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Title

Cover Your Ears!

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Cover Your Ears!

for suspended cymbal on stand

2015

Chatori Shimizu

b. 1990

Instrumentation

Suspended cymbal (16 in.) ... x1

Duration

Presentation as Live Performance $\approx$ 10 min.

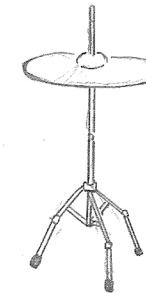
Presentation as Recorded Video $\approx$ 1 min.

Performance Notes

Cover Your Ears! was composed as site-specific music to be performed in any space within Prentis Hall, New York City (performances in other locations are also permitted). A minimum of two performers is required for this piece. During the live performance, all performers and audience members must wear earplugs or earmuffs to prevent hearing damage. Hearing protection for everyone in the space will be provided by the concert organizers. The performers are to hold a stick (dimensions specified on the right) in each hand and face each other. This piece can be realized as a live performance, however, the outcome of this work is to be realized as a video work with 10x increased speed.

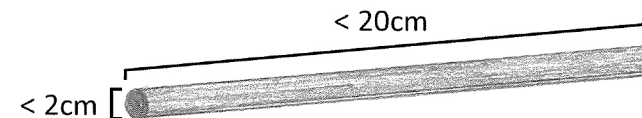
Setting the Cymbal

The suspended cymbal should be placed on a stand, adjusted to a height that is comfortable for the performers. The cymbal should not be secured with a wingnut, nor should any accessories, such as felts, be used. While a boom arm may be utilized, it is not required. Attaching a hi-hat pedal will enhance the stability of the stand.



Sticks

All sticks used in the performance must be of identical size and appearance. They should be made of wood, with a length not exceeding 20 cm and a diameter not exceeding 2 cm.



Performance Instructions

- I. You must be equipped with hearing protection and two sticks prior to the performance. Stand upright in a circle around the suspended cymbal on the stand. Face each other but avoid making eye contact with anyone throughout the duration of the piece.
- II. Inhale and exhale slowly five times in unison.
- III. Using both sticks, strike the cymbal with strong force and in accordance with the score. You are to count to 600 in your own head (600 seconds / 10 minutes) and stop upon reaching 600. Continue striking the cymbal for the entire duration of the piece, unless a life-threatening situation arises in or nearby the performance. No clocks, watches, or stopwatches are to be used to count time during the performance.

(a) **0 to 246 seconds:** Allow your mind to wander freely within the sea of noise.

(b) **246 to 600 seconds:** Focus on reaching a flow state and concentrate only on the numbers rising towards 600.

- IV. Once finished, stand upright and wait for other performers to end. Spend approximately 30 seconds slowing your breath simultaneously with the other performer(s).

Video Instructions

- I. Record a live performance featuring two or more performers striking the suspended cymbal on stand in accordance with the Performance Instructions (left). The video must be in color.
- II. Import the video into a video editing software and increase the playback speed by 10x.
- III. The final edited video constitutes the completed work. *Cover Your Ears!* may be presented as a video installation or streamed in performance spaces or on video streaming platforms.

- I. Stand around cymbal.
- II. Inhale and exhale five times.
- III. Count in head to 600.
(a) Allow mind to wander freely.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32

Two or More Performers



Suspended cymbal



33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73



74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 106 107 108 109 110 111 112 113 114



115 116 117 118 119 120 121 122 123 124 125 126 127 128 129 130 131 132 133 134 135 136 137 138 139 140 141 142 143 144 145 146 147 148 149 150 151 152 153 154 155



156 157 158 159 160 161 162 163 164 165 166 167 168 169 170 171 172 173 174 175 176 177 178 179 180 181 182 183 184 185 186 187 188 189 190 191 192 193 194 195 196



197 198 199 200 201 202 203 204 205 206 207 208 209 210 211 212 213 214 215 216 217 218 219 220 221 222 223 224 225 226 227 228 229 230 231 232 233 234 235 236 237



(b) Focus on reaching a flow state and
concentrate only on the numbers
rising towards 600.

238 239 240 241 242 243 244 245 246 247 248 249 250 251 252 253 254 255 256 257 258 259 260 261 262 263 264 265 266 267 268 269 270 271 272 273 274 275 276 277 278



279 280 281 282 283 284 285 286 287 288 289 290 291 292 293 294 295 296 297 298 299 300 301 302 303 304 305 306 307 308 309 310 311 312 313 314 315 316 317 318 319



320 321 322 323 324 325 326 327 328 329 330 331 332 333 334 335 336 337 338 339 340 341 342 343 344 345 346 347 348 349 350 351 352 353 354 355 356 357 358 359 360



361 362 363 364 365 366 367 368 369 370 371 372 373 374 375 376 377 378 379 380 381 382 383 384 385 386 387 388 389 390 391 392 393 394 395 396 397 398 399 400 401



402 403 404 405 406 407 408 409 410 411 412 413 414 415 416 417 418 419 420 421 422 423 424 425 426 427 428 429 430 431 432 433 434 435 436 437 438 439 440 441 442



443 444 445 446 447 448 449 450 451 452 453 454 455 456 457 458 459 460 461 462 463 464 465 466 467 468 469 470 471 472 473 474 475 476 477 478 479 480 481 482 483



484 485 486 487 488 489 490 491 492 493 494 495 496 497 498 499 500 501 502 503 504 505 506 507 508 509 510 511 512 513 514 515 516 517 518 519 520 521 522 523 524



525 526 527 528 529 530 531 532 533 534 535 536 537 538 539 540 541 542 543 544 545 546 547 548 549 550 551 552 553 554 555 556 557 558 559 560 561 562 563 564 565



IV. Slow down breathing

566 567 568 569 570 571 572 573 574 575 576 577 578 579 580 581 582 583 584 585 586 587 588 589 590 591 592 593 594 595 596 597 598 599 600



(freeze)