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Impairment of chaperone-mediated autophagy leads to selective lysosomal degradation defects in the lysosomal storage disease cystinosis

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Abstract

Metabolite accumulation in lysosomal storage disorders (LSDs) results in impaired cell function and multi-systemic disease. Although substrate reduction and lysosomal overload-decreasing therapies can ameliorate disease progression, the significance of lysosomal overload-independent mechanisms in the development of cellular dysfunction is unknown for most LSDs. Here, we identify a mechanism of impaired chaperone-mediated autophagy (CMA) in cystinosis, a LSD caused by defects in the cystine transporter cystinosin (CTNS) and characterized by cystine lysosomal accumulation. We show that, different from other LSDs, autophagosome number is increased, but macroautophagic flux is not impaired in cystinosis while mTOR activity is not affected. Conversely, the expression and localization of the CMA receptor LAMP2A are abnormal in CTNS-deficient cells and degradation of the CMA substrate GAPDH is defective in Ctns−/− mice. Importantly, cysteamine treatment, despite decreasing lysosomal overload, did not correct defective CMA in Ctns−/− mice or LAMP2A mislocalization in cystinotic cells, which was rescued by CTNS expression instead, suggesting that cystinosin is important for CMA activity. In conclusion, CMA impairment contributes to cell malfunction in cystinosis, highlighting the need for treatments complementary to current therapies that are based on decreasing lysosomal overload.

Keywords autophagy; CTNS; cystinosis; lysosomal storage disorder; lysosomal trafficking

Subject Categories Genetics, Gene Therapy & Genetic Disease

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Introduction

Defects in specific enzymes and transporters cause lysosomal accumulation of metabolites in lysosomal storage disorders (LSDs) (Futerman & van Meer, 2004). This results in impaired cell function, tissue failure and multi-systemic diseases (Futerman & van Meer, 2004; Settembre et al., 2013). Importantly, the biological mechanisms that lead from lysosomal enzyme deficiency to cell dysfunction are still largely unknown (Futerman & van Meer, 2004; Settembre et al., 2013). Although substrate reduction and lysosomal overload-decreasing therapies ameliorate or delay the development of disease (Cox, 2005; Elliot-Smith et al., 2008; Marshall et al., 2010), they do not always prevent lysosomal dysfunction, which ultimately leads to cell malfunction and tissue failure, suggesting that substrate accumulation is not the only mediator of toxicity. A striking example of this is represented by cystinosis, a LSD resulting from defects in the lysosomal transporter of cystine, cystinosin (CTNS) (Town et al., 1998; Cherqui et al., 2001; Kalatzis et al., 2001; Taranta et al., 2010). Cystinosis is characterized by defects in several tissues, especially the kidneys and eyes, but also affects other organs (Nesterova & Gahl, 2008). In cystinosis, lysosomal overload-decreasing therapy is achieved by the use of cysteamine, a drug that reduces intralysosomal levels of cystine and that is the current treatment of choice for cystinotic patients (Gahl et al., 2007). The efficiency of cysteamine in retarding the rate of glomerular deterioration and improvement of linear growth in children with cystinosis (da Silva et al., 1985; Gahl et al., 2002) demonstrates the effectiveness of cystine-depleting therapies. However, renal injury is not observed in all patients with cystinosis (Anikster et al., 1999). In addition, although delayed, progressive renal injury occurs despite cystine depletion therapy in patients with nephropathic cystinosis (Cherqui, 2012). Therefore, it is generally accepted that cystine accumulation may not be the only cause for all the defects observed in cystinosis (Vaisbich et al., 2011; Cherqui, 2012). Thus, to improve treatment of cystinosis and other LSDs, it is crucial to understand the defective molecular mechanisms that could lead to cell dysfunction and tissue injury.

Impairment in lysosomal function in different LSDs has been associated with macroautophagy defects (Settembre et al., 2008a,b); however, it is not clear whether macroautophagy defects are common to all LSDs, and a mechanistic analysis of other autophagic pathways in LSDs is missing. Autophagy is an essential cellular...
process that consists of the digestion of cytoplasmic components through lysosomal degradation (Klionsky, 2007). Autophagic pathways represent a major protective mechanism that, in addition to their role in providing cells with amino acids and nutrients, also allow cell survival in response to multiple stressors, including starvation and oxidative stress, and help defend organisms against degenerative and neoplastic diseases (Levine & Kroemer, 2008; Martinou & Kroemer, 2009). Several autophagic pathways have been described, including macroautophagy, microautophagy and chaperone-mediated autophagy (CMA), which differ in their regulation and selectivity. For instance, macroautophagy is a degradative process by which bulk cytoplasmic components and organelles are sequestered in a structure known as the autophagosome and digested upon its fusion to the lysosome (He & Klionsky, 2009). Autophagosome formation, fusion to lysosomes and degradation of the autophagic content is a highly regulated process whose rate is determined by different factors, such as nutrient availability and cell stress (He & Klionsky, 2009). Different from macroautophagy, CMA is a selective form of autophagy through which single cytoplasmic proteins containing a recognition motif (the pentapeptide KFERQ) are bound by a cytoplasmic chaperone complex and delivered to a lysosomal receptor, which mediates the translocation of the CMA substrates into the lysosomal lumen, allowing their degradation (Kaushik & Cuervo, 2012). Although selective, CMA accounts for the digestion of 30% of the proteome (Kaushik & Cuervo, 2012). To date, the only known lysosomal receptor for CMA is lysosome-associated membrane protein 2A (LAMP2A), one of the three variants encoded by the Lamp2 gene. LAMP2A is the only isoform required for CMA function (Cuervo & Dice, 2000b; Massey et al., 2006a) but is dispensable for other types of autophagy (Cuervo & Dice, 1996, 2000b; Massey et al., 2006a). Substrate binding to LAMP2A is an essential step for CMA, and cells use changes in LAMP2A levels to upregulate or downregulate CMA (Cuervo & Dice, 2000a;b; Massey et al., 2006a). Changes in the rate of LAMP2A synthesis, its regulated degradation at the lysosomal membrane and its sub-compartmentalization to this organelle, all contribute to modulate CMA activity (Kaushik & Cuervo, 2012). Autophagic pathways are closely interconnected (Park & Cuervo, 2013), and although they are preferentially activated in a time- and stimulus-specific manner, most cells activate macroautophagy in response to blockage of CMA and vice versa (Massey et al., 2006a; Kaushik et al., 2008). Despite this bidirectional compensation, these pathways are not redundant. Importantly, primary defects in CMA have been linked to human diseases, including neurodegenerative disorders and nephropathies (Bejarano & Cuervo, 2010), indicating that compensatory activation of macroautophagy is not sufficient to fully compensate for CMA defects.

