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# Posterior Hippocampal Spindle Ripples Co-occur with Neocortical Theta Bursts and Downstates-Upstates, and Phase-Lock with Parietal Spindles during NREM Sleep in Humans

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Human anterior and posterior hippocampus (aHC, pHC) differ in connectivity and behavioral correlates. Here we report physiological differences in humans of both sexes. During NREM sleep, the human hippocampus generates sharpwave ripples (SWRs) similar to those which in rodents mark memory replay. We show that while pHC generates SWRs, it also generates approximately as many spindle ripples (SSR: ripples phase-locked to local spindles). In contrast, SSRs are rare in aHC. Like SWRs, SSRs often co-occur with neocortical theta bursts (TBs), downstates (DSs), sleep spindles (SSs), and upstates (USs), which coordinate cortico-hippocampal interactions and facilitate consolidation in rodents. SWRs co-occur with these waves in widespread cortical areas, especially frontocentral. These waves typically occur in the sequence TB-DS-SS-US, with SWRs usually occurring before SS-US. In contrast, SSRs occur ~350 ms later, with a strong preference for co-occurrence with posterior-parietal SSs. pHC-SSs were strongly phase-locked with parietal-SSs, and pHC-SSRs were phase-coupled with pHC-SSs and parietal-SSs. Human SWRs (and associated replay events, if any) are separated by ~5 s on average, whereas ripples on successive SSR peaks are separated by only ~80 ms. These distinctive physiological properties of pHC-SSR enable an alternative mechanism for hippocampal engagement with neocortex.

Key words: electrophysiology; hippocampus; human; memory; neocortex; sleep

#### **Significance Statement**

Rodent hippocampal neurons replay waking events during sharpwave ripples (SWRs) in NREM sleep, facilitating memory transfer to a permanent cortical store. We show that human anterior hippocampus also produces SWRs, but spindle ripples predominate in posterior. Whereas SWRs typically occur as cortex emerges from inactivity, spindle ripples typically occur at peak cortical activity. Furthermore, posterior hippocampal spindle ripples are tightly coupled to posterior parietal locations activated by conscious recollection. Finally, multiple spindle ripples can recur within a second, whereas SWRs are separated by  $\sim$ 5 s. The human posterior hippocampus is considered homologous to rodent dorsal hippocampus, which is thought to be specialized for consolidation of specific memory details. We speculate that these distinct physiological characteristics of posterior hippocampal spindle ripples may support a related function in humans.

#### Introduction

Hippocampal sharpwave ripples (HC-SWRs) are striking complexes of local field potentials (LFPs) recorded during NREM sleep and rest periods (Buzsáki, 2015). Pyramidal cell firing during HC-SWR tends to reproduce the spatiotemporal patterns established during the preceding active periods; this "replay" is

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hypothesized to guide cortical activity as it consolidates memories (Wilson and McNaughton, 1994; Skaggs and McNaughton, 1996; Nádasdy et al., 1999). Disrupting HC-SWR impairs memory consolidation (Girardeau et al., 2009; Maingret et al., 2016). The coordination of HC ripples with cortical consolidation is thought to be orchestrated by neocortical LFP graphoelements (NC-GEs) such as sleep spindles (SSs), downstates (DSs), and upstates (USs), and possibly theta bursts (TBs) (Gonzalez et al., 2018). Specifically, in rodents, evidence suggests that coordination between HC-SWRs and NC-SSs (Siapas and Wilson, 1998; Sirota et al., 2003; Peyrache et al., 2009) and DSs/USs (Battaglia et al., 2004; Mölle et al., 2006; Headley et al., 2017) is central to replay (Diekelmann and Born, 2010; O'Neill et al., 2010; Girardeau and Zugaro, 2011), and recent human data also point to NC-TB, NC-SS, and NC-US coordination being involved in targeted memory reactivation (Göldi et al., 2019). The NC-GEs themselves have systematic temporal relations, typically occurring in the order TBs→DSs→SSs→USs (Mak-McCully et al., 2017; Gonzalez et al., 2018).

HC-SWRs have been extensively studied in rodents. However, two macaque studies have confirmed the presence of HC-SWRs during NREM sleep with the typical biphasic negative-positive waves in radiatum, and ~100 Hz ripples in pyramidale (Skaggs et al., 2007; Ramirez-Villegas et al., 2015). HC-SWRs have also been observed in recordings from hippocampal electrodes implanted in humans to identify epileptogenic tissue. In a series of studies, Bragin et al. (1997, 1999) described HC-SWRs but mainly focused on the use of ripples to identify epileptogenic tissue. Axmacher et al. (2008) described HC ripples that occurred mainly in waking but were phase-locked to  $\delta$ . Previously, we described typical SWRs in human HC (Jiang et al., 2019).

Recently, Staresina et al. (2015) reported that HC ripples in humans during NREM are tightly phase-coupled to hippocampal SSs (HC-SSs) while presenting no clear evidence for sharp-wave ripples. In this study, we aimed to confirm the presence of ripples associated with HC-SSs (henceforth referred to as HC-SSRs), and to compare their characteristics and NC-GE associations (if any) with those of HC-SWRs, which we reported previously (Jiang et al., 2019). Furthermore, since Staresina et al. (2015) recorded HC-SSRs mainly in posterior HC (pHC), whereas previous human HC recordings were mainly in anterior HC (aHC) where most of the human hippocampal volume lies (Destrieux et al., 2013), we examined whether HC-SSRs selectively occurred in pHC, with HC-SWRs dominant in aHC. The possibility that aHC versus pHC have distinct LFP contexts is also suggested by their distinct anatomy and functional correlates (Ranganath and Ritchey, 2012; Poppenk et al., 2013; Strange et al., 2014). Furthermore, since cortical SSs preferentially occur in NREM Stage N2 compared with N3 (Mak-McCully et al., 2017), we contrasted these stages when performing our NC-GE to HC-GE association analyses. Finally, provided that HC-SSRs can be identified, we sought to determine their temporal relationship to HC-SWRs, as well as NC-GEs.

We report here that, indeed, both SWRs and SSRs exist in the HC, but with distinct anatomy, cortical relations, and timing. Whereas HC-SSRs and HC-SSs are largely confined to pHC, HC-SWRs predominate in aHC. pHC-SSs and pHC-SSRs tend to co-occur with NC-SSs, especially in parietal sites, whereas aHC-SWRs co-occur with more extensive cortical locations, especially frontal. While aHC-SWRs usually occur before SSs/USs, pHC-SSs/SSRs tend to occur during NC-SSs/USs, following NC-TBs/DSs. Hippocampal and parietal spindles become highly synchronous in ~2 cycles, and both modulate HC ripples. Thus,

pHC-SSRs interact in close synchrony with parietal NC-SSs within the context of more widespread cortical rhythms during NREM. The contrasting anatomy and physiology of pHC-SSRs and aHC-SWRs provide another possible mechanism for hippocampocortical coordination during NREM sleep.

#### Materials and Methods

Patient selection. Twenty patients with long-standing drug-resistant partial seizures underwent stereoelectroencephalography (SEEG) depth electrode implantation to localize seizure onset and thus direct surgical treatment (for demographic and clinical information, see Table 1). Patients were selected from a group of 54 for minimal pathology. The 20 remaining patients included 7 males, 29.8  $\pm$  11.9 years of age (range 16–58 years). Electrode targets and implantation durations were chosen entirely on clinical grounds (Gonzalez-Martinez et al., 2013). All patients gave fully informed consent for data usage as monitored by the local Institutional Review Board, in accordance with clinical guidelines and regulations at Cleveland Clinic.

Electrode localization. After implantation, electrodes were located by aligning postimplant CT to preoperative 3D T1-weighted structural MRI with  $\sim 1 \text{ mm}^3$  voxel size (Dykstra et al., 2012), using 3D Slicer (RRID: SCR\_005619). This allows visualization of individual contacts with respect to HC cross-sectional anatomy, which was interpreted in reference to the atlas of Duvernoy (1988). The assignment of depth contacts to aHC/pHC was made with the posterior limit of the uncal head as boundary (Poppenk et al., 2013; Ding and Van Hoesen, 2015). Recordings were obtained from 32 HC contacts: 20 anterior (11 left) and 12 posterior (7 left). In 4 patients, HC recordings were bilateral (3 anterior and 1 posterior); and in 8 patients, ipsilateral aHC/pHC were both recorded. The distance of each hippocampal contact from the anterior limit of the hippocampal head was obtained in Freesurfer (RRID:SCR\_001847). The CT-visible cortical contacts were then identified as previously described (Jiang et al., 2019), to ensure that activity recorded by bipolar transcortical pairs is locally generated (Mak-McCully et al., 2015). Electrode contacts were rejected from analysis if they were involved in the early stages of the seizure discharge or had frequent interictal activity or abnormal spontaneous LFPs. From the total of 2844 contacts implanted in the 20 patients, 366 transcortical pairs (18.3  $\pm$  4.7 per patient) were accepted for further analysis. Polarity of the pairs was adjusted, if necessary, to "pial surface minus white matter" according to MRI localization, confirmed with decreased high y power during surface-negative DSs (see below).

Freesurfer (Dale et al., 1999; Fischl et al., 1999a, 2004) was used to reconstruct from individual MRI scans the cortical pial and inflated surfaces, as well as automatic parcellation of the cortical surface into anatomical areas (Desikan et al., 2006), after a sulcal-gyral alignment process. An average surface for all 20 patients was then generated to serve as the basis of all 3D maps. While each cortical SEEG electrode contact's location was obtained through direction correlation of CT and MRI as described earlier in this section, we obtained the cortical parcellation labels corresponding to each contact by morphing the right-anteriorsuperior-oriented anatomical coordinates from individual surfaces to the average surface space (Fischl et al., 1999b). In addition, the nearest vertices on the average surface to the morphed coordinates would be identified for subsequent plotting of 2D projections onto the left lateral view (see Fig. 4). For the 2D projections only, to optimize visualization (i.e., minimize multiple contact overlap) while preserving anatomical fidelity, positions of contacts with significant HC-NC GE correlation were allowed to shift within a 5 mm radius. All visualizations were created with custom scripts in MATLAB 2016b (The MathWorks).

Data collection and preprocessing. Continuous recordings from SEEG depth electrodes were made with cable telemetry system (JE-120 amplifier with 128 or 256 channels, 0.016–3000 Hz bandpass, Neurofax EEG-1200, Nihon Kohden) across multiple nights (Tables 1, 2) over the course of clinical monitoring for spontaneous seizures, with 1000 Hz sampling rate. The total NREM sleep durations vary across patients; while some difference is expected given intrinsic variability of normal human sleep duration (Carskadon and Dement, 2010) and sleep deprivation in clini-

Tab	le 1	. Li	st o	f pat	tients	5, age	e, sex,	hand	ledı	ness, l	langua	aae o	lomi	inance	e, N	Cd	hannel	counts	, and	the	lenat	hs s	leep	peri	od	recordi	nas u	ıseď
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Patient no.	Age (yr)	Sex	Handedness	No. of cortical channels	HC seizure-free?	HC interictal-free?	No. of sleep periods	Mean duration of NREM (h)	SD NREM (h)	Total N2 duration (h)	Total N3 duration (h)
1	20	М	R	19	Y	Ν	3	2.2	0.78	2.8	3.3
2	51	F	R	12	Y	Ν	4	7.5	1.87	27.3	0
3	58	F	R	24	Y	Ν	4	7.1	2.44	23.1	0.30
4	42	М	L	17	Y	Ν	4	3.1	0.33	1.8	9.0
5	18	F	L	21	Y	Y	1	3.7		1.9	0.9
6	20	F	R	21	Y	Ν	3	2.7	1.49	2.6	3.0
7	22	М	LR	19	Y	Y	3	3.8	1.17	2.4	3.8
8	30	F	R	13	Y	Ν	5	5.2	1.26	6.5	14
9	43	F	R	12	Y	Ν	4	3.1	0.45	3.7	4.4
10	16	М	R	17	Y	Y	5	3.8	1.11	7.5	8.8
11	32	F	R	30	Y	Ν	3	5.1	3.43	8.4	2.8
12	36	М	L	25	Y	Y	4	5.2	1.48	11.6	6.5
13	21	F	L	14	Y	Ν	3	6	0.47	14.7	1.1
14	21	F	R	14	Y	Ν	8	3.7	1.1	16.9	9.3
15	29	F	R	17	Y	Ν	4	2.5	1.31	5.4	2.7
16	41	F	R	19	Y	Ν	3	4.6	0.72	7.4	4.4
17	24	М	R	21	Y	Ν	3	5.1	1.88	8.9	2.9
18	31	F	R	15	Y	Ν	6	6.1	1.18	24.2	3.8
19	21	М	R	15	Y	Y	4	2.8	0.72	5.4	5.8
20	19	F	R	21	Y	Y	3	4.9	2.53	5.2	6.0
Mean	30			18	T:20	T:8	4	4.4		9.39	4.64

<sup>a</sup>Reproduced with permission from Jiang et al. (2019).

cal environment, we also confirmed that the percentages of NREM in total sleep from 28 sleeps across 16 of our patients were comparable to (i.e., within 2 SD of) normative data (Moraes et al., 2014) in terms of N2 and N3 durations, with no significant difference in GE occurrence rates between normative and other sleep (Jiang et al., 2019). Recordings were anonymized and converted into the European Data Format. Subsequent data preprocessing was performed in MATLAB (RRID:SCR\_001622); the Fieldtrip toolbox (Oostenveld et al., 2011) was used for bandpass filters, line noise removal, and visual inspection. Separation of patient NREM sleep/wake states from intracranial LFP alone was achieved by previously described methods using clustering of first principal components of  $\delta$ -to-spindle and  $\delta$ -to- $\gamma$  power ratios across multiple LFPderived signal vectors (Gervasoni et al., 2004; Jiang et al., 2017), with the addition that separation of N2 and N3 was empirically determined by the proportion of DSs that are also part of slow oscillations (at least 50% for N3) (Silber et al., 2007), since isolated DSs in the form of K-complexes are predominantly found in Stage 2 sleep (Cash et al., 2009).

