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**Journal** Journal of Biomedical Optics, 29(8)

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## **Publication Date**

2024-08-01

### DOI

10.1117/1.JBO.29.8.085001

Peer reviewed

**RESEARCH PAPER** 



# Erythrocyte nano-ghosts with dual optical and magnetic resonance characteristics

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**ABSTRACT. Significance:** Fluorescent organic dyes provide imaging capabilities at cellular and sub-cellular levels. However, a common problem associated with some of the existing dyes such as the US FDA–approved indocyanine green (ICG) is their weak fluorescence emission. Alternative dyes with greater emission characteristics would be useful in various imaging applications. Complementing optical imaging, magnetic resonance (MR) imaging enables deep tissue imaging. Nano-sized delivery systems containing dyes with greater fluorescence emission as well as MR contrast agents present a promising dual-mode platform with high optical sensitivity and deep tissue imaging for image-guided surgical applications.

**Aim:** We have engineered a nano-sized platform, derived from erythrocyte ghosts (EGs), with dual near-infrared fluorescence and MR characteristics by co-encapsulation of a brominated carbocyanine dye and gadobenate dimeglumine (Gd-BOPTA).

**Approach:** We have investigated the use of three brominated carbocyanine dyes (referred to as BrCy106, BrCy111, and BrCy112) with various degrees of bromination, structural symmetry, and acidic modifications for encapsulation by nano-sized EGs (nEGs) and compared their resulting optical characteristics with nEGs containing ICG.

**Results:** We find that asymmetric dyes (BrCy106 and BrCy112) with one dibromobenzene ring offer greater fluorescence emission characteristics. For example, the relative fluorescence quantum yield ( $\phi$ ) for nEGs fabricated using 100  $\mu$ M of BrCy112 is ~41-fold higher than nEGs fabricated using the same concentrations of ICG. The dualmode nEGs containing BrCy112 and Gd-BOPTA show a nearly twofold increase in their  $\phi$  as compared with their single optical mode counterpart. Cytotoxicity is not observed upon incubation of SKOV3 cells with nEGs containing BrCy112.

**Conclusions:** Erythrocyte nano-ghosts with dual optical and MR characteristics may ultimately prove useful in various biomedical imaging applications such as image-guided tumor surgery where MR imaging can be used for tumor staging and mapping, and fluorescence imaging can help visualize small tumor nodules for resection.

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**Keywords:** biomimetics; fluorescence; halogenated dyes; nanoparticles; nearinfrared; red blood cells; spectroscopy

Paper 240137GR received May 13, 2024; revised Jul. 19, 2024; accepted Jul. 22, 2024; published Aug. 20, 2024.

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#### 1 Introduction

Fluorescent organic dyes provide an enabling platform for image-guided surgery and other clinical applications.<sup>1–3</sup> In particular, when activated by near-infrared (NIR) light (700 to 2500 nm), such materials mediate fluorescence imaging on the order of  $\sim 1$  cm (depending on wavelength and tissue type) and enhance the image contrast as a result of the lower autofluorescence in the NIR spectral band.<sup>1,4-6</sup> The US FDA-approved indocyanine green (ICG) [molecular weight (MW) = 775 Da] remains the principal NIR dye used in specific clinical applications such as ophthalmic angiography<sup>7</sup> and liver function assessment<sup>8</sup> and has been investigated for its utility in intraoperative cancer imaging.<sup>9–13</sup> It is a dye with two tricarbocyanine systems connected by a polyene bridge and terminal sulfonate groups attached to each of the nitrogen-containing heterocycles [Fig. 1(a)]. The delocalization of the electrons across the bridge gives rise to NIR absorption and fluorescence properties of ICG and other carbocyanine dyes.<sup>14</sup> Despite its long clinical usage dating back to 1950,<sup>15</sup> drawbacks of ICG include weak fluorescence emission with relative fluorescence quantum yields of  $\sim 2\%$  and 4% in water and albumin solution, respectively, at low concentrations (~1  $\mu$ M),<sup>16</sup> and rapid clearance from the bloodstream in a biexponential manner with a half-life of less than 10 min.<sup>7,17,18</sup> Previous studies indicated that once within the vasculature, ICG binds to albumin and lipoproteins and is transported to the liver where it is then excreted by the hepatobiliary mechanism.<sup>19–21</sup>

To address the weak emission of ICG, new NIR fluorophores have been under development and investigation.<sup>5,22–28</sup> One class of organic fluorophores is carbocyanine dyes with added heavy halogen elements such as bromine, chlorine, fluorine, or iodine.<sup>29–32</sup> In particular, specific brominated carbocyanine dyes containing indoline and indolenine groups are the subject of this study: (1) BrCy106 (MW = 934.73 Da), an unsymmetric dye with one dibromobenzene ring, carboxyl, and sulfonic acid attached to the indolenine group and further modified with the



Fig. 1 Molecular structures of (a) ICG, (b) BrCy106, (c) BrCy111, and (d) BrCy112.

addition of sulfonic acid and sulfonate (conjugate base of sulfonic acid) to the indoline and indolenine groups, respectively [Fig. 1(b)]; (2) BrCy111 (MW = 940.40 Da), a more symmetric dye with two dibromobenzene rings and sulfonic acid and sulfonate attached to the indoline and indolenine groups, respectively [Fig. 1(c)]; and (3) BrCy112 (MW = 754.55 Da), another unsymmetric dye with one dibromobenzene ring and sulfonic acid and sulfonate attached to the indoline group [Fig. 1(d)].

In a previous study, we determined that the peak emission intensity of the BrCy106 dye containing a N-hydroxysuccinimide (NHS)-activated carboxyl group emitted at 780 nm (when photoexcited at 720 nm) was ~65 times higher than that of ICG emitted at 775 nm (in response to 680-nm excitation) when dissolved in an aqueous buffer containing NaAc and MgAc, at the same concentration of 20  $\mu$ g/ml.<sup>33</sup> The superior emission characteristics of the brominated carbocyanine dye, attributed to the presence of the bromine elements that reduce the non-radiative relaxation pathways involving C–H vibrations modes, motivate further investigations of such dyes presented in this study. We had also previously encapsulated BrCy106–NHS by capsid proteins obtained from the plant-infecting brome mosaic virus and used the resulting nano-constructs for NIR fluorescence imaging of intraperitoneal ovarian tumors in mice.<sup>33,34</sup> Encouraged by these results, herein, we expand our studies to other brominated carbocyanine dyes shown in Fig. 1.

