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Variation in Intraoperative and Postoperative Utilization for 3 Common General Surgery Procedures

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Objective: The aim of this study was to understand variation in intraoperative and postoperative utilization for common general surgery procedures.

Summary Background Data: Reducing surgical costs is paramount to the viability of hospitals.

Methods: Retrospective analysis of electronic health record data for 7762 operations from 2 health systems. Adult patients undergoing laparoscopic cholecystectomy, appendectomy, and inguinal/femoral hernia repair between November 1, 2013 and November 30, 2017 were reviewed for 3 utilization measures: intraoperative disposable supply costs, procedure time, and postoperative length of stay (LOS). Crossed hierarchical regression models were fit to understand case-mixed adjusted variation in utilization across surgeons and locations and to rank surgeons.

Results: The number of surgeons performing each type of operation ranged from 20 to 63. The variation explained by surgeons ranged from 8.9% to 38.2% for supply costs, from 15.1% to 54.6% for procedure time, and from 1.3% to 7.0% for postoperative LOS. The variation explained by location ranged from 12.1% to 26.3% for supply costs, from 0.2% to 2.5% for procedure time, and from 0.0% to 31.8% for postoperative LOS. There was a positive correlation ($\rho = 0.49$, $P = 0.03$) between surgeons' higher supply costs and longer procedure times for hernia repair, but there was no correlation between other utilization measures for hernia repair and no correlation between any of the utilization measures for laparoscopic appendectomy or cholecystectomy.

Conclusions: Surgeons are significant drivers of variation in surgical supply costs and procedure time, but much less so for postoperative LOS. Intraoperative and postoperative utilization profiles can be generated for individual surgeons and may be an important tool for reducing surgical costs.

Keywords: cost, economics, operating room, resource management, surgery, utilization

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In the era of value-based payments, understanding and reducing the cost of surgical care is paramount for hospitals to maintain financial viability.¹ The 3 most expensive components of a surgical patient's stay are room and board, time spent in the operating room (OR), and surgical supplies—together accounting for approximately 75% of the total cost to the hospital.² Understanding the variation in each of these components—including the primary drivers—will be useful to clinicians, administrators, and policymakers attempting to reduce surgical costs.

There is a growing body of literature focused on one component of surgical costs—*intraoperative disposable supplies*—including numerous efforts to reduce variation in supply use across surgeons. The success of these efforts has been modest.³ In part, this may reflect a “jumping of the gun,” as interventions cannot be appropriately designed without first understanding the primary drivers of variation. For example, if surgeons only explain a small percentage of the variation in supply costs, then efforts targeting surgeons will have limited effect. A handful of studies have attempted to understand variation in supply costs,^{4–13} but most have focused on a single operation at a single health system and have used limited methods for understanding variation. The inclusion of only one health system is especially limiting as institutional policies and practices may contribute substantially to cost variation. Furthermore, supply costs are only one part of the puzzle, and should be evaluated in the context of other major drivers such as length of stay (LOS) and procedure time.

In this study we report the results of a collaboration between 2 large health systems in Southern California to understand variation in the cost of common general surgery operations. We used regression methods to analyze the 3 main components of a surgical patients' stay: *intraoperative supply costs*, *procedure time*, and *postoperative LOS*—hereafter referred to as *utilization measures*. We addressed 3 questions: first, after adjusting for patient case mix, what proportion of variation in utilization measures is explained by the location of the operation and the surgeon? Second, can outlier surgeons be identified based on their utilization profiles? And third, what are the associations among utilization measures? (eg, Are higher supply costs associated with shorter postoperative stays?)