Although abnormal accumulation of autophagosome markers has been shown in cystinotic cells (Sansanwal et al., 2010), a mechanistic analysis of autophagic pathways in cystinosis is lacking. In this report, we show that, different from other LSDs, cells and tissues lacking CTNS expression are characterized by increased autophagosome numbers, but functional macroautophagic flux. We also show abnormal expression levels and localization of the CMA receptor LAMP2A in cystinotic cells and defective lysosomal degradation of the CMA substrate GAPDH in cystinotic lysosomes, which was independent from cystine accumulation and lysosomal overload. Our data highlight that CMA impairment is an important contributor to the pathogenesis of cystinosis and underline the need for treatments complementary to substrate depletion therapies in cystinosis.

Results

CTNS-deficient cells and tissues show an increased number of autophagosomes

Abnormal lysosomal function in LSDs has been associated with macroautophagy impairment, due to defective lysosomal fusion with autophagosomes or impaired degradation of autophagy substrates (Settembre et al., 2008a,b). In this work, to better understand the regulation of autophagy in cystinosis, we analyze macro- and chaperone-mediated autophagy using Ctns<sup>-/-</sup> mice, Ctns<sup>-/-</sup>-GFP-LC3 transgenic mice and Ctns<sup>-/-</sup>-derived neonatal skin fibroblasts. First, to assess macroautophagy in cystinotic cells, we evaluated the expression levels of LC3B-II, a protein known to specifically associate with autophagosomes and rarely with other vesicular structures (Owen et al., 2014) and whose levels correlate with the number of autophagosomes (Kabeya et al., 2000; Klionsky et al., 2012). As shown in Fig 1A, the levels of LC3B-II were highly increased in CTNS-deficient fibroblasts, indicating that the number of autophagosomes was increased in these cells. The same results were confirmed by immunofluorescence (IF), which revealed increased number of endogenous LC3B-positive structures in CTNS-deficient fibroblasts (Fig 1B).

To evaluate whether the number of autophagosomes was also increased in vivo, we crossed WT and Ctns<sup>-/-</sup> mice with a transgenic strain expressing GFP-LC3 (Mizushima et al., 2004) (see Materials and Methods). Confocal microscopy analysis of liver and kidney sections showed that the number of GFP-positive structures was highly increased in Ctns<sup>-/-</sup>-derived mouse liver (Fig 1C) and kidney (Fig 1D) tissues compared to WT, confirming an increased number of autophagosomes in CTNS-deficient mice.

Maturation of autophagosomes is not impaired in CTNS-deficient cells

The autophagic flux is a dynamic process that involves autophagosome formation and their subsequent fusion to lysosomes for digestion of the autophagic content (He & Klionsky, 2009). To analyze whether the increased number of autophagosomes found in Ctns<sup>-/-</sup> cells and tissues is caused by an accumulation of autophagosomes due to their impaired maturation, we used the following approaches: first, we evaluated whether fusion of autophagosomes with lysosomes was impaired in Ctns<sup>-/-</sup> cells. To this end, we used the tandem fluorescently tagged RFP-GFP-LC3 (pH-LC3), in which LC3 is expressed as a fusion protein with both GFP and RFP in tandem (Kimura et al., 2007). This assay is based on the nature of the GFP protein, which is highly sensitive to and loses fluorescence in the acidic environment of the lysosomes, whereas RFP is not. Thus, in the non-acidic environment of autophagosomes, before fusion with lysosomes, LC3 puncta show both GFP and RFP signals, but once the maturation to autophagosomes occurs, they exhibit the RFP signal only (Kimura et al., 2007). Of note, no difference in intralysosomal pH has been described between WT and Ctns<sup>-/-</sup> fibroblasts (Oude Elferink et al., 1983). WT and Ctns<sup>-/-</sup> fibroblasts were
transfected with the ptfLC3 vector, and the autophagic flux was induced by starvation. Confocal microscopy analysis revealed that, although the total number of GFP/RFP-positive structures was increased in Ctns−/−/− cells, the percent of RFP-only-positive structures was similar in both WT- and Ctns−/−/−-transfected fibroblasts (Fig 2A and B), indicating that fusion of autophagosomes with lysosomes was similar in these cells for all conditions tested. As a control, chloroquine (CQ) treatment, which increases lysosomal pH (Klionsky et al., 2012), inhibited GFP quenching and proteolysis in both WT and Ctns−/−/− fibroblasts (Fig 2A and B). Second, we examined autophagic flux by the LC3 turnover assay, which measures autophagosome maturation and lysosomal digestion of the autophagic content by comparing LC3-II amounts in the presence or absence of bafilomycin A (BafA), a drug that increases lysosomal pH and also blocks lysosomal fusion (Tanida et al., 2005). Thus, while cells with functional autophagosomal maturation show increased levels of LC3-II upon BafA treatment, cells characterized by impaired autophagosome maturation show no change in LC3-II levels after treatment with BafA. As shown in Fig 2C, BafA treatment of resting (non-starved) WT and Ctns−/−/− fibroblasts caused accumulation of LC3B-II in both cell types, indicating that Ctns−/−/− cells have functional fusion and degradation of the autophagic content. In addition, LC3B-II levels in BafA-treated Ctns−/−/− cells were higher than those seen in BafA-treated WT cells (Fig 2C), also indicating that synthesis of new autophagosomes is not defective in Ctns−/−/− cells and that increased levels of LC3B-II in these cells result from an increased and active basal autophagosomal formation. These results were further confirmed when LC3B-II levels were analyzed under different conditions of starvation, which stimulates autophagic flux by increasing both synthesis and degradation of autophagosomes, and that can result in either increase or decrease in LC3B-II levels depending on the cell type and on the rate