To shield ICG from binding to plasma proteins and extend its circulation, it has been encapsulated into various nano-sized constructs, including those composed of micelles, liposomes, polymers, and viral capsid proteins.<sup>35–45</sup> We reported the first demonstration of encapsulating ICG within nano-constructs derived from erythrocytes [red blood cells (RBCs)]<sup>46</sup> and have shown their utility in mediating NIR fluorescence imaging and photo-destruction of tumors in mice.<sup>47–49</sup> The use of RBCs as delivery systems has also been reported by other investigators.<sup>50–53</sup>

A particular feature of RBCs is their naturally long circulation time ( $\sim 90$  to 120 days), attributed to the presence of specific membrane proteins, including CD47, which impedes phagocytosis by macrophages; CD55, which protects against cell lysis by the complement system; and CD59, which blocks the assembly of membrane-attack complexes.<sup>54-57</sup> Our proteomics analysis, based on tandem mass spectroscopy, indicates that CD47, CD55, and CD59 are retained on the surface of ICG-containing nano-constructs fabricated from RBCs.<sup>58</sup> This built-in immune-inhabiting machinery, absent on synthetic nano-constructs such as liposomes but available on RBC nano-ghosts, is a key distinguishing characteristic needed for prolonged circulation of the particles. For example, it has been reported that the circulation half-life of ICG-containing liposomes with a mean diameter of  $\sim 200$  nm was only  $\sim 10$  min in immunodeficient Balb/C mice incapable of producing T cells.<sup>59</sup> In a previous study, we found that the half-life of RBC nano-ghosts containing ICG in the bloodstream of healthy Swiss Webster (hSW) mice was nearly 2 h, and  $\sim 11\%$  of these constructs were still within the vasculature 48 h post-tail vein injection.<sup>60</sup> Another advantage of RBC nano-ghosts is that as materials fabricated autologously, they present personalized constructs and are expected to be highly biocompatible, non-immunogenic, and non-toxic. We have shown that the histological sections of various organs of hSW mice injected with RBC nano-ghosts, as well as the hematological panels and serum biochemistry assaying for liver and kidney functions, were similar to those from mice injected with phosphate-buffered saline (PBS) control.<sup>60</sup> Our previous acute immunogenic studies based on measurements of specific cytokines following intravascular administration of RBC nano-ghosts in hSW mice have shown that the mean values of interleukin (IL)-6, IL-10, and monocyte chemoattractant protein-1 in the blood serum at up to 6 h post-injection were not significantly different than those in response to PBS administration.<sup>61</sup>

Herein, for the first time, we report on the encapsulation of three brominated carbocyanine fluorophores (BrCy106, BryCy111, and BrCy112) into RBC nano-ghosts and compare the optical characteristics of these particles with ICG-containing RBC nano-ghosts. Another innovation reported in this paper is the co-encapsulation of a brominated carbocyanine dye (BrCy112) with an inorganic magnetic resonance (MR) contrast agent to potentially enable dual optical and MR imaging (MRI) by these RBC nano-ghosts.

Gadolinium (a rare earth metal element) as an MR contrast agent and ICG have been assembled into hybrid nanoparticles<sup>62</sup> or encapsulated into liposomes or silicon dioxide matrices.<sup>63–65</sup> Iron oxide nanoparticles have been encapsulated into RBCs and nano-sized

RBC-derived vesicles.<sup>66,67</sup> However, co-encapsulation of a brominated NIR fluorophore with an MR contrast agent into RBC nano-ghosts, presented in this study, is new. Specifically, we have co-encapsulated gadobenate dimeglumine (Gd-BOPTA, MW = 1058.17) (MultiHance<sup>TM</sup>), which consists of the paramagnetic gadolinium ion chelated with benzyloxypropionictetra-acetate (BOPTA).<sup>68</sup> Gd-BOPTA is an FDA-approved agent for use in MRI of the central nervous system in adults and pediatric patients and MR angiography of renal and aorto-iliofemoral occlusive vascular disease.<sup>69–73</sup> The RBC nano-ghosts with dual MR and NIR fluorescence imaging capabilities can potentially be useful in surgical applications where the MRI component can provide deep tissue imaging on the order of >10 cm, and the NIR fluorescence component would allow imaging of the superficial structures at cellular and sub-cellular resolutions. As an example, for image-guided resection of epithelial ovarian tumors, which account for more than 85% of ovarian tumors,<sup>74</sup> MRI can be used for pre-surgical planning to stage and map the tumor's distribution, and fluorescence imaging would enable intraoperative imaging to visualize small tumor nodules (e.g., <1 mm) that may not otherwise be detectable for resection.<sup>65</sup>

#### 2 Methods

#### 2.1 Fabrication of RBC Nano-Ghosts Containing ICG or Various Brominated Cyanine Dyes

Erythrocytes were isolated from whole human blood (BioIVT, Westbury, New York, United States) and washed three times in isotonic (~320 mOsm) PBS (Fisher Scientific, Hampton, New Hampshire, United States), referred to as 1X PBS, at 1000*g* for 10 min at 4°C. Isolated erythrocytes were then incubated with hypotonic PBS (~80 mOsm; 0.25X PBS) at 4°C for 1 h, followed by centrifugation at 20,000*g* for 20 min at 4°C. The resulting hemoglobin-depleted micro-sized erythrocyte ghosts ( $\mu$ EGs) were resuspended in 1X PBS. To obtain nano-sized EGs (nEGs),  $\mu$ EGs were diluted 1:10 in 1X PBS prior to the extrusion process. The diluted  $\mu$ EGs were extruded three times sequentially through 800-, 400-, and 200-nm polycarbonate porous filters (Sterlitech Corp., Kent, Washington, United States) using a 10-mL automatic LIPEX<sup>®</sup> extruder (Transferra Nanosciences Inc., Burnaby, British Columbia, Canada). The resulting nEGs were then centrifuged at 100,000*g* for 1 h at 4°C, resuspended in 1X PBS, and concentrated back by 10 times.

