was stopped by cooling the tubes on ice. Centrifugation was performed as mentioned above, the supernatant was collected for nucleic acid determination according to the method of Burton (30) and the pellet after being dried at room temperature was dissolved in 1N NaOH. Protein content was determined by the method of Lowry et al (102). DNA standards were prepared from a stock solution containing 0.2 mg DNA/ml in 5 mM NaOH, the source of which was a Calf Thymus DNA, Type V, sodium salt, highly polymerized (sigma). Protein standards were prepared from crystallin Bovine Albumin (Armour Pharmaceutical Company, Chicago Ill.), precipitated with cold TCA. The DNA and protein standards were treated in every respect the same as the unknown.

All results are calculated as mean \pm SE. The values were obtained from the Student "t" test for unpaired or when appropriate for paired populations (161). "p" values lower than 0.05 were taken as statistically significant.

C. Results

1. Effect of thyroid state on physiological parameters.

Three criteria were used a) Growth rate, as measured by body weight. It was observed that the growth rate of hypothyroid rats is extremely low, less than 5 g per week, at 1-2 weeks after thyroidectomy as compared to the normal growth rate of about 35 g per week. Any "hypothyroid" rat gaining more than 15 g/week during the third week after thyroidectomy was discarded. Administration of T_3 to hypothyroid rats restored the normal rate of growth. Administration of T_3 to euthyroid rats was accompanied by a decrease in rate of growth to about 25 g/week. b) Serum thyroxine-iodine. The following observations were made: (Table 1-II) 1) Serum thyroxine iodine in hypothyroid rats was about 30% of the euthyroid level. 2) One week after thyroidectomy hormone levels in blood fell below normal and remained constant for at least 6 weeks. It is noteworthy, that in 8 rats in which thyroid gland ablation was achieved by I^{131} treatment, Dr. Y. Asano and I documented plasma iodine thyroxine levels of 0.66 ± 0.18 mg/100ml; thus, in the same range as for thyroidectomized animals. 3) Injection of T_3 to euthyroid rats caused a decrease in serum thyroxine levels, presumably by blocking Thyrotropin (TSH) secretion (71). 4) T_3 treatment of hypothyroid animals increased serum thyroxine levels in proportion to the dose injected. This change is due to contamination of the T_3 preparation prepared from biological sources with T_4 . The manufacturers claim that the preparation contains no more than 10% T_4 , was confirmed by our finding of about 7-8% of T_4 in T_3 stock solutions. c) Heart rates, were measured in anesthetized animals with the aid of an electrocardiograph. The results are summarized in Table 2-II. Thyroidectomy caused a significant decrease of about 48% in heart rates of the animals, while

Table 1-II Serum Thyroxine-Iodine Levels in Various Thyroid States.

Thyroid state	Euthyroid			Hypothyroid		
	1 week	4 weeks	6 weeks	1 week	4 weeks	6 weeks
Time after surgery						
T ₃ Treatment µg/100 g B.W.	none	50x3	50x1	none	50x3	none
Serum Thyroxine	1.97	0.80	1.02	0.49	1.77	0.65
Iodine in mg/100ml*	± 0.15 (13)	± 0.25 (5)	± 0.15 (5)	± 0.10 (13)	± 0.15 (8)	± 0.28 (5)

* mean \pm SE number of rats in each group in brackets

Table 2-II Effect of Thyroid Status on Heart Rate.*

	<u>Thyroidectomized</u>	<u>Euthyroid</u>
	Heart rate (beats /2 seconds)	
Control	8.4 ± 0.2	16.1 ± 0.4
+ T ₃	16.3 ± 0.5	19.8 ± 0.5
	7.9	3.7
p	< 0.001	< 0.001

Mean ± SE n=7 for the thyroidectomized groups, n=8 for the euthyroid and n=5 for the euthyroid +T₃ groups. Rats were injected with 50 g T₃/100g body weight or diluent on alternate days (x3) and the measurements were made 48 hours after the third injection.

injection of T_3 into hypothyroid rats restored heart rate, to euthyroid levels. In the transition from euthyroid to hyperthyroid state, the heart rate increased by about 23%.

From these observations it was concluded that: 1) Thyroidectomy created a state of hypothyroidism comparable to I^{131} thyroid ablation. 2) Weight change is a sufficient criterion to determine thyroid status. 3) Changes in growth and heart rates of hypothyroid rats after T_3 treatment support our claim that the dose of T_3 injected resulted in responses within the 'physiological' range.

2. Effects of T_3 on oxygen consumption.

Respiratory rates of stripped jejunum from hypothyroid rats with and without thyroid hormone administration are summarized in Table 3-II. T_3 produced significant increases of 26% and 41% in QO_2 and $QO_2(t)$ respectively; the 18% increase in the ouabain-insensitive respiration was statistically insignificant. In euthyroid rats (Table 4-II), the changes evoked by T_3 administration were of smaller magnitude, increases of 12-16% in QO_2 , QO_2' and $QO_2(t)$ were demonstrated. A summary of the respiratory rates in the various thyroid states is given in Table 5-II. It should be noted that the respiratory rates of small intestinal epithelium from hypothyroid rats were lower than euthyroid values. Three injections of T_3 to hypothyroid rats increased QO_2 , QO_2' and $QO_2(t)$ to euthyroid levels, while in the transition from euthyroid to hyperthyroid state only a relatively small increase in total respiration and ouabain-independent respiration was observed.

Quantitative estimates of the relationship between QO_2 and $QO_2(t)$ were calculated from the data of Tables 3-II and 4-II and are presented in Table 6-II. In hypothyroid, euthyroid and hyperthyroid states, about

Table 3-II Oxygen Consumption (QO_2) of Small Intestine of Thyroidectomized Rats $\pm T_3$ (50 μ g per 100 g body weight)*

Quabain	Thyroidectomized	Thyroidectomized + T_3	p	/TX [†]
0	11.77 \pm 0.43	14.79 \pm 0.53	3.02 < 0.001	0.26
10^{-3} M	7.76 \pm 0.42	9.13 \pm 0.55	1.37 > 0.05	0.18
$QO_2(t)$ **	4.01 \pm 0.31	5.66 \pm 0.51	1.65 < 0.025	0.41

* Mean \pm SE (n = 9) expressed as μ l/mg dry weight/hr.

[†]TX = thyroidectomized rats.

** $QO_2(t)$ denotes the ouabain sensitive QO_2 .

Table 4-II Oxygen Consumption ($\dot{Q}O_2$) of Small Intestine of Euthyroid Rats
 + T_3 (50 μ g per 100 g body weight)*

Ouabain	Euthyroid	Euthyroid + T_3	Δ	p	Δ /Euthyroid
		(1 oxygen per mg dry weight per hour)			
0	14.41 \pm 0.34	16.48 \pm 0.43	2.07	< 0.005	0.14
10^{-3} M	9.37 \pm 0.36	10.86 \pm 0.53	1.49	< 0.05	0.16
$\dot{Q}O_2(t)^+$	5.04 \pm 0.40	5.62 \pm 0.60	0.58	NS	0.12

* Mean \pm SE (n = 12) expressed as μ l/mg dry wt/hr.

+ $\dot{Q}O_2(t)$ denotes the ouabain sensitive $\dot{Q}O_2$.

Table 5-II QO_2 of Small Intestine of Thyroidectomized and
Euthyroid Rats $\pm T_3$ (50 μ g per 100 g body weight)*

Ouabain	Thyroidectomized	Thyroidectomized + T_3	Euthyroid	Euthyroid + T_3
	(μ l oxygen per mg dry weight per hour)			
0	11.77 \pm 0.43	14.79 \pm 0.53	14.41 \pm 0.34	16.48 \pm 0.43
$10^{-3}M$	7.76 \pm 0.42	9.13 \pm 0.55	9.37 \pm 0.36	10.86 \pm 0.53
$QO_2(t)$	4.01 \pm 0.31	5.66 \pm 0.51	5.04 \pm 0.40	5.62 \pm 0.60

*Mean \pm SE (n = 9 and 12 for thyroidectomized and euthyroid respectively)

Table 6-II Fraction of Total QO_2 Dependent on Na^+ Transport.*

	Hypothyroid	Hypothyroid + T_3	Euthyroid	Euthyroid + T_3
$QO_2(t)/QO_2$	0.34	0.38	0.35	0.34
$\Delta QO_2(t) \Delta QO_2$		0.55		0.28

* Values calculated from the data in Tables 3-II and 4-II. $QO_2(t)/QO_2$ represents the fraction of QO_2 attributable to active Na^+ - transport. The ratio $QO_2(t)/QO_2$ represents the fraction of the T_3 - induced increase in QO_2 that is attributable to an increase in $QO_2(t)$.

35% of total oxygen consumption is devoted to active Na^+ transport. The increase in $\text{QO}_2(t)$ accounted for 55% of the T_3 -dependent increment in QO_2 in hypothyroid tissue, and only 28% in small intestine from euthyroid rats. This implies that in the transition from euthyroid to hyperthyroid state, about 70% of the T_3 effect on respiration was not dependent on the ouabain-inhibitable component of Na^+ transport. As mentioned before, administration of T_3 to hypothyroid rats caused a visible increase in the thickness of the intestine. It is possible therefore, that a fraction of the increase in QO_2 is involved in energy requirements for morphogenesis.

3. Effects of thyroid states on small intestinal mass, protein and DNA content.

As shown in Table 7-II, 4 weeks after thyroidectomy, the wet and dry weights of segments of jejunum was reduced to 64.7% and 60.8% of a comparable euthyroid piece of intestine. T_3 injection in hypothyroid rats (50 $\mu\text{g}/100\text{g}$ body wt x 3) produced a 22% and 29% increase in wet and dry weights respectively, but the gut weighed only about 78% of a comparable segment from euthyroid rats. No significant change in wet and dry weight was observed, in the transition from euthyroid to hyperthyroid state. The changes in wet and dry weights were proportional in the different thyroid states, thus the dry weight expressed as a fraction of wet weight was the same for the various groups of animals (Table 7-II). These results imply that thyroid hormone had its major effect on small intestinal mass and not on water content. To further investigate this effect, measurement of protein and DNA content of stripped jejunal homogenate from hypothyroid rats $\pm \text{T}_3$ were performed, and the results are summarized in Table 8-II. Although differences in the absolute values of dry weight, protein and DNA content between the two populations were observed the

Table 7-II Wet Weight and Dry Weight of Pieces (1.25 cm length) of Stripped Small Intestine from Thyroidectomized and Euthyroid Rats \pm T₃ (50 μ g/100 g body weight)*

	Weight Weight mg	Dry Weight mg	Dry Weight % of wet weight
Thyroidectomized (6)	78.24 \pm 4.61	10.91 \pm 1.04	13.8 \pm 0.9
Thyroidectomized (6) +T ₃	92.92 \pm 6.10	13.22 \pm 0.99	14.2 \pm 0.5
Euthyroid (8)	111.51 \pm 5.27	15.69 \pm 0.79	14.1 \pm 0.2
Euthyroid (8) +T ₃	112.10 \pm 4.01	16.08 \pm 0.59	14.3 \pm 0.2

*Mean \pm SE. In brackets number of rats in each group.

Table 8-II Dry Weight, Protein and DNA Content of Pieces of Stripped Small Intestine
from Thyroidectomized Rats $\pm T_3$ (50 μ g per 100 g body weight)*

	Dry Weight % wet weight	Protein % dry weight	DNA % dry weight	% protein
Thyroidectomized	9.41 \pm 0.30	43.26 \pm 0.69	3.68 \pm 0.10	8.52 \pm 0.31
Thyroidectomized $+ T_3$	9.02 \pm 0.53	43.06 \pm 0.85	3.62 \pm 0.20	8.70 \pm 0.19
	n.s.	n.s.	n.s.	n.s.

*Mean \pm SE. The number of rats in each group = 9. From each animal
6 pieces of intestine were taken.

changes in these parameters were proportionate. Thus the amount of protein per unit dry weight of small intestine, and the DNA content per unit dry weight or protein were unchanged.

I concluded, therefore, that administration of thyroid to hypothyroid rats, for the most part, increased the number of cells per unit length of the upper small intestinal mucosa. Furthermore, these results indicate that a part of the increment in ouabain-insensitive $\dot{Q}O_2$, after thyroid hormone administration, might be due to energy requirements for morphogenesis. Since in the various thyroid states the ratios of dry/wet weight, protein/dry weight, and DNA/protein did not differ from control values, the changes in $\dot{Q}O_2$ and $\dot{Q}O_2(t)$ induced by thyroid hormone can be ascribed to changes in respiratory rates per unit mass of tissue (i.e. on a per cell basis).

D. Discussion

Two main reasons prompted us to use a preparation that contains mainly epithelial cells. 1. Smooth muscle layers of the small intestine which contribute to about one third of the dry weight are not a target organ for the calorogenic action of thyroid hormones (16). Moreover, it was shown by several investigators that the existing gradient in the respiratory activity of the intestine from jejunum to ileum, was a function of mucosal tissue activity with almost no change in the $\dot{Q}O_2$ of the muscle layers (15,28,36,190). Thus differences in rates of respiration correlated solely with the abundance of the epithelial layer. 2. It was observed that the thickness of the preparation employed was the major factor determining the rate of oxidative metabolism in rat jejunum and rabbit ileum (15,28,51). $\dot{Q}O_2$ of rat jejunal mucosa was calculated to be 30% greater than the value observed for the intact intestinal wall (28),



while a three-fold increase in respiration of the stripped mucosa in comparison to the whole thickness tissue was documented for the rabbit ileum (51). It seemed that the stripping procedure increased oxygen availability for mucosal cells especially the intervillar and crypt cells that are located deeper in the epithelium. Stripped jejunal and ileal epithelia were used for measurements of transport rates (117,191) and a substantial increase in salicylate transport rates, in comparison to everted sacs, was observed (191). I felt therefore, that the stripped small intestine was a viable and physiological preparation for measurements of changes due to thyroid hormone action.

As shown in Figure 1b-II, the stripping procedure yielded a preparation that was mainly composed of epithelial cells and submucosa. The respiratory rates observed for euthyroid segments were in the same range as reported in the literature for similar preparations (15,28,77). Our results demonstrated clearly that thyroid hormone had an effect on oxygen consumption of jejunal epithelium. QO_2 of small intestine from hypothyroid rats was lower than that from the euthyroid rats, while T_3 elicited an increase in respiration both in hypothyroid and euthyroid states. Due to the rapid decline in QO_2 of hyperthyroid tissue in the Warburg Respirometer the QO_2 values observed for this group were probably underestimated.

In discussing the measurement of $QO_2(t)$, it must be emphasized that this value was estimated indirectly and the validity of the estimates relies on the following assumptions: 1. that ouabain inhibited Na^+ -transport completely and specifically, and 2. that secondary changes in intracellular electrolyte composition did not affect QO_2 . In a series of experiments performed recently in our laboratory by Ismael-Beigi and Edelman, it was shown that ouabain ($10^{-3}M$) depressed QO_2 in liver slices

to almost the same level as removal of Na^+ from the medium (42,72). The former investigators as well as Asano, Liberman and Edelman (11) found that QO_2 of rat diaphragm in the presence of ouabain was equivalent to the values obtained when the tissue was bathed in Na^+ free media. Moreover, the addition of ouabain to liver, muscle and kidney slices incubated in Na^+ -free media did not depress QO_2 further (42,72). Frizzell et al (51) reported recently that in the stripped rabbit ileum replacement of Na^+ by choline or the presence of 10^{-4} M ouabain reduced QO_2 to the same degree. Based on these observations I concluded that ouabain caused a specific and complete inhibition of Na^+ transport. As a consequence of inhibition of the Na^+ - pump by ouabain in a Na^+ -Ringers medium, changes in intracellular composition will occur, cells gain Na^+ and lose K^+ . Intracellular Na^+ will decrease when the pump is inhibited by using a Na^+ -free medium. The fact that similar QO_2 values were obtained by using the two experimental procedures serves to rule out a major influence of intracellular Na^+ on respiration per se. However, with both techniques there is a fall in intracellular K^+ concentration. Recently, Asano, Liberman and Edelman (11) measured the effect of various intracellular K^+ concentrations on QO_2 of diaphragm. Intracellular K^+ concentrations were modified by supplementing Na^+ -free Ringer's solutions with different K^+ concentrations; Na^+ free Ringer's solutions were prepared by substituting isomolar concentration of sucrose or choline-chloride for NaCl . It was found that while intracellular K^+ ranged from about 10% of the normal level in Na^+ Ringer + ouabain, to a full restoration of intracellular K^+ content in sucrose-Ringer + 40 mEq/L KCl , there were no significant changes in QO_2 measured in the same preparations. These observations implied that res-

piration was not dependent on intracellular K^+ concentration over the observed range. These results are in accord with other reports on liver slices (72) and kidney mitochondria (23). The experimental method of estimating $QO_2(t)$ therefore, was probably reliable.

As mentioned in the Introduction, in mammalian tissues about 20-45% of the resting QO_2 is expended in transmembrane active Na^+ -transport (186,187). In the stripped jejunum we observed that about 35% of the resting QO_2 was coupled to Na^+ -transport, thus the Na^+ pump in this tissue constitutes one of the major energy consumers and is, therefore, one of the main heat producers. My results show that activation of the Na^+ pump accounts for more than 50% of the increase in QO_2 in the transition from hypo- to euthyroid state, and about 30% of the increase in the transition from the euthyroid to the hyperthyroid state. It is probable, however, that $QO_2(t)$ as well as QO_2 of small intestine from hyperthyroid rats was underestimated because of the time-dependent fall in respiration in the Warburg Respirometer. That an appreciable fraction of the increased QO_2 after thyroid hormone administration, is due to increased energy expenditure by the Na^+ -pump of the jejunal mucosa is obvious, however. The upper small intestinal mucosa behaviour is, therefore, similar to other target organs in response to the action of thyroid hormone.

In addition, a significant increase in Na^+ -transport independent respiration of jejunal strips was recorded after T_3 treatment. It is possible that a fraction of the increase in ouabain-insensitive respiration was involved in energy requirements for morphogenesis. As mentioned before, T_3 treatment increased the mass of jejunal mucosa mainly by an increase in the number of cells per unit length. An additional possibility is that some of the increase in QO_2 after thyroid hormone administra-

tion is due to energy consumed by transport mechanisms that are not obtainable. Munck (111) reported that in the absence of bicarbonate and an actively transported sugar or amino acid, short circuited preparations of rat jejunum actively secreted Cl^- and that Cl^- -transport accounted for approximately two thirds of the short circuit current. Therefore, the possibility that, in the jejunum, thyroid hormone activates more than one transport mechanism deserves further study.

III. THE EFFECT OF T₃ ON ATPase ACTIVITY OF JEJUNAL EPITHELIUM.

A. Introduction

Skou, in 1957, first demonstrated in a crab nerve particulate fraction, a Mg²⁺ activated ATPase, the activity of which was increased considerably upon addition of Na⁺ and K⁺ to the assay medium (156,159). Since then a considerable body of evidence on the involvement of the membrane-bound Na⁺ + K⁺ activated Mg²⁺ dependent ATPase (NaK-ATPase) in active transport across biological membranes has been accumulating. Bonting, Caravaggio and Howkins (24) found the activity to be present in 21 tissues isolated from 10 different species, which possessed a cardiac glycoside-sensitive transport system. Post et al (125) and Dunham and Glynn (40) showed a close correspondence of several properties between the enzyme and the transport system and concluded that the NaK-ATPase was directly associated with the active transport of Na⁺ and K⁺ across the erythrocyte cell membrane. Assuming therefore, that the NaK-ATPase is a biochemical expression of the Na⁺-pump, additional information considering the thermogenic effect of thyroid hormone on jejunal mucosa can be obtained by measuring the effect of the hormone on this membrane-bound enzyme.

B. Materials and Methods

1. Tissue preparation.

Euthyroid and thyroidectomized rats were used. The preparation of the rats and the protocol for T₃ injection were as described under Methods in chapter II. A crude plasma membrane fraction from jejunal mucosa was prepared with some modifications, by the method of Quigley and Gotterer (128). About 60-70 cm of proximal small intestine was removed and put in ice cold isotonic solution A, containing 0.9% NaCl - 5mM Na₂, EDTA (pH-



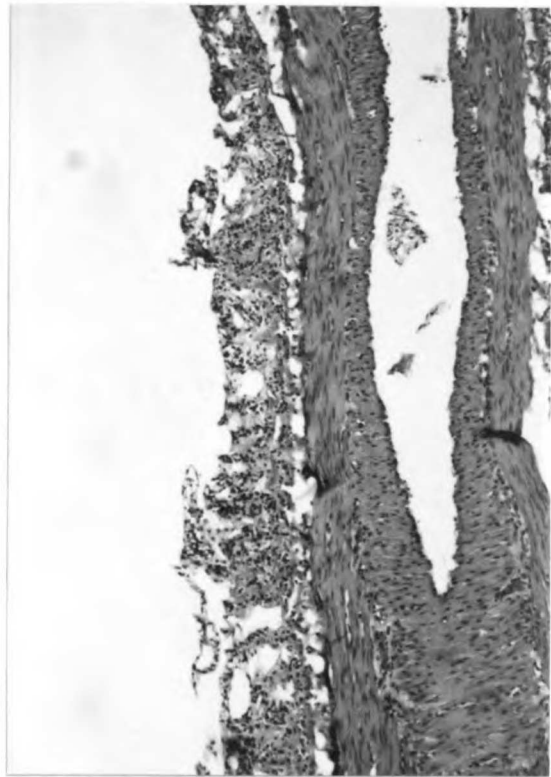
7.4). The first 10 cm segment from the pylorus to the ligament of Treitz was discarded, and the next 2 segments of 10 cm length each were used. The intestine was irrigated first with an ice cold isotonic rinsing solution B, 12 ml x 3. Rinsing solution B contained 5mM Na_2 EDTA, 100 mM-NaCl and 50 mM N-acetyl-L-cysteine buffered to pH 7.4 with 1M Tris HCl. The intestine was rinsed again with 15 ml x 2 of solution A, everted on a blunt long needle, wiped on Microwipe paper(disposable wipers) and cut along the side. The jejunal sheet thus obtained was put in a chilled Petri dish containing 20 ml of a 5 mM Na_2 EDTA solution (pH -7.4 and osmolality 15 mOsm/kg water). The mucosa was removed by gentle scraping x 3 with a glass slide. Histological sections of three repetitive scrapings and the remaining piece of intestine are shown on Figure 1-III. As can be seen clearly, these scrapings contain epithelial cells exclusively, while the remaining intestine, Figure 1d-III, contains epithelial cells and intact submucosa, muscularis and serosal layers. The full thickness cross section of a normal mucosa is shown in Figure 1a-II as a guide to the normal histology. Two pieces of intestinal segments were scraped in each Petri dish. The wet weight of the scraped mucosa ranged from 700-850 mg. The scrapings (in 5mM Na_2 EDTA) were homogenized in a loose fitting teflon-glass Elvehjem-Potter homogenizer, at 2-3⁰c using 15 full strokes. In preliminary experiments it was found by light microscopy, that after 15 strokes almost no intact epithelial cells remained. The homogenate was filtered through a double layer of Bleached Cheesecloth (Marco, Marsales Co., New York), and then through a 132 Mesh Nylon cloth (John Stanier, Manchester, England). The filterates were spun at 700xg for 10 minutes (Sorvall model RC2-B). The supernatant was decanted and saved, and the gelatinous pellet, containing crude brush border, unbroken

Figure 1 - III

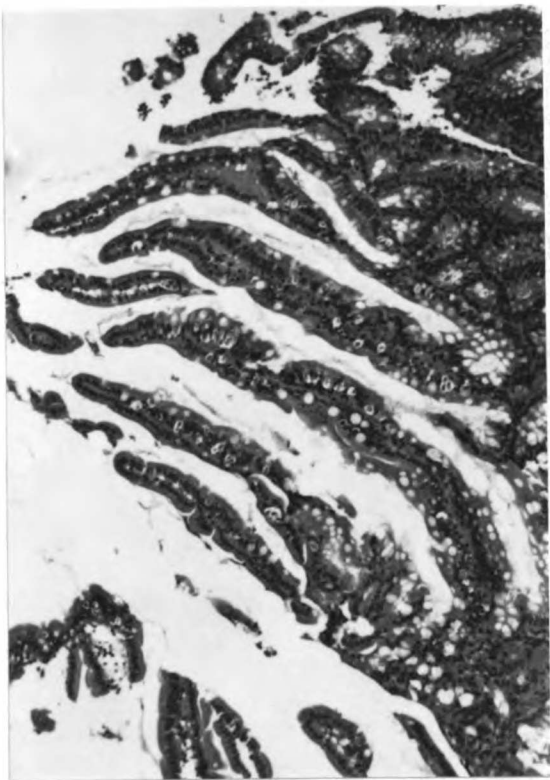
- a - c. Cross sections of small intestinal scrapings (details in text).
 - a. First scraping. X 85.
 - b. Second scraping. X 107.
 - c. Third scraping. X 83.
- d. A cross section of the remaining layers of epithelium, submucosa and muscularis after above scrapings. X 84.