*Hippocampal GE selection.* To identify hippocampal spindles, we applied a previously reported spindle detector (Mak-McCully et al., 2017) to hippocampal LFP signals from NREM: a 10–16 Hz bandpass (zerophase shift filter with transition bands equal to 30% of the cutoff frequencies) was applied to the LFP data, and the analytic amplitude of the bandpassed signal was convolved with an average Tukey window of 600 ms. A channel-wise cutoff set at mean  $\pm$  2 SD was applied to identify local maxima that would be "peaks" of putative spindles, with spindle edges defined at 50% of peak amplitude. The putative HC-SS segments were accepted for subsequent analyses if they were >400 ms, had <14 dB power in the nearby frequency bands (4–8 Hz and 18–30 Hz), and contained at least 3 unique oscillation peaks with 40–100 ms gaps.

Hippocampal SWRs were identified by starting with the top 20% of peaks in root-mean-square amplitude of 60-120 Hz LFP over a moving 20 ms window, then requiring that putative SWR events: (1) be >200 ms apart; (2) have >3 distinct ripple peaks in the HC LFP signal (low-passed at 120 Hz); and (3) be associated with an LFP matching hand-marked sharp-waves in the same subject and channel (Jiang et al., 2019). RMS peaks potentially arising from artifacts or epileptiform activity were rejected by detecting sharp LFP transients and setting a threshold that separated hand-marked HC-SWR from interictal events (Jiang et al., 2019). Before the SWR similarity evaluation, putative ripples were also examined for whether a given ripple center falls within a hippocampal spindle duration in the same signal; if positive, such ripples were then

deemed SSR. Since a single ripple could qualify as both SWR and SSR, such a ripple would be denoted as SXR where appropriate.

*Cortical GE selection.* Automatic cortical TB detection was performed as previously described (Gonzalez et al., 2018): a 5–9 Hz zero-phase shift bandpass filter was applied to the LFP data, and a channel-wise cutoff set at mean  $\pm$  3 SD was applied to each channel's Hilbert envelope (smoothed with 300 ms Gaussian kernel) to identify local maxima that would be "peaks" of putative TBs, and make start/stop edge cutoffs at mean  $\pm$  SD. The resulting TBs were only accepted for further analyses if their durations fall between 400 and 1000 ms, with their number-ofzero-crossings-based frequency estimate falling within the bandpass frequency range as well.

Automatic cortical spindle (SS) detection was performed in the same matter as previously described for hippocampal spindles. DSs and USs were identified as follows: for each cortical LFP signal in NREM, a zerophase filter from 0.1 to 4 Hz was applied. Consecutive zero crossings of opposite slope separated by 250–3000 ms were then selected as delineating putative GEs. For each putative GE, the amplitude peak between zero crossing was computed; only the top 10% of peaks were retained. The polarity of each signal was inverted, if necessary, to assure that DSs were negative, as confirmed with a high  $\gamma$  (70–190 Hz) power decrease exceeding 1 dB within ±250 ms of the negative DS peaks.

*Experimental design and statistical analysis.* Statistical tests that involve multiple comparisons in this and subsequent Materials and Methods subsections all have  $\alpha = 0.05$  after FDR correction (Benjamini and Hochberg, 1995). The FDR correction procedure was implemented as follows: for a total of *N* hypotheses, each with corresponding *p* values  $P_i$  ( $i \in N$ ), which are sorted in ascending order to identify  $P_k$ , *k* being the largest *i* for which  $P_i \leq (i/N) \times \alpha$ . All hypothesis with *p* values  $\leq P_k$  would then be rejected. The striking positive skewness both in general and in specific categories of the NC-GE histograms (Extended Data Fig. 3-1) suggests high variability in co-occurrence rates of NC-GEs with HC-SSs and with HC-SSRs. Therefore, to account for sampling error, we created linear mixed-effect (LME) models for several analyses as described below.

We compared the occurrence rates of HC-SSRs/SSs from different NREM stages (N2 vs N3) and from different sources (aHC vs pHC) with both paired *t* tests and LME models to account for patient-wise variability. For LME, our base models have either HC-SSR or HC-SS rates as the response variable, with AP (aHC/pHC) and stage (N2/N3) as categorical predictor variables. The full model includes interaction between predictor variables and all possible random slope/intercept terms (GE rate ~  $1 + AP \times$ 

stage + (AP | patient ID) + (stage | patient ID) + (1 | patient ID)), with reduced models' fits being compared with the full model fit via likelihood ratio tests. The best-fit models for both HC-SSRs and HC-SSs turned out to be the following: HC-GE rate  $\sim 1 + AP \times stage + (AP | patient ID) + (1 | patient ID).$ 

Similarly, we compared the occurrence rates of HC-SWRs with those of HC-SSRs in different NREM stages and from different hippocampal origins, while accounting for random effect due to patient identity. Our full LME model has HC-GE rates as the response variable, with three categorical predictor variables and all possible random slopes, plus random intercept due to patient identity. By stepwise removal of individual terms from the full model and comparing each reduced model with the one before it via likelihood ratio tests, we arrived at the best fit model of GE rate  $\sim 1 + GE$  type  $\times$  AP  $\times$  stage + (GE type | patient ID).

We also evaluated whether a significant difference between SSR/SWR ratio in the first versus second half of NREM sleep could be found while accounting for variance due to patient identity. Our base LME model has SSR/SWR ratio as the response variable, and "sleep halves" as the categorical predictor variable. After comparing models with random intercept and/or slope with base model, we found the best fit to be the base model (ratio  $\sim 1 +$  sleep halves).

For time-frequency analysis in Figure 1, spectral content of the LFP data from hippocampal channels was evaluated using EEGLAB (RRID: SCR\_007292) routines that applied wavelet transforms (Delorme and Makeig, 2004). Spectral power was calculated over 1–200 Hz across each individual time period ("trial") centered around HC-SWR ripple centers, HC-SSR ripple centers, or HC-SS onsets found in NREM by convoluting each trial's signal with complex Morlet wavelets, and averages were then taken across trials. The resulting time-frequency matrices were normalized with respect to the mean power at each chosen frequency and masked with two-tailed bootstrap significance at  $\alpha = 0.05$ , with the pretrigger times (-2000 ms to -1500 ms) as baseline.

Peristimulus time histograms were constructed for each HC-NC channel pair, separately for each GE (TB, SS, DS, and US), and for each sleep-stage (N2 or N3), each histogram comprising the occurrence times of a given NC-GE during the  $\pm 2$  s interval surrounding midpoints of HC-SSRs and onsets of HC-SSs (for examples, see Fig. 3). Together, there were 598 unique HC-NC pairs (458 ipsilateral, 140 contralateral), and 16 histograms for each pair (one for each sleep stage, times each of the 4 GE types, for HC-SSs or SSRs), for a total of 9568 histograms. On average, each of these histograms plots the occurrence times of 1386  $\pm$  2565 NC-GEs (3.86 skewness) with respect to 861  $\pm$  1581 HC-SSRs (3.57 skewness) and to 1022  $\pm$  1642 HC-SSs (3.61 skewness). Overall, a total of 13.2 million NC-GE events, 4.12 million HC-SSRs, and 4.89 million HC-SSs were plotted.

The significance of peaks and troughs in each histogram was tested by comparing them with distributions derived from histograms constructed under the null hypothesis of no relationship between the NC-GEs and HC-SS/SSRs using the following randomization procedure. Null-hypothesis histograms (N = 1000) were constructed of NC-GE occurrences relative to a number of random times equal to the number of HC-SSs/SSRs (for examples, see Fig. 3). For each 200 ms time bin with 100 ms overlap comprising the 4 s trial duration, the actual counts are then compared with the distribution under the null hypothesis, followed by FDR correction. Similar peristimulus histograms and randomization tests were also constructed with aHC-SWRs as triggers and pHC-SWRs/SSRs as tallied events (see Fig. 2*A*).

The latencies of the largest significant peaks, identified in the individual histograms constructed as described above, were used to create summary histograms for each GE, sleep stage, and HC-SS/SSR origin in aHC versus pHC. These are plotted in Figure 4 and tabulated in Table 3. Each of the 16 histograms of histogram peaks (N2/N3 × aHC/pHC × 4 NC-GEs) for HC-SSRs summarizes the significant latencies from 78 ± 41 HC-NC channel pair histograms, comprising a total of  $1.37 \times 10^5 \pm 1.45 \times 10^5$  HC-NC events (range 7.18 × 10<sup>3</sup> to  $4.04 \times 10^5$ ). Each of the 16 histograms of histogram peaks for HC-SSS summarizes the significant latencies from 126 ± 63 HC-NC channel pair histograms, comprising a total of  $2.46 \times 10^5 \pm 2.07 \times 10^5$  HC-NC events (range  $1.24 \times 10^4$  to  $6.23 \times 10^5$ ). To test whether, overall, a given type of cortical GE signifi-

cantly precedes or follows HC-SSs/SSRs, two-tailed binomial tests with chance probability of 0.5 were performed on the number of channel pairs with peak latencies in the 2000 ms before versus the 2000 ms after the reference HC-SSs/SSRs. Since certain GEs, such as cortical  $\theta$ , tend to yield peak latencies centered around zero, we also tested with Kolmogorov–Smirnov tests whether, overall, for a given NC-GE, the distribution of peak latencies significantly related to HC-SSs/SSRs differs from chance.

To evaluate the phase relationship between cortical and hippocampal spindle oscillations, we computed phase-locking values (PLVs) (Lachaux et al., 1999) between each cortical and hippocampal channel pairing over 3 s trials centered on all hippocampal spindle event starts in NREM (N2 + N3). Only hippocampal GEs that overlapped with the cortical spindle for at least 160 ms were included, to ensure that the cortical and hippocampal spindles overlap for at least 1 spindle cycle, thus allowing more accurate estimates of phase-locking. We also computed PLV for the same cortical-hippocampal channel pairs over the same number of trials centered on random times in NREM to create a baseline estimate; and for each nonoverlapping 50 ms time bin, a two-sample t test was performed between the actual PLV and the baseline estimate, with the resulting p values undergoing FDR correction. A given channel pair would be considered significantly phase-locking if: (1) > 40 trials were used in the PLV computation, since small sample size is known to introduce bias (Aydore et al., 2013); or (2) at least 3 consecutive time bins yield post-FDR p values <0.05.

To evaluate phase-amplitude coupling (PAC) between cortical spindle phase and hippocampal ripple amplitude, we adopted a Modulation Index method as follows (Tort et al., 2010): for each HC-NC channel pair with significant SS PLV, we first computed instantaneous phase and amplitude through Hilbert transform for each trial (as previously obtained for PLV analysis), with NC-SS phase angles in 10 degree bins to create a corresponding mean amplitude distribution across trials. For statistical evaluation of observed PAC, we then computed the Modulation Index (i.e., dividing the Kullback-Leibler distance of the observed amplitude distribution from the uniform distribution by log (N), Nbeing the number of trials) for this channel pair, and performed permutation tests by generating 200 additional Modulation Indices with random pairings of the NC-SS phase and HC ripple amplitude (so that phase from one trial is matched to amplitude from another trial). The permutation test results were then FDR-corrected.

For intrahippocampal coupling between ripple-frequency amplitude (70–100 Hz) and spindle (10–16 Hz) phase, we applied previously published methods for evaluating event-related PAC (ERPAC) and estimating subsequently ERPAC significance over time from intracranial LFP data (Voytek et al., 2013). The events were NREM hippocampal spindle starts, and each ERPAC trial covers - 1000 to 1500 ms perievent. Each trial was also marked as either overlapping with NC-SS (by more than one spindle cycle) or not. Statistical evaluation of significant coupling was done using permutation tests that kept the actual analytic amplitude and phase values at each time point, but randomized the trial labels 1000 times so that the amplitude values are matched to phase values from random trials. The resulting p values for each time point then underwent FDR correction. To generate the comodulogram in Figure 2C, we concatenated the hippocampal data across spindle events and applied previously published PAC algorithm (Colgin et al., 2009) implemented within the Pactools software package (Dupré la Tour et al., 2017) under Python 3.6 (RRID:SCR\_008394).

To explore the anatomical distribution of HC-NC GE co-occurrences, we tested the following: (1) whether the distribution of significantly SSRor HC SS-coupled NC sites was different from chance for a given HC site; (2) whether the significantly different from chance distributions of NC sites from 1 would also differ between aHC/pHC site pairs; and (3) whether the NC sites showing significant HC-NC correlation with one NC-GE type tended to also show correlation with another NC-GE type.

For 1, we performed a  $\chi^2$  test of homogeneity for each HC site with regard to each GE, that is, for a given patient with multiple NC sites, a 2 × N contingency table was made for each NC site, N being the number of NC sites, one row of table containing the number of NC-GE overlapping with (i.e., occurring within 1500 ms of) HC-SS/SSR for each NC, the other containing the number of NC-GE that do not. A significant  $\chi^2$ would therefore indicate a significant nonrandom distribution for that particular HC site and NC-GE type. For 2, we performed Wilcoxon signed rank tests on the data obtained in 1 to evaluate whether for a given NC-GE type (for which 1 yielded significance for both members of an HC site pair), the proportions of GE from significantly coupled NC sites that overlapped with aHC-SSRs/SSs differ from the proportions for pHC-SSR/SS. Each test required that both members of a HC site pair have a significant  $\chi^2$  test result from 1.