The brominated carbocyanine dyes, BrCy106, BrCy111, and BrCy112 (NanoQuantum Sciences, Bellevue, Washington, United States) and ICG (MP Biochemicals, Santa Ana, California, United States) were used to form variants of RBC nano-ghosts. We incubated the nEG solution with Sørensen's phosphate buffer (Na<sub>2</sub>HPO<sub>4</sub>/NaH<sub>2</sub>PO<sub>4</sub>, ~140 mOsm, pH ~ 8) and solutions of each of the dyes, previously dissolved in water, in a 1:1:1 volume ratio for 30 min at 4°C to form the RBC nano-ghost variants BrCy106-nEGs, BrCy111-nEGs, BrCy112-nEG, and ICG-nEGs. The resulting pellets were then washed twice in 1X PBS and centrifuged at 100, 000*g* for 1 h at 4°C to remove excess unencapsulated dyes. We experimented with dye concentrations of 100, 750, and 1000  $\mu$ M in the loading solution. Triplicate RBC nano-ghost samples loaded with each of the dyes were prepared.

# 2.2 Fabrication of RBC Nano-Ghosts Containing Gd-BOPTA and BrCy112 (Gd-BOPTA-BrCy112-nEGs)

To load the nEGs with Gd-BOPTA (Bracco Diagnostics Inc., Princeton, New Jersey, United States) and BrCy112, we incubated the nEG solution with Sørensen's phosphate buffer (Na<sub>2</sub>HPO<sub>4</sub>/NaH<sub>2</sub>PO<sub>4</sub>, ~140 mOsm, pH ~ 8) containing both agents [Gd-BOPTA (final concentration of 125 mM) and BrCy112 (final concentration of 100  $\mu$ M) in a 1:1:1:1 volume ratio for 30 min at 4°C], followed by washing in 1X PBS twice. The resulting pellets were resuspended in 1X PBS. We refer to these RBC nano-ghosts as Gd-BOPTA-BrCy112-nEGs.

#### 2.3 Characterizations of Non-encapsulated Dyes and RBC Nano-Ghosts

The absorption spectra of non-encapsulated (free) BrCy106, BrCy111, BrCy112, ICG, and the various RBC nano-ghosts in 1X PBS were obtained using a spectrophotometer (Jasco V-670 UV-vis spectrophotometer, Jasco Inc., Easton, Maryland, United States) with an optical path length of 1 cm. The slit size for the spectrofluorometric measurements was 5 nm. Free dyes were initially dissolved in 1X PBS at concentrations of 100, 750, and 1000  $\mu$ M because these were the

concentrations used in fabricating the optical RBC nano-ghosts. For spectrometric recordings, the free dye solutions were diluted 20 times to avoid detector saturation, hence resulting in concentrations of 5, 37.5, and 50  $\mu$ M in PBS during the measurements. The suspensions of RBC nano-ghosts in 1X PBS were diluted by 10 times prior to spectral recordings.

Fluorescence emission spectra of 10X-diluted RBC nano-ghosts and 20X-diluted free dyes in response to photoexcitation at 750  $\pm$  2.5 nm (for brominated dyes and BrCy-loaded nEGs) and 780  $\pm$  2.5 nm (for free ICG and ICG-loaded nEGs) filtered from a 450-W xenon lamp were acquired using a fluorometer (Fluorolog-3 spectrofluorometer, Horiba Jobin Yvon Inc., Edison, New Jersey, United States). We obtained the normalized spectrally integrated fluorescence emission  $\sigma$  as

$$\sigma = \frac{\int F(\lambda) d\lambda_{\rm em}}{1 - 10^{-A(\lambda_{\rm ex})}},\tag{1}$$

where *F* is the wavelength-dependent fluorescence emission intensity in response to excitation wavelength ( $\lambda_{ex}$ ), and *A* is the absorbance of the sample at the excitation wavelength. Fluorescence emission was integrated over the range of 765 to 900 nm for BrCy-nEGs and 795 to 900 nm for ICG-nEGs.

We determined the relative fluorescence quantum yield  $\phi$  for each of the free BrCy dyes and RBC nano-ghost variants in response to 750-nm (for BrCy-encapsulating NPs) or 780-nm (for ICG-encapsulating NPs) excitation wavelength as

$$\phi_{\text{sample}} = \phi_{\text{ICG}} \times \sigma_{\text{sample}} \times \left[ \frac{1 - 10^{-A_{\text{ICG}}(\lambda_{\text{ex}} = 780 \text{ nm})}}{\int F_{\text{ICG}}(\lambda_{\text{ex}} = 780 \text{ nm}) d\lambda_{em}} \right],\tag{2}$$

where  $\phi_{ICG}$  is the fluorescence quantum yield of free ICG (~1.7%) in PBS at 779-nm excitation wavelength,<sup>75,76</sup>  $\sigma_{sample}$  is the normalized spectrally integrated fluorescence emission of free BrCy dyes or RBC nano-ghosts in response to a given excitation wavelength,  $A_{ICG}$  is the absorbance value of free ICG at 780 nm, and the integral represents the spectrally integrated fluorescence emission of free ICG in response to 780-nm excitation wavelength.

We define the loading efficiency of each dye into the RBC nano-ghosts as

Loading Efficiency = 
$$1 - \frac{m_{\text{super}}}{m_{\text{initial}}}$$
, (3)

where  $m_{\text{super}}$  is the amount of the dye remaining in the supernatant upon completing the fabrication of the RBC nano-ghosts, and  $m_{\text{initial}}$  is the amount of the dye introduced into the loading buffer. To determine the amount of dye in the supernatant, we measured the absorbance value of the supernatant solution and then compared the peak absorbance value of the supernatant to a calibration curve that related the peak absorbance value at the same wavelength to various known concentrations of ICG or the BrCy dye in the same supernatant buffer.

The hydrodynamic diameter distributions for all RBC nano-ghosts suspended in 1X PBS were measured by dynamic light scattering (DLS) (Zetasizer Nanoseries, NanoZS90, Malvern Panalytical Ltd., Malvern, United Kingdom). Three individual measurements were collected for each sample, averaged, and standard deviation (SD) determined for each measured diameter. The zeta potentials (Zetasizer Nanoseries, NanoZS90, Malvern Panalytical Ltd.) of the RBC nano-ghosts suspended in folded capillary cells were measured in 1X PBS. Five measurements were collected for each sample and averaged to determine the mean  $\pm$  SD values of the zeta potential for each sample type.

