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RESEARCH ARTICLE

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Growth factor genes and change in mammographic density after stopping combined hormone therapy in the California Teachers Study

Eunjung Lee^{1*} , Jianning Luo², Fredrick R. Schumacher³, David Van Den Berg¹, Anna H. Wu¹, Daniel O. Stram¹, Leslie Bernstein² and Giske Ursin^{1,4,5}

Abstract

Background: The contribution of genetic polymorphisms to the large inter-individual variation in mammographic density (MD) changes following starting and stopping use of estrogen and progestin combined therapy (EPT) has not been well-studied. Previous studies have shown that circulating levels of insulin-like growth factors are associated with MD and cross-talk between estrogen signaling and growth factors is necessary for cell proliferation in the breast. We evaluated single nucleotide polymorphisms (SNPs) in growth factor genes in association with MD changes after women stop EPT use.

Methods: We genotyped 191 SNPs in 13 growth factor pathway genes in 284 non-Hispanic white California Teachers Study participants who previously used EPT and collected their mammograms before and after quitting EPT. Percent MD was assessed using a computer-assisted method. Change in percent MD was calculated by subtracting percent MD of an 'off-EPT' mammogram from percent MD of an 'on-EPT' (i.e. baseline) mammogram. We used multivariable linear regression analysis to investigate the association between SNPs and change in percent MD. We calculated *P*-values corrected for multiple testing within a gene (*P*_{adj}).

Results: Rs1983210 in *INHA* and rs35539615 in *IGFBP1/3* showed the strongest associations. Per minor allele of rs1983210, the absolute change in percent MD after stopping EPT use decreased by 1.80% (a difference in absolute change in percent MD) (*P*_{adj} = 0.021). For rs35539615, change in percent MD increased by 1.79% per minor allele (*P*_{adj} = 0.042). However, after applying a Bonferroni correction for the number of genes tested, these associations were no longer statistically significant.

Conclusions: Genetic variation in growth factor pathway genes *INHA* and *IGFBP1/3* may predict longitudinal MD change after women quit EPT. The observed differences in EPT-associated changes in percent MD in association with these genetic polymorphisms are modest but may be clinically significant considering that the magnitude of absolute increase in percent MD reported from large clinical trials of EPT ranged from 3% to 7%.

Keywords: Hormone therapy, Mammographic density, Polymorphisms, Growth factor pathway

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Introduction

Mammographic density (MD), one of the strongest risk factors for breast cancer, is a measure of the amount of epithelium and stroma in the breast [1]. Estrogen and progestin combined therapy (EPT) use was shown to increase MD in two randomized clinical trials, the Postmenopausal Estrogen/Progestin Interventions (PEPI) trial and the Women's Health Initiative (WHI) randomized trial. In these trials, women randomized to take EPT experienced an average increase of 3-7% in MD [2–4]. Similarly, MD decreased after discontinuing EPT [5, 6]. In a randomized trial, EPT users who stopped their hormone use for 1 month and 2 months showed reductions in MD of 0.9% and 1.5%, respectively, whereas no reduction was observed among women who continued using EPT [6]. However, inter-individual variation in MD changes was large following EPT use [2–4] or cessation [6, 7]. For example, among women in the EPT arm of the PEPI trial, ~20% experienced a large increase (i.e. a one-category increase in Breast Imaging Reporting and Data System (BI-RADS) grade, corresponding to ~14-18% increase in MD), while other women experienced smaller changes [2, 3]. Among women in the cessation group of the short-term cessation trial, about 25% experienced at least a 7.5% decrease in MD while ~ 55% experienced a modest decrease or little change and ~ 20% experienced some increase after EPT cessation [7].