METHODS

Data Source, Sample, and Ethics Review

This retrospective review utilized data available in the electronic health records (EHRs) of 2 distinct academic health systems. Both systems use the Epic EHR. The bioinformatics infrastructure that allowed patient-level queries has previously been described for one of the health systems.¹⁴ We identified adult (aged 18 yrs or older) patients undergoing laparoscopic cholecystectomy, laparoscopic appendectomy, and laparoscopic inguinal/femoral hernia repair between November 1, 2013 and November 30, 2017. Using current procedural terminology (CPT) codes and booking slip information, we excluded cases where an additional procedure was coded except

those that represented a coding phenomenon (ie, when diagnostic laparoscopy was always coded in addition to laparoscopic cholecystectomy) or, for laparoscopic cholecystectomy, if a concurrent intraoperative cholangiogram (IOC) was coded. IOC was routinely performed at one institution but not the other and excluding these cases would artificially reduce the variation identified at the location level. Robotic cases were also excluded as relevant costs (ie, acquisition, maintenance, and instrument costs) were not sufficiently itemized.¹⁵ Finally, we limited our analysis to surgeons who performed the procedure ≥ 5 times during the study time period. Institutional review board approval was obtained at each health system before starting the research including a waiver of informed consent for patient chart review (IRB#16-001327, Pro00047831).

Utilization Measures

Following the terminology outlined by the Second Panel on Cost Effectiveness in Health and Medicine, the financial perspective of this analysis was that of the healthcare sector—and specifically that of the hospital.¹⁶ This analysis focused on the actual cost of a hospital delivering a service, an amount that is distinct from that paid by a third party payor (ie, patient, insurer).

Outcomes of interest included the hospital cost of intraoperative disposable supplies, procedure time, and postoperative LOS. A detailed review of assigning and analyzing intraoperative disposable supply costs was reported elsewhere.¹⁷ In brief, this outcome captured the cost of disposable supplies and implants used or wasted in the OR. This does not include reusable instruments or capital costs. Within each health system, a single price was assigned to each item over the study time period to account for price changes that occur when supplies are reordered or contracts are renegotiated. This adjustment prevented a surgeon for being penalized if they happen to operate the day after a price increase. Price information was not routinely provided to surgeons in this study. Procedure time is measured in minutes and represents skin-to-skin time. This is distinct from room time that may be influenced by factors outside of the surgeons' control, such as postanesthesia care unit holds. Postoperative LOS was measured in hours from when the patient left the OR to when the nurse closed the patient encounter (ie, when the patient left the room/facility). This is different from when the discharge order was signed. Extreme LOS outliers (> 10 d for cholecystectomy and appendectomy, > 2 d for hernia repair) were excluded because of their leverage exerted on regression coefficients and also because they were suspected to represent cases that substantially deviate from the norm which may unfairly penalize a surgeon.

Covariates

Covariates were included from 3 levels—location, surgeon, and patient.

The data set included operations performed at 6 locations within the 2 health systems—4 locations at UCLA [a main OR and an ambulatory surgery center (ASC) at each of the Ronald Reagan and Santa Monica sites] and 2 (a main OR and an ASC) at Cedars Sinai Medical Center (CSMC). We have previously demonstrated that supply costs vary between facilities and settings even within the same health system.¹⁷

Patient-level case mix variables included the following: patient age, body mass index (BMI), the American Association of Anesthesiologists physical status classification score (ASA), sex (male, female), race/ethnicity (Hispanic, non-Hispanic white, non-Hispanic black, non-Hispanic other), and Elixhauser comorbidity index. Race/ethnicity was included because of differences across the various locations as well as potential effects on outcomes because of differences in pathology (eg, gallbladder disease is more common among those of Hispanic ethnicity) and as a potential proxy for

socioeconomic status. The elixhauser comorbidity index was generated using ICD-10 codes abstracted from the patient encounter and the STATA command *Elixhauser*.¹⁸ For laparoscopic cholecystectomy, we further included a variable for indication [biliary colic/elective indications, biliary obstruction (ie, choledocholithiasis, pancreatitis), and acute cholecystitis] using ICD-10 codes.

Analysis

All statistical analyses were performed in STATA v15.1 using 2-sided tests and an alpha of 0.05. Multiple mixed-effects regression models were fit for each procedure and each utilization measure. All models included covariates as described above. Nonlinear relationships and collinearity were addressed through a combination of quadratic terms and de-meaning (or centering). To address our aims, models varied in their hierarchical structure as described below.

