# **UC San Diego UC San Diego Previously Published Works**

# **Title**

Oral mucosal breaks trigger anti-citrullinated bacterial and human protein antibody responses in rheumatoid arthritis.

**Permalink** <https://escholarship.org/uc/item/9ms5m4xw>

**Journal** Science Translational Medicine, 15(684)

# **Authors**

Brewer, R Lanz, Tobias Hale, Caryn [et al.](https://escholarship.org/uc/item/9ms5m4xw#author)

**Publication Date**

2023-02-22

# **DOI**

10.1126/scitranslmed.abq8476

Peer reviewed



# **HHS Public Access**

Sci Transl Med. Author manuscript; available in PMC 2023 September 12.

Published in final edited form as:

Author manuscript

Sci Transl Med. 2023 February 22; 15(684): eabq8476. doi:10.1126/scitranslmed.abq8476.

# **Oral mucosal breaks trigger anti-citrullinated bacterial and human protein antibody responses in rheumatoid arthritis**

**R. Camille Brewer**1,2, **Tobias V. Lanz**1,2,3, **Caryn R. Hale**5, **Gregory D. Sepich-Poore**4,#, **Cameron Martino**13,14,16, **Austin D. Swafford**14, **Thomas S. Carroll**17, **Sarah Kongpachith**1,2, **Lisa K. Blum**1,2, **Serra E. Elliott**1,2, **Nathalie E. Blachere**5,18, **Salina Parveen**5, **John Fak**5, **Vicky Yao**7,8, **Olga Troyanskaya**8,9,10, **Mayu O. Frank**5, **Michelle S. Bloom**1,2, **Shaghayegh Jahanbani**1,2, **Alejandro M. Gomez**1,2, **Radhika Iyer**1,2, **Nitya S. Ramadoss**1,2, **Orr Sharpe**1,2, **Sangeetha Chandrasekaran**12, **Lindsay B. Kelmenson**12, **Qian Wang**1,2, **Heidi Wong**1,2, **Holly L. Torres**2, **Mark Wiesen**2, **Dana T. Graves**11, **Kevin D. Deane**12, **V. Michael Holers**12, **Rob Knight**4,13,14,15, **Robert B. Darnell**5,18, **William H. Robinson**\*,†,1,2, **Dana E. Orange**\*,†,5,6 <sup>1</sup>Division of Immunology and Rheumatology, Stanford University, Stanford, CA, 94305, USA

<sup>2</sup>VA Palo Alto Health Care System, Palo Alto, CA, 94304, USA

<sup>3</sup>Department of Neurology, Medical Faculty Mannheim, University of Heidelberg, Mannheim, 68167, Germany

<sup>4</sup>Department of Bioengineering, University of California San Diego, La Jolla, CA, USA

<sup>5</sup>Rockefeller University, New York City, NY 10065, USA

<sup>6</sup>Hospital for Special Surgery, New York City, NY 10075, USA

<sup>7</sup>Department of Computer Science, Rice University, Houston, TX 77005, USA

<sup>8</sup>Department of Computer Science, Princeton University, Princeton, NJ, 08544, USA

<sup>9</sup>Lewis-Sigler Institute of Integrative Genomics, Princeton University, Princeton, NJ, 08544, USA

<sup>10</sup>Flatiron Institute, Simons Foundation, New York, NY, 10010, USA

<sup>11</sup>Department of Periodontics, School of Dental Medicine, University of Pennsylvania, Philadelphia, PA, 19104, USA

<sup>12</sup>Division of Rheumatology, University of Colorado - Denver, Aurora, CO, 80045, USA

<sup>13</sup>Department of Pediatrics, University of California San Diego, La Jolla, CA, USA

<sup>14</sup>Center for Microbiome Innovation, University of California San Diego, La Jolla, CA, USA

<sup>\*</sup>To whom correspondence should be addressed: w.robinson@stanford.edu or dorange@mail.rockefeller.edu. #Current address: Micronoma, San Diego, CA, 92121, USA

<sup>†</sup>These authors contributed equally

**Author contributions:** R.C.B., D.E.O., W.H.R., and R.B.D. conceptualized the study. R.C.B., T.V.L., C.R.H., G.D.S-P., C.M., A.D.S., S.K., L.K.B., S.E.E., N.E.B., S.P., J.K., V.Y., O.T., M.W., R.K., Q.W., H.W., M.O.F., S.C., and L.K developed the methodology for the study. R.C.B., T.V.L., C.R.H., G.D.S-P., C.M., A.D.S., and D.E.O. conducted investigation. C.R.H., G.D.S-P., C.M., A.D.S., R.C.B., and D.E.O. performed bioinformatic analyses. R.C.B. and T.V.L. performed and analyzed the *in vitro* experiments. R.C.B., D.E.O. and W.H.R. wrote the original draft. All authors reviewed and edited the manuscript.

**Competing interests:** W.H.R. is a Founder, member of the Board of Directors, and consultant to Atreca, Inc. D.E.O. and R.B.D. have filed a provisional patent encompassing aspects of this technology. G.D.S-P. is a co-founder of and reports stock interest in Micronoma. The other authors declare that they have no competing interests.

<sup>15</sup>Department of Computer Science and Engineering, University of California San Diego, La Jolla, CA, USA

<sup>16</sup>Bioinformatics and Systems Biology Program, University of California, San Diego, La Jolla, CA 92093, USA

<sup>17</sup>Bioinformatics Resource Center, Rockefeller University, 1230 York Ave., New York, NY 10065, USA

<sup>18</sup>Howard Hughes Medical Institute, Chevy Chase, MD, USA

## **Abstract**

Periodontal disease is more common in individuals with rheumatoid arthritis (RA) who have detectable anti-citrullinated protein antibodies (ACPA), implicating oral mucosal inflammation in RA pathogenesis. Here, we performed paired analysis of human and bacterial transcriptomics in longitudinal blood samples from RA patients. We discovered that patients with RA and periodontal disease experienced repeated oral bacteremias associated with transcriptional signatures of ISG15<sup>+</sup>HLADR<sup>hi</sup> and CD48<sup>high</sup>S100A2<sup>pos</sup> monocytes, recently identified in inflamed RA synovium, and blood of RA flares. The oral bacteria observed transiently in blood were broadly citrullinated in the mouth, and their *in situ* citrullinated epitopes were targeted by extensively somatically hypermutated ACPA encoded by RA blood plasmablasts. Together, these results suggest (i) periodontal disease results in repeated breaches of the oral mucosa that release citrullinated oral bacteria into circulation, which (ii) activate inflammatory monocyte subsets that are observed in inflamed RA synovium and blood of RA patients with flares, and (iii) activate ACPA B cells, thereby promoting affinity maturation and epitope spreading to citrullinated human antigens.

## **One Sentence Summary:**

Rheumatoid arthritis autoantibodies target oral bacteria detected in flare-associated bacteremias that activate inflammatory monocytes.

# **INTRODUCTION**

Periodontal disease is more common in patients with rheumatoid arthritis (RA), particularly RA with anti-citrullinated protein antibodies (ACPA) (1). Periodontal disease is a common disease that affects up to 47% of the adult population (2), and results in gingival bleeding with translocation of oral bacteria to blood (3). RA patients with ongoing periodontal disease have increased disease activity (4–6) and are more likely to have treatment refractory disease (7), suggesting periodontal disease may trigger systemic inflammatory pathways that are relevant for ongoing joint inflammation. However, the mechanisms by which periodontal disease and oral inflammation may contribute to ACPA development and persistence in RA are unclear.

ACPA recognize an array of human citrullinated proteins, generated through posttranslational modifications of arginine to citrulline by peptidylarginine deiminase enzymes (PADs), including filaggrin, fibrinogen, alpha-enolase, histones, and vimentin (8), and

are clinically useful for the classification of RA (9). In established RA, synovial ACPA positively correlate with disease activity (10), and RA patients who are seropositive are more likely to have flares after discontinuation of conventional treatments (11–13). ACPA often precede the onset of arthritis by years, suggesting that loss of tolerance to citrullinated human antigens is an early event in RA pathogenesis (8, 14, 15). Additionally, prior to onset of RA, there is an increase in N-linked glycosylation sites in the variable regions of ACPA expressing B cells (16–18), and these N-linked glycans may enhance binding to bacterial lectins (19, 20). While epitope spreading, development of high-titer ACPA, and accumulation of N-linked glycans in variable regions of ACPA are associated with the progression to established RA, the mechanisms underlying the induction and reactivation of ACPA expressing B cell responses are not well defined.

Here, we report our observation that RA patients with periodontal disease experience frequent bouts of oral bacteremias, that is, episodes of increased oral bacterial RNA in their blood. These oral bacteremias coincided with inflammatory monocyte transcriptional signatures. In RA patients with periodontal disease, flares were enriched with the same inflammatory monocyte signatures and antibody effector function pathways. This observation prompted investigation of the antibody response to oral bacteria, and we discovered that oral bacteria that are repeatedly detected in RA blood are broadly citrullinated in the mouth and recognized by extensively somatic hypermutated ACPA encoded by RA blood plasmablasts. Our findings indicate that damage of the oral mucosal barrier mediated by periodontal disease results in repeated, spontaneous translocation of citrullinated oral bacteria to the blood, which trigger innate and adaptive immune responses in RA associated with systemic disease flares.

# **RESULTS**

#### **Oral mucosal breaks trigger systemic inflammatory responses**

To determine the role of the microbiome in RA patients with periodontal disease, we performed bulk RNA sequencing (RNA-Seq) analysis on blood samples from RA patients with and without periodontal disease, obtained by weekly finger sticks over the course of one to four years (Rockefeller University longitudinal cohort, five patients, mean  $n=67$ time points per patient) (table S1). RNA-Seq transcripts were first aligned to the human genome (hg38) for differential gene expression analysis. The human-depleted reads were then aligned to a microbial metagenomic database (Web of Life, WoL) (21), followed by an in silico decontamination pipeline (22) (Fig. 1A–B, fig. S1). To ascertain the mucosal source of the bacteria in the blood, we inferred the relative abundances of bacteria from three oral mucosal sites (buccal mucosa, supragingival plaque, and tongue dorsum) and five other body sites (stool, vaginal fornix, anterior nares, left and right retroauricular creases) using SourceTracker2 (23) and matched body site samples from the Human Microbiome Project (HMP) (24). As the HMP dataset did not employ metatranscriptomics, we validated the approach by applying this pipeline to a publicly available metatranscriptomic dataset of human stool samples (25). We determined that nearly all predicted body-site attributions were indeed stool (fig. S2).

The inferred relative abundances of oral bacteria in blood were higher in the timepoints from RA patients with periodontal disease as compared to RA patients without periodontal disease (Fig. 1C–D, fig. S3a–e). Conversely, there were no differences in the inferred relative abundances of bacteria from other body sites (Fig. 1C). The most abundant oral bacteria detected in blood by RNA-Seq were Streptococcus species, mirroring the most abundant species detected in oral swabs by 16S sequencing (Fig. 1E, fig. S3F). Together, these data demonstrate that bacteremias from the oral cavity, but not other body sites, were more frequent in the blood of RA patients with periodontal disease compared to RA patients without periodontal disease.

We next compared human gene expression to the inferred relative abundances of bacteria from various body habitats. Since there were very little source contributions or variances in the levels of fornix- and stool-derived bacteria, these two sites were excluded (fig. S1A, fig. S4A). Notably, we found that the inferred relative abundances of tongue dorsum, buccal mucosa, and supragingival plaque, but not any other body sites, were associated with human differentially expressed genes (DEGs) (Fig. 1F, fig. S4B). Moreover, these DEGs were enriched for overlapping innate immune, defense, and interferon pathways (Fig. 1G). Congruently, we observed a positive correlation between the percent monocytes, a key innate immune cell, and the inferred relative abundances of oral bacteria in the blood of RA patients with periodontal disease (Fig. 1H). We validated the robustness of these SourceTracker2-inferred body site contribution estimates, by comparing each SourceTracker2-inferred body site contribution to matched log-ratios of the RA data comprising the microbe counts determined to be differentially abundant (ANCOM-BC (26)) in the respective HMP body sites over all other decontaminated microbial read counts (fig. S4C–D; see Methods). Given that these three oral sites are proximal to each other, breaches in the oral mucosa likely result in synchronous entry of bacteria from the oral cavity into the blood, inducing activation of innate immune cells, including monocytes, in the blood.

