

Lightweight Porous Polystyrene with High Thermal Conductivity by Constructing 3D Interconnected Network of Boron Nitride Nanosheets

Wenyong Zhou, Yong Zhang, Jianjun Wang, He Li, Wenhan Xu, Bo Li, Long-Qing Chen, and Qing Wang
ACS Appl. Mater. Interfaces, **Just Accepted Manuscript** • DOI: 10.1021/acsami.0c11543 • Publication Date (Web): 17 Sep 2020

Downloaded from pubs.acs.org on September 21, 2020

Just Accepted

“Just Accepted” manuscripts have been peer-reviewed and accepted for publication. They are posted online prior to technical editing, formatting for publication and author proofing. The American Chemical Society provides “Just Accepted” as a service to the research community to expedite the dissemination of scientific material as soon as possible after acceptance. “Just Accepted” manuscripts appear in full in PDF format accompanied by an HTML abstract. “Just Accepted” manuscripts have been fully peer reviewed, but should not be considered the official version of record. They are citable by the Digital Object Identifier (DOI®). “Just Accepted” is an optional service offered to authors. Therefore, the “Just Accepted” Web site may not include all articles that will be published in the journal. After a manuscript is technically edited and formatted, it will be removed from the “Just Accepted” Web site and published as an ASAP article. Note that technical editing may introduce minor changes to the manuscript text and/or graphics which could affect content, and all legal disclaimers and ethical guidelines that apply to the journal pertain. ACS cannot be held responsible for errors or consequences arising from the use of information contained in these “Just Accepted” manuscripts.

Lightweight Porous Polystyrene with High Thermal Conductivity by Constructing 3D Interconnected Network of Boron Nitride Nanosheets

Wenyong Zhou^{a,b,c}, Yong Zhang^a, Jianjun Wang^a, He Li^a, Wenhan Xu^a,
Bo Li^d, Longqing Chen^a, Qing Wang^{a*}

^aDepartment of Materials Science and Engineering, Pennsylvania State University, University Park, Pennsylvania 16802,
United States

^bSchool of Chemistry and Chemical Engineering, Xi'an University of Science & Technology, Xi'an, 710054, China

^cKey Laboratory of Engineering Dielectrics and Its Application, Ministry of Education, Harbin University of Science
and Technology, Harbin, 150080, China

^dPoly K Technologies Co., State College, Pennsylvania 16803, United States

ABSTRACT: A composite foam consisting of foamed cross-linking polystyrene (*c*-PS) and boron nitride nanosheets (BNNSs) was synthesized, which shows a higher thermal conductivity (TC) than the corresponding solid counterparts. The BNNSs fillers are found to be aligned along the cell wall as a result of the biaxial stress field from cell expansion during the formation of 3-dimensional interconnectivity in the foams, resulting in an enhanced TC of 1.28 W/m K, near 2 and 4 times those of its solid counterpart and pure *c*-PS, respectively. It is found that the foaming-assisted formation of the filler network is an efficient strategy to improve the TC at low filler loadings in the composites. Furthermore, the composite foams exhibit low-density, rather low dielectric constants and dissipation factors at wide frequency and temperature ranges. The present work provides a novel approach to designing and preparing lightweight heat conductive polymers with low filler loadings as low-density heat management materials for potential applications in aeronautics and aerospace components.

Keywords: Thermal conductivity, Polymer composites, Porous structure, Boron nitride nanosheets,
Dielectric properties

1. INTRODUCTION

The rapid development of electronics and optoelectronics such as high-power microelectronic packaging devices, LED (light emitting diode) lighting and chip encapsulation toward high speed and high-performance has demands placed on heat removal.¹⁻³ Therefore, the effective thermal management is critically important to ensure system performance and reliability, and enhance lifetime and accuracy.⁴⁻⁶ Compared to traditional thermally conductive materials such as metal, carbon and ceramics materials, polymers have poor thermal conductivity (TC, ranging from 0.1~0.3 W/m K) because of random structures and twisting chains. However, polymers, due to their various advantages including low cost, lightweight, and easy processability, are becoming increasingly popular in heat-intensive applications such as LED housing, cell phone casing, electronic chip encapsulation, and high-power electric motor where heat accumulation can have deleterious effects.²⁻⁴ These applications, along with emerging technologies such as flexible or wearable electronics, for which the requirements on mechanical flexibility and lightweight cannot be met by most conventional thermal management materials, put strong technological incentives on developing heat conductive polymers to avoid overheat in encapsulated chips or microelectronic packaging devices working under high frequencies or high voltages.⁷⁻¹²

Aligning the polymer chains represents an approach to achieving high TC in polymers. However, this approach requires certain fabrication techniques, such as electrospinning, nanoscale templating, mechanical stretching,¹³⁻¹⁷ and the TC in these aligned polymers are only limited to the direction of chain orientation. It is quite challenging to take advantage of a single polymer chain in bulk structure to obtain high intrinsic TC polymers. Blending with high TC fillers is the most commonly used approach to enhancing TC of polymers, which can yield the values of TC ranging

1
2
3 from 1 to 10 W/m K.¹⁸⁻²⁴ However, the large amount of fillers (≥ 65 wt% fillers such as AlN, Si₃N₄,
4
5 Al₂O₃, BN or SiC) required to achieve appreciable enhancement in TC not only significantly
6
7 increases the material weight and cost but also leads to undesired electrical, mechanical, and optical
8
9 properties, or loss of the easy processability generally associated with polymers.²⁰⁻²³ Therefore, it is
10
11 essential to develop new design and fabrication strategies of heat conductive polymer composites
12
13 loaded with minimum filler contents.
14
15
16

17
18 When the TC ratio of the filler to the polymer exceeds 1000, further increasing the TC of filler
19
20 has negligible effect on the effective TC of the composites.²⁴ Therefore, the inclusion of CNT
21
22 (carbon nanotube) or graphene flake with extremely high TC in polymers failed to remarkably
23
24 increase the TC of the polymers owing to the large thermal interfacial resistance resulting from the
25
26 significant phonon scattering at the interfaces^[25-28] due to the unpaired phonon frequency.^{6, 9, 10, 12,}
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
66
67
68
69
70
71
72
73
74
75
76
77
78
79
80
81
82
83
84
85
86
87
88
89
90
91
92
93
94
95
96
97
98
99
100
101
102
103
104
105
106
107
108
109
110
111
112
113
114
115
116
117
118
119
120
121
122
123
124
125
126
127
128
129
130
131
132
133
134
135
136
137
138
139
140
141
142
143
144
145
146
147
148
149
150
151
152
153
154
155
156
157
158
159
160
161
162
163
164
165
166
167
168
169
170
171
172
173
174
175
176
177
178
179
180
181
182
183
184
185
186
187
188
189
190
191
192
193
194
195
196
197
198
199
200
201
202
203
204
205
206
207
208
209
210
211
212
213
214
215
216
217
218
219
220
221
222
223
224
225
226
227
228
229
230
231
232
233
234
235
236
237
238
239
240
241
242
243
244
245
246
247
248
249
250
251
252
253
254
255
256
257
258
259
260
261
262
263
264
265
266
267
268
269
270
271
272
273
274
275
276
277
278
279
280
281
282
283
284
285
286
287
288
289
290
291
292
293
294
295
296
297
298
299
300
301
302
303
304
305
306
307
308
309
310
311
312
313
314
315
316
317
318
319
320
321
322
323
324
325
326
327
328
329
330
331
332
333
334
335
336
337
338
339
340
341
342
343
344
345
346
347
348
349
350
351
352
353
354
355
356
357
358
359
360
361
362
363
364
365
366
367
368
369
370
371
372
373
374
375
376
377
378
379
380
381
382
383
384
385
386
387
388
389
390
391
392
393
394
395
396
397
398
399
400
401
402
403
404
405
406
407
408
409
410
411
412
413
414
415
416
417
418
419
420
421
422
423
424
425
426
427
428
429
430
431
432
433
434
435
436
437
438
439
440
441
442
443
444
445
446
447
448
449
450
451
452
453
454
455
456
457
458
459
460
461
462
463
464
465
466
467
468
469
470
471
472
473
474
475
476
477
478
479
480
481
482
483
484
485
486
487
488
489
490
491
492
493
494
495
496
497
498
499
500
501
502
503
504
505
506
507
508
509
510
511
512
513
514
515
516
517
518
519
520
521
522
523
524
525
526
527
528
529
530
531
532
533
534
535
536
537
538
539
540
541
542
543
544
545
546
547
548
549
550
551
552
553
554
555
556
557
558
559
560
561
562
563
564
565
566
567
568
569
570
571
572
573
574
575
576
577
578
579
580
581
582
583
584
585
586
587
588
589
590
591
592
593
594
595
596
597
598
599
600
601
602
603
604
605
606
607
608
609
610
611
612
613
614
615
616
617
618
619
620
621
622
623
624
625
626
627
628
629
630
631
632
633
634
635
636
637
638
639
640
641
642
643
644
645
646
647
648
649
650
651
652
653
654
655
656
657
658
659
660
661
662
663
664
665
666
667
668
669
670
671
672
673
674
675
676
677
678
679
680
681
682
683
684
685
686
687
688
689
690
691
692
693
694
695
696
697
698
699
700
701
702
703
704
705
706
707
708
709
710
711
712
713
714
715
716
717
718
719
720
721
722
723
724
725
726
727
728
729
730
731
732
733
734
735
736
737
738
739
740
741
742
743
744
745
746
747
748
749
750
751
752
753
754
755
756
757
758
759
760
761
762
763
764
765
766
767
768
769
770
771
772
773
774
775
776
777
778
779
780
781
782
783
784
785
786
787
788
789
790
791
792
793
794
795
796
797
798
799
800
801
802
803
804
805
806
807
808
809
810
811
812
813
814
815
816
817
818
819
820
821
822
823
824
825
826
827
828
829
830
831
832
833
834
835
836
837
838
839
840
841
842
843
844
845
846
847
848
849
850
851
852
853
854
855
856
857
858
859
860
861
862
863
864
865
866
867
868
869
870
871
872
873
874
875
876
877
878
879
880
881
882
883
884
885
886
887
888
889
890
891
892
893
894
895
896
897
898
899
900
901
902
903
904
905
906
907
908
909
910
911
912
913
914
915
916
917
918
919
920
921
922
923
924
925
926
927
928
929
930
931
932
933
934
935
936
937
938
939
940
941
942
943
944
945
946
947
948
949
950
951
952
953
954
955
956
957
958
959
960
961
962
963
964
965
966
967
968
969
970
971
972
973
974
975
976
977
978
979
980
981
982
983
984
985
986
987
988
989
990
991
992
993
994
995
996
997
998
999
1000

Up to now, extensive investigations on the preparation of heat conductive composites have been carried out on solid polymer matrix.^{1, 5, 18-32} The porous polymers with low densities and reduced weights, although they are promising for applications that are sensitive to weights such as aeronautics and astronautics, have received much less attention due to their extremely low TC as a result of introduced air (i.e. 0.024 W/m K). Herein, we report the preparation and characterization of the porous polymer composites with high TC and low mass density when compared to their solid counterparts.

