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# Cardiac CaMKII activation promotes rapid translocation to its extra-dyadic targets

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#### Abstract

Calcium-calmodulin dependent protein kinase II& (CaMKII&) is an important regulator of cardiac electrophysiology, calcium (Ca) balance, contraction, transcription, arrhythmias and progression to heart failure. CaMKII is readily activated at mouths of dyadic cleft Ca channels, but because of its low Ca-calmodulin affinity and presumed immobility it is less clear how CaMKII gets activated near other known, extra-dyad targets. CaMKII is typically considered to be anchored in cardiomyocytes, but while untested, mobility of active CaMKII could provide a mechanism for broader target phosphorylation in cardiomyocytes. We therefore tested CaMKII mobility and how this is affected by kinase activation in adult rabbit cardiomyocytes. We measured translocation of both endogenous and fluorescence-tagged CaMKII using immunocytochemistry, fluorescence recovery after photobleach (FRAP) and photoactivation of fluorescence. In contrast to the prevailing view that CaMKII is anchored near its myocyte targets, we found CaMKII to be highly mobile in resting myocytes, which was slowed by Ca chelation and accelerated by pacing. At low [Ca], CaMKII was concentrated at Z-lines near the dyad but spread throughout the sarcomere upon pacing. Nuclear exchange of CaMKII was also enhanced upon pacing- and heart failure-induced chronic activation. This mobilization of active CaMKII and its intrinsic memory may allow CaMKII to be activated in high [Ca] regions and then move towards more distant myocyte target sites.

#### Keywords

calcium-calmodulin dependent protein kinase II; signal transduction; heart failure; calcium-dependent signaling

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None.

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#### 1 INTRODUCTION

Calcium/Calmodulin-dependent protein kinase II (CaMKII) is a key regulator of cardiomyocyte ion channels, calcium (Ca) balance, contraction and transcription [1, 2], and is known to be hyperactivated in pathological states such as heart failure (HF) and arrhythmias [3–6]. Acute CaMKII effects on ion channels and Ca handling proteins contribute to arrhythmogenesis by promoting early and delayed afterdepolarizations (EADs & DADs) and greater dispersion of repolarization and reentry. Chronic CaMKII activation, a hallmark of HF, can have major effects on cell survival and gene transcription by targeting calcineurin (CaN)[7] in the cytosol, and class II histone deaceytlases (HDACs) [5, 8]<sup>1,2</sup> in the nucleus. Several studies have also shown that acute or genetic inhibition of CaMKII limits arrhythmias and progression of HF [9–12], so CaMKII is now a therapeutic target in heart disease. However, little is known about how CaMKII localization or activation at its many known targets is regulated.

Of four CaMKII gene products ( $\alpha$ ,  $\beta$ ,  $\gamma$ , $\delta$ ), CaMKII $\delta$  accounts for 85–90% of cardiomyocyte CaMKII activity and the rest is mostly CaMKII<sub>γ</sub> [13, 14]. CaMKIIδ is alternatively spliced to encode  $\delta B$  and  $\delta C$  variants that differ by only an eleven amino acid nuclear localization sequence (NLS)[15]. CaMKII self-assembles as a dodecameric (or tetradecameric) holoenzyme, arranged as stacked hexameric (or heptameric) rings [16]. Each subunit has 3 domains: association, regulatory and catalytic. The C-terminal association domains bind to form a central hub in the holoenzyme that is connected by a linker to the regulatory domain that binds either the catalytic domain (inactive state), or calmodulin (CaM, active state). The regulatory domain binds Ca/CaM with a  $K_D$  of 10–50 nM, which "opens" CaMKII so it can phosphorylate targets [17] including Thr287 on a neighboring subunit. This autophosphorylation raises Ca/CaM affinity ("CaM trapping"), slowing deactivation/reassociation with the catalytic domain. Thus, CaMKII autophosphorylation allows the kinase to remain partially active independently of Ca/CaM (activation memory). Several other posttranslational modifications in this same small region (oxidation, nitrosylation, and O-GlycNAcylation), were also recently shown to trigger this same autonomous activity [18–20].

Basal Ca/CaM affinity differs among CaMKII isoforms ( $\gamma > \beta > \delta > \alpha$ ), but this affinity is much lower than that of other Ca/CaM effectors (e.g. calcineurin, nitric oxide synthase)[17]. CaMKII is therefore poised to turn on and off rapidly in locations with very high [Ca] spikes (e.g. at the dyadic cleft and neuronal synapses), but to work very much less well elsewhere [21–23]. While some CaMKII targets reside in the dyadic cleft between the transverse tubules and sarcoplasmic reticulum (SR) membranes (e.g. ryanodine receptor, RyR and Ltype Ca channel, LTCC), it remains unclear how the widespread functional impact of CaMKII signaling is transduced to other membrane channels, cytosolic, SR, and nuclear proteins (e.g. Na channels, phospholamban, myofilaments, PLB and HDAC4). Under pathological conditions, the local microenvironment may amplify CaMKII signaling. For instance CaMKII oxidation upon increased oxidative stress may reset the Ca/CaM sensitivity permitting CaMKII activation at low Ca [24]. In HF, higher diastolic Ca in the junctional cleft and altered expression/distribution of Ca/CaM effectors and phosphatases result in increased RyR phosphorylation by CaMKII [25]. Whether microdomains at other CaMKII

targets in the myocyte likewise bolster CaMKII activation in physiological or pathological conditions, or whether CaMKII translocation is needed for broader target phosphorylation is an open question.

Unlike protein kinase A anchors (AKAPs), remarkably little is known about CaMKII spatial targeting but local binding partners include  $\alpha$ AKAP[26, 27], Ca<sub>v</sub> 1.2 [28],  $\beta$ IV-spectrin [29], RyR [6] and HDAC [30]. Holoenzyme CaMKII composition also influences kinase targeting. Although CaMKII&B tends to drive  $\delta$ B- $\delta$ C complexes more nuclear (due to its NLS sequence), even  $\delta$ B expressed in a CaMKII $\delta$ -knockout background is mostly cytosolic and CaMKII $\delta$  signaling is more compartment-specific than subtype-specific [15, 31]. While neuronal CaMKII $\alpha$  mobility is understood to play a key role in neuronal plasticity and memory [32–36], the prevailing view of cardiac CaMKII is as spatially confined, because of its large size [37] and aforementioned tethering interactions. Here we challenge the dogma of cardiac CaMKII as a stably anchored kinase at key target loci.