Given this observation was correlative, we tested whether oral bacteria directly trigger similar gene expression responses *in vitro*. Given that both RA and healthy oral flora are composed of mostly Streptococcus species, we incubated pooled oral bacteria isolated directly from the oral cavity of healthy individuals with whole blood from healthy individuals *in vitro*, and we measured relative expression of genes concomitant with oral bacteremias in RA patients (MARCO, TNFAIP6, ERAP2, and ISG15) (fig. S5A–B). We detected robust induction of these genes in whole blood after 6 and 20 hours of stimulation (Fig. 1I). Thus, oral bacteria can induce systemic inflammatory responses if oral bacteria translocate to blood as a result of an impaired oral barrier, as seen in periodontal disease, and this response is not specific to patients with RA.

The observed response to the oral bacteria was likely mediated by granulocytes and monocytes, as purified granulocytes and monocytes upregulated expression of TNFAIP6 and ISG15 after 6 hours of stimulation with oral bacteria (Fig. 1J). Additionally, monocytes stimulated with oral bacteria upregulated ISG15 protein expression (Fig. 1K), an effect mediated, in part, by the activation of  $Fc\gamma R2a$  caused by IgG coating of oral bacteria (fig. S5C) (27). Taken together, antibody-coated oral bacteria in vitro induce a similar

inflammatory immune gene signature as observed *in vivo* in RA patients, with periodontal disease likely causing direct activation of blood innate immune cells by oral bacteria.

## **Inflammatory synovial monocyte genes are enriched in blood during RA flares and in response to oral bacteremia**

We next sought to determine whether the oral bacteremias in RA patients with periodontal disease contribute to RA flare. In our prior study of RA flares (28), we identified enrichment of myeloid-related pathways in blood during flares as compared to baseline. Using the same longitudinal cohort from Fig. 1, we compared gene expression during flares to baseline and identified DEGs for flares from RA patients with and without periodontal disease (Fig. 2A). We classified genes with consistent fold-change direction in both periodontal disease-associated and non-periodontal disease-associated flares as "common flare genes". Conversely, we classified genes with discordant fold change direction in periodontal diseaseassociated and non-periodontal disease-associated flares as "periodontal disease-specific genes" (Fig. 2B). Periodontal disease-specific flare genes, but not the common flare genes, were enriched for myeloid leukocyte migration, immune complex clearance, and immunoglobulin binding(Fig. 2C). Moreover, only the periodontal disease-specific flare genes, and not the common flare genes, were enriched for antibody effector functions against microbes and myeloid immune responses (Fig. 2C). Together, these data suggest that (i) immune responses to repeated oral bacteremias contribute to RA flares, (ii) oral bacteremias promote an antibody effector response in RA patients with periodontal disease, and (iii) immune signatures in response to RA flares are variable, potentially due to distinct triggers of flare.

Given the specific enrichment of the myeloid leukocyte pathway during flares in RA patients with periodontal disease, we compared the host transcriptomic response to oral bacteremias and flares to a recently published single cell RNA-Seq analysis of RA synovial macrophages (29). We discovered that oral bacteremias and flares only in RA patients with periodontal disease, but not those without periodontal disease, were enriched for genes expressed by monocyte subsets analogous to ISG15<sup>+</sup>HLA<sup>hi</sup>, CD48<sup>pos</sup>SPP1<sup>pos</sup>, and CD48<sup>high</sup>S100A12<sup>pos</sup> inflammatory synovial macrophage subsets (Fig. 2D). Similarly, the gene signature of MerTK-HLA<sup>+</sup>ISG15<sup>+</sup> synovial macrophages had a high probability of co-occurrence with species that dominate the oral cavity, including Streptococcus spp. (Fig. 2E), based on MMvec (30), suggesting oral bacteria promote activation of the inflammatory monocyte subsets that are analogous to macrophages in the inflamed RA synovium.

#### **Highly mutated RA antibodies bind citrullinated human and bacterial antigens in vitro**

We reasoned that if flares in RA patients with periodontal disease were associated with antibody effector functions, RA patients might harbor additional, more specific responses to oral bacteria relative to individuals without RA. Given periodontal disease is specifically associated with ACPA<sup>+</sup> RA (31), we hypothesized ACPA may cross-react with oral bacteria. We therefore screened monoclonal antibodies (mAbs) derived from human RA blood plasmablasts (tables S2–S3) against a panel of human proteins and bacterial lysates characteristic of the oral mucosa, as well as other mucosal sites. The RA mAbs that bound the human citrullinated autoantigens (ACPA mAbs) cross-reacted with a broad array of

in vitro citrullinated bacterial lysates, but not native bacterial lysates, or the PAD enzyme used to citrullinate in vitro (Fig. 3A, fig. S6), indicating they were also anti-citrullinated bacterial antibodies (ACBA). RA antibodies without specificity against citrullinated human antigens (unreactive mAbs) showed little reactivity to any bacterial lysate (Fig. 3A, fig. S6). Of note, there was no difference in B cell receptor (BCR) characteristics, such as CDR3 length or hydrophobicity (GRAVY score), between ACPA and unreactive mAbs (fig. S7a,b). In contrast, the ACPA mAbs harbored more somatic hypermutations (SHM) in the V-region of the heavy and light chain ( $V_H$  and  $V_L$ ) genes compared to the unreactive mAbs (Fig. 3B, fig. S7c), which had similar percentages of SHM as antibody responses in other clinical scenarios (32, 33). Additionally, we investigated the frequency of N-linked glycan motifs in antigen-binding fragment (Fab) region, characterized by the consensus sequence N-X-S/T (34), which are potential sites for glycosylation that facilitate binding to bacterial lectins (19). ACPA mAbs contained increased numbers of predicted N-linked glycan motifs (Fig. 3C, fig. S7d), consistent with prior reports (16, 35).

To confirm cross-reactivity of ACPA mAbs between citrullinated oral bacterial and citrullinated human antigens, we pre-incubated mAbs with either a citrullinated or native human antigen, and then tested reactivity of the mAbs to citrullinated oral bacterial lysates. The citrullinated, but not the native, forms of human enolase and human vimentin inhibited binding to the citrullinated bacterial lysates (Fig. 3D, fig. S8a,b). Together, these data demonstrate antibodies encoded by ACPA expressing plasmablasts cross-react against both in vitro citrullinated oral bacterial and human antigens.

The data presented above represent studies of individual B cell clones. To determine whether ACPA in plasma and synovial fluid of RA patients cross-react to citrullinated bacterial antigens, we compared the binding of IgG antibodies derived from plasma  $(n=37)$  RA vs.  $n=40$  healthy, table S4) and synovial fluid ( $n=25$  RA vs. 25 osteoarthritis (OA)) to native and in vitro citrullinated streptococcal species (Fig. 3E–F). IgG isolated from RA plasma, but not healthy donor plasma, bound citrullinated but not native S. oralis and S. parasanguinis (Fig. 3E). Similarly, RA synovial IgG, but not OA synovial fluid IgG, bound citrullinated but not native S. gordonii, S. oralis, and S. salivarius (Fig. 3F). We conclude that RA patients harbor antibodies in both their plasma and synovial fluid that cross-react with in vitro citrullinated oral bacterial and human antigens.

To determine if oral bacteria are targeted by ACPA *in vivo*, we tested whether antibodies bound to oral bacteria, when eluted, were reactive for cyclic citrullinated peptide (CCP) using a clinical anti-CCP antibody assay (36). Indeed, antibodies bound to oral bacteria in RA patients had higher CCP reactivity in comparison to healthy donors (Fig. 3G), demonstrating that ACPA are bound to oral bacteria in RA patients. Collectively, these data show that ACPA cross-react with citrullinated human and oral bacterial antigens.

#### **Oral bacteria are highly citrullinated in vivo**

We next tested to what extent bacteria from various mucosal sites are citrullinated in vivo. Citrullination of bacteria from three sites (oral, fecal, and vaginal) were analyzed by flow cytometry using an anti-citrullinated peptide antibody (Fig. 4A). The proportion of

citrullinated bacteria was highest in oral bacteria as compared to fecal and vaginal bacteria (Fig. 4A,B).

Porphyromonas gingivalis encodes bacterial PAD (PPAD), and is enriched in the gingiva of patients with periodontal disease (37, 38). While Aggregatibacter actinomycetemcomitans expresses leukotoxin A, which induces hypercitrullination of human proteins by forming pores in neutrophils (39). To determine if specific bacteria are preferentially citrullinated, citrullinated bacteria and unbound bacteria were sorted, followed by 16S rRNA amplicon sequencing. No significant bacterial family enrichment was identified between the two fractions, suggesting broad and indiscriminate citrullination (Fig. 4C,D, fig. S9). Notably, the most abundant family of oral bacteria in the citrullinated fraction was the Streptococcaceae family, which does not express a PAD ortholog (40), suggesting citrullination occurred from an exogenous source of PAD.

Since neutrophils represent >95% of immune cells in the oral cavity (41) and express robust levels of PAD2 and PAD4 (42), we hypothesized that human neutrophils may citrullinate a Streptococcaceae family member, S. parasanguinis. After 3 hours of culture with human neutrophils and physiologic levels of CaCl<sub>2</sub>, the cofactor for human PAD2 and PAD4, there was an increase in the proportion of citrullinated live S. parasanguinis, as measured by flow cytometry (Fig. 4E). As demonstrated earlier, antibodies bound to oral bacteria contribute to ISG15 expression (Fig. 1K). To determine if ACPA binding to citrullinated S. parasanguinis augmented ISG15 expression in blood monocytes, we stimulated blood monocytes with citrullinated, intact S. parasanguinis in the presence of ACPA IgG1 mAbs (Fig. 3A) or isotype control. Congruently, ACPA binding to the citrullinated  $S$ . parasanguinis increased ISG15 expression (Fig. 4F). In conclusion, the oral cavity represents a source of citrullinated commensal bacteria, which can be citrullinated by host neutrophils, thereby forming immune complexes with ACPA to augment ISG15 expression in blood monocytes when translocating into circulation.

#### **RA ACPA bind in vivo citrullinated bacterial peptides detected by mass spectrometry**

To identify the citrullinated epitopes of in vivo citrullinated bacteria, we analyzed a publicly available mass spectrometry dataset of 30 human saliva samples (43) from periodontal disease patients, healthy individuals, and individuals with dental caries, and identified five bacterial-derived peptides with deiminated arginines (Fig. 5A, fig. S10, table S5). We then tested our library of 21 ACPA mAbs for binding to these five citrullinated bacterial epitopes detected by mass spectrometry. Eight of the ACPA mAbs reacted strongly with one or more of the citrullinated bacterial epitopes, demonstrating that citrullinated bacterial epitopes present in human saliva are also recognized by ACPA (Fig. 5B).

