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# Frontal lobe $^1\text{H}$ MR spectroscopy in asymptomatic and symptomatic *MAPT* mutation carriers

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## Abstract

### Objective

To determine the frontal lobe proton magnetic resonance spectroscopy ( $^1\text{H}$  MRS) abnormalities in asymptomatic and symptomatic carriers of microtubule-associated protein tau (*MAPT*) mutations.

### Methods

We recruited patients with *MAPT* mutations from 5 individual families, who underwent single voxel  $^1\text{H}$  MRS from the medial frontal lobe at 3T ( $n = 19$ ) from the Longitudinal Evaluation of Familial Frontotemporal Dementia Subjects (LEFFTDS) Study at the Mayo Clinic site. Asymptomatic *MAPT* mutation carriers ( $n = 9$ ) had Frontotemporal Lobar Degeneration Clinical Dementia Rating Sum of Boxes (FTLD-CDR SOB) score of zero, and symptomatic *MAPT* mutation carriers ( $n = 10$ ) had a median FTLD-CDR SOB score of 5. Noncarriers from healthy first-degree relatives of the patients were recruited as controls ( $n = 25$ ). The demographic aspects and  $^1\text{H}$  MRS metabolite ratios were compared by use of the Fisher exact test for sex and linear mixed models to account for within-family correlations. We used Tukey contrasts for pair-wise comparisons.

### Results

Asymptomatic *MAPT* mutation carriers had lower neuronal marker N-acetylaspartate (NAA)/creatinine (Cr) ( $p = 0.001$ ) and lower NAA/myo-inositol (mI) ( $p = 0.026$ ) than noncarriers after adjustment for age. Symptomatic *MAPT* mutation carriers had lower NAA/Cr ( $p = 0.01$ ) and NAA/mI ( $p = 0.01$ ) and higher mI/Cr ( $p = 0.02$ ) compared to noncarriers after adjustment for age. Furthermore, NAA/Cr ( $p = 0.006$ ) and NAA/mI ( $p < 0.001$ ) ratios decreased, accompanied by an increase in mI/Cr ratio ( $p = 0.001$ ), as the ages of carriers approached and passed the age at symptom onset.

### Conclusion

Frontal lobe neurochemical alterations measured with  $^1\text{H}$  MRS precede the symptom onset in *MAPT* mutation carriers. Frontal lobe  $^1\text{H}$  MRS is a potential biomarker for early neurodegenerative processes in *MAPT* mutation carriers.

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## Glossary

**AD** = Alzheimer disease; **Cr** = creatine; **FTLD** = frontotemporal lobar degeneration; **FTLD-CDR SOB** = Frontotemporal Lobar Degeneration Clinical Dementia Rating Sum of Boxes; **<sup>1</sup>H MRS** = proton magnetic resonance spectroscopy; **LEFFTDS** = Longitudinal Evaluation of Familial Frontotemporal Dementia Subjects; **MAPT** = microtubule-associated protein tau; **MCI** = mild cognitive impairment; **mI** = myo-inositol; **MPRAGE** = magnetization-prepared rapid gradient echo; **MR** = magnetic resonance; **NAA** = N-acetylaspartate.

Frontotemporal lobar degeneration (FTLD) is a progressive neurodegenerative disease associated with behavioral and language disorders, executive dysfunction, and impaired social cognition.<sup>1</sup> It is familial in 30% to 50% of patients.<sup>2</sup> Mutations in the microtubule-associated protein tau (*MAPT*) gene were the first to be associated with inherited FTD<sup>3-5</sup> and can result in filamentous accumulation of hyperphosphorylated tau in neurons and glia, leading to neurodegeneration and atrophy years before the onset of clinical symptoms.<sup>6-8</sup> With the potential disease-modifying treatments that are under development, non-invasive biomarkers that help determine the early brain changes in asymptomatic patients will be critical for tracking disease progression and enrolling the right participants in the clinical trials at the right time in the disease course.