Using fluorescence recovery after photobleaching (FRAP) and photoactivation of fluorescence, we determined that tagged CaMKII8 isoforms are highly mobile in cardiomyocytes at rest, and even more so when activated. At low Ca, endogenous CaMKII is concentrated along the Z-lines (and in the nucleus), but does not appear strictly tethered. Pacing, autophosphorylation and HF all resulted in enhanced CaMKII mobility and compartmental redistribution (net nuclear export and away from the Z-lines). These findings are in line with the notion that active CaMKII with its intrinsic memory moves from regions where it is most readily activated to more distant target sites in myocytes. We therefore suggest that the dynamic spatiotemporal regulation of CaMKII is an integral aspect of achieving the widespread functional impact of CaMKII signaling in the heart.

#### 2 METHODS

An expanded methods section can be found in the online supplemental materials.

#### 2.1 Cardiomyocyte isolation and culture

All animal experiments were conducted in compliance with the NIH guidelines for animal research and with approval by the Institutional Animal Care and Use Committee at the University of California Davis. Rabbit cardiomyocytes were isolated from young, 2–3 months old New Zealand White rabbits as previously described [38, 39]. Myocytes were also isolated from older healthy age-matched and heart failure rabbits as previously reported [39]. Heart failure was induced by combined aortic insufficiency and abdominal aortic stenosis as described [38]. After isolation, myocytes were cultured (<26 hrs) to express fluorescent CaMKII constructs or treated for western blotting or immunostaining procedures. For acute studies rabbit myocytes plated on laminin coated coverslips were superfused with normal Tyrode's (135 mM NaCl, 5.4 mM KCl, 1 mM CaCl<sub>2</sub>, 1 mM MgCl<sub>2</sub>, 10 mM glucose, 10 mM HEPES, pH 7.4, 23°C).

#### 2.2 Immunocytochemistry

Cells either remained resting, were treated with BAPTA-AM, or were electrically fieldstimulated with 5ms pulses of 20V for 10 min. Cells were fixed with 2% paraformaldehyde

followed by standard immunocytochemistry staining or by expansion microscopy according to a previously published protocol [40]. The antibodies used were: goat anti-rabbit alexaFluor 488 (ThermoFisher, catalog number: A11034, lot number: 1751340) and goat anti-mouse alexaFluor 546 (ThermoFisher, Waltham, MA, catalog number: A11030, lot number: 51813A). CaMKII& (custom, 1:2000)[41], Alpha-Actinin (Sarcomeric) (Sigma-Aldrich, St. Louis, MO, catalog number: A7732, dilution 1:500), Alpha-Tubulin (Cell Signaling Technology, Danvers, MA, catalog number: 3873S, lot number: 11, 1:200), ATP Synthase Complex V (Thermo Fisher Scientific previously Novex, catalog number: 459240, lot number: K1948, 1:200), RyR (Thermo Fisher Scientific, clone: C3–33, catalog number: MA3–916, lot number: PC196808, 1:200), PLB (Badrilla, Leeds, UK, PLN, mAB A1, catalog number: A010–14, lot number: 642026,1:200). Phalloidin and DAPI stained F-actin and nuclei respectively.

#### 2.3 Analysis

All fluorescence values were background subtracted. The CaMKII/actinin profile analysis was automated using Python version 3.5 (http://www.python.org) and the Spyder interactive development environment (http://www.python.org/pypi/spyder). Nuclear localization of CaMKII was measured using Image J and DAPI to define the nuclear region. Colocalization of CaMKII with other proteins was measured using the Image J plugin JaCOP (http:// rsb.info.nih.gov/ij/plugins/track/jacop.html) [42]. FRAP and photoactivation analysis was with Image J. The colormap representing the time to peak of each pixel was made using Python.

All data are shown with error bars reflecting SEM.

#### 3 Results

#### 3.1 Dynamic CaMKII movement is altered by Ca and activation status

Confocal imaging of adenovirally expressed GFP-tagged CaMKII&C (GFP-&C) in adult rabbit cardiomyocytes showed that at rest, GFP-&C is predominantly cytosolic (Fig 1A) and highly concentrated along Z-line/transverse striations (vs. cells expressing GFP alone, Fig S1 in SI Appendix). Expression of the &B splice variant (&B-GFP) also exhibited Z-line striations, but has significantly greater nuclear targeting, consistent with the presence of the NLS sequence (Fig S1). To measure the extent of CaMKII overexpression the ratio of GFP-&C to endogenous CaMKII& was assessed by western blotting (Fig S2). GFP tagged CaMKII expression was  $63.2 \pm 33\%$  of endogenous CaMKII. Thus, GFP-CaMKII&C is less than 1-fold overexpressed vs. endogenous CaMKII, localizes like endogenous CaMKII& and is likely to multimerize with endogenous CaMKII.

To measure CaMKII mobility, we bleached GFP-CaMKII in 10  $\mu$ m regions of interest (ROIs) and monitored fluorescence recovery (FRAP). The time-constant of FRAP indicates the speed of mobile CaMKII, whereas incomplete recovery likely reflects CaMKII that is much less mobile. Fig 1B shows GFP- $\delta$ C photobleach (to 30–40% of initial fluorescence) in a cytosolic region of interest (ROI, arrow) and subsequent recovery. In resting cells (Fig 1C-E, left), GFP- $\delta$ C recovery time-constant was fast ( $\tau \sim 11$ s) and nearly complete. Longer

duration, control FRAP experiments (out to nearly 6 min) resulted in similar  $F_{plat}$  or tau (data not shown). The plateau of  $0.86 \pm 0.03$  indicates a recovery of ~78% of the bleached GFP- $\delta$ C. However, because GFP alone had a very similar plateau, this 78% may underestimate the fraction of mobile CaMKII. To promote CaMKII activation, myocyte calcium transients were induced by electrical pacing (0.5 Hz) for 10 min, prior to FRAP. GFP- $\delta$ C moved slightly faster ( $\tau \sim 9$  s) after pacing. Next, to determine whether calcium was necessary for CaMKII mobility, FRAP was recorded in cells in which intracellular Ca was chelated by BAPTA-AM. In these myocytes, GFP- $\delta$ C FRAP slowed ( $\tau \sim 17$  s) and recovery was also less complete while monitored. Control experiments confirmed that this incomplete recovery was not due to inadvertent photobleaching during our image acquisition (Fig S3). These results indicate very rapid mobility for nearly all of CaMKII $\delta$  in adult cardiomyocytes, which is sensitive to intracellular Ca levels: Ca chelation (inactive CaMKII) increases CaMKII anchoring and slows the mobile fraction, whereas transient CaMKII activation by pacing results in a larger pool of more mobile CaMKII.