It was reported that foaming-induced biaxial flow could align filler particles along the cell

1
2
3 boundary and enhance the formation of 3D network of fillers in polymer and therefore result in the
4
5 improvement in the mechanical, electrical and/or thermal properties of materials and simultaneous
6
7 suppression of the cell rupture.^{31, 50-52} For filled polymer foams, on the one hand, TC will decrease
8
9 due to the introduction of air in matrix. On the other hand, the foaming-induced filler alignment
10
11 around expanding bubbles will enhance the formation of 3D filler networks, thereby leading to
12
13 rapid increase in TC. Therefore, the final TC depends on these two competing effects. Thus, foamed
14
15 polymers with enhanced TC could be achieved at optimal volume expansion (VE) percentage and
16
17 filler content. In this work, the boron nitride nanosheets (BNNSs)/cross-linked polystyrene (*c*-PS)
18
19 composites were prepared and foamed by using purified water as a foaming agent at a certain
20
21 temperature in confined space. The effects of filler loading, particle size and distribution, and VE
22
23 percentage on TC and dielectric properties of composites have been investigated. The obtained
24
25 structure-to-property relationships would provide guidelines to develop ultralow density polymers
26
27 with enhanced TC.⁵²

2. EXPERIMENT SECTION

2.1. Materials

41 Preparation of BNNSs: Typically, 8 g h-BN powders (Sigma-Aldrich) were dispersed in 400 ml
42
43 Dimethylformamide (DMF) (Sigma-Aldrich) under vigorous stirring. The mixture was then
44
45 subjected to a 96 h tip-type sonication (175 W, 500 W×30%). The resultant mixture was first
46
47 centrifuged at 3500 rpm for 15 minutes, and the supernatant was collected. This step purified the
48
49 mixture from unexfoliated h-BN powders. Then, the supernatant was subjected to a 30-minutes
50
51 centrifugation at 10000 rpm to precipitate BNNSs. After vacuum drying overnight at 80 °C, BNNSs
52
53 were obtained.
54
55
56
57
58
59

2.2. Preparations of BNNSs/*c*-PS foam

1
2
3 Preparation of BNNS/c-PS foam: a 20 ml slender glass bottle was loaded with 0.82 g purified
4
5 styrene (Sigma-Aldrich, 99%), 0.0082 g 2, 2'-azobis(2-methylpropionitrile) (Sigma-Aldrich, 99%),
6
7 0.21 g divinylbenzene (Aldrich, 80%) purified with 0.2 M NaOH (Sigma-Aldrich), 0.037 g span-80
8
9 (Sigma-Aldrich), and a stir bar. The contents were then mixed for about 30 minutes on a stir plate.
10
11 After that, different content of purified water was added to the mixture dropwisely with stirring.
12
13 The final mixture was stirred on a stir plate for 1 h. Next, various loading of BNNSs nanoparticles
14
15 was added to the solution, then the mixture was ultrasoniced for 30 min, and then stirred for 24 h.
16
17 The contents were sealed and placed into an oven at 60 °C for 24 h to finish the styrene'
18
19 polymerization and crosslinking reactions. The bottle was then broken to remove the foamed
20
21 sample, and it was then placed in the same oven for another 48 h until dry. The same procedures
22
23 were applied to fabricate both solid and foamed composites to ensure all samples experiencing the
24
25 same thermal history. For solid samples, no water was used in the mixture. The preparation
26
27 procedures of the composite foams is illustrated in **Figure 1**.

28
29
30
31
32
33
34
35
36 The VE percentage of a foam is defined in Equation (1):

$$37 \quad VE\% = \left(\frac{V_{foam} - V_{solid}}{V_{solid}} \right) \times 100\% \quad (1)$$

38
39
40
41
42 where, V_{foam} is the volume of polymer foams, and V_{solid} is the volume of solid samples.

43
44
45 In this work, the V_{foam} is closely related with the water loading, i.e., it increases with the
46
47 content of water. Thus, a desired VE value can be obtained through calculating and controlling the
48
49 water loading in the sealed bottle. Since the VE percentage of the composite foam is sensitive to the
50
51 composition of the water, so, TC of the composites can be effectively tuned by adjusting the water
52
53 concentration.

54 55 56 57 58 **2.3 Characterization**

1
2
3 A scanning electron microscope (SEM, JEM-7000F, JEOL, Japan) and a field emission
4 scanning electron microscope (FESEM, JEM-6700F, JEOL, Japan) were used to observe the
5 microstructures in the composite samples. All samples were broken and the fractured surfaces were
6 sputtered with a thin layer of gold to prevent charge accumulation prior to observation. A TCi Hot
7 Disk thermal analyzer (C-Thermal, Canada) was used to measure TC of the samples using the
8 modulated transient plane source method, which is based on a transient technique.
9
10
11
12
13
14
15
16
17

18 The temperature of the composites was recorded by an infrared thermograph (Fotric 220,
19 China). The dielectric constant and loss were measured using an Agilent LCR meter (E4980A).
20 Silver electrodes of a diameter of 20 mm were pasted on both sides of the samples (~3 mm) for all
21 the electrical measurements. The temperature dependences of the dielectric constant and dissipation
22 factor were analyzed with the frequency ranging from 10^2 Hz to 10^6 Hz and over a broad
23 temperature range 25-180 °C with a Hewlett Packard 4284LCR meter using a 2 V bias in
24 conjunction with a Delta Design oven model 2300 equipped with liquid nitrogen cooling system.
25
26
27
28
29
30
31
32
33
34
35

36 **3. Results and discussion**

37 **3.1 Effects of filler loading and VE on thermal conductivity.**

38
39
40
41 **Figure 2a** presents the effect of BNNSs loading on TCs of the solid and foamed polymer
42 composites with a VE of 45% and 92%, respectively. TC increases with the filler loading ranging
43 from 0 to 30 wt% for the solid and foamed composites. At low filler loadings, the amount of
44 BNNSs is not sufficient to establish a heat conductive network in the matrix. Thus, TC increases
45 rather slowly owing to enormous thermal interfacial resistance resulting from phonon scattering at
46 the interfaces, which is detrimental to heat conduction.¹ With further increase of the filler content,
47 BNNSs are able to form an interconnected network in the matrix. Consequently, the corresponding
48 TC increases rapidly at high filler loadings, i.e., 30 wt%. At low filler loadings, TC of the foamed
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 polymer composites is obviously lower than that of solid counterparts because of the introduction of
4
5 air voids with ultralow TC into the matrix. With increasing filler content, the TC of foamed polymer
6
7 composites begin to approach and exceed that of solid samples. For example, at 30 wt% filler
8
9 loading, the maximum TC of the foamed polymer composites reach 1.28 W/m K, vs. 0.65 W/m K
10
11 of the solid composites with the same filler loading. A more than 97% enhancement in TC of the
12
13 foamed sample is apparently attributed to the formation of interconnected network of BNNSs in the
14
15 matrix.⁴⁻⁹

16
17
18
19
20
21 **Figure 2b** indicates that the VE has prominent influence on TC of the composites. The three
22
23 samples with various filler loadings exhibit similar behaviors in TC, i.e., TC first decreases, and
24
25 then increases to the maximum value with VE before it continues to decrease to a very low value.
26
27 For example, at 30 wt% BNNSs loading, and a VE of 45%, the highest TC of 1.28 W/m K is
28
29 obtained.. Our results suggest that the TC of the foamed composites mainly depends on the filler
30
31 loading and VE, and can exceed that of its solid counterpart at certain conditions. Thus, TC of the
32
33 foamed composites can be effectively tuned by controlling VE when the filler loading is greater
34
35 than the critical content.
36
37
38
39
40

41
42 **Figure S1** (supporting information) describes the dependence of TC of the foamed composites
43
44 on the VE and filler loading. For the solid BNNSs/*c*-PS at a relatively low filler loadings, i.e., 30
45
46 wt%, the particles were randomly dispersed in the matrix, and no interconnected network of fillers
47
48 for heat flow could be established in the matrix. Phonon propagations are significantly hindered and
49
50 suppressed because of phonon scattering at the interfacial boundary between the filler and the
51
52 matrix, thereby leading to low TC.^{1, 43-47} For the foamed polymer composites, apparently, due to the
53
54 biaxial flow of materials during the foaming process, the BNNSs probably either turn their face
55
56 fixed face orientation, or are aligned along the flow direction of materials, i.e., along the cell
57
58
59
60

1
2
3 boundary. Therefore, the preferential orientation of BNNS platelets along the cell wall of expanded
4
5 void cell would promote the interconnectivity of BNNSs, leading to a favorable impact on TC of
6
7 the composites owing to the established 3D pathways for phonons transfer.^{39, 53} Compared with the
8
9 solid samples, under the same filler loading, it is the presence of foaming-induced filler alignment
10
11 that promotes the formation of 3D heat conductive network of BNNSs in *c*-PS,⁵⁴ which significantly
12
13 reduces the thermal interfacial resistance, and builds up the highway for phonon propagation across
14
15 the composites, also illustrated schematically in **Figure 2c**. Therefore, TCs of the foamed polymer
16
17 composites at moderate VE values are much higher than those of their solid counterparts.
18
19
20
21
22

23
24 As evidenced in **Figure 2(a-b)** and **Figure S1**, the foaming-induced biaxial stress field
25
26 increases with bubble expansion, thereby resulting in a higher degree of filler alignment along the
27
28 cell wall to establish a thermally conductive network. However, at a low VE, the filler particles are
29
30 too isolated to form interconnected networks for phonon propagation, thus resulting in high thermal
31
32 interfacial resistance in the composites. Moreover, the introduction of thermal insulating air (i.e.
33
34 0.024 W/m K) further significantly reduces the TC of the foamed composites compared with their
35
36 solid counterparts. As the VE increases, the foaming-induced alignment of BNNSs in the *c*-PS
37
38 matrix along the cell wall results in a higher probability of filler networking.⁵⁵⁻⁵⁷ Once the cell
39
40 expansion reaches the critical level, i.e., most filler particles become preferentially aligned around
41
42 the expanded cell wall, the TC reaches the maximum value (as seen in **Figure 2c**). With further
43
44 increasing VE, excessive volume expansion would disrupt the interconnected thermally conductive
45
46 network of the fillers that are already established, resulting in a high thermal interfacial resistance in
47
48 the composites. The introduction of a large amount of thermal insulating voids into the matrix
49
50 becomes the predominant adverse factor on the TC of the foam.³¹
51
52
53
54
55
56
57
58
59

60 Similarly, at a moderate VE and a low filler loading, the filler particles are unable to form

1
2 interconnected networks because of the insufficient amount of filler. Thus, the phonon scattering at
3
4 the interface are prominent and remarkably suppresses the phonon transfer and shorten the phonon
5
6 mean free path, resulting in depressed heat conduction.³⁵⁻³⁹ Therefore, the different impacts of VE
7
8 on the TC of the foamed composites indicates that cell expansion-induced effect is more significant
9
10 in the composite foams with relatively low VE values. The mound-shape TC-VE relationship from
11
12 **Figure 2b** reveals that there are two or more competing factors governing the TC of the composite
13
14 foams. Overall, the positive effects of foaming on the TC of the foamed polymer include: 1)
15
16 foaming-assisted filler alignment along the cell walls, and 2) localization of BNNSs in the solid
17
18 phase of the foam *c*-PS. The negative influences of foaming on the TC includes: 1) the introduction
19
20 of thermally insulating voids in the matrix, and 2) the disruption of filler network between adjacent
21
22 cells.^{31, 35,47, 52}
23
24
25
26
27
28
29

30
31 **Figure S2** (supporting information) summarizes the TCs of the composites filled with BNNSs
32
33 with different sizes (lateral size of 1 μm and 0.5 μm , respectively). In **Figure S2a**, the particle size
34
35 shows negligible influence on the TC of the composite foam at low filler loadings because the
36
37 population density of BNNSs is not sufficient to form interconnected networks for heat flow.
38
39 Therefore, the TC depends more significantly on the filler concentration. The composites with a
40
41 smaller BNNSs demonstrates more pronounced enhancement in the TC compared to those with a
42
43 larger filler.¹ This is because the smaller particles with a higher specific surface area would have a
44
45 higher efficiency to form robust and stable heat conductive pathways/networks at higher filler
46
47 loadings in the matrix.^{3,5} As shown in **Figure S2b**, only at moderate VE values, the composites with
48
49 smaller particles increases more quickly with filler loading.^{22-26, 31} However, at low and high VE
50
51 values, the particle size has negligible influence on the TC of the composites because there is no
52
53 network formed at these stages. Therefore, the filler size could influence the TC only when an
54
55
56
57
58
59
60

interconnected network of the particles is formed in the composites.

3.2 Effective filler loading

Effective filler loading in the foamed polymers can be determined by the equation:³¹

$$V_e = \frac{V_f(V_{solid} + V_{void})}{V_{void}} \times 100\% \quad (2)$$

where, V_e is the effective filler loading, V_f is the volume fraction of filler in the composites, V_{solid} is the volume of the solid phase in the foamed composites, and V_{void} is the total volume of all voids in the foamed composites.