#### 2.4 Magnetic Resonance Imaging

MRI was performed using a 3T Siemens PRISMA scanner (Siemens Medical Solutions, Inc., Forchheim, Germany). The T1 values of the contrast agent (Gd-BOPTA) were measured with a spin echo–based inversion recovery experiment (repetition time = 5000 ms; echo time = 15 ms, field of view = 210 mm  $\times$  72 mm, matrix size = 256  $\times$  88). Inversion times (TI) were 30, 100, 400, 1000, 2000, 3000, 4000, and 4900 ms. T1 values were calculated voxelwise by fitting the resulting signal intensity (*S*) curve with an exponential function

$$S(t) = A - B \exp(-TI/T1).$$
(4)

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#### 2.5 Quantification of Gd-BOPTA and Fluorophores Loading Efficiency into nEGs

To quantify the loading efficiency of Gd-BOPTA, we used a similar methodology as described above [Eq. (3)]. We obtained the MR images of the particles and the supernatants collected upon completing the fabrication of Gd-BOPTA-BrCy112-nEGs. To quantify the amount of Gd-BOPTA in the supernatant, we prepared various concentrations of the Gd-BOPTA (10, 30, 60, 125, 180, and 250 mM) in water and measured the T1 relaxation rate (1/T1 = R1) of these suspensions diluted 100 times to generate a standard curve of T1 value versus concentration. By comparing to the standard curve, we obtained the concentrations of non-encapsulated Gd-BOPTA in the supernatant after fabrication of Gd-BOPTA-BrCy112-nEGs.

#### 2.6 Assessment of BrCy112 and Gd-BOPTA Leakage from Gd-BOPTA-BrCy112-nEGs

Upon fabricating the Gd-BOPTA-BrCy112-nEGs, the suspension containing the particles was stored at 4°C. At specific times (0, 2, and 7 days), ~1.3 mL of particle suspension was centrifuged, and the pellet was resuspended in the original volume of 1X PBS. We recorded the absorption and the fluorescence emission spectra of the resuspended pellet and supernatant. To determine BrCy112 leakage, we compared the absorption and fluorescence emission spectra and their spectrally integrated emission from days 2 and 7 to day 0. We also measured the T1 values of non-diluted and 100 time-diluted Gd-BOPTA-BrCy112-nEGs at these time points to determine the Gd-BOPTA leakage by comparing their corresponding R1 values at days 0, 2, and 7. Three measurements were obtained for each time point and averaged to determine the mean R1 value. All characterization results reported in this study were obtained at room temperature.

#### 2.7 Cytotoxicity Studies

We cultured SKOV3 ovarian cancer cells in 96-well plates containing McCoy's 5A medium supplemented with 10% fetal bovine serum and 1% antibiotics for 24 h in advance of cytotoxicity assessment to ensure adhesion and cell density growth to ~10<sup>6</sup> cells/mL. On the following day, cells were washed with sterile PBS and then incubated with free BrCy112 (50  $\mu$ M) or BrCy112-nEGs (fabricated using 100  $\mu$ M of BrCy112 in the loading buffer) in the culture medium for 3 and 24 h. We chose BrCy112 as the test dye for the cytotoxicity studies because it was the same dye used in fabricating the nEGs with dual optical and MR characteristics. Cells incubated with the complete culture medium for 24 h without any additional reagents were used as the positive control population. Cells incubated with 100  $\mu$ L methanol for 24 h were used as the negative control population.

Cells were washed twice with sterile PBS post-incubation with free BrCy112 and BrCy112nEGs and stained using the live/dead cytotoxicity kit (L3224, Invitrogen, Waltham, Massachusetts, United States). This kit discriminates the live cells from dead cells by simultaneous staining with green-fluorescent Calcein AM to assay intracellular esterase activity and redfluorescence ethidium homodimer-1 to indicate loss of plasma membrane integrity. We used a filter passing green fluorescence from the live cells over the spectral band of 514 to 560 nm in response to the excitation light in the range of 463 to 600 nm filtered from a xenon lamp, and a filter passing the red fluorescence from the dead cells in the range of 590 to 650 nm when photoexcited in the range of 528–555 nm. An EM-CCD camera (C9100-14, Hamamatsu, Japan) with integration times in the range of 30 to 50 ms at unity gain was used to capture the fluorescence emission. To quantify the percentage of live cells, green and red stained cells were counted separately by the automated cell counter in ImageJ. After threshold adjustment, the ImageJ built-in watershed feature was applied on each image to separate any overlapping cells. Afterward, ImageJ analyzed the images and generated auto-counted cell numbers.

#### 3 Results and Discussion

#### 3.1 Absorption and Fluorescence Characteristics of Free Dyes

Absorption spectra of free BrCy and ICG fluorophores dissolved in 1X PBS at three different concentrations (5, 37.5, and 50  $\mu$ M) are shown in Fig. 2. The spectra of free BrCy106 showed a narrow distinct spectral peak at ~750 nm [Fig. 2(a)], which we attribute to the monomeric form



Fig. 2 Concentration-dependent absorption spectra of (a) BrCy106, (b) BrCy111, (c) BrCy112, and (d) ICG in 1X PBS.

of the dye.<sup>33</sup> As the concentration of BrCy106 increased from 5 to 37.5 and 50  $\mu$ M, a more visible shoulder in the range of 671 to 700 nm emerged, which can be associated with an H-like aggregate form of the dye.<sup>77,78</sup> In such aggregates, fluorophores are stacked in a sand-wich-like structure.<sup>79</sup> In accordance with the exciton theory,<sup>80</sup> aggregates split the energy level of the excited state into two new nondegenerative states that have two different energy levels. In H-like aggregates, transition only to the upper excited states is allowed; hence, the absorption spectrum includes a band (671 to 700 nm in the case of BrCy106), which is blue-shifted (i.e., a hypsochromic shift) with respect to the monomer peak at 750 nm.

