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Immune Biomarkers in the Prediction of Future Myocardial Infarctions in People With Human Immunodeficiency Virus

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In a retrospective case control analysis, following adjustments for high-sensitivity C-reactive protein (hsCRP), traditional cardiovascular risk factors, and the CD4/CD8 T-cell ratio, higher lipopolysaccharide-binding protein (LBP) was associated with future myocardial infarctions in hsCRP human immunodeficiency virus (HIV). LBP may be a marker of cardiovascular risk with utility in HIV.

Keywords. HIV; cardiovascular disease; acute myocardial infarction; inflammation; immune activation.

People living with human immunodeficiency virus (HIV; PWHIV) are at increased risk for cardiovascular disease (CVD), but attempts to predict acute myocardial infarctions (AMI), including the atherosclerotic cardiovascular disease Pooled Cohort Equations, lack sensitivity and specificity in this population [1]. HIV is characterized by unique perturbations of innate and adaptive immune responses that powerfully influence plaque stability, but are not well captured by traditional risk stratification approaches. The recently released American Heart Association statement on the characteristics, prevention, and management of CVD in PWHIV highlights this, identifying that “there is insufficient data to recommend routine measurement of inflammatory biomarkers as the additive value of these measurement for CVD risk stratification in HIV is unclear” [2]. Thus, research is needed to investigate the utility of such biomarkers to optimize risk prediction efforts.

This project aimed to determine whether changes in plasma biomarkers of inflammation, endothelial functions, and microbial translocation were associated with AMI in PWHIV

and, specifically, to examine the correlations between levels of lipopolysaccharide-binding protein (LBP) and known markers of cardiovascular risk.

METHODS

A retrospective case control study was performed. Cases ($n = 57$) were adult PWHIV who had their first AMI while enrolled in an Acquired Immunodeficiency Syndrome Clinical Trials Group (ACTG) trial or while enrolled in the ACTG long-term follow-up cohort. AMIs are reported in all ACTG trials following a specific protocol, but were not externally adjudicated. Cases were 1:2 matched by age and sex to participants with HIV from the same study who had no history of CVD (controls; $n = 114$). Demographic data, current antiretroviral therapy (ART) regimens, and the most recent laboratory results for participants were collated from the parent study and cohort databases. As 3 HIV viral load (VL) assays were used across the parent studies (Roche Ultrasensitive HIV real-time polymerase chain reaction [threshold 50copies/ml], Roche COBAS AmpliPrep/Taqman HIV-1 [threshold 20c/ml], and Abbott RealTime HIV-1 [Threshold 40c/ml]), an undetectable HIV VL was defined as <50 copies/ml.

Stored plasma samples within the 3 months prior to the recorded AMI were utilized from the specimen repository. For controls, the AMI date in the matched case was used. Biomarkers of inflammation (high-sensitivity C-reactive protein, interleukin-6, and tissue necrosis factor alpha [TNF α]), coagulation (soluble platelet selectin [sP-selectin] and soluble CD40 ligand), and endothelial functions (soluble immunoglobulin-like cell adhesion molecules-1, soluble vascular cell adhesion molecules-1) were determined by Luminex magnetic bead technology, Milliplex Human Cytokine/Chemokine Magnetic Bead Panel (Billerica, MA). Levels of LBP, a lipopolysaccharide (LPS)-responsive glycoprotein involved in innate immune responses and atherogenesis, were measured by a commercial kit (Hycult Biotech Inc, Uden, The Netherlands, Edition 10–16) [3].

The primary outcome was the difference in LBPs between those with and without AMI.

Outcomes are described as medians (interquartile ranges [IQR]) or n (%), as appropriate.

Matched univariate conditional logistic regression was conducted to determine the participant characteristics and laboratory results associated with an increased risk of AMI. A P value $< .05$ was considered statistically significant. Multivariate conditional logistic regression examined associations between markers and risks of AMI, adjusting for the presence of traditional CVD risk factors (diabetes, hypertension, family history,

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current cigarette smoking, and total cholesterol-high density lipoprotein [HDL] ratio), the CD4/CD8 ratio, and high-sensitivity C-reactive protein (hsCRP). Associations between biomarkers, plasma lipids, and participant demographics were assessed using Spearman's correlations.