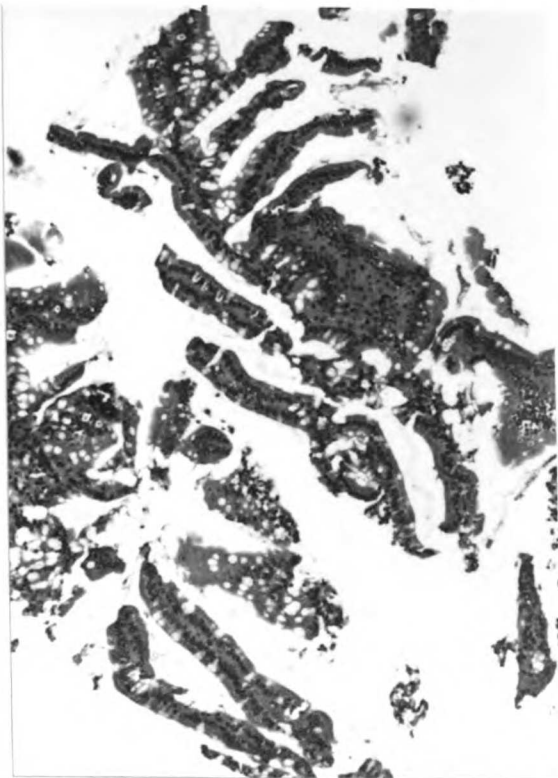
c



d



a



b

cells and nuclei (50,128) was washed in 10 ml 5 mM Na₂ EDTA. The supernatant of the second spin was collected and added to the previous one. The combined supernatants from the 700xg spins was then centrifuged at 10,000xg for 10 minutes, this supernatant was decanted and the pellet washed in 20 ml 2.5 mM Tris-EDTA (pH-7.4 and osmolality 10 mOs/lkg water). The final 10,000xg pellet was resuspended in 2.5 mM Tris-EDTA. In each experiment 2 or 4 preparations, control and T₃ treated were prepared simultaneously.

Quigley and Gotterer (128) measured the activity of various marker enzymes in the different fractions obtained in their preparative method of jejunal epithelium homogenates. The marker enzymes used were: alkaline phosphatase, invertase, glucose-6-phosphatase, cytochrome oxidase and NaK-ATPase. When the activity of these marker enzymes recovered in the 10,000xg pellet was measured and expressed as % of the total activity in the homogenate, the following results were obtained: alkaline phosphatase and invertase ~10%, glucose-6-phosphatase ~26%, cytochrome oxidase ~75% and NaK-ATPase ~60%. By placing the 10,000xg pellet on a discontinuous sucrose gradient, Quigley and Gotterer obtained 75% of the total NaK-ATPase activity in the 10,000xg pellet and very little cytochrome oxidase activity. The M-1 fraction contained a considerable amount of the 5'-nucleotidase activity of the intestinal mucosal cell homogenate. This enzymatic activity was also found in a plasma membrane preparation isolated from rat liver (43). In electron microscopy studies the M-1 fraction consisted mainly of empty vesicles much smaller in diameter than mitochondria (128). From these observations, it was concluded that the 10,000xg pellet contained membrane vesicles with a high content of NaK-ATPase. These vesicles were distinct from mitochondria that were abundant

in the fraction. The 10,000xg pellet was contaminated with some brush border and microsomal membranes as judged by the activity of alkaline phosphate and invertase as markers for brush border, and glucose-6-phosphatase - as a marker for the microsomal fraction. The importance of the plasma membrane of the intestinal mucosa, exclusive of the brush border, as a mediator in active sodium transport has been discussed by several investigators (34,145). It might be anticipated that this membrane would contain a NaK-ATPase of high specific activity. It could be assumed therefore, that the membrane vesicles with the high NaK-ATPase content observed in the 10,000xg pellet were plasma membrane vesicles.

For the experiments to be described, I used the 10,000xg pellet. Based on the studies of Quigley and Gotterer (128) and our own observation (to be discussed later), it is obvious that the 10,000xg pellet contains mitochondria as well as plasma membrane vesicles. I prefer, therefore, to designate this fraction as a "crude plasma membrane preparation."

In a separate series of experiments Na^+ -deoxycholate (DOC) (Sigma, St. Louis, Miss) in concentrations from 0.3 mg/ml to 1.6 mg/ml was added to the Petri dishes. Thus the scraping and homogenization procedures were carried out in the presence of DOC. The DOC was diluted and practically eliminated from the plasma membrane fraction by additional washings of the 10,000g pellet with 2.5 mM Tris-EDTA.

2. ATPase assay.

Since the NaK-ATPase activity is always accompanied by Mg-ATPase activity, a differential assay is necessary. Total ATPase activity is measured in a complete medium while the Mg-ATPase is determined in the same medium + ouabain, or in a medium lacking Na^+ and K^+ . The calculated

difference between the total and Mg-ATPase activities is taken as the NaK-ATPase activity. The complete medium I used, contained a final concentration of Na^+ -100, K^+ -10, Mg^{2+} -5, Tris-HCl-50 and Tris-ATP-5 (all in mM), pH-7.4. These concentrations are in the optimal range for the activity of the preparation (127). Mg-ATPase activity was determined during the first experiments by two methods i.e. a complete medium + ouabain in a final concentration of 10^{-3} M and a medium lacking Na^+ and K^+ . The results obtained by the two methods for the first 85 determinations were identical, 26.48 ± 0.69 $\mu\text{mol Pi/mg Protein per hr}$ for the first procedure and 26.29 ± 0.65 when only Mg^{2+} was present. Therefore, Mg-ATPase activity in the remaining experiments was measured as the ouabain uninhibitable fraction. The reaction mixture contained 30-70 μg of protein in a final volume of 2 ml and was started by the addition of ATP. The incubation was maintained for 15 minutes in a 37°C shaking water bath. In preliminary experiments, the linearity of enzyme activity with time (5-60 minutes), and with protein concentration (35-200 μg protein per tube) was established. The time of incubation and ATP concentration were calculated to be such that less than 10% of the ATP was consumed during the reaction. The reaction was terminated by addition of an equal volume of ice cold 10% (w/v) TCA. After centrifugation at 10,000xg for 10 minutes, 2 ml of the supernatant were collected. The liberated inorganic phosphate was measured by the modified Fiske and SubBarow method (47,101), and the protein content by the method of Lowry et al (102). All assays were performed in duplicates. In each assay set, control tubes containing a complete medium but without a crude plasma membrane preparation were incubated, and the enzyme added after the addition of TCA. This control permitted correction for inorganic phosphate present in the tissue and for



the slow non-enzymatic hydrolysis of ATP. Reagent blanks and inorganic phosphate standard were included in each experiment and served to convert optical density into micromoles of inorganic phosphate released per mg protein per hr incubation at 37°C.

3. Time course of thyroid induced changes in NaK-ATPase.

Tata et al (169,174) found that changes in basal metabolic rate after a single injection of 25-40 µg T₃ to thyroidectomized rats were recorded only after a latent period of 20-30 hours, with a peak stimulation at about 70 hours. The time-response effect of the same dose of T₃ on QO₂ of mitochondria from liver and muscle, and on glucose-6-phosphatase and NADPH-cytochrome c reductase in liver microsomes was similar, though an increase in these parameters could be detected after 12 hours and peaked at about 48-60 hours (174). Recently, Ismail-Beigi and Edelman (75) observed that after a single injection of 50 µg of T₃ to thyroidectomized rats an increase in liver QO₂, QO₂(t), and NaK-ATPase became apparent 12 hours after administration of the hormone, peaked at about 48 hours, and fell almost to the initial values after six days. However, the intestinal epithelium may present a different picture as the mucosal cell turnover time for mature rats is 2.1 days (33,99). A preliminary experiment, tracing the effect of a single injection of 50 µg T₃ on NaK-ATPase from jejunal crude plasma membrane was carried on. The experiment was executed in collaboration with Miss Irene Uyeyama who worked as a summer student in our laboratory. Thyroidectomized animals were injected 12, 24, 48 and 72 hours before being sacrificed. Plasma membranes were prepared as described above, and the epithelial scrapings were homogenized in DOC (1 mg/ml).

The mean values_λ (4 rats) for NaK-ATPase specific activity in the various time periods after T₃ administration is presented in Figure 2-III. No change

NaK - ATPase
SPECIFIC ACTIVITY
 $\mu\text{moles Pi/hr per mg protein}$

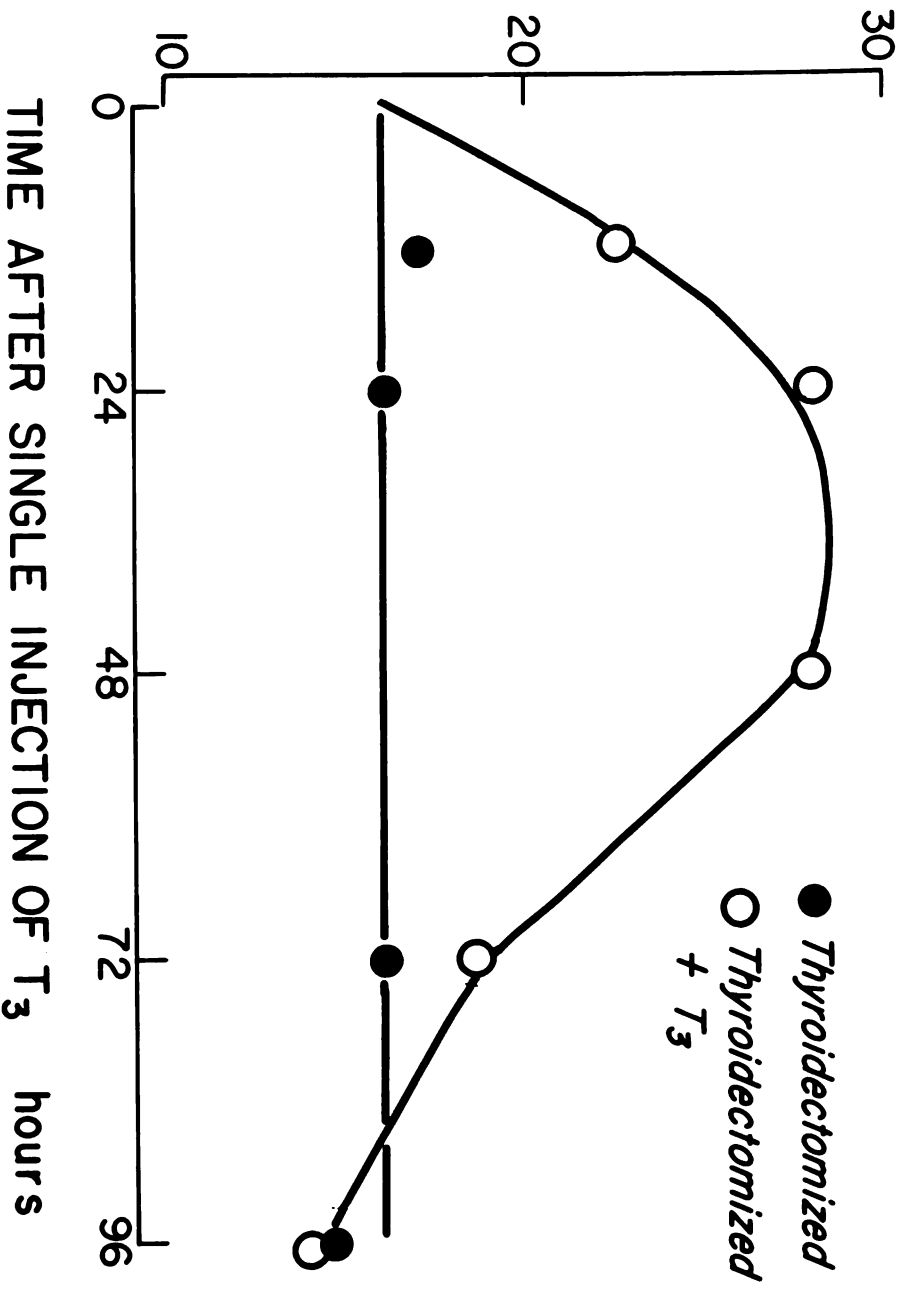


Figure 2-III. TIME-COURSE OF THE EFFECT OF A SINGLE INJECTION OF T₃ (50 $\mu\text{g}/100 \text{ g BODY WT.}$) ON JEJUNAL NaK-ATPASE SPECIFIC ACTIVITY. MEAN OF 4 RATS.

in NaK-ATPase specific activity was depicted in the control group. In the animals treated with thyroid hormone a clear trend was evident. As in other tissues, a response was recorded 12 hours after T_3 administration, that peaked at about 24 to 48 hours, but in contrast to liver, the enzyme levels were almost back to control values 72 hours after injection of the hormone; probably reflecting the rapid turnover of intestinal epithelial cells. No changes were recorded in Mg-ATPase levels with respect to time after T_3 injection and in comparison to the control group.

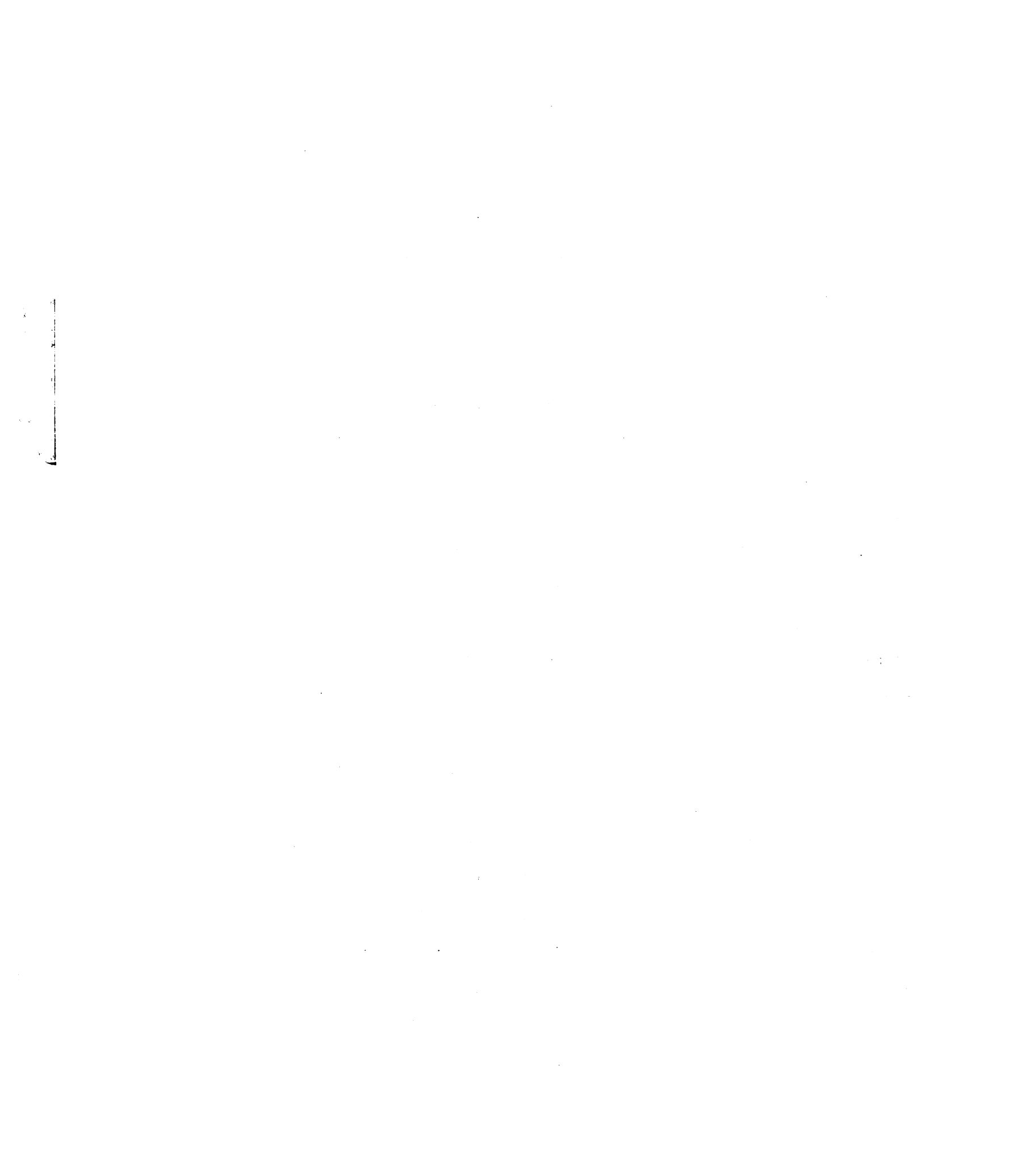
As a consequence of these time-course observations, the animals, in all my experiments, were sacrificed 24 hours after the last injection of the hormone.

C. Results and Discussion.

1. ATPase activity in the upper and lower parts of the small intestine.

In a recent review of the literature Booth (25) concluded that the proximal part of the small intestine was the major area for absorption of dietary constituents. This finding correlates with the high respiratory rate of the proximal part of the intestine as compared to more distal parts (15,28,36,190). Furthermore, a decrease in the mitochondrial content and succinic dehydrogenase activity of the mucosa from jejunum to ileum was observed (15), implying that mucosal cells have differing respiratory potentials depending on their position along the intestine. It was shown that Na^+ -flux in rat jejunum is higher than in the ileum; maximum transport occurring in the second quarter of the intestine (20,31,32). It was therefore of interest to test if those differences are reflected in the ATPase activity of the different regions.

Two segments of 10cm length each starting at the ligament of Treitz were taken as representing the jejunum, two segments of the same length



starting at the ileocecal junction and cephalad represent the ileum. The epithelial mucosa was scraped and homogenized in 5 mM Na₂ EDTA + 1mg/ml of DOC. Preparation and enzyme assay were performed as described in Methods. In order to evaluate possible differences in the number of cells scraped from each region or the protein content, DNA and protein were determined in samples from the crude homogenate.

Table 1-III summarizes the specific activity data. NaK-ATPase specific activity in the ileum was about 30% less than in the jejunum. I also found that the crude plasma membrane protein content per segment of intestine was about 40% less in ileum than in jejunum (Table 2-III). These differences may be due to one or more factors affecting the upper part of the small intestine. 1) An increase number of cells per unit length. 2) An increase in protein content per cell, and 3) an increase yield of crude plasma membrane per cell mass. As shown in Table 2-III, protein content per unit length of the crude homogenate is lower by about 32% in the ileum, than in the jejunum and DNA content is about 8% less; this figure is statistically insignificant. It is of interest that the relative differences in the protein content of the plasma membrane fraction and the crude homogenate are similar. Therefore, the yield or the amount of protein in the plasma membrane fraction per mg of crude homogenate protein is in the same range, though somewhat lower for the ileum. On the other hand if plasma membrane protein is calculated per mg DNA the figure for the ileum is 35% lower than for the jejunum. Though the possibility of a decrease in the number of cells per unit length in the ileum was not completely excluded, these results imply that ileal epithelium contains less protein per cell than the jejunum. The differences in ATPase between jejunum and ileum are magnified when enzyme activity is

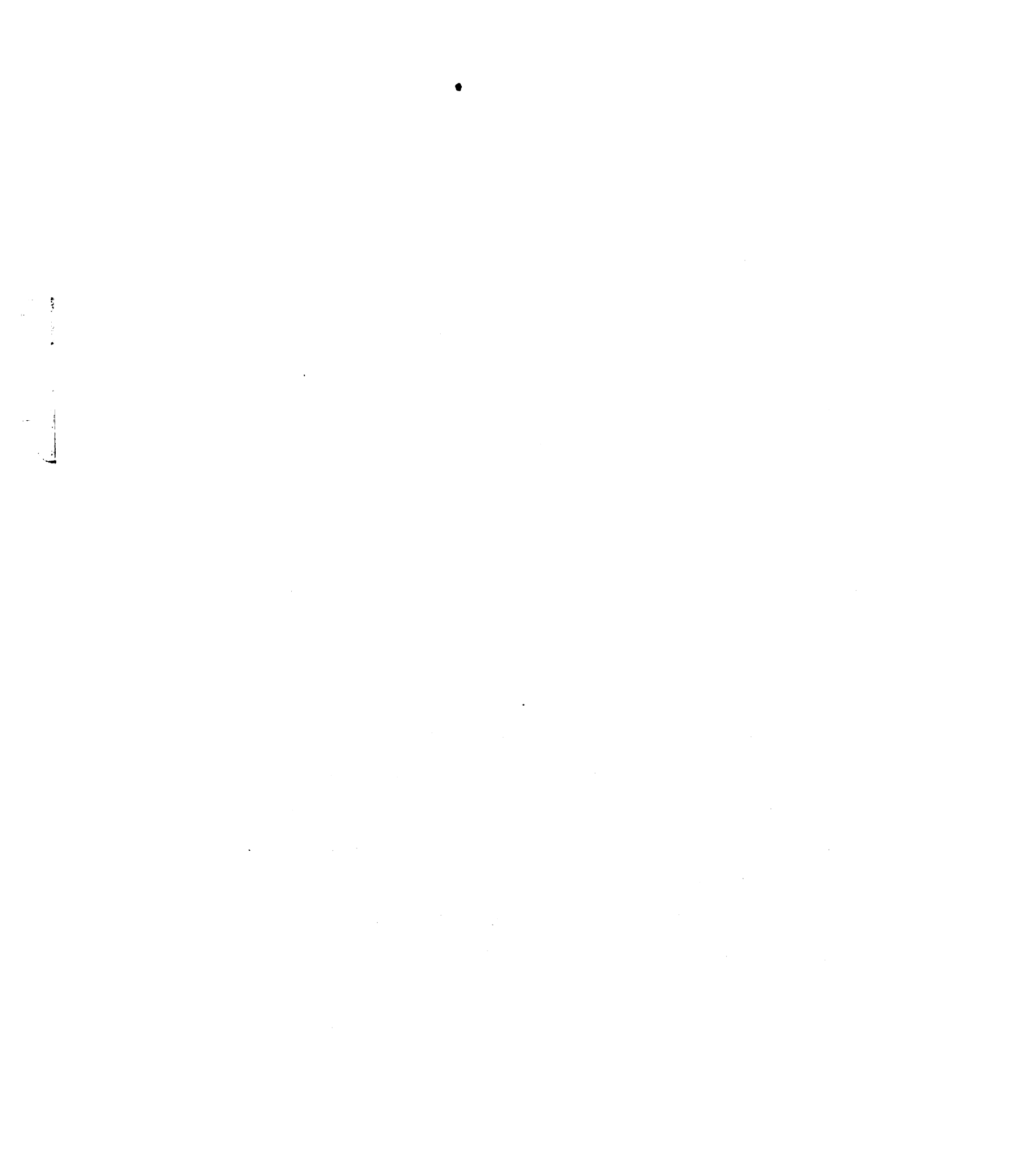


Table 1-III ATPase Specific Activity of Jejunal and Ileal Crude Plasma Membrane Fractions from Euthyroid Rats.*

	Mg-ATPase μmole Pi/hr per mg protein	NaK-ATPase
Jejunum	42.19 ± 7.10	34.81 ± 4.69
Ileum	50.25 ± 6.54	24.58 ± 0.89
Δ	-8.06	10.23
p	N.S.	< 0.05

* Mean ± SE (n=7 and 8 for jejunum and ileum respectively).

Table 2-III Protein and DNA Content of Crude Homogenates and Total Plasma Membrane Protein of Segments of Jejunum and Ileum.*

	Total Protein in Plasma Membrane Fraction	Total Protein in Crude Homogenate mg/segment of 10cm length	Total DNA in Crude Homogenate
Jejunum	1.679 ± 0.141 (7)	25.967 ± 0.772 (6)	1.893 ± 0.077 (6)
Ileum	1.000 ± 0.104 (8)	17.640 ± 0.595 (6)	1.748 ± 0.117 (6)
Δ	0.679	8.327	0.145
P	< 0.005	< 0.001	N.S.

* Mean ± SE. n in brackets.

calculated per mg DNA or unit length of intestine (Table 3-III). The ileum contains 60% less NaK-ATPase than jejunum when expressed per mg DNA. On the basis of DNA content as the reference mass, Mg-ATPase content of ileum is about 30% less than that of jejunum but this difference did not reach statistical significance.