We next sought to assess if the ACPA mAbs initially develop against citrullinated bacterial antigens or citrullinated human autoantigens. We reverted four of the ACPA mAbs that bound a citrullinated bacterial epitope and expressed their respective germline mAbs (Fig. 5C–D, fig. S11). Additionally, we used using IgTree to predict ancestral BCRs in B cell clonal families, and we expressed predicted ancestral mAbs, as well as the germline mAb, of RA78 and RA80 (Fig. 5E, fig. S11). For each ACPA mAb and the respective ancestral and germline mAbs, we measured the binding affinity to the citrullinated bacterial peptide

and citrullinated human peptide that was most reactive via ELISA. For the ACPA mAbs that bound citrullinated molecular chaperone DnaK (87–106) derived from Aggregatibacter actinomycetemcomitans, the corresponding germline or ancestral antibody bound the citrullinated DnaK peptide (87–106) with low affinity and had no detectable binding to the citrullinated human peptide (Fig. 5C–E, fig. S11). Furthermore, these three ACPA mAbs had a higher or equivalent affinity for the citrullinated bacterial epitope as compared to the human epitope (Fig. 5C–E, fig. S11). There were also ACPA mAbs for which the ancestral germline mAb did not bind more strongly to the citrullinated bacterial epitope. Since the proteome of citrullinated antigens (both bacterial and human) is vast and not fully defined, only a subset of citrullinated antigens were tested in these experiments. Taken together, these results suggest that some ACPA B cells may originally develop against citrullinated bacterial antigens, followed by affinity maturation and epitope spreading, to bind citrullinated human antigens.

The most frequently detected citrullinated bacterial peptide in saliva in vivo was derived from S. parasanguinis amylase binding protein A (AbpA), which promotes bacterial binding to the tooth surface (44). To assess the generalizability of the citrullinated AbpA peptide as an antigenic target in other patients with RA, we compared IgG binding of plasma from RA ( $n=46$ ) and healthy patients ( $n=89$ ), as well as IgG binding of synovial fluid from RA  $(n=31)$  and OA patients  $(n=34)$  to citrullinated and native AbpA peptide. Plasma and synovial fluid from RA patients exhibited increased reactivity to citrullinated AbpA peptide when compared to non-RA controls (Fig. 5F). In addition, RA plasma absorbed against these three citrullinated bacterial peptides (citrullinated AbpA, citrullinated DnaK peptide, and citrullinated hypothetical protein) showed decreased reactivity to CCP, citrullinated vimentin, citrullinated enolase, and citrullinated histone 2A, demonstrating cross-reactivity (fig. S12). Furthermore, we measured the citrullinated AbpA antibody levels in healthy individuals with no or mild periodontal disease, patients with moderate to severe periodontal disease (PD), and RA with moderate to severe periodontal disease. We discovered that RA patients with periodontal disease, but not those with only periodontal disease or healthy controls, harbored anti-cit AbpA antibodies (Fig. 5G). Collectively, these data indicate that RA patients develop antibodies that bind citrullinated oral commensal bacterial proteins that are cross-reactive against known human citrullinated autoantigens.

#### **DISCUSSION**

Our data suggest that periodontal disease-associated oral mucosal breaks result in oral bacteremias that trigger innate and adaptive immune responses, which, when repeated over time in a susceptible host, likely contribute to the pathogenesis of RA. Oral bacteremias trigger activation of innate immune pathways, including inflammatory ISG15<sup>+</sup> HLADR<sup>hi</sup> monocytes, that are present in inflamed joints and the blood of patients with periodontal disease and RA flare. While the innate interferon response to oral bacteremia is not specific to RA, antibodies to citrullinated oral bacteria (ACBA) are specific to RA. Periodontal disease affects 47% of the population while RA only affects 1%, indicating additional host susceptibility factors must play a role (2, 45). Our discovery that some RA patients harbor B cells that bind citrullinated bacterial antigens and subsequently undergo affinity maturation and epitope spreading to bind citrullinated human antigen, provides insight into

the long known association between periodontal disease and seropositive RA. Overall, the discoveries presented here are consistent with a model where periodontal disease enables bacterial translocation that, in turn, stimulates innate and adaptive immune responses that contribute to RA pathogenesis.

Plasmablasts are a relatively rare B cell population in blood, and antigen specific plasmablasts typically peak 6 or 7 days following vaccination and then drop to baseline within 2–3 weeks (46, 47). We previously observed shared clonal lineages of IgA<sup>+</sup> and IgG<sup>+</sup> ACPA expressing plasmablasts in RA blood for up to 12 months, far beyond the established duration of an acute immune response (48). While we have specifically focused on IgG effector functions, given the numerous studies that implicate Fcγ receptor activation in RA (49, 50), the presence of IgA isotype in the ACPA expressing clonal families is suggestive of a mucosal drive. Nevertheless, it is possible IgA and IgG ACPA contribute to inflammation IgA and IgG ACPA contribute to inflammation in RA by forming immune complex with citrullinated bacterial antigens that activate their respective pro-inflammatory Ig receptors.

Our data show that RA ACPA expressing plasmablasts exhibit extensive SHM that is greater than typical antibody responses to vaccines (32). Furthermore, we demonstrated that this extensive SHM gives rise to ACPAs that cross-bind both citrullinated oral bacterial antigens and citrullinated human antigens. As B cells accumulate on average one nucleotide mutation per each cycle of activation and affinity maturation in the germinal center (51), the extensive mutation burden of ACPA plasmablasts in RA suggests that they may have been repeatedly re-stimulated by the recurrent mucosal breaches of citrullinated oral bacteria. For the three mAbs that bound the bacterial citrullinated molecular chaperone DnaK (87–106), the inferred germline or ancestral antibodies bound the bacterial citrullinated molecular chaperone DnaK (87–106) with low affinity had no detectable binding to citrullinated human antigens. Thus, we propose that periodontal disease-mediated repeated oral bacteremias stimulates recurrent rounds of ACPA expressing B cell affinity maturation and somatic hypermutation, eventually resulting in epitope spread of the ACPA response to target both citrullinated bacterial and human antigen(s).

We additionally discovered non-PAD expressing oral commensal bacteria are broadlycitrullinated in vivo in individuals with periodontal disease. Culture of neutrophils with non-PAD expressing *Streptococcus* species (40) led to bacterial citrullination, indicating that human-derived PADs released from NETosing neutrophils can mediate citrullination of oral bacteria. Our finding that ACPA expressing plasmablasts target citrullinated commensal oral bacteria that do not necessarily express endogenous PAD(s) suggests human neutrophil PADs mediate the generation of citrullinated bacterial epitopes, a result we confirmed with experiments in vitro.

Entry of oral bacteria into blood was associated with innate immune and defense pathways, indicating a subclinical response to the oral bacteremias in RA patients with periodontal disease. Indeed, several groups have demonstrated that the oral dysbiosis in RA is characterized by enrichment of *Streptococcus* species (52), and that specific isolates of S. parasanguinis can induce arthritis in murine models (53). In periodontal disease, oral bacteria released into the blood may disseminate to the liver, spleen, joints, and gut (54–56).

Congruently, recent studies have reported an enrichment of oral *Streptococcus* species in the gut of RA patients (57, 58) that correlates with disease activity, further supporting hematogenous transmission of oral bacteria to distant body sites.

The temporal association of oral bacteremia with ISG15<sup>+</sup>HLA<sup>high</sup> monocyte gene expression suggests a mechanism by which these monocytes are activated by citrullinated oral bacteria alone or in ACPA-bound immune complexes. In RA patients with periodontal disease, the gene signatures of inflammatory  $S100A12<sup>+</sup>$  and  $ISG15<sup>+</sup>$  synovial macrophages were enriched during flares in RA patients with periodontal disease. Given these gene signatures partially overlap, the  $ISG15<sup>+</sup>$  macrophage subset may represent a recently activated monocyte subset that trafficked from blood and further differentiated into a more inflammatory subset in the synovial tissue. Notably, the inflammatory monocyte analogous to the ISG15<sup>+</sup>HLA<sup>high</sup> macrophage was only enriched in the flares of RA patients with periodontal disease, indicating there is variability in the immune signature of flares, potentially due to distinct triggers. Given the heterogeneous nature of RA, oral bacteremias may trigger a subset of RA arthritis flares, particularly for RA patients with periodontal disease. Future efforts will focus on elucidating additional mechanisms of flare in patients without oral bacteremia or periodontal disease.

There are several limitations of our approach. It was not possible to know whether the bacterial reads we identified in blood samples were intracellular, extracellular, or exosomal. The majority of the samples used in our study were from individuals with established RA on DMARD and/or other biologics, and for some RA patients included in this study, their periodontal disease statuses were unknown. Further studies involving samples from at-risk individuals and medication-naïve individuals are needed to understand the impact of medication on RA progression related to oral bacterial translocation. Additionally, given that ACPA can be reactive against several citrullinated antigens and a vast number of citrullinated epitopes, we cannot precisely determine the driving epitope for each BCR with absolute certainty. Finally, the proteomic analysis likely did not identify all bacterial citrullinated proteins present in the oral cavity given that >95% of proteins were human, and thus those identified only represent a fraction of citrullinated bacterial peptides present.

In summary, the findings described here indicate that periodontal disease, through repeated mucosal breaks, results in recurring innate and adaptive immune activation that may contribute to the pathogenesis of RA. Our findings suggest that future studies are needed to determine if improved oral care may provide therapeutic benefit in the management of RA.

# **MATERIALS AND METHODS**

#### **Study Design**

The objectives of this study were to investigate the relationship between the oral microbiome and RA flares using finger-stick RNA-Seq monitoring and B cell repertoire sequencing. The study utilized cohorts from Rockefeller University, University of Colorado, and Stanford University/VA Palo Alto.

**Rockefeller University (RU) Longitudinal Cohort:** Five female patients who met the ACR 2010 classification criteria (9) for RA and were seropositive for cyclic citrullinated peptide (CCP+) were followed for a minimum of one year with weekly finger stick samples as well as questionnaires to capture RAPID3 scores as well as changes in medication and dental work (table S1). They were also assessed with monthly clinic visits that included physical exams with assessment of tenderness and swelling in 28 joints. Additional samples were collected during self-reported flare events. This study was approved by the Rockefeller Investigational Review Board (IRB) (#DOR-0833).

**Stanford University (SU) Cohorts:** Studies below were approved by the Stanford University IRB (#3780).

Plasmablasts— Plasmablasts were isolated from blood samples collected from 12 donors recruited at the VA Palo Alto who met 1987 American College of Rheumatology (ACR) criteria (59) and who were positive for anti-CCP antibodies (table S2, table S3).

Plasma— Plasma samples were collected from individuals with RA who met the 1987 American College of Rheumatology (ACR) criteria (59) and who were positive for anti-CCP antibodies, as well as from healthy donors (table S4).

Synovial fluid— Synovial fluids from 65 RA and OA patients as determined by board certified rheumatologists were provided by the Stanford Rheumatic Diseases Biorepository.

**University of Colorado (UC) Periodontal disease Cohort:** Plasma samples from RA individuals who met ACR 2010 classification criteria for RA (57), or normal donors were collected (table S6). The gingival health of all individuals were classified according to CDC–AAP case definitions (60). This study was approved by the Colorado Multiple Institute Review Board (#15–2288).

## **Clinical phenotype data and RNA sequencing of fingerstick blood specimens from RA patients**

The five female patients in the Rockefeller University (RU) Longitudinal Cohort self collected finger stick blood samples. N=336 RNA-Seq samples (mean  $n=67$  per patient) were available for the analysis comparing microbial and human gene expression (Figure 1). Globin-Zero kit (EpiCentre) and the Illumina Truseq mRNA Stranded Library kit, with 11 to 12 polymerase-chain-reaction (PCR) cycles for 5 to 8 nmol per liter input, and sequencing was performed on a HiSeq2500 system (Illumina) with 150-base paired-end reads. Transcript abundance was quantitated with salmon using an hg38 ensGene gene model.