As the concentration of free BrCy111 in 1X PBS was increased to 37.5 and 50  $\mu$ M, bimodal spectra with respective primary and secondary peaks at 850 and 643 nm, respectively, and a notably broadened spectrum emerged [Fig. 1(b)]. The bathochromic (red) shift to 850 nm is consistent with the presence of J-like aggregates of the dye. In such aggregates, the dye molecules are arranged in a head-to-tail manner, and transition only to the lower level of the split excited state is allowed.<sup>81</sup> Therefore, the spectral peak of the absorption of the aggregate is red-shifted relative to the absorption of the monomer. We also point out that in addition to the type of packing (sandwich-like or head-to-tail), the difference in the structural packing of the chromophores in H- and J-like aggregates is also a result of the different slip angles of the molecules where the slip angle is defined as the angle between the transition dipoles and the molecular axis of the aggregate.<sup>79</sup>

In comparison with BrCy106 and BrCy112, BrCy111 has two dibromobenzene rings (Fig. 1). The fact that BrCy111 is more extensively brominated combined with the chemical composition of PBS can make BrCy111 more prone to aggregation. Specifically, with increased bromination, the role of hydrophobic driving forces, including London dispersion forces (induced dipole–induced dipole interactions) for aggregation, increases.<sup>77</sup> The increased hydrophobicity can be the result of enhanced electron-withdrawing effects by the additional bromine atoms, which due to their electronegativity can draw electrons from the carbon atoms to which they are bonded and create partially positive charges around them.<sup>82</sup> Such partially positive-charged portions increase the affinity of the dye for less polar and non-polar environments, leading to increased hydrophobicity.<sup>83</sup> Furthermore, electron-withdrawing effects allow the energy levels of the dye to be adjusted over a broad range.<sup>84,85</sup>

The symmetry of BrCy111 can also make it more susceptible to aggregation. Since fundamentally the formation of aggregates is driven by intermolecular electrostatic interactions, the symmetry can promote stronger intermolecular interactions, leading to stackings (e.g.,  $\pi$ – $\pi$ stacking),<sup>86–88</sup> particularly resulting from the additional symmetric bromination in the case of BrCy111, dipole-dipole interactions, and London forces that ultimately alter the electronic energy levels of the dye.

The ionic strength of the solvent is also a contributing factor to the propensity of the dye molecules to aggregate.<sup>77</sup> For example, the presence of salts (NaCl, KCl, Na<sub>2</sub>HPO<sub>4</sub>, and KH<sub>2</sub>PO<sub>4</sub>) in PBS contributes to the formation of J-aggregates.<sup>89</sup> The salt ions reduce the electrostatic repulsions among the dye molecules, thereby accelerating the formation of aggregates.<sup>90,91</sup> In summary, we attribute the observed absorption spectra of free BrCy111 to the formation of dye aggregates, resulting from the additional bromination, which increases the hydrophobic forces among the dye molecules, the symmetry of the dye, and the effects of the salt ions in PBS, which further enhance the strength of aggregation among the dye molecules.

As the concentration of free BrCy112 was increased to 37.5 and 50  $\mu$ M in 1X PBS [Fig. 2(c)], the absorption spectra showed a distinct spectral peak at 744 nm, corresponding to the monomer form of the dye, and shoulders in the range of 668 to 697 nm and 790 to 825 nm, suggesting the simultaneous presence of both the H-like and J-like aggregates, respectively. For free ICG dissolved in 1X PBS [Fig. 2(d)], the peak at 780 nm corresponds to its monomeric form. Increasing the ICG concentrations to 37.5 and 50  $\mu$ M was associated with the emergence of another peak at 706 nm, attributed to the H-like aggregate form of the dye.<sup>92</sup> For all four dyes, the increase in absorbance values did not scale linearly with the change in the dye concentration from 37.5 to 50  $\mu$ M. These results indicate that the range of the linear relationship between absorbance and dye concentration is below 37.5  $\mu$ M for these dyes when dissolved in isotonic PBS.

In response to photoexcitation of free BrCy dyes at 750  $\pm$  2.5 nm and ICG at 780  $\pm$  2.5 nm, the peak values of the fluorescence emission intensities for free BrCy106 and BrCy112 [Figs. 3(a) and 3(c)] were considerably greater than those for free BrCy111 and ICG [Figs. 3(b) and 3(d)]. For example, for BrCy106 and BrCy112 at 37.5  $\mu$ M, the peak emission intensities were respectively 38 and 26 times higher as compared with free ICG. Similarly, the values of the normalized spectrally integrated fluorescence ( $\sigma$ ) were considerably greater for free BrCy106 and BrCy112 [Fig. 3(e)]. Both free BrCy106 and BrCy112 had the highest values of  $\sigma$  at 37.5  $\mu$ M. At this concentration, the value of  $\sigma$  associated with free BrCy106 was ~33 times higher as compared with the value for free ICG prepared at the same concentration [Fig. 3(e)]. Increasing the concentrations of free BrCy111 and ICG from 5 to 37.5 and 50  $\mu$ M was associated with progressively lowered values of  $\sigma$ , suggestive of dye aggregation-induced weakening of fluorescence.<sup>16</sup>

At each of the experimented concentrations, free BrCy106 produced the highest value of the relative fluorescence quantum yield ( $\phi$ ) [Fig. 3(f)]. For example, although  $\phi$  for free BrCy106 nearly doubled when increasing the concentration from 5 to 37.5  $\mu$ M, there was not much further increase in its  $\phi$  with increased concentration to 50  $\mu$ M. These results are in line with the results shown in Figs. 3(a)–3(e) where there are minimal changes in the emission intensities and  $\sigma$  when concentrations of the dyes in PBS are greater than 37.5  $\mu$ M. The lower values of  $\phi$  for free BrCy112 as compared with BrCy106 are suggestive of the greater aggregated forms of free BrCy112, evidenced by the presence of hypsochromic and bathochromic shifts in its absorption spectrum [Fig. 2(c)]. The minimal values of  $\phi$  for free BrCy111 (in the range of 0.5% to 0.7% depending on the concentration) can be attributed to aggregation-induced fluorescence quenching, indicating that the excited state energy is mostly dissipated through non-radiative relaxation pathways.<sup>93</sup>

#### 3.2 Characterizations of BrCy- and ICG-Encapsulating Nano-Sized Erythrocyte Ghosts (EGs)

At a given concentration used to fabricate the particles, BrCy111 had the highest loading efficiency, in the range of ~79% to 95% [Fig. 4(a)]. The high loading efficiency of BrCy111 is suggestive of its favorable interactions (e.g., stronger hydrophobic interactions) with the membrane of the EGs. However, despite its relatively high loading efficiency, BrCy111-nEGs exhibited inferior fluorescence characteristics as compared with the nEGs loaded with BrCy106 or BrCy112 (Fig. 7). For BrCy106, its mean loading efficiency was increased by ~48% when its concentration in the loading buffer was increased from 750 to 1000  $\mu$ M, whereas for BrCy111 and BrCy112, this change in concentration was not accompanied by an increase in loading efficiency. In the case of ICG, its loading efficiency remained at ~54% independent of its concentration in the loading buffer.



