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## **Authors**

Li, Tian Zhai, Yao He, Shuaiming <u>et al.</u>

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# A printed, recyclable, ultra-strong, and ultra-tough graphite structural material

Yubing Zhou <sup>1,†</sup>, Chaoji Chen <sup>1,†</sup>, Shuze Zhu <sup>2,†</sup>, Chao Sui <sup>3</sup>, Chao Wang <sup>3</sup>, Yudi Kuang <sup>1</sup>, Upamanyu Ray <sup>2</sup>, Dapeng Liu <sup>1</sup>, Alexandra Brozena <sup>1</sup>, Ulrich H. Leiste <sup>4</sup>, Nelson Quispe <sup>2</sup>, Hua Guo <sup>3</sup>, Azhar Vellore <sup>5</sup>, Hugh A. Bruck <sup>2</sup>, Ashlie Martini <sup>5</sup>, Bob Foster <sup>6</sup>, Jun Lou <sup>3</sup>, Teng Li <sup>2,\*</sup>, Liangbing Hu <sup>1,\*</sup>

- <sup>1</sup> Department of Materials Science and Engineering, University of Maryland, College Park, MD 20742, United States
- <sup>2</sup> Department of Mechanical Engineering, University of Maryland, College Park, MD 20742, United States
- <sup>3</sup> Department of Materials Science and Nanoengineering, Rice University, Houston, TX 77005, United States
- <sup>4</sup> Department of Aerospace Engineering, University of Maryland, College Park, MD 20742, United States
- <sup>5</sup> Department of Mechanical Engineering, University of California Merced, Merced, CA 95343, United States

<sup>6</sup> Trinity Industries, Inc., Dallas, TX 75207, United States

The high mechanical performance of common structural materials (e.g., metals, alloys, and ceramics) originates from strong primary bonds (i.e., metallic, covalent, ionic) between constituent atoms. However, the large formation energy of primary bonds requires high temperatures in order to process these materials, resulting in significant manufacturing costs and a substantial environmental footprint. Herein, we report a strategy to leverage secondary bonds (e.g., hydrogen bonds) to produce a high-performance and low-cost material that outperforms most existing structural compounds. By dispersing graphite flakes and nanofibrillated cellulose (NFC) in water at room temperature to form a stable and homogeneous solution with a high solid concentration (20 wt%), we demonstrate this slurry can be scalably printed to manufacture a graphite-NFC composite that exhibits a high tensile strength (up to 1.0 GPa) and toughness (up to 30.0 MJ/m<sup>3</sup>). The low density of graphite and cellulose leads to a specific strength of the composite (794 MPa/(g cm<sup>-3</sup>)) that is significantly greater than most engineering materials (e.g., steels, aluminum, and titanium alloys). We demonstrate how hydrogen bonds between the graphite flakes and NFC play a pivotal role in the superb mechanical performance of the composite, also enabling this low-cost material to be recyclable for an environmentally sustainable solution to high performance structural materials.

#### Introduction

A widely used strategy in the design of structural materials featuring high mechanical performance is to leverage strong primary bonds between constituent atoms [1-4]. For example, the carbon–carbon covalent bonds that make up carbon fibers result

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in a tensile strength of up to 4 GPa [5]; strong metallic bonds lead to the high melting points of metals; and the high stiffness and hardness of ceramics are dictated by strong ionic bonds. The high formation energy of primary bonds enables these kinds of desirable mechanical properties, however, it also requires the use of high processing temperatures and significant energy consumption during manufacture. As a result, the high performance of structural materials often comes at a price of adverse environ-

<sup>\*</sup> Corresponding authors.

E-mail addresses: Li, T. (lit@umd.edu), Hu, L. (binghu@umd.edu).

<sup>&</sup>lt;sup>†</sup> These authors contributed equally to this work.

mental impact. Furthermore, while the energy barrier required to break a primary bond is high, once broken, it is also difficult to recover, which can result in undesirable material properties, such as the mutual conflict between strength and toughness (i.e., stronger materials are often brittle, such as ceramics) [6].

Secondary bonds (e.g., hydrogen bonds) have modest bonding energy, but can readily form between atoms or functional groups [7]. For example, a hydrogen bond can easily form when two hydroxyl groups come within proximity of each other. When such a hydrogen bond is broken (e.g., by separating the two hydroxyl groups apart), new hydrogen bonds can easily reform after the hydroxyl groups move to the vicinity of other neighboring hydroxyl groups. This unique feature of secondary bonds inspires the material design strategy to achieve highly desirable material properties. For example, cellulose nanopaper made of densely packed nanofibrillated cellulose (NFC) can be made orders of magnitude stronger and tougher than regular paper made of cellulose microfibers due to the significantly increased number of hydrogen bonds between the rich hydroxyl groups along neighboring cellulose molecular chains [8].