To estimate how much variation of each outcome was explained by the location and surgeon, we fit crossed random-effects models. Crossed refers to combinations existing across levels (locations, surgeons) instead of in hierarchies. An additive crossed-effects model and a crossed-effects model with random interaction were run to assess the need for a random intercept for each combination of surgeon and location. Intraclass correlations were calculated by dividing the variance of the random intercept at a given level (location, surgeon) by the sum of all variances across levels including the residual error. To provide context to the magnitude of the intraclass correlations, we also estimated the amount of variation explained by patient-level covariates. We compared a null model that included random effects for the surgeon and location only to a model that included random effects for the surgeon and location along with all patient-level covariates.

After calculating the proportion of variance at each level, we then focused on understanding variation at the surgeon level. We repeated our full model using location fixed effects instead of random effects. This simplified the model while also controlling for unmeasured facility-level factors (eg, institutional policies, purchasing contracts, nurse staffing) that may influence each outcome. Following estimation, best linear unbiased predictions of the surgeon random effects and standard errors were calculated. Estimates and 95% confidence intervals that were entirely above or below 0 represented “outlier” surgeons with risk-adjusted averages higher or lower than the overall average for that outcome (eg, LOS).

Most variables had complete or near-complete ($< 2\%$ missing) data; the only exception was BMI for appendectomy, which was missing in 5.5% of cases. Given the low rates of missingness, all analyses were therefore done on a complete case basis.

RESULTS

Sample Characteristics

The sample included 7762 operations, including 4089 laparoscopic cholecystectomies, 2489 laparoscopic appendectomies, and 1184 laparoscopic hernia repairs (Table 1). The number of surgeons performing each operation ranged from 20 for laparoscopic hernia repair to 63 for laparoscopic cholecystectomy.

Patient demographics and case mix factors varied across procedures as expected. For example, patients undergoing appendectomy were typically younger than those undergoing cholecystectomy and most hernia repairs were performed in males, whereas cholecystectomies were predominantly performed in females. For cholecystectomy, 50.5% (2043/4042, 47 missing) of operations were for elective indications, 39.2% (1583/4042) were for acute cholecystitis, and 10.3% (416/4042) were for biliary obstruction (ie, pancreatitis, choledocholithiasis).

TABLE 1. Descriptive Data

		Appendectomy	Cholecystectomy	Hernia Repair
Sample Size	Patients	2489	4089	1184
	Surgeons	50	63	20
Patient age, yrs		36 (27–50)	52 (37–67)	57 (45–66)
BMI		24.7 (22.1–28.2)	27.6 (24.1–32.1)	24.6 (22.8–27.0)
ASA score	1	1023 41.2%	562 13.8%	389 32.9%
	2	1214 48.8%	2255 55.2%	641 54.1%
	3	240 9.7%	1165 28.5%	154 13.0%
	4+	9 0.4%	100 2.4%	0 0.0%
Female		1199 48.2%	2589 63.3%	119 10.1%
Race/ethnicity	Non-Hispanic white	1520 61.4%	2067 50.9%	909 77.7%
	Non-Hispanic black	126 5.1%	353 8.7%	49 4.2%
	Non-Hispanic other	425 17.2%	577 14.2%	120 10.3%
	Hispanic	403 16.3%	1067 26.3%	92 7.9%
Elixhauser score	0	1675 67.3%	1722 42.4%	782 66.0%
	1	535 21.5%	1052 25.9%	296 25.0%
	2	167 6.7%	638 15.7%	80 6.8%
	3+	112 4.5%	677 16.7%	26 2.2%
Procedure minutes		54 (42–72)	83 (61–110)	75 (61–95)
Postoperative LOS, h		20.4 (14.0–33.2)	23.9 (8.5–46.1)	4.3 (2.5–12.6)

ASA, American Society of Anesthesiologists Physical Status; BMI, body mass index; LOS, length of stay.

All continuous data are presented as median (IQR).

<1% of data was missing for any variable except for 5.5% of operations were missing BMI for appendectomy; the few missing data points explain why variable samples do not always add to the total sample.