We further explored the spatial distribution of HC-NC relationship by tallying the proportion of significant HC-NC channel pairs across different NC regions, with respect to different NC-GE types and different HC-SS/SSR sources (Table 4, Table 5). To characterize the apparent variability in Tables 4 and 5, we performed four-way ANOVAs to compare the main effects of GE type (TB, SS, DS, US), NREM stage (N2 vs N3), aHC or pHC origin of HC-SS/SSR, and NC ROIs (coverage listed in Extended Data Table 4-1) as well as the two-way and three-way interaction effects (Table 6, Table 7). To evaluate the differences in NC-HC coupling between SWRs and SSRs, we combined the SSR data with data from the equivalent analysis in our study on SWR (Jiang et al., 2019), and performed another four-way ANOVA with the following factors: SSR/SWR as the participant of NC-HC coupling, NREM stage, aHC/pHC origin of HC-SWR/SSR, and NC ROIs.

Similarly, given the lateralization of human hippocampal function, we were interested in examining whether ipsilateral HC-NC channel pairs would show different relationships from contralateral pairs across GE types, NREM stages, or NC ROIs. Due to a sparse representation of contralateral channel pairs for individual ROIs, we calculated proportions for larger regions by combining both HC and NC sites: aHC and pHC channels were combined into a single HC category, and the 10 NC ROIs used in previous analysis were collapsed into two: "frontocentral" and "nonfrontal" (Extended Data Table 4-1). We then computed for each ROI the proportion of NC channels significantly coupled to HC-SSs/SSRs (Table 8), and performed four-way ANOVA as previously described, with the ipsilateral/contralateral factor replacing the aHC/pHC factor. All *post hoc* analyses for both ANOVAs were performed with Tukey's range test. For each ANOVA, we checked the normality assumption by conducting the Lilliefors test on the residuals.

*Code accessibility.* All custom scripts would be available upon request by contacting the corresponding author and would be delivered through the UCSD RDL-share service.

#### Results

In this paper, we quantified HC-SSs and HC-SSRs in humans, their relationship to HC-SWRs and NC-GEs, and their variation within different HC regions and sleep stages. We confirmed that ripples phase-modulated by local SSs (i.e., HC-SSRs) do occur in the human hippocampus, but they are preferentially located in the pHC sites. Like HC-SWRs (Jiang et al., 2019), HC-SS/SSRs were strongly related to the NC-GEs in a spatiotemporally diverse manner, with a particularly strong relationship in Stage N2 between pHC-SSs/SSRs and NC-TBs, DSs, SSs, and USs. The relative latencies are consistent with the order we have established in earlier studies of NC and thalamic GEs (Mak-McCully et al., 2017; Gonzalez et al., 2018) (i.e., TBs→ DSs→SSs/USs, and HC-SSs tends to coincide with NC-SSs). Preferential cooccurrence, strong coherence, and phase-locking were noted between pHC-SSs and NC-SSs in the posterior parietal and retrosplenial cortices.

#### Characterization of human HC-SSs and SSRs in NREM

We identified human HC-SWRs, SSRs, and SSs from intracranial recordings and aligned them with simultaneously recorded cortical events in NREM sleep, to determine whether their occurrences are related and have a consistent order, and whether their relations change between NREM Stages N2 and N3, or between aHC and pHC sites. Morphologically normal ripples were isolated from >24 h continuous recordings in 20 SEEG patients with intractable focal epilepsy, with anterior (in 17 patients) and/or pHC contacts (in 11 patients), and related to sleep NC-

GEs in 12-30 bipolar recording channels per patient. Some ripples were found to co-occur with classical sharpwaves (Fig. 1A1; with across-patient mean LFP peak-to-peak amplitude of the sharp wave at 127.1  $\mu$ V), and others did not (Fig. 1A2,A3; with peak amplitudes of 8.284 and 14.79  $\mu$ V, respectively). The latter could sometimes be observed as HC-SSRs nestled within HC-SSs (Fig. 1B, C), as previously reported (Staresina et al., 2015). Timefrequency analysis triggering on HC-SWR ripple centers, SSR ripple centers (with all ripple centers found in the same HC-SSs included as separate trials), and HC-SS onsets (Fig. 1D) showed that, while HC-SWRs tended to be surrounded by a broad-band power decrease, HC-SSRs and HC-SSs did not. Similar to NC-SSs and HC-SWRs, HC-SSRs and HC-SSs in humans were mostly absent in waking (Fig. 1F; Extended Data Fig. 1-1E). Notably, HC-SSRs and HC-SSs did not appear to concentrate in NREM to the same extent as SWRs, in agreement with a recent report on human HC-SSs in REM (Lestra et al., 2018). However, whether these putative HC-SS hits in wake/REM are truly HC-SSs would be difficult to determine based on our NREM-based detection criteria, and further exploration of this phenomenon would be outside the scope of our current study.

We also found that, while HC sites produce both HC-SWRs and HC-SSs/HC-SSRs (Table 2), the occurrence rates (no./min) of HC-SSRs were remarkably lower than those of HC-SWRs in aHC ( $p = 1.602 \times 10^{-7}$  in N2,  $p = 7.682 \times 10^{-8}$  in N3; twotailed paired *t* tests); no similar difference was observed for pHC, however (p = 0.4911 in N2; p = 0.8038 in N3; two-tailed paired *t* tests) (Fig. 1*E*; Extended Data Fig. 1-1*A*–*D*. To verify that the relative imbalance of aHC SSRs and SWRs could not be explained by interpatient variance alone, we built LME models with HC-GE occurrence rates as response variable, and GE type (SWRs or SSRs), aHC/pHC, and NREM stage (N2/N3) as categorical predictor variables, with patient identity as random effect. We found that, indeed, there is a significant interaction effect of GE type × aHC/pHC on the occurrence rate of HC-GEs ( $p = 7.246 \times 10^{-7}$ ).

HC-SSs/SSRs tended to occur more often in pHC than in aHC (p = 0.0018/0.0002 in N2, p = 0.0027/0.0004 in N3, two-tailed)two-sample t tests) (Fig. 1E; Extended Data Fig. 1-1A-D). Transitional forms ("SXR") that were detected as both SWRs and SSRs constituted a minority of SSRs (21.4% in N2 aHC, 26.9% in N3 aHC, 9.7% in N2 pHC, 13.0% in N3 pHC), and the proportion of SXR among SSRs was greater in aHC than in pHC (p = 0.0045 for N2, p = 0.0060 for N3, two-tailed two-sample *t* tests), in line with the SWR rate reduction in pHC. Notably, while cortical spindles tend to occur more often in N2, we observed an increase of pHC-SSs/SSRs in N3 (p = 0.0061 and p = 0.0088), but not for aHC-SSs/SSRs (p = 0.0857 and p = 0.0752; two-tailed paired *t* tests). To verify that differences in HC-SS/SSR occurrence rates across hippocampal origin and/or NREM stages could not be explained by interpatient variance alone, we built LME models with HC-GE occurrence rates as response variable, with aHC/pHC and NREM stage as categorical predictor variables and patient identity as random effect. As expected, hippocampal longitudinal origin showed a significant effect on HC-GE rate (p = 0.0003 and  $p = 1.925 \times 10^{-5}$ for SSRs and HC-SSs), whereas the effect of NREM stage on HC-GE rate was nonsignificant (p = 0.4785 and p = 0.2522 for SSRs and HC-SSs). While there was no significant interaction effect between aHC/pHC and NREM stage for HC-SSRs (p = 0.1349), HC-SSs did show a significant interaction (p = 0.0324).

NREM Stage N3, associated with DSs and USs (which are in turn associated with SWRs), tends to be relatively more concentrated in earlier sleep cycles, whereas Stage N2, associated with SSs and thus SSRs, tends to occur in later cycles. Consequently,



**Figure 1.** HC-SSs coordinate ripples and are found predominantly in pHC. *A*, Overlaid average waveforms of HC-SWR (*A*1), of ripples not coupled to sharpwaves (*A*2), and of HC-SSR (*A*3) across hippocampal contacts from 32 different patients, with one representative patient bolded in black for clarity. The non-normalized, across-patient mean LFP peak-to-peak amplitude of the sharp wave (*A*, black trace) is 127.1  $\mu$ V, much greater than the corresponding peak amplitudes of 8.284 and 14.79  $\mu$ V in *B* and *C*, respectively. *B*, Example LFP trace of a ~ 14 Hz HC-SS (red section) from bipolar recording in the pHC (*B*1), with expanded time-base plot of the spindle shown in *B*2; 80 –90 Hz ripples occur preferentially at some peaks of the spindle waves. *C*, Example averaged time-frequency plot triggered on the center peak of HC-SSs from the same channel in *B* (*C*1, *n* = 1086) and the corresponding average LFP (*C*2). *D*, Event-related spectral power is contrasted for SWRs (*D*1), SSRs (*D*2), and SSs (*D*3) from the same HC site, with corresponding average LFP traces below the time-frequency plots. The high-frequency ripple burst is seen for SWRs and SSRs but not prominently so in SSs. Prolonged spindle activity is seen for SSRs and SSs but not SWRs. *E*, HC-SWRs preferentially occur in aHC, whereas HC-SSs/SSRs prefer pHC. Each panel marks mean rates of HC-SWR/SSR/SS occurrence across patients in N2 (*E*1) or N3 (*E*2), for aHC and pHC. *F*, Example state plots showing the separation of NREM sleep Stages N2 and N3 from waking/N1/REM in ~6.5 h LFP recording, using the first principal component derived from vectors (one per cortical bipolar SEEG channel) of frequency power ratios (0.5–3 Hz over 0.5–16 Hz) (Gervasoni et al., 2004; Jiang et al., 2017). SWR rate (*F*1) and SSR rate (*F*2) are color coded with red intensity, and N2/N3 periods are marked with orange/green horizontal lines, respectively. Light blue arrow indicates the beginning of NREM sleep. Similar illustration for HC-SSS rate over time can be f

we hypothesized that the HC-SSR to HC-SWR ratio would increase over the course of the night. We calculated in each NREM sleep segment the ratio of SSR counts to SWR counts, and compared these ratios in the first and second half of sleep. We found that, while both SWR and SSR occurrence rates decreased in the second half, the extent of the decrease was much more pronounced for HC-SWRs (Extended Data Fig. 1-1*F*). Indeed, the SSR/SWR ratio increased significantly from the first half of NREM sleep to the second half (0.67 vs 0.88, p = 0.0363, one-tailed paired *t* test). However, when we accounted for patient-wise variability by introducing an LME model, we found the effect of early/late NREM on SSR/SWR ratio to be nonsignificant (p = 0.5667).

Given the presence of both HC-SWRs and HC-SSRs in the same hippocampus (Table 2), and the preference of HC-SSRs to occur in pHC compared with aHC (Fig. 1*E*), we investigated whether a consistent relationship exists between SWRs and SSRs

in aHC and pHC. In 2 of 8 subjects with both aHC and pHC contacts in the same HC, we found significant elevations in pHC-SSR counts at 100–500 ms following aHC-SWR triggers ( $p < 7.811 \times 10^{-12}$  for all panels in Fig. 2*A1* [N2]; Extended Data Fig. 2-1*F* [N3]; one-sample *t* test, with SXR excluded), in contrast to the usual  $\pm 200$  ms co-occurrence of pHC-SWRs with aHC-SWRs (Fig. 2*A2*; Extended Data Fig. 2-1*G*).

Since HC-SSs could co-occur with multiple ripples in different spindle cycles (Fig. 1*B*), we tallied the numbers of HC ripples within the duration of HC-SSs. Up to 9 ripples in N2 (or 10 in N3) could occur within one HC-SS (Fig. 2*B*; Extended Data Fig. 2-1H–*J*. Given the potential locality of HC ripples (Patel et al., 2013) and the SS phase modulation of high  $\gamma$  amplitude (Fig. 2*C*), these ripple counts might be underestimates if each spindle cycle could contain a ripple. More than half of the HC-SSs overlapped with at least one ripple from the same HC site. Among the pop-

Table 2. Hippocampa	l SEEG electroo	le coverage and	l occurrence rates (	of hippo	campal GEs

Patient no.	L aHC	L pHC	R aHC	R pHC	SWR rate, N2 aHC (/min)	SWR rate, N2 pHC (/min)	SWR rate, N3 aHC (/min)	SWR rate, N3 pHC (/min)	SSR rate, N2 aHC (/min)	SSR rate, N2, pHC (/min)	SSR rate, N3, aHC (/min)	SSR rate, N3, pHC (/min)	HC-SS rate, N2, aHC (/min)	HC-SS rate, N2, pHC (/min)	HC-SS rate, N3, aHC (/min)	HC-SS rate, N3, pHC (/min)
1	х				11		19		6.3		9.4		5.8		9	
2	х				1.6				0.67				1.7			
3	х	х			11	12	24	25	1.4	3.4	1.4	5.6	2.8	5.4	2.6	9.3
4	х	х	Х		10	4.3	11	4.3	1.4	3.8	1.1	1.6	2.6	5.5	2.4	3.2
5			Х	Х	21	3.7	38	14	1.3	7	1.9	9.9	1.4	4	1.8	7.2
6			Х	Х	9	12	15	17	4.6	18	5.2	22	6.1	10	7.6	14
7	Х				11		13		0.27		0.26		0.52		0.43	
8			Х		19		20		1.2		1.3		1.4		1.9	
9	Х	Х			13	7.9	16	7.2	1.1	7.2	1.5	11	2.2	5.9	2.8	9.3
10			Х		13		18		2.7		2.2		2.7		2.7	
11	Х		Х	Х	7.3	7.7	12	12	0.44	1.1	0.49	1.5	1.5	2.4	1.1	2.8
12				Х		5.5		7		13.4		19		12		17
13	Х	Х	Х		13	6.2	19	4.9	2.6	8	2.4	8.2	3.6	9.8	3	13
14		Х				11		15		7		7.9		11		12
15		Х		Х		3.6		7.2		7.1		8.6		7.2		7.6
16			Х		9.4		11		1.6		2.2		2.2		3	
17	Х				23		24		0.75		0.89		1.4		1.4	
18	Х				7.8		10		1.2		1.1		1.9		1.9	
19	Х	Х			12	2.6	19	6.1	7.7	14	9.7	16	6.6	9.7	9.3	12
20			Х		11		12		1.3		3		2.9		5.6	
Mean					12	7	18	11	2.1	8.2	2.8	10	2.8	7.5	3.5	9.8
SD					1.1	1.0	1.6	1.8	0.44	1.4	0.62	1.9	0.36	0.87	0.59	1.3