Herein, we demonstrate a material design strategy that utilizes secondary bonding to achieve a high performance structural material at low cost and with a significantly reduced environmental footprint. Using a room temperature, scalable, and surfactant-free process, we show how few-layer, highly crystalline graphite flakes can be directly exfoliated from commercial graphite powder in an aqueous solution using NFC as the dispersing agent. The resulting graphite-NFC slurry can then be printed in large area and cast-dried into an ultra-strong and ultra-tough composite that outperforms most metals and alloys.

#### **Results and discussion**

NFC contains both hydrophilic functional groups and hydrophobic C-H moieties [9]. The hydrophobic sites interact with the hydrophobic plane of the graphite flakes while the hydrophilic hydroxyl groups form hydrogen bonds with the defective edges, enabling NFC to directly exfoliate graphite as a dispersant in a manner similar to surfactant aided graphite dispersion and exfoliation [10–12]. The presence of adsorbed NFC fibers on the surface prevents the re-stacking of graphite flakes due to the electrostatic repulsive forces generated by the charged NFC carboxyl groups (Figs. 1a,b, S1). Transmission electron microscopy (TEM) and selected area electron diffraction (SAED) of the resulting composite reveal the exfoliation of the bulk graphite into few-layer graphite flakes, which are structurally uniform, with high crystal quality that is well-preserved during the secondary bond formation process (Fig. S2). Note that the strong inclination of few-layer graphite flakes to undergo  $\pi$ - $\pi$  stacking always occurs during conventional exfoliation in a solventdispersed system, leading to limited dispersion stability, thus requiring vast amounts of solvent (1000-times relative to the weight of the solid) to achieve a homogeneous and stable dispersion [13–16]. However, in our system, the NFC dispersal process results in an aqueous flowable slurry with a significant high solid content of up to 20 wt% (Figs. 1c, S3a,b). Surprisingly, the viscosity of the 20 wt% graphite-NFC slurry (i.e. 10 wt% NFC) is as low as that of the 4 wt% pure NFC samples (Fig. S3c,d), which is an

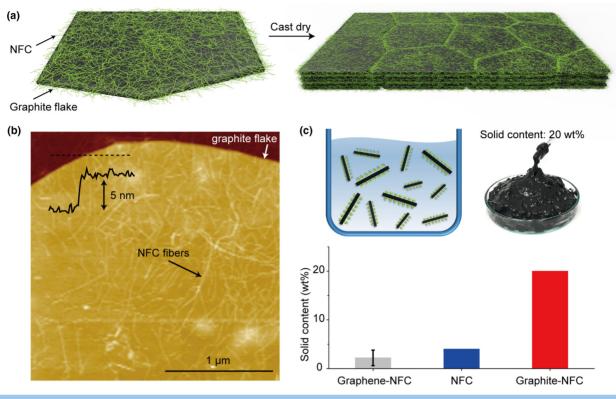
excellent feature for printing. With water evaporation, the graphite-NFC slurry can be further concentrated up to 30 wt% but retains fluid-like behavior (Fig. S4). This highly concentrated graphite slurry paves the way for the effective fabrication of graphite-based materials.

The graphite-NFC composite is low-cost, as the source materials for the graphite flakes and NFC (raw graphite and wood chips, respectively) are earth abundant and inexpensive (Fig. 2a). NFC can be prepared using a top-down approach from wood cell walls (Fig. S5a). Graphite flakes can then be dispersed at room temperature by NFC in an aqueous solution with no need for a surfactant. Such a process is readily scalable to produce the graphite-NFC slurry in large quantities (Figs. 2b, S5b,c). The slurry of few-layer graphite flakes exfoliated in the NFC suspension is relatively stable due to the existence of charged hydroxyl and carboxyl groups (Zeta potential = -53.9 mV, pH = 7; Fig. S1c), as no clear sedimentation is observed even after six months (Fig. S5c,d).

The slurry nature of the graphite-NFC solution also enables the scalable manufacture of the resulting composite via a printing process. As water evaporates from the solution, the mobility of the graphite flakes is strongly limited by hydrogen bonding with the surrounding NFC network, leading to a dense layer of the solid composite (Figs. 2c, S6) that can be easily peeled off from the glass substrate (Fig. S7). In this manner, a graphite-NFC composite layer 120 cm  $\times$  30 cm  $\times$  22  $\mu m$  in size can be readily manufactured (Fig. 2d). Due to the laminated structure of the graphite-NFC composite (Fig. 2e,f), the material is highly flexible and can be readily bent into a small radius ( $\sim 2 \text{ mm}$ ) without breaking (Fig. S8). The random distribution of constituent graphite flakes in the plane of the composite dictates its isotropic in-plane mechanical properties (Fig. 2g), as evident from the circular small angle X-ray scattering (SAXS) pattern perpendicular to the plane (Fig. 2h). The graphite flakes are also highly aligned in parallel to the plane of the composite, as evident from the anisotropic SAXS pattern from the direction parallel to the plane (Fig. 2h).

