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Breast Cancer Screening Among Childhood Cancer Survivors Treated Without Chest Radiation: Clinical Benefits and Cost-Effectiveness

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Abstract

Background: Early initiation of breast cancer screening is recommended for high-risk women, including survivors of childhood cancer treated with chest radiation. Recent studies suggest that female survivors of childhood leukemia or sarcoma treated without chest radiation are also at elevated early onset breast cancer risk. However, the potential clinical benefits and cost-effectiveness of early breast cancer screening among these women are uncertain. Methods: Using data from the Childhood Cancer Survivor Study, we adapted 2 Cancer Intervention and Surveillance Modeling Network simulation models to reflect the elevated risks of breast cancer and competing mortality among leukemia and sarcoma survivors. Costs and utility weights were based on published studies and databases. Outcomes included breast cancer deaths averted, false-positive screening results, benign biopsies, and incremental cost-effectiveness ratios. Results: In the absence of screening, the lifetime risk of dying from breast cancer among survivors was 6.8% to 7.0% across models. Early initiation of annual mammography with breast magnetic resonance imaging screening between ages 25 and 40 years would avert 52.6% to 64.3% of breast cancer deaths. When costs and quality-of-life impacts were considered, screening starting at age 40 years was the only strategy with an incremental cost-effectiveness ratio below the \$100 000 per quality-adjusted life-year (QALY) gained cost-effectiveness threshold (\$27 680 to \$44 380 per QALY gained across models). Conclusions: Among survivors of childhood leukemia or sarcoma, early initiation of breast cancer screening at age 40 years may reduce breast cancer deaths by half and is cost-effective. These findings could help inform screening guidelines for survivors treated without chest radiation.

Female survivors of childhood and adolescent cancer previously treated with chest radiation are at elevated risk for early onset breast cancer (1), and guidelines recommend initiation of breast cancer screening with mammography and breast magnetic resonance imaging (MRI) starting at age 25 years (2–6). Recent data suggest that in addition, female childhood cancer survivors who did not receive chest radiation are also at high risk for developing breast cancer (7–11). Factors contributing to this increased risk include a primary diagnosis of leukemia or sarcoma, as well as exposure to specific chemotherapy agents.

Received: March 15, 2021; Revised: June 22, 2021; Accepted: July 22, 2021 © The Author(s) 2021. Published by Oxford University Press. All rights reserved. For permissions, please email: journals.permissions@oup.com For example, survivors of leukemia and sarcoma, representing the majority of nonirradiated breast cancer cases in a recent study (7), have a four- to sixfold higher risk of developing breast cancer compared with the general population. Use of anthracyclines is associated with an increased risk in a dose-dependent manner (7–11). Early initiation of screening with mammography and adjunct breast MRI could reduce breast cancer deaths in these survivors. However, the health benefits of breast cancer screening and treatment may be lower among survivors given

A

Life history without breast cancer 5-years after Death from childhood other causes. cancer including other diagnosis late effects в Life history with breast cancer 5-years after Cancer childhood diagnosed cancer Death from diagnosis Onset breast cancer С Life history with breast cancer and screening Early detection potentially at a more treatable stage Death from 5-years after Cancer Cancer Cancer other causes, childhood diagnosed diagnosed detectable cancer including other (in the absence of screening) (screen-detected) Onset at screening diagnosis late effects Lead time Effect of screening: life-years gained Sojourn time and breast cancer

Figure 1. Schematic overview of simulated life histories and effect of screening among 5-year survivors of childhood cancer. These panels depict examples of life histories ries simulated in models G-E and W for (A) survivors who do not develop breast cancer during their lifetime, (B) survivors who develop breast cancer, and (C) survivors who develop breast cancer and undergo screening. Model G-E is an event-driven, continuous time-state transition model in which the preclinical, screen-detectable phase of the tumor (sojourn time) is sampled from a distribution. Model W is a discrete-event, stochastic tumor growth simulation model, where the detectability of a tumor via screening is based on tumor size. In both models, the benefit of screening is modeled via early detection at more treatable stages. In model G-E, the stage of detection is based on distributions. In model W, the likelihood of detection is a function of a survivor's age and tumor size. G-E = Georgetown-Einstein; W = Wisconsin .

their greater burden of comorbidities and higher risk for mortality (12,13). Currently, there are no specific screening recommendations tailored for childhood cancer survivors treated without radiation (6).