**Figure 2.** Temporal relations of ripples and spindles, within and between hippocampal locations. *A*, Peristimulus time histograms with aHC-SWRs as triggers and either pHC-SSRs (*A1*) or pHC-SWRs (*A2*) as tallied events, with HC-SXR excluded from *A1*. In N2, pHC-SSRs tend to follow aHC-SWRs by  $\sim$  350 ms (*A*, green arrows), and aHC/pHC-SWRs tend to co-occur within  $\pm$  200 ms. Similar results for N3 can be found in Extended Data Figure 2-1*F*, *G*. *B*, Histograms of ripple counts across all HC-SS in N2 (N3 results are in Extended Data Figure 2-1*H*. Not shown are the HC-SSS with  $\geq$  5 ripples (*n* = 256 in N2, max 9). *C*, PAC within HC between HC-SS phase and ripple amplitude (bandpassed between 50 and 150 Hz). *D*, The time course of intrahippocampal ERPAC between spindle (10 – 16 Hz) phase and ripple (60 – 120 Hz) amplitude, computed over all HC-SSs in NREM across all patients, separately for aHC (*D1*) and pHC (*D2*). Events are aligned at HC-SS tarts (red vertical lines). Green line segments indicate the time segments with significant coupling (*p* < 0.001). The same pattern is observed if pHC events are randomly subselected to have the same number of events involved as aHC (Extended Data Figure 2-1*E*).

ulation of HC-SSs with at least one co-occurring ripple, >60% had two or more ripples within the SS duration.

Time-frequency plots locked to HC spindle peaks yielded ripple power increases that appeared modulated by spindle frequency phase (Fig. 1*D*); this was further supported by intrahippocampal PAC (Fig. 2*C*). The time course of this coupling was examined by computing ERPAC between spindle (10–16 Hz) phase and ripple (60–120 Hz) amplitude, using previously published methods (Voytek et al., 2013). All HC-SSs in NREM across all patients were included in the computation, separated by longitudinal origin (aHC/pHC), with aligned events being HC-SS starts. As we expected from the PAC measure (Fig. 2*C*), we found significant event-related modulation of hippocampal ripple amplitude by HC-SS phase (Fig. 2*D*), with the effect being much more prominent in pHC (two-tailed paired *t* test over mean ERPAC values from 0 to 1000 ms after trigger,  $p < 2.20 \times 10^{-16}$ , Cohen's d = 1.74).

## Co-occurrence of HC-SSs and HC-SSRs in anterior and posterior, or left and right HC

Although initial descriptions of SWRs in rodents emphasized their co-occurrence throughout the entire extent of both hippocampi (Buzsáki et al., 1992), more detailed studies showed that isolated SWRs are more common (Patel et al., 2013). The dominant and nondominant hippocampal formations of humans are thought to be specialized for verbal and visuospatial memory, respectively (Glosser et al., 1998), which might predict distinct memory traces and thus low bilateral co-occurrence of HC-SSs/SSRs. Analogously, the extent to which HC-SSRs and/or HC-SSs co-occur within the same hippocampus and/or bilaterally ought to be investigated.

We found that, for patients (n = 8) with both aHC and pHC contacts in the same HC, the overlap (i.e., co-occurrence within 50 ms) between aHC-SSRs and pHC-SSRs (with N2 and N3 combined) was strikingly low, at 1.7  $\pm$  2.1%, though still greater than the mean overlap percentage derived from chance (p = 0.0173, one-tailed paired *t* test). Similarly, while the overlap between aHC-SSs and pHC-SSs was significantly greater than chance (p = 0.0010, one-tailed paired *t* test), the mean percentage remains low ( $3.7 \pm 3.2\%$ ). Similarly, low overlap percentages were found when using data from N2 or N3 alone (Extended Data Fig. 2-1A).

We also evaluated HC-NC GE overlap in patients (n = 4) with bilateral (left and right) HC contacts, placed in either both anterior or both pHC. In these patients, co-occurrence of SSRs between HC in different hemispheres (with N2 and N3 combined) was minuscule ( $0.41 \pm 0.47\%$ ). This was much less than that usually observed between two contacts within the same HC, and not significantly greater than chance-derived overlap percentages (p = 0.1506, onetailed paired *t* test). Co-occurrence of HC-SSs was also rare but more frequent than that of HC-SSRs ( $1.0 \pm 0.66\%$ ). This small percentage nonetheless was significantly greater than chance (p = 0.0062, onetailed paired *t* test). Similar overlap percentages were found when using data from N2 or N3 alone (Extended Data Fig. 2-1*B*).

Thus, in humans, a small but significant proportion of HC-SSRs and HC-SSs co-occur in both aHC and pHC, and only a minuscule (but still greater than chance for HC-SSs) proportion of HC-SSs and HC-SSRs co-occur in both left and right hippocampi. Furthermore, by varying the co-occurrence criterion range between 25 and 5000 ms, we observed greater-than-chance co-occurrence rates for aHCand pHC-SSRs/SSs (as well as for left and right HC SSRs/SSs) initially (Extended Data Fig. 2-1A-D), but the actual co-occurrence rate tapered off exponentially (i.e., showed linear decay in log-log plots) toward chance level beyond 1000 ms. Remarkably, the cooccurrence likelihood of aHC + pHC and bilateral HC-SSs/SSRs remains in an above-chance plateau until the time window in which co-occurrence is measured expands beyond 500-1000 ms for bilateral HC or for aHC/pHC. Since the typical significant latency (as estimated in Fig. 3) between NC-GEs and HC-SSs/SSRs is comparable, HC-GEs from different HC regions could interact with disparate cortical regions at different times.

#### Associations of cortical GEs with HC-SSRs and HC-SSs

To examine the relationship between HC-SSs/SSRs and cortical activity, different cortical GEs (NC-GEs, including TBs, DSs, USs, and SSs) were identified in simultaneous recordings from all lobes. These recording channels were differential derivations between adjacent contacts spanning the cortical ribbon, and were thus assured of being locally generated. Detection algorithms have all been extensively validated in our previous studies (Mak-McCully et al., 2015, 2017; Gonzalez et al., 2018). To display the regularities in our data, we constructed histograms of the occurrence times of each NC-GE (TB onset, SS onset, DS peak, US peak) in relation to HC event triggers [HC-SWR ripple center, HC-SSR ripple center (multiple ripples within a single HC-SS counted as separate trials), and HC-SS onset] between each pair of HC (n = 32) and NC (n = 366) channels (n =20 patients). Separate analyses were performed for Stages N2 versus N3, for aHC versus pHC, and for HC-NC pairs in the same versus opposite hemispheres. Detailed breakdown of histogram contents by GE types and HC-SS/SSR sources (N2 vs N3, aHC vs pHC, ipsilateral vs contralateral) can be found in Extended Data Fig. 3-1. For both HC-SSs and HC-SSR, across all NC-GE types, in both N2 and N3, the HC-NC associations appeared to be more frequently involving pHC than aHC, as reflected in the elevation of NC-GE counts (Extended Data Fig. 3-1; this agrees with our earlier observation that HC-SSs and HC-SSRs predominantly occurred in pHC, and is in contrast with the distribution observed for SWRs Fig. 1*E*).

Of the 598 total HC-NC channel pairs, 555 (93%) of all pairs (429, 94% of the ipsilateral pairs and 126, 90% of the contralateral pairs) had at least one histogram showing a significant relationship between the HC-SSs/SSRs and a NC-GE at p < 0.0.05 after FDR correction (randomization test, see Experimental design and statistical analysis), suggesting widespread NC-GE involvement with HC-SSs/SSRs. The percentages of significant ipsilateral and contralateral pairs were not significantly different (Fisher's exact test, p = 0.1888). Of the entire set of 4784 histograms involving HC-SSRs and NC-GEs, 1247 (26%) showed a significant association; for those involving HC-SSs and NC-GEs, 2033 (43%) showed a significant association, which is significantly greater than the proportion of histograms coupled to HC-SSRs  $(p = 1.385 \times 10^{-64})$ , Fisher's exact test). The significant histograms (for examples, see Fig. 3) include all types of NC-GEs from channels across all cortical lobes. For HC-SSRs, the peak of the histogram represented a mean increase of 157%, or median increase of 86.7% above baseline (measured as the mean height of nonsignificant bins), with SD of 250%, and positive skew value of 6.40. For HC-SSs, the peak of the histogram represented a mean increase of 147%, or median increase of 91.3% above baseline, with SD of 220%, and positive skew value of 9.19.

We summarized these data further by constructing histograms of peak latencies from the histograms described above. Specifically, we determined the latency of peak occurrence rate relative to HC-SSR or HC-SS time for each significant HC-NC-GE histogram, and plotted these as a histogram for each NC-GE type, separately for N2 versus N3 and aHC versus pHC (Fig. 4; Extended Data Fig. 4-1; Extended Data Fig. 4-2. As noted above, N2 and pHC sites had more HC-SSRs and HC-SSs. Results were also summarized by plotting each cortical channel after morphing to a standardized brain (Fig. 4; Extended Data Fig. 4-1; Extended Data Fig. 4-2. In the summary histograms, significant temporal relationships were found between HC-SSRs and each of the NC-GE types. As shown in Table 3, we tested for the presence of a significantly nonrandom distribution of NC-GE peak times with respect to HC-SSRs (column 4), and found significant results for both N2 and N3, and both aHC and pHC, for NC-SSs and NC-USs. NC-TBs and HC-SSRs were significantly related in N2, but not in N3, possibly due to NC-TBs being more abundant and more related to NC-DSs in N2 (Gonzalez et al., 2018). NC-DSs and HC-SSRs were significantly related in N2 for both aHC and pHC, but only for pHC in N3, which may reflect the preference of HC-SSRs to occur in pHC. Similarly, in the summary histograms, significant temporal relationships were found between HC-SS and each of the NC-GE types. We also tested for the presence of a significantly nonrandom distribution of NC-GE peak times with respect to HC-SSs (Table 3, column 8); we found significant results for both N2 and N3, and both aHC and pHC, for NC-TBs, DSs, SSs, and USs.

We also examined whether the peak latency in the summary histograms between HC-SSs/SSRs and NC-GEs differed significantly from zero, and computed both the mean of the included HC-NC channel pairs (Table 3, columns 5 and 9) and the center of a distribution fitted over the peak latencies (Table 3, columns 6 and 10). Based on the fitted distribution centers in N2, NC-TB onsets significantly preceded aHC-SSRs by 741 ms, NC-DS peaks



**Figure 3.** NC-GEs in relation to HC-SSRs (*A*) and HC-SSs (*B*), for example channel pairs. Each row of histograms is for a different type of NC-GE: TB onsets, DS peaks, SS onsets, and US peaks. Right, Example LFP trace containing the corresponding NC-GE (green dashed line boxes). Each column of plots shows example histograms with significant temporal correlations between HC-SSs/SSRs and NC-GEs from the same NC region in (from left to right) frontal, temporal, parietal, and occipital lobes. Magenta vertical lines indicate trigger (HC-SS/SSR) location for the peristimulus histograms. Orange bars represent the time ranges with both peak NC-GE occurrence rate and significant correlation. Yellow horizontal bars represent the average expected NC-GE counts from randomized control distributions. A summary of histogram contents can be found in Extended Data Figure 3-1.

significantly preceded by 575 ms, NC-SS onsets preceded by 163 ms, and NC-US peaks followed by 93 ms. Generally, similar results could be found for pHC-SSRs in N2/N3, based on both mean peak latencies and fitted distribution peak centers (Table 3): at least among the NC-GEs that preceded HC-SSRs, there

appeared to be a reliable sequence of TBs→DSs→SSs for both aHC and pHC in N2. Similarly, for pHC in N3, the TB→DS→SS sequence persisted. Finally, while NC-USs were significantly coupled to HC-SSRs across N2 and N3 for both aHC and pHC, there were no significant biases to precede or follow HC-SSRs, indicat-



**Figure 4.** GEs across NC tend to occur with consistent latencies from HC-SSRs (A) and HC-SSRs (B). A, ln N2, with pHC-SSRs as reference, NC-GEs tend to occur in the following order: TB starts  $\rightarrow$  DS peaks  $\sim =$  SS starts  $\rightarrow$  US peaks; NC-US peaks tend to co-occur with HC-SSRs. Similar results for pHC in N3 and for aHC in N2/N3 can be found in Extended Data Figure 4-1, and equivalent results for pHC in N2 with only the first SSR in each HC-SS as trigger can be found in Extended Data Figure 4-3. B, ln N2, with pHC-SSR as reference, NC-GEs tend to occur in the following order: TB starts  $\rightarrow$  DS peaks  $\rightarrow$  SS starts  $\rightarrow$  US peaks. NC-SSs tend to co-occur with HC-SSRs, and widespread NC-USs tend to follow. Similar results for pHC in N3 and for aHC in N2/N3 can be found in Extended Data Figure 4-2. A, B, Top rows contain histograms of peak latencies for HC-NC channel pairs with significant temporal correlations between HC-GEs and NC-GEs. Each count is the peak latency of a particular HC-NC channel pair. Bottom rows contain maps of peak latency between HC-GEs and NC-GEs for cortical channels. Circles represent where NC-GE relationships with HC-SSRs /SSs are significant. Plus signs indicate nonsignificant channels. The intensity of each circle corresponds to the strength of HC-SSR to NC-GE coupling estimated. The color of each circle represents peak latency: Red represents NC-GEs before HC-SSRs. Blue represents NC-GEs after HC-SSRs Green represents NC-GEs co-occurring with HC-SSRs (i.e., within 50 ms of each other). Both hemispheres and medial and lateral cortical sites are superimposed in each plot. Additional statistical results on the nonhomogeneity of HC-coupled NC site distributions can be found in Extended Data Figure 4-4. Extended Data Figure 4-5.

ing that NC-USs tended to co-occur with HC-SSRs and were likely to be the last in the sequence of NC-GE types we observed (i.e., TBs $\rightarrow$ DSs $\rightarrow$ SSs $\rightarrow$ USs). This sequence appears also in relation to HC-SSs (Table 3, columns 8–11). These observations are consistent with the sequence previously established in earlier studies of NC and thalamic GEs (Mak-McCully et al., 2017; Gonzalez et al., 2018).