A potential imaging marker for early detection of tau pathology is proton magnetic resonance spectroscopy (<sup>1</sup>H MRS), which allows a noninvasive assessment of brain biochemistry. <sup>1</sup>H MRS metabolite measurements have been sensitive biomarkers of early neurodegenerative pathology in Alzheimer disease (AD), Lewy body dementia, and FTLD.<sup>9-14</sup> Single-voxel <sup>1</sup>H MRS measurements from the posterior cingulate gyrus have identified neurochemical abnormalities in both asymptomatic and symptomatic carriers of *MAPT* mutation.<sup>15</sup> A decrease in the neuronal integrity marker N-acetylaspartate (NAA) or NAA/creatine (Cr) ratio and an elevation in myo-inositol (mI) or mI/Cr ratio have been found in symptomatic patients with FTLD,<sup>12</sup> while only elevation in mI/Cr in posterior cingulate gyrus has been found in asymptomatic *MAPT* mutation carriers.<sup>16</sup> Typically, *MAPT* mutation carriers have early involvement and greatest lobar rates of atrophy in the temporal and frontal lobes,<sup>17</sup> but the neurochemical changes from these regions have not been studied in *MAPT* mutation carriers.

Our objective was to determine the NAA/Cr, mI/Cr, and NAA/mI abnormalities from the medial frontal lobe single-voxel <sup>1</sup>H MRS in both asymptomatic and symptomatic carriers of *MAPT* mutations. We hypothesized that frontal <sup>1</sup>H MRS abnormalities in *MAPT* mutation carriers precede the clinical symptoms and that the severity of <sup>1</sup>H MRS metabolite alterations is associated with the estimated or actual age at disease onset in *MAPT* mutation carriers.

## Methods

### Participants

We studied Longitudinal Evaluation of Familial Frontotemporal Dementia Subjects (LEFFTDS) study participants at the Mayo Clinic site. LEFFTDS is a multisite study investigating the biomarkers of disease progression in familial FTLD mutation carriers. The current study included participants who had screened positive for a mutation in *MAPT* between May 2015 and September 2017 and participated in the <sup>1</sup>H MRS study at the Mayo Clinic. Noncarriers from healthy first-degree relatives of the patients were recruited as a control group after DNA screening (n = 25). All participants underwent a clinical examination at the time of magnetic resonance (MR) examination. The behavioral neurologist (B.F.B) who examined all of the participants was blinded to the mutation status and to the <sup>1</sup>H MRS findings. None of the participants had structural lesions that could cause cognitive impairment or dementia such as cortical infarction, subdural hematoma, or tumor or had concurrent illness that would interfere with cognitive function other than FTLD at the time of the MR examination.

Nineteen participants from 5 individual families were identified, and their demographics are shown in the table. Of the 19 *MAPT* mutation carriers, 9 had no clinical symptoms and had a Frontotemporal Lobar Degeneration Clinical Dementia Rating Sum of Boxes (FTLD-CDR SOB)<sup>18</sup> score of 0, whom we refer to as asymptomatic *MAPT* mutation carriers. Ten *MAPT* mutation carriers were symptomatic and had a mean FTLD-CDR SOB score of 5, including 5 patients with the primary diagnosis of behavioral variant frontotemporal dementia, 4 with mild cognitive impairment (MCI), and 1 with progressive supranuclear palsy (Richardson syndrome). The mutations identified in these symptomatic *MAPT* mutation carriers were as follows: N279K (n = 5), V337M (n = 3), IVS9-10G>T (n = 1), and R406W (n = 1). Age at disease onset in each family/mutation type was estimated from the median age at symptom onset in symptomatic *MAPT* mutation carriers of the family obtained from the clinical history and previous publications on these families.<sup>16,19-21</sup>

All participants have undergone genetic testing for research. The behavioral neurologists evaluating the participants were blinded to the findings of the genetic testing for research. All symptomatic mutation carriers described in this report have undergone clinical genetic testing; therefore, they and/or

**Table** Participants' characteristics

	Asymptomatic (n = 9)	Symptomatic (n = 10)	Noncarrier (n = 25)	p Values
Female, n (%)	5 (56)	4 (40)	11 (44)	0.84
Age at MRS, y	36 (10)	52 (9)	49 (14)	0.02 <sup>a</sup>
Education, y	15 (3)	15 (2)	15 (3)	0.66
FTLD-CDR score	0 (0)	5 (5)	—	0.07
NPI-Q total score	4 (4)	8 (6)	—	0.58
UPDRS score	0 (0)	12 (14)	—	0.71
NAA/Cr ratio	1.54 (0.10)	1.48 (0.13)	1.59 (0.10)	<0.001 <sup>b</sup>
ml/Cr ratio	0.58 (0.04)	0.63 (0.05)	0.59 (0.05)	0.06 <sup>c</sup>
NAA/ml ratio	2.67 (0.33)	2.35 (0.30)	2.75 (0.35)	0.005 <sup>d</sup>

Abbreviations: Cr = creatine; FTLD-CDR = Frontotemporal Lobar Degeneration Clinical Dementia Rating; ml = myo-inositol; MRS = magnetic resonance spectroscopy; NAA = N-acetylaspartate; NPI-Q = Neuropsychiatric Inventory Questionnaire; UPDRS = Unified Parkinson's Disease Rating Scale. Data shown are mean (SD). Between-group comparisons of the demographic aspects and <sup>1</sup>H MRS metabolite ratios were performed with the Fisher exact test for sex and linear mixed models to account for within-family correlations. Tukey contrasts were used for pair-wise comparisons.