Building on prior work (14), we estimated the benefits, harms, and cost-effectiveness of early initiation of breast cancer screening among childhood cancer survivors treated without chest radiation, focusing on leukemia and sarcoma survivors.

deaths averted

Table 1 . Model input parameters		
Parameter	Description	Data source
Natural history of breast cancer Incidence in the absence of screening	Age-period-cohort model calibrated to observed SEER program rates. Adjusted to reflect the elevated risk among childhood cancer survivors without a history of chest radiation using age-specific standardized incidence ratios: 6.6 (95% CI = 2.7 to 15.8) for ages 20-29 years, 4.1 (95% CI = 2.5 to 6.8) for 30-39 years, and 5.9 (95% CI = 3.8 to 9.2) for 40-49 years. As estimates for survivors ages 50 years and older were unavailable, we assumed that the elevated risk observed between ages 40 and 49 years persisted beyond	(7,25)
Stage distribution ^a	age 50 years. Stage distribution among women with clinically, interval-, and screen-detected cancer by age group (younger than 50 years, 50-64	BCSC
ER/HER2 joint distribution	years, b5 years and older). Assumed stage distribution in survivors similar to those in average-nisk women (2b). Probability of ER/HER2 status conditional on age and stage and tumor size at diagnosis. Assumed tumor characteristics in survi- vore similar to those in average-risk women (26)	BCSC
Sojourn time Mean stage dwell time/tumor progress rates	Period of time preclinical disease is detectable by screening but asymptomatic, by joint ER/HER2 status and age. Dwell time, defined as the time spent within a stage, varies by age and ER/HER2 status and by model. Assumed tumor characteris- tics in survivors similar to those in average-risk women.	(27) (19,21,28)
Breast cancer screening Sensitivity/detection rates	Sensitivity by age group for digital mammography with MRI (younger than 50 years: 0.932, 95% CI = 0.793 to 0.980; 50 years and older: 0.941, 95% CI = 0.777 to 0.987) and MRI (without mammography: younger than 50 years: 0.857, 95% CI = 0.694 to 0.941;	(29)
Specificity	50 years and older: 0.844, 95% Cl = 0.518 to 0.948). Specificity by age group for mammography with MRI (younger than 50 years: 0.787, 95% Cl = 0.706 to 0.850; 50 years and older: 0.853, 95% Cl = 0.785 to 0.902) and MRI (younger than 50 years: 0.835, 95% Cl = 0.776 to 0.881; 50 years and older: 0.885, 95% Cl = 0.835 to 0.922). Assuming 75% of false-positive screens for mammography with MRI were due to MRI, the proportion of women screened undergoing additional imaging without biopsy (6.7% vs 6.1%) or having a benign biopsy (14.4% vs 9.4%) was higher for mammography with MRI vs MRI only.	(29,30) BCSC
Breast cancer treatment Treatment use Treatment effects	Assume receipt of and adherence to the most effective available treatment specific to age, stage, and ER/HER2 status. Meta-analysis of clinical trial results. Modeled as a reduction in breast cancer-specific mortality risk or increase in proportion	(31) (32)
Survival Breast cancer survival Nonbreast cancer mortality	cureu in the absence of adjuvant treatment. Long-term breast cancer survival before adjuvant treatment by joint ER/HER2 status, age group, and stage or tumor size. Age- and cohort-specific all-cause mortality rates by year, modified to include survivor-specific late mortality risks based on fe- male CCSS participants diagnosed between 1970 and 1999 treated with chemotherapy alone.	(27) (18,33)
Costs, US 2018 dollars ^b Screening mammography Screening MRI Work-up after false-positive screen result	\$141 \$550 Imaging costs: \$157 (all ages). Biopsy costs by age for mammography: \$1040 for ages 20-49 years, \$1508 for ages 50-64 years, \$1516 for ages 65-74 years, and \$1606 for ages 75 years and older. Assumed biopsy costs for MRI were 30% higher than for	CMS CMS (34)
Work-up after true-positive screen result Breast cancer treatment	mammography. By age: \$2556 for ages 20-49 years, \$2400 for ages 50-64 years, \$2412 for ages 65-74 years, and \$2034 for ages 75 years and older. By stage during initial treatment: \$14 440 for DCIS, \$23 573 for local stage, \$40 215 for regional stage, and \$54 446 for distant stage. During the last year of life among women with cancer that was not cured and progressed , depending on stage at diagnosis: \$55 428 for DCIS, \$57 912 for local stage, \$62 741 for regional stage, and \$79 411 for distant stage.	(34) (35–37)
		(continued)