#### HC-NC GE co-occurrence patterns are anatomically selective Having established that SSRs in particular HC sites are significantly associated with GE in NC sites, we asked whether cooccurring HC-SSRs/NC-GEs were randomly distributed across NC locations for a given HC site (Extended Data Fig. 4-4). Across different GEs, for ~70% of the HC sites, their SSRs co-occurred with GEs in a nonrandom distribution of NC sites in N2 ( $\chi^2$ test of homogeneity). Similar results were obtained for HC-SSS in N2 but were less striking in N3 (Extended Data Fig. 4-4; Extended Data Fig. 4-5).

Given that HC-NC co-occurrences are anatomically nonrandom (i.e., selective), we further determined whether they differed between simultaneously recorded aHC and pHC sites by performing Wilcoxon signed rank tests to evaluate whether for a given GE type, the proportions of GEs from significantly coupled NC sites that overlapped with aHC-SSRs/SSs differ from the proportions for pHC-SSRs/SSs. Each test required that both members of a HC site pair have a significant  $\chi^2$  test result from 1. In total, 8 aHC/pHC pairs were examined. We found that, for all the qualified aHC/pHC pairs, the distributions of significantly associated NC channels for aHC and for pHC differed significantly (Extended Data Fig. 4-6). Thus, different anatomical distributions of NC are significantly coupled with simultaneously recorded aHC and pHC.

## Differences in the NC-GE to HC-SSR relationship across NC regions, NREM stages, HC sites, and GEs

While the summaries in Figure 4 and Table 3 gave us an overview of NC-GE and HC-SS/SSR relations, we noted that there appeared to

#### Table 3. Relation of NC-GE to HC-SSR and HC-SS occurrence times<sup>a</sup>

NC-GE type	Sleep stage	HC longitudinal axis	NC-GE versus HC-SSR related (KS test, p value)	Peak latency from HC-SSR (ms), mean	Peak latency from HC-SSR (ms), DistPeak	Non-zero latency from HC-SSR (binomial <i>p</i> value)	NC-GE versus HC-SS related (KS test, p value)	Peak latency from HC-SS (ms), mean	Peak latency from HC-SS (ms), DistPeak	Non-zero latency from HC-SS (binomial <i>p</i> value)
TB onsets	N2	Anterior	0	- 398	-741	0	0	- 164	- 392	0
		Posterior	0.002	-386	-1074	0.011	0	-455	-698	0
	N3	Anterior	0.129	123	206	1	0	-96	-338	0.006
		Posterior	0.654	-131	-346	0.388	0	-512	-646	0
DS peaks	N2	Anterior	0	— 185	-575	0	0	55	-65	0.232
		Posterior	0	38	31	0.519	0	105	-167	0.001
	N3	Anterior	0.216	- 95	-426	0.117	0	148	-57	1
		Posterior	0	-288	-489	0.001	0	-64	- 184	0
SS onsets	N2	Anterior	0	-16	-163	0.213	0	80	73	0.086
		Posterior	0	-211	-353	0	0	-19	-106	0.368
	N3	Anterior	0.017	-32	-142	0.728	0.003	-10	12	0.377
		Posterior	0	-241	-425	0	0	-45	-32	0.013
US peaks	N2	Anterior	0	35	93	0.221	0	348	534	0
		Posterior	0	68	62	0.643	0	165	212	0
·	N3	Anterior	0.013	-131	-180	0.609	0	338	568	0
		Posterior	0	-49	-71	0.699	0	199	111	0

<sup>a</sup>Separate values and statistical significance tests are shown for NREM (sleep stages N2 vs N3), aHC versus pHC, and for different NC GEs (TBs, SSs, DS, USs). Tests indicate whether there was a significant association between the times of occurrence of the HC-SSRs/HC-SSs and GEs (fourth and eighth columns); if the NC-GEs occurred significantly before the HC-SSRs/HC-SSs (negative numbers) or before after, when measuring the peak latency as the mean value across cortico-HC pairs (fifth and ninth columns), or as the peak of an extreme value distribution fitted over the ±2000 ms histogram-of-histograms in Figure 44 and Extended Data Figure 4-1 (sixth column) or in Figure 48 and Extended Data Figure 4-2 (10th column). The seventh and 11th columns show whether there is a significant difference in the number of NC-GEs occurring 2000 ms before versus 2000 ms after the HC-SSRs/HC-SSs. Extremely small (<0.0001) *p* values are represented by 0 for clarity. While NC-DS was significantly earlier than PHC-SSR in N3, but not in N2, it should be noted that NC-DS distribution appeared bimodal for N2 PHC-SSR which likely distorted the mean and distribution peak estimations: the larger pretrigger peak of the NC-DS latency distribution for N2 PHC-SSR, like the NC-DS distribution peak in N3, preceded that 0f the NC-SS latency distribution (~700 ms pre-SSR for NC-DS vs 353 ms for NC-SS) (Fig. 44).

Table 4. Numbers of HC-NC channel	pairs by NC ROIS	, and proportions of	HC-NC channel pairs with s	ignificant NC-GE/HC-SSR relationsh	ips across NC ROIs <sup>a</sup>
	·····	,			

	Propor	tion of ch	annels sho	wing sig	nificant	NC-GE co	-occurrei	nce with	HC-SSR									
NC-GE type	Total n	o. of	TB				DS				SS				US			
	channe	el pairs	N2		N3		N2		N3		N2		N3		N2		N3	
ROI	aHC	pHC	aHC	рНС	aHC	рНС	aHC	рНС	aHC	рНС	aHC	рНС	aHC	рНС	aHC	рНС	aHC	рНС
Lateral occipital	15	15	0.000	0.000	0.000	0.067	0.267	0.333	0.067	0.200	0.133	0.133	0.133	0.067	0.200	0.267	0.133	0.067
Medial temporo-occipital	31	26	0.129	0.231	0.032	0.115	0.452	0.385	0.129	0.385	0.129	0.231	0.097	0.154	0.355	0.538	0.129	0.385
Lateral parietal	74	51	0.135	0.176	0.081	0.039	0.297	0.451	0.203	0.353	0.216	0.549	0.041	0.373	0.473	0.529	0.176	0.353
Medial occipito-parietal	34	27	0.118	0.259	0.059	0.037	0.176	0.630	0.206	0.370	0.324	0.630	0.059	0.556	0.412	0.556	0.176	0.333
Lateral temporal	86	54	0.128	0.241	0.035	0.019	0.314	0.444	0.081	0.222	0.186	0.333	0.070	0.148	0.430	0.574	0.151	0.167
Insula	11	6	0.273	0.333	0.182	0.000	0.636	0.500	0.273	0.167	0.091	0.500	0.000	0.167	0.364	0.667	0.364	0.333
Paracentral	29	16	0.207	0.313	0.069	0.063	0.345	0.625	0.172	0.313	0.276	0.313	0.034	0.375	0.448	0.625	0.138	0.313
Orbitofrontal	23	6	0.174	0.000	0.174	0.000	0.348	1.000	0.087	0.000	0.261	0.667	0.130	0.333	0.478	0.833	0.261	0.167
Prefrontal	49	14	0.204	0.214	0.102	0.143	0.510	0.929	0.224	0.500	0.265	0.714	0.245	0.571	0.469	0.929	0.245	0.429
Cingulate	13	6	0.077	0.333	0.077	0.167	0.385	0.500	0.385	0.500	0.308	0.667	0.308	0.500	0.462	0.667	0.231	0.667
Total no. of channel pairs across NC	365	221																
Average proportions			0.144	0.210	0.081	0.065	0.373	0.580	0.183	0.301	0.219	0.474	0.112	0.324	0.409	0.618	0.200	0.321
SDs			0.072	0.116	0.056	0.056	0.125	0.212	0.094	0.148	0.077	0.196	0.092	0.174	0.081	0.171	0.071	0.158

<sup>a</sup>Details on Freesurfer parcellations included in each ROI can be found in Extended Data Table 4-1.

be regional differences across NC in the strength of temporal correlations. We also considered the possibility that "hot spots" may exist in NC and contribute to the widespread positive skewness in the distributions of GE counts across individual HC-NC GE histograms (Extended Data Fig. 3-1). We therefore explored the spatial distribution of HC-NC relationship further by tallying the proportion of significant HC-NC channel pairs across different NC regions, with respect to different NC-GE types and different HC-SSR/SS sources (Table 4, Table 5). We then performed two four-way ANOVAs (one for HC-SSRs, another for HC-SSs) to compare the main effects of NC-GE type (TB, SS, DS, US), NREM stage (N2 vs N3), aHC or pHC origin of HC-SS/SSR, and NC ROIs (Fig. 5A; coverage listed in Extended Data Table 4-1), as well as the two-way and three-way interaction effects. All *post hoc* analyses were performed with Tukey's range test. We checked the normality assumption by conducting the Lilliefors test on the residuals, and the null hypothesis of normality could not be rejected (p = 0.2058 for HC-SSRs, p = 0.0935 for HC-SSs). Both the ANOVA and *post hoc* analyses' results (*F* statistics and *p* values) are summarized in Table 6 (for HC-SSRs) and Table 7 (for HC-SSs).

For the ANOVA performed over proportions of NC channels showing significant NC-GE to HC-SSR temporal correlations, all four main effects were significant. The main effect for GE was due to the mean proportions of SSR-responsive HC-NC channel pairs differing between all GE type pairs, except NC-DSs and NC-USs. The mean proportions were 0.1252 for TBs, 0.2822 for SSs, 0.3591 for DSs, and 0.3874 for USs (Fig. 5D). The NREM stage main effect was due to more HC-NC channel pairs being

#### Table 5. Numbers of HC-NC channel pairs by NC ROIs, and proportions of HC-NC channel pairs with significant relationships between NC-GEs and HC-SSs

	Propor	rtion of ch	annels sho	owing sig	nificant	NC-GE co	-occurre	nce with	HC-SS									
NC-GE type	Total n	no of	TB				DS				SS				US			
	channe	el pairs	N2		N3		N2		N3		N2		N3		N2		N3	
ROI	aHC	pHC	aHC	рНС	aHC	рНС	aHC	рНС	aHC	рНС	aHC	рНС	aHC	рНС	aHC	pHC	aHC	pHC
Lateral occipital	15	15	0.200	0.133	0.133	0.000	0.200	0.600	0.067	0.467	0.133	0.200	0.133	0.133	0.467	0.333	0.400	0.600
Medial temporo-occipital	31	26	0.194	0.269	0.161	0.231	0.613	0.500	0.194	0.423	0.194	0.192	0.129	0.154	0.581	0.538	0.258	0.538
Lateral parietal	74	51	0.432	0.412	0.176	0.176	0.757	0.706	0.311	0.608	0.324	0.706	0.095	0.353	0.797	0.627	0.365	0.804
Medial occipito-parietal	34	27	0.324	0.370	0.147	0.185	0.529	0.630	0.265	0.556	0.324	0.667	0.147	0.556	0.765	0.630	0.353	0.667
Lateral temporal	86	54	0.442	0.463	0.163	0.148	0.733	0.722	0.349	0.444	0.221	0.444	0.070	0.093	0.791	0.722	0.302	0.389
Insula	11	6	0.364	0.333	0.182	0.000	0.727	0.833	0.273	0.500	0.364	0.333	0.000	0.000	0.545	0.500	0.182	0.167
Paracentral	29	16	0.414	0.438	0.138	0.188	0.655	0.500	0.241	0.563	0.172	0.688	0.103	0.188	0.586	0.750	0.138	0.438
Orbitofrontal	23	6	0.739	1.000	0.435	0.167	0.783	1.000	0.565	0.167	0.261	0.833	0.087	0.333	0.870	0.833	0.478	0.500
Prefrontal	49	14	0.531	0.714	0.367	0.286	0.694	0.857	0.449	0.571	0.367	0.714	0.163	0.571	0.694	0.857	0.490	0.714
Cingulate	13	6	0.385	0.500	0.385	0.333	0.692	0.667	0.692	0.833	0.385	1.000	0.308	0.500	0.923	0.667	0.538	0.833
Total no. of channel pairs across NC	365	221																
Average proportions			0.402	0.463	0.229	0.171	0.638	0.701	0.341	0.513	0.274	0.578	0.124	0.288	0.702	0.646	0.350	0.565
SDs			0.150	0.230	0.111	0.101	0.162	0.151	0.174	0.159	0.086	0.258	0.075	0.194	0.144	0.151	0.126	0.193