#### **Shotgun metatranscriptomic microbial assignments**

Host depleted and quality controlled output fastq files were then uploaded to Qiita web server (61) (project ID 13456) for per-sample metatranscriptomic microbial classification. Qiita offers a graphical user interface that easily facilitates shotgun metatranscriptomic and/or metagenomic analysis based on Woltka v0.1.1 (62) and its associated 'Web of Life' database containing 10,575 microbial genomes of bacteria and archaea (21) through direct

genome alignments. A total of 371 blood-derived RA samples were aligned against the WoL reference genome database using SHOGUN v1.0.8 (63), with Bowtie2 v2.4.1 (64) as the backend. This process is equivalent to a Bowtie2 run with the following parameters: --very-sensitive -k 16 --np 1 --mp "1,1" --rdg "0,1" --rfg "0,1" --score-min "L,0,−0.05". The sequence alignment is treated as a mapping from queries (sequencing data) to subjects (microbial reference genomes). Reads mapped to a microbial reference genome are counted as hits, such that the resultant feature table comprises samples (rows) by microbial genome IDs (columns) and concomitant abundances. These microbial genome IDs ("operational genomic units" or OGUs) provide a shotgun metagenomic equivalent to ASVs in 16S rRNA amplicon sequencing data (62). Of note, in the case that one sequence is mapped to multiple genomes by Bowtie2 (up to 16), each genome is counted 1 / k times, where k is the number of genomes to which this sequence is mapped. The frequencies of individual genomes were then summed after the entire alignment was processed, and rounded to the nearest even integer, thereby making the sum of OGU frequencies per sample is nearly equal (considering rounding) to the number of aligned sequences in the dataset. The resultant count matrix was saved as a biom file for downstream analyses. Additionally, 217 shotgun metagenomic samples from the Human Microbiome Project (65) that were previously used for source tracking against low biomass data (66) were processed through the same Woltka-Web of Life OGU pipeline, as described above.

#### **Microbial Source Trackin**

Using the RA metatranscriptomic and HMP metagenomic data with annotated HMP bodysite data, microbial source tracking was performed using a Bayesian source tracking model, SourceTracker2 [\(https://github.com/biota/sourcetracker2](https://github.com/biota/sourcetracker2)) (23). Details of the Bayesian model have been previously described by our laboratory (66). Since metatranscriptomic data were also available for HMP fecal samples (25), we compared whether HMP fecal metatranscriptomic samples would be assigned as similar or equivalent using SourceTracker2 (fig. S2). Based on the near perfect association between HMP metagenomic and metatranscriptomic data (fig. S3c), we proceeded with using the HMP metagenomic data for source tracking with the RA metatranscriptomic data. Using SourceTracker parlance, the HMP samples served as 'sources' while the RA samples acted as 'sinks', and the SourceTracker2 algorithm was used to calculate the proportion of each source attributable to each sink. In lay terms, we estimated the proportion of body-site from HMP data attributable to each RA microbiome sample using the Bayesian model. After (i) intersecting the OGUs in our RA microbiome data set with those in HMP and (ii) converting the data to BIOM table format (67), we applied the SourceTracking2 approach to all RA samples. SourceTracker2 default settings (alpha1 =  $0.001$ , alpha2 =  $0.1$ , beta = 10, restarts  $= 10$ , draws\_per\_restart  $= 1$ , burnin  $= 100$ , delay  $= 1$ ) plus a sink rarefaction depth of 9000 were used for. The outputs were calculated in terms of mean fractional contributions of each source to each sink.

#### **Differential gene expression and pathway analysis for oral bacteremias**

Differential gene expression was performed with limma (68). Genes with low expression were filtered out using the filterByExpr command in the edgeR R package (60). In order to remove batch effects and unwanted variation due to low RNA yields, the batch and starting

RNA amounts were included in the linear model. Normalization factors were calculated using the "TMM" method, and voomWithQualityWeights was used prior to fitting a linear model with lmFit and eBayes. Significant genes were these with an adjusted p-value (FDR, using Benjamini & Hochberg correction) less than 0.01. SourceTracker2 predicted relative contributions or log-ratios (described below) from microbial read counts were used as a continuous variable. For GO pathway analyses, goana function in edgeR was utilized.

#### **RT-qPCR of stimulated whole blood and isolated immune cell populations**

To isolate monocytes and lymphocytes, frozen PBMC were thawed and washed with 10%FBS (Corning) in RPMI (Thermo Fisher), and resuspended in DNAse in 10% FBS in RPMI to improve viability. PBMCs were washed, and layered over the Percoll gradient (GE) to separate monocytes and lymphocytes. Monocyte enriched buffy coat was spun down and resuspended in EasySep Buffer (StemCell Technologies). Monocytes were then isolated using the EasySep Human Monocyte Isolation Kit (StemCell Technologies) as per the manufacturer's instructions. Neutrophils were isolated as described above. Isolated cells were checked by flow cytometry for >95% purity. The oral bacteria was isolated directly from the mouth of healthy individuals and frozen at −80C prior to the experiment. For all of the experiments, a pool of oral bacteria from six healthy donors (combined and aliquoted prior to freezing) was used to stimulate the monocytes or whole blood. All monocytes, lymphocytes, or neutrophils were resuspended at  $7\times10^6$  cells/ml and mixed with oral bacteria or media. After incubation for 6 hours, total RNA was isolated using a RNAeasy Plus Mini or Micro Kit according to the manufacturer's instructions. For experiments with whole blood, Whole blood (2.5mL) was incubated with oral bacteria (~200000 bacteria cells) isolated from the oral cavity or mock stimulated for 0.25 to 20 hours with orbital shaking. At designated time points, blood was added to a PAXgene Blood RNA tube (BD Biosciences), and incubated at room temperature for 2 to 24 hours. Total RNA was purified from the whole blood using the PAXgene Blood RNA Kit (Qiagen) as per the manufacturer's instructions. Total RNA was reverse transcribed to cDNA using High Capacity cDNA Reverse Transcription Kit (Thermo Fisher). RT-qPCR was performed using TaqMan Gene Expression Master Mix and predesigned TaqMan qPCR probes (Thermo Fisher) on a QuantStudio 7 Flex Real-Time PCR Instrument (Thermo Fisher). Relative mRNA expression was normalized to the levels of GAPDH and expressed relative to the values for control cells using the Ct method.

#### **ISG15 expression in blood monocytes**

Blood monocytes were isolated from frozen PBMCs using EasySep Human Monocyte Isolation Kit (StemCell Technologies) as per the manufacturer's instructions. Oral bacteria was isolated from the oral cavity as describe above. Monocultured S. parasanguinis was grown and incubated with neutrophil conditioned media with CaCl<sub>2</sub> and DTT for 3 hours prior to produce citrullinated S. parasanguinis. ACPA mAbs or isotype control mAb was incubated with citrullinated S. parasanguinis prior to incubation with to experiment with monocyte. Monocytes were resuspended at concentration of  $4\times10^6$  cells/ml in 10%FBS (Corning), RPMI (Thermo Fisher), 25mM HEPES (VWR), and 1X penicillin-streptomycin, and 100μl of cells were mixed with 50μl of oral bacteria or citrullinated S. parasanguins. In certain expriements, anti-CD32A (StemCell) was added. Cells were incubated for 16–20

hours. Cells were washed and stained using CD14 APC-Cy7 (Biolegend), AquaZombie (Biolegned), CD45 Brillant Violet 711 (Biolegend), and ISG15 Alexa 488 (R&D Systems) according to manufacturer's instructions. Cells were analyzed on a Fortessa flow cytometer (BD Biosciences). Data analysis was performed using the FlowJo software.

#### **Cell barcode–enabled sequencing of plasmablasts**

Sequencing of immunoglobulin genes from individual plasmablasts was performed using cell barcodes, as described previously (48, 69–71). Briefly, CD19+CD3−IgD−CD14−CD20−CD27+CD38++ plasmablasts were single-cell sorted using a BD FACSAria3.1 or BD FACSAria3.2 (BD Biosciences) directly into lysis buffer in 96 well plates. Reverse transcription of RNA with oligo-dT was carried out in separate wells, and unique well-ID barcodes were attached via template switching activity of Maxima Reverse Transcriptase (Thermo Scientific). Barcoded cDNA from each plate was pooled and heavy chain (IgA, IgG, IgM) and light chain (kappa and lambda) were amplified in 3 rounds of PCRs while attaching plate-specific barcodes and sequencing adapters. PCRs were carried out separately heavy chain of IgA, IgG, IgM, and kappa and lambda light chain, and separate libraries were generated from each, gel-purified, cleaned with Ampure XP beads (Beckman Coulter), and sequenced on an Illumina MiSeq (Illumina) with  $2 \times 300$ paired-end reads.

#### **Bioinformatic analysis of immunoglobulin sequences**

Sequencing data was processed as previously described (48, 69–71). Briefly, FASTQ files were de-multiplexed using the MiSeq FASTQ workflow. Poor quality reads and bases were trimmed, and the paired reads were stitched together. Similar reads sharing the same plate and well IDs were clustered into operational taxonomic units (OTUs) (72). Heavy chain VDJ genes and Light VJ chain were aligned to germline sequences using ImMunoGeneTics (IMGT) HighV-Quest (73). V-region somatic hypermutations (SHM) were calculated using IMGT analysis based on comparison to germline V-region genes. SHM frequency was calculated by dividing the number of mutations by the length of the V-region of the corresponding chain. When comparing antigen specific plasmablast sequences, the SHM frequency full V-region was compared. N-glycan sites in the heavy and light chain variable regions were predicted by NetNGlyc 1.0 (74).

#### **Generation of recombinant monoclonal antibodies**

Previously published plasmablast antibody sequences from RA patients (48, 69, 70) were recombinantly produced in human IgG1 backbone to ensure consistency in the characterization assays. In-house production was done as described previously, using an Expi293 Expression System (ThermoFisher) with Expi293F cells (48, 69–71). Briefly, constructs including the heavy chain and light chain variable region sequences were synthesized as gBlock gene fragments (IDT) for cloning into pFUSE antibody plasmids (Invivogen) using the Cold Fusion Cloning Kit (System Biosciences). We utilized pFUSEss-CHIghIg1 for gamma, pFUSE2ss-CLIg-hK for kappa, and pFUSE2ss-CLIg-hL2 for lambda. The Expi293 Expression System (ThermoFisher Scientific) was used for transient transfections, and harvested culture supernatants were purified using Pierce™ Protein A Plus Agarose (ThermoFisher Scientific).

#### **Bacterial culture and preparation**

Bacteria strains were grown to mid logarithmic growth phase (0.4–0.9 optical density units), as determined spectrophotometry at 600 nm, in ATCC recommended medias and conditions (table S7). The bacteria was pelleted by spinning at 6000 x g for 10 minutes, and washed in Phosphate Buffer Saline (PBS) before storage at −20°C.

#### **Bacterial flow cytometry and sorting**

Oral "brushings" were collected by using BBL culture swabs (BD Biosciences) to brush all teeth above the gingiva for about 2 minutesaccording to Stanford University IRB (#3780). Oral samples, healthy vaginal fluid (Lee BioSolutions) and healthy fecal swabs (Lee BioSolutions) were stored at −80°C. One oral swab, vaginal swab, or fecal swab was placed in staining buffer, PBS with 1% bovine serum albumin (BSA, Sigma) on ice for 10 minutes with vortexing. Sample was spun down (8,000 x g, 10 minutes, 4°C) and resuspended in 20% normal mouse serum (Jackson ImmunoResearch) in staining buffer for 20 min on ice prior to labeling with anti-citrulline monoclonal antibody (clone 1D9, Cayman Chemical). The sample was washed after the primary staining, and resuspended in PE-conjugated F(ab')2 donkey anti-mouse (H+L) (Jackson ImmunoResearch) and SYTO BC dye (Thermo Fisher Scientific) for 30 minutes at 4 °C. The bacteria were washed twice and resuspended in 100 μL staining buffer containing propidium iodide (Sigma) and 6 μm beads (Thermo Fisher Scientific). Bacteria were run on LSRII or FACSAria cytometer, and sorted directly into DNA/RNA Shield (Zymo Research). Samples with low bacteria concentrations were not included in the analysis.

