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Anti-arrhythmic strategies for atrial fibrillation:

The role of computational modeling in discovery, development, and optimization

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Abstract

Atrial fibrillation (AF), the most common cardiac arrhythmia, is associated with increased risk of cerebrovascular stroke, and with several other pathologies, including heart failure. Current therapies for AF are targeted at reducing risk of stroke (anticoagulation) and tachycardia-induced cardiomyopathy (rate or rhythm control). Rate control, typically achieved by atrioventricular nodal blocking drugs, is often insufficient to alleviate symptoms. Rhythm control approaches include antiarrhythmic drugs, electrical cardioversion, and ablation strategies. Here, we offer several examples of how computational modeling can provide a quantitative framework for integrating multi scale data to: (a) gain insight into multi-scale mechanisms of AF; (b) identify and test pharmacological and electrical therapy and interventions; and (c) support clinical decisions. We review how modeling approaches have evolved and contributed to the research pipeline and preclinical development and discuss future directions and challenges in the field.

Keywords

Antiarrhythmic drugs; atrial selectivity; ablation; cardioversion; systems pharmacology; simulation

1. Introduction

Atrial fibrillation (AF) is the most prevalent cardiac arrhythmia, occurring in 1-2% of the general population - projected to increase to 4% by 2050 (Andrade et al. 2014). Because age is the most powerful predictor of AF risk, the impact of AF is furthermore estimated to increase dramatically in coming decades, as Westernized populations continue to age. AF markedly increases risk for cerebrovascular stroke and thrombo-embolic events, impairs quality of life and exercise capacity, and often coexists with other pathologies, such as heart

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Conflict of Interest Statement

The authors declare that there are no conflicts of interest.

failure (**HF**) and left ventricular dysfunction, causing increased morbidity and mortality. AF has significant economic impact: at least 1% of the healthcare budget of the United States and European countries is currently spent on AF management: annual related costs are estimated at \$6.65 billion in 2001 and €3.5 billion respectively (Coyne et al. 2006; Fuster et al. 2006). These are largely attributed to hospitalization and acute care, whereas outpatient treatment and pharmacotherapy account for about one-third of the economic burden (Coyne et al. 2006).

In the majority of patients, there appears to be an inexorable progression from sporadic paroxysmal AF (**pAF**) to persistent or chronic (**cAF**) forms, associated with arrhythmia-induced changes of atrial electrophysiological properties, mechanical function, and atrial ultrastructure that may perpetuate the arrhythmia. For AF to be initiated and maintained, both triggers for its onset and a substrate for its maintenance are required. We refer the readers to recent thorough reviews for detailed descriptions of the mechanisms underlying AF (Guillem et al. 2016; Heijman et al. 2014; Wakili et al. 2011). These involve both increased ectopic firing of atrial cells and impulse reentry through atrial tissue (Fig. 1). At the cellular level, focal ectopic/triggered activity is likely caused by early and delayed afterdepolarizations (**EADs** and **DADs**) or enhanced automaticity. At the tissue level, afterdepolarization-prone regions have to overcome the surrounding stable tissue to produce ectopic activity. Focal ectopic activity can maintain AF as a driver or act on vulnerable reentrant substrates. Reentry is promoted by shorter action potential (**AP**) duration (**APD**) and effective refractory period (**ERP**), and APD alternans. At the tissue level, it is favored by slow conduction velocity (**CV**) and heterogeneous conduction, spatially heterogeneous APD, and abbreviated refractoriness. Fibrotic regions may additionally serve as architectural anchors, which stabilize AF reentry rotors. Virtually all of these mechanisms are modulated by the autonomic nervous system, which has a profound influence on the occurrence of AF (Bettoni & Zimmermann 2002; Dimmer et al. 1998). Indeed, simultaneous sympathovagal discharges commonly precede arrhythmias, and both sympathetic and vagal activation have been shown capable of producing proarrhythmic atrial myocyte APD changes and predispose to Ca-dependent triggered activity (Fig. 1).

Current therapies for AF are targeted at treating the faulty heartbeat and reducing risk of tachycardia-induced cardiomyopathy (rate or rhythm control) and/or stroke (anticoagulation). Rhythm control is the preferred treatment approach for the majority of patients with pAF or cAF (Ball et al. 2013; Camm et al. 2012; January et al. 2014). Rate control, typically achieved by atrioventricular nodal blocking drugs, such as β -blockers, L-type calcium channel blockers, or digoxin, is often insufficient to alleviate symptoms. Rhythm control is attempted with antiarrhythmic drugs, electrical cardioversion, and ablation strategies. Drug treatment of AF is limited by low efficacy and the side effects of currently available antiarrhythmic agents, which often increase the propensity to life-threatening ventricular arrhythmias. Section 2 documents the ongoing search for new agents against AF with a more favorable benefit-to-harm relation, which has led to the development of atrial-selective antiarrhythmic drugs. In Sections 3, we focus on non-pharmacological interventions to limit AF, e.g., ablation techniques, which have been substantially developed in the past decade and proven successful to reduce the symptomatic burden associated with

the arrhythmia. Throughout the article, we discuss how atrial modeling and simulation have enhanced our mechanistic understanding of AF, and contributed to the development of therapeutic strategies.

Many commonly used human atrial myocyte models (Courtemanche et al. 1998; Grandi et al. 2011; Koivumaki et al. 2011; Maleckar et al. 2009; Nygren et al. 1998), their main properties and their evolution, have been recently reviewed and compared elsewhere (Heijman et al. 2016b). These models show important differences in AP morphology and rate dependence, which affect reentrant behaviors in multicellular simulations (Cherry et al. 2008; Wilhelms et al. 2012). Notably, a recent study adopting population-based simulations to study inter-subject variability has shown remarkable similarities in the mechanisms identified using three widely used different human atrial AP models (Sanchez et al. 2014), and also provided a new approach to analyzing differences among various models and identifying which model might be best suited for certain questions.

More recent models, such as the Grandi and Koivumaki models, have focused more in depth on the simulation of atrial Ca handling, and emphasized the importance of Ca and Na homeostasis for atrial electrophysiological properties (Grandi et al. 2011; Koivumaki et al. 2011). The Koivumäki model also provided a spatial representation of Ca handling, with centripetal Ca diffusion between transverse cytosolic and SR compartments (Koivumaki et al. 2011). Heijman and colleagues recently developed the first human atrial cardiomyocyte model with both transverse and longitudinal Ca compartmentation (Voigt et al. 2014), coupled with the Grandi et al. electrophysiological model (Grandi et al. 2011). The latter allows simulating the consequences of sympathetic and vagal (as in the Maleckar model (Maleckar et al. 2009; Maleckar et al. 2008)) stimulation, and has been further updated with incorporation of Na-dependent regulation of I_{K1} and $I_{K,ACH}$ (Voigt et al. 2013), two-pore K current and its regulation in AF (Schmidt et al. 2015), and a Markov-type Na channel model accounting for non-equilibrium gating (Morotti et al. 2015).

When applied in concert with major new drug developments such as novel antithrombotic agents, the emerging safer antiarrhythmic drugs and therapeutic strategies, aided by computational modeling approaches as outlined below, should help to improve outcomes in AF patients.

2. Ionic anti-AF targets

2.1 K channels

A large variety of K channels are expressed in atria (Fig. 2) (Nerbonne 2000). These include the voltage-gated K channels, i.e., the slow, rapid, and ultrarapid delayed rectifier (I_{Ks} , I_{Kr} and I_{Kur}) and the transient-outward (I_{to}); the inward-rectifier K currents, including the basal I_{K1} , the acetylcholine-dependent ($I_{K,ACH}$), and the ATP-sensitive K current (I_{KATP}); the small-conductance Ca-activated K (SK) current ($I_{K,Ca}$), and the hyperpolarization-activated cyclic nucleotide-gated current ('funny' current; I_f). Similarly, several members of the large family of two-pore-domain K (K_{2p}) channels, including TREK1 ($K_{2p2.1}$) and TASK1 ($K_{2p3.1}$) are expressed in the heart and contribute to the background K currents.

Targeting selectively atrial myocytes to reduce off-target side effects is a major goal in AF therapeutics (Fig. 2). To maximize efficacy and minimize proarrhythmic risk, an AF-selective drug should exert potent effects on fibrillating atria without significantly impacting ventricular tissue during normal heart rates. A potential strategy to achieve this is targeting channels that are predominantly expressed in atria vs. ventricles, such as those carrying I_{Kur} , $I_{K,ACh}$, I_{K2P} , and $I_{K,Ca}$. Inhibition of these channels may selectively affect atrial electrophysiology, while causing little or no effect in the ventricles.

I_{Kur} — I_{Kur} (and its alpha subunit Kv1.5) is detected in atrial myocytes (and in ventricular myocytes in certain species), it activates more rapidly than I_{Ks} and I_{Kr} , and inactivates slowly (in seconds). Human cAF has been associated with strong reduction of I_{Kur} density (Brandt et al. 2000; Caballero et al. 2010; Christ et al. 2008; Dobrev & Ravens 2003; Van Wagoner et al. 1997), paralleled by diminished expression of Kv1.5 (Brundel et al. 2001a; Brundel et al. 2001b; Van Wagoner et al. 1997). However, others have reported no changes in I_{Kur} density (Bosch et al. 1999; Grammer et al. 2000; Workman et al. 2001). Inconsistent results regarding I_{Kur} function have been attributed to different strategies for identification of I_{Kur} (e.g., pharmacological or with I_{to} -inactivating prepulse), and to a fraction of I_{Kur} that is not accounted for by Kv1.5 (Christ et al. 2008). The reduction in I_{to} and I_{Kur} explains the slight prolongation in earlier phases of the AP of cAF patients (Grandi et al. 2011; Van Wagoner & Nerbonne 2000).

Experimental evidence suggests that block of I_{Kur} enhances force of contraction of isolated human atrial trabeculae both in patients in normal sinus rhythm (nSR) and AF (Schotten et al. 2007; Shibata et al. 1989; Wettwer et al. 2004). Our human atrial myocytes model predicted that block of I_{Kur} results in prolongation and elevation of the AP plateau, which augments the Ca transient amplitude that would elicit a positive inotropic effect (Grandi et al. 2011). Taken together, these studies suggest that I_{Kur} might be a useful atrial-specific target to potentially counteract hypocontractility associated with cAF. A slight AP prolongation associated to I_{Kur} blockade may also be beneficial, although our modeling results also predicted that I_{Kur} block may result in proarrhythmic EADs during simulated sympathetic stimulation (Grandi et al. 2011). Interestingly, APD and ERP were prolonged in AF but shortened in nSR preparations, depending on the overall repolarization profile and relative strengths of I_{CaL} and I_{Kr} (Wettwer et al. 2004). Indeed, our sensitivity analysis of a human atrial myocytes model reveals that APD changes negatively or positively correlate with I_{Kur} block depending on the degree of remodeling e.g., in other K currents such as $I_{K,Ca}$ (Morotti et al. 2016). Population-based approaches applied to atrial models (Sanchez et al. 2014) support I_{Kur} importance in modulating inter-subject variability in APD₅₀ and APD₂₀, with smaller importance in modulating APD₉₀. Thus the effects of changes in I_{Kur} on Ca influx and APD are potentially complex and modeling may help identifying the net impact of opposite mechanisms in various remodeling conditions. Population-based studies may be used to identify the implication of variability (e.g., the extent of remodeling) in modulating the response to pharmacological block of I_{Kur} .