Fable 1 . (continued) Parameter	Utilities	Survivors
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Parameter	Description	Data source
Jtilities		
Survivors	Age- and sex-specific quality-of-life utilities among female survivors of childhood cancer: 0.761 for ages 18-29 years, 0.748 for ages 30-39 years, 0.735 for ages 40-49 years. For ages 50 years and older, we extrapolated the relative difference among survivors and the general population between ages 18 and 49 years (0.736 for ages 50-59 years, 0.742 for ages 60-69 years, 0.708 for ages 70-79 years, and 0.663 for ages 80 years and older).	(38)
Screening mammography	Decrement of 0.006 for 1 week	(39)
Screening MRI	Assumed MRI, including potential side effects from gadolinium, was associated with a twofold higher decrement than mammog- raphy (ie. 0.012 decrement for 1 week).	(39)
Diagnostics after positive screen	Decrement of 0.185 for 5 weeks for mammography with MRI (assuming that a greater proportion of women will require biopsies with multimodality screening compared with mammography).	(39)
Cancer treatment	By stage: decrement of 0.1 for 2 years for DCIS and local stage, 0.25 for 2 years for regional stage, and 0.4 for initial 2 years and final year of life for distant stage.	(40)
Stage based on American Joint Committee on Ca	ncer (version 6) for model G-E and Surveillance, Epidemiology, and End Results (SEER) historical staging for model W. BCSC = Breast Cancer Surveillance Cons	nsortium; CCSS =

Childhood Cancer Survivor Study; CMS = Centers for Medicaid and Medicare Services; DCIS = ductal carcinoma in situ; ER = estrogen receptor; HER2 = human epidermal growth factor 2; MRI = magnetic resonance imaging

Costs were adjusted to 2018 dollars using the medical care component of the Consumer Price Index

Methods

Overview

We used data from the Childhood Cancer Survivor Study (CCSS) to adapt 2 simulation models from the National Cancer Institute's Cancer Intervention and Surveillance Modeling Network (CISNET) to estimate long-term outcomes for various breast cancer screening strategies among childhood leukemia and sarcoma survivors. The CCSS is a multi-institutional cohort study with longitudinal follow-up of North American 5-year survivors of childhood and adolescent cancers diagnosed before 21 years of age between 1970 and 1999 (15). CISNET breast cancer models have previously informed cancer screening guidelines for average-risk women in the United States (16,17) and evaluated screening strategies for childhood cancer survivors with a history of chest radiation (14). Using CCSS data to reflect the elevated risks of breast cancer and competing mortality among leukemia and sarcoma survivors treated without chest radiation (7,18), we estimated the long-term outcomes for various screening strategies, including breast cancer deaths, quality-adjusted life-years (QALY), false-positive exams, benign biopsies, and costs using the Georgetown-Einstein (model G-E) and Wisconsin (model W) breast cancer models. The models share common inputs, such as screening test performance and competing mortality risks, but vary in their approaches to modeling unobservable aspects of disease natural history, such as tumor onset and progression (19–21). Use of 2 models provides a range of results and, thereby, allows examination of results across models and assessment of the robustness of study conclusions due to structural uncertainty and different approaches to modeling breast cancer natural history (see Figure 1).

Simulation Models

Models G-E and W are discrete-event system microsimulation models of the natural history of breast cancer among US women. Models G-E and W reproduce US temporal trends in incidence and mortality for average-risk women (22) and also demonstrate predictive validity by replicating the UK Age Trial results (23,24). Model G-E is a state-transition model that simulates the development of breast cancer without explicitly modeling tumor growth (21). For each breast cancer, a time period during which the cancer can be detected prior to clinical symptoms is assigned. Screening benefit is a function of cancer detection at younger ages and earlier stage (ie, stage-shift). Treatment benefits are modeled as a hazard reduction (ie, because of lower stage of disease from detection at younger age). Model W uses a continuous tumor growth model to simulate breast cancer natural history (19). Screening benefit is based on detection at smaller tumor sizes and earlier stages. For treatment benefit, a proportion of those women diagnosed have lifelong cure (ie, no possibility of dying from breast cancer), and the remaining women have no cure and progress according to the natural history until death. Additional details on the models are available in Supplementary Table 1 (available online) and at https://cisnet.cancer.gov/ and have been previously published (19–21).