Comparison of FRAP in myocytes expressing GFP- $\delta$ C *vs.* GFP alone proffered information as to whether CaMKII was moving at a speed consistent with simple diffusion (Fig 1D). The reported radius for the stable CaMKII multimer (in its more compact inactive state) is 7.25 nm [43] to 10 nm,[37, 44] with a height of 6 nm, whereas the hydrodynamic radius of GFP is 2.3 nm.[45] Assuming a spherical shape for both molecules (without the GFP on GFP- $\delta$ C), we calculated that CaMKII should be roughly 4.4 times slower than GFP if moving simply by diffusion. Experimentally GFP- $\delta$ C was 4.2, 2.7 and 2.1 times slower than GFP under BAPTA, resting and paced conditions respectively, indicating relatively free diffusion of the basal CaMKII complex, and conceivably facilitated diffusion for the less compact activated form of CaMKII.

Though CaMKII activity increases with pacing, [46] to assess whether a more fully activated state further enhances CaMKII8 mobility, we performed FRAP with the autophosphorylation-mimetic &C variant: GFP-T287D (Fig 1C-E, middle). Autonomous GFP-T287D moved faster than wildtype GFP-&C(WT) without stimulation ( $\tau$  9.9s, roughly half the change induced by pacing in WT). Note that the GFP-T287D is expected to multimerize with endogenous WT CaMKII8, which could slow its net diffusion, and explain its incomplete mimicry of active CaMKII8. Pacing had only a non-significant acceleration of GFP-T287D diffusion, but Ca chelation with BAPTA again slowed and reduced recovery ( $\tau$  15s and plateau 0.78 down from 0.85 at rest).

To test whether CaMKII $\delta$  splice variants differ in their mobility or anchoring we also performed FRAP experiments with  $\delta$ B-GFP (Fig 1C-E, right). In resting myocytes, FRAP was equally fast ( $\tau$  11.2±0.5s *vs.* 11.1±0.3 for  $\delta$ C), but  $\delta$ B-GFP had a 5% lower recovery indicating  $\delta$ B is slightly more anchored. Together this data indicates that CaMKII $\delta$  isoforms are predominantly and highly mobile and their mobility increases with activation.

To more directly visualize dynamic GFP-CaMKII $\delta$  translocation in real time in adult cardiomyocytes, photoactivatable-tagRFP-CaMKII $\delta$  (PA- $\delta$ C) was used, which is non-fluorescent until activated by 405 nm excitation. Upon photoactivation (PA) at the left end of a myocyte (Fig 2A and Figure S4), an expression pattern similar to GFP- $\delta$ C emerged with a

few "hotspots" initially in the activated region only. PA- $\delta$ C then progressively declined (blue square and curve) as it diffused away from the activation site, but transiently rose and fell in the adjacent region as it diffused into and also out of (downstream of) that region (red square and curve).

To estimate how fast CaMKII moves, we tracked the spread of the photoactivated CaMKII wave moving from the PA region. Figure 2B shows another cell before and at different times post-activation. Figure 2C shows a heat map of the myocyte in Fig 2B visualizing the fluorescence time to peak (TtP) in each pixel (for the initial image after PA time = 0s). The enlarged image focuses on the PA Edge (blue arrow). Pixels within the PA region reached peak fluorescence earlier (red-orange) than those further from the PA edge (more green). The RFP gradient dissipation was also analyzed by tracking the fluorescence in consecutive thin transverse ROIs (0.41 µm in width) over time (Fig 2D). Fluorescence normalized to preactivation values was plotted for each region (Fig 2E, left). The center of the PA region showed robust photoactivation, and the Edge, by definition, also reached peak intensity immediately after PA. Beyond the edge, the ROIs showed a mild increase in fluorescence post PA, peaking only after 10-40s. That signal rises because of RFP-CaMKII8 diffusing into this ROI, but also reflects some initial inadvertent PA in this ROI that would be declining after t=0. For each cell, the time to peak for individual ROIs was determined, with the first image after PA corresponding to 0 s. Figure 2E shows that TtP increased as ROI distance from Edge increased (Fig 2E, middle). A linear regression for the distance from Edge vs. time to peak yielded a slope of 0.18 μm/s (Fig 2E, right), indicating PA-δC moves across a half-sarcomere distance in approximately 5s.

Like in GFP-  $\delta$ C, PA- $\delta$ C exhibited sarcomeric striations, but also sporadic clusters. To assess differences in CaMKII translocation to and/or anchoring at particular sites, higher magnification and smaller PA regions were used (allowing more complete PA in a shorter activation time, Fig 2F). Dissipation of the RFP fluorescence in the cytosol (excluding the clusters found in that region) was faster than that in clusters ( $\tau$  82±9s *vs.* 130±12s), moreover there was a tendency for slower diffusion from striations vs. cytosolic regions devoid of clusters.