While numerous Kv1.5 selective compounds have been screened, characterized, and tested in various animal models of AF, proof-of-concept of antiarrhythmic efficacy in human is still lacking (Ravens et al. 2013). The novel I_{Kur} inhibitor MK-0448 did not appreciably alter

atrial refractoriness in patients with history of AF (Pavri et al. 2012), though only relatively slow pacing rates were tested (150 bpm). Notably, the highly selective Kv1.5 inhibitor XEN-D0103 was recently shown to prolong APD and ERP preferentially at fast stimulation rates in human nSR and pAF preparations (Ford et al. 2016). The authors concluded that this frequency-dependence could be useful, as APD prolongation leading to failure of excitation response at high stimulation rates is expected to reduce AF burden. A computational study of the frequency-dependent effects of various I_{K_r} blockers on the human atrial APD had indeed suggested that the voltage- and time-dependent nature of I_{K_r} blockade by drugs may be critical for the drug effect on atrial AP (Tsujiama et al. 2007). However, this concept needs to be confirmed in clinical trials.

I_{K1} —The inward rectifying K current I_{K1} is increased in cAF vs. nSR human atrial myocytes (Dobrev et al. 2001). Many studies have highlighted the importance of I_{K1} in human atrial electrophysiology, pointing to I_{K1} as one of the most relevant currents in the perpetuation of reentrant mechanisms both in experiments (Filgueiras-Rama et al. 2012; Gomez et al. 2014) and simulation (Koivumaki et al. 2014; Pandit et al. 2005; Sanchez et al. 2012). Thus I_{K1} is considered a potential antiarrhythmic target, based on the effect of I_{K1} blockade: to lengthen APD and ERP and therefore reduce the dominant frequency (**DF**).

$I_{K,ACh}$ — $I_{K,ACh}$ is composed of two homologous GIRK channel subunits, GIRK1 and GIRK4 (encoded by $k_{ir}3.1$ and $k_{ir}3.4$), prominently expressed in atrial and nodal cells, and activated by muscarinic agonists such as acetylcholine. Patients with cAF exhibit agonist-independent constitutive $I_{K,ACh}$ activity that contributes to the enhanced basal inward rectifier current and may result from abnormal channel phosphorylation by protein kinase C (**PKC**) (Dobrev et al. 2005; Dobrev et al. 2001; Voigt et al. 2010). Activation of $I_{K,ACh}$ hyperpolarizes atrial resting membrane potential (**RMP**), and shortens APD and ERP (Maleckar et al. 2008; Zaza et al. 1995). Constitutively active $I_{K,ACh}$ is considered to support the maintenance of AF, together with increased I_{K1} , by stabilizing reentrant activity sustained by rotors (faster activation, less meander) (Pandit et al. 2005). In a vagally induced canine model, AF is terminated by intravenous application of the $I_{K,ACh}$ inhibitor Tertiapin-Q (Hashimoto et al. 2006), but the Ravens group reported Tertiapin-Q prolonged refractoriness in isolated cardiomyocytes, but had little effect in multicellular preparations (Ravens et al. 2013). The recently reported $I_{K,ACh}$ blocker NTC-801/BMS 914392 was suggested to exert antifibrillatory action by atrial-selective ERP prolongation (Machida et al.), but failed to meet its primary endpoint in a phase II study of AF burden in pAF patients (Podd et al. 2015). The $k_{ir}3.x$ inhibitor XEN-R0706 potently inhibits the $k_{ir}3.4/3.4$ homotetramer and prolongs APD and ERP in human atrial tissue from AF patients, suggesting a possible role for $k_{ir}3.4/3.4$ homotetramer in the remodeled atria (Milnes et al. 2014).

$I_{K,Ca}$ —SK channels are also a putative atrial-selective target for antiarrhythmic drug therapy, given their higher abundance in atrial vs. ventricular tissue, and the fact that $I_{K,Ca}$ was found not to contribute substantially to the human ventricular AP (Skibsbjerg et al. 2014). SK activation is Ca-dependent (mediated by calmodulin tethered to the channel), and can be due to either Ca entered through the L-type Ca channels, or Ca released from the

sarcoplasmic reticulum (**SR**). Recent data revealed that SK trafficking also increases in a Ca-dependent manner (Rafizadeh et al. 2014). These properties make $I_{K,Ca}$ of particular interest during fast pacing or tachyarrhythmias (e.g. AF), when Ca accumulation is likely to up-regulate the current. Both SK hyperactivity and suppression have been implicated in AF, likely from different mechanisms depending on species and heart rates. Several studies reported prolongation of ERP and/or AF termination resulting from SK channel inhibition (Diness et al. 2011; Diness et al. 2010; Skibsbye et al. 2011). In contrast, APD prolongation upon SK ablation has been shown to increase the occurrence of EADs (Li et al. 2009), and to increase APD heterogeneity leading to alternans and wave breaks in isolated canine left atrium (**LA**) (Hsueh et al. 2013).

The role of $I_{K,Ca}$ in human atrial physiology and AF is not well understood (it is found reduced in cAF patient tissue (Skibsbye et al. 2014), but data from the Dobrev group suggest otherwise (Zhou et al. 2012)). Our preliminary simulation studies (Morotti et al. 2016) suggest that $I_{K,Ca}$ is protective against triggered events (EADs, DADs, triggered activity), but contributes to a reentrant substrate (favoring ERP shortening and alternans). Defining the conditions that determine a trigger in the setting of a dynamic substrate is quite challenging. In such complex scenarios, computational approaches can be most useful to determine whether a therapeutic window for $I_{K,Ca}$ modulation exists, as the very large number of combinations of variables may be prohibitive to test in wet lab experiments.

K_{2P} channels—Recent studies show predominant atrial expression of mRNA in humans for other K channels (TWIK1 and TASK1) that function similarly to the voltage-independent inward rectifying K channels responsible for I_{K1} (Gaborit et al. 2007; Limberg et al. 2011; Schmitt et al. 2014). TWIK1 and TASK1 belong to a family of K_{2P} channel proteins that are responsible for background K currents and can be regulated by pH, oxygen, stretch, temperature, drugs, lipids, and second messengers (Gurney & Manoury 2009; Limberg et al. 2011; Schmitt et al. 2014). Inhibition of K_{2P} channels in human atria is expected to prolong atrial APD and increase the effective refractory period, which suggests the possibility of targeting these channels in atrial-selective anti-arrhythmic drugs. Indeed, some atrial-predominant K_{2P} channels (e.g., K_{2p3.1}) are upregulated in cAF, and computational modeling has shown that upregulation of I_{K2P} contributes to APD shortening in AF (Schmidt et al. 2015).

Na/K pump current—The electrogenic Na/K ATPase does not seem to be involved in AF-induced electrophysiological remodeling in patients (Workman et al. 2003). Nevertheless, modeling studies have highlighted the importance of Na/K pump current in modulating atrial (and ventricular) repolarization (Grandi et al. 2011; Koivumaki et al. 2011; Sanchez et al. 2012; Xie et al. 2015) and its importance in inter-subject variability (Sanchez et al. 2014), affecting APD, APD restitution, ERP, and reentrant DF. This is often overlooked in discussions regarding treatment, despite the fact that the Na/K ATPase has also been implicated in the effects of amiodarone, and cardiac glycosides (e.g., digoxin) are commonly used for rate control (though the inhibitory effects of cardiac glycosides on atrio-ventricular conduction are largely due to their parasympathetic effects (Gheorghide et al. 2004)).

2.2 Na channels

The cardiac Na current (I_{Na} , mainly carried by the cardiac specific alpha subunit $Nav1.5$) peaks at the onset of the AP (fast I_{Na}) and continues throughout systole, with a so-called late component (I_{NaL}), which decays gradually. Specific Na channel block has been demonstrated to effectively terminate AF both experimentally and in mathematical models by increasing rotor core size and decreasing reentry frequency while decreasing generation of secondary wavelets by wavebreak (Kneller et al. 2005). Remarkably, although the role of I_{Na} in AF remodeling is unclear (from no changes (Bosch et al. 1999; Brundel et al. 2001a) to slight decrease in cAF patients' samples (Sossalla et al. 2010b)), AF-selective Na channel blockers are emerging as a promising AF-suppressing strategy. Indeed, atrioventricular differences in membrane potential and/or ion channel gating can confer atrial selectivity to certain Na blockers, depending on the drugs' interaction with complex kinetics, conformational state specificity, and intrinsic voltage dependence. Na channel blockers with E_m - and frequency-dependent action preferentially suppress AF because of the high excitation rate and less negative atrial vs. ventricular RMP, which promote drug binding in atria (Fig. 2). Flecainide, recommended as one of the first-line treatment options for restoring and maintaining nSR in patients with AF under current treatment guidelines, exhibits very slow unbinding kinetics from the Na channels during diastole, thus prolonging post-repolarization refractoriness, decreasing excitability and slowing intracardiac conduction (though in all cardiac tissues). Vernakalant and ranolazine, which *mainly* block atrial Na channels, are clinically effective (Ravens et al. 2013). The former is in clinical use for cardioversion of AF in Europe, the latter has efficacy for AF and is being tested in prospective clinical trials. These drugs are far from pure Na channel blockers, in that they have multi-target effects, and are discussed in the "polytherapy" section below.

Computational models have proven useful in understanding and developing novel antiarrhythmic drug therapy for AF. Modeling has been used to investigate the electrophysiological effects and mechanisms of AF termination by available drugs (Comtois et al. 2008). Recently, this approach has been taken a step forward to determine the relationship between drug dynamic properties and atrial-selectivity (vs. ventricles) (Morotti et al. 2015), AF-selectivity (vs. nSR), and AF-termination effectiveness (Aguilar et al. 2015; Aguilar-Shardonofsky et al. 2012). The anti-anginal drug ranolazine selectively blocks atrial peak I_{Na} , given the negatively shifted steady-state inactivation of atrial vs. ventricular I_{Na} and the more depolarized atrial RMP (Antzelevitch & Burashnikov 2010; Burashnikov et al. 2008), and has proven successful to suppress AF in certain species (Burashnikov et al. 2014). On one hand, ranolazine prolongs atrial ERP and slows CV without affecting ventricular parameters, on the other hand it may prevent I_{Na} -mediated phase-3 EADs, as we have recently shown (Morotti et al. 2015). These examples demonstrate the potential for modeling and simulation approaches to aid development of therapeutic agents by predicting optimized pharmacodynamic properties for AF treatment (Aguilar & Nattel 2015).