<sup>a</sup> Asymptomatic is statistically different from noncarrier ( $p = 0.04$ ) and symptomatic ( $p = 0.02$ ).  
<sup>b</sup> Noncarrier is statistically different from asymptomatic ( $p = 0.001$ ) and symptomatic ( $p = 0.01$ ).  
<sup>c</sup> Noncarrier is statistically different from symptomatic ( $p = 0.02$ ).  
<sup>d</sup> Noncarrier is statistically different from asymptomatic ( $p = 0.026$ ), and symptomatic ( $p = 0.01$ ).

their proxies are aware of their mutation status. Most of the asymptomatic mutation carriers included in this report have not undergone clinical genetic testing and thus are not aware of their mutation status. Details for each person have purposefully been excluded to maintain confidentiality.

### Standard protocol approvals, registrations, and patient consents

Informed consent was obtained from all participants for participation in the studies, which were approved by the Mayo Institutional Review Board.

### <sup>1</sup>H MRS and MRI

Single-voxel <sup>1</sup>H MRS and MRI studies were performed at 3T with an 8-channel phased-array head coil (GE Healthcare, Milwaukee, WI). A 3D high-resolution T1-weighted magnetization-prepared rapid gradient echo (MPRAGE) acquisition with a repetition time/echo time/inversion time of 7/3/900 milliseconds, flip angle of 8°, in-plane resolution of 1.0 mm, and slice thickness of 1.2 mm was performed in the sagittal plane for voxel positioning. <sup>1</sup>H MRS studies were performed with the automated MRS package (PROBE/SV; GE Healthcare).<sup>1</sup> Point-resolved spectroscopy sequence with a repetition time of 2,000 milliseconds and an echo time of 30 milliseconds with 2,048 data points and 128 excitations was used for the examination. We used outer volume suppression for the suppression of fat signal. An edge mask was set to place outer volume suppression bands around the 6 planes of the voxel.

An 8-cm<sup>3</sup> (2 × 2 × 2 cm) voxel was placed by trained MRI technologists on a midsagittal MPRAGE image covering the medial portion of the right and left superior frontal gyrus (figure 1). The frontal lobe voxel had to be sufficiently distanced

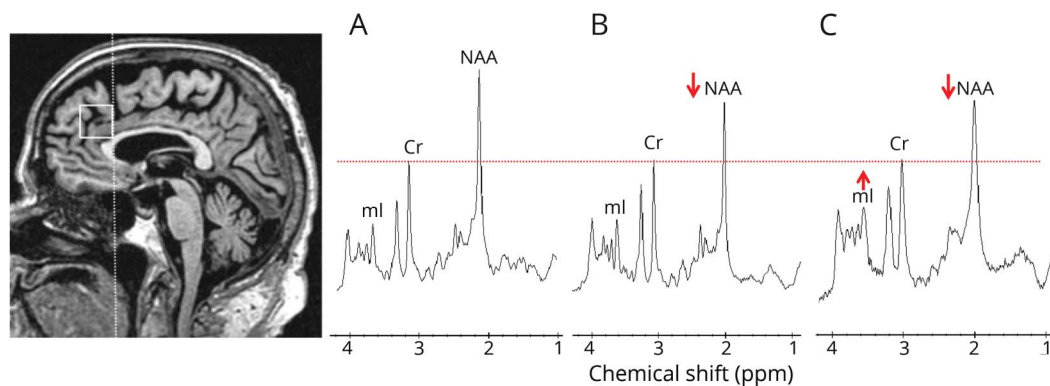
from the tissue-air-CSF interface at the skull base and the frontal sinuses that are a source of magnetic field inhomogeneity, which reduces <sup>1</sup>H MRS quality. The posterior edge of the frontal lobe voxel was in alignment with the posterior border of the genu of the corpus callosum. The posterior lower corner was placed at the border of the corpus callosum. Individual voxel placements were visually evaluated by a trained image analyst for quality control. <sup>1</sup>H MR spectra from voxels that were not properly placed according to predetermined anatomic landmarks and those with poor water suppression, lipid contamination, or baseline distortions failed the quality control and were excluded (n = 5; 3 symptomatic and 1 asymptomatic *MAPT* mutation carriers and 1 noncarrier). After exclusion of poor-quality <sup>1</sup>H MR spectra, 44 <sup>1</sup>H MR spectra were analyzed (19 *MAPT* mutation carriers and 25 noncarriers).

