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Title

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Permalink

<https://escholarship.org/uc/item/9ep784dc>

Journal

NEUROLOGY, 43(4)

ISSN

0028-3878

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Publication Date

1993-04-01

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Peer reviewed

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### **Telephone Screening for Dementia Using the Blessed IMC Test**

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*Objective.* To evaluate the sensitivity and specificity of the Blessed Information-Memory-Concentration (IMC) test administered over the phone as a screening instrument for the detection of dementia.

*Background.* Dementia ascertainment in large epidemiological studies can be problematic. In an effort to efficiently evaluate geographically wide-spread subjects lost to follow-up, we investigated the use of the Blessed IMC as a telephone screening instrument.

*Design/Methods.* Inactive participants from the Baltimore Longitudinal Study on Aging (no contact for 3 or more years) were surveyed utilizing the Blessed IMC over the telephone. All subjects who had scores greater than 2 errors and an age-stratified random sample (15%) of subjects with error scores of 0-2 received neuropsychological and neurological examinations, generally conducted in the subject's home.

*Results.* The Blessed IMC effectively identified subjects requiring further evaluation for probable dementia. Using a cut-off of 5 or more errors, 100% sensitivity was achieved with >70% specificity. Sensitivity and specificity for the range of IMC scores will be presented.

*Conclusion.* The Blessed IMC test can be efficiently used as a telephone screening instrument to identify potential cases of dementia in epidemiological studies.

Study supported by NIA R01 AG 08325-01A1.