The evidence showing that breast cancer risk increases or decreases in accordance with longitudinal changes in MD is consistent [8–10]. Importantly, the longitudinal change in MD after using EPT explained all of the increased risk from EPT use in the WHI [9]. However, despite the large inter-individual variation in MD change when starting EPT and quitting EPT [2–4, 6, 7], determinants of EPT-associated MD change remain largely unknown. In the short-term cessation trial, none of the tested risk factors for breast cancer, such as race, BMI, parity, family history, and duration of hormone therapy use, appeared to determine the amount of MD decrease following hormone cessation [7], suggesting that genetic factors might be important determinants [7]. A similar conclusion was derived from the results of a study of MD increase following initiation of hormone therapy that was predominantly EPT [11]. Only a few studies, all focusing on hormone metabolism pathway, have investigated genetic determinants of MD change associated with EPT use or cessation [12–15]. The most comprehensive study to date, our investigation of 30 hormone metabolism pathway genes using data from the California Teachers Study (CTS) mammogram substudy, showed that SNPs in *SLCO1B1* (rs7489119) and *ARSC* (rs5933863) to be associated with MD decrease following EPT cessation [12]. Other SNPs reported from smaller studies were not replicated [13–15].

Along with the female sex steroid hormone signaling cascade, paracrine signals by growth factors such as epidermal growth factor (EGF) and insulin-like growth factor-1 (IGF-1) are crucial in mammary tissue development [16, 17]. Although results from studies of growth factor polymorphisms and MD have been inconsistent [18–21], several cross-sectional studies have shown that circulating or breast tissue levels of IGFs are associated with MD [22–26]. Further, experimental evidence in breast cancer cell lines suggests that cross-talk between signaling pathways of steroids and growth factors such as EGF or IGF-1 is necessary to induce cell growth and proliferation [17]. Thus, we hypothesized that polymorphisms in growth factor pathway genes may contribute to the inter-individual differences in EPT-associated MD change and investigated associations between 191 SNPs in 13 growth factor genes and change in MD with cessation of EPT use in the mammogram substudy of the CTS.

Materials and Methods

Participants

The CTS mammogram substudy was established to identify genetic polymorphisms associated with MD changes when women initiate or quit EPT use. The design of this substudy was previously described [12]. Briefly, the CTS is a prospective cohort established in 1995-1996 and consists of 133,479 current or former female public school teachers and other public school professionals, who were members of the California State Teachers Retirement System in 1995. When the cohort was formed, participants completed and returned a mailed questionnaire which included questions on menstrual history, parity, hormone use, and medical history [27].

In 2006-2008, we mailed study invitation letters to 1,420 CTS participants who lived in California, did not have a cancer diagnosis, were ages 40-60 years, had a mammogram in the 2 years prior to cohort enrollment, initiated EPT use between cohort enrollment and completion of the follow-up questionnaire in 2000-2001, and did not participate in any other CTS substudy. We telephoned 1,272 women and identified 1,251 eligible women. A total of 1,004 eligible women participated and completed a telephone interview providing current information on menstrual history and hormone use. Reasons for non-participation included refusal ($n = 111$), not returning signed informed consent ($n = 134$), withdrawing consent ($n = 1$), and not completing the interview ($n = 1$). We collected mammograms for 993 women, but excluded 29 who were missing information on hormone therapy use. On average, 8 mammograms for each participant were available. About 40% of these mammograms were sent with a form summarizing history of menstruation and hormone use as of the day of screening. This information is expected to be more accurate than the

information collected during the interview. Thus, we used information from the records when available [12]. The CTS mammographic density substudy was approved by the University of Southern California (USC) Institutional Review Board (HS-056027). All participants provided written informed consent.

Identifying EPT quitters

Detailed methods to select mammograms and identify EPT quitters have been described [12]. Briefly, to determine MD changes following the changes in women's EPT use, we selected an "on-EPT mammogram" (taken while a participant was post-menopausal and using EPT) and an "off-EPT mammogram" (taken while a participant was postmenopausal and not using EPT or ET). Because many participants could not recall exactly when they started or stopped hormone therapy [12] and many EPT users quit hormones after the publication of WHI findings in June 2002 [28], we preferred that on-EPT mammograms were taken before July 1, 2002, and off-EPT mammograms were taken after 2003 to minimize misclassification of EPT use information at time of mammograms [12]. When selecting off-EPT mammograms, we preferred mammograms taken as close as possible to the year of on-EPT mammograms, but with at least one year interval between the on-EPT and off-EPT mammograms; this was important because MD changes after starting EPT use were reported to occur primarily within the first 12 months and remain constant for at least the next two years [2].