#### **Citrullination of bacteria via neutrophils**

Neutrophils were isolated from freshly drawn peripheral blood from healthy donors as previously described (75). Briefly, neutrophils and red blood cells were isolated from PBMC via Ficoll gradient using Ficoll-Paque Plus (GE). The neutrophil and RBC pellet was diluted in 3% dextran in Hank's Balanced Salt Solution (HBSS, Corning). After a 20 minute incubation, the neutrophil rich supernatant was spun down at 300g with no brake. Remaining RBC were lysed using RBC lysis buffer (Biolegend). After washing, neutrophils were resuspended to a concentration of  $2.5 \times 10^7$  cells/ml. *S. parasanguinis* was grown to mid logarithmic growth phase, and then washed three times in PBS. Following the washes, S. parasanguinis was labeled with Cell Trace Far Red (Thermo Fisher) and resuspended at a concentration of 2.5  $x \times 10^8$  cells/ml. Freshly isolated neutrophils were added to the S. parasanguinis for a final concentration of  $10^7$  cells/ml neutrophils and  $10^8$  cells/ml S. parasanguinis in 1 mM DTT (Sigma), 2mM CaCl<sub>2</sub> (specific conditions), and HBSS. After a 3 hour incubation, citrullination levels of S. parasanguinis were checked by flow as described above.

#### **BLI and thermostability assay**

Antibody binding to peptide was assessed using a ForteBio Octet KQ. The binding assays were performed at 30 °C and with agitation set at 1000 rpm. Biotinylated peptides were loaded on High Precision Streptavidin Biosensors (ForteBio) at 100 nM concentration in 1X kinetic buffer (ForteBio). The sensors were then quenched using biocytin (Thermo Fisher

Scientific). Antibody concentrations of ranging from 10–8000 nM were measured for each peptide.

#### **Recombinant peptide ELISA**

For experiments with the biotinylated peptides, Nunc Immobilizer Strepavidin 384 plates (Thermo Fisher) were loaded with 1 μM of biotinylated peptide (table S8) for 1 hour at room temperature. Plates were blocked with 50% Chonblock (Chondrex) in PBS (Chondrex) or 2% BSA in PBS for 1 hour at room temperature. Following blocking, plasma or synovial fluid was diluted at 1:100 concentration or to 1 μg/mL for mAbs, and was incubated shaking at room temperature for 1.5 hours. Dilution series of a positive control sera was included on each plate to ensure consistency between plates. Antibody binding was detected by using an HRP-conjugated goat anti-human IgG Fc antibody and Super AquaBlue ELISA substrate. Five washes with PBST were performed between each step. Blank wells were subtracted for analysis.

### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

## **ACKNOWLEDGEMENTS**

We thank the VA Palo Alto FACS facility and Stanford University Mass Spectrometry Core as well as the staff of the Rockefeller University Hospital for their assistance. We also thank Shauna Culshaw and Mariola Kurowska-Stolarska for the helpful discussions and edits.

#### **Funding:**

The research reported in this publication was supported by National Institutes of Health (NIH) R01 AR063676 (to W.H.R.), NIH R01 AR078268 (to W.H.R. and D.E.O.), NIH U19 AI110491 (to W.H.R.), NIH U01 AI101981 (to V.M.H. and W.H.R.), NIH T32 HG003284 (to V.Y.), NIH R01 GM071966 (to O.T.), NIH T32 AI007290–35 (to R.C.B.), NIH P30 AR079369 (to V.H.M. and K.D.D.), National Science Foundation (NSF) Graduate Research Fellowship (to R.C.B.), Robertson Foundation (to D.E.O.), Rockefeller University UL1 TR001866 (to D.E.O.), Bernard and Irene Schwartz Foundation (to D.E.O.), Iris and Junming Le Foundation (to D.E.O.), Rockefeller Clinical and Translational Science Award Program Pilot Award (to D.E.O.), Rheumatology Research Foundation (to L.K.), and National Cancer Institute (N.C.I.) F30 CA243480 (to G.D.S-P.).

#### **Data and materials availability:**

Data associated with this study are present in the paper or the Supplementary Materials. Plasmablast sequences can be accessed at NCBI Sequence Read Archive (accession no. PRJNA503739, SRP150122) and GEO (accession number GSE114310). Raw RNAseq data is available at DbGAP (phs003179.v1.p1). Data file S1–6 contains the raw data from figures. Further information and requests for resources and reagents should be directed to and will be fulfilled by WHR (w.robinson@stanford.edu).

#### **References**

- 1. de Pablo P, Dietrich T, McAlindon TE, Association of periodontal disease and tooth loss with rheumatoid arthritis in the US population. J. Rheumatol. 35, 70–76 (2008). [PubMed: 18050377]
- 2. Eke PI, Dye BA, Wei L, Thornton-Evans GO, Genco RJ, CDC Periodontal Disease Surveillance workgroup: James Beck (University of North Carolina, Chapel Hill, USA), Gordon Douglass (Past President, American Academy of Periodontology), Roy Page (University of Washin, Prevalence

of periodontitis in adults in the United States: 2009 and 2010. J. Dent. Res. 91, 914–920 (2012). [PubMed: 22935673]

- 3. Lockhart PB, Brennan MT, Thornhill M, Michalowicz BS, Noll J, Bahrani-Mougeot FK, Sasser HC, Poor oral hygiene as a risk factor for infective endocarditis-related bacteremia. J. Am. Dent. Assoc. 140, 1238–1244 (2009). [PubMed: 19797553]
- 4. Mikuls TR, Payne JB, Yu F, Thiele GM, Reynolds RJ, Cannon GW, Markt J, McGowan D, Kerr GS, Redman RS, Reimold A, Griffiths G, Beatty M, Gonzalez SM, Bergman DA, Hamilton BC 3rd, Erickson AR, Sokolove J, Robinson WH, Walker C, Chandad F, O'Dell JR, Periodontitis and Porphyromonas gingivalis in patients with rheumatoid arthritis. Arthritis rheumatol. 66, 1090–1100 (2014). [PubMed: 24782175]
- 5. Kaneko C, Kobayashi T, Ito S, Sugita N, Murasawa A, Nakazono K, Yoshie H, Circulating levels of carbamylated protein and neutrophil extracellular traps are associated with periodontitis severity in patients with rheumatoid arthritis: A pilot case-control study. PLoS One 13, e0192365 (2018).
- 6. González DA, Bianchi ML, Salgado PA, Armada M, Seni S, Isnardi CA, Citera G, Ferrary T, Orman B, Disease activity and subcutaneous nodules are associated to severe periodontitis in patients with rheumatoid arthritis. Rheumatol. Int. 42, 1331–1339 (2022). [PubMed: 34420067]
- 7. Möller B, Bender P, Eick S, Kuchen S, Maldonado A, Potempa J, Reichenbach S, Sculean A, Schwenzer A, Villiger PM, Wong A, Midwood KS, Treatment of severe periodontitis may improve clinical disease activity in otherwise treatment-refractory rheumatoid arthritis patients. Rheumatology (Oxford) 59, 243–245 (2020). [PubMed: 31292632]
- 8. Sokolove J, Bromberg R, Deane KD, Lahey LJ, Derber LA, Chandra PE, Edison JD, Gilliland WR, Tibshirani RJ, Norris JM, Holers VM, Robinson WH, Autoantibody epitope spreading in the pre-clinical phase predicts progression to rheumatoid arthritis. PLoS One 7, e35296 (2012).
- 9. Aletaha D, Neogi T, Silman AJ, Funovits J, Felson DT, Bingham CO 3rd, Birnbaum NS, Burmester GR, Bykerk VP, Cohen MD, Combe B, Costenbader KH, Dougados M, Emery P, Ferraccioli G, Hazes JMW, Hobbs K, Huizinga TWJ, Kavanaugh A, Kay J, Kvien TK, Laing T, Mease P, Ménard HA, Moreland LW, Naden RL, Pincus T, Smolen JS, Stanislawska-Biernat E, Symmons D, Tak PP, Upchurch KS, Vencovský J, Wolfe F, Hawker G, 2010 Rheumatoid arthritis classification criteria: an American College of Rheumatology/European League Against Rheumatism collaborative initiative. Arthritis Rheum. 62, 2569–2581 (2010). [PubMed: 20872595]
- 10. Sohrabian A, Mathsson-Alm L, Hansson M, Knight A, Lysholm J, Cornillet M, Skriner K, Serre G, Larsson A, Weitoft T, Rönnelid J, Number of individual ACPA reactivities in synovial fluid immune complexes, but not serum anti-CCP2 levels, associate with inflammation and joint destruction in rheumatoid arthritisAnnals of the Rheumatic Diseases 77, 1345–1353 (2018). [PubMed: 29895567]
- 11. Haschka J, Englbrecht M, Hueber AJ, Manger B, Kleyer A, Reiser M, Finzel S, Tony H-P, Kleinert S, Feuchtenberger M, Fleck M, Manger K, Ochs W, Schmitt-Haendle M, Wendler J, Schuch F, Ronneberger M, Lorenz H-M, Nuesslein H, Alten R, Demary W, Henes J, Schett G, Rech J, Relapse rates in patients with rheumatoid arthritis in stable remission tapering or stopping antirheumatic therapy: interim results from the prospective randomised controlled RETRO studyAnnals of the Rheumatic Diseases 75, 45–51 (2016). [PubMed: 25660991]
- 12. Ajeganova S, Huizinga T, Sustained remission in rheumatoid arthritis: latest evidence and clinical considerations. Ther. Adv. Musculoskelet. Dis. 9, 249–262 (2017). [PubMed: 28974987]
- 13. Khatri S, Hansen J, Astakhova K, Antibodies to synthetic citrullinated peptide epitope correlate with disease activity and flares in rheumatoid arthritis. PLoS One 15, e0232010 (2020).
- 14. Rantapää-Dahlqvist S, de Jong BAW, Berglin E, Hallmans G, Wadell G, Stenlund H, Sundin U, van Venrooij WJ, Antibodies against cyclic citrullinated peptide and IgA rheumatoid factor predict the development of rheumatoid arthritis. Arthritis Rheum. 48, 2741–2749 (2003). [PubMed: 14558078]
- 15. Kokkonen H, Mullazehi M, Berglin E, Hallmans G, Wadell G, Rönnelid J, Rantapää-Dahlqvist S, Antibodies of IgG, IgA and IgM isotypes against cyclic citrullinated peptide precede the development of rheumatoid arthritis. Arthritis Res. Ther. 13, R13 (2011). [PubMed: 21291540]
- 16. Vergroesen RD, Slot LM, Hafkenscheid L, Koning MT, van der Voort EIH, Grooff CA, Zervakis G, Veelken H, Huizinga TWJ, Rispens T, Scherer HU, Toes REM, B-cell receptor sequencing of anti-citrullinated protein antibody (ACPA) IgG-expressing B cells indicates a selective advantage

for the introduction of N-glycosylation sites during somatic hypermutation. Ann. Rheum. Dis. 77, 956–958 (2018). [PubMed: 28835463]

