

UCLA

UCLA Previously Published Works

Title

Modifiers of COVID-19 vaccine efficacy: Results from four COVID-19 prevention network efficacy trials.

Permalink

<https://escholarship.org/uc/item/9299m028>

Journal

Vaccine, 41(33)

ISSN

0264-410X

Authors

Turley, Christine B
Tables, LaKesha
Fuller, Trevon
[et al.](#)

Publication Date

2023-07-01

DOI

10.1016/j.vaccine.2023.06.066

Peer reviewed



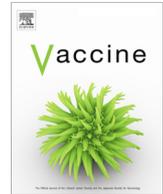
Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID-19. The COVID-19 resource centre is hosted on Elsevier Connect, the company's public news and information website.

Elsevier hereby grants permission to make all its COVID-19-related research that is available on the COVID-19 resource centre - including this research content - immediately available in PubMed Central and other publicly funded repositories, such as the WHO COVID database with rights for unrestricted research re-use and analyses in any form or by any means with acknowledgement of the original source. These permissions are granted for free by Elsevier for as long as the COVID-19 resource centre remains active.



Contents lists available at ScienceDirect

Vaccine

journal homepage: www.elsevier.com/locate/vaccine

Modifiers of COVID-19 vaccine efficacy: Results from four COVID-19 prevention network efficacy trials

Christine B. Turley^{a,1}, LaKisha Tables^{b,1}, Trevon Fuller^{c,1}, Lisa J. Sanders^d, Hyman Scott^e, Amaran Moodley^f, Amanda Woodward Davis^g, Brett Leav^h, Jacqueline Miller^h, Kathryn Schoemakerⁱ, An Vandebosch^j, Jerald Sadoff^j, Wayne Woo^k, Iksung Cho^k, Lisa M. Dunkle^k, Sijia Li^l, Lars van der Laan^l, Peter B. Gilbert^g, Dean Follmann^m, Holly Jaynes^g, James G. Kublin^g, Lindsey R. Badenⁿ, Paul Goepfert^o, Karen Kotloff^p, Cynthia L. Gay^q, Ann R. Falsey^r, Hana M. El Sahly^s, Magdalena E. Sobieszczyk^t, Yunda Huang^g, Kathleen M. Neuzil^p, Lawrence Corey^g, Beatriz Grinsztejn^u, Glenda Gray^{v,w}, Nadine Rouphael^{x,1}, Alex Luedtke^{1,*}, on behalf of the COVID-19 Prevention Network CoVPN²

^a Atrium Health Wake Forest School of Medicine, Charlotte, NC, United States

^b Morehouse School of Medicine, Atlanta, GA, United States

^c Infectious Diseases Department, Hospital Federal dos Servidores do Estado, Rio de Janeiro, RJ, Brazil

^d University of South Florida Morsani College of Medicine, Tampa, FL, United States

^e San Francisco Department of Public Health, San Francisco, CA, United States

^f Division of Infectious Diseases, University of California San Diego and Rady Children's Hospital, San Diego, CA, United States

^g Vaccine and Infectious Disease Division, Fred Hutchinson Cancer Center, Seattle, WA, United States

^h Moderna Inc., Cambridge, MA, United States

ⁱ Biometrics, Vaccines & Immune Therapies, BioPharmaceuticals R&D, AstraZeneca, Gaithersburg, MD, United States

^j Janssen Vaccines and Prevention, Leiden, the Netherlands

^k Novavax, Gaithersburg, MD, United States

^l Department of Biostatistics, University of Washington, Seattle, WA, United States

^m Biostatistics Research Branch, National Institute of Allergy and Infectious Disease, National Institutes of Health, Bethesda, MD, United States

ⁿ Brigham and Women's Hospital, Boston, MA, United States

^o Division of Infectious Diseases, Department of Medicine, University of Alabama at Birmingham, Birmingham, AL, United States

^p Division of Infectious Disease and Tropical Pediatrics, Department of Pediatrics, and the Center for Vaccine Development and Global Health, University of Maryland School of Medicine, Baltimore, MD, United States

^q Department of Medicine, Division of Infectious Diseases, UNC HIV Cure Center, University of North Carolina at Chapel Hill School of Medicine, Chapel Hill, NC, United States

^r Department of Medicine, Infectious Disease Division, University of Rochester, Rochester, NY, United States

^s Department of Molecular Virology and Microbiology and Section of Infectious Diseases, Department of Medicine, Baylor College of Medicine, Houston, TX, United States

^t Division of Infectious Diseases, Department of Medicine, Columbia University Irving Medical Center, New York, NY, United States

^u Evandro Chagas National Institute of Infectious Diseases-Fundação Oswaldo Cruz, Rio de Janeiro, Brazil

^v Perinatal HIV Research Unit, Faculty of Health Sciences, University of the Witwatersrand, Johannesburg, South Africa

^w South African Medical Research Council, Cape Town, South Africa

^x Hope Clinic, Emory University, Atlanta, GA, United States

ARTICLE INFO

Article history:

Received 16 April 2023

Accepted 20 June 2023

Available online xxx

Keywords:

Comorbidity

Effect modifier

Epidemiologic

Environmental exposure

Occupational exposure

ABSTRACT

Questions remain regarding the effect of baseline host and exposure factors on vaccine efficacy (VE) across pathogens and vaccine platforms. We report placebo-controlled data from four Phase 3 COVID-19 trials during the early period of the pandemic. This was a cross-protocol analysis of four randomized, placebo-controlled efficacy trials (Moderna/mRNA1273, AstraZeneca/AZD1222, Janssen/Ad26.COVID.2.S, and Novavax/NVX-CoV2373) using a harmonized design. Trials were conducted in the United States and international sites in adults ≥ 18 years of age. VE was assessed for symptomatic and severe COVID-19. We analyzed 114,480 participants from both placebo and vaccine arms, enrolled July 2020 to February 2021, with follow up through July 2021. VE against symptomatic COVID-19 showed little heterogeneity across baseline socio-demographic, clinical or exposure characteristics, in either univariate or multivariate analysis, regardless of vaccine platform. Similarly, VE against severe COVID-19 in the

* Corresponding author at: Department of Statistics, University of Washington, Seattle, WA, United States.

E-mail address: aluedtke@uw.edu (A. Luedtke).

¹ Contributed equally.

² Members in each individual study/protocol team are listed in the supplementary materials.

SARS-CoV-2
Vaccine efficacy

single trial (Janssen) with sufficient endpoints for analysis showed little evidence of heterogeneity. COVID-19 VE is not influenced by baseline host or exposure characteristics across efficacy trials of different vaccine platforms and countries when well matched to circulating virus strains. This supports use of these vaccines, regardless of platform type, as effective tools in the near term for reducing symptomatic and severe COVID-19, particularly for older individuals and those with common co-morbidities during major variant shifts. Clinical trial registration numbers: NCT04470427, NCT04516746, NCT04505722, and NCT04611802.