According to Equation 2, the effective filler loadings for different systems are plotted in **Figure 2d**, which presents the effect of VE on the effective filler loading in solid phase. With the increase of VE, the effective filler loading exhibits a linear increase, which could result in a higher probability of filler networking, thereby enhancing the TC of the foamed composites. For instance, a 45% VE of *c*-PS foam with 15.8 vol% BNNSs results in an effective BNNSs concentration of 18.7 vol%. The localization of BNNSs in the *c*-PS matrix would result in a higher probability of filler networking, thereby improving the TC of the composite foams.

It is well known that the TC is closely related with the microstructure of foamed composites. Apart from the VE, the cell size has a prominent effect on composites' microstructure, thereby influencing the TC and other physical properties. **Figure S3** (supporting information) presents the TC dependence on cell size for the composites at various filler loadings and VE values. **Figure S3a** depicts the TC of *c*-PS with 20 wt% and 30 wt% BNNSs and controlled VE against cell size. TC is seen to first increase to a maximum value, then decrease with further increasing VE, and the maximum TC is obtained at a moderate VE for different systems. TC can be enhanced by a moderate amount of cell size growth, while, high VE, i.e., excessive cell expansion, will bring about

1
2 suppressed TC. For 30 wt% BNNSs/c-PS, the top TC is observed to shift towards higher VE, and
3
4 the best cell size for the three foamed composites with a VE of 22%, 45% and 92%, are 6 μ m, 8 μ m
5
6 and 18 μ m, respectively. Similiarly, the 20 wt% BNNSs/c-PS exhibit similar TC trend with cell size
7
8 distribution. At low VE value cell size has important effect on TC of composites, whereas, TC is
9
10 insensitive to the variant of cell size at high VE.^{1, 31} As the cell size further increases, both excess
11
12 foam expansion and cell size growth would disrupt the formed filler interconnectivity among the
13
14 cell walls, thereby reducing the TC owing to the introduction of large volume of thermally
15
16 insulating. So, the different in sensitivity of TC on cell size implies that cell expansion induced
17
18 effects are more significant in foamed composites with high filler concentration and low VE.^{31, 47, 52}
19
20
21 **Figure S3b** plots the calculated average cell size as a function of VE for c-PS with 20 wt% and 30
22
23 wt% of BNNSs. Cell size is seen to increase with VE for the two composites. And the maximum
24
25 TC is achieved at a VE of 45% for 30 wt% BNNSs/c-PS composites, the optimal cell size is about 6
26
27 μ m, which is consistent with the results in **Figure 2b** and **Figure S3b**.

28
29
30
31
32
33
34
35
36 From Figure S3, it is found that there exists relationship between the VE and filler loading,
37
38 which causes the change to the microstructure of foamed composites, thereby inflencig TC of
39
40 composites. At low filler loading, no matter how to alter the VE value, TC changes little against
41
42 both VE and cell size. The cell size of a foam increases almost linearly with the VE, so, at large VE
43
44 or cell size, the fillers can not be connected with each, thus producing margin enhancement in TC of
45
46 samples owing to the large thermal contact resistance. Only at relatively high filler loading, the cell
47
48 size is seen to play an obvious effect on TC. So, TC is closely with the microsture of samples. with
49
50 increasing the filler loading, BNNSs begin to contact with an increase in VE and cell size, and the
51
52 network can be fromed at an optimal VE value corresponding to the best cell size, thereby
53
54 producing the maximum TC, which can not be obtained for the other canses such as the VE = 0 or
55
56
57
58
59
60

92%. Therefore, in order to obtain a maximum TC, the microstructure with connected BNNSs inside the cell wall should be created and developed by virtue of adjusting the VE, filler loading and cell size parameters.

3.3 Simulation results

The thermal transport process in the composite can be obtained by solving the heat conduction equation:

$$\frac{\partial}{\partial x_i} \left[k_{ij}(\mathbf{x}) \frac{\partial T(\mathbf{x})}{\partial x_j} \right] + q(\mathbf{x}) = \rho(\mathbf{x}) c_p(\mathbf{x}) \frac{\partial T(\mathbf{x})}{\partial t} \quad (3)$$

where $k_{ij}(\mathbf{x})$, $\rho(\mathbf{x})$, $c_p(\mathbf{x})$, and $T(\mathbf{x})$ represent the spatial dependent TC tensor, mass density, constant-pressure heat capacity, and temperature. For the TC, isotropic values of 0.2, 350, and 0.024 W/m K are assigned for the polymer phase, BNNSs phase, and pore phase, respectively. The densities of the polymer phase, BNNSs phase, and pore phase are assumed as 1.0 g/cm³, 2.1 g/cm³, 0.0012 g/cm³, respectively. Heat capacities of 1.3 J/(g K), 0.793 J/(g K), and 0.718 J/(g K) are used for the polymer phase, BNNSs phase, and pore phase, respectively. For the composite with a specific microstructure, the temperature distribution $T(\mathbf{x})$ and heat flux J_i at the steady state of Equation 3 are solved using the phase-field Spectral Iterative Perturbation Method,^{56, 59} from which the effective TC can be calculated according to $k_{ij}^{\text{eff}} = -\langle J_i \rangle / \langle \partial T(\mathbf{x}) / \partial x_j \rangle$ with $\langle \rangle$ representing the volumetric average.

Figure 3 depicts the several microstructure models of BNNSs/*c*-PS with various VE and the simulation results of their effective TCs and energy flux distributions. With expanding the total volume of the samples, the volume fraction of pores increases and the volume fraction of BNNSs decreases. When the expanded volume is about 111% times of the pristine sample, BNNSs are dispersed in *c*-PS matrix. The effective TC decreases to be around 0.26 W/m K as a result of the introduced pores. With continuous increase of the total volume to 146% times of the pristine sample,

1
2 more micro-pores are introduced and BNNSs are driven to be around the pore surfaces. As a result,
3
4 BNNSs are connected with each other to form a continuous shell layer during the foaming process.
5
6
7 The connection of the shell layers makes a continuous path for conducting thermal energy, which
8
9 can be seen from the thermal energy flux distributions. However, with expanding the volume to be,
10
11 e.g. 373% times of the pristine sample, the total volume fraction of BNNSs becomes very small (i.e.
12
13 2.68%). In this case, BNNSs are unable to form continuous thermal conductive path and only
14
15 randomly dispersed around the pore walls. Therefore, the effective TC of the excessively expanded
16
17 sample will be even much smaller than the pristine sample. The simulation results shown in **Figure**
18
19 **3** agree well with the experimental data as shown in **Figure 2b**.

25 **3.4 Heat dissipation performance**

26
27
28 In order to demonstrate the thermal management applications of the BNNSs/*c*-PS porous
29
30 composites, the variations of surface temperature of the composites with time during cooling were
31
32 recorded by an infrared thermal imager. The samples of pure *c*-PS, 30 wt% BNNSs/*c*-PS solid
33
34 composites (VE=0), 25 wt% BNNSs/*c*-PS (VE=45%) and 30 wt% BNNSs/*c*-PS (VE=45%)
35
36 composites were employed. The variation of surface temperature with cooling time for the four
37
38 systems were measured from the same initial temperature. The images of temperature distribution
39
40 with time are shown in **Figure 4**. To investigate heat dissipation performance, all the samples were
41
42 placed in an oven with a temperature of 75 °C for 3 h to ensure uniform sample temperature and
43
44 then transferred to a thermal insulating foam stage at room temperature. As shown in **Figure 4a**,
45
46 during the heat dissipation process, the samples of 25 wt% BNNSs/*c*-PS (VE=45%), and 30 wt%
47
48 BNNSs/*c*-PS (VE=45%) composites exhibit much faster decrease with time in comparison with the
49
50 pure *c*-PS and 30 wt% BNNSs/*c*-PS solid composites containing randomly dispersed BNNSs. This
51
52 is because the composites of 25 wt% BNNSs/*c*-PS (VE=45%), and 30 wt% BNNSs/*c*-PS (VE=45%)
53
54
55
56
57
58
59
60

1
2
3 have much better thermal responses due to their higher TC. Taking the sample surface temperature
4
5 at 300 s as an example, they are about 19 °C and 23 °C for the 30 wt% BNNSs/*c*-PS (VE=45%), and
6
7 25 wt% BNNSs/*c*-PS (VE=45%) composites, which are lower in comparison with the composites
8
9 of pure *c*-PS (34 °C) and solid 27 wt% BNNSs/*c*-PS (30 °C). From the infrared thermal images of
10
11 the four systems shown in **Figure 4b**, it is clearly observed that the results of surface temperature
12
13 variation are consistent of those shown in **Figure 4**. These results illustrate that the prepared
14
15 BNNSs/*c*-PS foams at moderate VE are promising for applications in novel lightweight thermal
16
17 management materials.
18
19
20
21
22

23 **3.5 Microstructures**

24
25
26 **Figure 5** presents the representative SEM micrographs of the BNNSs/*c*-PS composites filled with
27
28 different filler loadings. As shown in **Figure 5a**, the filler particles were homogeneously dispersed
29
30 in the matrix of the 30 wt% BNNSs/*c*-PS solid composites (VE=0%). As a result, no heat
31
32 conductive pathways are formed in the matrix, which accounts for the slow enhancement in the TC
33
34 of the composites with filler loading. **Figure 5(b-d)** illustrates the microstructures of the 25 wt%
35
36 and 30 wt% BNNSs/*c*-PS composites with a VE of 45%. It is found that the BNNSs were
37
38 preferentially aligned around cell wall in the foamed composites and able to form a interconnected
39
40 heat conductive network for phonon transfer.^{32, 36} Compared with the random dispersion of BNNSs
41
42 in the matrix (**Figure 5a**), at the same filler loading, VE generates biaxial stretching along their cell
43
44 walls, and therefore induces the preferential alignment of the platelets along the cell walls.
45
46 Consequently, the localization of BNNSs in the matrix results in a higher probability of filler
47
48 networking, and thus enhances the TC owing to the reduced phonon scattering at the filler-filler
49
50 interfaces.^{32, 35, 47-52}
51
52
53
54
55
56
57
58
59

60 **3.6 Density**

1
2
3 **Figure 6a** shows the density variations of the composites as a function of BNNSs loading and VE
4
5 percentage. With increasing filler loading, the density for all the samples increases linearly. For
6
7 example, the density of the composites increases from 1.1 to 1.2 g/cm³ for the solid samples
8
9 containing 10 wt% and 27.5 wt% BNNSs, respectively. The excellent linear relationship between
10
11 the density and filler loading suggests that the BNNSs were homogeneously dispersed into the
12
13 aqueous suspension without precipitation during foaming process. The density of the foamed
14
15 composites is remarkably lower than that of solid samples because of the introduced air into the
16
17 composites. Furthermore, the density of the foamed composites decreases with VE percentage
18
19 under the same filler loading. The inset in **Figure 6a** displays the ultralight weight foam with 25
20
21 wt% BNNSs standing on a piece of tender leaf. For aeronautics and aerospace applications,
22
23 materials with lightweight are a prerequisite to achieve high flying speed and save energy, so, the
24
25 concurrently enhanced lightweight and TC performances of the porous BNNSs/c-PS composites'
26
27 promotes future aerospace and avionic devices' heat dissipation.
28
29
30
31
32
33
34
35

36 **Figure 6b** demonstrates the effect of VE on the density and the TC of the composite foam
37
38 containing 25 wt% BNNSs. It can be seen that, with the increase in VE, density reduces accordingly,
39
40 and the TC first decreases due to the introduction of air into the composites, then increases to the
41
42 maximum value before it decreases again. The maximum TC value further confirm that the biaxial
43
44 strain-induced filler alignment along cell walls is strong enough to form the interconnected
45
46 networks of filler in the foam and significantly promote the TC. Moreover, the sample with the
47
48 maximum TC possesses a lower density and a smaller VE compared to the solid sample. Therefore,
49
50 it is concluded that the lightweight polymer composites with a high TC can be obtained by using the
51
52 foaming technology.⁵⁴
53
54
55
56
57
58
59