Variation in Utilization Measures Explained by Surgeon and Location

The variation of each utilization measure explained by the surgeon and location are illustrated in Figure 1. Full regression specifications are provided in Appendix 1, <http://links.lww.com/SLA/B763>. The variation explained by surgeon ranged across procedure types from 8.9% to 38.2% for supply cost, from 15.1% to 54.6% for procedure time, and from 1.3% to 7.0% for postoperative LOS. The variation explained by location ranged from 12.1% to 26.3% for supply cost, from 0.2% to 2.5% for procedure time, and from 0.0% to 31.8% for postoperative LOS.

For context, the amount of variation explained by observable patient-level covariates was generally <10% (Appendix 2, <http://links.lww.com/SLA/B763>). The only exception was for LOS for cholecystectomy, where patient-level covariates explained 28.8% of the residual variation.

Surgeon Profiles and Association Between Utilization Measures

Surgeon profiles for each procedure and each utilization measure are included in Figure 2 (appendectomy) and Appendices 3 and 4, <http://links.lww.com/SLA/B763> (cholecystectomy and hernia repair). Figure 2A ranks surgeons based on their risk-adjusted average supply cost, with green bars representing low outliers (ie, surgeons with average risk-adjusted supply costs significantly lower than the average) and red bars representing high outliers. The rank assigned to a surgeon in Figure 2A is maintained for Figures 2B, C to illustrate the relationship between utilization measures. For example, the far left surgeon in Figure 2A is a low outlier for supply costs, is neither a high or low outlier for procedure time, and is a high outlier for postoperative LOS. Conversely, the far right surgeon in Figure 2A is a high outlier for supply costs, and is neither a high or low outlier for procedure time or postoperative LOS.

The association between utilization measures for laparoscopic appendectomy is included in Figure 3. Each point represents a surgeon, with the *x*- and *y*-axis representing their average risk-

adjusted deviation for 2 of the utilization measures. Among 9 different comparisons (bivariate combinations of supply costs, procedure time, and postoperative LOS, for 3 different operations) only 1 was significant—a positive correlation ($\rho = 0.49$, $P = 0.03$) between higher supply costs and longer procedure times for hernia repair (Appendix 5, <http://links.lww.com/SLA/B763>). The remaining comparisons were not significant.

DISCUSSION

In this multihealth system evaluation of cost drivers for 3 common general surgery operations, surgeons accounted for a significant portion of variation in OR supply costs and procedure time, with a much smaller influence on postoperative LOS. Surgeons with outlier utilization for one component (eg, supply costs) were generally not outliers on other components, suggesting that increased utilization in one cost component does not “make up” for other components.

This analysis provides a number of insights for understanding ways to control surgical costs. First, location matters when evaluating supply costs. Not just the health system or the facility within a health system, but also the setting (ie, main OR vs ASC) in which a procedure is performed is associated with costs. Differences in supply costs between facilities and settings have been shown even when the same distributors and purchasing department are involved.¹⁷ For example, one location may use bundled packs, whereas the other locations require supplies to be assembled individually, preference cards can vary—even for the same surgeon—across settings, and certain items may be stocked (or simply more conveniently located) in one setting but not the other. Analyses that evaluate supply costs must stratify by facility and setting to create a complete picture.

Second, the surgeon “effect” on procedure time is as strong as, if not stronger than, the effect of surgeons on supply costs. The total cost of running an OR as of 2014 was \$37/min.¹⁹ The marginal cost—the value of adding or removing a minute of OR time—is likely smaller, with activity-based costing estimates around \$10/