© 2023 Published by Elsevier Ltd.

1. Introduction

Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) emerged in December 2019 causing a global pandemic that has resulted in more than 768 million cases and 6.9 million deaths worldwide as of June 2023. Early in the pandemic, the National Institute of Allergy and Infectious Disease (NIAID) at the US National Institutes of Health (NIH) partnered with multiple pharmaceutical companies to expedite the development of an effective vaccine to prevent the spread of SARS-CoV-2. In addition to this unprecedented public-private collaboration, NIAID merged four existing clinical trial networks to form the COVID-19 Prevention Network (CoVPN). The CoVPN, along with the study sites affiliated with contract research organizations (CRO), facilitated the rapid enrollment of the tens of thousands of participants needed for the Phase 3 vaccine safety and efficacy trials [1]. Four SARS-CoV-2 vaccine candidates (mRNA-1273, AZD1222 ChAdOx1 nCoV-19, Ad26.COV2.S, and NVX-CoV2373) have been evaluated through double-blind, randomized, placebo-controlled Phase 3 clinical trials, and were reported to be safe and efficacious in adults ≥ 18 years of age, with early estimates of overall vaccine efficacy (VE) ranging from 56.3 % to 94.1 % [2–5]. The data from these pivotal Phase 3 VE studies present a unique opportunity to comprehensively evaluate modifiers of COVID-19 VE in preventing symptomatic illness, as well as severe disease, through cross-protocol analysis.

In general, VE is influenced by factors related to the infectious agent (antigenic variants), the vaccine platform, the host (age, sex, genetics, presence of comorbid conditions, and immune function), and the environment (exposure and transmission rate) [6–9]. For example, VE is lower among men and the elderly for influenza vaccines [7], among the immune suppressed for the hepatitis B vaccine [10], and among children living in low resource settings for rotavirus vaccines [11]. In the individual CoVPN trials, no significant differences in VE based on selected host factors were reported in the subgroup analyses [2–5]. However, these univariate analyses varied between trials and no multivariate analysis was performed. Here we present a cross-protocol analysis designed with consistent methodology to assess the impact of these modifiers on VE.

2. Materials and methods

2.1. Study design

We performed a participant-level data cross-protocol analysis of the Moderna, AstraZeneca, Janssen, and Novavax trials using [2–5] data accrued through the blinded, pre-crossover phases from July 2020 through July 2021 (Appendix p. 17, Supplementary Table 1). National populations were excluded if they were enrolled during the circulation of the beta variant or Latin American sites that were not of ancestral/alpha or other lineage due to mismatch with vaccine target (Appendix p. 15, Supplementary Fig. 1).

2.2. Vaccines and adjuvants

The Moderna vaccine was stored between $-50\text{ }^{\circ}\text{C}$ and $-15\text{ }^{\circ}\text{C}$ and was administered as two doses 28 days apart. The antigen administered was 100 μg mRNA-1273/0.5 mL. The AstraZeneca vaccine was stored between $2\text{ }^{\circ}\text{C}$ and $8\text{ }^{\circ}\text{C}$ and was also administered as two doses 28 days apart. The antigen was AZD1222 (5×10^{10} viral particles)/0.5 mL. The Janssen vaccine was stored between $2\text{ }^{\circ}\text{C}$ and $8\text{ }^{\circ}\text{C}$ and consisted of a single dose of 5×10^{10} viral particles/0.5 mL. The NovaVax vaccine was also stored between $2\text{ }^{\circ}\text{C}$ and $8\text{ }^{\circ}\text{C}$, was administered as two doses 21 days apart, and the antigen consisted of NVX-CoV2373 (5 μg of SARS-CoV-2 recombinant spike protein adjuvanted with 50 μg of Matrix-M)/0.5 mL. The route of administration was intramuscular in the deltoid muscle of the arm for all of the vaccines. Needle length varied based on the population served with 25–38 mm used for most adults.

2.3. Study outcomes

Symptomatic COVID-19 for this analysis was defined as signs or symptoms consistent with COVID-19 and molecularly confirmed by PCR testing, which was harmonized across the studies with minor differences [1]. These were the primary endpoints from each trial except for ENSEMBLE, for which this corresponds to a secondary endpoint of mild, moderate, or severe COVID-19 (a companion paper lists the COVID-19 case definition used in each trial [1]). Severe COVID-19 was defined as additionally having shortness of breath at rest or respiratory distress, respiratory rate ≥ 30 per minute, heart rate ≥ 125 per minute, or oxygen saturation $\leq 93\%$ on room air, organ failure, ICU admission, or death.

2.4. Predictors of study outcomes

Potential predictors of the study outcomes included demographic characteristics (age, sex, race, ethnicity, and country); comorbid conditions including asthma, cardiovascular disease, hypertension, diabetes, smoking, obesity ($\text{BMI} \geq 30\text{ kg/m}^2$), lung disease, liver disease, kidney disease, and well-controlled HIV; SARS-CoV-2 exposure risk (Occupational Safety and Health Administration [OSHA] risk category); and living situation risk score (Appendix p. 14, Supplementary Methods).

2.5. Ethics approval

Institutional review board approval was obtained for the four COVID-19 VE trials [2–5] (Moderna/mRNA1273: NCT04470427, AstraZeneca/AZD1222: NCT04516746, Janssen/Ad26.COV2.S: NCT04505722, and Novavax/NVX-CoV2373: NCT04611802). Informed consent was obtained after the nature and possible consequences of the study had been fully explained to the subjects.

2.6. Statistical analysis

The objectives of this study are to: 1) determine which baseline characteristics modify COVID-19 VE in each trial; 2) determine if combined baseline characteristics in each trial modify VE; 3) if there is evidence of heterogeneity of efficacy seen within a study based on baseline characteristics, rank the importance of baseline characteristics compared to the combined impact on VE; and 4) evaluate whether VE-modifying characteristics in three of the trials yield improved prediction of VE in the fourth trial.

Analyses were prespecified in a statistical analysis plan (Appendix p. 2–13). Cumulative incidence VE was estimated for each vaccine through a fixed time point after enrollment in the per-protocol cohort. To ensure stable estimation, for each trial we selected the latest time point where the risk set consisted of at least 10 % of participants in both arms (Appendix p. 18–19, Supplementary Tables 2–3 for a summary of the amount of follow-up in each trial). Inverse weighting was used to provide an interpretable and unbiased analysis of how VE varies within covariate subgroups. Weights were fitted via a proportional odds model, logistic regression, and stratified Kaplan-Meier estimator, respectively (details on Appendix p. 14, Supplementary Methods).