Applying these criteria, we selected both an "on-EPT mammogram" and an "off-EPT mammogram" for 422 women. The majority ($n = 371$) were 'quitters' as opposed to 'starters' ($n = 51$) in that the time sequence of their mammograms was an "on-EPT mammogram" followed by an "off-EPT mammogram". When inspecting the year of menopause and year of EPT initiation, we were concerned about the possibility that the "off-EPT mammograms" we collected from the 'starters' were in fact taken during their menopausal transition. Because MD change we measured on these starters is represented by a mixture of a decline in MD associated with menopausal transition (i.e. hormone levels decrease [29, 30]) and an increase in MD associated with initiation of EPT after they became completely postmenopausal (i.e. hormone levels increase), we restricted the study to the 371 EPT quitters [12].

MD assessment

Methods for MD measurements have been described [3, 31]. Mammograms were digitized using a Cobrascan CX812T scanner (Radiographic Digital Imaging, Torrance, CA) at a resolution of 150 pixels/inch (59 dots/cm). One of the authors (GU) assessed absolute density of

digitized mammograms using the USC Madena method, which is a validated, computer-assisted, quantitative technique [32]. One research assistant trained by GU assessed total area of the breast. MD (in percent) was calculated as the absolute density divided by the total area of the breast. Mammograms of the same individual were evaluated in the same batch. Readers were blinded to subject identification and EPT use status for each mammogram. Reader reproducibility based on 183 pairs of random blinded duplicates was excellent ($R=0.96$).

Specimen collection and genotyping

Spit samples were collected using the Oragene DNA self-collection kit (DNA Genotek, Kanata, ON, Canada) which was mailed to participants with a return package. Of the 371 EPT quitters, 328 women provided a sufficient amount of sample. Linkage disequilibrium (LD) tagging SNPs were selected across each gene, from 20kb upstream of 5' untranslated region (UTR) and to 10kb downstream of 3' UTR, using the Snagger software (for *FGF2*, *FGF9*, *IGF1*, *IGFBP1/3*, *RPS6KAL*, *TGFB1*) [33] and the TagSNPs program (for *ACVR1*, *ACVR2*, *IGF2*, *INH1A*, *INH1B*, *INH1C*) [34, 35]. The selected SNPs were to tag all common SNPs (minor allele frequency (MAF) $\geq 5\%$) in whites with minimum pairwise r^2 of 0.80. For *EGFR*, we selected a few SNPs due to limited space in the genotyping platform [12].

Genotyping was performed in the USC Core Facility using the Illumina GoldenGate Assay (Illumina, San Diego, CA, USA). After excluding SNPs with a call rate $<90\%$ (15 SNPs), Hardy-Weinberg equilibrium P -value <0.001 (2 SNPs), and $MAF < 1\%$ (2 SNPs), 191 SNPs remained for analyses. The number of SNPs genotyped for each gene is listed in Table 1. After excluding samples with a call rate $<90\%$ ($n = 19$), 309 samples were available for analyses. The duplicate genotyping concordance was $>99.9\%$ [12].

Because the majority ($n = 284$) of these remaining 309 samples were from participants who were non-Hispanic white and the number of participants in other race/ethnic groups was limited, we restricted the analysis to 284 non-Hispanic whites. Among the 284 women genotyped and eligible for the analyses, the time interval between the on-EPT mammogram and off-EPT mammogram was 5 years or less for over 85% of the participants [12]. Applying the methods to calculate MD change described above, the mean change in percent MD was 4.0% ($\pm 7.0\%$ SD) among the participants included in the analyses [12]. Of the 422 women for whom we collected both on-EPT mammograms and off-EPT mammograms, the 284 non-Hispanic white women included in the analysis differed from the excluded ($n = 138$) women with respect to time interval between the two mammograms and age at time of off-EPT mammogram, reflecting the