Sossalla *et al.* have recently shown that I_{NaL} is significantly increased in cAF patients (Sossalla et al. 2010b), possibly due to an increase in neuronal Na channel isoforms (Nav1.1 expression is increased), or mediated by the Ca/Calmodulin dependent protein kinase II (**CaMKII**), which is increased in AF (Neef et al. 2010; Tessier et al. 1999) and known to

regulate I_{NaL} (Wagner et al. 2006), or caused by oxidative stress (Mihm et al. 2001; Wagner et al. 2011). Independent of the mechanism, our simulations suggested that an increased I_{NaL} does not contribute significantly to repolarization duration in cAF, where the overall APD was still shorter than that in normal healthy cells (Grandi et al. 2011). On the other hand, an increase in I_{NaL} could potentially cause cellular Na and Ca overload and lead to contractile dysfunction and electrical instability (via reverse-mode NCX) (Bers 2001). A modeling and simulation framework would provide a useful tool to test this hypothesis quantitatively.

2.3 Na and K channel “polytherapy”

Amiodarone and dofetilide are the only available drugs in the United States for treatment of AF in the setting of HF, but they often have cardiac (dofetilide: long QT and torsades de pointes) and extra-cardiac (amiodarone: toxicity) adverse effects. While being categorized as a “Class III” antiarrhythmic drug because it primarily blocks voltage-gated K channels, amiodarone exerts actions typical of all antiarrhythmic classes (on β -adrenergic receptors as well as on Na and Ca channels) and reduces arrhythmia triggers through normalization of restitution and Na and Ca homeostasis. Thus there is growing interest in multi-ion channel blockade or “polytherapy”, which allows lower drug doses and thus less adverse/non-specific effects. Vernakalant is another complex electrophysiological agent, which shows broad K channel inhibition and rate-dependent Na channel inhibition. Vernakalant has shown efficacy in nSR conversion and maintenance in phase I-III clinical trials, and is in clinical use for cardioversion of AF in Europe. Ranolazine reduces peak I_{Na} in nSR but not in cAF patients, where it blocks late I_{Na} more strongly (Poulet et al. 2015; Sossalla et al. 2010a), and also blocks I_{Kr} . Promising results from the phase II clinical trial RAFFAELLO (NCT01534962) showed that 500- and 750-mg ranolazine reduced AF recurrences (De Ferrari et al. 2015). Recently, the Antzelevitch group has reported greater antiarrhythmic efficacy of the combination of ranolazine (Class I effect) and amiodarone or dronedarone (Class III effect) compared with either drug alone (Burashnikov et al. 2010; Sicouri et al. 2010). This effect was confirmed by the recently reported HARMONY study (Reiffel et al. 2015), which showed synergistic AF burden reduction by moderate dose of ranolazine plus reduced dose of dronedarone.

Using (atrial and ventricular) cardiac electrophysiological models, Dr. Nattel's group has made significant headway in the direction of defining pharmacodynamic properties that, on one hand, maximize therapeutic effects on the fibrillating atrium and on the other hand minimize ventricular proarrhythmic actions at the much slower rate of nSR (Aguilar & Nattel 2015; Aguilar-Shardonofsky et al. 2012). Aguilar et al. recently employed a combined experimental and computational approach to demonstrate that K channel block potentiates the anti-AF properties of Na channel blockers (Aguilar et al. 2015). Their results suggested that I_{Kr} or I_{Kur} block act on prolonging the AP plateau, thus reducing I_{Na} availability in a rate-dependent manner, and on lengthening the APD, thus depolarizing the AP takeoff potential at fast rates (fewer available Na channels) and decreasing the diastolic interval, i.e., the time available for drug unbinding (Aguilar et al. 2015). These effects led to a synergistic reduction of Na-dependent parameters (peak I_{Na} , upstroke velocity, and CV) and were associated with a more rapid termination of AF, and reduced AF inducibility (Aguilar et al. 2015). However, blocking I_{Kr} (though at low doses) might not be a safe choice, especially in

patients with prolonged QT interval, due to the increased risk of torsade des pointes. As discussed earlier, the I_{Kur} role in AF is additionally controversial. We contend that $I_{K,Ca}$ could be a new atrial-selective target and aid to optimize Na channel block. Indeed, a low dose of the $I_{K,Ca}$ blocker ICAGEN in guinea pig atria has been shown to enhance the anti-arrhythmic properties of the I_{Na} inhibitors flecainide and ranolazine (Kirchhoff et al. 2015), likely by further increasing the atrioventricular differences that support atrial selectivity.

2.4 Ca channels

L-type calcium current (I_{CaL}) reduction in human cAF is well established (e.g., (Grandi et al. 2011; Voigt et al. 2012)), and has been demonstrated to play a relevant role in reentrant behavior (Samie et al. 2000), being associated with the progressive DF increase during the transition from pAF to persistent AF (Martins et al. 2014). On the other hand, I_{CaL} blockers resulted in a reduction of fibrillation complexity and a reduction in the DF (Climent et al. 2015). I_{CaL} blocking agents, such as verapamil and diltiazem, reduce the likelihood of early recurrence of AF after cardioversion by attenuating changes in atrial ERP (Daoud et al. 1997), but they do not affect AF in other settings (aside from their role as ventricular rate control agents, (Dobrev 2007)).

2.5 RyR channels

Studies in animal models of AF indicate a role for Ca-handling abnormalities leading to ectopic (triggered) activity via DADs, whose role in AF pathophysiology is somewhat controversial (see discussion in (Schotten et al. 2016)). Spontaneous Ca release events and Ca waves through leaky ryanodine receptor (**RyR**) channels have been reported in myocytes from cAF patients (Chelu et al. 2009; Neef et al. 2010; Vest et al. 2005; Voigt et al. 2012) despite unaltered SR Ca content. The synthetic agent JTV-519 (K201) suppresses spontaneous Ca release and RyR2 activity, and has been shown to reduce AF in dogs and mice (Kumagai et al. 2003a), but has documented off-target effects on the Ca channel and SR Ca pump (in the micromolar range of concentrations). The drug has completed phase II clinical trials, but no data have yet been posted.

One potential contributor to RyR hyperactivity may be oxidative stress, which is known to play a critical role in AF pathophysiology (Mihm et al. 2001) and increases RyR open probability. Neef et al. suggested that the CaMKII-dependent increase in SR Ca leak caused by RyR hyperphosphorylation in AF is a potential arrhythmogenic mechanism (Neef et al. 2010), because elimination of Ca via inward Na-Ca exchange current could lead to cell depolarization and cause DADs. Voigt et al. directly measured single RyRs isolated from cAF patients and demonstrated a higher channel open probability in cAF that responded to CaMKII inhibition (Voigt et al. 2012). Thus, while results in human samples seem to rule out a role for CaMKII in pAF (Voigt et al. 2014), CaMKII inhibition may reduce the propensity for atrial arrhythmias in cAF patients. Indeed, crosstalk and/or synergy between CaMKII signaling and Ca handling deserve further investigation and would be important extensions for future modeling studies, as done in ventricular models (Morotti et al. 2014).

2.6 Gap junction channels

AF-related remodeling involves reduction in gap junctions via decreased connexin expression and distribution (lateralization, from cell-end gap junctions to lateral margins) in both humans and animal models. Abnormal intercellular communication caused by connexin dysfunction may also be involved in AF, though this remains unclear. Small-molecule drugs enhancing gap junction conductance, such as rotigaptide, have been developed as potential treatments for AF, and lead to improvement in some models (ischemia and mitral valve disease-related AF). However, little or no change is reported in other clinically relevant models (Guerra et al. 2006; Laurent et al. 2009; Shiroshita-Takeshita et al. 2007). Gene transfer of connexin 43 suppressed AF in a rapid atrial pacing porcine model (Bikou et al. 2011). Thus, the role of connexin abnormalities in AF and the potential value of modulating connexin function to treat AF remain unclear. Data from phase II clinical data on ZP123 and phase I on GAP-134 might help to shed light into the potential clinical benefit of targeting gap junction channels.

2.7 Summary and recommendations

The table summarizes novel antiarrhythmic targets and the current status of each with regard to clinical development. Many newly designed selective blockers (e.g., I_{Kur} and $I_{K,ACh}$ blockers) have proven effective in animal models and human preparations. However, limited data are available in humans for these drugs, and their clinical benefit in nSR conversion and maintenance, or reduction of AF burden have yet to be demonstrated. Indeed, there are a number of factors still precluding translation of basic research findings to the clinic, as recently reviewed by (Heijman et al. 2016a). These challenges include the lack of animal models with spontaneous AF initiation, wherein pacing is generally used to induce AF; the slow time course of AF progression; and the limited information about the evolving pAF substrate. Limitations in human preparations include procurement issues, restricted access to tissues other than right atrial appendage, and lack of control over confounding clinical variables, including comorbidities and pharmacological therapies. Patient-specific induced pluripotent stem cell-derived cardiomyocytes (hiPSC-CMs) are a relatively novel option providing potentially unlimited supplies of human cardiomyocytes, and might become a useful resource for preclinical studies. Unfortunately, the phenotype of hiPSC-CMs remains generally immature as well as variable with source laboratory.

Computational modeling can provide an integrative framework to overcome some of the challenges. We have offered several examples of how cardiac electrophysiological models and computational pharmacology can be powerful tools to aid rational drug design and cardiac safety. We contend that mechanistic insight into AF triggers and substrates/maintenance is paramount for predicting the conditions of AF termination by antiarrhythmic drugs. This includes a multiscale understanding of how ionic, structural, and neurohormonal remodeling conspire to promote and sustain AF. Furthermore, we have shown that modeling and simulation provide a quantitative understanding of atrio-ventricular differences and a framework to understand how pharmacokinetic properties interact with a dynamically changing substrate. Many recent computational studies have highlighted the importance of accurately depicting channel interaction with drugs, including state-dependent binding, instead of relying on steady-state concentration response curves or EC_{50} values (Aguilar et

al. 2015; Aguilar-Shardonofsky et al. 2012; Lee et al. 2016; Moreno et al. 2011; Morotti et al. 2015). These aspects are crucial for safer and more effective pharmacological anti-AF options.

Molecular modeling of ion channel structures and drug components has proven useful to predict the behavior of novel compounds (Gomez et al. 2014), and can potentially be exploited for drug design. Nevertheless, several challenges need to be addressed before we can leverage information from molecular modeling of cardiac ion channels and drug interaction for developing better therapeutic interventions – the most obvious being the lack of molecular structures for most ion channels. Progress in structural modeling of ion channels and molecular dynamics simulation, including membrane simulations with realistic lipid compositions and models of protein-protein interaction, will allow prediction of drug affinities and rate constants of drug bindings to various channel conformational states, which could then be used in higher scale simulations.

