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Faculty Disclosures:

Alvaro Camacho
Nothing to disclose

Steve Koh
Nothing to disclose

Laura F. Marrone
Nothing to disclose

Bernardo Ng
Nothing to disclose

RESEARCH UPDATE: HEALTHY AGING AND PREVENTION OF LATE-LIFE MOOD AND COGNITIVE DISORDERS (SPONSORED BY THE AAGP RESEARCH COMMITTEE; CHAIRED BY HELEN LAVRETSKY, M.D.)

Session 303

Davangere P. Devanand, M.D.³; Gary W. Small¹; Charles F. Reynolds, III²; Dilip V. Jeste⁴

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Abstract: This panel will review the latest research in identifying early risk factors and healthy lifestyle factors in preventing late life mood and cognitive disorders. First, Dev Devanand will present the results of a large trial of using odor identification as a predictor of future cognitive decline and dementia in a multi-ethnic urban community. Second, Gary Small will present the results of the National Survey data on the relationships between memory symptoms and healthy behaviors (e.g., eating fruits and vegetables, exercising, not smoking) and modifiable risk factors for Alzheimer's disease (e.g., depression, less education, and hypertension). Third, Charles Reynolds will present the results of the large trial of indicated prevention of major depressive episodes in older Blacks and Whites using problem solving therapy for primary care and healthy dietary practices coaching. Finally, Dr. Dilip Jeste will provide an overview of factors contributing to healthy and successful aging (e.g., resilience, wisdom, optimism). The session will be concluded by the panel discussion.

Faculty Disclosures:

Davangere P. Devanand
Consultant: AbbVie - Member Advisory Board
Consultant: Lundbeck - Member Advisory Board

Dilip V. Jeste
Nothing to disclose

Charles F. Reynolds
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Gary W. Small
Speakers Bureau: Novartis - Lectures
Consultant: Novartis - Advisor
Consultant: Pfizer - Advisor
Speakers Bureau: Herbalife - Lectures
Consultant: Herbalife - Advisor
Consultant: Lilly - Advisor
Shareholder: CTEM, LLC - Owner, Founder
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SUCCESSFUL INTERPROFESSIONAL TEAM MODEL FOR UNIT-BASED AND SYSTEM-WIDE TREATMENT OF THE ELDERLY

Session 304

Steven A. Gillespie^{2,1}; Shirley A. Conway^{2,1}; Michael F. Tarmey^{2,1}

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Abstract: Overall Abstract: The Geriatric Psychiatry Interprofessional Team has taken the lead in modeling the provision of Patient Centered care utilizing the NICHE Program which focuses on the prevention of Geriatric Syndromes which affect the elderly during hospitalizations such as Delirium, Depression and Functional Decline. Steven Gillespie, MD will discuss expanding the leadership role of the Geriatric Psychiatrist to include NICHE program Medical Director. He will describe key elements of Interprofessional Team development ensuring diversity of opinion and skill sets and will review how stepping outside of one's comfort zone by embracing a nursing based initiative can help to achieve professional and programmatic success. Shirley Conway, RN will discuss how the Interprofessional relationship of Geriatric Psychiatrist, Gerontological Nurse and Psychiatric Nurse Administrator has provided the foundation for system-wide development of EB Geriatric Care. She will discuss the growth of the NICHE program from a Geri-Psych unit initiative to the Medical units with presence at the Accountable Care level, components of the NICHE Program's designation process and how the program has served as the catalyst for Geriatric Psychiatry to become system leaders in such areas as Palliative Care. Michael Tarmey, RN will discuss how Geriatric Psychiatry can take system-wide leadership in managing positive change - from the bedside to the boardroom - from the perspective of the Administrator of the Interprofessional team. Identification of key components of change will be identified and how ACO's can positively impact inpatient geriatric psychiatry.

Faculty Disclosures:

Shirley A. Conway
Nothing to disclose

Steven A. Gillespie
Nothing to disclose

Michael F. Tarmey
Nothing to disclose

THE UTILITY AND FUTILITY OF COGNITIVE ASSESSMENTS IN CLINICAL PRACTICE

Session 305

Jason Schillerstrom¹; Jeffrey A. Cordes^{1,2}; Donald R. Royall^{1,2}