60 **3.7 Specific thermal conductivity**

1
2
3 For polymer composites with potential applications in aviation and aerospace, effective weight
4
5 reduction is highly desired because the weight reduction can significantly increase the flying speed
6
7 and distance for aircraft and space rocket. In order to precisely describe the TC of foamed polymer
8
9 composites, similar to specific strength, specific modulus and specific heat capacity, a new
10
11 parameter, specific thermal conductivity (STC), i.e., TC divided by density, is suggested herein:
12
13

$$14 \quad STC = \kappa / \rho \quad (4)$$

15
16
17 where, k is TC, and ρ is density.
18
19

20
21 **Figure 6(c-d)** illustrates the STC of the composites with various filler loadings and VE. From
22
23 **Figure 6c**, it can be found that at low filler loadings the STC of the foamed polymers is lower than
24
25 those of solid samples, whereas at higher filler loadings the foamed composites exhibit a much high
26
27 STC compared with solid samples. As shown in **Figure 6d**, the STC curves exhibit a mount-shape
28
29 against VE. At relatively low VE values, the STC increases to the maximum value, and then
30
31 reduces slowly with increasing VE. Compared with solid samples, the STC of the foamed
32
33 composites with higher filler loadings are much higher owing to their lower densities. However, at
34
35 low filler loadings, the VE has less significant influence on the STC due to the absence of 3D
36
37 network of fillers in the composites.²⁶⁻³⁰ Therefore, in this study, at relatively low filler loadings, we
38
39 successfully prepared polymer composites with much high STC compared with their solid
40
41 counterparts at the same filler loading.
42
43
44
45
46
47
48

49
50 This kind of ultralight structures with 3D interconnected porous is propular in nature. For
51
52 example, **Figure S4** (supporting information) shows the 3D interconnected porous structures of a
53
54 loofah sponge after removal of seeds. In this work, the BNNSs/*c*-PS porous structure, silimar to the
55
56 3D interconnected loofah sponge structure, has the following advantages: 1) ultralight; 2) high
57
58
59
60

1
2
3 specific strength and modulus; 3) high STC, which are highly desired in the applications of
4
5 aerospace and aircraft components.
6

7
8 In order to demonstrate the effectiveness and superiority of the foaming-induced filler network
9
10 in enhancing the TC of the composites, the STC of this composite foams has been compared with
11
12 the literature results as shown in **Figure 6e**.^{2-4, 7-9, 12, 19-4, 26-30, 32-45,50-54} Compared to the literature
13
14 reports on the thermally conductive polymer composites, the BNNSs/*c*-PS foam gives the best STC
15
16 value at low filler loadings. **Figure 6f** summarizes the enhancement of the TC (*i.e.*, the TC ratio of
17
18 composites vs. a polymer matrix) of the composites that have been reported.^{2-4, 7-9, 12, 19-4, 26-30,}
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
Clearly, the BNNSs/*c*-PS foam exhibits the highest TC enhancement at low weight
fractions among the reported heat conductive composites.

3.8 Dielectric properties

Figure 7(a-b) presents the relative dielectric constants (ϵ) and loss versus VE percentage for the 30 wt% BNNSs/*c*-PS composites across the frequency range from 200 to 2×10^6 Hz. It can be seen that ϵ of the composites decreases with the increase of VE. The decrease in ϵ can be explained by the introduction of air in the composites as a result of very low ϵ of air.³⁵ Furthermore, ϵ for all the samples are apparently independent on frequency over the entire frequency range, suggesting that dipole polarization is the dominant mechanism and follows well with the external electric field.¹
Figure S5 (supporting information) presents the ϵ and loss of the 20 wt% BNNSs/*c*-PS. The ϵ of the composites exhibits a very slight increase when the filler loading increases from 20 to 30 wt%. The loss decreases obviously due to the incorporation of air into the composites. Over the investigated frequency range, the loss is essentially lower than 0.005 for the two composites with various VE values.

Figure 7c presents the effective relative ϵ versus filler loading of the BNNSs/*c*-PS composites

1
2
3 with a VE of 92%. As the filler concentration increases, the effective relative ϵ increases slowly,
4
5 and exhibits independent of frequency over the entire 200~2 \times 10⁶ Hz range. The effective relative ϵ
6
7 of the composites with 20 and 30 wt% BNNSs only increases from 1.6 to 1.82 at 1 kHz,
8
9 respectively, as compared to 2.8 and 3.1 of their solid counterparts. As seen in **Figure 7d**, the
10
11 BNNSs/*c*-PS composites with a VE of 92% also show very low loss over the frequency range.
12
13

14
15 **Figure 8(a-b)** presents the effective relative ϵ and loss at 1 kHz versus temperature of the
16
17 BNNSs/*c*-PS composites with a VE of 92%. ϵ for pure *c*-PS and three composites increases with the
18
19 filler loading and rises very slowly with temperature. Only the composites with 30 wt.% BNNSs
20
21 has a noticeable increase in ϵ starting at about 110 °C. As seen in **Figure 8b**, the loss also increases
22
23 with filler loading, and increases slowly with temperature at <110 °C. After 110 °C, a abrupt
24
25 increase of the loss to the maximum value is observed for all the composites, suggesting that the
26
27 temperature plays a key role in determining the dielectric loss of the composites. This transition
28
29 temperature actually corresponds to the glass transition temperature (T_g) of the *c*-PS. At a
30
31 temperature near T_g , the dipoles begin to have enough mobility to contribute to the loss and ϵ .⁴⁴
32
33
34
35
36
37
38

39 **Figure 7(c-d)** shows the effective relative ϵ and loss versus temperature of the 20 wt%
40
41 BNNSs/*c*-PS composites with various VE. With the increase of VE, all the composites exhibit an
42
43 obvious decrease in ϵ and loss. All the ϵ are almost independent on temperature from room
44
45 temperature to 180 °C, whereas the loss increases with temperature and exhibits a clear rise starting
46
47 from T_g owing to the enhanced mobility of polymer segments at elevated temperatures.⁵⁵ It can be
48
49 seen that compared with pure *c*-PS and the solid BNNSs/*c*-PS with the same filler loading, the
50
51 foamed composites still exhibit very low ϵ and loss from room temperature to 180 °C as shown in
52
53 **Figure S6** (supporting information).
54
55
56
57
58
59

60 **4 Conclusion**

1
2
3 In summary, *c*-PS foams with various BNNSs loadings at different VE percents were prepared
4
5 and characterized to investigate the effects of foam morphologies on the TC and dielectric
6
7 properties of the formed composites. It is found that the VE has a dramatical effect on the TC of the
8
9 composite foam. The optimized VE gives the composite foam with a higher TCs than their solid
10
11 counterparts. The biaxial stress field yielded during the foam formation promotes BNNSs
12
13 alignment along the cell wall and the formation of 3D interconnected fillers in the foams at the
14
15 optimized VE, thereby leading to much enhanced TC. For example, the TC of 30 wt% of
16
17 BNNSs/*c*-PS composites with a VE of 45% reach as high as 1.28 W/m K, which represents a 97%
18
19 increases over 0.65 W/m K of its solid counterpart.
20
21
22
23
24
25

26 In contrast, at low VE, the foams exhibit low TC owing to the absence of interconnected
27
28 network of fillers in the matrix and the introduction of thermally insulating air voids into the
29
30 composites. High VE percentage would not only result in high volume fraction of thermally
31
32 insulating air voids but also disrupt the development of continuous thermally conductive path,
33
34 leading to decreased TC. The experimental data are consistent with the simulation results.
35
36
37
38

39 Furthermore, the composite foams exhibit ultralow density, ϵ and loss at wide frequency and
40
41 temperature ranges, along with ultrahigh STC. In summary, the results demonstrate that the
42
43 foaming-assisted filler networking is a feasible processing strategy to improve the TC of the
44
45 composite foams especially at low filler loadings. The polymer composite foams with low ϵ and
46
47 loss and ultrahigh STC could provide a new material family for potential applications in aeronautics
48
49 and aerospace to address the emerging needs of thermal managements.
50
51
52
53
54
55
56

57 **Supporting Information**

58
59 Schematic representation of the effects of VE and filler loading on the TC of foamed polymers
60

1
2
3 **(Figure S1)**; Effect of particle size on TC for foamed composites with various VE and filler
4
5 loadings **(Figure S2)**; Effect of cell size on TC of foamed composites with various VE and filler
6
7 loadings **(Figure S3)**; 3D interconnected biological porous structures found in the nature
8
9 loofah sponge **(Figure S4.)**; Dielectric properties of the 20 wt% BNNSs/*c*-PS composites as a
10
11 function of VE **(Figure S5.)**; Dielectric properties of *c*-PS and BNNSs/*c*-PS composites as a
12
13 function of VE **(Figure S6.)** (PDF)
14
15
16
17
18
19
20

21 **AUTHOR INFORMATION**

22 **Corresponding Author**

23
24 *E-mail: wang@matse.psu.edu
25
26
27
28
29

30 **ORCID**

31
32 Wenyong Zhou: 0000-0001-6481-2604
33

34 Yong Zhang: 0000-0002-6478-6167
35

36 He Li: 0000-0002-4076-7279
37

38 Wenhan Xu: 0000-0002-4347-2601
39

40 Longqing Chen: 0000-00003-2050-5383
41

42 Qing Wang: 0000-0002-5968-3235
43
44
45
46
47

48 **Notes**

49
50 The authors declare no competing financial interest.
51
52
53
54

55 **Acknowledgements**

56
57 Dr. Wenyong Zhou gratefully acknowledges the financial supports from the National Natural
58
59
60

1
2 Science Foundation of China (51937007, 51577154), the Key Laboratory of Engineering
3 Dielectrics and Its Application, Ministry of Education, Harbin University of Science and
4 Technology (KF20151111), and the fellowship provided by the China Scholarship Council (CSC,
5 201608610027).
6
7
8
9
10
11
12
13
14

15 REFERENCES

- 16
17
18 (1) Chen, H. Y.; Ginzburg, V. V.; Yang, J.; Yang, Y. F.; Liu, W.; Huang, Y.; Du, L. B.; Chen, B. Thermal
19 Conductivity of Polymer-based Composites: Fundamentals and Applications. *Prog. Polym. Sci.* **2016**, *59*, 41-85.
20
21 (2) Du, B. X.; Cui, B. Effects of Thermal Conductivity on Dielectric Breakdown of Micro, Nano Sized BN Filled
22 Polypropylene Composites. *IEEE Trans. Dielectr. Electr. Insul.* **2016**, *23*, 2116-2125.
23
24 (3) Zhou, Y.; Hu, J.; Chen, X.; Yu, F.; H, J. L. Thermoplastic Polypropylene/Aluminum Nitride Nanocomposites
25 with Enhanced Thermal Conductivity and Low Dielectric Loss. *IEEE Trans. Dielectr. Electr. Insul.* **2016**, *23*,
26 2768-2776.
27
28 (4) Yang, Y.; Huang, X. P.; Cao, Z. Y.; Chen, G. Thermally Conductive Separator with Hierarchical
29 Nano/Microstructures for Improving Thermal Management of Batteries. *Nano Energy.* **2016**, *22*, 301-309.
30
31 (5) Li, Q.; Chen, L.; Gadinski, M. R.; Zhang, S.; Zhang, G.; Lagodkine, U. Li.; Haque, A.; Chen, L. Q.; Jackson,
32 N.; Wang, Q. Flexible High-temperature Dielectric Materials from Polymer Nanocomposites. *Nature.* **2015**, *523*,
33 576-579.
34
35 (6) Bozlar, M.; He, D. L.; Bai, J. B.; Chalopin, Y.; Mingo, N.; Volz, S. Carbon Nanotube Microarchitectures
36 for Enhanced Thermal Conduction at Ultra Low Mass Fraction on in Polymer Composites. *Adv. Mater.* **2010**, *22*,
37 1654-1658.
38
39 (7) Kazem, N.; Bartlett, M. D.; Powell-Palm, M. J.; Huang, X. N.; Sun, W. H.; Malen, J. A.; Majidi,
40 C. High Thermal Conductivity in Soft Elastomers with Elongated Liquid Metal Inclusions. *P. Natl. Acad. Sci.*
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 USA. **2017**,114, 2143-2148.