#### 3.2 Endogenous CaMKII<sub>0</sub> moves away from the Z-line/dyadic cleft during pacing

Having established that GFP-tagged CaMKII $\delta$  is mobile and responsive to Ca signals in myocytes, we next tested endogenous CaMKII $\delta$  movement using immunofluorescence. Myocytes were stained with a custom antibody specific for CaMKII $\delta$  (verified in CaMKII $\delta$  knockout mouse cardiomyocytes), and for the Z-line protein  $\alpha$ -actinin (Fig 3A and Fig S5A). At the sarcomeric level, CaMKII $\delta$  is highly concentrated at the Z-line ( $\alpha$ -actinin indicated by the diagonal lines in enlargements) with additional mid-sarcomere and nuclear signal. Indeed,  $\alpha$ -actinin was sharply-defined as Z-lines, while CaMKII $\delta$  had broader distribution. This is consistent with the known association of CaMKII with RyR2 that surround the 200 nm diameter T-tubules that are centered at the Z-line. Pacing at 0.5 Hz for 10 min shifted the distribution of CaMKII $\delta$  toward the mid-sarcomere (Fig 3A middle and bottom rows, Fig S6).

Novel image-analysis was developed to assess the emerging distribution patterns. Guided by well-defined  $\alpha$ -actinin Z-lines, confocal images were divided into ~500 rectangles (depending on cell size) 1.2  $\mu$ m wide x 2.4  $\mu$ m long (see bottom left panel of Figure 3A and S5A). This yields longitudinal sarcomeric fluorescence profiles (Fig S5B and 3B-C). Each profile (~500 per myocyte) was analyzed in 59 resting, 60 BAPTA treated and 60 paced myocytes (93,109 profiles total). These sarcomeric profiles were sorted based on position of the CaMKII8 maxima and minima relative to the  $\alpha$ -actinin peak. Exemplars across 2 full sarcomeres (Fig 3A, bottom) are shown in Fig 3C for each pattern (or type).

Type 1 profiles (red) have a large CaMKII $\delta$  peak very near the Z-line, often having a smaller M-line peak at mid-sarcomere (Fig 3C and Fig S10). Type 2 profiles (green in Fig 3C) exhibit a relative CaMKII $\delta$  nadir at the Z-line, with two nearby peaks on either side of the Z-line. Type 3 profiles (blue in Fig 3C) have an absolute CaMKII $\delta$  nadir at the Z-line (i.e. opposite to type 1). A minority of profiles did not fit these 3 exemplar types (~10%, white) categorized as "flat" (i.e. no detectable CaMKII $\delta$  peak greater than 110% of the minima). Every analyzed myocyte contained a mixture of these distribution patterns (Fig 3B, 3D and S5A), but in resting and BAPTA-treated cells Type 1 sarcomeres dominate (68.5 ± 1.6% and 68.2 ± 1.5%, respectively). In paced cells Type 1 drops to 37.4 ± 0.2, while the sum of type 2+3 increased dramatically from ~19% to 46% (with 15.7 ± 1% Type 2 and 30.6 ± 2.4% Type 3). Put another way, the ratio of Type 1/(Type 2 +3) drops more than 4-fold from 3.6 to 0.8 upon pacing. Thus, upon activation CaMKII $\delta$  spreads from the Z-line through the sarcomere, consistent with the mobility assessed by FRAP in Figure 1.

We also measured the longitudinal distances between the  $\alpha$ -actinin peak and the different CaMKII $\delta$  peaks and minima to get an idea of which targets CaMKII might be near in the Type 2 distribution. Type 1 CaMKII $\delta$  profiles, by definition had a peak closest to the Z-line (120 ± 1.9 nm away), while the nearest Type 2 and 3 peaks were 234 ± 2.4 and 340 ±4 nm from the Z-line, respectively (Fig 3E). CaMKII minima for Type 2 and Type 3 were both near the Z-line, while the Type 1 minima was approximately a quarter sarcomere length away (426 nm). Myocytes co-stained for the ryanodine receptor (RyR), a known CaMKII target at the junctional SR-membrane were subjected to the same analysis, and CaMKII localization vs. RyR and Z-line were quite similar at confocal microscope resolution (Fig S7). Skeletonization of the RyR signal was a less regular lattice vs.  $\alpha$ -actinin (with some longitudinal projections), but likewise CaMKII showed increases in Type 2+3 sarcomeres upon pacing. Thus at rest CaMKII $\delta$  is focused at Z-lines (& M-lines), but with activation it moves longitudinally, pausing at type 2 peak mid-sarcomeric targets (possibly titin and myosin binding protein C, MyBP-C).

#### 3.3 Expansion microscopy and mid-subsarcomeric CaMKIIδ

To better visualize CaMKIIδ subcellular targeting, expansion microscopy (ProExM) was used to enhance spatial resolution of CaMKIIδ/actinin-stained cardiomyocytes ~1.4-fold (Fig 4A).[40]. This approach highlighted the clustered nature of CaMKIIδ spatial distribution, with clusters aligned in both transverse (white arrow) and longitudinal directions (yellow arrow) in resting and paced cells. Because local control is key to CaMKIIδ activation and signaling we sought to identify ultrastructural CaMKIIδ

microdomain or interacting proteins at rest and upon activation by pacing. Visualization of RyR clusters (Fig 4B & S8, left), confirmed clearer transverse striation of RyR than CaMKII\delta. Moreover, while CaMKII\delta and RyR clusters overlapped, lone CaMKIIδ and RyR clusters were also present. As in our standard confocal analysis (Fig S7), RyR-CaMKIIδ co-localization decreased with pacing (Fig 4B, D). In contrast, phospholamban (PLB, another CaMKII SR target protein) showed increased co-localization with CaMKIIδ upon pacing (Fig 4B, D). PLB showed transverse striations with some longitudinal signal (potentially corresponding to junctional and longitudinal SR respectively; Fig S8). Notably, CaMKIIδ was more highly co-localized with PLB than RyR, especially after pacing (Fig 4D).

