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Journal

Canadian Journal of Fisheries and Aquatic Sciences, 74(12)

ISSN

0706-652X

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Publication Date

2017-12-01

DOI

10.1139/cjfas-2016-0322

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Peer reviewed

Comparisons of stable isotope (C, H, N) signatures for revealing organic matter sources and trophic relationships in headwater streams

Henry M. Page, Scott D. Cooper, Sheila W. Wiseman, Danuta Bennett, Kristie Klose, Steven Sadro, Craig Nelson, and Thomas Even

Abstract: We compared the efficacy of stable carbon, hydrogen, and nitrogen isotope ratios in identifying the resources used by insect consumers in headwater streams of southern California. We also compared gut contents with consumer stable isotope ratios and mixing model estimates of resource contributions to predator diet. Stable hydrogen isotope ratios (as $\delta^2\text{H}$) of algivores were well separated from ratios for detritivores, whereas relationships between stable carbon (as $\delta^{13}\text{C}$) and nitrogen (as $\delta^{15}\text{N}$) ratios of consumers and their expected diets were weaker and more ambiguous. $\delta^2\text{H}$ values of primary consumers more strongly reflected the proportions of their gut contents consisting of algae than $\delta^{13}\text{C}$ values. The proportions of algivorous prey in predator gut contents increased with mixing model estimates of algivore contributions to predator diet using $\delta^2\text{H}$ but not $\delta^{13}\text{C}$ values. Our findings support the use of hydrogen isotope ratios in food web studies of streams in southern California and their potential use in assessing the effects of anthropogenic and natural disturbance on basal resource contributions to food webs that might not otherwise be identified using carbon isotope ratios.

Résumé : Nous avons comparé l'efficacité des isotopes stables de carbone, d'hydrogène et d'azote pour cerner les ressources utilisées par des consommateurs d'insectes dans des cours d'eau d'amont du sud de la Californie. Nous avons également comparé les contenus stomacaux aux rapports d'isotopes stables de consommateurs et à des estimations obtenues de modèles de mélange des contributions de ressources au régime alimentaire de prédateurs. Les rapports d'isotopes stables d'hydrogène ($\delta^2\text{H}$) d'algivores étaient bien distincts des rapports de détritivores, alors que les relations entre les rapports d'isotopes stables de carbone ($\delta^{13}\text{C}$) et d'azote ($\delta^{15}\text{N}$) de consommateurs et leurs régimes alimentaires attendus étaient plus faibles et plus ambiguës. Les valeurs de $\delta^2\text{H}$ de consommateurs primaires reflétaient plus fortement les proportions d'algues de leurs contenus stomacaux que les valeurs de $\delta^{13}\text{C}$. Les proportions de proies algivores dans les contenus stomacaux de prédateurs augmentaient parallèlement aux estimations des modèles de mélange de la contribution d'algivores au régime alimentaire de prédateurs obtenues en utilisant les valeurs de $\delta^2\text{H}$, mais non les valeurs de $\delta^{13}\text{C}$. Nos constatations appuient l'utilisation des rapports d'isotopes d'hydrogène dans les études des réseaux trophiques dans des cours d'eau du sud de la Californie et leur utilité potentielle pour évaluer les effets de perturbations humaines et naturelles sur les contributions de ressources de base aux réseaux trophiques que les rapports d'isotopes de carbone pourraient ne pas faire ressortir. [Traduit par la Rédaction]

Introduction

Terrestrial organic matter and stream algae are recognized as the two most important sources of primary production fueling stream food webs (Cummins 1974; Finlay 2001; Doucett et al. 2007; Caraco et al. 2010). Although the general importance of terrestrial plant and stream algal production to stream communities is well known, quantifying the relative contributions of these basal resources to food webs is challenging (e.g., Cummins and Klug 1979; France 1996; Doucett et al. 1996). Consumer nutrition inferred from gut contents is invaluable in describing recent diets (Cross et al. 2013; Rosi-Marshall et al. 2016); however, the digestibility and assimilation of different foods may vary, and consumer diets can change over time, even within the same taxon, making inferences about consumer nutritional support from only gut content anal-

yses problematic (Chapman and Demory 1963; Moore 1977; Mihuc and Minshall 1995; Lancaster et al. 2005; Jardine et al. 2014).

Stable isotope analysis can provide additional and complementary insights into the contributions of terrestrial plant and stream algal production to stream food webs. Generally, isotope ratios of carbon are used to identify organic carbon sources (Finlay 2001; McNeely et al. 2007; Ishikawa et al. 2012), whereas isotope ratios of nitrogen are used to assist in this evaluation and to identify trophic levels or positions (Vander Zanden and Rasmussen 1999; Post 2002; Anderson and Cabana 2007). Stable carbon isotope ratios provide a time-integrated signature of dietary support provided by different carbon sources and possess an advantage over nitrogen isotopes in that trophic discrimination, the enrichment of the consumer relative to the resource in the heavy isotope (^{13}C

Received 19 July 2016. Accepted 13 February 2017.

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or ^{15}N), is smaller for $\delta^{13}\text{C}$ values and, therefore, a better direct indicator linking prey and consumers across trophic levels (Peterson and Fry 1987; Post 2002). Mixing models using isotope data can quantify the relative contributions of different resources to consumer nutrition (Parnell et al. 2010; Layman et al. 2012).

The use of carbon isotope ratios to identify basal resource contributions to aquatic food webs may be limited in some cases by insufficient separation in carbon isotope end-member values (typically $<1.0\%$ – 2.0% , Jardine et al. 2009; Skinner et al. 2016) for terrestrial detritus and algal basal resources. Insufficient separation in end-member values makes descriptions of food web structure using isotope biplots or quantitative mixing models challenging (France 1996; Doucett et al. 1996, 2007; Finlay 2001; McNeely et al. 2006; Ishikawa et al. 2012). Although the carbon isotope ratios of leaf detritus, the principal allochthonous basal resource in stream food webs, vary over a relatively narrow range (Finlay 2001), the carbon isotope ratios of autochthonous algal biomass can vary greatly (reviewed in Ishikawa et al. 2012). Variation in the carbon isotope ratios of algae has been related to variation in the availability and isotopic signatures of aqueous CO_2 and dissolved inorganic carbon and to factors that affect the fractionation of carbon isotopes ($^{13}\text{C}/^{12}\text{C}$) during algal uptake, including algal productivity and water current velocity (Doucett et al. 1996; Finlay et al. 1999; Finlay 2004; Ishikawa et al. 2012).

Stable isotope ratios of hydrogen (as $\delta^2\text{H}$) may provide a complementary or alternative tracer for use in food web studies (Estep and Dabrowski 1980; Macko et al. 1983). Recent investigations have suggested that isotope ratios of hydrogen provide more consistent and clear end-member separation of terrestrial and algal basal resources than isotope ratios of carbon in stream, river, and lake environments (Doucett et al. 2007; Finlay et al. 2010; Cole et al. 2011; Karlsson et al. 2012). Distinct isotopic separation between terrestrial and algal sources is achieved largely because of the fractionation of hydrogen isotopes during evapotranspiration of water from the leaves of terrestrial plants, causing isotopic enrichment of the remaining leaf water, which is assimilated into plant biomass during photosynthesis (Smith and Epstein 1970).

Although the use of hydrogen isotope ratios to trace allochthonous and autochthonous sources of production in aquatic food webs appears promising (Cole et al. 2006, 2011; Doucett et al. 2007; Finlay et al. 2010; Wilkinson et al. 2013, 2015; Vander Zanden et al. 2016), the effectiveness of these ratios as a tracer may vary with study system. For example, Jardine et al. (2009) reported less overlap of basal resource end-member values with carbon than with hydrogen isotope ratios in streams in eastern Canada. In addition, there are concerns about the effects of dietary water, as well as trophic and tissue discrimination, on the hydrogen isotope values of consumers (Macko et al. 1983; Solomon et al. 2009; Peters et al. 2012; Soto et al. 2013; Wilkinson et al. 2015; Vander Zanden et al. 2016). Relatively few studies have compared the use of stable carbon and hydrogen isotope ratios as tracers in streams or, importantly, examined the assumption that hydrogen isotope signatures reflect consumer diets.

Preliminary data suggested that carbon isotope ratios could not resolve sources of terrestrial versus aquatic production supporting food webs in the small headwater streams of southern California (subwatershed areas $<13\text{ km}^2$), necessitating the evaluation of an alternative tracer for use in these systems. The streams of southern California are located in a semiarid Mediterranean climate and are subject to natural (e.g., floods, drought) and anthropogenic (e.g., fire, contaminants, exotic species, dams, diversions) disturbances that affect the structure of stream communities and food webs (Cooper et al. 2013, 2015; Verkaik et al. 2013).