Our demonstration that there is a substantial decrease in NaK-ATPase from the distal small intestine as compared to proximal segments may be taken as in agreement with the decrease observed in Na^+ -flux and oxygen consumption of the small intestine, in the aboral direction (15,20,28,31, 32,36,190). While this work was in progress, Hafkenschid (68) reported similar results i.e. that the NaK-ATPase specific activity decreased from duodenum to ileum in the rat. Hafkenschid's experiments were carried out on crude homogenates with low specific activity: NaK-ATPase activity was about 10-15% of total ATPase activity, and no information about DNA content and ATPase activity per segment was supplied. Thus our results are in agreement and add some additional information.

2. Effect of fasting on ATPase activity.

Several studies have shown that fasting alters the intestinal absorption patterns of compounds such as D-glucose, amino acids and some drugs (37,65,82,118). It was of interest therefore to measure the effect of fasting or availability of food on ATPase activity. For this purpose food was taken out of the cages in the afternoon of the day before the animals were sacrificed. Thus the period of starvation was about 14-16 hours. Since rodents are nocturnal animals, the actual fasting interval was about 26-28 hours. The control group was fed ad libitum.

The effect of an overnight fast on ATPase activities is depicted in Table 4-III. The animals used are in the same age group and it seems

1

Table 3-III ATPase Activity per Unit Length of Jejunum and Ileum.*

	Mg-ATPase	NaK-ATPase
	$\mu\text{mole Pi/hr per total protein of 10 cm length segment}$	
Jejunum	137.90 \pm 21.67	59.49 \pm 9.17
Ileum	96.18 \pm 10.47	24.08 \pm 1.68
	41.72	35.41
p	> 0.05	< 0.005

* Mean \pm SE.

Table 4-III Effect of Brief Fasting on ATPase Activity of Jejunal Crude Plasma Membrane Fractions from Euthyroid Rats + T₃ (50 µg/100g body weight). *

	Euthyroid		Euthyroid + T ₃	
	Mg-ATPase	NaK-ATPase	Mg-ATPase	NaK-ATPase
	µmole Pi/hr per mg protein			
Unstarved	24.85 ± 1.83 (6)	9.93 ± 0.90	26.75 ± 2.12 (4)	11.40 ± 1.02
Starved	22.37 ± 1.00 (21)	7.59 ± 0.31	21.48 ± 0.73 (21)	9.37 ± 0.46
Δ	2.48 (10%)	2.34 (24%)	5.27 (20%)	2.03 (18%)
P	NS	< 0.005	< 0.025	> 0.05

* Mean ± SE (n in brackets) For details see text.

that even a short fast causes a decrease of about 20% in NaK-ATPase as well as in Mg-ATPase specific activities.

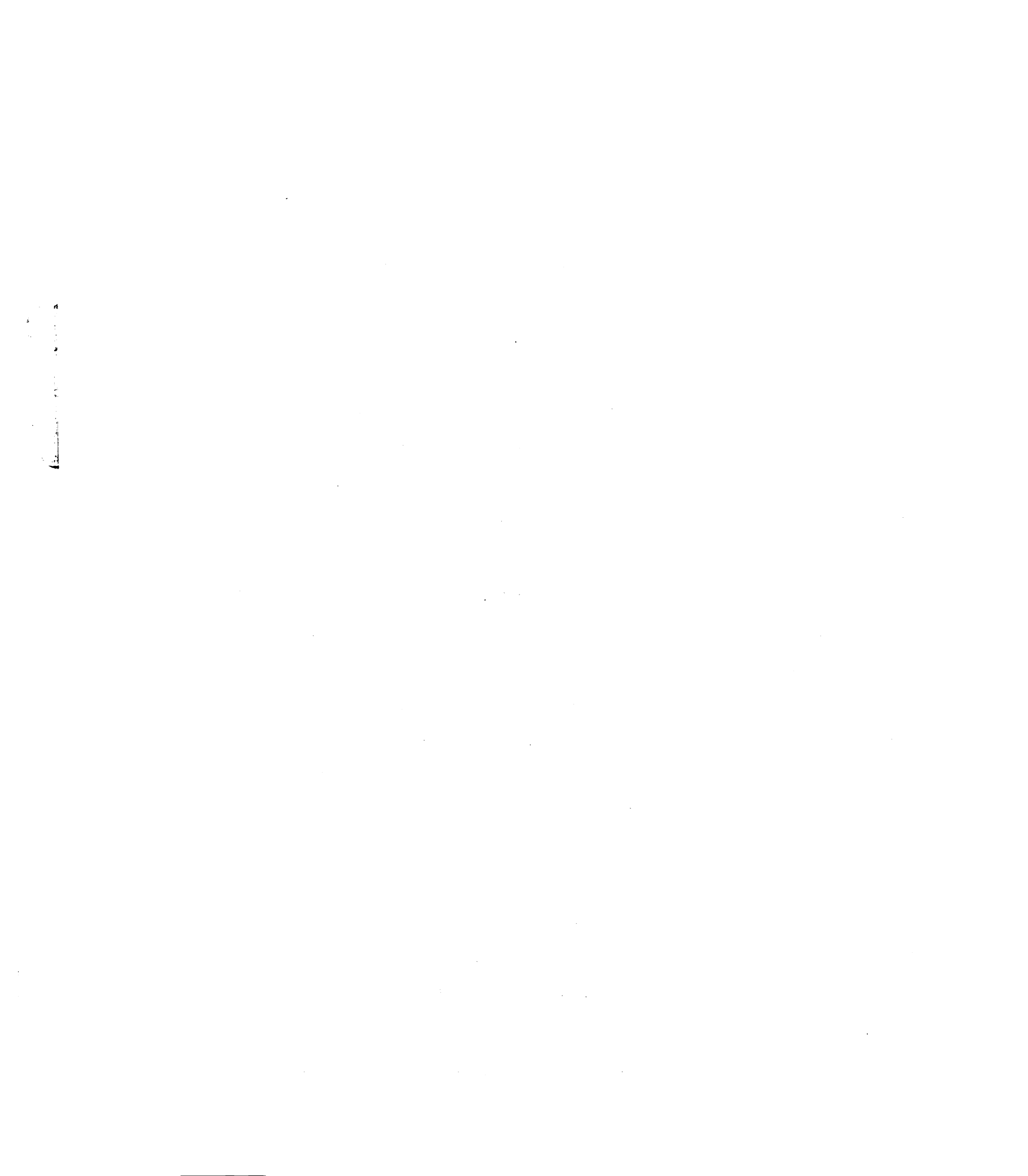
Fasting produces a decrease in intestinal mass (109,118); McManus and Isselbacher (109) showed that after starvation overnight, the fasted rats had a lower intestinal weight and DNA content than fed rats. These findings were attributed to a decrease in the number of mucosal cells after fasting. Hopper et al (70) demonstrated that fasting evoked a continual decrease in the number of cells in the germinal crypts of the intestinal epithelium and that this change was apparent as early as the end of the first day of fasting. These investigators (70) noted that with a cell turnover time of 2.1 days for mucosal cells in mature rats (33,99), even short periods of fasting could have detrimental effects on mucosal cell number.

The finding of a decrease in ATPase activity after a short fast may be a result of a reduction in the number of epithelial cells per unit intestinal length. However, the changes were recorded as a decrease in the specific activity of the enzymes, which implies, assuming constant protein per cell, that the newly dividing cells would have higher enzyme content per unit cell than older cells. Alternatively, the changes in enzyme content may reflect a decrease in the number of enzyme units per cell. It was shown that 72 hours of fasting reduced the activity of the glycolytic and pentose phosphate pathway enzymes, in intestine, liver, muscle, and adipose tissue (151,180) and that glycolytic activity and hexokinase activity decreased significantly in the mucosa of small intestine of rats after 24-36 hours of starvation (151,162). On refeeding isocaloric amounts of dietary components, only glucose brought about an increase in hexokinase activity (151), and intravenous administration of glucose did

not alter intestinal hexokinase activity (151). While fasting led to a reduction in the activities of glycolytic enzymes in the small intestinal mucosa it brought about an increase in gluconeogenic enzymes (10,163). Alloxan diabetes in rats was associated with hypertrophy of the jejunal mucosa and elevated activity of glycolytic enzymes in the intestinal epithelium (180). Eliminating the increased mucosal weight of diabetic rats by pair feeding or a 24 hours fast, did not change the elevated levels of the jejunal glycolytic enzymes (180). Based on these findings and if the following observations are taken into account: a) Fasting leads to changes in enzyme content in tissues in which cell renewal rate is much slower than that of intestinal epithelium. b) Fasting leads to increased activity of gluconeogenic enzymes. c) Elevated enzyme activities in diabetic jejunum can be dissociated from mucosal hypertrophy, and d) Only the specific substrate induces the depressed enzyme activity. The changes in intestinal enzyme activity may reflect not only the number or age of cells but also the availability of the substrate for the particular enzyme. This conclusion has a direct bearing on the direct relationship to the effect of thyroid hormone on small intestinal mucosa. My observations and others (94) indicate that thyroid hormone increases the mass of the small intestine. Furthermore, administration of T_4 , like glucose feeding, increases hexokinase activity of the intestine (66). It can be argued that thyroid hormone increases the number of newly dividing cells which in turn have a higher content of NaK-ATPase per cell. The finding that T_3 induced a similar increase in NaK-ATPase activity in plasma membranes prepared from fasting as well as fed rats, however, contradicts this hypothesis.

3. Effect of T_3 on ATPase.

As noted with the stripped intestine preparation, an increase in the



weight of the scraped jejunal mucosa after T_3 administration to hypothyroid animals, was observed (Table 5-III). A proportional increase in the wet and dry weight of about 23% and 32% respectively, was found. No change was noted in the ratio of dry to wet weight, indicating again that the hormone probably increased the cellular mass of the tissue. As mentioned in Chapter II, administration of thyroid hormone to hypothyroid rats did not change the DNA content per unit dry weight or protein. Thus the experimental results expressed as ATPase activity per my protein, can be taken, most probably, as representing enzyme activity per unit cell. The effect of injection of T_3 into hypothyroid rats on Mg-ATPase and NaK-ATPase activity in jejunal crude plasma membrane preparations are summarized in Table 6-III. A highly significant increase in NaK-ATPase specific activity \sim 72% was observed; in contrast Mg-ATPase specific activity decreased by about 17%. In the transition from the euthyroid to the hyperthyroid state, NaK-ATPase was elevated significantly by about 26% and no change in Mg-ATPase was observed (Table 7-III). It is noteworthy that the specific activity of the NaK-ATPase in euthyroid rats was in the range of the hypothyroid preparation; enzyme values for hyperthyroid rats were lower than those observed in hypothyroid + T_3 . The possibility of a direct comparison between thyroidectomized and euthyroid rats is somewhat complicated by the possibility of secondary effects due to the prolonged athyroid state. The ATPase results given in Table 7-III are in the same range as mentioned in the literature for rat (22,64,128,136) and rabbit jejunum (135). Mg-ATPase specific activity levels were more than two times greater than NaK-ATPase values. As shown in the electromicrograph of the 10,000 g pellet, Figure 3-III, the preparation consists of membrane vesicles and sheets as well as mitochondria. Some of the Mg-ATPase activity recorded therefore, may

Table 5-III Wet and Dry Weight of Scraped Mucosa of Jejunum from
 Thyroidectomized Rats \pm T₃ (50 μ g/100 g body weight)*

	Wet Weight mg. per 10cm length	Dry Weight	Dry Weight % of wet weight
Thyroidectomized	336.5 \pm 13.2	35.6 \pm 2.6	10.5 \pm 0.4
Thyroidectomized + T ₃	412.6 \pm 22.4	47.0 \pm 1.9	11.5 \pm 0.5
Δ	76.1	11.4	1.0
p	< 0.01	< 0.005	> 0.1

* Mean \pm SE. (n = 8 and 7 for the thyroidectomized and thyroidectomized + T₃ respectively).

Table 6-III ATPase Activity of Jejunal Crude Plasma Membrane Fractions
from Thyroidectomized Rats \pm T₃ (50 μ g per 100 g body weight)*

	Mg-ATPase μ moles Pi/hr per mg protein	NaK-ATPase
Thyroidectomized	35.30 \pm 1.13	7.59 \pm 0.53
Thyroidectomized + T ₃	29.27 \pm 1.38	13.04 \pm 0.71
Δ	-6.03 (-17%)	5.45 (72%)
p	< 0.01	< 0.001

* Mean \pm SE (n = 13)

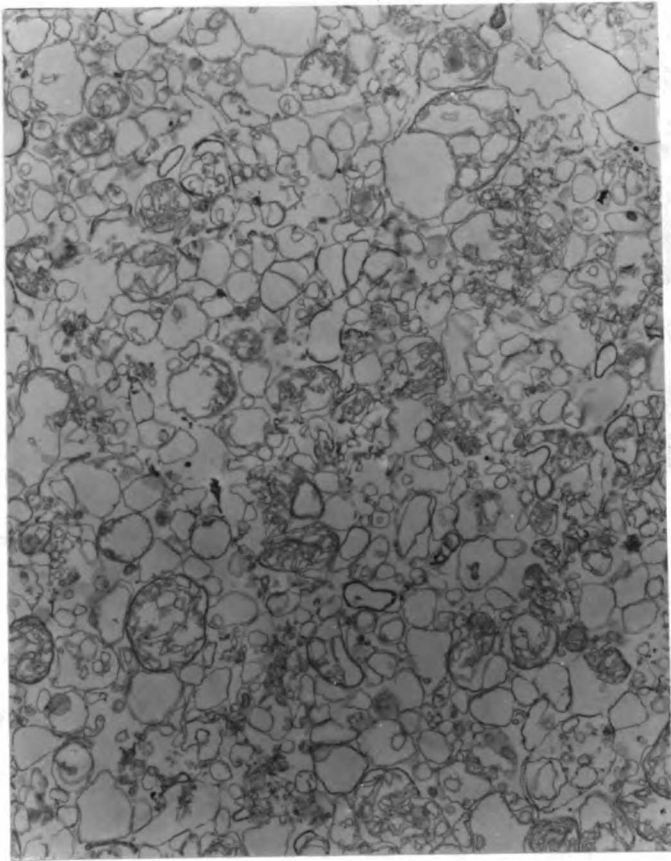
Table 7-III ATPase Activity of Jejunal Crude Plasma Membrane Fractions
from Euthyroid Rats \pm T₃ (50 μ g per 100 g body weight)*

	Mg-ATPase μ mole Pi/hr per mg protein	NaK-ATPase
Euthyroid	22.55 \pm 0.83	8.13 \pm 0.32
Euthyroid + T ₃	22.36 \pm 0.68	10.28 \pm 0.51
Δ	-0.19	2.15 (26%)
p	n.s.	< 0.001

* Mean \pm SE (n = 29)

Figure 3 - III

An electronmicrograph of the "crude plasma membrane preparation" (details in text). X 9,700.



represent enzymes that are not attached to the cell membrane. On the other hand, numerous studies documented the absence of NaK-ATPase from mitochondria obtained from a variety of tissues (18,106,128,187). Thus, the values obtained for NaK-ATPase activity reflect mainly plasma membrane activity. About a 10-fold increase in NaK-ATPase specific activity was achieved by discontinuous sucrose gradient. I felt however, that further purification by this method would lead to losses in recovery of total enzyme activity and therefore the crude plasma membrane was preferable for the purpose of detecting changes in enzyme activity at the tissue level.

The ratios of $QO_2/NaK-ATPase$ were 1.55 in hypothyroid, 1.73 in euthyroid, and 1.60 in hyperthyroid mucosae. A similar constant relationship was found for Na^+ transport-dependent respiration and NaK-ATPase activity ($QO_2(t)/NaK-ATPase$); 0.53 in hypothyroid, 0.62 in euthyroid and 0.55 in hyperthyroid mucosae. A proportional increase in $QO_2(t)$ and NaK-ATPase was observed after T_3 administration to hypothyroid and euthyroid rats. T_3 produced a greater rise in NaK-ATPase than in $QO_2(t)$; 72% and 41% respectively in hypothyroid rats, 26% and 12% in euthyroid rats, (Figure 4-III). The differences between the groups are probably significant, because they are calculated from experimental results with a standard error of $\sim 5\%$ (Tables 6-III, 7-III, 3-II and 4-II). The absolute and relative increase in enzyme activity and $QO_2(t)$ were higher in hypothyroid rats, but the ratio $\Delta QO_2(t)/\Delta NaK-ATPase$ was about the same in both groups (i.e. $\sim \frac{1}{2}$).

These data clearly show that thyroid hormone produces an increase in the specific activity of the membrane bound enzyme NaK-ATPase in jejunal mucosa. This effect seems to be specific as a decrease or no change in the specific activity of Mg-ATPase, another membrane-bound enzyme was re-

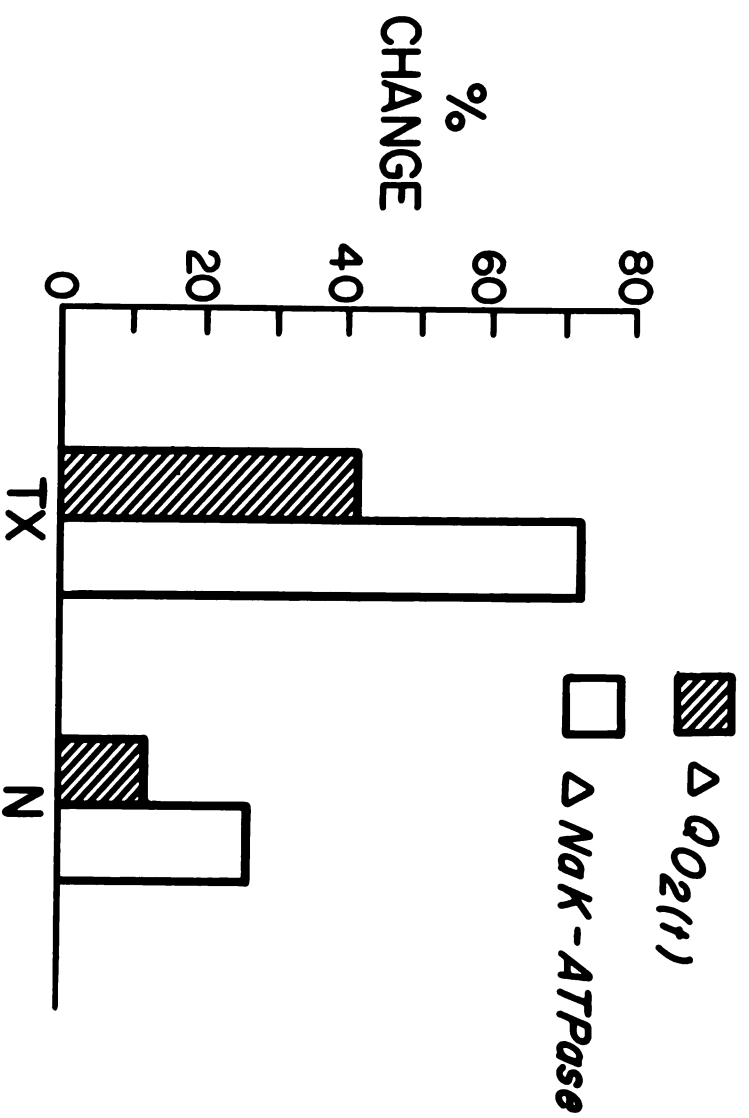
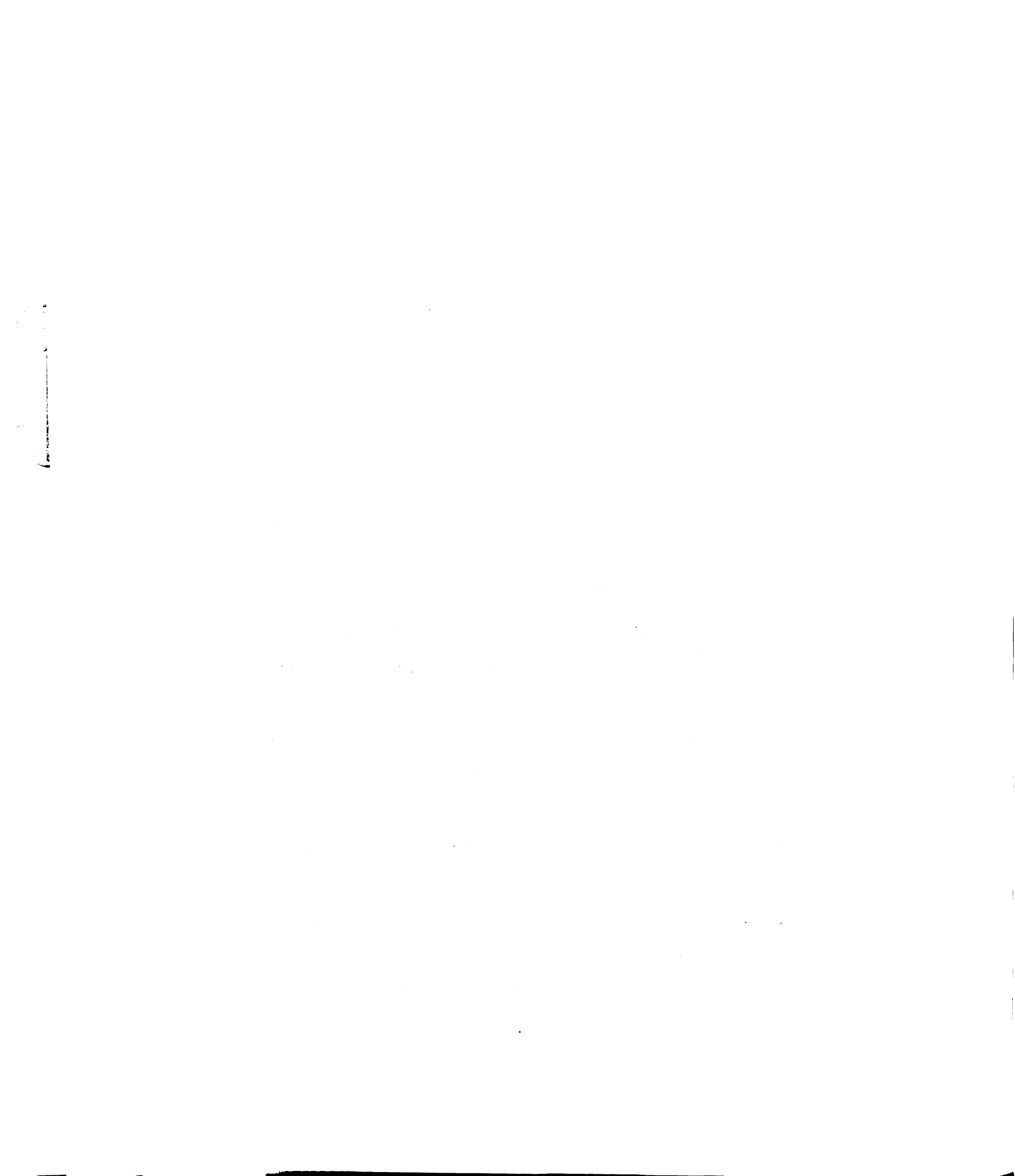


Figure 4-III. THE EFFECT OF ADMINISTRATION OF T_3 X 3 (50 μ g/100 BODY WT.) TO THYROIDECTOMIZED AND EUTHYROID RATS ON $QO_2(t)$ AND NaK-ATPASE SPECIFIC ACTIVITY OF JEJUNAL EPITHELIUM. THE RESULTS ARE EXPRESSED AS % CHANGE IN COMPARISON OF T_3 -TREATED AND CONTROL TISSUES.

corded; although Mg-ATPase activity is not restricted to the plasma membrane. The constant ratios between $QO_2/NaK\text{-ATPase}$ and $QO_2(t)/NaK\text{-ATPase}$ in the various thyroid states as well as the close correspondence between the increase in enzyme activity and the increase in $QO_2(t)$ after administration of T_3 to hypothyroid and euthyroid rats, support the inference of proportional increases in QO_2 and in Na^+ pump activity. Moreover, it further suggests that stimulation of the Na^+ pump activity is an important pathway in thyroid thermogenesis.

It was shown recently by Ismail-Beigi and Edelman (73) that thyroid hormone increased NaK-ATPase activity in liver and kidney, tissues responsive to the thermogenic action of the hormone but not in the adult mammalian brain, an unresponsive tissue (47). The developing brain of immature post-natal mammals responds to thyroid hormone both thermogenically and morphogenitically (131,183). Ablation of the thyroid gland in the neonatal rat retarded the normal rise in brain NaK-ATPase activity, as well as the accumulation of K^+ and extrusion of Na^+ that occurred during normal maturation (183). An increase in QO_2 was observed in normal rats during the same period (179). These observations point again to a close relationship between oxygen consumption and Na^+ -pump activity measured as NaK-ATPase and reflected by changes in intracellular K^+ and Na^+ concentrations. The specificity of the action of thyroid hormone on NaK-ATPase was indicated by the lack of comparable effects on other membrane bound enzymes (11,42,73,78). In the present study, no effect was observed on Mg-ATPase from intestinal crude plasma membrane preparation, as was the case in homogenates or plasma membrane preparations from liver, kidney (11) and striated muscle (73) in previous studies. In addition, administration of T_3 to hypothyroid and euthyroid rats did not change the activity of



5'-nucleotidase and adenylyl cyclase of liver plasma membrane preparations (42,78).