Figure 5. Strength of HC-NC association shows both correlativity and variability across GE types, NREM stages, HC-SS/SSR sources, and NC regions. *A*, Map of NC ROIs used for analysis (Extended Data Table 4-1). *B*, *C*, Stacked bar graph of mean significant (evaluated as in Fig. 3) HC-NC channel pair proportions with regard to all channels found in each ROI. *B*, Data were obtained by averaging across GE types for each SSR origin (different NREM stages and HC contact positions). *C*, Similarly, data were obtained by averaging across NC-GE types for each HC-SS origin. *D*, *E*, Global (i.e., across all NC ROIs) proportions of significant HC-NC channel pairs for HC-SSRs (*D*) and for HC-SSRs (*D*). *B*-*E* share the same color legend. ant, aHC; post, pHC.

significantly related to HC-SSR in N2 (mean proportion of 0.3784) than in N3 (0.1985). The aHC/pHC main effect was due to more of NC being related to pHC-SSRs (0.3617) than to aHC-SSRs (0.2152), consistent with our previous observation of higher

HC-SSR density in pHC than in aHC. The ROI main effect was due to a stronger HC-NC association by prefrontal locations, followed by cingulate, orbitofrontal, and medial occipitoparietal cortices; in contrast, lateral occipital and lateral temporal

#### Table 6. Summary of four-way ANOVA comparing associations between HC-SSRs and NC-GEs<sup>a</sup>

	Source	<i>F</i> (df)	р	Post hoc analysis	(if any) and corre	sponding <i>p</i> value	(Tukey's range tes	t)						
Main effect	GE	64.7 (3,27)	$1.87  imes 10^{-12}$	TB versus SS 2.119 $ imes$ 10 $^{-7}$		TB versus DS 3.828 $ imes$ 10 $^{-9}$		TB versus US 3.777 $ imes$ 10 $^{-9}$		SS versu 0.0048	is DS	SS versu 0.0001	s US	DS versus US NS
	Stage	151.6 (1,27)	1.37 $ imes$ 10 $^{-12}$	NA										
	AP	100.5 (1,27)	1.34 $ imes$ 10 $^{-10}$	NA										
	ROI	12.5 (9,27)	1.55 $ imes$ 10 $^{-7}$		LT	CG	OF	PF	РС	MT0	MOP	IS	LP	LO
				LO versus PF versus	NS 7.566 $ imes$ 10 $^{-7}$	7.149 $ imes$ 10 $^{-7}$ NS	0.0003 0.0541	$2.024  imes 10^{-7}$ NA	0.0014 0.0153	0.0478 0.0004	0.0004 0.0514	0.0005 0.0413	0.0034 0.0064	NA 2.024 $\times$ 10 $^{-7}$
Two-way interaction	${ m GE} imes$ stage	6.5 (3,27)	0.0018		TB versus SS	TB versus DS		TB versus US		SS versu	is DS	SS versu	s US	DS versus US
				N2	$9.110\pm10^{-5}$	6.217 $ imes$ 10 $^{-8}$		$6.005 \times 10^{-8}$		0.0029		0.0001		NS
				N3	0.0008	9.315 $\times$ 10 $^{-5}$		1.733 $ imes$ 10 $^{-5}$		NS		NS		NS
	${\rm GE}  imes { m AP}$	9.0 (3,27)	0.0003	aHC versus pHC			ТВ		DS		SS		US	
							NS		0.0002		4.101 ×	10 -7	0.0001	
	${\rm GE}  imes { m ROI}$	1.4 (27,27)	0.2098	NA										
	$\mathrm{Stage}  imes \mathrm{AP}$	6.6 (1,27)	0.0160	aHC versus pHC			N2				N3			
							1.312 $ imes$ 10 $^{-8}$				8.236  imes	10 -5		
	$\mathrm{Stage}  imes \mathrm{ROI}$	2.9 (9,27)	0.0160	N2 versus N3	LT	CG	OF	PF	РС	MT0	MOP	IS	LP	LO
					0.0051	NS	3.528 $ imes$ 10 $^{-6}$	0.0060	0.0117	NS	NS	0.0030	NS	NS
	AP  imes ROI	2.8 (9,27)	0.0187	aHC versus pHC	LT	CG	OF	PF	PC	MT0	MOP	IS	LP	LO
					NS	0.0063	NS	0.0004	NS	NS	0.0039	NS	NS	1.0000
Three-way interaction	$\mathrm{GE}\times\mathrm{stage}\times\mathrm{AP}$	0.1 (3,27)	0.9321	NA										
	$\rm GE \times stage \times \rm ROI$	1.1 (27,27)	0.3676	NA										
	$\rm GE \times \rm AP \times \rm ROI$	1.3 (27,27)	0.2497	NA										
	${\rm Stage} \times {\rm AP} \times {\rm ROI}$	1.8 (9,27)	0.1165	NA										

<sup>ar</sup>For each HC-NC electrode pair and sleep stage (N2 vs N3), the significance of the NC-GE occurrence times relative to the HC-SS onset was determined (see Fig. 3A; Materials and Methods). We then tallied the proportion of significant channel pairs according to their HC location (aHC, pHC), NC location (see Extended Data Table 4–1; Fig. 5A), and GE type (TB, DS, SS, US). These proportions were then entered into ANOVA. LO, Lateral occipital; LT, lateral temporal; CG, cingulate; OF, orbitofrontal; PF, prefrontal; PC, paracentral; MTO, medial temporo-occipital; MOP, medial occipito-parietal; IS, insula; LP, lateral parietal; NS, not significant (for *post hoc* Tukey's range tests, *p* > 0.1).

#### Table 7. Summary of four-way ANOVA comparing associations between HC-SSs and NC-GEs<sup>a</sup>

	Source	F (df)	р	Post hoc analy	sis (if any) and cor	responding <i>p</i> value	(Tukey's range tes	t)						
Main effect	GE	90.4 (3,27)	$3.37 imes10^{-14}$	TB versus SS		TB versus DS		TB versus US		SS versus DS		SS versus US		DS versus US
				NS		$3.843 imes10^{-9}$		$3.787 imes10^{-9}$		$3.840 imes10^{-9}$		$3.786 imes$ 10 $^{-9}$		NS
	Stage	242.5 (1,27)	$5.19 imes10$ $^{-15}$	NA										
	AP	54.6 (1,27)	$6.04 imes10^{-8}$	NA										
	ROI	24.9 (9,27)	7.77 $ imes$ 10 $^{-11}$		LT	CG	OF	PF	РС	MTO	MOP	IS	LP	LO
				LO versus	0.0052	1.295 $ imes$ 10 $^{-7}$	1.567 $ imes$ 10 $^{-7}$	1.583 $ imes$ 10 $^{-7}$	0.0208	NS	0.0002	NS	$1.815 \times 10^{-5}$	NA
				MOP versus	NS	0.0017	0.0279	0.0294	NS	0.0267	NA	0.0480	NS	0.0002
				LP versus	NS	0.0217	NS	NS	NS	0.0021	NS	0.0041	NA	1.815 $ imes$ 10 $^{-5}$
				CG versus	$8.018 imes10$ $^{-5}$	NA	NS	NS	1.895 $ imes$ 10 $^{-5}$	$2.822 \times 10^{-7}$	0.0017	4.092 $ imes$ 10 $^{-7}$	0.0217	1.295 $ imes$ 10 $^{-7}$
Two-way interaction	$ ext{GE} imes ext{stage}$	0.2 (3,27)	0.9128	NA										
GE >	GE  imes AP	10.9 (3,27)	0.0001	aPH versus pH	C		ТВ		DS		SS		US	
							1.0000		0.0085		4.203 ×	10 <sup>-7</sup>	0.1645	
	${\rm GE}  imes { m ROI}$	2.0 (27,27)	0.0354		LT	CG	OF	PF	РС	MTO	MOP	IS	LP	LO
				TB versus SS	NS	NS	NS	NS	NS	NS	NS	NS	NS	NS
				TB versus DS	NS	0.0144	NS	NS	NS	NS	NS	0.0029	0.0333	NS
				TB versus US	NS	0.0071	NS	NS	NS	NS	0.0054	NS	0.0050	0.0089
				SS versus DS	0.0040	NS	NS	NS	NS	NS	NS	0.0005	NS	NS
				SS versus US	0.0060	NS	0.0392	NS	NS	0.0197	NS	NS	NS	0.0293
				DS versus US	NS	NS	NS	NS	NS	NS	NS	NS	NS	NS
	${ m Stage}  imes { m AP}$	1.1 (1,27)	0.3008	NA										
	$\mathrm{Stage}  imes \mathrm{ROI}$	7.1 (9,27)	$3.28 imes10$ $^{-5}$	N2 versus N3	LT	CG	OF	PF	PC	MT0	MOP	IS	LP	LO
					2.696 $ imes$ 10 $^{-5}$	NS	9.627 $ imes$ 10 $^{-7}$	0.0047	0.0003	NS	0.0824	1.304 $ imes$ 10 $^{-5}$	0.0032	NS
	${\rm AP}  imes { m ROI}$	1.8 (9,27)	0.1213	NA										
Three-way interaction	${\rm GE} \times {\rm stage} \times {\rm AP}$	11.1 (3,27)	0.0001				N2 aHC		N2 pHC		N3 aHC		N3 pHC	
				NC-SS, N2 pHC			7.634 $ imes$ 10 $^{-6}$		NA		5.141 ×	10 <sup>-7</sup>	1.653 $ imes$ 10 $^{-5}$	
				NC-DS, N3 aH0	[		1.038 $ imes$ 10 $^{-5}$		7.725 $ imes$ 10 $^{-7}$		NA		0.0196	
				NC-US, N3 aH0	C		9.516 $ imes$ 10 $^{-7}$		1.190 $ imes$ 10 $^{-5}$		NA		0.0016	
	$\rm GE \times stage \times \rm ROI$	1.0 (27,27)	0.4610	NA										
	$\rm GE \times \rm AP \times \rm ROI$	1.7 (27,27)	0.0907	NA										
	Stage $\vee$ AD $\vee$ POI	2 0 (0 27)	0.0120	Mostly NS (o o	for orbitofrontal	$n = 1.120 \times 10^{-1}$	-5 for N2 pHC vc N	$2 \rightarrow U C \rightarrow n d n = 4 d$	$144 \times 10^{-6}$ for N	2 nUC vr N2 nUC)				

Stage  $\times$  AP  $\times$  ROI 3.0 (9,27) 0.0139 Mostly NS (e.g., for orbitofrontal,  $p = 1.138 \times 10^{-5}$  for N2 pHC vs N3 aHC, and  $p = 4.444 \times 10^{-6}$  for N3 pHC vs N3 aHC)

<sup>a</sup>For each HC-NC electrode pair and sleep stage (N2 vs N3), the significance of the NC-GE occurrence times relative to the HC-SS onset was determined (see Fig. 3*B*; Materials and Methods). We then tallied the proportion of significant channel pairs according to their HC location (aHC, pHC), NC location (see Extended Data Table 4–1; Fig. 5*A*), and GE type (TB, DS, SS, US). These proportions were then entered into ANOVA. LO, Lateral occipital; LT, lateral temporal; CG, cingulate; OF, orbitofrontal; PF, prefrontal; PC, paracentral; MTO, medial temporo-occipital; MOP, medial occipito-parietal; IS, insula; LP, lateral parietal; NS, not significant (for *post hoc* Tukey's range tests, *p* > 0.1).

regions had the weakest associations, particularly in N3 (Fig. 5*B*; Table 6).

Except for GE  $\times$  ROI, all two-way interaction effects from the SSR ANOVA were significant. None of the three-way interaction effects were significant. The lack of significance for GE  $\times$  ROI interaction suggests that, overall, the spatial pattern of HC-NC association does not differ across NC-GE types. The GE  $\times$  NREM stage interaction was due to NC-SS interacting less with HC-SSRs

than do USs and DSs, in N2 but not in N3. The GE  $\times$  aHC/pHC interaction was due to the absence of a pHC advantage for TBs in N3. For SSs, in particular, pHC proportions were approximately twice as large as aHC proportions in N2, and approximately 3 times as large in N3 (Fig. 5*D*). The NREM stage  $\times$  aHC/pHC interaction was due to a relatively greater difference in HC-NC coupling by pHC versus aHC during in N2 than N3 (0.1841 vs 0.1090) (Fig. 5*D*). The NREM stage  $\times$  NC ROI interaction was

Table 8. Proportions of HC-NC channel pairs with significant GE-SSR or GE-HC SS relationships across NC, separated by ROI, NREM stage, NC-GE type, and ipsilateral/contralateral HC-NC pairings

		Proportion	of channels witl	h significant l	VC-GE and HC-SS	S/SSR co-occu	irrence										
		TB				DS				SS				US			
нс	ROL/SWR	N2		N3		N2		N3		N2		N3		N2		N3	
event	source	lpsilateral	Contralateral	lpsilateral	Contralateral	lpsilateral	Contralateral	lpsilateral	Contralateral	Ipsilateral	Contralateral	lpsilateral	Contralateral	lpsilateral	Contralateral	Ipsilateral	Contralateral
SSR	Frontocentral	0.206	0.133	0.099	0.133	0.518	0.467	0.234	0.333	0.362	0.200	0.255	0.200	0.553	0.467	0.270	0.200
	Nonfrontal	0.169	0.138	0.052	0.049	0.436	0.228	0.225	0.179	0.300	0.260	0.169	0.098	0.495	0.382	0.228	0.171
SS	Frontocentral	0.560	0.467	0.305	0.267	0.716	0.600	0.475	0.467	0.433	0.333	0.206	0.267	0.738	0.800	0.461	0.400
	Nonfrontal	0.381	0.358	0.179	0.114	0.704	0.569	0.404	0.317	0.375	0.317	0.169	0.130	0.710	0.618	0.453	0.374

due to some locations (orbitofrontal, lateral temporal, prefrontal, paracentral, and insula) showing stronger coupling during N2 than N3, whereas others (generally more posterior) were approximately equal (Fig. 5*B*). Finally, the aHC/pHC  $\times$  NC ROI interaction was due to a significant aHC/pHC preference limited to cingulate, prefrontal, and medial occipitoparietal regions (Fig. 5*B*), although both aHC-SSRs and pHC-SSRs appeared to engage the whole cortex (Fig. 3*A*; Fig. 4*A*; Extended Data Fig. 4-1).