Table 1 List of investigated growth factor pathway genes and number of genotyped single nucleotide polymorphisms (SNPs)

Gene	Gene name	N of SNPs genotyped
<i>EGFR</i>	Epidermal growth factor receptor	7
<i>FGF2</i>	Fibroblast growth factor 2	24
<i>FGF9</i>	Fibroblast growth factor 9	15
<i>IGF1</i>	Insulin like growth factor 1	18
<i>IGF2</i>	Insulin like growth factor 2	7
<i>IGFBP1/3</i>	Insulin like growth factor binding protein 1/3	24
<i>RPS6KA1</i>	Ribosomal protein S6 kinase A1	19
<i>INHA</i>	Inhibin alpha subunit	12
<i>INHBA</i>	Inhibin beta A subunit	15
<i>INHBB</i>	Inhibin beta B subunit	15
<i>TGFB1</i>	Transforming growth factor beta 1	7
<i>ACVR1</i>	Activin A receptor type 1	20
<i>ACVR2</i>	Activin A receptor type 2	9

inclusion criteria (i.e. non-Hispanic white, EPT ‘quitters’ as opposed ‘starters’). The two groups were similar with respect to age, BMI, parity, menopausal status, history of breast biopsy, and family history of breast cancer (Additional file 1: Table S1).

Statistical Analysis

We calculated change in percent MD as “on-EPT MD” minus “off-EPT MD”, representing the absolute change in percent MD after stopping EPT use. Multivariable linear regression analysis was used to evaluate the association between genotype and change in percent MD, adjusting for age and BMI at baseline (i.e. on-EPT mammogram), time interval and BMI change between the two mammograms, and baseline MD (i.e. “on-EPT MD”). Parity was not associated with change in MD and was not included in the model; additional adjustment for parity did not change the results (data not presented). We used an additive genetic model, which estimates the difference in change in percent MD per minor allele. Thus, the regression coefficient from

this model indicates the absolute difference, per minor allele of the modeled SNP, in absolute change in percent MD after stopping EPT. Compared to cross-sectional MD ranging from 0% to 100%, which shows a highly skewed distribution and requires square-root transformation to improve normality of residuals in regression models [36], longitudinal change in percent MD has a distribution more closely approximate a normal distribution. We calculated *P*-values corrected for multiple correlated tests within each gene using a method which considers correlation between SNPs (P_{adj}) [37].

We also performed exploratory analyses stratified by parity (nulliparous, parous) and calculated *P* values for interaction by conducting Wald tests for genotype-parity product terms. This was planned *a priori* because nulliparity is a risk factor of breast cancer and higher MD [38, 39], and MD was more strongly associated with breast cancer risk in nulliparous women than in parous women [40].

Results

We observed statistically significant associations for rs1983210 in *INHA* and rs35539615 in *IGFBP1/3* region after we corrected for multiple testing in each gene. The longitudinal absolute change in percent MD after stopping EPT decreased by 1.80% (an absolute difference, not a relative difference, in absolute change in percent MD after stopping EPT) per minor allele of rs1983210 (*INHA*; $P_{adj}=0.021$) and increased by 1.79% per minor allele of rs35539615 (*IGFBP1/3*; $P_{adj}=0.042$; Table 2). However, if we further consider all tested genes and apply multiple testing correction for all SNPs tested, neither of these associations remained statistically significant. Another SNP in *INHA* (rs2278200) showed some evidence of association with borderline statistical significance ($P_{adj}=0.053$), but this association was not observed when adjusting for rs1983210. Results for all tested SNPs are presented in Additional file 2: Table S2.