In this study, we provide new information on the stable carbon, hydrogen, and nitrogen isotope ratios of primary and secondary insect consumers in the streams of semiarid southern California. We explore the hypothesis that stable isotope ratios of hydrogen provide more distinct separation in isotopic end-member values

between terrestrial detritus and stream algae-based resources than carbon or nitrogen isotope ratios, and thus are more useful in identifying the relative contributions of these resources to the food webs of southern California streams. Because of potential overlap in the carbon isotope signatures of terrestrial detritus and stream algae, we also hypothesized that hydrogen isotope ratios would provide better agreement with recent diets, as determined from gut content analyses, than carbon isotope ratios for both primary consumers and predators. Because the isotope ratios of consumer tissues are assumed to reflect those of their diets integrated over time, tissue values may not necessarily reflect the isotopic signatures of recently consumed food items. Nevertheless, a concordance between isotope ratios and diets assessed by gut content analysis can provide ancillary support that isotope ratios reflect dietary sources (Peterson 1999). Although gut content data have been compared with data on stable isotope ratios of carbon and nitrogen (e.g., Mihuc and Toetz 1994; Lancaster et al. 2005; McNeely et al. 2007), no studies, to our knowledge, have explored these relationships for hydrogen isotope ratios.

Materials and methods

Study streams

We measured the stable carbon, nitrogen, and hydrogen isotope ratios of basal resources and a diverse array of invertebrate consumers in nine streams. The study streams drain independent subwatersheds, ranging in area from ~ 3 to 13 km^2 , on the south side of the Santa Ynez Mountains (Santa Barbara County, California, USA), a steep, coastal mountain chain separated from the Pacific Ocean by a narrow coastal plain. The Santa Ynez Mountains have a Mediterranean climate, with mean annual rainfall ranging from $45\text{ cm}\cdot\text{year}^{-1}$ at sea level to $100\text{ cm}\cdot\text{year}^{-1}$ in the mountains, with nearly all rain falling between November and March. The drainage basins for our sites largely occurred above developed areas ($<4\%$ urban and $<6\%$ agricultural). Wetted channel width at base flow averaged ~ 2 to 5 m in our study streams and early summer water velocity ranged from 0.02 to $0.10\text{ m}\cdot\text{s}^{-1}$ in pools and from 0.06 to $0.36\text{ m}\cdot\text{s}^{-1}$ in riffles. NO_3^- -N concentrations at the time that samples were collected for isotope analysis ranged from 5 to $184\text{ }\mu\text{mol}\cdot\text{L}^{-1}$ across streams, with the highest value from Mission Creek.

Riparian canopy cover at our study sites ranged from 27% to 98% . Riparian vegetation was dominated by white alder (*Alnus rhombifolia*), California laurel (*Umbellularia californica*), coast live oak (*Quercus agrifolia*), willow (*Salix* spp.), and California sycamore (*Platanus racemosa*). The riparian vegetation bordering two of our study streams in larger ($\sim 10\text{ km}^2$) subwatersheds (Mission and San Antonio creeks) had burned approximately 1 year prior to our sampling, whereas upland, but not riparian vegetation, burned in the catchment of another study site (Rattlesnake Creek). Our stream sites represented a subset of sites sampled in a larger study that explored the effects of wildfire on stream community structure and food webs (see Cooper et al. 2015 for a more detailed description).

Sampling design: basal resources and consumers

We collected samples of basal resources (conditioned leaves, algae, fine particulate organic matter) and invertebrates from the major functional feeding groups for stable carbon, nitrogen, and hydrogen isotope analysis, as well as invertebrates for gut content analyses, from pool and riffle habitats separately in nine streams in June 2010, approximately 2 months after the last rains of the wet season.

Conditioned leaves of *A. rhombifolia*, *U. californica*, *Q. agrifolia*, *Salix* spp., and (or) *P. racemosa* were collected from stream bottoms with Surber samplers at each site, and a subset was subjected to stable isotope analysis. Macroalgae (primarily *Cladophora* spp.) were collected by hand from hard substrata (cobble, boulders,

Table 1. Mean (± 1 SE) $\delta^{13}\text{C}$, $\delta^{15}\text{N}$, and $\delta^2\text{H}$ values of basal resources, algivores, and detritivores in Fig. 1 computed across study streams.

Habitat	Category	Taxon	$\delta^{13}\text{C}$ (‰)	$\delta^{15}\text{N}$ (‰)	$\delta^2\text{H}$ (‰)
Pool	Algivores	<i>Baetis</i>	-31.8 ± 1.0 (9)	2.3 ± 0.9 (9)	-209 ± 8 (9)
		<i>Callibaetis</i>	-32.6 ± 1.2 (4)	3.7 ± 2.5 (4)	-228 ± 10 (4)
		<i>Eubrianax</i>	-30.9 ± 1.3 (5)	1.9 ± 1.7 (5)	-192 ± 7 (5)
		<i>Centroptilum</i>	-30.8 ± 1.2 (5)	3.2 ± 1.8 (5)	-216 ± 11 (7)
		Mean	-31.5	2.8	-211
	Detritivores	<i>Paraleptophlebia</i>	-29.1 ± 0.7 (7)	0.9 ± 0.2 (7)	-122 ± 10 (7)
		<i>Lepidostoma</i>	-27.9 ± 0.3 (8)	-0.4 ± 0.6 (8)	-105 ± 5 (8)
		Mean	-28.5	0.5	-114
	Macroalgae	<i>Cladophora</i>	-34.3 ± 2.3 (6)	1.2 ± 1.8 (6)	-217 ± 9 (6)
	Conditioned leaves	Various	-29.0 ± 0.3 (9)	-2.1 ± 0.4 (9)	-110 ± 4 (9)
	FPOM		-26.4 ± 0.7 (9)	1.3 ± 0.5 (9)	-95 ± 4 (5)
	Riffle	Algivores	<i>Baetis</i>	-31.7 ± 1.2 (7)	3.2 ± 1.3 (7)
<i>Eubrianax</i>			-32.8 ± 2.5 (3)	2.5 ± 3.1 (3)	-187 ± 2 (3)
Mean			-32.3	2.9	-189
Detritivores		<i>Paraleptophlebia</i>	-29.4 ± 1.2 (4)	1.0 ± 0.6 (4)	-115 ± 6 (5)
		<i>Lepidostoma</i>	-27.7 ± 0.3 (3)	-0.4 ± 0.3 (3)	-92 ± 1 (3)
		Mean	-28.6	0.3	-104
Macroalgae		<i>Cladophora</i>	-34.6 ± 1.4 (6)	0.3 ± 1.1 (6)	-219 ± 8 (6)

Note: FPOM, fine particulate organic matter. Sample size (number of streams for each isotope value) is shown in parentheses.

bedrock). Benthic microalgae, although sampled, were not used in our analysis because samples contained substantial amounts of detritus based on microscopic examination. Previous studies showed that microalgae were more enriched in deuterium (^2H) than *Cladophora* spp. (Finlay et al. 2010) and “filamentous algae” (Doucett et al. 2007), but all algae were well separated isotopically from stream leaf litter. Fine particulate organic matter (FPOM) was sampled by coring soft substrata (silt, sand, gravel, pebbles) to a depth of 0.8 cm with the barrel of a syringe sampler (Davies and Gee 1993). After agitation, elutriation, and mixing, suspended FPOM in subsamples was filtered through GF/C glass microfiber filters. Because FPOM samples from riffles did not contain sufficient quantities of organic matter for hydrogen isotope analysis, we used FPOM isotope values from pools to represent FPOM values for both pool and riffle habitats. Macroinvertebrates for isotope analysis were collected at each stream site using Surber samplers (250 μm mesh) and aquatic D-nets (1 mm mesh). For all basal resources and invertebrates, samples were taken from five pools and five riffles at each site, samples were combined by habitat (pools versus riffles) and thoroughly mixed, and representative subsamples were taken from these amalgamated samples.

All samples taken for stable isotope and gut content analyses were stored frozen at -20 °C. The guts of individuals of common primary and secondary consumer taxa, with the exception of chironomids, were removed and preserved in vials containing either formalin (primary consumers) or ethanol (predators). Invertebrate specimens without guts or entire chironomids were used for stable isotope analysis. Specimens of each taxon were not always represented in samples from each stream.

Sample preparation and isotope analysis

In the laboratory, subsamples of leaves and macroalgae were thawed and rinsed in deionized water to remove adhering material. FPOM was removed wet from GF/C filters. Samples of leaves, macroalgae, FPOM, and insects were dried in new glass scintillation vials without caps at 60 °C and ground (or gently crushed for some small insect specimens) to a fine powder using a mortar and pestle. The ground material was divided in half, and one portion was analyzed for hydrogen isotopes while the other half was analyzed for carbon and nitrogen isotopes. The number of insect specimens processed varied by taxon depending on availability and individual size; 10 to 100 individuals of each taxon from pools versus riffles at each site were combined to obtain sufficient ma-

terial for analysis. Lipids were not removed from samples prior to analysis, similar to earlier studies (Doucett et al. 2007; Finlay et al. 2010; Cole et al. 2011). The wide separation in hydrogen isotope ratios between detritivores and detritus, on the one hand, and algae and algivores, on the other hand, suggested that variation in lipid content would not be an important driver of hydrogen isotope patterns in our study (see also Wilkinson et al. 2015). This assumption was further supported by the congruence between gut contents and isotope mixing model estimates of resource contributions to predator diets (see Results). However, because of smaller differences in carbon isotope ratios between resources and predators, we applied the correction for lipids recommended by Skinner et al. (2016) based on C:N ratios (generally 4.0–4.5) to data used in mixing model analyses (see below).