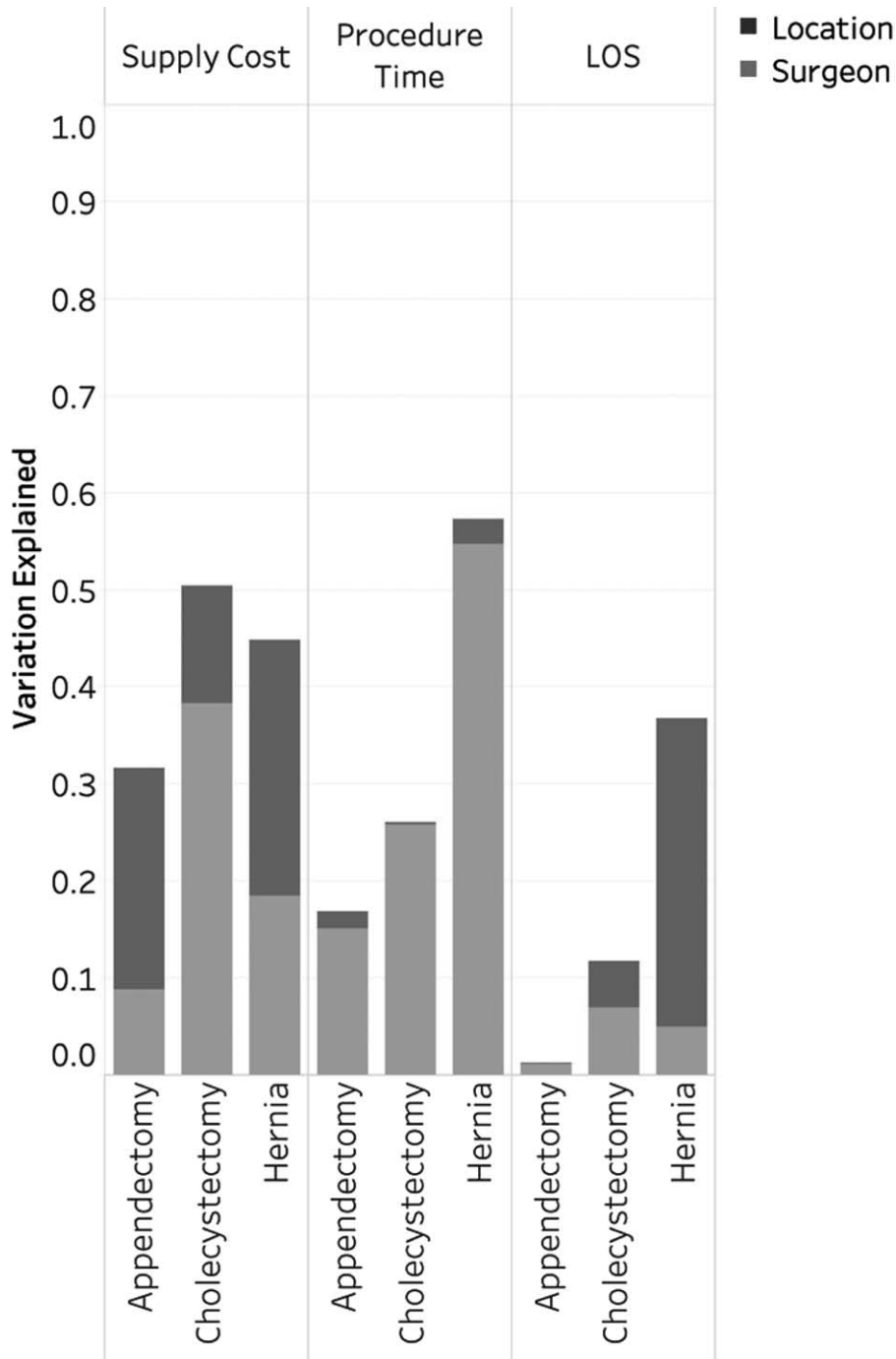


FIGURE 1. Variation in resource utilization explained by surgeon and location. LOS, length of stay; variation explained at each level (surgeon, location) was calculated as the variance of the random intercept for that level (surgeon, location) divided by the sum of variance for the surgeon, location, and residual, after patient case-mix adjustment.

min.²⁰ As a result, surgeons with procedure times within a couple minutes of average will likely have a negligible effect on costs, but some of the outliers in this study were more substantial. At the extremes, for appendectomy, one surgeon had risk-adjusted procedure times 23 minutes shorter than average ($n = 108$ operations), and another had procedure times 21 minutes longer than average ($n = 49$ operations). Bringing this second surgeon to the average would have

cumulatively saved 1029 minutes in OR time. This difference may have a real impact on hospital finances—not just the added labor costs, but also potentially loss of revenue from operations that could have been performed (ie, opportunity costs). There are certainly justifiable reasons for high outliers—such as the surgeon's learning curve or resident teaching—but these profiles can quickly identify surgeons that may require further investigation. Conversely, what