Assuming a mean difference in LBP of 3.5 pg/ml (\pm 8.7) between cases and controls, as demonstrated in the general population by Lepper et al [4], with 57 matched groups, this study had 85% power ($P < .05$) to detect a true difference in LBP.

All participants provided written informed consent for their samples and data to be used in future research. This sub-study was approved by the University of California, Los Angeles Institutional Review Board (16-001934).

RESULTS

We identified 57 participants with incident AMIs and matched them with 114 controls. The participants came from 14 ACTG studies (see [Supplementary Table 1](#)), with an earliest recruitment date of 1999 and latest recruitment date of 2012. There were 4 controls that were included twice, with different matched cases and, thus, different time points of data collection. As a result of the wide time frame of recruitment to the parent trials, participants overall had a lower CD4 nadir (median 149 cells/ μ l, IQR 39–309) and a higher percentage of detectable HIV VLs (60; 39%) than would be expected in an exclusively modern cohort.

Overall, participants were predominantly male (159; 93%) with a median age of 43 years (IQR 39–51). Most of the participants (101; 59%) identified as White, with 49 (29%) identifying as Black or African-American and 18 (11%) as Hispanic; there were no differences between cases and controls ($P = .380$; see [Table 1](#)).

In univariate analyses, having hypertension, having a family history of AMIs, being a current smoker, and having a higher total cholesterol-HDL ratio were each associated with an increased risk of an AMI. The HIV-specific variables of CD4%, CD8%, CD4/CD8 ratio, and nadir CD4+ T cell count were also associated with AMI, while a detectable HIV VL and currently taking ART were not (see [Table 1](#)).

Of the biomarkers of cardiovascular risk, only LBP (odds ratio [OR] 1.86, 95% confidence interval [CI] 1.26–2.73; $P = .001$) and TNF α (OR 1.42, 95% CI 1.00–2.03; $P = .048$) were significantly associated with future AMIs in a univariate analysis (see [Table 1](#)).

In the multivariate model adjusted for hsCRP, the presence of traditional cardiovascular risk factors and a lower CD4/CD8 T cell ratio, a higher LBP remained associated with the risk of a future AMI (OR 1.62, 95% CI 1.06–2.48 per 10 pg/ml increase; $P = .025$).

LBP correlated with a number of demographic and laboratory factors, including cigarette quantity ($\rho = 0.32$; $P = .038$),

HIV VL ($\rho = 0.33$; $P < .001$), HDL cholesterol ($\rho = -0.24$; $P = .007$), and total cholesterol-HDL ratio ($\rho = 0.24$; $P = .0015$), CD4% ($\rho = -0.34$; $P < .001$), CD8% ($\rho = 0.29$; $P = .001$), CD4/CD8 ratio ($\rho = -0.37$; $P < .001$), and body weight ($\rho = -0.159$; $P = .04$). LBP was correlated with hsCRP ($\rho = 0.28$; $P < .001$), TNF α ($\rho = 0.25$; $P < .001$), soluble immunoglobulin-like cell adhesion molecules-1 ($\rho = 0.18$; $P = .013$), and soluble vascular cell adhesion molecules-1 ($\rho = 0.22$; $P = .0025$), but not with interleukin-6, soluble CD40 ligand, or sP-selectin. There was a trend towards higher LBP levels in older samples, but LBP remained significantly associated with AMI when the age of the sample was included in the final model (OR 1.62, 95% CI 1.06–2.48; $P = .025$).

DISCUSSION

In this study, LBP was significantly associated with an increased risk of AMI in PWHIV. This remained true following adjustments for both traditional risk factors and hsCRP, suggesting that LBP may increase accuracy in predicting myocardial risks above those of more generalized inflammatory markers. While it's known that LBP is increased in untreated HIV infections [5], prior to this work, the association between LBP and coronary artery disease in PWHIV was unknown.