The graphite-NFC composite exhibits an array of exceptional behaviors that are highly desirable for structural materials but generally difficult to achieve. Fig. 3a compares the key mechanical properties (specific strength and toughness), processability, cost, and recyclability of the graphite-NFC with those of representative structural (e.g., steel, aluminum alloy, polymer composites) and high-performance engineering materials (e.g., carbon fiber and cellulose nanopaper). When it comes to material choice, particularly for structural applications, density is a major consideration. Metallic alloys are some of the strongest and toughest engineered materials produced, but their high density limits their practical use when being lightweight is vital for energy efficiency. The graphite-NFC composite exhibits the unprecedented integration of high mechanical properties, low density, and low cost that exceeds the most widely used structural materials, including steel, aluminum alloy, NFC nanopaper, polyethylene composites, and even carbon fibers [20–22].

Fig. 3b shows the typical tensile stress–strain curves of the graphite-NFC composite, cellulose nanopaper, and graphite after hot press (see Methods for details), respectively. The ultimate tensile strength and work of fracture obtained from the



#### FIGURE 1

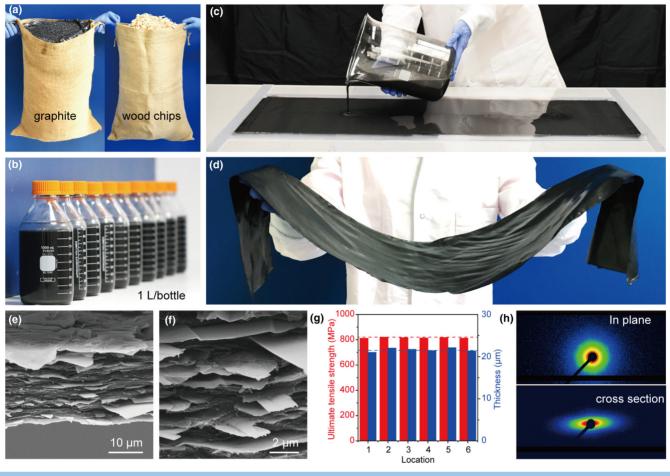
NFC-enabled dispersion of graphite with a high solid content of 20 wt%. (a) Schematic representation of how NFC nanofibers attach to and disperse graphite flakes through the interaction between the materials' hydrophobic sites as well as hydrogen bonding between the NFC hydroxyl groups and the defective edges of the graphite flakes. After cast-drying, the resulting composite is composed of NFC fibers and multilayered graphite flakes. (b) AFM image of a graphite flake exfoliated by NFC. The NFC fibers are closely associated with the surface of the graphite flake. (c) The solid content of the resulting graphite-NFC slurry (1:1 mass ratio) is shown to be  $4\sim5$  times higher than that of typical NFC and reported graphene-NFC solutions [17–19].

stress-strain curves show that optimal performance can be achieved when multilayer graphite flakes hybridize with NFC (Fig. 3d,e). As graphite flakes are hybridized into the NFC matrix, the ultimate tensile strength increases by  $\sim$  3.7-times, from 245 ± 47 MPa (NFC) to 901 ± 129 MPa (graphite-NFC composite), and the work of fracture increases nearly 5.9-times from 4.7  $\pm 0.8$  MJ/m<sup>3</sup> (NFC) to 27.7  $\pm 2.3$  MJ/m<sup>3</sup> (graphite-NFC composite). Unlike traditional structural materials, the graphite-NFC composite demonstrates both substantially enhanced ultimate tensile strength and the work of fracture (Fig. 3c). The specific tensile strength of our graphite-NFC composite is even higher than ultrastrong low-density steel and titanium alloys (Fig. 3f) [23,24]. Observations of the fracture surface after tensile failure between multilayer graphite flakes reveal the presence of NFC mimicking the organic layer in nacre with a "brick-and-mortar" microstructure, in which the initially random network of constituent nanofibers aligns along the tensile loading direction (Fig. S9).

The facile formation and re-formation of hydrogen bonds between the graphite flakes and NFC also endow the graphite-NFC composite with good recyclability. The graphite-NFC composite can be dispersed in water to reconstruct a stable and uniform slurry with the same properties as the original slurry and re-form a composite via cast-drying (Fig. S10). It is noteworthy that the competition between recyclability and stability against water is a long-standing issue for cellulose-based materials. Balance is needed between the two distinct properties for practical applications. Our experimental results show that the stability of the graphite-NFC composite against humidity/water can be improved substantially by surface coating as demonstrated by both the stable dimensions and mechanical properties of the material post-treatment (Fig. S11).