MyBP-C, another CaMKII substrate, is also a potential destination for CaMKII. Indeed, MyBP-C exhibits double striations in the sarcomere (Fig S9) as do Type 2 profiles. However, MyBP-C-actinin sarcomeric analysis looks more like Type 3 distribution, with the absolute minima of MyBP-C overlapping with the  $\alpha$ -actinin peak, and the MyBP-C peak 465 nm from the Z-line (Fig S9B-C), far from the Type 2 CaMKII $\delta$  peaks (at 234 nm) (and close to the Type 1 CaMKII minima at 426 nm Fig 3E). This suggests that the Type 2 peaks are not created by CaMKII diffusion stopping at MyBP-C. Titin is another sarcomeric CaMKII target as a Type 2 peak candidate. However, the phosphorylation sites are expected to be 100–150 nm from the Z-line at the sarcomere lengths in Fig 3,[47] and we find titin much closer to the Z-line than the Type 2 CaMKII peak (Fig S9D). Many Type 1 CaMKII distributions exhibited a secondary mid-sarcomeric peak (M-line; Fig 3C) on average 893  $\pm$  13 nm from the Z-line. Analysis showed this hump to be detectable in 30.1  $\pm$  2.7% of Type 1 profiles, but only 7.9  $\pm$  1.5% of Type 2 profiles (Fig S10B).

CaMKII co-localization with mitochondria (which are in longitudinal chains) was assessed using CaMKII $\delta$  and F<sub>1</sub>/F<sub>0</sub>-ATP synthase antibodies. However, CaMKII-mitochondrial colocalization was low at baseline and did not change significantly upon pacing (Fig 4C-D). Tubulin is another longitudinal target candidate. While baseline CaMKII $\delta$ -tubulin colocalization was apparent, not all longitudinal CaMKII $\delta$  clusters coincided with tubulin nor did pacing affect co-localization. CaMKII $\delta$  targeting to F-actin in the thin filaments, was likewise low under both resting and paced conditions.

#### 3.4 Microtubules do not influence CaMKII<sub>8</sub> mobility in myocytes

CaMKII $\delta$  recovery in Fig 1D, even at rest was faster than predicted based on size-adjusted comparison to freely mobile GFP. Here we tested whether CaMKII diffusion is facilitated via microtubules, or occurs preferentially in the longitudinal *vs.* transverse direction. Figure 5A-B compares FRAP of GFP- $\delta$ C in the longitudinal vs. transverse direction. If CaMKII moved along microtubules, faster recovery in the longitudinal direction would be expected. However FRAP recovery was symmetrical and not different between transverse and longitudinal ROIs in BAPTA-treated, resting, and paced cells (Fig 5A-B). As lateral projections of the microtubule network could account for similar longitudinal and transverse recovery, the effect of microtubule disruption was also assessed. Pre-treatment with 250  $\mu$ M colchicine (30 min) had no effect on either GFP- $\delta$ CFRAP tau or plateau (Fig 5C). Thus microtubules do not appear to facilitate CaMKII $\delta$  translocation in cardiomyocytes.

#### 3.5 Activation increases CaMKII<sub>8</sub> nuclear translocation

Because Ca/CaM signals altered cytosolic CaMKII $\delta$  mobility, we also tested whether they influence nuclear translocation of CaMKII $\delta$ B and  $\delta$ C. Figure 6 shows nuclear FRAP experiments analogous to Fig 1. At baseline, splice variants target differentially, with  $\delta$ B-GFP being ~3.4-fold more nuclear than  $\delta$ C-GFP (Fig 6B). Autophosphorylation-mimetic T287D-  $\delta$ C-GFP was likewise more nuclear (~1.43-fold), suggesting that CaMKII activation stimulates nuclear targeting. Upon photobleach of the nucleus and nuclear envelope GFP- $\delta$ CFRAP was significantly slower than cytosolic FRAP (Fig 6A). And as in the cytosol, BAPTA slowed nuclear FRAP whereas activation with pacing accelerated FRAP (Fig 6C-D). Likewise, the constitutively active T287D recovered faster in the nucleus than WT and there was no additional effect of pacing. The CaMKII $\delta$ B splice variant containing an NLS ( $\delta$ B-GFP) had faster nuclear FRAP (Fig 1D). The plateau for  $\delta$ B-GFP was much smaller, which might be due to bleached  $\delta$ B-GFP remaining bound within the nucleus. These results indicate CaMKII activation enhances nuclear import.

The effect of CaMKII activation on nuclear targeting was also assessed on endogenous CaMKII\delta using immunocytochemistry. Here, activation with pacing decreased nuclear localization ( $F_{nuc}/F_{cy to} = 1.48 \pm 0.03$  in BAPTA,  $1.41 \pm 0.02$  at rest and  $1.29 \pm 0.02$  with pacing, Fig 7B). Considering the nuclear FRAP results, this suggests that both nuclear import and export of CaMKII\delta are enhanced with pacing, but the effect on nuclear export dominates at steady state.

To examine whether chronic CaMKII activation (as seen in HF<sup>6</sup>) mimics the acute effects of activation, nuclear localization of endogenous CaMKII $\delta$  was examined in myocytes isolated from HF vs. age-matched (AM) vs. young adult rabbits (the latter group was included to assess age-effects, Fig 7C). While AM myocytes already exhibited lower nuclear CaMKII $\delta$ , this was more pronounced in HF cardiomyocytes ( $F_{nuc}/F_{cy to}$  was 1.08±0.06 in HF vs. 1.45±0.03 in AM and 1.68±0.02 in young adult, Fig 7D). This suggests that chronic activation of CaMKII during HF results in reduced nuclear CaMKII, to a greater extent than acute activation or aging.

#### 4 DISCUSSION

CaMKII has emerged as a nodal signal in the development of heart failure and arrhythmias, with many known phosphorylation targets throughout the myocyte that directly contribute to cardiac pathology.[1, 2] So understanding the precise cellular and molecular steps controlling CaMKII activity in cardiomyocytes is crucial. Over the past decade attention has focused on identifying these phosphorylation targets and posttranslational modifications (PTMs) that promote chronic CaMKII activation (phosphorylation, oxidation, O-GlcNacylation, nitrosylation) and pathological consequences. This has made the present study especially timely in demonstrating where myocyte CaMKII& is positioned and how it moves toward different target loci.