4
5 (8) Jeong, S. H.; Chen, S.; Huo, J. X.; Gamstedt, E. K.; Liu, J.; Zhang, S. L.; Zhang, Z. B.; Hjort, K.; Wu, Z. G.
6
7 Mechanically Stretchable and Electrically Insulating Thermal Elastomer Composite by Liquid Alloy Droplet
8
9 Embedment. *Sci. Rep.* **2015**, 5, 18257-18266.

10
11 (9) Zhao, S. A.; Chang, H. Y.; Chen, S. J.; Cui, J.; Yan, Y. H. High-performance and Multifunctional EEpoxy
12
13 Composites Filled with Epoxide-functionalized Graphene. *Euro. Polym. J.* **2016**, 84, 300-312.

14
15 (10) Lee, S. H.; Jung, J. H.; Oh, I. K. 3D Networked Grapheme Ferromagnetic Hybrids for Fast Shape Memory
16
17 Polymers with Enhanced Mechanical Stiffness and Thermal Conductivity. *Small.* **2014**, 10, 3880-3886.

18
19 (11) Yao, Y. M.; Zeng, X. L.; Wang, F. F.; Sun, R.; Xu, J. B.; Wong, C. P. Significant Enhancement of Thermal
20
21 Conductivity in Bioinspired Freestanding Boron Nitride Papers Filled with Graphene Oxide. *Chem. Mater.* **2016**,
22
23 28, 1049-1057.

24
25 (12) Feng, C. P.; Ni, H. Y.; Chen, J.; Yang, W. Facile Method to Fabricate Highly Thermally Conductive
26
27 Graphite/PP Composite with Network Structures. *ACS Appl. Mater. Inter.* **2016**, 8, 19732-19738.

28
29 (13) Shen, S.; Henry, A.; Tong, J. K.; Zheng, R. T.; Chen, G. Polyethylene Nanofibres with Very High Thermal
30
31 Conductivities. *Nat. Nanotechnol.* **2010**, 5, 251-255.

32
33 (14) Singh, V.; Bougher, T. L.; Weathers, A.; Cai, Y.; Bi, K. D.; Pettes, M. T.; Stames, S. M.; Lv, W.; Resler, D.
34
35 P.; Gattuso, T. R.; Altmsn, D. H.; Sandhage, K. H.; Shi, L.; Henry, A.; Cola, B. A. High Thermal Conductivity of
36
37 Chain-oriented Amorphous Polythiophene. *Nat. Nanotechnol.* **2014**, 9, 384-390.

38
39 (15) Regner, K. T.; Sellan, D. P.; Su, Z. H.; Amon, C. H.; McGaughey, A. J. H.; Malen, J. A. Broadband Phonon
40
41 Mean Free Path Contributions to Thermal Conductivity Measured Using Frequency Domain Thermorefectance.
42
43 *Nat. Commun.* **2013**, 4, 1640-1646.

44
45 (16) Zhong, Z. X.; Wingert, M. C.; Strzalka, J.; Wang, H.; Sun, T.; Wang, J.; Chen, R. K.; Jiang, Z.
46
47 Structure-induced Enhancement of Thermal Conductivities in Electrospun Polymer Nanofibers. *Nanoscale.* **2014**,
48
49

6, 8283-8291.

(17) Zeng, X. L.; Yao, Y. M.; Gong, Z. Y.; Wang, F. F.; Sun, R.; Xu, J. B.; Wong, C. P. Ice-templated Assembly Strategy to Construct 3D Boron Nitride Nanosheet Networks in Polymer Composites For Thermal Conductivity Improvement. *Small*. **2015**, 11, 6205-6213.

(18) Zeng, X. L.; Ye, L.; Yu, S. H.; Sun, R.; Xu, J. B.; Wong, C. P. Facile Preparation of Superelastic and Ultralow Dielectric Boron Nitride Nanosheet Aerogels Via Freeze-casting Process. *Chem. Mater.* **2015**, 27, 5849-5855.

(19) Anithambigai, P.; Mutharasu, D.; Huong, L. H.; Zahner, T.; Lacey, D. Synthesis and Thermal Analysis of Aluminium Nitride Filled Epoxy Composites and Its Effective Application as Thermal Interface Material for LED Applications. *J. Mater. Sci. Mater. El.* **2014**, 25, 4814-4821.

(20) Kim, K.; Kim, J. Magnetic Aligned AlN/epoxy Composite for Thermal Conductivity Enhancement at Low Filler Content. *Compos. Part B-Eng.* **2016**, 93, 67-74.

(21) Wu, S. Y.; Huang, Y. L.; Ma, C. M.; Yuen, S. M.; Teng, C. C.; Yang, S. Y. Mechanical, Thermal and Electrical Properties of Aluminum Nitride/ polyetherimide Composites. *Compos. Part A.* **2011**, 42, 1573-1583.

(22) Choi, S.; Kim, J. Thermal Conductivity of Epoxy Composites with A Binary-particle System of Aluminum Oxide and Aluminum Nitride Fillers. *Compos. Part B.* **2013**, 51, 140-147.

(23) Takahashi, S.; Imai, Y.; Kan, A.; Hotta, Y.; Ogawa, H. Dielectric and Thermal Properties of Isotactic Polypropylene/hexagonal Boron Nitride Composites for High-frequency Applications. *J. Alloy. Compd.* **2014**, 615, 141-145.

(24) Bigg, D. Thermal Conductivity of Heterophase Polymer Compositions. *Adv. Polym. Sci.* **1995**, 119, 1-30.

(25) Mu, M.; Wan, C.; McNally, T.; Thermal Conductivity of 2D Nano-structured Graphitic Materials and Their Composites with Epoxy Resins. *2D Mater.* **2017**, 4, 042001-042023.

(26) Mu, L. W.; Ji, T.; Chen, L.; Mehra, N.; Shi, Y. J.; Zhu, J. H. Paving the Thermal Highway with

1
2
3 Self-organized Nanocrystals in Transparent Polymer Composites. *ACS Appl. Mater. Interfaces*. **2016**, 8,
4
5 29080-29087.

6
7
8 (27) Wang, J. W.; Li, H. R.; Li, G. H.; Liu, Z. X.; Zhang, Q. X.; Wang, N. Y.; Qu, X. W. Noncovalent
9
10 Functionalization of Boron Nitride and Its Effect on the Thermal Conductivity of Polycarbonate Composites. *J.*
11
12 *Appl. Polym. Sci.* **2017**, 134,44978-44986.

13
14
15 (28) Fang, H.; Bai, S. L. Wong, C. P.; Thermal, Mechanical and Dielectric Properties of Flexible BN Foam and
16
17 BN Nanosheets Reinforced Polymer Composites for Electronic Packaging Application. *Compos. Part A-Appl. S.*
18
19 **2017**, 100, 71-80.

20
21
22 (29) Kim, K.; Ju, H.; Kim, J. Vertical Particle Alignment of Boron Nitride and Silicon Carbide Binary Filler
23
24 System for Thermal Conductivity Enhancement. *Compos. Sci. Technol.* **2016**, 123, 99-105.

25
26
27 (30) Cho, H. B.; Nakayama, T.; Suematsu, H.; Suzuki, T.; Jiang, W. H.; Niihara, K.; Song, E.; Eom, N. S. A.; Kim,
28
29 S.; Choa, Y. H. Insulating Polymer Nanocomposites with High-thermal-conduction Routes Via Linear Densely
30
31 Packed Boron Nitride Nanosheets. *Compos. Sci. Technol.* **2016**, 129, 205-213.

32
33
34 (31) Ding, H.; Guo, Y.; Leung, S. N. Development of Thermally Conductive Polymer Matrix Composites by
35
36 Foaming- assisted Networking of Micron- and Submicron-scale Hexagonal Boron Nitride. *J. Appl. Polym. Sci.*
37
38 **2015**, 133(4): -.

39
40
41 (32) Zhang, J.; Wang, X. N.; Yu, C. P.; Li, Q. L.; Li, Z.; Li, C. W.; Lu, H. F.; Zhang, Q. C.; Zhao, J. X.; Hu, M.;
42
43 Yao, Y. G. A Facile Method to Prepare Flexible Boron Nitride/poly(vinyl alcohol) Composites with Enhanced
44
45 Thermal Conductivity. *Compos. Sci. Technol.* **2017**, 149, 41-47.

46
47
48 (33) Kim, K.; Kim, J.; Vertical Filler Alignment of Boron Nitride/epoxy Composite for thermal Conductivity
49
50 Enhancement Via external Magnetic Field. *Inter. J. Therm. Sci.* **2016**, 100, 29-36.

51
52
53 (34) Chen, J.; Huang, X. Y.; Zhu, Y. K.; Jiang, P. K. Cellulose Nanofiber Supported 3D Interconnected BN
54
55 Nanosheets for Epoxy Nnanocomposites with Ultrahight Thermal Management Capability. *Adv. Mater.* **2017**, 27,
56
57
58
59
60

1
2
3 1604754-1604762.

4
5 (35) Sun, W.; Wang, L.; Yang, Z.; Zhu, T. Z.; Wu, T. T.; Dong, C.; Liu, G. C. Tuning the Oxidation Degree of
6
7 Graphite Toward Highly Thermally Conductive Graphite/epoxy Composites. *Chem. Mater.* **2018**, *30*, 7473-7483.

8
9
10 (36) Wu, K.; Liao, P.; Du, R.; Zhang, Q.; Chen, F.; Fu, Q. Preparation of A Thermally Conductive Biodegradable
11
12 Cellulose Nanofiber/hydroxylated Boron Nitride Nanosheet Film: the Critical Role of Edge-hydroxylation. *J.*
13
14
15 *Mater. Chem A.* **2018**, *6*, 11863-11873.

16
17
18 (37) Xu, Y.; Kraemer, D.; Song, B.; Jiang, Z.; Zhou, J. W.; Loomis, J.; Wang, J. J.; Li, M. D.; Ghasemi, H.;
19
20 Huang, X. P.; Li, X. B.; Chen, G. Nanostructured Polymer Films with Metal-like Thermal Conductivity. *Nat.*
21
22
23 *Commun.* **2019**, *10*, 1771-1778.

24
25
26 (38) Li, X. H.; Liu, P.; Li, X.; An, F.; Min, P.; Liao, K. N.; Yu, Z. Z. Vertically Aligned, Ultralight and Highly
27
28 Compressive All-graphitized Graphene Aerogels for Highly Thermally Conductive Polymer Composites. *Carbon.*
29
30
31 **2018**, *140*, 624-633.

32
33
34 (39) Li, X.; Feng, Y.; Chen, C.; Ye, Y. S.; Zeng, H. X.; Qu, H.; Liu, J. W.; Zhou, X. P.; Long, S. J.; Xie, X. L.
35
36 Highly Thermally Conductive Flame Retardant Epoxy Nanocomposites with Multifunctional Ionic Liquid Flame
37
38 Retardant-functionalized Boron Nitride Nanosheets. *J. Mater. Chem A.* **2018**, *6*, 20500-20512.

39
40
41 (40) Saeidijavash, M.; Garg, J.; Grady, B.; Smith, B.; Li, Z. L.; Young, R. J.; Tarannum, F.; Bekri, N. B. High
42
43 Thermal Conductivity Through Simultaneously Aligned Polyethylene Lamellae and Graphene Nanoplatelets.
44
45
46 *Nanoscale.* **2017**, *9*, 12867-12873.

47
48
49 (41) Su, Z.; Wang, H.; Tian, K.; Huang, W. Q.; Xiao, C.; Guo, Y. L.; He, J.; Tian, X. Y. The Combination of π - π
50
51 Interaction And Covalent Bonding Can Synergistically Strengthen the Flexible Electrical Insulating
52
53 Nanocomposites with Well Adhesive Properties and Thermal Conductivity. *Compos. Sci. Technol.* **2018**, *155*,
54
55
56
57 1-10.