Our bottom-up processing approach provides the ability to fabricate graphite-NFC block materials by hot pressing multiple layers of the graphite-NFC composite (inset in Fig. 3f, Fig. S12). We performed ballistic tests on NFC nanopaper, a commercial graphite plate, and the graphite-NFC composite block (1 mm thick), in which the ballistic energy absorption of the samples is defined by the kinetic energy loss after a cylindrical steel projectile perforates the sample. When the same ballistic test is conducted using these three kinds of materials, the resulting energy absorption per unit thickness of the block graphite-NFC material was  $6.13 \pm 0.16$  KJ/m, a remarkable 4.6- and 5.4times increase from that of NFC nanopaper and the commercial graphite plate, respectively (Fig. 3g). The graphite flakes, with some parts still embedded in the NFC matrix, break along the incident direction of the projectile, indicating substantial energy dissipation during the projectile perforation (Fig. 3h). In addition, the scratch hardness of the graphite-NFC composite (310 MPa) was 1.5-times higher than that of the NFC nanopaper (200 MPa) (Fig. S13). The fracture toughness also increased by 7.8-times (Fig. S14).

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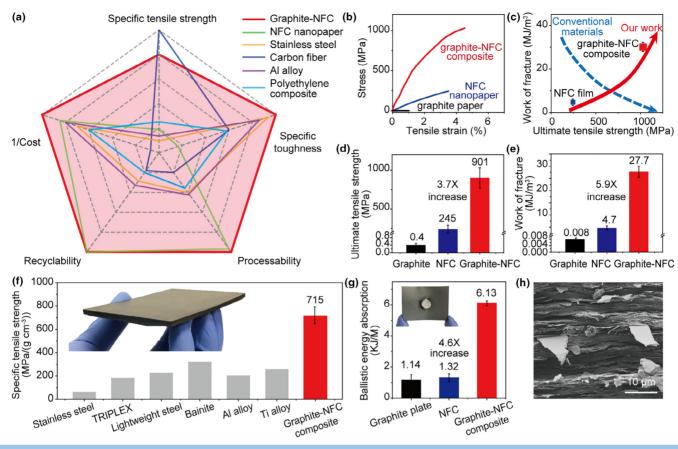


#### FIGURE 2

Production of the NFC-enabled dispersed graphite slurry and the hybrid composite (1:1 mass ratio). (a) Large-volumes of graphite and wood chips. NFC is obtained from wood chips. Graphite is dispersed and exfoliated in NFC suspensions under sonication. (b) Large-volume graphite-NFC slurries produced by sonication. (c) Images of the fabrication process of the graphite-NFC composite, and (d) a large scale (120 cm  $\times$  30 cm) graphite-NFC composite sheet. (e, f) Cross-sectional-view SEM images of the graphite-NFC composite. (g) The homogeneous thickness and ultimate tensile strength obtained from different locations of the large-sized graphite-NFC composite. (h) SAXS patterns of the graphite-NFC composite in the plane (top) of the material and along the cross-section (bottom).

Molecular dynamics simulations provide a mechanistic explanation for the observed mechanical properties of the graphite-NFC composite (1:1 mass ratio), in which the strong interactions between the graphite flakes and NFC fibers play a pivotal role in the high strength and toughness. The hydrophilic behavior of NFC is attributed to the hydroxyl groups that are located on the surface of the NFC fibers. The exposure of the hydrophobic C-H bonds also causes hydrophobic faces to form in the elementary fibers, which enable hydrophobic interactions with the hydrophobic plane of the graphite (Figs. 4a,d,g, S15). Meanwhile, the spatial gaps between the edges of the graphite flakes are filled with the flexible NFCs (Fig. 4a-f). A large amount of the interfaces between the graphite flake edges and NFC matrix are thus hydrogen bonded, which significantly enhances load transferring between graphite flakes. Due to the presence of the graphite hydrophobic surfaces, the hydrogen bonding networks projected along the tensile direction are densified (Fig. S15), thus the load transferring capacity of the NFC matrix also increases (Fig. 4h,i). The synergistic interaction between the graphite flakes and NFC substantially increases the load resistance of the composite to failure (i.e., high strength) and the energy dissipation during composite failure (i.e., high toughness). In contrast, in a pure graphite film there are only a limited number of hydrogen bonding sites at the flake edges, and the inter-flake interactions are essentially weak van der Waals forces (Fig. 4c,f). As a result, pure graphite is weak and brittle.