4. Effect of deoxycholate on ATPase activity.

The NaK-ATPase system is firmly associated with subcellular particles. Under proper conditions incubation of subcellular fractions from brain, heart and kidney with detergents such as deoxycholate, sodium dodecyl sulfate and Lubrol gives rise to a marked increase in the specific activity of NaK-ATPase (79,89,153,158). In order to increase NaK-ATPase specific activity from jejunal crude plasma membrane, the effect of deoxycholate (DOC) on this preparation was examined.

The plasma membrane fraction was incubated with DOC for 30 minutes and samples of the incubation media were taken out for enzyme analysis at 5-10 minute intervals, as described by Jorgensen and Sloan (158). This procedure did not yield any increase in NaK-ATPase specific activity; on the contrary, some decrease in enzyme activity was observed. As an alternative method, DOC in various concentrations was added to the scraping-homogenization media of 5 mM Na₂ EDTA (for details see Methods section of this chapter). Four segments of small intestine, 10 cm length each were used. Two alternate pieces were scraped and homogenized in the solution containing DOC while the other two segments were scraped and homogenized in 20 ml 5 mM Na₂ EDTA. In each experiment therefore, the DOC effect was correlated with a control preparation taken from the same jejunum. After homogenization and filtration, the DOC was diluted by 2 additional washings of the 10.000xg pellet. I calculated that in the final plasma membrane suspension, DOC concentration was below 0.01 mg/ml and in the enzyme assay system it was below 0.5 µg/ml which was about 100-fold lower than the concentration that inhibits the enzyme reaction (158). Enzyme

assays were done as described under Methods.

The results of a dose response curve, relating DOC concentration to NaK-ATPase specific activity are shown in Figure 5-III. It is evident that a maximal increase in NaK-ATPase specific activity was obtained in the range of 0.6-1.0 mg/ml of DOC, while higher concentrations have a smaller effect and practically no effect when 1.6 mg/ml of DOC is applied. In the forthcoming experiments, DOC was used in a concentration of 1mg/ml. The effect of DOC on ATPase activities of jejunal crude plasma membrane fraction of euthyroid rats is given in Table 8-III. In these experiments, DOC caused a highly significant increase of about 300% and 90% in NaK-ATPase and in Mg-ATPase specific activity, respectively. NaK-ATPase activity accounted for about a third of the total ATPase activity, in control preparations increased to ~ 50% of the total after DOC. The NaK-ATPase values of intestine of euthyroid rats in this experiment were within the range of values reported for hypothyroid rats injected with T_3 (see section 2 chapter III). The increase in Mg-ATPase activity recorded in Table 8-III is in contrast to the results or obtained after detergent treatment in other studies. However, the crude plasma membrane fraction I obtained, contained mitochondria. Siekevitz et al. reported that DOC, in a concentration of 1mg/ml, caused almost a complete disintegration of mitochondria and increased the activity of Mg^{2+} dependent ATPase (155). During several sets of experiments I found that total protein content of the crude plasma membrane fraction was lower by about 15-25% in the DOC treated segments as compared to control preparations. Similiar observations were made by Jorgensen and Skou (79) who found that after high speed centrifugation of DOC treated microsomal fractions, 44% of the total protein remained in the supernatant whereas all of the NaK-ATPase activity

NaK - ATPase
SPECIFIC ACTIVITY
 $\mu\text{moles Pi / hr per mg protein}$

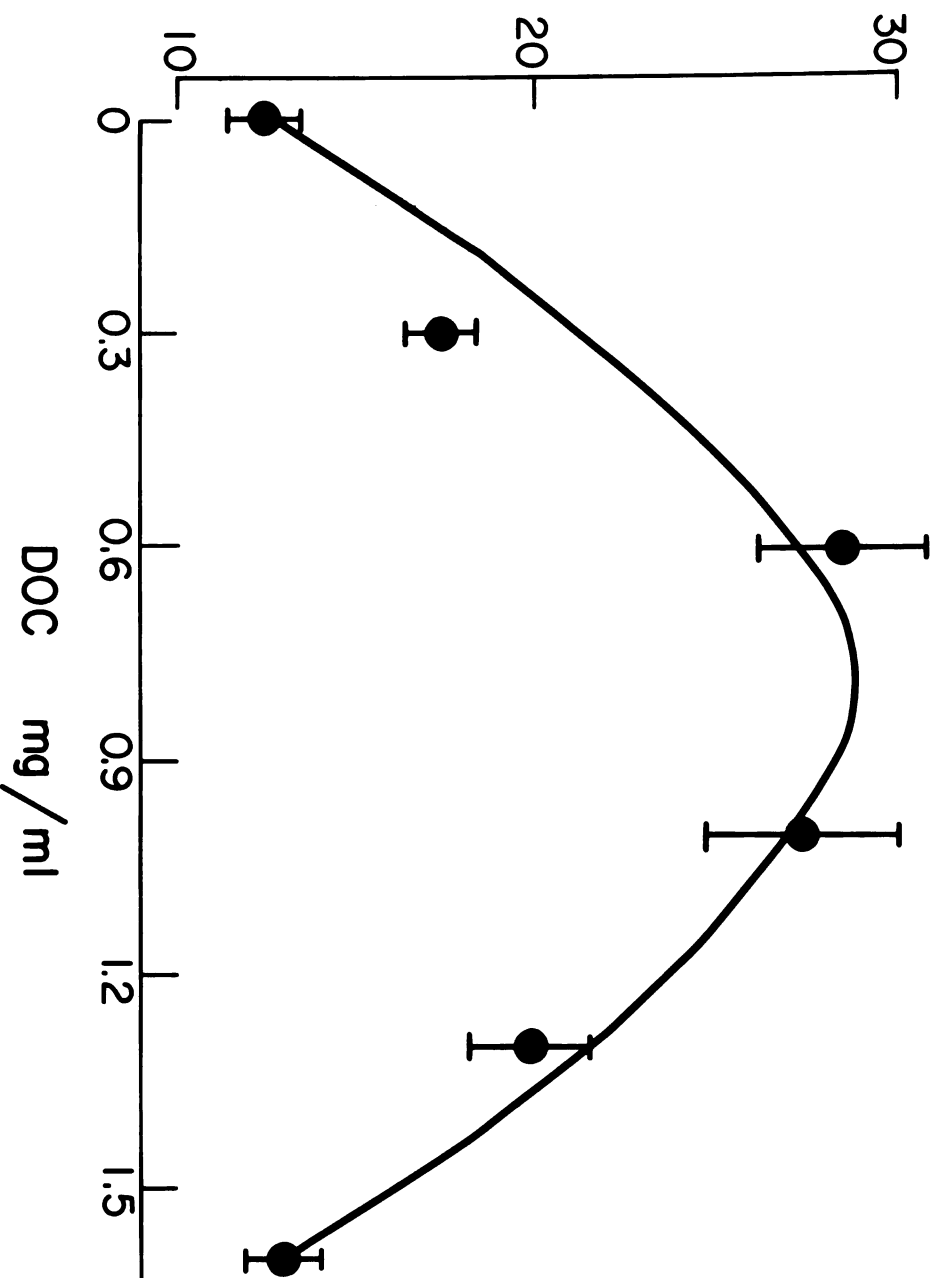


Figure 5-III. EFFECT OF VARIOUS DOC CONCENTRATIONS ON JEJUNAL NaK-ATPASE SPECIFIC ACTIVITY.

Table 8-III Effect of DOC on ATPase Activity of Jejunal Crude Plasma
Membrane Fractions from Euthyroid Rats.*

Deoxycholate (DOC) mg/ml	Mg-ATPase moles Pi/hr per mg protein	NaK-ATPase	Mg-ATPase/ NaK-ATPase
0	26.10 \pm 1.79	12.61 \pm 1.16	2.1
1	47.48 \pm 2.69	46.43 \pm 2.50	1.0
Δ	21.38 \pm 3.05	33.82 \pm 2.75	
P	< 0.001	< 0.001	
Ratio + DOC/-DOC	1.92 \pm 0.18	3.99 \pm 0.38	

* Mean \pm SE (n = 13)

was recovered in the sediment. However, the decrease in protein content of $\sim 20\%$ in the jejunal preparation after DOC treatment can account for an increase of no more than 33% in specific activity but could not explain an increment of 200-300%. To determine if the presence of DOC in the homogenization media increased cellular disintegration, samples of the homogenate, after filtration through Cheesecloth and Nylon Mesh (see Methods), were taken for protein and DNA determinations. An increase of about 23% and 26% in protein and DNA content per unit length of intestine was observed in the DOC treated homogenate in comparison to controls from the same rats. The ratio of protein per DNA in the homogenate was the same with and without DOC. These results indicate that the detergent caused a more efficient destruction of cells during homogenization. On the other hand, DOC treatment reduced the yield of protein in the plasma membrane fraction. Thus the ratio of protein in the membrane fraction to protein or DNA in the homogenate was about 30% less in the DOC-treated preparations than in the controls.

Another method of increasing NaK-ATPase specific activity in plasma membranes or microsomal fractions is "aging" of the fractions. The preparation is left overnight or up to 7 days in -5 to 0°C (38,72) or incubated in 37°C for 3-5 hours (128). Changes in NaK-ATPase activity as a result of aging and/or DOC are summarized in Table 9-III. An increase of about 45% in NaK-ATPase specific activity was recorded after 24 hours of aging while DOC treatment at the time of preparation caused an increment of more than 200%. Aging of the DOC treated specimen resulted in a further increase of about 8% (though statistically insignificant). Even after aging of both preparations, the specific activity of the enzyme treated with the detergent was almost 1.5 fold higher than the control.

Table 9-III Effect of Aging (24 hours in 2-4°C) and DOC on NaK-ATPase Activity of Jejunal Crude Plasma Membrane Fractions from Euthyroid Rats.*

Deoxycholate (DOC) mg/ml	t_0	t_{24}	Δ	p
0	14.78 \pm 1.70	21.32 \pm 1.34	6.54 \pm 2.59	< 0.05
1	46.55 \pm 2.18	50.04 \pm 3.07	3.49 \pm 1.70	> 0.05
	31.77	28.72		
p	< 0.001	< 0.001		

* Mean \pm SE (n=7). t_0 - in time of preparation. t_{24} - after 24 hr of aging.

Aging did not cause any significant change in Mg-ATPase activity.

The mechanism responsible for the increase in NaK-ATPase after aging or detergent treatment has not yet been determined precisely. The detergent removes protein and lipid from the membrane. This in turn may increase the permeability of the membrane vesicles created during the shearing of cells to substrates (i.e. ATP, Na⁺, K⁺) or may prevent the formation of membrane vesicles. Either of these mechanisms would provide free access of substrate and activators to their respective enzyme sites in the membrane. DOC treatment will remove, in addition, inactive protein from the fractions containing the NaK-ATPase.

In summary: A simple procedure for preparation of high specific activity NaK-ATPase from jejunal mucosa is described. The time of preparation is short, about 4 hours and doesn't involve special techniques such as sucrose density gradient centrifugation that consumes time and decreases the total yield. There is a 7 to 10 fold increase in specific activity over the original homogenate (128) and about 2-3 fold from the crude plasma membrane that is not treated with DOC. The specific activity of this preparation is about 2/3 of the activity reported for the M' fraction obtained by discontinuous sucrose gradients by Quigley and Gotterer (128) and about a 1/3 of the specific activity of the M-I fraction after aging for 4 hours at 37^oc, documented by the same investigators.

IV. THE EFFECT OF T_3 ON THE NUMBER OF ACTIVE NaK-ATPase SITES

A. Introduction

The increase in the specific activity of NaK-ATPase at the V_{\max} , induced by thyroid hormone might be due to an increase in the turnover number of the enzyme, the number of substrate molecules transformed per unit time by a single enzyme molecule, or to an increase in the number of active Na^+ pumps in the target tissue. Recently Asano, Liberman and Edelman (11) demonstrated an increase in V_{\max} of the NaK-ATPase enzyme in rat skeletal muscle membrane fractions after T_3 administration; the apparent K_m for ATP, however, was not changed. This finding supports indirectly the hypothesis of an increase in the number of NaK-ATPase sites in the membrane as the mechanism underlying the effect of thyroid hormone. Firmer evidence would be provided by direct counting of the number of active Na^+ pumps in the cell membrane before and after T_3 treatment. The experiments to be described were designed to provide an answer to this problem.

It is more accurate to refer to the NaK-ATPase as a system rather than a single enzyme, since the hydrolysis of ATP occurs in more than one step. An analysis, therefore, of the NaK-ATPase membrane transport system will provide a basis for experimental evaluation of the number of Na^+ pump sites (or NaK-ATPase sites) in plasma membrane fractions. Skou (157) demonstrated that in addition to the hydrolysis of ATP, the NaK-ATPase system catalyses an ATP-ADP exchange reaction. Since the reaction was independent of the presence of inorganic phosphate, he concluded that a high energy intermediate, an enzyme-phosphate, was involved in the overall reaction. The phosphorylated intermediate was then demonstrated by exposing



NaK-ATPase preparation to ATP- α - ^{32}P in the presence of Mg^{2+} and Na^+ (44,69,126). The incorporation of ^{32}P was rapid and complete within a matter of seconds at low temperature. Addition of K^+ released the bound ^{32}P as inorganic phosphate (44). The label was also chased by the addition of unlabeled ATP (124,126); this suggested that the phosphorylation step is reversible. In a comparative study with six different tissues from eleven species, Na^+ activated phosphorylation and K^+ stimulated dephosphorylation of the plasma membrane fraction was detected in all cases (13). Although NaK-ATPase activity in these tissues varies over a 400-fold range, the ratio of phosphorylation and of dephosphorylation to NaK-ATPase activity varied only 2-fold. After peptic digestion the phosphorylated enzyme preparations yielded identical ^{32}P -labelled peptides upon electrophoresis. These findings support the inference that the phosphorylated protein is a functional intermediate in the enzyme system and that the mechanism is similar in various species and tissues. The dephosphorylation step is stimulated by K^+ and inhibited by ouabain (14,26,139). A close relationship between K^+ activated phosphatase activity and the NaK-ATPase system was also established (24). Albers et al (44) and Post et al (124) reported evidence for two forms of the phosphorylated intermediate, however conflicting results were obtained with other techniques (1,96). From this brief discussion it is obvious that one way to count the number of active Na^+ -pumps is to measure the incorporation of ^{32}P from ATP- ^{32}P under conditions favoring the formation and stabilization of the phosphorylated intermediate.

Another method for measuring active Na^+ -pump sites is based on the close association between the NaK-ATPase transport system and a cardiac glycoside receptor. Both sodium pump activity of intact cells and ATP

hydrolysis catalyzed by Na^+ and K^+ in broken membrane preparations (i.e. containing NaK-ATPase activity) are inhibited by cardioactive glycosides (56,157,187). The glycoside receptors may be identical to active sites of the enzyme, or reside on part of the enzyme, or on some membrane component closely associated with the pump. A close physical relationship was indicated by experiments in which a solubilized active NaK-ATPase was prepared, that maintained its sensitivity to cardiac glycosides (39,96,108). In intact membrane preparations cardiac glycosides inhibit the transport cycle presumably by binding at an external membrane site (67,184). However, by binding covalently cardiac glycoside to large protein molecules it was suggested recently, that the receptors for the drug may lie deep within the plasma membrane (160). It was found that specific ligands had to be present to stimulate binding of the labeled glycoside (1,107,177). At least two ligand conditions were found to yield maximal glycoside binding:

- a) ATP plus magnesium plus sodium and b) magnesium plus inorganic phosphate. These two conditions produce a phosphorylated enzyme system which chromatographically seems to be a single chemical species (154). The maximal amount of tritiated cardiac glycoside bound to NaK-ATPase correlated with the enzyme activity (1,62,148) and with the degree of enzyme inhibition (6,18). The relationship between glycoside binding and glycoside-induced inhibition of NaK-ATPase was further defined by experiments indicating that the apparent affinity of various glycosides for binding to the enzyme evaluated by a competitive displacement method, correlated with their ability to inhibit NaK-ATPase activity (107).

Based on the findings that the same conditions that favor glycoside binding also produce a phosphorylated enzyme system, it was thought that the glycoside was bound and stabilized the phosphorylated enzyme state

(94,77). Formation of the phosphorylated intermediate, however, is not required for specific binding of the glycosides (148). Nevertheless, the evidence available indicates that glycoside-induced inhibition of NaK-ATPase activity is a consequence of glycoside binding to a site that stabilizes the conformation of the phosphorylated enzyme (148). Thus, the quantity of glycoside bound to the enzyme preparation under appropriate conditions will reflect the number of active Na⁺-pump sites. The forthcoming section will deal mainly with the methodology involved in using ³H-ouabain to measure the number of active NaK-ATPase sites on a plasma membrane preparation from rat jejunum and the results obtained. A formidable difficulty in these experiments was the fact that all the experiments were done on rat tissue. With the exception of the brain, rat tissues are relatively insensitive to cardiac glycosides. The complex formed between rat NaK-ATPase and ouabain is far less stable than that formed in dog or beef NaK-ATPase preparations (3,7,176).

B. Materials and Methods.

1. Plasma membrane preparation.

Thyroidectomized and euthyroid rats weighing 200-240 g were used for these experiments. Thyroidectomized rats were injected with T₃, 50 µg/100g body weight according to the protocol described in Methods of Chapter II. The animals were sacrificed 16-20 hours after the last injection and had access to food and water ad libitum. The intestine was prepared as described in Methods in Chapter III, with one difference: starting from the ligament of Treitz, four 10 cm segments of intestine were used, rather than two segments. The mucosa was scraped from two segments and combined in a Petri dish. Preparations from paired rats, either control or T₃-treated were processed simultaneously. The final pellets of

the 10,000xg spin were pooled together; thus the crude jejunal plasma membrane fractions from two rats were combined into a single pool, consisting of four segments of intestine taken out from each animal. The pools were prepared from two T_3 -treated or two control rats in the morning and from the remaining two rats in the afternoon. The preparations were kept overnight in the refrigerator at 1-3°C, and the 3H -ouabain binding assay performed the following day, in the order of the preparation sequence. NaK-ATPase assays were done on the day of preparation of the fraction and repeated the following day at the same time that 3H -ouabain binding was measured. The NaK-ATPase specific activity levels summarized in the Tables and Figures are those recorded at the same time that the binding assay was performed.

2. 3H -ouabain binding assay.

Uniformly labelled G-strophanthin was obtained from New England Nuclear Corp. 3H -ouabain (G), lot Numbers 184-196 and 747-009, 13 Ci/mole and 12.7 Ci/mole specific activity respectively. The lot #747-009 was used for all the experiments in which thyroidectomized animals were injected with T_3 . To achieve high concentrations of ouabain the specific activity was diluted with unlabelled ouabain (Sigma analytical grade) the dilution did not exceed a ratio of 1:50. The incubation medium contained 100 mM- Na^+ , 5 mM- Mg^{2+} , 5 mM-Tris-ATP, and 50 mM-Tris HCl buffer, pH 7.4 in a final volume of 1 ml. Various concentrations of plasma membrane protein (to be described below) were added to the tubes, the mixture was warmed to 37°C in a water bath for 3 minutes and the reaction started by the addition of Tris-ATP. The incubation was carried on for 1 to 15 minutes in the time-course experiment and for 5 minutes in all other experiments. To differentiate between specific and non-specific binding two

tubes with the same enzyme content were incubated in parallel. In preliminary experiments the nonspecific binding was measured by two different methods: a) By adding a $10^3 - 10^6$ excess of unlabelled ouabain, which would dilute out specific ^3H -ouabain binding assuming that the nonspecific binding was unsaturable in these range of ^3H -ouabain concentration (see Figure 4-IV) and b) By eliminating Na^+ , Mg^{2+} , and ATP from the media. As the two methods yielded the same results, only the second i.e. using an incubation medium without electrolytes and ATP, was employed for subsequent experiments. In the first few experiments we tried to estimate ^3H -ouabain binding by the method of Matsui and Schwartz (107). The binding reaction was terminated by transferring the sample tubes into ice, and centrifuged for 5 minutes in a refrigerated ultra centrifuge at 105,000xg. The supernatant was discarded and the pellet was dissolved in 0.3 ml of 0.2 N NaOH. However, no specific binding to rat jejunal plasma membrane fractions could be demonstrated by this method; similar negative results were mentioned in the literature (176). A rapid method which will retain the enzyme-glycoside complex and will enable washings of the complex was desirable. The technique that seemed to be most suited for this purpose, was a filtration method. Several filters were tested for this purpose, the most suitable one was found to be a Millipore 0.45 μ filter (Millipore, Bedford, Mass.). The reaction media and time of incubation were as described before. Five minutes after the reaction was started 200 μl in quadruplicates were assayed as will be described.

Millipore filters were soaked before use in ice cold 2.5 mM Tris-EDTA (pH-7.4), filters that were not wetted uniformly within two minutes were discarded. The filter discs were placed on a 10-piece filter manifold (Hoeffer Scientific, San Francisco, Calif.) and kept wet and cold by

addition of 1 ml of ice-cold 2.5 mM Tris-EDTA. One minute before the samples were applied to the filters, the filters were freed of excess moisture by application of the vacuum. The vacuum was broken, and 200 μ l samples in quadruplicates from each tube were uniformly applied to each filter. The application time was 30-40 seconds for each tube. One minute after the last sample was put on the filter, the vacuum was applied and the filters were washed with three 1.0 ml portions of ice cold 2.5 mM Tris-EDTA (Cornwall syringe). The damp filters were dissolved in 10 ml of a modified Bray's solution [xylene - 429ml, p-Dioxan 1284 ml, Ethylene glycol monoethyl ether 1284 ml, PPO (2,5 - Diphenyloxazole) 30 g, POPOP (Dimethyl-1,4-bis-2-(4-methyl-5-phenyloxazole) 1.5 g and Naphtalene-240g]. (All reagent were analytical grade or spectroquality). Quadruplicate 25 μ l aliquots of the incubation mixture were added directly without filtration to vials containing 10 ml of the counting solution. The vials were counted in a Mark I Nuclear Chicago Liquid Scintillation Counter (Chicago, Ill.). Counting efficiencies (25% with a filter and 27% without) were monitored by the external-standard, channel ratio method. The average of the quadruplicates was used for calculations. The results of the replicates were usually in close agreement. The concentration of ^3H -ouabain in each incubation mixture was calculated from the actual radioactivity measured and the activity of the stock solution. The concentration of the free ^3H -ouabain in the filtrate, was calculated as the difference between ^3H -ouabain concentration in the incubation medium and the total amount of ^3H -ouabain bound to the filters. ^3H -ouabain bound specifically to the enzyme system was calculated by subtracting the amount of ^3H -ouabain retained nonspecifically as defined above, from the amount of ^3H -ouabain bound to the filter when Na^+ , Mg^{2+} and ATP were included in the incubation medium.