Because each trial assessed a separate vaccine platform that may have its own heterogeneity profile, VE was assessed separately for each trial. Univariate analyses of VE were conducted via a nonparametric covariate-adjusted method. Multivariate analyses were conducted via ensemble methods that use cross-validation to combine predictions from a collection of candidate algorithms. To assess heterogeneity, participants within each trial were broken into tertile groups based on their covariate-stratified VE estimates: those predicted to have the lowest VE, those predicted to have the highest, and everyone else. VE within each of these three subgroups was assessed using the observed COVID-19 endpoints.

We assessed the potential benefits of pooling data from the four trials using a leave-one-trial-out procedure. We pooled data from the other three vaccines to estimate their pooled efficacy conditional on baseline covariates. Then, we included this estimated efficacy as an additional putative efficacy modifier in a repetition of the multivariate analysis in the remaining trial. If the four vaccines have similar heterogeneity profiles, pooling the data should increase precision for assessing heterogeneity.

Missing data in the covariates were minimal and were imputed by the median and mode for continuous and categorical variables, respectively. For a given trial, we report both uncorrected and Bonferroni-corrected 95 % confidence intervals for univariate analyses of VE in supplementary tables, and only uncorrected intervals in figures. Analyses were performed in R version 4.2.1.

3. Results

3.1. Study population

In total, 136,096 participants met the inclusion criteria and were randomized within the four trials and, of these, 114,477 were in the per-protocol cohort and not enrolled in South Africa (due to dominant circulating beta variant) or intersex/unknown sex, and therefore part of our analysis cohort (Appendix p. 16, Supplementary Fig. 2). Across the four trials 77,747 (68 %) participants were 18 to 59 years of age and 36,730 (32 %) were 60 or older (Table 1). Women represented 52,651 (46 %) of the participants. In terms of ethnicity, 34,878 (30 %) of the participants were Hispanic. The racial composition of participants across the four trials was 6,188 (5 %) American Indian/Alaska Native, 4,891 (4 %) Asian, 10,542 (9 %) Black or African American, and 86,518 (76 %) White. Regarding

clinical comorbidities, 42,790 (37 %) of the participants had at least one of the following: diabetes, HIV, or cardiovascular, kidney, liver, or chronic lung disease; 38,761 (34 %) of the participants were obese. Tobacco use was reported by 14,347 (13 %) of participants.

3.2. Baseline covariates have little impact on VE against symptomatic COVID-19 in univariate and multivariate analyses

In the analysis using harmonized case definitions, overall VE for preventing symptomatic COVID-19 was 93 % (90–95 %) in Moderna, 65 % (54–76 %) in AstraZeneca, 71 % (64–77 %) in Janssen, and 91 % (87–96 %) in Novavax (Fig. 1, Appendix p. 20–21, Supplementary Table 4). While VE showed little heterogeneity for participants enrolled at sites within the US, VE ranged from 44 to 82 % for participants in the Janssen trial across different countries (Fig. 1, Appendix p. 20–21, Supplementary Table 4). No difference was observed in VE between older adults and younger populations or based on BMI, race, sex, underlying health conditions, and risk of exposure (see Fig. 2).

When participants with the lowest predicted VE were compared to participants with the highest predicted VE for each trial, there was little variability in estimates of VE across the subgroups defined by baseline covariates (Fig. 3). When tertiles of VE were pooled from three trials, and then used to predict VE of the fourth, and no heterogeneity was found in the subgroups formed by baseline covariates (Appendix p. 22, Supplementary Table 5).

3.3. VE against severe COVID-19 remained high across all demographic subsets

VE for severe COVID-19 was restricted to the Janssen trial due to very few endpoints in the vaccine arm of the other three trials (Appendix p. 23, Supplementary Table 6). VE without modeling the effect of baseline covariates was 85 % (78–91 %) and did not vary substantially by demographics, obesity, living conditions, or geographic region (Appendix p. 26, Supplementary Table 7). In multivariate analysis, there was also no evidence of heterogeneity across tertiles of VE (Appendix p. 27, Supplementary Table 8).

4. Discussion

Understanding the factors that impact VE is crucial to ensure that vaccines are effective in a wide variety of hosts and settings. The ability to evaluate host and environmental factors that may modify VE is frequently limited by trial design, which often excludes vulnerable populations or may be too small to allow for subgroup analysis. Further, the lack of harmonization across different efficacy studies often prevents larger scale, cross-protocol analysis. The COVID-19 pandemic and subsequent coordinated worldwide engagement in the rapid development of vaccines created an opportunity to evaluate host characteristics and environmental factors in a novel cross-protocol analysis of pivotal studies conducted early in the pandemic. In these trials, populations known to be at high risk for acquisition of the disease or for developing severe disease were enrolled. Thorough baseline information was recorded for all participants, allowing a more nuanced view of VE in different subgroups during an extraordinarily well-characterized period of global risk. This multi-national harmonized collaboration offers an unprecedented chance to compare COVID-19 VE in a large, diverse adult sample using a consistent definition of disease, exposure risk, and statistical methodology across vaccine platforms.

The COVID-19 pandemic highlighted the significant impact host and demographic factors can have on health outcomes. The dramatic disparities in COVID-19-related morbidity and mortality

Table 1Symptomatic Covid-19 endpoints^a by subgroup and randomization arm in the per-protocol cohort of each trial excluding South African participants and intersex participants (# endpoints / total # participants).