The high quality of graphite flakes also plays a pivotal role in the superb mechanical performance of the graphite-NFC composite. In previous studies, various one dimensional (1D) and two dimensional (2D) nanomaterials have been hybridized to produce high-performance structural materials [19,25]. Prior to the hybridizing process, graphite as the starting material was usually treated vigorously with harsh chemicals to obtain graphene, GO, or RGO, which is neither environmentally friendly, nor cost-effective [26–28]. To achieve 2D materials with nanometer thickness (graphene, graphene oxide, etc.), intensive mechanical energy or/and harsh chemicals were used during fabrication, resulting in highly defective 2D structures with severely reduced lateral size ( $\sim$ 1 µm) [17,18]. In contrast, our process only involves mild mechanical sonification without any harsh chemicals or



#### FIGURE 3

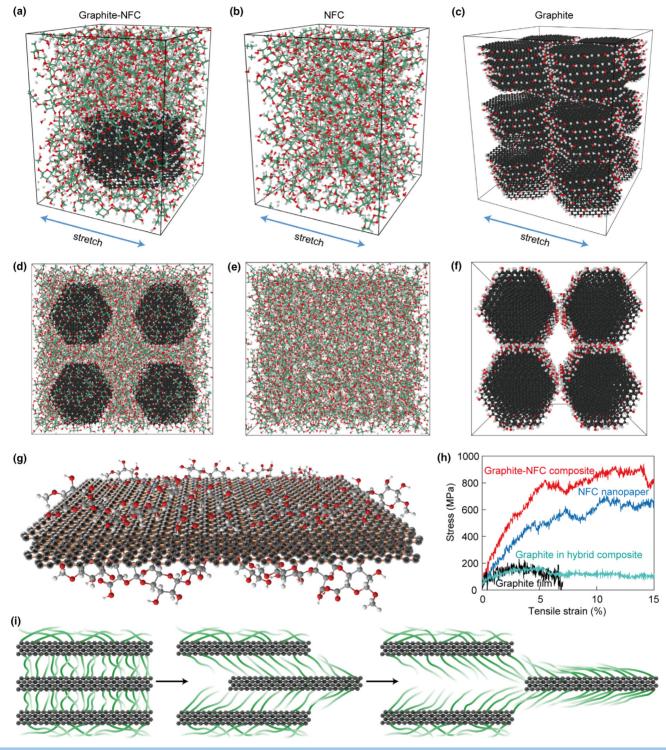
Superb mechanical performance of the graphite-NFC composite (1:1 mass ratio). (a) A radar plot showing a comparison among graphite-NFC composites, NFC nanopaper, stainless steel, carbon fiber, Al alloy, and polyethylene composite. The results are normalized by the maximum value of each mechanical characteristic. (b) Stress-strain curves of graphite-NFC, NFC nanopaper, and graphite paper. (c) The graphite-NFC composite is both substantially stronger and tougher than NFC nanopaper, defeating the conventional conflict between strength and toughness. (d, e) Comparison of the ultimate tensile strength (d) and work of fracture (e) of the graphite-NFC composite, NFC nanopaper, and graphite paper, respectively. (f) Specific tensile strength of the graphite-NFC composite composite compared with strong metallic alloys. (g) The ballistic energy absorption of the NFC, commercial graphite plate and graphite-NFC composite. Inset: Photo of the graphite-NFC composite after the ballistic test. (h) Cross-sectional SEM image of the vertically stacked multilayer graphite-NFC composite after the ballistic test.

surfactants, leading to high-quality graphite flakes with large lateral size ( $11 \pm 3.3 \mu$ m) and low thickness (mostly 3–5 layers of graphene) (Fig. S16). Consequently, the resulting graphite-NFC composite can achieve strength and toughness significantly higher (by up to 5-times) than those composites reported previously with a potentially much lower cost. Table S1 summarizes the detailed comparison of material building blocks, process conditions, manufacturability, and mechanical performance of the resulting materials in prior studies and the present study [17,18,29–34].

We further validated the strengthening and toughening mechanisms emerging from the molecular dynamics simulations by *in situ* atomic force microscopy (AFM) pulling tests, which revealed the deformation and failure characteristics of the graphite-NFC composite. At the cross-section of the graphite-NFC composite, a protruding graphite flake was first glued to the AFM tip. The AFM tip was then moved apart from the cross-section, applying a tensile load to the graphite flake until failure occured. Among the five graphite flakes tested, four failed by cohesion fracture of the flake, while one failed by pulling the flake out of the composite (Figs. 5a-h, S17a-k). Among the four