Population-based computational approaches have been recently developed (Britton et al. 2013; Sarkar & Sobie 2010; Sobie 2009) and proven valuable for understanding variability in cardiotoxicity (Sarkar & Sobie 2010) as well as identifying drug targets with favorable anti-arrhythmic properties (Cummins et al. 2014). Similar approaches could be applied to identify drug targets with AF-selective properties. Furthermore, computation permits one to build “populations of drugs” and use parameter sensitivity analyses to define optimal theoretical channel blockers (those with safer profile and broader therapeutic window). This will help to delineate the ideal properties for AF-specific modulation of APD, ERP, and arrhythmia (e.g., for I_{Na} : optimal ratio of late vs. peak I_{Na} block, state-dependence of block, drug binding kinetics). Definition of such ideal drug characteristics might generate predictions for novel/previously unappreciated effects of known drugs, which could be mapped on the simulated population. Known drugs with certain characteristics could then be screened experimentally to see if they have expected effects on atrial electrophysiological parameters (Lee et al. 2016). Mathematical modeling and simulation thus offer promising techniques for both top-down as well as bottom-up approaches to new drugs for AF rhythm control (Tveita & Lines 2016). Indeed, it is not surprising that the novel safety screening FDA proposal, Comprehensive *in vitro* Proarrhythmia Assay (CiPA), aims at moving from a predominantly traditional pharmacodynamics approach to an *in silico* and *in vitro* drug toxicity assessment, and to replace lone hERG testing with assessment of overall proarrhythmic risk, integrating electrophysiological effects of drugs on cardiac currents in heterologous expression systems in cellular computer models.

3. Non-pharmacological rhythm-control therapies

Rhythm control is currently the first line of action against AF. Rhythm control did not show improved survival over rate-control in AF patients (AFFIRM study), but long-term nSR control and anticoagulation therapy were associated with a lower risk of death (Corley et al. 2004). In most patients, at least one attempt at cardioversion (either electrical or chemical) to nSR will improve symptom status and minimize risk for lifelong AF, particularly in younger patients (January et al. 2014). For first episodes, electrical cardioversion is often the preferred strategy for rhythm control. In some patients, antiarrhythmic drugs are

administered prior to cardioversion to increase the chance of successful reversion and to prevent early, intermediate, and late recurrence (Walkey et al. 2014). However, for long-term rhythm control, strategies include antiarrhythmic drug therapies (as addressed in sections 2-3), as well as catheter ablation, which uses either radiofrequency ablation, laser, or cryotherapy. Guidelines make a strong recommendation for catheter ablation for patients with symptomatic pAF who have failed treatment with at least one antiarrhythmic drug and a weak recommendation for catheter ablation as first-line therapy (Calkins et al. 2012).

Biophysical modeling and simulation strategies have long been used to understand electrical cardioversion and have been reviewed elsewhere (Trayanova et al. 2011; Trayanova & Rantner 2014), and in more recent years used to evaluate ablative therapies (Guillem et al. 2016; Jacquemet 2016). Here, we offer an overview of how computational modeling has contributed to the research pipeline and new mechanistic insight, as well as novel and improved diagnostics and therapeutics (Fig. 3).

3.1 The research pipeline and preclinical development

Defining mechanisms for AF in humans has been challenging because fibrillation exhibits complex, chaotic activations, and electrical mapping in patients is practically constrained to lower temporal resolutions and smaller spatial fields. Computational modeling can provide a quantitative framework for integrating multi scale data and understanding complex spatio-temporal dynamics that emerge at the level of the atria.

Basic science, theoretical, and methodological contributions—Early studies using computer simulations employed simple low dimensional models to tease out complex mechanisms underlying AF origins. Ashihara and colleagues investigated mechanisms underlying the longer duration of parasympathetic *vs.* sympathetically-mediated pAF, and found that dispersion of refractoriness in vagally-stimulated AF was a critical factor in maintenance of the arrhythmia (Ashihara et al. 2002). Other early studies used very simple geometries and rough anatomical approximations to demonstrate how coupling heterogeneities could result in AF-like behavior as opposed to stable atrial flutter, and confirmed an indicated role for drivers in AF (Ellis et al. 2000). Harrild and Henriquez used the finite-volume method to develop the first model of 3D conduction in a realistic atrial geometry (Harrild & Henriquez 2000). Other work employed simulation to test novel techniques for automatic identification of phase singularities incorporating mathematical convolution and image analysis. Notably, these simulations suggested that the established understanding that tissue size was a primary determinant of AF may have been overstated, as they employed an atrial grid size over an 11.1-fold range (Zou et al. 2002). Models have additionally been used to examine the concept of critical cardiac wavelength in the initiation and maintenance of AF, and concluded that a priori information about underlying wavelet dynamics is needed for a correct interpretation of the cardiac wavelength as used in clinical practice (Jacquemet et al. 2005). More recently, simpler computational models neglecting the influence of ionic dynamics have also been used to simulate AF. The essentially two-dimensional approach for thin-walled geometries of Herlin and Jacquemet employs the Eikonal-diffusion equation rather than a full reaction-diffusion system incorporating detailed cell-level electrophysiology. Their results demonstrate that these simpler models could

indeed be used to realize similar dynamics as more complex ones, including variance of the level of complexity (i.e. the number of phase singularities) with substantial speedup (Herlin & Jacquemet 2011).

Computational tools have been developed to facilitate the design of *in silico* AF experiments. Patient-specific biophysical models of the human atria have been constructed from medical imaging of AF patients, often based on diffusion tensor magnetic resonance imaging (MRI) reconstructions of tissue geometry, including fiber orientation and detailed structure for the sino-atrial node. These are often combined with heterogeneous AP models, and used to simulate atrial electrophysiology in nSR as well as arrhythmia. Simulations recapitulate diverse forms of AF dynamics: stable rotors, wavelets broken by repolarization heterogeneities, and multiple unstable meandering wavelets. The use of multiple simulated substrates in concert with different initial conditions could prove a useful testing ground for the clinical utility of potential interventions, in order to identify substrate-specific optimal therapies for AF (Aslanidi et al. 2011; Colman et al. 2013; Krueger et al. 2014; Matene & Jacquemet 2012; McDowell et al. 2012; Schotten et al. 2012; Zhao et al. 2013). The 3D atria can also be incorporated into a torso model to simulate body-surface electrocardiogram (ECG) patterns: virtual atria models such as this can be used as a platform to provide in-depth insights into AF mechanisms beyond current technical capabilities of experiments or the clinic (Aslanidi et al. 2011).

Translational medicine – mechanistic insight—While the most significant mechanistic insights made by atrial simulation have been reviewed elsewhere (Trayanova 2014), the below will review newer work which has moved definitively into employing multiple modalities at the intersection of medicine, biology, and engineering to offer detailed mechanistic insight into AF origins.

Investigating the roles of structural and electrical heterogeneity and AF-associated remodeling: AF is underpinned by and potentiates both electrical and fibrotic remodeling (see section 4.2), further complicating the complex anatomical and electrical substrate of the human atria. Several groups have developed biophysically detailed image-based models of human AF including regional fibrosis to examine the role of structural and electrical heterogeneity in AF. These studies have found that including fibrosis reproduces activation as seen in patient data more precisely, and that fibrosis-associated conduction slowing (via gap junction remodeling) is necessary for reentry (Krueger et al. 2014; McDowell et al. 2012). Haissaguerre and colleagues furthermore recently showed that AF in persistent AF patients is driven by meandering, transitory reentries attached to fibrosis borders, which may be driven via a percolation mechanism (Haissaguerre et al. 2016).

Specific effects of AF-induced structural dissociation between the epicardial layer and the endocardial bundle network have additionally been investigated via a dual-layer computer model. Fibrosis-induced dissociation leads to more complex patterns of AF: as epi-endocardial dissociation allows fibrillation waves to propagate between epicardium and endocardium, and become visible as ‘breakthrough waves’ that increase AF complexity. Models support that this behavior can also increase AF stability (Gharaviri et al. 2012; Gharaviri et al. 2016; Verheule et al. 2014).

Computations have also elucidated the effects of electrophysiological heterogeneity and AF remodeling. (Aslanidi et al. 2009) found that shorter effective refractory periods in the LA translated into a shorter period of spiral rotation, such that reentry in the LA drove the overall excitation patterns in both atria. More complexly heterogeneous electrophysiological modeling in 2- and pseudo 3D models showed that I_{K1} heterogeneity was dominant compared to other currents in determining rotor drift direction in pAF, through its impact on the gradient of excitability (Calvo et al. 2014). Results from biophysically detailed human AF models have shown that tissue electrophysiological heterogeneity caused breakdown of normal wavefronts at rapid rates (Aslanidi et al. 2011). Electrical remodeling both stabilized and accelerated re-entrant excitation waves in a cAF model; results indicated that electrical remodeling produced regionally heterogeneous and shortened APD; these respectively facilitated initiation and maintenance of re-entrant waves (Colman et al. 2013). The role of non-myocyte cell types in creating a heterogeneous electrical substrate in AF was investigated by (McDowell et al. 2013), who showed that myofibroblast proliferation and subsequent local electrophysiological changes were the sufficient condition for formation of reentrant circuits following ectopic stimuli. While functional coupling between fibroblasts and cardiac myocytes has been demonstrated in animal models and cell cultures (Camelliti et al. 2004), it has yet to be shown in human tissue, and its physiological relevance has yet to be demonstrated in patients.

Remodeling of both structure and electrophysiology in the setting of AF has been the focus of a number of studies. Investigation into the mechanisms of pulmonary vein (PV) arrhythmogenicity via computational modeling offers a convenient illustration. One study concluded that PV reentrant activity depended critically on vein size and coupling properties; reentry occurred readily in PVs with realistic properties in the context of specific connection heterogeneities and could certainly contribute significantly to PV arrhythmogenesis (Cherry et al. 2007). Others have used multiscale 3D modeling to investigate the role of the PVs as a substrate for AF, resulting in novel insight. The authors created a detailed model of the cellular electrophysiology of the LA and PVs with tissue geometry and fiber orientation via high-resolution μ CT data. The combination of electrical heterogeneity and conduction anisotropy between the PVs and LA tissues led to the generation of a high-frequency re-entrant source near the PV sleeves (Aslanidi et al. 2013). Progress in this vein has also employed novel techniques designed to speed-up computation times to enable clinically relevant time course for obtaining results. For instance, a rule-based approach was used to simulate AF initiation via PV activity. The model's purpose was to provide a platform wherein realistic anatomical structures, heterogeneous electrophysiology, and arrhythmogenic activity can be evaluated, and the authors suggested that such models could potentially be used in therapy planning in the future (Reumann et al. 2006).