	Moderna		AstraZeneca		Janssen		Novavax	
	Placebo	Vaccine	Placebo	Vaccine	Placebo	Vaccine	Placebo	Vaccine
Overall	741/14164	55/14287	181/8528	134/17617	538/17113	173/17111	77/8385	17/17272
Socio-demographic								
Age (years)								
18–29	88/1391	5/1417	29/1072	33/2209	96/1762	32/1774	26/1259	4/2735
30–39	138/2143	11/2169	31/1365	22/2756	71/1970	32/1992	14/1649	5/3338
40–49	180/2665	12/2597	42/1526	41/3281	112/3507	46/3526	14/1676	2/3601
50–59	170/2878	12/2969	39/1762	27/3658	136/3740	25/3680	14/1923	4/3757
60–69	109/3240	10/3339	33/1875	9/3818	90/4437	32/4360	7/1433	1/2946
≥70	56/1847	5/1796	7/928	2/1895	33/1697	6/1779	2/445	1/895
Ethnicity								
Hispanic/Latino	176/2787	10/2831	59/2064	59/4032	250/8889	93/8767	18/1801	9/3707
Not Hispanic/ Latino	565/11377	45/11456	122/6464	75/13585	288/8224	80/8344	59/6584	8/13565
Race								
American Indian/Alaska Native ^b	5/113	0/109	20/372	26/747	65/1616	27/1641	6/522	1/1068
Asian	29/700	1/628	4/355	4/738	15/639	5/699	5/375	0/757
Black or African American	41/1352	4/1395	15/699	6/1401	30/1451	10/1416	8/947	1/1881
Other	30/422	1/464	3/164	2/338	24/621	6/589	1/54	0/146
Multiple	8/304	1/300	10/203	7/421	36/951	9/928	0/137	2/296
White	628/11273	48/11391	129/6735	89/13972	368/11835	116/11838	57/6350	13/13124
Sex								
Female	365/6670	25/6848	66/3714	56/7732	239/7629	73/7617	50/4158	10/8283
Male	376/7494	30/7439	115/4814	78/9885	299/9484	100/9494	27/4227	7/8989
Health Characteristics								
Body mass index (kg/m ²)								
Healthy weight or Underweight (<25)	150/3861	6/3970	41/2482	32/5275	163/5379	58/5501	29/2463	4/5220
Overweight (≥25, <30)	267/4938	20/4857	62/3079	44/6406	245/7055	73/6901	14/2719	7/5610
Obese (≥30)	324/5365	29/5460	78/2967	58/5936	130/4679	42/4709	34/3203	6/6442
Class 3 Obese (≥40)	74/995	7/1015	12/473	10/976	17/601	7/643	7/572	3/1267
Cardiovascular Disease	196/4472	19/4468	49/2392	20/5057	116/4550	24/4422	18/2021	4/4059
Diabetes	76/1468	5/1484	19/873	10/1627	42/1587	17/1608	7/858	2/1622
HIV	5/87	0/93	6/134	1/278	7/274	3/240	1/49	0/135
Kidney Disease	4/74	0/73	2/45	0/131	3/113	0/106	1/56	0/125
Liver disease	5/101	1/113	9/160	1/308	6/168	2/169	0/62	1/134
Chronic Lung Disease	37/808	5/808	13/1055	14/2027	44/1150	16/1114	9/1264	1/2461
Risk Characteristics								
Workplace Risk of Exposure ^c								
Low			49/2666	36/5204	497/16355	159/16390	39/4951	7/9956
Medium	368/6735	30/6760	93/3765	61/7734	14/229	3/249	27/2670	6/5607
High	373/7429	25/7527	39/2097	37/4679	27/529	11/472	11/764	4/1709
Risk from Living Condition ^d								
Low	113/2354	8/2322	78/4365	47/9044	232/8676	66/8739	57/6808	13/14002
Medium	564/10229	40/10348	33/1593	25/3227	189/4978	57/4923	16/1117	3/2274
High	40/1179	5/1165	29/1336	25/2744	97/2694	38/2683	2/339	0/733
Very High	24/402	2/452	41/1234	37/2602	20/765	12/766	2/121	1/263
Tobacco use	12/253	2/236	31/1705	22/3471	8/369	5/374	24/2609	6/5330
Geographic Location								
USA	741/14164	55/14287	145/7423	89/15389	331/9121	95/9156	73/7887	16/16261
Argentina					44/1414	20/1400		
Brazil					43/3385	12/3394		
Chile			10/670	9/1358	6/539	3/528		
Colombia					86/1862	34/1856		
Mexico					5/218	2/207	4/498	1/1011
Peru			26/435	36/870	23/574	7/570		

Excluded variants were: Beta, Delta, Epsilon, Eta, Gamma, Iota, Lambda, Mu, Kappa, and Zeta.

^a All participants were right censored at time t_0 regardless of whether they were observed to experience event after t_0 . Separate time points t_0 were chosen for each trial such that about 10 % participants are at risk in the vaccine arm.^b Category is defined across all clinical sites. Indigenous people from South America were classified together with the American Indian or Alaska Native United States and Mexico demographic according to the FDA definition (American Indian or Alaska Native: A person having origins in any of the original peoples of North and South America (including Central America), and who maintains tribal affiliation or community attachment). In this analysis, the Moderna, AstraZeneca, Janssen and Novavax trials included 222, 1119, 3257, and 1590 participants, respectively, who identified as American Indian or Alaskan Native from North America.^c Detailed derivation of exposure risk based on OSHA categories is provided in [Supplemental Methods](#).^d Living condition encompasses housing type and household size, detailed derivation provided in [Supplemental Methods](#).

seen in elderly patients, populations of color, and those with various comorbidities further underscores the need to understand the potential impact of these factors on responses to available COVID-

19 vaccines [12–16]. Our study revealed that these individual characteristics that raised the risk of COVID-morbidity and mortality did not impact VE against symptomatic and severe COVID-19.