Breast Cancer Risk

In a CCSS study of 2343 survivors of leukemia or sarcoma diagnosed between 1970 and 1986 and treated without radiation at

median age of 5 years (range = 0 to 20 years), the cumulative risk of breast cancer by age 50 years was 7.5% (95% confidence interval [CI] = 5.0% to 10.6%) (Supplementary Figure 1, available online) (7). Compared with Surveillance, Epidemiology and End Results (SEER) estimates for average-risk women, this represented an increased relative risk of 4.1 (95% CI = 2.4 to 6.9) for leukemia survivors and 5.3 (95% CI = 3.6 to 7.8) for sarcoma survivors (7). To reflect this higher risk of breast cancer, we applied age-specific standardized incidence ratios estimated among the leukemia and sarcoma survivors (relative to age- and calendar year-specific SEER rates) to adjust breast cancer incidence rates in models G-E and W (25). As described in Table 1, we assumed that breast cancer natural history was similar among survivors and averagerisk women, including stage distribution and joint distribution of estrogen receptor (ER) and human epidermal growth factor 2 (HER2) status, and breast cancer mortality rates (26).

Screening Strategies

We evaluated the following strategies: 1) no screening and 2) joint digital mammography and MRI screening starting at ages 25, 30, 35, or 40 years (and continuing to age 74 years). Because of the limited available data on screening performance specific to childhood cancer survivors, we based screening test performance estimates on a meta-analysis from 6 high-risk screening studies in BRCA1 and 2 mutation carriers (29).

Costs and Quality of Life

We based the costs associated with screening and diagnostic evaluation of a positive screen on US 2018 Medicare reimbursement rates and published estimates (see Table 1) (34). Cancer treatment costs were based on SEER-Medicare data and varied by cancer stage and treatment phase (35-37).

To reflect quality of life among survivors living with late effects from childhood cancer treatment, we used age- and sexspecific utility weights (38). We also incorporated further utility reductions for undergoing screening, having false-positive screen results, and undergoing breast cancer treatment (by stage) (39,40).

Statistical Analysis

Models G-E and W simulated a cohort of 20-year-old female survivors of childhood leukemia or sarcoma treated without chest radiation undergoing screening for breast cancer. Model outcomes included lifetime clinical benefits (reduction in breast cancer deaths, gains in life-years and QALYs), potential harms (number of screening exams, false-positive screen results, and benign biopsies), and costs. To illustrate tradeoffs, we calculated harm-benefit ratios per death averted for screening tests, falsepositive screens, and benign biopsies. We compared results with published estimates for average-risk women and used the ratios of harms to benefits observed for biennial screening from ages 50 to 74 years (17,24) as a proxy for an accepted benchmark.

We also estimated incremental cost-effectiveness ratios (ICERs), defined as the additional cost of a strategy divided by the additional clinical benefit, compared with the next least expensive strategy, and expressed as cost per QALY gained. Costs and QALYs were discounted at 3%, and analyses were conducted from a payer perspective with a lifetime horizon following established recommendations (41,42).

Table 2. Lifetime	benefits and h	arms of scre	ening strategi	es varying b	y start age am	ong female c	childhood car	icer survivoi	s of leukemi	a and sarcor	na treated wit	hout chest ra	diation	
	Breast canc per 1000 wc	cer deaths omen, No.	Reduction cancer des	in breast aths, % ^b	Life-years g 1000 wome	ained per :n, No. ^{b,c}	QALYs gai 1000 wome	ined per en, No. ^{b,d}	Screening 1000 wom	tests per len, No. ^b	False-positiv per 1000 wo	re screens men, No. ^b	Benign bio] 1000 wom	osies per en, No. ^b
Strategy ^a	Model G-E	Model W	Model G-E	Model W	Model G-E	Model W	Model G-E	Model W	Model G-E	Model W	Model G-E	Model W	Model G-E	Model W
No screening	70.1	67.6	I	I	I	I	I	I	I	I	I	I	I	I
Mammo/MRI-40	33.2	27.8	52.6	58.8	341	660	201	422	48 079	42 396	3872	3565	1239	1141
Mammo/MRI-35	31.8	25.5	54.7	62.3	396	769	228	487	57 354	51 174	4846	4502	1551	1441
Mammo/MRI-30	31.2	24.6	55.5	63.7	421	817	232	507	66 901	60 481	5851	5494	1872	1758
Mammo/MRI-25	30.9	24.1	55.9	64.3	433	840	227	509	76 641	70 084	6876	6517	2200	2085

Strategies rank ordered by increasing reduction in breast cancer deaths. G-E = Georgetown-Einstein, mammo = mammography, MRI = magnetic resonance imaging; W = Wisconsin

Quality-adjusted life-years per 1000 women for no screening was 41 609 in model G-E and 41 066 in model W ° Compared with no screening. * Life-years per 1000 women for no screening was 56 965 in model G-E and 56 185 in model W.