Isotopic analysis of ground samples or subsamples (typically ~ 0.5 mg for hydrogen, ~ 1 mg for carbon and nitrogen) was conducted by the Facility for Isotope Ratio Mass Spectrometry (<http://ccb.ucr.edu/firms.html>) at the University of California, Riverside, using a thermochemical elemental analyzer interfaced to a ThermoFinnigan Delta V Advantage isotope ratio mass spectrometer (ThermoFisher Scientific Corp., Bremen, Germany). Hydrogen isotope ratios are expressed as $\delta^2\text{H}$. The $\delta^2\text{H}$ of non-exchangeable hydrogen in all samples was measured using the comparative equilibration method (Wassenaar and Hobson 2003; Kelly et al. 2009) with the isotopic values normalized to the Vienna Standard Mean Ocean Water – Standard Light Antarctic Precipitation scale. The following standards were equilibrated with the samples and included in each analytical run: Caribou Hoof Standard ($\delta^2\text{H} = -197$ ‰), Kudu Horn Standard ($\delta^2\text{H} = -54$ ‰), and Spectrum Chemical keratin ($\delta^2\text{H} = -121$ ‰) (Flockhart et al. 2013). The natural abundances of carbon and nitrogen isotopes are expressed relative to the Pee Dee Belemnite standard for carbon and atmospheric N_2 for nitrogen. Variation in isotope values between replicate portions of the same ground sample averaged 3.4‰, 0.1‰, and 0.2‰ for $\delta^2\text{H}$ ($n = 10$), $\delta^{13}\text{C}$ ($n = 15$), and $\delta^{15}\text{N}$ ($n = 15$), respectively. Dividing these precision estimates by the differences in mean stable isotope ratios between algivores and detritivores in Table 1 produces values of 3.5%, 3.0%, and 8.7% for hydrogen, carbon, and nitrogen signatures in pools and 4.0%, 2.9%, and 7.7% for hydrogen, carbon, and nitrogen signatures in riffles. Thus, although the absolute precision value was highest for hydrogen isotope ratios, relative precision for hydrogen isotopes was comparable to or better than the

relative precision estimates for carbon and nitrogen isotope ratios given the measured differences in mean stable isotope ratios between algivores and detritivores in Table 1.

Gut content analyses

We examined the gut contents of primary consumers and predators from our study sites to explore relationships between consumer isotope values and recently consumed food items. Gut contents of selected primary consumer taxa (*Lepidostoma*, *Paraleptophlebia*, *Baetis*, *Callibaetis*, *Centroptilum*, *Diphetero*, *Leucrocota*, *Eubrianax*, *Simulium*) processed for isotope analysis (see above) were homogenized and a subsample was removed to a microscope slide for the identification, measurement, and enumeration of food items under a compound microscope at 400 \times magnification. Counts were converted to biovolumes using known geometric formulae for algal taxa and fungi (Hillebrand et al. 1999). In addition, the slide area occupied by leaf fragments or amorphous detritus was measured and this was converted to a biovolume by multiplying the area by the measured mean thickness (18.8 μm) of detrital particles.

We also examined the gut contents of predatory invertebrate taxa from pools and riffles. The gut contents of individuals of predatory taxa were placed in a small dish and examined under a dissecting microscope. Any prey body parts (mandibles, claws, tarsi, labra, heads) were removed and placed in a drop of 100% glycerol on a microscope slide. Body parts were identified to the lowest practical taxonomic level (usually genus) under a compound microscope by comparing them with photographs and illustrations of body parts taken from known taxa. The number of each taxon per gut sample was calculated as the rounded-up integer of the number of claws/6, tarsi/6, mandibles/2, heads, opercula, or labra (whichever was greatest). Because left and right mayfly mandibles were distinguishable, the number of mayfly nymphs per gut was determined by the number of left mandibles, right mandibles, or other body parts (as calculated above), whichever was greatest.

Statistical analysis

We used general linear models to test for significant separation in stable isotope ratios (expressed as $\delta^2\text{H}$, $\delta^{13}\text{C}$, or $\delta^{15}\text{N}$) among categories of resources and primary consumers (conditioned leaves, FPOM, *Cladophora*, detritivores, algivores). The detritivore category included two common taxa presumed to rely primarily on terrestrial detritus and for which gut content data were available, *Lepidostoma* (shredder caddisflies) and *Paraleptophlebia* (collector mayflies). Many taxa in the subfamilies Orthocladiinae and Chironominae (family Chironomidae) are also considered detritivorous (Armitage et al. 1997), but the enriched nitrogen isotope ratios of chironomids collected in one creek (Mission) with elevated nitrate levels (see Results) suggested that this group could be using appreciable amounts of algae at some times or places. As a consequence, the isotope results for the Orthocladiinae and Chironominae are presented in Fig. 1, but these chironomids were not considered resource specialists on leaves or algae and were not included in the specialist primary consumer and predator mixing model analyses (see below). The algivore category included common taxa for which gut content data were available, i.e., mayflies of the Baetidae (*Baetis*, *Callibaetis*, *Centroptilum*) and larvae of the beetle genus *Eubrianax*. Streams were treated as replicates in analyses, with pools and riffles analyzed separately because differences in current velocity and other factors between these habitats could influence stable isotope ratios (Finlay et al. 1999, 2010).

Preliminary review of the isotope data suggested that values varied with the subwatershed area of each stream site, similar to Finlay et al.'s (2010) results. Therefore, we included subwatershed area as a covariate in the analysis. When the linear model showed no significant interaction effects of resource or consumer category with subwatershed area, we used the Šidák test to identify

significant differences in isotope values between categories (e.g., leaves versus algae, detritivores versus algivores) for both pools and riffles at a mean subwatershed area of $\sim 8 \text{ km}^2$. The Šidák test adjusts p values in multiple pairwise comparisons to reduce type I error (Day and Quinn 1989). If the interaction between category and subwatershed was significant, we evaluated differences between resource and primary consumer categories at two covariate values (5 and 10 km^2 basin areas, representing “small” and “large” subwatersheds, respectively).

We tested for an effect of habitat (pool versus riffle) on the isotope ratios of algivores (*Baetis*, *Eubrianax*) and detritivores (*Lepidostoma*, *Paraleptophlebia*) that were collected in both habitats using a paired t test (pairing habitats for each taxon by stream). We used regression analyses to explore relationships between stable isotope ratios and gut contents. Proportion data were arcsine square-root transformed prior to analysis, producing results similar to those obtained with logit transformations. Statistical analyses were performed using SigmaPlot 13 and SPSS 22.