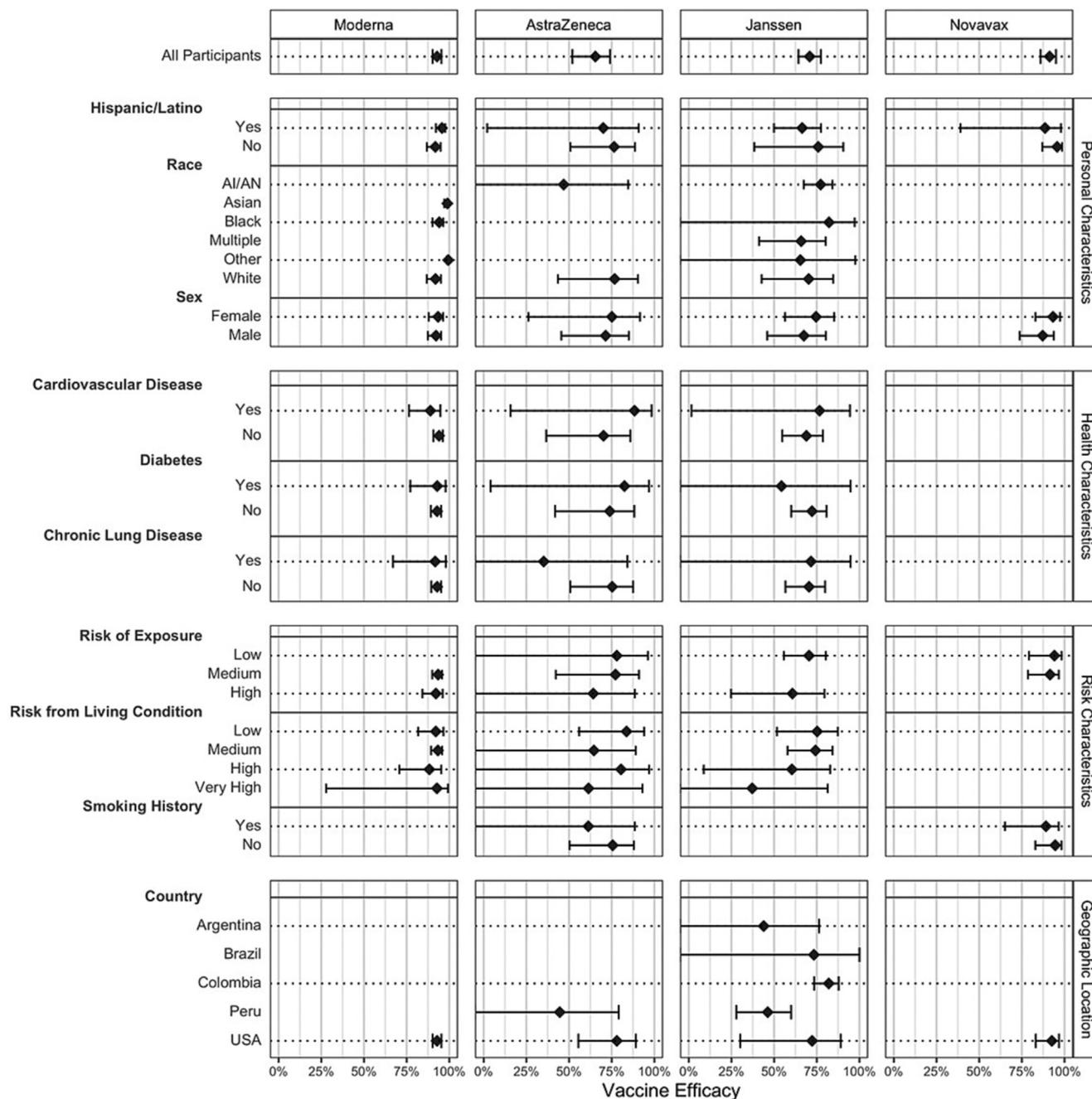


Fig. 1. Estimates of vaccine efficacy against symptomatic Covid-19 within subgroups defined by categorical baseline covariates, with corresponding 95% confidence intervals. In the AstraZeneca and Novavax studies, the number of events among Black/African-American participants was too low to estimate VE.

Our findings confirm those of real-world studies [17], which have shown similar VE across populations and age groups.

The aging process is accompanied by senescence of the immune system often characterized by dysregulated inflammatory responses and impairments in the processes of B and T cell differentiation [18]. The immune response to COVID-19 is a salient example. Early in the pandemic, age ≥ 65 years was recognized as a risk factor for severe health outcomes associated with COVID-19 [19]. Mechanisms hypothesized to explain differences in the clinical course of COVID-19 by age include lower levels of interferon gene expression and T cell diversity in older adults [20]. It therefore became important to evaluate VE in the elderly and to prioritize vaccinating them once an approved vaccine became available. Older adults are still the age group with the

highest number of incident COVID-19 cases, and the highest rates of hospitalization and death and clinical treatment guidelines characterize age as the most important risk factor for progression to severe COVID-19. In this analysis of randomized controlled trials conducted early in the pandemic, we did not observe a difference in VE between older adults and younger populations. Similarly, observational studies conducted early in the pandemic, reported that the Moderna and Pfizer/BNT162b2 (Pfizer/BNT) vaccines were found to be highly effective (94%) in preventing hospitalization in fully vaccinated individuals ≥ 65 years of age [21] and a single dose of the Janssen vaccine was $>84\%$ effective at preventing severe disease in older adults [22]. Thus, these highly effective vaccines using the same dose as younger persons resulted in similar short-term protection. Whether response to boosting, alteration in the

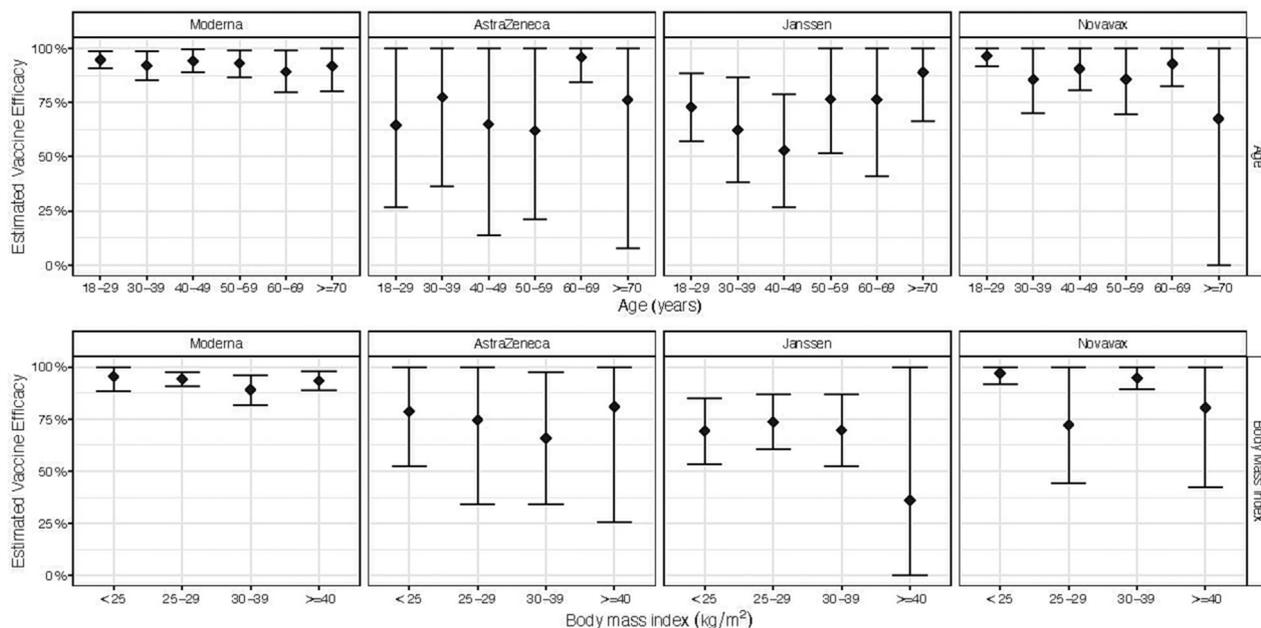


Fig. 2. Estimated vaccine efficacy by age and body mass index (BMI) across the four trials, with corresponding 95 % confidence intervals. Estimates and intervals are derived according to a working model that enforced that the relative risk of a Covid-19 endpoint on vaccine versus on placebo must be log-linear.