Uncovering mechanisms underlying AF organization and termination: Biophysical modeling and simulation has permitted detailed investigation of several alternate hypotheses regarding AF organization and mechanisms of its termination. Haissaguerre et al. found that AF cycle length was inversely associated with the number of sources and that it was an important predictor of baseline duration of AF, its type, and ease of termination via catheter

ablation (Haissaguerre et al. 2007), Vidmar et al. recently used activation times recorded during human AF to compute phase synchrony between tissue regions: domains controlled by spiral waves exhibited regions of high phase synchrony. When *in silico* analysis was applied to clinical data, it was shown that pharmaceutical intervention with ibutilide organizes activation by increasing the size of the synchronized region. A distribution of synchrony found in patients is inconsistent with distributions obtained from simulations that mimic multiwavelet reentry, but is consistent with a spatially conserved spiral wave surrounded by tissue with disorganized activation (Vidmar et al. 2015). Consistent with the concept of an organized rotor driving AF, it was shown that local catheter ablation may indeed terminate AF by several mechanisms relating to local tissue properties which are increasingly detectable in patients (Rappel et al. 2015). Biophysical modeling has also been used to investigate the spontaneous termination of AF, wherein results suggested that termination mechanisms were dependent on the underlying complexity of the arrhythmia (Uldry et al. 2012).

Simulations have similarly been used to investigate the mechanisms of observed fractionated electrograms forming in the posterior LA during pAF, wherein computer simulations of rotors helped to interpret results from patient recordings. Systolic interval shortening after either drift or acceleration of a source results in intermittent fibrillatory conduction and formation of fractionated electrograms at the posterior LA wall (Atienza et al. 2011). Tobon et al. used a realistic 3D model including fiber orientations, anisotropic conductivity and electrophysiological heterogeneity to correlate both simple and fractionated electrograms to atrial tachycardic/flutter/simple ectopy and fibrillatory activity, respectively; in the latter, it was possible to correlate morphology of electrograms to complex activation dynamics in AF tissue (Tobon et al. 2013).

The mechanisms promoting AF are varied and complex; computation continues to be an avenue to mechanistic insight when clinical data is difficult or impossible to obtain. To illustrate, parasympathetic and sympathetic nerve activity has been known to play a crucial role in AF. Recent studies have aimed to shed light into the role of local vagal stimulation and AF promotion. Hwang et al. employed an “octopus hypothesis”-based model of the ganglionated plexus and vagal nerve to show higher AF inducibility with higher acetylcholine concentrations (Hwang et al. 2016). Similarly, newer work employing a 3D electromechanical model of the human atria has probed the effects of AF electrical remodeling on atrial mechanics, which also presents challenges for in-vitro and in-vivo studies, illustrating that AF-induced electrical remodeling impaired atrial contraction via reduced intracellular Ca transients (Adeniran et al. 2015).

3.2 Computational cardiology

Within the last 10 years, work has also moved towards employing clinical measurements and computational simulations in concert. These clinically impactful studies have often employed relatively simple computational approaches. For instance, automated classification of spiral waves based on catheter recordings for qualitative comparison of arrhythmias has large clinical utility for therapy planning. A recent phenomenological model for cardiac electrical propagation simulated spiral waves on a 2D grid, and labeled these as stable,

meandering, or breakup. The authors mimicked commonly used catheter types, star-shaped and circular, both of which record local readings from the atrial wall. Results suggest that qualitative wavefront activation patterns could be determined during AF without highly invasive mapping techniques (Alagoz et al. 2015). Notably, Rappel and Narayan theoretically and computationally addressed the minimum spatial and temporal required resolutions to determine stationary spiral waves and focal sources, and then applied these results to clinical data acquired during human AF via focal impulse and rotor mapping, which is both 2D and coarse. Their results showed theoretical and clinical evidence that the approach was able to reliably identify rotors and focal sources in human AF (Rappel & Narayan 2013).

Electrical cardioversion—Although the use of computational models to terminate fibrillation has been reviewed elsewhere (Schotten et al. 2012; Triedman et al. 2008), computations can continue to add value to clinical practice of electrical cardioversion in AF. One recent study employed an anatomically realistic computer model of human atria and torso to investigate the relationship between esophageal electric fields and atrial defibrillation thresholds, and found that starting with a clinically established electrode placement protocol and making small translational shifts in position has the potential to increase the probability of successful cardioversion on the first shock (Fitch & de Jongh Curry 2015).

Electrical mapping and frequency analysis—Modeling and simulation can also be employed to encourage incremental improvement to existing clinical practice. Catheter ablation relies absolutely on contemporary electrical mapping methods, which, in turn, are highly dependent on the accuracy of anatomic localization of rotor sources within the atria. DF is a key parameter for AF analysis from intracardiac recordings. Simulations have been used to understand and improve dominant DF analysis at high noise levels (Ciaccio et al. 2009) and to test measures of signal amplitude aimed at differentiation of the rotor core and assist in clinical rotor mapping (Ganesan et al. 2013a). Others have addressed the classical preprocessing approach for mapping signals (Botteron & Smith 1995, 1996) via both simulations and real electrogram recordings and showed that this classical approach presents some weaknesses, and were able to move towards recommendations for improvements (Castells et al. 2014). Recently, simulated atrial intracardiac electrograms were employed to test a computationally-efficient method for localization of the spiral wave core and showed that the method could efficiently localize the spiral wavefront with either chirality (Shariat et al. 2015).

Furthermore, combination of 3D atrial and torso models may provide an additional avenue to assimilate clinical observation. In a recent study on non-invasive cardiac mapping, the authors used computer simulations to find that the combination of body surface potential mapping with dominant frequency analysis enable the noninvasive localization of atrial reentries during AF and may promote a rationale for personalized diagnosis and treatment of patients with AF (Atienza et al. 2015). A recently developed 3D human atrial and torso model was also used to develop and test an algorithm to find the location of a focal stimulus from a 64-lead ECG system (Alday et al. 2015).

A number of studies have employed computational modeling to evaluate the accuracy of noninvasive estimation of DF measurements via inverse modeling of echocardiography. Clinical and computational data are combined in studies that use realistic models of the atria and torso anatomy. The inverse problem solution was able to reconstruct the frequency spectrum and the DF maps with relative errors much smaller as compared to reconstruction of the electrograms or the instantaneous phase, revealing that noninvasive reconstruction of atrial frequency maps can be achieved by solving the inverse problem of electrocardiography with a higher accuracy than temporal distribution patterns (Hocini et al. 2015; Pedron-Torrecilla et al. 2016).

Ablation modeling—A comprehensive review of simulations of catheter ablation in computer models of the atria has recently been described elsewhere (Jacquemet 2016). Jacquemet notes that detailed biophysical models can form a platform for integration of pathophysiological data, which can then be used to coalesce understanding of mechanisms and provide theoretical basis for substrate-specific ablation strategies. Here, we offer a brief overview of the most impactful studies and a take on recent work in ablative virtual electrophysiology wherein assumed substrates of AF can be incorporated into computational models, and modeling studies can be used to test ablation strategies and clinical take-aways.

Earlier work used a biophysical 3D model of the human atria to evaluate several different ablation patterns, and compared results to both Cox's MAZE III procedure as reference and clinical data. Studies were able to recapitulate findings made in vivo, demonstrating the ability of biophysical modeling as a useful tool in evaluating current clinical practice and making recommendations as to the gold standard procedures, and noting that the models could be parameterized to individual patients to yield an effective tool for future investigation of tailored ablation strategies (Dang et al. 2005) (Reumann et al. 2008; Ruchat et al. 2007).

Recent proof-of-concept virtual electrophysiology studies investigated the role of fibrosis in ablation failure using detailed patient-specific MRI-based models; as for earlier work, results showed that patient-specific distribution of fibrosis was a critical factor in AF initiation and maintenance. Modeling ablation lesions in restricted regions of persistent rotor core meander rendered the atria uninducible (McDowell et al. 2015). In a prediction of optimal ablation targets using a novel approach based on flow network theory, *in silico* ablation was applied to a 'minimum cut' – the smallest amount of tissue separating the flow. Resultant lesions were similar in length and location to clinical ablation lesions for these patients (Zahid et al. 2016). These studies demonstrate that a patient-specific modeling approach to non-invasively identify AF ablation targets prior to the clinical procedure may present a powerful tool for optimizing ablation procedures.

3.3 Summary and recommendations

We have offered several examples wherein modeling and simulation have served as useful tools to both contribute fundamental understanding of AF as well as more detailed mechanistic insight via biophysically-accurate modeling frameworks. Biophysical-based computational modeling may offer mechanistic insight when experimental or clinical data

are difficult or impossible to obtain. Mathematical models have proven their value for basic cardiac research, not just confirming experimental findings, but refining our understanding of biological systems and facilitating new mechanistic predictions, which have been subsequently tested by further experimentation. We have provided several examples of these. Now, computational models are poised to deliver breakthroughs at the bedside. One case in point is the use of clinically-derived computer models to optimize catheter ablation. In a recent retrospective study, Hwang et al. validated the outcomes of a series of patient-specific computer models with subsequent clinical ablations, demonstrating the usefulness of computer models in clinical practice for planning personalized pre-intervention strategies (Hwang et al. 2014). A prospective clinical trial is currently recruiting participants (NCT02171364) to compare virtual ablation based on 3D CT images of AF patients with conventional ablation procedure in the clinical setting.

Thus detailed biophysical models may form a platform for integration of pathophysiological data which can both used to coalesce mechanistic insight and provide the basis for substrate- and patient-specific ablation strategies. Nevertheless, it is important to remark that lack of sufficient clinical data to inform personalized models (including, e.g., fiber orientation, fibrosis, limited spatial and temporal resolution of available data, etc.) is a clear hurdle to model validation and clinical inroads. In addition, there are noted discrepancies between the stable AF often represented in models and the observed variability in clinical recordings from patients. Future lines of improvement of extant organ-level mathematical models may address standard inclusion of natural variability in cell electrophysiology (i.e. a population of models approach), inclusion of patient-specific electrophysiology via inverse modeling of the ECG, consistent representation of fibrosis from validated image-based methodologies, and representation of atrial innervation; work in these directions has already begun. Furthermore, as detailed and 3D patient-specific biophysical models of AF employed in translational and clinical medicine to date may be limited by time-consuming image-processing and high computational cost compared to clinical time scales, focus areas of research for the next years should continue to address model tractability via automatization, parameter reduction, and sensitivity analyses.