The prescan algorithm of PROBE makes automatic adjustments to the transmitter and receiver gains and center frequency. The local magnetic field homogeneity is optimized with the 3-plane auto-shim procedure. The flip angle of the third water suppression pulse is adjusted for chemical shift water suppression before point-resolved spectroscopy acquisition. Metabolite intensity ratios are automatically calculated using a previously validated algorithm at the end of each PROBE/SV.<sup>22,23</sup> <sup>1</sup>H MRS metabolite ratios that were analyzed for this study included NAA/Cr, ml/Cr, and NAA/ml.

### Genetic analysis

Analysis of *MAPT* exons 1, 7, and 9 through 13 was performed with primers and conditions that were previously published.<sup>3</sup> PCR amplicons were purified with the Multiscreen system (Millipore, Billerica, MA) and then sequenced in both directions using Big Dye chemistry following the

**Figure 1** Voxel location and representative  $^1\text{H}$  MRS from all participants



Medial frontal lobe voxel is placed on a midsagittal 3D T1-weighted image (left). Voxel landmarks include the following: (1) the posterior edge of the frontal lobe voxel is in alignment with the posterior border of the genu of the corpus callosum; and (2) the posterior lower corner is at the superior border of the corpus callosum. Examples of proton magnetic resonance spectra ( $^1\text{H}$  MRS) in (A) a noncarrier, (B) an asymptomatic microtubule-associated protein tau (*MAPT*) mutation carrier, and (C) a patient with behavioral variant frontotemporal dementia (bvFTD) with *MAPT* mutation. Spectra are scaled to the creatine (Cr) peak as indicated with the dotted red line. The N-acetylaspartate (NAA) peak is decreased in (B) the asymptomatic *MAPT* mutation carrier and (C) the patient with bvFTD. The myo-inositol (ml) peak is elevated only in (C) the patient with bvFTD.

manufacturer's protocol (Applied Biosystems, Foster City, CA). Sequence products were purified using the Montage system (Millipore) before being run on an Applied Biosystem 3730 DNA Analyzer. Sequence data were analyzed with either SeqScape (Applied Biosystem) or Sequencher software (Gene Codes, Ann Arbor, MI).

### Statistical analysis

Between-group comparisons of the demographic aspects and  $^1\text{H}$  MRS metabolite ratios were performed with Fisher exact test for sex (we do not expect any family clustering) and linear mixed models to account for within-family correlations. We used Tukey contrasts for pair-wise comparisons. Because age influences metabolite ratios, we used the data from the noncarriers to estimate the age effects on metabolite ratios and adjusted the metabolite ratios in the *MAPT* mutation carriers for age. The associations between  $^1\text{H}$  MRS metabolite ratios and time to expected age at onset and time past age at onset were tested with linear mixed models after adjustment for age. We included the interaction between time from symptom onset and group in all metabolites and then reduced to parsimonious models by removing the nonsignificant interactions and then group variables. Because we were interested in specific individual metabolite hypotheses and not a universal null hypothesis and did not want to inflate the probability of a type II error, we did not adjust for multiple comparisons in these analyses.

### Data availability

Anonymized data can be shared after a formal review of a request from any qualified investigator.

## Results

Characteristics of participants in each group are listed in the table. The *MAPT* mutation carriers and noncarriers did not differ