**Fig. 3** (a)–(d) Fluorescence emission spectra of free BrCy106 (a), BrCy111 (b), BrCy112 (c), and ICG (d) in 1X PBS in response to photoexcitation wavelengths of 750  $\pm$  2.5 nm (for BrCy dyes) and 780  $\pm$  2.5 nm (for ICG). (e) Normalized spectrally integrated fluorescence ( $\sigma$ ) over the 765 to 900 nm spectral band for free BrCy dyes (excited at 750 nm) and 700 to 900 nm spectral band for ICG (excited at 780 nm). (f) Relative fluorescence quantum yield ( $\phi$ ) for the three free BrCy dyes as compared with free ICG in 1X PBS.

Except for BrCy111-nEGs, which had the respective mean zeta potential values of -22.34 and -25.25 mV when fabricated using 750 and 1000  $\mu$ M of the dye, the remaining RBC nanoghosts had mean zeta potentials in the range of -12.79 to -14.43 mV [Fig. 4(b)]. This range was similar to the mean values for nEGs (-13.68 mV) and untreated RBCs (-13.7 mV). The more negative zeta potential for BrCy111-nEGs may be a result of the presence of BrCy111-nEG aggregates when using the higher concentrations of 750 and 1000  $\mu$ M in fabricating the particles. Given the larger surface area of the aggregates, there could be an increased number of exposed negatively charged species (e.g., sulfonates) to cause a more negative value of the zeta potential. Further evidence in support of the formation of BrCy111-nEG aggregates is shown in Fig. 5(b).

Illustrative diameter distributions for RBC nano-ghosts loaded with various dyes, acquired by DLS, are shown in Fig. 5. For a given RBC nano-ghost type, there were minimal variations in the diameter distribution and the mean peak diameter as a function of the dye concentration used in fabricating that RBC nano-ghost [Figs. 5(a), 5(c), and 5(d)], with the exception of BrCy111nEGs fabricated at 750 and 1000  $\mu$ M, which exhibited bimodal distributions [Fig. 5(b)]. We attribute the right-shifted distributions (population distributions with larger diameters) for the BrCy111-nEGs to the aggregates of these particles. Such aggregates can be formed as a result of attractive forces (e.g., van der Waals forces) among the BrCy111-nEGs if the BrCy111 molecules, which themselves are aggregated [as supported by the absorption spectra shown in



**Fig. 4** (a) Mean loading efficiency of various BrCy dyes and ICG into nano-sized EGs. (b) Mean zeta potentials for RBCs, nEGs, and BrCy- and ICG-encapsulating nano-sized EGs suspended in 1X PBS. Single asterisk (\*) denotes a statistically significant differences (p < 0.05) between the indicated pair. Triple asterisks (\*\*\*) for BrCy111-nEGs fabricated at 750 and 1000  $\mu$ M indicate that those mean zeta-potential values were significantly different (p < 0.001) as compared to the values for other nanoparticles.



Fig. 5 Hydrodynamic diameter distributions for nEGs loaded with various BrCy dyes or ICG measured in 1X PBS by DLS. (a) BrCy106-nEGs. (b) BrCy111-nEGs. (c) BrCy112-nEGs. (d) ICG-nEGs.

Fig. 2(b)] and are not fully encapsulated. For example, the exposed portions of the nonencapsulated BrCy111 molecules may consist of the negatively charged sulfonates that would have electrostatic interactions with the positively charged hydrogens of the sulfonic acid groups protruding out from BrCy111 molecules on other BrCy111-nEGs. The remaining RBC nanoghosts had mean peak diameters in the range of 84 to 137 nm.

Absorption spectra of the RBC nano-ghosts doped with the various dyes are shown in Fig. 6. Absorbance at 280 nm originates from the aromatic amino acids of the RBC proteins such as



Fig. 6 Absorption spectra of various optical RBC nano-ghosts suspensions in 1X PBS. (a) BrCy106-nEGs. (b) BrCy111-nEGs. (c) BrCy112-nEGs. (d) ICG-nEGs.

tyrosine and tryptophan.<sup>94–96</sup> The absorbance values at 280 nm for all RBC nano-ghosts was ~1, indicating that the constructs had approximately the same amount of membrane materials. For BrCy106-nEGs, as the dye concentration used in fabricating the particles was increased to 1000  $\mu$ M, the spectral peak at 750 nm, associated with the monomer form of BrCy106, emerged [Fig. 6(a)]. As the BrCy111 concentration used in fabricating the BrCy111-nEGs was increased from 100 to 750 and 1000  $\mu$ M, the monomer peak at 854 nm was no longer distinct [Fig. 6(b)]. Hypsochromic and bathochromic shifts with peaks at 652 and 854 nm, respectively, and a broadened spectrum, similar to the features for free BrCy111 [Fig. 2(b)], were observed, suggesting that the dye was mostly in the forms of H-like and J-like aggregates when encapsulated. The spikes associated with the spectra of BrCy111-nEGs fabricated using the higher concentrations of the dye (750 and 1000  $\mu$ M) are possibly due to instrumentation artifacts or the sample impurities.

The absorption spectra of BrCy112-nEGs [Fig. 6(c)] were also similar to those for free BrCy112 [Fig. 2(c)] with a distinct peak at 744 nm and shoulders in the range of 661 to 697 nm and 797 to 850 nm, which can be attributed to the monomer form, H-like, and the J-like aggregates of the dye, respectively. The ICG-nEGs exhibited a primary peak at 804 nm and a shoulder in the range of 727 to 758 nm, associated with the monomer and the H-like aggregate forms of the dye, respectively. Consistent with our previous results,<sup>46</sup> the monomeric peak had a bathochromic shift from 780 nm as compared with free ICG, indicative of altered electronic states of ICG when nano-encapsulated. As the ICG concentration used in fabricating the ICG-nEGs was increased to 750 and 1000  $\mu$ M, another peak at 919 nm emerged, suggestive of the formation of J-like aggregates.