4. Upstream therapy approaches

Upstream therapy broadly refers to agents that target molecules that are upstream (or independent) of ion channels, and prevent or delay myocardial remodeling associated with hypertension, HF, or inflammation (e.g., post-operative). By limiting the AF substrate, these agents may oppose the development of new AF (primary prevention) or its recurrence or progression to permanent AF (secondary prevention). Upstream therapies may be more effective and safer than ion channel blockade, particularly for patients with structural heart disease, at increased risk of torsade de pointes with antiarrhythmic drugs.

4.1 Renin-Angiotensin-Aldosterone System (RAAS)

Angiotensin-converting enzyme inhibitors and angiotensin receptor blockers (**ARBs**) inhibit the arrhythmogenic effects of Angiotensin II, which is involved in myocardial fibrosis, inflammation, oxidative stress, electrical abnormalities, and impaired Ca handling in AF and

other cardiovascular morbidities. There is evidence of antifibrotic and antifibrillatory effects of angiotensin-converting enzyme inhibitors and ARBs in various experimental models (Goette et al. 2000a; Goette et al. 2000b; Kumagai et al. 2003b; Li et al. 1999). Retrospective studies indicate that RAAS inhibition may reduce the new onset of AF in patients with left ventricular hypertrophy or HF, but not in post-myocardial infarction patients, whereas it remains uncertain whether RAAS inhibition is effective in the secondary prevention of AF (post-cardioversion) (Healey et al. 2005; Schneider et al. 2010). The Angiotensin II-Antagonist in pAF (ANTIPAF) trial (NCT00098137) showed that the ARB olmesartan does not reduce the AF burden compared with placebo during 1-year follow-up in patients with pAF without structural heart disease (Goette et al. 2012). The progression from pAF to persistent AF in these patients was not altered by ARB therapy, suggesting that ARBs do not have an antiarrhythmic effect and/or do not affect the progression of the arrhythmic substrate *per se*. Aldosterone antagonists reduce fibrosis in animal models (Shroff et al. 2006; Zhao et al. 2010), but did not appear to prevent onset of AF in a retrospective study of human HF (Khatib et al. 2013). It remains to be investigated whether aldosterone may be more helpful in preventing the progression rather than the onset of AF. Ongoing clinical trials are designed to evaluate the efficacy of aldosterone antagonists in AF and other cardiovascular disease such as HF (Desai et al. 2011; Rossi et al. 2013).

4.2 Oxidative Stress and Inflammation

There is evidence of enhanced oxidative stress, i.e., elevated level of reactive oxygen species (ROS), in atrial samples from patients with AF (Mihm et al. 2001), and there is correlation between oxidative stress and ERP shortening in animal models (Carnes et al. 2001). Despite an expanding amount of evidence implicating oxidative stress to AF, there are surprisingly little mechanistic data linking changes in redox homeostasis to the associated cellular dysfunction, including the source of increased ROS and their direct effects on myocardial electrical targets and properties. An altered redox environment may also promote adverse structural remodeling, providing a substrate for AF sustenance. In particular, inflammation and fibrosis have been linked to changes in the redox system (Ishii et al. 2005; Rudolph et al. 2010), and atrial strain may also promote ROS release (Hoit et al. 1995). Thus, blunting pathological oxidative stress may be an effective strategy for AF therapy. Indeed, treatment with anti-oxidant/anti-inflammatory agents has been shown to reduce atrial electrical remodeling, fibrosis, and AF in animal models (Carnes et al. 2001; Shiroshita-Takeshita et al. 2004), though the clinical outcome of many of these agents is not well established. For example, antioxidant vitamins have not been shown to exert a marked antiarrhythmic effect in clinical trials (Rasoli et al. 2011), and the clinical utility of n-3 polyunsaturated fatty acids in the management of AF is controversial (Christou et al. 2015). A recently concluded clinical trial (PAFRIOUSIES, pAF: Role of Inflammation, Oxidative Stress Injury and Effect of Statins, NCT00321802), designed to determine the effect of statin (3-hydroxy-3-methylglutaryl coenzyme A reductase inhibitor) therapy for prevention of AF in pacemaker and non-pacemaker patients with pAF, might confirm promising results (Fauchier et al. 2013) on the effect of statins on clinical outcome in AF.

ROS and CaMKII inhibitors—A recent review suggested future antioxidant drug design would benefit from focusing more on specific antioxidants that either target the sources of

ROS/reactive nitrogen species production directly (e.g. nitric oxide synthase re-couplers, or inhibitors of xanthine oxidoreductase), or enhance the expression of endogenous antioxidant defenses (Simon et al. 2016). There may also be therapeutic potential for agents that act as a concentrated ROS scavenger in a very specific location (e.g., mitochondrial ROS scavengers), or which pharmacologically modify downstream effectors of oxidant signaling (e.g., CaMKII inhibitors).

Oxidation of CaMKII is increased in AF patients (Purohit et al. 2013). CaMKII expression and activity are increased in animal models of AF (Greiser et al. 2009; Wakili et al. 2010) as well as in cAF patients (Neef et al. 2010; Tessier et al. 1999; Voigt et al. 2012). While high atrial rates and neuronal autonomic imbalance (e.g., increase in sympathetic activity) may contribute to CaMKII activation, oxidative stress may be an important player in promoting CaMKII hyperactivation.

It has also been suggested that the CaMKII activation mediated by the guanine nucleotide exchange factor Epac involves phosphorylation of CaMKII-Thr287 by PKC type- ϵ (**PKC ϵ**) (Oestreich et al. 2009), and upregulation of PKC ϵ in cAF patients (Voigt et al. 2007) might contribute to increased CaMKII activity (besides regulating $I_{K,ACh}$). Since PKC ϵ translocation to the membrane is increased in atrial myocytes following *in vitro* tachypacing (Makary et al. 2011), this might promote local atrial tachycardia-dependent CaMKII stimulation, although this remains to be proven in future studies. Unfortunately, there are currently no agents that allow testing the effectiveness of inhibiting these targets in clinical studies.

4.3 Summary and recommendations

While treatment with anti-oxidant/anti-inflammatory agents has shown promise in animal models to reduce AF-associated structural remodeling and improve function, the clinical outcome for primary or secondary prevention of many of these agents is not well established, and possibly dependent on the etiology of AF and associated comorbidities.

Many of these proposed “upstream” interventions may influence not only organ structural remodeling (see section 3.1 for modeling of structural alterations), but also electrical remodeling and intracellular signaling (e.g., CaMKII). Indeed, most described AF changes relate to altered cellular signal transduction. Stimulation of various signaling pathways, altered atrial metabolism, and increased oxidative stress (Ghezelbash et al. 2015; Goette et al. 2002) and their complex interactions may exert acute electrophysiological abnormalities, and accumulation of these changes (e.g., during subsequent paroxysms of AF) may cause prolonged alterations in atrial signal transduction and gene expression. The multiplicity of targets and the complex crosstalk between cellular signaling pathways create a complex and non-linear feedback system that can benefit from quantitative computational approaches. As a case in point, crosstalk and/or synergy between β -adrenergic and parasympathetic or CaMKII pathways, and the effects of oxidative stress (and oxidation vs. nitrosylation) deserve further investigation and would be important extensions for future atrial modeling studies, as done in ventricular models (Heijman et al. 2011; Morotti et al. 2014; Soltis & Saucerman 2010). In addition, the resulting altered Ca signaling may be involved in AF-associated remodeling of ion-channel expression and/or function (Makary et al. 2011; Qi et

al. 2008). The incorporation of such processes would be a challenging next step in modeling AF. Recently, atrial-specific upregulation of miR-31 in human AF has been identified as a key mechanism causing atrial dystrophin and nNOS depletion, which in turns contributes to proarrhythmic atrial electrical remodeling (Reilly et al. 2016). Indeed, the downstream effects of nNOS inhibition were incorporated in an experimentally calibrated population of human atrial cells model, which supported experimental findings on the role of nNOS depletion in AF (Reilly et al. 2016).

Models of mitochondrial energetics have also been developed and coupled with electrophysiological models to investigate the key role of energetics in modulating ventricular myocyte mechanical activity and ion concentration gradients (e.g., (Cortassa et al. 2006)), especially during impaired metabolic states in pathological conditions, such as ischemia and HF. These models could provide useful frameworks in the context of AF modeling, e.g., to understand how changes in the electrical (and contractile) activity of atrial myocytes influence and are influenced by mitochondrial energetics through the ATP, Ca, and Na concentrations in the myoplasmic and mitochondrial matrix compartments: acting on controlling cytosolic Ca and Na levels can indirectly target the mitochondrial source of ROS.

Development of urgently needed new strategies for AF treatment hinges upon improved understanding of how the changes in structural pathogenic alterations synergize with ionic and Ca handling remodeling to trigger and sustain arrhythmia in the atria. We contend that the use of computational models as outlined above may shed mechanistic insight into AF management.

5. Research Horizons

5.1 Exploring multi-physics simulation in AF

Notwithstanding the preponderance of work presented here on multiscale human atrial electrophysiology, detailed biophysical simulations focused on both atrial mechanics and hemodynamics may hold the key to further mechanistic insight and innovative therapeutics. Studies combining the effects of stretch activated-channels in 3D atria predicted that heterogeneity in these current contributed to filament stabilization (Yamazaki et al. 2012). Others have used biophysical modeling and simulation to investigate how hemodynamic perturbations affect the potential embolization of blood clots that ultimately cause stroke. Results suggest that these reduce cardiac output and cycle length induced by AF can significant increase incidence of embolism (Choi et al. 2013). The same group recently extended their work to simulate a stroke-prevention device designed to deflect a blood clot. The results suggest that the deflector stent in the aortic branch could possibly function as an effective stroke-prevention device and motivate pre-clinical animal studies (Choi et al. 2015). Other studies have employed circulatory models to investigate the implications of rate-control approaches to AF management and suggest that lower heart rates during permanent AF relate to improved hemodynamic parameters, cardiac efficiency, and lower oxygen consumption. A future combination of models of rate and rhythm control may offer an interesting perspective in patients receiving both therapeutic regimes (Anselmino et al. 2015). We contend that a multi-physics approach, integrating human atrial

electrophysiology, mechanics, and hemodynamics could potentially yield novel insight and therapy regimes for both the arrhythmia and its consequences.

5.2 Clinical decision support and integration with other modalities

Despite advances in addressing a variety of AF targets (e.g. rotors, fractionated electrograms, ganglionated plexi, PV isolation, and ectopic foci), early recurrence of AF occurs in ~40% of patients (Oral et al. 2002), and late recurrence in as much as 50% for a single ablation procedure (Ganesan et al. 2013b). Further complicating treatment strategy is that in patients that may benefit from cardioversion, efficacy is significantly increased if the procedure is performed or regime is started as early as possible. An overall ambition is to integrate existing tools and related datasets presently at our disposal (Schotten et al. 2012) to build and validate a clinical decision support system for AF therapy planning (Fig. 4). Specifically, the system could provide support for clinicians to determine which is the right treatment for the patient in question, and, when ablation is performed or drug therapy started, if the AF is likely to recur.