An acute phase protein with an important role in regulating microbial translocation-induced inflammation, LBP synthesis in the liver is highly inducible by LPS [6]. In contrast, LBP expression in macrophages is regulated by the liver X receptor, which regulates sterol metabolism and inflammation in response to oxidized cholesterol derivatives [7]. The liver X receptor-induced transcription of LBP has been shown to increase the survival of macrophages and promote atheroprotection [3]. In the general population, higher LBP has been associated with coronary artery disease and all-cause and cardiovascular mortality [4, 8]. Its levels also correlate with atherosclerotic severity (as estimated by the degree of stenosis or number of vessels involved on angiographic assessment) [8]. Because LBP plays an active role in the pathogenesis of atherosclerosis, rather than just being a nonspecific marker of systemic inflammation (as is hsCRP), it has the potential to show greater discrimination for coronary endpoints.

Following HIV acquisition, there is depletion of gut-associated lymphoid tissue, leading to the increased translocation of microbial products (most notably LPS) into the systemic circulation [9]. LPS is elevated in individuals with progressive HIV and correlates with markers of innate and adaptive immune activation [9]. This chronic immune activation and inflammation, in turn, promotes atherosclerosis [10]. The increase in microbial translocation seen with acute HIV infection is only minimally improved by ART, which may be why PWHIV remain at increased risk for CVD despite suppressive ART and why current antiretroviral exposure was not associated with

Table 1. Participant Demographics and Univariate Analysis

Variable	Cases, n (%) or median (IQR)	Controls	OR ^a	95% CI	P Value ^b
n	57	114
Age, years	43 (39, 51)	43 (40, 50)	1.47	0.92–2.34	.103
Gender, male	53 (93)	106 (93)
Race					
White	35 (61)	66 (58)	reference		...
Black	17 (30)	32 (28)	0.99	0.50–1.96	.997
Hispanic	5 (9)	13 (12)	0.61	0.17–2.15	.046
Cardiovascular risk factors					
Diabetes mellitus	1 (3)	8 (12)	0.28	0.03–2.32	.241
Hypertension	11 (31)	6 (9)	5.08	1.25–19.14	.016
Family history of AMI ^c	11 (34)	9 (14)	7.56	1.63–34.92	.010
Current smoker	21 (58)	10 (14)	6.04	2.22–16.43	<.001
Systolic BP, mmHg	127 (113–137)	120 (110–132)	1.01	0.98–1.03	.337
Body mass index, kg/m ²	25.5 (22.9–28.5)	26.0 (24.1–28.1)	1.03	0.95–1.12	.368
Lipids					
Total cholesterol, mg/dl	196.5 (180–240)	183 (160–211)	1.13	1.02–1.25	.019
HDL cholesterol, mg/dl	37 (30–49)	39 (33–53)	0.97	0.94–1.00	.166
LDL cholesterol, mg/dl	109 (89–153)	104 (81–143)	1.00	0.99–1.01	.180
Triglycerides, mg/dl	220 (148–337)	169 (107–237)	1.00	0.99–1.00	.087
Total cholesterol/HDL ratio	5.25 (3.73–7.08)	4.5 (3.63–5.38)	1.45	1.12–1.86	.004
HIV parameters					
CD4 %	19 (10–29)	25 (15–33)	0.96	0.92–0.99	.034
CD8 %	53 (45, 61)	47 (37, 58)	1.03	1.00–1.06	.012
CD4/CD8 ratio	0.37 (0.15, 0.59)	0.53 (0.25, 0.85)	0.85	0.76–0.96	.009
Nadir CD4+ count, cells/ μ l	53 (16.5, 203.5)	193 (59, 345)	0.95	0.92–0.99	.016
Detectable HIV VL ^d	26 (47)	34 (34)	1.54	0.73–3.33	.250
On ART	28 (49)	56 (29)	1.00	0.41–2.42	1.00
Duration of ART, years	5.1 (0.0, 9.2)	5.6 (0.0, 10.6)	0.94	0.85–1.05	.320
Plasma biomarkers					
LBP, pg/ml	19.6 (10.0, 26.8)	12.1 (6.6, 19.6)	1.86	1.26–2.73	.001
hsCRP, ng/ml	0.42 (0.11, 1.26)	0.16 (0.08, 0.44)	1.09	0.90–1.31	.356
IL-6, pg/ml	7.2 (2.5, 10.1)	3.77 (1.5, 8.6)	1.00	0.95–1.04	.950
sP-selectin, ng/ml	1.52 (1.10, 2.42)	1.46 (0.98, 2.06)	1.11	0.85–1.44	.415
sICAM-1, ng/ml	1.90 (1.35, 2.70)	1.29 (1.06, 1.83)	1.01	0.98–1.04	.406
sVCAM-1, ng/ml	12.2 (10.4, 15.3)	12.1 (10.0, 14.3)	1.01	0.92–1.12	.687
sCD40L, pg/ml	1019 (426, 1922)	859 (444, 1524)	1.00	0.99–1.00	.595
TNF α , pg/ml	15.3 (10.7, 22.4)	13.1 (9.6, 19.0)	1.42	1.00–2.03	.048