cohesion fracture cases, one case involved full fracture of the flake while the other three cases resulted in partial fracture (see Figs. 5a-d,i,j, S17f or details). The partial fracture was mainly attributed to the uneven edges of the multi-layer graphite flakes, which makes it difficult to ensure that each layer of the graphite flakes are strongly bonded to the AFM probe. Therefore only the graphite layers bearing loading can be stretched and other layers were well-preserved. The fracture strength ( $\sigma_t$ ) of the graphite flakes can be estimated by  $\sigma_f = F_{max}/nt_0 w_f$ , in which  $F_{max}$  is the pulling force at the occurrence of flake fracture, *n* is the fractured layer number,  $w_f$  is the effective fracture width near the fracture surface, and  $t_0 = 0.34$  nm (i.e., the inter-layer thickness of graphite). The  $w_f$  can be directly measured from the scanning electron microscopy (SEM) images, however, it is difficult to measure *n* accurately. Therefore, the fracture strength ( $\sigma_t$ ) as a function of flake layer number (n) is plotted in Fig. 5h based on the AFM test results (Table S2). For example, for n = 4, the corresponding fracture strength in the four tests ranges from 0.72 GPa to 0.94 GPa, with an average of 0.83 GPa, which is in reasonable agreement with the tensile test measurements (Fig. 3b). The full or partial fracture of the graphite flakes in AFM tests also

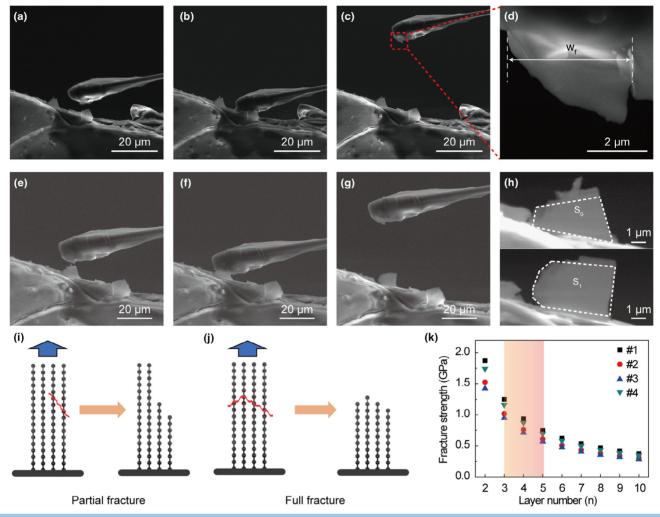
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#### FIGURE 4

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(a-c) Structures of the graphite-NFC hybrid before enforcing deformation (a). Structures of the pure NFC before enforcing deformation (b). Structures of the pure graphite before enforcing deformation (c). The bounding box denotes the periodic boundary. Arrows denote the tensile loading. (d-f) Perspective views showing how the NFC matrix could help connect the graphite stacks by filling up the spatial gaps. Bounding boxes denote periodical boundaries. These presentations contain periodic images of the simulation cell for better clarity. Real graphite stacks would have a more complicated and irregular shape. (g) Schematic to show how NFC attaches to the graphite flakes through the interaction between its hydrophobic sites and the hydrophobic plane of the graphite, as well as hydrogen bonding between the NFC hydroxyl groups and the defective edges of the graphite flakes. (h) Engineering stress–strain curves for three structures from molecular dynamics simulations, including the graphite-NFC composite (red), pure NFC (blue), and pure graphite (black). Also plotted in cyan is the contribution of the graphite stack in the graphite-NFC hybrid model to the overall stress–strain curve, which demonstrates that the mechanically rigid graphite stacks are an active load-bearing agent in the graphite-NFC composite that renders its high strength and toughness. (i) Schematic to show the fracture process of the graphite-NFC composite under tension.



#### FIGURE 5

(a-h) *In situ* AFM pulling test of one individual graphite flake from the NFC matrix. (b, f) The AFM probe is parallel to the fracture surface of the graphite-NFC composite and attached to the edge of a single graphite flake. (c, g) The AFM probe was moved away from the fracture surface until a potential failure occurs. (d, h) Magnified image to show that the graphite flake was partially fractured. (i, j) Schematic of fracture failure, including (i) full fracture and (j) partial fracture. (k) Estimated fracture strength as a function of the layer number of the graphite flake. The shaded area corresponds to the range of the typical layer number of the graphite flakes in this work.

suggests strong bonding between graphite flakes and NFC in the composite (otherwise, the graphite layers that are glued to the AFM probe can easily slide off from the flake given the weak interlayer interactions in pure graphite). This offers further support for the underlying strengthening and toughening mechanisms revealed by the mechanics simulations.