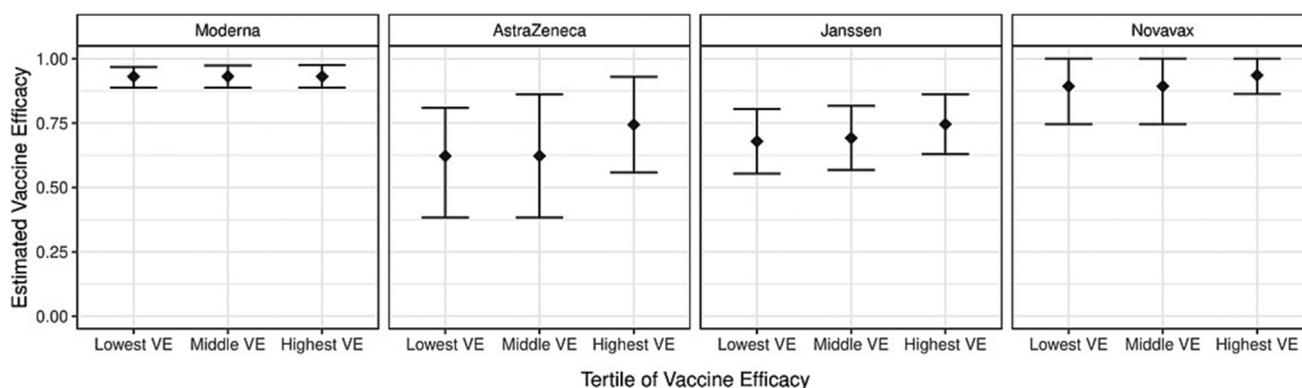


Fig. 3. Estimated tertiles of vaccine efficacy (VE) against Covid-19 endpoint as defined by all baseline covariates, with corresponding 95 % confidence intervals (CIs). For each vaccine, vaccine efficacy was first predicted using all baseline covariates, and then participants were broken into three subgroups as defined by this prediction: the 33.33 % with lowest predicted VE (Lowest VE), the 33.33 % with the next lowest predicted VE (Middle VE), and the 33.33 % with the highest predicted VE (Highest VE). Vaccine efficacy was then estimated in these subgroups using a cross-validation method. If needed, estimates were projected to satisfy the population-level constraint that efficacy should be nondecreasing when moving from the first to the third tertile of participants.

circulating virus transmission kinetics, or immune escape characteristics alter our observations is unknown and worthy of continued monitoring and evaluation. In addition, observational studies of the real-world effectiveness of the primary series of the Pfizer/BNT vaccine reported no significant differences in vaccine effectiveness based on individual characteristics like elevated body mass index, hypertension, or type 2 diabetes; however, the presence of three or more comorbidities was associated with slightly lower vaccine effectiveness [16].

A significant concern early in the COVID-19 pandemic was the risk to individuals being regularly exposed to the virus. Our findings showing that risk of exposure had little impact on VE in the short term is supported by multiple reviews of workers in high-risk occupations who were among the first to receive COVID-19 vaccinations. Several observational studies have explored the relationship between occupation and COVID-19 VE in health care personnel [23–26], first responders, and other essential frontline workers [5,27]. Prior to the emergence of variants, vaccine effec-

tiveness against COVID-19 in fully vaccinated health care workers ranged from 85 % for Pfizer/BNT in Israel to 100 % for Moderna in France [23,24]. All existing data confirm that personal or environmental variables do little to blunt the short-term effectiveness of a variety of formulations of COVID-19 vaccines in comparison to the VE observed in the trials, and that effectiveness is comparable over a range of vaccine recipients [1].

The number of severe endpoints across both arms was sufficient to evaluate modifiers of VE only for the ENSEMBLE trial. In this trial, which also was the only trial that evaluated a single dose vaccine regimen, VE against severe disease was 74.6 % ≥ 28 days after vaccination [3], and did not vary substantially by age or comorbidities [28]. A recent review and network meta-analysis comparing the VE of COVID-19 vaccines found no statistical difference in risk of severe disease among the eight COVID-19 vaccine Phase 3 randomized controlled trials, suggesting that there is limited heterogeneity across vaccine platforms [29]. Overall, vaccines against COVID-19 are incredibly successful at preventing the most severe

outcomes of disease, which is encouraging as new platforms and updated vaccines are rolled out and the virus continues to mutate at a rapid pace.

Interrogation of VE within subgroups is a significant challenge for individual studies let alone across large, multinational trials. Our analysis offers several improvements over previous studies of the heterogeneity of COVID-19 VE [2–5]. First, the trials analyzed here had a harmonized design utilizing very similar endpoints and sample sizes, and all were placebo-controlled. We also used a consistent method to analyze randomized trial datasets across the different vaccine regimens, ensuring that the endpoint and covariate definitions were harmonized. Additionally, our analysis made use of all available blinded, placebo-controlled follow-up data. To provide unbiased and generalizable findings, we used inverse probability weighting in our analysis. Furthermore, we conducted a multivariate analysis using a state-of-the-art machine learning method to evaluate the extent to which multiple baseline covariates can predict VE.

Our study had several limitations. First, while we found that VE after the primary vaccination series was not influenced by baseline host or risk characteristics in the four Phase 3 vaccine efficacy trials, we have limited insight into whether the variables examined have a long-term effect on VE due to the relatively short follow up in the blinded/pre-crossover periods of these trials. Due to the high efficacy of vaccines, the period for accumulating cases for determination of VE was brief, limited to the interval in each study prior to crossover to active vaccine and termination of the placebo-controlled design and/or emergency use authorization and subsequent vaccine availability across populations. Second, the vaccines were each designed with the same target on SARS-CoV-2, the Spike protein, and had a good match with circulating strains at the time. This protein, while important for establishing an immune response in each of these vaccine platforms, has also been subject to rapid, persistent mutation, and VE of these vaccines against less-matched variants may decrease as virus variants emerge. Therefore, our findings may not apply to future data where longer follow up is observed in the context of emerging variants. Third, the Janssen vaccine trial data referenced here was a single dose series, while the other three studies used two-dose regimens, and none included a booster dose, which is the current standard of care, in the blinded/pre-crossover phase of the trials. Fourth, the trials enrolled in a variety of locations worldwide; while this enhanced the racial and ethnic diversity of the population within each trial, the spread of viral variants was occurring at different times in different locales, likely affecting enrollment of trial participants, and variability in VE estimates. Fifth, while we were able to analyze most factors commonly cited as affecting VE, because of small participant numbers we could not assess the effect of immunocompromising conditions like HIV or organ transplantation with suboptimal responses to COVID-19 vaccines. Finally, as the four trials had different start and end dates, differences in timing could have introduced uncontrolled confounders. We attempted to address this by controlling for the effect of variants in the statistical analysis.