In a companion paper (Jiang et al., 2019), we performed a four-way ANOVA equivalent to the one above, but for HC-SWRs. To compare the previous results with SWRs to the current results with SSRs, we included both datasets in a five-way ANOVA with factors of SWRs/SSRs, NC-GE type (TB, DS, SS, US), NREM stage (N2/N3), aHC/pHC, and ROI. The normality assumption was checked (p = 0.1478, Lilliefors test on residuals). We found that HC-SWR/NC-GE coupling was more likely than HC-SSR/NC-GE coupling (SWR/SSR main effect,  $F_{(1,27)}$  = 117.4,  $p = 2.471 \times 10^{-11}$ ). Coupling of SWRs/SSRs to NC-GEs significantly interacted with the type of NC-GE ( $F_{(3,27)} = 51.57$ ,  $p = 2.621 \times 10^{-11}$ ), the NREM stage ( $F_{(1,27)} = 7.27, p = 0.0119$ ), and whether the SWRs/SSRs were generated in aHC versus pHC  $(F_{(1,27)} = 4.57, p = 0.0417)$ . However, the SWR/SSR × NC ROI interaction showed a trend ( $F_{(9,27)} = 2.11, p = 0.0650$ ). Notably, post hoc tests revealed that the SWR/SSR  $\times$  NC-GE interaction effect was due to HC-SSRs preferentially coupling with NC-SSs (p = 0.0013), whereas other NC-GE types are more strongly associated with HC-SWRs ( $p = 1.591 \times 10^{-4}$  for TBs, p = $6.027 \times 10^{-8}$  for DSs,  $p = 6.616 \times 10^{-8}$  for USs). Overall, these results are consistent with the special relationship observed between pHC-SSRs and NC-SSs.

### Differences in the NC-GE to HC-SS relationship across NC regions, NREM stages, HC sites, and NC-GE types

We repeated the analysis described above for HC-SSRs, but for HC-SSs, and summarized the results in Table 7. For the ANOVA performed over proportions of NC channels with significant NC-GE to HC-SS temporal correlation, all four main effects were significant. The GE main effect was due to a larger proportion of responsive HC-NC channel pairs for DSs (0.5484) and USs (0.5658) than for TBs (0.3165) and SSs (0.3160) (Fig. 5E). The NREM stage main effect was due to more HC-NC coupling in N2 (0.5507) than N3 (0.3226). The aHC/pHC main effect was due to more HC-NC coupling by pHC (0.4907) than aHC (0.3826), consistent with our previous observation of higher HC-SS density in pHC than in aHC (Fig. 1E; Extended Data Fig. 1-1A, B). All the above effects were comparable to their counterparts in the previous ANOVA regarding HC-SSRs, with the exception that NC-SSs were significantly more related to HC-SSRs than NC-TBs were, but no such significant difference was observed for HC-SSs overall. Thus, HC-SSRs could involve a subset of HC-SSs with preferential coupling to NC-SSs. The ROI main effect was due to greater coupling by NC regions, such as the cingulate, versus low levels by other regions (e.g., lateral occipital) (Fig. 5*C*). These results and *post hoc* analysis agree with their counterparts from the HC-SSR ANOVA.

The GE × aHC/pHC interaction was due to aHC/pHC differences being confined to DSs and SSs. For NC-SSs, in particular, pHC proportions were approximately twice as large as aHC proportions in N2, and more than twice as large in N3 (Fig. 5E). The  $GE \times ROI$  interaction was due to a greater coupling of certain NC-GE types in particular ROIs. The insula, for instance, had higher coupling to DSs (0.5833) and USs (0.3485) than TBs (0.2197) and SSs (0.1742). The NREM stage  $\times$  NC ROI interaction was a larger coupling in N2 than N3, especially in orbitofrontal and insula ROIs, compared with the small N2/N3 difference in, for example, cingulate and lateral occipital (Fig. 5C). Notably, for both HC-SSR and HC-SS ANOVAs, all ROIs involving occipital cortices (medial temporo-occipital, medial occipitoparietal, and lateral occipital) showed consistent associations with HC across N2 and N3, whereas orbitofrontal, prefrontal, paracentral, lateral temporal, and insula ROIs showed preferential associations in N2.

The GE × NREM stage × aHC/pHC interaction is presented in Figure 5*E*, where, for example, N2 pHC dominated for NC-SS relations. The NREM stage × aHC/pHC × NC ROI interaction is illustrated in Figure 5*C*, where N2 pHC proportion was dominant in some ROIs (e.g., orbitofrontal), whereas others appeared more balanced (e.g., cingulate, lateral occipital). Overall, with minor exceptions, the NC-GE coupling pattern with HC-SS is similar to that of HC-SSRs.

### Relationships between NC-GEs and HC-SS/SSRs in ipsilateral versus contralateral HC-NC channel pairs

Given the well-known lateralization of human hippocampal function (Glosser et al., 1998), we were interested in examining whether ipsilateral HC-NC channel pairs would show different relationships from contralateral pairs across NC-GE types, NREM stages, or NC ROIs. Due to a sparse representation of contralateral channel pairs for individual ROIs, we combined the 10 NC ROIs used in previous analysis into two: "frontocentral," which included the previous cingulate, orbitofrontal, prefrontal, and paracentral ROIs; and "nonfrontal," which included the previous lateral temporal, medial temporo-occipital, medial occipitoparietal, insula, lateral occipital, and lateral parietal ROIs. We then computed for each ROI the proportion of NC channels significantly coupled to HC-SSRs/HC-SSs (Table 8) and tallied the numbers of NC channels with or without significant HC-NC associations for each NC-GE type across N2 and N3 (Table 9).

We checked the normality assumption for ANOVA by conducting the Lilliefors test on the residuals; while the null hypothesis of normality could not be rejected for HC-SSs (p = 0.5000), the null hypothesis was rejected for SSRs (p = 0.0030). Never-

Table 9. Numbers and	pro	portions of i	psilatera	l and o	contrala	ateral	NC d	hannels	s sho	owing	sigr	nificant	t HC-1	IC G	E couj	oling	1 <sup>a</sup>
											_						

HC event	Stage (aHC and pHC combined) NC-GE type	N2						N3					
		lpsilateral			Contralateral			lpsilateral			Contralateral		
		No. of significant channels	No. of nonsignificant channels	Proportion									
SSR	TB	81	367	0.1808	19	119	0.1377	30	418	0.0670	8	130	0.0580
	DS	207	241	0.4621	35	103	0.2536	102	346	0.2277	27	111	0.1957
	SS	143	305	0.3192	35	103	0.2536	88	360	0.1964	15	123	0.1087
	US	230	218	0.5134	54	84	0.3913	108	340	0.2411	24	114	0.1739
Mean over NC-GE types		165	283	0.3689	36	102	0.2591	82	366	0.1831	19	120	0.1341
SS	TB	196	252	0.4375	51	87	0.3696	98	350	0.2188	18	120	0.1304
	DS	317	131	0.7076	79	59	0.5725	191	257	0.4263	46	92	0.3333
	SS	176	272	0.3929	44	94	0.3188	81	367	0.1808	20	118	0.1449
	US	322	126	0.7188	88	50	0.6377	204	244	0.4553	52	86	0.3768
Mean over NC-GE types		253	195	0.5642	66	73	0.4747	144	305	0.3198	34	104	0.2464

<sup>a</sup>Overall, across all GEs, the proportions of significant channels were lower for contralateral than for ipsilateral.

theless, we could observe in Table 9 consistent reduction in the proportions of NC channels showing significant temporal correlation with HC-SSRs, by 13%–45% for each NC-GE type (separately in N2 or N3) from ipsilateral to contralateral, with NC-TB in N3 showing the least drop and DS in N2 showing the most. Similarly, for HC-SSs, we observed a consistent reduction across NC-GE types in both N2 and N3; with the exception of NC-TBs in N3 (40% drop for HC-SSs vs 13% for HC-SSRs), the ipsilateral-to-contralateral drop (11%–20%) in HC-NC association proportions was smaller with respect to HC-SSs than to HC-SSRs. This suggests that HC-NC communication for spindles preferentially takes place ipsilaterally, and our subsequent PAC analyses appeared to support this (Fig. 6), as we would describe in detail later in Results.

We performed four-way ANOVA as previously described for NC-GE to HC-SS associations, with the ipsilateral/contralateral factor replacing the aHC/pHC factor. All post hoc analyses were performed with Tukey's range test. All four main effects were significant, but none of the interaction effects was significant. As our previous ANOVA already revealed significant main effects for NC-GE type and NREM stage, we focused our attention on the remaining two factors (i.e., ipsilateral/contralateral and combined NC ROI), which provided results beyond those explored in the previous ANOVAs. The main effect of ipsilateral/contralateral channel pair types yielded F = 12.55, p = 0.0383 and, together with mean proportions of 0.454 for ipsilateral and 0.400 for contralateral, suggested that more of NC were related to ipsilateral HC-SSs than to contralateral HC-SSs, although the difference was modest. The main effect of ROIs yielded F = 28.90, p =0.0126. Since only two ROIs were included in this ANOVA, this result suggested that the more frontal/cingulate parts of NC were significantly more likely to show significant associations between NC-GEs and HC-SSs than the posterior regions (mean proportion of 0.468 for frontocentral vs 0.386 for nonfrontal).

## HC-SSs phase-lock to NC-SSs, and NC-SSs modulate HC ripple activity

A previous report of human HC-SSs suggested that scalp SSs could phase-lock with HC-SSs, which modulated ripple activity (Staresina et al., 2015). We observed earlier in the results that hippocampal ripples could indeed co-occur with and appeared modulated by HC-SSs (Fig. 2*C*,*D*), and we found widespread NC channels showing significant HC-NC SS temporal correlations,

particularly in N2 with respect to pHC (Figs. 4B, 5E). To further evaluate spindle-mediated HC-NC coupling, we computed PLVs over 3 s trials where NC-SSs overlapped with HC-SSs for at least one cycle (for examples, see Fig. 6A). After PLV computation, for each nonoverlapping 50 ms time bin, a two-sample t test was performed between the actual PLV and the baseline estimate, with the resulting *p* values undergoing FDR correction. A given HC-NC channel pair would be considered significantly phaselocking if: (1) > 40 trials were used in the PLV computation, since small sample size is known to introduce bias (Aydore et al., 2013); or (2) at least 3 consecutive time bins yield post-FDR p values <0.05. Since HC-SS modulates ripple activity, NC-SS phaselocking with HC-SS would modulate HC ripples by inference; we nonetheless also performed PAC analysis between NC-SS phase and HC ripple amplitude in HC-NC channel pairs with significant SS phase-locking (for examples, see Fig. 6B), and estimated the significance of observed PAC by computing average Modulation Indices across trials (each with the same HC-NC SS overlap criterion as used for PLV) and comparing them with bootstrapped baselines (Tort et al., 2010).

We found that significant HC-NC SS phase-locking (over 10–16 Hz, with maximum PLV ranging from 0.3 to 0.9) could be found across widespread NC regions (Fig. 6C; Extended Data Fig. 6-1). Maximum PLV tended to be reached at  $\sim$ 300–700 ms after HC-SS onsets. We observed a higher density of NC channels showing significant PLV with pHC than with aHC. In particular, 37% of NC channels phase-locked with HC; and out of this channel population, 67% phase-locked with pHC (vs 33% with aHC) in N2, and 70% phase-locked with pHC (vs 30% with aHC) in N3. For both N2 and N3, this pHC preference among NC channels with significant SS PLV was significant (Fisher's exact tests,  $p = 4.991 \times 10^{-9}$  for N2,  $p = 2.377 \times 10^{-7}$  for N3). While HC-NC SS phase-locking was observed across NC, only a small proportion had sustained large PLV (e.g., Fig. 6A2,A4). Specifically, only 5% of all NC channels had a peak HC-NC SS PLV value >0.4; in this small population of high PLV channels,  $\sim$ 70% were parietal (7 in precuneus, 5 in angular gyrus, 4 in intraparietal sulcus). In addition, for patients with both aHC and pHC contacts in the same hippocampus, NC channels phase-locked to pHC tended not to show significant phase-locking with aHC as well (e.g., Fig. 6A), suggesting that HC-NC coupling mediated by spindle phase could be strongly localized along the HC longitudinal axis, which appears in agreement with the rare overlap be-



**Figure 6.** Parietal spindles phase-lock to hippocampal spindles and modulate hippocampal ripple activity. *A*, HC-SS phase-locking with NC-SS tends to be localized along the longitudinal axis (*A1* vs *A2*) and prefers ipsilateral HC-NC channel pairs (*A3* vs *A4*). Each panel shows two traces of PLV. Blue trace represents average PLV computed over 3 s trials with overlapping HC-SSs and NC-SSs, centered on the starts of HC-SSs. Black trace represents average PLV computed over an equal number of pseudo-trials centered on random time points in NREM (N2 + N3). Lt, Left; Rt, right. *B*, PAC between the phase of NC-SS (10 – 16 Hz) in parietal lobe and the amplitude of HC ripple-range activity (60 – 120 Hz). Each histogram bin covers 10 degrees of phase. *B1*, *B2*, Channels are the same as those in *A2* and *A4*, respectively. *C*, 2D projection maps of medial (*C1*) and lateral (*C2*) NC channels showing significant spindle phase-locking. Projection maps that separate left and right hemispheres can be found in Extended Data Figure 6-1.

tween aHC- and pHC-SSRs/SSs reported in the beginning of Results.