#### Conclusion

In summary, a secondary bonding strategy was developed to produce a mechanically robust graphite-NFC composite via a roomtemperature, scalable, and surfactant-free solution process. Commercial graphite powders can be directly exfoliated into few-layer graphite flakes by the aqueous solution of native NFC, forming an ultra-high concentrated (20 wt%) and stable graphite-NFC dispersion. A large-scale (120 cm  $\times$  30 cm) graphite-NFC composite with a laminated structure can be achieved through an industrially mature cast-drying process. NFC acts not only as an effective aqueous dispersion agent, but also as a "glue" to tightly stick the multilayer graphite flakes together through secondary bonds, including hydrophobic interactions and hydrogen bonding. Remarkably, both a record-high mechanical tensile strength (up to 1.0 GPa) and toughness (up to 30.0 MJ/ m<sup>3</sup>) were simultaneously achieved in the resulting graphite-NFC composite. Being lightweight, the graphite-NFC composite surpasses most conventional primary bond-based structural materials in terms of specific strength and toughness, including various steels, alloys, and even some carbon fibers. The fabrication of this composite requires relatively little energy without producing harmful waste, making it a scalable, economically feasible, environmentally friendly, and recyclable material, thus opening new opportunities for developing high-performance structural materials in a more sustainable manner.

#### Materials and methods

#### Preparation of graphite-NFC composites

Commercial graphite powder (Asbury Carbons 3061) and 2 wt% NFC solution were mixed together with a solid mass ratio of 1:1 for graphite to NFC. All the samples have a graphite to NFC mass

ratio of 1:1. The dispersion process was performed using a Vibra-Cell ultrasonic liquid processor for 5 min, and then bath sonicated for 15 min (FS110D, Fisher Scientific). After sonication, the graphite flakes were well dispersed in the NFC solution. The obtained graphite-NFC slurry was degassed for 20 min in a vacuum pumping system until no bubbles were observed in the slurry. The graphite-NFC slurry can be concentrated by placing it on a heating stage at 110 °C with high speed stirring to ensure the uniformity of the whole system. The graphite-NFC composites were prepared by cast-drying the 20 wt% slurry. The final composite with 20 to 50- $\mu$ m thickness and ~1.2 g/ cm<sup>3</sup> density was obtained after a 60 °C hot press for 24 h.

For control experiments, we prepared NFC films using a similar procedure except without the addition of graphite. The graphite film was also prepared using a similar procedure except that the graphite solution was intensively washed by  $ZnCl_2$  and water to remove NFC before pressing. All the NFC nanopapers and graphite-NFC composites used for mechanical testing were pressed at 60 °C under a force of about 50 kN for 24 h using a hot press (YLJ-HP88V-250, MTI). The size of pressed samples are generally 10 cm × 10 cm, so the applied pressure is can be up to 5 MPa. The NFC nanopapers and graphite-NFC composites were hot pressed before completely dry in order to be full densified. The applied pressure increased gradually, and usually reached 50 kN in 4 h, then kept at 50 kN for 20 h. For the graphite-NFC composites without hot press, the ultimate tensile strength is  $430 \pm 19$  MPa.

To fabricate block materials from the single graphite-NFC composites sheet, the single sheet should not be completely dried at first. Then multiple sheets are stacked together in the hot press at 60  $^{\circ}$ C under a force of about 50 kN for 48 h.

#### Characterizations

SEM images were taken with a Hitachi SU-70 Schottky field emission gun scanning electron microscope (2-5 kV, depending on the sample state). All samples were coated by gold sputtering for 90 s prior to observation. TEM and high resolution TEM studies were carried out using a field-emission-gun JEOL-2100F microscope, operated at 200 kV and equipped with a Gatan Tridiem 863 GIF (Gatan Imaging Filter) system. All the high-resolution TEM images were recorded under the Scherzer defocus condition. The thickness of the graphite flakes was measured by the number of layers in the high resolution TEM images (more than 50 images) to obtain the statistical distribution. AFM (Digital Instrument Nanoscope V) was applied to characterize the morphology of the NFC-coated graphite flakes in tapping mode. The lateral size of the graphite flakes was characterized by optical microscopy (OM, STM6-Olympus Measuring Microscopes). SAXS measurements were made using a Xenocs Xeuss SAXS/WAXS/ GISAXS small angle X-ray scattering system with an X-ray wavelength of  $\lambda = 0.957$  Å and sample-to-detector distance of 8.422 mm. The beam size was  $24 \times 11$  mm (horizontal  $\times$  vertical), and the scattering patterns were recorded using a singlephoton counting detector (Pilatus 1 M, Dectris) with a pixel size of  $172 \times 172 \,\mu\text{m}^2$ . The rheological properties of the slurries were investigated using a Discovery Hybrid HR-2 rheometer (TA instruments) with a peltier plate fixture of 25-mm disposable parallel plates. The Zeta potential was determined using a Zetasizer Nano ZS90.