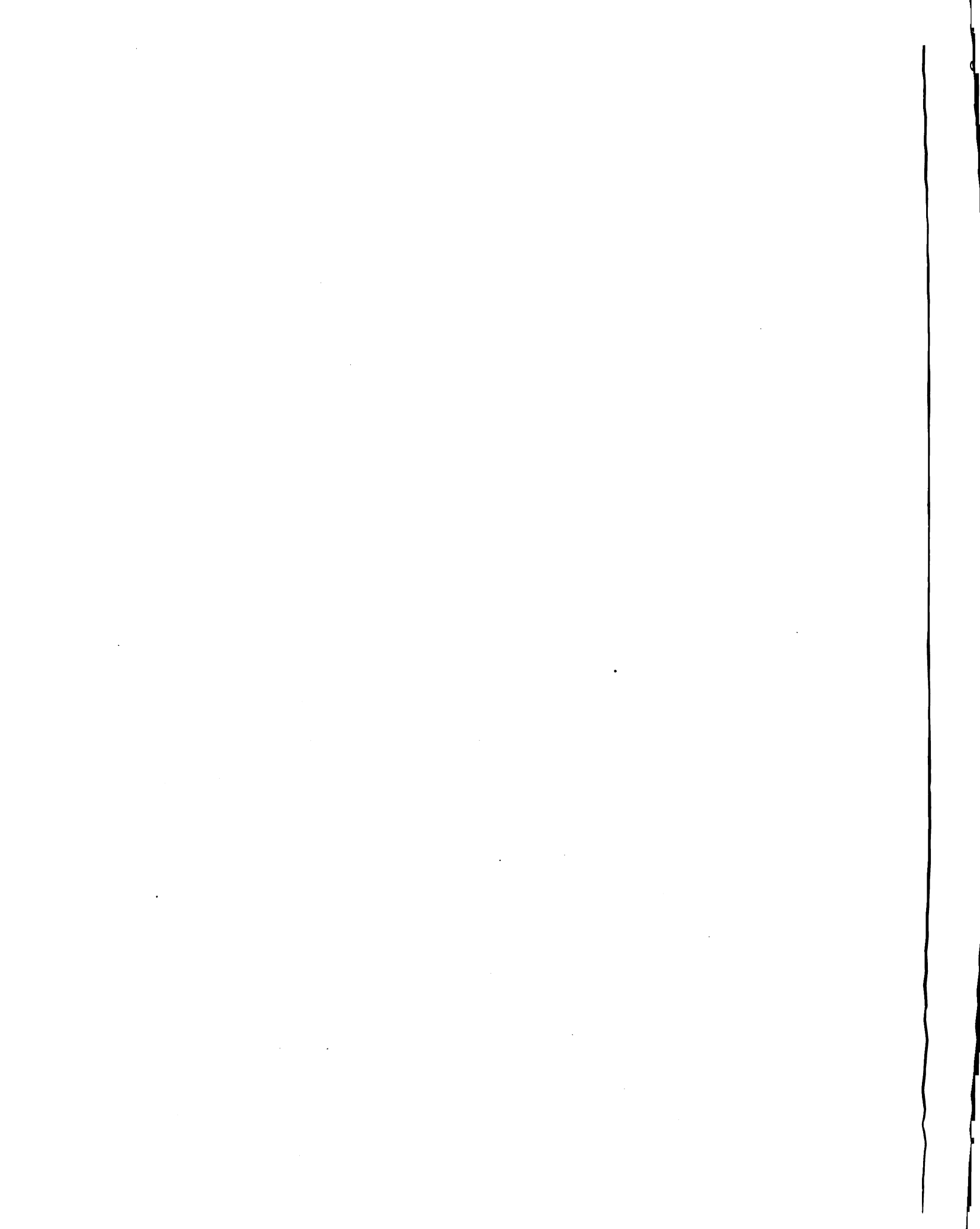
C. Results and Discussion

1. Effect of filter washing on nonspecific ^3H -ouabain retention.

Figure 1-IV shows that when ^3H -ouabain in an incubation solution, without plasma membranes, is applied to Millipore filters, about 15% of the radioactivity is retained on the filter. One washing of the filter, by 1 ml 2.5 mM Tris-EDTA reduces the amount retained to 1% and two additional washings further reduces it to about 0.1 to 0.2% of the amount applied to the filters. Exactly the same washing curve was obtained when ^3H -ouabain was incubated with Serum Bovine Albumin only (protein concentrations were comparable to those used with plasma membrane fractions). These results indicate that the filter per se retains only small amounts of ^3H -ouabain even in the presence of a non-specific protein such as Albumin.

2. Protein leakage from the filters: Effect of protein load and number of washes.

To measure protein leakage through the filters, under experimental conditions, the filters were loaded with various concentrations of plasma membrane fractions. The filters were washed 3 times, 1 ml each, with 2.5 mM Tris-EDTA, the filtrates were collected and assayed for protein content. The results are shown in Figure 2-IV. When more than 500 μg of plasma membrane protein were applied per filter, an appreciable protein leakage, ranging from 2.5% after one wash to about 5% of the amount applied, after three consecutive washes was observed. At the same time, difficulties in filtration were encountered as well. When the protein load was reduced to 250-300 μg per filter, the leakage ranged between 0 to 0.8% from the first to the third washings and the filtration was rapid and smooth. When 200 μg of jejunal plasma membrane protein were applied to each filter, the amount of protein in the filtrate was nil or negligible even



% RADIOACTIVITY RETAINED

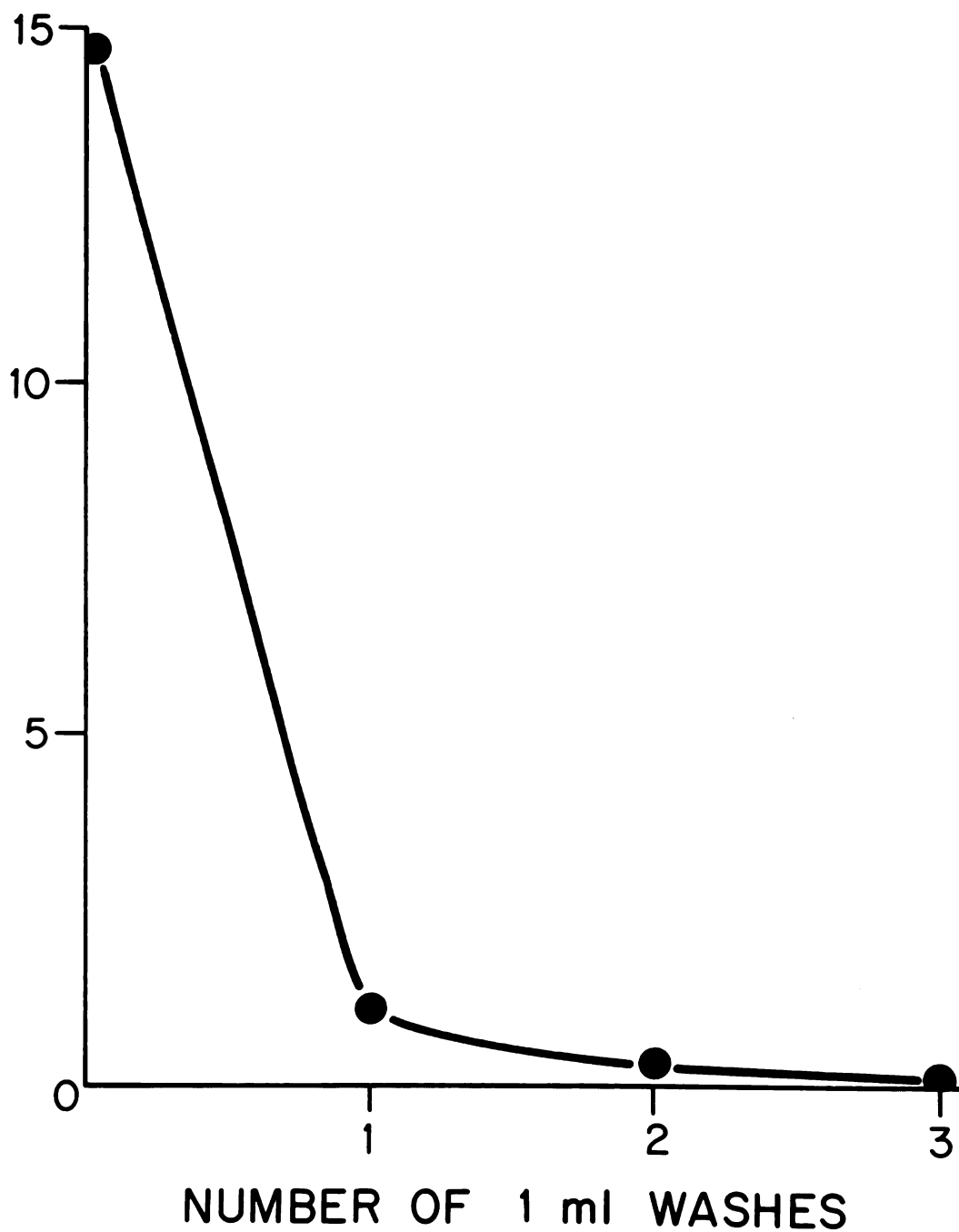


Figure 1-IV. EFFECT OF WASHINGS WITH 2.5 mM TRIS-EDTA ON THE RELATIVE AMOUNT OF [³H] OUABAIN RETAINED ON MILLIPORE FILTERS. (n = 4).

PROTEIN RECOVERED
IN FILTRATE AS % OF
PROTEIN APPLIED

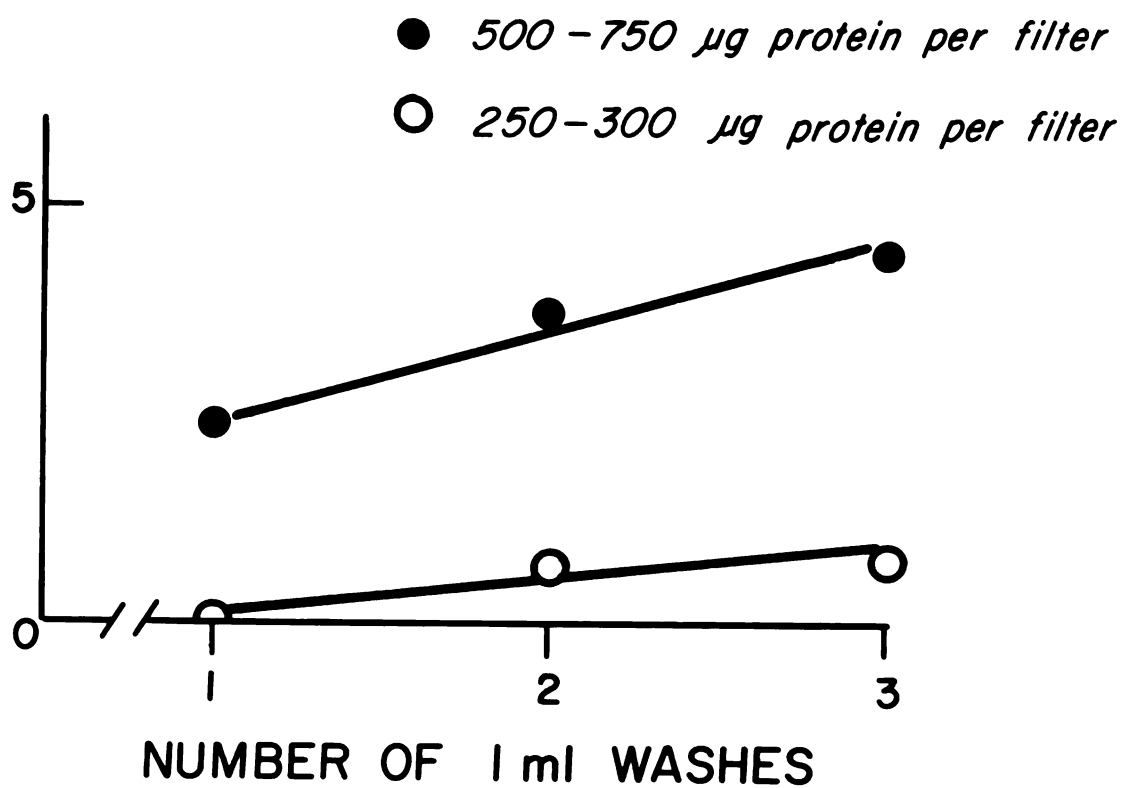


Figure 2.-IV. LEAKAGE OF PROTEIN FROM FILTERS AS A FUNCTION OF THE CONCENTRATION APPLIED AND THE NUMBER OF 2.5 mM TRIS-EDTA WASHINGS.

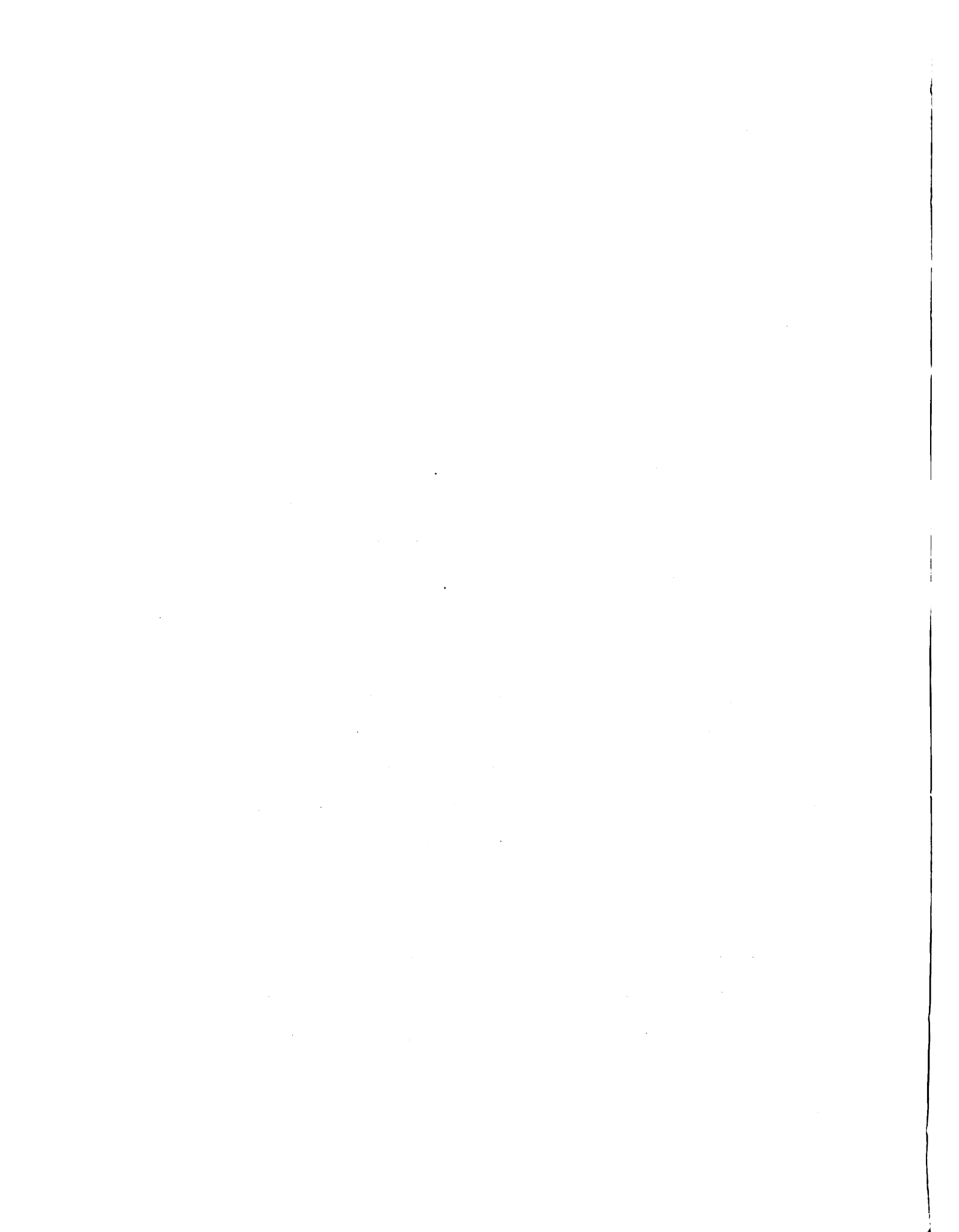
after three washings of the filters and no NaK-ATPase activity was detected in the filtrate. Based on the control experiments mentioned in the last two sections, the concentration of plasma membrane applied to each filter was less than 200 μg and usually in the range between 120 to 180 μg , and the filters were washed 3 times with 1 ml of 2.5 mM Tris-EDTA. With this technique all of the protein was retained on the filters and most of the non-specifically bound ^3H -ouabain was eluted.

3. Effect of incubation time on ^3H -ouabain specific binding.

The binding procedure was as detailed above, but the reaction at 37°C was continued for various periods of time. As shown in Figure 3-IV the binding of ^3H -ouabain to the enzyme-system is complete after one minute of incubation, and there was no further specific binding of the glycoside during the next 15 minutes of incubation. Since the time involved in applying the samples to the filters and subsequent washing, the actual minimum incubation time is about 2 minutes. Based on these time-course observations, I elected to use 5 minutes of incubation at 37°C as the standard time for the binding reaction. My results are in agreement with time-course studies of ouabain binding and/or inhibition of NaK-ATPase activity observed in lamb brain (18) and in enzyme preparations from guinea pig and dog (176), calf heart (107,148) calf brain (4) and human erythrocytes (97).

4. Specific and nonspecific ^3H -ouabain binding.

Nonspecific binding was determined by two different methods: In the first technique, 10^3 - 10^6 excess of nonradioactive ouabain was used as a competitor for specific ouabain binding (94). In the second method, Na^+ Mg^{2+} and ATP were omitted from the incubation media. The plasma membrane fraction was assumed to be free of these cations, as during the prepara-



BOUND OUBAIN
cpm / mg protein

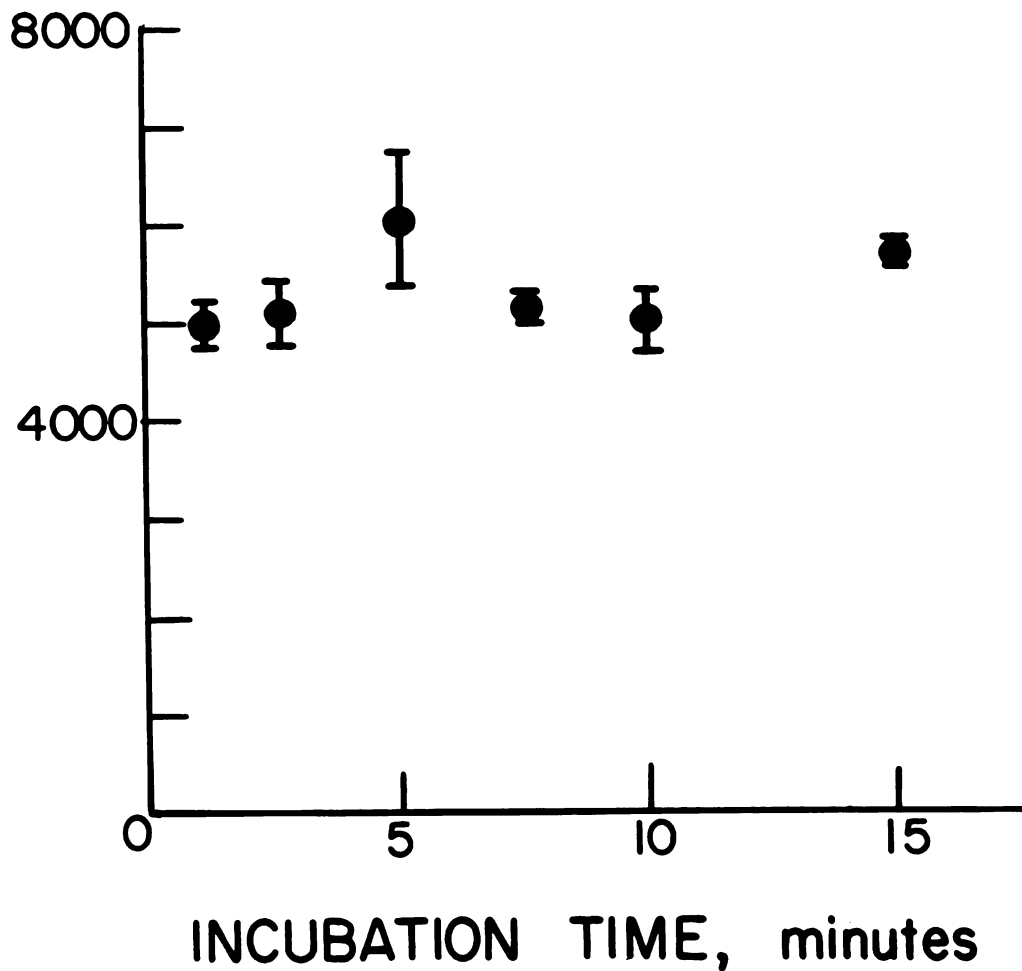


Figure 3-IV. SPECIFIC BINDING OF [³H] OUBAIN TO A JEJUNAL CRUDE PLASMA MEMBRANE FRACTION AS A FUNCTION OF INCUBATION TIME IN 37°C. (n = 6).

tion procedure it was washed and finally resuspended in 2.5 mM Tris-EDTA. For subsequent experiments the non-specific binding was measured by the second method as: a) There was no difference in the results obtained when the two methods were employed simultaneously with the same preparation and b) When higher concentration of ^3H -ouabain, in the range of 10^{-5} M were used, it was impossible to prepare an aqueous solution that would contain 10^{-2} - 10^{-1} M cold ouabain.

In Figure 4-IV a representative experiment indicates the amount of ^3H -ouabain bound specifically and nonspecifically to a jejunal plasma membrane fraction, as a function of free ^3H -ouabain concentration. Specific binding of the glycoside shows typical saturation kinetics but non-specific binding is linearly correlated to the free ^3H -ouabain concentration in the range measured. This observation further supports the assumption that when Na^+ , Mg^{2+} and ATP are eliminated from the reaction medium, only nonspecific binding components, which are present in large excess over the specific sites, are measured. It is of importance to note that the ratio of specifically bound over nonspecifically bound is inversely proportional to the free ^3H -ouabain concentration. This observation implies that binding measures performed at high concentrations of ^3H -ouabain may be less accurate than at low concentrations of the glycoside.

5. ^3H -ouabain specific binding as a function of protein content and NaK-ATPase specific activity.

Five sets of experiments were performed. In each set, 4-6 samples, of the same jejunal plasma membrane fraction were added to a final volume of 1 ml reaction medium, ^3H -ouabain in a final concentration of 2.59×10^{-6} M and from the same stock solution was used for all these experiments. The binding assay procedure was followed as detailed in the Methods section.

BOUND
[OUABAIN]
 10^{-12} moles / mg protein

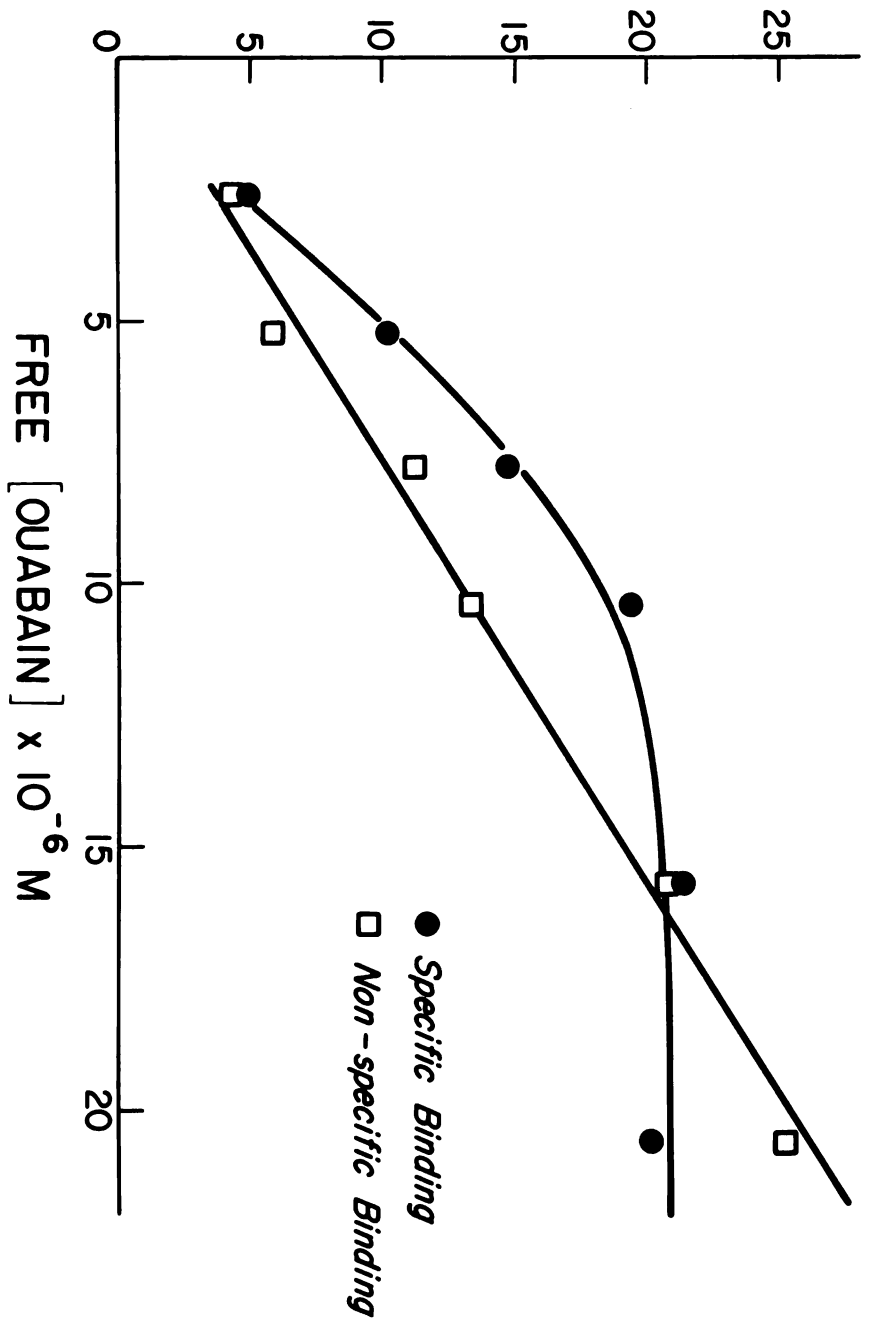


Figure 4-IV. SPECIFIC AND NON-SPECIFIC BINDING OF [3 H] OUABAIN TO JEJUNAL CRUDE PLASMA MEMBRANE FRACTION, AS A FUNCTION OF FREE [3 H] OUABAIN CONCENTRATION.