Comparison of predator stable isotope ratios with predator gut contents

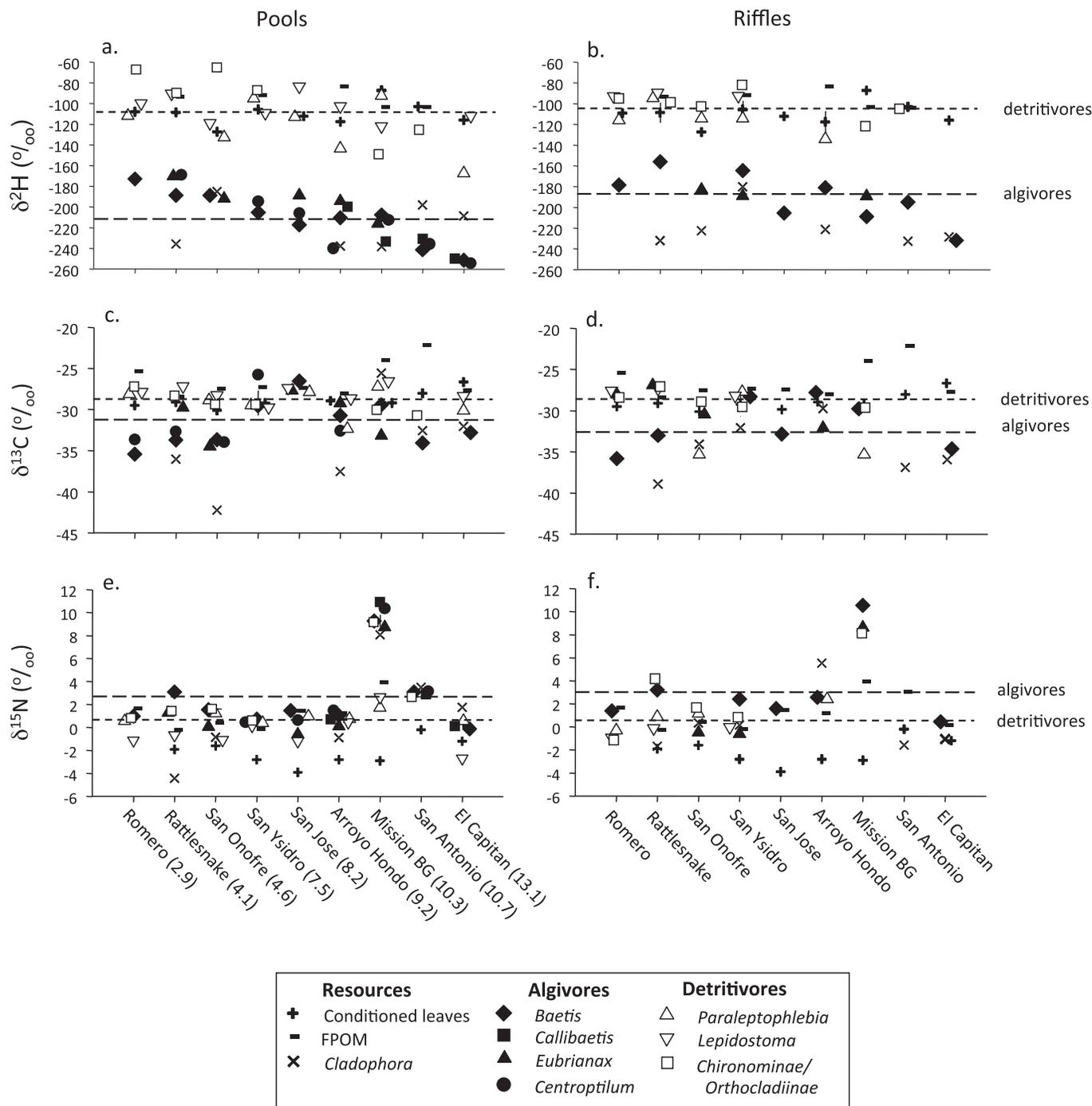
To estimate the proportional contribution of algivorous prey to predator diets using stable hydrogen and carbon isotope ratios, we used the Stable Isotope Analysis in R (SIAR), a commonly applied statistical package that computes dietary contributions of resources to a consumer using a Bayesian framework (Parnell et al. 2010). The SIAR model includes variability in source, consumer, and trophic enrichment in iterative model fittings to generate probability estimates of source proportions in consumer diets. We used the “siarsolo” routine in SIAR because we did not have within-stream estimates of variation in isotope ratio or dietary composition values for predators (one value per prey taxon or group per stream).

For the algivore end-member in the SIAR model, we used mean $\delta^2\text{H}$ or $\delta^{13}\text{C}$ values (and standard deviation) for individual algivorous taxa (*Baetis*, *Callibaetis*, *Centroptilum*, *Eubrianax*) as replicates from each stream. Based on the high proportion of algae in the gut contents of these taxa (see Results), the isotope values of these taxa also served as proxies for the isotope values of microalgae (as in Vander Zanden and Rasmussen 2001; Finlay 2001, 2004; Post 2002), which could not be determined directly because periphyton samples contained considerable amounts of terrestrial detritus that could not be removed by silicon centrifugation or other methods prior to isotope analysis. For the detritivore end-member, we used mean $\delta^2\text{H}$ and $\delta^{13}\text{C}$ values of *Lepidostoma* and *Paraleptophlebia*, which had isotope values similar to those of conditioned leaves and gut contents consisting almost entirely of detrital particles (see Table 1; Fig. 1).

For carbon isotopes, we used a trophic enrichment factor (TEF) of $0.4\text{‰} \pm 1.3\text{‰}$ from prey to predator (Post 2002), whereas the lack of consensus regarding trophic enrichment for hydrogen isotopes (Vander Zanden et al. 2016) precluded the inclusion of a TEF for hydrogen isotopes. Proportional algivore contributions to predator diets were modeled separately for hydrogen and carbon isotope ratios and compared with proportions of algivore prey in predator gut contents. For $\delta^2\text{H}$, solutions of the SIAR model for algivore contributions to predator diet were highly correlated with the solutions of a single-isotope two-source mixing model (Fry 2006) ($R^2 = 0.95$, $p < 0.001$, SIAR algivore proportion = $0.75 \times$ (two-source algivore proportion) + 0.12), but the outputs of SIAR and single-isotope mixing models were not related when $\delta^{13}\text{C}$ values were used, because of greater overlap in prey end-member values for $\delta^{13}\text{C}$ than for $\delta^2\text{H}$ (discussed below).

We also explored how incorporating environmental water into the SIAR model affected our conclusions by varying the stable hydrogen isotope ratios of stream water ($\delta^2\text{H}_{\text{H}_2\text{O}}$) and the proportion of consumer tissue consisting of stream water hydrogen (ω) (Solomon et al. 2009; Wilkinson et al. 2015). $\delta^2\text{H}_{\text{H}_2\text{O}}$ values for our

Fig. 1. $\delta^2\text{H}$, $\delta^{13}\text{C}$, and $\delta^{15}\text{N}$ values of basal resources and specialist algivore and detritivore taxa from pool (left) and riffle (right) habitats of the study streams. Streams are arranged, left to right, from smallest to largest subwatershed area (in parentheses, km^2). Mean values for detritivores and algivores from pools and riffles computed across streams are shown as dashed lines (from Table 1). Leaf and fine particulate organic matter (FPOM) values are from pools only.



study streams were not available. Given the proximity and similar elevations of our study streams (Klose et al. 2015), we expected that $\delta^2\text{H}_{\text{H}_2\text{O}}$ values would be similar among streams, as supported by estimates of precipitation $\delta^2\text{H}_{\text{H}_2\text{O}}$ based on the georeferenced locations of study sites and the online tool Waterisotopes.org (Bowen and Revenaugh 2003; Bowen et al. 2005). Estimated annual precipitation $\delta^2\text{H}_{\text{H}_2\text{O}}$ values were similar across our study area (-53‰ to -48‰ , $\bar{x} = -49\text{‰}$) and comparable to $\delta^2\text{H}_{\text{H}_2\text{O}}$ values reported for dry season flows measured in eight streams with

undeveloped watersheds in the Santa Monica Mountains, approximately 100 km south (Hibbs et al. 2012).

Some information is available on possible ω values for shredders (*Lepidostoma*) (0.12) and scrapers (0.06) from Finlay et al. (2010) in Wilkinson et al. (2015). Modifying the method of Wilkinson et al. (2015), we adjusted the detritivore and algivore $\delta^2\text{H}$ end-member values for each stream prior to mixing model calculations by adjusting for the contribution of environmental water (ω_1) as follows: $\delta^2\text{H}_{\text{adjusted end-member}} = [\delta^2\text{H}_{\text{end-member}} - (\omega_1 \times$

Table 2. Significance (*p* value) of Šidák multiple pairwise tests comparing the stable isotope signatures ($\delta^2\text{H}$, $\delta^{13}\text{C}$, $\delta^{15}\text{N}$) of basal resources and specialist primary consumers from pool and riffle habitats.

Pools					Riffles				
	<i>Cladophora</i>	Algivores	Detritivores	FPOM		<i>Cladophora</i>	Algivores	Detritivores	FPOM
$\delta^2\text{H}^*$					$\delta^2\text{H}$				
<i>Cladophora</i>					<i>Cladophora</i>				
Algivores	0.1, 1				Algivores	0.006[†]			
Detritivores	0.001	0.001			Detritivores	0.001	0.001		
FPOM	0.001	0.001	1, 0.2		FPOM	0.001	0.001	0.5	
Leaves	0.001	0.001	0.5, 0.8	0.6, 0.9	Leaves	0.001	0.001	1	0.5
$\delta^{13}\text{C}^*$					$\delta^{13}\text{C}$				
<i>Cladophora</i>					<i>Cladophora</i>				
Algivores	0.1				Algivores	0.7			
Detritivores	0.001	0.1 [†]			Detritivores	0.02	0.4 [†]		
FPOM	0.001	0.001	0.3		FPOM	0.001	0.001	0.2	
Leaves	0.001	0.2 [†]	1	0.3	Leaves	0.001	0.06 [†]	1	0.3
$\delta^{15}\text{N}$					$\delta^{15}\text{N}$				
<i>Cladophora</i>					<i>Cladophora</i>				
Algivores	0.9				Algivores	0.6			
Detritivores	1 [†]	1 [†]			Detritivores	0.4 [†]	1 [†]		
FPOM	1 [†]	0.8 [†]	1		FPOM	1 [†]	1 [†]	0.8	
Leaves	0.6 [†]	1 [†]	0.6	0.8	Leaves	0.5 [†]	0.005	0.005[†]	0.05[†]

Note: FPOM, fine particulate organic matter.