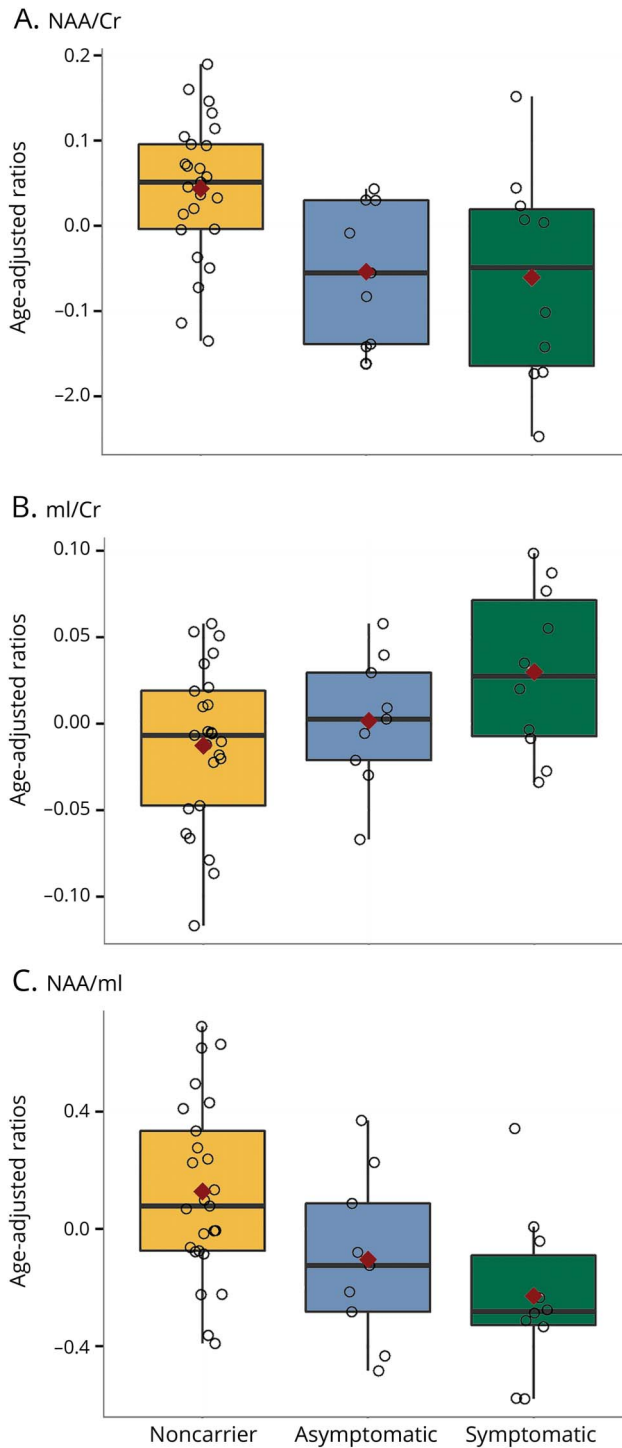
in sex and level of education. The asymptomatic *MAPT* mutation carriers (age  $36.4 \pm 10.3$  years) were significantly younger than symptomatic *MAPT* mutation carriers (age  $51.8 \pm 9.4$  years,  $p = 0.02$ ) and noncarriers (age  $48.6 \pm 13.7$  years,  $p = 0.02$ ).

Representative spectra from the 3 clinical groups are shown in figure 1. Asymptomatic *MAPT* mutation carriers had lower neuronal marker NAA/Cr ratio ( $p = 0.001$ ) and lower NAA/ml ( $p = 0.026$ ) than noncarriers, but the ml/Cr ( $p = 0.76$ ) ratios were not different from noncarriers after adjustment for age. Symptomatic *MAPT* mutation carriers had significantly lower NAA/Cr ( $p = 0.01$ ) and NAA/ml ( $p = 0.01$ ) ratios and a higher ml/Cr ( $p = 0.02$ ) ratio compared to noncarriers after adjustment for age. No  $^1\text{H}$  MRS metabolite differences were identified between the symptomatic and asymptomatic *MAPT* mutation carriers (figure 2).

Median age at symptom onset in the 5 families ranged from 43 to 50 years. One asymptomatic *MAPT* mutation carrier was past the median age at symptom onset in that family by 4 years. Symptomatic *MAPT* mutation carriers were experiencing symptoms for up to 33 years. One patient was diagnosed as having MCI at the time of  $^1\text{H}$  MRS examination. Linear mixed-effect models found no significant interactions after accounting for family membership of each of the *MAPT* mutation carriers. One of the symptomatic *MAPT* mutation carriers had disease duration of 33 years. Because this symptomatic participant was an outlier with long disease duration, we repeated the full analysis by removing this outlier, and the results did not qualitatively change. We fitted parsimonious models with only time from symptom onset as a predictor and found that this was significant for NAA/Cr, ml/Cr, and NAA/ml. The NAA/Cr ( $R^2 = 0.21$ ,  $p = 0.006$ ) and NAA/ml ( $R^2 = 0.35$ ,  $p < 0.001$ ) ratios decreased, accompanied by an increase in ml/Cr ( $R^2 = 0.40$ ,  $p = 0.001$ ), as the ages of *MAPT* mutation carriers approached and passed the estimated or