When examining the associations separately in nulliparous vs. parous women, four SNPs (rs2278200, rs907142, rs2059693, rs1039898) in *INHA* were associated with change in percent MD in nulliparous women ($P_{adj}<0.05$; *P* values for interaction <0.022 ; Table 3), and the regression coefficients for these SNPs from the nulliparous women

Table 2 Single nucleotide polymorphisms (SNPs) associated with estrogen and progestin combined therapy (EPT)-associated mammographic density change after multiple testing correction at gene level^a

SNP (gene)	Major/minor allele	Minor allele frequency	N (WW/WW/W)	Beta (SE)	<i>P</i> (P_{adj}) ^b
rs1983210 (<i>INHA</i>)	G/C	0.28	156/104/21	-1.80 (0.59)	0.003 (0.021)
rs35539615 (<i>IGFBP1/3</i>)	C/G	0.26	160/104/20	1.79 (0.59)	0.002 (0.043)
rs2278200 (<i>INHA</i>) ^c	C/G	0.45	70/137/53	-1.55 (0.57)	0.008 (0.053)

^aBased on linear regression models adjusting for age and body mass index (BMI) at time of on-EPT mammogram, time interval and BMI change between the two mammograms, and mammographic density of on-EPT mammogram. Additive genetic model was used

^b*P*-values adjusted for multiple correlated tests (P_{ACT}) [37]

^crs1983210 and rs2278200 (*INHA*), $r^2=0.43$

Table 3 Single nucleotide polymorphisms (SNPs) associated with estrogen and progestin combined therapy (EPT)-associated mammographic density change among nulliparous women after multiple testing correction at gene level; results from parous women ($n = 219$) are presented for comparison^a

SNP (gene)	Major/minor allele	Minor allele frequency	Nulliparous ($n = 63$)				Parous ($n = 219$)				P for interaction ^c
			N (WW/WW/VV)	Beta (SE)	P	P _{adj} ^b	N (WW/WW/VV)	Beta (SE)	P	P _{adj} ^b	
rs2278200 ^d (<i>INHA</i>)	C/G	0.45	17/23/15	-3.78 (1.03)	0.0006	0.005	51/114/38	-0.49 (0.68)	0.47	>0.99	0.013
rs907142 ^d (<i>INHA</i>)	G/C	0.32	27/30/4	3.97 (1.31)	0.004	0.028	82/101/20	0.21 (0.68)	0.76	>0.99	0.007
rs2059693 ^d (<i>INHA</i>)	C/T	0.28	31/27/4	3.71 (1.27)	0.005	0.033	107/94/16	0.10 (0.68)	0.88	>0.99	0.013
rs1039898 (<i>INHA</i>)	T/C	0.10	50/13/0	5.16 (1.91)	0.009	0.048	183/34/1	-0.14 (1.09)	0.90	>0.99	0.022

^aBased on linear regression model adjusting for age and body mass index (BMI) at time of on-EPT mammogram, time interval and BMI change between the two mammograms, and mammographic density of on-EPT mammogram. Additive genetic model was used

^bMultiple testing corrected P -value; P_{ACT} (P values adjusted for correlated tests) within each gene was calculated using the methods by Conneely and Boehnke [35]

^c P -values for interaction were not corrected for multiple testing

^drs2278200 and rs907142, $r^2=0.37$; rs907142 and rs2059693, $r^2=0.55$

analyses (3.71% to 5.16% absolute difference in change in percent MD per minor allele; Table 3) were much larger than the coefficients for the most statistically significant SNPs from the overall analyses (1.55% to 1.80% absolute difference per minor allele; Table 2). Rs4674413 in *INHA* was also associated with change in percent MD, but this SNP was in LD with rs2059693 ($r^2=0.98$). None of these or other tested SNPs showed statistically significant associations in parous women.

Discussion

In this longitudinal study, two SNPs located near growth factor pathway genes *INHA* and *IGFBP1/3* were associated with change in percent MD after quitting EPT after we corrected for multiple testing in each gene. To our knowledge, this is the first investigation of growth factor pathway genes in relation to longitudinal change in percent MD after EPT cessation. Our findings will contribute to improving our understanding of breast cancer risk in current and former EPT users as well as in women who are considering EPT use for menopausal symptoms.