*Category \times watershed interaction effect significant ($p < 0.05$) in general linear model resulting in Šidák tests evaluated at subwatershed areas of 5 and 10 km², with *p* values provided for both subwatershed areas only if different. Significant differences ($p < 0.05$) identified in pairwise tests are in boldface.

[†]Result from pairwise test not consistent with known trophic relationships.

$\delta^2\text{H}_{\text{H}_2\text{O}})/(1 - \omega_1)$. Because environmental water contributions change with trophic level, we also adjusted $\delta^2\text{H}$ values for each predator ($\delta^2\text{H}_{\text{predator}}$) as follows (modified from Wilkinson et al. 2015): $\delta^2\text{H}_{\text{adjusted predator}} = [\delta^2\text{H}_{\text{predator}} - (\omega_2 \times \delta^2\text{H}_{\text{H}_2\text{O}})]/(1 - \omega_2)$, where $\omega_2 = 1 - (1 - \omega_1)^2$. We compared unadjusted mixing model results with results adjusted for three values of environmental water $\delta^2\text{H}$ (−45‰, −50‰, −55‰) reported by Hibbs et al. (2012) for dry season flows and suggested from precipitation values at Waterisotopes.org, and for two levels of ω_1 , i.e., 0.1, representative of shredders and scrapers, and 0.2, suggested as a default value when ω is unknown (Wilkinson et al. 2015). Proportional contributions of algae-based resources to predator diet were then calculated using the SIAR mixing model with algivore and detritivore end-member and predator hydrogen and carbon stable isotope ratios.

Results

Isotope values of basal resources and specialist primary consumers

Across all streams, $\delta^2\text{H}$ values of conditioned leaves, FPOM, and detritivores were enriched, on average, by ~100‰ in pools and ~80‰ in riffles compared with values for *Cladophora* and algivores (Table 1; Figs. 1a, 1b). $\delta^2\text{H}$ values of algivores, but not of *Cladophora* ($p > 0.8$), declined significantly with subwatershed area in pools and riffles (pools: $p < 0.002$, $R^2 = 0.76$; riffles: $p = 0.015$, $R^2 = 0.60$, $n = 9$). $\delta^2\text{H}$ values of detritivores were not correlated with subwatershed area ($p > 0.5$).

In both pools and riffles, $\delta^2\text{H}$ values of detritivores were significantly enriched relative to values for algivores in accordance with differences in the $\delta^2\text{H}$ values of their expected food sources (pools: resource-consumer category, $p < 0.001$, $F_{[4,28]} = 16.3$, category \times subwatershed area, $p = 0.001$, $F_{[4,28]} = 5.9$; Fig. 1a; riffles: category, $p < 0.001$, $F_{[4,26]} = 10.4$, category \times subwatershed area, $p = 0.13$, $F_{[4,26]} = 2.0$; Šidák post hoc test results in Table 2; Fig. 1b). $\delta^2\text{H}$ values of detritivores were not significantly different from those for conditioned leaves and FPOM (Table 2). $\delta^2\text{H}$ values of algivores were not significantly different from values for *Cladophora* in

pools, but they were enriched relative to values for these algae in riffles (Table 2).

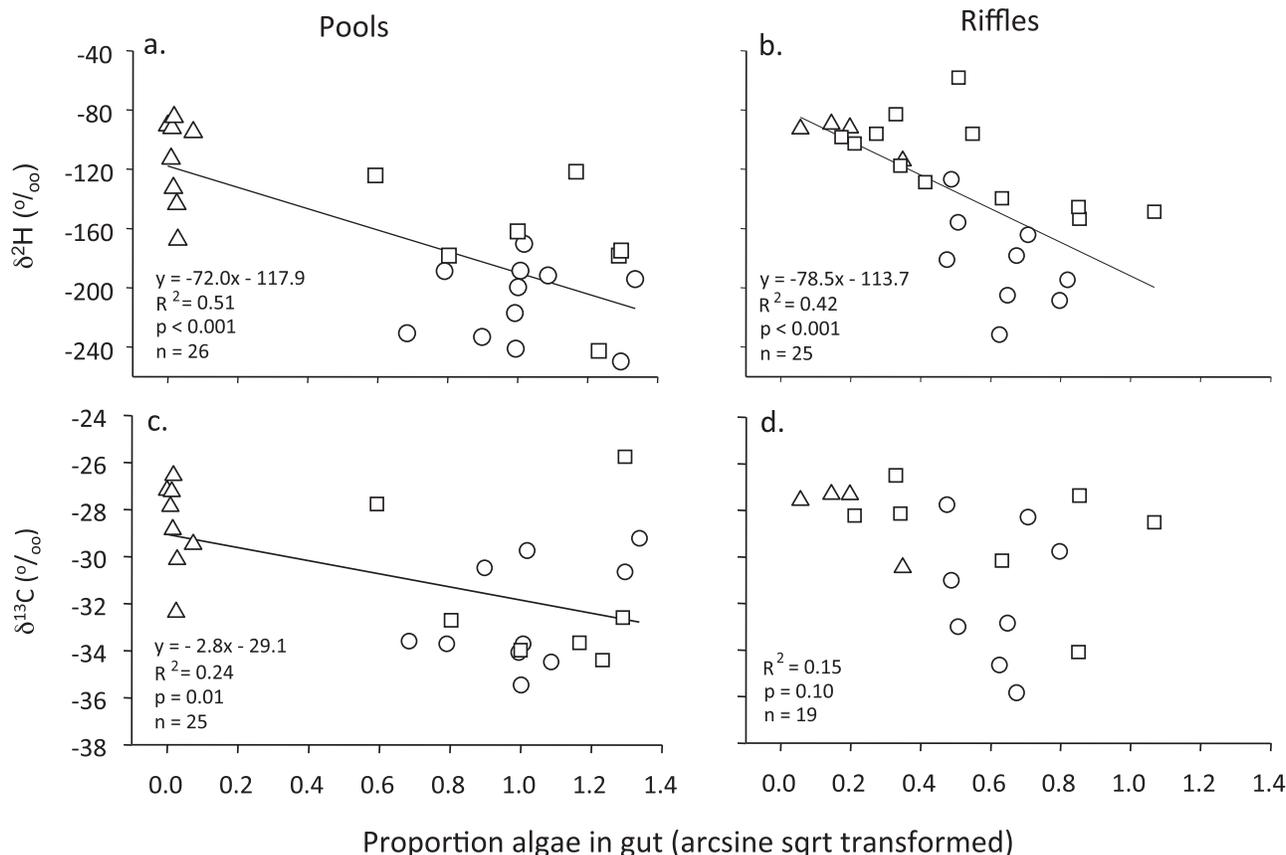
In both pools and riffles, $\delta^{13}\text{C}$ values also differed among basal resources, detritivores, and algivores (pools: resource-consumer category, $p = 0.001$, $F_{[4,32]} = 6.6$, category \times subwatershed area, $p = 0.06$, $F_{[4,32]} = 2.5$; Table 2; Fig. 1c; riffles: category, $p = 0.05$, $F_{[4,28]} = 2.7$, category \times subwatershed area, $p = 0.65$, $F_{[4,28]} = 0.6$; Table 2; Fig. 1d). In contrast with the results for $\delta^2\text{H}$, there was no significant difference in $\delta^{13}\text{C}$ values between algivores and detritivores or leaves in pools or riffles (Table 2; Fig. 1c). In both pools and riffles, there were no significant differences in $\delta^{15}\text{N}$ values among resource-consumer categories, and there were no category \times subwatershed area interaction effects (pools: category, $p = 0.36$, $F_{[4,31]} = 1.1$, category \times subwatershed, $p = 0.51$, $F_{[4,31]} = 0.8$; Table 2; Fig. 1e; riffles: category, $p = 0.70$, $F_{[4,27]} = 0.5$, category \times subwatershed, $p = 0.51$, $F_{[4,27]} = 0.8$; Table 2; Fig. 1f). Algivores, Orthoclaadiinae, and Chironominae in both pools and riffles were enriched in ^{15}N in Mission Creek relative to other creeks, which was associated with the appreciable ^{15}N enrichment of algae at this site (Figs. 1e, 1f).

There was no difference between pool and riffle habitats in the isotope values ($\delta^2\text{H}$, $\delta^{13}\text{C}$, or $\delta^{15}\text{N}$) of detritivores (*Lepidostoma*, *Paraleptophlebia*) or algivores (*Baetis*, *Eubrianax*) (p values > 0.1 , $n = 9$, paired *t* tests).