**Figure 2** Box plots of Frontal  $^1\text{H}$  MRS metabolite ratios in *MAPT* mutation carriers and noncarriers



Box plots show the median proton magnetic resonance spectroscopy ( $^1\text{H}$  MRS) metabolite ratios (interquartile range adjusted for age) from the medial frontal lobe voxel in asymptomatic and symptomatic microtubule-associated protein tau (*MAPT*) mutation carriers and noncarriers. Red marks indicate the mean value adjusted for age for (A) N-acetylaspartate (NAA)/creatinine (Cr), (B) myo-inositol (mI)/Cr, and (C) NAA/ml.

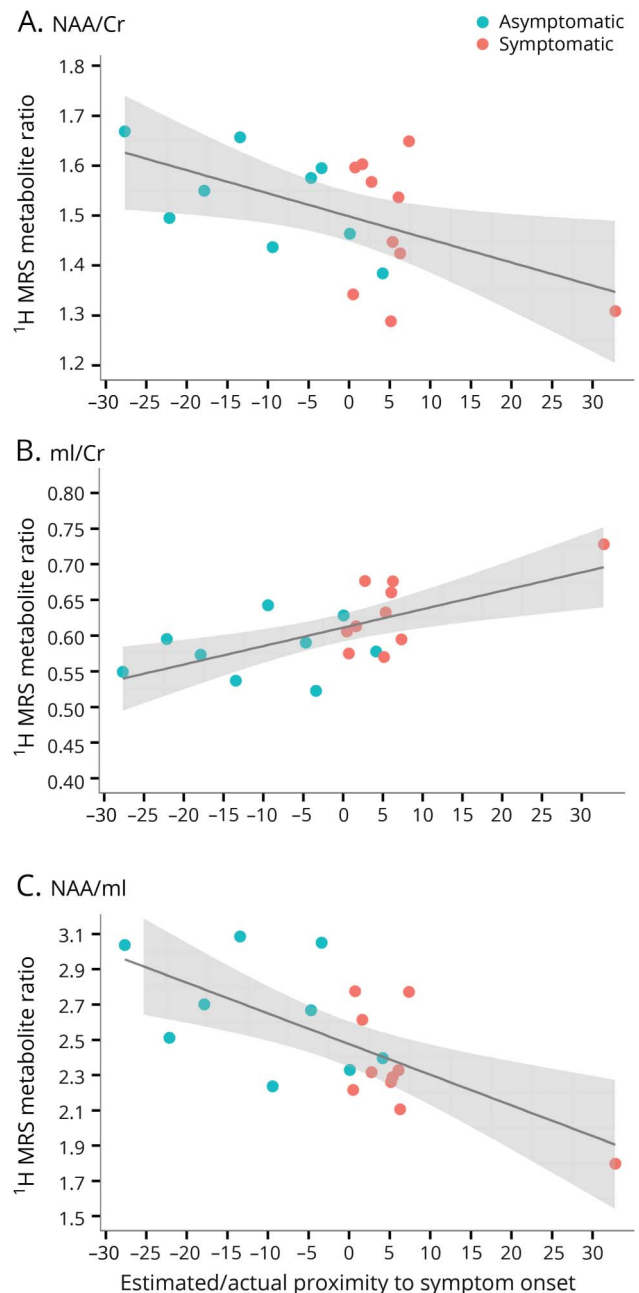
actual age at symptom onset (figure 3). There were no differences between the slopes of asymptomatic and symptomatic *MAPT* mutation carriers ( $p = 0.75$  for NAA/Cr,  $p = 0.93$  for mI/Cr,  $p =$

0.99 for NAA/ml) after adjustment for time from symptom onset.

## Discussion

In this study, we report the medial frontal lobe  $^1\text{H}$  MRS abnormalities in the asymptomatic and symptomatic carriers

**Figure 3** Plots of frontal lobe  $^1\text{H}$  MRS metabolite ratios and estimated or actual proximity to symptom onset



In the horizontal axis, 0 indicates the estimated age at symptom onset for asymptomatic microtubule-associated protein tau (*MAPT*) mutation carriers based on the median age at symptom onset in symptomatic *MAPT* mutation carriers from the same family; 0 indicates the age at actual symptom onset in symptomatic *MAPT* mutation carriers. (A) N-acetylaspartate (NAA)/creatinine (Cr), (B) myo-inositol (mI)/Cr, and (C) NAA/ml.

of *MAPT* mutations. We found decreased NAA/Cr and NAA/mI ratios in the asymptomatic *MAPT* mutation carriers, while symptomatic *MAPT* mutation carriers were characterized by decreased NAA/Cr and NAA/mI and increased mI/Cr ratios. Furthermore, the severity of <sup>1</sup>H MRS metabolite alterations in *MAPT* mutation carriers was associated with proximity to the estimated or actual age at symptom onset. Medial frontal lobe metabolite alterations in asymptomatic carriers of the causative gene *MAPT* suggest that early neurodegenerative processes associated with tau pathology precede symptom onset.