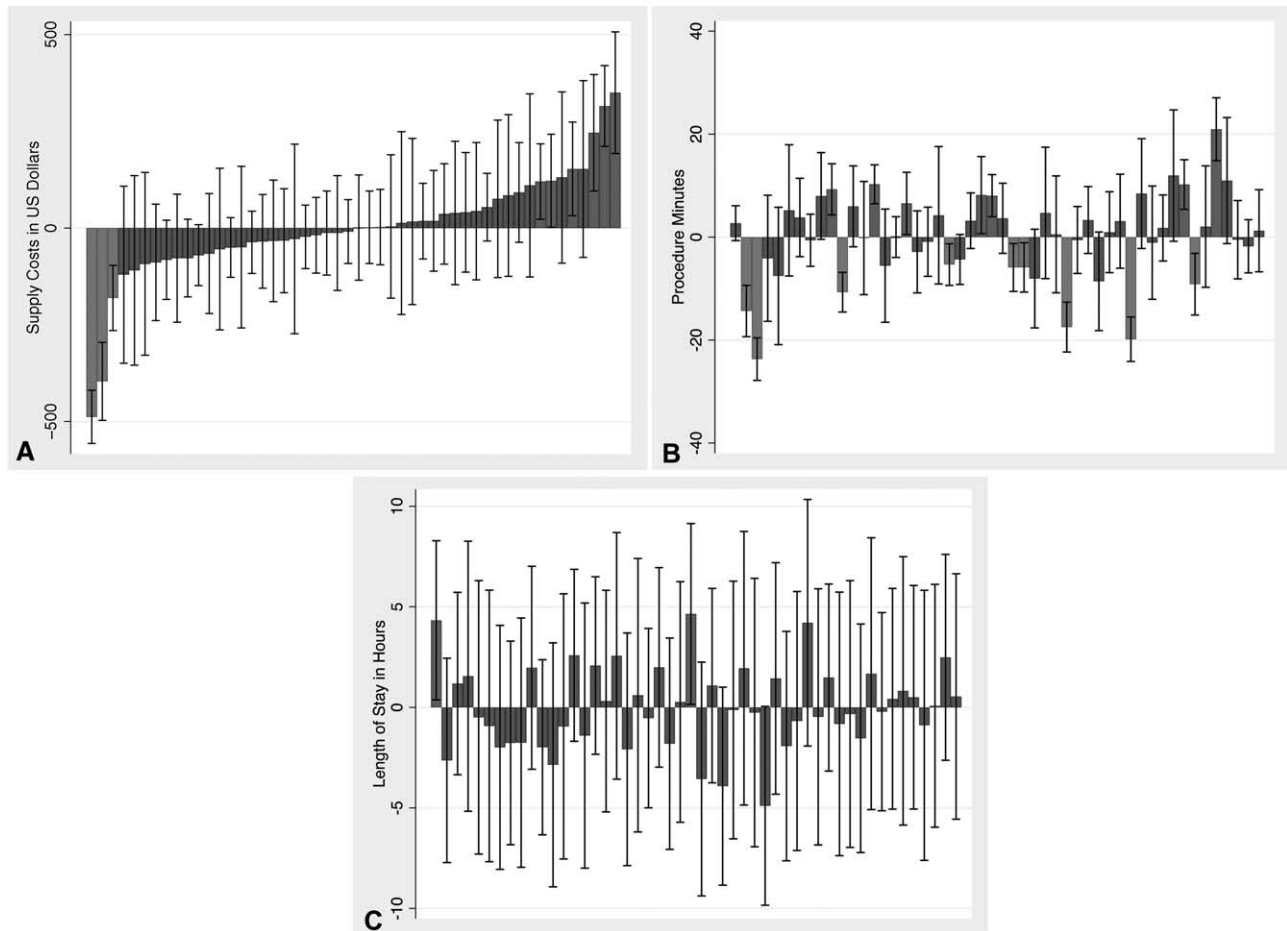


FIGURE 2. Surgeon utilization profiles for laparoscopic appendectomy. (A) Intraoperative disposable supply costs. (B) Procedure (skin-to-skin) time. (C) Postoperative length of stay. Green bars represent surgeons with point estimates and 95% confidence intervals that are below average (ie, better) for that utilization measure, blue represent utilization metrics that are neither above or below average because the 95% confidence interval crosses 0, and red bars represent metrics that are above average (ie, worse). Surgeons were rank ordered in panel (A) based on the magnitude of their deviation (ie, random intercept); these ranks were maintained in panels (B) and (C) to help demonstrate the association between outliers in one domain versus the others. For example, the first surgeon (far left) had mean risk-adjusted supply costs much lower than average (low outlier), procedure time that was not higher or lower than average, but postoperative length of stay that was a high outlier.

strategies or techniques does the low outlier surgeon employ to achieve such short operative times?

Third, targeting surgeons to reduce LOS is likely not a high-yield strategy for cost containment in these 3 common, but relatively simple, procedures. There was certainly variation in LOS, but this variation was randomly distributed across surgeons after controlling for patient case mix. Fundamentally, this suggests a different driving force. Although supplies and procedure time are inherently under the surgeon's control, postoperative stay may be more influenced by patient and disease characteristics than by a particular surgeon's management strategy. Further evidence for this is the relatively larger fraction of variance explained by patient factors for postoperative LOS compared with the other outcomes.

Fourth, providing surgeons with a utilization profile across all 3 measures simultaneously may be a much more powerful tool to motivate change behavior than looking at one in isolation. A number

of commercial software systems have come to market profiling surgeons on supply costs alone. Indeed, when we started this collaboration, surgical supplies were our focus, but surgeons quickly noted that supply costs may be inextricably linked to other utilization measures such as procedure time and LOS. This analysis shows that, in general, this is not true—being a high outlier in one domain does not portend a low outlier in another—and also provides a graphical way of illustrating this. Surgeons may be more amenable to change if they see that they are a high outlier of supply utilization and yet do not “compensate” for this utilization in other areas.

Fifth, and finally, using procedure time and LOS—rather than estimating a cost for these utilization measures—may be more accurate and approachable for clinicians. Commercial software systems can generate a total “cost” for a patient's stay and can identify surgeons that have overall costs higher than others. However, the validity of these costs is only as good as the underlying accounting methodology. Many of these systems rely on cost-to-charge ratios