Relationship between isotope ratios and gut contents of primary consumers

$\delta^2\text{H}$ values of primary consumers from both pools and riffles were negatively correlated with the proportions of gut contents consisting of algae (Figs. 2a, 2b). As expected, the gut contents of *Lepidostoma* (shredders) and *Paraleptophlebia* (collectors) consisted almost entirely of detrital particles (pools: $99.9\% \pm 0.1\%$, $n = 9$; riffles: $95.5\% \pm 2.5\%$, $n = 4$, $\bar{x} \pm 1$ SE), consistent with their enriched $\delta^2\text{H}$ values (Figs. 2a, 2b). Algae constituted a much higher proportion of the gut contents (pools: $70\% \pm 3\%$, $n = 11$; riffles: $40\% \pm 3\%$, $n = 10$) of algivores (*Baetis*, *Callibaetis*, *Centroptilum*, *Eubrianax*), consistent with their more depleted $\delta^2\text{H}$ values. $\delta^{13}\text{C}$ values of primary consumers from pools also were negatively correlated with

Fig. 2. Relationships between (a–b) $\delta^2\text{H}$ and (c–d) $\delta^{13}\text{C}$ tissue values and the proportion of algae in guts (algal biovolumes/algal + detrital biovolumes, arcsine square-root transformed) for known detritivores (triangles: *Lepidostoma*, *Paraleptophlebia*), algivores (circles: *Baetis*, *Callibaetis*, *Eubrianax*, *Centroptilum*), and other primary consumer taxa with variable diets (squares: *Leucrocuta*, *Dipheteror*, *Simulium*) from pool (left) and riffle (right) habitats. Linear regression equations (for significant relationships), coefficients of determination (R^2), associated p values, and sample sizes are also shown.



the proportions of their gut contents consisting of algae, but the relationship was weaker than that for $\delta^2\text{H}$ (Fig. 2c) and not significant for consumers from riffles (Fig. 2d).

Trophic support of predators: comparison of isotope ratios

$\delta^2\text{H}$ values of common predator taxa declined with subwatershed area (pools: $p < 0.001$, $R^2 = 0.80$; riffles: $p = 0.04$, $R^2 = 0.62$, $n = 9$; Figs. 3a, 3b). This analysis excluded the beetle *Stictotarsus* sp., which appeared to be a specialist predator on algivores based on consistently depleted $\delta^2\text{H}$ values. In the smallest streams, $\delta^2\text{H}$ values of predators in pools were generally similar to values for detritivores and well separated from algivore values, suggesting primary use of detritivorous prey in these streams (Fig. 3a). However, the dramatically lower values of damselflies of the genus *Archilestes* in two larger streams with elevated nitrate concentrations, and where the riparian vegetation had burned in a wildfire (Mission and San Antonio creeks), suggested greater use of algivorous prey at those sites (Fig. 3a; see also Cooper et al. 2015). These patterns were less evident for predators sampled from riffles. Notably, stoneflies of the genera *Isoperla* and *Calineura* tended to have depleted $\delta^2\text{H}$ values in the four smaller streams where they occurred, suggesting a greater use of algivorous prey by these stonefly predators than by other predators at those sites (Fig. 3b).

There were no relationships between $\delta^{13}\text{C}$ or $\delta^{15}\text{N}$ values of predator taxa from pools or riffles and subwatershed area (p values > 0.1 ; Figs. 3c–3f). There was inconsistent separation among streams between detritivores and algivores in $\delta^{13}\text{C}$ (range of separation, +0.5‰ to –7.7‰) and $\delta^{15}\text{N}$ (+0.1‰ to +7.2‰) values, although most predator $\delta^{13}\text{C}$ values were similar to detritivore

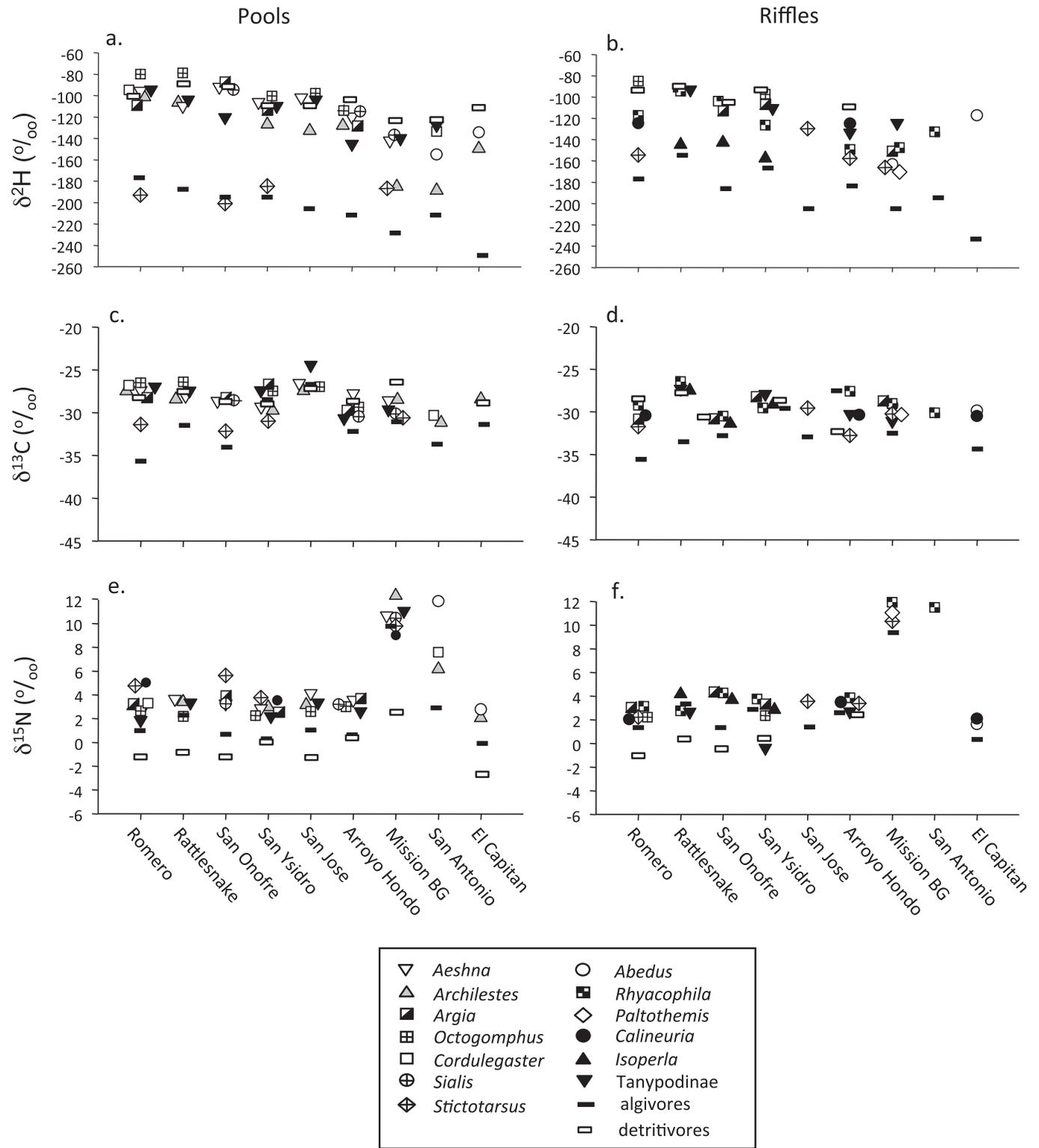
values in the three smallest streams (Figs. 3c–3f). Predators were more enriched in ^{15}N than detritivores (Figs. 3e, 3f versus 1e, 1f), even in small streams, reflecting the trophic enrichment from prey to predator expected with N isotopes (Vander Zanden and Rasmussen 2001; Post 2002). However, $\delta^{15}\text{N}$ values of predators in Mission and San Antonio creeks also were enriched relative to those in other streams (Figs. 3e, 3f), suggesting the consumption of algivores feeding on microalgae enriched in ^{15}N at these sites.

Trophic support of predators: mixing model estimates versus gut contents

There was no difference between pools and riffles in the relationship between either $\delta^2\text{H}$ or $\delta^{13}\text{C}$ values of predators and the proportions of algivorous prey in their guts (all habitat and habitat \times proportion of gut contents consisting of algivores effects were not significant, $p > 0.2$), so data from pools and riffles were analyzed and presented together (Figs. 4a, 4c). $\delta^2\text{H}$ values of predators were negatively correlated with the proportions of algivorous prey in their guts ($p < 0.001$; Fig. 4a) and there was a positive correlation between the percent algae-based contributions to predator diet, as estimated using the SIAR model, and the proportions of predator gut contents consisting of algivorous prey ($p < 0.001$; Fig. 4b).