This study redefines our prior view of cardiac CaMKII as a spatially confined, targeted signaling molecule in adult cardiomyocytes. We show that CaMKII& moves rapidly, and that

that mobility is promoted by activation. At rest, CaMKII $\delta$  is concentrated near Z-lines and the RyR, but during pacing or activation it translocates longitudinally within the sarcomere. This translocation, coupled with the intrinsic activation memory of CaMKII provides a plausible mechanism to explain how CaMKII can phosphorylate known myocyte targets at large distances from the Ca channels that produce the high local  $[Ca^{2+}]_i$  that is required to activate CaMKII. This introduces an important new dimension to cardiac CaMKII signaling which may be essential to its major functional impact in cardiac myocyte function and pathological remodeling.

#### 4.1 CaMKII<sub>8</sub> is highly mobile in cardiac myocytes

Despite clear baseline Z-line concentration, the vast majority of cytosolic CaMKIIδ (~80%) is highly mobile, while the remainder is more firmly anchored (Fig 1). This suggests that while CaMKIIδ binds to specific known targets at the Z-line (e.g. RyR and L-type Ca channels),[6, 28] that most of these sites have sufficiently low affinity that CaMKII can dissociate within 3–10 s in the myocyte environment (and diffuse away or potentially rebind). Notably, the immobile fraction is much higher for nuclear CaMKIIδ, and especially for CaMKIIδB (>80%; Fig 6D), suggesting that a relatively high fraction of nuclear CaMKIIδB is more tightly bound to nuclear sites.

CaMKII mobility is further enhanced during physiological pacing, under conditions where CaMKII is known to be partially activated [46] and that mobility is mimicked by autonomously active CaMKII&C-T287D (Fig 1). Thus, physiological CaMKII activation promotes mobility. We were surprised that BAPTA (which makes [Ca<sup>2+</sup>]<sub>i</sub> very low) was able to reduce CaMKII mobility even below that seen in resting myocytes (Fig 1C-D). That is, we expected little difference in CaMKII activation in these conditions. So, we cannot rule out that a Ca-dependent process other than CaMKII activation state might modulate CaMKII mobility or binding. On the other hand, this rest vs. BAPTA difference was not present for endogenous CaMKIIS (Fig 3D), so the exogenous GFP-CaMKIIS (Fig 1) might also be slightly activated in resting myocytes and account for the lower mobility with BAPTA. In that case Fig 1 may underestimate the influence of activation on CaMKII8 mobility (vs. endogenous CaMKII8 in Figure 3). This limitation would also hamper detection of more detailed heart-rate dependent changes in CaMKII mobility and localization. Here we tested how Ca- and autophosphorylation influence CaMKII8 mobility, but it seems likely that mobility would also be promoted by other PTMs that promote CaMKII8 autonomous activity (oxidation at M281/M282, O-GlcNAcylation at S280 and S-nitrosylation at C290). [1,19]

The overexpression of GFP-CaMKIIδ that is required for direct mobility measurements might be more mobile than endogenous CaMKIIδ that may already be bound to target sites that impede mobility. We think this is a minor factor here for several reasons. First, the level of GFP-CaMKII expressed is less than the endogenous CaMKII (Fig S2). Second, the exogenous GFP-CaMKII is expected to multimerize with endogenous myocyte CaMKII into stable dodecamers, such that endogenous and GFP-tagged CaMKII move together. Third, the addition of the GFP tag would most likely slow mobility due to its added size. Fourth, our parallel studies of endogenous CaMKIIδ showed striking CaMKII movement, albeit as

snapshots of CaMKIIδ shifting from mostly Type 1 to Type 2–3 patterns upon pacing (Fig 3–4). We conclude that the kinetics revealed by our FRAP and photo-activation studies are good approximations of mobility of endogenous CaMKIIδ, however any overexpression is likely to perturb the bound to unbound ratio to some extent. Moreover, the PA studies show direct movement of CaMKIIδ in myocytes from Z-line to M-line in ~5 sec. Indeed, our 3 complementary approaches all indicate high CaMKIIδ mobility in myocytes, that is accelerated by activation.

The illumination used to bleach GFP may also result in local oxidative stress, which could potentially activate the kinase. Because an open conformation is necessary for oxidation of CaMKII, any oxidative effect would be minimal for the BAPTA-treated myocytes, but may be more present in rest and especially paced conditions. If oxidation enhances kinase mobility similarly to pacing, oxidation could obscure differences between resting and paced conditions, and augment differences between BAPTA-treated and resting cells.

CaMKII primarily exists as a stable dodecamer in cells. While monomers can exchange between the holoenzyme it requires activation and occurs over a much slower time scale than the translocation reported here.[48, 49] Our FRAP studies suggest that CaMKIIS at rest may diffuse, as expected based on its dodecameric size (vs. GFP) without being greatly delayed by high-affinity binding. The high mobility of CaMKII is likely due to interactions with its targets which are transient and low affinity, as opposed to more stable interactions which would restrict its ability to move. However, CaMKIIS moved faster when activated, raising the possibility of facilitated diffusion (e.g. along microtubules as for CaMKIIa in neuronal dendrites).[32, 33] However, our FRAP studies show that CaMKII8 diffusion was symmetrical (not preferentially longitudinal) and not influenced by microtubule disruption (Fig 5). We conclude that CaMKIIS movement does not occur via microtubules, but diffuses relatively freely in ventricular myocytes, and that many of its potential interactions with partners are of relatively low affinity (high off-rate), such that they minimally hinder diffusion. Of course, there is also a CaMKII8 fraction that appears immobile (20% of cytosolic CaMKII8) which may bind especially strongly to key targets, with limited movement over this time frame.

#### 4.2 CaMKII<sub>8</sub> Target Neighborhoods and Phosphorylation in Cardiac Myocytes

CaMKIIδ binds to, co-immunoprecipitates with and phosphorylates numerous myocyte targets including RyR and L-type Ca channels (in the junctional cleft), HDAC4 (in nucleus and cytosol), InsP<sub>3</sub> receptors (at the nuclear envelope), titin and MyBP-C (on the myofilaments) and PLB (throughout the SR).[1] The low affinity of CaMKII for Ca-CaM (vs. e.g. nitric oxide synthase and calcineurin) poises CaMKII for activation only where local [Ca]<sub>i</sub> is very high, such as near Ca channels and RyRs in the junctional cleft, and at nuclear InsP<sub>3</sub> receptors.[21, 22, 50, 51] This allows responsive phosphorylation that regulates these local Ca channels, but not distant targets on the myofilaments or SR. The latter targets may require both CaMKIIδ translocation and sustained CaMKII active state (memory) that is induced by regulatory domain autophosphorylation, oxidation, *O*-GlcNAcylation and *S*-nitrosylation. Those post-translational modifications in the regulatory

domain can greatly prolong CaMKII active state (autonomy) even after  $[Ca]_i$  decline and CaM dissociation from the enzyme.