- 17. Hafkenscheid L, Moel E, Smolik I, Tanner S, Meng X, Jansen BC, Bondt A, Wuhrer M, Huizinga TWJ, Toes REM, El-Gabalawy H, Scherer HU, N -Linked Glycans in the Variable Domain of IgG Anti-Citrullinated Protein Antibodies Predict the Development of Rheumatoid ArthritisArthritis & Rheumatology 71, 1626–1633 (2019). [PubMed: 31067000]
- 18. Kissel T, Hafkenscheid L, Wesemael TJ, Tamai M, Kawashiri S-Y, Kawakami A, El-Gabalawy HS, van Schaardenburg D, Rantapää-Dahlqvist S, Wuhrer M, van der Helm-van Mil AHM, Allaart CF, van der Woude D, Scherer HU, Toes REM, Huizinga TWJ, IgG Anti-Citrullinated Protein Antibody Variable Domain Glycosylation Increases Before the Onset of Rheumatoid Arthritis and Stabilizes Thereafter: A Cross-Sectional Study Encompassing ~1,500 Samples. Arthritis Rheumatol (2022), doi:10.1002/art.42098.
- 19. Schneider D, Dühren-von Minden M, Alkhatib A, Setz C, van Bergen CAM, Benkiβer-Petersen M, Wilhelm I, Villringer S, Krysov S, Packham G, Zirlik K, Römer W, Buske C, Stevenson FK, Veelken H, Jumaa H, Lectins from opportunistic bacteria interact with acquired variableregion glycans of surface immunoglobulin in follicular lymphoma. Blood 125, 3287–3296 (2015). [PubMed: 25784678]
- 20. Ielasi FS, Alioscha-Perez M, Donohue D, Claes S, Sahli H, Schols D, Willaert RG, Lectin-Glycan Interaction Network-Based Identification of Host Receptors of Microbial Pathogenic Adhesins. MBio 7 (2016), doi:10.1128/mBio.00584-16.
- 21. Zhu Q, Mai U, Pfeiffer W, Janssen S, Asnicar F, Sanders JG, Belda-Ferre P, Al-Ghalith GA, Kopylova E, McDonald D, Kosciolek T, Yin JB, Huang S, Salam N, Jiao J-Y, Wu Z, Xu ZZ, Cantrell K, Yang Y, Sayyari E, Rabiee M, Morton JT, Podell S, Knights D, Li W-J, Huttenhower C, Segata N, Smarr L, Mirarab S, Knight R, Phylogenomics of 10,575 genomes reveals evolutionary proximity between domains Bacteria and Archaea. Nat. Commun. 10, 5477 (2019). [PubMed: 31792218]
- 22. Davis NM, Proctor DM, Holmes SP, Relman DA, Callahan BJ, Simple statistical identification and removal of contaminant sequences in marker-gene and metagenomics data. Microbiome 6, 226 (2018). [PubMed: 30558668]
- 23. Knights D, Kuczynski J, Charlson ES, Zaneveld J, Mozer MC, Collman RG, Bushman FD, Knight R, Kelley ST, Bayesian community-wide culture-independent microbial source tracking. Nat. Methods 8, 761–763 (2011). [PubMed: 21765408]
- 24. Human Microbiome Project Consortium, Structure, function and diversity of the healthy human microbiome. Nature 486, 207–214 (2012). [PubMed: 22699609]
- 25. Lloyd-Price J, Arze C, Ananthakrishnan AN, Schirmer M, Avila-Pacheco J, Poon TW, Andrews E, Ajami NJ, Bonham KS, Brislawn CJ, Casero D, Courtney H, Gonzalez A, Graeber TG, Hall AB, Lake K, Landers CJ, Mallick H, Plichta DR, Prasad M, Rahnavard G, Sauk J, Shungin D, Vázquez-Baeza Y, White RA 3rd, IBDMDB Investigators J Braun LA Denson JK Jansson R Knight S Kugathasan DPB McGovern JF Petrosino TS Stappenbeck HS Winter CB Clish EA Franzosa H Vlamakis RJ Xavier C Huttenhower, Multi-omics of the gut microbial ecosystem in inflammatory bowel diseases. Nature 569, 655–662 (2019). [PubMed: 31142855]
- 26. Lin H, Peddada SD, Analysis of compositions of microbiomes with bias correction. Nat. Commun. 11, 3514 (2020). [PubMed: 32665548]
- 27. Simón-Soro Á, D'Auria G, Collado MC, Džunková M, Culshaw S, Mira A, Revealing microbial recognition by specific antibodies. BMC Microbiol. 15, 132 (2015). [PubMed: 26134992]
- 28. Orange DE, Yao V, Sawicka K, Fak J, Frank MO, Parveen S, Blachere NE, Hale C, Zhang F, Raychaudhuri S, Troyanskaya OG, Darnell RB, RNA identification of PRIME cells predicting rheumatoid arthritis flares. N. Engl. J. Med. 383, 218–228 (2020). [PubMed: 32668112]
- 29. Alivernini S, MacDonald L, Elmesmari A, Finlay S, Tolusso B, Gigante MR, Petricca L, Di Mario C, Bui L, Perniola S, Attar M, Gessi M, Fedele AL, Chilaka S, Somma D, Sansom SN, Filer A, McSharry C, Millar NL, Kirschner K, Nerviani A, Lewis MJ, Pitzalis C, Clark AR, Ferraccioli G, Udalova I, Buckley CD, Gremese E, McInnes IB, Otto TD, Kurowska-Stolarska M, Distinct synovial tissue macrophage subsets regulate inflammation and remission in rheumatoid arthritis. Nat. Med. 26, 1295–1306 (2020). [PubMed: 32601335]

- 30. Morton JT, Aksenov AA, Nothias LF, Foulds JR, Quinn RA, Badri MH, Swenson TL, Van Goethem MW, Northen TR, Vazquez-Baeza Y, Wang M, Bokulich NA, Watters A, Song SJ, Bonneau R, Dorrestein PC, Knight R, Learning representations of microbe-metabolite interactions. Nat. Methods 16, 1306–1314 (2019). [PubMed: 31686038]
- 31. Eriksson K, Nise L, Alfredsson L, Catrina AI, Askling J, Lundberg K, Klareskog L, Yucel-Lindberg T, Seropositivity combined with smoking is associated with increased prevalence of periodontitis in patients with rheumatoid arthritis. Ann. Rheum. Dis. 77, 1236–1238 (2018). [PubMed: 28986364]
- 32. Brewer RC, Ramadoss NS, Lahey LJ, Jahanbani S, Robinson WH, Lanz TV, BNT162b2 vaccine induces divergent B cell responses to SARS-CoV-2 S1 and S2. Nat. Immunol. 23, 33–39 (2022). [PubMed: 34848871]
- 33. Cantaert T, Schickel J-N, Bannock JM, Ng Y-S, Massad C, Delmotte FR, Yamakawa N, Glauzy S, Chamberlain N, Kinnunen T, Menard L, Lavoie A, Walter JE, Notarangelo LD, Bruneau J, Al-Herz W, Kilic SS, Ochs HD, Cunningham-Rundles C, van der Burg M, Kuijpers TW, Kracker S, Kaneko H, Sekinaka Y, Nonoyama S, Durandy A, Meffre E, Decreased somatic hypermutation induces an impaired peripheral B cell tolerance checkpoint. J. Clin. Invest. 126, 4289–4302 (2016). [PubMed: 27701145]
- 34. van de Bovenkamp FS, Hafkenscheid L, Rispens T, Rombouts Y, The Emerging Importance of IgG Fab Glycosylation in Immunity. J. Immunol. 196, 1435–1441 (2016). [PubMed: 26851295]
- 35. Rombouts Y, Willemze A, van Beers JJBC, Shi J, Kerkman PF, van Toorn L, Janssen GMC, Zaldumbide A, Hoeben RC, Pruijn GJM, Deelder AM, Wolbink G, Rispens T, van Veelen PA, Huizinga TWJ, Wuhrer M, Trouw LA, Scherer HU, Toes REM, Extensive glycosylation of ACPA-IgG variable domains modulates binding to citrullinated antigens in rheumatoid arthritis. Ann. Rheum. Dis. 75, 578–585 (2016). [PubMed: 25587188]
- 36. dos Anjos LME, dos Anjos LME, Pereira IA, Orsi E. d., Seaman AP, Burlingame RW, Morato EF, A comparative study of IgG second- and third-generation anti-cyclic citrullinated peptide (CCP) ELISAs and their combination with IgA third-generation CCP ELISA for the diagnosis of rheumatoid arthritisClinical Rheumatology 28, 153–158 (2009). [PubMed: 18795390]
- 37. Mikuls TR, Thiele GM, Deane KD, Payne JB, O'Dell JR, Yu F, Sayles H, Weisman MH, Gregersen PK, Buckner JH, Keating RM, Derber LA, Robinson WH, Holers VM, Norris JM, Porphyromonas gingivalis and disease-related autoantibodies in individuals at increased risk of rheumatoid arthritis. Arthritis Rheum. 64, 3522–3530 (2012). [PubMed: 22736291]
- 38. Stobernack T, Glasner C, Junker S, Gabarrini G, de Smit M, de Jong A, Otto A, Becher D, van Winkelhoff AJ, van Dijl JM, Extracellular Proteome and Citrullinome of the Oral Pathogen Porphyromonas gingivalis. J. Proteome Res. 15, 4532–4543 (2016). [PubMed: 27712078]
- 39. Konig MF, Abusleme L, Reinholdt J, Palmer RJ, Teles RP, Sampson K, Rosen A, Nigrovic PA, Sokolove J, Giles JT, Moutsopoulos NM, Andrade F, Aggregatibacter actinomycetemcomitansinduced hypercitrullination links periodontal infection to autoimmunity in rheumatoid arthritis. Sci. Transl. Med. 8, 369ra176 (2016).
- 40. Wegner N, Wait R, Sroka A, Eick S, Nguyen K-A, Lundberg K, Kinloch A, Culshaw S, Potempa J, Venables PJ, Peptidylarginine deiminase from Porphyromonas gingivalis citrullinates human fibrinogen and α-enolase: implications for autoimmunity in rheumatoid arthritis. Arthritis Rheum. 62, 2662–2672 (2010). [PubMed: 20506214]
- 41. Zenobia C, Herpoldt K-L, Freire M, Is the oral microbiome a source to enhance mucosal immunity against infectious diseases? NPJ Vaccines 6, 80 (2021). [PubMed: 34078913]
- 42. Zhou Y, Chen B, Mittereder N, Chaerkady R, Strain M, An L-L, Rahman S, Ma W, Low CP, Chan D, Neal F, Bingham CO 3rd, Sampson K, Darrah E, Siegel RM, Hasni S, Andrade F, Vousden KA, Mustelin T, Sims GP, Spontaneous secretion of the citrullination enzyme PAD2 and cell surface exposure of PAD4 by neutrophils. Front. Immunol. 8, 1200 (2017). [PubMed: 28993780]
- 43. Belstrøm D, Jersie-Christensen RR, Lyon D, Damgaard C, Jensen LJ, Holmstrup P, Olsen JV, Metaproteomics of saliva identifies human protein markers specific for individuals with periodontitis and dental caries compared to orally healthy controls. PeerJ 4, e2433 (2016). [PubMed: 27672500]