Including the possible effects of environmental water on prey end-member and predator $\delta^2\text{H}$ values prior to mixing model calculations increased estimates of algae-based prey resource use relative to uncorrected values by 6% to 16%, depending on the ω and $\delta^2\text{H}_{\text{H}_2\text{O}}$ values used (Table 3). Increasing environmental water content (ω) from 0.1 to 0.2 had a greater effect on mixing model

Fig. 3. $\delta^2\text{H}$, $\delta^{13}\text{C}$, and $\delta^{15}\text{N}$ values of predator taxa from pool (left) and riffle (right) habitats of the study streams. Streams are arranged as in Fig. 1. Values for detritivores (open bars) and algivores (solid bars) are shown for each stream where data were available.



estimates than decreasing $\delta^2\text{H}_{\text{H}_2\text{O}}$ values from -45% to -55% (Table 3). Despite the possible effects of environmental water on mixing model results, the positive relationship between model estimates of algae-based contributions to predator tissue sup-

port and the proportions of algivores in gut contents remained highly significant across all combinations of ω and $\delta^2\text{H}_{\text{H}_2\text{O}}$ values (p values < 0.001 , shown only for $\omega = 0.2$, $\delta^2\text{H}_{\text{H}_2\text{O}} = -55\%$ in Fig. 4b).

Fig. 4. Relationships between the proportions of predator gut contents composed of algalivorous prey (algalivorous prey/algalivorous + other prey, arcsine square-root transformed) and (a) $\delta^2\text{H}$ values of predator taxa; (b) SIAR mixing model estimates (± 1 SD) of algivore contributions to predator nutrition based on $\delta^2\text{H}$ values of predator, algivore, and detritivore tissues for each stream (Figs. 1, 3) (open points and solid line represent unadjusted values; solid points and dashed line represent an example with values adjusted for environmental water (Table 3), setting $\omega_1 = 0.2$, $\delta^2\text{H}_{\text{H}_2\text{O}} = -55\%$); (c) $\delta^{13}\text{C}$ values of predator taxa; and (d) SIAR mixing model estimates of algivore contributions to predator nutrition based on $\delta^{13}\text{C}$ values of predator, algivore, and detritivore tissues for each stream. Regression lines were fit to data from pools and riffles combined. Regression equations, coefficients of determination, associated p values, and sample sizes are also shown for significant relationships.

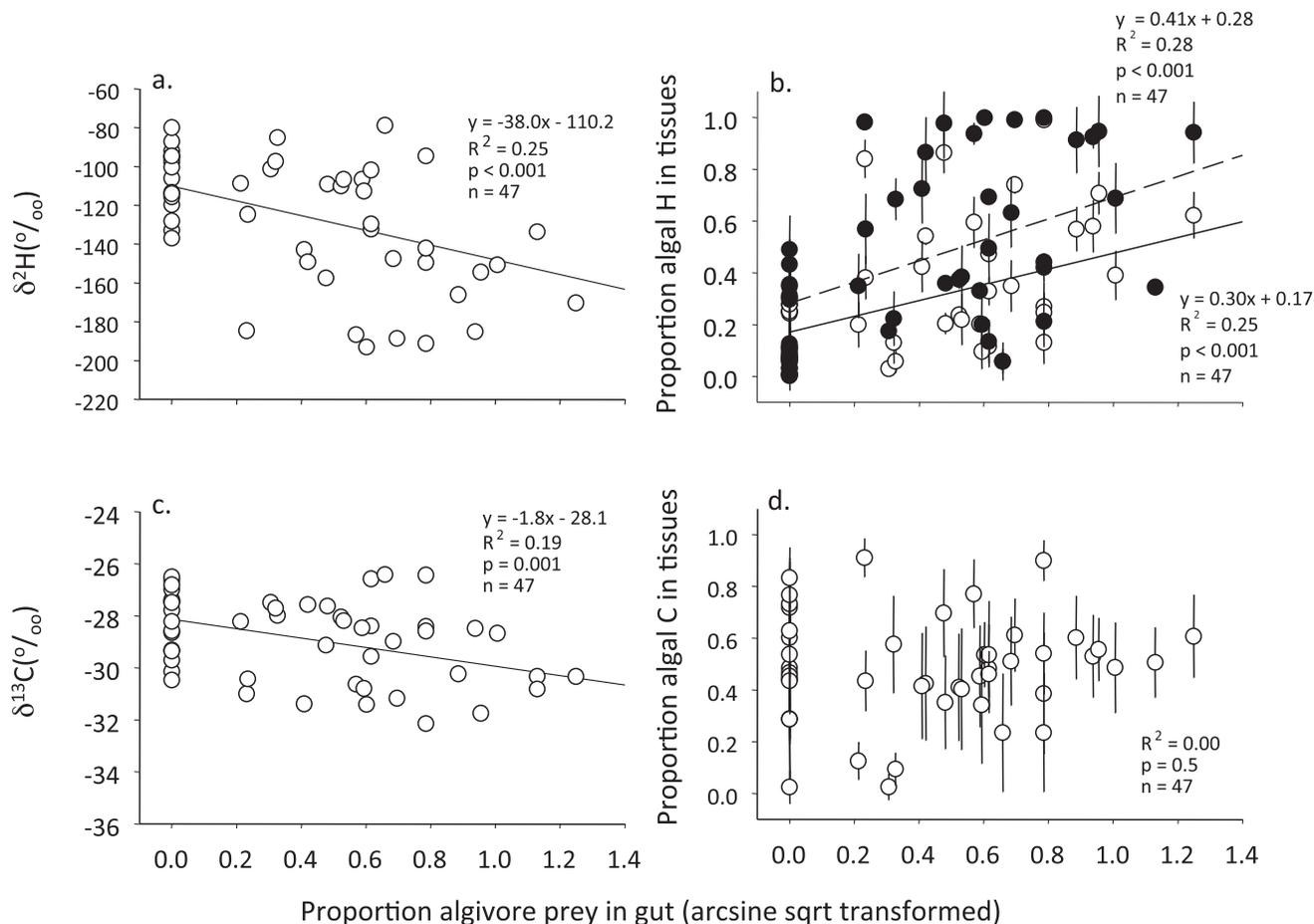


Table 3. Percentage difference in algae-based contributions to predator diet among Stable Isotope Analysis in R mixing model estimates using measured algivore, detritivore, and predator end-member values compared with values adjusted for environmental water using the different ω and $\delta^2\text{H}_{\text{H}_2\text{O}}$ values listed below ($\bar{x} \pm 1$ SE, $n = 47$ predator values).

$\delta^2\text{H}_{\text{H}_2\text{O}}$ (‰)	ω	
	0.10	0.20
-45	7.3 \pm 0.8	16.1 \pm 1.6
-50	6.8 \pm 0.8	15.2 \pm 1.6
-55	6.3 \pm 0.8	9.2 \pm 1.4

Note: ω , proportion of consumer tissue consisting of stream water hydrogen.

There was a weak relationship between predator $\delta^{13}\text{C}$ values and the proportions of their gut contents composed of algalivorous prey ($p = 0.001$, $R^2 = 0.19$; Fig. 4c). However, there was no relationship between SIAR model estimates of algivore-based carbon con-

tributions to predator diets and the proportions of algalivorous prey in predator guts ($p = 0.5$; Fig. 4d).

Discussion

Stable hydrogen isotope ratios ($\delta^2\text{H}$) more consistently and clearly distinguished algae and algivores from conditioned terrestrial leaves, FPOM, and detritivores in our headwater streams than did carbon isotope ratios ($\delta^{13}\text{C}$), with a mean $\delta^2\text{H}$ separation of $>80\%$ between algal and detrital resources and consumers across habitats and streams. The correspondence between the $\delta^2\text{H}$ values of specialist primary consumers and their expected diets in our small streams is congruent with comparisons of $\delta^2\text{H}$ values between consumers and their assumed food sources in streams in northern California (Finlay et al. 2010). In that study, mean differences in $\delta^2\text{H}$ values between algalivorous invertebrates and algae, and between detritivorous invertebrates and terrestrial detritus, were much smaller ($<5\%$) than the differences between these two feeding groups and food sources ($>60\%$).

There also was remarkably good agreement between our results and those of Finlay et al. (2010) for the mean $\delta^2\text{H}$ values of conditioned leaves (-110% for our data versus -109% for Finlay et al. 2010), detritivores (pools, -108% versus -105%), *Cladophora* (riffles, -219% versus -225%), and algivores (riffles, -189% versus

–175‰), despite differences in the riparian vegetation, consumer taxa, and hydrological and other conditions between our study sites. The close correspondence and wide separation in $\delta^2\text{H}$ values between specialist consumers and their food resources in our study and that of Finlay et al. (2010) suggest that the effects of trophic and tissue fractionation, and $\delta^2\text{H}$ values of environmental water, on body tissue $\delta^2\text{H}$ values (Solomon et al. 2009; Wilkinson et al. 2015) were similar between our sites and those of Finlay et al. (2010).