The amount of plasma membrane protein applied ranged from 40-240 μg per filter. Two of the jejunal plasma membrane fractions were prepared from pools of hypothyroid rats, and three from euthyroid rats. The amount of ^3H -ouabain bound specifically, as a function of protein applied per filter is shown in Figure 5-IV. A close, linear correlation with a regression coefficient of 0.85 was obtained, implying a ratio of 1:1 between specific ^3H -ouabain binding and plasma membrane protein concentration. Moreover, the results from the hypothyroid group tend to be below the regression line, reflecting lesser specific glycoside binding to these preparations. When specific ^3H -ouabain binding is expressed as a function of NaK-ATPase activity applied to each filter (Figure 6-IV), the linear correlation is even closer, with a correlation coefficient of 0.91; indicating a 1:1 ratio between ^3H -ouabain binding and NaK-ATPase activity. In this figure the hypothyroid and euthyroid values are spread equally along the regression line, with a tendency of the hypothyroid data to concentrate in the lower left quarter of the figure, reflecting again the lower NaK-ATPase activity of these preparations and the associated decreased binding of glycoside.

These data serve as another control for the binding assay, showing that the amount of specifically-bound glycoside retained on the filters is linearly related to the protein, applied up to about 250 μg per filter. Because of protein leakage as mentioned before, no higher protein concentrations were used. But even more important, these observations imply that changes in NaK-ATPase specific activity, measured under V_{max} conditions reflects changes in the number of active Na^+ -pump sites and that the increase in NaK-ATPase activity observed in jejunal plasma membrane fractions after administration of T_3 to hypothyroid and euthyroid rats, is a

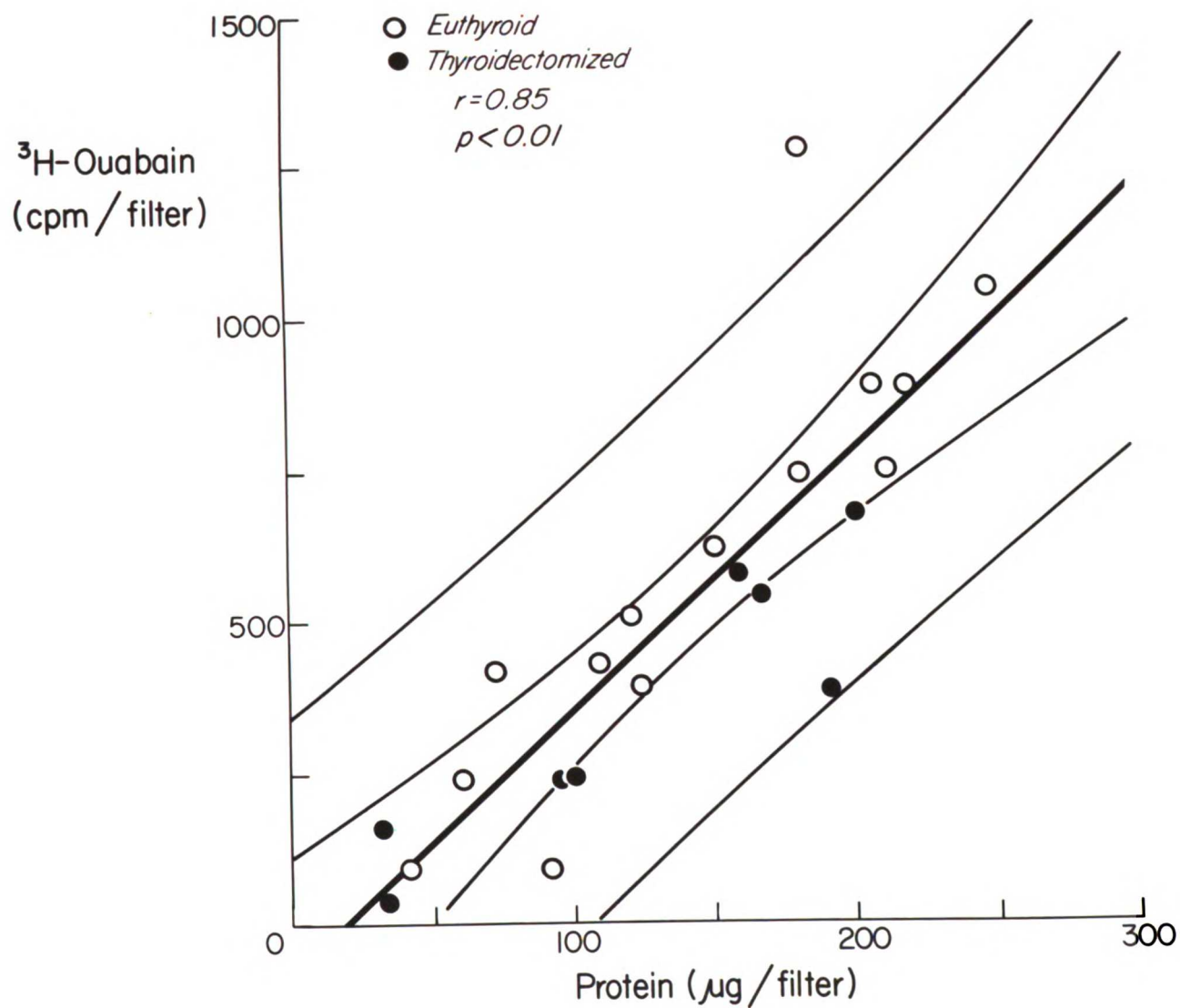


Figure 5-IV. SPECIFIC BINDING OF $[^3\text{H}]$ OUABAIN (2.59×10^{-6} M) TO JEJUNAL CRUDE PLASMA MEMBRANE PREPARATION FROM EUTHYROID AND THYROIDECTOMIZED RATS, AS A FUNCTION OF THE AMOUNT OF PROTEIN APPLIED TO EACH FILTER. THE INNER LINES REPRESENT 95% CONFIDENCE INTERVAL FOR THE LINE, THE OUTER LINES THE 95% CONFIDENCE INTERVAL FOR EACH POINT.

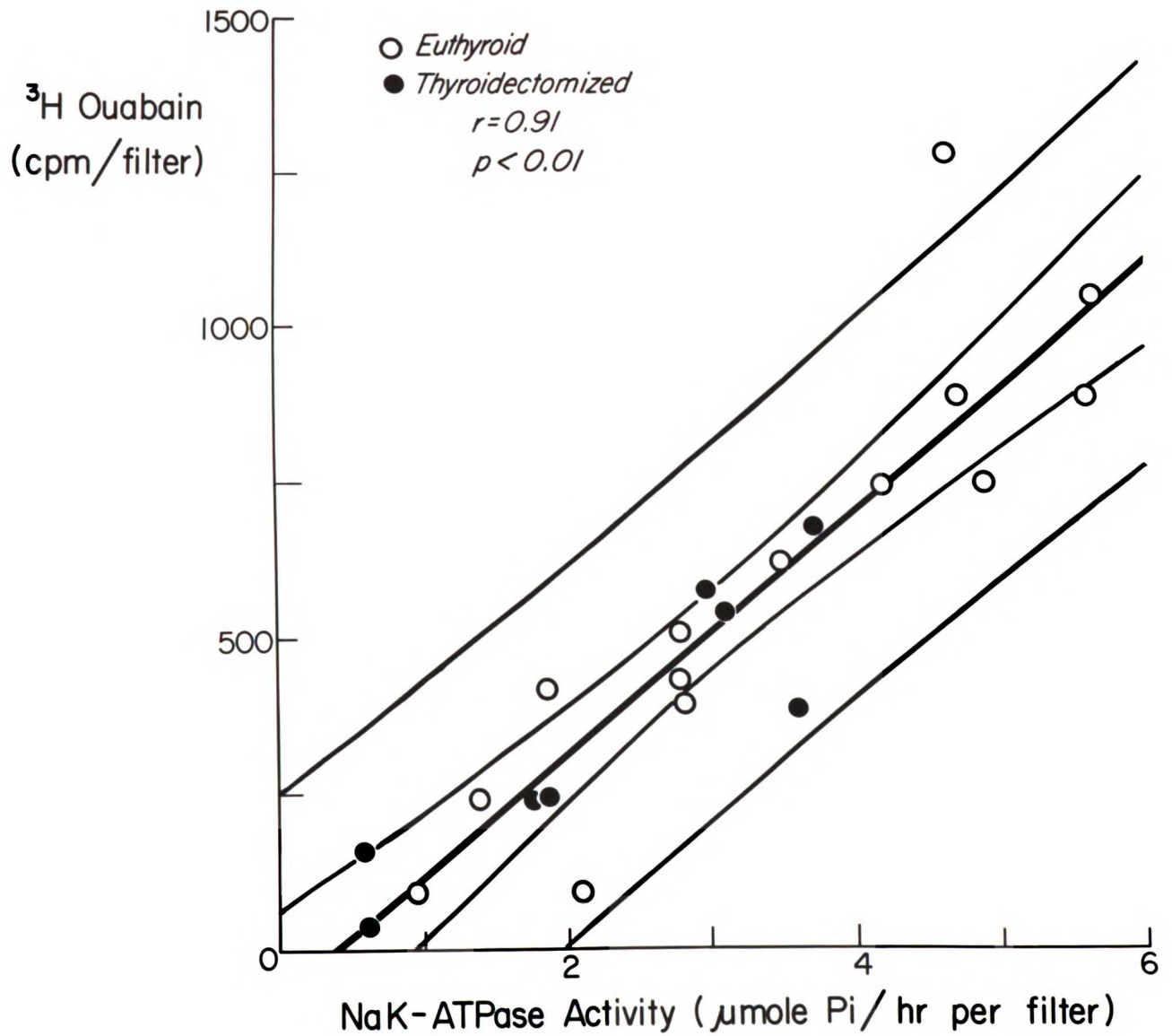


Figure 6-IV. SPECIFIC BINDING OF [^3H] OUABAIN TO JEJUNAL CRUDE PLASMA MEMBRANE PREPARATION FROM EUTHYROID AND THYROIDECTOMIZED RATS, AS A FUNCTION OF NaK-ATPASE ACTIVITY APPLIED TO EACH FILTER. THE INNER LINES REPRESENT 95% CONFIDENCE INTERVAL FOR THE LINE, THE OUTER LINES, THE 95% CONFIDENCE INTERVAL FOR EACH POINT.

result of an increase in the number of active Na^+ -pump sites. To obtain more direct estimates of the number of active enzyme sites, the following experiments were performed.

6. ^3H -ouabain binding to plasma membrane fractions from thyroidectomized rats $\pm T_3$.

In preliminary experiments I found an increase in specific binding of ^3H -ouabain to jejunal plasma membrane fractions from hypothyroid rats injected with T_3 to the uninjected (diluent only) thyroidectomized group, at ^3H -ouabain concentrations of $3.5 \times 10^{-8}\text{M}$ to $1.9 \times 10^{-5}\text{M}$. To estimate the maximal number of binding sites and the dissociation constant for ouabain, there was a need to measure the binding at or near saturation levels. Therefore, the effect of thyroid status on glycoside binding was tested at ^3H -ouabain concentrations in the range of $2.4 \times 10^{-6}\text{M}$ to $1.9 \times 10^{-5}\text{M}$.

A total of 36 thyroidectomized rats were used; 18 of the rats were injected with T_3 (50 $\mu\text{g}/100$ g body wt, q.48 hrs x 3) and the other 18 served as controls. As the small intestinal plasma membrane fractions were pooled from 2 rats, the number of fractions examined from each group was 9.

Specific binding of ^3H -ouabain as a function of the free glycoside concentration is depicted in Figure 7-IV. Average specific binding at each concentration of free glycoside of the fractions from the T_3 -treated rats was compared to the corresponding binding of the controls by a non-paired t-test. Thyroid hormone administration to hypothyroid rats caused a statistically significant increase in ^3H -ouabain specific binding at each level of glycoside concentration. The 'P' value was less than 0.01 at all concentrations of free ^3H -ouabain. The increase in specific gly-

BOUND
[OUABAIN]
 10^{-12} moles / mg protein

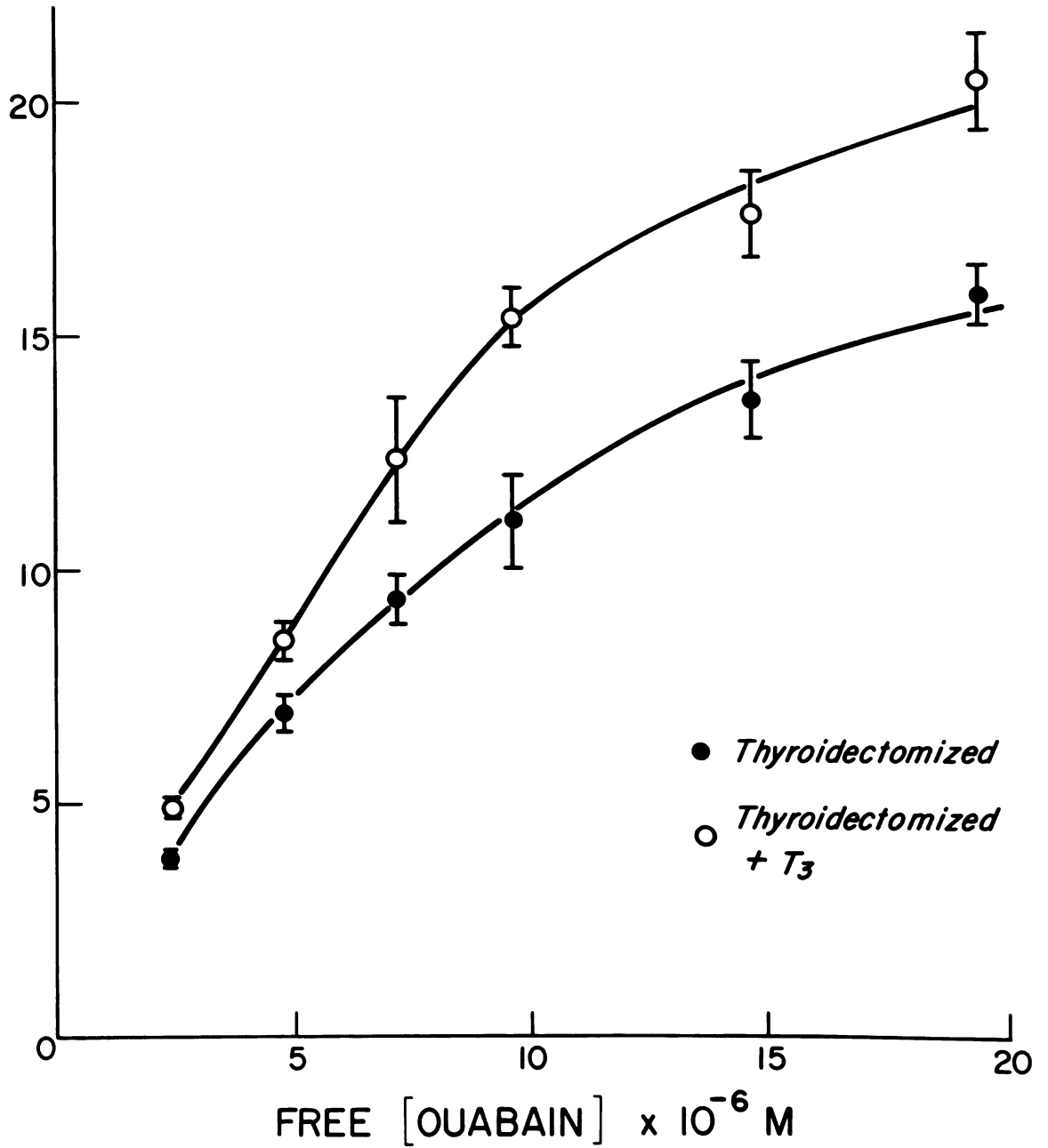


Figure 7-IV. SPECIFIC BINDING OF [³H] OUABAIN TO JEJUNAL CRUDE PLASMA MEMBRANE PREPARATION FROM THYROIDECTOMIZED RATS ± T₃ (50 μg/100 g BODY WT.).

coside binding of the fractions from T_3 -treated rats, ranged from 23% to 40%. Through the range of $2 \times 10^{-6} M$ to $9 \times 10^{-6} M$ free 3H -ouabain, specific binding of the glycoside to preparations from T_3 -treated animals and controls, followed first order kinetics (Figure 7-IV). NaK-ATPase activity was directly proportional to specific 3H -ouabain binding. These results point out that thyroid hormone does not affect the linear correlation between enzyme activity and glycoside binding, I demonstrated in a previous section of this chapter, and as reported previously for preparations from normal animals and a variety of species (1,62,148).

Figure 7-IV shows that specific binding to the crude plasma membrane preparation conforms to first-order saturation kinetics. By employing the Lineweaver-Burk technique, a plot of the reciprocal values of 3H -ouabain bound specifically as a function of free glycoside concentration, N_{max} values were calculated from the intercept on the Y-axis and the apparent K_d from the slope. N_{max} and K_d values were calculated separately for each experiment. Regression lines were obtained by the least mean square method with the aid of a digital PDP-12 Computer (Digital Equipment Corporation, Mywnard, Mass.) and the Hewlett Packard 9100B Calculator. Regression coefficients calculated for each line ranged between 0.97 to 0.997 with one exception in which $r = 0.94$. The close linear correlation observed confirms that specific binding of 3H -ouabain was a saturable process, and that only one class of binding sites for the glycodide was detected. Two examples of Lineweaver-Burck plots of 3H -ouabain binding of T_3 treated and control preparations are shown in Figure 8-IV.

The estimates of N_{max} were calculated for the individual fractions (pool of fractions from rats); the mean value of the estimates for the T_3 -treated and control groups are presented in Table 1-IV, as well as the

$\frac{1}{\text{BOUND [OUABAIN]}}$
 mg protein $\times 10^{12}$ moles

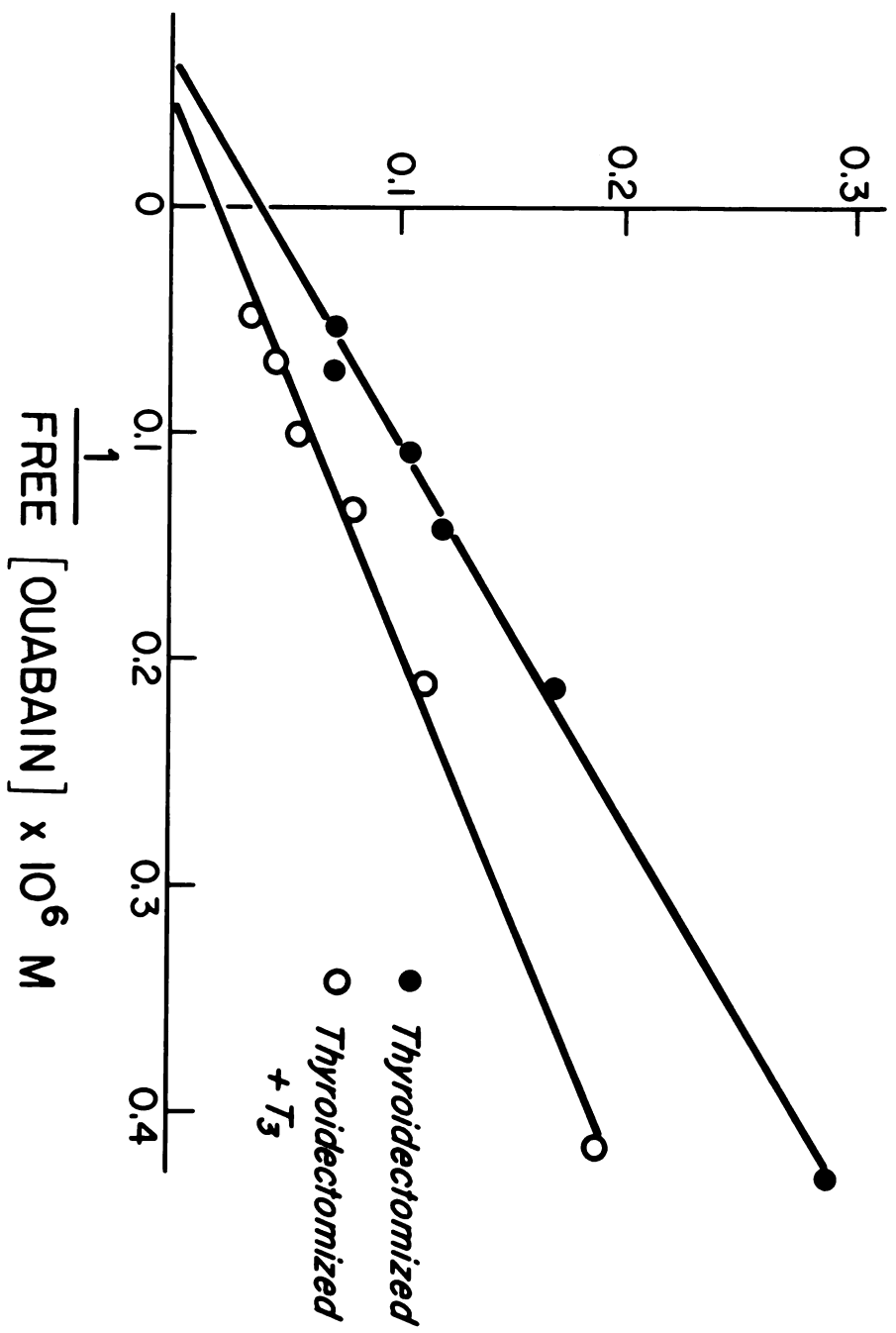


Figure 8-IV. LINEWEAVER-BURK PLOT OF THE SPECIFIC BINDING OF [³H] OUABAIN TO JEJUNAL CRUDE PLASMA MEMBRANE PREPARATION FROM THYROIDECTOMIZED RATS + T₃ (50 μg/100 g BODY WT.), AS A FUNCTION OF FREE [³H] OUABAIN CONCENTRATION.

Table 1-IV NaK-ATPase Activity and Turnover Number, and Estimated Maximal Number of Binding Sites

(N_{max}) of ^3H -Ouabain and Apparent Dissociation Constant (K_{diss}) of a Crude Plasma Membrane Preparation from Jejunal Mucosa from Thyroidectomized Rats + T_3 (50 μg per 100 g Body Weight). *

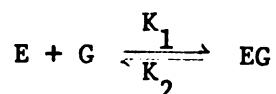
	NaK-ATPase $\mu\text{moles Pi/hr}$ per mg protein	N_{max} p-moles ouabain bound per mg protein	Turnover number Pi released/min per enzyme site	K_{diss} 10^{-5}M
Thyroidectomized	11.54 \pm 0.88	33.30 \pm 3.85	6429 \pm 965	1.94 \pm 0.32
Thyroidectomized + T_3	15.64 \pm 0.83	44.53 \pm 5.40	6376 \pm 739	2.00 \pm 0.27
Δ	4.10 (36%)	11.23 (34%)	-53 (-1%)	0.06 (3%)
P	< 0.005	NS	NS	NS

* Mean \pm SE. n=9

mean NaK-ATPase activity of the same preparations. Thyroid hormone treatment caused a mean increase of 34% in the estimated maximal number of ^3H -ouabain binding sites that correlates very well with a mean increase of 36% in NaK-ATPase activity. However, the difference between the estimated N_{max} of the treated and untreated groups fell short of statistical significance, $p=0.1$.

In Figure 9-IV, estimated N_{max} values calculated for enzymes prepared from hypothyroid $\pm T_3$ and euthyroid $\pm T_3$ rats are plotted as a function of NaK-ATPase specific activity values measured in the same crude plasma membrane fractions. A statistically significant linear correlation between the two parameters exists. This observation emphasizes again that an increase in NaK-ATPase activity measured under N_{max} conditions reflects an increase in the number of active enzyme sites, as measured by ^3H -ouabain binding.

Apparent K_d values were estimated from the slope of the Lineweaver-Burk plot. If it is assumed that a) The enzyme (E) ouabain (G) interaction can be described as a one step binding reaction in which the enzyme binds ouabain to form a complex (EG) which dissociates reversibly, the reaction can be formulated as:



then the apparent K_d values may be taken as representing the equilibrium dissociation constant (K_{diss}). The calculated K_{diss} values for ouabain are presented in Table 1-IV. It is obvious that no change in K_{diss} was observed after T_3 -treatment of hypothyroid rats. My results agree with those of Allen and Schwartz (7) on NaK-ATPase from rat heart and kidney, employing a ^3H -ouabain binding assay.