Experimental evidence in breast cancer and other cell lines suggests that steroids and growth factor signaling pathways such as EGF and IGF-1 have synergistic effects in inducing cell proliferation and that cross-talk between these pathways is important in estrogen action [41–45].

Rs1983210, which showed an association with the smallest P -value, is located about 15kb upstream of the *INHA* gene in chromosome 2. *INHA* encodes the inhibin α , a subunit of heterodimeric glycoproteins called inhibins. Inhibins are members of the TGF- β superfamily, are expressed in normal human breast tissue [46, 47] and are involved in multiple aspects of cell differentiation and proliferation including mammary gland

development [47, 48]. While the functional significance of rs1983210 on the expression of inhibin α is not known, results from a microarray-based expression profiling study have shown that lower expression of TGF- β pathway genes was associated with higher MD [49], supporting the role of *INHA* SNPs in determining EPT-associated MD change. Alternatively, our observation may be related to the amino acid change (Glu1365Asp) in *obscurin like 1 (OBSL1)* gene resulting from rs1983210. Although rs1983210 was included in our study as a part of the SNPs located in the vicinity (i.e. from 20kb upstream to 10kb downstream) of *INHA*, rs1983210 is in fact located in exon 2 of *OBSL1* and leads to amino acid change (Glu1365Asp). While the function of *OBSL1* gene is not well characterized, rare mutations in *OBSL1* lead to severe pre-natal and postnatal growth restriction known as 3-M syndrome, an autosomal-recessive growth disorder [50–52]. In one experimental study, a fibroblast cell line with an *OBSL1* mutation displayed disrupted IGF-1 signaling [50]. Rs1983210 was assessed as not having clinical significance in relation to 3-M disease in dbSNP [53], but it is not known whether this SNP might contribute to other common diseases. The observed association for rs1983210 should be replicated in future studies and it needs to be determined whether the association is related to *INHA* or *OBSL1*.

IGFBP1 and *IGFBP3* genes are located adjacent to each other and are important regulators of bioavailability of IGF-1, which stimulates proliferation of breast cancer cell lines and primary culture [43, 45]. Cross-sectional studies investigating polymorphisms in *IGF1* and *IGFBP1/3* in association with MD have reported mixed results [18–21, 54, 55]. However, several lines of evidence indicate that our observation for rs35539615 in relation to EPT-associated MD change is biologically plausible. Cross-sectional studies have shown that higher

IGF-1 levels and lower IGFBP-3 levels in blood samples are associated with higher MD [23–25, 56, 57]. In all [23–25, 56] but one [57] of these studies, the associations were observed among premenopausal women but not among postmenopausal women who were not taking hormone therapy, supporting the role of the interaction between IGF-1/IGFBP-3 and female sex steroid hormones in determining MD. Data from experimental and animal studies also show that IGF-1 and estrogen signaling pathways activate each other and that IGF-1, estrogen, and progesterone synergistically stimulate mammary gland development [42, 58, 59]. Further, in a small phase I clinical trial, decreases in cell proliferation in atypical hyperplasia and proliferative lesions in the breast were observed in patients diagnosed with atypical hyperplasia and treated with an IGF-1 pathway inhibitor, pasireotide, but not in untreated patients [60].

It is worth noting that estrogen therapy reduces circulating levels of IGF-1 and possibly IGFBP-3 and increases IGFBP-1 levels [61]. Addition of androgenic progestins such as medroxyprogesterone acetate or norethisterone appears to oppose the estrogen therapy effect on IGF and IGFBP levels [61, 62]. Nevertheless, future studies of IGF pathway polymorphisms should examine and consider any changes in IGF and IGFBP levels associated with EPT use.