58
59 (42) Fu, C.; Li, Q.; Lu, J.; Mateti, S.; Cai, Q. R.; Zeng, X. L.; Du, G. P.; Sun, R.; Chen, Y.; Xu, J. B.; Wong, C. P.

1
2
3 Improving Thermal Conductivity of Polymer Composites by Reducing Interfacial Thermal Resistance Between
4
5 Boron Nitride Nanotubes. *Compos. Sci. Technol.* **2018**, 165, 322-330.

6
7
8 (43) Zhang, J.; Li, C. W.; Yu, C. P.; Wang, X. N.; Li, Q. L.; Lu, H. F.; Zhang, Q. C.; Zhao, J. X.; Songfeng,
9
10 E.; Hu, M.; Yao, Y. G. Large Improvement of Thermal Transport and Mechanical Performance of Polyvinyl
11
12 Alcohol Composites Based on Interface Enhanced by SiO₂ Nanoparticle-modified-hexagonal Boron Nitride.
13
14 *Compos. Sci. Technol.* **2019**, 169, 167-175.

15
16
17
18 (44) Vu, M. C.; Tran, T. S.; Bae, Y. H.; Yu, M. J.; Doan, V. C.; Lee, J. H.; An, T. K.; Kim, S. R. Self-Assembly
19
20 of Carbon Nanotubes and Boron Nitride via Electrostatic Interaction for Epoxy Composites of High Thermal
21
22 Conductivity and Electrical Resistivity. *Macromol. Res.* **2018**, 26, 521-528.

23
24
25
26 (45) Xu, S.; Liu, H.; Li, Q. M.; Mu, Q. W.; Wen, H. Y. Influence of Magnetic Alignment and Layered Structure
27
28 of BN&Fe/EP on Thermal Conducting Performance. *J. Mater. Chem. C.* **2016**, 4, 872-878.

29
30
31 (46) Han, J. K.; Du, G. L.; Gao, W. W.; Bai, H. An Anisotropically High Thermal Conductive Boron
32
33 Nitride/Epoxy Composite Based on Nacre-Mimetic 3D Network. *Adv. Funct. Mater.* **2019**, 29, 1900412-1900421

34
35
36 (47) Hong, H.; Jung, Y. H.; Lee, J. S.; Jeong, C.; Kim, J. U.; Lee, S.; Ryu, H.; Kim, H.; Ma, Z. Q.; Kim, T.
37
38 Anisotropic Thermal Conductive Composite by the Guided Assembly of Boron Nitride Nanosheets for Flexible
39
40 and Stretchable Electronics. *Adv. Funct. Mater.* **2019**, 29, 1902575-1902583..

41
42
43 (48) Zhou, H. J.; Deng, H.; Zhang, L.; Fu, Q. Significant Enhancement of Thermal Conductivity in Polymer
44
45 Composite via Constructing Macroscopic Segregated Filler Networks. *ACS Appl. Mater. Interfaces.* **2017**, 9, 34,
46
47 29071–29081.

48
49
50
51 (49) Shi, A.; Li, Y.; Liu, W.; Xu, J. Z.; Yan, D. X.; Lei, J.; Li, Z. M. Highly Thermally Conductive and
52
53 Mechanically Robust Composite of Linear Ultrahigh Molecular Weight Polyethylene and Boron Nitride Via
54
55 Constructing Nacre-like Structure. *Compos. Sci. Technol.* **2019**, 184, 107858-107864.

56
57
58 (50) Woltornist, S. J.; Varghese, D.; Massucci, D.; Cao, Z.; Dobrynin, A. V.; Adamson, D. H. Controlled 3D
59
60

1
2
3 Assembly of Graphene Sheets to Build Conductive, Chemically Selective and Shape-Responsive Materials. *Adv.*
4
5 *Mater.* **2017**, 29, 1064947-1064952.

6
7
8 (51) Okamoto, M.; Nam, P. H.; Maiti, P.; Kotata, T.; Nakayama, T.; Takada, M.; Ohshima, M.; Usuki, A.;
9
10 Hasegawa, N.; Okamoto, H. Biaxial Flow-induced Alignment of Silicate Layers in Polypropylene/clay
11
12 Nanocomposite Foam. *Nano Lett.* **2001**, 1, 503-505.

13
14
15 (52) Yan, D. X.; Dai, K.; Xiang, Z. D.; Li, Z. M.; Ji, X.; Zhang, W. Q. Electrical Conductivity and Major
16
17 Mechanical and Thermal Properties of Carbon Nanotube - filled Polyurethane Foams. *J. Appl. Polym. Sci.* **2011**,
18
19 120, 3014-3019.

20
21
22 (53) Guerra, V.; Wan, C.; McNally, T. Thermal Conductivity of 2D Nano-structured Boron Nitride (BN) and Its
23
24 Composites with Polymers. *Prog. Mater Sci.* **2018**, 100, 170-186.

25
26
27 (54) Congliang, H.; Xin, Q.; Ronggui, Y. Thermal Conductivity of Polymers and Polymer Nanocomposites.
28
29 *Mater. Sci. Eng., R.* **2018**, 132, 1-22.

30
31
32 (55) Kim, Y.; Kim, M.; Seong, H. G.; Jung, J. Y.; Baek, S. H.; Shim, S. E. Roles of Silica-coated Layer on
33
34 Graphite for Thermal Conductivity, Heat Dissipation, Thermal Stability, and Electrical Resistivity of Polymer
35
36 Composites. *Polymer.* **2018**, 148, 295-302.

37
38
39 (56) Zhu, Z.; Li, C.; Songfeng, E.; Xie, L. Y.; Geng, R. J.; Lin, C. T.; Li, L. Q.; Yao, Y. G. Enhanced Thermal
40
41 Conductivity of Polyurethane Composites Via Engineering Small/large Sizes Interconnected Boron Nitride
42
43 Nanosheets. *Compos. Sci. Technol.* **2019**, 170, 93-100.

44
45
46 (57) Xu, Y.; Zhang, S.; Wang, P.; Wang, J. S. Synthesis of Poly (Butylene Succinate) Phosphorus-containing
47
48 Ionomers for Versatile Crystallization and Improved Thermal Conductivity. *Polymer.* **2018**, 154, 258-271.

49
50
51 (58) Wang, J. J.; Wang, Y.; Ihlefeld, J. F.; Hopkins, P. E.; Chen, L. Q. Tunable Thermal Conductivity Via
52
53 Domain Structure Engineering in Ferroelectric Thin Films: A Phase-field Simulation. *Acta Mater.* **2016**, 111,
54
55 220-231.

1
2
3 (59) Wang, J. J.; Ma, X. Q.; Li, Q.; Britson, J.; Chen, L. Q. Phase Transitions and Domain Structures of
4
5 Ferroelectric Nanoparticles: Phase Field Model Incorporating Strong Elastic and Dielectric Inhomogeneity. *Acta*
6
7
8 *Mater.* **2013**, 61, 7591-7603.
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

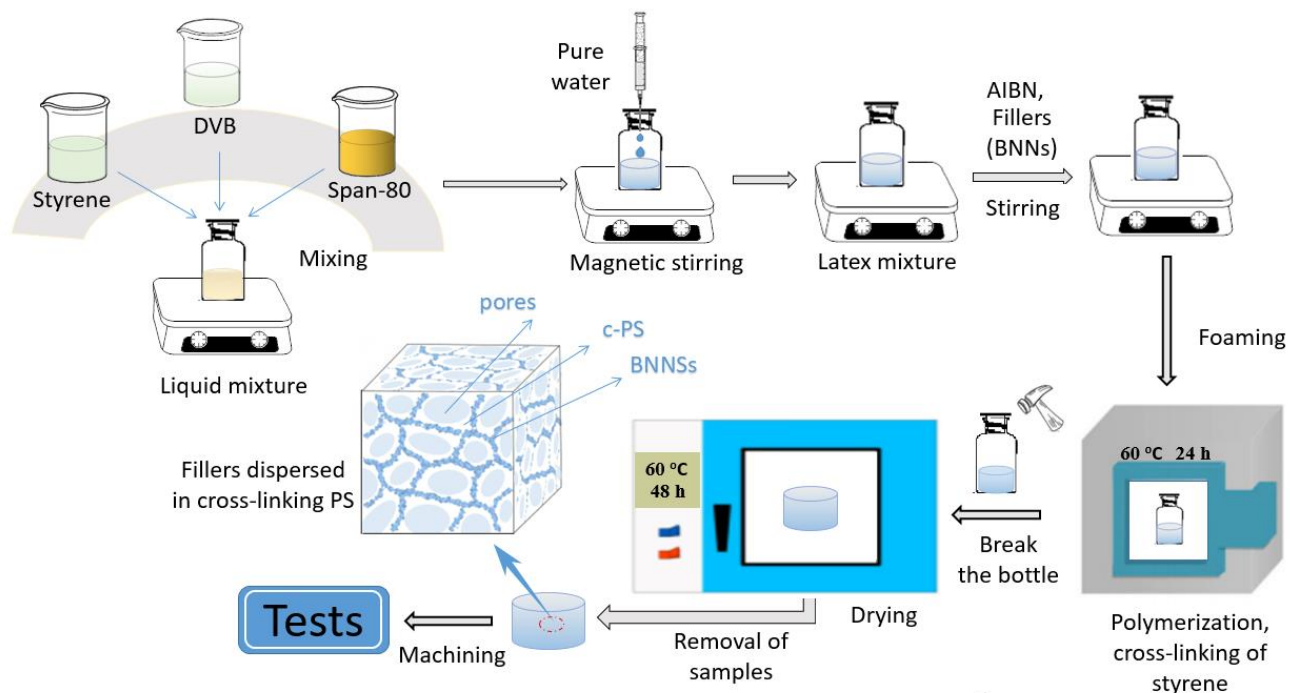


Figure 1. Schematic diagram of light porous cross-linking polystyrene with high thermal conductivity by constructing 3D interconnected network of boron nitride nanosheets.

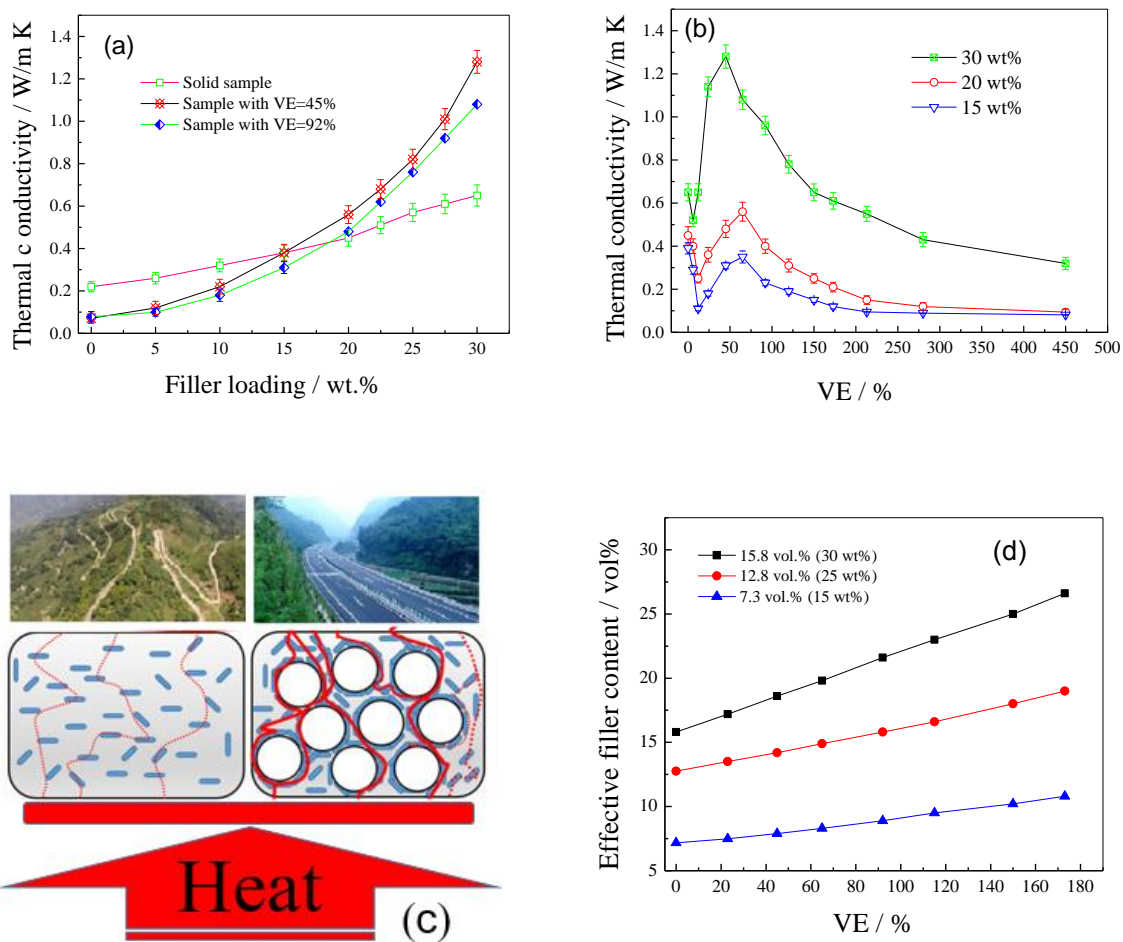


Figure 2. Dependence of TC of the composites on filler loading (a) and VE (b); Schematic representation of heat transfer in solid sample without heat conductive pathway, and foamed samples with heat conductive network of fillers (c); Effect of VE on effective filler loading for foamed composites (d).