J. M. Yeh et al. 239 To reflect uncertainty in key model parameters on results, we conducted sensitivity analyses on the elevated breast cancer risk observed among survivors, screening performance, screening and diagnostic disutility weights, and cancer treatment costs. Plausible ranges were based on 95% confidence intervals for data used in the base case and expert opinion. For all outcomes, we report estimates as a range across models to reflect the impact of structural uncertainty on modeled outcomes.

Results

Reduction in Breast Cancer Deaths

The models project that 36.3%-43.4% (range across models) of survivors would develop breast cancer in their lifetimes and, in the absence of screening, 6.8%-7.0% would die from breast cancer (Table 2). Screening with mammography and MRI starting between ages 25 and 40 years would avert 52.6% to 64.3% of these breast cancer deaths (Table 2; Figure 2). For all strategies, estimates of breast cancer deaths averted were greater in model W compared with model G-E, reflecting differences in how screening benefits occur in the models (ie, detection of smaller vs earlier-stage tumors).

Harm-Benefit Tradeoffs

The number of screening tests, false-positive screens, and benign biopsies associated with each screening strategy is shown in Table 2. For all strategies, the number of screening tests per breast cancer death averted ranged from 1066 to 1955 per 1000 women, the number of false-positive screening results per death averted was 90 to 175 per 1000 women, and the number of benign biopsies per death averted was 29 to 56 per 1000 women across models (Supplementary Table 2, available online). For all screening strategies, the number of screening tests per death averted was more favorable in both models than accepted benchmarks (Figure 3). This was also the case for falsepositive screen results but not benign biopsies (although the estimate for screening starting at age 40 years was close to the benchmark in model W).

Cost-Effectiveness

When costs and quality-of-life impacts were considered, compared with no screening, the ICER for screening starting at age 40 years was \$27 680 per QALY gained in model W and \$44 380 per QALY gained in model G-E (Table 3). The ICER for screening starting at age 35 years vs age 40 years was \$152 890 per QALY gained in model W and \$540 150 per QALY gained in model G-E. ICERs were lower in model W compared with model G-E because of the estimated greater reductions in breast cancer deaths associated with each strategy. Moreover, those strategies that begin screening at ages 30 or 25 years were more expensive and resulted in fewer QALYs gained in both models (Figure 4; Supplementary Table 3, available online).

Sensitivity Analyses

Using the upper bounds of the 95% confidence intervals of elevated breast cancer risk in leukemia and sarcoma survivors. the lifetime risk of developing breast cancer increased to 49.1%-52.7% (data not shown). All harm-benefit ratios were more favorable than average-risk benchmarks (Supplementary Figure 2, available online), and the ICER for screening starting at age 35 years declined to \$103 930-\$162 380 per QALY gained (Table 3; Supplementary Figure 3, available online). In contrast, using the lower bounds of breast cancer risk, the lifetime risk of developing breast cancer was 25.7%-29.0%, and screening starting at age 40 years was the only strategy meeting any of the average-risk harm-benefit benchmarks (Supplementary Figure 4, available online); the ICER for this strategy was \$89 880 to \$90 510 per QALY gained across models (Table 3; Supplementary Figure 5, available online). To evaluate the uncertainty in risk at older ages, if we assumed that the elevated risk for breast cancer was 50% lower than base case estimates on reaching age 50 years, both the harm-benefit ratios for screening starting at age 40 years remained lower than average-risk benchmarks (Supplementary Figure 6, available online), and the ICERs below the \$100 000 per QALY gained threshold in both models (\$71 600 per QALY gained in model G-E and \$58 750 per QALY gained in model W) (Table 3; Supplementary Figure 7, available online).