- 44. Scannapieco FA, Solomon L, Wadenya RO, Emergence in human dental plaque and host distribution of amylase-binding streptococci. J. Dent. Res. 73, 1627–1635 (1994). [PubMed: 7523468]
- 45. Xu Y, Wu Q, Prevalence trend and disparities in rheumatoid arthritis among US adults, 2005–2018. J. Clin. Med. 10, 3289 (2021). [PubMed: 34362073]
- 46. Schwickert TA, Lindquist RL, Shakhar G, Livshits G, Skokos D, Kosco-Vilbois MH, Dustin ML, Nussenzweig MC, In vivo imaging of germinal centres reveals a dynamic open structure. Nature 446, 83–87 (2007). [PubMed: 17268470]
- 47. Wrammert J, Smith K, Miller J, Langley WA, Kokko K, Larsen C, Zheng N-Y, Mays I, Garman L, Helms C, James J, Air GM, Capra JD, Ahmed R, Wilson PC, Rapid cloning of high-affinity human monoclonal antibodies against influenza virus. Nature 453, 667–671 (2008). [PubMed: 18449194]
- 48. Elliott SE, Kongpachith S, Lingampalli N, Adamska JZ, Cannon BJ, Mao R, Blum LK, Robinson WH, Affinity maturation drives Epitope spreading and generation of proinflammatory anti–citrullinated protein antibodies in rheumatoid arthritis. Arthritis rheumatol. 70, 1946–1958 (2018). [PubMed: 29927104]
- 49. Lee YH, Bae S-C, Song GG, FCGR2A, FCGR3A, FCGR3B polymorphisms and susceptibility to rheumatoid arthritis: a meta-analysis. Clin. Exp. Rheumatol. 33, 647–654 (2015). [PubMed: 26314337]
- 50. Tan Sardjono C, Mottram PL, van de Velde NC, Powell MS, Power D, Slocombe RF, Wicks IP, Campbell IK, McKenzie SE, Brooks M, Stevenson AW, Hogarth PM, Development of spontaneous multisystem autoimmune disease and hypersensitivity to antibody-induced inflammation in Fcgamma receptor IIa-transgenic mice. Arthritis Rheum. 52, 3220–3229 (2005). [PubMed: 16200626]
- 51. McKean D, Huppi K, Bell M, Staudt L, Gerhard W, Weigert M, Generation of antibody diversity in the immune response of BALB/c mice to influenza virus hemagglutinin. Proc. Natl. Acad. Sci. U. S. A. 81, 3180–3184 (1984). [PubMed: 6203114]
- 52. Zhang X, Zhang D, Jia H, Feng Q, Wang D, Liang D, Wu X, Li J, Tang L, Li Y, Lan Z, Chen B, Li Y, Zhong H, Xie H, Jie Z, Chen W, Tang S, Xu X, Wang X, Cai X, Liu S, Xia Y, Li J, Qiao X, Al-Aama JY, Chen H, Wang L, Wu Q-J, Zhang F, Zheng W, Li Y, Zhang M, Luo G, Xue W, Xiao L, Li J, Chen W, Xu X, Yin Y, Yang H, Wang J, Kristiansen K, Liu L, Li T, Huang Q, Li Y, Wang J, The oral and gut microbiomes are perturbed in rheumatoid arthritis and partly normalized after treatment. Nat. Med. 21, 895–905 (2015). [PubMed: 26214836]
- 53. Moentadj R, Wang Y, Bowerman K, Rehaume L, Nel H, Cuiv PO, Stephens J, Baharom A, Maradana M, Lakis V, Morrison M, Wells T, Hugenholtz P, Benham H, Le Cao K-A, Thomas R, Streptococcus species enriched in the oral cavity of patients with RA are a source of peptidoglycan-polysaccharide polymers that can induce arthritis in miceAnnals of the Rheumatic Diseases 80, 573–581 (2021). [PubMed: 33397732]
- 54. Tsukasaki M, Komatsu N, Nagashima K, Nitta T, Pluemsakunthai W, Shukunami C, Iwakura Y, Nakashima T, Okamoto K, Takayanagi H, Host defense against oral microbiota by bone-damaging T cells. Nat. Commun. 9 (2018), doi:10.1038/s41467-018-03147-6.
- 55. Kitamoto S, Nagao-Kitamoto H, Hein R, Schmidt TM, Kamada N, The bacterial connection between the oral cavity and the gut diseases. J. Dent. Res. 99, 1021–1029 (2020). [PubMed: 32464078]
- 56. Chukkapalli S, Rivera-Kweh M, Gehlot P, Velsko I, Bhattacharyya I, Calise SJ, Satoh M, Chan EKL, Holoshitz J, Kesavalu L, Periodontal bacterial colonization in synovial tissues exacerbates collagen-induced arthritis in B10.RIII mice. Arthritis Res. Ther 18 (2016), doi:10.1186/s13075-016-1056-4.
- 57. Schmidt TS, Hayward MR, Coelho LP, Li SS, Costea PI, Voigt AY, Wirbel J, Maistrenko OM, Alves RJ, Bergsten E, de Beaufort C, Sobhani I, Heintz-Buschart A, Sunagawa S, Zeller G, Wilmes P, Bork P, Extensive transmission of microbes along the gastrointestinal tract. Elife 8 (2019), doi:10.7554/eLife.42693.
- 58. Gacesa R, Kurilshikov A, Vich Vila A, Sinha T, Klaassen MAY, Bolte LA, Andreu-Sánchez S, Chen L, Collij V, Hu S, Dekens JAM, Lenters VC, Björk JR, Swarte JC, Swertz MA, Jansen BH, Gelderloos-Arends J, Jankipersadsing S, Hofker M, Vermeulen RCH, Sanna S, Harmsen

HJM, Wijmenga C, Fu J, Zhernakova A, Weersma RK, Environmental factors shaping the gut microbiome in a Dutch population. Nature 604, 732–739 (2022). [PubMed: 35418674]

- 59. Arnett FC, Edworthy SM, Bloch DA, McShane DJ, Fries JF, Cooper NS, Healey LA, Kaplan SR, Liang MH, Luthra HS, The American Rheumatism Association 1987 revised criteria for the classification of rheumatoid arthritis. Arthritis Rheum. 31, 315–324 (1988). [PubMed: 3358796]
- 60. Page RC, Eke PI, Case definitions for use in population-based surveillance of periodontitis. J. Periodontol. 78, 1387–1399 (2007).
- 61. Gonzalez A, Navas-Molina JA, Kosciolek T, McDonald D, Vázquez-Baeza Y, Ackermann G, DeReus J, Janssen S, Swafford AD, Orchanian SB, Sanders JG, Shorenstein J, Holste H, Petrus S, Robbins-Pianka A, Brislawn CJ, Wang M, Rideout JR, Bolyen E, Dillon M, Caporaso JG, Dorrestein PC, Knight R, Qiita: rapid, web-enabled microbiome meta-analysis. Nat. Methods 15, 796–798 (2018). [PubMed: 30275573]
- 62. Zhu Q, Huang S, Gonzalez A, McGrath I, McDonald D, Haiminen N, Armstrong G, Vázquez-Baeza Y, Yu J, Kuczynski J, Sepich-Poore GD, Swafford AD, Das P, Shaffer JP, Lejzerowicz F, Belda-Ferre P, Havulinna AS, Méric G, Niiranen T, Lahti L, Salomaa V, Kim H-C, Jain M, Inouye M, Gilbert JA, Knight R, OGUs enable effective, phylogeny-aware analysis of even shallow metagenome community structuresbioRxiv, 2021.04.04.438427 (2021).
- 63. Hillmann B, Al-Ghalith GA, Shields-Cutler RR, Zhu Q, Gohl DM, Beckman KB, Knight R, Knights D, Evaluating the Information Content of Shallow Shotgun Metagenomics. mSystems 3 (2018), doi:10.1128/mSystems.00069-18.
- 64. Langmead B, Salzberg SL, Fast gapped-read alignment with Bowtie 2. Nat. Methods 9, 357–359 (2012). [PubMed: 22388286]
- 65. Lloyd-Price J, Mahurkar A, Rahnavard G, Crabtree J, Orvis J, Hall AB, Brady A, Creasy HH, McCracken C, Giglio MG, McDonald D, Franzosa EA, Knight R, White O, Huttenhower C, Strains, functions and dynamics in the expanded Human Microbiome Project. Nature 550, 61–66 (2017). [PubMed: 28953883]
- 66. Poore GD, Kopylova E, Zhu Q, Carpenter C, Fraraccio S, Wandro S, Kosciolek T, Janssen S, Metcalf J, Song SJ, Kanbar J, Miller-Montgomery S, Heaton R, Mckay R, Patel SP, Swafford AD, Knight R, Microbiome analyses of blood and tissues suggest cancer diagnostic approach. Nature 579, 567–574 (2020). [PubMed: 32214244]
- 67. McDonald D, Clemente JC, Kuczynski J, Rideout JR, Stombaugh J, Wendel D, Wilke A, Huse S, Hufnagle J, Meyer F, Knight R, Caporaso JG, The Biological Observation Matrix (BIOM) format or: how I learned to stop worrying and love the ome-ome. Gigascience 1, 7 (2012). [PubMed: 23587224]
- 68. Ritchie ME, Phipson B, Wu D, Hu Y, Law CW, Shi W, Smyth GK, limma powers differential expression analyses for RNA-sequencing and microarray studies. Nucleic Acids Res. 43, e47 (2015). [PubMed: 25605792]
- 69. Elliott SE, Kongpachith S, Lingampalli N, Adamska JZ, Cannon BJ, Blum LK, Bloom MS, Henkel M, McGeachy MJ, Moreland LW, Robinson WH, B cells in rheumatoid arthritis synovial tissues encode focused antibody repertoires that include antibodies that stimulate macrophage TNF-α production. Clin. Immunol. 212, 108360 (2020).
- 70. Kongpachith S, Lingampalli N, Ju C-H, Blum LK, Lu DR, Elliott SE, Mao R, Robinson WH, Affinity maturation of the anti-citrullinated protein antibody paratope drives Epitope spreading and polyreactivity in rheumatoid arthritis. Arthritis rheumatol. 71, 507–517 (2019). [PubMed: 30811898]
- 71. Blum LK, Adamska JZ, Martin DS, Rebman AW, Elliott SE, Cao RRL, Embers ME, Aucott JN, Soloski MJ, Robinson WH, Robust B cell responses predict rapid resolution of Lyme disease. Front. Immunol. 9, 1634 (2018). [PubMed: 30072990]
- 72. Edgar RC, UPARSE: highly accurate OTU sequences from microbial amplicon reads. Nat. Methods 10, 996–998 (2013). [PubMed: 23955772]
- 73. Alamyar E, Duroux P, Lefranc M-P, Giudicelli V, IMGT(®) tools for the nucleotide analysis of immunoglobulin (IG) and T cell receptor (TR) V-(D)-J repertoires, polymorphisms, and IG mutations: IMGT/V-QUEST and IMGT/HighV-QUEST for NGS. Methods Mol. Biol. 882, 569– 604 (2012). [PubMed: 22665256]