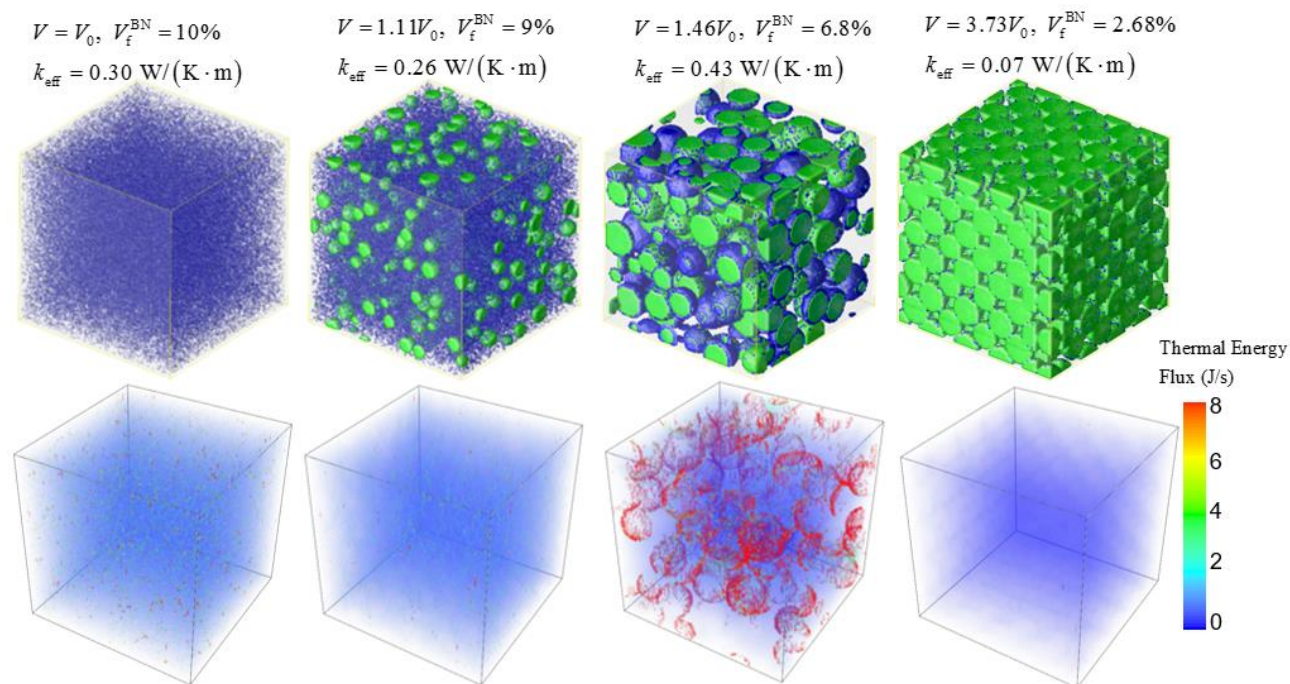
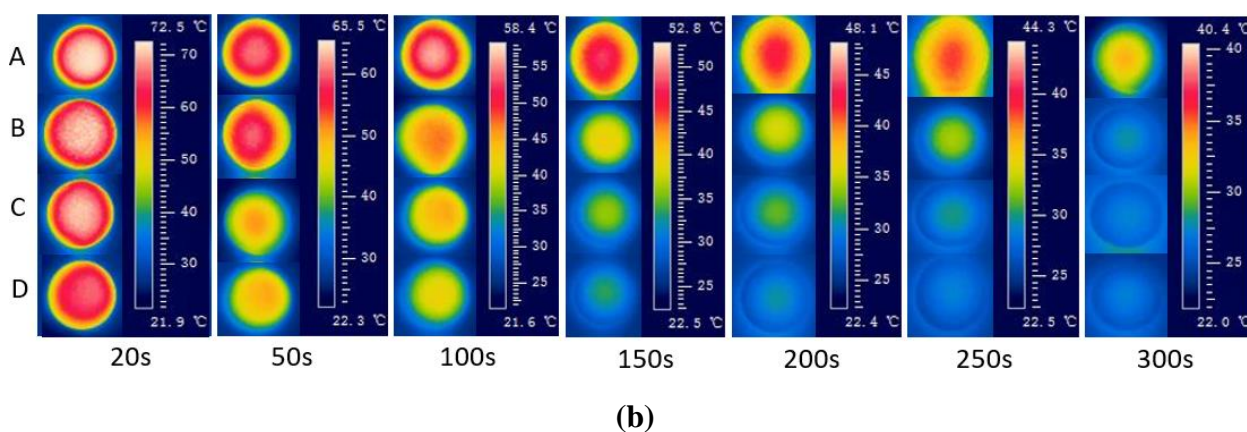
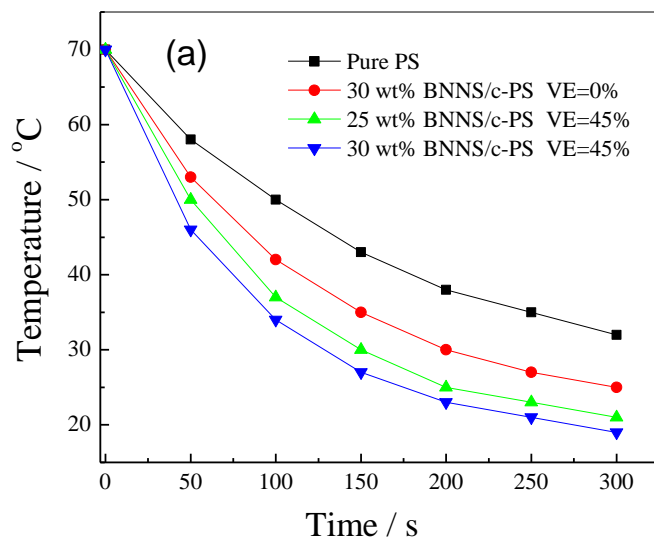


Figure 3. Microstructures (upper panel) and effective TC and energy flux distributions (lower panel) for the composites with different volume expansion ratios. In the microstructure, blue color and green color represent BNNSs phase and pore phase, respectively. The transparent space represents the polymer phase.



45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Figure 4. (a) Surface temperature variation with cooling time of pure c-PS (A), 30 wt% BNNSs/c-PS (VE=0) (B), 25 wt% BNNSs/c-PS (VE=45%) (C), and 30 wt% BNNSs/c-PS (VE=45%) (D); (b) Infrared thermal images of A, B, C and D at different times.

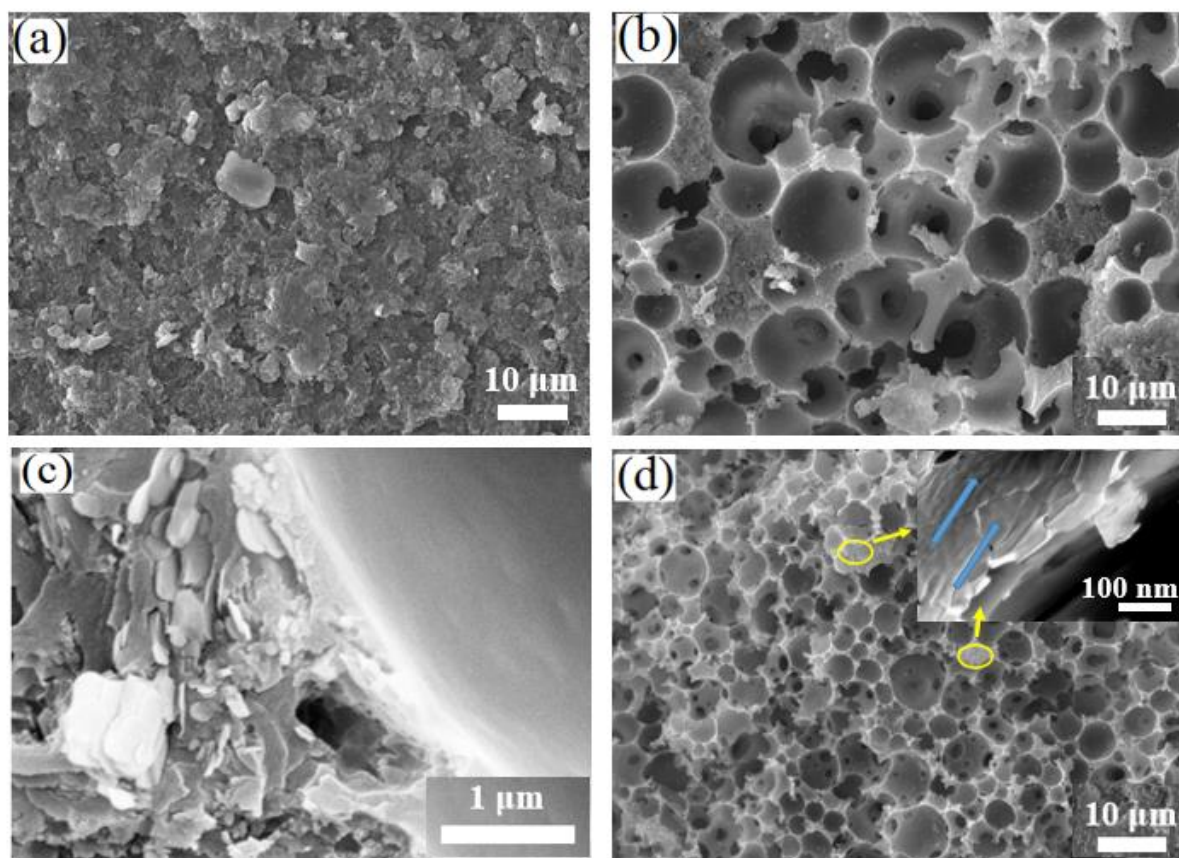
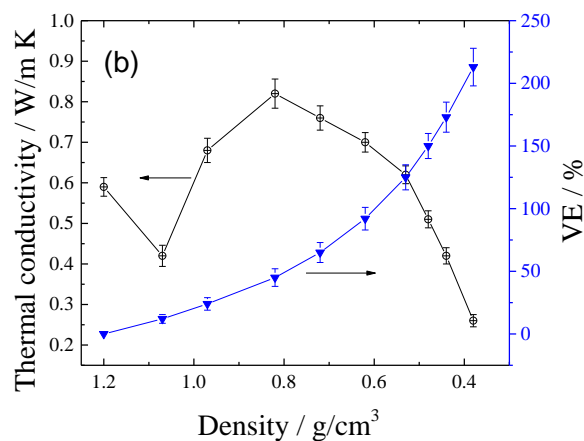
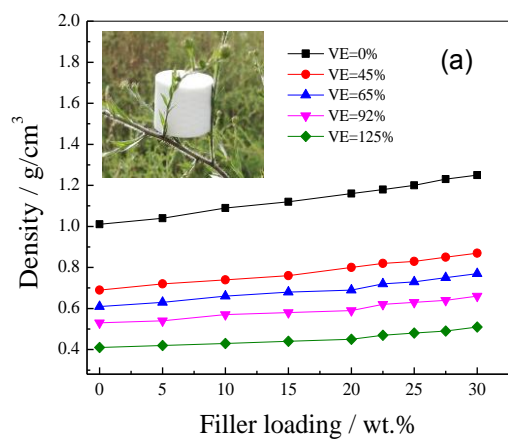


Figure 5. Micrographs of 30 wt% BNNs/c-PS (VE=0%) (a), 25 wt% BNNs/c-PS (VE=45%) (b-c), and 30 wt% BNNs/c-PS (VE=45%) (d), the inset is the dispersion of BNNs in c-PS matrix inside the cell wall.