Figure 1. CTNS-deficient cells and tissues have increased number of autophagosomes.
A Expression levels of the autophagosome marker LC3B-II were evaluated in wild-type (WT) and Ctns−/− fibroblasts by Western blot (WB). Data are representative of five different experiments with similar results.
B WT and Ctns−/− fibroblasts were stained using LC3B antibodies and analyzed by fluorescence microscopy. The number of LC3B-positive puncta was quantified by the ImagePro software and normalized per area arbitrary units. Results are mean ± SEM (n = 27 WT and 24 Ctns−/− cells). ***P < 0.001 (unpaired t-test).
C, D Immunofluorescence analysis of liver (C) and kidney (D) tissues from WT and Ctns−/− GFP-LC3 transgenic mice using anti-GFP antibodies. Quantification of LC3 puncta was obtained by counting the number of GFP-positive structures relative to the number of nuclei in the same field, using the ImagePro software. GFP-LC3 puncta were counted by analyzing 6 to 10 fields per tissue section (200-400 nuclei per field), in a total of 3 WT and 3 Ctns−/− mice expressing GFP-LC3. Results are mean ± SEM. In (C), **P = 0.0029; in (D), °P = 0.0025 (unpaired t-test). Scale bar: 5 μm.
of the basal autophagic flux (Klionsky et al., 2012). Withdrawal of both amino acids and serum for a short incubation time (45 min), which represents an acute starvation protocol (complete nutrient deprivation) and increases the rate of fusion and degradation of autophagosomes due to immediate nutrient needs, induced LC3B-II degradation in Ctns−/− fibroblasts (Fig 2D, lane 6, bottom panel), which was suppressed by BafA treatment (Fig 2D, lane 7, bottom panel), indicating also in this case that autophagosome maturation and the macroautophagy response to stress conditions are functional in Ctns−/− cells (see also Supplementary Fig S1A, lanes 6, 7 and 8). In addition, replacement of starvation medium with normal cell growth medium restored LC3B-II levels to basal conditions (Fig 2D, compare lane 8 with lane 5), suggesting also in this case that synthesis of new autophagosomes is not impaired in cystinotic cells. Although the greater accumulation of LC3B-II observed after nutrient recovery in Ctns−/− cells compared to wild-type cells (Fig 2D, lanes 4 and 8) may suggest that degradation is slower in Ctns−/− cells under recovery experimental conditions, the observation that starvation itself induces a prompt reduction in the levels of LC3B-II in Ctns−/− cells (Fig 2D lanes 5 and 6, Supplementary Fig S1A and B lanes 6 and 7) argues against a marked defective degradation phenotype in these cells (also shown in Fig 3). Finally, milder starvation of Ctns−/− cells by removal of serum-only for a longer incubation time (5 h), a condition in which increased degradation of
autophagosomes is balanced by increased autophagosome formation, caused a mild increase in LC3B-II levels (Supplementary Fig S1A, lane 9), which was strongly exacerbated by BafA treatment (Supplementary Fig S1A, lane 10), also indicating that autophagosomes were characterized by increased numbers of autophagosomes but a fully functional autophagic flux.

**Increased autophagosome number in cystinosis is not caused by aberrant mTOR activity**

The mammalian target of rapamycin (mTOR) signaling pathway represents the major regulatory hub at the interface between cell growth and starvation (Zoncu et al., 2011). Amino acids and cell nutrients can activate the mTOR kinase complex, whose activity is responsible for phosphorylation of different substrates important in the promotion of cell growth and suppression of autophagy (Zoncu et al., 2011). Conversely, starvation inactivates mTOR, thereby inhibiting anabolic processes and liberating nutrient reserves by activating autophagy.

To determine whether increased autophagosome number in cystinotic cells was due to aberrant mTOR activity, we analyzed the phosphorylation levels of the mTOR substrate p70-S6 kinase (S6K), both in fed and starved WT and Ctns<sup>−/−</sup> fibroblasts. This assay showed that the levels of pS6K were comparable in non-starved WT and Ctns<sup>−/−</sup> mouse fibroblasts (Fig 2D, lanes 1 and 5, upper panel). Furthermore, removal of both amino acids and serum induced loss of mTOR activity in both WT and Ctns<sup>−/−</sup> cells (Fig 2D, lanes 2 and 6, upper panel), and this activity was restored at similar levels in both cell types by subsequent addition of nutrients (Fig 2D, lanes 4 and 8, upper panel), suggesting that the mTOR pathway is functional in cystinotic cells. Finally, lentiviral transduction of Ctns<sup>−/−</sup> cells with GFP-CTNS was able to rescue normal LC3 levels without inducing significant changes in mTOR activity (Fig 2E), suggesting that increased autophagosome number in cystinotic cells was not caused by aberrant mTOR activity.

**SQSTM1/p62 and long-lived proteins degradation are not impaired in Ctns<sup>−/−</sup> cells**

In order to further evaluate autophagic flux in Ctns<sup>−/−</sup> cells, we analyzed the degradation of the autophagic flux marker sequestosome 1 (SQSTM1/p62), a ubiquitin-binding scaffold protein that binds to LC3 and GABARAP proteins, is degraded by autophagy and guides ubiquitinated proteins to the autophagic machinery for degradation in the lysosome (Bjorkoy et al., 2009). Of note, because long-term serum starvation induces an alteration in the expression of many proteins including commonly used housekeeping proteins (Schmittgen & Zakrajsek, 2000), we established equal loading by silver staining of the same samples run in parallel in SDS-gels (Fig 3B). For quantification, five different areas of the silver-stained gel were used for each lane (Fig 3C). As shown in Fig 3A, starvation induced degradation of SQSTM1/p62 in both WT and Ctns<sup>−/−</sup> fibroblasts further supporting that autophagic flux is not impaired in cystinosis. This was further confirmed by analysis of long-lived protein degradation using radiolabeled amino acids (Fig 3D), which showed similar levels of proteolysis for both WT and Ctns<sup>−/−</sup> cells. Overall, our data from Figs 2 and 3 rule out major defects in autophagosome maturation and degradation in Ctns<sup>−/−</sup> cells.
cells despite increased autophagosome number, which was not caused by aberrant mTOR activity.

The chaperone-mediated autophagy receptor LAMP2A is downregulated in cystinotic cells

Because CMA impairment induces compensatory activation of other autophagic pathways (Massey et al., 2006a; Kaushik & Cuervo, 2012), we reasoned that the increase in the rate of macroautophagy could be caused by defects in CMA activity. Therefore, we analyzed protein levels and localization of the CMA receptor LAMP2A, the main regulatory factor of CMA activity. Cystinotic cells show increased size and number of lysosomes as previously detected by electron microscopy and lysosomal volume quantification by stereology (Johnson et al., 2013), and also show increased LysoTracker staining measured by FACS (Supplementary Fig S2A), increased LAMP1 staining measured by IF (Supplementary Fig S2B) and increased LAMP1 expression measured by Western blot (Fig 4A). Despite the increased lysosomal number, the expression levels of LAMP2A were decreased in Ctns−/− fibroblasts (Fig 4A), mouse kidney (Fig 4B), and in lysosomes purified from mouse liver (Fig 4C). Finally, Ctns−/− cells showed decreased LAMP2A lysosomal expression when tested using two independent anti-LAMP2A antibodies raised against the carboxyterminal domain of LAMP2A (Fig 4D). This includes a commercially available antibody raised against human LAMP2A that has high reactivity to mouse LAMP2A (Ab18528) and an antibody raised against the 12 amino acid cytosolic tail of rat LAMP2A which is identical to mouse protein (GLKRHHTGYEQF), and has largely been demonstrated to detect mouse LAMP2A but not other LAMP2 isofoms (Cuervo & Dice, 1996; Cuervo & Dice, 2000b). Both antibodies recognized the expected band of ~95 kDa and showed significant decreased expression in cystinotic lysosomes (Fig 4D). Next, to determine whether the defective LAMP2A expression in Ctns−/− cells was caused by impaired transcriptional regulation of LAMP2A, we performed quantitative RT–PCR using LAMP2A-specific primers (see Materials and Methods). Our data revealed that RNA levels of LAMP2A (Ref Seq NM_001017959) were similar in fed and starved WT and Ctns−/− mouse kidneys, and Ctns−/− mouse livers (lysosomal extracts).