Anatomically, frontal and temporal lobes are the most severely affected brain regions in *MAPT* mutation carriers even in the asymptomatic stage.<sup>8,24</sup> Frontal lobes have faster rates of atrophy than the temporal lobes in FTLD patients with *MAPT* mutations,<sup>17</sup> which neuroanatomically correspond to a behavioral clinical syndrome in the majority of the cases with familial FTLD. We found that NAA/Cr levels from the frontal lobe were decreased in both asymptomatic and symptomatic *MAPT* mutation carriers and continued to decline as the participants approached the estimated age at onset and after the actual age at onset. This finding is consistent with previous reports in presymptomatic carriers of the amyloid precursor protein or presenilin 1,<sup>25</sup> in healthy children with *APOE* ε4 and high air pollution exposures,<sup>26</sup> and in the patients with FTLD<sup>12</sup> and similar neurodegenerative diseases such as AD, progressive supranuclear palsy, and dementia with Lewy bodies.<sup>27,28</sup>

NAA/Cr is considered a biomarker of neuronal integrity<sup>29</sup> and neuronal viability.<sup>30,31</sup> In an antemortem <sup>1</sup>H MRS and neuropathology correlation study, a decrease in NAA/Cr was associated with loss of synaptic integrity measured with SV2A and early phospho-tau pathology.<sup>32</sup> Furthermore, NAA/Cr ratio alteration was observed very early in an animal model of FTLD-taupathy.<sup>33</sup> Taken together with our findings, early decrease in NAA/Cr ratio in the frontal lobe and its relationship with the proximity to age at onset suggest that frontal lobe NAA/Cr can be a biomarker for early neurodegeneration due to the underlying tau pathology in *MAPT* mutation carriers.

The mI/Cr ratio was elevated in the symptomatic *MAPT* mutation carriers but not in asymptomatic *MAPT* mutation carriers in the medial frontal lobe. In a previous study, we found elevated mI/Cr in both symptomatic and asymptomatic *MAPT* mutation carriers in the posterior cingulate gyrus voxel.<sup>16</sup> Our findings in the current study imply differences in pathophysiologic processes among frontal lobe and posterior cingulate gyrus regions before symptom onset in patients with *MAPT* mutations. Although the significance of mI elevation in neurodegenerative diseases is unclear, mI is present in glial cells.<sup>34</sup> Elevated mI is thought to be associated with glial proliferation and astrocytic and microglial activation.<sup>35,36</sup> A growing body of evidence demonstrates that the mI/Cr ratio is elevated in MCI and mild AD even with normal NAA/Cr.<sup>37–40</sup> It is associated with higher β-amyloid burden in both

cognitively healthy participants<sup>41</sup> and cognitively normal individuals with preclinical AD.<sup>42</sup> Patients with FTLD tend to show more severe elevations in mI/Cr and decreases in NAA/Cr in the frontal cortex compared to patients with AD,<sup>12,43</sup> suggesting specific regional involvement in neurodegenerative diseases. However, regional differences that are prominent during early stages of a pathologic process may be lost as neurodegenerative pathology involves most of the cerebral cortex in later stages.

We found an association between the frontal lobe metabolite abnormalities and the estimated and actual proximity to age at onset, characterized by decreasing NAA/Cr and NAA/mI ratios and increasing mI/Cr ratio with the approaching estimated age at onset that continues after the age at onset. These findings suggest that the <sup>1</sup>H MRS metabolite abnormalities related to neurodegeneration occur years before symptom onset in *MAPT* mutation carriers. This association of <sup>1</sup>H MRS metabolite abnormalities with estimated and actual proximity to age at onset may be used in tracking disease progression in asymptomatic *MAPT* mutation carriers, potentially in clinical trials. However, longitudinal studies are needed to determine the rate of change of metabolite abnormalities in *MAPT* mutation carriers during both the asymptomatic and symptomatic stages.