In response to photoexcitation at 750  $\pm$  2.5 nm for BrCy-nEGs and 780  $\pm$  2.5 nm for ICG-nEGs, BrCy106-nEGs and BrCy112-nEGs in general produced the highest peak emission intensities [Figs. 7(a) and 7(c)] as compared with BrCy111-nEGs and ICG-nEGs [Figs. 7(b) and 7(d)]. Increasing the concentration of BrCy106 from 750 to 1000  $\mu$ M was associated with nearly a fivefold increase in the peak emission intensity of BrCy106-nEGs [Fig. 7(a)], consistent with the increased loading efficiency of the dye with this change in concentration [Fig. 4(a)]. Increasing the concentration of BrCy111 from 100  $\mu$ M was associated with a decrease in the peak emission intensity of the BrCy111-nEGs [Fig. 7(b)], consistent with aggregation-induced fluorescence quenching. In agreement with the loading efficiency of BrCy112 and ICG [Fig. 4(a)], there were minimal changes in the emission spectra of BrCy112-nEGs [Fig. 7(c)]



**Fig. 7** Fluorescence emission spectra of (a)–(c) BrCy106-nEGs, BrCy111-nEGs, and BrCy112nEGs in response to photoexcitation at 750  $\pm$  2.5 nm and (d) ICG-nEGs in response of photoexcitation at 780  $\pm$  2.5 nm. (e) Normalized spectrally integrated fluorescence values ( $\sigma$ ) for various BrCy- and ICG-nEGs. (f) Fluorescence quantum yield ( $\phi$ ) for various RBC nano-ghosts fabricated at different concentrations of the dyes relative to that of free ICG in 1X PBS at 779 nm.

and ICG-nEGs [Fig. 7(d)] with increasing concentrations of the dyes used to fabricate these RBC nano-ghosts. However, depending on the concentration, the peak emission intensity of BrCy112-nEGs was at least 55 times higher than that of ICG-nEGs.

Consistent with the trends in the fluorescence emission spectra [Figs. 7(a)–7(d)], values of  $\sigma$  for BrCy106-nEGs and BrCy112-nEGs were higher than those for BrCy111-nEGs and ICG-nEGs, except when using 100  $\mu$ M of BrCy111, which produced a similar value to BrCy106-nEGs fabricated at 100  $\mu$ M [Fig. 7(e)]. As the value of  $\sigma$  for BrCy112-nEGs fabricated using 100  $\mu$ m of the dye was only ~16% lower than the highest  $\sigma$ , which was associated with BrCy106-nEGs fabricated at 10 times higher concentration, we chose to proceed with BrCy112-nEGs as the test construct for co-encapsulation with Gd-BOPTA.

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The highest value of  $\phi$  (~21.5%) was associated with BrCy106-nEGs fabricated using 1000  $\mu$ M of the dye whereas ICG-nEGs had the lowest values of  $\phi$ , in the range of ~0.27% to 0.40% [Fig. 7(f)]. For example, when fabricated using 1000  $\mu$ M of the respective dye, the value of  $\phi$  was nearly 54 times higher for BrCy106-nEGs as compared with ICG-nEGs. Although the highest value of  $\phi$  for RBC nano-ghosts fabricated using 100  $\mu$ M of a given dye was associated with BrCy112-nEGs (~11%), the greatest rate of increase in  $\phi$  with increased concentration beyond 100  $\mu$ M was associated with BrCy106-nEGs.

#### 3.3 Dual Encapsulation of NIR Fluorescent and MR Materials

To combine the strengths of NIR fluorescence imaging and MRI into a single nano-construct, we encapsulated BrCy112 and Gd-BOPTA into RBC nano-ghosts. Illustrative DLS-based estimates of nEGs and Gd-BOPTA-BrCy112-nEG diameters show a unimodal distribution, suggesting that the particles were not aggregated [Fig. 8(a)]. The mean peak hydrodynamic diameters for nEGs and Gd-BrCy112-nEGs immediately after fabrication were ~129 and 131 nm, respectively. There were minimal changes in the diameter distributions of BOPTA-BrCy112-nEGs for up to 7 days post-fabrication, suggesting that the particles remained physically stable.

We estimated the loading efficiency of Gd-BOPTA into the particles as  $\sim 33.6\%$ . The mean zeta potential of Gd-BrCy112-nEGs (-16.03 mV) was similar to the values for nEGs (-14.53 mV) and RBCs (-15.17) [Fig. 8(b)], with minimal variation for up to 7 days. These results suggest that sialoglycoproteins, the primary negatively charged component of the RBC membrane<sup>97</sup> and other charged structures, were retained after encapsulating BrCy112 and Gd-BOPTA into nEGs.

The illustrative absorption spectra of Gd-BOPTA-BrCy112-nEG pellets suspended in 1X PBS and stored for up to 7 days at 4°C, along with their corresponding supernatants are shown in Fig. 9(a). The spectra of the Gd-BOPTA-BrCy112-nEG pellets were similar to those of BrCy112-nEGs [Fig. 6(c)] featuring spectral peak at ~745 nm with shoulders in the range of 668 to 697 and 816 to 853 nm, suggesting that in these dual-mode RBC nano-ghosts, BrCy112 molecules were still present as monomers and H-like and J-like aggregates. There was only ~12% reduction in the monomer absorbance value at 7 days post-fabrication, concomitant by a similar increase (~13%) in the value for the supernatant, indicating minimal leakage or degradation over this time interval.

Similarly, fluorescence emission spectra [Fig. 9(b)], in response to 750-nm excitation, and their corresponding values of  $\sigma$  [Fig. 9(c)] remained nearly unchanged for at least up to 7 days, further confirming the fluorescence stability of these RBC nano-ghosts. Interestingly, the peak emission intensity and the mean value of  $\sigma$  at day 0 for the dual-mode particles (Gd-BOPTA-BrCy112-nEGs), fabricated using 125 mM and 100  $\mu$ M of Gd-BOPTA and BrCy112, respectively, were ~2.6- and 2-fold higher, respectively, as compared with the values for the single-mode particles (BrCy112-nEGs) fabricated using 100  $\mu$ M of BrCy112 [Figs. 7(c) and 7(e)]. This trend was maintained for the Gd-BOPTA-BrCy112-nEG particles at days 2 and 7



Fig. 8 (a) DLS-based hydrodynamic diameters of nEGs and Gd-BOPTA-BrCy112-nEGs collected at day 0 (immediately after fabrication) and days 2 and 7 post-fabrication. (b) Mean zeta potentials of RBC, nEGs, and Gd-BOPTA-BrCy112-nEGs collected on days 0, 2, and 7.