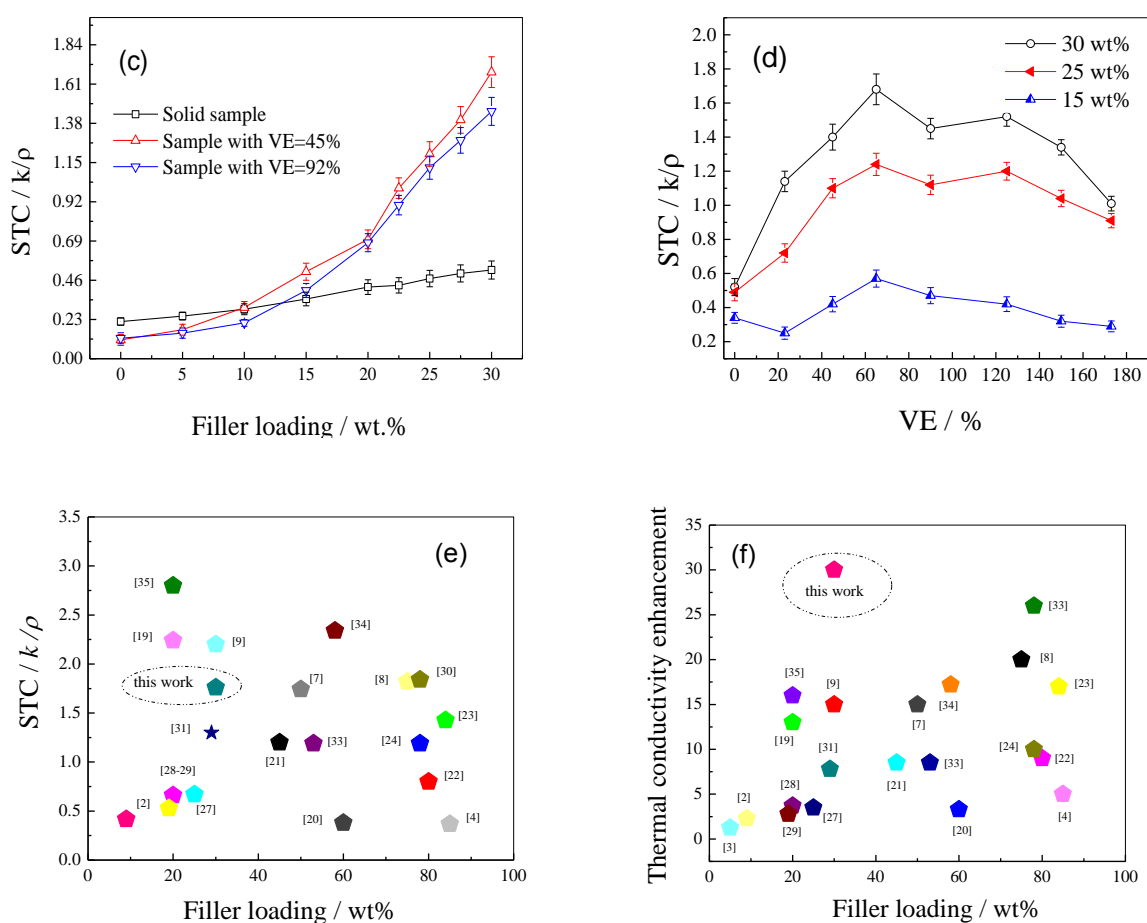


Figure 6. (a) Dependence of density of composite foams on VE, the inset photograph is a BNNSs/c-PS foam standing on a piece of tender branch, (b) Effects of VE on TC and density of composite foams with 25 wt% BNNSs, (c-d) STC as a function as filler loading and VE, (e) STC and (f) TC enhancement of composite foams and other composites in previous works.

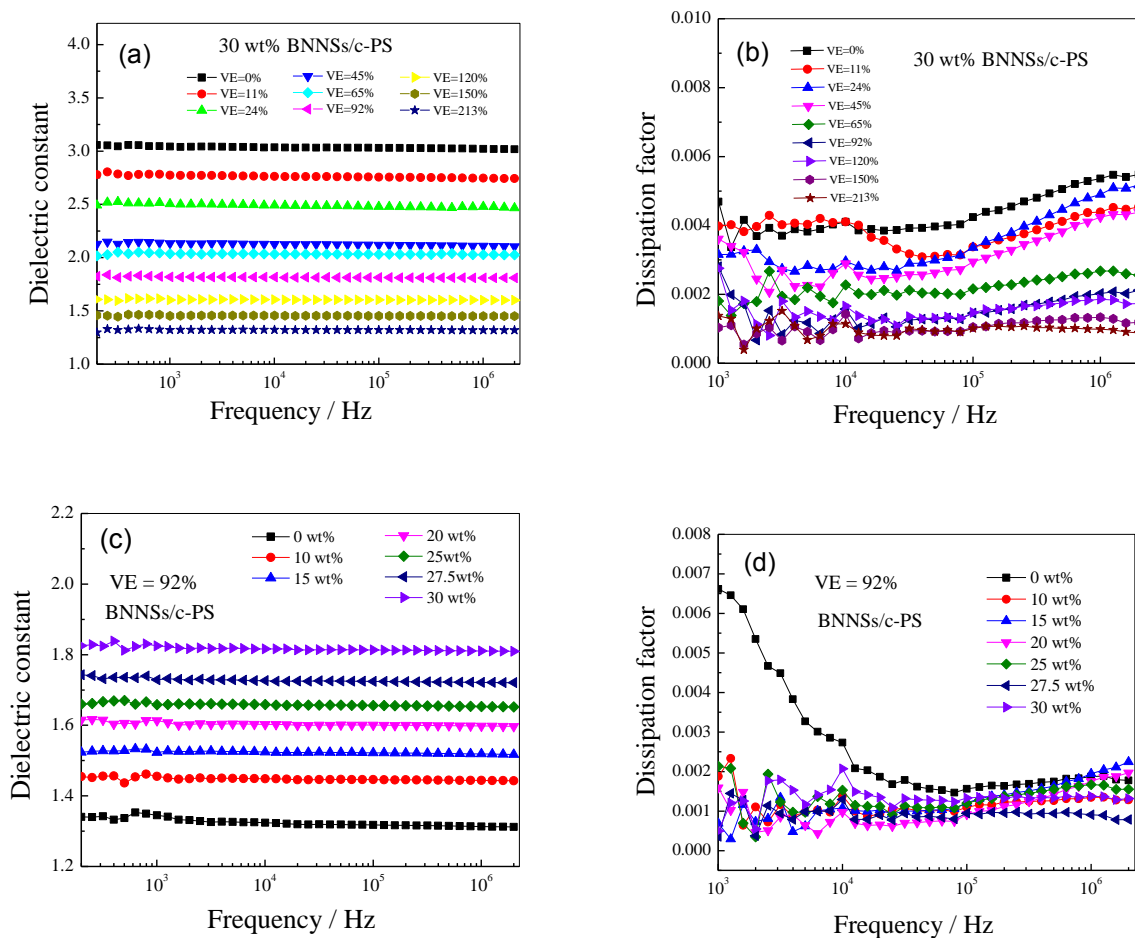


Figure 7. (a) dielectric permittivity and (b) dissipation factor of 30 wt% BNNSSs/c-PS composites as a function of VE, (c) dielectric permittivity and (d) dissipation factor of BNNSSs/c-PS composites with a VE of 92% as a function of filler loading.

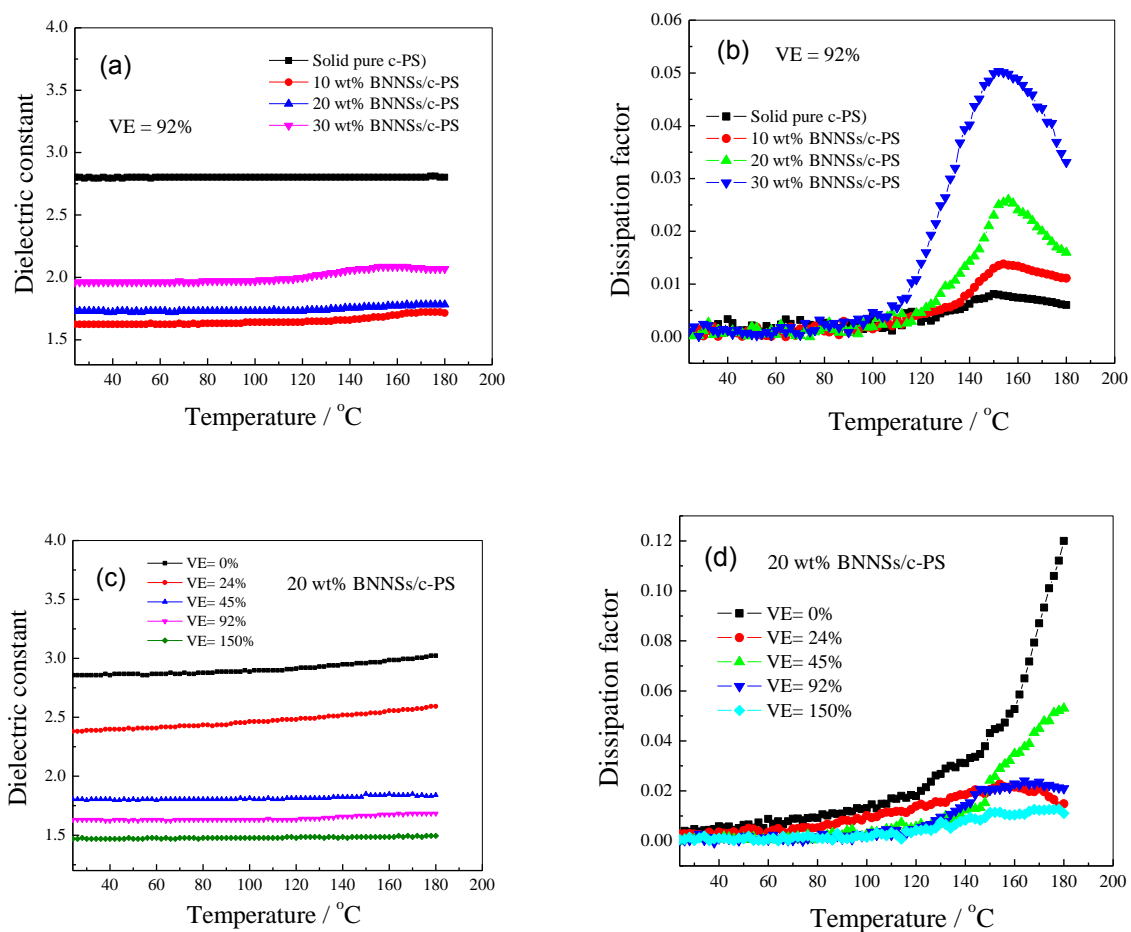


Figure 8. (a) dielectric permittivity and (b) dissipation factor (1000Hz) of c-PS composites with various loading of BNNs at a VE of 92% as a function of filler loading, (c) dielectric permittivity and (d) dissipation factor (1000Hz) of 20 wt% BNNs/c-PS composites as a function of VE.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