We hypothesize that CaMKIIδ is activated at junctional clefts at the Z-line (Type 1 peaks) and that activated CaMKIIδ diffuses away, potentially pausing at targets near the Type 2 twin peaks (234 nm away from Z-lines) on their way to more uniform sarcomeric distribution. However, neither MyBP-C nor titin's phosphorylation peaks align with that locus (further from and closer to Z-line, respectively). It is possible that the concept is correct, but that the Type 2 hump reflects a composite of these targets, phospholamban (where co-localization increased upon pacing; Fig 4D). There may also be a steric diffusional restriction upon transition from Iband to A-band (where both thick and thin filaments overlap). The increase in Type 2, 3, and "Flat" profiles with pacing suggests that CaMKII is moving towards a large number of targets rather than one specific microdomain, reflecting its widespread functional impact.

Our results do not dispute CaMKII scaffolds that have previously been identified, nor do they exclude the possibility that interactions with other proteins may create local pools of inactive and active kinase [52, 53]. Rather they provide insight into how CaMKII reaches targets outside of areas where it is most readily activated. Our data provide an explanation as to how CaMKII manages to reach its targets in separate microdomains.

#### 4.3 CaMKII6B vs. CaMKII6C and Nuclear translocation

CaMKII8B is more concentrated in the nucleus, based on its NLS, but CaMKII8B and 8C coexist in holoenzyme dodecamers, such that CaMKII8 signaling is more location-specific than subtypespecific.[31] Indeed, in the cytosol both splice variants behaved quite similarly, with only slightly more  $\delta$ B-GFP appearing immobile (smaller plateau in Fig 1). Nuclear FRAP was much slower than in the cytosol, consistent with nuclear pore translocation of CaMKII8 being rate-limiting. Nuclear CaMKII8B FRAP was faster reflecting the NLS that δC lacks. Likewise the recovery for CaMKIIδB is far less complete, indicating increased nuclear anchoring of this variant. The aforementioned hetero-multimerization with endogenous CaMKII8 (B and C) could cause us to underestimate these differences, suggesting that the 11 amino acid NLS in CaMKII\deltaB may also contain interaction domains with other proteins. Pacing also speeds nuclear FRAP. Taken together with our finding that pacing and HF result in a net CaMKII8 shift out of the nucleus, activation appears to increase exchange of CaMKII8 between cytosolic and nuclear compartments (with the balance in favor of export). This agrees with evidence that kinase activation and autophosphorylation (at Serine 332) promotes cytosolic retention of CaMKII.[54] The nuclear import/export balance is likely affected by additional factors such as GPCR stimuli and duration of activation signals, since at rest T287D is more nuclear than the WT CaMKII<sub>δ</sub>.

In conclusion, we used FRAP, photoactivation, and immunocytochemistry to disprove the hypothesis that cardiac CaMKII signaling is spatially confined. We found CaMKII to be remarkably mobile, with mobility increasing upon activation. Activated CaMKII\delta moved away from the Z-lines and out of the nucleus independently of microtubules and likely towards numerous different targets. Since CaMKIIδ is most readily activated by high

Ca/CaM signals such as at the dyadic cleft, this translocation may be essential to CaMKII signal spread in myocytes. It likely also explains how mathematical CaMKII models, lacking this mobility, do not explain significant cytosolic CaMKII activation or target phosphorylation. Our work adds a new dimension to the spatiotemporal regulation of CaMKII signaling and its widespread functional intracellular impact.

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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- Cardiac CaMKII is predominantly mobile •
- CaMKII mobility varies with calcium/kinase activation
- Active CaMKII moves from the dyadic cleft towards cytosolic targets including PLB
- Heart failure promotes movement of CaMKII out of the nucleus •

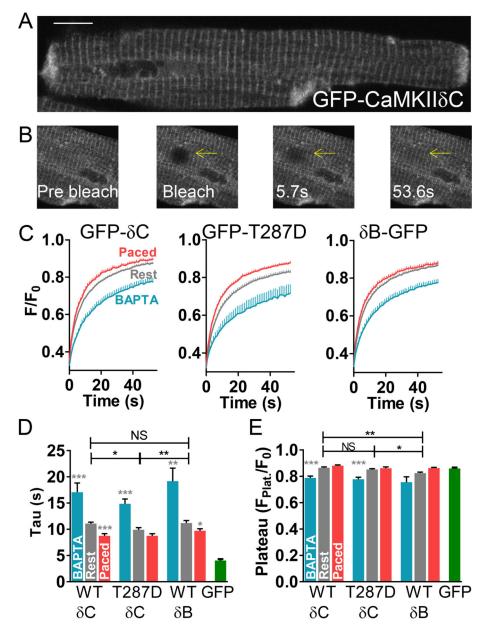


Figure 1.

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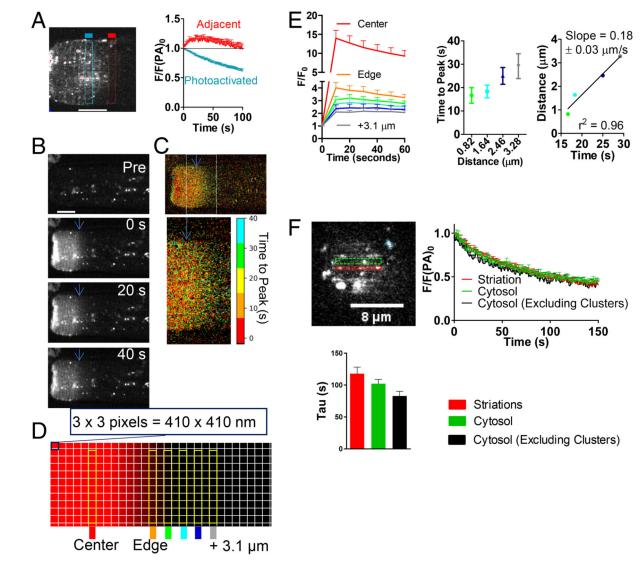


Figure 2.