Our study supports that VE was high early in the pandemic independent of vaccine platform, host factors, and settings. The recruitment of racially and ethnically diverse participants, and the availability of placebo-controlled data enabled us to conclude that the vaccines were effective for all, including those most at risk for COVID-19. The responses to COVID-19 vaccines currently vary based on interval since last exposure to the virus, the immunologic background of the host, and the continued emergence of variants of concern such as omicron sublineages predominating in China, Europe, and the United States as the pandemic enters its third year. This analysis provides strong support for development and use of vaccines that are well-matched to circulating virus strains regard-

less of vaccine platform type, as effective tools in the near term for reducing symptomatic and severe COVID-19 infections, particularly for high-risk individuals during major variant shifts in the circulating SARS-CoV-2 strain [30]. This has broad implications for future COVID-19 vaccination strategy development and provides strong support that vaccination remains the best tool to prevent the most severe and debilitating forms of COVID-19.

5. Data sharing

Access to data underlying findings described in this manuscript may be allowed in accordance with the individual data sharing policies of the pharmaceutical companies contributing data to this analysis. As each of the clinical trials included in this meta-analysis are ongoing, data availability will begin after publication of the final study results in 2023 and 2024.

Funding

This work was supported by the Biomedical Advanced Research and Development Authority (BARDA) and National Institute of Allergy and Infectious Diseases (NIAID) (grants UM1 AI068614 and UM1 AI068635). The funders of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report.

CRediT authorship contribution statement

Christine B. Turley: Conceptualization, Investigation, Methodology, Project administration, Supervision, Validation, Writing – original draft. **LaKeshia Tables:** Conceptualization, Methodology, Project administration, Supervision, Writing – original draft. **Trevon Fuller:** Conceptualization, Investigation, Methodology, Project administration, Supervision, Validation, Visualization. **Lisa J. Sanders:** Conceptualization, Methodology, Writing – original draft. **Hyman Scott:** Conceptualization, Methodology. **Amaran Moodley:** Conceptualization, Methodology, Writing – original draft. **Amanda Woodward Davis:** Methodology, Project administration. **Sijia Li:** Data curation, Formal analysis, Investigation, Methodology, Software, Validation, Visualization. **Lars van der Laan:** Methodology, Software. **Peter B. Gilbert:** Conceptualization, Funding acquisition, Methodology. **Lindsey R. Baden:** Investigation. **Paul Goepfert:** Investigation. **Karen Kotloff:** Investigation. **Cynthia L. Gay:** Investigation. **Ann R. Falsey:** Investigation. **Hana M. El Sahly:** Investigation. **Magdalena E. Sobieszczyk:** Investigation. **Yunda Huang:** Conceptualization, Data curation, Formal analysis, Investigation, Methodology, Validation. **Kathleen M. Neuzil:** . **Lawrence Corey:** Funding acquisition. **Beatriz Grinsztejn:** Conceptualization, Investigation, Project administration. **Glenda Gray:** Conceptualization, Investigation, Project administration. **Nadine Rouphael:** Conceptualization, Project administration, Supervision. **Alex Luedtke:** Conceptualization, Formal analysis, Methodology, Project administration, Supervision, Visualization, Writing – original draft.

Data availability

Data will be made available on request.

Declaration of Competing Interest

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Brett Leav reports a relationship with Moderna Inc that includes: employment. Jacqueline Miller reports a relationship with Moderna Inc that includes: employment. Kathryn Shoemaker

reports a relationship with AstraZeneca R&D Gaithersburg that includes: employment and equity or stocks. An Vandenbosch reports a relationship with Janssen Pharmaceuticals Inc that includes: employment. Jerald Sadoff reports a relationship with Janssen Pharmaceuticals Inc that includes: employment. Wayne Woo reports a relationship with Novavax Inc that includes: employment. Iksung Cho reports a relationship with Novavax Inc that includes: employment. Lisa M. Dunkle reports a relationship with Novavax Inc that includes: employment. Peter Gilbert reports a relationship with Janssen Pharmaceuticals Inc that includes: consulting or advisory. Hana M. El Sahly reports a relationship with Gilead Sciences Inc that includes: funding grants. Hana M. El Sahly reports a relationship with Janssen Global Services LLC that includes: funding grants. Hana M. El Sahly reports a relationship with Merck & Co Inc that includes: funding grants. Hana M. El Sahly reports a relationship with Sanofi Pasteur Inc that includes: funding grants. Kathleen M. Neuzil reports a relationship with Pfizer Inc that includes: funding grants. Ann R. Falsey reports a relationship with Biofire Diagnostics Inc that includes: funding grants. Ann R. Falsey reports a relationship with Janssen Biotech Inc that includes: funding grants. Ann R. Falsey reports a relationship with Merck & Co Inc that includes: funding grants. Ann R. Falsey reports a relationship with Pfizer Inc that includes: funding grants. Ann R. Falsey reports a relationship with Novavax Inc that includes: consulting or advisory.

Acknowledgments

The COVID-19 Prevention Network (CoVPN) was formed through a partnership of multiple existing NIAID-funded clinical trial networks, including the HIV Vaccine Trials Network (HVTN), Vaccine Treatment and Evaluation Units (VTEUs), the HIV Prevention Trials Network (HPTN), the AIDS Clinical Trials Group (ACTG), and the Infectious Diseases Clinical Research Consortium (IDCRC). We would also like to acknowledge and thank the trial participants, caregivers, investigators, health care providers, and research staff who contributed to the four trials.

All authors attest they meet the ICMJE criteria for authorship.

Appendix A. Supplementary material

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.vaccine.2023.06.066>.