The median age at symptom onset in symptomatic *MAPT* mutation carriers of the family was used to estimate the time to symptom onset in asymptomatic *MAPT* mutation carriers. The clinical symptoms may vary between different mutation subtypes or even within a same mutation family. In our cohort, only 1 asymptomatic *MAPT* mutation carrier has passed 4 years of estimated age at symptom onset without clinical symptoms. Moreover, 1 symptomatic *MAPT* mutation carrier diagnosed as having behavioral variant FTLD from the same family of V337M mutation has had behavioral symptoms for >30 years, while the rest of the symptomatic *MAPT* mutation carriers had a symptomatic phase of <10 years. Typically, the disease duration from onset to death in patients with FTLD is <10 years, with an average duration of 8 years.<sup>44,45</sup> The unusually delayed symptom onset and long duration were also reported in another family with FTLD with V337M mutation.<sup>46</sup> Studies are needed to fully characterize the heterogeneous clinical presentation across different mutations.

Limitations of our study include a small sample size in a single center and the unequal representation of *MAPT* families in the carrier and noncarrier groups. Although the anterior temporal lobe also is involved with significant neurodegeneration in symptomatic *MAPT* mutation carriers, we preferred to study the medial frontal lobe. The reason is that the anterior temporal lobes are proximal to the magnetic susceptibility artifacts at the skull base that affect the quality of the <sup>1</sup>H MR spectra. The basal frontal lobe is also close to the magnetic susceptibility artifacts, but we were able to acquire good-quality <sup>1</sup>H MR spectra from the medial frontal lobe voxel by placing the voxel away from the skull base. It is possible that other regions in the frontal lobe such as the base

of the medial frontal lobe and the anterior temporal lobe would show more severe abnormalities. However, this may be offset by a reduction in the quality of the  $^1\text{H}$  MRS data. In the current study, we used the vendor-provided sequence, which may limit the number of reliably quantified metabolites and absolute quantification of metabolite concentration. With the use of more advanced acquisition methods, it would be possible to quantify metabolites such as glutamine, glutathione, and scyllo-inositol.<sup>47</sup> For example, an advanced  $^1\text{H}$ -MRS protocol comprising semilocalization by adiabatic selective refocusing localization and FAST(EST)MAP shimming detected lower glutamate concentration in patients with amnesic MCI than in clinically normal controls, indicating early AD pathophysiology.<sup>48</sup> By taking a ratio of the metabolites, we eliminated the partial volume averaging of the CSF to our findings. In addition, whole-brain and multivoxel MRS could provide metabolite change in more brain regions than single-voxel MRS.<sup>27</sup> The current study demonstrates the potential clinical utility of frontal lobe  $^1\text{H}$  MRS as a biomarker of early neurodegenerative process in *MAPT* mutation carriers. In the future,  $^1\text{H}$  MRS alterations in the frontal lobes of *MAPT* mutation carriers need to be confirmed in larger studies, and longitudinal studies are needed to elucidate the sequential order of alterations in these  $^1\text{H}$  MRS metabolites during the evolution of FTL in *MAPT* mutation carriers.

### Author contributions

Q. Chen: design or conceptualization of the study, data collection, analysis and interpretation of the data, drafting the manuscript. B.F. Boeve: data collection, analysis or interpretation of the data, revising the manuscript, and study funding. N. Tosakulwong and T. Lesnick: analysis or interpretation of the data, statistical analysis, revising the manuscript. D. Brushaber and C. Dheel: analysis or interpretation of the data, revising the manuscript. J. Fields, L. Forsberg, R. Gavrilo, D. Gearhart, and D. Haley: data collection, analysis or interpretation of the data, revising the manuscript. J.L. Gunter, J. Graff-Radford, D. Jones, D. Knopman, N. Graff-Radford, and R. Kraft: analysis or interpretation of the data, revising the manuscript. M. Lapid and R. Rademakers: data collection, analysis or interpretation of the data, revising the manuscript. J. Syrjanen: analysis or interpretation of the data, revising the manuscript. Z.K. Wszolek: analysis or interpretation of the data, revising the manuscript, communicating with the research participants, and study funding. H. Rosen and A.L. Boxer: analysis or interpretation of the data, revising the manuscript. K. Kantarci: design or conceptualization of the study, data collection, analysis and interpretation of the data, drafting the manuscript, study funding.

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all the data in the study and had final responsibility for the decision to submit for publication.

### Disclosure

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