LAMP2A is mislocalized in cystinotic cells

To better understand the defects affecting LAMP2A protein in Ctns−/− cells, we analyzed the distribution of endogenous LAMP2A

**Figure 4. The CMA receptor LAMP2A is downregulated in CTNS-deficient cells.**

A–C The expression levels of the endogenous LAMP2A and LAMP1 proteins were analyzed in wild-type (WT) and Ctns−/− mouse fibroblasts (A), kidney (B) and liver lysosomes (C) by Western blot. Quantitative densitometry analysis of immunoblots obtained from different experiments was performed by calculating the ratio between LAMP2A and actin signals in each lane. Results are mean ± SEM of four independent experiments with mouse fibroblasts, 5 WT and 6 Ctns−/− mouse kidneys, 3 WT and 3 Ctns−/− mouse livers (lysosomal extracts).

D Comparative analysis of the amount of LAMP2A in wild-type or Ctns−/− liver lysosomes was performed using two different anti-LAMP2A antibodies. 15 μg of lysosomal proteins were loaded in each lane. Ab1, anti-LAMP2A antibody raised against the twelve amino acids of the cytosolic region of rat LAMP2A largely validated to recognize mouse LAMP2A but not other LAMP2 isoforms (Cuervo & Dice, 1996). Ab2, anti-LAMP2A Abcam Ab18528. Decreased lysosomal LAMP2A was evident using either antibody. LAMP1 was used as a loading control. Representative of two independent experiments with similar results.

Source data are available online for this figure.
by immunofluorescence analysis by confocal microscopy. This analysis revealed an abnormal localization of LAMP2A in Ctns−/− cells (Fig 5). Thus, different from WT mouse fibroblasts where LAMP2A localized to LAMP1-positive structures resembling lysosomes (Fig 5A, white arrows), LAMP2A localized at puncta distributed in close proximity to but different from LAMP1-positive lysosomes in Ctns−/− cells (Fig 5A, arrowheads) with just a few lysosomes containing LAMP2A being identified (Fig 5A, red arrow).

To analyze the distribution of LAMP2A in Ctns−/− cells in further detail, we used high-resolution direct stochastic optical reconstruction microscopy (STORM). Using this approach, LAMP2A was observed adjacent (~20–50 nm distance, STORM lateral resolution limit when detecting endogenous proteins using antibodies) to LAMP1 in wild-type cells, suggesting that they are distributed at common lysosomal microdomains. However, in Ctns−/− cells, LAMP2A was mostly distributed at LAMP1-negative structures or in

![Figure 5](image-url)

**Figure 5.** The CMA receptor LAMP2A is mislocalized in CTNS-deficient cells.
A-D Immunofluorescence analyses of endogenous LAMP1, LAMP2A (A, B), LAMP2B (C) and total LAMP2 (D) localization in wild-type (WT) and Ctns−/− mouse fibroblasts. (A) Confocal microscopy analysis. White arrows represent LAMP1-positive circular structures (lysosomes) which were visible in both WT and Ctns−/− cells. Colocalization of LAMP1 and LAMP2A was observed in WT fibroblasts (white arrows, merged panel) but rarely in Ctns−/− cells (red arrow). Most LAMP2A showed a punctate pattern and lack of colocalization with LAMP1 in Ctns−/− cells (arrowheads, lower panels). Scale bars: 5 μm. Inset scale bars: 2 μm. (B) High-resolution stochastic optical reconstruction microscopy (STORM) analysis of the localization of LAMP1 and LAMP2A in wild-type and Ctns−/− cells. In Ctns−/− cells, LAMP2A was detected near (arrowheads, estimated distance > 50 nm) but not always adjacent (10–50 nm) to LAMP1 or at LAMP1-negative structures (arrows). Scale bar: 0.5 μm. (C) Immunofluorescence showing colocalization of endogenous LAMP2 and LAMP2B in both wild-type and CTNS-deficient fibroblasts (arrows). Scale bar: 20 μm. (D) Immunofluorescence analysis of LAMP1 and total LAMP2 (antibody ABL93 DSHB). Arrows show colocalization. Arrowheads show LAMP2-positive LAMP1-negative vesicles.
the proximity (distance $>50$ nm) but not adjacent to LAMP1, differently from the distribution observed for wild-type cells. Altogether, confocal and STORM analyses suggest that in Ctns$^{-/-}$ cells LAMP2A is either present at non-lysosomal structures (Fig 5A) or if at the lysosomal membrane, LAMP2A and LAMP1 appear partially segregated in distinct microdomains (Fig 5B).

As a control, we analyzed the localization of LAMP2B in Ctns$^{-/-}$ and WT cells. Our data show that LAMP2B colocalizes with LAMP1 at lysosomes in both Ctns$^{-/-}$ and WT cells (Fig 5C). Next, we analyzed the distribution of total LAMP2 in relation to that of LAMP1 using the antibody ABL93 (Fig 5D). In these studies, we observed full colocalization of LAMP2 with LAMP1 in WT cells and partial localization of LAMP2 with LAMP1 in Ctns$^{-/-}$ cells. This correlates with the lower expression and mislocalization of LAMP2A and with the correct localization of LAMP2B in Ctns$^{-/-}$ cells. Thus, the subpopulation of LAMP2-positive but LAMP1-negative structures observed only in Ctns$^{-/-}$ cells further supports that LAMP2A but not LAMP2B is mislocalized in these cells.