**Fig. 9** Stability results of Gd-BOPTA-BrCy112-nEGs up to 7 days post-fabrication. (a) Time-dependent absorption spectra of Gd-BOPTA-BrCy112-nEGs pellets and their corresponding supernatants (Sup) immediately after fabrication (day 0) and at days 2 and 7 of storage at 4°C. (b) Fluorescence emission spectra and (c) normalized spectrally integrated fluorescence values ( $\sigma$ ) over the 765 to 900-nm band in response to photoexcitation at 750  $\pm$  2.5 nm. (d) Fluorescence quantum yield ( $\phi$ ) for Gd-BOPTA-BrCy112-nEGs at days 0, 2, and 7 relative to that of 6.45  $\mu$ M free ICG in water at 780 nm. (e) MR images of Gd-BOPTA standards at different concentrations and Gd-BOPTA-BrCy112-nEGs at days 0, 2, and 7. (f)  $T_1$  relaxation rate (R1) of Gd-BOPTA-BrCy112-nEGs. Each data point is an average of three independent measurements.

post-fabrication. Similarly, the mean value of  $\phi$  for the dual-mode particles at day 0 [Fig. 9(d)] was about twofold higher than the value for single-mode particles [Fig. 7(f)] and remained higher up to 7 days post-fabrication. These enhanced fluorescence characteristics resemble a metal-induced-like enhancement in fluorescence when a fluorophore is within a near-field distance of a metal.<sup>98,99</sup> Photoexcitation of the sub-wavelength Gd-BOPTA molecules may create and can enhance local electric field. In accordance with plasmon–fluorophore coupling,<sup>100</sup> the presence of BrCy112 molecules in the vicinity of the intense electric field can enhance the intrinsic fluorescence emission of the dye.

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MR images of Gd-BOPTA-BrCy112-nEG suspensions in 1X PBS obtained immediately after fabrication and at 2 and 7 days of storage at 4°C are shown in Fig. 9(e). There were minimal variations between the samples collected on days 0 and 7. Values of R1 remained nearly constant for up to 7 days following fabrication [Fig. 9(f)], indicating that there was minimal leakage (<1%) of Gd-BOPTA over this time interval.

#### 3.4 Cytotoxicity

Illustrative fluorescence images of SKOV3 cells incubated with culture medium alone (positive control), methanol (negative control), free BrCy112 (50  $\mu$ M) added to the culture medium, or BrCy112-nEGs (fabricated using 100  $\mu$ M BrCy112 in the loading buffer) added to the medium are shown in Fig. 10. Cells incubated with culture medium containing free BrCy112 or BrCy112-nEGs for 3 h [Figs. 10(b) and 10(e), respectively] or 24 h [Figs. 10(c) and 10(f), respectively] showed similar fluorescence emission characteristics as compared with the cells incubated with the culture medium without any other agents [Fig. 10(a)]. In contrast, cells incubated with methanol were dead as illustrated by the red fluorescence emission [Fig. 10(d)].

Quantitative cytotoxicity assessment based on the analysis of fluorescence images of SKOV cells is shown in Fig. 11. The mean values of the fraction of live cells following incubation with the cell culture medium containing free BrCy112 for 3 and 24 h were relatively high at ~76% and 74%, respectively, but significantly lower than the value for cells incubated with the cell culture medium alone for 24 h (p < 0.001). However, nearly 98% of the cells remained viable after incubation with the cell culture medium containing BrCy112-nEGs for 3 and 24 h, indicating that encapsulation of BrCy112 into the nano-sized EGs provides an effective method to shield the cells from the potential cytotoxic effects of the dye. Our future studies will include the use of appropriate animal models to evaluate the efficacy of the RBC nano-ghosts loaded with BrCy dyes (particularly BrCy106 and BrCy112) and Gd-BOPTA for dual optical and magnetic resonance imaging of tumors and to assess their safety *in vivo*.



**Fig. 10** Fluorescence images of SKOV3 cells incubated with (a) culture medium (positive control) alone for 24 h, (b) culture medium containing free BrCy112 for 3 h, (c) culture medium containing free BrCy112 for 24 h, (d) methanol (negative control) for 24 h, (e) culture medium containing BrCy112-nEGs for 3 h, and (f) culture medium containing BrCy112-nEGs for 24 h.



**Fig. 11** Quantitative cytotoxicity assessment as measured by the percentage of live SKOV3 cells following incubation with culture medium alone for 24 h (positive control), culture medium containing free BrCy112 for 3 and 24 h, culture medium containing BrCy112-nEGs for 3 and 24 h, and methanol for 24 h (negative control). Error bars represent standard deviations. Triple asterisks indicate statistically significant differences between the positive control and free BrCy112 and between positive and negative controls with p < 0.001. There were no statistically significant differences in the mean fraction of live cells incubated with the cell culture medium without any other agents or the cell culture medium containing BrCy112-nEGs.

#### 4 Conclusion

We have engineered a nano-sized platform, derived from erythrocyte ghosts, with dual-NIR fluorescence and MR characteristics by co-encapsulation of a brominated carbocyanine dye and gadobenate dimeglumine, respectively. We find that the degree of bromination, structural symmetry, and acidic modifications have considerable influences on the fluorescence emission characteristics of RBC nano-ghosts. For example, nano-ghosts fabricated using 1000  $\mu$ M of BrCy106, an unsymmetric dye with one dibromobenzene ring, and acidic modifications made to the indoline and indolenine groups demonstrate a nearly 54-fold increase in their relative fluorescence quantum yield as compared with those fabricated using the FDA-approved ICG. The dual-mode nano-ghosts containing BrCy112 and gadobenate dimeglumine show a nearly twofold increase in their relative fluorescence quantum yield as compared with the single-mode nano-constructs and retain their fluorescence and T1 relaxation rate characteristics for at least 7 days when stored at 4°C. Cytotoxicity is not observed upon incubation of SKOV3 cells with nano-ghosts containing BrCy112.

#### Disclosures

B.A. has a financial interest in Radoptics LLC, which is interested in pursuing the commercial development of erythrocyte-derived particles. This interest did not interfere with the scientific work, judgment, or objectivity of the investigators with regard to the experimental procedures, analysis, reports, interpretation of the results, or any other aspects of the study. All remaining authors declare no conflicts of interest.

#### Code and Data Availability

Data are available from the authors upon request.

#### Acknowledgments

This research was supported in parts by a grant from the National Science Foundation, Division of Chemical, Bioengineering, Environmental, and Transport Systems (Grant No. CBET-1940965). We thank Jason Langley, PhD, at UC Riverside Center for Advance Neuroimaging for his assistance in performing the MRI experiments.

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