ESTIMATED N_{max}
pmoles Ouabain bound / mg protein

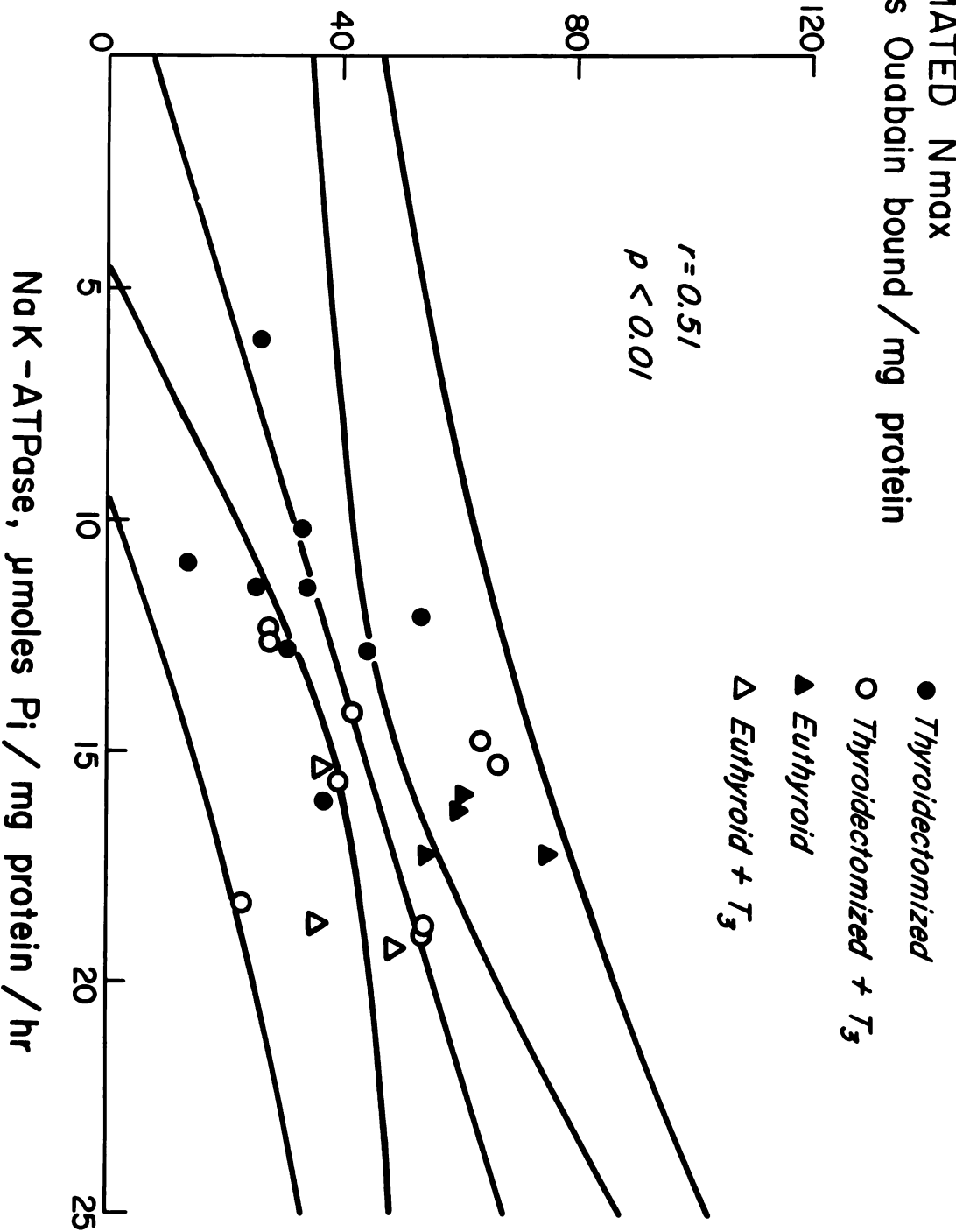


Figure 9-IV. ESTIMATED MAXIMAL NUMBER OF [³H] OUABAIN BINDING SITES (N_{max}), TO JEJUNAL CRUDE PLASMA MEMBRANE PREPARATION FROM THYROIDECTOMIZED AND EUTHYROID RATS $\pm T_3$ (50 $\mu\text{g}/100 \text{ g}$ BODY WT.), AS A FUNCTION OF NaK-ATPASE SPECIFIC ACTIVITY. THE INNER LINES REPRESENT 95% CONFIDENCE INTERVAL FOR THE LINE, THE OUTER LINES, THE 95% CONFIDENCE INTERVAL FOR EACH POINT.

Barnett (18) and Wilson et al (189) inferred that one molecule of ouabain binds to one transport enzyme. Assuming such a 1:1 relationship, a turnover number for the NaK-ATPase enzyme system in our preparation can be calculated from the specific activity of the enzyme and the estimated N_{\max} of the same preparation. The mean turnover number for NaK-ATPase from T_3 treated and control rats is presented in Table I-IV. No difference between the turnover numbers calculated for each group was documented. From the similarity between the K_d values and calculated turnover numbers, it may be concluded that the NaK-ATPase obtained from animals treated with T_3 is similar if not identical to the enzyme in the control group; thyroid hormone does not appear to induce qualitative changes in the NaK-ATPase enzyme system. Bader et al. (13) measured the phosphorylated intermediate of NaK-ATPase, and estimated the turnover number of the enzyme in 6 tissues from 11 species. The range in specific activity of the enzyme was more than 400-fold, yet the turnover number varied 2-fold; from 8,100 to 16,700 moles of Pi released per site per minute. These investigators, however, used the phosphorylated intermediate measured at 0°C as the base for their calculations. I found only one report in the literature (7), in which ouabain binding to rat NaK-ATPase other than the brain was measured, and I calculated the turnover number to be about 8000 moles of Pi released per minute per site. In the above mentioned work, the separation of the bound ^3H -ouabain from free was performed by centrifugation and the pellet was not washed. Our figures for the turnover number when compared to the studies are about 20% lower than the figures obtained by centrifugation, perhaps because of differences in efficiency of the methods.

The efficiency of the filter assay is determined by probability that

the complex will survive the filtration and washing procedures and be detected when the filter is assayed (192,193). The efficiency may be measured by titration of a large excess of enzyme so that the maximal possible amount of ligand is bound. This procedure could not be performed in our assay system because of the very high K_d of the enzyme-ouabain complex. However, the lower values for turnover number obtained by us in comparison to those cited above will not affect the validity of the comparison between NaK-ATPase activities or of the amounts of ^3H -ouabain bound (i.e. N_{max}) in the fractions from the two groups of rats, T_3 -treated and untreated.

While these experiments were in progress, Dr. C.S. Lo in our laboratory developed a method of measuring the quantity of phosphorylated intermediate formed in kidney membrane preparations from ATP- γ - ^{32}P (98). In collaboration, with Dr. Lo the same procedure was carried out on jejunal crude plasma membrane fractions from thyroidectomized rats $\pm T_3$. NaK-ATPase activity was measured simultaneously in each preparation. The results are summarized in Table 2-IV. The increase of about 35% in enzyme specific activity of T_3 treated rats was accompanied by a 54% increase in the amount of the phosphorylated intermediate. The direct proportionality between NaK-ATPase activity in the intestinal membrane fractions from the treated and untreated animals and the phosphorylated intermediate is shown in Figure 10-IV. These observations lead to the conclusion that: a) as described previously (13,126), the ^{32}P -intermediate is a measure of the number of Na^+ -transport units and b) The increase in transport enzyme activity after thyroid hormone treatment, represents an increase in the number of active Na^+ pump sites.

Recently Tata and his associates (171,175) observed that thyroid



Table 2-IV NaK-ATPase Activity and Phosphorylated Intermediate of a Partially Purified Membrane Fraction from Small Intestinal Mucosal Cells. Thyroidectomized Rats \pm T₃ (50 μ g/100 g Body Wt.)*

	NaK-ATPase	³² P-Intermediate
	μ moles Pi/hr/ mg protein	pmoles ³² P bound/ mg protein
- T ₃ ⁺	13.89 \pm 1.26	44.50 \pm 4.57
+ T ₃ ⁺	18.68 \pm 1.04	68.42 \pm 3.97
Δ	5.79 (34.5%)	23.92 (54%)
p	< 0.025	< 0.005

* In collaboration with Dr. C. S. Lo.

⁺Mean \pm SE (n = 6). [†]Mean \pm SE (n = 5).

³²P INTERMEDIATE
pmoles ³²P bound /mg protein

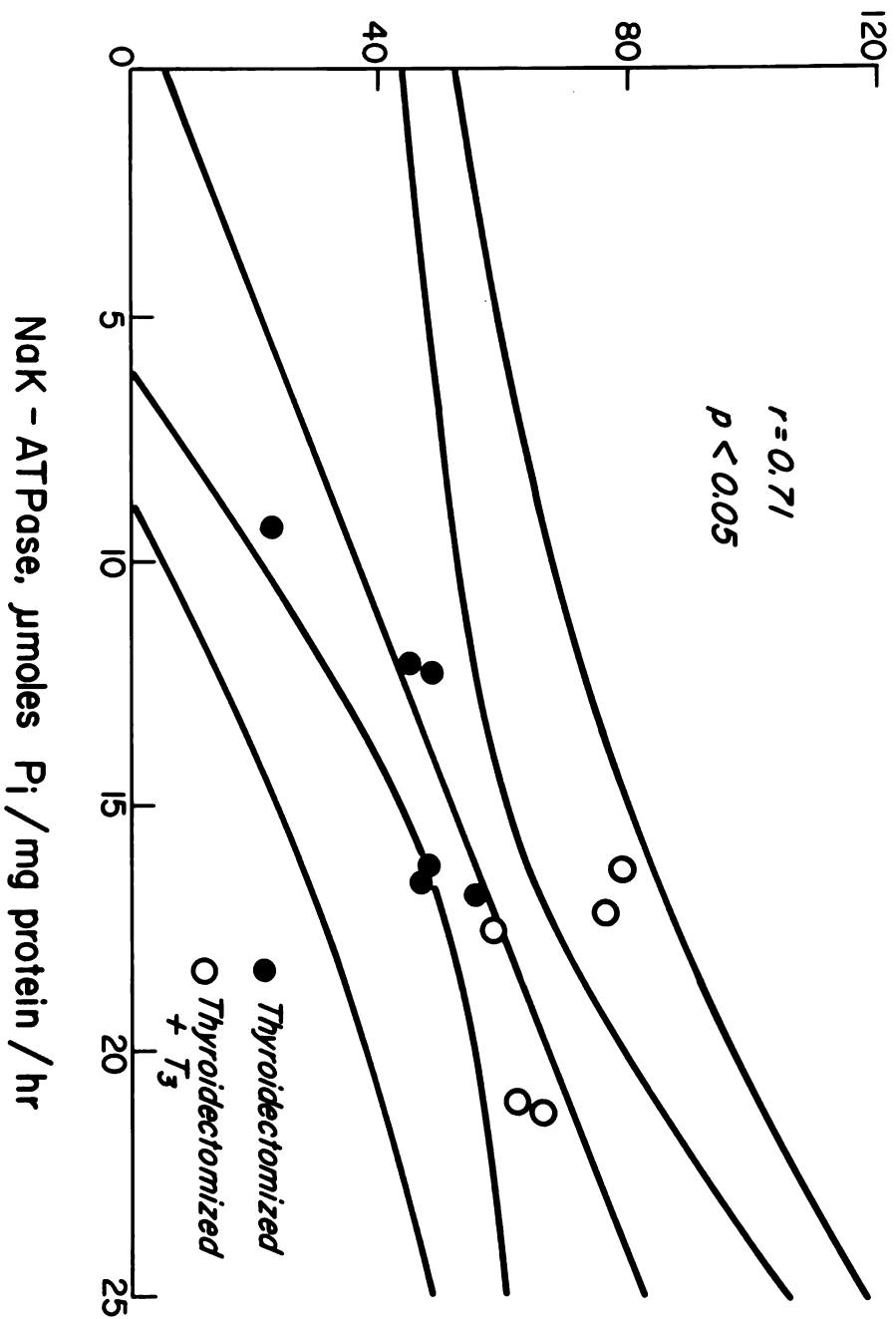


Figure 10-IV. THE FORMATION OF NaK-ATPASE PHOSPHORYLATED INTERMEDIATE AS A FUNCTION OF NaK-ATPASE SPECIFIC ACTIVITY. MEASUREMENTS WERE MADE ON JEJUNAL CRUDE PLASMA MEMBRANE PREPARATION FROM THYROIDECTOMIZED RATS \pm T₃ (50 μg/100 g BODY WT.). THE INNER LINES REPRESENT 95% CONFIDENCE INTERVAL FOR THE LINE, THE OUTER LINES, THE 95% CONFIDENCE INTERVAL FOR EACH POINT.

hormone augments RNA synthesis in vivo and RNA polymerase activity of isolated nuclei. Increased rates of ribosomal RNA synthesis were most obvious during the early phase of hormone action (175). In addition, increased rates of cytoplasmic protein synthesis followed the increase in RNA synthesis. The rise in amino acid incorporation into cytoplasmic ribosomes was accompanied by the appearance of an additional amount of newly formed ribosomes (175). Furthermore it was observed (170-173) that the labeling of phospholipid of all cellular membranes was stimulated by thyroid hormone; the most impressive net membrane accumulation took place in the microsomal fraction (172,173). Thus it is possible that thyroid hormone affects NaK-ATPase by synthesizing newly formed Na⁺-pumps, that are then inserted into the membrane. Alternatively thyroid hormone may induce the synthesis of a protein or a lipoprotein that activates pre-existing pump sites in the plasma membrane.

7. Appraisal of the binding assay for ³H-ouabain to rat tissue.

As mentioned in the introduction to this chapter, rat tissues with the exception of the brain are relatively insensitive to cardiac glycoside (3,7,132,133). The concentration of ouabain that inhibits 75% of cardiac NaK-ATPase activity from rats is about 100 to 200 fold higher than the dose employed to obtain the same relative inhibition in dog, pig, sheep and guinea pig cardiac NaK-ATPase (3). I found only one study in the literature (7) in which ³H-ouabain binding to rat kidney and heart NaK-ATPase was demonstrated. The binding was measured at 4 different ³H-ouabain concentrations, in the range of 10⁻⁶ to 5 x 10⁻⁴M. Separation between bound and unbound glycoside was by centrifugation, and the radioactivity in the unwashed pellet was measured. On resuspension of the pellet the ³H-ouabain was completely released from the complex. In my

method, specific binding of ^3H -ouabain is detectable at concentrations of free ouabain as low as $1.5 \times 10^{-9}\text{M}$. In Table 3-IV, specific binding of ouabain to jejunal crude plasma membrane from euthyroid rats, as a function of free glycoside concentrations is presented. Specific binding of 9.8×10^{-15} moles of glycoside per mg protein was observed when the preparation is incubated with $1.5 \times 10^{-9}\text{M}$ ^3H -ouabain, the amount bound is very low but the measurements are reproducible. An increase of ^3H -ouabain concentration in 10 fold steps yielded a linear increase in specific binding (Table IV-3).

^3H -ouabain specific binding to kidney plasma membrane preparation obtained from thyroidectomized rats $\pm T_3$ also was measured. Only one concentration of ^3H -ouabain 9.5×10^{-6} was used. It was observed that thyroid hormone treatment caused a statistically significant increase of 65% in the specific binding of the glycoside. NaK-ATPase activity of the preparations measured at the same time revealed that T_3 injection caused a 71% increase in enzyme specific activity. These observations demonstrated that: a) The increase in the kidney plasma membrane NaK-ATPase specific activity after thyroid hormone administration represents an increase in the number of active enzyme sites, and confirms the results obtained with the jejunal preparation, and b) My ^3H -ouabain binding assay is applicable to other tissues.

It was suggested by several authors that the species differences in the sensitivity to cardiac glycoside are principally related to the different dissociation rates of the drug-enzyme complex (5,176) my results with the rat jejunal NaK-ATPase support this view. The rates of association of ouabain with the different enzyme preparations did not differ appreciably (176). However, these comparative studies were not performed

Table 3-IV Specific ^3H -Ouabain Binding as a Function of Free ^3H -Ouabain Concentration of a Jejunal Crude Plasma Membrane Preparation from Euthyroid Rats.*

Free ^3H -ouabain 10^{-6} M	Bound ^3H -Ouabain 10^{-12} moles/mg protein
0.0015	0.0098 \pm 0.000
0.015	0.116 \pm 0.008
0.153	0.873 \pm 0.217
1.53	8.064 \pm 0.344

* Mean \pm SE (n=6)

with enzymes prepared from rat tissues, since the enzyme-ouabain complex is almost totally dissociated under the assay conditions (176), no specific binding was demonstrated (5,176). It was observed that while glycoside induced inhibition of the NaK-ATPase system in sensitive species was time and temperature dependent (1,147) rat heart and kidney NaK-ATPase did not manifest these relations (7). It was suggested therefore that the enzyme isolated from rat tissues may contain a different kind of receptor (7). Studies on the effect of ouabain on Na^+ dependent transport of L-methyl-D-glucoside in rabbit kidney slices, and the binding of the drug to the slices and to rat kidney cortex slices, showed that the maximum number of binding sites to the tissue was one order of magnitude lower in the rat than in the rabbit (132). Thus the nature of the differences in NaK-ATPase from rat tissue as compared to other species is still obscure.

The sensitivity of the binding technique used by me, may provide a tool for further insight into the nature of the glycoside-enzyme interaction and some qualitative aspects of the NaK-ATPase system, by comparing glycoside sensitive and insensitive preparations.

V. EFFECT OF T_3 ON TRANSEPITHELIAL POTENTIAL DIFFERENCE (PD) AND SHORT CIRCUIT CURRENT (I_{sc})

A. Introduction

The small intestinal epithelium is a mosaic structure, characterized by in parallel, as well as in series, inhomogeneties. Solute transport across small intestinal epithelium takes place, in general, through two routes: 1) A transcellular route that involves movements across at least two membranes in series, e.g. the brush border and plasma membranes and 2) An extracellular route that includes the tight junctions and the underlying lateral intercellular spaces and is referred as the shunt pathway (143). There is good evidence that the shunt pathway plays a major role in the movements of ions, small nonelectrolytes and water across small intestine, as well as across "leaky" epithelia in general. Total ionic conductance of the shunt pathway in rabbit ileum, accounts for at least 85% of the total tissue conductance (54). This implies that in response to the electrochemical gradients, i.e. the driving force for passive ion flows, transepithelial movements through the shunt pathway will exceed flows through the transcellular route by a factor of about 6.

The mammalian jejunum has a high capacity to absorb Na^+ , Cl^- and HCO_3^- but few studies have been carried out on possible underlying mechanisms. Though differences in function between jejunum and ileum exist, the basic cellular mechanism involved in transcellular Na^+ transport are probably common to both parts of the small intestine. Recent studies on mammalian ileum in vitro disclosed similarities with ileal function in vivo, and in addition provided some insight into specific transport processes. The following discussion on transcellular transport in the gut will be based therefore, on some jejunal studies but mainly on studies

with the ileum.

The small intestinal epithelium consists of various cell types (178) and each cell is bounded by two membranes; the mucosal (brush border) and basolateral plasma membranes. Active transepithelial transport is a result of the unique transport properties of each of these membranes. The following model was proposed by Schultz and is based for the most part on work performed by his group (51-54, 87,116,117,138,142-144). Na^+ entry into the cell across the brush border is driven by a steep electrochemical potential difference. In the absence of actively transported sugars or amino acids Na^+ may cross the brush border by two routes: 1) By a neutral NaCl influx carrier mechanism, that is inhibited by intracellular cyclic adenosine mono-phosphate (cAMP) and acetazolamide. This process is apparently reversible and may mediate the net efflux of NaCl and/or NaHCO_3 out of the cells. 2) A Cl^- independent mechanism the nature of which is yet unclear. Both mechanisms are not inhibited by ouabain or metabolic inhibitors such as 2,4-dinitrophenol and sodium fluoroacetate. Net Cl^- movement into the cell across the brush border is against an electrochemical potential difference. Since Cl^- transport does not seem to be directly linked to metabolic energy it is probably driven by the Na^+ gradient. The extrusion of Na^+ across the basolateral plasma membrane is an active transport process that is dependent on a source of metabolic energy, and is inhibited by ouabain in the serosal solution. These findings suggest that this process is mediated by a NaK-ATPase (this subject was discussed at some length in chapter III. Recent studies of subcellular fractions of small intestinal epithelium (55,128,129) as well as autoradiographic studies (164) indicate that most of the Na-K stimulated ouabain-sensitive ATPase, is localized in the basolateral membranes. That transmembrane Na^+ transport

is current-generating (or electrogenic) is implied by the finding that the rate of active Na^+ extrusion exceeds the rate of coupled K^+ uptake (54,138). In the light of these observations: The results cited above of an increase in QO_2 coupled to active Na^+ transport (i.e. $\text{QO}_2(t)$) in the small intestinal mucosa, following thyroid hormone treatment as well as the demonstration of an increase in NaK-ATPase activity raised the question of whether thyroid hormone would induce measurable changes in transepithelial PD and short circuit current (I_{sc}) across the jejunal epithelium.

B. Materials and Methods

Male Sprague-Dawley rats, weighing 330-400g, were thyroidectomized and the experiments were done 3-4 weeks later. The rats were injected with T_3 , 50 $\mu\text{g}/100$ g body weight at 48 hour intervals for 3 doses. The injections were given in divided doses, $\frac{1}{2}$ of each into two subcutaneous sites because of the large volumes required. For each set of experiments two rats, T_3 treated and control, were used. The rats were sacrificed by decapitation. The small intestine was rapidly exposed by a midline abdominal incision. The first 25 cm of intestine distal to the pylorus was discarded. A 10-20 cm section was excised and the lumen was flushed with Krebs-Henseleit bicarbonate buffer, pH-8 (88) at room temperature. The jejunal segment was pulled onto a wet glass rod and placed in chilled buffer solution. The serosa and muscularis externa were stripped as described in Methods in Chapter II. Two successive 2 cm sections, from each rat, not containing any Peyer's patches, were mounted on two lucite half-

chambers. (Research and Development Laboratory, S.F. Medical Center). Each half chamber was clamped together with its corresponding half and attached to a water-jacketed gas-life, circulating system (144), maintained at 37.5°C . Both the mucosal and serosal surfaces of the tissue (exposed area = 1.12cm^2) were separately bathed with 10ml of the buffer. D-glucose at a 25 mM concentration was present in the solutions. The gas used was a water-saturated 95% O_2 - 5% CO_2 mixture. About 15 minutes elapsed from the time the animal was sacrificed until the first electrical measurements were done. The preparations from two animals for each experiment were performed in succession, thus the second preparation was mounted on the chambers about 15-20 minutes after the first one.

The flux chamber and associated apparatus for measuring transmural electrical potential difference (PD) and short-circuit current (I_{sc}) were similar to those previously described by Schultz and Zalusky (144) and Field, Fromm and McColl (46). The electrodes were connected to the chambers through salt-agar bridges containing the same physiological solution as the fluid bathing the tissue. For PD measurements the tips of the bridges were placed within 1 mm of each surface of the membrane at the center, and the potential difference between these bridges was measured by a pair of matched calomel electrodes. The external current was applied to the system employing immersed Ag-AgCl electrodes connected to a variable voltage source. Short-circuiting was achieved with a specially designed automatic voltage clamp (2). The determination of the short-circuit current was complicated by the low resistance of the intestinal wall. The resistance of the solution between the potential electrodes and the surface of the gut contributes an appreciable proportion of the total resistance of the system. Therefore to abolish the potential difference across the in-

testinal wall a correction was made for the resistance between the electrodes and the tissue (46). The current - voltage relationship over the range of PD's encountered in our studies was measured in the absence of the intestine, and again when the tissue was mounted in the apparatus. The value of the true short circuit current and the potential at which the volt meter must be set in order to eliminate the potential across the gut wall were calculated from the two sets of current-voltage data, analyzed graphically.

The tissues were kept under short circuited conditions and the I_{sc} was opened briefly and the PD recorded after about a minute. One hundred to one hundred and forty minutes from the time that the animals were sacrificed, while PD and I_{sc} readings were relatively stable, ouabain (Aldrich Chemical Co) in a final concentration of 10^{-3} M was added to the serosal side of the tissue. PD and I_{sc} were monitored in 5 minutes intervals and the experiment discontinued when the electrical measurements reached a new stabilized level. The changes in PD and I_{sc} due to ouabain action were taken as the difference between the plateau levels. The results were expressed in mV for PD and μA for I_{sc} .