- 74. Julenius K, Johansen MB, Zhang Y, Brunak S, Gupta R, in Bioinformatics for Glycobiology and Glycomics, (John Wiley & Sons, Ltd, Chichester, UK, 2009), pp. 163–192.
- 75. Oh H, Siano B, Diamond S, Neutrophil isolation protocol. J. Vis. Exp. (2008), doi:10.3791/745.
- 76. Robinson MD, McCarthy DJ, Smyth GK, edgeR: a Bioconductor package for differential expression analysis of digital gene expression data. Bioinformatics 26, 139–140 (2010). [PubMed: 19910308]
- 77. Li H, Minimap2: pairwise alignment for nucleotide sequences. Bioinformatics 34, 3094–3100 (2018). [PubMed: 29750242]
- 78. Li H, Handsaker B, Wysoker A, Fennell T, Ruan J, Homer N, Marth G, Abecasis G, Durbin R, 1000 Genome Project Data Processing Subgroup, The Sequence Alignment/Map format and SAMtools. Bioinformatics 25, 2078–2079 (2009). [PubMed: 19505943]
- 79. Subramanian A, Tamayo P, Mootha VK, Mukherjee S, Ebert BL, Gillette MA, Paulovich A, Pomeroy SL, Golub TR, Lander ES, Mesirov JP, Gene set enrichment analysis: a knowledge-based approach for interpreting genome-wide expression profiles. Proc. Natl. Acad. Sci. U. S. A. 102, 15545–15550 (2005). [PubMed: 16199517]
- 80. Fedarko MW, Martino C, Morton JT, González A, Rahman G, Marotz CA, Minich JJ, Allen EE, Knight R, Visualizing 'omic feature rankings and log-ratios using Qurro. NAR Genom Bioinform 2, lqaa023 (2020).
- 81. Quinn TP, Erb I, Amalgams: data-driven amalgamation for the dimensionality reduction of compositional data. NAR Genom Bioinform 2, lqaa076 (2020).
- 82. Martino C, Shenhav L, Marotz CA, Armstrong G, McDonald D, Vázquez-Baeza Y, Morton JT, Jiang L, Dominguez-Bello MG, Swafford AD, Halperin E, Knight R, Context-aware dimensionality reduction deconvolutes gut microbial community dynamics. Nat. Biotechnol. 39, 165–168 (2021). [PubMed: 32868914]
- 83. Tsay J-CJ, Wu BG, Sulaiman I, Gershner K, Schluger R, Li Y, Yie T-A, Meyn P, Olsen E, Perez L, Franca B, Carpenito J, Iizumi T, El-Ashmawy M, Badri M, Morton JT, Shen N, He L, Michaud G, Rafeq S, Bessich JL, Smith RL, Sauthoff H, Felner K, Pillai R, Zavitsanou A-M, Koralov SB, Mezzano V, Loomis CA, Moreira AL, Moore W, Tsirigos A, Heguy A, Rom WN, Sterman DH, Pass HI, Clemente JC, Li H, Bonneau R, Wong K-K, Papagiannakopoulos T, Segal LN, Lower Airway Dysbiosis Affects Lung Cancer Progression. Cancer Discov. 11, 293–307 (2021). [PubMed: 33177060]
- 84. Callahan BJ, McMurdie PJ, Rosen MJ, Han AW, Johnson AJA, Holmes SP, DADA2: Highresolution sample inference from Illumina amplicon data. Nat. Methods 13, 581–583 (2016). [PubMed: 27214047]
- 85. . Bolyen E, Rideout JR, Dillon MR, Bokulich NA, Abnet CC, Al-Ghalith GA, Alexander H, Alm EJ, Arumugam M, Asnicar F, Bai Y, Bisanz JE, Bittinger K, Brejnrod A, Brislawn CJ, Brown CT, Callahan BJ, Caraballo-Rodríguez AM, Chase J, Cope EK, Da Silva R, Diener C, Dorrestein PC, Douglas GM, Durall DM, Duvallet C, Edwardson CF, Ernst M, Estaki M, Fouquier J, Gauglitz JM, Gibbons SM, Gibson DL, Gonzalez A, Gorlick K, Guo J, Hillmann B, Holmes S, Holste H, Huttenhower C, Huttley GA, Janssen S, Jarmusch AK, Jiang L, Kaehler BD, Kang KB, Keefe CR, Keim P, Kelley ST, Knights D, Koester I, Kosciolek T, Kreps J, Langille MGI, Lee J, Ley R, Liu Y-X, Loftfield E, Lozupone C, Maher M, Marotz C, Martin BD, McDonald D, McIver LJ, Melnik AV, Metcalf JL, Morgan SC, Morton JT, Naimey AT, Navas-Molina JA, Nothias LF, Orchanian SB, Pearson T, Peoples SL, Petras D, Preuss ML, Pruesse E, Rasmussen LB, Rivers A, Robeson MS, Rosenthal P, Segata NMARSJJR, Swafford AD, Thompson LR, Torres PJ, Trinh P, Tripathi A, Turnbaugh PJ, Ul-Hasan S, van der Hooft JJJ, Vargas F, Vázquez-Baeza Y, Vogtmann E, von Hippel M, Walters W, Wan Y, Wang M, Warren J, Weber KC, Williamson CHD, Willis AD, Xu ZZ, Zaneveld JR, Zhang Y, Zhu Q, Knight R, Caporaso JG, Reproducible, interactive, scalable and extensible microbiome data science using QIIME 2. Nat. Biotechnol. 37, 852–857 (2019). [PubMed: 31341288]
- 86. Mandal S, Van Treuren W, White RA, Eggesbø M, Knight R, Peddada SD, Analysis of composition of microbiomes: a novel method for studying microbial composition. Microb. Ecol. Health Dis. 26, 27663 (2015). [PubMed: 26028277]

Brewer et al. Page 23



#### **FIG. 1. Oral mucosal breaks trigger systemic inflammatory responses.**

(**A**) Experimental workflow. (**B**) Inferred relative bacterial abundances from eight HMP body sites (n=336). (**C**) Body site inferred relative abundances for timepoints from RA patients with and without periodontal disease, median. (**D**) Inferred relative oral abundances in blood for one RA donor with and one without periodontal disease. (**E**) Relative abundances of bacteria genera from oral brushings (left) and blood (right). (**F**) Log<sub>10</sub> adjusted p-values versus log-fold changes of human gene expression relative to bacterial abundances of the three oral body-sites. (**G**) Enriched GO pathways in differentially

expressed human genes from (**F**) (adjusted p-values). (**H**) Percent monocytes in blood cell counts compared to inferred relative abundances of oral bacteria, Pearson's correlation. (**I-J**) RT-qPCRs of mRNA of inflammatory genes in (**I**) whole blood, (**J**) granulocytes, monocytes, lymphocytes ( $n=4$ –6) stimulated with oral bacteria vs. unstimulated control. (**K**) Flow cytometry data showing proportion of ISG15+ monocytes in CD14+ monocytes incubated with PBS, oral bacteria, and anti-FcγR2a or isotype (n=8). (**B**), (**H**), (**I**), two-tailed Kruskal-Wallis test, Dunnett's-corrected for multiple comparisons. (**C**), Mann-Whitney U test. (**K**), within-subjects ANOVA, Tukey-corrected for multiple comparisons. Mean  $\pm$  SD \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001, \*\*\*\*P < 0.001 or exact value shown.

Brewer et al. Page 25



#### **FIG. 2. Inflammatory synovial monocyte genes are enriched in RA blood during flares and in response to oral bacteremia.**

(**A**) Volcano plot of -log10 adjusted p-value versus log fold change of blood samples in flare versus baseline for RA patients without periodontal disease (left) and RA patients with periodontal disease (right). Colored dots indicate FDR  $< 0.05$ . (**B**) For differentially expressed genes (DEGs) during flares in RA patients with periodontal disease, a scatter-plot showing the direction and value of those DEGs during flares of RA patients with and without periodontal disease. (**C**) Gene ontology (GO) pathway enrichment analysis of upregulated PD+ specific flare genes and upregulated common flare genes identified in (**B**). (**D**) Gene set enrichment analysis (GSEA) results of synovial macrophage clusters for flares in RA patients with periodontal disease (left, red) and flares in RA patients without periodontal disease (left, blue), and oral-derived bacteremias (right). Dashed line indicates FDR of 0.05. (**E**) PCA biplot of bacteria–human gene expression with co-occurrence probabilities estimated from MMvec. Distances between points quantify the probability of co-occurrence strength between human genes (points). Distances between arrow tips quantify co-occurrence strength between microbes (arrows). Arrow color indicates strength of association of a bacteria with the oral cavity body site.

Brewer et al. Page 26



#### **FIG. 3. RA antibodies from plasma, synovium, and gingiva bind both citrullinated human and oral bacteria antigens.**

(**A**) Heatmap of normalized mAb reactivity to citrullinated (cit) and native (nat) bacterial lysates and human recombinant proteins as measured by ELISA. Bars below indicate the mutation load in the V-region and predicted N-glycan motifs. (**B**) SHM frequency in the V-region in ACPA and unreactive mAbs from (**A**). (**C**) Quantification of predicted N-linked glycan motifs in ACPA mAbs and unreactive mAbs from (**A**). (**D**) Percent inhibition of mAb binding to citrullinated  $S$ . parasanguinis and V. parvula bacterial lysates following preincubation with citrullinated or native human proteins. (**E**) Reactivity of plasma IgG from RA ( $n=33$ ) and healthy controls ( $n=40$ ) against citrullinated and native bacterial lysates. Mean  $\pm$  SD. (**F**) Reactivity of synovial fluid IgG from RA ( $n=25$ ) and OA ( $n=25$ ) against citrullinated and native bacterial lysates. Mean  $\pm$  SD. (G) Cyclic citrullinated peptide

(CCP) reactivity of IgG and IgA eluted from oral bacteria from RA patients  $(n=13)$  and healthy controls (n=13). Mean ± SD. For (**B**), two-tailed student's t-test was performed. For (**C**,**G**), two-tailed Mann-Whitney test was performed. For (**D-F**), 2-way ANOVA followed by Dunnett's multiple comparisons test was performed. \*P<0.05, \*\*P<0.01, P\*\*\*<0.001, \*\*\*\*P<0.0001.

Brewer et al. Page 28



#### **FIG. 4. Commensal bacteria from multiple mucosal sites are citrullinated** *in vivo***.**

(**A**) Single cell bacteria were analyzed by flow cytometry for citrullination and viability determined by SYTOX BC green, propidium iodine, and anti-peptidyl-citrulline antibody staining. **(B)** Frequency of live citrullinated bacteria sampled from the mouth  $(n=18)$ , stool  $(n=18)$ , and vagina  $(n=11)$ . (C) Relative abundance of the 13 most abundant families in citrullinated ( $n=10$ , left) and unbound ( $n=10$ , right) oral sorted fractions. **(D)** Analysis of composition of microbiomes (ANCOM) of families in citrullinated and unbound sorted oral fractions. (**E**) Percent of live citrullinated S. parasanguinis after culture with neutrophils  $(n=7)$  with or without CaCl<sub>2</sub>. (**F**) ISG15 expression by flow cytometry of blood monocytes stimulated with citrullinated S. parasanguinis and ACPA mAbs, citrullinated S. parasanguinis and hIgG1 isotype mAb, or PBS (n=10). To produce citrullinated S. parasanguinis, S. parasanguinis was incubated in neutrophil conditioned media with calcium and DTT. Results represent means  $\pm$  SD. Statistical analysis for (**D**) was performed using ANCOM. One-way ANOVA followed by Dunnett's multiple comparisons test and paired t-test was used for statistical analysis for (**B**) and (**E**) respectively. Repeated measures one-way ANOVA followed by Tukey's multiple comparisons test was performed for (**F**). \*P<0.05, \*\*P<0.01, P\*\*\*<0.001.



#### **FIG. 5. Identification of citrullinated bacterial epitopes targeted by ACPA.**

(**A**) Mass spectrometry spectra and retention times of citrullinated and native S. parasanguinis amylase peptide from saliva. (**B**) Reactivity of RA mAbs to citrullinated and native bacterial peptides determined by ELISA. (**C**) Binding kinetics of RA35 and GLRA35 to citrullinated DnaK (87–106) and citrullinated fibrinogen (556–575). (**D**) KD values derived from Bio-Layer Interferometry of germline (GL) and ACPA mAbs to citrullinated bacterial and human peptides. (**E**) Lineage tree analysis of ACPA clonal family as predicted by IgTree. KD values derived from Bio-Layer Interferometry of corresponding

mAbs to citrullinated bacterial and human peptides. (**F-G**) IgG reactivity of (**F**, left) plasma from RA patients  $(n=46)$  and healthy patients  $(n=89)$ ,  $(\text{F}, \text{right})$  synovial fluid from RA patients  $(n=31)$  and OA patients  $(n=34)$  (right), and (G) plasma from individuals with no or mild periodontal disease (HT,  $n=20$ ), moderate to severe periodontal disease patients (PD, n=60), and RA patients with moderate to severe periodontal disease (RA PD,  $n=13$ ) against citrullinated and native AbpA (124–144) by ELISA. Mean  $\pm$  SD. \*P<0.05, \*\*P<0.01, P\*\*\*<0.001, \*\*\*\*P<0.0001. For (**F**), 2-way ANOVA followed by Dunnett's multiple comparisons test was performed. For (**G**), Kruskal-Wallis test followed by Dunnett's multiple comparisons test was performed.