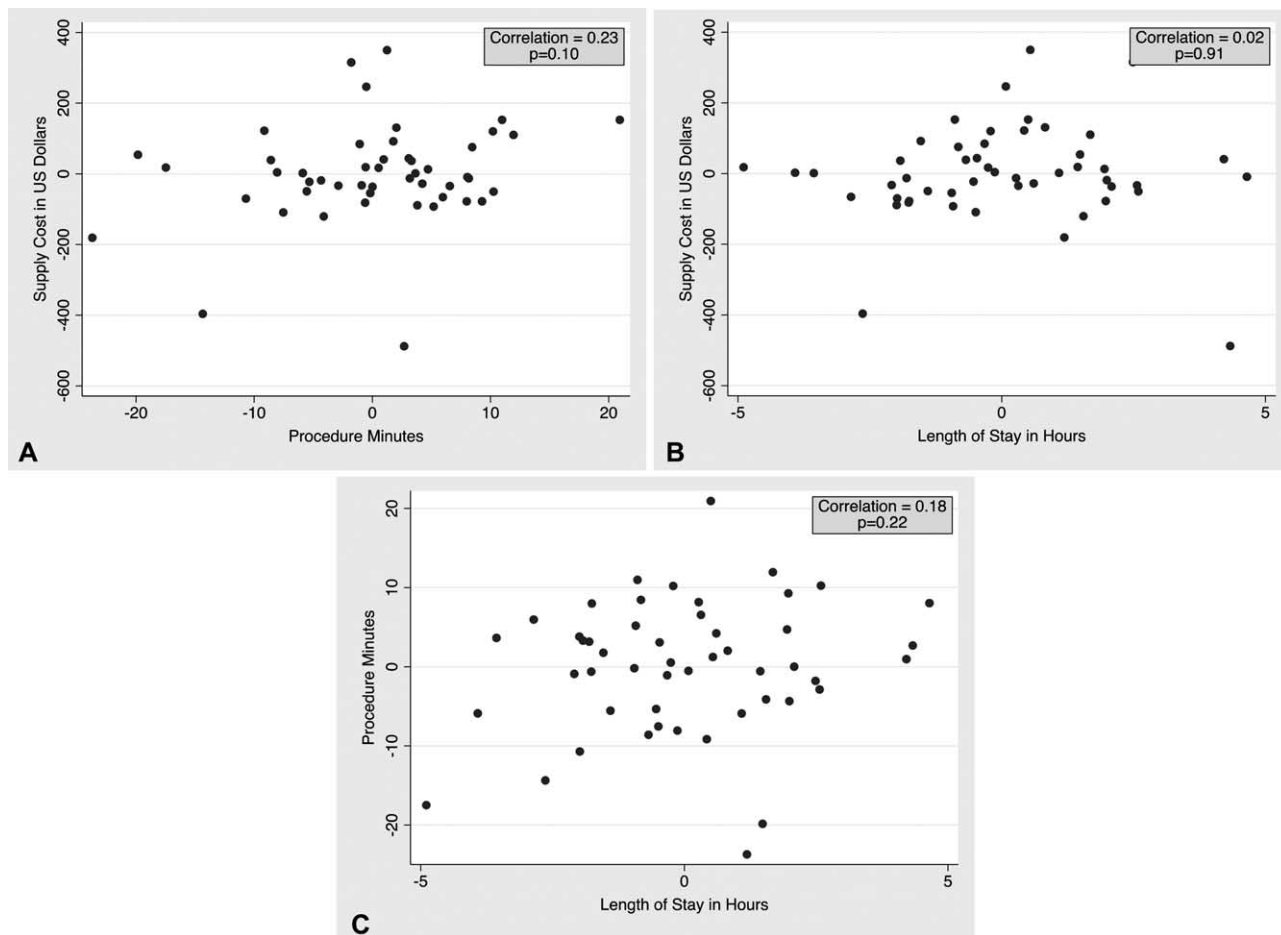


FIGURE 3. Scatter plots comparing surgeon-level deviations in supply costs, procedure time, and postoperative length of stay for laparoscopic appendectomy. (A) Supply cost versus procedure time. (B) Supply cost versus length of stay. (C) Procedure time versus length of stay.

or other blunt accounting methods that may produce inaccurate estimates for surgical patients.²¹ Procedure time and LOS are measures that are in units the clinician can easily appreciate, are valid, and can be weighed against each other based on finances that are specific to that institution and that procedure.

This study has a number of limitations. First, although this is the first study to evaluate intraoperative and postoperative utilization at more than one health system, we were still limited to 2 organizations in southern California and 3 different procedures. The variation at each level will undoubtedly vary by institution, specialty, and procedure. Second, the risk-adjustment variables available to us were limited, relying largely on ICD-10 codes. If a clinical registry, such as NSQIP, would add disposable supply costs, it is likely these utilization profiles could be generated across hospitals and surgeons using more robust risk-adjustment methods. Third, our analysis was limited to common laparoscopic operations with short postoperative stays that may have limited our ability to detect differences in this utilization measure across surgeons. Lastly, we only had information for the inpatient stay. Readmissions are an important driver of cost in many surgical procedures, but they are also quite rare and detecting differences across surgeons would require large surgeon-specific samples which may not be possible.

CONCLUSION

Surgeons are significant drivers of variation in surgical supplies and OR time, and much less so for postoperative LOS. Intraoperative and postoperative utilization profiles can be generated for individual surgeons and are important tools for those interested in reducing surgical costs.

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