In contrast, Jardine et al. (2009), working in streams in New Brunswick, Canada, reported a smaller overall mean difference and more variation in the separation of $\delta^2\text{H}$ values in stream “biofilm” versus leaves (alder) (mean difference ± 1 SD of $39.2\% \pm 31.2\%$, all 31 sites, from Table 1, range from $+15.9\%$ to -109%) than found in our study and that of Finlay et al. (2010). Furthermore, the $\delta^2\text{H}$ values for leaves and biofilm overlapped at more sites than did $\delta^{13}\text{C}$ values, precluding the application of mixing models using $\delta^2\text{H}$ data because of insufficient $\delta^2\text{H}$ end-member separation (as based on criteria of nonoverlapping standard deviations around mean values). They suggested that local factors, such as the chemistry and $\delta^2\text{H}$ values of the water body, and perhaps consumer lipid content, affected the relative effectiveness of carbon and hydrogen isotope ratios in tracing food web pathways at their sites.

Although the separation in $\delta^2\text{H}$ values between algivore and detritivore taxa was distinct in our study streams, $\delta^2\text{H}$ values of algivores declined with increasing subwatershed area and with the loss of canopy cover owing to wildfire in two of the larger subwatersheds (Mission, San Antonio, Cooper et al. 2015). Finlay et al. (2010) also reported decreasing $\delta^2\text{H}$ values with increasing catchment area for filamentous green algae, diatoms, and herbivorous caddisflies in northern California streams. One possible explanation for this pattern is that the microalgae consumed by algivores were more enriched in $\delta^2\text{H}$ in the smaller than larger streams. Finlay et al. (2010) proposed that such enrichment could arise through greater fractionation of hydrogen isotopes during photosynthesis or higher algal lipid concentrations, which are depleted in deuterium (^2H), in large than in small streams. However, in our study, $\delta^2\text{H}$ values of the filamentous macroalgae *Cladophora* did not decrease with subwatershed area, which is inconsistent with this explanation.

Another possibility is that algivores consumed more detritus in small than in large streams, congruent with McNeely et al.'s (2006) results showing increasing algal biomass, and increasing proportions of algae in the guts of some taxa, with increases in watershed area. This possibility is also supported by studies showing flexibility in primary consumer diets, even within functional groups, including scrapers or grazers, generally considered to be largely algivorous, along stream or river continua (Rosi-Marshall et al. 2016; Collins et al. 2016). Until more information is available, researchers using algivore $\delta^2\text{H}$ values as proxies for the microalgal end-member in mixing models need to consider that the $\delta^2\text{H}$ values of microalgae may vary among streams and that algivores may derive increased nutritional support from terrestrial detritus (versus algae) in small streams. Although some shredder or collector taxa have been reported to consume large amounts of algae in other systems (Rosi-Marshall et al. 2016), the detritivore taxa representing the terrestrial end-member in our study were distinctly detritivorous across streams, as evidenced by enriched $\delta^2\text{H}$ values that were widely separated from algivore values and by gut contents consisting almost entirely of detrital particles.

In contrast with $\delta^2\text{H}$, $\delta^{13}\text{C}$ values of basal resources, algivores, and detritivores were not consistently well separated in all streams. A lack of consistent separation in $\delta^{13}\text{C}$ values among basal resources (algae, coarse or fine particulate organic matter) has limited the utility of carbon isotopes in tracing the sources and fates of organic matter in freshwater ecosystems and has been attributed to variation in the $\delta^{13}\text{C}$ values of algae rather than

terrestrial detritus (France 1996; Doucett et al. 1996, 2007; Finlay 2001; McNeely et al. 2006; Ishikawa et al. 2012). $\delta^{13}\text{C}$ values of terrestrial detritus vary over a relatively narrow range (e.g., conditioned leaves: $-29.0\% \pm 0.3\%$, our study, Table 1; $-28.2\% \pm 0.2\%$ (± 1 SE) in Finlay 2001), whereas $\delta^{13}\text{C}$ values of algae and algivores can vary widely with factors that affect the fractionation of carbon isotopes during the uptake of CO_2 and dissolved inorganic carbon by algae, such as algal productivity and aqueous CO_2 availability (Finlay 2001).

Using nitrogen isotopes to trace trophic pathways also requires sufficient and reliable separation in resource end-member values. Nitrogen isotope ratios can be highly variable in time and space owing to variation in the isotopic signature and availability of dissolved inorganic N (DIN) assimilated by producers, changes in the $\delta^{15}\text{N}$ values of detritus during decomposition by microbes, and variation in producer $\delta^{15}\text{N}$ values resulting from anthropogenic DIN inputs (Peterson 1999; Post 2002; Moore et al. 2014). In this study, stable nitrogen isotope values were not consistently or clearly different between different resource and primary consumer categories. As a consequence, $\delta^{15}\text{N}$ values were not useful in identifying basal resource contributions to consumers in our study streams.

Predators in Mission and San Antonio creeks, however, were enriched in ^{15}N relative to predators in other streams, suggesting the consumption of algivores feeding on microalgae with enriched $\delta^{15}\text{N}$ values, engendered by increased light and nutrient levels following a wildfire the year before (Cooper et al. 2015). Interestingly, there also was some ^{15}N enrichment of the detritivores, *Lepidostoma* and *Paraleptophlebia* ($\sim +2\%$), in these two streams. $\delta^{15}\text{N}$ values of conditioned leaves were not enriched, suggesting that these detritivores were deriving some nutritional support from microbial cells that had incorporated DIN (Hamilton et al. 2004). Variation in the $\delta^{15}\text{N}$ values of predators across streams emphasizes the importance of calculating increments in ^{15}N values from prey to predators for each stream independently to assess the trophic level of individual taxa (Vander Zanden and Rasmussen 1999; Post 2002) and also illustrates the potential use of $\delta^{15}\text{N}$ to trace nutrient enrichment effects through the food web (McClelland et al. 1997; Moore et al. 2014).

There was better agreement (higher R^2 values) of $\delta^2\text{H}$ than $\delta^{13}\text{C}$ values with recent consumer diets. One likely explanation for this finding is the more consistent and greater separation of $\delta^2\text{H}$ than $\delta^{13}\text{C}$ values between algal and terrestrial basal resources across streams. The better congruence of $\delta^2\text{H}$ than $\delta^{13}\text{C}$ signatures with recent diets also could occur because of differences in isotope turnover times, such as hydrogen isotopes turning over more rapidly than carbon isotopes, as has been found for some vertebrate tissues (Wolf et al. 2012), thus better reflecting recently consumed food items. The concordance between consumer $\delta^2\text{H}$ values and gut contents supports conclusions regarding the relative contributions of algae and terrestrial detritus to primary consumer diets and nutrition, but the time frame over which $\delta^2\text{H}$ values integrate past consumption is unknown (e.g., Jardine et al. 2005; McNeely et al. 2007; Li and Dudgeon 2008).

The efficacy of hydrogen isotope ratios in delineating food webs in our streams was further supported by the significant correlation between algivore contributions to predator nutrition, estimated using a commonly applied Bayesian mixing model, and the proportions of algivorous prey in predator gut contents, a relationship that was unaffected by adjusting measured resource and predator $\delta^2\text{H}$ values for the possible effects of environmental water. The variable and smaller separation of carbon isotope ratios between algivores and detritivores resulted in a lack of agreement between estimates of algivore contributions to predator diet using the mixing model and predator gut contents, and there was no pattern of carbon isotope ratios with subwatershed area to indicate better separation of end-members in larger catchments

(Finlay et al. 2010). As a consequence, carbon isotope signatures were not a consistent indicator of resource use by consumers in our streams and were not reliable as a complementary tracer. Our results indicate that individual streams need to be evaluated a priori to determine whether sufficient separation exists in resource end-member values before specific stable isotopes are used to delineate food web structure.

In conclusion, although the importance of allochthonous terrestrial organic matter subsidies and autochthonous algal production to the food webs of streams is widely recognized, the ability of stable carbon isotope ratios to quantify the relative contributions of these resources to higher trophic levels has been limited in many cases. Our findings support the use of hydrogen isotope ratios to trace the sources and fates of organic matter in the food webs of small headwater streams of southern California, and probably other streams in arid and semiarid climates and (or) during drought (Doucett et al. 2007). Our results also support the use of hydrogen isotope ratios in delineating food web structure along longitudinal river continua (Finlay et al. 2010; Collins et al. 2016) and in evaluating food web responses to human activities and natural disturbances that alter riparian shading, riparian inputs, and algal production, such as land use changes (logging, livestock grazing, agricultural and urban development), wildfires, and floods (Kiffney 2008; Wootton 2012; Cooper et al. 2013, 2015), producing more consistent and clearer results than those based on carbon isotope ratios.

Acknowledgements

We thank Kristen Mollura for assistance in the laboratory and Kyle Emery for discussion and comments on the manuscript. We also thank Robert Sherwood of the Santa Barbara Botanic Garden, Ralph Philbrick of the San Jose Trout Club, Terri Bowman of El Capitan Canyon, the Land Trust for Santa Barbara County, and Jeff Brinkman for assistance with obtaining access to study sites. This research was supported by funding from the US National Science Foundation (awards OCE-0620276, OCE-1232779, and DEB-0952599) and the University of California Santa Barbara Academic Senate.

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