Figure 2. Reduction in breast cancer deaths for screening strategies varying by start age among female survivors of childhood leukemia and sarcoma treated without chest radiation. Reductions in breast cancer deaths were estimated for each screening strategy, by starting age (25, 30, 35 or 40 years), compared with no screening. G-E = Georgetown-Einstein; Mammo = mammography; MRI = magnetic resonance imaging; W = Wisconsin.

🔿 Mammo/MRI-40 🔲 Mammo/MRI-35 🔷 Mammo/MRI-30 🛆 Mammo/MRI-25 🗙 Benchmark

A Screen tests per breast cancer deaths averted

Model G-E



B False-positive screenings per breast cancer deaths averted

Model G-E



C Benign biopsies per breast cancer deaths averted

Model G-E



Figure 3. Harm-benefit ratios for screening strategies varying by start age among female survivors of childhood leukemia and sarcoma treated without chest radiation. For each screening strategy, harm-benefit ratios are estimated per death averted for (A) screening tests, (B) false-positive screens, and (C) benign biopsies. Ratios are compared with benchmarks based on published estimates for average-risk women in the general population undergoing US Preventive Services Task Force screening recommendations (biennial mammography between ages 50 and 74 years) (17,24). G-E = Georgetown-Einstein; mammo = mammography; MRI = magnetic resonance imaging; W = Wisconsin.

Results were robust across assumptions on disutility associated with screening and diagnostic procedures and cancer treatment costs. As quality of life among survivors was mainly driven by declining general health (Supplementary Figure 8, available online), ICERs were largely unchanged when the disutility weights associated with screening or diagnostic procedures were 50% lower (\$40 050 per QALY gained in model G-E and \$25 570 per QALY gained in model W). Even if treatment costs for distant stage cancers were 25% higher, mammography with MRI screening starting at age 40 years remained attractive with ICERs below \$100 000 per QALY gained (\$80 660 per QALY gained in model G-E and \$48 760 per QALY gained in model W).

Discussion

In our study, we found that early initiation of annual breast cancer screening with mammography and MRI starting at age 40 could avert half of breast cancer deaths among female survivors of childhood leukemia or sarcoma without a history of chest radiation. Compared with benchmarks for average-risk women, the estimated balance between false-positive screening results and breast cancer deaths averted was acceptable for all screening starting ages. However, this was not the case for benign biopsies, where screening starting at age 40 years was the only strategy with a harm-benefit tradeoff close to the averagerisk benchmark. Further, mammography with MRI screening

	Cost per QALY gained ^b								
	Base case		Lower bound of 95% confidence intervals used in the base case		Upper bou confidence used in the	nd of 95% e intervals e base case	Base case, except for 50% reduction in elevated risk starting at age 50 years		
Strategy	Model G-E	Model W	Model G-E	Model W	Model G-E	Model W	Model G-E	Model W	
No screening	_	_	_	_	_	_	_	_	
Mammo/MRI-40	\$44 380	\$27 680	90 510	\$89 880	\$19 820	\$16 180	\$58 750	\$71 600	
Mammo/MRI-35	\$540 150	\$152 890	с	\$1 640 160	\$162 380	\$103 930	\$155 620	\$360 960	
Mammo/MRI-30	с	с	с	с	С	с	с	с	
Mammo/MRI-25	с	c	с	с	с	с	с	с	

Table 3. Cost-effectiveness of breast cancer screening among female childhood cancer survivors of leukemia and sarcoma treated without chest radiation: base case and sensitivity analyses on elevated breast cancer risk^a

^a Standardized incidence ratios used to reflect the elevated risk of breast cancer among survivors (base case and 95% confidence intervals) were based on CCSS participants compared to Surveillance, Epidemiology, and End Results estimates (7). G-E = Georgetown-Einstein; LY = life-year; mammo = mammography; MRI = magnetic resonance imaging; QALY = quality-adjusted life-year; W = Wisconsin.

^b Costs and benefits discounted 3% annually.

^c Dominated (more costly, less effective).



Figure 4. Cost-effectiveness efficiency frontier for screening strategies varying by start age among female survivors of childhood leukemia and sarcoma treated without chest radiation. Incremental discounted costs per gain in discounted QALYS compared with the baseline strategy in model G-E and model W. Strategies on the efficiency frontier (solid line) offer both higher effectiveness and lower cost than those strategies below it. Incremental cost-effectiveness ratios (ICERs), expressed as cost per QALY gained, are shown for these strategies. Both costs and benefits were discounted 3% annually. G-E = Georgetown-Einstein; mammo = mammography; MRI = magnetic resonance imaging; QALY = quality-adjusted life-year; W = Wisconsin.

starting at age 40 years was the only strategy that was costeffective given commonly cited thresholds (43).