While biophysical modeling of the atria and AF has been highlighted in this review, it may be that combination of computational strategies with diverse modalities will yield the greatest insight for decision-making and therapy planning. Genetic profiling for patient stratification is one such area. Common clinical risk factors for AF were identified and combined into the Framingham risk score (Schnabel et al. 2009). Addition of a genetic risk score based on common genetic variants at 12 markers identified in genome wide association studies moderately improved the classification performance (Tada et al. 2014). Recent studies have shown an association between genetic variants and response to AF ablation (Shoemaker et al. 2015) but the relative importance of genetic and clinical risk factors is unknown thus far.

Similarly, there has been very active research in computational anatomy over the last decade in order to provide tools for the statistical analysis of 3D shapes in a patient population. Applying such methods to a database of AF patients would make it possible to extract emergent characteristics of the patient cohort (McLeod et al. 2015). Statistical shape analysis has shown its potential to assess the severity of a disease and predict the shape evolution due to remodeling, which would be a key strength in AF. Since the direct biophysical modeling of biological phenomena involved in long-term cardiac remodeling is very difficult, recent advances in deformation-based shape modeling could be used to assess the population variability of model variables and to model the evolution of the heart over time. Although shape modeling has been used in cardiac applications to a high degree, it has been underused in delineating functional changes in the context of AF thus far.

Inverse modeling related to ECG measurements and rotor/source localization was highlighted in section 3.2. More generally, several techniques for the analysis of electrophysiological properties of the atria and the complexity of AF from the surface ECG have been suggested (Lankveld et al. 2016; Schotten et al. 2012). Investigations have been limited in size (up to 50 patients) and heterogeneous in terms of predicted outcome. However, Schotten et al. have developed a unique software package for advanced analysis of AF ECGs, which could be employed to perform quantitative analysis of atrial frequency and

complexity of AF conduction patterns (Schotten et al. 2012). Additionally, inverse problems have benefited from the boom of new mathematical solution strategies as well as more detailed information available through additional clinical modalities, e.g. from MRI for mechanical activity, which is expected to significantly increase the quality of estimated electrical and mechanical activity. Combining these state-of-the-art approaches from inverse modeling with data assimilation techniques for more precise estimation of the electro-mechanical activity of the human heart is on the horizon.

Potentially combining patient-specific genetic information with personalized computational models of cardiac cells, tissues, structure and function as well as population-based shape models is unprecedented in AF research and cardiology in general. The independence of information arising from these sources is a major point. By spanning the scale from associative genetic data to biophysically based patient-specific simulation to data-driven population-based modeling, new approaches in this direction may capture information from the most basic biological level up to integrated functional outcomes.

Lastly, it may be crucial to follow and integrate trends in new technologies to reap maximal benefit from biophysical modeling and simulation techniques. A recent study used non-biophysically based simulation strategies to evaluate whether short-term daily, temporally-optimized ECG monitoring would permit a high percentage of episode detection compared to 1-day Holter monitoring, to great effect (Censi et al. 2013). This implies certain future potential for combination with patient-specific computational models for out-of-hospital detection. Furthermore, and in keeping with the decision support system framework suggested above, novel work suggests that a visual aid be used by clinicians to support the process of informing patients about a critical decision. To illustrate the method, a decision tree for thromboembolic risk prevention in patients with non-valvular AF is described producing new graphical outputs representing the distribution of outcomes over the lifetime for different decision options. Integration of such tools with patient-specific simulation could revolutionize patient care in years to come (Rubrichi et al. 2015). Finally, technologies in wearables and mobile technologies are diffusing into medical practice swiftly; hand-held devices, such as smartphones, can record short-duration (e.g., 1-minute) ECGs. Effectiveness in identifying patients with pAF was recently evaluated: daily monitoring detected half of patients as compared to implantable devices (Yano et al. 2016), a score that could arguably be improved via integration with other modalities and the insight offered by computational simulation.

5.3 Final Remarks

In this review, we have examined first-line anti-AF rhythm-control therapies, and how their present and future have been supported by biophysical computational modeling. First, we have presented ionic anti-AF targets (Section 2), including K, Na, Ca, RyR channels, as well as polytherapy, and highlighted how molecular modeling, kinetic models of drug-channel interaction, cardiac electrophysiological models and new computational approaches can aid rational drug design to enhance drug efficacy and cardiac safety. Indeed, implementation of these strategies is in line with current regulatory efforts aiming at using *in silico* platform for assessing drug toxicity and proarrhythmic risk.

We have additionally reviewed non-pharmacological rhythm control therapies, electrical cardioversion and ablation (Section 3), which have been substantially developed in the past decade and proven successful to reduce the symptomatic burden associated with AF. We have highlighted areas, namely clinically-derived computer models to optimize catheter ablation, in which computational models are poised to deliver breakthroughs at the bedside, and identified roadblocks and future lines of improvements, such as the lack of sufficient clinical data to inform personalized models and issues of computational tractability for clinically-relevant timescales.

In Section 4, we have illustrated upstream therapy approaches, which target molecules that are upstream (or independent) of ion channels, and prevent or delay myocardial remodeling associated with hypertension, HF, or inflammation. The clinical outcome of many of these agents is not well established, and possibly dependent on the etiology of AF and associated comorbidities. While not much has yet been done in the modeling arena, we have proposed potentially important extensions for future atrial modeling studies, including cellular signaling and energetics.

Finally, we have presented the next generation of studies and translational therapies (Section 5), which could be advanced by multi-physics approaches, integrating human atrial electrophysiology, mechanics, and hemodynamics. Furthermore, we suggest modeling and computational strategies could be integrated with novel screening tools, such as genetic screening, to aid patient-specific therapeutics. Work in many of these research frontiers has already begun, and holds great promise for revolutionizing future approaches to anti-AF therapy.

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Abbreviations

AF	atrial fibrillation
AP	action potential
APD	action potential duration
ARB	angiotensin receptor blocker
cAF	chronic AF
CaMKII	Ca/calmodulin dependent protein kinase II
CV	conduction velocity
DAD	delayed afterdepolarization
DF	dominant frequency

EAD	early afterdepolarization
ECG	electrocardiogram
ERP	effective refractory period
I_f	hyperpolarization-activated cyclic nucleotide-gated ‘funny’ current
I_{K1}	inward-rectifier K current
I_{K,Ach}	acetylcholine-dependent K current
I_{K,Ca}	small-conductance Ca-activated K current
I_{KATP}	ATP-sensitive K current
I_{Kr}	rapidly activating delayed rectifier K current
I_{Ks}	slowly activating delayed rectifier K current
I_{Kur}	ultra-rapid delayed rectifier K current
I_{Na}	Na current
I_{NaL}	late Na current
I_{to}	transient outward K current
K_{2P}	2-pore domain K (channel)
LA	left atrium
MRI	magnetic resonance imaging
nSR	normal sinus rhythm
pAF	paroxysmal AF
PKC	protein kinase C
PKCϵ	PKC type-e
PV	pulmonary vein
RAAS	Renin-Angiotensin-Aldosterone System
RMP	resting membrane potential
ROS	reactive oxygen species
RyR	ryanodine receptor
SK	small-conductance calcium-activated K (channel)
SR	sarcoplasmic reticulum

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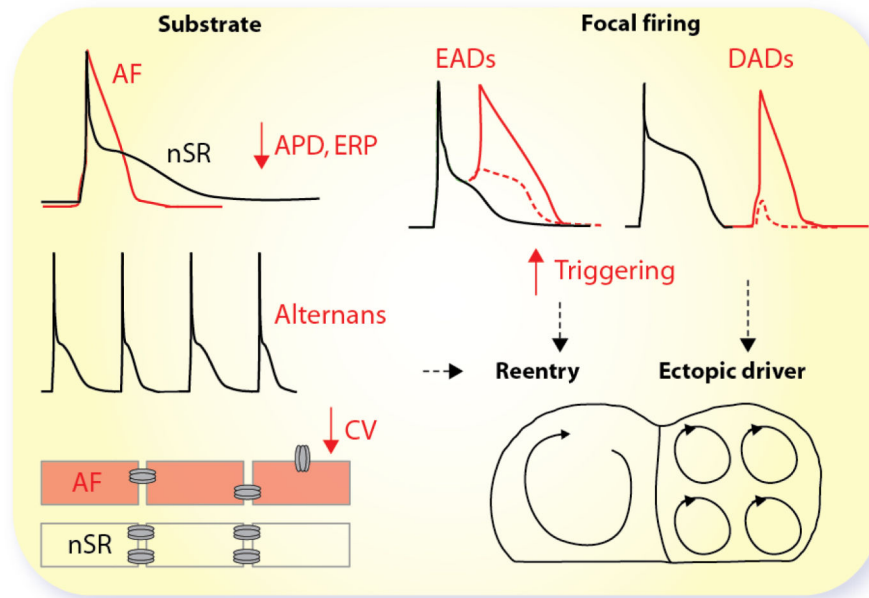


Figure 1. Arrhythmia Mechanisms in AF

AF remodeling causes abbreviated APD and ERP, alternans, decreased CV (e.g., due to connexin downregulation or lateralization, and/or fibrosis), all contributing to a reentrant substrate. Focal firing via enhanced automaticity or triggered activity due to early or delayed afterdepolarizations causes local ectopic activity, which can act as an AF-maintaining ectopic driver, or can trigger AF-maintaining re-entry in a vulnerable substrate.