References

- [1] Mena Lora AJ, Long JE, Huang Y, Baden LR, El Sahly HM, Follmann D, et al. Rapid development of an integrated network infrastructure to conduct Phase 3 COVID-19 vaccine trials. *JAMA Network Open* 2023;6:e2251974-e.
- [2] Baden LR, El Sahly HM, Essink B, Kotloff K, Frey S, Novak R, et al. Efficacy and safety of the mRNA-1273 SARS-CoV-2 vaccine. *N Engl J Med* 2020;384:403–16.
- [3] Sadoff J, Gray G, Vandebosch A, Cárdenas V, Shukarev G, Grinsztejn B, et al. Safety and efficacy of single-dose Ad26.COV2.S vaccine against Covid-19. *N Engl J Med* 2021;384:2187–201.
- [4] Falsey AR, Sobieszczyk ME, Hirsch I, Sproule S, Robb ML, Corey L, et al. Phase 3 safety and efficacy of AZD1222 (ChAdOx1 nCoV-19) Covid-19 vaccine. *N Engl J Med* 2021;385:2348–60.
- [5] Dunkle LM, Kotloff KL, Gay CL, Áñez G, Adelglass JM, Barrat Hernández AQ, et al. Efficacy and safety of NVX-CoV2373 in adults in the United States and Mexico. *N Engl J Med* 2021;386:531–43.
- [6] Falahi S, Kenarkoobi A. Host factors and vaccine efficacy: Implications for COVID-19 vaccines. *J Med Virol* 2022;94:1330–5.
- [7] Dhakal S, Klein SL. Host factors impact vaccine efficacy: implications for seasonal and universal influenza vaccine programs. *J Virol* 2019;93:e00797–e819.
- [8] Kaslow DC. Force of infection: a determinant of vaccine efficacy? *NPJ Vaccines* 2021;6:51.
- [9] Langwig KE, Gomes MGM, Clark MD, Kwitny M, Yamada S, Wargo AR, et al. Limited available evidence supports theoretical predictions of reduced vaccine efficacy at higher exposure dose. *Sci Rep* 2019;9:3203.
- [10] Lee G-H, Lim S-G. CpG-adjuvanted Hepatitis B vaccine (HEPLISAV-B®) update. *Expert Rev Vaccines* 2021;20:487–95.
- [11] Carvalho MF, Gill D. Rotavirus vaccine efficacy: current status and areas for improvement. *Hum Vaccin Immunother* 2019;15:1237–50.
- [12] Magesh S, John D, Li WT, Li Y, Mattingly-app A, Jain S, et al. Disparities in COVID-19 outcomes by race, ethnicity, and socioeconomic status: a systematic review and meta-analysis. *JAMA Network Open* 2021;4:e2134147-e.
- [13] Butt AA, Talisa VB, Yan P, Shaikh OS, Omer SB, Mayr FB. Real-world effectiveness of the Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) mRNA vaccines in preventing confirmed infection in patients on chronic hemodialysis. *Clin Infect Dis* 2022;ciac118.
- [14] Chodick G, Tene L, Rotem RS, Patalon T, Gazit S, Ben-Tov A, et al. The effectiveness of the two-dose BNT162b2 vaccine: analysis of real-world data. *Clin Infect Dis* 2022;74:472–8.
- [15] Thomas SJ, Perez JL, Lockhart SP, Hariharan S, Kitchin N, Bailey R, et al. Efficacy and safety of the BNT162b2 mRNA COVID-19 vaccine in participants with a history of cancer: subgroup analysis of a global phase 3 randomized clinical trial. *Vaccine* 2022;40:1483–92.
- [16] Dagan N, Barda N, Kepten E, Miron O, Perchik S, Katz MA, et al. BNT162b2 mRNA Covid-19 vaccine in a nationwide mass vaccination setting. *N Engl J Med* 2021;384:1412–23.
- [17] Zheng C, Shao W, Chen X, Zhang B, Wang G, Zhang W. Real-world effectiveness of COVID-19 vaccines: a literature review and meta-analysis. *Int J Infect Dis* 2022;114:252–60.
- [18] Pinti M, Appay V, Campisi J, Frasca D, Fülöp T, Sauce D, et al. Aging of the immune system: Focus on inflammation and vaccination. *Eur J Immunol* 2016;46:2286–301.
- [19] Chen Y, Klein SL, Garibaldi BT, Li H, Wu C, Osevala NM, et al. Aging in COVID-19: vulnerability, immunity and intervention. *Ageing Res Rev* 2021;65:101205.
- [20] Yoshida M, Worlock KB, Huang N, Lindeboom RG, Butler CR, Kumasaka N, et al. Local and systemic responses to SARS-CoV-2 infection in children and adults. *Nature* 2022;602:321–7.
- [21] Tenforde MW, Olson SM, Self WH, Talbot HK, Lindsell CJ, Steingrub JS, et al. Effectiveness of Pfizer-BioNTech and Moderna vaccines against COVID-19 among hospitalized adults aged ≥65 Years - United States, January-March 2021. *Morb Mortal Wkly Rep* 2021;70:674–9.
- [22] Moline HL, Whitaker M, Deng L, Rhodes JC, Milucky J, Pham H, et al. Effectiveness of COVID-19 vaccines in preventing hospitalization among adults aged ≥65 Years - COVID-NET, 13 states, February-April 2021. *Morb Mortal Wkly Rep* 2021;70:1088–93.
- [23] Angel Y, Spitzer A, Henig O, Saia E, Sprecher E, Padova H, et al. Association between vaccination with BNT162b2 and incidence of symptomatic and asymptomatic SARS-CoV-2 infections among health care workers. *JAMA* 2021;325:2457–65.
- [24] Paris C, Perrin S, Hamonic S, Bourget B, Roué C, Brassard O, et al. Effectiveness of mRNA-BNT162b2, mRNA-1273, and ChAdOx1 nCoV-19 vaccines against COVID-19 in healthcare workers: an observational study using surveillance data. *Clin Microbiol Infect* 2021;27. 1699.e5-e8.
- [25] Pilišviliū T, Gierke R, Fleming-Dutra KE, Farrar JL, Mohr NM, Talan DA, et al. Effectiveness of mRNA Covid-19 vaccine among U.S. health care personnel. *New Engl J Med* 2021;385:e90.
- [26] Hallal PC, Hartwig FP, Horta BL, Silveira MF, Struchiner CJ, Vidaletti LP, et al. SARS-CoV-2 antibody prevalence in Brazil: results from two successive nationwide serological household surveys. *Lancet Glob Health* 2020;8:e1390–8.
- [27] Ho RJY. Warp-Speed Covid-19 vaccine development: beneficiaries of maturation in biopharmaceutical technologies and public-private partnerships. *J Pharm Sci* 2021;110:615–8.
- [28] Hardt K, Vandebosch A, Sadoff J, Le Gars M, Truysers C, Lowson D, et al. Efficacy, safety, and immunogenicity of a booster regimen of Ad26.COV2.S vaccine against COVID-19 (ENSEMBLE2): results of a randomised, double-blind, placebo-controlled, phase 3 trial. *Lancet Infect Dis* 2022;22:1703–15.
- [29] Rotshild V, Hirsh-Racah B, Miskin I, Muszkat M, Matok I. Comparing the clinical efficacy of COVID-19 vaccines: a systematic review and network meta-analysis. *Sci Rep* 2021;11:22777.
- [30] Acevedo ML, Gaete-Argel A, Alonso-Palomares L, de Oca MM, Bustamante A, Gaggero A, et al. Differential neutralizing antibody responses elicited by CoronaVac and BNT162b2 against SARS-CoV-2 Lambda in Chile. *Nat Microbiol* 2022;7:524–9.