All results are of the last result available prior to the date of AMI, or the AMI date in matched cases for controls. Statistically significant results are highlighted in bold. Reference, This is to show that "white race" is the reference level and other odds ratios are in reference to the white (ie, in comparison to white participants, those of hispanic background were less likely to have a heart attack).

Abbreviations: AMI, acute myocardial infarction; ART, antiretroviral therapy; BP, blood pressure; CI, confidence interval; HDL, high-density lipoprotein cholesterol; HIV, human immunodeficiency virus; hsCRP, high-sensitivity C-reactive protein; IL-6, interleukin-6; IQR, interquartile range; LBP, lipopolysaccharide binding protein; LDL, low-density lipoprotein cholesterol; OR, odds ratio; sCD40L, soluble CD40 ligand; sICAM-1, soluble immunoglobulin-like cell adhesion molecules-1; sP-selectin, soluble platelet selectin; sVCAM-1, soluble vascular cell adhesion molecules-1; TNF α , tissue necrosis factor alpha; VL, viral load.

^aORs for continuous variables are per 1 unit change, except total cholesterol (per 10 mg/dl), nadir CD4 (per 10 cells/ μ l), CD4/CD8 ratio (per 0.1 unit change), LBP, and TNF α (per 10pg/ml change).

^bCalculated using univariate conditional logistic regression (taking into account matched status).

^cDefined as a history of AMI in a first-degree male relative prior to the age of 55 or a first-degree female relative prior to the age of 65.

^dDefined as \geq 50 copies/ml, VL data at the time of AMI were missing in 19 (16%) controls and 4 (7%) cases.

AMI in this current study [11]. This study also provides evidence to support the proposed link between HIV and disruptions of the gastrointestinal barrier, by finding that a detectable HIV VL was associated with higher levels of LBP.

It remains to be seen whether interventions aimed at reducing microbial translocation, dyslipidaemia, or inflammation in PWHIV will impact LBP levels. A recent randomized

controlled trial in a population with HIV found that statin therapy was not associated with changes in LBP [12].

This work has a number of limitations, including the small number of cases identified, despite the large pool of participants involved in ACTG trials over this period. Individuals recruited into these trials were likely at low risk for CVD, and those who did have events may thus, in some ways, not be representative

of PWHIV in general; a deficit of female and older participants limited the generalizability of the results to these populations also. Some of the data were from participants recruited into trials in the early 2000s, reflected in the lower rates of viral suppression, likely the consequence of older ART regimens in use. We were not able to comment on the impacts of specific ART regimens on AMI or LBP levels, given the wide variety of agents in use. Our ability to adjust for potential confounders was partially limited, as some data (such as hepatitis C status) were not collected in all trials. Missing data may also have affected our results.

CONCLUSION

LBP may be a novel marker of cardiovascular risk, and may have specific utility in PWHIV. This study supports further investigation into its role and predictive capacity in HIV-associated CVD.

Supplementary Data

Supplementary materials are available at *Clinical Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

Notes

Author contributions. J. M. T. conceived the study design, performed the analysis, and prepared the manuscript. C. M. assisted with the statistical analysis and data extraction. J. S. C. conceived the study design with J. M. T. and assisted in drafting the manuscript. T. S. performed the laboratory analysis and assisted in the study design and drafting the manuscript.

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