Further immunofluorescence analyses of endogenous LAMP2A in Ctns$^{-/-}$ cells show that LAMP2A does not colocalize with ER markers ruling out entrapment of this protein in the ER (Fig 6A). However, we found that LAMP2A, which colocalizes with VAMP7 on structures mostly distributed at the perinuclear area in wild-type cells, has significantly less colocalization with VAMP7 in Ctns$^{-/-}$ cells (Fig 6B). The staining of endogenous VAMP7 shown here is the expected for an endosomal protein and is similar to that shown by others (Fraldi et al., 2010). Since VAMP7 regulates late endosome–lysosome fusion (Ward et al., 2000) and mediates direct Golgi to lysosome translocation of lysosomal membrane-associated proteins (Pols et al., 2013), our data may suggest that trafficking of LAMP2A is altered in Ctns$^{-/-}$ cells. Finally, we found that LAMP2A localizes to Rab11a-positive vesicles in Ctns$^{-/-}$ cells but not in wild-type cells (Fig 6C) further supporting possible alternative trafficking mechanisms for LAMP2A in cystinosis.

Post-transcriptionally, LAMP2A expression at the lysosomal membrane is regulated by targeted degradation by lysosomal proteases, upon its cleavage from the lysosomal membrane (Cuervo & Dice, 2000a; Bejarano & Cuervo, 2010). For this reason, to assess whether excessive degradation in the lysosome contributes to the decreased expression of LAMP2A in Ctns$^{-/-}$ cells, Ctns$^{-/-}$ fibroblasts were treated with various lysosomal inhibitors, namely the protease inhibitor leupeptin (Leu) in combination with chloroquine (CQ), or bafilomycin A (BafA) alone and LAMP2A was detected by immunofluorescence analysis. As shown in Fig 7, treatment of Ctns$^{-/-}$ fibroblasts with Leu/CQ or with BafA increased the detectable levels of LAMP2A at the lysosomal membrane as detected by its colocalization with the lysosomal marker LAMP1. Altogether, our data suggest that LAMP2A is characterized by a dual defective phenotype in Ctns$^{-/-}$ cells that includes partial mislocalization of LAMP2A and increased lysosomal degradation of those LAMP2A molecules that are correctly targeted to the lysosome.

Chaperone-mediated autophagy is impaired in cystinotic mice

LAMP2A-mediated substrate binding and internalization are essential processes for CMA and, in fact, changes in LAMP2A levels, or changes in its sub-compartmentalization to the lysosomal membrane, all contribute to modulate CMA activity (Cuervo & Dice, 2000a,b; Massey et al., 2006a; Kaushik & Cuervo, 2012). To test whether LAMP2A downregulation and mislocalization in CTNS-deficient cells resulted in impaired CMA activity, we validated and optimized an assay (Kaushik & Cuervo, 2008; Malkus & Ischiropoulos, 2012) to assess the ability of isolated CTNS-deficient lysosomes to digest CMA substrates (Fig 8A). To avoid that increased lysosomal size and lysosomal overload in cystinotic cells (Johnson et al., 2013) could result in loss of the relevant lysosomal fraction in gradient techniques, we decided to use an established isolation method in which lysosomes are purified by sucrose sedimentation (Malkus & Ischiropoulos, 2012) (see Supplementary Materials and Methods). We optimized this assay to obtain CMA-active lysosomes, whose purity was verified by Western blot and integrity was verified by measuring β-hexosaminidase activity in purified lysosomes compared to burst lysosomes, as described in Supplementary Materials and Methods and shown in Supplementary Fig S4. Thus, lysosomes were free of mitochondria, ER and cytosolic contaminants (Supplementary Fig S4). Preparations containing $>15\%$ of broken lysosomes were discarded. For CMA assays, isolated lysosomes purified from livers of starved WT and Ctns$^{-/-}$ mice were incubated with the CMA substrate, GAPDH, as represented in Fig 8A and described in Materials and Methods. Using this procedure, we found that cystinotic lysosomes are characterized by defective degradation of the CMA substrate GAPDH (Fig 8B and C), indicating that CMA is impaired in Ctns$^{-/-}$ mice.

Substrate degradation by CMA is a multi-step process that involves substrate binding to the CMA receptor LAMP2A, substrate translocation into the lysosomal lumen and its subsequent degradation by lysosomal proteases (Bejarano & Cuervo, 2010; Kaushik & Cuervo, 2012). In order to define the mechanism of impaired substrate degradation by CMA in Ctns$^{-/-}$ mice, we evaluated whether lysosomal proteases were functional in cystinotic mice. To this end, we incubated the CMA substrate GAPDH with Triton X-100-treated (broken) lysosomes, which showed similar rates of lysosomal degradation in preparations obtained from both WT and Ctns$^{-/-}$ mice (Fig 8D), indicating that impaired degradation of GAPDH by lysosomes from Ctns$^{-/-}$ mice was not due to general impairment of lysosomal proteases.

Cystinotic cells show increased susceptibility to oxidative stress-induced cell death

Activation of CMA is part of the cellular response to oxidative stress, and blockage of CMA in cultured cells decreases cellular viability following exposure to different pro-oxidant compounds (Kiflin et al., 2004; Massey et al., 2006a,b). Since CMA is impaired in cystinotic cells, we sought to verify whether this defect correlated with increased susceptibility to oxidative stress-induced cell death. To this end, WT and cystinotic cells were exposed to the pro-oxidants H$_2$O$_2$ and paraquat (PQ), which have previously been shown to induce excessive cell death in cells with defective CMA (Massey et al., 2006a), and cell viability was assessed by FACS analysis of annexin V and propidium iodide (PI) staining. As shown in Fig 9A and B, annexin V and PI staining was increased in both H$_2$O$_2$- and PQ-treated Ctns$^{-/-}$ cells compared to WT cells, indicating that cystinotic cells have enhanced susceptibility to oxidative stress-induced cell death. Furthermore, activation of caspase 3 was highly increased in Ctns$^{-/-}$ mouse fibroblasts following mild exposure to
H$_2$O$_2$ (Fig 9C), further confirming increased susceptibility to oxidative stress-induced apoptotic cell death in these cells.

CTNS expression but not reduction of lysosomal overload rescues LAMP2A mislocalization in Ctns$^{-/-}$ cells

Although cystine accumulation is toxic for cells, tissue injury in cystinotic patients occurs despite effective cystine depletion therapy (Cherqui, 2012). Therefore, it is important to determine whether the defective molecular mechanisms that contribute to cell dysfunction and tissue injury in cystinosis are dependent on lysosomal overload. For this reason, to assess whether defective CMA in cystinosis was due to cystine accumulation and lysosomal overload, we treated Ctns$^{-/-}$ fibroblasts with cysteamine, which depletes lysosomal cystine accumulation (Butler & Zatz, 1984) and evaluated lysosomal localization of LAMP2A in these cells. Although cysteamine treatment

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Figure 6. Abnormal localization of LAMP2A at trafficking vesicular compartments in CTNS-deficient cells.