Similar to the result above with high PLV channel pairs being a small subset of all channels with significant PLV, NC-SS phase to HC ripple amplitude PAC was only observed in approximately one-fourth of all channels with HC-NC-SS phase-locking. Again, these channels were mainly (~70%) parietal (6 in precuneus, 3 in angular gyrus, 3 in intraparietal sulcus). Interestingly, only half of the high SS PLV channel pairs showed significant NC-SS to HC ripple PAC also.

Remarkably, for the population of NC channels from the 8 patients with multiple HC contacts in the same hippocampi, 15 of the 16 (94%) NC channels showing significant SS phase-locking with aHC also phase-lock with pHC significantly in N2, whereas conversely only 15 of the 43 (35%) NC channels showing signif-

icant SS phase-locking with pHC also phase-lock with aHC; in N3, this aHC/pHC imbalance in percentages of concurrently coupled NC sites was preserved (7 of 10, 70% with aHC vs 7 of 24, 29% with pHC). Thus, if aHC phase-locks SS with an NC site, then pHC does also, but not vice versa.

Strong ipsilateral preference for phase-locked HC-NC channel pairs was also observed in the patients with bilateral pHC contacts, with example PLV plots shown in Figure 6A, where the right precuneus preferentially coupled with right pHC. Within the channel pairs showing significant SS PLV involving aHC, in N2, only 5% were contralateral (thus 95% were ipsilateral); in N3, all of the channel pairs with significant PLV involving aHC were ipsilateral. Similarly, for phase-locking channel pairs involving pHC, 89% were ipsilateral in N2 and 90% were ipsilateral in N3. This strong preference for ipsilateral HC-NC SS phase-locking is



**Figure 7.** Proposed HC-SWR/SSR interactions with NC-GEs in the context of previous findings of NC-HC-thalamic interactions during GEs (Mak-McCully et al., 2017; Gonzalez et al., 2018; Jiang et al., 2019). *A*, The sequence begins with a spontaneous NC-TB. Firing patterns are hypothesized to project to the HC and help inform the context in which they arise (*A1*). Locally, the NC-TB may lead to the NC-DS (*A2*). *B*, The NC-DS in turn may contribute to the broadband decrease in HC-LFP preceding SWR (*B1*) and trigger a thalamic-DS (*B2*). *C*, The HC-SWR occurs at this critical juncture (Jiang et al., 2019), contributing recent memory traces to the NC as it reboots from the NC-DS (*C1*); meanwhile, the thalamic-DS enables the h and T currents to generate a thalamic-SS (*C2*). *D*, The pHC-SSR follows, perhaps projecting more detailed recent memory information during multiple ripples (*D1*). The pHC-SSRs are tightly phase-locked to SS in inferior and medial parietal cortices (present study), projected from the thalamus (*D2*). Increased firing and Ca<sup>2+</sup> influx during the NC-SS and underlying NC-US may provide an ideal cellular environment for memory consolidation. Experimental evidence is lacking for pHC-SSRs serving as markers for replay, and the evidence for aHC-SWRs is mainly from rodents.

larger than the preference for ipsilateral co-occurrence of HC-SSs and HC-SSRs with NC-GEs described above.

#### Discussion

This study quantifies the characteristics of ripples that co-occur with hippocampal spindles (HC-SSRs) in humans. We previously demonstrated that human SWRs (HC-SWRs) resemble animal HC-SWRs in their density, NREM concentration, waveform, and intrahippocampal topography (Jiang et al., 2019). HC-SSRs and HC-SWRs were distinct in important ways: HC-SSRs were dominant in pHC, whereas HC-SWRs were in aHC. Both HC-SSRs and HC-SWRs were coupled with all types of cortical GEs (TBs, DSs, USs, and SSs) in widespread bilateral locations (Fig. 7). However, HC-SSRs were tightly phase-locked with SSs in ipsilateral inferior parietal and precuneate sites, whereas HC-SWRs showed a preference for prefrontal, central, and cingulate cortices. HC-SSRs generally occurred during the NC-SSs/USs, whereas HC-SWRs generally occurred ~400 ms earlier, during the NC-DSs. A single HC-SSR is commonly adjacent to multiple ripples on successive peaks of the same HC-SSs, separated by  $\geq 50$ ms, whereas single ripples on HC-SWRs were separated by  $\sim$ 5 s. These differences suggest that HC-SSRs and HC-SWRs may potentially play complementary roles in memory consolidation, although further support from additional behavioral studies is needed, as our current study lacks behavioral assessments that could clearly demonstrate the involvement of HC-SS/SSR in memory consolidation.

Human HC-SSs have previously been recorded in NREM (Montplaisir et al., 1981; Malow et al., 1999; Andrillon et al., 2011; Carpentier et al., 2017) and REM sleep (Lestra et al., 2018). We observed SSs in HC with no ictal or interictal involvement, and HC-SSs are observed in animals (Miyawaki and Diba, 2016), suggesting that they represent healthy activity. Our confirmation of phase modulation of HC ripples by HC-SSs, and our demonstration of their coordination with NC-GEs provides a possible framework for HC-NC information transfer, as previously suggested (Siapas and Wilson, 1998; Sirota et al., 2003; Staresina et al., 2015) Antony et al., 2018). However, despite our efforts to eliminate contamination by epileptiform events, our study is limited by the possibility of pathological restructuring, and the possible role of SSRs in memory replay is unconfirmed in mechanistic studies.

Animal studies have described varying temporal relationships between HC-SWRs and NC-SSs. The possibility that NC-SSs play an initiating role is implied by the observation that SSs can reach the hippocampus via entorhinal cortex and phase-modulate HC firing (Sirota et al., 2003; Isomura et al., 2006). However, others found HC-SWRs to precede NC-SSs (Siapas and Wilson, 1998; Peyrache et al., 2011). This apparent discrepancy could reflect the fact that, while HC-SWRs tend to precede NC-SSs (Jiang et al., 2019),

HC-SSRs tend to co-occur with NC-SSs (Fig. 4A; Extended Data Fig. 4-1). Since some of the reports cited above detected high-frequency power without verifying a co-occurring sharpwave waveform, it is possible that they studied a mixed population of SWRs and SSRs.

Clemens et al. (2011) reported that ripples (including both interictal spikes and physiological activity) recorded medially to the parahippocampal gyrus are phase-modulated by parietal scalp spindles. Similarly, Staresina et al. (2015) found a 5% increase in HC ripple band power  $\pm 250$  ms to scalp spindles. However, the current report appears to provide the first evidence that human intracranially recorded NC-SS phase-lock with HC-SS and show PAC with ripples. HC and parietal spindles may become phase-locked via projections from CA1 to area 7a (Clower et al., 2001), thalamohippocampal (Amaral and Cowan, 1980), and/or thalamocortical projections (Mak-McCully et al., 2017) (Fig. 7*B*–*D*).

An important consequence of this co-occurrence and phaselocking of HC-SWRs with NC-SSs is that, if HC-SWRs mark replay firing, then this information would be projected to NC at a propitious time (Fig. 7D). In humans, NC-SSs (Hagler et al., 2018), and especially NC-SSs/USs, increase firing (Csercsa et al., 2010; Mak-McCully et al., 2017; Gonzalez et al., 2018). In rodents, NC-SSs (Seibt et al., 2017), and especially NC-SSs/USs (Niethard et al., 2018), are associated with strong Ca<sup>2+</sup> influx in NC pyramidal cell apical dendrites, and increased plasticity (Steriade and Timofeev, 2003). Behavioral consolidation in rodents depends on NC-SS/US coupling with HC-SWRs (Maingret et al., 2016; Latchoumane et al., 2017). Similarly, scalp SS and SS-US complexes are associated with consolidation in humans (Marshall et al., 2006; Mednick et al., 2013; Niknazar et al., 2015).

The distinctive behavioral contributions of ventral/dorsal HC in rodents, or aHC/pHC in humans, have been characterized in multiple ways. In rodents, ventral HC lesions impair contextual emotional learning, corresponding to its amygdala, orbitofrontal, and hypothalamic connections, whereas dorsal lesions impair spatial learning, corresponding to its retrosplenial and parietal connections (Fanselow and Dong, 2010). Although ventral HC neurons also exhibit place fields, they are less frequent and larger than dorsal HC (Strange et al., 2014), and the smaller ventral HC dentate gyrus may support coarser pattern separation (Poppenk et al., 2013). The anatomical contrasts between ventral and dorsal HC in rodents have been confirmed with resting-state BOLD connectivity measures in humans (Ranganath and Ritchey, 2012). Functional imaging studies suggest greater aHC involvement in learning the gist of events, and pHC the details, perhaps consistent with the broader encoding by its cells in rodents (Poppenk et al., 2013; Strange et al., 2014).

The preponderance of SSRs in dorsal HC has not been reported in rodents. Indeed, SWRs are more dense and stronger in dorsal than ventral rodent HC (Patel et al., 2013). One possible interpretation is that pHC-SSRs may support a faculty that is particularly well developed in humans. The cortical areas (angular gyrus, precuneus, and retrosplenial cortex) strongly phaselocked with pHC-SSR, as well as the HC itself, are all associated with episodic memory, which Tulving and Markowitsch (1998) have argued is unique to humans. Lesions restricted to the HC but sparing adjoining temporal cortical areas severely impair episodic memory with relatively preserved nonepisodic declarative memories (Vargha-Khadem et al., 1997). Similarly, angular gyrus lesions impair recollective experience without necessarily impairing familiarity judgments (Papagno, 2018). Recollective experience is correlated with hemodynamic activation in these areas (Gilmore et al., 2015), as well as unit increases (Rutishauser et al., 2018), possibly indicating a role in storing details of episodic memories (Rugg and King, 2018; but see Davis et al., 2018). Recollection is also associated with a parietal positive event-related potential, which is dependent on HC integrity (Smith and Halgren, 1989), and correlated across trials with pHC and retrosplenial BOLD activation (Hoppstädter et al., 2015). HC stimulation can induce intense feelings that current experience is being relived (déjà vu) as well as vivid recollections of previous experiences (Halgren et al., 1978; Curot et al., 2017). These considerations raise the possibility that pHC-SSRs are more prominent in humans because they help support autobiographical memory; further investigations with behavioral assessments are necessary to test this hypothesis.

The ratio of hippocampal to neocortical pyramidal cells is  $\sim$ 1:33 in rats and  $\sim$ 1:2246 in humans (Korbo et al., 1990; West and Gundersen, 1990; West et al., 1991; Pakkenberg and Gundersen, 1997). Thus, the HC $\rightarrow$ NC fanout is extremely broad in humans. Yet, a central feature of HC-dependent memory is its ability to unify arbitrary elements, and this is presumed to require the HC to interact with all or most of the NC (McNaughton, 2010). Indeed, we have shown that the HC-SWRs co-occur with NC-SSs/USs across widespread cortical areas in all lobes (Jiang et al., 2019). Furthermore, HC-SWRs only occur  $\sim$ 12 times per minute; thus, most cortical activity would develop in the absence of HC input from any particular location. Nonetheless, HC-SWRs tend to occur at the time of the NC-DSs, that is, at the beginning of the NC-SSs/USs (Fig. 7*B*), and thus can set the stage for subsequent elaboration of the NC $\leftrightarrow$  NC network. Therefore, the wide HC $\rightarrow$ NC fanout and low HC-SWR density, as well as its timing, might be expected to limit the influence of HC input to setting the general context of NC network evolution rather than its precise content (Fig. 7*C*).

In contrast to aHC-SWRs, pHC-SSRs produce multiple ripple bursts and thus replay patterns to a focal cortical target during the process of NC cell assembly. Multiple ripples commonly occur over the course of a single pHC-SSR, with their centers separated by  $\geq$  50 ms, compared with HC-SWRs, which are separated by  $\sim$ 5 s. Furthermore, in contrast to the NC-GE co-occurrence of HC-SWRs with widespread NC areas, pHC-SSRs restrict their very high level of phase-locking during putative replay to a focal target in area 7a. Finally, the pHC-SSR input to NC is sustained during the SSs/USs when cell-firing dendritic calcium levels are optimal for synapse formation, as opposed to a single punctate input from HC-SWRs at the beginning of the SSs/USs. Thus, while the HC-SWR input appears well suited to provide guiding input to widespread NC areas comprising the "gist" of a recent event, the pHC-SSRs may be better-suited to impress specific details through repeated inputs to focal NC areas (Fig.  $7C_{2}D$ ).

In conclusion, during NREM sleep, the human hippocampus generates ripples and may potentially provide specific information to the neocortex in two distinct LFP and anatomical contexts: aHC-SWR and pHC-SSR. Both are coordinated with thalamocortical waves, which occur in a typical order TBs $\rightarrow$ DSs->SSs/USs, but aHC-SWRs occur with the DSs and pHC-SSRs with SSs/USs (Fig. 7). aHC is anatomically connected with limbic and prefrontal sites, and aHC-SWRs are preferentially coupled with prefrontal and cingulate NC-GEs (Jiang et al., 2019). pHC is connected to parahippocampal, retrosplenial, precuneus, and inferior parietal cortices, and pHC-SSRs are strongly phase-locked with these areas. The low rate of aHC-SWRs, their broad bilateral anatomical fanout, and the preference of this fanout for frontolimbic sites are consistent with the contextual contribution sometimes assigned to aHC (or ventral hippocampus in rodents). In contrast, the rapid repeated ripples during pHC-SSRs, phase-locked with focal ipsilateral parietal loci, are consistent with a more detail-oriented consolidation process if, indeed, pHC-SSRs are found to participate in replay.

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