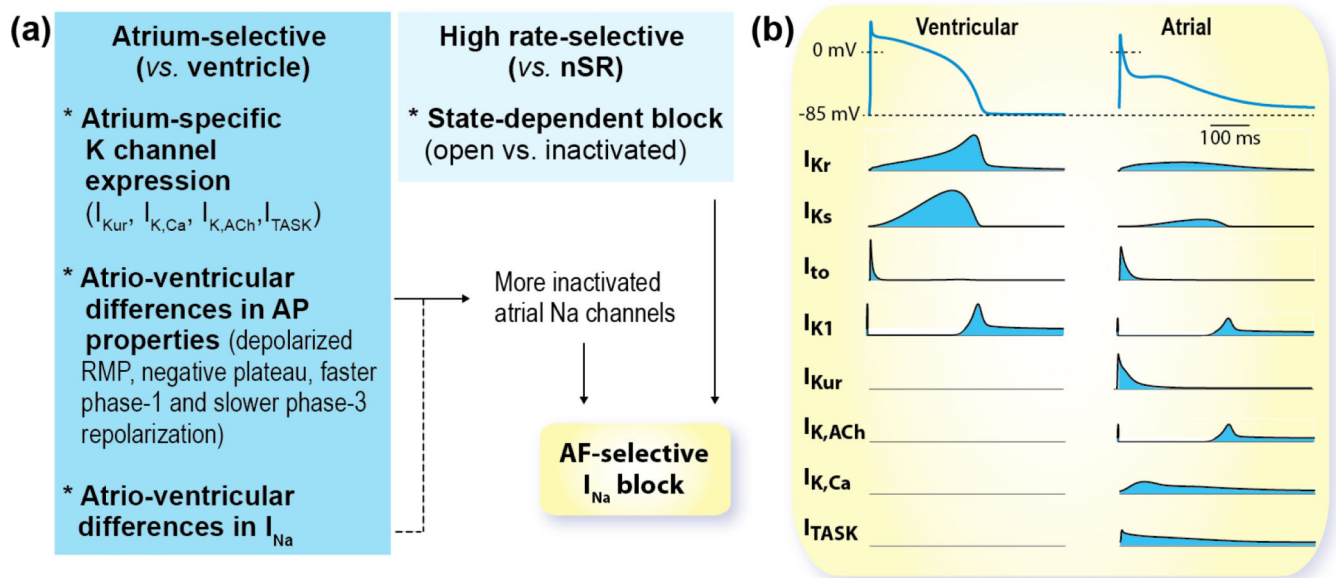


Figure 2. AF-selective Pharmacology and Atrial-specific K currents

(a) To maximize efficacy and safety an AF-selective drug should exhibit potent effects in atrial tissue at high rates (during fibrillation) without impacting ventricular AP and nSR. To achieve this, drugs could target channels that are predominantly expressed in atria vs. ventricles, shown in **(b)**, or take advantage of atrioventricular differences in membrane potential and/or ion channel gating, as discussed here for Na channel blockers. **(b)** Ventricular (*left*) and atrial (*right*) APs and K currents underlying repolarization.

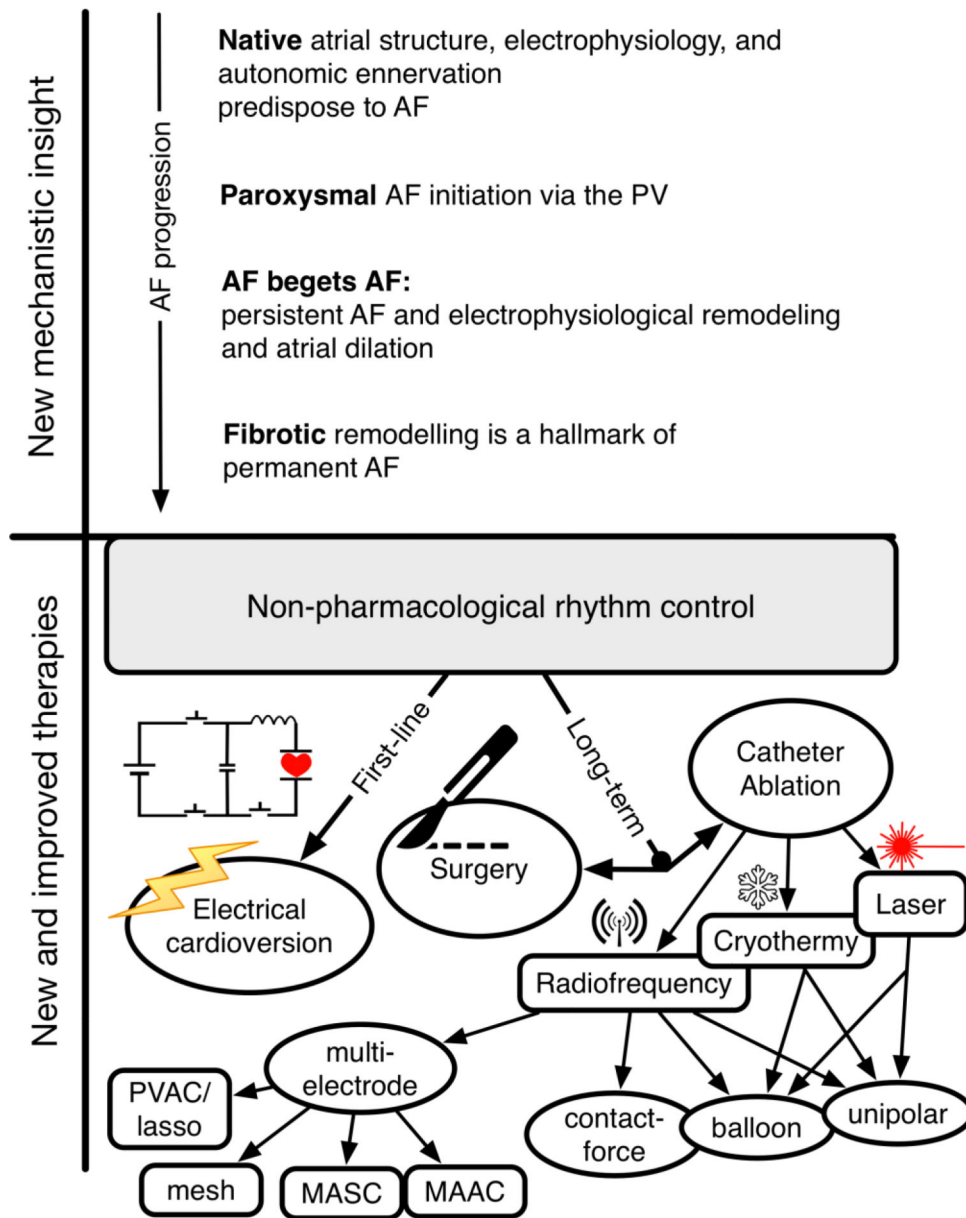


Figure 3. Biophysical simulation has provided both new mechanistic insight and contributed to improved therapeutics in AF

Computation has provided fundamental understanding of AF mechanisms in terms of the contributions of native atrial heterogeneities, and stage-specific mechanisms as AF progressed from paroxysmal to persistent to permanent (*top panel*). These insights have enabled improvements to strategies for non-pharmacological rhythm control (summarized in the *bottom panel*). Notably, biophysical modeling and simulation is a viable strategy for therapy planning in the context of catheter ablation, as discussed in section 3.2.

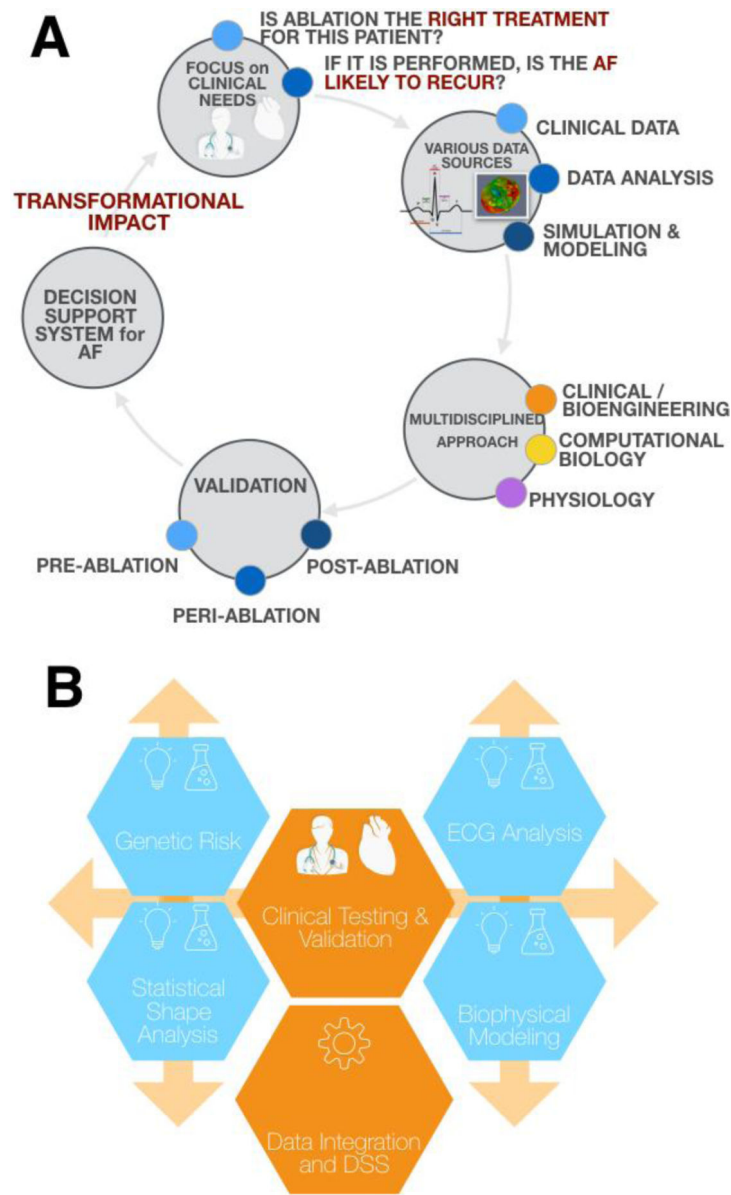


Figure 4. A new multidisciplinary approach to decision support employing computational models

One direction for cutting-edge research may be integration of biophysical modeling and simulation with other research and risk-assessment modalities to serve clinical needs for decision support (**A**). Such an approach would likely be iterative and require strongly multidisciplinary teams as well as ongoing validation (**B**).

Table

Novel antiarrhythmic agents (ClinicalTrials.gov or EU Clinical Trials Register identifiers).

Target	Agent	Status
I_{NaV} and K_V	Vernakalant	Promising phase I-III data both in terms of conversion and maintenance of nSR (see review: <i>Vasc Health Risk Manag.</i> 2013; 9: 165–175.) Phase IV trial ongoing
$I_{K,ACH}$	NTC-801	Phase II terminated; failed to meet primary end point to reduce AF burden or secondary end point to reduce AF duration or the number of AF episode
I_{Kur}	MK-0448	Failed to alter ARP in humans
	BMS-919373	Ongoing clinical studies assessing AF burden in pAF patients (NCT02156076) and effect in ERP (NCT02153437) in subjects with dual chamber pacemaker
	F373280	Currently being evaluated for its ability to maintain nSR after electrical cardioversion in pAF patients with HF (NCT01831856)
	XEND0103/ S66913	Currently being evaluated in phase II clinical studies to assess efficacy in reducing AF burden in pAF patients (2014-002333-63) and pAF patients with implanted pacemaker (2013-004456-38)
$I_{K,ACH}$ or dual $I_{K,ACH} / I_{Kur}$ inhibitor	OPC- 108459	Ongoing phase I studies to assess safety (NCT02069119) and efficacy to cardiovert AF in paroxysmal and persistent AF (NCT01483183)
RyR	S107	No human data
RyR	JTV-519 (K201)	Phase II terminated (NCT00626652), data not available
Gap Junction	ZP123	Phase II terminated (NCT00901563), no data available
Gap Junction	GAP-134	Phase I completed (NCT00510029, NCT00543946, NCT00783341)