#### Tensile tests

A single column tabletop model testing systems (Instron, USA) was used to perform mechanical tests. A 1000 N load cell was used with a nominal strain rate of 0.5 mm/min, because of its optimal data range. At least 5 specimens were measured from each sample. All the samples for mechanical testing were cut into rectangular strips with a width of 2 mm and lengths of 30 mm by a razor blade. To exclude the influences of humidity on mechanical properties, all samples were kept in a constant humidity environment (50%) for one day before tensile tests, and all tensile tests were performed under an identical environment in ambient conditions.

#### Stability test against moisture

Two graphite-NFC composites with dimensions of approximately 30 mm length by 15 mm width by 3.5 mm thickness were prepared. Following a painting method widely used in industry, we coated one graphite-NFC composite with a thin layer of oil-based paint (Polyurethane, Minwax). After the paint was totally dry, the samples with and without paint coating were put into the humidity chamber (LHS-150HC-II, set to 25 °C, 98% RH) and measured at regular intervals. The dimensions of the samples after various intervals in the humidity chamber were recorded.

#### Fracture toughness test

We tested the fracture toughness using a method developed by Rivlin and Thomas. A more detailed description is provided in Ref. [8]. In brief, samples with a rectangular shape were prepared to be loaded between the clamps of the mechanical test machine. A precrack is introduced along the mid-line of the sample between the two clamps (e.g., inset in Fig. S14a). The samples are positioned such that both the length of the sample and the length of the precrack are much larger than the initial separation between the two clamps. During the increase of the separation between the two clamps, the precrack will turn into a propagating crack. At this moment, we record the final separation between the two clamps. We then also loaded a sample without precrack beyond the recorded final clamp separation. To calculate the fracture toughness, we first calculated the work done by the applied load as the area beneath the load-displacement curve of the sample without precrack within the range from the initial clamp separation (zero displacement) to the recorded final clamp separation. Then the fracture toughness is calculated as the work (calculated above) divided by the product of the length and the thickness of the sample.

#### Ballistic tests

We used a gas gun to conduct ballistic tests on the graphite-NFC composites. The entire gas gun setup was comprised of pressure indicator frames (PIM), two cylinders filled with compressed nitrogen (N<sub>2</sub>), a pressure chamber 127 mm in diameter, a barrel-length of 190.5 mm, a nozzle of 1156 mm in length and an internal diameter of 12.5 mm. The PIM has adjustable dials for controlling the pressure inside the N<sub>2</sub> cylinders. Using those

dials, one cylinder was used to pressurize the barrel chamber and another was used to control the firing valve pressure. Just after the projectile is fired, the pressure inside the cylinder force opens the valve and drives the projectile motion. The accelerated projectile then travels through the whole barrel-length to strike the sample, fastened by clamps in a suitable designed holder, and perforating it. In the tests, the projectile used was cylindrical and made of stainless steel with a diameter of 11.85 mm, length of 51.77 mm, and mass of 0.046 kg. The chamber pressure was set to  $\sim$ 2.21 MPa. The whole process was captured by two high-definition Phantom v12 digital cameras, which were controlled by the Phantom Camera Control software. The software helps us to post-process the videos of the projectile before and after perforating the sample and thereby calculating the initial and final velocities. Subsequently, we evaluate the ballistic energy absorption of the test sample by calculating the kinetic energy loss that occurs due to the cylindrical steel projectile perforating the sample.

#### Scratch hardness tests

The scratch resistance of the graphite-NFC composite was evaluated according to the Standard Test Method for Scratch Hardness, ASTM G171-03(2009) using a linear reciprocating tribometer (Rtec Instruments Multi-Function Tribometer). The test was performed by applying a normal load on a diamond spheroconical tip indenter and moving the tip laterally at a constant speed. Each scratch hardness value was determined as an arithmetic mean of a set of three scratches made side by side at different locations.

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#### **Author contributions**

Y. Zhou, C. Chen, and S. Zhu contributed equally to this work. L. Hu and Y. Zhou contributed to the idea and experimental design. Y. Zhou and D. Liu contributed to the graphite slurry preparation and the film formation. Y. Zhou and C. Chen contributed to the mechanical measurements. U. Ray, N. Quispe, U. Leiste, H. Bruck, and T. Li contributed to the mechanical tensile and ballistic tests. C. Sui, C. Wang, H. Guo and J. Lou contributed to *in situ* AFM pulling tests. Y. Kuang contributed to the 3D illustrations. Y. Zhou and C. Chen contributed to the characterization *via* SEM and TEM. A. Vellore and A. Martini contributed to the indentation and scratch hardness tests. S. Zhu and T. Li contributed to both mechanical simulations and analysis. L. Hu, Y.

tributed to both mechanical simulations and analysis. L. Hu, Y. Zhou, T. Li, C. Chen, and A. Brozena contributed to writing the paper. All authors contributed to commenting on the final manuscript.

#### Appendix A. Supplementary data

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