A–C Immunofluorescence analyses of endogenous LAMP2A, ER (Grp78/Bi) (A), which is expanded in cystinotic cells (white arrow), VAMP7-positive vesicles (B) and Rab11a-positive structures (C) was performed using wild-type or Ctns$^{-/-}$ fibroblasts as described in Materials and Methods. At least 2 independent experiments were performed for each vesicular trafficking or ER marker. (B, C) Results are expressed as the percentage of LAMP2A that colocalizes with VAMP7 or Rab11. For Rab11/LAMP2A colocalization, 29 wild-type and 15 Ctns$^{-/-}$ cells were quantified. For VAMP7/LAMP2A colocalization (white arrows), 49 WT and 57 Ctns$^{-/-}$ cells were analyzed. Data are expressed as mean ± SEM. *P < 0.001 (unpaired t-test). Scale bars: 20 μm.
depleted cystine accumulation and reduced lysosomal overload in Ctns−/− cells (Fig 10A), LAMP2A localization maintained a reticular distribution similar to that observed in untreated Ctns−/− cells (Fig 10B, red panels), and colocalization of LAMP2A with the lysosomal marker LAMP1 was not restored in cysteamine-treated cells (Fig 10B (merge) and C). By contrast, lentiviral transduction of GFP-CTNS in CTNS-deficient fibroblasts, which also reduced intracellular cystine levels (Fig 10A), was able to restore lysosomal localization of LAMP2A (Fig 10B and C), indicating that lysosomal overload is not the primary cause of LAMP2A mislocalization in cystinotic cells and that CTNS deficiency itself induces improper LAMP2A localization.

**Discussion**

Cystine accumulation is the hallmark of cystinosis and is regarded as the primary defect of cell malfunction; however, renal injury is not seen in all human forms of cystinosis (Anikster et al., 1999), and progressive renal injury occurs despite cystine depletion therapy, indicating that other factors can contribute to disease progression independently of cystine accumulation. In the present work, we identified a novel mechanism of impaired CMA that is associated with CTNS deficiency but is independent of lysosomal overload.

**Impaired CMA activity in CTNS deficiency despite effective in vivo reduction of lysosomal overload**

To determine whether reduction of lysosomal overload could rescue CMA defects in vivo, CTNS-deficient mice were treated for 5 days with cysteamine, starved, and the ability of wild-type and cystinotic lysosomes to mediate degradation of CMA substrates was assessed upon lysosomal isolation from mouse livers as described in Fig 8A. Cysteamine treatment, despite significantly reducing intralysosomal cystine accumulation in CTNS-deficient mice (Fig 11A) to levels similar to those observed in treated cystinotic patients (Belldina et al., 2003), did not rescue either reduced expression of LAMP2A on cystinotic lysosomes (Fig 11B) or the CMA impairment in these mice (Fig 11C and D). Altogether, our data support the idea that CMA impairment in cystinosis is not caused by lysosomal overload and suggest that CTNS deficiency is the main cause of CMA impairment in this disorder.
Using cellular and in vivo approaches, we found that the CMA receptor LAMP2A is downregulated and mislocalized in cystinotic cells and that lysosomal degradation of the CMA substrate GAPDH is impaired in lysosomes from Ctns−/− mice. We also show that CMA defects are independent of lysosomal overload, suggesting that the absence of CTNS expression causes the defective autophagic balance in cystinosis. Since CMA activation is a major response mechanism to oxidative stress, which contributes to organ dysfunction in cystinotic patients (Vaisbich et al., 2011; Pache de Faria Guimaraes et al., 2014), our findings suggest that CMA impairment in cystinosis represents a significant contributor to tissue damage in the pathogenesis of the disease.

LAMP2A is the main regulator of CMA and its expression level at the lysosomal membrane directly correlates with CMA activity (Cuervo & Dice, 2000a). Here, we show that cystinosis is characterized by impaired CMA associated with a marked decrease of LAMP2A expression in cells and tissues and with reduced localization of LAMP2A at the lysosomal membrane (Figs 4 and 5). Our finding showing that inhibition of lysosomal proteases increases the level of LAMP2A detected at the lysosomal membrane in CTNS−/− cells (Fig 7) suggests that reduced LAMP2A at the lysosomal membrane is in part explained by excessive lysosomal degradation. This is in agreement with previous studies showing that LAMP2A levels are regulated by degradation by lysosomal proteases (Kaushik & Cuervo, 2012). The phenotype observed in cystinotic cells is specific for LAMP2A since the other major LAMP2 isoform present in fibroblasts, LAMP2B, is normally expressed and localized at lysosomes in Ctns−/− cells. Previous observations that LAMP2A

Figure 8. Chaperone-mediated autophagy is impaired in CTNS-deficient mice.
A Schematic representation of lysosomal isolation and in vitro CMA assay [adapted from Kaushik and Cuervo (2008)].
B Lysosomes were isolated from livers of starved wild-type (WT) and Ctns−/− mice as described in Supplementary Materials and Methods and incubated at 37°C for 30 min with the CMA substrate GAPDH, in the presence or absence of ATP (necessary for CMA) and protease inhibitors (Prot. Inhib.). A fraction of the CMA reactions was then mixed with sample buffer and boiled at 95°C for 5 min, followed by SDS–PAGE and GAPDH and LAMP1 immunoblotting.
C Quantitative densitometry analysis of CMA activity performed in independent experiments using lysosomes isolated from a total of 11 WT and 10 Ctns−/− mice. Results are mean ± SEM. ***P = 0.0005; **P = 0.0041; N.S., not significant (unpaired t-test).
D The ability of lysosomal proteases to mediate GAPDH degradation was assessed by incubating Triton X-100-treated WT and Ctns−/− lysosomes with GAPDH for 30 min in acidic reaction buffer and compared with input (reaction with no lysosomes). Quantitative densitometry analysis of independent reactions performed with lysosomes from a total of 9 WT and 9 Ctns−/− mice shows no significant difference in protease activity. Results are mean ± SEM.

Source data are available online for this figure.
stabilization at the lysosomal membrane is regulated by glial fibrillary acidic protein which binds to LAMP2A through its unique carboxy-terminal domain at the cytosolic tail (Kaushik & Cuervo, 2012) support that LAMP2A and LAMP2B turnover have independent regulation. Furthermore, differential turnover of LAMP2 proteins have been directly demonstrated in previous studies showing that the half-life of LAMP2A at the lysosomal membrane is significantly shorter than that of other LAMP2 proteins in fed conditions (Fig 1C in Cuervo & Dice, 2000a). Our results support those findings and highlight their relevance in cystinosis.