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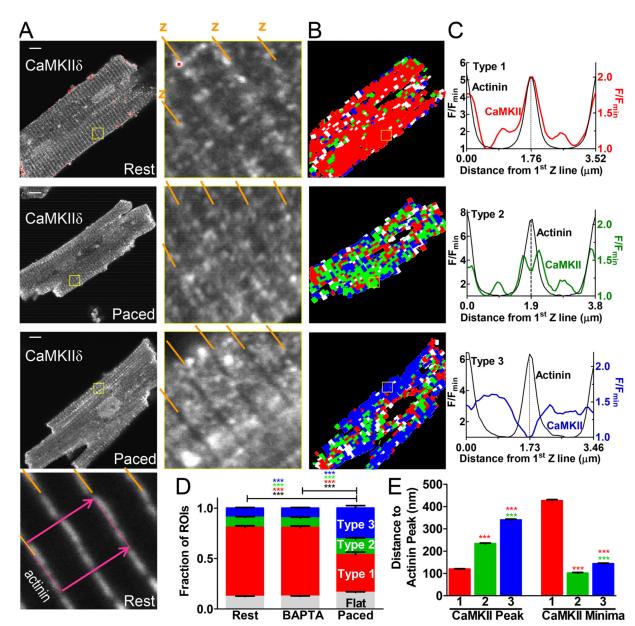


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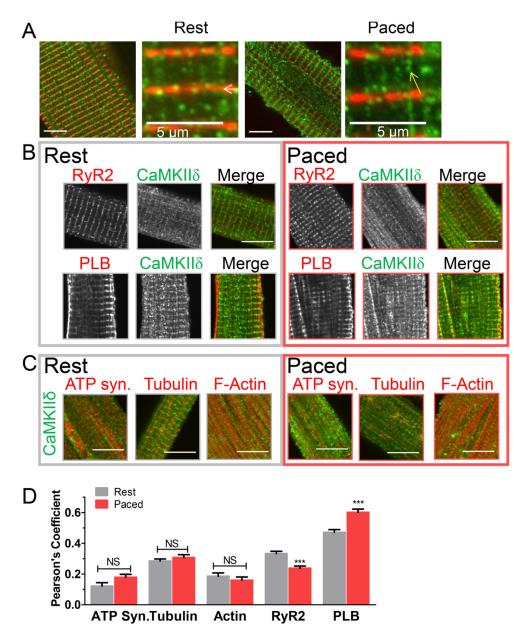


Figure 4.

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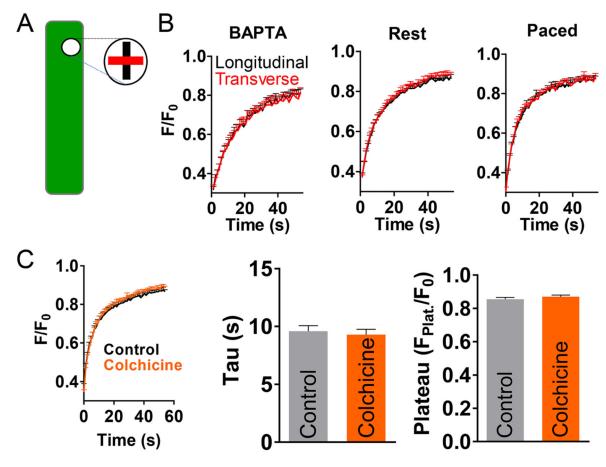


Figure 5.

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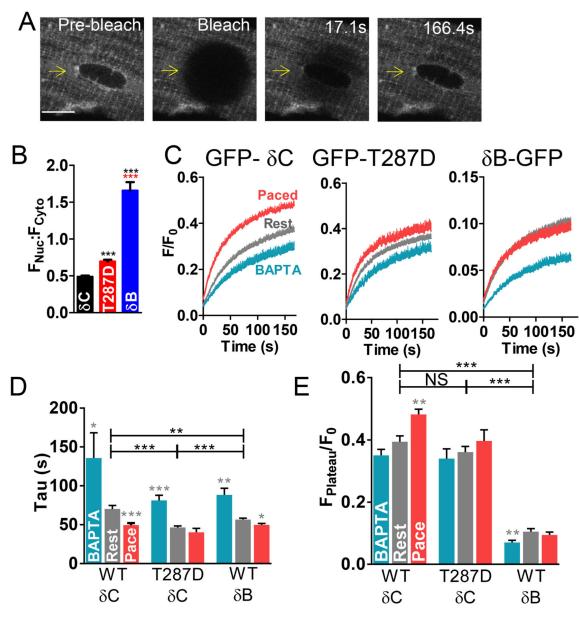


Figure 6.

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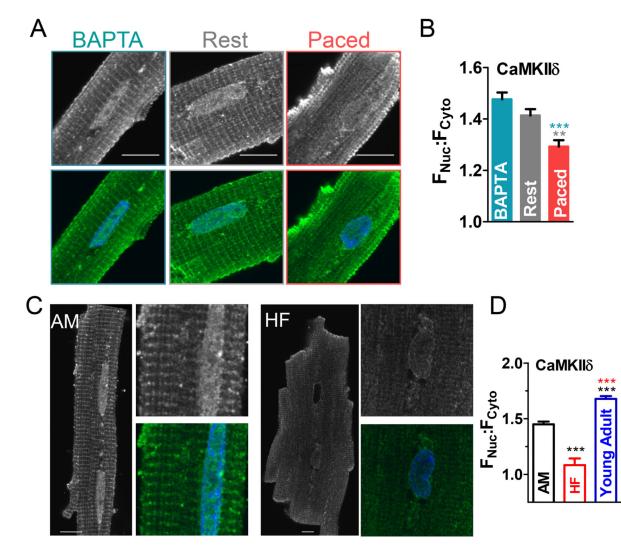


Figure 7.