These results suggest that genetic variation in *INHA* and *IGFBP1/3* may influence change in percent MD following EPT cessation. The estimated absolute differences of 1.80% (for rs1983210) and 1.79% (for rs35539615) in change in percent MD per minor allele are modest; however, when considering that the absolute increases in percent MD following EPT treatment in the WHI trial and the PEPI trial were 3–7% on average [2–4] and that each 1% increase in MD (absolute increase in percent MD) increased breast cancer risk by 3% [9], these observed differences may be clinically significant. Further, our exploratory investigation stratifying by parity indicates that SNPs in *INHA* may have greater influence in nulliparous women. The larger regression coefficients for SNPs in the analysis of nulliparous women compared to those in the analysis of parous women suggest that genetic variation may be more important for nulliparous women as determinants of the EPT-associated change in percent MD. This is a potentially important observation considering that nulliparous women have greater breast cancer risk than parous women [63] and that identifying risk factors for nulliparous women is important. Breast tissue of nulliparous women may differ biologically from that of parous women and this may be associated with different gene expression patterns [63, 64]. Future investigations need to include a sufficient number of nulliparous women to attain adequate statistical power.

To our knowledge, this is the first investigation of growth factor pathway as genetic predictors of EPT-associated

changes in percent MD. Additional strengths include that MD of all mammograms was estimated by one experienced investigator using a validated method and each pair of the before- and after-quitting mammograms was assessed in the same batch. One limitation, which our group acknowledged previously [12], is that our study did not include a comparison group whose EPT use status did not change between two mammograms, such as those who continued to use EPT or who never used EPT. Thus, it is possible that the identified genetic predictors of EPT-associated change in percent MD might also be associated with natural decreases in percent MD due to aging. Additional limitation is that this study was conducted in non-Hispanic whites only. Future investigations in other race/ethnic groups are warranted especially for SNPs with higher MAFs in other race/ethnic groups such as African Americans. Our observations, if confirmed in larger studies that include a comparison group, will be clinically important since some women still use EPT for their menopausal symptoms, and if we can identify genetic predictors of the decrease in percent MD after quitting EPT, this information will help women and physicians to make informed decisions when they consider using EPT.

Conclusions

In this longitudinal study, polymorphisms in growth factor pathway genes *INHA* and *IGFBP1/3* were associated with changes in percent MD after women quit EPT. If confirmed in larger studies as well as in women starting EPT, our findings may help to identify a subgroup of women who will benefit from EPT with minimal increase in breast cancer risk and a subgroup of women who will be subject to a large increase in risk associated with EPT and thus should avoid starting EPT at all.

Additional files

Additional file 1: Table S1. Comparison of characteristics of women who were included in the analyses with characteristics of participants who were included in the longitudinal set (i.e. both on-EPT and off-EPT mammograms were available) but excluded from the analyses. (DOCX 14 kb)

Additional file 2: Table S2. Association between mammographic density change after quitting EPT use and SNPs in growth factor genes. (XLSX 47 kb)

Abbreviations

BI-RADS: Breast Imaging Reporting and Data System; BMI: Body mass index;; CEE: Conjugated equine estrogens; CTS: California Teachers Study; EPIC: European Prospective Investigation into Cancer and Nutrition; EPT: Estrogen and progestin combined therapy; MD: Mammographic density; PEPI: Postmenopausal Estrogen/Progestin Interventions; SNP: Single nucleotide polymorphism; WHI: Women's Health Initiative

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Availability of data and materials

The datasets generated and/or analyzed during the current study are not publicly available due to the restrictions in the consent but may be available from the corresponding author if approval from the Institutional Review Board is granted.

Authors' contributions

EL performed the statistical analysis and drafted the manuscript. JL participated in the data collection and cleaning, and manuscript preparation. FS participated in the statistical analysis and drafted the manuscript. LB participated in the design of the study and manuscript preparation. DVDB coordinated tagging SNP selection and performed the genotyping, and participated in data interpretation and manuscript preparation. AHW participated in the data interpretation and manuscript preparation. DOS participated in the data collection and cleaning, and manuscript revision. GU designed the study and was responsible for data and specimen collection, participated in the SNP selection, and supervised the analysis and manuscript preparation. All authors edited the manuscript and provided comments on the intellectual content, and have approved the final manuscript.

Ethics approval and consent to participate

The CTS mammographic density substudy was approved by the University of Southern California Institutional Review Board (HS-056027), and all participants provided written informed consent.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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