LAMP2A degradation has been suggested to take place at specific lipid microdomains of the lysosomal membrane (Kaushik et al, 2006; Bandyopadhyay et al, 2008; Rodriguez-Navarro et al, 2012), where LAMP2A is retained as a monomer and is targeted for proteolytic degradation (Cuervo et al, 2003; Kaushik et al, 2006). A possible explanation for the increased degradation of LAMP2A in cystinosis is that the absence of CTNS could induce changes in the fluidity of the lysosomal membrane, resulting in subsequent sequestration of LAMP2A into sub-domains where its proteolysis is exacerbated. Our finding that CTNS expression, but not reduction of lysosomal overload, increases the detectable levels of LAMP2A at the lysosomal membrane (Fig 10) supports the idea that CTNS may help stabilize LAMP2A at the lysosomal membrane either directly or indirectly.

In addition to the increased susceptibility to degradation at the lysosomal membrane, our data showing partial localization of LAMP2A at non-lysosomal structures suggest that LAMP2A trafficking is also impaired in Ctns−/− cells (Fig 5). The trafficking of lysosomal-associated membrane proteins to the lysosome involves several mechanisms including a direct pathway through the endolysosomal system and an indirect pathway that involves trafficking to the plasma membrane and subsequent re-routing to the endosomes (Saftig & Klumperman, 2009). Another mechanism consisting of clathrin-independent VAMP7/Vps41-mediated transport of LAMP carrier vesicles from the TGN to late endosomes was recently described (Pols et al, 2013). The poor colocalization of LAMP2A with the SNARE VAMP7 in Ctns−/− cells compared to wild-type cells (Fig 6B) raises the question of whether the VAMP7-dependent transport of LAMP2A is defective in cystinosis, and suggests that further examination of the VAMP7-dependent transport system in cystinosis would be necessary to further elucidate this question. Instead, LAMP2A was found in Rab11-positive trafficking vesicles in cystinosis suggesting that alternative mechanisms of transport may be functional. Thus, the partial localization of LAMP2A at non-lysosomal structures and its increased degradation are not necessarily mutually exclusive phenotypes since post-translational modifications regulating LAMP2A transport in cystinosis are suggested by previous studies, showing high levels of ER stress and expansion in cystinotic cells (Johnson et al, 2013). The trafficking mechanisms and posttranslational modifications regulating LAMP2A transport in cystinosis are currently under investigation in our laboratory.

Differently from other LSDs (Settembre et al, 2008a,b), we show that macroautophagy is not impaired in cystinotic cells, as autophagosome maturation, digestion of the autophagic content, long-lived protein degradation and p62 degradation rates were found to be functional in Ctns−/− cells. However, we found that cystinotic cells...
and tissues have an elevated number of autophagosomes. The regulation of different autophagic pathways is closely interconnected and most cells activate macroautophagy in response to blockage of CMA (Massey et al., 2006a; Kaushik et al., 2008). Thus, it is possible that the increased number of autophagosomes in cystinotic cells is a result of compensatory activation due to CMA impairment. This is supported by the evidence that reconstitution of Ctns−/−/C0−/−/C0−/− cells with GFP-CTNS expression led to increased distribution of LAMP2A at lysosomal membranes, which correlated with normalization of LC3B-II levels despite the fact that the activity of mTOR was not affected.

Despite their compensatory effect, macroautophagy and CMA are not redundant. For instance, previous studies performed in cells with compromised CMA suggested that compensatory activation of macroautophagy is not always sufficient to ensure cell survival upon exposure to stressors (Massey et al., 2006a). In particular, activation of CMA is part of the cellular response to oxidative stress (Kiffin et al., 2004; Bejarano & Cuervo, 2010), and blockage of CMA in cultured cells decreases cell viability following exposure to different pro-oxidant compounds (Kiffin et al., 2004; Massey et al., 2006a,b), a process that is not prevented even in conditions of increased macroautophagy. In this work, we found that cystinotic cells show an increased susceptibility to oxidative stress-induced cell death. Increased oxidative stress has also been found in cystinotic patients (Vaisbich et al., 2011). Remarkably, a recent clinical trial showed significant improvement of renal function in cystinotic patients treated with the anti-oxidant drug N-acetylcysteine (NAC) (Pache de Faria Guimaraes et al., 2014), indicating that oxidative stress can contribute to the progression of renal disease in cystinosis patients even when they show a significant response to treatment with cysteamine (Gahl et al., 2007; Vaisbich & Koch, 2010; Vaisbich et al., 2011). In this context, our findings that LAMP2A mislocalization and CMA impairment are not dependent on lysosomal overload are highly relevant and represent a direct evidence of an impaired cellular mechanism not linked to substrate storage in cystinosis. Thus, our findings not only highlight that CMA impairment may represent an important contributor to oxidative stress-induced tissue damage in the pathogenesis of the disease, but they can also help explain why cysteamine treatment is not fully effective in cystinosis treatment.

In conclusion, we found that CMA but not macroautophagy is impaired in cystinosis. Due to the importance of CMA in cell

Figure 10. LAMP2A mislocalization is independent of cystine-induced lysosomal overload.

A Cystine content in WT, Ctns−/−, cysteamine-treated Ctns−/− fibroblasts or Ctns−/− fibroblasts expressing GFP-CTNS was assessed by mass spectrometry. B WT, Ctns−/−, Ctns−/− fibroblasts treated with 1 mM cysteamine (48 h), or Ctns−/− fibroblasts expressing GFP-CTNS were fixed and stained with anti-LAMP1 and LAMP2A antibodies as indicated. For better visualization of LAMP1/LAMP2A colocalization, GFP-CTNS was pseudocolored as magenta and LAMP1 was pseudocolored as green (lower panels). Some lysosomes are indicated with arrows. Arrowheads indicate LAMP2A distribution to structures different from lysosomes (only observed in Ctns−/− cells and in cysteamine-treated Ctns−/− cells). Rescue of the LAMP2A localization to lysosomes was observed in Ctns−/− cells expressing GFP-CTNS. Scale bar: 2 μm.

C Quantification of the colocalization analysis described in (B). Calculation of the Pearson’s colocalization coefficient was done by analyzing 113 WT, 251 Ctns−/−, 88 cysteamine-treated and 164 GFP-CTNS-expressing Ctns−/− cells, by using the ZEN 2010 software. Results are mean ± SEM. ***P < 0.001; NS, not significant (one-way ANOVA, Bonferroni’s multiple comparisons test).
homeostasis and response to stress, we suggest that CMA impairment represents an important contributor to disease progression in this disorder. Our findings highlight that lysosomal overload is not the only mediator of cell malfunction in cystinosis and identifies correction of CMA as a potential additional strategy for the treatment of cystinosis.