Together, our findings suggest that based on the currently available evidence, survivors of childhood leukemia or sarcoma may benefit from early initiation of breast cancer screening with mammography and MRI starting at age 40 years. This later onset of surveillance for survivors of leukemia and sarcoma compared with that recommended for survivors treated with chest radiation is consistent with the lower breast cancer risk observed before age 40 years (2% vs 12%) among CCSS participants (Supplementary Figure 1, available online) (1,7). In a previous study conducted with the same simulations models and comparable CCSS data, we found that early initiation of breast cancer screening among survivors with a history of chest radiation starting at ages 25-30 years could also avert more than half of breast cancer deaths and would be cost-effective using the same cost-effectiveness threshold as our current study (14).

Our study is the first to our knowledge to evaluate breast cancer screening among survivors without a history of chest radiation. However, our findings should be interpreted within the context of the uncertainty in the underlying mechanism for the elevated risk observed among leukemia and sarcoma survivors. The elevated risk could be due to cancer predisposition, explaining both the primary cancer and the secondary cancer in Li-Fraumeni syndrome and other conditions. Yet the prevalence among CCSS participants of TP53 pathogenic variants, the most likely gene mutation associated with sarcoma and breast cancer, is low (0.2%; 11 out of 5105), suggesting that this cooccurrence is not explained by Li-Fraumeni syndrome for most of these individuals (44). A dose-dependent effect for anthracyclines on breast cancer risk has been shown in several studies (7–11). A recent CCSS study found that the combination of anthracyclines and radiotherapy markedly increased breast cancer risk among survivors, with the combined risk being greater than the individual effects (9). As new studies inform risk stratification and better delineate the underlying etiology of breast cancer, including the roles of anthracycline exposure, cancer predisposition syndromes, gene-chemotherapy interactions, and other factors, our models can be refined to reflect these data and provide updated estimates.

Our findings could help inform screening guidelines for survivors of leukemia or sarcoma not previously treated with radiation. Currently, guidelines by the Children's Oncology Group and the International Late Effects Guidelines Harmonization Group do not include recommendations for these survivors (2,6). Our findings suggest that screening with mammography and MRI starting at age 40 years warrants careful consideration. We note that a screening start age of 40 years for leukemia and sarcoma survivors is similar to some recommendations for average-risk women (45) and also distinctly later than recommendations for childhood cancer survivors with a history of chest radiation (who are currently recommended screening at age 25 years) (2-6). As the understanding of breast cancer risk and cancer screening recommendations continues to evolve, ensuring survivors have a summary of their cancer treatment is crucial so that clinicians can monitor and care for these women

Limitations to our study include using data on survivors diagnosed with cancer between 1970 and 1986 to adapt the simulation models and may not reflect newer therapies. Our conclusions remained consistent however when using the lower bounds of breast cancer risk at all ages and/or at only older ages where data are limited. Because many patients diagnosed with leukemia or sarcoma were also treated with anthracyclines, we could not disentangle the effects of risk due to genetic predisposition to breast cancer vs treatment-related cancers. We also assumed that breast cancer natural history among survivors was similar to average-risk women as data are currently lacking. Because of the large number of model inputs and the computing resources needed, we were unable to conduct probabilistic sensitivity analyses to capture all parameter uncertainty simultaneously. However, despite differences in model structures and assumptions about breast cancer natural history, our findings were consistent across models. Further, in sensitivity analyses, we consistently found ICERs for screening starting at age 40 years were below the \$100 000 per QALY gained threshold (and above this threshold for all other strategies evaluated) across models, which provides some additional assurance of the robustness of our conclusions.

In summary, our findings suggest that early initiation of annual breast cancer screening with mammography and MRI starting at age 40 years may reduce half of breast cancer deaths among survivors of childhood leukemia and sarcoma without a history of radiation and would be cost-effective. These findings could help inform screening guidelines for these high-risk survivors. At this time, our findings are most relevant to women with a sporadic (nonfamilial) primary leukemia or sarcoma and can aid efforts to improve secondary breast cancer prevention among survivors of childhood cancer.

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Data Availability

Additional details about the CISNET simulations models is available at https://cisnet.cancer.gov/breast/profiles.html and in references (19) and (21). Output data from the models is available from the corresponding author.

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