C. Results

1. Effect of T_3 on I_{sc} and transepithelial PD.

Figure 1-V illustrates electrical measurements recorded from one representative jejunal segment. I_{sc} and PD became relatively stable 20-30 minutes after the intestinal sheets were mounted in the chambers. Addition of ouabain caused an abrupt decrease, of about 70-80%, in I_{sc} and PD, that became relatively stable at the new lower level, after about 30 minutes.

The experiments on intestine from thyroidectomized rats $\pm T_3$ were

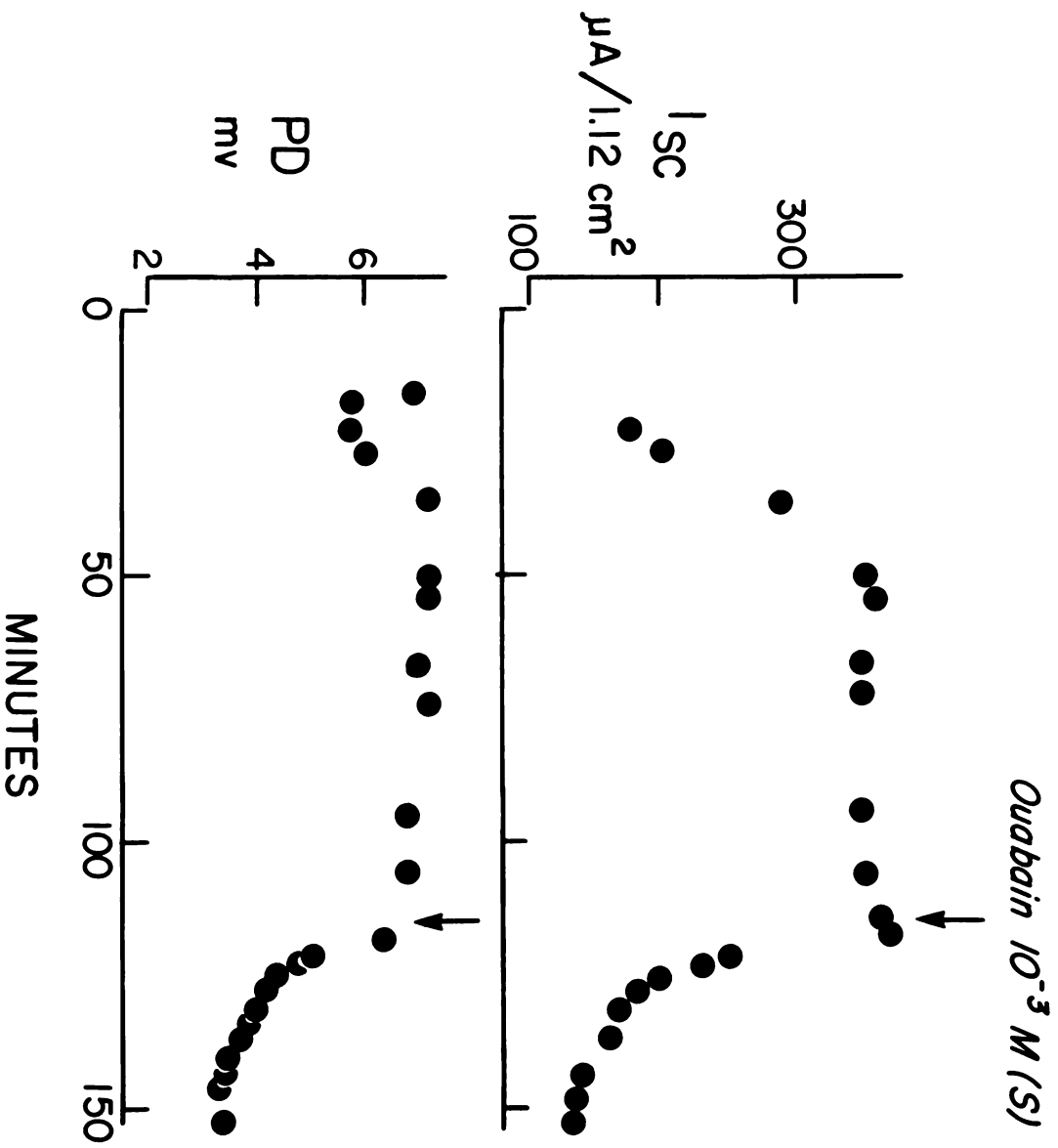


Figure 1-V. TRANSEPITHELIAL POTENTIAL DIFFERENCE (PD) AND SHORT-CIRCUIT CURRENT (I_{sc}) MEASUREMENT IN A STRIPPED JEJUNAL EPITHELIUM. OUBAIN IN A FINAL CONCENTRATION OF 10^{-3} M WAS ADDED AT THE TIME INDICATED

performed on separate dates, a few months apart. In the first set of experiments 5 pair of rats (control and T_3 treated) were used, and in the second set 8 pairs. No differences were found in the results obtained from the two sets of experiments and therefore the experimental data were pooled and treated as one population. In Table 1-V the measured I_{sc} 's and PD's are presented. The changes in I_{sc} and PD after the addition of ouabain are designated as ΔI_{sc} and ΔPD respectively and are expressed in absolute units as well as a relative change. Administration of T_3 had no effect on average I_{sc} or PD.

2. Effect of T_3 on jejunal crude plasma membrane preparation.

The rats used for the experiments cited in Chapters 2-4, as well as in previous studies from this laboratory (11,42,72,73) were relatively young, and weighed 120 to 250 g. To obtain adequate current/voltage readings the lucite chambers were constructed to accommodate intestinal segments from rats that weighed 350 to 400 g. It is possible that the older (\sim 400 g body wt) rats may not respond to thyroid hormone administration in the same way that younger (100-250g) rats would. To test this possibility, measurements were made of NaK-ATPase activity of crude plasma membrane fractions prepared from older thyroidectomized rats, some of whom were given T_3 . Twenty-four rats with an average body weight of 400 g were used. The protocol for T_3 administration was as mentioned in Material and Methods of this Chapter. Jejunal crude plasma membrane fractions were prepared and assayed for ATPase activity as described in the Method section of Chapter III. Four fractions, two controls and two T_3 -treated were prepared simultaneously, and ATPase assays were completed on the same day. The results are presented in Table 2-V. An increase of 57% in NaK-ATPase specific activity, which is statistically highly significant,

Table 1-V Potential Differences (PD) and Short Circuit Current (I_{sc}) Measurements of Stripped Jejunal Mucosa from Thyroidectomized Rats + T_3 (50 μ g per 100 g Body Weight).*

	I_{sc} μ A	ΔI_{sc} μ A	%	PD mV	mV	Δ PD %
Thyroidectomized	245+17	186+14	77+2	4.3+0.2	3.2+0.2	77+3
Thyroidectomized + T_3	231+18	185+14	81+2	4.1+0.3	3.3+0.2	80+2
P	NS	NS	NS	NS	NS	NS

* Mean + SE (n=13)

ΔI_{sc} and Δ PD represent the decrease of I_{sc} and PD respectively after the addition of ouabain.

Table 2-V ATPase Activity of Jejunal Crude Plasma Membrane Fractions
 from Thyroidectomized Rats \pm T₃ (50 μ g per 100 g Body Weight)*

	Mg-ATPase	NaK-ATPase
	μ mole Pi/hr per mg protein	
Hypothyroid	39.32 \pm 1.04	7.59 \pm 0.44
Hypothyroid + T ₃	39.59 \pm 0.92	11.94 \pm 0.59
Δ	0.27 (1%)	4.35 (57%)
P	NS	< 0.001

* Mean \pm SE (n=12)

was observed, and no changes in Mg-ATPase activity were demonstrated. These results are in the same range of changes observed in jejunal plasma membrane fractions obtained from younger rats, after thyroid hormone treatment (as discussed in chapter III).

D. Discussion

Administration of T_3 to thyroidectomized rats resulted in a profound increase in NaK-ATPase activity of jejunal plasma membrane fractions, and had no effect on I_{sc} or PD of rats of comparable sex and weight. One straight forward inference is that there is no association between NaK-ATPase activity and the transmembrane electrical measurements. An impressive body of evidence, however, contradicts this view: Na^+ extrusion from the cell into the serosal solution is an active process, inhibited by ouabain in the serosal fluid (103,144) as well as by metabolic inhibitors such as 2,4-dinitrophenol and sodium fluoroacetate (19). Impressive evidence is also been adduced that the membrane bound $Na^+ + K^+$ stimulated, ouabain sensitive ATPase is the biochemical expression of the Na^+ -pump (24,40,125,156,159). It is highly unlikely, therefore, that the increase in jejunal NaK-ATPase activity demonstrated after T_3 treatment does not reflect changes in Na^+ pump activity. A probable explanation for the dissociation between the effects on I_{sc} , PD and NaK-ATPase activity may be inferred from the anatomy of the intestinal epithelium. The measurements of transmural PD and I_{sc} treat the intestinal epithelium as a "black box" in which a single membrane separates two solutions. The small intestinal epithelium, however, is a mosaic structure, characterized by parallel inhomogenities due to the presence of more than one type of cell and the shunt pathway, as well as by series inhomogenities in that each cell is bounded by two different membranes, mucosal and basolateral. Transmural

PD values represent the integral difference in the mucosal and basolateral transmembrane potential differences of all of the cells in the area measured (19,103).

In the absence of an actively transported sugar or amino acids, the transepithelial PD in jejunum and ileum are very low, in the range of 1-3 mV (19,103,138). Thus even an increase of 50% in the PD will not be detectable. Furthermore, it should be stressed that in the presence of a high conductance shunt pathway, which accounts for approximately 90% of the total tissue conductance, a change in the electromotive force across the basolateral membranes, due to electrogenic active Na^+ extrusion will be considerably attenuated and fall out of the range of detectable measurements. In the absence of glucose in the media Munck has observed (111) that short circuited preparations of rat jejunum actively secrete Cl^- and absorb Na^+ ; the former accounts for approximately two-thirds of the total short-circuit current and the latter accounts for the remainder. Thus, if T_3 stimulated both Cl^- and Na^+ transport little change in I_{sc} or PD would result. In my studies, however, the measurements were made in the presence of 25mM D-glucose in the bathing media.

Actively transported sugars and amino acids stimulate Na^+ absorption across the epithelium of the small intestines of a variety of species both in vivo and in vitro (19,103,138,141). The presence of the actively transported sugars or amino acids in the mucosal solution apparently enhances the entry of Na^+ into the epithelial cells across the brush border and the Na^+ is then extruded from the cell by the ouabain-sensitive active transport mechanism that operates in the absence of nonelectrolytes (143). By application of intracellular recording techniques it has been shown that the 5-10 fold increase in transmural PD in the presence of an actively

transported sugar, in the rat jejunum, is due to an increase in the serosal potential (19,103) and in the rabbit ileum to changes in mucosal potential as well (138). In autoradiographic studies (84) in which everted sacs of hamster jejunum were incubated in vitro with ^{14}C or ^3H labelled sugars and amino/acids, it was observed that columnar absorptive cells at tips of villi accumulated the radioactive material. These observations suggest that only some of the epithelial cells are primary responsible for sugar and amino acids transport. Thus thyroid hormone may affect only one type of intestinal epithelial cells, such as the crypt and intervillus cells (see Discussion, Chapter II). In the presence of glucose in the bathing solution (as is the case in our experimental procedure) the increase in transepithelial PD and I_{sc} , due to sugar absorption and the associated enhancement of Na^+ transport by the villus cells would mask small changes in electrical parameters due to the effects of thyroid hormone on crypt cells. An alternative possibility is that mucosal cells sensitive to the action of thyroid hormone are not involved in transepithelial Na^+ transport, and that the hormone acts only on the steady state Na^+/K^+ gradients of these cells by virtue of an effect on the Na^+ -pump. The magnitude of the observed changes in NaK-ATPase, after T_3 is such, that an appreciable part of the epithelial cell population would have to be excluded from involvement in transepithelial transport, which seems unlikely.

An alternative possibility is that the hormone affects either directly or indirectly more than one transport system. Munck (110) found that transport of lysine across the rat jejunum is active and Na^+ dependent, and that the failure to observe a substantial increment in short circuit current is due to a lysine-induced net Cl^- flux from mucosa to serosa.

If thyroid hormone simultaneously induces changes in Na^+ transport and other ion fluxes a dissociation between the effect on Na^+ flux and/or on PD and I_{sc} may occur.

The main part of the above discussion was dedicated to speculations in order to explain an experimental observation. There is no way to resolve the problem other than by additional experiments. Measurements of bidirectional Na^+ flux across the stripped jejunal mucosa from T_3 treated and untreated rats may point to one of the mechanisms postulated. These studies will be performed in the future.

VI. EFFECT OF T₃ ON SERUM ELECTROLYTES

A. Introduction

Changes in the extracellular concentration of electrolytes especially Na⁺ and K⁺ may affect transepithelial transport, both through the shunt pathway as well as the transcellular route, by affecting intracellular concentration and membrane potentials. Of special interest are the divalent cations Ca²⁺ and Mg²⁺, alterations of which may lead to changes in the activity of the sodium pump. Ca²⁺ and Mg²⁺ compete with Na⁺ for the sodium-activation site (80,95,123). Calcium alters potassium activation curves of NaK-ATPase so that the K_m for K⁺ is decreased. It was of interest therefore, to find out if various thyroid states are accompanied by changes in extracellular electrolyte composition, and in particular Ca²⁺ and Mg²⁺ concentrations.

B. Materials and Methods

These experiments were carried out in collaboration with Dr. Y. Asano.

Euthyroid and thyroidectomized animals were used. The rats were injected with T₃, 50 µg/100 g body weight at 48 hours interval for 3 doses. Thyroid gland ablation by I¹³¹ was achieved as described by Asano et al (11). Twenty-four to 48 hours after the third injection of T₃ or diluent the animals were anesthetized with inactin (see Methods II). Blood was collected in dry test tubes by percutaneous or open cardiac puncture. The blood was allowed to clot at room temperature and the supernatant serum was analyzed for Na⁺, K⁺, Ca²⁺, PO₄³⁻, total protein and albumin with the Technicon Auto-Analyzer, and for Cl⁻ by the method of Zall et al. (194).

C. Results and Discussion

Serum Na⁺, K⁺, and Cl⁻ concentrations were determined in rats of varying thyroid status and the results are given in Table I-VI. Injection

Table 1-VI Effect of T_3 on Serum Electrolytes Concentrations of Thyroidectomized and Euthyroid Rats.*

	[Na ⁺]	[K ⁺] mEq/liter	[Cl ⁻]
Thyroidectomized	145 ± 5 (14)	4.4 ± 0.3 (15)	104 ± 2 (13)
Thyroidectomized + T_3	147 ± 5 (16)	4.3 ± 0.5 (12)	103 ± 3 (14)
P	NS	NS	NS
Euthyroid	144 ± 3 (21)	4.6 ± 0.3 (11)	100 ± 3 (18)
Euthyroid + T_3	145 ± 3 (16)	4.7 ± 0.4 (10)	102 ± 2 (13)
P	NS	NS	NS

*Mean ± SD (n in brackets).

of T_3 had no significant effects on serum levels of these electrolytes. In addition, no difference was observed between the average concentrations of Na^+ , K^+ and Cl^- of serum of euthyroid and thyroidectomized rats. Serum Ca and P levels in euthyroid and two groups of hypothyroid rats with and without T_3 treatment are presented in Table 2-VI. In athyroid animals serum Ca was about 8% less than in euthyroid rats; these differences were statistically significant. During surgical thyroidectomy only two parathyroid glands were left in place and these probably may have been traumatized resulting in a partial parathyroid insufficiency. The lower serum P observed in hypothyroid animals does not support this hypothesis however. In hypoparathyroidism, while serum Ca is low serum P is above the normal range. However, the finding that serum P is as low in the I^{131} treated group as well (in which hypoparathyroidism is not apparent), may point to some other mechanism accounting for the decrease in serum P in the hypothyroid state. Injection of T_3 had no effect on serum Ca in euthyroid rats. In contrast, a marked decrease, of about 20%, in serum calcium was observed when T_3 was injected into thyroidectomized rats. Several explanations for this effect may be considered. Thyroid hormone inhibits calcium absorption from the gastrointestinal tract (121), increases urinary excretion of calcium and accelerates bone turnover. The sum of these effects will tend to lower serum calcium and to impose a stimulus for parathyroid hormone (PTH) secretion. If a partial insufficiency of the parathyroid glands exists, serum Ca will remain below the normal level. The elevation in serum P observed in the same animals supports this explanation. It has to be noted however, that a similar increase, of about 100%, in serum P was documented in the I^{131} treated group, as well as in the euthyroid animals though to a lesser extent in

Table 2-VI Serum Calcium and Phosphorus Levels in Euthyroid and Hypothyroid Rats \pm T₃ (50 μ g/100 g Body Wt) #

	Ca	P	No. of Animals
	mg/100 ml		
Euthyroid	10.0 \pm 0.2	8.7 \pm 0.4	(11)
Euthyroid + T ₃	9.9 \pm 0.2	9.9 \pm 0.4	(11)
Δ	-0.1	+1.3	
P	NS	< 0.05	
Hypothyroid (Surgical)	9.2 \pm 0.2*	6.4 \pm 0.2	(21)
Hypothyroid (Surgical) + T ₃	7.4 \pm 0.4	12.9 \pm 0.7	(21)
Δ	-1.8	+6.5	
P	< 0.001	< 0.001	
Hypothyroid (I ¹³¹ -Treated)	9.4 \pm 0.3 [†]	6.5 \pm 0.3	(11)
Hypothyroid (I ¹³¹ -Treated) + T ₃	8.8 \pm 0.3	12.2 \pm 0.8	(11)
Δ	-0.6	+5.7	
P	NS	< 0.001	

Mean \pm SE (n in brackets)

* Significant difference from euthyroid control mean (p 0.05). [†] Not significant difference from euthyroid control.

the latter group. These findings suggest that parathyroid insufficiency is not the only mechanism that elevates serum P after thyroid hormone administration. Another factor that contributes to the change in serum Ca after administration of T_3 to thyroidectomized rats is the decrease of about 30%, in serum albumin concentration (Table 3-VI). It is well established that about 50% of serum Ca is bound to albumin. Ionized calcium accounts for about 40% of the total serum calcium, but is the physiologically important species of Ca and the signal for the feed-back loop that controls serum Ca levels (130). Any change in serum albumin will affect total serum Ca but ionized serum calcium levels should remain unchanged. Thus, a part of the fall in serum calcium in the thyroidectomized rats is attributable to changes in serum protein concentrations and probably all of the relatively small change in total serum calcium observed in the ^{131}I treated rats (Table 2-VI) results from the effect of T_3 on serum albumin.

There is no good explanation for the increased serum P observed after administration of T_3 to either euthyroid or hypothyroid rats (Table 2-VI). The finding that 24 hours of starvation had no effect on the change in serum P after thyroid hormone treatment, doesn't support the idea of enhanced gastrointestinal absorption of phosphate but does not exclude this explanation completely, because of the availability of phosphate from the drinking water and gastrointestinal secretions. However, Noble and Matty (121) observed a lower rate of phosphate absorption from the gut after thyroid hormone administration.

These observations imply that thyroidectomy is attended by damage to the remaining parathyroid glands and produces changes in Ca metabolism that are aggravated by T_3 injection.

Table 3-VI Serum Protein Levels in Thyroidectomized Rats \pm T₃
 (50 μ g per 100 g Body Weight).*

	Total Protein	Albumin g/100 ml	Globulin
Thyroidectomized	7.4 \pm 0.2	4.2 \pm 0.2	3.2 \pm 0.2
Thyroidectomized + T ₃	5.6 \pm 0.1	2.9 \pm 0.1	2.7 \pm 0.2
Δ	1.8	1.3	0.5
p	< 0.001	< 0.01	NS

* Mean \pm SE. (n = 5 and 6 for thyroidectomized and thyroidectomized + T₃ respectively).

Asano and I assessed the possibility that the changes in $\dot{Q}O_2$, $\dot{Q}O_2(t)$ and NaK-ATPase activity observed after T_3 administration to thyroidectomized rats are secondary to changes in Ca metabolism. We used skeletal muscle as a model target organ in these studies. Athyroid animals were prepared by ^{131}I injection, as described above and produced almost no changes in serum Ca levels. The effect of T_3 on $\dot{Q}O_2$, $\dot{Q}O_2(t)$ and NaK-ATPase activity of plasma membrane fractions from skeletal muscle were measured. The results were identical to those obtained in thyroidectomized rats $\pm T_3$. Thus, the changes observed in $\dot{Q}O_2$, $\dot{Q}O_2(t)$ and NaK-ATPase activity after thyroid hormone administration to thyroidectomized rats, are not attributable to changes in serum Ca concentrations. Furthermore, thyroid hormone elicits the same effects (qualitatively) in euthyroid rats, in which no changes in Ca metabolism were demonstrated. The problem of changes in phosphate metabolism and its relationship to thyroid hormone action is yet unresolved and will have to be clarified by additional experiments.

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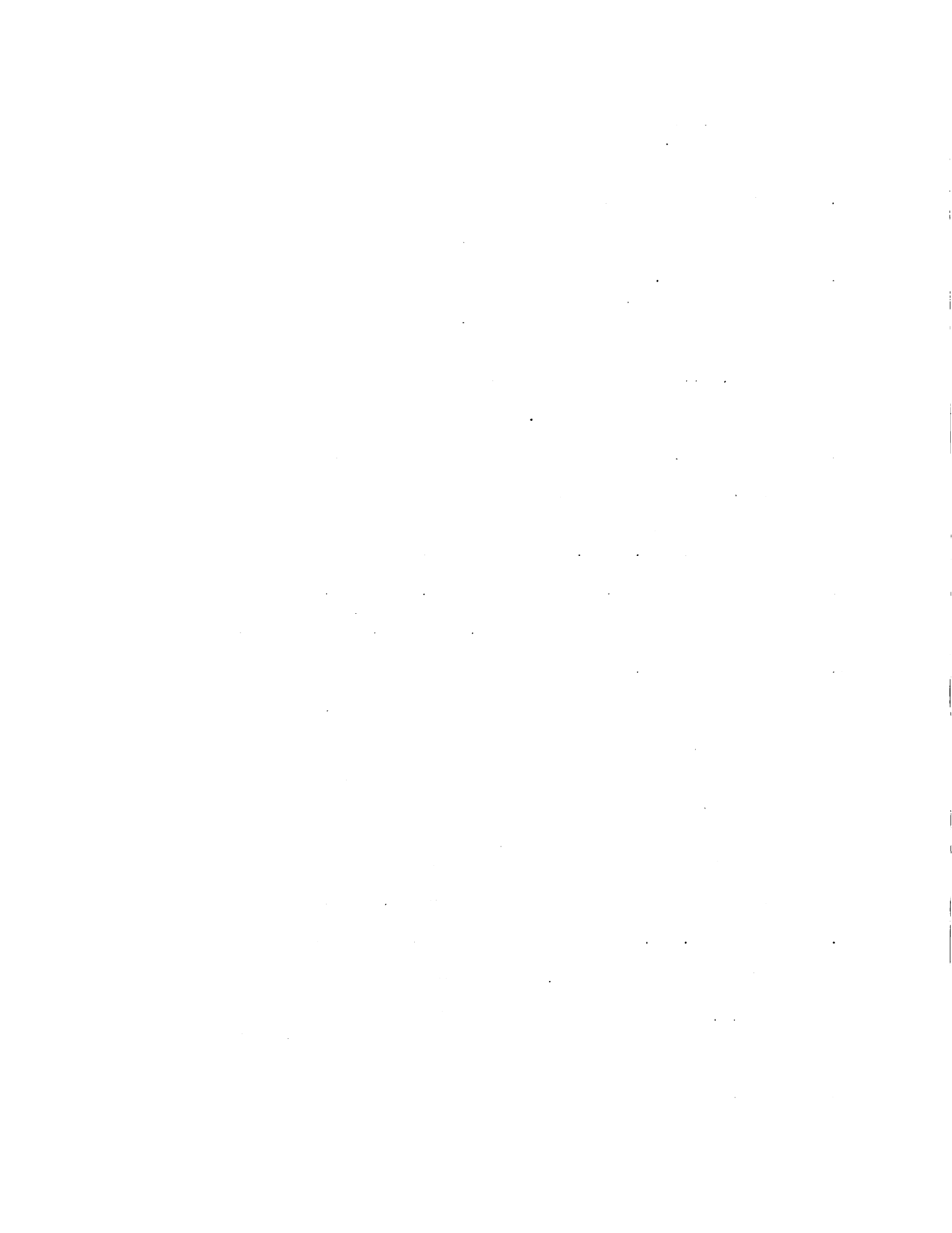
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