Materials and Methods

Animal models

All animal studies were performed in compliance with the United States Department of Health and Human Services Guide for the Care and Use of Laboratory Animals. All studies were conducted according to National Institutes of Health and institutional guidelines and with approval of the animal review boards at The Scripps Research Institute and UCSD.

The C57BL/6 Ctns−/− mice were described before (Nevo et al., 2010). For analysis of autophagosomes in vivo, C57BL/6 GFP-LC3+/− transgenic mice (Mizushima et al., 2004) were crossed with C57BL/6 Ctns−/− mice (Nevo et al., 2010) to generate Ctns−/− mice expressing GFP-LC3 (C57BL/6 Ctns−/− GFP-LC3+/−). Mice were genotyped as described (Mizushima et al., 2004; Nevo et al., 2010). The GFP-LC3+/− mice were provided by the RIKEN BRC through the National Bio-Resource Project of the MEXT, Japan. All mouse studies were carried out together with age- and sex-matched controls. For the analysis of LC3 expression in mouse tissues, 3 C57BL/6 GFP-LC3+/+ transgenic mice and 3 C57BL/6 Ctns−/− GFP-LC3+/+ were used. For CMA activity and LAMP2A expression, a total of 19 C57BL/6 wild-type and 24 C57BL/6 Ctns−/− mice were utilized. All mice used were between 8 and 12 weeks old.

Neonatal skin fibroblasts from Ctns−/− and wild-type mice were prepared by standard procedures (Johnson et al., 2013). Neonatal murine fibroblasts and 293T cells (ATCC) were maintained in Dulbecco’s modified Eagle’s medium (Gibco) supplemented with 10% FBS (Corning Cellgro) and penicillin/streptomycin/glutamine (Life Sciences). Bone marrow was collected from femurs and tibia of mice and was used to prepare BMDMs, which were cultured in DMEM supplemented with 10% FBS and 20% L929-conditioned medium in the presence of antibiotics (Life Sciences).

Starvation and recovery protocols

For macroautophagy studies, two starvation protocols were used: Protocol 1 consisted of complete nutrient deprivation (amino acid/serum starvation), in which WT and Ctns−/− cells were washed briefly in HBSS (Gibco) and media-aspirated, and fresh HBSS was

Figure 11. Cysteamine treatment does not rescue CMA impairment in Ctns−/− mice.

A Cystine content in WT, Ctns−/− and cysteamine-treated Ctns−/− mouse livers was assessed by mass spectrometry. Results are mean ± SEM (n = 4). ***P < 0.001; **P = 0.0026 (one-way ANOVA, Bonferroni’s multiple comparisons test).

B Western blot analysis of LAMP2A expression in lysosomes isolated from WT, Ctns−/− and cysteamine-treated Ctns−/− mouse livers.

C Lysosomes, isolated as in (B), were incubated with the CMA substrate GAPDH, and CMA activity was evaluated as in Fig 8 and as described in Materials and Methods.

D Quantitative analysis of substrate degradation is expressed as percent of the residual amount of GAPDH in the full reaction relative to its amount in the presence of protease inhibitors. Results are mean ± SEM (n = 4). *P = 0.0126 for WT versus Ctns−/− and *P = 0.0436 for WT versus Ctns−/− + cysteamine; NS, not significant; unpaired t-test.

Source data are available online for this figure.
added again, followed by 45 min of incubation at 37°C, in the presence or absence of the lysosomal inhibitors bafilomycin A (LC laboratories, 100 nM), leupeptin (Sigma, 20 μM) or chloroquine (Sigma, 50 μM). Protocol 2 was serum starvation only: cells were briefly washed in serum-free DMEM (containing 1× amino acids) and media-aspirated, and fresh serum-free DMEM was added followed by 5 h incubation at 37°C, in the presence or absence of lysosomal inhibitors. For mTOR activity experiments, cells were starved using either protocol 1 or 2, and recovery was achieved by replacing starvation media with DMEM supplemented with 10% FBS and antibiotics, followed by 1 h incubation at 37°C. For CMA studies, starvation was induced as in protocol 2, followed by 20–24 h incubation at 37°C.

Cysteamine treatment of cultured cells and animals and cystine quantification

WT and Ctns−/− cells were treated for 48 h with 1 mM cysteamine in normal growth medium, and medium containing fresh cysteamine was replaced every 12 h. For in vivo studies, Ctns−/− mice were intraperitoneally injected with 30 mg/kg cysteamine every 12 h for 5 days. For cystine quantification in cells and tissues, cystine was extracted as described (Johnson et al., 2013) and cystine levels were measured by mass spectrometry at the Biochemical Genetics Laboratory, University of California, San Diego.

CMA assay

For CMA assays, 25 μg of purified lysosomes were incubated for 30 min at 37°C with 2 μg of purified recombinant GAPDH (Sigma), 10 μl of “6× energy regenerating system” (60 mM MgCl2, 60 mM ATP, 12 mM phosphocreatine, 30 μg creatine phosphokinase, in 0.25 M sucrose, pH 7.4), 0.6 μg Hsc70 (Enzo Life Science) and brought up to 60 μl with reaction buffer (10 mM MOPS, pH 7.3, 0.25 M sucrose, 5.4 μM cysteine, 1 mM DTT). Control conditions were run in parallel with either no lysosomes, no energy regenerating system or by addition of EDTA-protease inhibitors cocktail (Roche). After incubation at 37°C for 30 min, a fraction of the CMA reactions was mixed with sample buffer and boiled at 95°C for 5 min, followed by SDS-PAGE and GAPDH immunoblotting.

Degradation of long-lived proteins

Degradation of long-lived proteins was measured using radioactive 35S-methionine as described in Supplementary Materials and Methods.

Immunoblotting, immunofluorescence, confocal microscopy and high-resolution microscopy

Immunoblotting, immunofluorescence analyses and microscopy approaches are described in Supplementary Materials and Methods.

Lysosome fractionation and β-hexosaminidase assay

The purification of the lysosomal fractions for CMA assays was performed by a modified protocol based on methods previously described (Kaushik & Cuervo, 2008; Malkus & Ischiropoulos, 2012). Details are given in Supplementary Materials and Methods.
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Author contributions
GN designed and performed experiments, analyzed data and wrote the paper; Jl designed experiments, analyzed data and contributed to manuscript writing; JH performed experiments and analyzed data; CJR and JM performed experiments; KP performed experiments and analyzed data; SC designed experiments and provided important reagents; SDC designed experiments, performed experiments, analyzed data and wrote the manuscript.

Conflict of interest
The authors declare that they have no conflict of interest.

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